

## Arden Arcade Incorporation Committee under fire for noncompliance

California Attorney General's Office says cityhood group was not legal nonprofit

See page 5

Run-off elections set for November

See page 11

COMMUNITY CALENDAR, PAGES 20-22 • KNOW YOUR NEIGHBOR, PAGE 6 • FACES AND PLACES, PAGE 8

### Inside This Edition



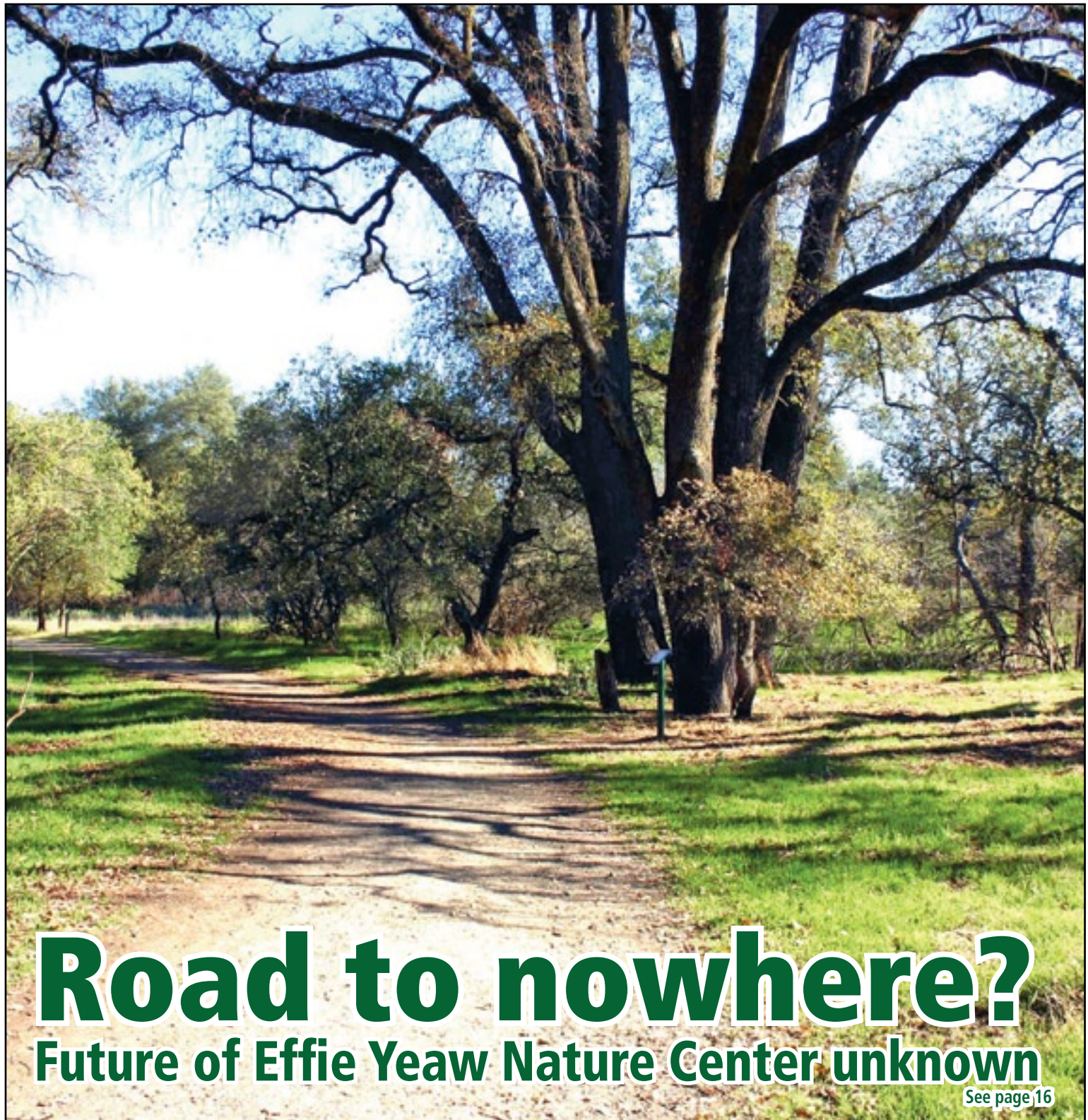
Memories at Mission Oaks

See page 6



Sacred Heart Church prepares new school

See page 15



## Road to nowhere? Future of Effie Yeaw Nature Center unknown

See page 16

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# Arden Arcade Incorporation Committee out of compliance

By **BENN HODAPP**  
Arden-Carmichael News Writer  
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Within weeks of the Arden Arcade Incorporation Committee qualifying the Arden Arcade cityhood measure for the November ballot, the California Attorney General's Office this week found that the committee had not registered as a nonprofit organization but was nevertheless operating as one. The incorporation committee has since scrambled to defend itself amidst allegations from opponents of cityhood.

Joel Archer, president of the committee, said that he was caught off guard by the revelation.

"We had no idea (that we needed to register as a nonprofit)," he said June 8. "Now that we know, we need to take care of it."

Archer said that there will be no fees or penalties levied against the organization, but that a \$25 fee to register as a nonprofit is "in the works."

A statement from the incorporation committee was released June 8. In it the committee stated that "Volunteers running the group do appear to have made some technical mistakes, which are being corrected ... this is a simple mistake made by ordinary people, unused to the inundation of paperwork involved in the most expensive incorporation process in California's history."

It goes on to say that the committee will correct certain IRS forms that were "done incorrectly by folks who had never previously seen such forms."

The statement finishes with the group's assurance that it never intended to knowingly mislead anyone.

"It is an untruth that cityhood supporters have sought to deceive anyone or willfully ignored our legal obligations."

### Opponents claim willful deceit

These claims of simple negligence don't sit well with opponents, however. Mike Duveneck, chair of the anti-incorporation group Stay Sacramento, has doubts about the legitimacy of the group's explanation.

"I don't think they overlooked it, nor do I think it was accidental," Duveneck said June 8. "(The incorporation committee) has been walking a dubious edge for a while now, struggling tooth and nail to get the measure on the ballot."

Duveneck also pointed to the group's "unwillingness to reveal its highly questionable donor list."

Stay Sacramento came into existence four years ago and has argued against incorporation every step of the way, according to Duveneck. The group is wary of installing one more level of bureaucracy in what Duveneck called a power grab struggle. He added that there is no reason to change

what the area has; rather Duveneck's group wants to improve what they have already.

Stay Sacramento also has concerns over whether the area can sustain itself financially as a city.

"The main money in Arden Arcade is Fulton Avenue," Duveneck said. "But it is losing dealerships and if you look at Country Club Plaza the place is a ghost town."

But it's not just his group that has a problem with incorporation; Duveneck said that many local citizens in the area don't want it either.

"We're just a mom and pop organization that hasn't raised all the money that they have, but we got our first palate of 200 lawn signs on Friday and 120 of them were gone by Monday," Duveneck said. "People are hungry to fight this."

While he admits that this has been a distraction, Ar-

cher has taken the recent developments in stride and does not see it as a roadblock leading up to the November election.

"No, not at all," he said when asked if it will distract from the ultimate goal of cityhood. "Something was brought to our attention and we fixed it. Now we continue preparing for our campaign."

### Election fight begins

The incorporation committee's stance has been from the start that Arden Arcade's crime rates have gone up and law enforcement support has gone down. Incorporation backers believe that if Arden Arcade fails to become a city, the city of Sacramento might annex the area and increase taxes and further decrease law enforcement.

Stay Sacramento's message is that the current problems can be solved by improving

what is already there rather than creating what Duveneck called "wannabe politicians."

"I've been on enough boards in my life to know that these wannabe politicians often make a situation worse than what they were complaining about in the first place," he said.

Regardless of the other's presence, both parties vow to fight until the end for their cause. Voters decide Nov. 2 in the General Election.

"The survival of Arden Arcade is at stake," Archer said. "The status quo is not an option."

"We're taking this to the wall," Duveneck said. "They hoped that we would go away, but we are going to take it to them."

For more on the Arden Arcade Incorporation Committee, visit [www.ardenarcadecity.org](http://www.ardenarcadecity.org). For more information on Stay Sacramento, visit [StaySacramento.org](http://StaySacramento.org).

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Photo courtesy of MORPD

Children beat the heat by cooling off at the splash park at Swanston Park.



Photo courtesy of MORPD

Students from Greer Elementary School celebrate the grand opening of the Swanston Community Center and splash park in 2008.

Know your neighbor

## Mission Oaks Recreation and Park District celebrating 35th anniversary

By LANCE ARMSTRONG  
Arden-Carmichael News Writer  
lance@valcomnews.com

The Mission Oaks Recreation and Park District, which encompasses about 125 acres of properties in the Carmichael and Arden-Arcade areas, is presently celebrating its 35th anniversary.

The district has grown extensively since its beginnings and among those who know and understand the history of the district best is Mark Koller, the district's director of recreation and marketing.

Koller, who mentioned that both he and his boss, Debby Walker, Mission Oaks' district administrator, have been with the district since its formation, described the district as both old and young.

"In a lot of ways, the district – it sounds funny, because it's 35 years old – is still kind of the new kid on the block compared to the San Juan (Unified) School District or some of these other park districts," Koller said. "And being out in this area right here, we're one of the only government agencies there is. There are fire stations, but there's really not a police station, because we

have (the Sacramento County Sheriff's Department). There's very little government out here, so us and the school district are really only the two, stable government agencies in this community out here. So, people have relied on us for years for different things that you would think, 'Does that really fall under recreation and parks?'

But Koller said that as a community asset, the park district has assisted many times beyond its general scope or at least delegated requests elsewhere.

In regard to the formation of the district, which was originally known as Service Area No. 7, Koller said that the district officially started when it became a dependent special district of the county of Sacramento in 1975.

"Mission Oaks was one of the last special districts formed in the county of Sacramento, so there were already other park districts that were set up and operating when Mission Oaks came in," Koller said. "And basically, when you look at our map, it looks like a big 'J' and that's because a lot of other park district areas designated themselves and broke off from those areas and we

picked up those leftover areas. So, part of our district is Carmichael and approximately two-thirds of it is unincorporated Sacramento. So, the Arden-Arcade area is a large part of our district."

Overall, the district is composed of 17 properties, including the recently acquired fire station at Arden Way and Mission Avenue.

This property will be used for the district's maintenance yard, where vehicles and other equipment will be stored.

Among the properties of the district, which was named in recognition of California's Spanish missions and the abundance of oaks found throughout the Sacramento Valley, are the following community parks:

**Gibbons Park, 4701 Gibbons Drive, Carmichael:** A park, which was named after early Carmichael dairyman Robert Linus Gibbons.

Many longtime local residents may recall the Gibbons Drive-in Dairy, which was located at 5109 Gibbons Drive, near Walnut Avenue.

This 17.5-acre park, which was dedicated on May 19, 1979, is the largest park in the district and includes picnic areas, playground equipment,



Photo courtesy of MORPD

The Fit After 50 Walk at Gibbons Park is among the district's many popular activities.

walking trails, tennis courts, basketball courts, an exercise course and its more than 25-year-old, 12,000-square-foot community center.

Koller said that the original name of the facility was the Mission Oaks Senior Center/Community Center, but within the last 10 years its name was changed to the Mission Oaks Community Center due to feedback from participants, staff and others in the community.

"A lot of people didn't like the connotation (the name) received and technically most of the programs are set up for (seniors), but there were people who were in their 30s who would like to go to a dance and would want to go to classes and so forth," Koller said.

In addition to senior activities, which include the very popular senior dances, the

community center is used for classes and club meetings and special events, including weddings, craft fairs, concerts and holiday gatherings.

**Swanston Park, 2350 Northrop Ave., Sacramento:** This 10-acre park, which was dedicated on June 23, 1979, was named after Charles Swanston, a cattle rancher who arrived in Sacramento in 1870 and once owned about 3,500 acres in the modern-day area between El Camino Avenue to the north, Howe Avenue to the east, the American River to the south and the railroad tracks to the west, just beyond Interstate 80.

Features of this park include its 4,500-square-foot Swanston Community Center, a splash park, picnic ar-

See Mission Oaks, page 7



Photo courtesy of MORPD

Community members enjoy an outdoor concert at Gibbons Park.



Photo courtesy of MORPD

Mission Oaks Recreation and Park District employees gather together during an employee recognition banquet.

# Mission Oaks: 'We invite people to come join us'

Continued from page 6

eas, tennis courts and basketball courts.

Although this park's community center, which opened two years ago, is smaller than the community center at Gibbons Park, it is designed in a manner that a gymnasium/multipurpose room can be easily added to the structure at a later time.

*Mission North Park, 3344 Mission Ave., Carmichael:* This 12.7-acre park is home to the district office and includes a picnic area, playground equipment and lawn areas for informal, miscellaneous sports activities.

Also located within the park, which was dedicated on June 14, 1980, is the scenic Chicken Ranch Slough and the Edwin Z'berg Memorial Grove, a grove of trees named after the state assemblyman who represented the area from 1959 to 1975.

*Other properties of the district include:* Valley Oak Park at 1100 Eastern Ave., Ashton Park at 4251 Ashton Drive, Eastern Oak Park at 3127 Eastern Avenue, Maddox Park at 4821 Thor Way, Oak Meadow Park at 2734 American River Drive, Orville Wright Park at 2341 Marks Way, Shelfield Park at 1849 Suffolk Way and four school parks of the San Juan Unified School District.

## Party in the park

In recognition of the district's 35th anniversary, a variety of upcoming, free activities have been scheduled on the district's calendar of events.

The first of these events is the Mission Oaks Showcase, which will be held at the Mission Oaks Community Center on Sunday, June 13 at 2 p.m.

The event features presentations of the district's activities throughout the year such as dance classes and performance activities.

Another event will be the Carmichael Fireworks Show at the La Sierra Community Center at 5325 Engle Road on Sunday, July 4 at 6 p.m.

In addition to fireworks, the event will include entertainment and game and food booths.

The district, which uses the California Parks and Recreation Society's slogan "Parks Make Life Better," will also present Family Game/Movie Night in the Park at Gibbons Park on Friday, July 9 at 5:30 p.m. The outdoor event will feature the movie, "Madagascar."

Koller extended a special invite to the public to celebrate the district's anniversa-

ry through its programs and activities.

"The district staff and board of directors are proud of their 35 years of service with the Mission Oaks Recreation and Park District and in celebration of this anniversary, we invite people to come join us for our

variety of programs and activities this summer," Koller said.

For additional information regarding the Mission Oaks Recreation and Park District and its upcoming events and programs, call (916) 488-2810 or visit the Web site [www.morpd.com](http://www.morpd.com).

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The Sacramento SPCA held the 17th Annual Doggy Dash and Bark at the Park Festival on Saturday, June 5 in beautiful William Land Park. An estimated 4,000 animal enthusiasts gathered both with and without their canine companions to raise funds for animals sheltered at the Sacramento SPCA. For 16 years, two- and four-legged participants have attended this event, creating a tradition in Sacramento and transforming Doggy Dash into one of the biggest "can't miss" events of the year.



For more information on the SPCA, visit [www.sspca.org](http://www.sspca.org).

Photos by Arden-Carmichael News photographer Noah Winn.

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# Baby boomer? Moi? Stereotypes start at home

By **DARBY PATTERSON**

Arden-Carmichael News Columnist  
darby@valcomnews.com

I'd planned to write an advocacy column in this issue of your excellent neighborhood newspaper. Something about our responsibility as Baby Boomers to demand respect; to refuse to be treated as di-

minished adults who silently accept being talked-down-to, and urging us to become actively defiant of stereotypes about aging. I became determined to cover this topic after a chipper waitress in a tiny San Francisco restaurant referred to me with the "D" word (that would be "dear"). I talked my-

self down with the help of my rational husband who (rationally) dislikes "scenes."

Then, in preparation for my tutorial on respect for one's elders, I discovered some disturbing information. Not only does American society stereotype people who appear older than 50, the elders among us

share the damaging (and inaccurate) impression that growing older is synonymous with disturbing negatives. The problem, it seems, is endemic in our Baby Boomer population as well as in those who are our seniors. If we are to (eventually) change society's perception of aging, we must begin within.

A study from a Yale University psychologist tracked a group of more than 400 adults over a span of 35 years. Their health stats, habits and blood tests were included in the analysis along with their individual attitudes about aging. Those people who had negative ideas about what it means to become older had more illnesses and heart problems than participants who held no such beliefs. There was a measurable difference in both quality of life and quantity (longevity) in participants who had no preconceptions about aging.

So, what are some of the stereotypes that accompany aging? That we are less than competent, in need of protection, lacking in the ability to think quickly and creatively, probably don't hear well and are on a steadily declining ramp to dementia and death.

According to author Elizabeth Dozois, one study showed that 90 percent of elder respondents believed they would be afflicted with dementia. The truth is that about 4 percent of the elder population suffers from severe dementia. Since simple arithmetic is my strong point, I am pleased to point out that 96 percent of people remain mentally competent. By the way, I am today actually better at math than I was at the age of 15 when my mind was focused on a certain cute drummer in the high school band.

Fallacious thinking such as this pervades our society and extends to many aspects of aging. Those of us over 55 are as varied and capable as is the general population. Some of us are talented, brilliant, interesting, creative, engaging and innovative. Some of us are unmotivated, lazy, disengaged, disagreeable and (as one reader called me personally) – "crabby old ladies." We are emblematic of humanity, part of the colorful tapestry.

To be fair, the media perpetuates the stereotypes that will impact the largest single older generation that America has ever known – Baby Boomers. With the exception of certain Public Television programs, the few older characters featured in TV usually reinforce the stereotypes and, when they don't, they are instead clownish or ridiculously eccentric. They certainly do not represent those of us closer to the mainstream – working, volunteering, contributing, creating, remembering, consciously managing the aging process through being proactive and educated. The power of television to form opinions and attitudes is formidable. As participants in reality we don't have a comparable platform to counteract our cartoon characters.

Baby Boomers have an opportunity, indeed a responsibility, to contribute to a new awareness about the aging process. A recent study, for example, shows that as people age, they become happier and more satisfied. More than 340,000 individuals were surveyed and the results, published in May, overwhelming indicates that people feel less stress, worry and anger as they grow older. At the same time feelings of happiness and enjoyment increase significantly after the age of 50.

Baby Boomers promise to be active and involved in life. We intend to take charge of our lives through education, managing our health and being engaged in business, the arts and society. It's up to us to erase the current cultural stereotype of aging, and that begins with examining and reassessing our own beliefs.

Thus, I believe that the next time a server calls me a condescending term of endearment I will not yield to polite silence. I will share my matured wisdom with a few words of kind advice about how to prevent his or her tip from declining.

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# Major Sacramento races go to run-off elections

By RYAN ROSE  
Arden-Carmichael News Editor  
ryanrose@valcomnews.com

The June 8 Primary Election was a defining moment in politics statewide: for the first time, the California Republican Party was running not one, but two women for statewide office, with Meg Whitman as the party's gubernatorial nominee and Carly Fiorina as the GOP pick to run against Barbara Boxer in the U.S. senate race. Adding to this historic development was the local result – Sacramento City Councilmembers Ray Tretheway, from Natomas' District 1, and Robbie Waters, representing Pocket-Greenhaven's District 7, have apparently lost in their race to serve another four years at City Hall. It's been 18 years since such an upset has occurred in Sacramento city politics.

According to semi-official results released June 9 at 1:48 a.m. by the

Sacramento County Registrar of Voters, both incumbents lost to political newcomers, Tretheway falling to Natomas grassroots campaigner Angelique Ashby, and Robbie Waters being edged out by Ryan Chin and Darrell Fong. Tretheway, who claims he was a target because he would not support Sacramento Mayor Kevin Johnson's strong-mayor initiative, had been recently seen by political watchdogs as very vulnerable, especially as Ashby scored a number of major endorsements and political allies (Johnson being one of them). Waters, who ran twice unopposed (most recently in 2006), faced a tough fight of his own, desperately trying to fend off two candidates that were as equally funded and organized.

## Sacramento County Sheriff's Race

A bruising primary election will likely turn into a bruising general election: candidates Scott Jones and

Jim Cooper, both captains with the Sacramento County Sheriff's Department, did not win a clear majority of votes and will now face one another again in the November General Election.

In what has been one of Sacramento's most hotly contested races, Jones and Cooper threw mud, hurled accusations, and laid charges of political impropriety and professional misconduct. The race has also come to represent a battle between two law enforcement legacies, as Cooper, endorsed by former Sheriff Lou Blanas, and Jones, endorsed by outgoing Sheriff John McGinness, attacked one another for their political connections as much as their administrative philosophies.

Jones came out on top in Tuesday's race, but not by much, taking in 46.17 percent of the vote; Cooper came in second and garnered 41.37 percent of the vote; a third candidate, Bret Daniels, drew the remaining votes.

"When I started this campaign ten months ago, none of the political insiders gave me a chance – many of them said it would be over before June," said Jones in a post election statement. "Tonight's election results show that the hard work has paid off. Our work is not done yet, but I am confident that after the November election, I will be elected Sacramento County Sheriff."

Cooper could not be reached for comment by press time. Continued post-election coverage is available on [www.valcomnews.com](http://www.valcomnews.com). Any additional quotes from candidates will be added to this story online.

Sacramento County voters can expect the war of words to continue into the fall. The 2010 General Election is Nov. 2.

For complete Sacramento County election results, visit <http://sacresults.e-cers.com/default.aspx>. For information on statewide races and ballot measures, visit [www.sos.ca.gov](http://www.sos.ca.gov).

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# New 'Sacramento's Chinatown' book event to be held June 13

By LANCE ARMSTRONG  
Arden-Carmichael News Writer  
lance@valcomnews.com

For those who have an interest in local cultural history, as well as supporting positive endeavors by members of the community, a specific, upcoming event at the Holiday Villa Seafood Restaurant at 7007 South Land Park Drive should draw plenty of attention.

On Sunday, June 13 from 4:30 to 7 p.m., the restaurant will be the site of a special dinner, lecture and slideshow, featuring brothers Lawrence and Brian Tom, authors of the newly released book, "Sacramento's Chinatown."

In meeting with The Land Park News last week, Lawrence shared details regarding this new Arcadia Publishing release, which is a part of the popular Images of America series.

Lawrence, a longtime resident of the Pocket area and a graduate of Sacramento State College (today's California State University, Sacramento) and UC Davis, said that an earlier Arcadia book about Marysville's Chinatown that he wrote with his brother Brian led to the book, "Sacramento's Chinatown."

"We did a pretty good job for Arcadia (on the book, "Marysville's Chinatown") and they requested that we do one for Sacramento, because Sacramento didn't have a (Chinatown) book at that time, versus some of the other cities like San Francisco, San Jose and L.A. that had books on Chinatowns."

## Finding a good book

Released on May 10, about a year and a half after "Marysville's Chinatown" was first made available, "Sacramento's Chinatown" has experienced early success.

And as part of various efforts to promote the book, Lawrence and Brian, who is a graduate of the University of California, Berkeley and the UC Davis School of Law, will explain aspects regarding their work to preserve segments of local Chinese history.

In providing a brief background of the city's Chinese roots, Lawrence said that the Chinatown of Sacramento, which was known to its residents as Yee Fow ("Second City" to the "Big City" of San Francisco, which was referred to as Daifow) was founded during the Gold Rush era along I Street from 2nd to 6th Street, and was a sort of city within the city, in which local Chinese could survive without speaking English.

As its own small community, Sacramento's Chinatown, whose original residents were almost entirely immigrants from the province of Guangdong, also had a wide variety of businesses, including general stores, restaurants, hotels and laundries.

After more than a century of existence, Sacramento's Chinatown was largely demolished during the 1960s, due to development in the area.

Lawrence said that the six-month process to gather information for the book was a very educational experience.

"During that six months, I probably learned more about the Chinese in Sacramento than I did in over the 50 years that I've been here (in Sacramento)," said Lawrence, who was raised in Marysville. "I really learned a lot based on interviews and just gathering pictures and asking people about the history and all."

Lawrence said that the work to create "Sacramento's Chinatown" was a time sensitive endeavor that reached beyond the publisher's deadline, considering that the information for the book was gathered from the older generation of Sacramento, including people who were more than 90 years old.

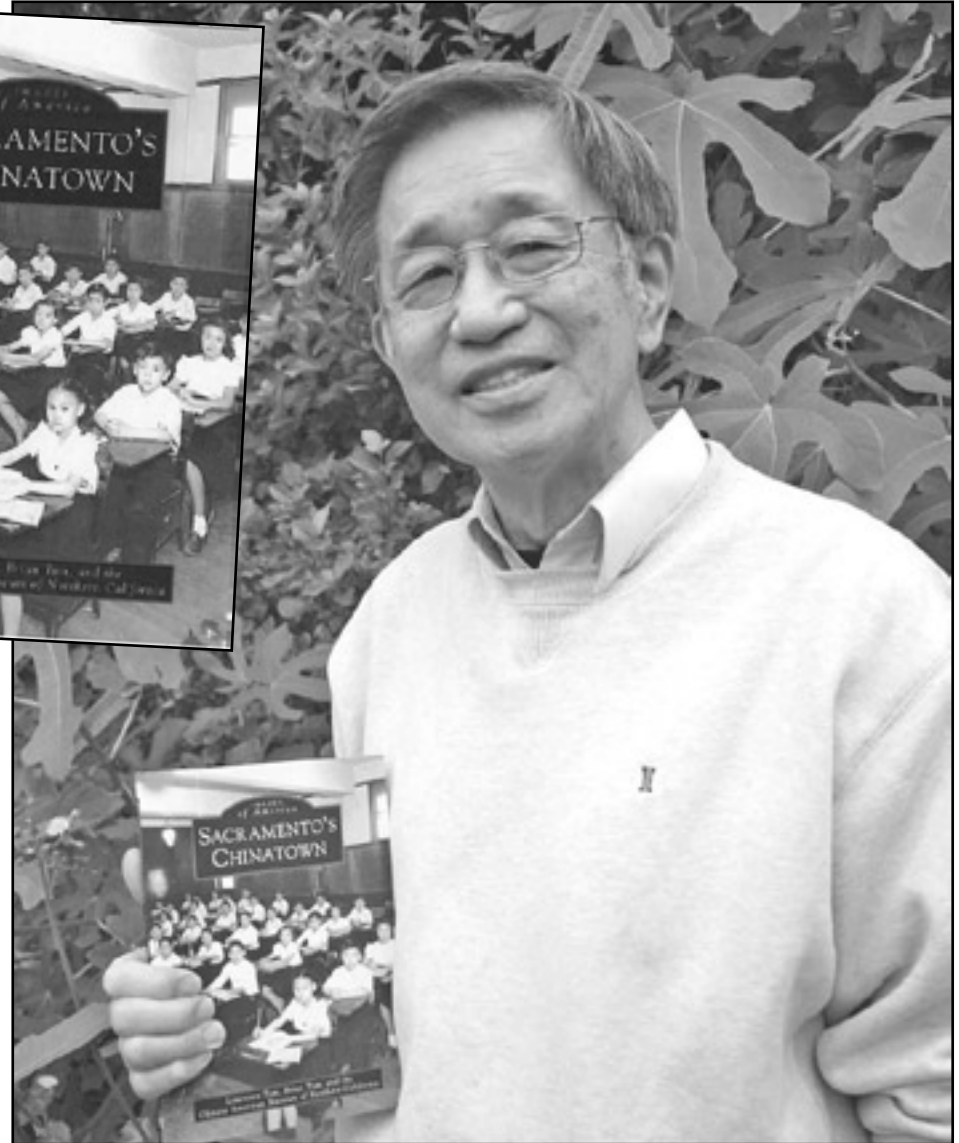
"The younger generation doesn't have that information," Lawrence said. "The average age (interviewed for the book) I think is like the high 70s or low 80s and this is a group of people who are mostly second generation (Sacramentans) whose parents are the true Chinese pioneers of Sacramento. And the concern I have is once this generation is gone, much of that history will be lost."

And it was with this strive to capture Sacramento's fading Chinese history that Lawrence and Brian dedicated much of their time to creating their book, "Sacramento's Chinatown."

## Writing the story

Lawrence said that part of the challenge of creating this book was the fact that a lot of the rare photographs of Sacramento's Chinatown were no longer in existence when he was collecting images for the book.

"First of all, the Chinese (of Sacramento) back in those early days, it was tough for them," Lawrence said. "They were just trying to make



Arden-Carmichael News Photo/Lance Armstrong  
Pocket area resident Lawrence Tom holds a copy of the book, "Sacramento's Chinatown," which he wrote with his brother, Brian Tom. The public is invited to attend a special event regarding this new book at the Holiday Villa Seafood Restaurant on June 13.

enough to survive. A lot of them just didn't have cameras and they worked in canneries, they worked in hotels as busboys or whatever. And what happened was, once they could afford a camera, they took pictures and all that, but the younger generation isn't interested right now. So, when they get older, they don't know what to do (with the photographs), so they just throw them away. And boy, that was frustrating, because I had people tell me, 'We just threw those pictures away.'"

Nonetheless, despite the disappointments of hearing about historic photographs that headed to the landfills, Lawrence and Brian also had many success stories, which resulted in their ability to amass a very large archive of Sacramento Chinatown photographs, including more than 200 images, which appear in their new book.

In presenting information regarding their latest book, which is dedicated to "the Chinese of Sacramento who for over 150 years have turned adversities into opportunities," Lawrence and Tom will discuss the be-

ginnings of Chinese immigration into Sacramento and the creation and daily activities of Sacramento's Chinatown.

And with a desire to share this rich element of Sacramento's history with many people in the community, Lawrence and Brian hope that many readers of this article will set aside time in their schedules to attend this upcoming event.

## The June 13 book signing

Guests of this event will also have the opportunity to purchase signed copies of "Sacramento's Chinatown," which Lawrence describes as a "must have book that will generate a considerable amount of conversation with friends and family for years to come."

Advance reservations are required for this event, which has an admission price of \$20/general and \$15/Sacramento Chinese Culture Foundation members.

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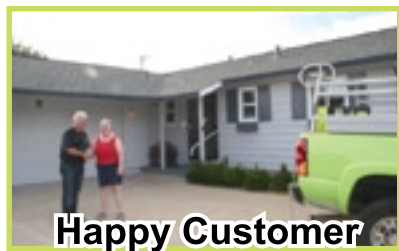
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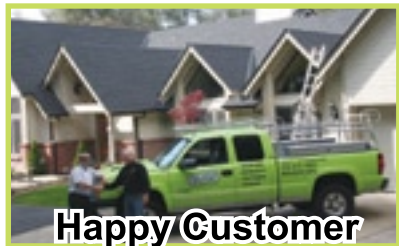
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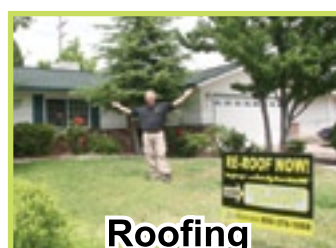
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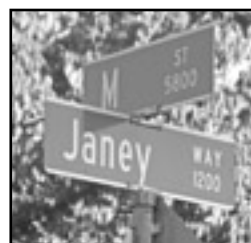
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# Perfect game for Land Park Pacific Little League pitcher

Jimmy McCauley, a 12-year-old student at Holy Spirit School who also plays AAU basketball for the Carmichael Red Raiders, threw a perfect game Saturday, June 5. McCauley, who has been clocked at throwing 74 mph and also plays for the Elk Grover Gunners, held impressive stats for the game: 64 pitches thrown, 15 strike-outs and only 11 balls.

## Janey Way Memories



### The pit is on fire

By **MARTY RELLES**  
Arden-Carmichael News Columnist  
marty@valcomnews.com



In the early 1960s, the U.S. began launching rockets into space. Some carried satellites. Others carried astronauts into space. Inspired, we on Janey Way decided to launch a rocket of our own.

We started by taking an expended metal CO2 cartridge and filling it with match heads. When it was full, we placed one end of a match into the cartridge with the head of the match sticking out. We then taped the cartridge to a 3-foot long stick, and took the rocket out into the pit, the vacated sand and gravel site located behind the houses on the east side of Janey Way, to a carefully selected launch site. There we stuck the rocket into the ground, lit the match and ran back to a bunker built out of broken pieces of concrete, where we waited for the rocket to fire off. Ten, nine, eight, seven, six, five, four, three, two, one – then off shot the rocket. It sailed probably 50 feet into the air, and out 100 feet or so, and then crashed to the ground. Just like at Cape Kennedy, we cheered our successful rocket launch. We subsequently attempted several rocket launches from the pit. Some worked just like the first. Others only sputtered. Some misfired and bounced along the ground until the matches stopped burning. Eventually we ran out of CO2 cartridges and our rocket launching experiments came to an abrupt halt. I shudder to think what our parents would have said, had they known what we were up to.

#### Fire in the pit

My friend Dan went out to the pit one day to play with matches. He had a box full of book matches to light. He carefully folded two matches out of a book and lit them. They burned slowly back toward the book and eventually ignited it. When this happened, he threw the burning book of matches into the air, creating a fireworks effect. He did this several times without a problem. Finally, as he lit another book, a spark flew back toward it, igniting it immediately. This caught Dan by surprise and burned him, so he tossed the lit matchbook into some brush near where he stood. The brush caught fire. He panicked. At first he tried to stomp the fire out with his feet. It didn't work. He then ran back into his yard to get a garden hose. It did not reach out far enough into the pit. The fire now blazed. Not knowing what to do, he ran into the house to his bedroom and hid. Someone must have noticed the fire and tripped a fire alarm. Soon the fire trucks came. They drove down into the pit and proceeded to put the fire out.

After extinguishing the fire, the firefighters decided to investigate. They walked from house to house up Janey Way asking residents if they had seen how the fire started. When they got to Dan's house, his sister Nancy answered the door. They asked her about the fire. She said, "I didn't see it start, but my brother Dan might have started it, he ran into his room a while ago, looking pretty guilty." The fireman asked to speak to Dan, but Nancy couldn't find him, as he hid silently under his bed. Soon the firefighters left. The pit however, continued to smolder for weeks after the fire. The smoldering finally stopped when the rains came in the fall and thoroughly soaked the ground.

The firemen never came back to question Dan about the fire, but he had learned his lesson. He never again played with matches. Interestingly enough, after serving in the army, Dan went on to enjoy a long career with the California State Department of Justice. Now the story of the fire in the pit is just another incendiary Janey Way memory.



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# Community celebration held for new Sacred Heart School

By LANCE ARMSTRONG  
Arden-Carmichael News Writer  
lance@valcomnews.com

As construction workers continue to make progress toward the completion of the new Sacred Heart School, which is scheduled to open on the first day of school on August 23, a special public event occurred in celebration of the new school, which is located on 2.3 acres at 856 39th St.

On Saturday, June 5, from 2:30 to 5 p.m., the local community attended a "first-look tour" of the kindergarten through 8th grade, private Catholic elementary school campus, which is located directly across the street from the old Sacred Heart School.

Following this event, a special celebration Mass was held at 5:30 p.m. in the historic Sacred Heart Church at 1040 39th St. and a blessing of the new campus occurred at about 6:45 p.m.

Bishop Francis Quinn, who was present at the school's golden jubilee, presided at the Mass and conducted the blessing.

A dinner for families and alumni of the parish was held at the old school, following the blessing of the new campus.

The dinner, which began at about 7 p.m., carried special historical significance, since it marked the final parish event held at the old campus at 3933 I St.

## State-of-the-art

The old Sacred Heart School, which opened in 1945, has been the site of many memories for many people throughout the community.

But the aged structures on the campus were retired with the final day of school on Friday, June 4 and their subsequent demolition this summer. A park and housing will replace the old school.

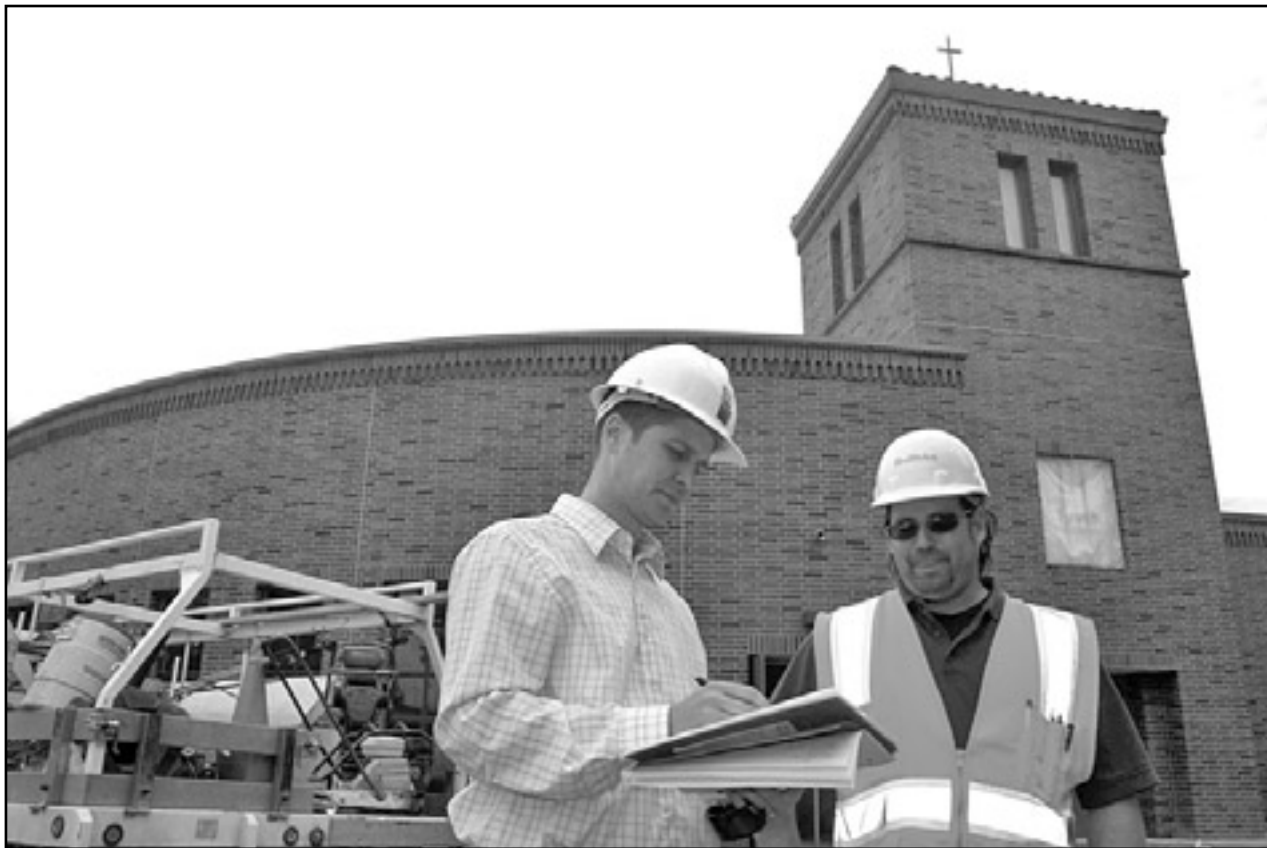
Theresa Sparks, principal of Sacred Heart School, said that there are a variety of reasons why she is looking forward to the new school.

"There are a lot of things I'm looking forward to, like not having all the repairs," Sparks said. "That's a big part of it. And this (old) school is such a maze that it's hard to supervise it. My new office will have a view of the yard, so I'll be able to look right out at everything. Also, being able to have easy access to the classrooms is a really big part for me. There's also a little more privacy with the new campus, so I think the safety of the school is going to make a really big difference. I've been telling people that I'm overwhelmed (with the new campus) and really, I am."

The new school consists of the following three structures: 1) a two-story classroom building with a library, computer room with 35 stations and a science lab; 2) a multipurpose facility that houses a cafeteria designed to accommodate about 100 students per lunch period, a stage and a "high school-scale" gym with a basketball court and bleachers; and 3) an annex with a meeting room, kitchen and movie screen and projector.

Although the new campus, which is equivalent in size to the old campus, was not fully completed by the time of the June 5 festivities, it will nonetheless present the community with a fairly thorough representation of how the school will appear in its completed state.

Jeanne Winnick Brennan, a spokesperson for Sacred Heart School, emphasized that those who visit the new campus as work is finalized should expect to see school grounds with an unfinished and even somewhat dusty appearance.



Arden-Carmichael News Photo/Lance Armstrong  
Brian Whitmore, the project's architect with Williams + Paddon and Dan Thuleen, senior project engineer with Roebelen Construction, study details about the project on the grounds of the new Sacred Heart School.

"(The new school) is looking very good, but it will still look like a construction site," Brennan said.

But of course, the school's appearance will allow the public to view a segment of the final stages of a dream being fulfilled.

Behind this dream was Monsignor Robert P. Walton, who worked with his project team and Roebelen Construction Management Services to create design principles and state-of-the-art systems technology for the new campus.

## Complimentary construction

The new school features a wide variety of interior and exterior details, including its architectural appearance, which has similarities to Sacred Heart Church.

In linking the church with the new school, the school's facilities were partially built with twice-fired, dark "clinker" bricks like those used in segments of the church. The color of the remaining bricks used at the new school is known as Monterey Bay Flash.

Additionally, part of the school includes a rounded wall of bricks, which is another element that was used in the construction of the church.

With the exception of any bells, the church's Romanesque tower was also replicated at the school.

And to link the old school with the new school, the cross from the old campus is now located atop the new tower.

An image of the Sacred Heart of Jesus, similar to the image that is located at the old school, will be placed below the new tower.

Gladding, McBean in Lincoln is creating the image, since it was determined that the old image, which was also created by Gladding, McBean, would likely not survive removal from the old school without breakage.

If by chance the old image can be removed in one piece, it would likely be placed among the landscaping of the school, which will also include a grassy area about half the size of a soccer field.

Furthermore, the "Sacred Heart School" lettering that was recently removed from the front of the old school has been relocated to an area within the new school.

## New school, same mission

One of the unique aspects of the campus will be a large, tire with spokes-shaped design that will be included in a circular, concrete area at the front of the school.

Inside the spokes at the outer rim will be the words, loving, courageous, faithful, compassionate, respectful, honest, forgiving and joyous.

These words were selected by this year's 8th grade graduating class as words that are considered to represent characteristics of Sacred Heart students.

Among the amenities of the classrooms are new technology SMART Boards, a wall for posters and instruction materials, computer network access, energy-saving skylights with motorized blinds to maximize or minimize lighting (2nd floor only), sinks with drinking fountains and cubbies for the students' books and clothing.

Dan Thuleen, senior project engineer with Roebelen Construction, described the new school as an extreme upgrade from the old school.

"It's been a great project and the school is going to get a vastly improved facility," Thuleen said. "It's modern, but they tried to give it a feel of being older with kind of a classical feel. They've given it kind of a campus layout with classrooms everywhere, a lot of design with a play area and pedestrian flow, so they've done a wonderful job. They're really going from an outdated, antiquated facility to a modern, brand new facility with all the bells and whistles."

# Will ARNHA take over the Effie Yeaw Nature Center?

Special to the Arden-Carmichael News  
From the American River Natural History Association

Sacramento County officials have requested detailed proposals from four local nonprofit organizations on how they would manage the Effie Yeaw Nature Center if selected when county operation is scheduled to end June 30.

Four nonprofits stepped up when a budget crunch threatened closure of the center: the American River Natural History Association, the American River Parkway Foundation, the Sacramento County Office of Education and the Discovery Museum on Auburn Blvd., Sacramento.

Each organization was asked to provide information on such key subjects as anticipated revenue and expenditures, and plans for fulfilling the nature center's basic services for children, teens and adults such as nature tours, animal care and exhibits. The deadline for submitting the proposals was June 4.

The requests for proposals were issued following a Board of Supervisors May 12 Workshop on future of the financially struggling regional parks system. About 65 people attended, wearing green at-

tire and stickers with ARNHA's logo in hopes of persuading the supervisors to choose ARNHA to run the nature center.

## Developing the plans

Months ago, ARNHA was the first of the four organizations to express interest in managing the nature center, drawing support from Parks Department Director Janet Baker.

"ARNHA is an obvious choice because of its continuing support of the Nature Center over many years," Baker said.

No county funding is assured beyond June 30 for the 33-year-old, award-winning nature center. However, ARNHA Board and Associate Board members are hoping the supervisors can be persuaded to find the resources to allow the county to continue operating the nature center and remove the threat of closure. In a statement, Peggy Kennedy, ARNHA vice president, made the case for keeping the 33-year old award winning nature center's doors open:

"Effie Yeaw Nature Center has a long tradition of providing environmental education for the children and adults of Sacramento County. The 77 acres of natu-

ral preserve is an unusual treasure in the midst of suburban development. It would be a pity if the museum and assembly building were closed, if the nature preserve were left open to vandals, vagrants, and others who do not value the preserve. The portion of county funding needed to keep Effie Yeaw Nature Center open and functioning as a source of environmental education is a tiny part of the county budget.

"The benefits the Effie Yeaw Nature Center brings to the businesses and homeowners of the county make keeping the Center open a good business decision. Hearing a third grader who has just completed a workshop at Effie Yeaw Nature Center say, 'This is the best day of my life' is all the testimony we need."

With the county facing a projected \$166.5 million deficit in fiscal 2010-2011, Baker said officials also are exploring the possible transformation of the Parks Department itself.

"We are researching different models statewide for county regional park agencies - whether they be special districts, conservancies or joint powers authorities. The goal is to find the model

that best fits our region and offers the most likely opportunity for success.

"In the end it may be that voters will be asked whether or not they would support a special tax or assessment to protect and maintain regional parks, open space and trails in the region."

## Funding and fees

Baker said park officials recognize that there are many challenges around the idea of transitioning the nature center from county control to ARNHA, a 501(c) (3) nonprofit organization founded in 1981 when the nature center was threatened with closure. But she said the change could provide the potential for sustaining and growing the Nature Center's programs over time by allowing increased flexibility and cost savings.

"I believe that there could be a successful model for the Effie Yeaw Nature Center similar to what happened with the city of Sacramento and Fairytale Town and the Sacramento Zoo back in the 1980s," Baker said. "Both of these organizations successfully transi-

See Effie Yeaw, page 17

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# Effie Yeaw: 'Because we're a nonprofit, people want to help us out'

Continued from page 17

tioned to be almost fully operated by their non-profits.

"The transition will take time and could include annual benchmarks such as leasing the facilities and fund raising goals. There may be some opportunity for limited county support for facility maintenance or Center programs during the transition."

It was widely agreed by ARNHA and Nature Center officials that such a huge expansion of ARNHA's role would not be possible without a major financial commitment from the Sacramento County during a transition period.

This conclusion is illustrated by recent financial figures for the nature center and ARNHA.

According to EYNC Director Marilee Flannery, EYNC expenditures in 2008-09, the last year EYNC was fully funded and able to do all of its programs, were \$980,000 (staffing, \$700,000; utilities, materials, and supplies, \$100,000; county overhead, \$180,000). During that year, the

nature center served about 100,000 children, teens and adults with 944 programs, both on-site and in the community at schools, libraries, other parks and other community sites. Of these programs, 103 were free to the public. Entrance into EYNC has also been free for the 33 years it has operated. Free admission was judged to be governed by the American River Parkway Plan.)

Total EYNC revenue in 2008-09 was \$287,000 (program revenue, \$140,000; grants, sponsorships, agency support, \$100,000; donations, \$47,000, including \$40,000 from ARNHA.)

Flannery continued, "If the EYNC is to operate as a nonprofit and wants to pay the same wages as staff have earned previously (not likely) and have the same programs, then it would take \$513,000 to operate the EYNC (cost of EYNC without county overhead).

In stark contrast, ARNHA has budgeted \$134,500 in total unre-

stricted income in 2009-10, while allocating \$59,500 to the Effie Yeaw Nature Center.

## Making the transition

To point to Fairytale Town's transition from city of Sacramento operation to nonprofit status as a model for Effie Yeaw as the Parks Department suggests would present challenges and opportunities. For instance, the William Land Park children's play park is fenced in and takes in about \$600,000 annually in admissions; it is considered unfeasible to charge admission to the unfenced nature center and its 77-acre preserve.

At the same time, this disadvantage could be partially offset if the county granted Effie Yeaw a share of the \$5-per-car parking fees collected in Ancil Hoffman Park.

Fairytale Town's \$1.2 million annual budget also includes \$270,000 from the sale of food, a source of revenue not now available to EYNC. But food service

would be possible within Health Department restrictions, Marilee Flannery said.

Nonprofit organizations that seek grants are said to enjoy a more sympathetic response from foundations and business firms than do government-supported groups. However, there can be a downside when donors restrict awards to specific projects and not ongoing operations such as staff salaries.

"As scary as it is to transition from a city department to a non-profit, it has been good for Fairytale Town," says Kathy Fleming, executive director of Fairytale Town. "We can fundraise without any hindrances. And when we go out to bid on a contract, because we're a nonprofit, people want to help us out."

*Story originally appeared in the ARNHA newsletter, "The Acorn." For information on receiving "The Acorn," visit [www.arnha.org](http://www.arnha.org).*

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## JUNE

### Pops in the Park 2010

Pops in the Park returns to East Sacramento for the 2010 season: Saturday, June 12 - Glenn Hall Park "Because," a tribute to the Beatles and Second Saturday Showing by Sofia Lacin & Hennessy Christophel; Saturday, June 19 - Bertha Henschel Park "SwingMasters," ESIA Sidney Pope & Onion Awards, Wading Pool Open - Free Admission; Saturday, June 26 - McKinley Park, "The Q-Balls" playing. All concerts begin at 6 p.m.

### Widowed Persons Association

Widowed Persons Association of CA (WPAC) Chapter 1 is a non-profit organization that addresses the needs of widowed persons (both men and women) coping with the death of their spouse. This is a peer support session of two hours from 3:00-5:00 p.m. every Sunday, conducted by a trained facilitator. These sessions are held at the office located at 2628 El Camino Avenue Suite D-18. For

more information about these sessions and the organization, contact the WPAC office at (916)972-9722.

### Free Dance Lessons

Free tap dance lessons on Fridays at noon at the Dance Corner, 2927 Fulton Ave. For more information, call 804-3104.

### Tahoe Park Soccer Registration

Tahoe Park Soccer Registration begins in June. Registration days are June 12 and July 10. Visit their Web site for additional registration details: [www.tpsoccerclub.com](http://www.tpsoccerclub.com).

## JUNE 10

### Computer club meeting

The Mission Oaks Computer Club will meet on Thursday, June 10, 2010 from 1:00 PM to 3:00 PM at the Mission Oaks Community Center, 4701 Gibbons Drive, Carmichael. The meeting topic will be "Securing Your Computer", presented by Computer Security Analyst Davin Enigl. A problem solving clinic, led by Adam Lacey of Applications, Etc, will follow the meeting. First-time visitors are welcome. For additional information call (916) 366-1687 or visit our Web site at [www.missionoakscomputerclub.org](http://www.missionoakscomputerclub.org).

## JUNE 11

### Belle Cooleedge Ice Cream Social

Bring the whole family to Belle Cooleedge Library's 12th annual Barbara Jeanne Hansen Ice Cream Social from six until eight p.m. on Friday, June 11 at the park adjacent to the library. Come celebrate the beginning of summer vacation with free ice

cream and toppings provided through the generosity of Foster Farms Dairy featuring Crystal Dairy products. Friends and neighbors are invited to join us for this summer evening of family fun. In addition to free ice cream, Trevor Wyatt the Magician will perform magic tricks and DJ Harrison from Let's Celebrate will provide music. There will be face painting and balloon twisting by Clown Blanca Rose and her assistant and, depending upon fire calls that evening, a big red fire engine and friendly firemen and women from Sacramento Fire Department Station 13. The ever-popular Sacramento Modular Railroaders will have their fantastic small-scale railroad display in the library's community room.

## JUNE 12

### Sacramento VisionWalk

Sacramento VisionWalk being held on Saturday, June 12, 2010 at Southside Park to benefit the Foundation Fighting Blindness. VisionWalk is the national signature fundraising program of the Foundation Fighting Blindness. Anyone interested in participating in the Sacramento VisionWalk should visit [www.VisionWalk.org](http://www.VisionWalk.org) or call Heather Spearmint, Events Manager, at 408-202-3801.

### Fe Gallery Reception

Fe Gallery Artist Reception June 12, 2010 between 6-9pm - Art demo @ 7:30pm. June's guest artists are Stephen Ward and Sandy Whetstone, as many of you know Stephen Ward won Best 2 Dimensional in Art for MS show, a diverse artist, yet in each distinct collection of works you know this is a Stephen Ward. Sandy's ceramic sculptures offer interesting textures and unique designs. Early Premier Thursday is on June 10, 2010 between 6-8 p.m. Please join us at Fe Gallery, 1100 65th Street, Sacramento, CA 95819 please visit [www.fegallery.com](http://www.fegallery.com) more information about the gallery, artists, and daily hours or call, (916) 456-4455. The current show will run June 30, 2010.

## JUNE 13

### Pipe Organ Encounter

Special event is Sunday, June 13, 2010, 3 to 5 p.m. a Pipe Organ Encounter for all ages, especially kids. Scholarship students will play, organists will demonstrate and organ builder will lead tours of the pipe organ at All Saints Episcopal Church, 2076 Sutterville Rd. Sponsored by American Guild of Organists. Information at (916) 422-5168.

## JUNE 15

### Latino Dance and Culture Group

Come dance to the beat of all types of Latin music. Featuring DJ music and delicious Mexican food. Donations of \$3 or more to enter. Held at the Ethel Hart Community Center, 915 27th St., from 6:15 p.m. to 9 p.m. Call Barbara Alarcon at (916) 400-4514 for more information.

## JUNE 16

### Genealogical Association of

### Sacramento

The Genealogical Association of Sacramento will hold their regular meeting the third Wed of June 16 at 1 p.m. in the Colonial Heights Library at 21st Avenue and Stockton Boulevard. The June speaker is Patricia Johnson, senior archivist of the Center for Sacramento History. Questions? Call Melanie Howard at (916) 383-1221.

## JUNE 17

### Mission Oaks Genealogy

On June 17, 2010, the Mission Oaks Genealogy Club will meet from 1-3 p.m. at Mission Oaks Community Center, 4701 Gibbons Drive, Carmichael. The program speaker will be Lynn Brown, local genealogist, discussing "safe surfing through social networking." Visitors are welcome. Cost: Free. For more info call Robert Noyes (916) 332-5753 or visit Web site at: <http://missionoaksgenealogyclub.org>.

## JUNE 19

### Spring Tree Tours

Join the Sacramento Tree Foundation for a walk under Sacramento's tree canopy. Meet Saturday, June 19, CSUS Arboretum, meet at the Northeast pathway to the arboretum from 10 to 11:30 a.m. Learn about identifying trees by leaf, bark and growth habits and get an idea of the great varieties of trees over our heads. Insect and disease issues will be discussed as well as watering needs for our particular environment of clay soils and hot weather. For additional information, including planting opportunities, please visit [www.sactree.com](http://www.sactree.com).

### Waldorf Open House

Learn about the unique and nurturing curriculum offered in the early childhood programs of a Waldorf school. At this event, you will see our beautiful 40-acre campus, meet faculty members, and discuss your child at this free open house, 9 a.m. to noon. Free child care with advanced reservations. For more information, visit [www.liveoakwaldorf.org](http://www.liveoakwaldorf.org) or call Live Oak Waldorf School at (530) 878-8720. Live Oak Waldorf School, 410 Crother Road in Meadow Vista is just minutes from Auburn, off I-80 at the Applegate exit.

## JUNE 27

### Music in the Park

On Sunday, June 27, Curtis Park will be filled with the sounds of frolicking children, laughing adults and fantastic music, as the Sierra Curtis Neighborhood Association opens its annual Music in the Park. This free concert runs from 6 to 9 p.m. and is part of the 2010 season of events of one of the busiest neighborhood associations in the state of California.

## JULY

### Latino Dance and Culture Group

Come dance to the beat of all types of Latin music on July 13 and July 20. Featuring DJ music and delicious Mexican food. Donations of \$3 or more to enter. Held at the Ethel Hart Community Center, 915 27th St., from 6:15 p.m. to 9 p.m. Call Barbara Alarcon at (916) 400-4514 for more information.

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**JULY 3****Spirit of the Pocket Fourth of July parade**

The annual Spirit of the Pocket parade will start at 10 p.m. and will travel down Windbridge Drive to Garcia Bend Park. Entries are now being accepted for the 2010 Pocket Parade, which will be held on July 3rd at 10 a.m. Entry forms are available online at [www.cityofsacramento.org/council](http://www.cityofsacramento.org/council) or call my office at 808-7338 or The Pocket News at 429-9901.

**Matsuyama Elementary School****Fun Run/Walk**

It's time for the 15th annual July Fun Run/Walk at Matsuyama Elementary. Everyone is invited to attend this community and family oriented event, which raises funds for the 2010-2011 sixth graders to attend the Sly Park Environmental Science Camp. The Fun Run/Walk is a 5K/8K event that will take place on Saturday, July 3rd, at Matsuyama Elementary School, 7680 Windbridge Drive. Check in begins at 7 a.m., and the race start time is 8 a.m. Fees are \$15, and includes event T-shirt before Thursday June 10; after June 10, the fee is \$20. For more information, please contact Maria Rodriguez at 421-6967.

**JULY 8****Computer Club meeting**

The Mission Oaks Computer Club will meet on Thursday, July 8, 2010 from 1 p.m. to 3 p.m. at the Mission Oaks Community Center, 4701 Gibbons Drive, Carmichael. The meeting topic will be "What's New at Apple," presented by Brent Sallee of MacClicks. A problem-solving clinic, led by Adam Lacey of Applications, Etc, will follow the meeting. First-time visitors are welcome. For additional information call (916) 366-1687 or visit our Web site at [www.missionoakscomputerclub.org](http://www.missionoakscomputerclub.org).

**JULY 10****Jensen Garden Workday**

Friends of the Jensen Botanical Garden hold garden workdays one Saturday of every month from 9 a.m. to 1 p.m. The next workday is July 10. Bring work gloves, hand pruners and your lunch. Come join with other volunteers to keep the garden beautiful all year. Next workdays in 2010 are 8/7, 9/11, 10/9, 11/6, 12/4. The Jensen Garden is located at 8520 Fair Oaks Blvd. in Carmichael. For more info: Tracy Kerth (916) 485-5322 ex23 or email [tracy@carmichaelpark.com](mailto:tracy@carmichaelpark.com).

**JULY 10-11****40th Wildlife Art Festival**

Birders of a feather will flock together as the Pacific Flyway Decoy Association presents its 40th Wildlife Art Festival, Saturday and Sunday, July 10-11, Double Tree Hotel Sacramento, 2001 Point West Way. Designed specifically for families, the event celebrates traditional wildlife artworks with contests, displays of carvings, fine art, antique decoys, sculpture and interactive kids activities. Event is July 10, from 9:00 a.m. to 4 p.m. and July 11 from 9:30 a.m. - 4 p.m. Tickets are \$5 for the weekend, children 12 and under, free. For more information, visit [www.pacificflyway.org](http://www.pacificflyway.org).

**JULY 25****2010 Pear Fair**

Always the last Sunday in July, the 38th annual Pear Fair will be Sunday, July 25, 2010 from 9 a.m. to 6 p.m. in the Sacramento River Delta town of Courtland, located just 20 minutes south of Sacramento, off Highway 160. Last year, the fair drew in more than 7,000 people. Make sure and arrive early to enjoy all the festivities. For more information, visit [www.pearfair.com](http://www.pearfair.com).

**Todd Morgan and the Emblems**

Todd Morgan and the Emblems are performing in the Carmichael Concerts in the Park series, July 25, from 6:30 to 8:30 p.m., at the Carmichael Park Bandshell, located the corner of Grant Avenue and Fair Oaks Boulevard. This is a free event.

**ONGOING****American Legion Dance**

The American Legion Dance, Held on the first Friday of each month from 7 - 10 p.m. at Veterans Memorial Hall at Royer Park in Roseville, featuring ballroom, Latin, swing, and night club dances with DJ Bob Wayman. The public is invited and singles are welcome. There is a great wood dance floor, good parking, no-host bar, soft drinks, and snacks. Come dance and make new friends. The hall is located at 110 Park Drive. Cost \$8. Info: (916) 783-7267. Proceeds go to support the troops and our veterans.

**Bariatric Surgery Informational Seminar**

Learn all about what bariatric surgery is and is not. The seminar is held the first Saturday of the month from 10 a.m. - 12 p.m., except for July and September when the seminar will be held on the second Saturday of the month. The seminar location is Bruceville Terrace (8151 Bruceville Road) in the Multipurpose Room. For more information, please contact Rondi Crowley at 423.5909.

**Food Addicts Anonymous**

Food Addicts in Recovery Anonymous is a 12-step group for people struggling with obesity, food obsession, or eating disorders. There are no dues or fees, or weigh-ins. All are welcome to join them: Monday - 6:30 p.m. Greenhaven Lutheran Church Fellowship Hall, 475 Florin Rd. Sacramento; 7 p.m. Warehouse Christian Ministries, 10020 Foothills Blvd. Roseville; 7 p.m.

Nevada County Contractors Assoc. - 149 Crown Point Ct., Grass Valley; Tuesday - 6:45 a.m. Southside Park Clubhouse, 2051 6th St. (btwn T & W Sts), Sacramento; 9 a.m. St. Andrew's United Methodist - 6201 Spruce Ave, Sacramento; 6:30 p.m. Kaiser Medical Center Conf Rm, 1900 Dresden, Lincoln; 7 p.m. Faith United Methodist Church - 3600 J St., Sacramento; Wednesday - 7 p.m. Davis United Methodist Church - 1620 Anderson Rd, Davis; Thursday - 9 a.m. St. Andrew's United Methodist Church - 6201 Spruce Ave, Sacramento; 6:30 pm Christ Unity Community Church - 9249 Folsom Blvd. Sacramento; 7 pm Auburn Grace Community Church, 3126 Olympic Way Rm 117, Auburn; Friday - Southside Park Clubhouse, 2051 6th St. (btwn T & W Sts), Sacramento; 7 p.m. Kaiser Facility Folsom, 2155 Iron Point Rd, Conf Rm 1, Folsom; 7 p.m. Kaiser Hospital 3700 Vaca Valley Pkwy 3rd Fl., Rm B, Vacaville; Satur-

day - 8 a.m. Fremont Presbyterian Church - 5770 Carlson Dr. Chapel, NE corner of campus, Sacramento; 8 a.m. St. Andrew's United Methodist - 6201 Spruce Ave, Sacramento; 8 a.m. BriarPatch Co-Op Community Market, 290 Sierra College Dr. Community Rm., Grass Valley. For more information: [www.foodaddicts.org](http://www.foodaddicts.org).

**MONDAYS****Gray Eagles**

Gray Eagles- a M/F social group sharing WW II history of military or sport aviation. Former air, ground, or carrier crew, or anyone interested will enjoy our monthly speakers. Topics include B-17s, Reno races, Fire attack A/C, Airshows. Drop by to visit- FREE. We meet the second Monday, each month at Hometown Buffet, 4300 Florin Rd. (private dining room), Sacramento, 11:30 - 1:30. See [www.grayeagles.net](http://www.grayeagles.net) or call Lou @ 421- 0844.

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# CALENDAR

For more Calendar entries visit  
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## MONDAYS

### Tai Chi at Hart Center

Chinese exercise combines specific movements and relaxation, 1:30 to 2:30 p.m., Hart Senior Center, 915 27th St. Instructor, Mamie Woo. Information at 808-5462.

### Hatha yoga class

Instructor Pat Shaw teaches students to align the body through breathing techniques, postures and deep relaxation, 3 to 4 p.m., Hart Senior Center, 915 27th St. Information at 808-5462. Repeats Wednesdays, Fridays.

### Gray Eagles meet

Gray Eagles, a social group for men and women, hears guest speakers on air shows, flying and warbirds, 11:30 a.m. to 1 p.m., second Mondays of the month. Visitors welcome. Free, at the Hometown Buffet (private dining room), 4300 Florin Road. Information at 421-0844.

### Newcomer's Buffet

The Widowed Persons Association of California invite any and all widows and widowers to attend their Newcomer's Buffet and Social at 5:30 p.m., every third Monday, at the Plaza Hof Brau, El Camino at Watt Avenue. The cost varies as the choice is from a no-host buffet menu. For more information, call 972-9722.

### Toastmasters meet

Guests always welcome at Klassy Talkers Toastmasters to have fun while improving speaking and leadership skills, 7 to 8:30 p.m., Executive Airport 6151 Freepoint Blvd., 95822. Information: Jan at 284-4236 or www.sacramentotoastmasters.com.

### Co-Dependents Anonymous

Co-Dependents Anonymous meets, 7:30 p.m., Friends Church, Fireside Room, 41st and E streets. This 12-step group is for people whose common problem has been an inability to maintain healthy relationships. We support each other in developing fulfilling relationships. For more information, call 1-866-794-9993.

### Evening Tai Chi class

Sixty-plus minute class includes Yang style Tai Chi, Chi Gong exercises, and strength training using elastic bands, 6:30 p.m., Parkside Community Church, 5700 South Land Park Drive. Open enrollment - join anytime. Cost: \$15 a month for members, \$20 for non-members. Information: 421-0492.

### Girls-only karate

Karate for girls ages 7 and older, 6:30 to 7:30 p.m., Elks Lodge No. 6, Riverside Boulevard at Florin Road. Meets Mondays and Wednesdays. Information at 470-9950.

### Aviator interest

Gray Eagles, a social group for men and women to share stories of military or sport aviation -- for former air or ground crew, or anyone interested in B-17s, Reno races, and airshows. Free. Meets second Monday, 11:30 a.m. to 1 p.m., at Hometown Buffet, 4300 Florin Rd. (private dining room). Information from Lou at 421-0844.

## TUESDAYS

### Pastel landscapes class

Award-winning pastel artist Reif Erickson teaches a four-step process to creating art. Supplies provided for the first session and students provided with a materials list for further lessons. From 2:30 to 5 p.m., Ethel Hart Center, 915 27th St.; \$25 per lesson. Information at 808-5462.

### Free Medicare counseling

Health Insurance Counseling & Advocacy Program (HICAP) offers free, unbiased information and assistance with Medicare problems, help with health and long-term care insurance. HICAP does not sell, endorse, or recommend insurance. Appointments are every Tuesday with John Gallapaga, call 376-8915 to schedule an appointment. For appointments in Spanish, call Marta Erismann at 231-5110.

## TUESDAYS

### Women's networking

Soroptimist International of Sacramento South, a service club for business and professional women for 47 years, meets second and fourth Tuesdays, 12:15 p.m., for lunch and programs at Aviators Restaurant, Executive Airport, 6151 Freepoint Blvd. Fund-raising, networking, community service. Information: President Colleen Truelsen, 429-9901, email: colleen@valcomnews.com.

### Barbershop Harmony

Sacramento Capitolaire Barbershop Chorus rehearsals, 7 p.m., Sierra Arden United Church of Christ, 890 Morse Ave. Open to "men who like to sing." Call Joe Samora for details, 631-9848.

### Antelope Quilters Guild

Held the second Tuesday of each month from 7 p.m. to 9 p.m., the Quilters Guild invites community members to their general meeting at the Lutheran Church of Ascension, 7607 Garden Gate Dr. in Citrus Heights. For more information, call 488-8858.

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# Anthony Wesley: Wrestling phenom and not even 5 feet tall

By **BENN HODAPP**  
Arden-Carmichael News Writer  
benn@valcomnews.com

Someone who stands 4 feet 9 inches tall is hardly considered a physical threat in the everyday world. You may not bat an eye in the direction of Anthony Wesley, 12, if you saw him walking down the street. Actually, scratch that, because the kid hardly walks anywhere. You're far more likely to see him jogging at a pace that will tire even you out.

He may be small, but put him on a wrestling mat and the smart money says he wins. Anthony is the first to admit that he isn't the biggest, strongest or fastest kid who has ever grappled. But what he does have is a keen grasp of his sport learned through years of intense training and a drive to continue getting better.

## Meet the brainy athlete

He's a cerebral kid. He loves to play chess, knock out a Sudoku puzzle or tear through a word search. He is a strong student at Carmichael's Barrett Middle School where he currently carries a 3.33 GPA as a seventh grader. He is also a versatile athlete; Anthony plays football, lacrosse, basketball, track and field and is even dabbling in fencing. He can play them all well, but it is wrestling that has turned the young gym rat into a phenomenon.

Anthony's father, August, a long time wrestler and wrestling coach, has taken his son under his wing in order to provide the training necessary for Anthony

to become a truly prolific wrestler. Anthony was in the gym a lot growing up, watching his dad conduct practice as the then head coach of Jesuit High School's wrestling team.

Watching from the bleachers helped Anthony to absorb some of what he saw, sure, but he wasn't content to sit and watch forever. So at the ripe old age of six, Anthony tried out the sport in earnest. He immediately loved it. Although it's hard not to love something that you can do better than just about anybody from the word go. In his first year of wrestling, he didn't lose a single match. He won his first tournament at the age of six at Nevada Union High School in Grass Valley.

"He showed his talent immediately," August said of his son. "He won every match his first year and in his second year he placed second in the state championship."

In the years that followed, Anthony gained momentum, winning dozens upon dozens of tournaments. In fact, he has won 20 tournaments just this year, according to August. Not surprisingly, Anthony holds the No. 1 ranking for his age in the state. He holds an impressive 99 wins, 20 losses record this year, competing with kids from all over the country at different meets.

Just this year he has competed in tournaments in seven states (California, Oregon, Nevada, Illinois, Rhode Island, Massachusetts and Connecticut).

Anthony is already so accomplished at his sport that he has lost

count of his ribbons, medals and trophies.

"Probably 100 or so," Anthony said in a truly non-arrogant tone. "I keep some in a few different rooms in the house."

## Titan on the mat

Anthony just got back from the East Coast where he competed in the Connecticut Championship Wrestling Series. Oh, and he won the whole thing. Make that 101 or so awards now. But that may not have been the most exciting part of the trip for him. He got to check out Harvard University's wrestling program as an honored guest and got to train with Harvard wrestling coach Jay Weiss.

"It was great. Harvard has a really nice campus," Anthony said. "The wrestling coach taught me a new move. The only thing I don't like about it is that it's so far away."

The trip to Harvard wasn't simply for pleasure; Anthony had a meet at the three-day Massachusetts Iron Man tournament. Wrestlers from all over New England competed. Anthony took home an impressive second place finish.

He doesn't live the same life as all kids his age. He understands that. But he also loves what he does and is fully aware of the sacrifices he makes in order to keep up with his hectic schedule.

"I've had this kind of schedule for so long now that I have gotten used to it," he said. "I try to take some time to relax, but it has become normal to me."

With enough accolades in his sport to fill numerous lifetimes, Anthony is still not content to simply stand pat. His ambitions are clear and defined.



Photo courtesy Carmichael's Anthony Wesley, 12, wearing two gold medals from the Sacramento Area Wrestling Association championships.

"I want to place in the Tournament of Champions again next year," he said.

Placing means getting a top three spot, but make no mistake, Anthony plans to take first. Looking past next year he sees himself wrestling at Jesuit just like dad, then collegiately and perhaps even in the Olympics.

"I'm not positive yet," he said about being a possible Olympian. "It's my life goal, but I am just going to do the best I can."

If the last six years are any indication of what he can do at his best, there are likely going to be a lot of high school, college and maybe even Olympic wrestlers who will wonder what hit them.

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### CAMPUS COMMONS

Exceptional 4400 plan! Bamboo floor **PENDING** throughout. Fireplace in living room & master. Huge walk-in closet in master w/ organizers. Plantation shutters, updated kitchen & baths. Good sized patio. Attached 2 car garage. American River Pkwy & CSUS just steps away. See [www.320elmhurstcir.isnowforsale.com](http://www.320elmhurstcir.isnowforsale.com) \$325,000

**LEIGH RUTLEDGE 612-6911**  
**BILL HAMBRICK 600-6528**

### UNIVERSITY PARK

Spacious and free-standing home with over 2400 sq ft. Great buy for this popular model with sunny kitchen, formal dining room & family room off kitchen. Lots of privacy & 2 car attached garage. Beautiful flooring, relatively new roof, 2 pools & low association dues! Close to miles & miles of bike trails along the American River Parkway. See [www.2014UniversityParkDr.com](http://www.2014UniversityParkDr.com) \$349,000

**ANN WORTHINGTON 425-7715**

### UNIQUE ARDEN OAKS W/ STABLES

Fabulous remodeled ranch home on 1.19 acre in Arden Oaks. New kitchen, master bath, LR, FR & game rm. Remodeled pool, new outdoor kit w/ Viking range, 4-stall horse barn, oversized 3 car garage w/ shop. Creek runs through yard. See [www.4010WindingCreek.com](http://www.4010WindingCreek.com) \$1,195,000

**LEIGH RUTLEDGE 612-6911**  
**BILL HAMBRICK 600-6528**

### CARMICHAEL CUSTOM

Wonderful custom family home **PENDING** de-sac location. Desirable location on 4.8 acre. Features hardwood floors, high ceilings, lots of glass. 4-5 bedrooms, library, separate bonus room. Large open kitchen with island, nook and new appliances. 3 fireplaces. 3 CH&A zones. See [www.5161KeaneDr.com](http://www.5161KeaneDr.com) \$998,000

**PATTY BAETA 906-7761**



# Windermere

## Dunnigan Realtors

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