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Founders Day Celebration is Sept. 26

Event 100 years in the making: Carmichael reaches centennial

By **BENN HODAPP**

Arden-Carmichael News Writer
vcnnews@valcomnews.com

An event 100 years in the making and eight months in the planning is set to begin on Saturday, Sept. 26 at Carmichael Park, 5750 Grant Ave., in the form of the 100th anniversary of the founding of the city of Carmichael.

Kris Kingdon, executive director of the Carmichael Chamber of Commerce, went over the extensive planning and fundraising that went into the event's conception.

According to Kingdon, the chamber established a committee of roughly 10 people to plan for the celebration in January of this year. What they came up with is something the likes of which the community has never seen before as far as celebrations go.

The committee raised in the neighborhood of \$30,000 according to Kingdon. That money was used for an extensive kids' zone as well as the fireworks that will end the festivities at night.

She called the celebration a "once in a lifetime event" and said that she and her family will be there to enjoy it. "My kids will be working the event," she said.

Some of the goings on will include a rock wall, bounce house, inflatable obstacle course, classic car show and free games for kids. Everything listed above is free of charge including admission and parking.

"It's an economical day off," Kingdon said. "Bring the family and have a fun day on us."

One of a kind celebration

Carmichael has held Founders Day celebrations in the past, but because of the enormity of this year's anniversary, nothing has come close to what is happening this year.

"We've never done anything this big before," she said. "We've never had a kids' zone or fireworks or a car show."

Kingdon admitted that the stress of the occasion is getting to her a bit as the day approaches.

"The phone is ringing off the hook from people who want a booth at the event," she said.

So far, there are 127 vendors.



For special congratulatory pages celebrating Carmichael's 100th Anniversary, see pages 14 and 15.

Arden-Carmichael News File Photo/Lance Armstrong

An event 100 years in the making and eight months in the planning is set to begin on Saturday, Sept. 26 at Carmichael Park (pictured here), 5750 Grant Ave., in the form of the 100th anniversary of the founding of the city of Carmichael. The event, which is co-sponsored by the Carmichael Chamber of Commerce and Carmichael Park, will begin with opening ceremonies at 11 a.m. and will continue until the last firework blast sometime after 8 p.m.

The celebration, which will extend through the entirety of Carmichael Park, will also have a horse and buggy that people can ride for free around the park. There will also be a time capsule buried at the event's opening ceremonies that will house pictures, newspapers and an iPod to be dug up at a future date.

There will be food vendors at the event, but food is the one thing that will cost you out of pocket. The Kiwanis Club is putting on a tri-tip dinner for \$10 that will include a beer and wine garden.

Kingdon hopes that because of the rarity of the occasion mixed with the fact that almost everything is free will bring people out in the thousands throughout the course of the day.

"We're hoping we can get 10 grand throughout the day," she said. "This year is just so incomparable to everything we have done in the past."

There will also be a historical exhibit at the event with old photos of the area and land from the county archives.

"This community was established in 1909 and we're here 100 years later," she said. "It's a celebration. We tried to make it as big as we could."

Kingdon is a life-long resident of Carmichael. She went to Billy Mitchell Elementary, Starr King Middle and El Camino High School.

"This is my town, too," she said. "My first job was at the Dairy Queen on Mission and El Camino."

The event, which is co-sponsored by the Carmichael Chamber of Commerce and Carmichael Park, will begin with opening ceremonies at 11 a.m. and will continue until the last firework blast sometime after 8 p.m.

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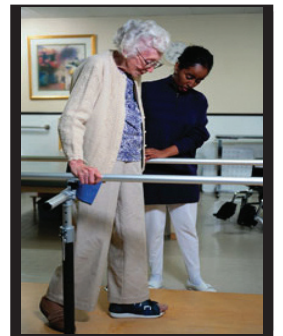
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Know your neighbor

Rio Americano math teacher scores top district prize

By **BENN HODAPP**
Arden-Carmichael News Writer
vcnnews@valcomnews.com

In a time when the world faces the politics of division and a recession subtracting wealth from the nation, one local math teacher has achieved positive news, having multiplied her students' successes and added a new award to an already prestigious resume.

Carmichael resident Robyn Cox, a math teacher at Rio Americano High School, was selected as a San Juan Unified School District Teacher of the Year for 2010. The honor placed Cox in contention as a Sacramento County Teacher of the Year, a special award developed by the county recognizing the outstanding contributions of local teachers.

Cox was nominated for teacher of the year last spring. There were 60 teachers nominated from the San Juan Unified School District, one of 11 districts from Sacramento County that participated in the process.

According to Cox, the nomination came after explaining to district officials why she values her job as a teacher.

"My principal nominated me in the spring," she said. "We were told to write an essay on why we teach and the essays were sent to the district."

From there, the district selected two of the 60 to be the recipients of the award from SJUSD. Deb House, a sixth grade teacher from Kingswood Elementary in Citrus Heights, was the other.

For Cox, teaching is and always has been about the students.

"It was always my goal to become a teacher. I like kids. That helps," she quipped.

She labels herself as an optimist by nature and gives her students their due credit, saying that she believes kids teach each other in a classroom environment.

Judging from the reactions of those at the school, the award was a no-brainer.

"The kids' reactions have been amazing. Even the custodian tells me I'm great," she laughed.

In a tough time for schools all over, the award also serves as a gold star for Rio Americano High School. Those in administrative roles at the school are encouraged by Cox's award.

"It's awesome," said former math teacher and current Vice Principal of Rio Americano Richard Judge. "It's these times when schools are competing for students. This gives them one more reason to look at Rio."

Judge can see why Cox was nominated.

"It's definitely apparent that she loves teaching. It's very clear to everybody that she cares how her kids do,"

he said. "Most math teachers are all about the subject. She's about her kids learning the information."

Judge went on to say that the award encourages everyone else at the school to "step up."

Cox recognizes her seventh grade teacher Mrs. Johnson as one who stood out during her time in school as a teacher she wanted to emulate.

"That year my father committed suicide," she said. "That woman challenged my brain and helped lead me through it."

That is one thing that has always stayed with Cox; it's something she tries to keep in mind as a teacher.

"You never know what's going on with kids," she said. "Teachers need to take the time to know them. I think teaching is about relationships."

Altogether there were 15 teachers given the honor from the 11 participating districts. San Juan Unified, Elk Grove Unified, Sacramento City Unified and Twin Rivers Unified School Districts were each award-



Photo courtesy Mike Mahoney
Carmichael resident Robyn Cox, a math teacher at Rio Americano High School, was selected as a San Juan Unified School District Teacher of the Year for 2010.

ed two teacher of the year awards because of their larger size.

A recognition banquet took place on Sept. 2 for the 15 winners. Of those 15, two were honored as Sacramento County Teachers of the Year. The winners were JoEllen Shanks, a

second grade teacher from Elk Grove Unified's Stone Lake Elementary and Deb House, the aforementioned sixth grade teacher from San Juan Unified's Kingswood Elementary.

Shanks and House are now eligible for the statewide competition.

Get 'behind-the-scenes' look at Sacramento Opera Sept. 27

Local seniors are invited to join residents on September 27 at 6 p.m. at River's Edge senior living community for a "Behind-the-Scenes" look at the Sacramento Opera. The audience will be treated to a sneak peek of the upcoming series as well as highlights from the current 2009-2010 season through snapshots and performances.

"Behind-the-Scenes" is presented the last Sunday of the month for the entertainment and enjoyment of the residents of River's Edge and the Chateau at River's Edge, Hank

Fisher Properties' elegant senior communities that share seven-acre grounds in the Campus Commons neighborhood. The series showcases the talents of local performing arts companies. Doors open at 6 p.m.; the performance begins at 6:30 p.m.

Those interested in attending should call River's Edge by Thursday, September 24 at (916) 921-5131 to make reservations. The community is located at 601 Feature Drive near the intersection of Howe Avenue and Fair Oaks Boulevard.

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Getting to the 'Point' Wills Point, Aragon venue was early north area entertainment destination

By LANCE ARMSTRONG
Arden-Carmichael News Writer
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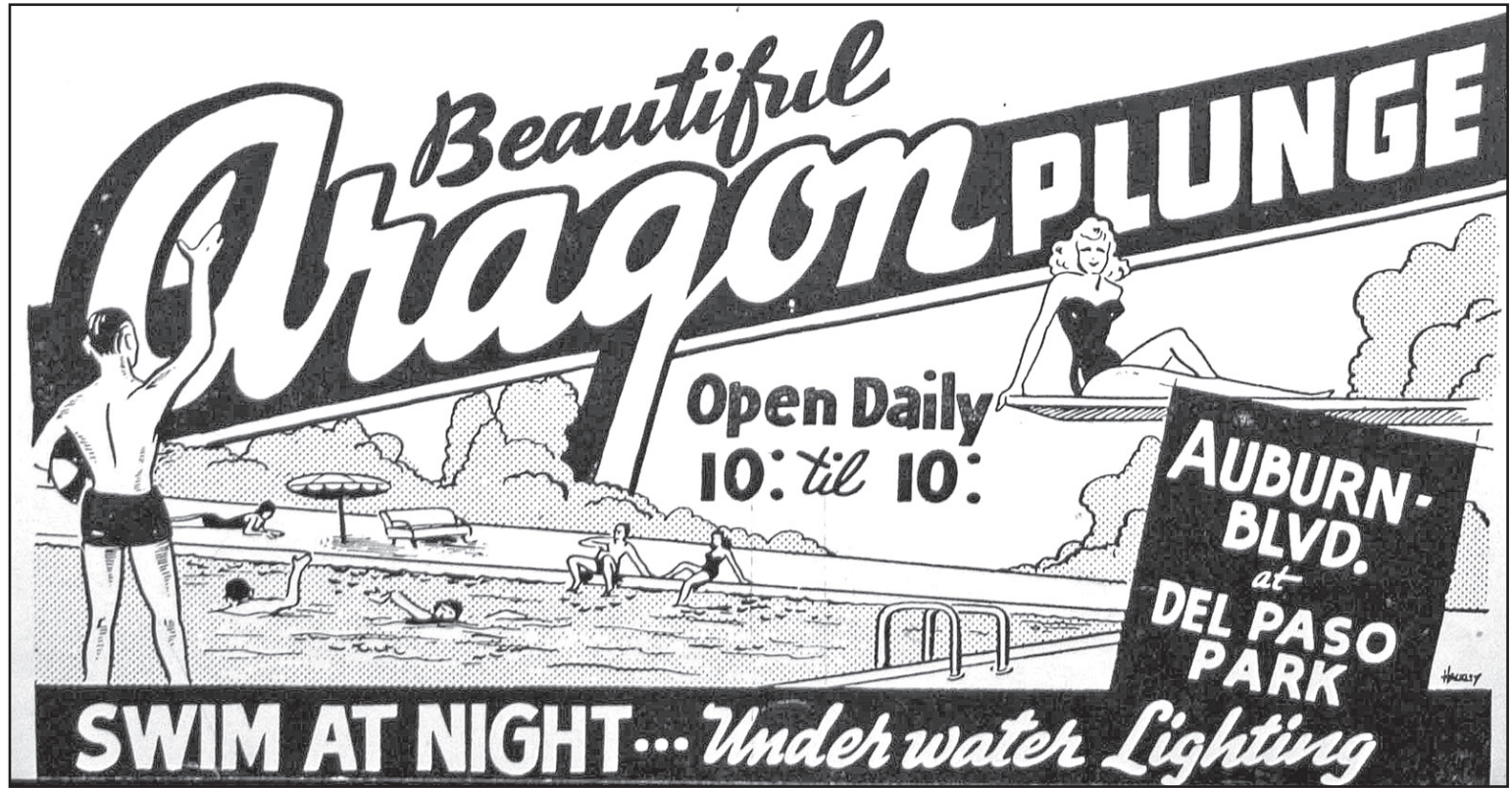
For regular freeway commuters heading from the direction of downtown Sacramento and exiting Business 80 at Auburn Boulevard, the large, brick Heritage Oaks Hospital building at the end of the long exit at 4250 Auburn Blvd. is certainly a familiar sight.

Although many commuters have no memory of a history predating this building, the structure rests on the site of what was once a very renowned entertainment venue at Del Paso Park.

Among those who recall the earliest years of the happenings at this spot for public diversion is Sacramento resident Marie (Boyd) Steppan, the widow of local pianist Carl Steppan.

Marie Steppan, 92, whose memories of the area date back to the Depression years when she spent time with her family at her grandfather's Carmichael ranch, recalls the days when the hospital site was home to the Aragon Ballroom.

"I went up there to the Aragon many years ago (during the 1940s)," Marie said. "I just remember (the building) being plain, kind of square-like and I do remember somebody who was in charge at the door and he knew my father (Tommy Boyd, a former musical di-



The Aragon Plunge was a popular north area destination during the 1940s and 1950s.

Photo courtesy of Sacramento Public Library, Sacramento Room

rector of RKO Vaudeville in San Francisco) pretty well. It wasn't fancy. You just paid and you went in and danced usually on an ordinary weekend, but quite often when some of the (widely renowned) big bands would go up to Tahoe, they would take one night jobs in Sacramento."

Marie said that she remembers one evening, in particular, when a pair of these well-known big bands came to the Aragon.

"It was a very packed night and everybody was there,"

Marie said. "All the musicians union people were standing around and not one man danced. They were all spell-bound watching their own (local musician) friends play with the famous orchestras, but unfortunately I can't remember who I saw there. Sometimes some (Sacramento musicians) would go to New York and get in big orchestras."

Recalling a humorous moment at the Aragon, Marie said, "I did dance with my father one night and it was the big dance band, but I can't think of (the band's name). And I said something like, 'Oh, Daddy, don't do that.' And he said, 'Don't call me that ever again on a dance floor.' He always had a sense of humor."

Flood of memories

Carmichael area resident Michael Peart is another local individual who has a personal connection to the Aragon.

"My father Buster Peart (and His Orchestra) played there (at the Aragon) quite a bit for a couple years in the late 1940s, right after the war," Michael said. "He was one of their featured bands. He was very popular here (in Sacramento). He was probably the



Photo courtesy

Buster Peart and His Orchestra were among the popular bands that played at the Aragon Ballroom.

biggest Sacramento band in the area at the time."

The Steppan and Peart families were quite familiar with one another as early as the 1940s, since Carl Steppan was once a member of Peart's orchestra.

Sacramento resident Catie (Sibbio) Fessenden said that another entertainer who performed at the Aragon was Bob Crosby and his orchestra.

"We used to go out there (to the Aragon) when (Bob Crosby) played," Fessenden said. "He was good, but he wasn't quite as well noted as (his brother) Bing (Crosby)."

In addition to its ballroom – which featured a wooden dance floor with a capacity for about 1,000 people in the building's center, couches bor-

dering part of the dance floor, a bandstand to the west and a beer garden area to the east – the Aragon also drew many guests to its outdoor swimming pool.

Fessenden was among the early visitors of the Aragon's Olympic-size pool, which was known as the Aragon Plunge.

"(Going to the plunge) is what we did in those days, because nobody had any money, so we entertained ourselves (at the plunge)," Fessenden said. "That was a place that a lot of kids in the area really enjoyed going to."

Once an oasis

Located near a grove of ancient oaks, the plunge,

See Plunge, page 7

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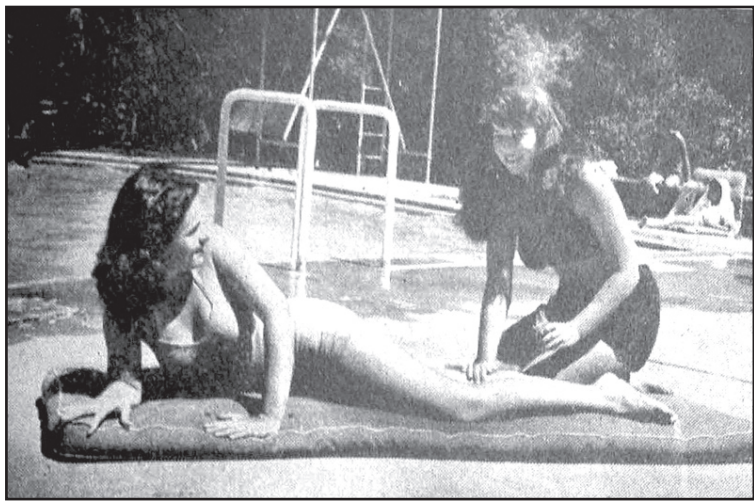


Photo courtesy of Sacramento Public Library, Sacramento Room

This early Aragon Plunge publicity photograph was originally printed in the Carmichael and Town and Country Digest and included the caption, "The trees around the pool are not the only interesting scenery seen daily."

Plunge: Place now in the past

Continued from page 6

which was owned the Ma-leville brothers, who also owned the ballroom, was open daily from 10 a.m. to 10 p.m.

During its evening hours, the pool, which included about a 10-foot-tall diving board, was illuminated with 11,000 watts of underwater lighting.

In 1948, national prominence came to the old Aragon site, when Bob Wills of the extremely popular Western swing band, Bob Wills and His Texas Playboys, purchased the entertainment center and renamed it Wills Point.

Wills selected the site with the intention of turning it into a venue similar to the popular Cain's Ballroom in Tulsa, Okla.

Wills Point became the headquarters for Bob Wills' musical operations, thus drawing band members and others associated with the band to establish residences in the area.

One such band member was former Carmichael resident and world renowned electric violinist, Tiny Moore, who described Bob Wills in a Sacramento Union article as "a master as a band leader."

"Playing with Bob when he was on the bandstand, and on the ball, was sheer joy," Moore told The Union. "When he would walk on stage, it was like a light would come on. The band would click five to 10 times better. Everyone would play better and probably with

less effort. It's a strange thing."

After performing for a short time at Wills Point, Bob Wills and his band took their act on the road and eventually Bob Wills' brother, Billy Jack Wills, who had his own band, took hold of the reigns as the Point's regular performing house band.

In 1950, Moore was hired by Bob Wills as the manager of the ballroom.

Chuckling a bit when thinking back on visiting Wills Point during the 1950s, Karen Peart, Michael's wife, who grew up in the Hagginwood area of North Sacramento, said that she remembers her reaction to seeing a sign on an easel with an advertisement for Bill Jack's band.

"I was probably about 8 or 9 (years old) and I went out with my mom, my dad and my brothers to go swimming there (at Wills Plunge)," Karen said. "That was really out in the country, even for those of us who lived in North Sacramento. I do remember walking around (near the pool) and seeing this big black and white picture of this band and they had the big cowboy hats and they were dressed Texan (style) and as a little girl - who was familiar with cowboys from the (popular) Westerns with Hopalong Cassidy and others - I thought, 'How odd that these men were dressed in cowboy hats and costumes

and that they were a dance band."



Photo courtesy of Sacramento Public Library, Sacramento Room

The 50-foot-by-100-foot Aragon Plunge is shown in this 1947 photograph.

and that they were a dance band."

But despite this childhood impression, Billy Jack Wills and His Western Swing Band, as well as many other acts that performed at Wills Ballroom, nonetheless drew many people during its heyday.

Plunge dries up


The popularity of television during the mid-1950s, however, severely affected business at the ballroom.

Moore described this impact, noting that within six months after Channel 40 went on the air, crowds at the ballroom were half the size.

Perhaps not so ironically, the ballroom was destroyed in a fiery blaze on June 15, 1956 and the following day, The Sacramento Bee reported, "Flash fire levels Wills Point Ballroom: arson is suspected."

The tragedy marked the end of the ballroom, but the plunge continued to operate for at least another year.

Reminiscing upon this once famous Sacramento entertainment venue, Fessenden said, "They took the park away, they took the pool away, they took everything away, but while it was still operating, it was definitely quite the place in its day."



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Billy Jack Wills & his Western Swing Band

Auburn Blvd. At Del Paso Park

Photo courtesy of Sacramento Public Library, Sacramento Room

Wills Point was a popular venue for both musical entertainment and swimming. A nearby picnic area within Del Paso Park also drew many visitors.

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Ten additional schools reach 800 or higher on API

Special to the Arden-Carmichael News

The total number of San Juan Unified schools with an Academic Performance Index score of 800 or more increased by 10 to 33 with today's release of API and Adequate Yearly Progress results from the California Department of Education.

Making the leap to 800 or higher are Carriage Drive Elementary (755 to 801), Coyle Avenue Elementary (792 to 807), Grand Oaks Elementary (788 to 818), Thomas Kelly Elementary (799 to 801), Oakview Elementary (788 to 807), Ottomon Elementary (790 to 822), Trajan Elementary (787 to 848), El Camino Fundamental High School (781 to 801), Mira Loma High School (787 to 802), and Rio Americano High School (795 to 807). The state's established goal is for every school to reach an API score of 800 on the 1,000-point scale. Pushing past the 900 mark this year was Deterding Elementary (885 to 918).

This year's API scores continue to show growth in San Juan Uni-



"Our schools are improving teaching and learning in the classroom. As educators we know that our work is not done once we reach 800. We will educate and inspire each and every student as more schools reach the 800 mark and those schools already at 800 push even higher," said San Juan Unified Superintendent Dr. Pat Jaurequi.

fied Schools. Over the last six years, 17 San Juan schools have seen their API scores increase by at least 50 points while the District's cumulative API score has risen by 44 points.

"The results of the Academic Performance Index are clear," said San Juan Unified Superintendent Dr. Pat Jaurequi. "Our schools are improving teaching and learning in the classroom. As educators, we know that our work is not done once we reach 800. We will educate and inspire each and every student as more schools reach the 800 mark and those schools already at 800 push even higher."

The state API and federal AYP results report progress in different ways. The state API is an index model that measures year-to-year improvement and provides incentives to educators to focus on students at all performance levels. Schools receive more API points for moving students up from the lowest performance levels. In contrast, the federal AYP system focuses solely on whether or not students score at the proficient level or above on state assessments.

Sept. 15's release of AYP results finds that just over half of San Juan Unified schools met their 2009 AYP targets while improvement was noted in the

rate of schools meeting the Hispanic and students with disability's AYP targets. San Juan Unified remains labeled a program improvement district under federal law as certain significant groups of students did not test at the required level of proficiency. As a program improvement district, San Juan Unified is required to notify all parents of its status, set aside 10 percent of its federal Title I funding allocation for professional development district-wide, and secure technical assistance.

"The required level of proficiency under the federal AYP system for all significant student groups increased by 11 percent this year," said San Juan Unified Chief Academic Officer Glynn Thompson. "While some of our significant student groups did not make the required level of proficiency, we did see strong growth among many groups which is a step in the right direction. We are committed to using good assessment data to inform our decisions in improving teaching and learning to be sure that all students are making progress."

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Hosted by Carmichael Oaks and the Kiwanis Club of Carmichael and featuring SwingMasters band, this special event held Sept. 12 benefited the Alzheimer's Association Memory Walk 2009. Dozens of dancers from across the region arrived at the event to take in the music and the swing.

Photos by Dann Kam



Hits keep coming

Student musicians honored with trip to Boston music school

By **BENN HODAPP**
Arden-Carmichael News Writer
vcnnews@valcomnews.com

The hits just keep on coming for the Rio Americano band program. Three students were selected to take part in a five-week summer performance program at the prestigious Berklee College of Music in Boston.

Zach Giberson, Victor San Pedro and Graham Smith were among the thousands of musicians who tried out for the program at the Monterey Jazz Festival in April. Nine hundred musicians from all over the world were selected to take part in the program.

Josh Murray, the music teacher at Rio, gave some insight on the matter. He described Berklee as being for jazz and pop what Juilliard is for classical music.

"Berklee is the preeminent place for jazz and pop music education," he said.

San Pedro was selected among the nearly 250 guitarists in attendance to take part in the final performance and the end of the program.

"It was great," San Pedro said of his experience at the school. "I got to play with new players and got exposed to new styles."



Pictured are members of the prestigious Rio Americano band program: left to right, Cashel Barnett, Nathan Swedlow, Zachary Darf, Kai Ambrose and Zach Giberson. Of the group, Giberson was selected to participate in a five-week summer performance program at the prestigious Berklee College of Music in Boston.

He said that Berklee is one of the schools he is considering, so the trip was a good opportunity to see what the place is like.

San Pedro, a tireless worker and perfectionist when it comes to his music, was not fully satisfied with his performance at the event.

"I was in a transition phase (during the final performance)," he said. "I wasn't at my peak but I did alright."

It must have been pretty good from where everyone else was sitting.

In light of his performance throughout the program, he was given a scholarship to attend next year.

"(Berklee) definitely lived up to what I had heard about it," he said. "I learned a lot there about how to be more efficient in my playing."

But that was not the end of the accolades heaped on the lo-

cal students at the all-star event. Senior saxophonist Giberson was awarded one of nine full-ride scholarships to the school, beginning in fall of next year.

"On the day of the final concert I was given a new schedule to meet backstage before the performance," Giberson said. "It was weird. I kind of guessed that I probably had won something pretty big when they brought me backstage. They told me to just go out when they called my name."

Before he knew it, Giberson was called on stage to receive the ultimate reward for his musical prowess.

"It was incredible to see all the people in the crowd cheering," he said. "It finally hit me what had happened when I walked outside after the show. My parents were awestruck and I didn't know what to do."

Giberson's college plans were now decided nearly a month before his senior year.



Arden-Carmichael News file photo courtesy Leslie Barger

Rio Americano band program member Victor San Pedro was selected among the nearly 250 guitarists in attendance to take part in the final performance and the end of a five-week summer performance program at the prestigious Berklee College of Music in Boston.

He was selected to take part in the Jazz Workshop at Berklee, which is what Giberson called a off-branch of the program. He was one of 17 musicians selected from around the world to take part.

"The caliber of musicians is incredible," he said. "Everyone in the program was there because they want to be professional musicians. I got to play with people from Europe, Asia, Israel ... it was great."

In June, a fourth member of the band program, Zachary Darf, took part in the Stage Performance Workshop at the school in June. Giberson, San Pedro and Darf were part of the combo that won the Downbeat Magazine award for best high school combo earlier this year.

The five-week program ran through July and August of this year.

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Anthony Wesley's fiery entrance at state competition

Anthony Wesley, 12, a seventh-grader at Carmichael's Barrett Middle School, was selected as one of the torchbearers at the 2009 California State Games, a statewide amateur sports festival that is a grass roots program of the United States Olympic Committee. This special event featured 20 sports and 10,000 athletes.

The 2009 California State Games were held July 17-19 in San Diego. Wesley acted as a torchbearer during the opening ceremonies at QUALCOMM Stadium.

Wesley, a well-known youth wrestler in these parts, was graced with the duty of torchbearer for his victories in his chosen sport. Wesley has pinned a number of distinctive honors, including a memorable season for Barrett Middle School; third-place in the California state folk style championships; a first-place finish in the Best of the West tournament held in Medford, Ore.; a second-place in the Tournament of Champions held in San Antonio, Texas; and a first-place in the Reno Iron Man championships held in Reno, Nev.

At the California State Games' freestyle wrestling competition, Wesley didn't disappoint; the youth wrestler took home the gold in the 81-85-pound division. That win put Wesley at the top of his sport, in his weight-class, in the state.



Photo courtesy

Anthony Wesley, 12, a seventh-grader at Carmichael's Barrett Middle School, was selected as one of the torchbearers at the 2009 California State Games.

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East Sac Hardware: Serving the community since 1951

By LANCE ARMSTRONG
Arden-Carmichael News Writer
vcnnews@valcomnews.com

In a day and age when the old “Mom and Pop” type stores are disappearing on a regular basis and the much larger stores often prevail, it can be nice to see that certain small community businesses continue to prosper.

One such business that undoubtedly fits this description is East Sac Hardware at 4800 Folsom Blvd.

Established in 1951 by Frank Robinson, a former resident of Arkansas, the business has built a long tradition of serving its customers in that old-fashioned “Cheers” kind of way, where regular customers are known on a first name basis.

A quality example of this level of service was captured during a recent visit to the store by Tahoe Park resident, Ken Templeton.

Templeton, who began coming to the store about 20 years ago, said that he appreciates the fact that the recently revamped East Sac Hardware provides both quality customer service and a good selection of merchandise.

“This is an institution really and they’ve only made it better recently the way they’ve laid everything out,” Templeton said. “You can go to a big box (store) like Home Depot or something and spend half the day looking for something and then you get the wrong thing. You come here and the people are right here to help you, like (for instance) I wasn’t going to get this style of sheers. I was going to get the same kind of sheers that I’ve used for the past 30 years. (A store worker) asked me what I use them for and I said, ‘To cut branches and stuff.’ He said, ‘What kind of branches?’”

Looking down at his newly purchased pair of sheers, Templeton said that if it had not been for East Sac Hardware, he would have walked out of a different store with the “wrong product.”

It is this type of customer service that has encouraged people to return to East Sac Hardware again and again throughout the years.

Fortunately for those who enjoy the convenience of having a reliable neighborhood community hardware store, East Sac Hardware has managed to survive and, in fact, improve its services and offerings throughout the years.

Following about 33 years under the ownership and operation of Robinson, one of Robinson’s nephews briefly ran the store before it was placed up for auction with the victor being Richmond “Rich” Leland Johnston, Jr.

Operating the store with his wife, Sheree and several other employees, the store continued its constant commitment to its number one goal of providing Grade A customer service.

Something Old, Something New

Recently, part of this customer service included the aforementioned re-vamping of the store to provide customers with a community business with new modernized elements, additional offerings, more convenience and an overall improved store.

Sheree, who was very involved with the store’s 15-month “facelift” project, which began on July 1, 2008 and had the theme of “Something Old, Something New,” explained the idea behind the project.

“We wanted to keep the old aspects of the store that differentiated the business from other hardware stores, while updating the store design and adding in new merchandise and services,” Sheree said. “Our whole goal was to pave the road to another 58 years of serving the East Sac community.”

The store, which is a one-stop shop for plumbing, electrical, paint, lumber, housewares and gifts, underwent improvements in the areas of clean-up, repainting, reorganizing, redecorating, as well as resetting merchandise. Many displays kept the old-time wood features, while receiving stainless steel additions.

The crown jewel of the project was the store’s new neon sign, which brings the store full circle back to its 1950s roots.

Other newly-added reminders of the past are the store’s Fifties-themed mural and window displays.

The window displays are reminiscent of the old Breuner’s furniture window displays, which once graced the corner of 6th and K streets in downtown Sacramento.

The hardware store’s 1950s-themed window displays include a pair of life-sized children figures with marbles, dominoes, children’s books and board games such as Bobsey Twins on the Farm.

Another display features a past to present women’s scene with a figure of a woman from 1951 with clothing patterns, a washboard, a cookbook and a package of Grandma’s Lye Soap.

The final display takes a look at happenings in 1951 and includes images of television’s “I Love Lucy Show,” the film, “A Streetcar Named Desire,” with Marlon Brando, and J.D. Salinger’s novel, “The Catcher in the Rye.”



Arden-Carmichael News Photo/Ryan Rose

(above) The crown jewel of the East Sac Hardware remodel was the store’s new neon sign, which brings the store full circle back to its 1950s roots.

Shop around the corner

And when it comes to history, the building, where East Sac Hardware is located certainly has plenty of it, including history that predates the hardware store itself.

For those old enough to remember the building in its pre-1951 years, especially those who lived in the surrounding area including Little Italy, which was roughly located from 48th to 58th streets between H Street and Folsom Boulevard, such people recall that an earlier hardware store was located in a different section of the building.

During its early years, the building, which was constructed in 1929 and today consists of the 10,000-square-foot hardware store and the 4,000-square-foot One Speed Restaurant, was divided into various sections with several businesses, including the previously mentioned, early hardware store, a grocery store, a restaurant, a beauty shop, a variety store and a barbershop.

Willie DaPrato, who grew up at 1217 48th St. in Little Italy, said

that he likely received his first haircut in the building from barber Frank Mazzanares during the mid-1930s.

“The barbershop was in (the building) and I would imagine that (Mazzanares) was the first guy who ever cut my hair,” DaPrato said. “He lived on 48th (Street), he was Italian, we were Italian, so you just went where you could speak to a man in your language. But before that, my mother cut my hair to save 50 cents, because that bought a lot of meat back then.”

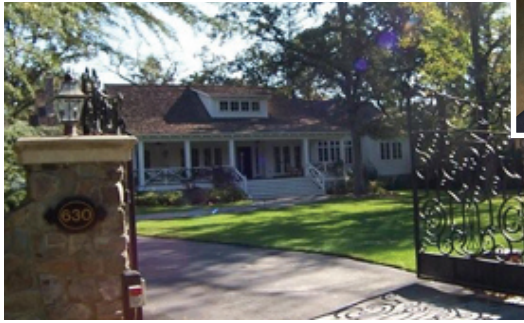
Understanding the importance of tradition, East Sac Hardware strives to continue its notoriety of providing the type of quality merchandise and customer-friendly service that has made it a longtime East Sacramento favorite.

East Sac Hardware is open on Mondays through Fridays from 7 a.m. to 7 p.m., Saturdays from 8 a.m. to 6 p.m. and Sundays from 9 a.m. to 6 p.m.

For additional information regarding this business, call (916) 457-7558.

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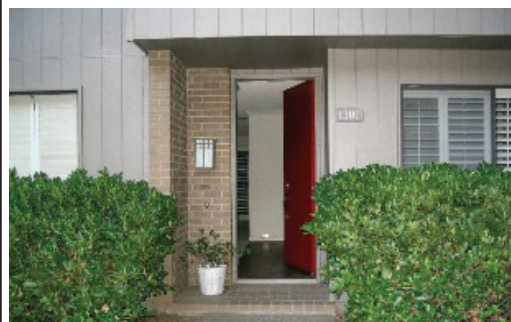
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The second half of life

Exercising daily opportunity

By **DARBY PATTERSON**
Arden-Carmichael News Columnist
vcnnews@valcomnews.com

A woman in my Mini-Med School class at UC Davis responded to a lecture about the importance of exercise with a remark that likely represented a significant percentage of students – most over the age of 45. “Honestly, I have to tell you that I just hate exercise,” she boldly admitted. “I’d much rather hunker down on the couch with a book!” There was a collective mummer of agreement.

For people who strongly resist the idea of beginning an exercise program – and also for those who grasp the importance of it, I have some painless short cuts that I’ve integrated into my daily routine for years.

♦ Say “No thanks, I don’t need any help,” when the courteous grocery clerk offers to have someone carry your bags – or push your cart – to your car. If you’ve just filled a small hand-carry basket and you have two or three bags of groceries, it’s very likely you can manage to get them to the car yourself, without a cart. I balance the load using the bag handles, walk slowly and do a few repetitions of arm lifts. I get to work my biceps while pulling in my stomach muscles and tucking in the hip area to maintain proper posture for standing exercise. It’s very important to understand the ergonomic way to do this because it’s possible to do it wrong and hurt your back. If you’ve pushed the cart, again, flex your arm muscles, pull in your tummy and the gluteal muscles as you walk. Use conscious posture while lifting and loading bags into your car and feel the muscles you are using. So you get maybe 8 to 10 reps of arm lifts, some healthy tightening of the core area and, if you park far enough from the store, a little aerobic walking for extra measure.

♦ Stairs are your friend. If you live in a two-story home – and any time you have the opportunity to take the stairs rather than ride an elevator – you’ve got an opportunistic exercise. To make stair climbing count as exercise you have to again be conscious of your body. Tuck the pelvis in, tighten the gluteal muscles and stomach muscles. (Don’t climb with your back curved and butt out.) With this erect posture, climb stairs so that you feel the muscles in your legs tighten and lift you. You should feel it in your thighs and in your calves.

♦ The vacuum cleaner is your friend, as is the garden rake and push broom. Of course, these implements are designed to make cleaning easy, but I use them as power tools. I tighten up my biceps when I push and pull the vacuum, pull in the core muscles and condition myself as I clean the house. There are numerous opportunities to slip in a little “opportunistic exercise” every day – and what you can do depends on your schedule and activities. Just be open to those moments and prepared to use them.

By the way, people do look at me strangely when I am power lifting my grocery bags. But, one of the freedoms of growing older is really not caring what people in the parking lot think about me. Of course, consult with your doc about any exercise program – even my “accidental” routines!

Editor’s Note: Darby Patterson is a longtime local journalist specializing in government affairs and health care issues. Due to popular demand, Darby’s columns will now run in every edition of the Valley Community Newspaper publications. Visit her Web site at www.storiesandbooks.com and read her blog at <http://booksbydarby.blogspot.com>.

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Markets provide farm-fresh produce year-round

Almost 30 years later, good things continue to grow at Sacramento's weekly Certified Farmers' Markets

By LANCE ARMSTRONG
Arden-Carmichael News Writer
vcnnews@valcomnews.com

Whether it's this Sunday, next Sunday or whatever Sunday for that matter, the good news is that the popular Certified California-Grown Farmers' Markets continues to offer fresh produce at the "under-the-freeway" farmers' market at 8th and W streets throughout the year. Along with this market, four other CFM markets in the county also operate 12 months per year.

So, despite a misconception that many people have about these markets that they are solely warm weather markets that will close down their operations after the summer in the same manner as swimming at public pools, outdoor concerts at local venues and baseball games at Raley Field, the public can rest assured that these markets will continue to operate long after the last of the local tomato vines dry up.

Good food not far

In Land Park, every Sunday from 8 a.m. to noon, guests arriving at the market at the state parking lot, just south of Southside Park, will continue to find a wide array of fruits and vegetables, explained Dan Best, Certified Farmers' Markets coordinator.

"The farmers' market (at 8th and W streets) is a year-round market, because people actually eat with the seasons," Best said. "We're starting to lose some of the summer fruit, but then in just a month or so, we'll start seeing kiwis, we'll see a large apple crop and then by November, we'll see the first of the citrus, which will carry us into the winter."

Best said that in terms of upcoming vegetables, guests of the market will soon be able to purchase Sacramento Valley-grown broccoli.

Residents of the Land Park area and other Sacra-

mento area residents are fortunate to have such a high caliber farmers' market as the 8th and W streets market, Best added.

Furthermore, Best describes this market as a world-class quality market.

"The farmers' market under the freeway is probably one of the great markets in the world," Best said. "I mean, we have people who have traveled all over the world and they have come on back and they say that there is nothing that compares to this (market) in terms of our offerings from real farmers. We usually have almost 120 real farmers down there and you're buying directly from them. We don't fool around, because it's a real farmers' market."

Best's comments regarding the quality of this farmers' market are additionally validated considering that Best has been a part of the market since its inception.

History of healthy offerings

Best recently shared how the market began nearly 30 years ago and what his participation was with the market during its earliest years.

"The (8th and W streets market) started in August of 1980 as a Certified Farmers' Market," Best said. "It was basically started by the Interface Service Bureau and the Hunger Action Coalition and then a group of growers. Through the efforts of those three and the state of California, it was started. And I was part of the first growers who sold there. My family grows out of Lodi, so we were selling white sweet corn there and we ended up selling organic tomatoes and bell peppers. So, at various times, I was either known as the 'White Corn Guy,' the 'Pepper Man' or the 'Organic Tomato Guy.' So, every time someone becomes noted for whatever they sell, they become a commodity themselves. Not quite like



Every Sunday, the state parking lot, just south of Southside Park, transforms into the Land Park area's popular under-the-freeway farmers' market.

SpongeBob SquarePants, but similar."

Best said that the motivation for operating certified farmers' markets is to bring low cost produce to the inner city.

"Primarily what we're trying to do is keep the food supply secure in California and the only way that you do that is to preserve farmland and then make farming viable on that farmland," Best said. "Without farmers farming in California, there is no food supply, unless you're going to get it from out of state or out of the country and that isn't very secure."

Growing a crowd

Since the first Certified Farmers' Market was established in the Land Park area, the popularity of CFM markets has continued to grow.

Best, however, said that this growth did not occur instantly.

"During the early 1980s, it was really tough to get people to come on down



Customers sort through boxes of freshly-picked oranges at the under-the-freeway Certified Farmers' Market at 8th and W streets in Sacramento. Oranges are among the staple fruits available at the market during the winter months.

and get into the concept (of the market)," Best said. "But we got to be kind of faddish maybe during the 1990s and then all of a sudden now it has just re-

ally taken off with all the writings of "The Omnivores Dilemma" and Alice Waters. There's been

See Farmers' Market, page 19



Arden-Carmichael News Photo/Lance Armstrong

Certified Farmers' Markets Coordinator Dan Best has been associated with the under-the-freeway farmers' market since its opening in August 1980.

Farmers' Market: Popularity of the market grows

Continued from page 18

an awful lot of publicity about farmers' markets and about eating fruits and vegetables and being green by eating local. There's just a ton of things that have contributed to our recent success."

Best noted, however, that despite such continuously growing success, the market still only reaches a small portion of the population, because the majority of the population still is not cooking their own food or eating fresh fruits and vegetables.

"(The public) is still buying things in a box and microwaving it," Best said. "So, there's a limit as to how far we will grow until more people in society start cooking their own food. We don't sell prepared food, because we're farmers and the whole focus of that particular market is to keep farmers in farming."

Best encourages the public to take advantage of the market throughout the year for not only the freshest produce sold directly from the farmers, but also to take advantage of seasonal products that provide many health benefits.

The season actually provides you with what you

need at that time for health reasons," Best said. "I mean, all the vegetables that we're going to be seeing are really high in Vitamin A and Vitamin C and all your fruits are very high in Vitamin C. I think one kiwi is worth 10 lemons in Vitamin C. So, it's a year-round love affair with whatever the local farmer has to produce and what the body needs for that particular time in the season."

One-of-a-kind market

Best said that the 8th and W streets, Land Park area farmers' market is a one-of-a-kind experience that offers a phenomenal range of diversity.

"Sacramento is the most diverse city in California and California is obviously the most diverse state in the union and the union is the most diverse country in the world, so we're looking at the most diverse (farmers') market in the universe," Best said. "So, if you really want an eye opener of seeing a great market in action, then come on down to the Sunday market, because you'll never see anything like it again."

For additional information regarding Certified Farmers' Markets, call 688-0100 or visit the Web site www.california-grown.com.

Year-round Certified Farmers' Markets

State Parking Lot
8th and W streets
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Country Club Plaza
Watt and El Camino avenues
Sacramento
Saturday, 8 a.m. to noon

Florin Sears Store
Florin Road and 65th Street
Sacramento
Thursday, 8 a.m. to noon

Laguna Gateway Shopping Center
Laguna and Big Horn boulevards
Elk Grove
Saturday, 8 a.m. to noon

Sunrise Mall
Sunrise Boulevard, behind Sears
Citrus Heights
Saturday, 8 a.m. to noon

Schools still need improvement Sac City Unified students increase academic growth among all groups

Special to the Arden-Carmichael News

Sacramento City Unified School District superintendent Jonathan P. Raymond said Sept. 15 student achievement in both state and federal accountability measures for every student group but progress was not sufficient to meet higher new national performance bars in English Language Arts and Mathematics. Raymond released district results on Sept. 15 at 10 a.m. at Ethel Phillips Elementary School, 2930 21st Ave.

"We moved forward, but not enough for too many students," Raymond said.

Raymond is the district's new superintendent; hailing from North Carolina, the administrator started work Aug. 21.

"Today's news conference is about informing our community about how well we are serving our students," Raymond said. "It is important that we be transparent and takes ownership for our results and that we showcase our principals and schools who are increasing student achievement on their campuses."

Among the state API highlights Raymond released:

- Under the state Academic Performance Index accountability system, SCUSD gained 11-points to reach 746 on the API, which matched the county and was under the overall state API of 755.

- Twenty-four schools, 2 more than last year, met or exceeded California's API target of 800

- All student groups, such as African American, Hispanic, Asian, Pacific Islanders, English Learners and low-income students saw API growth ranging from 2 to 26 percentile points.

Students also made progress in English Language Arts and Mathematics under the federal accountability measure even as targets increase by approximately 11 points each year. However, growth was not sufficient to meet Adequate Yearly Progress targets. District wide, 37 of 46 AYP targets were met.

Last year, SCUSD met 44 of 46 targets. Forty schools of 86 reporting AYP results met 100 percent of their targets. (The district has three more schools, but they do not report AYP results because of their small numbers.) SCUSD also saw a significant increase in the number of Program Improvement (PI) Schools—sites failing to meet AYP targets for two consecutive years. Schools in Year 1 of PI status jumped from three in 2008-09 to 15 in 2009-10.

"We performed in the middle of the pack compared to similar districts and to the state," Raymond said. "We do have great things happening at many schools for children, but not at every school—and that is and must be our goal."

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An architectural jewel in the heart of East Sacramento

By LANCE ARMSTRONG
Arden-Carmichael News Writer
vcnnews@valcomnews.com

When it comes to local trivia, it does not get much better than the question, "What pair of Sacramento buildings has a dominate link to both Hearst Castle and a famous California architect?"

Most readers of The East Sacramento News would perhaps find the greatest interest in the more local half of the answer to this question – the Julia Morgan House and Gardens.

House and home

Located at 3731 T St. in the historic Elmhurst Tract, which is bounded by Highway 50 and 34th, 54th and V streets, this two-story structure was designed by Julia Morgan, the first woman licensed to practice architecture in the state of California.

Completed in 1924, the house, which was placed on the National Register of Historic Places in 1982, is one of about 700 Morgan-designed structures in the Golden State.

Among these structures is the famous Mediterranean-style, San Simeon, Calif. architectural masterpiece,

Hearst Castle, which Morgan designed for media mogul and billionaire, William Randolph Hearst.

Situated within the scenic neighborhood with large, shade-bearing elms, oaks and ash trees, the Julia Morgan House is certainly one of the premier architectural gems of the area. And its association with Morgan, who was inducted into the First Lady Maria Shriver-conceived California Hall of Fame in 2008, and its deep-rooted history makes it one of the city's grandest structures.

Visitors who have had the opportunity to view the house have witnessed elements of the genius architect's passion for symmetry and her love for classical details.

A quality example of such things can be seen in the building's façade, which includes a large archway with spiral columns and a tall front door, which draws attention to the midsection of the structure.

Those passing through this entryway have viewed the historic home's immediate focal point – a large, elegant, wooden staircase that winds past a spacious bay window and a long, inviting, padded bench.



Arden-Carmichael News Photo/Lance Armstrong
The Julia Morgan House was designed and built for Charles and Mary Goethe. The couple moved into the home in 1924.

Another immediate attraction upon entering the house is a large chandelier, which is one of the building's many original light fixtures.

Natural lighting is also a dominate feature in the home, as can be seen with the bay window by the staircase,

as well as other windows bordering the building.

Morgan's emphasis on design is very apparent in the entryway, as she desired that the area would provide an immediate impact. And with

See Architecture, page 26

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Masullo is located at 2711 Riverside Blvd. in Land Park. Parking is located directly in front and along the adjacent buildings.

Drive and dine

A delicious slice of Italian tradition in Sacramento

By **BENN HODAPP**
Arden-Carmichael News Writer
vcnnews@valcomnews.com

In a culinary landscape that features pizza commercials boasting more cheese and toppings than is necessary or wise, one pizzeria is attempting to keep up a long-held tradition.

Masullo Pizza is modestly decorated – simple. And that’s just how owner Robert Masullo wants to keep it.

“We strive to emulate what you would get at a pizzeria in Italy,” Masullo said. “American pizza has gone further and further away from Italian pizzas.”

The difference is more than just the size. According to Masullo, it comes down to quality over quantity.

“Our pizzas are not as heavily topped; they don’t have a ton of cheese,” he said. “It’s about tasting individual products.”

Fiery flavor

One of the unique aspects of the pizzeria is its use of a wood oven to cook the pizza. And while the oven in some ways limits what they can do, Masullo considers the old-style oven a unifying factor that keeps the tradition alive.

The oven is fed with fresh firewood from local farms throughout the day to keep it going at an astounding 800 degrees. The high temperature makes it possible to cook the traditional pizzas in just over two minutes.

The place has a strong local presence too, as all of the tables and chairs were made from an old walnut tree from 10th and Richards.



Arden-Carmichael News Photo/Ryan Rose

An order is ready at Masullo Pizza in Land Park.

Popular pies

Since its opening in June of 2008, Masullo has seen that some people are ready to make the change to a less complex, more traditional pizza.

“I think in general in California there is an awareness for eating quality instead of quantity,” he said. “People appreciate the work we put into our pizza.”

The pizzeria’s Web site, www.masullopizza.com, lists 15 pizzas on the menu. Most of them are quite simple, consisting mostly of mozzarella, tomato and

a few other items depending on the pizza. People can special order pizzas, within reason. Just don’t expect to come in and walk out with a pizza that weighs eight pounds; Masullo pizzas are about the size of a dinner plate. And all the emphasis is on taste.

The most popular pizza they sell is called the “Margarita” which is just tomato, mozzarella and basil.

“People use it as a test,” he said. “It’s kind of our default pizza.”

The oven is certainly one of the stars of the show, which has become evident in the pizzeria’s yearlong existence.

“People want to see how it works,” he said. “A lot of kids, but plenty of adults too.”

Masullo said that the crew of five people chop their own wood out in back and feed the oven a little bit at a time throughout the day. People who are interested in seeing the process of making pizza in a wood oven can ask for permission to see it depending on how busy it is at that time.



Arden-Carmichael News Photo/Ryan Rose

Masullo Pizza owner Robert Masullo helps to package a freshly-baked pizza pie for take-out.

And it does get busy. Masullo recalled a time last year when the line stretched out the door.

The pizzeria is also a good place to go to try a new kind of pizza as well. There’s the “Jacqueline” which features potato, fontina, bacon and oregano. Try ordering that at Pizza Hut. And then there’s the “Eileen” which has mushrooms, bacon, mozzarella, sage, cream and black pepper. Or maybe you’d like the “Evelyn” which has mozzarella, zucchini, mushrooms and ham. You more of a pepperoni person? They have you covered there, too. Just walk up to the counter and order yourself an “American.”

Proud pizza

At Masullo Pizza, you won’t find pinball machines or six-foot-tall singing rats. But if Masullo and company have their way, you will walk out with a new appreciation for the craft of making a pizza.

Masullo Pizza is located at 2711 Riverside Blvd. in Sacramento. You can call in an order at 916-443-8929.

CALENDAR

For more Calendar entries visit
www.valcomnews.com

GET IN THE CALENDAR

Is your club, group, church, school, or organization having an upcoming event? Let us know. Send information about your event—including date, time, location, a brief description, cost (if any), and contact information—to Calendar, c/o Valley Community Newspapers, 2709 Riverside Blvd., Sacramento, CA 95818, or e-mail ryanrose@valcomnews.com. Deadline is one week before publication. Priority is given to events that are in the community and/or of little or no cost. There is no guarantee that events submitted will appear in the calendar. To ensure placement within the newspaper, please call 429.9901 to place an advertisement.

SEPTEMBER

Free pole walking clinics

Organized by Cure Arthritis Now, free pole walking clinics will be hosted Wednesdays (at 6 p.m.), Sept. 16 and 30, Thursdays, Sept. 10 and 24, and Friday, Sept. 18, at the Sierra 2 Community Center, 2791 24th St. There will be an additional clinic Saturday, Sept. 12, on Scripps Drive. Interested people need to call the group directly for times and specific locations, to pre-register and reserve the walking poles for the clinics. For more information, call 208-8700.

California State Library Show

National travelling exhibit "Louis Braille: Celebrating 200 Years of Braille." Born the same year as Abe Lincoln and Charles Darwin, Braille invented a tactile alphabet that shattered barriers for vision-impaired readers. Exhibit continues through Sept. 25. Held 9 a.m. to 5 p.m., Monday through Thursday, and Friday, Sept. 25. Closed Labor Day. Free. Lobby, Library & Courts Bldg. 2, 900 N Street, (916) 654-0640.

Straw into Gold

The Hart Senior Center will once again host the "Straw Into Gold" poetry writing workshop for Seniors. Led by Julia Connor, Sacramento Poet Laureate 2005-2009, this workshop offers an outstanding opportunity for seniors to hone their writing skills in a creative, spontaneous environment. The workshop will be held Thursdays from 3:00 to 5:00, September 3 through November 12. Registration is required, but there is no cost for this workshop. Please contact the Hart Senior Center at (916) 808-5462 for more information.

Memory Seminar

A special memory seminar will be held throughout the month of September and

into October, September 14 through October 5. Mondays, 9:30 a.m. to 11 a.m. Facilitated by Kim Winters, BSG, M.Ed. of the Primrose Living Fund. Located at Hart Senior Center, 915 27th Street, Sacramento. No Charge. RSVP at (916) 808-5462.

Just Change exhibit opens

The collaborative art exhibition Just Change is open and will run through Sept. 22 at Beatnik Studios, 2421 17th St. Artists of multiple mediums come together to showcase their view and take on this theme of "Just Change." Artistic interpretation on many levels.

Past Tents exhibit opens

"Past Tents: The Way We Camped" is a humorous excursion through one of our favorite pastimes, exploring camping in California from post-Gold Rush times to the mid-1900s. Through three exhibit themes - Round the Campground, Hitting the Trail, and Open Roads, Open Fires - visitors enjoy contemporary prints of rare historic photographs and objects from the collections of the California Historical Society and the Bancroft Library. The Sacramento History Museum invites all to enjoy this exhibition beginning Friday, Sept. 4, closing January 3, 2010. The Sacramento History Museum, operated under the auspices of the Historic Old Sacramento Foundation, is located at 101 "I" Street, Old Sacramento, CA. The museum is open every day (excluding major holidays) 10 a.m. to 5 p.m. Phone: (916) 808-7059.

Greenhaven bridge group

The Greenhaven Bridge Group invites interested persons of all ages and from all places to participate in Bridge lessons and card playing activities on Wednesday evenings from 7-9 p.m. at Greenhaven Lutheran Church, 475 Florin Road. Participants are promised a fun and easy way to meet new people while learning basic Bridge procedures in a friendly, supportive atmosphere. For more information on Wednesday evening bridge instruction activities, Monday morning bridge play, or Friday evening bi-monthly pot-luck game activities, call Dale Koehler at 424-3925 or Mary Sauve at 684-8778.

SEPTEMBER 23

College Essays—What Do I Write?

Working on your college essays? This workshop will give a close-up look at the UC Essay prompts and Common Application prompts and provide strategies to write successful and interesting college essays. You will also learn what colleges are looking for in your writing. The workshop will be held

from 7:00 to 8:30 p.m. at Sierra 2 Community Center, 2791 - 24th Street. The cost is \$20/person or \$25/family. Space is limited so register early! Contact Marilyn van Löben Sels, certified college counselor: (916) 601-6909 or email: marilyn@college-gps.com.

SEPTEMBER 24

Town Hall with Mayor Johnson

The meeting is a great opportunity to hear from Mayor Johnson and get some of your questions answered using a town hall format. Please bring a friend or neighbor and join in Thursday, September 24 from 7-8 p.m. at California Middle School, Multi Purpose Room, 1600 Valjejo Way. If you need more information, then please call 808-5300.

SEPTEMBER 25-30

Book Fair

With budget cuts in California, we don't want our children to suffer in the area of literacy. Fremont Nursery School is hosting a Scholastic Book Fair in order to increase the availability of books for children in the Sacramento community. The events are Friday, Sept. 25, 8:30 a.m.-1 p.m., Sunday, Sept. 27, 8 a.m.-1 p.m., Monday, Sept. 28, 8:30 a.m.-1 p.m., Tuesday, Sept. 30, 8:30 a.m.-1 p.m. and will be held at Fremont Nursery School Gymnasium Classroom, 5770 Carlson Dr. For information, call 498-9537.

SEPTEMBER 26

Carmichael's Founders Day

Celebrating 100 years, Carmichael is hosting their Founders Day event at Carmichael Park, 5750 Grant Ave. Opening Ceremonies begin at 11 a.m. Admission is free and the event includes an auto show, free inflatable jumping structures for kids, music and food, beer and wine. Fireworks begin at 8:15 p.m. For more information, call 485-5322.

Car show

Beverly's Annual Nifty '50s Classic Car Show is Saturday from 9:00 a.m. to 3:00 p.m., Marconi Avenue & Fair Oaks Blvd., in Carmichael. Admission is one new, unwrapped toy or toys for Beverly's Annual Holiday Angel Project. The event will feature music, food and prize drawings. Call (916) 402-7202 for more information, or e-mail topcdrvr1@aol.com. The Angel Project takes care of over 1,500 children each holiday season giving them blankets, filled stockings, stuffed animals and age appropriate toys.

Walk for Lupus Now

Walk for Lupus Now is the signature event of the Lupus Foundation of America, Inc. The event is Sept. 26, at Southside Park, 2115 6th St. (near U Street). Check in at 9 a.m. Walk begins at 10 a.m. Parking available around the park. Participants will walk one mile or three miles. For more information, call 202-510-8937.

JKPG's annual fundraising event

Jan Ken Po Gakko's annual fundraising event will be held on Saturday, September 26 from 9 a.m.-3:30 p.m. In the heart of Elk Grove, California at the Sacramento Asian Sports Foundation (SASF) located at 9040 High Tech Court, Elk Grove, CA 95758. For more information, please visit www.jan-kenpogakko.com.

Special community sale

Special community sale offering items of interest to the region at-large. The event is

Saturday, Sept. 26, 8 a.m. to 1 p.m., 913 El Dorado Way, Sacramento, CA 95819

SEPTEMBER 27

East Sac Home Remodeling Tour

The East Sacramento Home Remodeling Tour, sponsored by Friends of East Sacramento, will be held on Sunday, September 27 from 10:00 a.m. to 4:00 p.m. Featuring six remodeled homes, the theme for the 2009 tour is "Honoring Tradition, Making it New." While enlarging spaces inside, the homeowners have honored the tradition of the house. Tickets go on sale beginning September 1 and proceeds will go to support neighborhood parks and beautification projects in East Sacramento. For more information, call 452-8011 or e-mail eaststac@aol.com.

Taste of Land Park

The Land Park Community Association is pleased to present the 9th Annual Taste of Land Park, where residents of the neighborhood come together for an evening of fine wine, delicious food and community connections. The event is Sunday, Sept. 27 from 4:00 p.m. to 7:00 p.m. on 17th Street between 11th and 13th avenues. Admission is \$30 in advance. Tickets will be available 2 weeks prior to the event. Purchase locations to be disclosed at a later date. Tickets are \$35 at the door. Over 15 Land Park food vendors and 20 regional wine purveyors. Complimentary bike valet provided by the Sacramento Area Bicycle Advocates. Musical entertainment by On Air, an eleven-piece power horn, classic rock band. Visit www.landpark.org for details and updates regarding this exciting event.

Swinging Fall Ball

Nor Cal Big Bands Preservation Society will present the Swinging Fall Ball on Sept. 27, from 1 p.m. to 5 p.m. at the Sacramento Elks Lodge No. 6, 6446 Riverside Blvd. Admission is \$14, \$12 for groups of ten, and \$10 for Gold Card holders. For information, call Lou Coppola, Executive Director, at 916-444-6138.

OCTOBER

Free pole walking clinics

Organized by Cure Arthritis Now, free pole walking clinics will be hosted Wednesdays (at 6 p.m.), Oct. 7 and 21, and Fridays, Oct. 9 and 23, at the Sierra 2 Community Center, 2791 24th St. Interested people need to call the group directly for times and specific locations, to pre-register and reserve the walking poles for the clinics. For more information, call 208-8700.

Managing health conditions class

Healthier Living is an award-winning program designed by Stanford University to help you better manage chronic health conditions and lessen their impact on your life; reduce fatigue, anxiety, sleep loss and gain; communicate better with your doctors, friends, and family; and set goals and problem solve to make positive changes. This class is also recommended for caregivers of people with chronic conditions. Classes are held at Asian Community Center- October 8, 15, 22, 29, Nov 5, and 12 from 9:30 a.m.-12 p.m. Free. To register, call Lucy at 393-9026 x 322.

OCTOBER 3

Skate Park Concert

Held at La Sierra Community Center Skate Park, 5325 Engle Rd. in Carmichael, join us for our second Skate Park Concert of the year. Local bands will perform while participants are grinding the rails and skating the

half pipe! Admission is \$5. Music starts at 4 p.m. For more information, call 483-7826.

Great Duck Race

On Saturday, October 3, thousands of rubber ducks will descend on the mighty Sacramento River for the Great Sacramento Duck Race - an exciting bridge to bridge race benefiting Special Olympics Northern California. Using frontloading tractors, the racing rubber birdies will be ceremoniously dumped off the I Street Bridge and will race to the Tower Bridge in hopes of winning one of many fabulous grand prizes like airline tickets, an LCD television, gas and grocery gift cards, vacation getaways and more! For just five bucks you can adopt a duck and be eligible to win. The Great Sacramento Duck Race will be held promptly at 3 p.m. and winners announced at 4 p.m. The Great Sacramento Duck Race is sponsored by Quick Quack Car Wash and PRIDE Industries, with additional support powered by Sacramento Regional Transit, Sudden Values.com, KLOVE and Air1 Radio. For more information or to adopt your lucky duck, visit us online at www.sacramentoduckrace.com.

Armenian Food Festival

This is the 63rd year for our event and it is one of the longest running festivals in Sacramento. This event features traditional Armenian foods (shish kebab, pilaf, etc.), Armenian music and dancing. The festival hours are from 11:30 a.m. to 10 p.m. Food is served from 11:30 AM to 8:00 PM and take out is available. The festival is held in the hall of the Greek Orthodox Church, 614 Alhambra Blvd, Sacramento (across from McKinley Park). Entry is free until 5 p.m. After 5 p.m. an entrance fee of \$3.00 will be charged. Music and folk dancing begins at 5 p.m. This event is hosted by the St. James Armenian Church. For more information, call (916) 443-3602 or visit www.stjamesarmchsac.org.

Fall Fairy Festival

Held Oct. 3 from 11 a.m. to 5 p.m. at the Fair Oaks Community Clubhouse, 7997 California Ave, Fair Oaks, the Fall Fairy Festival is a time to put on your best pair of wings and come celebrate with the fairies. Use a wishing stone, make a fairy wand, learn to fairy ribbon dance, see fairy houses, have your picture taken as a fairy and lots of other fun activities. For more information, please visit www.FairyGardenParty.com.

Huge Parking Lot Sale

There will be a huge parking lot sale at Elks Lodge No. 6, 6446 Riverside Blvd., Saturday, Oct. 3 from 8 a.m. to 2 p.m. Vendors welcome. For more information, call 714-1301.

Military Widows

The Society of Military Widows, Sacramento Chapter No. 5, will meet on October 3, at the Lions Gate at McClellan Park at 11:30 a.m. for lunch and program on "Tri Care Benefits" presented by Mary Brown from Travis A.F.B. Call 916-635-6724 for information.

OCTOBER 3-4

Benefit plant sale

Sunburst Projects and the Benefit Plant Sales announce: There will be plant sales held in the covered parking area behind the Gifted Gardener at 18th & J Streets, midtown Sacramento from 9am to 3 pm both Saturday and Sunday. A wide selection of perennials plus some winter growing CA natives will be available.

See more Calendar, page 25

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Calendar

Continued from page 24

OCTOBER 3-4

St. Robert's Fall Festival

Held Saturday, Oct. 3 from noon to 7 p.m. and Sunday, Oct. 4 from noon to 6 p.m., the St. Robert Parish and School is holding their Fall Festival. Located at 2243 Irvin Way, the event will offer great food, children's games, bingo, entertainment and even televised football games on Sunday all to benefit St. Robert Parish and School.

OCTOBER 4

McKinley Song Circle

McKinley Children's Song Circle with the Shadechasers will perform for free Oct. 4 at 3-4:30 p.m. in the Clunie Clubhouse, 601 Alhambra Blvd. Families welcome. Brand new songbooks for singers available. For more information and directions, call 531-4110. The Shadechasers is a local folk group of 10 members playing Woody Guthrie, Pete Seeger, Malvina Reynolds, Raffi, and other singable family music suitable for children's activities. We sing and dance, and encourage families to sing together whenever they can. Now we have a new songbook with about 60 songs to share with our group.

Classical concert

Performing at 4 p.m. at All Saints Episcopal Church, 2076 Sutterville Rd., is a new Sacramento Ensemble - Trio brio, with Elizabeth Coronata, Flute; James Een, Viola; and Beverly Wesner-Hoehn, Harp. Music of Debussy, Ibert, Bloch, Persichetti. A reception will follow, and childcare is available. Entry is a \$10 suggested donation. Parking is available across the street at City Colleges. Further information www.allsaintssacramento.org or 916-455-0643.

OCTOBER 6

Recorder music group

The Sacramento Recorder Society meets Oct. 6 from 7-9:15 p.m. at 890 57th St. under the baton of Annette Bauer, Early Music scholar. She will bring beautiful and interesting music to conduct. Please bring your instrument, a pencil and a music stand. Newcomers are welcome. For more information: www.sacrecorders.org or 391-7520.

OCTOBER 7

Raising Financially Responsible Kids

Cynthia L. Kinney with New York Life will be presenting a free workshop entitled "Raising Financially Responsible Children." The workshop will be held from 9-11 a.m. at Chinese Grace Church at 6656 Park Riviera Way. To RSVP please contact Janice Joe at 422-7523.

San Juan Unified College Night

Families should mark their calendars for our once a year district wide College Night held in conjunction with the Northern California College consortium, which will be held on Wednesday, Oct. 7 from 6-8 p.m. at Rio Americano High School. More than 120 colleges, technical schools, military and advising programs are represented as students can learn more about their options after high school graduation. Students and their families can also attend FREE seminars on Navigating the College Course, Writing their Personal Statements for their College applications, Community College and Financial Aid. Check back on your school website for more information this fall.

Understanding dementia

The Meadows Senior Living and A Place For Mom have teamed up to offer the following informational series to the Elk Grove and Sacramento Community: Bringing Light into the Darkness of Dementia Laura Wayman, The Dementia Whisperers, October 7, 6-7 p.m., at The Meadows Senior Living, 9325 East Stockton Blvd, Elk Grove.

OCTOBER 8

Computer Club meeting

The Mission Oaks Computer Club will meet on Oct. 8, from 1p.m. to 3 p.m. at the Mission Oaks Community Center, 4701 Gibbons Drive, Carmichael, CA. The club will be celebrating its 21st anniversary with member presentations and a finger-food potluck. First-time visitors are welcome to bring a finger-food item as well. A problem-solving clinic, led by Adam Lacey of Applications, Etc, will follow the meeting. For additional information, call (916) 366-1687 or visit our Web site at www.missionoakscomputerclub.org.

Swine Flu lecture

The Influenza A H1N1 (Swine Flu) Pandemic will be the topic of discussion at the Shriners Hospital Lecture Series on Thursday, October 8. The one-hour lecture begins at 12 noon at Shriners Hospitals for Children Northern California, 2425 Stockton Boulevard. The community is invited to attend the lecture, which is approved for one hour of continuing medical education credit. Reservations are not required and the lecture is free. For further information about the lecture call (916) 453-2041.

National Health Federation

The Sacramento Chapter of the National Health Federation meets at the SMUD Auditorium (the old SMUD Building) on 6201 S Street, Sacramento. A free lecture, "Health for the Holographic Cell" presented by Victoria Morse, Ph.D. Call 916-635-6724 for information.

OCTOBER 9

Barbershop quartet

A barbershop quartet will perform at the Casa Garden Restaurant, 2760 Sutterville

Rd., Friday, Oct. 9. Seatings at 11:15 a.m. or 1:15 p.m. Main entrée is roast pork loin with berry chutney and mixed green salad or Asian chicken salad with dried cranberries. Dessert is an apple pecan cake with caramel sauce. Tickets are \$20 per person and reservations are offered on a first-come-first-served basis. For reservations, call 916-452-2809.

Organic Gardening

On October 9, 2009, the Organic Gardening Club of Sacramento County will meet at the Carmichael Park Administration Building, Room 1, 5750 Grant Avenue, Carmichael, at 10 a.m. The program "Old City Cemetery: Perennials and Roses" will be presented by Barbara Oliva, Curator of Heritage Roses. Call 916-635-6724 for information.

OCTOBER 10

Family Magic Show

Held Saturday, October 10, 2009, doors open 6:30 p.m.; show starts at 7 p.m. Tickets are \$5/person at the door, 5 years old & under free. Register online & get \$1.00 discount per person, www.morpd.com. This gathering of top named magicians in Northern California comes to share their MAGIC with you. All ages will enjoy their mysteries with "OOOhs" and "AAAs" and thoughts of "How did they do that? Held at Mission Oaks Community Center, 4701 Gibbons Drive, Carmichael. For more information, call 972-0336.

Fe Galley art reception

Fe Gallery presents "Celebration". You are cordially invited to attend our second year anniversary party with art, food and fun! Our guest artist for October is Fused

Glass Artist Cindy Rubado. She will be joining Mental Artist Stephen Lyman and Fused Glass Artist Sheena Wolfe for our Second Saturday celebration and opening from 6am to 9pm. There will be a metal demonstration by Stephen Lyman beginning at 7:30pm. Fe Gallery is located at 1100 65th Street (north of Folsom Blvd., corner of 65th and Elvas), East Sacramento. For more information about the artists and the gallery visit www.FeGallery.com or call, (916) 456-4455. Daytime gallery hours are currently from 8:30 a.m. to 4 p.m. Monday through Friday and Saturday 10am to noon. The current show will run throughout October.

Learn about H1N1 flu

The Ethel Hart Center will host Sacramento County Public Health Officer Glennah Trochet, M.D., on Saturday, October 10 at 10:30am. Dr. Trochet will discuss H1N1 Influenza and how members of the community can prepare and protect themselves from this new virus. This free meeting will be held at the Ethel Hart Center located at 915 - 27th Street in Sacramento. Please sign up by phoning 808-5462. Free.

OCTOBER 11

Walkathon for feral cats

On Sunday, Oct. 11, the Coalition for Community Cats will hold its fifth annual "Put Your Best Paw Forward" 5K Walkathon honoring National Feral Cat Day. This walkathon will begin at Southside Park at 6th and T streets and wind its way past the State Capitol, down J Street and return to the park. The Coalition for Community Cats is a volunteer-run organization that assists people in the community to spay and neuter abandoned and feral cats. For more information

on sponsoring or joining the walkathon and the activities of the Coalition for Community Cats, visit their Web site, www.coalition4cats.org, or call (916) 446-4290.

OCTOBER 17

Food festival

Chinese Community Church will hold their 26th annual Fall Fellowship and Food Festival Oct. 17, from 11 a.m. to 7 p.m. The event will be located at the church 5600 Gillgunn Way. There will be Chinese food, entertainment and games. Admission is free. For more information, call 916-392-7875 or 916-424-8900.

Aging in place week

In honor of National Aging in Place Week, Eskaton Village Roseville is hosting this entertaining and educational event highlighting programs and services that can help older adults live independently. This event will feature: tours of Eskaton's award-winning national demonstration home; seminars by professional speakers; cooking and health demonstrations; resident art show; and flu shots. Eskaton Village is located at 1040 Cabris Ln., in Roseville. For more information, call (916) 771-5151.

OCTOBER 20

Sleep and senior health

On Tuesday, October 20, there will be the Sleep and Senior Health, presented by Steven Brass, M.D., M.P.H. Co-Medical Director of the Sleep Division of UC Davis Health System. Dr. Brass will explain reasons which we sleep, and age-related sleep changes and problems. 1:30-2:30 p.m. Ethel Hart Center, 915 27th Street. (916) 808-5462. Please sign up in advance.





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Architecture: Sacramento State University owns the famous home today

Continued from page 22

this approach, the entryway serves as the premiere vista point to the major rooms of the first floor, the elaborate staircase and a large patio, which is visible through windows beneath the staircase.

To the immediate left of the house's entryway is the dining

room and to the right is the living room.

These rooms, which are identical in size, include fireplaces, which are the centerpieces of each room.

A bas-relief ceramic reproduction of a Renaissance original by Luca della Robbia, called "Boys with

Drums," hangs above the living room fireplace. The image features a pair of cherubs dancing on clouds, which are billowing at their feet.

Above the dining room fireplace is a large, 19th century needlepoint tapestry depicting a scene of two

men and three women playing "Blind Man's Bluff" in a pastoral setting.

Among the other first-floor rooms of the house are the kitchen, the pantry, a pair of sunrooms, the library and the powder room.

The powder room includes replica Julia Morgan tiles, created from original Morgan molds and fired in the same color glazes.

The second floor of the house includes an office to the south and bedrooms to the east and west.

As if this famous home needed any more distinction, its elaborate gardens have brought the structure much additional praise.

Natural beautifications are present on all sides of this historic home, as the grounds are filled with Artemisia, Barberry, Bear's Breech, Carpet Rose, Day Lily, Hydrangea, Japanese Maple, Morning Glory, Lavender, Oleander, Princess Flower, Red Fountain Grass and Spiraea, just to name a few.

Additionally, water pours from the mouth of a lion's head fountain at the west end of the patio that is surrounded by 30 large columns.

The House today

Today, the Julia Morgan House and Gardens is owned by Sacramento State University, which was gifted the house and its property by the house's original owner, Charles M. Goethe.

The house was built for Charles and Mary Louise (Glide) Goethe, who he married in 1903.

In 1916, Mary's mother, Elizabeth Glide, who was a member of one of Sacramento's wealthiest families, arranged that a Julia Morgan-designed house would be built in the Elmhurst neighborhood for the couple.

Although Charles and Mary Glide were extremely satisfied with their elaborate Morgan-designed home, Charles spent 17 years living in the house without Mary, since she died 17 years prior to his own death.

Although the university has held a variety of school and community events and even weddings at the Julia

Morgan House and Gardens, events are no longer being held at these premises and there is no definitive plan to continue holding events at this site.

Kim Nava, Sacramento State interim director of news services, cited "budget constraints" as the reason for the absence of these events.

"There wasn't that big of a demand for events at the house and that didn't keep up with costs to maintain operations there," Nava said. "We still have it and currently the university is considering possible programs or (other) uses for the house in the future. No matter what use it might be put to in the future, the Julia Morgan House will always remain an architectural gem for the city."

Other Morgan houses

The second Morgan-designed, capital city building, as well as the second half of the answer to the aforementioned trivia question, is the Public Market Building at 1230 J St., which after many years of offering a variety of products and services, was remodeled and converted into the Sheraton Grand Hotel in 2001.

In a much less developed Sacramento, the Public Market Building helped bring the city a more distinguished notoriety.

Opening in July 1923, the market building featured the products and services of 30 businesses.

Merchants of the building, which was the equivalent of today's supermarkets, sold such items as produce, baked goods, clothing and appliances.

The public market continued operation until the 1970s and was then converted for use as the office of the California Secretary of State.

Nothing else like it

With the preservation of the Julia Morgan House and Gardens and the Sacramento Public Market Building, Sacramento continues its physical connection to a very unique part of its history – its dominant link to both Hearst Castle and the famous California architect, Julia Morgan.

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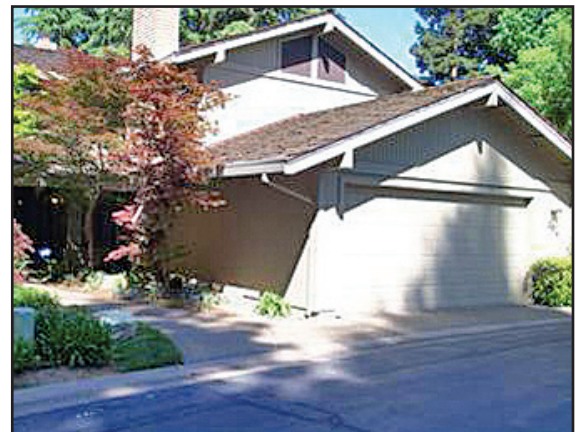
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Desirable Del Norte neighborhood - just down from the club. The private yards offer quiet solitude from the busy city life. The home has high ceilings w/large windows. Great designer colors throughout, bamboo floor coverings, and an updated kitchen are a few of the many features offered. See www.3950RobertsonAve.com \$449,900

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SIERRA OAKS

A beauty - remodeled in late 2007. Charming hardwood floors, kitchen with granite, new appliances, tile flooring, new dual pane windows w/ new shutters. Dining & living rooms have fireplaces. Three baths remodeled w/ granite, new fixtures & cabinets. Lots of storage. See www.308Huntington-quickbuyme.com \$725,000

NITA CASKEY 616-5380

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A rare gem in Carmichael on an acre lot full of beautiful trees and floral shrubs. There are 6 bedrooms and 4 bathrooms in this charming mission-style estate property. The home also features a large open kitchen and 2 verandas. See www.1500MissionAve.2cmhome.com \$995,000

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