



Arden Arcade:
Could it be the dawn
of a new city?

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Patriots Park picked for perfection

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Community
Calendar

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Finding peace at
the Lotus Garden

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The Masters Club:
Special Section

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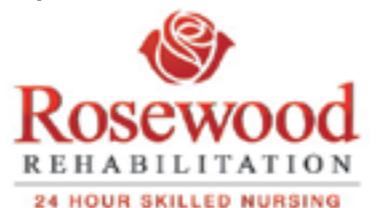


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The Arden-Carmichaelnews

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In Tune with Arden Carmichael

By Susan Maxwell Skinner, Community Liaison

ARDEN CARMICHAEL

Spring fests parade plants, parks and perks Non-profits have filled the calendar with April-May blowouts



Kiwanis "Taste of Carmichael" fundraiser

Friday, May 8; 5.30 to 9 p.m. La Sierra Community Center, 5325 Engle Rd. Cost: \$35.
Perks: admission includes food and beverages donated by local restaurants. Event supports community charities and projects. Information: (916) 481-0196. Information: (916) 481-0196.

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See InTune, page 8



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Arden Arcade: A 'city' that never sleeps

Incorporation proponents move closer to break point

By Benn Hodapp

THE ARDEN-CARMICHAEL NEWS

The local push for the area of Arden Arcade to become a city has reached the make or break point. In order for the measure to make it onto the November 2010 ballot, several barriers remain. Among these barriers is the possibility of annexation by the city of Sacramento; failure to raise the proper funding; and the possibility of the issue being shot down by voters.

Joel Archer, chairman of the Arden Arcade Incorporation Committee, fears that annexation is a very real threat to the process.

According to the committee's Web site, www.ardenarcadecity.org, annexation would reportedly cause a tripling of utility taxes; parks and water districts would be absorbed by the city; and area revenue would be used to help "stop the (the city of Sacramento's) fiscal bleeding."

"I am not confident at all that we can avoid annexation," said Archer. He likened annexation to that of a hostile takeover that is "done to a people, not for a people."

As time has gone on, annexation has always been in the back of the committee's mind as a possibility.



Joel Archer

Is it dawn for a new city or the sunset on a dream—a potential vote on whether Arden Arcade should become a city will answer that question.

But Archer explains that the threat has increased with time.

Archer is vehement in explaining why annexation is a terrible thing for residents of Arden Arcade.

"It would mean another downtown government with high taxes," Archer said.

He then bluntly stated that "Sacramento's government is broken"

and that the county is "a dying entity."

In March, an amendment was proposed to the Sacramento City Council that would allow area residents to vote for or against annexation. The amendment was unanimously turned down, which has given the decision over to the government completely. Ar-

cher said that 150 residents of the area were at the council meeting and none of them had their voices heard.

If the area escapes annexation by the city, Arden Arcade's incorporation is not a done deal. The Local Agency Formation Commission

See Incorporation, page 9

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Another business closes: All is now silent at Talking World Books

By Carmen Micsa

THE ARDEN-CARMICHAEL NEWS

The sudden closure of businesses, such as the Arden area's Talking World Books last month, brings nostalgia to loyal customers who prefer the personal touch and customized services of small independent stores over the anonymity of the Internet.

However, the fuzzy, warm feelings brought by local businesses don't seem to sustain their owners in times of economic turmoil and instability like those experienced in the last few years.

Devoted customers shared hugs with staff members as Talking World Books, which first opened up on May 2001, announced they were going out of business. Not long after, a crane arrived to dismantle the store's sign above its doors. The cozy store located at 3511 Fair Oaks Blvd. in the Arden area brought people like Larry Svetich many pleasurable hours listening to books on tapes. Svetich is part owner of Goal Kick, located in the same strip building as Talking World Books. He would borrow books on tape and knew the owner, Ralph Sahagun, who has been extremely liked and loved by his clients and the community.

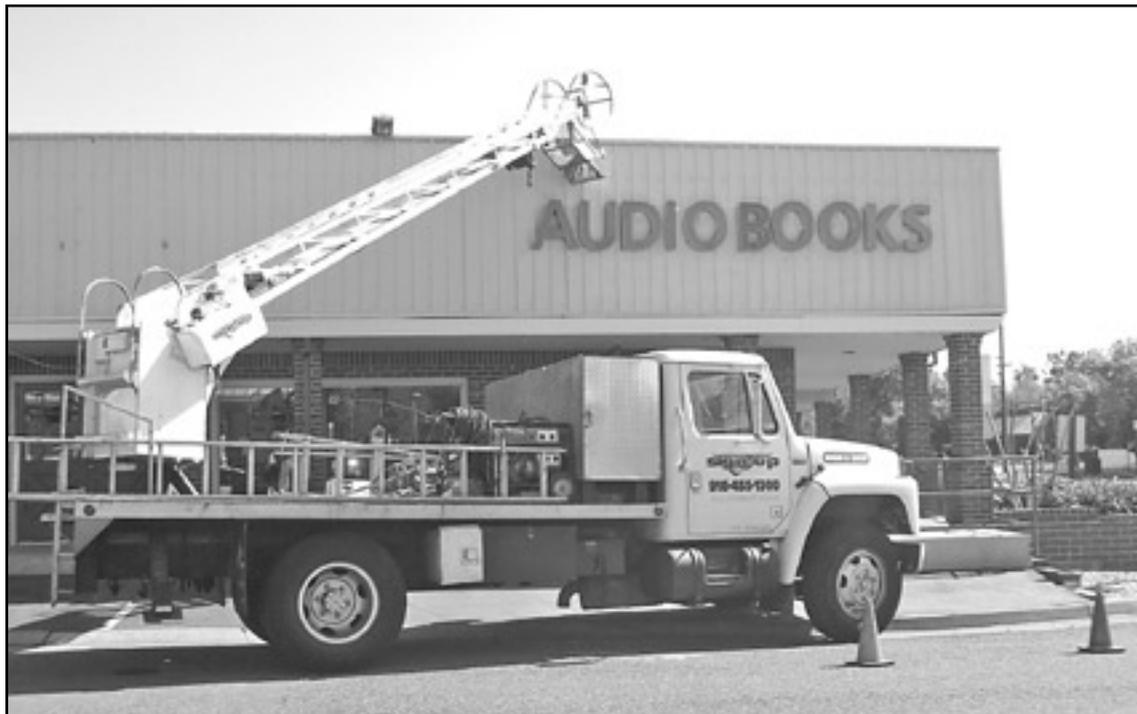
Nick Bianchi, sales associate with The Good Feet Store, located next door, was also a customer of Talking World Books. He expressed his sadness at having his neighbors go out of business. Bianchi enjoyed the convenience of listening to audiobooks while driving to school.

Bianchi said the owner reported that the store was losing business to the Internet market, as it was competing against cost and convenience. Sahagun was unable to be reached for this story.

A marker of the age

Truly a sign of the times, the closure of Talking World Books is as much a part of the past as it is a signal of the future. Giant music and audio conglomerates like Audible.com, iTunes and Amazon.com, not to mention new technologies such as Amazon.com's Kindle (an e-Book reader capable of holding more than 200 books depending on the model), brought small retailers like Talking World Books fierce competition, which resulted in the loss of business, and ultimately led to its demise.

For more information on real estate and Sacramento, please visit Carmen's Web site, www.CarmenMicsa.com, or call at 342-2446.



A sign of the times: Talking World Books, located at 3511 Fair Oaks Blvd. in the Arden area, closed its doors last month, conceding that competition from Internet firms drove the store out of business.

Hearing another voice on audio books

Speaking on behalf of the importance of supporting local businesses, Julie Moncton, co-owner of San Jose's All Ears Audiobook, said, "I think people like to be pampered and enjoy our service."

Moncton explained that their philosophy of running the business is to put the customer first. She is also a strong believer in being generous to others. She pointed out that they contribute so much more to the community than big corporations like Audible.com, as they participated in more than 25 fundraisers for schools and non-profit organizations, as well as donated more than 20 percent of their profit in cash to schools and agencies.

Although Sacramento may now be one bookstore less, the region has a viable stake in preserving brick and mortar stores.

Ask Officer Michelle

Answering your questions on local law enforcement

By Officer Michelle Lazark

SACRAMENTO POLICE DEPARTMENT

Editor's note: Ask Officer Michelle your question by emailing her at mlazark@pd.cityofsacramento.org or visit her online blog at <http://blog.sacpd.org>.

Info on towed and impounded vehicles

Hello Officer Michelle,

I am divorced and my ex has one of the vehicles, I am unable to sign the title over to him because the vehicle was in a chapter 13 (meaning my name is still on the vehicle). He has claimed that the vehicle has been impounded. Is there a Web site that people can look up to see if their vehicle has been impounded?

Thanks,
Louretta

Dear Louretta,

If the vehicle was towed by a law enforcement agency, it would be listed in the Stolen Vehicle System. Therefore, you can contact any law enforcement agency to see if it was towed. However, keep in mind, listings drop out after 30 days. In addition, the law enforcement agency who towed it would have sent a notice to the registered owner at the owner's last address with DMV. (Vehicles impounded for evidence related to a crime are handled differently.)

My suggestion is that you call Sacramento Police Department Records at 808-0620 and have the license plate run to see if the car has been towed and stored. It would be helpful if you knew the approximate date. Make sure to have the vehicle license number when you call. We can also check our system to see if it was towed over 30 days ago and has fallen out of the system.

Good luck,
Officer Michelle

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Casting call is for the birds

Sacramento Zoo pheasant has ties to new Pixar movie

By Miranda Menestrina
THE ARDEN-CARMICHAEL NEWS

A rare animal at the Sacramento Zoo has been getting some extra attention after a visit from some very important guests.

About a year ago, artists from Pixar Animated Studios visited the zoo's only male Himalayan Monal Pheasant to take photos and draw sketches of the colorful bird in preparation of the Disney-Pixar 3D animated movie, "Up," due in theaters May 29.

With 1,000 to 3,000 visitors streaming through the zoo gates every day, many file right past the famous pheasant as they seek out one of the zoo's most popular creatures, the Red Panda, which shares a native habitat with the bird.

But that wasn't the case with Pixar.

"They called ahead and arranged a visit specifically to see the bird," said Leslie Field, the zoo's supervisor. "They came out and studied the bird's iridescent feathers and how they change colors between sun and shade."

Unique features

While Himalayan Monal Pheasant hens have an over-



Lauren Kraft



Leslie Field

all spotted brown color, it's the males that have beautiful purple, blue, green and red metallic-colored body feathers and copper-colored tail feathers. In addition,



With its colorful array of feathers, the Himalayan Monal Pheasant is known for its striking blend of deep, bold hues. The Inset: The Himalayan Monal Pheasant at the Sacramento Zoo came from the St. Louis Zoo in 2000.



Photo by Ryan E. Poplin; inset photo by Miranda Menestrina

tion, they have a crown of long feathers, much like a peacock.

In "Up," a variety of animals are depicted, including a bird featured in trailers and marketing that appears to share traits with the Himalayan Monal Pheasant. That bird's long neck and lanky legs seem to give it a body style more similar to that of a flamingo, and, according to Mike Olcese, a publicist with Terry Hines & Associates, a company that works closely with Pixar, "no characters in the film are replications

of the (Sacramento) zoo's animals." However, the tail, feather colors and the crown on the bird's head bear a striking resemblance to those of the Himalayan Monal Pheasant at the Sacramento Zoo.

Why our zoo?

Not only was the zoo a close visit for Pixar, which has its design studios in Emeryville, it is the only zoo in California that has the bird.

"It is pretty uncommon in zoos," Field said of the bird that's been in Sacramen-

to since it came from the St. Louis Zoo in 2000.

Although unique in the zoo community, data shows that the species—the national bird of Nepal—is commonly kept and well established in private North American and European aviaries.

Commonly found in the lower elevations of the Himalayas, the pheasant is not heat tolerant, according to Field, which can be a problem with Sacramento's notoriously hot summers.

"We keep it well shaded and have misters in the summertime," she said.

Not an uncommon visit

Pixar hasn't been the only studio to visit the Sacramento Zoo to capture wildlife at its best, and give unique animals some added attention. Even San Francisco-based Lucasfilm has been out to record animal sounds.

"All kinds of people will come," said Lauren Kraft, the zoo's public relations coordinator. "It's fairly common for photography groups to come out, as well as art classes."

E-mail Miranda Menestrina at vcnnews@valcomnews.com.

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Patriots Park: Top award for new reserve

By Susan Maxwell Skinner
THE ARDEN-CARMICHAEL NEWS

Straddling Carmichael and Fair Oaks neighborhoods, a new pocket-handkerchief park has received top accolades from park professionals. The California Park and Recreation Society recently awarded Patriots Park a design and planning award.

This prize is a feather in the cap of the Carmichael Recreation and Park District, who created the suburban vista. Development was delayed from the property's 1973 acquisition until the ribbon-cutting last November. Scores of local children and families now use its facilities every day.

Said Carmichael Park administrator Tracy Kerth, "People waited a long time for their park. We love that it's getting so much use. Patriotism is a strong local tradition; we also want-

ed to make the place special for all generations. Children can burn energy on the playground; we hope young parents and seniors find serenity here, too. Our landscaping preserved many older trees but we also tried to reflect the color of local gardens. Our first season of daffodils was spectacular. We're getting many compliments. This award is the icing on the cake."

Central to the park's design is a "Wall of Honor" dedicated to heroes who died in service to the local community. The park district is still accepting nominees for more names to be honored with plaques on the wall. For information, call Kerth at 485-5322 x 23.

Visit Patriots Park at 6827 Palm Ave. near Madison.

Front page cover photo by Susan Maxwell Skinner.



Winged visitor: a swallowtail samples wildflowers in the park's fledgling butterfly garden.

Photo by Susan Maxwell Skinner.

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InTune

Continued from page 3

Carmichael Geranium Society festival

Saturday, April 25; 10 a.m. to 4 p.m. Carmichael Park Clubhouse, Grant Ave. Cost: free. Perks: Hybridized for the community's 100th anniversary, the new "Lady Carmichael" geranium will be offered for the first time. Information: (916) 485-5322.



Spring carnival at Hamilton St. Park

Saturday, May 16; 10 am to 3 p.m. Hamilton Park, 4855 Hamilton St, Sacramento. Free. Perks: prizes, food, music and children's crafts, sponsored by Arcade Creek Park District. Picnickers welcome. Information: (916) 482-8377.

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Carmichael Cactus and Succulent Society festival

Saturday, May 16, 9 am to 4 p.m.; Sunday, May 17, 10 a.m. to 2:30 p.m. Carmichael Park Clubhouse, 5750 Grant Ave. Admission free. Perks: free plants for early guests. Information: (916) 729-3475.

California State Button Society show

Saturday, May 23, 10 a.m. to 5 p.m.; Sunday, May 24, 10 a.m. to 3 p.m. Holiday Inn North, 5321 Date Ave. Admission \$4. Perks: button-down education. Antiquarians and vendors from all over USA display thousands of collectible fasteners. Information: www.cabutton.org.



Incorporation

Continued from page 3

(known as LAFCo) of Sacramento County must do both an environmental and fiscal impact report. If both reports come back with the commission's seal of approval, the issue can be put to a vote.

But getting these reports done is a problem in itself.

Peter Brundage, executive officer for LAFCo of Sacramento County, explained that these reports do not simply happen. The proponents of the incorporation have to pay \$101,358 by July 1, 2009 and an additional \$20,453 by October 1, 2009. These deadlines were made to ensure that the reports have ample time to be completed.

Archer said that fundraising efforts are ongoing and that more than 50 percent of the funds have been raised.

The committee remains confident that despite the current economic troubles, Arden Arcade would be able to thrive as an independent city.

"We have no worries in that regard," Archer said. "This area is a cash cow."

Archer is also confident that were Arden Arcade a city before the economic crisis, the city would still be doing just fine.

If the issue makes it onto the November 2010 ballot, the committee believes that it would pass.

Area voters, however, might have something to say about that. One woman, who chose to remain anonymous, said that she has lived in the Arden Arcade area for 53 years. If the option for incorporation came up on the ballot, she said she would vote against it. Her reason was that she doesn't want "one more layer of bureaucracy."

Hank de Carbonel, a resident for 30 years, said that he remains undecided on the issue.

"I don't really know enough about it," de Carbonel said, "I'm not sure what the benefits are."

As far as the expected benefits for the area when it comes to incorporation, Archer is quick to point out the positives.

"The revenue the community produces will go towards the protection of local business-

"The revenue the community produces will go towards the protection of local businesses, parks, law enforcement and schools."

es, parks, law enforcement and schools."

He went on to say that currently all money made by the

area goes to the county, which, according to Archer, does not have Arden Arcade's best interests in mind.

For more information on the incorporation process for Arden Arcade, you can visit the committee's Web site at [\[narcadecity.org\]\(http://narcadecity.org\). For more information on LAFCo and its function, you can visit their Web site at \[www.saclafco.org\]\(http://www.saclafco.org\).](http://www.arden-</p>
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Finding peace at the Lotus Garden Meditation Center

By Benn Hodapp

THE ARDEN-CARMICHAEL NEWS

If you have never been there, you might not even know it exists. But at the end of the secluded, narrow, tree-covered driveway sits a piece of Carmichael that proclaims itself to be “a peaceful place for self-discovery...”

The Lotus Garden Meditation Center, 7225 Lincoln Ave., is built around all things relaxing and caters to people who are stressed out, want to learn yoga or simply want a place to sit quietly and listen to a waterfall.

The center offers classes in yoga, Tai Chi and meditation. The yoga and Tai Chi are \$10 per class, but seminars are free of charge. The center holds free mantra meditation classes every Wednesday from 7 to 8:30 p.m., Thursdays from 5:30 to 7 p.m., Saturdays from 3:30 to 5 p.m. and Sundays from 11 a.m. to 12:30 p.m. The center also holds a free Kirtan and Bhagavad-Gita class every Friday from 7 to 8.30 p.m. and a Kirtan – group meditation with chanting and music – self-realization class and vegetarian feast every Sunday at 4.00 p.m.

As for why the meditation classes are free, meditation teacher Josh Harvey explained,

“it is an age old practice to offer them (free of charge).”

Harvey volunteers his time in order to pass on what was taught to him 30 years ago when he started out with meditation. During a recent Sunday session, he talked about how meditation is a way to “tame the wild stallion that is your mind.”

The meditation classes usually have anywhere from one-to-five people and on April 5 there were three. Zach and Tracy Ternes, a husband and wife from Fair Oaks who attended the seminar, discussed their reasons for coming to learn about meditation.

“I wanted to get a better understanding (of meditation) and apply it to yoga,” said Tracy, a part-time yoga instructor.

“I was just curious,” Zach said. “I have trouble sleeping because I can’t stop thinking about work,” making it clear that he wanted to use meditation to cure his insomnia.

Both Zach and Tracy said that they would give the lessons learned in the class a try to see if it can be applied to their lives.

Harvey’s sister-in-law, Linda Harvey, is the owner, proprietor and director of the center, and she provided a tour of the premises. The center has a designated yoga room set off to the side of the main building. Throughout the entire place,



A koi pond bubbles with calm activity at the Lotus Garden Meditation Center. Inset: Visitors can attend yoga classes at the facility’s yoga center.

Photo by Benn Hodapp

the flowing of water can be heard, making it a welcoming place for relaxation.

“We want people to come here and be able to just relax,” Linda said.

The two-acre plot of land includes an organic vegetable garden, a goat pen with two goats, a swimming pool where the center holds meditation luaus and vegetarian feasts, and a koi pond surrounding a seating area for people who just want to sit somewhere peaceful.

“We have people who come here after an illness or surgery who just want to be somewhere peaceful during their rehabilitation,” Linda said. The seating area is open to the public for anyone who wants to read a book, listen to running water or gaze at the orange and white fish.

The main building is a ranch-style house that is half business, half home for Linda and her husband. Part of the house has been turned into an apartment where they live. She is quite proud of the fact that the house is made of old, recycled buildings and that the wood and glass used in its construction are hundreds of years old.

The vegetarian feast and group meditation every Sunday at 4 p.m. regularly draws 50-60 people according to Josh. It, too, is free of charge.

As for why he thinks meditation is a helpful tool for people to use in their lives, Josh explained that pretty much everyone who comes in to one of the classes is there for a specific reason.

“People who are going through a life upheaval come in,” he said. “We are all kind of haunted by un-

derlying fears.” Through meditation, it is his belief that these fears can be alleviated.

“Everybody is different,” Josh said. “Some respond more than others (to the meditation classes).” He explained that some people will go home and come up with 100 reasons not to meditate because of life’s distractions, but he urges people to try it out for two weeks before making a judgment on its merits.

For more information, call the center at 944-8577 or visit their Web site at www.lotusgardenmeditation.org.

A word to the wise: Make sure you have a free lane down that tree-covered driveway. It acts as both entrance and exit.

E-mail Benn Hodapp at vcnnews@valcomnews.com.

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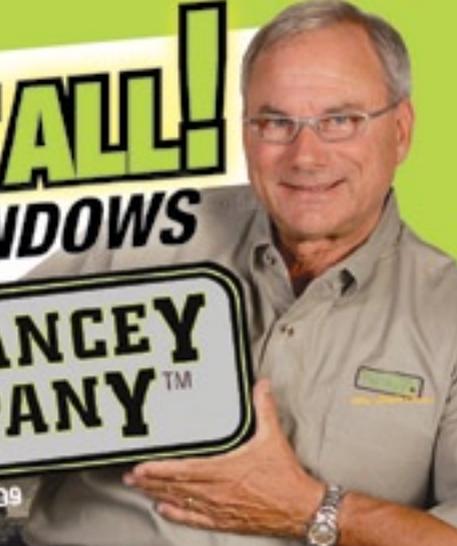
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Another Successful Year For Sacramento Association of REALTORS® Masters Club

Even in a challenging Real Estate Market, 2008 was a successful year for the Sacramento Association of REALTORS® Masters Club. The Club recognized and congratulated 624 members for their professional achievement at its 2009 Awards luncheon held March 13 at the Hyatt Regency Hotel in Sacramento. This number represents the top 10% of all Sacramento Association of REALTORS® members. The purpose of the Masters Club is to support the Sacramento Association in providing programs and services that enhance the competency, professionalism and productivity of its members, and to recognize the achievements of the top REALTORS® who apply for membership and who have earned a requisite level of excellence in real estate sales. The Sacramento Masters Club is active in supporting community activities by donating monies and services to a wide range of local charities. Giving back to the communities that have contributed so much to the success of Club members is one of the primary goals of the Masters Club.

Proceeds from the annual Masters Club fundraisers, including a golf tournament and other club activities, benefited the following charities in 2008: Bishop Quinn Cottages, Breaking Barriers, Mustard Seed School, Sacramento Crisis Nursery, Stanford Settlement and Well Springs Women's Center. All told, the SAR Masters Club raised and donated over \$8,600.00 to these local charities in 2008. Masters Club members, in partnership with their clients and the community, anticipate another great year for the Sacramento County real estate business in 2009. Make your move to team up with the best in real estate, your Masters Club REALTOR®!

Congratulations to all the outstanding producers who achieved Masters Club membership during 2008!

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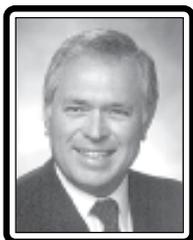
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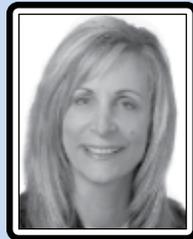
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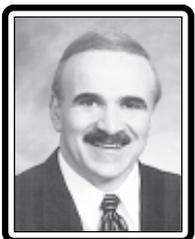
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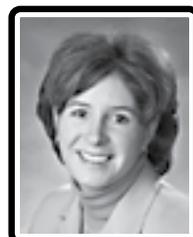
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Around and about *Arden-Carmichael*

BY SUSAN MAXWELL SKINNER



Coffee time: Members of the ladies' Inner Wheel club that supports Sacramento Rotary enjoyed their annual general meeting at the Carmichael home of Sonja Porter (second left). Flanking their host were Mel Ose (left) Sylvia Enoch, Lyn Eastabrook, and Keifie Breuer.



Let's get egg-cited: The Easter Bunny hosted 1,500 kids for the annual egg scramble at Carmichael Park. Hosted by the park district and local Kiwanis, the hunt was kicked off by fire engine sirens. Hunters snaffled up 4,000 treat-filled eggs.



All ears: Sacramento County Supervisor Susan Peters (third left) got a good hearing from the Boy Scouts of America volunteers. The supervisor held an informal clinic for constituents during Carmichael Park's Easter egg hunt. Scouts are Matthew Ramos, 14, Catherine Pohle, 15, and Shannon Guinee, 16.



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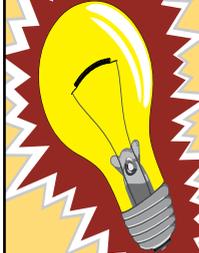


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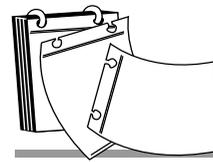
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Is your club, group, church, school, or organization having an upcoming event? Let us know. Send information about your event—including date, time, location, a brief description, cost (if any), and contact information—to Calendar, c/o Valley Community Newspapers, 2709 Riverside Blvd., Sacramento, CA 95818, or e-mail ryanrose@valcomnews.com. Deadline is one week before publication. Priority is given to events that are in the community and/or of little or no cost.

APRIL

Bridal gown, prom dress expo

The Sacramento Discovery Shop presents a Bridal Gown and Prom Dress Expo featuring fabulous, affordable wedding dresses and outfits for mothers-of-the-bride and flower girls. Also featured will be prom dresses and formals. Proceeds go to the American Cancer Society. The Discovery Shop is located at 2744 Marconi Ave. The shop is open Monday through Friday from 10 a.m. to 6 p.m., Saturday from 10 a.m. to 5 p.m. and Sunday from noon to 5 p.m. Volunteers are need for Friday, Saturday and Sunday. For more information, call 484-0227.

APRIL 25

Special Writers' Conference

"Our Life Stories," a cross-generational writers' conference sponsored by Hart Senior Center and Cosumnes River College takes place on Saturday from 8 a.m. to 4:30 p.m. at the CRC campus. Keynote speaker is James D. Houston, award-winning author of eight novels, including "Bird of Another Heaven" and "Snow Mountain Passage." Locally and nationally recognized experts will lead workshops on autobiographical narrative, memoir, poetry, publishing and storytelling. The conference is designed for adults 50 years and older who are writing or interested in writing their life story, however, aspiring writers of any age are welcome. Registration fee is \$30 and includes lunch. Space is limited so register early. For more information, call the Hart Center at 808-5462.

Play playground games

Get a group together and come out for the first annual Playground Classic where you'll compete in childhood games of kick ball and Capture the Flag. The event will be held on consecutive Saturdays at Jonas Larkspur Park, on the corner of Jonas Avenue and Larkspur Lane. Each Saturday features a different game: today, kickball; and May 2, Capture the Flag. Games begin at 10 a.m. and tournaments will finish by 3 p.m. Teams should consist of 10 to 12 people, and be equally divided between men and women. Register for individual tournaments (\$60). Registration forms and more information can be found at www.amrpd.org or call 487-7851.

Book Sale

Come to the 4th Annual Friends of Library Book Sale. Held at the Elks' parking lot, 6446 Riverside Blvd. from 8 a.m. to 2 p.m. Both hardback and paperback books, coffee table books, cooking, garden and all the rest.

Clean up the creeks

Carmichael Recreation and Park District celebrates Creek Week, 9 a.m., with a clean up. Bring family and friends to get wet and muddy, create art from trash, help clean up parks and creeks, and mingle with fellow creek lovers. After the clean up, volunteers will be honored at the Sacramento Discovery Learning Center, 3615 Auburn Blvd. Activities at noon include free barbecue, t-shirt, educational and activity booths, music and more. Information from the Sacramento Urban Creeks Council, 482-8377.

Everything geraniums

Carmichael Geranium Society Festival and Sale with award-winning geraniums on display and for sale, 10 a.m. to 3 p.m., Carmichael Clubhouse, 5750 Grant Ave. Includes ceramic handmade pots for sale, and free advice on potting and planting geraniums. Information from Pearl Lemkuil, 483-4496 or the Carmichael Park and Recreation District office 485-5322.

A "Celebration Bazaar"

One House of Peace is sponsoring the "Celebration Bazaar" from 11 a.m. to 4 p.m. at 1470 27th Ave. in Sacramento. There will be music, arts and crafts, vegetarian food, new scooters for sale and chair massages by Amanda. Join in the festivities or participate by bringing gently used items or baked good. For more information, visit www.onehouseofpeace.org or call 456-1795.

APRIL 25-26

Water Conservation Program

In the spirit of Earth Day, the Museum is hosting a special appearance from the Folsom Gatorbytes. This program is an award-winning group of elementary students who apply technology to conservation. This kid friendly program teaches the entire family about water conservation and usage. See it all at the Discovery Museum Science and Space Center, 3615 Auburn Blvd, from 12:30 to 3 p.m. The cost is \$6 adults (18+), \$5 seniors (60+), \$5 teens (13-17), \$4 children (4-12), \$0 children (3 and under). For more information, call 575-3942.

APRIL 26

Spring Flowers Ball

Great swing numbers by Fred Morgan's 15 Piece Big Band will be featured at the 9th annual "Spring Flowers Ball," presented by the Nor Cal Big Bands Preservation Society, Avalon Hearing Aid Centers and Senior Mag-

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azine, Sunday, April 26, at Sacramento's Elks Lodge #6, 6446 Riverside Blvd (off I-5) from 1 to 5 p.m. Singles and couples are invited to bring their spring blooming flowers and add them as centerpieces on the 30 ballroom tables surrounding the 4,000 square foot floor. Doors open at 12:45 p.m. From 1 to 1:55 p.m., a free dance lesson by a leading dance studio instructor kicks off the event. Tickets (sold only at the door) are \$14 per person, \$12 per in groups of ten and just \$10 to the Society's Gold Card Holders. Society Membership (only \$24 yearly) saves \$4 at each of the monthly dances. Call 444-6138 for information, details and directions.

An Evening of Music

All Saints Episcopal Church, 2076 Sutcliffe Rd., presents: Camerata Capistrano, the exciting Baroque ensemble from Sacramento State University conducted by Dr. Lorna Peters in concert following the Choral Evensong at 4 p.m. on Sunday. This group consists of students from the music department at CSUS. They have performed together for 4 years. A reception will follow. A free will offering will be taken. Child care is available. Further information, visit www.allsaintssacramento.org or call 455-0643.

APRIL 27

Breakthrough piano instruction at Belle Cooleedge Library

Dane Andrus is a Simply Music senior associate piano instructor. He will be leading a free introductory session on the Simply Music piano method Monday from 10 to 11:15 a.m. at the Belle Cooleedge Library for the seventh year in a row. At least two songs will be learned using the Simply Music Method. Group classes for Simply Music instruction will be offered subsequently for adults. Seating is limited.

APRIL 29

Cancer prevention study event

The third Cancer Prevention Study of the American Cancer Society will be enrolling participants on the South Steps of the State Capitol on Wednesday between 10:30 a.m. and 2:30 p.m. this year only. Individuals who choose to participate will complete a brief questionnaire, give a waist measurement and a small blood sample. If you are 30-65 years old and never have been diagnosed with cancer, then you will want to participate in this study. Visit www.cancer.org/cps3, call 1-888-604-5888 or e-mail cps3@cancer.org to learn more.

MAY

Free Pole Walking Clinics

Sponsored by the nonprofit Cure Arthritis Now, this program will run Saturdays, May 2 and May 16 on Scripps Drive from 9 to 10:30 a.m.; Mondays, May 18 and June 1 from 9 to 10:30 a.m. in River Park; and Fridays, May 15 and May 22 from 9:30 to 11 a.m. in Curtis Park. Pre-registration is required and clinics will be rescheduled if rain is expected. Demo Poles provided free during clinics. Call for details of exact locations at 208-8700.

MAY 2

Play Capture the flag again

Get a group together and come out for the first annual Playground Classic where you'll compete in your favorite childhood game of Capture the Flag, at Jonas Larkspur Park, on the corner of Jonas Avenue and Larkspur Lane. Games begin at 10 a.m. and tournaments will finish by 3 p.m. Teams should consist of 10 to 12 people, and be equally divided between men and women. Registration is \$60. Registration forms and more information can be found at www.amrpd.org or call 487-7851.

Get rid of E-Waste

E-Waste Recycling Collection Event will take place from 8 a.m. to 6 p.m. at the Cabana Club, located at 6207 Riverside Blvd. in Greenhaven. The Sacramento Stingrays Swim Team sponsors the event and the team swims at the Greenhaven Cabana Club.

Spring Clean Shred

The Holy Spirit Parish and Saint Vincent de Paul Society will host a paper-shredding event Saturday, May 2 from 9 a.m. to 1 p.m. at the Holy Spirit Parish parking lot, 3159 Land Park Dr. This is an opportunity for on-site shredding for all confidential materials. Simply drive through to unload papers for shredding. Donations will be accepted. A recommended donation is \$5 per file box. All of the proceeds raised will go to St. Vincent de Paul Society-Holy Spirit Parish to feed, clothe and care for those in need.

Backyard composting seminar

Learn how to save money, reduce your waste and improve the quality of your soil in a free Backyard Composting Seminar hosted by The City of Sacramento Department of Utilities Solid Waste Services, 8 to 10 a.m., J. Neely Johnson Park Community Garden, 516 11th St. Attend the seminar and purchase a compost bin for \$65. For more information, call 264-5011 or visit www.cityofsacramento.org/utilities.

Land Park rummage sale

The Land Park Rummage Sale in conjunction with "Cinco de Mayo Breakfast and Car Show" will be held Saturday from 7 a.m. to noon. The event will be located at the corner of Land Park Drive and Vallejo Way on the Front Lawn of California Middle School. All proceeds to benefit school programs. The event includes a large flea-market style multi-vendor rummage sale, a Mexican themed breakfast with music and entertainment, and a classic car, motorcycle, and bike show. For information, please e-mail landparkrummage@yahoo.com or call J. Valdes at 916-264-4550.

MAY 3

Help Relay for Life

The American Cancer Society will be having a Relay for Life event in the Arden/Arcade neighborhood May 2 and May 3 at Howe Park. Velvet Wright captain of team "86,400," said the relay is a special place to celebrate those who have survived cancer and remember those we have lost. Velvet who is a melanoma survivor is also a cancer nurse at Sutter Hospital. To help, donate or volunteer contact Velvet or Will Wright at 487-3625 or 289-3634, email her at wilvetvw@sbcglobal.net,

or go to her Web site, main.acevents.org/goto/86400.

MAY 4

Paper Clutter Workshop

Learn what should be kept, what can be thrown away and how to best sort, store and organize your paperwork. Presented by Lisa Smith-Youngs from Senior Connection. 1:30 p.m. Ethel Hart Senior Center, 915 27th St. Free. 808-5462.

MAY 5

Cinco de Mayo

Join the fiesta at Aegis of Carmichael from 2-4:30 p.m. at 4050 Walnut Ave. in Carmichael. There will be a live mariachi band, Mexican cuisine, margaritas, cerveza and lemonade. Please RSVP to 1313.

MAY 6

DTV Workshop

Learn about the digital TV conversion, set up for TV's and VCR's or bring in your device if you are having trouble with it. 9:30 a.m.-11:30 a.m. Ethel Hart Senior Center, 915 27th Street. Free. 808-5462.

MAY 8

Free coaching clinic

Football University will host a free coaching clinic on Friday from 7-8:30 p.m. at Inderkum High School, 2500 New Market Dr. FBU's staff of former NFL players and coaches will be on hand to conduct a coaches technique clinic. A breakout session by position will follow. Participants are invited to return to view the Saturday and Sunday camper-only sessions beginning at 9 am to get an up-close look at the most technical football camp in the country. For a complete list of instructors in attendance, visit www.footballuniversity.org.

MAY 9

Canine Craze Fun Dog Show

Carmichael Parks and Recreation District's 11th annual Canine Craze Fun Dog Show, 10 a.m. to 1 p.m., Carmichael Park, 5750 Grant Ave. Free. A dog show for everyone and every dog, with free hot dog barbecue. Information at 485-5322.

Mother's Day Family Food Drive

Come help honor your mother by helping other moms this May. Join the Robinson's Taekwondo Family in honoring Mother. Bring four cans of your favorite vegetables to any Robinson's Taekwondo location throughout the Sacramento region and we'll give you free Cardio-kickboxing or TKD lessons for your whole family! With 18 area locations, Robinson's is the first family name in Sacramento martial arts, so visit www.robinson-stkd.com to find a location near you. Drop off your canned food donation any time in May. We'll see it goes to families in need in the Sacramento region. Join the Robinson's family for a special Open House, Saturday, May 9, 1-4 p.m. to celebrate Mother's Day weekend. Have fun, win prizes, free classes, see extraordinary Taekwondo and Cardio-Kickboxing demonstrations and receive special gifts for mom. For more information, call 704-0080.

Feats of glass

Glass Artist Phil Teefy and Photographer Rudy Calpo will be featured in May at Fe Gallery, along with Metal Artist Stephen Lyman and Fused Glass Artist Sheena Wolfe. An artist reception will be held Saturday May 9 from 6-9pm. There will be an art demonstration on mask mold making at 7:30 p.m. Fe Gallery is located at 1100 65th St. (north of Folsom Blvd., corner of 65th and Elvas), East Sacramento. For more information about the artists and gallery go to www.FeGallery.com or call 456-4455. Fe Gallery hours are currently from 8:30a.m. to 4 p.m. Monday through Friday and Saturday 10 a.m. to noon.

MAY 10

Breast cancer walk

Join the fight against breast cancer in the fourth annual Walk to Empower, 9 a.m. at Southside Park. The three-mile, non-competitive walk is expected to draw more than 1,600 people and raise more than \$200,000 for Breast Cancer Network of Strength, which provides emotional relief for breast cancer patients and their families. For information and registration, visit <http://walk.networkofstrength.org> or call 1-877-963-7223 x 2739.

MAY 14

Eskaton's annual gala

A night of "Old Hollywood Glamour," with live music, a casino, fine wines, dinner, live auction and raffle benefits Eskaton's community programs, including The Senior Connection, TLC

Telephone Reassurance Program, adult day health and affordable housing, 5:30 to 9:30 p.m., Arden Hills Resort Club and Spa. Tickets, \$125, \$100 for ages 70-plus. Information from Suzanne Strassburg, 334-0810.

Backstage tour of Fairytale Town

Fairytale Town invites you and your family for a Springtime Tour of the park - and a peek into their backstage areas - as they pull together exciting activities for their 50th anniversary year. Join us for appetizers, a glass of wine and a tour around the park to see our recent renovations and hear about our future plans! The event is from 5:30-7 p.m. at Fairytale Town, 3901 Land Park Dr. RSVP at rsvp@fairytale-town.org or 808.8886.

Arts commission lecture

Northern California Arts, Inc. invite you to attend a meeting with Rhena Halpern, Director of the Sacramento Metropolitan Arts Commission Lecture "You, the artist, and the Sacramento Metropolitan Arts Commission at 7 p.m. at the Sacramento Fine Arts Center, 5330-B Gibbons Dr., Carmichael, 971-3613 or 966-8910. Guests are always welcome. Wheelchair accessible.

MAY 16

Spring Park Carnival

Come celebrate spring at the Spring Park Carnival, 10 a.m. to 3 p.m., at Hamilton Street Park. Food, music, arts and crafts, vendors, carnival games, prizes and giveaways for families and people of all ages. For information, call 482-8377 or visit www.arcadecreekrecreation.com.

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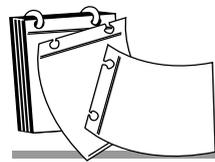
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Calendar

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MAY 16

JFK Boosters Car Wash

Please bring your car in for a spring cleaning on Saturday, May 16 at Caroline Wenzel Elementary School, 6870 Greenhaven Dr., to support the Kennedy High School Marching Band, voted "Best of Sacramento-2009." \$5.00- any vehicle, 8:00 AM - 1:00PM.

Literary Arts Festival

Multicultural Children's Literary Arts Festival, 11:00 a.m., to 2 p.m., Fremont Park, downtown Sacramento, between Q and P streets at both 15th and 16th streets. Introducing the literary arts through interactive activities, performances, and exhibits. Supporting organizations include CADA, the Friends of Fremont Park, and the Sacramento Poetry Center (celebrating the center's 30th anniversary). For more information, call 606-4303 or go to www.mccaf.net or www.fremontpark.net.

MAY 16-17

Cactus and Succulent Show

The Carmichael Cactus and Succulent Society is presenting their 33rd annual Cactus and Succulent Show at the Carmichael Park Clubhouse, 5750 Grant Ave., in Carmichael. Admission is free and there will be free plants to the first 100 guests each day. There will be beautiful displays of cacti and succulents, plants, pottery, books, a raffle and refreshments. The event is 9 a.m. to 4 p.m. on Saturday and 10 a.m. to 2:30 p.m. on Sunday.

MAY 19

Estate Planning for Art Collectors

Financial and Estate Planning Seminar for Art Collectors is Tuesday, from 10:30 a.m. - 12 p.m. at the Crocker Art Museum. The meeting is an informative and interactive seminar specifically addressing financial and estate planning issues for art collectors. Attorney Don Poole, accountant Ron Pomares and the Crocker's Associate Director and Chief Curator Scott

A. Shields will lead the presentation at the museum, 216 O St. For more information on exhibits and events call (916) 808-7000 or visit crockerartmuseum.org.

Art and Flowers at Casa Garden Restaurant

Experience spring through Art and Flowers at the Casa Garden Restaurant, 2760 Sutterville Rd., from 11:30 a.m. to 2:00 p.m. Stroll through the restaurant viewing Ikebana floral arrangements influenced by the artist's original paintings being showcased while enjoying delicious Casa gourmet hors d'oeuvres. The fee is \$20 per person (includes tax and gratuity). Call 452-2809 for reservations.

MAY 23

Sink or Swim Cardboard Boat Race

The Arden Manor Recreation and Park District is celebrating summer by opening the Deterding Pool complex, 1415 Rushden Dr., with a splash. Arden Manor Recreation and Park District be hosting the first Sink or Swim Cardboard Boat Race to be held at noon. There will be live music, BBQ, games and a boat showcase before the races begin. Teams of all ages are invited to participate in this fun event for the whole family. For the success of this event, we would love to extend an invitation to take the "Sink or Swim" Challenge and register a boat in the races.

MAY 28

Volunteer Recruitment Coffee

Want to give back to our community and have fun, too? Become a volunteer at the Casa Garden Restaurant, supporting the Sacramento Children's Home, in Curtis Park, since 1974. For more information, please join us on Thursday from 9:30 to 10:30 a.m. The restaurant is located at 2760 Sutterville Rd., up the hill from Sacramento City College, off of Highway 99. Please RSVP to 452-2809.

MAY 30

Arts in River Park

Held Saturday from 9 a.m. to 4 p.m. at the Scottish Rite Masonic Center, 6151 H St., this free event will include exhibits of local artisans and organizations, hand-crafted items available for purchase, food, healing arts, live entertainment and children's hands-on activities. For more information, visit www.artsinriverpark.org.

Annual SPCA Doggy Dash

The Sacramento SPCA will hold its 16th Annual Doggy Dash and Bark at the Park Festival. Registration begins at 7:30 am; run/walk begins at 9 am; festival begins at 10 am at William Land Park (Village Green

Area). Registration is \$25 before May 22, \$30 thereafter. Or form a group and register as a fundraising Pack for \$40 per person. Children eight and under are free. Free parking is available at Sacramento City College on Sutterville Road. For more information or to register, visit www.sspca.org/doggydash, call (916) 383-7387, ext. 9102 or e-mail specialevents@sspca.org.

Fairytale Town Goes Green

Fairytale Town will celebrate its 50th anniversary by going "green," 11 a.m. to 3 p.m., 3901 Land Park Drive. Several Sacramento-area environmental organizations will have displays and interactive demonstrations, and there will be hands-on educational activities that teach children to practice responsible conservation techniques. The event will also feature green art -- art made from recycled materials. Admission is \$4.50, free for children under 2. For more information, call 808-8886, or visit www.fairytaletown.org.

McClatchy Class of 1963 46th Year Reunion

To be located at an eight-acre private residence at 7260 Pocket Rd., the price is \$55 per person in advance or \$65.00 at the door. The theme is Rock n' Rollin' Barn Party with Catered BBQ. Guests can dance to "oldies" with the Jay Rolerz Band. Clothing is casual. The event starts at 5 p.m. and dinner begins at 6 p.m. A no-host bar will be available. Also available is a reunion photo memory book for \$20. For more information, call 600-8042.

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Call Melissa at 429-9901 for advertising information

On the wild side

On emerald pond, Mother's Day is just duckie

Pictures and words by
Susan Maxwell Skinner

Yards from inner city traffic at Sutter's Fort, a mother's work is never done. Father ducks eschew child rearing so – for mallard mamas resident in the fort garden – spring revolves around ensuring each baby gets nourishment. Nutritious pond algae are augmented by treats from admiring tourists.

Swimming lessons dominate duckie days. Though they hit the pond immediately after hatching, the fluffy tots must paddle fast and escape feral cats, underwater turtles and the rough play of older chicks sharing their inner-city habitat.

As in all young families, naptime is critical. Shaded by reeds and mama's ample breast, each brood has regular "R and R" on land. As any weary mama knows, urban motherhood is no eiderdown.

Visit Sutter's Fort at 26th and K streets in downtown Sacramento.

Photojournalist Susan Maxwell Skinner is the author of "Carmichael – Americana on the Move." To learn about this book, go to www.susanmaxwellskinner.com



Mamma duck launches an eager armada of newly-hatched chicks on emerald pond.



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A peek inside some of East Sacramento's Most Beautiful Homes

Special to
the Arden-Carmichael News

The McKinley East Sacramento Neighborhood Association, known as MENA, is hosting its East Sac-

ramento Home Tour Sunday, April 26, from 10 a.m. to 4 p.m.

This year, MENA is presenting a special tour featuring "The Homes of 38th Street," a unique walking

tour of architectural styles from 1910 to 1929. Each home will be open for view inside and out.

Tickets for the tour are \$15 in advance and available at Pulp Papery, 3020 H

St.; William Glen, Town and Country Village; Collected Works, 4524 Freeport Blvd.; Sutter Middle School, 3152 I St.; and Theodore Judah Elementary, 3919 McKinley Blvd.

Tickets are \$20 on tour day and can be purchased at the ticket table at one of the tour homes on 38th Street.

MENA is a non-profit neighborhood association registered with the city of Sacramento. Proceeds go promote neighborhood safety, beautification projects and neighborhood livability. For more information, e-mail MENA at MENA@eastSac.org or visit www.eastsac.org.

Homes on the tour:
1081 38th St.

Owner: Gregg and Sally Luckenbill

Gregg and Sally Luckenbill purchased their home in 1998 and immediately had to have the electricity rewired and new plumbing. The home still had the original knob and tube wiring and galvanized pipes. In 2006, the Luckenbills' had the kitchen remodeled.

The home was built in 1912-13 on 1031 Maple. In 1918, address changed to 1081 38th St. Style of the home exterior is Mission Revival and interior is Arts and Crafts.

The home has a full-length porch with Mission Style arches and attached port coheres with matching arch. Inside the home, the wood paneling and oak floors with contrasting hardwood inlays and the pocket door in the dining room are all original. The wood, 4-foot-wide Arts and Crafts front door and the stain glass windows in the upstairs stairway are also original. A stairway goes to the front of the home and to the kitchen. The kitchen stairway was for when this home had a live-in maid.

Sally's favorite part of the home is the downstairs front room that looks out on the wide 38th Street view. The front porch is a close second for a favorite place. Gregg's favorite part of the home is his workshop down in the basement.

Johannes Stein, electrician and carpenter, did work done

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MENA

Continued from page 22

on the home since the Luckenbills purchased the house.

1200 38th St.

Owner: Janet Gatejen

The two-story, white clapboard house with wrap-around porches is reminiscent of a large and comfortable southern home. The lines are straightforward and classic. The imposing front door is ribbed glass, with lights of beveled glass at the upper and lower parts of the door. Entry is directly into the living room, with the staircase to the left.

The house was built as a duplex with almost identical floor plans: two bedrooms, one bath, kitchen, living room, formal dining room on each floor. The original square footage was approximately 1,200 upstairs and 1,300 downstairs. The current square footage is 2,900.

Current owner Janet Gatejen purchased the home in 1997. The house has been remodeled to its current single-family design in stages, beginning with the pool. All remodeling work was finished in 2003. There are hardwood floors throughout the home—most are original to the house. According to the homeowner, all of the remodeling stayed true to the originals in the house—this includes replacing the 4-inch baseboard and framing for doors and windows when necessary.

On the main floor, the kitchen and family room are a light and bright sweep across the back of the house, with a fireplace, white cupboards, an island and new hardwood floors. Two sets of French doors open onto a back porch and overlook the backyard and pool. The kitchen was re-configured and most of the family room was added to the original structure of the house.

Gatejen's favorite feature of the home is the kitchen-family room combination. She loved the remodeling process; watching and participating in the changes, she borrowed the design of her stairway balustrade from a neighbor's house.

1215 38th St.

Owners: Gary and Cyndie MacFadyen

The MacFadyens kept the character in mind when re-

modeling their home. To them it is more than a house: This home is living history. They like the craftsmanship and the design of the house and were drawn to it years before they purchased it. Gary had been walking past this home for years while commuting to his office.

The MacFadyens have the original blueprints for the home, which was built in 1927.

The home starts with a circular walkway that mimics the downstairs hall inside the home. Inside the home, there are delightful reminders of 1920s design. Curved wide openings allow the rooms to flow one into another.

Contractors and remodelers on the home: Wes Construction, Rick Bender Painting, Wardlow Tile and Stone, Gerhardt Electrical Contracting, Claudia Bordin Design, Teixeira Woodworks, David Hodson Plumbing, Dan's Custom Cabinets, Demetre Landscapes, Ghost Construction and Emerald Design, Michael Hayes.

1302 38th St.

Owners: Jason & Mary Kinney

This elegant, French Tudor-styled home, built in the late 1920s, began as a duplex with an elevator and back stairway leading to a second unit upstairs. During the 1980s, the structure was converted into a single-family home. And today, thanks to current owners Jason and Mary Kinney (and Mary Kinney's father who was the general contractor), the dwelling stands as a testament to quality design and craftsmanship.

When they purchased their house a year ago, Mary Kinney knew that light and color would be her guiding principles. Accordingly, she ordered a custom-made, leaded-glass front door with sidelights; added a hallway (leading from the living room in the front to the family room-kitchen-breakfast room in the back); lined the hall with French doors and continued the trend in the breakfast room with large windows and more French doors. Along the way, she added delightful surprises

such as the small toy-library room, which sits across from the dining room.

In the kitchen, Kinney ensured a line of sight from the sink, through the dining room and out the front picture window by punching a pass-through over the sink.

The upstairs remodel consists of a master bedroom suite with a large walk-in closet, a dream bath with walk-in shower and claw foot tub, a wall of white cabinets for towels/linens and a laundry room.

The backyard includes an outdoor kitchen and large brick patio with an elegant brick stairway set in concurrent semi-circles, providing a regal entrance to the al fresco dining area.

1340 38th St.

Owners: Dick and Debbie Grutzmacher

A curved brick walkway and pretty arbor grace the entryway to this pale yellow, Tudor-style home. Blue shutters frame the front leaded glass windows. The house has a wonderful roofline and appearance.

The home was built in 1923 as a two-story, four-bedroom, two-bath home. The attached garage was a drive-through, allowing vehicle access to the rear yard.

The current homeowners purchased the home in 1987 through probate court. They may be only the second owners-residents of this home.

The home originally consisted of 2,500 square feet. The remodel added 1,600 square feet. The initial changes in 1989 were to add a pool and fully enclose a south-facing porch. This room is now a study off the living room. All of the French doors in the home, living room windows and the living room fireplace surround are crafted of quarter-sawn oak, exposing a beautiful grain of the wood. The living room brick hearth is original, with beautiful ceramic "golfing" tiles (from Country Floors Showcase in San Francisco) added by the current homeowners. Ceilings in the living room, dining room and foyer are the original beams placed perpendicular to wooden planks.

The major remodel of the home was begun in 1992 and took a year to complete. Donald Barry was the general contractor. The intention was to add a huge country kitchen (built to house a big kitchen table, says the homeowner). The kitchen opens into a large, comfortable family room with access to the backyard, beautiful

(new) casement windows on two walls and a fireplace with stunning white mantel and surround.

The remodel continued upstairs, first by opening up the stairway in the foyer. An existing upstairs bedroom at the back of the house was enlarged (over the newly added family room below), creating a beautiful and comfortable private master suite.

Landscaping projects have been done several times, most recently in 2002 by landscape architect David Gibson. The home was painted inside and out in 2007 by Edgar Argueta. Claudia Bordin chose the paint colors that give the home a French feel.

The home is so well built that summer evening breezes keep the homeowners cool without using the air conditioning—even upstairs. The homeowner says the kitchen with the blue tiles is her favorite room. She loves the neighborhood and her wonderful neighbors.

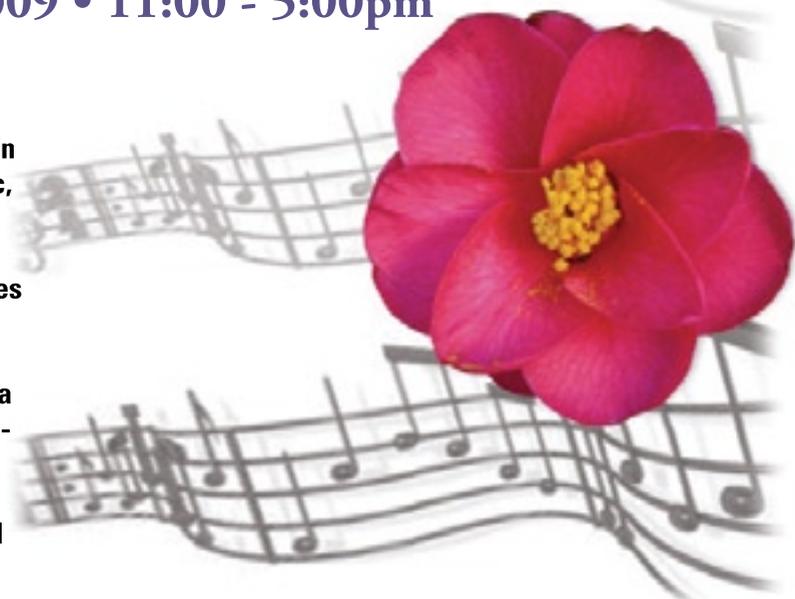
A summary for 1210 38th St. home and a profile of owners Mike and Kathy Davis was unavailable at print time. Visit the East Sacramento News Web site, www.ValComNews.com, for a complete summary of all the homes.



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