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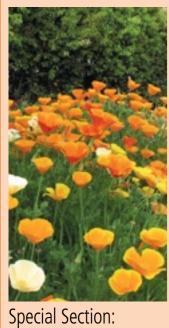
Arden Arcade cityhood measure to be on November ballot LAFCo voted unanimously to put question of cityhood before residents See page 2

Marty Relles presents 'Janey Way Memories'

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'Fliptastic!' has kids bouncing happy . See page 3



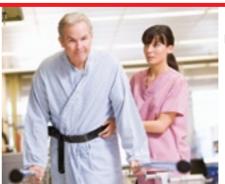
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Cityhood on November ballot

LAFCo OKs vote on Arden Arcade cityhood

By BENN HODAPP Arden-Carmichael News Writer benn@valcomnews.com

During a formal meeting on May 5, the Sacramento County Local Agency Formation Commission (called LAF-Co), the governmental body that researches the viability of incorporation applications, unanimously approved a measure to put a cityhood initiative for the area of Arden Arcade on the November ballot. It was a key vote for the measure, as this was likely the last hurdle that needed clearing before some 100,000 people decide the fate of the plan in November.

The unanimous vote was not an official one, but rather showed LAFCo's intent to approve officially the initiative when it meets for a special session on May 19. In addition to the unanimous vote, LAFCo also added the neighborhood of Sierra Oaks, which is made up of around 10,000 people, to the list of those who will vote for or against cityhood come November.

LAFCo had an executive officer recommend that the measure make it on to the November ballot. The findings of the fiscal analysis of the area showed a \$37 million surplus after 10 years, according to Arden Arcade Incorporation Committee Chair Joel

Sacramento LAFCo Chair Steve Cohn talked about what comes next for Arden Arcade.

Everything is finished up now as far as getting (the measure) on the ballot," Cohn said. "Then if it passes, a number of things have to happen before it officially becomes a city."

As for getting the word out about the cityhood vote, that's up to the incorporation committee. Archer was present at the May 5 meeting that saw the measure passed. Now it's campaign time.

We're in the final stages," Archer said. "We will be starting the campaign shortly and letting people know why incorporation is a good idea."

The committee will hold a meeting on May 27 that will cover the proposed law enforcement deal for the potential city. The three candidates



The Sacramento County Local Agency Formation Commission unanimously approved a measure to put a cityhood initiative for the area of Arden Arcade on the November

"We will be starting the campaign shortly and letting people know why incorporation is a good idea." - Arden Arcade Incorporation

Committee Chair Joel Archer

in the running for the Sacramento County Sheriff position will be at the event talking to the public about the workforce that would be installed in the city should the voting fall on the side of cityhood. The meeting will take place at 7 p.m. inside Arcade Church at 3927 Marconi Ave.

'We think that we will be able to double the current law enforcement in the Arden Arcade area," Archer said.

Ramping up law enforcement has been a major issue since the committee first came up with its push for cityhood. The county system, according to the committee, is not sufficient for protecting an area as large as Arden Arcade.

Cohn said that he has heard from opponents of the push for cityhood, but there are no organized groups fighting against it. Archer remains confident that the measure will pass in November.

For more information on the Arden Arcade Incorporation Committee and its vision of the area's future, go to www.ardenarcadecity.org.



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New Carmichael business has kids flipping – literally

By BENN HODAPP Arden-Carmichael News Writer benn@valcomnews.com

When Copeland's Sports went out of business, the sprawling 21,300-square-foot lot at 6404 Fair Oaks Blvd. sat idle for years, just waiting for an opportunity to re-open its doors. But finding a suitable establishment can be difficult for such a large locale. For over three years, it lay dormant until Patrick O'Donnell and associates decided to take a chance on the site in the form of Fliptastic! Gymnastics, Dance and Cheer.

In August of 2008, O'Donnell, the primary owner of the facility, began the process of drawing out the plans for what he wanted the center to look like and how it would function on the inside. With truckloads of equipment coming in, the 20 or so workers were consistently busy making the vision a reality.

The huge site may not have been great for the ice cream shops and burger joints of the world, but O'Donnell found the building most conducive to his needs. Add in the fact that the shopping center was ecstatic to fill the lot, and you have an ideal situation for all involved.

Fliptastic! quietly opened its doors on January 11, 2010, 17 months after the idea was hatched. But it didn't stay quiet for long.

Just three months into its stay in Carmichael, the facility boasts an impressive 722 students taking part in all manner of curriculums.

"We're off to a great start," O'Donnell said. "The community was looking forward to this. We didn't advertise like we should have, but due to great word of mouth from the community it's been great."

The grand opening took place on February 27, which O'Donnell admitted was the only time he advertised his location.

The layout

When you walk inside the building, it is hard not to be a little bit overwhelmed by all the chaotic routines un-



Arden-Carmichael News Photo/Benn Hodapp Fliptastic! students in a "Superstar class," a course for children generally aged 5 to

folding before you. Trampolines, backflips, uneven bars, balance beams, painted murals and more colorful contraptions than you can imagine immediately jump out and grab your attention.

There are sectioned-off areas for the different disciplines being taught by the 23 different instructors. There is an area for babies as young as 12 weeks old to work on their coordination; an area for kids up to age five to play and learn; and the rest of the main room is where the big kids go to study and practice physical feats most of us will never achieve.

The facility also has two rooms set aside for dance classes, complete with floor-to-ceiling mirrors. Next to the dance rooms is a break room/party room that is used to host birthday parties. O'Donnell said that there were 12 parties at Fliptastic! just in the last week.

One of the most unique aspects of the building is the 20-by-16-foot foam pit that acts as a soft landing spot for gymnasts and cheerleaders to practice their aerial acrobatics. The pit, which is filled with 9,000 foam cubes, is the only such pit in the area.

Classes offered

The most popular discipline as of right now is gymnastics, but that isn't all that the facility has to offer. There are a number of dance classes, cheerleading, tumbling and trampoline classes as well. Before long, O'Donnell hopes to bring karate and yoga in as well

to make the building even more versatile.

There is a lifetime membership fee of 45 dollars and classes range from \$45-\$60 per month for as long as the child chooses to continue. There is also a VIP program for children who take three or more different classes. The program offers discounts so as to not burden the families financially.

You can also have a birthday party there, which has been a very successful aspect since the January opening.

Although one might think that a place that offers gymnastics, cheerleading and dance instruction would be a boy-free zone, such is not the case. O'Donnell explained that the beginner tumbling class is predominantly boys. The break dancing and hiphop dancing classes are popular with the young male population as well.

O'Donnell, who grew up playing baseball, stressed the fact that the things you can learn at Fliptastic! can help kids in other sports.

"We've all jumped on a trampoline before and when we got off our legs were sore," he said. "In almost every sport you need to have that strong hip rotation and our classes can help you achieve it."

It's early yet, but it looks as though the gaping hole that was left by the departure of Copeland's has been filled quite well by these energetic, tumbling youngsters.

If you have a child interested in becoming a gymnast, cheerleader, dancer or tumbler, call Fliptastic! At 487-FLIP (3547) or visit them online at www.fliptastic.biz.



Arden-Carmichael News Photo/Benn Hodapp

Fliptastic! student Ashley Bascom, 11, after doing a flip into the large foam pit at the gymnastics and dance center.





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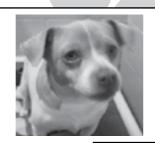
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Breed: DSH Color: Black & White

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Hair: Short

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Bubb

Breed: Labrador Retriever Gender: Male

Bubb loves to have his ears rubbed. He is outgoing, energetic, knows how to sit on command and walks well on a leash. He can be a little excited when he first gets out of his cage, but he calms down quickly. Sponsored by:

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Teddy Breed: DSH Color: Orange Shabby

Gender: Male Hair: Short Age: 1 year, 6 months

Teddy is a great orange tabby with an easy going and playful personality. He likes to be groomed and petted. During his photo session he had a lot of fun playing with balls and a cat track toy. He also enjoyed exploring the room



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Nozaol

#106907

Breed: DLH Gender: Female

Color: Tortoiseshell Hair: Long

Age: 5 years

Nozgol is a sweet cat. Outgoing and friendly, she likes to be held and petted. Once we became acquainted, she followed me around Tiger's Habitat, the multi-cat room she is sharing. She is a pretty cat with lovely long fur.



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Ricky

Breed: Chihuahua Age: 2 years

Color: Black & tan

#114644

Ricky can be a little timid when he first meets you, but a few treats will quickly get you through to his heart and his little dancing feet. He is a gentle and sweet boy who loves

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Lucy

Breed: Chihuahua Gender: Female Age: 3 years

Color: Black & Tan Hair: Medium

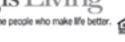
Lucy is a very playful and outgoing gal. She loves to ride in the car and enjoys being around people. Lucy does need to be the only pet in the household but she will be all you need as she has lots of love to give! Come see Lucy at the SPCA!



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Agua Breed: Siamese Gender: Female

Color: Torti Point/Cream Hair: Short

Age: 4 years, 6 months

Agua is a fun cat who loves to explore her world. During her photo session, she had a lot of fun checking out the room. Aqua is also a pretty girl who likes to be petted and brushed. She has wondeful torti markings and lovely pale blue eyes.

For additional information on adoptions, call the SPCA at 383-7387. Adoptions occur daily and it is not guaranteed the above featured animals are still available. If they are not, the SPCA has many other loving pets available to suit you and your family. The SPCA is located at 6201 Florin-Perkins Road

Janey Way Memories



Little League Baseball



By MARTY RELLES Arden-Carmichael News Columnist marty@valcomnews.com

Little League baseball came to Janey Way in 1959, the year I reached 12 years of age. That year, the East Sacramento

Little League expanded into our area. In previous years, they played their games at the diamond in East Portal Park on Rodeo Way, but when they expanded into our area, they built a brand new diamond on the east end of the pit (the abandoned sand and gravel pit adjacent to Janey Way). They located the diamond at the intersection of 60th Street and M Street. The new diamond featured a forest green fence completely surrounding the field; perfectly manicured grass in the infield and outfield; built-in, screened dugouts; multi-level stands on each side of the field; an announcer's box with a built-in public announcing system behind the plate; and a snack bar underneath the announcer's box.

Prior to trying out for the league, we all practiced in front of the Ducray house. As the lines of boys practiced throwing the baseball, Justin, the Ducray boys' father, walked through the ranks of boys saying things like, "Hold the ball this way Mart, step into your throw." The air buzzed with anticipation. Finally the tryouts came, and I ended up playing for the Cardinals. Other teams in the league included the Giants, Dodgers, Pirates, Cubs and Yankees. Mr. Brown, a very nice man, coached my team. Justin Ducray coached the Giants. My team practiced at Kit Carson Junior High School on 53rd Street as we readied for the season, which included twenty games divided into two halves. I played both second base and left field. My team competed well, but did not win the championship. Some other team ended up winning it all. What I recall is how much fun I had. The crowds, our neighbors, exhibited enthusiasm, but showed support and respect for all the players. I remember hitting a double and driving in a run in one game. I could never hit a home run out of the park, which had 200-foot-long outfield lines, but I got my fair share of hits.

At the end of the season, three players from each team participated in an All-Star selection game. My manager, Mr. Brown, picked me and two others to play in that game. In the game, I had a hit and made a fine leaping catch at second base. Sadly, I did not make the All-Star team, settling for selection as the first alternate.

I only played one year of Little League because the next year I turned 13, which exceeded the age limit. I chose not to follow up and play in the Babe Ruth League as it was too far away and none of my friends participated. High school sports at Sacramento High awaited.

I recall to this day the fun I had playing Little League, though I regret that it came so late to our neighborhood. Our motto was play hard, have fun, demonstrate sportsmanship. We shook hands with our competitors after every game. In an era where baseball has become highly competitive and very commercial, they could learn from the values we brought to the game.

Pieces of the past

Mira Loma High School will celebrate its 50th anniversary

By LANCE ARMSTRONG Arden-Carmichael News Writer lance@valcomnews.com

Editor's note: This year marks a milestone for one of the area's schools, as Mira Loma High School will celebrate its 50th anniversary. The following is the second of a two-part story series on the history of Mira Loma High School. Read the entire story online at valcomnews.com.

Among the earlier students to attend Mira Loma was Class of 1971 graduate Linda Melody, who now serves as the administrative consultant for the Carmichael Chamber of Commerce

"What really impacted me most (at Mira Loma) were the teachers," Melody said. "The quality of education back then was superior. We were one of the top schools in the district. I had a wonderful English teacher, Mrs. Joyce Fuller, who encouraged me with my writing. That played a part in my deciding to be a journalism major in college. I graduated from San Jose State University with a (bachelor's) degree in radio-TV journalism, with a concentration in English. Long after I graduated, I still kept in touch with Mrs. Fuller and even would go over and visit her. High school seems so long ago,

but it helped play a role in who I am today."

Tradition in excellence

Mira Loma's longtime tradition of providing quality instruction includes its addition of the International Baccalaureate program, which was introduced at the school during the tenure of Principal Charley Berger (1985-1993).

Janice Luszczak, president of the IB parent's organization, said that the program has helped advance the school's overall academics and recognition among colleges.

"(IB) is a high achieving, rigorous academic program that has a lot of different

See Mira Loma, page 7

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Mira Loma: 'An incredible, rich historical tradition'

Continued from page 6

components to it," Luszczak said. "It has community service requirements, activity requirements and a lot of creativity. It teaches kids how to think, how to approach problems. It's just a different way to learn. It's not a college entrance program, but it prepares them greatly for college and colleges do like to see IB kids. There are about 600 students in the program and we currently draw students (for the program) from five counties.

Caren Tambert, who has been working in the school's library since 2005, said that she is very impressed with the school's IB students.

"What has impressed me is how well balanced the students in the IB program are," Tambert said. "I expected them to be very quiet and maybe a little stressed. While they are focused on their studies, they leave room for socializing and joking around with one another."

Also adding to the school's notoriety is its long history of excellence in its art and drama departments, as well as its very successful speech, debate and dance teams.

Mira Loma also receives consistent national attention for its science program, which includes its much recognized Science Bowl and Science Olympiad teams.

The school's defending national championship Science Bowl team will compete for the 2010 national championship later this month in Washington D.C.

Steve Cox, a social studies teacher and international studies coordinator at Mira Loma, said that maintaining and improving upon academic success is a very important element of the school.

"This school has a really rich history, which continues today, of students performing at a really high level and that's regardless of their background," Cox said. "The number of people committed to working hard here is amazing and that keeps all of us pushing forward."

Approaching anniversary

As Mira Loma approaches its 50th anniversary, many current and past students and

staff are looking forward to celebrating this milestone in the school's history.

Junior class member Tessa Sidden, who is among the students who will attend Mira Loma during its 50th academic year, said that she is proud of her school's upcoming anniversary.

"Being at Mira Loma for its 50th year is so special, because the diversity and programs we have here have expanded greatly," said Tessa, whose brother Jeffrey will graduate this year.

Cindy (Striplin) Suchanek of the Class of 1968 said that many people are coming together to plan for a special anniversary celebration for the school.

'(Mira Loma) has an incredible, rich historical tradition, so as we get toward this 50th (anniversary), people are coming out of the woodwork who want to be a part of planning (the celebration)," Suchanek said. "Lynn Holton wants to work on it, Gail Berger, Charley Berger's wife, wants to work on it, one of my (friends) from the class of 1969 said, 'Oh, I want to work on that.' It's very neat to see. I had a guy who's a rabbi in Israel call and say, 'Can you go get the special scotch for me and make sure it's there (for the luncheon). It's not only the current group who is very proud of this school, but (people) who go back into the 1960s - my group - and on up are also very proud of the school's history. This place has so much going on and continues to be so rich with its cultural diversity, ethnic diversity and even socio-economic diversity."

Principal Paul Óropallo, who during the 1990s coached the school's basketball team to three league championships, said that he takes great pride in Mira Loma's many traditions and achievements.

"I've seen the progression of the school and it's a fantastic place," Oropallo said. "(Mira Loma) has changed dramatically, but at the same time, it has kept a lot of the same traits. It's still a rich,



Arden-Carmichael News Photo/Lance Armstrong

Cindy (Striplin) Suchanek points to her senior class photo in the 1968 Recuerdos yearbook.

academic place where people accept everyone and it's just one of those really unique places where education is really valued. We have a very strong staff and the culture of the school has maintained itself in the way that people treat each other and care about each other on the campus. It's just a really unique place."







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Taste of Carmichael is May 22

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The 8th annual Taste of Carmichael is May 22 from 4:30 p.m. to 8 p.m. at the La Sierra Community Center, 5325 Engle Rd. in Carmichael. The Kiwanis Club of Carmichael hosts this popular celebration of local culture and food.

Event tickets are \$35 on pre-order and \$40 per person at the door. Order tickets at (916) 967-7627 or online at www.Carmichael-Kiwanis.com. Proceeds from the Taste of Carmichael charity event benefits children, youth and community projects.



The 8th annual Taste of Carmichael is May 22 from 4:30 p.m. to 8 p.m. at the La Sierra Community Center.

This special event will feature wine and food tasting, booths, live music and danc-

door prizes, raffles and a silent auction.

For event information, call (916) 481-0196 or visit www. CarmichaelKiwanis.com.

ing, art, a vintage car show,

About the Carmichael Kiwanis Club

Founded in 1915 and headquartered in Indianapolis, Ind., Kiwanis International is a thriving organization of service- and community-minded individuals who support children and young adults around the world.

More than 500,000 Kiwanis-family members in more than 80 countries make their mark by re-

sponding to the needs of their communities and pooling their resources to address worldwide issues. Through these efforts, Kiwanis International truly is "Serving the Children of the World."

Club meetings traditionally are conducted once a week and offer an atmosphere of fun, learning and fellowship. In addition to attending the meetings, the typical Kiwanian volunteers each month to assist with club service projects. The Cal Nev Ha Foundation provides grants to help clubs in the district fund their service projects.

The club meets every Wednesday at 7 a.m. at the Elks Lodge at 5631 Cypress Ave. in Carmichael.



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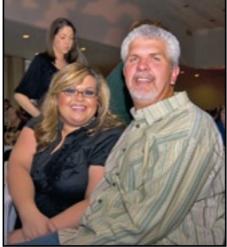






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As Francis House of Sacramento celebrated its 40th anniversary of service to the community, 40 of Sacramento's finest restaurants and caterers and six wineries and a dozen other businesses joined with them for the "Feast" of the year. Rescue Concrete and Francis House presented the 19th annual "Feast for the Streets," a food and wine tasting gala and auction on Wednesday, April 28 from 5:30-8:30 p.m. at the Scottish Rite Masonic Center, 6151 H St. For more information on the Francis House, call (916) 443-2646 or visit www.francishouse.info.

Pictures by Arden-Carmichael News photographer Noah Winn.





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Local mom creates group to keep **Effie Yeaw Nature Center open**

Arden-Carmichael News Report

After reading the Sacramento County budget proposal last week that included cutting all funding to the Effie Yeaw Nature Čenter, Carmichael mom, Heidi Kuehner, started a Web site to inform the public and organize to keep the Nature Cen-

"While I sympathize with the outrageous \$166.5 million plus deficit the county is dealing with, there are some resources that are too precious to abandon. There has to be a solution out there to keeping the Center open," said Kuehner, resident of Carmichael for seven years. "The Nature Center and trails bring more than 100,000 people a year to the area and generations of schoolchildren have been introduced to the web of life there. So many people have put so much work for so long to keep this jewel around for us, we just cannot afford to lose it.

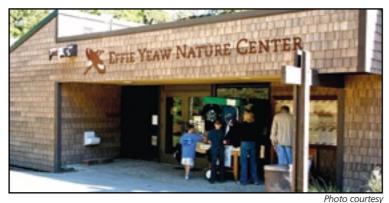
According to Effie Yeaw Nature Center Park Interpretive Supervisor, Marilee Flannery, the reality for the popular center is grim.

"All funding from Sacramento County Regional Parks Department ends July 1, 2010 in the current proposed budget," she said.

One possibility that Sacramento County seems to be betting on is the transition of the Center to the American River Natural History Association, a non-profit, all volunteer organization that has been critical to the Nature Center's existence for almost three decades.

Flannery stated, "We need \$300,000 to retain a minimum of the trained program staff and to maintain and manage the buildings and preserve. We also need to retain the grants we currently receive that assist with program costs. This \$300,000 is needed every year for the next 3-5 years until the new nonprofit is able to bring in enough new funding to become selfsufficient."

While ARNHA works to hurriedly raise funds to keep



A local mother, worried that the Effie Yeaw Nature Center will close due to budget cuts, has created a Web site to support the center's continued operation.

programs running, Friends of Effie is independent and will focus its efforts on stopping the Sacramento County budget cuts to the Nature Center altogether. Kuehner's belief is that when people find out about the dire situation, they will want to do something.

"When I started this Web site (www.saveeffieyeaw.org) for Earth Day, I thought I might be able to get some people involved in some fundraising projects, but this has

turned into such a bigger issue," added Kuehner. "What the people who love the Effie Yeaw Nature Center and Preserve will do is fund-raise until the County budget hearing June 14. What we ask from you is to consider carefully the impact on the region with the loss ARNHA's support for the Nature Center and to include the public on the process."

For more information, contact Heidi Kuehner at (916) 335-7382.

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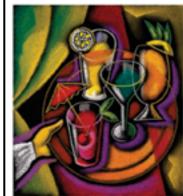
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Faces and places

2010 Race for the Cure

Some ran for speed, others with teams, but all ran or walked May 8 at the 14th annual Susan G. Komen Sacramento Race for the Cure to help find the cure for breast cancer. Seventy-five percent of the net funds raised are dedicated to local breast health awareness, screening and support services, with a minimum of 25 percent of the remaining net income supporting breast cancer research.

More than 20,000 people attended the event, which is held annually at the Cal Expo campus on the Saturday before Mother's Day. It was a beautiful, sunny morning and the race kicked off at 7:40 a.m. with the 5K chiptimed runners followed by the large group of 5K runners and walkers and the 1-mile Fun Run.

Pictures by Arden-Carmichael News photographer Noah Winn. See more photos online at www.valcomnews.com.













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Is your club, group, church, school, or organization having an upcoming event? Let us know. Send information about your event—including date, time, location, a brief description, cost (if any), and contact information—to Calendar, c/o Valley Community Newspapers, 2709 Riverside Blvd., Sacramento, CA 95818, or e-mail ryanrose@valcomnews.com. Deadline is one week before publication. Priority is given to events that are in the community and/or of little or no cost. There is no guarantee that events submitted will appear in the calendar. To ensure placement within the newspaper, please call 429.9901 to place

May

Pole Walking Clinics

The following are the dates for Cure Arthritis Now Pole Walking clinics. Fridays May 7, 14 and 21st. all at 10 a.m. and Wednesdays May 5 and 9 at 6 p.m. All will be at the Sierra 2 Center, 4th Ave. Parking lot. 2791 24th Street. 95818. Call for more information and to sign up ahead of time at 916-

MAY 13

Mission Oaks Computer Club

The Mission Oaks Computer Club will meet on Thursday, May 13, 2010 from 1 p.m. to 3 p.m. at the Mission Oaks Community Center, 4701 Gibbons Dr., Carmichael. The meeting topic will be "Use Your Library at Home", presented by Sacramento Public Library's Ann Owens. A problem-solving clinic, led by Adam

Lacey of Applications, Etc, will follow the meeting. First-time visitors are welcome. For additional information call (916) 366-1687 or visit our Web site at www.missionoakscomputerclub.org.

Gray Panthers meeting

The Sacramento Gray Panthers May 13 meeting will feature a review of the propositions which will appear on the California June primary election ballot. A representative of the League of Women Voters will conduct the meeting, which will also include input from the audience. The meeting, which is open to the public, will be held at 1 p.m. at the Hart Senior Center, 915 - 27th St., Sacramento (between I and J Streets). Cost: No charge. For further information contact Margie Metzler,

May 14

Senior Health & Safety Fair

The Senior Health and Safety Fair, Friday, May 14, 1:00 – 4:00 p.m. at the ACC Greenhaven Terrace, 1180 Corporate Way. Meet and talk with local providers about services and programs designed for the older adult. Free of Charge. Open to the Public. For general information, contact Susan Sarinas at (916) 395-0210, Ext. 421 or outreachcoord@accsv.org.

Carmichael Geranium Society Meeting

The Carmichael Geranium Society May Meeting is May 14, 2010 at the Carmichael Community Clubhouse, 5750 Grant Avenue, Carmichael. Julie West "the Butterfly Lady" will be the speaker; Julie will also bring plants that attract butterflies for sale. Visitors welcome.

May 15

Walk on the Wildside

If you'd enjoy a fun, free family-oriented day in the country with lively entertainment and up-close and personal views of many wildlife species, mark your calendar and plan to attend Walk on the Wildside on Saturday, May 15th, 2010. Join Stone Lakes National Wildlife Refuge and its partners in celebrating International Migratory Bird Day and local conservation successes. The free event is held from 10:00 a.m. to 4:30 p.m. near the town of Freeport, California, at the Beach Lake Picnic Area. For more information or to download the event flyer with directions in pdf, visit www.fws. gov/stonelakes, or listen to the prerecorded event information by calling 916-875-WILD.

What's Blooming in the Cemetery

Explore the world of drought-tolerant perennials in the Historic City Cemetery. Your guide is Michelle Nitz, Perennial Plant Club member and avid gardener and designer. The tour commences at 10 am from the Cemetery's main gate at Broadway and 10th Street. Visitors may park across the street from the 10th Street Gate and meet at the cemetery entrance. Held under the auspices of the City of Sacramento Division of History & Science, this tour is presented as a public service by the Old City Cemetery Committee, Inc. For tour information, please call (916) 448-0811. Tours are free, though donations for the restoration of the cemetery are greatly needed and appreciated.

"Saints through the Ages"

All Saints Episcopal Church, 2076 Sutterville Rd., presents an event for the whole family Saturday, May 15: "Saints through the Ages, The Fabulous Fifties," a lively evening of fun, nostalgia and fellowship. With childcare and children's activities: 5:30 pm Appetizers, socializing and 1950's classroom movies; 6:00 Dinner – Barbecue, Breads, Veggies, Desserts; 7:00 Live Auction; 7:45 Raffle Drawings, Silent Auction ends. Tickets: In Advance, \$18 adult, \$8 under 12, Free under 4. At the Door: \$20. Reservations: Jeanne Duncan, 456-9956. Extra parking is across the street at City College. Further information: www.allsaintssacramento.org.





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May 15

Spring Concert with "Custom Neon"

They rocked Founders Day and are now back by popular demand! Custom Neon - the local Sacramento band that covers classic rock from the 60s through the 90s - is ready to once again showcase their talent for the Carmichael Community. Let's get ready for our Summer Concert Series with this band who can heat up any cool night! Event is Saturday, May 15, 7 to 9 p.m. at Danny Bishop Memorial Pavilion for the Performing Arts (aka Carmichael Park Band Shell) at rear of park. 5750 Grant Ave. Carmichael, Free admission and parking and open to all ages!

OWL meeting

California's "Mental Health Crisis" will be the topic of the Older Women's League's (OWL) May 15th meeting. Speakers will discuss how this situation reaches all levels of the state's population, from children to senior citizens. Particular attention will be directed to the effects of the state's budget cuts on mental health programs. The OWL meeting will be held at 10:30 AM at the Hart Senior Center, 915 - 27th Street,

Sacramento (between I and J Streets). There is no charge and the meeting is open to the public. Further information can be obtained by calling (916) 444-2526 or checking www.

May 16

Mayors meeting

Time Tested Books and Midtown Monthly are very excited to announce part five in our 2010 Sacramento Living Library series, this month featuring four of Sacramento's former mayors--Isenberg (1975-82), Miller ('82-83), Rudin ('83-92) and Fargo (2000-08)-all together and all in one night! The discussion will center on the participants' individual experiences in office and their thoughts on the city's current government and its future--including budget issues, the "strong mayor" question and the shifting landscape of local (and state and national) politics. We have no doubt that the conversation will expand and contract as necessary, and attendees will have a unique opportunity to be a part of it. The event starts at 7:00 p.m. on Sunday, May 16th, and admission is free.

May 18

Latino Dance and Culture Group

Come dance to the beat of all types of Latin music. Featuring DJ music and delicious Mexican food. Donations of \$3 or more to enter. Held at the Ethel Hart Community Center, 915 27th St., from 6:15 p.m. to 9 p.m. Call Barbara Alarcon at (916) 400-4514 for more information.

May 19

Bridge Lessons

Have you always wanted to learn to play bridge? Want to learn at a pace you are comfortable with? Then the Hart Senior Center, 915 27th St. from 9-11 a.m. is the place to learn new card skills, meet new friends and have fun. The class is free, Call (916)808-5462 for more information.

May 20

Genealogy Club meeting

On May 20, 2010, the Mission Oaks Genealogy Club will meet from 1-3 p.m. at Mission Oaks Community Center, 4701 Gibbons Drive, Carmichael, Learn about "Roots and Quilts" from Carol Gebel, a local genealogist and quilter. Visitors are welcome. Cost: Free. For more info call Robert Noyes (916) 332-5753 or visit website at: http:// missionoaksgenealogyclub.org.

Brown Bag Poetry

The Sacramento Poetry Center will hold a poetry reading at the Central Library, 828 I Street, on the third Thursday of every month throughout the year, 12 Noon - 1 p.m. Sacramento poet Mary Zeppa will host the readings with assistance from poet Lawrence Dinkins and Poet Laureate Bob Stanley, Bring a lunch if you wish, and a favorite poem to share. Or you may select from material in the library. Information: 264-2920. www.saclibrary.org

May 21

Genealogical meeting

The Genealogical Association of Sacramento will hold its regular meeting on Wed May $21\,$ at $1\ \mathrm{p.m.}$ in our temporary meeting place, Colonial Heights Library on Stockton Blvd and 21st Ave in Sacramento Susan Jackman, will speak on using tax records in research. She teaches family history through Folsom-Cordova Adult Education and conducts seminars through the FHC where she is a member of the Board of Directors. She is a professional researcher, specializing in Pennsylvania German Research. Visitors are invited to attend and newcomers welcome to join. Questions please call Melanie 916-383-1221

May 22

Cardboard Boat Races

The second annual Sink or Swim Cardboard Boat Races will take place at Deterding Pool on May 22 from 11 a.m. to 4 p.m. Participants will consist of community groups, local schools, youth sports organizations and other local community members. Our target for this year's event will be 40 boats and over 300 people attending the event.

MAYors History Tour

Early mayors of Sacramento will be featured on this Saturday morning tour of the Sacramento Historic City Cemetery. Join our guides as we stroll through the beautiful gardens in full spring bloom. The tour commences at 10 am from the Cemetery's main gate at Broadway and 10th Street. Visitors may park across the street from the 10th Street Gate and meet at the cemetery entrance. Held under the auspices of the City of Sacramento Division of History & Science, this tour is presented as a public service by the Old City Cemetery Committee, Inc. For tour information, please call (916) 448-0811. Tours are free, though donations for the restoration of the cemetery are greatly needed and appreciated.



River City Chorale presents Say It With Music A celebration of music about Americans

Adults: \$12/Youth under 12: \$5

For tickets call Beth at 916-331-5810

Friday, May 21, 7:30 pm Christ Community Church 5025 Manzanita Ave., Carmichael

Sunday, May 23, 4:00 pm Pleasant Grove Community Church 1730 Pleasant Grove Blvd., Roseville

Need food for your pet and can't afford it? Consider the Pet Food Bank...

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2127 Front Street | Tues through Sat: 8am-5pm

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Colgate Country Showdown and Chris Gardner SAT, MAY 29



Frankie Soul & No Control MON, MAY 31



One Headlight FRI, MAY 28



Courtney Lynn SUN, MAY 30



Absolute Zero Community Stage





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