

Surviving tsunami, local woman finds new life in Carmichael

After massive 2004 disaster, Thailand native and son immigrated to U.S.

See page 8

Teens find success in local job search

See page 17

COMMUNITY CALENDAR, PAGES 22-23 • KNOW YOUR NEIGHBOR, PAGE 8 • FACES AND PLACES, PAGE 3

Inside This Edition



Blue skies ahead for aviation enthusiast

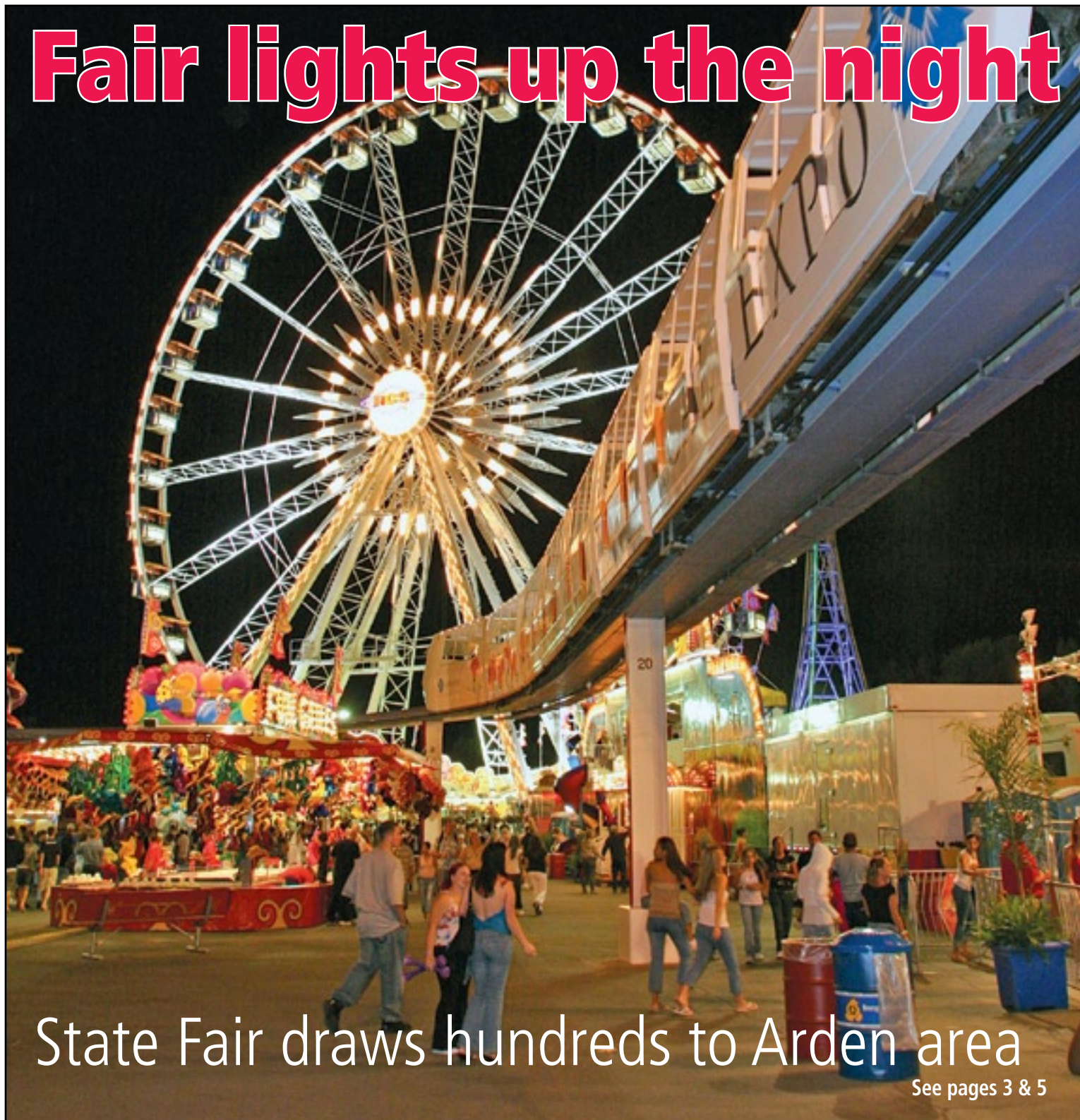
See page 19



Tony Zito's legacy, legend reaches far

See page 6

Fair lights up the night



State Fair draws hundreds to Arden area

See pages 3 & 5

Award Winning Facility - RAISES THE BAR

Rosewood Rehabilitation not only provides Award-Winning Skilled Nursing and Physical Therapy Services. As mentioned in July's Sacramento Business Journal, we are the only Skilled Nursing Facility specially equipped and trained in Northern California to rehabilitate patients with artificial heart pumps. Our 4-Star Medicare Rated Facility staffs 16 full-time Physical, Occupational and Speech Therapists to return you or your loved one to your highest level of function after an injury or accident. We look forward to serving the Sacramento Community.

6041 Fair Oaks Blvd • Carmichael, CA 95608



Rosewood Rehabilitation
Providing Courteous 24-Hour Skilled Nursing Care & Sophisticated Rehabilitative Services



916.483.8103

E-mail stories & photos to: vcnnews@valcomnews.com

Vol. XVIII • No. 16

Arden-Carmichael News is published on the second and fourth Thursdays of the month and is delivered by mail and home delivery. Newspapers are also available in stands throughout the area.

2709 Riverside Blvd.
Sacramento,
CA 95818
t: (916) 429-9901
f: (916) 429-9906

Publisher..... George Macko
General Manager..... Kathleen Egan
Editor..... Ryan Rose
Production Manager..... John Ochoa
Graphic Artist..... Ryan Vuong
Sales Manager..... Patty Colmer
Advertising Executives..... Linda Pohl
Marc Harris Desilés, Melissa Andrews
Distribution/Subscriptions..... George Macko

\$30 a year subscription

For all your advertising needs turn to the

ARDEN CARMICHAELnews

Call
429-9901



Are you paying too much for Home or Auto insurance?

Saving money is just one phone call away...



Grace Yong Park
Insurance Agent

*Life can be uncertain. Protect your family and your investment...
Call now! (916) 761-3235*

Auto, Home, Life, Workers Compensation,
Business, Commercial, Renters, Health.



Lic: 0G48984

Lincoln Air Show

www.LincolnAirshow.net

Air Force
A-10
West
Demo
Team

A-10

Thunderbolt

Saturday,
October 3

10:00 - 4:30
Adults \$5.00

Free Airplane
Rides for Kids

OVER THE TOP AEROBATICS

Julie Clark, Bill Stein, Tim Decker

Eddie Andreini, Ellsworth Getchell, Vicky Benzing

Airplane & Helicopter Rides

Vintage and WWII Aircraft

Event Supporters: City of Lincoln, Police, Fire and Public Works; Lincoln COP; FAA Sac FSDO and NORGAL TRACON; Lincoln Regional Aviation Assn.; WSI Internet Solutions; Boy Scouts, ROTC, Cal Fire, Lincoln Volunteers, Holiday Inn Express, FAA Chapter 92 & 526, Hertz Car Rental, Inkyung, Eagle Air, Lincoln Rotary, The Golden West Fly-In, and Air Petro - Chevron.



LINCOLN REGIONAL AIRPORT

Lincoln, CA

SOLD!

Carol Kellogg
Serving With Integrity And Excellence
(916) 966-0405
www.CarolKellogg.com

The Kellogg Team
"Getting Results"

LYON REAL ESTATE

Deane Dance Center
Celebrating 15 years! 1994 - 2009

Come see our "New Facility"
The Deane & Barbara Crockett Center for Dance

★ Classes beginning Monday, August 31, 2009
★ 3385 Lanett Street, Sacramento (M.C. & Elvas)

Ballet ★ Pointe ★ Fitness Machines
★ Zumba ★ Childrens Tap ★ Flamenco

ONE FREE CLASS
with this ad

For Ages 2 1/2 through Adults (It's never too late!)
Boys classes available for ages 4 - 8

For more details call (916) 453-0226 or visit www.deanedancecenter.com

Faces and places
California State Fair offers 'wild' and 'wacky' scenes

Annually, the California State Fair brings hundreds of visitors to the Arden area. With Cal Expo, 1600 Exposition Blvd., playing host to the festivities, Arden and Carmichael residents have front row seats to the greatest show in California. The 2009 California State Fair, with a "Weird, Wild and Wacky" theme, runs from August 21 to Sept. 7, open Monday through Thursday, noon to 10 p.m., and Friday through Sunday and Labor Day from 10 a.m. to 10 p.m. For more information, visit www.bigfun.org.

2009 fair photos courtesy the State of California. Read Arden-Carmichael News Writer Benn Hodapp's first-hand account of the 2009 California State Fair on page 5.



The kind of bank that believes jump-starting the economy begins in your neighborhood.

OPEN ANY PERSONAL CHECKING ACCOUNT AND GET \$100*

Open any Bank of the West checking account and make ten online bill payments or set up direct deposit of at least \$250, and we'll give you \$100. Spend it at your corner market, buy your neighbor a cup of coffee, treat yourself to something nice, it's on us. Just sign up by October 2, with new funds to Bank of the West, then start enjoying the exceptional service you deserve and a relationship you can count on for years to come. Stop by Bank of the West today. The kind of bank that knows supporting local businesses helps support us all.

Visit your local branch or find one at bankofthewest.com.

Carmichael Branch
 4001 Manzanita Ave
 Carmichael, CA 95608
 (916) 487-1100



FDIC ©2009 Bank of the West California. *Open any new personal checking account, and either establish a monthly direct deposit of at least \$250 to your new account or pay 10 bills online and receive a \$100 bonus. The first recurring direct deposit must be posted to your account within 60 calendar days of your account opening date. The 10 bill payments must occur within 60 calendar days of your account opening date. Bonus will be credited to your account within 60 days after satisfaction of conditions. Offer valid for a new personal checking account opened from 8/12/09 - 10/2/09 with \$100 or more from a financial institution other than Bank of the West. Offer subject to change without prior notice and may be terminated or extended based on response. Offer does not apply to second or multiple checking accounts and/or existing checking customers. Limit of one \$100 bonus per household per calendar year. To the extent required by law, Bank of the West will report the value of the offer to the IRS on Form 1099. Any applicable taxes are the responsibility of the account holder. All accounts are subject to the Bank's standard terms and conditions and fee schedule.

THE CARMICHAEL CHAMBER OF COMMERCE

"There's No Business Like OUR Business"

www.carmichaelchamber.com • (916) 481-1002 • 6825 Fair Oaks Blvd. #100 Carmichael, CA 95608



Aegis of Carmichael offers short-term stays and permanent stays in Assisted Living and Memory Care. Beautiful community with outdoor courtyard, 24 hr. care managers on staff and restaurant-style dining. Call us today to schedule a tour.

Aegis of Carmichael
4050 Walnut Ave.
(916) 972-1313
AegisofCarmichael.com
LIC# CA 4347007994

ASSISTED LIVING & MEMORY CARE

Aegis Living
We're the people who make life better.

TREE TECH SERVICES



Serving the Green Industry
A Subsidiary of Tree Technology, Inc.

RESIDENTIAL / COMMERCIAL

- Trimming
- Tree Preservation
- Chipping
- Pruning/Shaping
- Tree Removal
- Lawn Maintenance
- Crown Reduction
- Stump Grinding

688-7979 ELK GROVE
386-1780 SACRAMENTO

1-800-821-TRIM TOLL FREE
Thorough Clean-Up Prompt friendly service
www.TreeTechServices.com

4 CERTIFIED ARBORISTS ON STAFF
REPORTS & CONSULTATION AVAILABLE

\$25 OFF ANY SERVICE
Of \$200 Or more
TREE TECH

MasterCard W.Comp - PL/PD CTR. LIC# 653836 VISA

SENIOR DISCOUNTS FREE ESTIMATES

Carmichael Towing

24 HOUR AUTO SERVICE INC.

Celebrating 50 years Since 1959

- Towing
- Auto Body Shop

Ask for "Bud"

7344 Fair Oaks Blvd.
Carmichael, CA 95608
(916) 483-4649
fax: 483-7410

BACK-TO-BACK NATIONAL WINNER FOR 100 TOP HOSPITALS

One of the best hospitals in the country is right here in your community.

Mercy San Juan Medical Center, for the second straight year, has been named to Thomson Healthcare's 100 Top Hospitals list.

Out of 3,000 hospitals, Mercy San Juan is one of only four California hospitals to stand out in five key areas – quality patient outcomes, patient safety, efficiency, growth and financial stability.

Learn more about the medical center by checking out mercysanjuan.org.

THOMSON REUTERS 100 TOP HOSPITALS 2007

Daily Excellence **Mercy** A member of CIGNA

Mission Oaks Recreation & Park District 3344 Mission Ave

Visit us online at www.morpd.com or at the District Office (916) 488-2810

"Celebrate our Parks"
Capitol Pops Concert Band – September 13, 6-8pm
Gibbons Park – Center Circle Stage
FREE! Refreshments available. Bring your own lawn chairs.

Founder's Day 2009
Carmichael's 100th Anniversary – September 26, 10am-Fireworks Finale
Carmichael Park – 5750 Grant Avenue
FREE! Car show, Kids Zone, live entertainment, crafts, food

Walnut Whitney CARE CENTER

SKILLED NURSING & REHABILITATION



SPECIALIZED SERVICES:

- Extensive Rehabilitation
- Post Surgical Rehabilitation
- Intravenous Therapy
- Wound Care Management
- Hospice & Palliative Care
- Pain Management

(916) 488-8601
3529 WALNUT AVE.
CARMICHAEL, CA 95608
www.horizonwest.com/walnutwhitney

Sacramento Fine Arts Center

Presents "Go With the Flow" WASH OPEN SHOW

September 1-26, 2009

Second Saturday
September 12th Reception
5:30 - 8:30pm

Refreshments
Music by Sacramento Lyre Choir
Live model demonstration
Award Ceremony

SACRAMENTO FINE ARTS CENTER
5330-B Gibbons Drive, Carmichael, CA 95608
916-971-3713 • www.sacfinearts.org

Experience CurvesSmart!

Now there's a workout that keeps you motivated like never before to get the results you want.

PERSONAL COACHING SYSTEM DETAILED PROGRESS REPORT

JOIN NOW 50% OFF*

973-9900 4141 Manzanita Ave Carmichael, CA 95608
722-1400 4300 Elverta Rd. Antelope, CA 95843
curves.com

LIKE A GOOD NEIGHBOR, STATE FARM IS THERE.®

For your insurance and financial needs, see State Farm Agent:



Stephanie Slagel, Agent, CLU
Insurance Lic. #: 0C34763
6130 Fair Oaks Blvd. Suite E
Carmichael, CA 95608
Bus: 916-485-4444

STATE FARM INSURANCE

statefarm.com
State Farm Mutual Automobile Insurance Company, State Farm Indemnity Company - Bloomington, IL

THE Atrium OF CARMICHAEL

Invites you to our monthly health series

Complimentary Lunch Tour Daily!

RE-DEFINING SENIOR LIVING

- A History of Excellence
- Life Style Options for Aging in Place
- Value and Quality Services

Carmichael's Convenient Location
5757 Cypress Avenue, 95608
Call us anytime: **(916) 486-3533**
www.seniorhousing.net/ad/atriumofcarmichael

The sights, sounds and smells of the California State Fair

By **BENN HODAPP**
Arden-Carmichael News Writer
vcnnews@valcomnews.com

Growing up in the Sacramento area, the late summer has always meant three things: my birthday, the start of the school year and the California State Fair.

It seems like this year there was less hoopla about its arrival than normal. Usually the radio is full of cartoon cows and over-the-top farmer caricatures telling us to "get on down to Cal Expo" and what not. Maybe because of the economic situation they figured they didn't want to spend the money to advertise.

However, I went this past Sunday and it looks as though the fair is doing just fine despite the times. There were people all over the place. Sure, it probably helped that it was 80 degrees and breezy, the sort of day Sacramentans can only imagine in their most fevered dreams come late August, but I was surprised nonetheless.

First, I walked through the buildings with all the animals. A sheep voiced its displeasure at being sheared, a horse whinnied spectacularly and a Corgi sat alone behind bars. It was somewhat odd to see a little dog there, but it was getting plenty of love from the passersby. It was not an especially captivating time to walk by the pigs, as roughly 90 percent of them were sprawled out on their sides, completely oblivious to the fact that I

wanted to talk to them and perhaps coax an oink. Selfish pigs...

As you can imagine, the aroma of the animal tent is not terribly pleasant, which is why I was shocked to see so many people eating in there. I don't want my curly fries mixing with that particular set of notes, but more power to those people I suppose.

Among the attractions at the fair this year is Harley, a pig that weighs more than 1,000 pounds and stands four feet tall. I paid the dollar to get in, but he too was sleeping. The enormity of him was quite apparent, though. He was roughly the size of a Fiat.

Obviously one of the main reasons to go to the fair is the simply outlandish array of horrifyingly fatty foods that are slathered, greased, iced, barbecued and then deep-fried for your enjoyment (or peril). Stop one for me was a corn dog. It was the size of a yardstick, but I considered it a warm up.

Later I had a Philly cheesesteak that apparently requires an advanced physics degree to eat properly. Eventually I just employed the shovel method. It entails basically getting the item into my mouth as quickly as possible with utter disregard for cleanliness or self-respect.

But what about dessert? I can't walk away from the fair without completing the triumvirate of tastiness.



Arden-Carmichael News Photo/Benn Hodapp

For more information on the 2009 California State Fair, visit www.bigfun.org. The fair runs from August 21 to Sept. 7.

So I got a churro. The lady vendor gave me the lame duck of the bunch, which immediately broke in half when she handed it to me. I caught the broken northern shard on its way to the ground. I am pretty sure the lady was impressed at my ability to not allow food to become garbage.

As always, I walked through the exhibition buildings with award-winning art pieces and photographs and quilts and absurdly fluffy bunnies. Then through the myriad of Billy Mays wannabes peddling their wares complete with headset and astonishingly loud speakers. I even saw a few people walking around

with ShamWows. I summarily went on a 15-minute hunt for ShamWow spokesman Vince, but alas, he was not there.

The county exhibits were neat, though between you, me and a hole in the ground, I was pretty disappointed in Sacramento County's display. Who is that person in the rocking chair for seemingly no reason? When you go, you'll see it. If you are confused and slightly unhappy, don't worry - Tulare

County will make you feel a little bit better. When you see the animatronic cow, do not meet its gaze. I hear it feeds on souls and the tears of children.

All in all, it was the full fair experience. I even spent five bucks playing that fixed basketball game where the ball is bigger than the hoop. I am surprised the lady didn't just laugh in my face when I handed her my money. Oh well, I didn't need the 6-foot-tall Rottweiler anyway.

Please Recycle this Paper, Thank You!

Carmichael Senior Living Oaks
www.carmichaeloaks.com

The Lifestyle You Deserve

- Three Chef Prepared Meals • Elegant Dining
- Many Apartment Styles/Sizes to Choose From
- Fun, Friendly Atmosphere • Exciting Activities & Events
- Now also offering - Assisted Living & Memory Care

INDEPENDENT LIVING SINCE 1978
8350 Fair Oaks Blvd. - Carmichael, CA 95608
(916) 944-2323
Lic. #347003685

BUILDERS SURPLUS
DISCOUNT BUILDING MATERIALS

Inventory always changing!
In this economy, every penny counts!

916-369-1846
www.builderssurplusllc.com

6015 Power Inn Rd, Suite G • Sacramento 95824
Hours: Mon-Fri 9-5, Sat 9:30-4, Closed Sunday

Unlike local farmers' markets, vendor offered front door service

By LANCE ARMSTRONG
Arden-Carmichael News Writer
vcnnews@valcomnews.com

For many locals, the warm summer months in Sacramento conjure up a variety of memories. And among these memories are thoughts of the city's longstanding produce vending tradition.

Being that the Sacramento Valley has a rich history in agricultural production, it connectively also has a long-standing tradition of providing farm fresh produce to its local residents.

Certainly, many locals are familiar with the year-round availability of a wide variety of local produce at Sacramento area Certified Farmers' Markets.

Among these markets are the large and popular 8th and W streets market under the freeway, open 8 a.m. to noon every Sunday, the Fremont Park market at 16th and P streets, open 10 a.m. to 2 p.m. every Tuesday, and the Cesar Chavez Plaza market, open 10 a.m. to 2 p.m. every Wednesday.

Currently, there are 10 Certified Farmers' Markets located within downtown Sacramento and its outlying areas,

including Elk Grove and Citrus Heights.

Market forces

The history of these markets date back to 1980, when the 8th and W streets market, which is adjacent to Southside Park, was first opened to the public.

Although the younger generations of Sacramentans have no memory of farmers' markets prior to these markets, such vending began about 80 years ago or more in Sacramento.

The establishment of a free public market with vegetables and other farm produce was contemplated in Sacramento as early as 1919.

It was in November of this year that the Federated Trades Council of Sacramento sent a letter to the city commission requesting that the city establish such a market.

The letter asked, "This step be taken at once as a means of combating the high cost of living."

The city eventually opened a free, public farmers' market on the city block bounded by 8th, 9th, S and T streets, where small farmers sold their products and paid the city a small fee for rental spaces.

"He had a great sense of humor, was generous and a very classy dresser," Stewart said. "Last, but not least, he never lost his European charm, which he used to his advantage. The twinkle in his blue eyes said it all."

Certified Farmers' Markets coordinator Dan Best said that an earlier market may have been located at 10th Street and Capitol Avenue.

Other farmers' markets were opened at various times and locations, including markets on the city block bounded by Alhambra Boulevard and 30th, R and S streets and the Sacramento Farmers' Market or Market Island at the 5th and Y (now Broadway) streets.

Enter Tony Zito

Around the same time that the 8th and T streets market opened, an East Sacramento resident, named Tony



Photo courtesy of Teresa (Zito) Stewart
Tony Zito stands alongside his wife Laura at his 90th birthday party in 1988.

Zito, began operating a produce business with a different approach than the standard public farmers' markets.

Zito, who had previously worked at the Southern Pacific shops on I Street, where he was making \$21 per week, decided to venture into what

he hoped would be a more lucrative endeavor.

Purchasing a 1920 Ford truck with \$200 that he borrowed from his older brother Joseph, Zito began buying local produce and selling the

See Produce, page 7



Come in for a test save.

Stephanie Slagel CLU, Agent
Insurance Lic. #: 0C34763
6130 Fair Oaks Blvd, Suite E
Bus: 916-485-4444 Fax: 916-485-5629
www.sslagel.com

Total average savings of

\$426*

Let me show you how combining home and auto policies can add up to big savings. Like a good neighbor, State Farm is there!
CALL FOR A QUOTE 24/7



State Farm

*Average annual per household savings based on a national 2008 survey of new policyholders who reported savings by switching to State Farm. State Farm Mutual Automobile Insurance Company, State Farm Indemnity Company, State Farm Fire and Casualty Company, State Farm General Insurance Company, Bloomington, IL.

California Kids!

Family Fun Guide



California Kids! is an events and activities guide for active families and is published once a month by Valley Community Newspapers, which also publish the *Arden-Carmichael News*, *East Sacramento News*, *Land Park News* and *Pocket News*. We have been in business for more than 15 years.

California Kids! reaches those parents most likely to purchase products and services by targeting active families who get out and enjoy all that the community has to offer.

Call MARC for more advertising information.
916-429-9901

Produce: Zito spreads success

Continued from page 6

goods directly off the truck to residents in the McKinley Park, Land Park and Colonial Heights areas.

Zito, who lived at 5409 M St. with his wife Laura and daughters Teresa and Alvera, soon became a regular in these areas and was well respected by his customers.

In his own words, Zito in the 1960s recalled how his reliability was also appreciated. "Residents could count on me arriving three times a week; of course the days were 12 to 14 hours long and I worked six days a week," Zito said.

As the success of his produce business venture increased, Zito, who often bought his produce from wholesalers on North B Street, purchased a new 1926 Dodge truck, which he continued to use on his routes for many years.

A notable customer within these routes was J.J. Jacobs, who lived in today's Fabulous Forties neighborhood and owned the local Cadillac dealership.

Good things grow

In 1943, while living at 1115 Rodeo Way in East Sacramento, Zito began to grow his own fruits and vegetables, thus no longer relying on wholesalers for his produce.

In his garden, Zito grew raspberries, corn, potatoes and other fruits and vegetables.

In addition to his family, who was helpful with chores, including picking raspberries, Zito also had another important assistant, his Belgian Mare, Daisy, who would pull his plow through his field.

Zito's former property, which is now known as Zito Terrace, was also used for raising chickens for eggs.

After a very successful career as a neighborhood produce vendor, Zito retired from this business in 1948.

But his next business venture was very much like his first, as during the late 1940s, Zito sold produce in the Public Market building at 1230 J St., where the Sheraton Grand Hotel is now located.

With the success of this business, Zito was able to save enough money to purchase a bar, called Porto-

la Café, which was located at 304 K St. in today's Old Sacramento area.

But unlike today, the old West End of the city, as it was referred to at the time, was a much different place and its skid row environment took a toll on Zito, who was known for his gentle-natured demeanor.

After dealing with his fair share of undesirable behavior and language and losing about 20 pounds, Zito sold the business less than two years later.

Soon afterward in 1952, he purchased a bar and restaurant, called the Echo Club at 2119 Fulton Ave., where a Starbucks is now located.

This business proved to be a much better fit for Zito, as he operated the club for the following seven years.

Husband, father, farmer

In 1960, Zito spent one of his most memorable vacations of his life in Europe with his wife, during which time he visited members of his family, who he had not seen since leaving his hometown of Piana degli Albanesi in Sicily, Italy in 1923.

The 5-foot, 10-inch-tall, slim, curly-haired Zito was born in the small, mountain village, which is located 15 miles south of Palermo, on Aug. 16, 1898.

Ship records show that Zito boarded the Dante Alighieri and took a 12-day voyage, arriving at Ellis Island on Dec. 13, 1923.

About a week later, Zito, who at the time did not speak English, headed by train to Sacramento, where he reunited with his two brothers and two sisters.

While attending a wedding in Sacramento, Zito met his future wife, Laura (Orlando), who he married in San Francisco on July 22, 1928.

The wedding dinner was held at the La Rosa Italian Restaurant at 806 L St., where Frank Fat's Restaurant is now located, and the reception was held at the Turn Verein Hall at 3349 J St. in East Sacramento.

Zito, who passed away on July 13, 1990, is remembered for his dedication to



Photo courtesy of Teresa (Zito) Stewart
Tony Zito stands next to his produce truck in about 1928. Zito was well known in the East Sacramento, Land Park and Colonial Heights areas for delivering and selling produce directly off his truck to residents in these areas from the 1920s through the 1940s.



Tony and Laura (Orlando) Zito were married in San Francisco on July 22, 1928.

Photo courtesy of Teresa (Zito) Stewart

his produce career and other businesses, as well as his involvement as a member of the Dante Club, the Marsala Club and the Italian War Veterans Club. He was also known as a champion bocce ball player at East Portal Park.

Remembering her father very fondly, Teresa (Zito) Stewart, who resides in the Arden-Carmichael area, said that her father was a very special person.

"He had a great sense of humor, was generous and a very classy dresser," Stewart said. "Last, but not least, he never lost his European charm, which he used to his advantage. The twinkle in his blue eyes said it all."

Salon Services

New Client Specials

TWO-FOR-ONE

Limited time offer
Appointment Only

Nails/Pedi's

Call Tracy @ 317-6452

Colors, Perms, Facial Waxing
Men/Women's Haircuts

Studio Hair Design

4048 Manzanita, Carmichael
(In Safeway Center)

(916) 473-2598

www.studiohairdesignsalon.com

Always Clean • Friendly • Professional

Subscription Offer

**Arden-
Carmichael
News**

**Only \$30
for the year**

Call

(916) 429-9901

Have your VISA, Master Card, American Express, Discover Card, or a ATM or ATM-Master Card ready.



Now in Carmichael, Thai native is bridge over troubled waters

By **BENN HODAPP**
Arden-Carmichael News Writer
vcnnews@valcomnews.com

Carmichael resident Kai Gilman was born Surinipha Manosan in Nakhorn Si Thammarat, Thailand. In 2004, she owned a successful shop in the bustling city of Phuket. So successful, in fact, that she decided to open a second store on Patong Beach roughly 20 minutes away.

The second store, a women's shoe store, opened in October of that year. So busy was Kai at the new shop that she and then 4-year-old son Andrew would often spend the night in the store instead of going home.

This went on for several days in December, until the night of Dec. 25.

Andrew always wanted to stay in the shop overnight; for whatever reason he liked it there. But on this night, he begged his mother

to take him home. He would not give a reason why, but he was adamant in his decision. Kai granted the request.

Needless to say, it was a very good decision.

Wave of change

The next morning a tsunami ripped through the Indian Ocean, killing more than 200,000 people when all was said and done. Kai's shop on Patong Beach was wiped completely off the face of the earth.

Early in the morning on Dec. 26, Kai received a phone call from a friend named Arau.

"He called and told me not to go to work," Kai said. "I didn't believe him when he told me what happened."

In the immediate aftermath of the event, no one really knew what it was that washed ashore that morning. Fearing that it might happen again, Kai and

numerous others grabbed their loved ones and headed for the mountains.

"I was ready to go. I wanted to get really high up," she said. "We thought we would die. We thought it would come back again."

She packed up Andrew as well as some pillows, blankets and water. After several hours of sitting in her car and waiting, she decided to head back down to help people affected by the disaster.

"I brought people shoes, food and water and drove people to the airport," she said.

By the time Kai made her way back towards Patong Beach she was not allowed to travel to where her shop once stood. The area was blocked off. All of her money was invested in her new store. In one devastating moment, it was gone. Washed away. Adding further injury, a friend of Kai's and someone who worked in



Photo courtesy Carmichael resident Kai Gilman pictured in her women's shoe store before it was destroyed by the 2004 Indian Ocean tsunami.

See *Tsunami*, page 9

Senior Services *and* Resources

Call Melissa (916) 429-9901

A RETIREMENT COMMUNITY


MERRILL GARDENS
AT GREENHAVEN
A one of a kind retirement community
(916) 427-1133
Spacious One Bedrooms
Full Kitchens and Patios
Starting at \$1,395
Equal Housing Opportunity
Lic# 347001396

ASSISTED LIVING/MEMORY CARE

Aegis of Carmichael
4050 Walnut Avenue
Carmichael, CA 95608
*We're the people who
make life better.*
Lic #347001686
(916) 972-1313
www.aegisliving.com

DOCUMENT PREP SERVICES

**LIVING TRUST/LIVING WILL
Legal Document Prep Services:**
• Trust • Will
• Powers of Attorney
• Residential Deed
SENIOR SPECIAL
Couples \$495 Singles \$450
Lynda K. Knight (916) 214-1215
641 Fulton Ave. #100, Sacto 95825

HELP AT HOME

HELP AT HOME
Senior Care
Caring, In-Home Assistance & Companionship
• Light housekeeping
• Meal preparation
• Med reminders • Errands
• Dementia care • Bathing
& Much More
For no-cost/in-home assessment,
call **877- 404-6636**

HOME SAFETY

California Energy Service

• Safety Tub
• Handicap bars
& ramps
Senior Discounts
Financing Available
Bill Hill (916) 804-2243
Since 1978 Lic# 365598

IN HOME CARE

POP INS with a PLUS
Senior In-home Care Specialists
• Complete personal care
• 3 hr min to 24-hour care
• Shopping/errands
• Transportation
• LVN on staff
• Hospice
(916) 247-1019

LOVING COMPANIONS


A proud Member of The Senior's Choice
"Assisted living" in the privacy
& comfort of your home
Affordable rates, 1-24 hours/day
Certified Care (916) 753-1491

REBUILDING TOGETHER


(916)455-1880
Safe at Home Fall Prevention Program
Vision: All homeowners in our community live
in a safe, healthy & efficient home.
• Grab bars • Hand rails • Night lights
• Smoke detectors • Shower stools
• Fabrication of outdoor railings
Call to schedule a safety assessment of your home!
FREE or for-a-fee depending on eligibility
www.rebuildingtogethersacramento.org

SPECIAL ALZHEIMER'S LIVING


Special Alzheimer's Living
**Day Club, Respite,
Residential, Support Groups
& Educational Classes**
cas@primrosealz.com
www.primrosealz.com
(916) 392-3510
7707 Rush River Dr. Sacto, CA 95831

Transition/Relocation


Compassionate Relocations
**SENIOR RELOCATION
AND TRANSITION SERVICES**
Serving all of Northern California
916-966-8745
compassionaterelocations.com

WOODS RETREAT

Woods Retreat
Residential Care Facility
for the Elderly now accepting
applications for residents.
Let us care for your loved ones.
State Lic #340306720
Owner-operated **(916) 421-5845**

**YOUR SERVICES ARE NEEDED
CALL Melissa TODAY TO PLACE YOUR AD
(916) 429-9901**

Tsunami: Kai is studying to become a nurse at American River College

Continued from page 8

her shop were also lost in the destruction.

In a small bit of good news, the waters did not reach far enough inland to threaten Kai's home.

Message in a bottle

Kai met Joe Gilman through the Internet not long after. After corresponding for a while, Joe traveled to Thailand to meet Kai and to see the damage up close.

"I was just thinking that we don't realize how we take for granted things we have over here," he said.

Some of the stories that Kai told to Joe prompted them to decide that it was time for her to get out of there. Kai spoke of money that shop owners would have to pay to the mafia in exchange for protection. Joe said that some of the stories she told him were "horrific." Andrew, who is actually the biological son of Kai's half sister, had his life changed immensely by these atrocities. While his mother was pregnant with him, Andrew's father was killed in a bar fight.

Andrew's mother was distraught and was at a loss for what to do with a baby on the way with seemingly no way to take care of it. Kai stepped in and decided to legally adopt Andrew. His biological mother keeps in contact with Andrew and the two spend time together when he travels back to Thailand.

Kai and Joe were married on July 9, 2005 in Thailand and then on October 8, 2005 in the U.S. Andrew, now eight years old, attends school at Deterding Elementary. He did not arrive in the U.S. un-

til much later because of legal reasons. He remembers nothing of the tsunami itself, nor of his seemingly impeccable sense of timing.

The event and its meaning are not lost on him though.

His teacher asked the class what a tsunami was and Andrew answered "a big hammer that broke my mom's shop." He laughed as he recalled his answer, but it is a pretty chilling and honest answer from a child so heavily affected by its wrath.

New life in Carmichael

While the English language is still a large barrier for her, Kai is studying to become a nurse at American River College where Joe is a professor of music.

Despite enjoying her life a great deal in the U.S., Kai has made sure that Andrew knows where he came from. Every year they vacation for two-to-three weeks in Thailand, staying with friends and family.

The couple now has a daughter of their own, almost two-year-old Laila (lie-la), who spent the majority of the interview untying her dad's shoes and shadowing big brother Andrew.

That makes sense. After all, without Andrew's mysterious decision she wouldn't even be here. She could do worse for her first role model.



Photo courtesy Kai, pictured here with daughter Laila, husband Joe and son Andrew, has made a new life for herself and family in Carmichael.

Meet Lance Armstrong

Arden-Carmichael News writer and local historian Lance Armstrong will be at the California State Fair in Building A/B on Sept. 3, from noon to 5 p.m. Lance will be signing copies of his national award-winning Elk Grove history book, "Echoes of Yesterday," at the California Book Author's Booth at the California State Fair. For more information, visit www.bridgthousebooks.com/authors/statefair2009.htm.



A BETTER MOVING CO.

489-3322

abettermoving.com



MINI MARKETPLACE

CALL (916) 429-9901 FOR AFFORDABLE RATES!

LANDSCAPE

ROBERTS LANDSCAPE
Custom Landscape & Design
Call: 444-6458
License # 590317

GENERAL CONTRACTOR

HandyHand Service
Lic # 908157
Call Manda
(916) 606-6810

PAINTING

GARY'S PAINTING
EXCELLENT REFERENCES
725-8781
Contractors Lic. # 734323

FENCING

Aesthetic Fence Co.
Free estimate & consultation!
(916) 570-3078 ph/fax
(916) 380-0061 cell
• Local References • Unlicensed

CONTRACTOR/HANDYMAN

Contractor Connections
plus Handyman Services
Call (916) 706-3688
Curry Construction#575967
ELECTRICAL

Sunshine Electrical
Prompt. Dependable. Honest!
(916)344-8735 or (916)752-5308
Ca License # 633853

HANDYMAN

FREEDOM
HANDYMAN SERVICES
(916)470-3488

ROOFING

All Seasons Roofing
Free est. (916) 483-1318
Bonded, insured, lic. #459864

YOUR AD SHOULD BE HERE!

Your Ad Here!
Your services
are needed.
Your ad should be here.
Ad design is free.
Call Melissa 429-9901

New superintendent opens up to The Arden-Carmichael News

By ELIZABETH VALENTE
Arden-Carmichael News Writer
vcnnews@valcomnews.com

Sacramento City Unified School District's new superintendent, Jonathan Raymond, says he feels energized after his four-day visit to Sacramento last week. During his brief visit, the 48-year-old former chief accountability officer from Charlotte-Mecklenburg Schools in North Carolina was introduced to staff and community groups along with city Mayor Kevin Johnson and state Sen. Darrell Steinberg.



Sacramento City Unified School District's new superintendent Jonathan Raymond.

Raymond, who was chosen for the position in late July, reported for his first day on the job on Friday, August 21. He will lead a district that serves 48,132 Kindergarten-through-12th graders. Arden-Carmichael News writer Elizabeth Valente had an opportunity to catch up with the new superintendent for a one-on-one interview to find out what his plans are for the district schools.

Q: Along with visiting the various schools, staff, teach-

ers, and students, you also plan to spend your first 100 days meeting community groups discussing plans for the urban district. Who exactly and why?

A: I plan to meet up with members from the Latino, African-American, and Asian/Pacific Islander community. It's important that we understand the diverse tapestry of our community; its diverse culture, language, history and ideas. If we are tasked with the responsibility of educating our children then we need

to be engaging in all of our communities.

I also plan to meet with government and non-profit businesses. I have a non-profit background and these agencies have the expertise and leverage as part of the community. Instead of trying to replicate what they are doing, we need to develop a relationship so we can leverage their strength and expertise.

Q: With your MBA degree and law background, do you plan to run the school district as a corporate business?

A: It's about educating all children and that work takes place in schools and in classrooms. So our job is to build the support and capacity so that there is excellent student learning and teaching in all of our schools. But, we also have to remember we are a half billion-dollar business. We need to run efficiently and effectively and we need to be held accountable for educating our children. We are "the public school district."

Q: Is one of your goals to bring in more students into the district and if so, how? What are other goals you plan to implement in the school district?

A: I want to see our schools grow and be the beacon of excellence. Sacramento has a rich community and group of parents and community members that are hungry to be engaged. The city has an energy and passion for educating all their children and it is a wealth that I tend to tap into and we as a school district we'll be engaged with. I support merit pay for teachers, charter schools, and I hope to strengthen the Multiple Pathways initiative. It (Multiple Pathways) is set up to help address the high school dropout crisis because a diploma is a critical step towards college and careers.

Q: What does it mean to have "an engaging presence with the community?"

A: I am going to be available, stay engaged, ask for the public's advice, input and listen. It's being genuine, transparent, not being afraid to take risks for kids and letting them know that we are here to work together. We don't individually have all the answers, but there's power in working together.

Q: Coming from a North Carolina school public school district, do you see

similarities between the two urban districts?

A: They are both diverse districts that have seen success, have great potential, and they both are facing many challenges. But there are a lot of differences. Sacramento School District has a lot of empty desks we need to fill. Charlotte is growing and building schools.

Q: The SCUSD Board of Trustees has signed you to a four-year contract for an annual salary of \$245,000. Do you plan to live in the district and send your three children to the public district schools?

A: Yes, my wife and I will send our kids to the public district schools. For the time being only two of the kids will be going, our youngest is only two. I understand I am the first superintendent to do this in 20 years. We have not found a home yet, but during our first few days in Sacramento my wife did look at homes in the East Sacramento and Land Park neighborhoods. She came away with a feeling that this is a really special community and we both look forward to raising our three children here and getting to know the people.

ST FRANCIS EPISCOPAL CHURCH

10th Annual Talent Show/Spaghetti Dinner & Silent Auction

Saturday, September 19, 4:30-8pm
Tickets at the door: \$20/adults; \$10/children

Contact Beth @ 966-2261
11430 Fair Oaks Blvd, Fair Oaks



ST. JOHN THE EVANGELIST CATHOLIC SCHOOL

5701 Locust Avenue, Carmichael
916-481-8845

- WCEA/WASC Accredited
- Strong spiritual formation
- Excellent academic program
- Boys and girls athletics
- Creative and talented staff
- Drama, Spanish, Music
- Involved Student Council
- Education for the whole child



Now accepting applications for Grades TK through 8th

Enroll NOW!

Celebrating Fifty Years

LUTHERAN SCHOOL

- K-8th Grades
- Academic Excellence
- Small Classes
- Core Knowledge Curriculum
- WASC Accreditation
- Interscholastic Athletics
- Educational Travel
- Before & After School Care
- Now Accepting Applications

T
O
W
&
C
O
U
N
T
R
Y

4049 Marconi Ave. Sacramento • www.buildinguplives.com • (916) 481-2542

Got News?

e-mail ryanrose@valcomnews.com
or call 916-429-9901

DONALD JOSEPH INC.



HOME FASHION EVOLVED
STYLISH HOME FURNISHINGS, ACCESSORIES, FINISHES

40% OFF EVERYTHING IN SHOWROOM

2620 21ST STREET - 95818 · 916-456-2300
OPEN MON - FRI 10AM - 5PM, SAT BY APPOINTMENT
WWW.DONALDJOSEPH.COM

Discover the Davey Difference Expert Care for Your Living Investment

DAVEY
TREE & SHRUB CARE EXPERTS SINCE 1880
(916) 443-5500

Healthy trees and shrubs add to the value of your home. Davey offers the nation's most comprehensive tree and shrub care services, and our Certified Arborists use today's most modern, state-of-the-art equipment. Let us develop a customized program tailored to your needs.

- Tree & Shrub Pruning
- Insect & Disease Control
- Lightning Protection
- Tree Removals & Moving
- Tree & Shrub Fertilization
- Cabling & Bracing
- Tree & Shrub Installation

To learn more, or to schedule a free, no-obligation analysis of your trees and shrubs, call today or visit us on the Web at www.davey.com.

Neglected Pools Produce Mosquitoes. REPORT THEM!

Call 1(800) 429-1022

or visit www.FIGHTtheBITE.net

SACRAMENTO-YOLO
MOSQUITO
& VECTOR
CONTROL
DISTRICT

**FIGHT
THE BITE!**

Cleaner Storm Drains, Cleaner Rivers



875-RAIN

County of Sacramento, City of
Rancho Cordova, City of Citrus Heights

808-4H2O

City of Sacramento, City of Folsom,
City of Galt, City of Elk Grove

www.sacramentostormwater.org

MADE IN AMERICA

American Car Care Center

Exclusively MADE IN JAPAN

Japanese Car Care Center

SACRAMENTO

916-486-8400

1516 Howe Avenue (Behind Cort Furniture)

DOWNTOWN SACRAMENTO

916-442-3287

1200 I Street (12th & I)

wefixcars.com

OPEN MONDAY-FRIDAY 7:30-5:00

Experience What Dealers And Most Repair Shops Can't Or Won't Deliver!

COMPLETE AUTO REPAIR SERVICES – 10 REASONS TO CHOOSE US!

1. ASE MASTER CERTIFIED TECHNICIANS ARE THE BEST QUALIFIED to fix your vehicle the first time! All of our technicians are MASTER CERTIFIED or overseen by a MASTER.
2. WE FOLLOW A DIAGNOSTIC PROCEDURE to avoid excessive charges and find the problem the first time! We also have the most advanced equipment in the Valley that the dealers don't even have.
3. EVIDENCE ABOUT YOUR VEHICLE'S PROBLEMS. We believe that it's not only our job to diagnose and repair your vehicle, but also to educate you on what we found so you fully understand what we did and why.
4. NO SURPRISE POLICY. We never do any work without your approval first.
5. LONGEST WARRANTY IN THE SACRAMENTO AREA. Our warranty on the repairs we do is 18 months or 18,000 miles on the parts and labor. That's at least 25% longer than our competitors!
6. NATIONWIDE WARRANTY. 12 months or 12,000 miles.
7. SAME DAY SERVICE AVAILABLE on most services and repairs.
8. AUTHORIZED TO SERVICE YOUR NEW VEHICLE.
9. FREE TOWING. Call for details.
10. EARLY/LATE DROP OFF/PICK UP. We know getting your vehicle to the shop can be a pain. For this reason we can arrange for you to Drop-Off and Pick-Up of your vehicle 24 hours a day.

SERVING YOUR COMMUNITY FOR OVER 20 YEARS!

MINOR SERVICE SPECIAL

RECOMMENDED EVERY 7,500 MILES

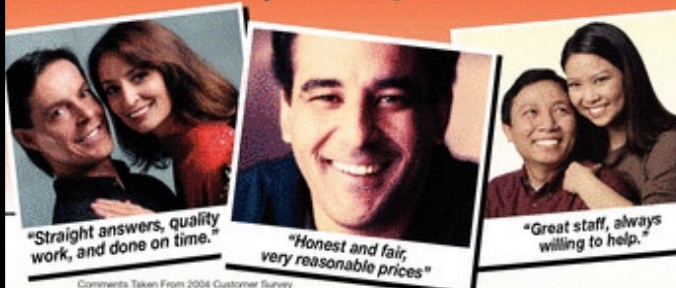
- | | | | |
|-----------------------|-------------------|--------------------|-------------------|
| CHANGE: | LUBE: | INSPECT: | • Shocks |
| • Oil & Filter | • U-Joints* | • Brakes | • Exhaust System |
| ADJUST: | • Suspensions* | • Belts | • Water Pump |
| • Timing & Idle* | • Doors & Hinges | • Hoses | • Wiper Blades |
| • Brakes* | CHECK: | • Fluid Leaks | ROAD TEST: |
| • Clutch* | • Lights | • Front Suspension | 49 Pt. Inspection |
| SERVICE: | • Charging System | • Rear Suspension | |
| • Air Cleaner Box | • Starting System | • Tires | |
| • Radiator Level | | | |
| • Window Washer Fluid | | | |
| • Brake Fluid Level | | | |
| • Clutch Fluid Level* | | | |
| • Rotate Tires | | | |
| • Set Pressure | | | |
| • Battery | | | |

\$79.95

Some Models Extra
*If Applicable

For this service we request to have your vehicle for 1/2 day. Most models. Must present coupon when service order is written. No valid with any other coupon. EXPIRES 09/30/09 ACVN

Nominated For KCRA-A List!



OUR RULES OF BUSINESS:

1. Always Honest
2. Always Quality
3. Always Exceed the Customer's Expectations
4. Always Treat Every Customer Like Family



90 DAYS SAME AS CASH OAC

*Not available at all locations

OIL CHANGE & FILTER SPECIAL

- Replace engine oil with up to 5 qts. of Multigrade oil **\$24.95***
 - Replace oil filter
 - 49 pt. Inspection
 - Comprehensive Inspection
- Some Models Extra

For this service we ask to have vehicle for 1/2 day

*Price or discount is valid for most vehicles, some vehicles may be slightly higher. Must present coupon when service order is written. Not valid with any other coupon or discount. EXPIRES 09/30/09 ACVN

A/C Maintenance Service Special

- Includes: Check, Fan Speed Operation, Vent Operation, Heater Control Operation, Engine Cooling Fan, Compressor Clutch Operation, Perform Refrigerant Purify Test, Performance Test. Visually Inspect Exposed Hoses, Tubing & Connections, Service Ports Condenser Coil, Accumulator, Belts.
- \$59.95***
- Some Models Extra

Freon Extra. Most Vehicles.
49 point inspection. Must present Coupon. Not valid with any other offers. For this service, we request to have your vehicle for 1/2 day. EXPIRES 09/30/09 ACVN

PROTECT YOUR INVESTMENT! SERVICE & TUNE-UP SPECIAL

6 Cylinder

\$179.95*

4 Cylinder

\$159.99*

SAVE OVER \$100.00
Some Models Extra

8 Cylinder

\$199.95*

*most models

Must present coupon when service order is written.

* If applicable. **If has drain plug. Vans Additional. Platinum Spark Plugs additional. Not valid with any other offers. EXPIRES 09/30/09 ACVN

- REPLACE:**
- Spark Plugs
 - Air Filter
 - Oil & Filter

- ADJUST:**
- Timing & Idle*
 - Brakes*
 - Clutch*

- CHECK:**
- Lights
 - Charging System
 - Starting System

- LUBE:**
- U-Joints*
 - Suspensions*
 - Doors & Hinges

- SERVICE:**
- Battery
 - Air Cleaner Box
 - Radiator Level
 - Window Washer Fluid
 - Brake Fluid Level
 - Clutch Fluid Level*
 - Tire Pressure and Rotate
 - Transmission Fluid Level

- INSPECT:**
- Brakes
 - Belts
 - Hoses
 - Fluid Leaks
 - Front Suspension
 - Rear Suspension
 - Tires
 - Exhaust System
- ROAD TEST:**
49 Point Inspection



- Shocks
- Water Pump
- Wiper Blades

25% OFF
UP TO \$50.00 VALUE

Valid for any service or repair at 25% off the regular price.

(Maximum discount \$50.00)
Some Models Extra

Must present coupon when service order is written. Not valid with any other coupon. EXPIRES 09/30/09 ACVN

YOUR LOCAL NETWORK OF REALTORS

Squeaky Williams in Sierra Oaks



mreid@golyon.com



Marge Reid
485-5124
DRE# 00347445

This stunning remodeled Tudor has exquisite craftsmanship & use of the finest materials. This lovely European Estate features a spacious backyard with terraced court. Sep living area over the Carriage House. Over 1 acre of land. **500 Hawthorn Rd.. \$1,650,000**



Carter Sparks Designed Home



Jay Feagles
204-7756
www.JayFeagles.com

Custom Streng home is a casually elegant masterpiece. Rosewood flooring, redwood paneling & exquisite lighting. Newer kitchen appliances & updated baths. Lush, private backyard. **www.2109Hamlet.com**
2109 Hamlet Pl..... \$475,000



Sierra Oaks Vista Estate



Debbie Davis
213-2323
www.DebbieDavisHomes.com
DRE# 01237920

One of the area's finest homes set on over an acre with mature Oaks. Private setting, large verandas, gorgeous gardens & lovely pool & spa. 2 master suites, 5 fireplaces, Chef's Kitchen, this house has exquisite detail!
630 Hawthorn Rd.....



California Classic Ranch Home



www.susiesellssac.com



Susie K. Parker
768-8494
DRE# 00833025

2 master suites, both w/ access to covered patio & views of pool. Updated granite counters, travertine floors, dual pane windows. Large formal dining & living. Family room is open to kitchen. Tons of storage/built-ins.
579 Kevington Ct.. \$839,000-\$889,000



Great Neighborhood Home



www.davidkirrene.com



David Kirrene
531-7495
DRE# 01115041

Designed with space and light in mind. Large bedrooms & entertaining areas with many floor to ceiling windows. Freshly painted interior, new flooring. Large backyard, fenced pool, side yard w/ winding slate path around redwood.
3911 Crondall Dr..... \$689,000

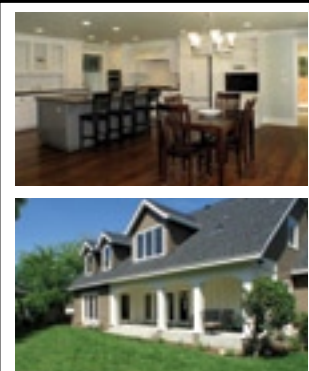


Luxurious Pavilions



Annette Black
826-6902
DRE# 00802727

Stunning architectural design, open floorplans w/ high ceilings, hardwood floors, granite kitchen, GE appliances. Designer fixtures & tile in all baths. Patios w/ fireplaces in each home. Clubhouse w/ gym, pool, BBQ area, etc.
Starting at \$525,000



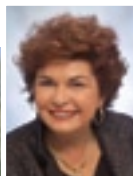
Tom & Kathy Phillips
799-4571
www.TomandKathy.GoLyon.com
DRE#01402867

Outstanding Stone Cottage in Arden Park

Open and spacious home that offers 4 large bedrooms all of which have their own private bath. Large gourmet kitchen opens to family room with custom built-ins. Oversized master suite with fireplace. Extensive trim work throughout. This wonderful property sits just a few doors from Cresta Park & Marimont Elementary School. The Fab 40's in Arden Park.
1428 La Sierra Drive A MUST SEE \$879,000



Treelined Parklike Setting Home



Vivian Daley-Wirt
849-7314
vdaley@golyon.com
DRE# 00475888

.54 acre, custom CA Adobe on lovely street. Patio/courtyard extension deck. Detached bld for office/guest or studio. Wood beamed ceiling, shutters, skylight. Windows view yard w/ redwoods.
4321 Sierra Madre Dr.... \$799,000



Private Gated Community



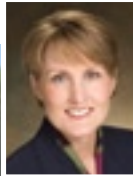
Chris Balestreri
996-2244
www.chrisbhomes.com
DRE# 01511288

Live in Riversgate. Private gated community. Minutes from Downtown Sacramento. 3 bed, 2 bath home. Open floor plan. Many upgrades. 1870 sq.ft.
2690 Pickering Wy... \$359,000



YOUR LOCAL NETWORK OF REALTORS

Arden Park Vista Estate



Debbie Davis
213-2323

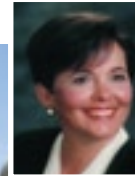
www.DebbieDavisHomes.com
DRE# 01237920

East Hampton Shingle Style home on gorgeous 1.36 acre lot. Open floor plan with over 6,300 sf including music room, Master w/ sleeping porch. Pool, spa, waterfall and wading pool. Backs to nature preserve.

1213 Mariemont Ave



Desirable Sierra Oaks Home



Carole Goodin
718-0875

carolegoodin@sbcglobal.net
DRE# 00881752

4 bed 3 full baths w/ great floorplan & generous room sizes. Living room has stunning travertine fireplace. Family room has wood beamed vaulted ceiling. Lovingly maintained & has potential.
3321 American River Dr \$699,000



OPEN 1-4pm Sat and Sun thru 09/13/09



Trey Bonetti

768-9360

tbonetti@cookrealty.net

DRE# 00618471



Rare Opportunity to Own A Unique Home

Nearly 1 acre (.841) lot with river access. Rare opportunity to own such a unique piece of real estate. Owned by the same family since it was custom built in 1952. Large oversized bedrooms, CH&A, dual fireplace, and much more. Lot size is approx 100x366, huge backyard with steps to the levee and view of the marina across the Sacramento River.

919 Piedmont Drive \$650,000

Arden Park



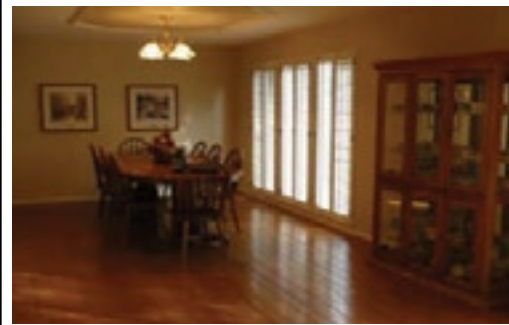
Angela Heinzer
212-1881

aheinzer@golyon.com
DRE# 01004189

Great community tree lined streets. Large lots. New kitchen freshly painted int & ext, restained hardwood floors, new windows, 4 bd, 3.5 ba, detached 4+ car garage w/ .5 ba, built-in pool, outdoor kitchen & more!
3601 Los Alamos Wy.. \$650,000



Fabulous Location



Vivian Daley-Wirt
849-7314

vdaley@golyon.com
DRE# 00475888

Gated community across from Del Paso Country Club & Golf Course. 1 level, vaulted ceilings, wood floors, granite counters in kitchen & baths, 3 patio areas, living & family rm w/ fireplace, master overlooks patio area.
2820 Calle Vista Wy. \$499,000



Beautiful Curtis Park



Meg Heede
803-1628

Meg@MegHeede.com
www.MegHeede.com

3 bedrooms, 3 baths 2 story home with office and big family room on a quiet street. New kitchen and breakfast room a delight.

2725 11th Ave \$649,900



Nice One Story Home



Pam Petterle
601-9494

DRE# 00769527

2 bedroom 1.5 bath unit with wonderful floor plan, very spacious. Dual pane windows, newer A/C. New security & front door. 2 car garage, TV/boat storage n premises. Lovely rolling grounds, with many trees.

7901 Rocky Point Ct \$118,000



Fabulous Townhome



Barbara Ashland
972-0212

ashlandhomes@gmail.com
DRE# 01719328

3 bedroom 2 bathroom townhome has access to the American River. Bring your kayak! Beautiful yard with lush green landscaping. Call Barbara for more information.

8349 La Riviera Dr.... \$299,000



Wonderful Condo



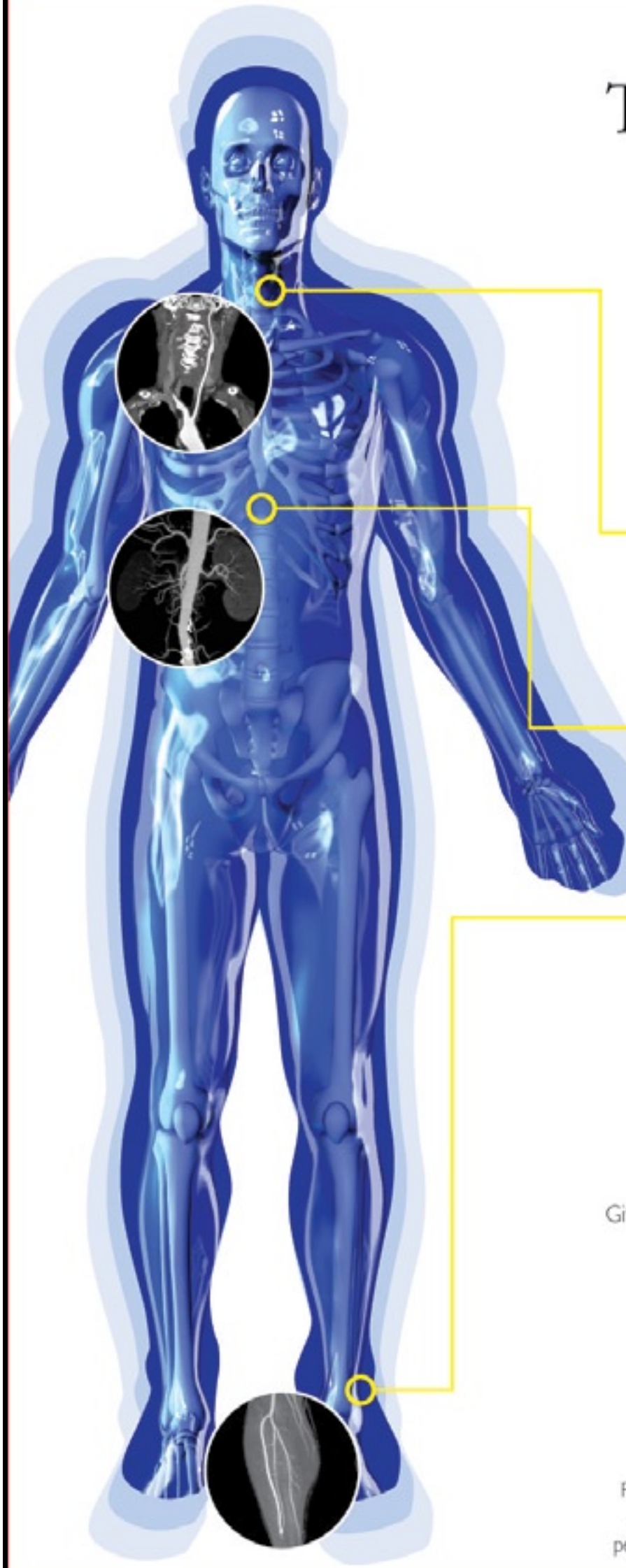
Cate Cross
804-8878

www.cross.golyon.com
DRE# 01158268

3 bedroom, 2.5 bathrooms, 2 frplcs, crown molding, recessed lights, shutters, newer H&A, wood floors, 2 car garage. 1 yr HOA dues w/ offer.
1101 Vanderbilt Wy. \$279,300



Three **great** tests. One **low** price.



Sacramento Heart is pleased to announce a new, painless vascular screening program designed to detect the warning signs of cardiovascular disease in only 30 minutes. For the low price of \$150, it includes:

Carotid Ultrasound

The test used to detect the buildup of plaque within the blood vessels of the neck, which can lead to stroke.

Abdominal Ultrasound

Used to detect abdominal aortic aneurysm.

Ankle Brachial Index

The definitive screening tool for Peripheral Artery Disease, which can lead to pain, mobility problems and even amputation.



Gift certificates available

Considering the potentially life-threatening consequences of cardiovascular disease, it pays to have this important screening!

For more information or to schedule your appointment call 916.830.2000.



Registered and registry eligible technologists perform all vascular tests.

SACRAMENTO HEART



500 UNIVERSITY AVENUE
SACRAMENTO, CA 95825

916.830.2000
www.sacheart.com

Use your FSA or Cafeteria Plan

The new economic realities Local teens find success in struggling economy

By MELISSA CRONIN-BROWN
Arden-Carmichael News Writer
vcnnews@valcomnews.com

Editor's Note: Melissa Cronin-Brown is the editorial department intern for the Arden-Carmichael News. Over the course of the summer months, Cronin-Brown, a student at El Camino Fundamental High School, will provide news content from the point of view of her generation.

Although many Americans struggle to maintain or find a job in this poor economy, some local teens have already secured jobs at a young age. Many adults who have been laid-off or have been fired from their job due to the oppressive economy would be envious that people much younger than

they are have jobs that provide a steady income and a decent working environment. Whatever the reason may be for Sacramento teens to have obtained their jobs, they should feel honored and grateful that they have one and should be reaping the benefits as well as helping their community.

Joining the family business

Daniel Synhorst is an upcoming high school senior who works for his dad's air conditioning company Synhorst Sales. He drives to different businesses to get parts for air conditioning units and takes them to job sites. Synhorst said his job also includes working at his family office and filing business papers to keep everything organized and

make sure the company is running smoothly. He didn't have to interview for the job because it's a family-run business, so he was automatically hired.

"I like my job; my dad is a very good employer," said Synhorst. "It's also a very relaxing job. I get to work when I want and I receive \$10 an hour."

He works during the summer and would like to continue working through the school year as well. Earning every bit of cash he can, Synhorst hopes to save up his money to help buy a car and pay for college once he's done with his senior year.

Serving up success

Another teen who currently holds a summer job is Melkite Argaw. The sixteen-year-old works at a Subway sandwiches store in Sacramento on Florin Road. She enjoys working because she has "amazing co-workers" and often forgets she's at work because she's having so much fun with them.

Argaw started working this previous June and hopes to continue working in the school year as long as she is able to maintain her grades. Argaw said a typical day at Subway for her includes taking out the trash, gathering sandwich ingredients, and

See Economy, page 26



Custom Framing & Gallery
Local Artist Works
Fine Art Printing
Conservation Framing
Art Classes (Children & Adults)

Artistic Edge
Custom Framing & Gallery

1880 Fulton Ave
Sacramento CA 95825
(916) 482-2787
www.artisticedgeframing.com




www.ardenc.com
ARDEN CHRISTIAN CHURCH
Disciples Of Christ

WORSHIP IN THE PARK
Sunday, September 6th at 10:30am
Arden Park
1000 La Sierra Drive @ San Ysidro

Come Worship! Stay for food & fellowship!


Call (916) 483-2733 for info.

WELLS FARGO HOME MORTGAGE

Reverse Mortgages For Senior Homeowners
Now your home can work for you!
Call today for more information.

Hank Rhoads
916-787-3638 Phone
Borrower must be at least 62 years or older. Wells Fargo Home Mortgage is a division of Wells Fargo Bank, N.A. © 2009 Wells Fargo Bank, N.A. All rights reserved.



101128
05/09



FREE Water Wise House Call

A professional will come out to check your indoor and outdoor plumbing and provide a custom watering schedule for your property.

Visit www.SCWA.net

DEPARTMENT OF WATER RESOURCES
SACRAMENTO COUNTY
WATER AGENCY

GOLD RUSH DAYS

FREE!
ADMISSION!

— OLD —
SACRAMENTO

LABOR
DAY
WEEKEND

SEPTEMBER
4-7



WWW.SACRAMENTOGOLDRUSHDAYS.COM

Produced by the Sacramento Convention & Visitors Bureau, The City of Sacramento & California State Parks

SAVE MART
SUPERMARKETS



THE CW31
CABLE 12

13



Local aviation enthusiast shares love for historic war birds

By LANCE ARMSTRONG
Arden-Carmichael News Writer
vcnnews@valcomnews.com

For those who are familiar with East Sacramento resident Iris Taggart, they know that if she cannot be found enjoying her longtime East Sacramento home, there is an excellent chance that she can be found near an airport runway somewhere in Northern California or beyond.

A volunteer and coordinator for just about anything having to do with World War II aviation in Northern California, Taggart recently found a bit of time in her busy schedule to speak to the East Sacramento News about her love for aviation.

Taking-off

Just the mere mention of number and letter combinations such as B-17, B-24, C-47, P-38, P-51, T-6 and T-28 are enough to strike up a detailed conversation with Taggart.

When asked where her extreme fascination for historic war planes originated, without hesitation, Taggart replied, "It's all because of Tag (the nickname of her late husband, Robert)."

Robert served as a B-17 co-pilot in the 390th Bomb Group during World War II and completed 32 combat missions over Germany and its controlled territories. He was also involved in the post-war missions, Operation Chowhound

in Holland and the Berlin Airlift.

Taggart, who as an air force wife traveled to and lived in many different places, including Germany, Japan and Hawaii, related the unusual beginnings to her marriage to Robert 63 years ago.

"We were married Aug. 7, 1946 and Tag was sent over immediately to Germany two weeks afterwards to rebuild what he had done during World War II," Taggart said. "I didn't see Tag much during the time that he was flying his missions."

But after completing his missions, Robert was able to spend a lot more time with his wife and together they raised four children, Douglas, Diane, Gregory Michael and Steven Noel.

Head in the clouds

Taggart fondly remembers the day that she began the first of her 20 years working with World War II aviation activities.

"Twenty years ago, I heard that the B-17 was coming into McClellan and I booked a surprise ride for my husband at a thousand bucks," Taggart said. "I paid \$350 for each one of my kids and myself. When we got ready to fly, we couldn't find Tag, because he was in the restroom ill. I thought, 'Oh my God, I spent all this money for nothing.' (Their kids) went in and got him, told him what we were doing and he forgot that he was sick."



Arden-Carmichael News Photo/Lance Armstrong
East Sacramento resident Iris Taggart stands in front of a Douglas C-53D "Skytrooper" on the grounds of the Aerospace Museum of California at the former McClellan Air Force Base. The 17-foot-tall, 63-foot-long aircraft with a 95-foot wingspan was one of several models manufactured on commercial production lines for the Army Air Forces during the early years of World War II.

Just as he first did at the age of 19 during World War II, Robert settled in for a flight in the co-pilot's seat. And sitting alongside him in the pilot's seat for the flight from McClellan to Reno was World War II pilot Les Walshaw.

With a smile on her face, while reminiscing about this day, Taggart said, "So, that's how I got started 20 years ago. From that day forward, I was hooked."

In addition to coordinating many aviation events, Taggart is a director of the

Jimmy Doolittle Air and Space Museum Foundation, program chairperson for the Gray Eagles Foundation, which preserves World War II aviation history, and a board member

See Taggart, page 24

Senior Homecare By Angels®
Select Your Caregiver®

- Up to 24 Hour Care
- Meal Preparation
- Errands/Shopping
- Hygiene Assistance
- Light Housekeeping
- Respite Care for Families
- Rewarding Companionship

Visiting Angels
LIVING ASSISTANCE SERVICES
(916) 422-2122

RESERVE YOUR SPACE NOW!

THE THREE BIGGEST ISSUES OF THE YEAR...

OCTOBER, NOVEMBER, DECEMBER

Advertise your Holiday Services, Church Services, Merchandise, Events, Holiday Wishes/Prayers, End-of-the-Year Closeout Sales, and more!

Call MARC for more details, 429-9901

California Kids!

Your Home Improvement Guide

Call a sales representative today for great advertising rates: 429-9901

Arden Carmichael News

Home Improvement Guide

call Melissa at 429-9901 to advertise your service

AIR CONDITIONING/HEATING

BONNEY
PLUMBING, HEATING, AIR
& ROOFER SERVICE
LIC# 696355

DON'T WAIT-BEAT THE HEAT!

Season Special

A/C Check-up-\$79.99

CALL 444-0551

- Cooling & Heating Service/Repairs
- New Installs & Existing Replacements
- Maintenance Programs/Agreements

- Service on All Brands
- High Efficiency Air Filters
- Freon Leak Detection

REBATES/TAX CREDITS AVAILABLE/ ALL WORK GUARANTEED / SENIOR DISCOUNTS

YOUR AD SHOULD BE HERE!

Call today!

Your services
are needed.

Your ad should be here.
Ad design is free.

Call 429-9901

CARPET & UPHOLSTERY CARE

JOHNNY ON THE SPOT

Complete Carpet & Upholstery Care

"Our cleaning is the most thorough you have ever had, or we will clean it again free. If you are still not pleased, we will refund your money."

- I.I.C.R.C. Certified Firm
- Carpet Repairs & Restretching
- I.I.C.R.C. Master Cleaner
- Red Stain Removal
- Pet Urine Removal Treatment
- Free in home written estimates

Call (916) 391-9292

CONSTRUCTION

Griffin Construction

- New Construction
 - Remodeling & Room Additions
 - Demolition & Removal of Old Unwanted Existing Garage & Replace with New Single/Double Larger Garage or Shop.
- Staying small to serve you better.
Local references
Lic # 510423
Call (916) 714-1606

CUSTOM CARPENTRY

Sacramento Millworks
Measuring success one client at a time.

- Traditional & Contemporary Handrails • Crown molding
- Custom cabinets
- Doors • Mantels • Hardwood Floors

VISIT OUR WEBSITE FOR COMPLETE LISTING OF SERVICES

SacramentoMillworks.com
(916) 332-5412 CA Lic# 910214

ELECTRICAL CONTRACTOR

CAPITOL ELECTRIC

Since 1960 in Sac area

Reasonable

Res. & Commercial work

- Repairs, Trouble Shooting
- Custom Lighting/Free Est.

(916) 451-2300

Cell: 213-3740

Neil McIntire — C.S.L.# 394307

FENCING

GATEWAY FENCE COMPANY

- Redwood, Cedar, pressure-treated
- Ornamental Iron
- Ranch-style fencing

FREE Estimates

10% Senior Discount

Call (916) 425-7435

Lic# 927602

GENERAL CONTRACTOR

FULSTER CONSTRUCTION

Custom Remodeling & Additions
Specializing in state-of-the-art
Kitchens/Bathrooms
& every aspect
of construction
from Painting to Roofing
(916)443-4166 (916) 952-0838
Local References/ Lic# 639780

GENERAL CONTRACTOR

HandyHand Service

Custom Design
Remodel and Repair

Call (916) 606-6810

Quality work-No extra cost

Manda
General Contractor Lic # 908157

HANDYMAN

Summer Deals from Les for Less

- ROTOTILLING/& SOD PLACEMENT
- RAIN GUTTERS CLEANED
- CONCRETE REMOVAL
- YARD CLEAN-UP/HAULING
- PRESSURE WASHING

Call LESTER

(916) 838-1247

Lic#128758/Ref

Pressure wash your driveways clean! your decks, too!

Clean out your garage! Replace that old lawn!

Hard work ---not a problem!

SPECIALS FOR SENIORS/*SERVING THE AREA FOR OVER 10 YRS*

HANDYMAN

**FREEDOM
HANDYMAN SERVICES**

Free up your time from those pesky
unwanted jobs. I do odd jobs,
plumbing, carpentry, security door
installation, light fixtures & fans,
recaulking of tubs, hauling
NO JOB TOO SMALL!

Call Eric

(916)470-3488

HANDYMAN

Reliable Handyman

- Doors • Molding • Windows
- Cabinets • Electrical
- Plumbing
- Water Heaters • Disposals
- All repairs
- 15 Years Experience

Call (916) 806-7879

HOUSE CLEANING

**ALLAWAY'S HOUSE
CLEANING**

- Owner Operated
 - Satisfaction Guaranteed
 - Reasonable Rates
- Excellent References of 17 Years

Call Rick (916) 600-0172

for Free Estimate

Lic# 83861 Bonded # 1214773

LANDSCAPING

Terra Bella

Gardening Maintenance

- Full yard maintenance
- One time clean-up
- Tree trimming

"Not your typical mow, blow & go company!"

Call Randy (916) 454-3430

or 802-9897

www.terrabellagarden.com

Lic# 152584

PAINTING

**ROSE & DYNAMIC
PAINTING CO.**

Summer Discount 10% OFF

Interior & Exterior
Residential & Commercial

Steve Rose 665-1041

References Available

Lic# 911035 BBB - Member

PAINTING

GARY'S PAINTING

CUSTOM RESIDENTIAL
INTERIOR & EXTERIOR OVER 20
YEARS EXPERIENCE WITH PRIDE

EXCELLENT REFERENCES

725-8781

Contractors Lic. # 734323
McClatchy #67

YOUR SERVICES ARE NEEDED

CALL 429-9901 TODAY TO PLACE YOUR AD

Your Home Improvement Guide

Call a sales representative today for great advertising rates: 429-9901

Arden Carmichael News

Home Improvement Guide

call Melissa at 429-9901 to advertise your service

PAINTING

DANEAU PAINTING



- RESIDENTIAL & COMMERCIAL
- QUALITY WORKMANSHIP
- 18 YEARS EXPERIENCE
- DISCOUNT AVAILABLE

CALL TODD 916.284.9413
LIC# 923796

PAINTING

ALKEMA PAINTING

CA LIC #933892

- Interior & exterior painting • Staining & painting of decks & fences
- 20 plus years of experience • Quality craftsmanship • Fast & dependable

Call today for a free quote! 916-601-7125

PEST CONTROL

THE END TO ALL YOUR TERMITE AND PEST CONTROL PROBLEMS



- Effective Termite & Pest Control
- Termite Inspections
- Termite Treatments
- Dry Rot Repairs

916-447-3922

Pest Control: \$68/Service* - Homes up to 2500 Sq. Ft.
Termite Inspection: \$95 - Homes up to 3000Sq. Ft.
* 5 service minimum agreement, additional Sq.Ft slightly higher

Ants • Spiders • Earwigs • Silverfish • Rodents • Roaches • Fleas • Bees

\$20 OFF COUPON

Pest Control Contract or Termite Insp.

Coupon cannot be used in conjunction with any other offer. One coupon per person or address.

YOUR AD SHOULD BE HERE!

Call today!
Your services are needed.
Your ad should be here.
Ad design is free.
Call 429-9901

PLUMBING

ALFARO PLUMBING

\$40/hour *Senior Discount*

Complete remodeling & repair

No job too small!
20 years experience
Will beat any roofer price.

(916) 521-5858
Lic# 785801

PLUMBING

DEANE'S PLUMBING

Specializing in Repairs, Replacements & Leak Detection



- We sell, service, install & repair water heaters, toilets, disposals, sinks.
- Bathroom Remodeling

Call Larry at 916-613-9646

Ask about our 1st time caller & senior discounts!
Bonded/Insured Lic# 579187

PLUMBING

ROONEY'S PLUMBING

FULL SERVICE PLUMBING

456-7777

rooneysplumbing.com
License #683668

PLUMBING

Straightline Plumbing

We'll beat any written estimate!
We charge by the job, not by the hour!

COMPLETE Plumbing service & repair  Lic # 713823

Call Don @ (916) 481-3836

PLUMBING

BONNEY PLUMBING, HEATING, AIR & ROOTER SERVICE

WE CHARGE BY THE JOB... SO YOU KNOW THE COST BEFORE WE START!
CALL 444-0551

- Toilet, faucet, sink & disposal repairs
- Sewer & Drain Cleaning
- Installation of new plumbing fixtures
- Water & gas line repair
- Trenchless sewer replacement
- Water heaters

FREE ESTIMATES / ALL WORK GUARANTEED / SENIOR DISCOUNTS / LIC # 696355

REMODELING CONTRACTOR

Retirement home costs start at \$3,000 to \$5,000 per month.

Remodel and stay in your own home longer and for less!

Universal design/remodel: bathrooms, kitchens, whole house
Husband and wife team • Your safety and satisfaction is our first concern.
Nationally certified kitchen and bath remodelers C.K.B.R.

Visit our web site for more information!
www.PioneerWestRemodeling.com

DIONEER WEST REMODELING
CA CONTRACTOR LICENSE#748223

CALL FOR FREE ESTIMATE:
(916) 726-2410

REMODEL CONTRACTOR

All Range, Inc.



Free Estimates, WE DO IT ALL!
Kitchens & Bath Remodels,
Dry-rot repairs, Roofs, ADA, etc.
916-240-7700 or 916-320-2534
Lic# 930998

ROOFING/SIDING

ZIMMERMAN REROOFING

3675 R Street
Sacramento, California 95816
\$100 OFF Emergency Repairs
454-3667
zimroof.com
License #763169 Dave Zimmerman

ROOFING

All Seasons Roofing

We specialize in Residential Re-roofing
All types of roofing:

- Tile • Composition • Shake
- Seamless Gutters

Free est. (916) 483-1318
Bonded, insured, lic. #459864

ROOFING

Gallagher Roofing
Serving Sacramento Since 1993

- *Residential Composition Specialist
- *Roof Repair & Maintenance

"No job too small"
FREE estimates
Call DAN: (916) 965-6381
LIC# 664323

YOUR AD SHOULD BE HERE!

Call today!
Your services are needed.
Your ad should be here.
Ad design is free.
Call 429-9901

**NOW IS THE PERFECT TIME FOR HOME IMPROVEMENTS!
CALL Melissa at 429-9901 FOR RATES**

CALENDAR

For more Calendar entries visit
www.valcomnews.com

GET IN THE CALENDAR

Is your club, group, church, school, or organization having an upcoming event? Let us know. Send information about your event—including date, time, location, a brief description, cost (if any), and contact information—to Calendar, c/o Valley Community Newspapers, 2709 Riverside Blvd., Sacramento, CA 95818, or e-mail ryanrose@valcomnews.com. Deadline is one week before publication. Priority is given to events that are in the community and/or of little or no cost. There is no guarantee that events submitted will appear in the calendar. To ensure placement within the newspaper, please call 429.9901 to place an advertisement.

AUGUST

Free pole walking clinics

Organized by Cure Arthritis Now, free pole walking clinics will be hosted Thursdays, August 13 and 27, at the Sierra 2 Community Center, 2791 24th St. Interested people need to call the group directly for times and specific locations, to pre-register and reserve the walking poles for the clinics. For more information, call 208-8700.

Summer Concert Series

Parkside Community Church, 5700 S. Land Park Dr., will host area musicians to present Seven Summer Sundays + One Concert Series. The series funds the work and mission of Parkside Community Church. Suggested donations for each concert are: \$10 per person; \$30 per family; and a "Season Special" of \$65 per person for all eight concerts. Tickets may be purchased at the church office between 8:30 a.m. to 12:30 p.m., Monday through Thursday, at the door, or by phone at 421-0492. The concerts are the Sequential Sundays at 7 p.m. through to August 30. For more info, call 391-3317.

California State Library Show

National travelling exhibit "Louis Braille: Celebrating 200 Years of Braille." Born the

same year as Abe Lincoln and Charles Darwin, Braille invented a tactile alphabet that shattered barriers for vision-impaired readers. Starts Sept. 1, continues through Sept. 25. Held 9 a.m. to 5 p.m., Monday through Thursday, and Friday, Sept. 25. Closed Labor Day. Free. Lobby, Library & Courts Bldg, 2, 900 N Street, (916) 654-0640.

AUGUST 27

FOL Meeting

Pocket-Greenhaven Friends of the library meeting and membership drive to support the new library at Dude, Where's My Yagurt, 7485 Rush River Dr., at 6:30 PM. Public invited to attend.

AUGUST 28

Jewelry Extravaganza

The Sacramento Discovery Shop presents its 2009 Jewelry Extravaganza, beginning Friday, August 28. For sale will be antique, vintage, and contemporary necklaces, bracelets, rings and earrings, many created in 14 and 18 karat gold and sterling with fine gems, including diamonds, sapphires, rubies, emeralds and opals. Costume and designer jewelry will also be featured, highlighted by two sterling Los Castillos pins, one designed by the noted artist, Jorge (Chato) Castillo. Come on Friday at 10 a.m. for the best selection. The Sacramento Discovery Shop is a specialty resale store known for its selection of quality merchandise. Donations of new and gently used merchandise are accepted at 2744 Marconi Avenue, near Fulton Avenue, Monday through Friday from 10 to 6; Saturday 10 to 5; Sunday noon to 5. Prospective volunteers are always welcome. One hundred percent of the proceeds go directly to help support American Cancer Society's commitment to research, education, advocacy and patient services. For more information, call 484-0227.

Open House Shabbat

Congregation B'nai Israel, the largest Reform congregation in the Sacramento

Valley, invites you to our Open House on Friday, August 28. We'll be providing a light nosh at 6 p.m., with services starting at 6:30. The service will be followed by light refreshments and the chance to talk to members of the clergy, the board of trustees, and the congregation. Congregation B'nai Israel is located at 3600 Riverside Blvd in Sacramento. All are welcome. Please feel free to call us at 446-4861 or send an email to inquiry@bnais.com for additional information. Our Web site is www.bnais.com.

AUGUST 29

SummerFest

SummerFest Beer, Wine & Art Festival is back for its Second Annual fundraising event benefiting the Alzheimer's Association's Sacramento Memory Walk. Memory Walk is the Alzheimer's Association's national, annual, signature fundraising event, raising more than \$220 million since 1989 for research, programs and services. Located along the scenic Sacramento River in Miller Park on Saturday from 1-5 p.m., this event will bring our community together for a beautiful summer afternoon and a worthy cause! The SummerFest Silent Art Auction will feature many of Sacramento's local artists, as well as items such as weekend get-aways, limousine packages, signed collectors items, and more.

SPCA Bowl-a-thon

The Bobbie Wortell Memorial Education Fund is sponsoring a Bowl-a-thon on Saturday, August 29 from 11 a.m. to 5 p.m. to benefit the Sacramento SPCA's Camp Kindness and other humane education programs. The event will take place at Mardi Gras Lanes, 4800 Madison Avenue, Sacramento. Bowling times are 11:30 a.m. and 2:30 p.m., and include two games of bowling and shoe rental. The cost is \$25 per adult, \$12.50 for those under 18. All proceeds benefit education programs at the SPCA. For additional information, call (916) 813-7272 or visit www.bobbiewortell.com.

Arden Manor clean-up

On August the 29th, Code Enforcement working with Supervisor Peters Office will be conducting a neighborhood clean-up in the Arden Manor area. The boundaries are Arden, Watt, Fulton, and Northrup. It involves over 2000 parcels. The neighbor-

hood has received flyers that will allow them to bring the items they wish to dispose of to one of the 3 bin sites. The three sites are Thomas Edison Elementary, Crabtree Park, and Winterstein School.

SEPTEMBER

Free pole walking clinics

Organized by Cure Arthritis Now, free pole walking clinics will be hosted Wednesday (in the evening), Sept. 16, Thursdays, Sept. 10 and 24, and Friday, Sept. 18, at the Sierra 2 Community Center, 2791 24th St. There will be an additional clinic Saturday, Sept. 12, on Scripps Drive. Interested people need to call the group directly for times and specific locations, to pre-register and reserve the walking poles for the clinics. For more information, call 208-8700.

Straw into Gold

The Hart Senior Center will once again host the "Straw Into Gold" poetry writing workshop for Seniors. Led by Julia Connor, Sacramento Poet Laureate 2005-2009, this workshop offers an outstanding opportunity for seniors to hone their writing skills in a creative, spontaneous environment. The workshop will be held Thursdays from 3:00 to 5:00, September 3 through November 12. Registration is required, but there is no cost for this workshop. Please contact the Hart Senior Center at (916) 808-5462 for more information.

Memory Seminar

A special memory seminar will be held throughout the month of September and into October, September 14 through October 5. Mondays, 9:30 a.m. to 11 a.m. Facilitated by Kim Winters, BSG, M.Ed. of the Primrose Living Fund. Located at Hart Senior Center, 915 27th Street, Sacramento. No Charge. RSVP at (916) 808-5462.

SEPTEMBER 2

MENA Annual Membership Meeting

McKinley East Sac Neighborhood Association invites all members and interested residents of East Sac to join us for our annual meeting. MENA is a neighborhood organization that supports ongoing efforts to improve the quality of life in East Sac. The event will be held at the Shepard Garden and Arts Center, 3330 McKinley Blvd., Wednesday, September 2 at 7 p.m. Info: 447-1722 and www.eastsac.org.

SEPTEMBER 3

Latino Dance and Culture Group

Come dance to the beat of all types of Latin music! Featured DJ music and delicious Mexican food! Held at the Ethel Hart Community Center, 915 27th St., from 6:15-8:45 p.m. Suggested donation: \$3. For more information, call Barbara Alarcon 400-4514.

SEPTEMBER 4

Organic Gardening

The Organic Gardening Club of Sacramento County will meet at the Carmichael Park Administration Building, Room 1, 5750 Grant Avenue, Carmichael, at 10 a.m. The program will be on "Organics - The Why and How" by Jack Hertel, Master Gardener and owner of Foothill Organic Growers. Call 916-635-6724 for information.

SEPTEMBER 5

Symbology & Secret Societies Tour

The square and compass, three links of chain, a pick and shovel...what do these objects mean? Are they really connected with secret societies? On this Saturday morning tour of the Sacramento to Historic City Cemetery you'll learn the meanings behind these and other symbols. The tour commences at 10:00 am from the Cemetery's main gate at Broadway and 10th Street. Visitors may park across the street from the 10th Street Gate and meet at the cemetery entrance. Held under the auspices of the City of Sacramento Division of History & Science, this tour is presented as a public service by the Old City Cemetery Committee, Inc. For tour information please call (916) 448-0811. Tours are free though donations for the restoration of the cemetery are greatly needed and appreciated.

Military Widows

The Society of Military Widows, Sacramento Chapter #5, will meet on Sept. 5, at the Lions Gate at McClellan Park at 11:30 a.m. for lunch and presentation on "Awake the Humor in Your Life" by Cindy Sample, Writer and Lecturer. Call 916-635-6724 for information.

SEPTEMBER 6

Elks Soccer Shoot

The Elks annual Soccer Shoot is just around the corner. Bring your kids ages 7-13 to some light soccer competition in the "Five Goal Contest," and the "Grid Goal Contest." Shoot your way to a chance to win medals, raffle prizes, and move on to the District Soccer Shoot! Do all of this while enjoying a free barbeque for the whole family! The event will be held at the Elks Lodge No. 6, 6446 Riverside Blvd. For information, email pat@kombatsoccer.com.

SEPTEMBER 7

McKinley pool open

From a donation provided by the McKinley East Sacramento Neighborhood Association and in cooperation with the city of Sacramento, the McKinley Park pool will be open on Labor Day. The pool will be open from 1 to 5 p.m. Admission: children and teens up to 17 are \$1; adults are \$2.

SEPTEMBER 9

Health fair

The YMCA will host a Senior Health Fair. We are offering our 8th annual Health Fair Sept. 9, from 9:30 - 11:30 a.m. This event is free to the public and to our YMCA members. We have 50 agencies coming that will have information relating to housing, nutrition, legal and safety issues. Our agen-



CB Alumni Association

Wine, Beer & Food Extravaganza



Fri. Sept. 11


7 p.m. - 10 p.m.

Purchase On-line:
<http://cbhs-sacramento.maestroweb.com>

For more information:
(916) 733-3600 or www.cbhs-sacramento.org

SACRAMENTO COMMUNITY CONCERTS

2009-2010 Season



All performances start at 8pm and are held at Sacramento Community Center Theatre

VIRSKY UKRAINIAN NATIONAL DANCE COMPANY – Sept. 24

SLAVYANKA A CAPELLA CHOIR – Oct. 31

ANTHONY & JOSEPH PARATORE – PIANO DUO – Jan. 14

HUTCHINS CONSORT – Feb. 18

GENE KRUPA ORCHESTRA & THE FOUR FRESHMEN – April 8

Series subscriptions – Best bargain in town

FIVE PERFORMANCES JUST \$90 Adults; \$40 Students (high school & under)

Single tickets also available at the box office
30 days prior to performances for \$46.50

Bonus Performance – FREE – 4 ticket limit

"The President's Own", United States Marine Band – Oct. 16, 2009

After Sept. 8 tickets may be obtained in two ways:

Theater box office or send a self-addressed stamped envelop to:
Marine Band Tickets
The Sacramento Community Concert Assn.
P.O. Box 254825 • Sacramento, CA 95865
For more information, visit: www.saccca.org or call: 916-974-1357

cies include but not limited to Social Security, Natural Food Coop, Mercy Hospital and Canine Companions. The Agency for Hearing will have their van here to provide free hearing tests, there will be blood pressure checks and flexibility test also provided. The YMCA is located at 2021 W Street, the corner of 21st and W Street.

California's Admission Day

Celebrate California's 159th birthday with cake and ice cream provided and served by members of the California State Capitol Museum Volunteer Association. Held at the State Capitol, 10th and L Streets, festivities begin at 11:30 a.m., run to 1 p.m., and include the rousing music of the Sacramento Banjo Band, with Capitol Museum volunteers dressed in early 1900's costumes on hand to greet visitors. Free admission. For more information, call (916) 324-0333.

Author event

Blinded by an owl at age three, Louis Braille invented a tactile alphabet that liberated generations of vision-impaired readers. Celebrate Braille's 200th birthday with biographer C. Michael Mellor as he discusses Louis Braille: A Touch of Genius. Free. W, 9/9, 2-4 pm, Resources Building Auditorium, 1416 9th St., Sacramento. Part of the exhibit "Louis Braille: Celebrating 200 Years of Braille," ongoing until 9/25. 9 am-5 pm, M-Th, and F 9/25. Free. Library & Courts Bldg, 2, 900 N Street, Sacramento. (916) 654-0640.

SEPTEMBER 10

Computer club meeting

The Mission Oaks Computer Club will meet on September 10, 2009 from 1:00 PM to 3:00 PM at the Mission Oaks Community Center, 4701 Gibbons Drive, Carmichael, CA. The topic is: "Behind the Scenes at Capital Public Radio", presented by Tom Keller, Webmaster. A problem solving clinic, led by Adam Lacey of Applications, Etc., will follow the meeting. First-time visitors are welcome. For additional information call (916) 366-1687 or visit our website at www.missionoakscomputerclub.org.

National Health Federation

The Sacramento Chapter of the National Health Federation meets at the SMUD Auditorium (the old SMUD Building) on 6201 S Street, Sacramento. A free lecture, "Everything You Need to Know is in Your Breath" presented by Griffin Toffler, M.A. Call 916-635-6724 for information.

SEPTEMBER 11

Wine, Beer and Food Extravaganza

The Christian Brothers Alumni Association will host their annual Wine, Beer and Food Extravaganza Friday, Sept. 11, from 7 p.m. to 10 p.m. Purchase tickets online at <http://cbhs-sacramento.maestroweb.com>. For more information, call (916) 733-3600 or visit www.cbhs-sacramento.org.

Dragon Fundraiser and Reception

The Asian Pacific Community Counseling, a non-profit agency, is having their annual Dragon Fundraiser and Reception on Friday, September 11, from 5:30-8 p.m. at the Sacramento State Alumni Center. Catered by Town & Country/Splendid Gourmet Catering of Citrus Heights, the event will include hors d'oeuvres, wine and a raffle. Tickets are \$40 each and include one complimentary wine ticket. For tickets, sponsorship packages or donation pick-up, call Effie Shum at 916.383.6784 ext. 135.

Fine art show

Held at the Unitarian Universalist Society of Sacramento, 2425 Sierra Blvd., is an artist reception from 5:30-7 p.m. The event will feature a demo and talk and watercolor pointillism paintings by Judy LewLoose. For more information, visit lewloosewatercolors.com or call 984-4936.

SEPTEMBER 12

BBQ, Beer and Boogie

Hosted by Carmichael Oaks and Kiwanis Club of Carmichael and featuring SwingMasters band, this special event held from 5 p.m. to 8 p.m. will benefit Alzheimer's Association Memory Walk 2009. Tickets for food only is \$12, tickets in advance are \$25, and \$30 at the door. RSVP by Sept. 5. For information, call 944-2323.

SEPTEMBER 12

16th Annual Community Festival

International cuisine, entertainment, games, and activities for the entire family are all part of the 16th annual St. Anthony's Parish Community Festival (660 Florin Road) on Saturday, September 12 from Noon-9 p.m. Admission is free and you can sample unique foods from around the world including Filipino pancit, lumpia, and chicken adobo as well as German bratwursts, Irish stew, scones, and soda bread. Also available for tasting is Italian rigatoni, sausages, and pasta Alfredo along with Mexican tacos and burritos, Greek cuisine grilled hamburgers, hot dogs, snow cones and a variety of desserts including make your own waffle cakes.

Fe Gallery Artist Reception

Ceramic artist Aiyana Pearson, multi-media artist Robyn Slakey and wood/metal artist Steven Florman will join Fe Gallery Resident Artists Stephen Lyman (metal art) and Sheena Wolfe (fused glass) for a Second Saturday Reception Sept. 12 from 6-9 p.m. Sheena Wolfe will be doing a mask sculpture demonstration beginning at 7:30 p.m. Fe Gallery is located at 1100 65th Street (north of Folsom Blvd., corner of 65th and Elvas), East Sacramento. For more information about the artists and the gallery visit www.FeGallery.com or call, (916) 456-4455. Daytime gallery hours are currently from 8:30 a.m. to 4 p.m. Monday through Friday and Saturday 10 a.m. to noon. The current show will run throughout September.

Book warehouse sale

The Friends of the Sacramento Public Library are sponsoring a big Fall Warehouse Sale on two consecutive Saturdays, September 12 and September 19. Public sale hours will be noon to 5 p.m. on September 12 and 9 a.m. to 5 p.m. on September 19. A preview for Friends' members only is scheduled for 9 am to noon, September 12. Prospective members may join at the door for \$15 and attend the preview. The sale will be held in the Friends' warehouse, at the rear of their Book Den store, 8250 Belvedere Avenue, Suite E, between Power Inn Road and Florin-Perkins Road just south of 14th Avenue. More than 75,000 paperback and hard-bound books, videos, CDs and more will be sold at prices ranging from \$.25 to \$2.00. All proceeds, after expenses, benefit the Sacramento Public Library.

Art show at ADR

A show called "Art and Booze" will be held at AD Reprographics on 2500 Franklin Blvd. from 7 p.m. to 10 p.m. The event will feature vintage pin-ups, pulp and old movie prints. For more information, visit www.morethanposters.com.

SEPTEMBER 12-13

61st Annual Show and Plant Sale

The Joan Coulat - Sacramento Branch of the American Begonia Society is holding its annual judged show at the Garden and Arts Center. Each year well over 100 entries are on display and this year there will be over 1,000 plants for sale. The event is Saturday, Sept. 12., from 2 p.m. to 6 p.m. and Sunday, Sept. 13, from 10 a.m. to 4 p.m. at the Shepard Garden and Arts Center, 3330 McKinley Boulevard. There will also be educational talks and displays as well as begonia experts to answer your culture questions. Admission is free. For further information or an article for publication about growing begonias in Sacramento, please call Paul Tsamtsis at 524-3013

SEPTEMBER 13

Portuguese Historical Society Gala

The Portuguese Historical and Cultural Society will hold their 30th Anniversary Gala Banquet on Sept. 13 at the Sacramento Portuguese Holy Spirit Society SPHSS Hall, 6676 Pocket Rd. The reception begins at 1 p.m. and a luncheon with live music starts at 1:30 p.m. Tickets to the event are \$35 and include New York Steak and scampi, Portuguese wine

and dessert. A table for 10 can be reserved for \$300. For information on purchasing a ticket, call Ralph Nevis at 421-7161.

SEPTEMBER 16

Free real estate seminar

Do you qualify for a loan modification? Visit the seminar held at 6 p.m. and hosted by Cook Realty at 4305 Freeport Blvd. RSVP to Deb Luna or Anthony Carrill at 833-6266. For more information, visit www.cookrealty.net.

Genealogical meeting

The Genealogical Association of Sacramento (G.A.S.) will hold their regular meeting at 1 p.m. in the Belle Cooleedge Library at 5600 South Land Park Dr. They will discuss the GAS library book collection and share our "Summer Genealogy Discoveries" Questions please call Melanie Howard 383-1221

SEPTEMBER 17

Latino Dance and Culture Group

Come dance to the beat of all types of Latin music! Featured DJ music and delicious Mexican food! Held at the Ethel Hart Community Center, 915 27th St., from 6:15-8:45 p.m. Suggested donation: \$3. For more information, call Barbara Alarcon 400-4514.

Greenhaven Mother's Club

The Greenhaven Mother's Club is holding its Fall Kick-off meeting on Sept. 17 from 7-9 p.m. New member inquires call 916.955.2105 or e-mail info@greenhavenmothersclub.org. Current members go to Bigtent for details.

SEPTEMBER 19

Authentic Hawaiian Luau and Dance Extravaganza

Luau and Dance Extravaganza is at the Elks Lodge No. 6, 6446 Riverside Blvd. Tickets for Luau and Show available from \$30-\$45 and must be purchased in advance. Doors open at 3:00 p.m. and the feast runs from 4 to 5:30 p.m. At 6:00 p.m., the Dance Extravaganza by Ka Pa Hula Kanoelehuaoka halema`uma`u`o Kalamā begins. For ticket information: www.onipaa.net or call (916) 344-7270

Early Educators History Tour

Early educators will inform and entertain you on this Saturday morning tour at the Sacramento Historic City Cemetery! This tour, presented by docents from the Old Sacramento Schoolhouse Museum, will feature the lives and experiences of early educators in Sacramento. The tour commences at 10 am from the Cemetery's main gate at Broadway and 10th Street. Visitors may park across the street from the 10th Street Gate and meet at the cemetery entrance. Held under the auspices of the City of Sacramento Division of History & Science, this tour is presented as a public service by the Old City Cemetery Committee, Inc. For tour information please call (916) 448-0811. Tours are free though donations for the restoration of the cemetery are needed and greatly appreciated.

Book warehouse sale

The Friends of the Sacramento Public Library are sponsoring a big Fall Warehouse Sale on September 19. Public sale hours will be 9 a.m. to 5 p.m. on September 19. A preview for Friends' members only is scheduled for 9 am to noon, September 12. Prospective members may join at the door for \$15 and attend the preview. The sale will be held in the Friends' warehouse, at the rear of their Book Den store, 8250 Belvedere Avenue, Suite E, between Power Inn Road and Florin-Perkins Road just south of 14th Avenue. More than 75,000 paperback and hard-bound books, videos, CDs and more will be sold at prices ranging from \$.25 to \$2.00. All proceeds, after expenses, benefit the Sacramento Public Library.

St. Francis Spaghetti Feed

The St. Francis Episcopal Church in Fair Oaks is holding its 10th annual Spaghetti Feed Fundraiser on Saturday, Sept. 19, from 4:30 p.m. to 8 p.m. The event will feature its annual talent show, dinner with wine and silent auction. The church is located at 11430 Fair Oaks Boulevard. Tickets to the event will be sold at the door and will cost \$20 for adults and \$10 for children. For additional information, please call 966-2261 on weekdays between 9 a.m. and 12 p.m.



Old Sacramento Street Scenes

Old Sacramento presents free and low cost family-friendly and historically educational entertainment every Saturday and Sunday June through August.

Attractions: Saturday, August 1

California Consolidated Drum, Waterfront Park, 12:00-3:00
Children's Games, Wharf, 10:00-4:30
1850's Bowling, B.F.Hastings Building, 11:00-4:00

Attractions: Sunday, August 2

Storytelling, Waterfront Park, 11:00-2:00
Children's Games, Wharf, 10:00-4:30
Shootout, Blue Canyon Gang, Waterfront park, 4:00-6:00
1850's Bowling, B.F.Hastings Building, 11:00-4:00

Attractions: Saturday, August 8

Jugglers, Dave and Caleb Sohigian, Pony Express Plaza, 11:00-2:00
Children's Games, Wharf, 10:00-4:30
1850's Bowling, B.F.Hastings Building, 11:00-4:00

Attractions: Sunday, August 9

Storytelling, Waterfront Park, 11:00-2:00
Children's Games, Wharf, 10:00-4:30
Shootout, Blue Canyon Gang, Waterfront park, 4:00-6:00
1850's Bowling, B.F.Hastings Building, 11:00-4:00

Attractions: Saturday, August 15

Variety Show, Eagle Theatre, 1:00-3:00
Children's Games, Wharf, 10:00-4:30
1850's Bowling, B.F.Hastings Building, 11:00-4:00

Attractions: Sunday, August 16

Storytelling, Waterfront Park, 11:00-2:00
Children's Games, Wharf, 10:00-4:30
Shootout, Blue Canyon Gang, Waterfront park, 4:00-6:00
1850's Bowling, B.F.Hastings Building, 11:00-4:00

Attractions: Saturday, August 22

Jugglers, Dan Holzman, Atlantis Park, 11:00-2:00
Children's Games, Wharf, 10:00-4:30
19th Century Dancing, Eagle Theatre, 12:00-3:00
1850's Bowling, B.F.Hastings Building, 11:00-4:00

Attractions: Sunday, August 23

Storytelling, Waterfront Park, 11:00-2:00
Children's Games, Wharf, 10:00-4:30
Shootout, Blue Canyon Gang, Waterfront park, 4:00-6:00
1850's Bowling, B.F.Hastings Building, 11:00-4:00

For a complete summer schedule and more information visit:
www.sachistorymuseum.org or call 916-442-7644

Taggart: 'It was like Tag was right there with me,' she said of the trip

Continued from page 19

of the Experimental Aircraft Association 52 of the Executive Airport and EAA 526 of the Auburn Airport. She also belongs to the Red Fork Devil P-38 chapter of Sacramento.

Taggart noted, however, that staying very busy is a trait that predates her time in the aviation world.

"Way back when, I used to belong to the Sacramento Center for the Textile Arts, the fibers guild; I did craft shows, called 'This and That,' I belonged to the button club and I belonged to Gypsy Traders and the River City Quilters group," Taggart said. "But when I began working with the planes, those all went to the wayside, except for Gypsy Traders (a 42-year old antique enthusiast group, which meets monthly at the Sacramento Garden and Arts Center at McKinley Park)."

Airmail

After 20 years of volunteering for and coordinating World War II aviation events, Taggart was recently involved in one of the most memorable experiences of her life – celebrating the 60th anniversary

of the end of the Berlin Airlift in Germany with about 160,000 other people.

Recalling the event, Taggart said, "May the 12th was the big day. I was invited over (to the event) and Dr. Earl Moore (president of the Berlin Airlift) from Texas was the one who put this all together. He had 30 American men who were involved with their families and I was the only widow who went to honor her husband."

Taggart added that the day prior to this main event, she flew in a C-47 that was involved in the Berlin Airlift.

"They decided they wanted to donate two flights to the American people and I was the only one who got to fly twice in that C-47," Taggart said. "It was awesome and phenomenal, all rolled into one. It was like Tag was right there with me."

The following day, the plane flew over the ceremony about five times, Taggart recalled.

"I just sat there and watched the plane and my body shook," Taggart said. "It was amazing, heart-



Iris Taggart points to an area in Germany on a map that her husband Robert used as a co-pilot during the post-World War II Berlin Airlift.

warming and very gratifying."

Adding to Taggart's very memorable trip to Germany, during a farewell dinner in Berlin, Berlin Airlift veterans and their families, including Taggart, were personally invited by Vice President Joe Biden via a conference call to visit the White House in November.

Blue skies ahead

A regular at air shows, a mentor to youth interested in aviation and an overall popular fixture at many World War II-related aviation activities, Taggart at 82 years old said that she has no plans to slow down.

"I will continue to assist with local aviation projects as long as I can," Taggart said. "I absolutely love what I am doing."

Arden-Carmichael News Photo/Lance Armstrong

Got News?

e-mail ryanrose@valcomnews.com
or call 916-429-9901

CLASSIFIED ADS

Call a sales representative today for great advertising rates: 429-9901

ANTENNA REMOVAL

ANTENNA REMOVAL
Conover's Antenna Removal Service
Why not remove that old, ugly, unused antenna.
A home improvement at little cost.
Call (916) 973-9928 for an appt. for removal.

BOOKKEEPING

#1 BOOKKEEPER
25 yrs. exp. in industries like Auto, Mechanics, Restaurants, Caterers, Massage, Doctors, Chiropractors, Non-profit, Retail, Martial Arts, Barber, Construction, Wholesale, Investment Clubs, Corp, Partnerships, Sm Business. We are experts in General Ledger, Payroll, Profit & Loss & Quarterlies. Call for yr specialized appt. Ask for Irene Senst (916) 640-3820. www.taxirene.info

BUSINESS OPPORTUNITY

OPPORTUNITY
Tired of businesses that don't work? If you are financially motivated for a CEO level income, driven & want to excel in life, call 800-662-1961 x 1155 Not MLM. Major Training Event in Los Angeles on August 30.

Classified ads work!

NEW BUSINESS OPPORTUNITY

Independent advisors needed. Eco-friendly, innovative, home-care solutions from France. Enjoy flexibility of working from home. Call Rosalie @ 775-224-2464 www.h2ogogreen.com

COMPUTERS

GOT COMPUTER PROBLEMS?
Pocket Computer Technician. I do on-site visits in the Pocket area. \$30/hr. Outside the Pocket area, travel charge will apply. Problem not fixed? No pay! Free estimates/consultation. Call cell# 296-7161

HANDYMAN

AFFORDABLE CLEANUP
Hauling, concrete removal (Patio, borders, etc.), gutters cleaned, pressure washing, painting, tree & shrub removal, clean-up, general labor, fence repairs, planting, light tree trimming, odd jobs & more. LICENSED. References available. Call Les at 838-1247. Ask about the specials for seniors.

HANDYMAN SERVICES
No job too small. Make your "to-do" list and give me a call. Electrical, Plumbing, Tile, Sheetrock, Plaster, Stucco, Repairs and Remodeling, you name it! Lic# 908942. Call Steven at 230-2114.

HOUSEKEEPING

EXPERIENCED HOUSEKEEPER
Experienced housekeeper looking to add new clients. Honest, dependable, reliable & very picky about how I clean your home. "I clean your home the way YOU want me to." Affordable rates. Ref available. Contact Sharon @ 916 451-4014.

PAINTING

A & R PAINT DESIGNS
Residential/Commercial • Sheetrock repair • Pressure washing • Interior/Exterior painting • Acoustic Ceiling Removal & Re-texture. Free Estimates • Senior Discounts • Kelly Moore or your choice paints. Call Howard at (916) 670-8089.

PET PORTRAITS

ORIGINALPET PORTRAIATS
Original Pet Portraiture. Realistic paintings of beloved pets. Perfect gift for animal-lovers! Reasonable prices. Submit photograph—turn around 7-10 days. Email melissa@melissaandrews.com or call 447-4441.

PLEASE RECYCLE your Arden Carmichael News

TAX PREPARER

#1 TAX PREPARER
25 yrs. exp. We specialize in Business Tax returns including Corp & Partnerships. We prepare expertly all past tax returns including allState returns. Get the most deductions allowed to you by law. CTEC Registered & Bonded. Please call for yr appt. today. Irene Senst (916) 640-3820. www.taxirene.info

WANTED

OLD GUNS WANTED
Also want Parker & L.C. Smith double barrel shotguns. Cash paid. (916) 531-5972.

Check out the Home Improvement Guide in the Arden Carmichael News Call 429-9901.

Sell it fast in the classified ads: autos, furniture, misc., rentals, services. Call 429-9901

YOUR AD SHOULD BE HERE

FOR A BOX CLASSIFIED AD

Call MELISSA

429-9901

CALIFORNIA KIDS!

Advertise in California Kids! Family Fun Guide!!! Serving Greater Sacramento,

For more information, call Marc at (916) 429-9901

Call Melissa at 429-9901 for advertising information

LOOSE DENTURES?

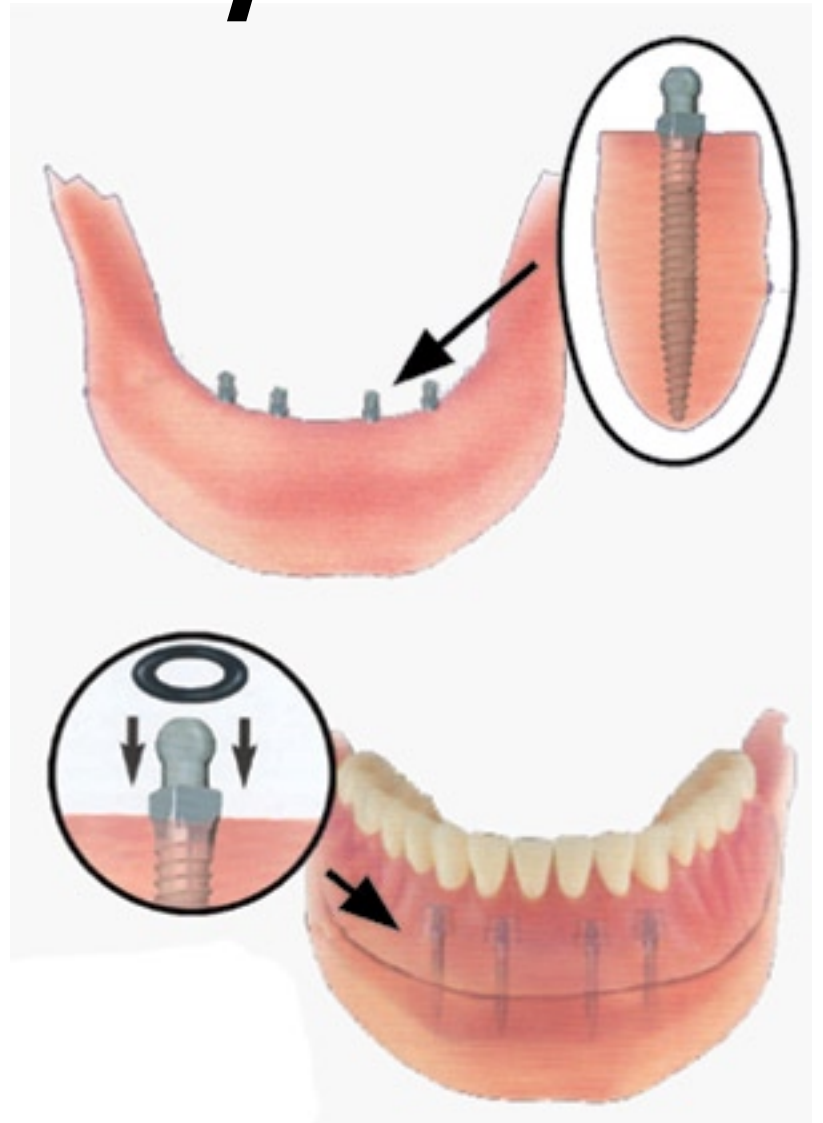


**Now you can
have foods you crave!**

Visit Dr. Jorge Rico in the morning, have the "Mini-Implant System" placed in less than two hours, then go out and enjoy your favorite lunch.

What are MDI Implants?

The MDI System consists of a miniature titanium implant that acts like the root of our tooth and the retaining fixture that is incorporated into the base of your denture. The head of the implant is shaped like a ball, and the retaining fixture acts like a socket that contains a rubber O-ring. The O-ring snaps over the ball when the denture is seating and holds the denture at a predetermined level of force. When seated, the denture gently rests on the gum tissue. The implant fixture allow for micromobility while withstanding natural lifting forces.



9390 Big Horn Blvd., Suite 130
Elk Grove, CA 95758

Call for your complimentary consultation
916-684-8200

Economy: Through word-of-mouth, people have learned chain stores hire teens

Continued from page 17

lastly, serving the customers throughout the afternoon.

Since she doesn't drive yet, Argaw usually gets rides to and from work by her dad, brother and boyfriend.

"The interview process was pretty quick. I was just asked how serious I was about wanting the job and if I had

transportation arrangements already figured out, which I had. I was also asked how long I was planning on working there," she said.

After three long days, she was notified that she had gotten the job and was relieved when she was told the joyful news.

Jobs available for the eager

Even more widely spread and expanded than Subway, large corporate businesses such as Target have had no troubles hiring teens in the past. Angela Jaszewki, a director of human resources, works at the Target on Sunrise Boulevard in Citrus Heights. She has worked there for almost three years and has noticed an increase in the number of people applying to the applicant pool of all ages from summer 2008-2009. Target does not

screen by age groups so all ages, including teenagers, go into one applicant pool.

"We have not necessarily hired more teens in the past to do the same amount of work that one teen is currently doing. Target's philosophy is focused on cross training as a policy," Jaszewki said.

Through word-of-mouth, people have learned that places such as Target and other chain stores hire teens so many decided to job-hunt to see what kind of jobs are available.

Though the economy has been hard on many U.S. citizens, these teens have been fortunate enough to find jobs that accept young workers. They will continue to benefit themselves and the vast community because they care about society and contribute to the local economy. They are now receiving helpful information that they will carry with them for many more jobs to come. For now, they will enjoy their income and continue to feel blessed for their job each and every day.

ALLIED DOORS

"Straight & True"



COMMERCIAL & RESIDENTIAL
DOORS, MILLWORK, HARDWARE
"PRE-FIT SPECIALTY"



SERVING OUR
COMMUNITY
SINCE 1969.

ASK US
ABOUT OUR
AUGUST
10% OFF
SPECIAL

6550 BELLEAU WOOD LANE • SACRAMENTO, CA 95822
916-421-3080 • WWW.NCSALLIEDDOORS.COM

Want a *NEW* look or just freshen up the one you have?
Come see us!

Hair by **NIKKI and KARINA**
at LIMA SALON

2920 Arden Way, Sacramento

Receive 1/2 off your haircut
(regularly priced from \$35 and up)
or get a **FREE** haircut
with any full color service



Give us a call:

Karina
916-548-3528

Nikki
916-718-6872

Breast cancer will
never see us coming.

Massage Envy
Massage for the Cure

Help beat breast cancer on
September 15th with a \$35 massage.*

In one day, Massage Envy hopes to raise \$500,000 to benefit Susan G. Komen for the Cure®. But the only way this will happen is with your help. Join us on September 15th as Massage Envy and Susan G. Komen for the Cure help put an end to breast cancer. Limited appointments are available, so call to schedule your massage today.

For more information visit MassageEnvy.com.

ARDEN PLAZA
4383 Arden Way
Next to Whole Foods (916) 971-ENVY (3689)

LOEHMANN'S PLAZA
2511 Fair Oaks Blvd
Next to Chipotle (916) 481-ENVY (3689)

LAKE CREST VILLAGE
990 Florin Way
Next to Nugget Market (916) 391-3689

*Massage session consists of a 50-minute massage and time for consultation and dressing. Monthly pre-paid massages and gift cards not accepted on day of event. \$10 per massage will be donated to Susan G. Komen for the Cure, with a guaranteed minimum donation of \$250,000. ©2009 Massage Envy Limited, LLC.

BENEFITING
susan g.
komen
for the cure.



P R O P E R T I E S

Revolutionizing the Real Estate Industry...

See for Yourself:

www.KNCProperties.com

(916) 563-8292

Licensed by the California Department of Real Estate, License #01257166





Windermere

Dunnigan Realtors



ARDEN OAKS AREA

Prestigious Arden Oaks Neighborhood at an affordable price! Wonderful 4 bedroom family home with a very open and spacious floor plan. Remodeled and updated and shows like a dream! Large backyard is perfect for entertaining or just letting the children and pets run and play. See www.4221WindingCreek.com \$549,000

CARMAH HATCH 765-7210



SECULDED OASIS

This contemporary beauty is located in the desirable Del Norte neighborhood - just down from the club. The private yards offer quiet solitude from the busy city life. The home has high ceilings w/large windows. Great designer colors throughout, bamboo floor coverings, and an updated kitchen are a few of the many features offered. See www.3950RobertsonAve.com \$\$469,000

DAVID KIRRENE 531-7495



SIERRA OAKS

A beauty - remodeled in late 2007. Charming hardwood floors, kitchen with granite, new appliances, tile flooring, new dual pane windows w/ new shutters. Dining & living rooms have fireplaces. Three baths remodeled w/ granite, new fixtures & cabinets. Lots of storage. See www.3008Huntington.quickbuyme.com \$725,000

NITA CASKEY 616-5380



CLOSE TO RIVER

Great 4 bedroom on .36 acre. Large master suite with fireplace and remodeled kitchen, hardwood floors, 3 car garage and pool & spa. The backyard setting is incredible and private. A cul-de-sac location that's only a stone's throw from the American River. See www.5910RiverGlenCt.com \$745,000

CARMAH HATCH 765-6210



DESIRABLE OLD SIERRA OAKS

2 story home on one half acre. Complete remodel features raised ceilings, tile floors, lots of glass. Gorgeous grounds with pool. Gourmet kitchen and large breakfast room. Large formal dining room. 5 bedrooms + office. See www.411CrockerRd.com \$1,775,000

PATTY BAETA 806-7761



AMERICAN RIVER DRIVE

Desirable Sierra Oaks 4 bedroom 3 full baths with great floor plan and generous room sizes. Living room has stunning travertine fireplace. Family room has wood beamed vaulted ceiling. Remote 4th bed and bath. Location, location, close to American River Parkway. See www.3321AmericanRiverDr.epropertysites.com \$699,000

CAROLE GOODIN 718-0875

LOTS OF LIGHT

Designed with space & light in mind. Large bedrooms & entertaining areas with many floor to ceiling windows. Freshly painted interior & new flooring enhance the cheerful interior. Fenced pool, side yard w/winding path around majestic trees. Steps from Am. River Pkwy. See www.3911CrandallDr.com \$689,000

DAVID KIRRENE 531-7495

UNIVERSITY PARK

Spacious and free-standing Powell-built home with over 2400 square feet. Popular model with sunny kitchen, formal dining room and a family room off kitchen. Lots of privacy and 2 car attached garage. Beautiful flooring, roof is only a few years old. See www.2014UniversityParkDr.com \$424,000

ANN WORTHINGTON 425-6615

CAMPUS COMMONS REMODEL

You won't be disappointed by this **PENDING** unit. 3 full bedrooms upstairs. Kitchen has granite counters, tile backsplash, stainless steel appliances and new cabinetry. Updates include hardwood flooring, 5" baseboards, carpeting, tile flooring, recessed lighting, light fixtures and more. See www.149HartnellPl.com \$360,000

CHRIS BALESTRERI 996-2244

CARMICHAEL OVERLOOKING THE RIVER!

6 Bedrooms 5 1/2 baths, office, huge bonus/exercise/playroom. Great kitchen and family room combo. Pool, steam room, sports court all on beautiful private, lush setting. 5 heat and air systems. 4 car garage. 2 staircases and high ceilings. See www.7036GrantAve.com \$2,275,000

CARMAH HATCH 765-7210



Windermere

Dunnigan Realtors

2401 American River Drive,
Suite 150
484-2030

Visit Our Web Site: www.windermereDunnigan.com