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# Sacramento County recognizes local eateries with best health, food safety inspection record

Special to the Arden-Carmichael News

In recognition of September's National Food Safety Education Month, several restaurants were recognized for outstanding food safety practices at a Sacramento County Board of Supervisors meeting on September 15. These businesses were selected by the Environmental Management Department to represent nearly 700 restaurants that earned an Award of Excellence in Food Safety certificate countywide.

To qualify for the award, a food-service operation must not have any major food-safety violations in its three most recent health inspections. Inspections are unannounced and completed up to three times a year. EMD inspects approximately 5,500 restaurants, retail markets, bakeries, bars and schools for food safety compliance annually.

Mark and Monica's Family Pizza, a family-run business located at 4751 Manzanita Ave, Carmichael, and Save Mart Supermarket, 2501 Fair Oaks Blvd, were chosen to represent Supervisor Susan Peters' district. Peters presented the certificates to Mark and Monica's owner Mark Brooks, manager Debbie Mahnke, and Save Mart's manager John Martin.

Family-owned Vic's Ice Cream, located at 3199 Riverside Blvd. in the Land Park neighborhood of Sacramento, was one of two food facilities in District 2 recognized for their excellent food safety record. District 2 Supervisor Jimmie Yee presented the certificate to Craig Rutledge who manages the ice cream shop. Craig is the son of Ashley Rutledge who opened Vic's in 1947 with his World War II buddy Victor Zito.



Photo courtesy

Supervisor Susan Peters with John Martin, manager of Save Mart Supermarket, 2501 Fair Oaks Blvd.

Among the 700 food facilities countywide earning a certificate were Whole Foods Market on Arden Way, Honey Baked Ham on Fulton Ave., Madison Station Café on Madison Ave., Village Drive-In on J Street, and Cupcake Cravings on Arden Way.

EMD director Val Siebal said the award recipients have clearly demonstrated a continuous commitment to high standards of food safety in their establishments.

"The Environmental Management Department recognizes the hard work and diligence of employees and management to earn this award," says Siebal.

Is your favorite food facility a 2009 Award of Excellence for Food Safety recipient? You can view a listing of all award recipients and learn more about the award criteria at [www.emd.SacCounty.net/EH/EMDFoodSafety-Awards.htm](http://www.emd.SacCounty.net/EH/EMDFoodSafety-Awards.htm).

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Good to the last drop

# Locals mourn sudden closure of Sacramento Brewing Company

By **BENN HODAPP**  
Arden-Carmichael News Writer  
vcnnews@valcomnews.com

Loyal patrons of the Sacramento Brewing Co. were shocked Oct. 20 to find the doors to their local hangout locked for good. Without warning or prior announcement, the well-known business, located at 2713 El Paseo Ln., announced it was shutting down Oct. 19 via a blog posting by brewmaster Peter Hoey.

On his blog (sacbrew.blogspot.com), Hoey thanked customers for their years of patronage.

"Just wanted to thank everyone for all their support over the last 15 years. Some amazing friends have been made and great times have been had at Sacramento Brewing," he wrote. "As of today, we have closed the doors for good."

## Shock at the sudden shutdown

People came by around lunchtime Oct. 20, some fully unaware of the closure.

Kirk Curry, a local man who said he had been coming for lunch since the brewery opened 15 years ago, was shocked.

"It's kind of a bummer," he said. "Wanted to come in and have some wings and a beer."

Curry, who said he visited the restaurant maybe once a month, said that he was there a week ago and that there were "no notions" that a closure was impending.

Tim Jackson and Raymond Murcell were also surprised to find their lunch spot locked up.

"We came here once a week," Jackson said. "It was always busy."

Murcell added that the news was "terrible" and that he didn't understand why it was closing.

A note taped to the inside of the door read simply, "Closed Due to the Economy - Thank you for your business and support."

Next to that note was a napkin taped to the outside by a long-time customer, thanking the establishment for "the memories and for welcoming me and my family to Sacramento."

As the banner for all-you-can-eat ribs still swayed in the early afternoon breeze, it was clear that the brewery was gone, but certainly not so easily forgotten.

## Economic realities

In his blog announcing the shutdown, Hoey asked local residents to support the few remaining breweries in Sacramento.

"Please think of them the next time you are buying beer at the grocery store or deciding where to have a pint," Hoey wrote.

Although the Arden and Carmichael areas have lost a beer-brewing landmark, a handful of local breweries remain in Sacramento, including Brew It Up (801 14th St.), Rubicon Brewing Co. (2004 Capitol Ave.), Hoppy Brewing Co. (6300 Folsom Blvd.), and River City Brewing Company (Suite 1115, 545 Plaza Ave.).

Responding to the news that the Sacramento



Arden-Carmichael News Photos/Benn Hodapp  
The famed Sacramento Brewing Co., located at 2713 El Paseo Ln., closed down for good Oct. 19. Brewmaster Peter Hoey attributed the action to the current economic environment.

(right) "Closed Due to the Economy": A note about the closure greeted Sacramento Brewing Co. patrons arriving for lunch Oct. 19. Moved by the unexpected closure, one individual left a note of commiseration taped to the door.

*"Some amazing friends have been made and great times have been had..."*



Brewing Co. was closing its doors for good, Hoppy Brewing Co. commiserated online Oct. 19 via the social networking Web site Twitter.com. Echoing the sentiments of many brewery patrons, the Twitter post said, "This is a BAD DAY for Sacramento beer lovers."

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# Encina High School: Educating local youth since 1958

By LANCE ARMSTRONG  
Arden-Carmichael News Writer  
vcnnews@valcomnews.com

Among the well-known high schools of the Sacramento area, Encina Preparatory High School has built a half-century-long tradition of educating local area youth.

Encina High's history began under the direction of Principal Robert P. Binns on Sept. 2, 1958, as the school's first students arrived on the half-completed, half-under-construction, 46-acre campus.

These students – about 800 freshmen and sophomores respectively representing their graduating classes of 1961 and 1962 – helped establish many early traditions of this San Juan Unified School District school at 1400 Bell St., just south of Arden Way.

These traditions began with the organization of sports teams, cheer and song leaders, rallies, assemblies and dances, the naming of a school mascot, the creation of the school's yearbook, newspaper and the election of student body officers.

Furthermore, an annual fashion show was established during the school's first year.

In latter years, various names and representations at Encina High have been changed due to their associations to its previous school mascot, the Apache, which was later deemed to be a politically incorrect name usage.

Today, the school is represented by its mascot since 1991, the Bulldog, as well as its longtime colors, old gold and cardinal red.

## Arts and letters

The school's first yearbook, Apache Trails, which was later named The Encinian, was first issued in 1959 and the school's monthly newspaper, The Big Question – later The Tomahawk and then The Paper (and also known as the Encina Asylum, The Underground Dirt, The Encina Times) and now no longer being published – debuted Oct. 6, 1958.

Encina experienced much growth during its early years, as by its fourth year, while James W. Smith was serving as the school's principal, the final permanent construction of Encina's master plan was completed and about 2,000 students were enrolled at the school. The following year, about 200 more students attended the school with the addition of five temporary, portable classrooms.

Encina's early students also benefitted from the construction of the school's sports facilities, which included the since eliminated swimming pool.

## School memories

Many students and staff have gathered fine memories at Encina throughout the years, including a few of the following alumni and current staff:

*Ron Soderberg of the Class of 1966:* Ron, who during his senior year drove a 1953 dark blue Chrysler New Yorker that he acquired by mowing lawns during the summer of 1965, is one of three members of his family who attended Encina.



Arden-Carmichael News Photo/Lance Armstrong

Encina Preparatory High School is located on Bell Street, just south of Arden Way.

His brother, Bill, is a member of the Class of 1964 and his brother, Norman, graduated from the school four years later. Both Ron and Bill served in the Vietnam War.

Ron, who was a drummer in the school's band and ran track during his junior year and later worked 21 years as a carpenter and 22 years for the Sacramento County building department, said that during his high school years, students enjoyed going to Tiny's Drive-In at 1401 Fulton Ave., Baskin-Robbins in Town and Country Village and the Village Theatre, near The Village at Marconi and Fulton avenues.

*Kandi Kost-Herbert, chemistry teacher at Encina and a member of the Class of 1969:* Kost-Herbert, who began teaching at Encina in 1999, following a career as a quality assurance food manager for such brands as Hunt's, Denison's and Chicken of the Sea, feels right at home working at her alma mater.

She describes Encina's campus during her high school days as being very busy and consisting of students who often gathered together in groups such as the band group, the student government group, the cheerleaders

group and the art group, in which she was a member.

Driving to school each day in her 1960 pale green Ford Falcon that was decorated with flower decals, Kost-Herbert, who lived on Tallac Street, near Howe and Marconi avenues, and was a neighbor of Soderberg, saw many elements of her generation at Encina.

She recalled popular music of the day such as songs by The Beatles, The Doors, The Jimi Hendrix Experience and Joan Baez, participating in a female students-led action to allow girls to wear pants on campus with the result being the acceptance of pantsuits, and the division of students who supported and were against the Vietnam War.

"I was on the peace side," Kost-Herbert said. "We didn't like people going and getting killed. One of my best friends (Gus Dinos of the Class of 1969) took two tours in Vietnam and he was very lucky to come back alive."

*Don Brodnansky, Encina instructor since 1971:* Brodnansky, who said that his father-in-law John Gallino was the main contractor of Encina's construction, led Encina's first agricultural program, which worked with many stu-

dents, many of who were FFA members, who gained experience on a farm at Jonas Salk School.

Brodnansky, who specifically mentioned business teachers Pete Halfman and Stephanie Woo as a pair of the school's all-time most memorable teachers, now heads the school's Doctor and Nurse Preparatory Program, which was established in 2004.

*Steve Palmer of the Class of 1974:* Palmer, who was a member of the photography club that was led by its advisor LaVern Gonzales, the German club that was led by its advisor Elise Wolz and the AV club, which filmed various Encina events, described himself as a high school nerd who took a very early interest in computers.

"We had access to one of the first computers in the Sacramento area from Encina," Palmer said. "We had something like an old teletypewriter in one of the math rooms and we could actually program a computer that was on loan to us. That was in 1973 and 1974, which was of course long before most people had computers available to them. I was not into a lot of the danc-

See Encina, page 7

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# Encina: 'Our philosophy is to be a part of the community'

Continued from page 6

es and stuff like that being a nerd, but I had fun with the science side of it."

Palmer, who said that he was fortunate to attend Encina when miniskirts were popular, added that unlike today, the school offered elective classes such as metal shop, auto shop and ceramics.

Additionally, Palmer recalled Encina's now-defunct, student-operated radio station, K-ROK, which broadcast popular music during lunchtime and organized free, afternoon on-campus concerts by local bands.

Lynne Tracy, Encina's vice principal and a member of the school's Class of 1978: Tracy recalled her time performing in the school's successful chorale program.

"The best part about school when I was a student was the chorale music program, which I was a member," Tracy said. "We had an annual tradition of singing at the Junior Music Sponsors Christmas Concert. All the local schools participated and Encina was always in the top three choirs. I just remember it all very fondly."

Heading Encina's now-defunct chorale program since its creation during the school's first year was its good-natured director Jack Carey, who Tracy said was endeared by his many students.

"He was absolutely my favorite teacher and mentor," Tracy said. "Many of his students were inspired to follow in his footsteps and study music. I became a teacher because of Jack."

In addition to the former students listed above, Encina was also attended by such no-

table students as Eagles bassist Timothy B. Schmit, who released his fifth solo album, *Expando*, on Oct. 20, former American Basketball Association and National Basketball Association center Jim Eakins, retired U.S. Marine Corps Lt. Gen. John F. Goodman, who also played briefly as a quarterback in the NFL and John Zimmerman, the longtime president and owner of MTI College.

## The school today

Certainly, the school has changed since the days of Encina's early students and staff, as financial needs have increased and the school's enrollment has struggled in latter years. Currently there are about 650 students enrolled at the school.

Encina's strong alumni association has assisted with the financial deficiencies of the school through its popular, annual alumni basketball game, which pairs up the school's varsity basketball team with former Encina basketball players. At its peak, the game raised about \$50,000 and last year, the game, which included the 6-foot, 11-inch tall Eakins and a 65-year-old alum, raised about \$35,000.

The school also benefits through the longtime service and monetary assistance of the Point West Rotary.

Within the last decade, Encina has housed various re-

gional occupational programs, which draw students from throughout the county.

These programs include dental assisting, careers with children, medical assisting and banking/business.

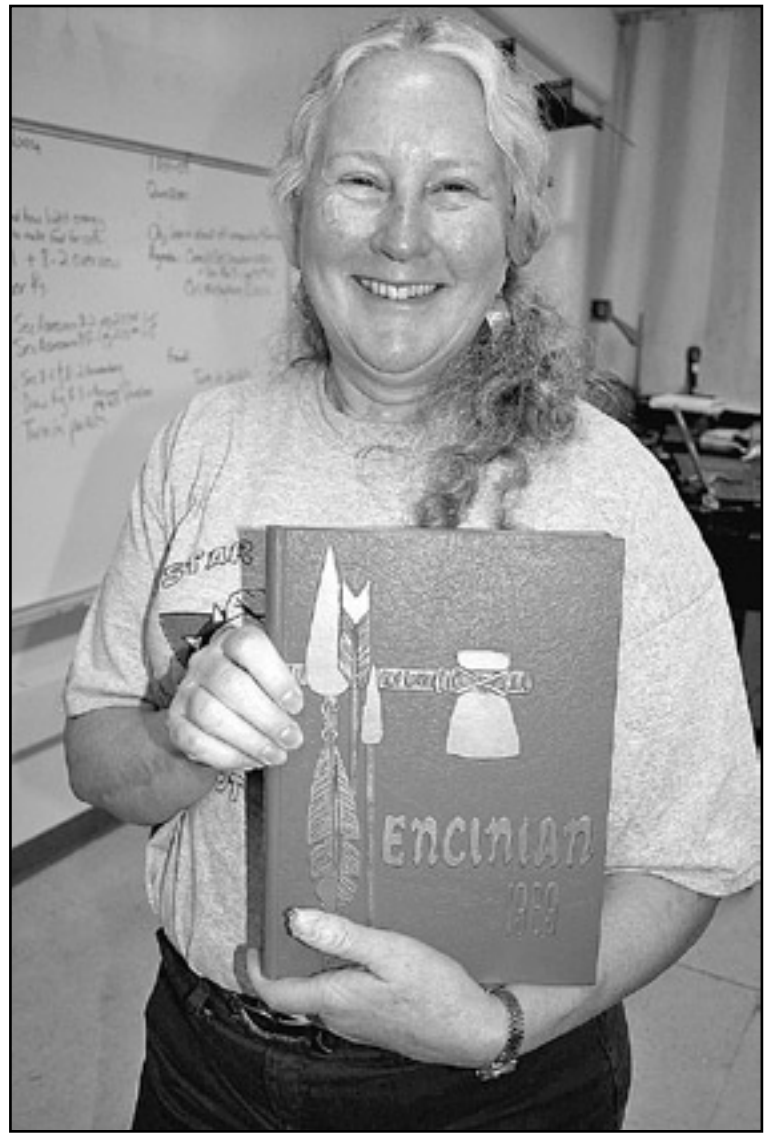
Additionally, the campus is also home to two or three American River College courses per semester, Sierra Nueva, a teen parenting program for students, designed to assure that such students earn high school diplomas, El Sereno, an independent study program, and an Early Childhood Education preschool.

Heddy Crowder, community liaison at Encina High, said that the school is fortunate to have the opportunity to house these many offerings on its campus.

"Our philosophy is to be a part of the community and engage our stakeholders on campus," Crowder said. "Encina is an extended learning community that offers multiple programs and job skills to our families and others in the area. We're fortunate to be able to provide opportunities that benefit so many people."

Myrtle E. Berry, Encina's principal since the 1999-2000 school year, said that she is proud of Encina's longtime tradition of educating local youth.

"Encina has a strong history with a very rich diversity in recent years and it continues to promote a strong academic



Arden-Carmichael News Photo/Lance Armstrong  
Kandi Kost-Herbert, a 1969 graduate of Encina High School and a current chemistry teacher at the school, shows a copy of the 1969 yearbook.

learning environment," Berry said. "We work to change the students' focus and learning and encourage them to attend college. We really try to focus

on the importance of teaching and learning in the classroom at Encina and to have the community see us as a viable school."

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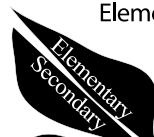
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Know your neighbor

# From Pennsylvania comes the new principal for Rio Americano

By **SUSAN LAIRD**  
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Fall is traditionally a time of new beginnings in the academic world. From the students' perspective, it is all about new classes, new books and new teachers. For educators, it is similar. There are always many new faces to become acquainted with.

At Rio Americano High School in Sacramento, students are getting to know a new principal: Brian T. Ginter. And he is getting to know them.

An experienced administrator, Ginter hails from the East Coast. This autumn's school year has been about multiple new beginnings for him. This is his first year at a west coast high school, his first autumn on the west coast and his first year as a new husband.

"This is my eighth year as a principal and my 11th overall as an admin-

istrator," Ginter said. "I was in Pennsylvania before coming to California. I was at Blue Mountain High School for five years, then I moved to Lancaster, Pennsylvania, where I was the assistant principal for Conestoga Valley High School for three years. Then, I became principal at Conestoga for an additional five and a half years."

Ginter was principal at Warwick High School in Lititz, Pa. for over a year before coming to Rio Americano. He could have continued on there, but fate has a way of altering the course of a life's path.

"I got married last April," Ginter said. "My wife graduated from El Camino High School and she wanted to come back home. So, I started looking at the opportunities out here."

Education is in his genetic makeup. "My father is a retired biology teacher. My brother and sister-in-law



Arden-Carmichael News Photo/Lance Armstrong  
Brian T. Ginter, a former high school principal in Pennsylvania, is serving in his first year as Rio Americano High School's principal.

See Principal, page 9

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# Principal: 'I like Rio Americano a lot,' he said with a smile

Continued from page 8

are both elementary school teachers," Ginter said. "However, I'm the only administrator in the family."

After graduating from Penn State, Ginter continued his education and received his master's degree at East Stroudsburg University in Pennsylvania. He is currently pursuing a doctorate at Nova Southeastern University.

"I wanted to become a school administrator because the decisions I make as an administrator can affect more students," he said. "You can see as many as 1,700 to 1,800 kids each year, versus a teaching position where you might encounter 70 to 80 students per year."

## Tested early

Earlier this month, Ginter's administrative skills were put to the test when first the local and then the national media started calling about Rio's dance team performance at the school's Aloha Rally. Some felt the dance moves were "sexualized."

"This issue came up about a month after it happened," Ginter said. "It was the first rally of the school year, and there were about 50 parents present. No one made a comment about the dance team at that time. Then, a student wrote an opinion article in

*"The environment is quite different from high schools back east, though."*

the school paper. I thought the student did a good job of expressing his opinion. Even at the end of his article, he asked for the opinions of other students. To the girls' credit – and they may have been upset at first – they took the comments to heart and thought about it. They said, 'If our audience thinks that this is over the top, then maybe we need to adjust our routine.'"

The dance team took steps to "tone down" their dance routines before the media became involved.

"Here we had a situation where students spoke up and other students listened and took steps to do the right thing," Ginter said. "So there wasn't a lot for me as an administrator to get upset about. What more could you ask for? You've got kids doing what they should be doing."

Ultimately, Ginter said that his commitment is to

all students at Rio Americano.

"You have to be supportive of the kids on both sides," he said. "I think they are doing a great job of moving forward."

The only frustration Ginter experienced during the school dancers issue was with the inaccuracies reported in the media.

"Some comments were attributed to our coach that were actually from a coach from another dance team," he said. "It made her look like a bad coach, which she isn't. That was frustrating. I was disappointed that the national media did not check their sources for accuracy, also."

## Class goes on

Now that the media storm has died down, Ginter looks forward to continuing his first year as a California high school principal and experiencing the Sacramento area for

the first time with his new family.

Gazing out his office window, Ginter sees a group of students bustling off to class. There is an expression of mild surprise on his face.

"I like Rio Americano a lot," he said with a smile. "The environment is quite different from high schools back east, though. Here, the kids are outside, on an open campus, when going to class. There, everyone is indoors – with only one point of entry and exit. An open campus presents its own challenges. I'm not used to seeing kids outdoors. It's one of the things I'm getting used to, but it's a good thing."

## The man behind the office

Ginter enjoys football (favorite teams: Penn State and the Steelers), classic rock and "surf and turf." He doesn't like rap music. He enjoys action/adventure movies. "The Dark Knight" starring the late Heath Ledger is a recent favorite. His favorite "cult" movie is "The Princess Bride."

It is a time for building the future, both for the students at Rio Americano and Ginter. He looks forward to putting down new roots.

"I like to golf on the weekends and I love to spend time with my wife," he said. "There are lots of things to do around here."

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# Collaboration of the sexes as 'Taming of the Shrew' comes to Sacramento's St. Francis High this November

By **SUSAN LAIRD**  
Arden-Carmichael News Writer  
slaird@handywriting.com

The perennial battle of wits between the sexes returns to the stage this November, as St. Francis High School presents William Shakespeare's classic comedy, "The Taming of the Shrew."

In this classic comedy of the theater, Petruchio, a gentleman of Verona, courts the headstrong spinster, Katherina. Petruchio and Kate engage in a battle of wits as he attempts to "tame" his bold and stubborn wife and bring her into

line with society's expectations. This romantic farce, full of disguises and role playing, deals with themes such as marriage and duty, reality and illusion, and compromise.

## Dramatis personae

What may be surprising to some, however, is the collaboration of the genders at this all-girls Catholic high school. Four of the 21-member cast are men.

This is a common experience at St. Francis, according to Elisabeth Danielson, arts executive director and producer of the play.

"We have always invited guys from all schools to audition for our plays and musicals," Danielson said. "Sometimes we need children, too. So, we advertise at elementary schools to see if anyone is interested in performing with us. For example, there were children from St. Mary's School who were in the cast of 'Sound of Music' in 2008."

The men in this year's fall education play hail from four area high schools.

In the lead as Petruchio, Elliot Herzer is a senior at The Met Sacramento, which is located in downtown Sacra-

mento at 8th and V streets. The Met Sacramento is an innovative public high school designed and founded by the educational nonprofit The Big Picture Company. The school enrolls some 144 students in its project-based curriculum.

Nick Merrick attends El Camino High School. A junior, he is already a veteran thespian, performing in "Joseph and the Technicolor Dream Coat," "Midsummer," "Friday at Five," "Our Town," "The Importance of Being Ernest," "Nightmare Before Christmas," "Sir Gwain and



Photo courtesy of Mark Coverdell Photography St. Francis' Abby Williams-Campbell as Bianca, and Nick Merrick (of El Camino High School) as Lucentio.

See School play, page 11



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# School play: El Camino High junior Nick Merrick will portray Lucentio

Continued from page 10

the Loathly Lady," among others. He will portray Lucentio, a suitor for the hand of Bianca, Kate's less intractable sister.

Tomas Riegos is a junior at Jesuit High School. He will portray Vincentio, Lucentio's father.

Niles Swinney is a junior at C.K. McClatchy High School. He will play the role of Hortensio, suitor to Bianca and friend to Petruccio. Swinney is another stage veteran. Last spring he performed in McClatchy High's production of "Into the Woods." He also appeared in "The Odd Couple," "Beauty and the Beast" and "Picasso at Capin Agile."

Cameron Tapella, who will portray Gremio, an elderly suitor of Bianca. He is also a junior at Jesuit. Last fall, he performed in St. Francis' Elly-award winning production of "Playing for Time."

The inclusion of men in the plays at St. Francis has

definite advantages, Danielson said.

"Guys walk, talk, and move differently than girls," she said. "Sometimes it adds some authenticity – some parts are pretty difficult for a high school girl to play as a guy. Another advantage is that students can learn from each other. It's fun to have the boys around the all-girls campus. They add another dimension sometimes."

The advantage for male performers, in addition to being stars of attention at the school, is access to St. Francis High's award-winning theater program.

"Some of the boys come from schools that may not have as an extensive a theatre program as St. Francis has," Danielson said. "So it's nice to offer this opportunity to them. Some of the boys and children have been in theatre throughout the Sacramento area for many years and just find it fun to work with us on our plays and musicals."

One example of this benefit is the recent visit to the

St. Francis campus by Adam Coleman of the Globe Theatre in England. Coleman is the senior practitioner for Globe education. He travels to share his observations and thespian expertise with students worldwide. St. Francis worked with the Mondavi Center to make the visit with the students possible. Coleman taught a masters class workshop for the play's cast and technical crew.

"The St. Francis Arts Council selects a play and a musical for each year," Danielson said. "The idea behind selecting each one is based on broadening the depth of students' knowledge on different kinds of works so that in the four years that a girl is at St. Francis, she has watched or been a part of eight completely different experiences. For example, last year we performed 'Playing for Time,' which is an historical piece written by an Auschwitz survivor about the Holocaust, and 'Seven' a fun musical written by St. Fran-

cis' own music accompanist and recording director, David Blanchard. It is important to perform a Shakespeare piece for its rich and well-known work."

## Shakespeare, today

"The Taming of the Shrew" has been adapted for numerous plays, musicals and films. The St. Francis production is set in the original Elizabethan time frame, but with modern applications in costuming, music and gesture. Much like the film, "A Knight's Tale," the St. Francis production plans to deconstruct the Bard, adding modern applications in costuming, music and gesture. The result is an Elizabethan play with a millennial flair that will be affordable, highly entertaining and well worth attending.

"The Taming of the Shrew" opens at St. Francis High School, 5900 Elvas Ave., Nov. 6 at 7:30 p.m., with additional 7:30

p.m. performances on Nov. 7, 12, 13 and 14. There will be one 1:30 p.m. matinee show on Nov. 14. Admission is \$5 for students under age 19 and \$10 for adults. Tickets are available at [www.ticketguys.com/stfrancis](http://www.ticketguys.com/stfrancis) or at the box office 45 minutes before each performance.

## St. Francis High School presents "The Taming of the Shrew"

Nov. 6, 7, 12, 13, 14 at 7:30 p.m.

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# Safety first at special emergency services event

By CELIA GREEN  
Arden-Carmichael News Writer  
vcnnews@valcomnews.com

Driving on Freeport Boulevard Oct. 11, an observer may have thought a major disaster had occurred, judging by the number of uniformed police and firefighters seen. But, in fact, it was Sacramento's Safety Fair, a free event open to the public.

"I thought it was a good turnout," said Michelle Bartsurto of the Sacramento Fire Department, the event's organizer. "We had great weather and a couple hundred visitors. This Safety Fair was open to the whole city. We haven't done a fair like this in 3 or 4 years."

This year's Safety Fair included members of the Sacramento Police Department, including SWAT Team and K9 units, the Sacramento Fire Department, Office of Emergency Services, and DART (Drowning Accident Rescue Team) and Community Service Officers there to fingerprint children.

"We're here to promote child safety," said Sacramento CSO Holly Kinney, "We're fingerprinting and photographing children, and the parents get a copy of this (the document.) The fingerprints are not kept on file anywhere."

Sacramento Police Department started this program three years ago, and police offi-

cers often go to schools, health fairs and churches when asked.

"I'm being fingerprinted so if I ever get lost this will help me get found," said Alex Chenkovich, a sixth grader at Sutterville Elementary School. "We'll keep this on the fridge," said his dad Paul.

In addition to the outdoor booths, 30-minute seminars were held indoors.

Topics included fire safety (in English, Spanish and Hmong) and disaster preparedness. Children were taught to dial 9-1-1, and bike safety was covered.

But outside was the place to be, as the dogs were the stars of the day.



Arden-Carmichael News Photo/Celia Green  
Sparky the Fire Dog meets and greets with crowds at the Oct. 11 Safety Fair.

Sparky the Fire Dog circulated throughout the crowd, reminding children to "Stop, drop, and roll" in the event of a fire. And K9 officers Sonic and Hutch showed off their skills in apprehending "bad guys." When the dogs were off-duty, Officers Aaron Thompson and Keith Hoverson, the K9 handlers, encouraged on-lookers to pet

the dogs and see how gentle they can be.

"It's cool to see how well the dogs follow their trainers," said Alex Chenkovich.

That sentiment was echoed by Sgt. Norm Leong of SPD.

"This is an event to get to know us in a non-emergency situation," he said. "We're giving safety and crime prevention tips, and it lets kids have fun."

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# You and your teen Dealing with drug use

By STEVE DEBENEDETTI-EMANUEL  
Special to the Arden-Carmichael News  
steve@rivercitycounseling.com

Not long ago I received a frantic phone call from the father of a 16-year-old boy I see. John (not his real name) came home from school and

put down his bag. A zipper was open and drugs came tumbling out.

He confronted him about the drugs, and he responded by giving him the age-old excuse that he was "holding them for a friend." His father decided that it would be best not to talk further until his moth-

er came home, and at that time they held a family meeting. As before, John repeated his claim that the drugs weren't his. On top of that, he denied ever using drugs. Although his parents doubted his story, they didn't know what else to do.

I suggested that they bring John in for a family session to discuss the issue. At that point, his parents shared their concerns about him using drugs. Again, John denied that the drugs were

his, and he added that his friend had asked him to hold the drugs because nobody would ever suspect him of using.

I presented some options to John's parents. They could choose to believe that he was only holding the drugs and deal with that issue. Or they could choose to doubt his story and take further steps by having him tested for drug usage. They wavered back and forth, and ultimately chose not to have him tested and

gave him consequences for holding the drugs.

When parents are first faced with that possibility that their teens are using drugs, it's an overwhelming moment. I advise parents to have a frank discussion with their kids about their concerns. If they aren't satisfied, I encourage them to investigate a bit and decide what to do based on what they learn.

Perhaps you've noticed that alcohol is missing from the liquor cabinet or old prescription painkillers have disappeared. Perhaps you've found drug paraphernalia or empty liquor bottles in his closet. Maybe his eyes are frequently red and his personality seems different. Maybe his eating and sleeping habits have changed drastically. Perhaps his friends have changed, and his grades have fallen dramatically. Or maybe something in your "gut" tells you that something isn't right with your teen, and you feel the need to know for sure by having him drug tested.

Should a parent make this decision, a logical starting place is the Internet. I did a search for "drug tests" and was surprised to come up with over 54 million hits. Without specialized knowledge of tests and their reliability, I wouldn't know which test to choose and if I could trust the results.

I advise a simpler path: setting up an appointment with your teen's pediatrician and talking to him about your concerns. My hope is that after hearing about the situation he would test your teen comprehensively for drug use.

It's important to note that the decision to test comes with risks. Despite all of your evidence, the possibility exists that the test could come up negative, and there could be unintended consequences. I've talked to teens that have felt frustrated that they've worked hard to stay away from drugs and are devastated that their efforts aren't recognized. A number of times I've also seen teens make negative choices to "get back" at their parents. So it's important that a decision to test your teen for drug use be made very carefully.

In the end, teen drug use is one of the biggest fears and challenges parents face, and there is no foolproof way to respond. If you're concerned that your child has recently started using drugs, yet he denies it despite strong evidence, I suggest taking the risk and having your teen tested by a professional. What you learn will help guide your response.

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Photo courtesy of St. Francis High School

St. Francis High School has been a part of the Sacramento community since the fall of 1940. The school opened at its current East Sacramento site 24 years later.

# Seven decades of memories at St. Francis High School

East Sacramento school originally located at 25th and K streets

By **LANCE ARMSTRONG**  
Arden-Carmichael News Writer  
vcnnews@valcomnews.com

*Editor's note: This is the first in a two-part story. See part two in the November 12 edition of the Arden-Carmichael News.*

St. Francis High School – the Catholic diocesan college preparatory institution for young women at 5900 Elvas Ave. – has a rich history in East Sacramento, as well as at its previous locations near Sutter's Fort and in Oak Park.

In its beginning, St. Francis High was a much smaller school, as it developed as a 9th grade extension of St. Francis Elementary School at 2500 K St., near St. Francis Church in the fall of 1940.

Although this first class of 9th graders, which consisted of 12 young women who met in part of the elementary school's third floor, were the high school's first students, their transfer to the three-story St. Joseph Academy at 815 G St. following their sophomore year assured them of losing their future recognition as the school's first graduates.

Instead, the students of the Class of 1945, who began their 9th grade year at St. Francis in 1941, claimed this recognition when they graduated from St. Francis in the spring of 1945.

Erma Elizabeth "Jimmie" (Sutter) Herman of the Class of 1946 said that the high school's first students, who had previously attended earlier grades at St. Francis School, Immaculate Conception Parish School at 3230 Broadway in Oak Park and other schools, were transferred, because

initially "the bishop didn't think that anyone would support St. Francis on the third floor."

The high school, however, eventually expanded to encompass the entire second and third floors of the building.

During the school's earliest years, classes were instructed by Francis Sisters of Penance and Christian Charity. Nuns continued to provide instruction and leadership at the school until about 1999, when Sister Catherine stepped down from her position as principal.

In honor of its extensive history, St. Francis High conducted a series of interviews with its early graduates in 2001.

## Early graduates

The earliest of the graduates interviewed were members of the Class of 1946, Herman, Adelia (Dallosta) Large, Mary (Desmond) Mastalski and Barbara (McGuire) Taylor.

During her 2001 interview, Herman said that the high school was much different during her time there, specifically emphasizing its lack of clubs and sports teams.

After attending Sutter Junior High School at 19th and K streets, Herman joined the sisterhood of St. Francis High under the direction of its principal, Sister Geraldine, who had a doctorate's degree in English from Columbia University.

Herman also shared other memories of her high school years, including going to school during World War II, listening to music by her favorite singer Bing Crosby and going to Saturday night movies for 10 cents.

A Sacramento native of Italian descent, Large recalled having nuns as teachers, except for her gym class, and wearing a school uniform, which consisted of a one-

See St. Francis, page 22

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# CALENDAR

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## GET IN THE CALENDAR

Is your club, group, church, school, or organization having an upcoming event? Let us know. Send information about your event—including date, time, location, a brief description, cost (if any), and contact information—to Calendar, c/o Valley Community Newspapers, 2709 Riverside Blvd., Sacramento, CA 95818, or e-mail [ryanrose@valcomnews.com](mailto:ryanrose@valcomnews.com). Deadline is one week before publication. Priority is given to events that are in the community and/or of little or no cost. There is no guarantee that events submitted will appear in the calendar. To ensure placement within the newspaper, please call 429.9901 to place an advertisement.

## OCTOBER

### Free pole walking clinics

Organized by Cure Arthritis Now, free pole walking clinics will be hosted Wednesdays (at 6 p.m.), Oct. 7 and 21, and Fridays, Oct. 9 and 23, at the Sierra 2 Community Center, 2791 24th St. Interested people need to call the group directly for times and specific locations, to pre-register and reserve the walking poles for the clinics. For more information, call 208-8700.

### Managing health conditions class

Healthier Living is an award-winning program designed by Stanford University to help you better manage chronic health conditions and lessen their impact on your life; reduce fatigue, anxiety, sleep loss and gain; communicate better with your doctors, friends, and family; and set goals and problem solve to make positive changes. This class is also recommended for caregivers of people with chronic conditions. Classes are held at Asian Community Center- October 8, 15, 22, 29,

Nov 5, and 12 from 9:30 a.m.-12 p.m. Free. To register, call Lucy at 393-9026 x 322.

### Straw into Gold

The Hart Senior Center will once again host the "Straw Into Gold" poetry writing workshop for Seniors. Led by Julia Connor, Sacramento Poet Laureate 2005-2009, this workshop offers an outstanding opportunity for seniors to hone their writing skills in a creative, spontaneous environment. The workshop will be held Thursdays from 3:00 to 5:00, now through November 12. Registration is required, but there is no cost for this workshop. Please contact the Hart Senior Center at (916) 808-5462 for more information.

### Past Tents exhibit opens

"Past Tents: The Way We Camped" is a humorous excursion through one of our favorite pastimes, exploring camping in California from post-Gold Rush times to the mid-1900s. Through three exhibit themes - Round the Campground, Hitting the Trail, and Open Roads, Open Fires - visitors enjoy contemporary prints of rare historic photographs and objects from the collections of the California Historical Society and the Bancroft Library. The Sacramento History Museum invites all to enjoy this exhibition beginning Friday, Sept. 4, closing January 3, 2010. The Sacramento History Museum, operated under the auspices of the Historic Old Sacramento Foundation, is located at 101 "I" Street, Old Sacramento. The museum is open every day (excluding major holidays) 10 a.m. to 5 p.m. Phone: (916) 808-7059.

## OCTOBER 23

### Harvest Festival

There will be a Harvest Festival at Matsumoto Elementary School, 7680 Wind-

bridge Dr., from 4 p.m. to 7 p.m. Admission is free. Guests will enjoy foods, crafts, and entertainment.

## OCTOBER 24

### Baby fashion show

Baby Oh Baby! Fashion Show, Lyon's Village, 2580 Fair Oaks Blvd., (corner of Fair Oaks and Fulton). 2-4 p.m. call Cottage Affair 480-0971 for info. Arts and Craft vendors will be present with their crafts.

## OCTOBER 25

### Autumn Ball

Nor Cal Big Bands Preservation Society will hold its 9th annual Autumn Ball, 1-5 p.m. at the Elks Lodge No. 6, 6446 Riverside Blvd. For ticket information and event info, call Lou Coppola at (916) 444-6138.

### Symphonic Winds performance

Bring the entire family to this extraordinary concert entitled "Love Those Classics!" the first concert in our "Command Performance!" season, October 25, 3 p.m. at the La Sierra Community Center in Carmichael. The Sacramento Symphonic Winds is a 60-piece adult community band conducted by Dr. Les Lehr. Selections will include the premiere of Frederick W. Westphal's arrangement of Tchaikovsky's Romeo and Juliet Overture, Cossak Dance also by Tchaikovsky, Amparito Roca by Texidor, and featuring trumpet soloist Tom Shorba playing La Virgen de la Macarena originally performed by Rafael Mendez, and more! Visit our web site at [www.sacwinds.org](http://www.sacwinds.org)

## OCTOBER 27

### Embroiderer's meeting

Embroiderer's Guild of America is 7 p.m. Tuesday, October 27, SMUD Building, 6301 S St. Pat Godlove will teach our second annual petite Christmas Stocking. Visitors welcome. (916)961-3558

## OCTOBER 30

### Bizarre bazaar

Westminster Presbyterian Women are sponsoring a Bizarre Bazaar at Westminster Presbyterian Church, 1300 N Street, Sacramento CA 95814 on Friday, October 30 from 10:00 am - 3:00 pm Telephone (916) 442-8939. We will be selling handmade craft items for your Christmas gifting and Decorating; plants for your home and yard; good small furniture, household items and childrens toys; food items including pickles, jams jellies and baked goods; and gently used clothing, shoes and purses. Items to be sold at various prices. All ages are welcome. Proceeds support Westminster Presbyterian Women's Mission Projects. This is going to be a fun event. For your snacking pleasure a slice of pie, cake or cookies and coffee are available for purchase in the patio.

### Halloween Party

Hart's Halloween Party. Come dressed in costume and give a scary Halloween welcome to any ghost, goblins or vampires amongst us at Hart's Halloween luncheon. Everyone is welcomed to come have a bewitching time! Cost: \$2 donation for 60+ years and \$5 fee if under 60 years. When: Friday, October 30 at 11:30 a.m. Where: Ethel Hart Senior Center, 915 27th St. Contact: 916-808-5462

### Hallo-fest

On Friday October 30 from 5-7 p.m., the Phoenix School located at 7335 Park City Dr. will be having their annual Trunk or Treat and Hallo-Fest. There will be games, crafts, trick or treating as well as a hot dog and chip dinner. Free for all, please join us! Call 916-399-8371 for questions or directions

## OCTOBER 31

### Trick or Truck Fest

Streamline Church (located at the Lisbon School 7555 S. Land Park Drive) will be hosting its annual Trick or Trunk Festivities on Saturday Oct. 31st beginning at 5 pm. It's a community event with lots of fun ac-

tivities for children, yummy treats and raffle tickets for a free items such as new bikes and much, much more. There will be jump houses and inflatables for the kids, a live band and a special dance team.

### Kennedy Fall carwash

It's Cleaning Time at the John F. Kennedy HS Marching Band's annual fall car wash. Bring your vehicle to the "best car wash in town." Fee is \$5. Event runs from 7:30 a.m.-11:30 p.m. at J. F. Kennedy's Front Parking Lot, 6715 Gloria Dr.

## NOVEMBER

### Register for Pocket Girls Softball

2010 marks the 41st season of Pocket Girls Softball. Girls ages 4 1/2 - 16 are invited to join the fun of playing softball in a supportive league that is dedicated to nurturing girls. This recreational softball league welcomes girls of all levels, from beginners to high school team players. The season begins in April but register now. Sign-ups are Nov. 4, 6:30 - 8 p.m. at Caroline Wenzel School; Nov. 11 6:30 - 8 p.m. at Belle Cooledge Library. Visit [www.pocketgirlssoftball.com](http://www.pocketgirlssoftball.com) for more information.

## NOVEMBER 1

### McKinley Song Circle

McKinley Children's Song Circle with the Shadechasers will perform for free Nov. 1 at 3-4:30 p.m. in the Clunie Clubhouse, 601 Alhambra Blvd. Families welcome. Brand new songbooks for singers available. For more information and directions, call 531-4110. The Shadechasers is a local folk group of 10 members playing Woody Guthrie, Pete Seeger, Malvina Reynolds, Raffi, and other singable family music suitable for children's activities. We sing and dance, and encourage families to sing together whenever they can. Now we have a new songbook with about 60 songs to share with our group.

See more Calendar, page 21

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# Calendar

Continued from page 20

## NOVEMBER 1

### Choral evening at All Saints

All Saints Episcopal Church, 2076 Sutterville Rd., presents choral evensong celebrating All Saints Day with Scott Nelson conducting followed by a recital of organ music by Stephen Janzen, Organist on Sunday, Nov. 1 at 4 p.m. Free will offering. A reception will follow, and child care is available. Parking is across the street at City College. Further information: [www.allsaintssacramento.org](http://www.allsaintssacramento.org) or call 455-0643.

## NOVEMBER 2

### SCC music event

The Sacramento City College World Music Ensemble, directed by Bob Wren, will present Music from Ireland, China & the Caribbean on Monday, November 2, 7:30 - 8:30 pm, SCC Auditorium (3835 Freepoint Blvd.) Free admission. For further information, call Rob Knable, Music Department Chair at 558-2515.

## NOVEMBER 3

### Recorder music group

The Sacramento Recorder Society meets under the baton of recorder music composer and arranger, Glen Shannon. He will bring beautiful and interesting music to conduct. Newcomers are welcome. Please bring your instrument, a music stand and a pencil. Newcomers are welcome. The meeting is 7:00-9:15 p.m. at 890 57th Street. For more info, visit [www.sacreorders.org](http://www.sacreorders.org) or call 391-7520.

## NOVEMBER 4

### Home safety and fall prevention

The Meadows Senior Living and A Place For Mom have teamed up to offer the following informational series to the Elk Grove and Sacramento Community: Home Safety and Fall Prevention, Home Instead Senior Care, November 4, 6-7 p.m. at The Meadows Senior Living, 9325 East Stockton Blvd, Elk Grove.

### Special band performance

New Life Band from Tanzania - ministers to youth and students through concerts, camps, consulting and a school - presenting a free concert open to the public - November 4th - 7PM at The Lutheran Church of the Good Shepherd - 1615 Morse Ave (corner of Arden Way and Morse Ave.) - more info at 916-483-0451 or [www.goodshprd.org](http://www.goodshprd.org) - Thank you for your help - Lynn Seal -916-487-0988 - [lfs1938@surewest.net](mailto:lfs1938@surewest.net)

## NOVEMBER 5

### Latino Dance and Culture Group

Come dance to the beat of all types of Latin music! Featured DJ music and delicious Mexican food! Held at the Ethel Hart Community Center, 915 27th St., from 6:15-8:45 p.m. Suggested donation: \$3. For more information, call Barbara Alarcon 400-4514.

## NOVEMBER 6

### Bake Sale

Asian Community Center 2009 Craft and Bake Sale will be from 10 a.m. to 6 p.m., Friday, Nov. 6, at the ACC Greenhaven Terrace, 1180 Corporate Way. Handmade crafts, jewelry, garden plants, white elephant items, fruit, baked goods, chili and beno will be sold. Proceeds support the programs and services at ACC Park City, ACC Nursing Home and ACC Greenhaven Terrace. For more information, contact Khonnie Lattasima at (916) 9026 Ext. 325 or visit <http://www.accs.org/ca/index.php>.

### Organic Gardening

On November 6, the Organic Gardening Club of Sacramento County will meet at the Carmichael Park Administration Building, Room 1, 5750 Grant Avenue, Carmichael, at 10 a.m. The program will be on "SMUD Gardens and Trees" by Eric Sunderland, Head Gardener. Call 916-635-6724 for information.

## NOVEMBER 7

### Jensen Garden Workday Volunteers

The Friends of the Jensen Botanical Garden hold garden work days one Saturday of every month from 9 a.m. to 1 p.m. The next workday is Saturday, Nov. 7, 2009. Bring work gloves, hand pruners and your lunch.

Come join with other volunteers to keep the garden beautiful all year. The next workday in 2009 is Dec. 5. The Jensen Garden is located at 8520 Fair Oaks Blvd. in Carmichael. For more info: Tracy Kerth (916) 485-5322 ex23 or email [tracy@carmichael-park.com](mailto:tracy@carmichael-park.com).

### Old City Cemetery tour

Explore some of the diseases of the Gold Rush and visit the final resting place of the multi-talented physicians who cared for their patients on this Saturday morning tour of the Sacramento Historic City Cemetery. Led by Dr. Bob LaPerriere, this tour will offer an interesting perspective on Gold Rush history. The tour commences at 10 a.m. from the Cemetery's main gate at Broadway and 10th Street. Visitors may park across the street from the 10th Street Gate and meet at the cemetery entrance. For tour information, please call (916) 448-0811. Tours are free, though donations for the restoration of the cemetery are greatly needed and appreciated.

### Military Widows

The Society of Military Widows, Sacramento Chapter No. 5, will meet on November 7, at the Lions Gate at McClellan Park at 11:30 a.m. for lunch and message from speaker, Chief Moses, Retiree, Affairs Office. Call (916) 635-6724 for information.

## NOVEMBER 8

### Veterans Day concert

Sacramento Youth Symphony, Premier Orchestra will produce a special event, a salute to Veterans Concert on Sunday, November 8th, 2009 at 3:00 p.m. at Hiram Johnson High School, 6879 14th Ave. Tickets: Veterans and active military will be offered

a ticket for \$5 with military ID or uniform. Other tickets cost \$10-15 dollars. Students 10 and under free. Call 916-731-5777 for ticket information.

### Chili by the River

The St. Joseph's Parish is getting ready to hold its first annual Chili Cook-Off and annual harvest craft fair. The cook-off, promising fiery competition and fun, will be held on November 8th between 9 am and 12:30 pm on the lawn of St. Joseph's Catholic Church, 32890 South River Road in Clarksburg. The harvest craft fair will be held simultaneously with the chili cook-off and will feature a wide variety of holiday and every day gift items. The gift fair will continue until 3 p.m. Admission to both events is free. For further information, call 916-421-9615.

## NOVEMBER 12

### "Hats and Wraps for the Holidays"

Held Nov. 12 at Casa Restaurant (2760 Sutterville Rd.), the "Hats and Wraps for the Holidays" is a special event supporting the Sacramento Children's Home. The event presents Carol Culp and Drin Welker and Casa's Mary Weaver, who have created hats and wraps that are both attractive and functional. Seatings are at 11:15 a.m. or 1:15 p.m. Tickets are \$20. Main entries are a Chicken in Filo with mixed green salad or a chipotle caesar salad with chicken. Dessert is chocolate torte with raspberry coulis. For more information, call 452-2809.

### Computer club meeting

The Mission Oaks Computer Club will meet on November 12, from 1-3 p.m. at the Mission Oaks Community Center, 4701 Gibbons Drive, Carmichael, CA.

Microsoft rep Jeffrey Aziz will provide an introduction to Windows 7, Microsoft's next Windows operating system. A problem-solving clinic, led by Adam Lacey of Applications, Etc, will follow the meeting. First-time visitors are welcome. For additional information call (916) 366-1687 or visit our Web site at [www.missionoakscomputerclub.org](http://www.missionoakscomputerclub.org).

### National Health Federation

The Sacramento Chapter of the National Health Federation meets at the SMUD Auditorium (the old SMUD Building) on 6201 S Street, Sacramento. A free lecture, "Extraordinary Living through Advanced Neurology" presented by Dr. Andrew Downey, DC. Call 916-635-6724 for information.

### Todd Morgan & The Emblems

On Thursday, come join Todd Morgan & the Emblems, a Carmichael based band, as they perform a showcase of Rock & Roll music from 6 pm to 7 pm at Mt. Mike's Pizza, located at 4141 Manzanita Ave., Carmichael. For more information call (916) 208-9023 or visit [www.toddmorganandtheemblems](http://www.toddmorganandtheemblems)

## ROSEMONT HIGH SCHOOL Harvest Craft & Community Festival

Saturday, November 14, 2009  
9am to 2pm in the cafeteria

- FREE Family Fun Event
- Classic Car Show
- Crafters, Vendors, & Student Boosters
- Food & Gifts

Call 484-6189 for information  
9594 Keifer Blvd.

(Between So. Watt & Bradshaw Rd)  
All Proceeds Benefit: Rosemont PTSA  
Ted Goodykoontz Memorial Scholarship Fund

**Holiday Craft Faire**  
Saturday, November 7, 2009  
9am-3pm  
Free Admission!  
Door Prizes!  
Mission Oaks Community Center  
4701 Gibbons Drive  
Carmichael, CA 95608  
(916) 972-0336  
[www.mocpl.com](http://www.mocpl.com)

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**Arts & Crafts Faire**  
St. Michael's Church invites you to  
**"My Favorite Things"**  
a very special Holiday Arts and Crafts Faire  
Offering distinctive handmade items  
**Saturday, November 7, 9-3**  
**Sunday, November 8, 9-1**  
*All the things you love at fantastic prices*  
St. Michael's Episcopal Church, 2140 Mission Ave, Carmichael (between El Camino & Cottage Way)  
Plenty of FREE Parking! 916-488-3550 • [www.stm-ca.org](http://www.stm-ca.org)

**SACRAMENTO SYMPHONIC WINDS**  
Dr. Les Lehe, Music Director  
Frederick W. Wierphal's transcription  
**Romeo & Juliet - Tchaikovsky**  
Premiere Performance  
**October 25, 2009**  
**Sunday at 3pm**  
La Sierra Community Center  
5325 Engle Road, Carmichael  
**916-489-2576**  
[www.sacwinds.org](http://www.sacwinds.org) for map  
General Admission: \$5  
Child, Student, Senior: FREE  
Tickets at the door

**AMERICAN RIVER COMMUNITY CHURCH**  
**Church Holiday Sale**  
**Fri. November 6 & Sat. November 7**  
**8am - 3pm**  
We'll have all kinds of Holiday and Seasonal Decorations for your home. There will also be Gifts, Jewelry, and White Elephants: even a Silent Auction on selected items.  
**3300 Walnut Ave. - Carmichael**  
(next to Carmichael DMV)  
**[www.arconline.org](http://www.arconline.org) • 483-3465**



# St. Francis: 'It was a terrific experience and we were given a very good education'

Continued from page 17

piece, navy blue jumper and a white blouse.

Large fondly remembered how she and her Portuguese classmate Evelyn Anthony would continuously frustrate their Spanish teacher Sister Peter.

"Evelyn would start speaking Spanish and then all of a sudden she (would) get her Portuguese mixed in with it," Large said. "The same thing would happen to me. I would get Italian mixed in with the Spanish. (Sister Peter) would get so upset with us that we couldn't keep our languages out of the Spanish. I think she was glad we finally got out of Spanish 2."

Mastalski, who was also born in Sacramento, recalled taking classes such as chemistry, algebra, history, Latin, Spanish, physical education and of course, religion.

Being that she attended an all-girls high school, Mastalski was asked in her interview if she socialized with any high school boys during her high school days.

"Only at dances and things," Mastalski said. "Oh, and we went to Christian Brothers games and things. At Hughes Stadium, they had (Christian Brothers) football games there."

Taylor, who was one of the two fastest typists in her class, said that there were advantages to the fact that St. Francis High was such a small school.

"The first class had 13 (students) and we were 23," Taylor said. "Even though (St. Francis High) was really small, we were all close. To this day, if I passed by some of them, I could recognize half of the student body."

Of her St. Francis High classmates, Taylor said that a pair of students – Irene Driscoll and Lenore Gabel – later became nuns.

In addition to those interviewed in 2001, Marion (Kaeser) Slakey of the Class of 1948 and Patricia (Merz) Shebert of the Class of 1953



The St. Francis High School Class of 1950 was the school's fifth graduating class.

Arden-Carmichael News Photo/Lance Armstrong

recently shared their memories with the East Sacramento News.

Slakey, who served as the school's student body president during her senior year, said that it was a privilege to attend St. Francis High.

"It was a terrific experience (attending the school) and we were given a very good education," Slakey said. "I always felt that I had a superior education at St. Francis, even though it was so small. Also, I do believe that being in a Catholic environment was an incredible way to grow up. It was just a wonderful experience attending that little, tiny girls' school on the

third floor of St. Francis Elementary School."

Shebert recalled serving as editor of St. Francis' monthly newspaper, The Assisian – the predecessor to the school's current monthly newspaper, The Mandolin.

"The whole process for creating the paper probably took a week," said Shebert, who is the grandmother of current St. Francis High students Sierra "Kia" and Ashley Shebert. "At that time, it was an all black and white, four-page paper, sometimes six if we had lots of news. I was also one of the writers,

Sister Miriam, who also taught science, was our advisor and we had about 20 people on our staff. It was printed at (Capital Printing Co. at 3301 Broadway in Oak Park) and we would go over there and pick up the papers. The big thrill for those of us at St. Francis was to get to deliver it to Christian Brothers (High School), which at that point was an all-boys school. So, I was very popular among people who had cars, because they would vie for positions to drive the paper over to Christian Brothers with me."

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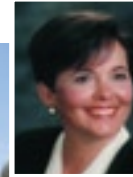
lwood@windermere.com  
DRE# 01129438

Backyard w/ gate to American River Parkway. One owner, 3 bed home recently updated w/ appliances, gas stove, built-in microwave. Fresh paint, new carpet & tile flooring, fireplace in living rm. Nicely landscaped backyard w/ covered patio.

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Dunnigan Realtors

## Desirable Sierra Oaks Home



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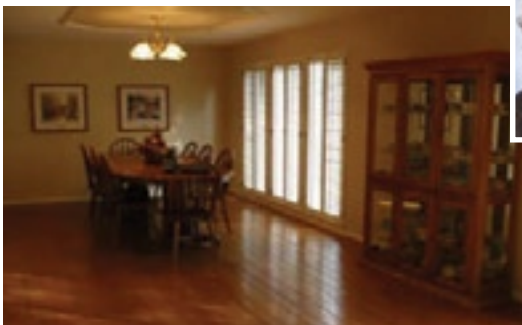
carolegoodin@sbcglobal.net  
DRE# 00881752

4 bed 3 full baths w/ great floorplan & generous room sizes. Living room has stunning travertine fireplace. Family room has wood beamed vaulted ceiling. Lovingly maintained & has potential.

3321 American River Dr \$699,000

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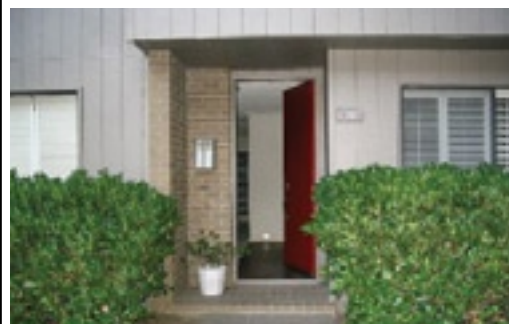
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### HORSE PROPERTY

Fabulous horse property tucked away in Carmichael. Has all the necessary items needed for that special horse in your life. Charming home with such warmth and pride of ownership. Beautifully maintained. This is a functional home for people and your horses will love their barn. See [www.windermereDunnigan.com](http://www.windermereDunnigan.com) \$475,000

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Main house is a 2 bed/ 2 baths plus den/office with built-in cabinets, large great room, dining room w/redwood ceiling, kitchen, inside laundry area and bonus room. The guest cottage includes living room, 1 bedroom/2 baths, full kitchen w/eating area and loft. See [www.1204ElSurWay.com](http://www.1204ElSurWay.com) \$535,000

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Designed with space & light in mind. Large bedrooms & entertaining areas with many floor to ceiling windows. Freshly painted interior & new flooring enhance the cheerful interior. Fenced pool, side yard w/winding path around majestic trees. Steps from Am. River Pkwy. See [www.3911CronallDr.view24hours.com](http://www.3911CronallDr.view24hours.com) \$659,000

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### SIERRA OAKS

A beauty - remodeled in late 2007. Charming hardwood floors, kitchen with granite, new appliances, tile flooring, new dual pane windows w/new shutters. Dining & living rooms have fireplaces. Three baths remodeled w/granite, new fixtures & cabinets. Lots of storage. See [www.3008Huntington-quickbuyme.com](http://www.3008Huntington-quickbuyme.com) \$699,000

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French Normandy home on private cul de sac. Features private open courtyard. Open living room with lots of glass and French doors giving an open and airy feeling. 5 bedrooms and 3 baths. See [www.218HathawayCt.com](http://www.218HathawayCt.com) \$825,000

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# Windermere

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