

Grassroots campaign to fight for county funding for entire park system

Director of Regional Parks addresses Effie Yeaw Nature Center group

See page 5

Marty Relles presents 'Janey Way Memories'

See page 17

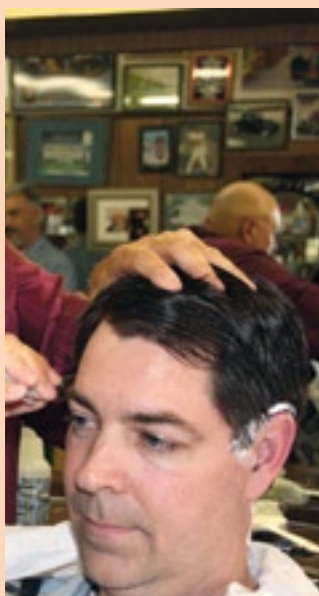
COMMUNITY CALENDAR, PAGES 22-23 • KNOW YOUR NEIGHBOR, PAGE 6 • FACES AND PLACES, PAGE 16

Inside This Edition



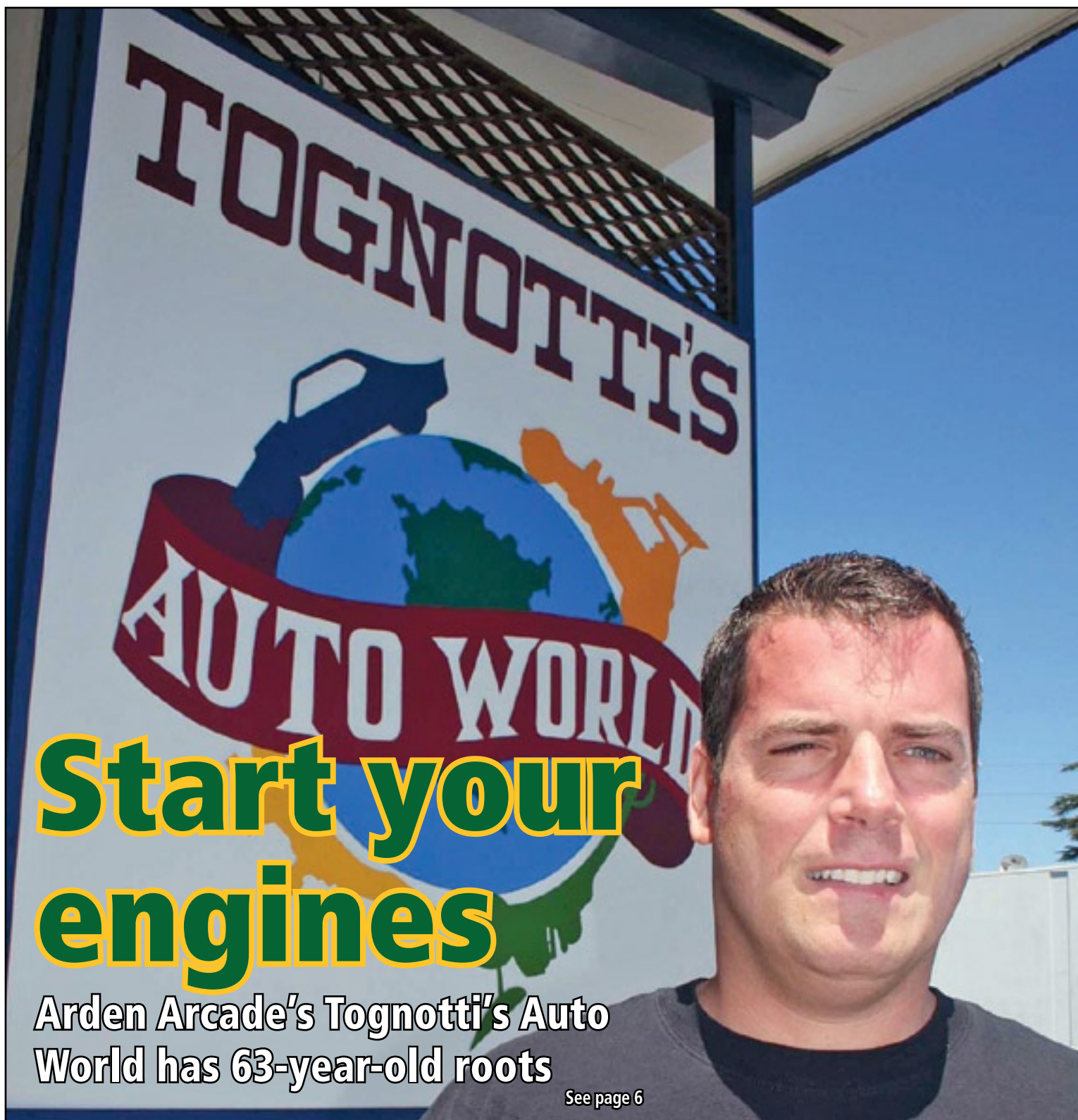
Preparations for Fourth of July

See page 9



Barbershop is a cut above

See page 14



Start your engines

Arden Arcade's Tognotti's Auto World has 63-year-old roots

See page 6

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Director of Regional Parks addresses Effie Yeaw Nature Center group Grassroots campaign to fight for county funding for entire park system

Special to the Arden-Carmichael News

Concerned over the loss of Sacramento County funding to the Effie Yeaw Nature Center July 1, more than 40 community members came to the "Strategy Session" of the Friends of Effie Yeaw Nature Center and Preserve. Janet Baker, Regional Parks Director spoke in detail of the immediate future of the Nature Center, including the possibility of the doors temporarily closing a few weeks in July.

There have been four nonprofit groups that have expressed interest in running the Effie Yeaw Nature Center after Sacramento County announced it would no longer fund it, including the American River Natural History Association, American River Parkway Foundation, The Discovery Museum, and the County Office of Education (operators of Sly Park). The "Requests for

Proposals" were sent out in early June, documenting criteria for a successful "bid", but the consensus is that a coalition of groups would be the best-case scenario for the Nature Center's future.

Bids were due June 4 and the recommendation of the Parks Department will be sent to the Board of Supervisors on June 29.

Fight for future funding

Funding for the center ceases at the end of the fiscal year, June 30, and the Sacramento County Board of Supervisors will be unable to approve the lease of the land until July 20, due to their recess. That leaves a lag time of a few weeks where the Nature Center and Preserve may close. Baker said at the meeting with Friends of Effie Yeaw Nature Center and Preserve that she is conferring with Sacramento County Counsel to see if there is something that can

be done to prevent the closure.

After listening to Baker explain the budget cuts to her department, down to .36 percent of the County General Fund before the cuts of fiscal year 2010-11, the group voted to expand their campaign. The American River Parkway's health depends on a strong county parks system to prevent overuse, according to President of Save the American River Association, Warren Truitt. Friends of Effie Yeaw Nature Center will generate e-mails to the Board of Supervisors, as well as a kids' letter writing campaign, to keep the county parks funded at last year's levels.

Getting involved

For more information on the Friends of Effie Yeaw Nature Center and Preserve, please contact Heidi Kuehner (916)335-7382.



Photo by Betty Cooper
The Effie Yeaw Nature Center experience includes plenty of bird watching opportunities.

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Know your neighbor

Arden Arcade's Tognotti's Auto World has 63-year-old roots

By LANCE ARMSTRONG
Arden-Carmichael News Writer
lance@valcomnews.com

Depending upon one's age, the sight of Tognotti's Auto World at 2509 Fulton Ave. has various meanings.

For those who were involved in auto racing when the Sacramento Raceway opened in 1964, the name conjures up memories of the old Tognotti's Speed Shop at 2018 16th St., while others remember buying Firestone tires at a later Tognotti's location at 2230 16th St. or going to the West Capital Raceway when it was under a part-Don Tognotti, part Leo Wyrsh ownership during the 1970s.

But the fact of the matter is that right here in the Arden-Arcade area, the large, warehouse-type building that goes far from unnoticed due to its size alone, has a rich history that predates its arrival about 34 years ago.

Start your engines

This history began with the 1947 opening of the Shell Oil Co. Service Station at 1200 7th St. by Alfred Tognotti, who at the time resided at 1524 8th Ave.

With the continuous growth of the downtown area, Alfred moved his operations to 1301 L St., where he opened a Union Oil Station in 1956.



Dean Tognotti serves as president of Tognotti's Auto World.

Arden-Carmichael News Photo/Lance Armstrong

Six years later, Alfred took over the operations of Shell Oil Co., Inc. Service Station #662 at 1601 L St., where he operated the business for the following five years.

Many people who remember the earlier years of Tognotti auto businesses in

Sacramento are very familiar with the name Don Tognotti.

The son of Alfred Tognotti, Don, who passed away at the age of 60 on Dec. 21, 2000, assisted his father during the early years of his businesses, as he described in a historical summary, which he wrote about Tognotti's a year prior to his death.

"I worked days, nights and graveyard (and) I busted tires and washed semi-trucks," Don wrote.

Don added in this historical summary that he also learned to drive in the parking lot of his father's 16th and L streets business.

At the age of 24, Don was approached by Ed Cholaki-

an, one of Tognotti's suppliers, who strongly suggested that he fill a void in the local market by opening a specialized auto parts store, which focused on hot rod parts.

Recalling this time in his life, Don wrote in 1999, "I borrowed \$5,000 and we opened a 1,100-square-foot store at 16th and T streets, myself and one other. We called it Tognotti's Speed Shop and Auto Accessories. This was the mag wheel era (and) Tognotti's was the 'King of Wheels.'"

Get your motor running

Don led the then-new business, which also included a wholesale racing products

warehouse, as its president, while his father served as vice president.

In 1966, with the success of the original Tognotti's Speed Shop, which now houses the Wah-Mei Co. Oriental food store, Don relocated the business to a much larger location, a 10,000-square-foot building at 1900 T St.

The building had previously been home to the Weaver Tractor Co., from 1941 to 1962, but had sat vacant for three years prior to the speed shop's opening at this site.

At its 19th and T streets site, which is now home to The Center for Community Health and Well Being, long-time Tognotti's employees, Stu McFarland, DuWayne Starr and Ken Tanaka began working for the company.

By the early 1970s, Tognotti's Speed Shop had grown to include three locations, as it then featured satellite stores at 7125 Franklin Blvd. in south Sacramento and another at 2703 El Camino Ave., near

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See Tognotti, page 7

Tognotti: 'We are proud of our many years in the community'

Continued from page 6

Fulton Avenue, in a shopping center behind Walt's Restaurant.

Additionally, in 1972, Tognotti's Tire and Brake Service, which was managed by Olie Swanson, opened at the aforementioned address of 2230 16th St., where the Japanese Service Center is now located.

Eventually closing all of its speed shops, Tognotti's opened a new store at 2125 Arden Way at Howe Avenue in about 1975. And it was there that the name Tognotti's Auto World first appeared.

In his 1999 historical summary, Don noted that this name change was due to the fact that the store opted to offer a full scale display of merchandise, while continuing to provide expert technical advice.

In order to handle the company's tire mounting needs, a second Tognotti's tire shop opened at 1750 Fulton Ave. in 1974.

It was also around this time that Starr led the drive to launch Tognotti's Engineering, which built and sold Tognotti's Manual Transmissions. But the transmission end of this endeavor was short lived, as the transmission project was abandoned and replaced with the manufacturing of sprint cars.

Tognotti's now

Today's Tognotti's Fulton and El Camino avenues location, which was once home to a Safeway grocery store and was referred to by Don as "a grocery store for car parts" due to its rec-



Tognotti's Auto World at 2509 Fulton Ave. is a longtime recognized landmark in the Arden-Arcade area.

Arden-Carmichael News Photo/Lance Armstrong

ognition as "the world's largest retail and wholesale high performance center," opened in 1977.

Although Tognotti's history since this time has included many other additions, including the opening of stores at 5354 San Juan Ave. in Fair Oaks and 5450 Sunrise Blvd. in Citrus Heights, Tognotti's Print Shop at the current Auto World site and other stores in the San Jose and Concord areas, as well as full ownership of the Sacramento Autorama and Oakland Roadster Show and a partnership in the one-mile oval Silver Crown 100 race at Cal Expo, all but its Fulton Avenue Auto World store remains.

Today, the Tognotti family-owned business is led by its president, Dean Tognotti, and his sisters Denée Lozano and Dena Stedry.

In recognition of Tognotti's history, Dean Tognotti said that he is proud of his family's longtime involvement in the community.

"We are proud of our many years in the community," said Dean. "We're a family-operated business and our employees are like extended family. Our slogan is 'performance and more since 1964' and we plan to serve the community by offering affordable custom auto parts and accessories for cars and trucks for many more years to come."

Tognotti's Auto World is open Mondays through Fridays, from 9:30 a.m. to 6:30 p.m., Saturdays from 9 a.m. to 5 p.m. and Sun-

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On Wednesday, June 23 from 10-11 a.m., Carmichael will host its own Olympic Day in Carmichael Park with gold medal winner, Gabe Gardner. He was part of the Men's Volleyball team that served, set and spiked their way to the top of the podium in the 2008 Beijing Olympics. Open to all ages, this free event promotes the Olympic Values of excellence, friendship and respect,



Gabe Gardner

which Gabe will talk about to the Carmichael community. Don't miss this opportunity to meet an Olympic gold medal winner and find out how you can instill these ideals into your life, too.

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Fun on the Fourth

Carmichael Elks annual Fourth of July Parade

Special to the Arden-Carmichael News

It was during this country's founding that the forefathers of our nation placed a call to arms to help foster the independence the continent so intensely demanded. Today, a call goes out to Carmichael residents to help celebrate that illustrious declaration that created the experiment we call the United States of America.

Now's the time to join in a cornerstone tradition of Carmichael. All that's missing is you.

Preparations are underway for the 2010 Carmichael Elks annual Fourth of July Parade.

The 2010 Carmichael Elks Fourth of July Parade celebrates the inspiring qualities possessed by American patriots reborn with each new generation: love for freedom and a common sense of purpose. As part of the spirit in America, the community is cordially invited to participate in the Elks' parade and celebration in "Honoring Those Who Serve."

The parade will start Sunday, July 4, at 11 a.m. The parade route runs along Fair Oaks Boulevard from Marconi to the Carmichael Elks Lodge at 5631 Cypress Ave.

Hundreds have signed up to march, float and ride along the Fair Oaks Boulevard parade route to the Carmichael Elks Lodge. During the parade, travelers may use Garfield or California as alternate north south routes.

Fun and entertainment after the parade includes free swimming, live music and dancing, an outdoor BBQ, children's games, a hole-in-one contest, and parade awards at the Carmichael Elks Lodge.

For further information, call the Elks Lodge at 489-2103.

Five questions with Noah Winn

Meet Carla Martin, RN

By NOAH WINN
Arden-Carmichael News Writer
noah@valcomnews.com

NOAH WINN: Your feet must be killing you. Do they have specially made shoes for nurses? Do you get a contract from Nike or Reebok when you sign on to become a Nurse?



CARLA MARTIN, registered nurse at Mercy Hospital East Sacramento: "No, but they should (*she laughs*). I am on my feet all day and I prefer the Nike Shox. They should really give us shoe contracts."

NW: How long have you been a nurse? And what was the craziest thing you have seen working as nurse?

CM: "I have been a nurse since 1992 (Nurse Carla worked in Texas, Oklahoma and in Sacramento). I have seen a lot of crazy things, some I can't have you print, but when I was a nurse in Oklahoma, I always would see the 'Bubbas' come in with gunshot wounds because

when the 'Bubbas' were drunk and cleaning their guns they forgot to unload them, and BOOOOM! They shoot their leg or arm. I have seen a lot of those types of wounds."

NW: I have much respect for nurses, I have been in the hospital a few times myself and a good nurse can make your day. Let's say you have a bad day, what do you do to lift your spirits up to help the patient?

CM: "I am a pretty up-beat person; I rarely have a bad day. I am so thankful just to come into work and help out the patients. Sometimes, when I help a patient, and he or she tells me thank you or they give that special look on their face, that makes me have a better day to help out other patients."

NW: Nurses rarely have time to eat or have a break, when you do, if you're in East Sacramento, where do you go?

CM: "We don't have any time whatsoever. But when we do, I can't get enough of the '\$5 footlongs' at Subway."

NW: What is your favorite hospital themed television show?

CM: "I love 'ER' - that's my favorite show! For their clinical peril and their never-ending drama." (Side Note: Carla laughed because I thought it would be because of George Clooney.)

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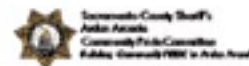
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A cut above

East Sacramento barber keeping tradition of historic barbershop alive

By LANCE ARMSTRONG
Arden-Carmichael News Writer
lance@valcomnews.com

Many longtime East Sacramento residents are quite familiar with Johnny's Barbershop at 5134 Folsom Blvd. But then again, this is where one can often find many of these longtime residents.

As is the scene at Johnny's on just about any given time throughout the week, locals stop by to visit with the business's owner, barber Johnny Waldron, and whoever else might be hanging out at the place at the time.

Just last Monday, for instance, the shop was filled with an average of seven people throughout the afternoon.

Among the people spending time at the shop on this day was longtime East Sacramento resident Joe Catalano.

Catalano said that after several years of getting his hair cut by Tony Latino at Tony's Barbershop at 6313 Folsom Blvd., he began coming to Johnny for his haircuts and has been one of Johnny's dedicated clients ever since this time.

"I got out of the service and later came down here (to East Sacramento) in 1954," Catalano said. "I've been coming here (to get haircuts from Johnny) since 1962."

But as is the case with many of Johnny's visitors, Catalano often stops by the shop to simply hang out and socialize, as opposed to arriving with the intention of receiving a haircut.

Another longtime visitor of the shop is 87-year-old East Sacramento resident John Ciani.

Ciani, who said that Johnny operates a "terrific shop," added that he has known Johnny for many years.

"I've known Johnny for a real long time," Ciani said. "In fact, I have

known him so long that I used to babysit him."

Heath Scharamuga, who grew up in the nearby College Greens area, said that he has been getting his hair cut by Johnny since the 1970s.

"I went to school at St. Mary Elementary School (at 1351 58th St.) and my mom would give me a couple bucks and say, 'Get a hamburger at McDonald's and come down and get a haircut and I'll pick you up on the way home,'" said Scharamuga, a 1988 graduate of Jesuit High School. "So, I would come down here and get my haircut and I'd hang out here for an hour. I was only about 9 years old at the time. I had a good time, since there was plenty of candy. He kept us full of candy. He still has a box of candy here."

A cut above

In addition to putting smiles on the faces of children, Johnny has always been known as the barber who enjoys helping others with a variety of projects.

And guessing what one of these projects is might not be so difficult, considering the many pictures of hot rods, which decorate the walls of his shop.

Being a fan of hot rods and owning his own four-wheel showpiece, a 1931 Ford, Johnny is often found after work helping out a friend work on his car.

Furthermore, Johnny is the president of the Italian Hot Rod Association, which was founded about 10 years ago.

But being president of an Italian organization is certainly not Johnny's only Italian connection.

Instead, Johnny, who is half Italian and half Irish, is a descendant of an early East Sacramento Italian family



Arden-Carmichael News Photo/Lance Armstrong
Between those who arrive daily for haircuts and those who simply stop by to mingle, Johnny's Barbershop at 5134 Folsom Blvd. is a busy and lively place throughout the week.

who resided in the Little Italy neighborhood, which was roughly located from 48th to 58th streets between H Street and Folsom Boulevard.

Due to the many details of his family's background in East Sacramento, Johnny referred to his sister, Marie (Waldron) Booth, who is very knowledgeable about the family's history, to tell a bit about his family's East Sacramento heritage.

"There were two brothers, Giuseppe and Antonio Pane, who came from the town of Panettieri in (the region of) Calabria in the mountains in southern Italy," Booth said. "Antonio, who is my grandfather, first came to America in 1905 when he was 19 years old. (Antonio) came here to Sacramento in about 1918, because his brother was here."

Members of the Pane family first began living in Little Italy in 1926, Booth said. "(Eventually), I had an aunt at 1208 58th Street, I had an aunt at 1147 58th Street, I had my grandparents at 1139, I had my cousin at 1123, I had another aunt at 1075, my parents at 1071 and I had another aunt at 1051," Booth said.

Furthermore, Giuseppi, who was also known as Joe, resided at 1348 55th St.

In speaking about his heritage, Johnny, who is also a member of the East Portal Bocce Club, the Dante Club, the Piemonte Reale Benevolent Society, the Sons of Italy and the Knights of Columbus, said, "I'm proud to be

See Johnny's, page 15

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Johnny's: 'Is a place where everyone knows your name'

Continued from page 14

Italian. I was born and raised on 58th Street. That's where we all were."

Tradition alive

In addition to his previously mentioned Italian background and activities, Johnny is continuing another East Sacramento Italian tradition, which dates back to about 1939.

It was during this time that Sam Bonanni, who resided at 5027 M St., opened the barbershop that was later owned by Johnny.

Johnny, who received his very first haircut from Bonanni when he was about a year old, described Bonanni as a barber who ran a very simple, old-style barbershop.

"(Bonanni) had a barbershop across the street and when they built this building, Sam came over here," Johnny said. "The guy who had Doc's (Place) over there – the hamburger stand (which now houses The Shack at 5201 Folsom Blvd.) – he built this building for Sam and then Sam came over here. (Bonanni) ran it as a one-chair shop and all he wanted was one chair with no payrolls, no nothing. He was just a little Italian guy who kept it simple."

Among the scenery of Bonanni's shop, Johnny said, was "an old stove with a little fire for the heat and on top of the stove was a little cheese and a bottle of wine."

"That's the way Sam operated," Johnny added with a chuckle.

In 1961, Bonanni sold his barbershop to Marvin Kincade, who resided at 3313 Mayfair Drive in the Arden area, between Watt and Morse avenues.

Johnny said that Kincade, who changed the shop's name from Sam's Barbershop to Katy's Barbershop, was "the kind of guy who came in and would buy a shop like this one, take the one chair, put four chairs in, then build it up, sell it and make a profit. He went all over town and built shops up and sold them."

Ralph E. Scott, a barber who resided at 857 38th St., purchased the new-look shop from Kincade in about 1969, but only owned the business, which was then known as Exchange Barbershop, for a few months before accepting \$5,000 for its sale.

Johnny, who graduated from Sacramento High School in 1962, said that although he was planning on entering into a different line of work, his grandfather Antonio Pane and his cousin Joe Lobue, who resided at 1123 58th St., purchased the business for him.

Ironically, this was not the first time that Johnny was offered the business for free, explained Johnny, who worked his apprenticeship at Katy's from 1962 to 1964 and later worked for Latino.



"Sam was a close friend of our family and he talked to me about going to barber college and had told me, 'If you go to barber college, I won't retire. I'll give you the shop.'" Johnny said. "But when you're 15 years old, you're not worried about barber college, so I said, 'I'm not going to go to barber college.' So, he sold it to this guy, Katy."

Craft and clips

For Johnny, who has a wife named Alvina, four children and five grandchildren, his return to barbering ended up being a very positive experience in his life.

"I love it here," Johnny said. "East Sacramento is where I grew up. And that's probably part of the reason I've been so successful here (at the barbershop) is because I've been here all my life. I

wouldn't want to go anywhere else, because I'd be a stranger. Here, I've known a lot of these people most of my life."

Pointing to one of his customers, Johnny added, "Like Dennis (Shanahan) here, I've known his family and him all of his life. Everybody just kind of knows everybody and that's what helps you."

"It's like that show, 'Cheers,'" responded Shanahan, who graduated from Sacramento High School in 1974 and owns Shanahan Auto Body and Paint on Power Inn Road. "(Johnny's) is a place where everyone knows your name."

Johnny's Barbershop is open Mondays through Fridays from 8 a.m. to 5 p.m. and Saturdays from 8 a.m. to 3 p.m.

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Faces and places

11th annual Walk for Wishes

Late last month, hundreds of Sacramento area residents joined the Make-A-Wish Foundation of Sacramento and Northeastern California at the State Capitol to "Walk for Wishes" in their pajamas. Donations were collected from friends and family in an effort to support the Make-A-Wish Foundation and its charity efforts.



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Introducing: Jingga the tiger cub

Three-month-old cub explores Sac Zoo exhibit for first time

Special to the Arden-Carmichael News

The Sacramento Zoo announces the long anticipated public debut of a female Sumatran tiger cub born March 18, 2010. The newest addition makes a grand appearance with a new name. Voting ended Wednesday, June 16 on five name choices for the young female cub. The winning name, Jingga, means orange in Indonesian. The little tiger cub already has a full coat of orange and black striped fur. The stripe pattern on tigers is like a fingerprint: no two are identical.

The cub remained behind the scenes with her mother since birth while gaining the strength and coordination to maneuver the terrain of the exhibit. Now, at three months old, the small cub explores the exhibit with curiosity and excitement.

"We are extremely pleased with the birth of our endangered female Sumatran tiger cub," said Harrison Edell, zoo curator. "The mother has been as good a parent as one could ask for," he said.

Videos and photos of the cub posted weekly on the Zoo's Web site, blog and Facebook page have garnered much excitement about the cub's introduction, and the naming poll brought in over 40,000 votes. Since tigers are solitary in the wild, mother and cub will alternate on exhibit with the father.

Sumatran tigers are critically endangered and found only on the Indonesian island of Sumatra off the Malaysian Peninsula. Fewer than 500 Sumatran tigers are believed to exist in the wild and approximately 200 Sumatran tigers live in zoos around the world. The Zoo participates in the Tiger Species Survival Plan, coordinated by the Association of Zoos and Aquariums, which recommended the breeding of the Sacramento Zoo tigers. Species Survival Plans are cooperative breeding and conservation programs designed to maintain geneti-

cally viable populations of animals in captivity, and to organize zoo- and aquarium-based efforts to preserve the species in nature.

About the Sacramento Zoo

Open since 1927, the Sacramento Zoo is home to over 450 native, rare and endangered animals and is one of over 200 accredited institutions of the Association of Zoos and Aquariums. Located near the corner of Land Park Drive and Sutterville Road in William Land Park, the Zoo is wholly managed by the non-profit Sacramento Zoological Society. This Sacramento treasure inspires conservation awareness through education and recreation. Open daily from 9:00 am to 4:00

pm, general admission is \$11.00; children ages 3-12 are \$7.00 and two and under are admitted free. Parking is free throughout the park or ride Regional Transit bus No. 6. For information, call 916-808-5888 or visit saczoo.com.



Photo courtesy
The Sacramento Zoo announces the long anticipated public debut of a female Sumatran tiger cub - Land Park, meet Jingga.

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Janey Way Memories



The Relles family pets



By **MARTY RELLES**
Arden-Carmichael News Columnist
marty@valcomnews.com

During my childhood on Janey Way, my family had several pets. The first was a dog. I can't remember his name. He liked to chase cars though. Dad tried everything to break him of the habit, but he refused to change this bad behavior. Eventually, that led to his demise as a car hit and killed him. We were heartbroken by his loss and because of that we never owned another dog. After that, we took in cats.

We named our first cat Sinbad. A friend of my sister Patricia gave us this magnificent, purebred Siamese cat. Being a tom, he loved to fight. In fact, he chased most of the other cats out of the neighborhood. Even the dogs took a wide birth around our house when Sinbad showed his face. I remember seeing one dog chase him down the street. Then Sinbad suddenly turned and loosed his claws on the dog's face. It let out a blood curdling yip heard around the block. Needless to say, the dog ran away and never came by again.

One time Sinbad fought with a squirrel near our neighbor Dom Costamagna's house. The squirrel bit him on the leg causing an infection. The cat spent days in the animal hospital having that wound treated. I am sure the cost for the treatment was exorbitant, but dad insisted they nurse him back to health. Days later, he returned home like a fallen hero, and received weeks of extra special treatment from all the family. Sinbad used to perch at the entrance to Janey Way guarding his turf. When we saw him down there, we yelled, "Here Sinbad, come home," and he would come running home in a full sprint. Sadly, one day Sinbad mysteriously disappeared. We think someone kidnapped him. With his beautiful color and markings, he stood out, and likely someone just took him.

Later, when I moved off Janey Way I had cats of my own. My Siamese female cat, Maggie, eventually gave birth to a big litter of kittens so I asked dad to take one. He picked out a furry jumble of a cat he named Bootsie. He and the cat developed a special relationship. When we visited my parents house, we usually found Bootsie sitting on dad's lap. Dad used to work on bingo night at St. Mary's Church. When he did that, Bootsie followed him down to the church and then followed him home afterward.

When dad returned home from a drive, he usually found Bootsie perched on the brick ledge skirting the house. When dad called, the cat usually jumped from one side of the perch to the other so dad could open the door. Then, like a little dog, she followed dad into the house. Bootsie produced several litters of cats, so we finally suggested dad have her spayed. He refused, saying it was her "God-given right" to have kittens. One day, dad arrived home and found Bootsie dead in our backyard. Dad thought a dog may have killed her as she had a litter of kittens at the time and may have been protecting them.

Our family had a long and storied history with animals. Most seemed to meet an unfortunate demise, but we cherished all of them and they in turn gave us many happy Janey Way memories.

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on the *Arden Carmichael News* Home Improvement page

Special event featured Kelly Brothers

Local man honored for dedication to Boy Scouts org

By ART GERMAN
Arden-Carmichael News Writer
reporter@valcomnews.com

Long-time Hollywood Park area Boy Scout leader Frank Palmer shared center stage late last month with Sacramento financial advisor/TV commentator Kelly Brothers at a Centennial Report to the Community breakfast sponsored by the Golden Empire Council of the Boy Scouts of America.

With Scouting in the midst of its centennial year, the breakfast, held at the Marriott-Cal Expo hotel, honored Palmer for his 60 years of service to the Scouting program. But the focus quickly switched to the economy and money problems facing the nation – and Sacramento city and

county in particular – after keynote speaker Brothers stepped up to the rostrum.

“We all need to be financially literate,” said Brothers. “If you’re not knowledgeable about what is happening, then fear takes over.”

He indicated that he is optimistic that current uncertainty and distress in financial markets throughout the world eventually will be overcome, but when it comes to California, “I’m not so bullish.”

A diversified program of debt reduction to deal with the state’s money woes is needed, Brothers added. He described the lack of agreement among the top players in the State Capitol during many months of un-

See Boy Scouts, page 21



Arden-Carmichael News Photo/Art German

Long-time Hollywood Park area Boy Scout leader Frank Palmer shared center stage with Sacramento financial advisor/TV commentator Kelly Brothers at a Centennial Report to the Community breakfast sponsored by the Golden Empire Council of the Boy Scouts of America.

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Boy Scouts: The 'Be Prepared' watchword of the Boy Scouts is not shared

Continued from page 20

stable market conditions as "frightening."

Brothers noted that people tend to live beyond their means, enjoying new electronic devices, eating out frequently and engaging in other so-called middle class pursuits whether they can afford them or not.

"But when people get greedy, I get frightened," he added.

Brothers, who grew up in Sacramento, attended Jesuit High School and was a Boy Scout in his youth, is well known on the local scene as a former anchorman for KCRA-Channel 3 and columnist for Sacramento Magazine.

Married and with four small children at home, he said he decided to get into a new line of work several years ago by finding employment with a regular daytime schedule. Three years ago, he became a partner with Genovese Burford and Brothers, a local financial

services firm. But he said he still keeps his hand on local television as a daily KCRA morning commentator on the day's stock market trends and other financial news.

"I enjoy finance and dealing with numbers and the psychology of numbers," he said. Noting that the "Be Prepared" watchword of the Boy Scouts seemingly is not shared by all Americans, Brothers added that "many of us are living longer and are unprepared" by living beyond their means and falling into long-term debt. Plunging into debt with no thought of long-term consequences among a big segment of the population has been a basic cause of the nation's current money woes, he said.

Frank Palmer recognized

Honoree Palmer, who was featured in this newspaper last March for his Boy Scout activities over the years, was praised for

his six decades of Boy Scout commitment by President Rebecca Mesker, program chair Linda Lopez and other speakers representing the Golden Empire Council. Palmer has amassed a large collection of Boy Scout memorabilia that he keeps at his home in Hollywood Park and puts on display regularly at various sites around the area.

Mesker and several other speakers representing the River City District of the Golden Empire Council reviewed the past year's activities.

Currently, it was reported, 526 Cub Scouts and 73 Venturers and Sea Scouts are represented in 65 units that serve West Sacramento, Pocket, South Sacramento, East Sacramento and the Downtown and Midtown areas. More than 800 adult leaders contribute thousands of hours of their time to Scouting.

You and your teen

Consequences that work

By STEVE DEBENEDETTI-EMANUEL
Arden-Carmichael News Family Columnist
steve@rivercitycounseling.com

A few months ago, a 16-year-old boy, "John," and his parents started therapy. John had been defiant recently and broken curfew two Saturdays in a row. Each time, he'd received a stern lecture and was sent to bed, only to sneak back out as soon as he thought they'd gone to sleep. When his parents caught him sneaking back in the first time, they'd been angry and threatened consequences, which made John very upset. He'd begged them not to ground him, and against their better judgment they'd let him slide. When it all happened again the following week, they didn't know what to do and called me.

As we started talking, his mom turned to John and blurted out, "If you break any rules between now and the end of school, you'll be grounded for the entire summer." Without thinking, I said, "Why would you want to do that to yourself?"

As much as Miss Manners would have frowned upon my lack of finesse, his parents appreciated my straightforward approach, as they realized they didn't want to spend their summer supervising John 24-7. Had they tried, John would likely have blamed them for ruining his summer and made things unpleasant for everybody. Fortunately, they understood my point and were receptive to my suggestions.

As tempting as it might be to react immediately and give harsh, lengthy consequences when your teen breaks rules, it's important to take time to calm down and think about how you feel and what you want to say. When John's parents did this they realized that they were angry, worried, and confused by what he'd done, and they shared this with him.

After you're satisfied that you teen has understood your concerns, encourage him/her to talk about what led him/her to make these choices. When John's parents did this, they learned that he had been having serious problems with his girlfriend, and he'd felt that the only time they could talk was late at night.

After everyone feels heard, consider how to respond. As much as John's parents felt badly about the problems he was having, they concluded that he could have found another time to talk. Had they known he was having problems, they would have helped him figure out an alternative time. Since he'd chosen to sneak out instead, they felt consequences were appropriate. John grudgingly agreed, and he promised to try and be more open about his problems in the future.

As you consider the length of the restriction and what privileges to remove, I suggest starting with brief, rather than lengthy consequences, and removing less rather than more. This helps you focus the conversation on making better choices, rather than your teen's anger and resentment. As John's choices were breaking curfew and sneaking back out for two weekends in a row, his parents decided that he wouldn't be allowed to go out for the next two weekends. They chose not to take away other privileges.

When the initial consequences aren't effective, it's necessary to adjust them by removing additional privileges. John, as with most teenagers, would rather eat nails and drink boiling oil before losing cell phone and/or car privileges. Had John continued defying his parents' rules by sneaking out or making other serious errors in judgment, I would have encouraged his parents to remove them in addition to the weekend restriction.

I realize that parents don't want to give consequences, but there are times that they're appropriate and necessary. Our teens will resist them, and sometimes it can feel easier to give in rather than arguing. However, if you hold firm, I've found that over time teens get tired of losing out on what they want to do and make better choices.



2010 SCHEDULE

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		1 7:05	2 11:35	3 7:05	4 7:05	5 7:05
6 7:05	7 7:05	8 7:05		10 7:05	11 7:05	12 7:05
13 7:05	14 7:05	15 7:05	16 7:05	17 7:05	18 7:05	19 7:05
20 7:05	21 7:05	22 7:05	23 7:05	24 7:05	25 7:05	26 7:05
27 7:05	28 7:05	29 11:35	30			

S	M	T	W	T	F	S
JULY						
				1 7:05	2 7:05	3 6:35
4 6:35	5 1:00	6 7:05	7 1:00	8 7:05	9 7:05	10 7:05
11 1:00	12	13	14	15 6:05	16 6:05	17 6:05
18 1:05	19 6:05	20 6:05	21 6:05	22 11:35	23 7:05	24 7:05
25 1:30	26 11:30	27 7:05	28 7:05	29 7:05	30 7:05	31 7:05

S	M	T	W	T	F	S
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1 6:05	2 7:05	3 7:05	4 6:05	5 6:05	6 6:05	7 6:05
8 6:05	9 6:05	10 6:05	11 6:05	12	13 7:05	14 7:05
15 1:05	16 7:05	17 7:05	18 7:05	19 7:05	20 7:05	21 6:05
22 1:05	23 6:05	24 6:05	25 7:05	26 7:05	27 7:05	28 7:05
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CALENDAR

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GET IN THE CALENDAR

Is your club, group, church, school, or organization having an upcoming event? Let us know. Send information about your event—including date, time, location, a brief description, cost (if any), and contact information—to Calendar, c/o Valley Community Newspapers, 2709 Riverside

Blvd., Sacramento, CA 95818, or e-mail ryanrose@valcomnews.com. Deadline is one week before publication. Priority is given to events that are in the community and/or of little or no cost. There is no guarantee that events submitted will appear in the calendar. To ensure placement within the newspaper, please call 429.9901 to place an advertisement.

JUNE

Pops in the Park 2010

Pops in the Park returns to East Sacramento for the 2010 season: Saturday, June 19 - Bertha Henschel Park "SwingMasters," ESIA Sidney Pope & Onion Awards, Wading Pool Open - Free Admission; Saturday, June 26 - McKinley Park, "The Q-Balls" playing. All concerts begin at 6 p.m.

Widowed Persons Association

Widowed Persons Association of CA (WPAC) Chapter 1 is a non-profit organization that addresses the needs of widowed persons (both men and wom-

en) coping with the death of their spouse. This is a peer support session of two hours from 3:00-5:00 p.m. every Sunday, conducted by a trained facilitator. These sessions are held at the office located at 2628 El Camino Avenue Suite D-18. For more information about these sessions and the organization, contact the WPAC office at (916)972-9722.

Free Dance Lessons

Free tap dance lessons on Fridays at noon at the Dance Corner, 2927 Fulton Ave. For more information, call 804-3104.

JUNE 26

Comedy Night

Comedy Night - free. 7 p.m. to 9 p.m. Seats limited. Call today to reserve a seat (916) 483-3465. American River Community Church (ARCC), 3300 Walnut Ave., Carmichael (next to DMV).

JUNE 27

Music in the Park

On Sunday, June 27, Curtis Park will be filled with the sounds of frolicking children, laughing adults and fantastic music, as the Sierra Curtis Neighborhood Association opens its annual Music in the Park. This free concert runs from 6 to 9 p.m. and is part of the 2010 season of events of one of the busiest neighborhood associations in the state of California.

JULY

Latino Dance and Culture Group

Come dance to the beat of all types of Latin music on July 13 and July 20. Featuring DJ music and delicious

Mexican food. Donations of \$3 or more to enter. Held at the Ethel Hart Community Center, 915 27th St., from 6:15 p.m. to 9 p.m. Call Barbara Alarcon at (916) 400-4514 for more information.

JULY 3

Spirit of the Pocket Fourth of July parade

The annual Spirit of the Pocket parade will start at 10 p.m. and will travel down Windbridge Drive to Garcia Bend Park. Entries are now being accepted for the 2010 Pocket Parade, which will be held on July 3rd at 10 a.m. Entry forms are available online at www.cityofsacramento.org/council or call my office at 808-7338 or The Pocket News at 429-9901.

Matsuyama Elementary School Fun Run/Walk

It's time for the 15th annual July Fun Run/Walk at Matsuyama Elementary. Everyone is invited to attend this community and family oriented event, which raises funds for the 2010-2011 sixth graders to attend the Sly Park Environmental Science Camp. The Fun Run/Walk is a 5K/8K event that will take place on Saturday, July 3rd, at Matsuyama Elementary School, 7680 Windbridge Drive. Check in begins at 7 a.m., and the race start time is 8 a.m. Fees are \$15, and includes event T-shirt before Thursday June 10; after June 10, the fee is \$20. For more information, please contact Maria Rodriguez at 421-6967.



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JULY 5

Deadheading at Dusk

The Sacramento Historic City Cemetery will be tidying up the spent flowers on from 6:30 - 8:30 p.m. We will be offering instruction on how to do it and serve light refreshments. Visitors may park across the street from the 10th Street Gate and meet at the cemetery entrance. For information, please call (916) 448-0811.

JULY 8

Computer Club meeting

The Mission Oaks Computer Club will meet on Thursday, July 8, 2010 from 1 p.m. to 3 p.m. at the Mission Oaks Community Center, 4701 Gibbons Drive, Carmichael. The meeting topic will be "What's New at Apple," presented by Brent Sallee of MacClicks. A problem-solving clinic, led by Adam Lacey of Applications, Etc, will follow the meeting. First-time visitors are welcome. For additional information call (916) 366-1687 or visit our Web site at www.missionoakscomputerclub.org.

JULY 10

Jensen Garden Workday

Friends of the Jensen Botanical Garden hold garden workdays one Saturday of every month from 9 a.m. to 1 p.m. The next workday is July 10. Bring work gloves, hand pruners and your lunch. Come join with other volunteers to keep the garden beautiful all year. Next workdays in 2010 are 8/7, 9/11, 10/9, 11/6, 12/4. The Jensen Garden is located at 8520 Fair Oaks Blvd. in Carmichael. For more info: Tracy Kerth (916) 485-5322 ex23 or email tracy@carmichaelpark.com.

Belle Cooleedge Library reopening

The community is invited to the reopening celebration of Belle Cooleedge Library, at 10 a.m., Saturday, July 10. The Sacramento Public Library branch, located at 5600 South Land Park Drive, Sacramento, has been closed for a major remodeling project since mid March. For more information, please telephone the Sacramento Public Library at (916) 264-2920 or visit saclibrary.org.

Tahoe Park Soccer Registration

Tahoe Park Soccer Registration begins in June. Registration day is July 10. Visit their Web site for additional registration details: www.tpsoccerclub.com.

JULY 10-11

40th Wildlife Art Festival

Birders of a feather will flock together as the Pacific Flyway Decoy Association presents its 40th Wildlife Art Festival, Saturday and Sunday, July

10-11, Double Tree Hotel Sacramento, 2001 Point West Way. Designed specifically for families, the event celebrates traditional wildlife artworks with contests, displays of carvings, fine art, antique decoys, sculpture and interactive kids activities. Event is July 10, from 9:00 a.m. to 4 p.m. and July 11 from 9:30 a.m. - 4 p.m. Tickets are \$5 for the weekend, children 12 and under, free. For more information, visit www.pacificflyway.org.

JULY 17

Bee Workshop

Come hear the "buzz" about native bees and their place in the urban landscape on July 17, 2010 at 9:00 a.m. at the Historic City Cemetery, 1000 Broadway. Join bee experts to identify and learn about bees at the beautiful Hamilton Square Garden in the cemetery. Park across the street from the cemetery on Broadway and walk due south. There is no charge, but donations toward the beautification of the cemetery are appreciated. Call 916-455-8166 for more information.

Baseball and beer tour

Sacramento's love affair with America's favorite past-time traces its roots to the early days of the city. Find out how it all began on this Saturday morning tour at the Sacramento Historic City Cemetery! The tour commences at 10 a.m. from the Cemetery's main gate at Broadway and 10th Street. Visitors may park across the street from the 10th Street Gate and meet at the cemetery entrance. Held under the auspices of the City of Sacramento Division of History & Science, the Old City Cemetery Committee, Inc. presents this tour as a public service. For tour information please call (916) 448-0811. Tours are free though donations for the restoration of the cemetery are greatly needed and appreciated.

JULY 25

2010 Pear Fair

Always the last Sunday in July, the 38th annual Pear Fair will be Sunday, July 25, 2010 from 9 a.m. to 6 p.m. in the Sacramento River Delta town of Courtland, located just 20 minutes south of Sacramento, off Highway 160. Last year, the fair drew in more than 7,000 people. Make sure and arrive early to enjoy all the festivities. For more information, visit www.pearfair.com.

Todd Morgan and the Emblems

Todd Morgan and the Emblems are performing in the Carmichael Concerts in the Park series, July 25, from 6:30 to 8:30 p.m., at the Carmichael Park Bandshell, located the corner of Grant Avenue and Fair Oaks Boulevard. This is a free event.

AUGUST 28

Kitten adopt-a-thon

It's "kitten season" — and Happy Tails Pet Sanctuary is partnering with Extra Space Storage to find loving, permanent homes for Sacramento's homeless kittens. The "Kitten adopt-a-thon" runs from 10 a.m. - 2 p.m. at Extra Space Storage, 3000 B St. For more information, please visit www.happytails.org.

ONGOING

American Legion Dance

The American Legion Dance, Held on the first Friday of each month from 7 - 10 p.m. at Veterans Memorial Hall at Royer Park in Roseville, featuring ballroom, Latin, swing, and night club dances with DJ Bob Wayman. The public is invited and singles are welcome. There is a great wood dance floor, good parking, no-host bar, soft drinks, and snacks. Come dance and make new friends. The hall is located at 110 Park Drive. Cost \$8. Info: (916) 783-7267. Proceeds go to support the troops and our veterans.

Bariatric Surgery Informational Seminar

Learn all about what bariatric surgery is and is not. The seminar is held the first Saturday of the month from 10 a.m. - 12 p.m., except for July and September when the seminar will be held on the second Saturday of the month. The seminar location is Bruceville Terrace (8151 Bruceville Road) in the Multipurpose Room. For more information, please contact Rondi Crowley at 423.5909.

Got News?

e-mail ryanrose@valcomnews.com or call 429-9901.

PACIFIC FLYWAY DECOY ASSOCIATION

40th Annual *Classic* Wildlife Art Festival



July 10th and 11th, 2010 • 9:00am - 4:00pm
Double Tree Hotel • Sacramento, CA

Antique Decoys • Sculpture • Fine Art
Dinner Auction • Contemporary Carvings

for further information: www.pacificflyway.org



Alzheimer's Aid Society Third Annual Memorial 5k Run/Walk City of Sacramento 5k Championship

Saturday July 24, 2010

Start and finish lines at the historic
East Lawn Memorial Park



Benefiting ALZHEIMER'S AID SOCIETY of Northern California
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PENDING!

DEL DAYO RIVIERA

Drive by and fall in love! 4 bedrooms 3 full baths and large backyard! This home oozes charm and has been well-cared for by the owners. Windows, roof and appliances all replaced within the last 2 1/2 years. Great location - close to the American River Parkway. This is a home that you will treasure for years! See www.1510GaryWay.com \$475,000

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ARDEN PARK

Spacious ranch home w/4 beds/2.5 baths + bonus family room Formal living room/dining room has hardwood floors. Fabulous master suite has his & her walk-in closets & spacious master bath. Charming kitchen w/granite & SS appliances adjoins a sunroom with knotty pine ceilings. Large backyard with a pool. See www.LaGoletaWay.com \$789,000

**CHRIS BALESTRERI 996-2244
LIBBY NEIL 539-5881**



SPACIOUS ARDEN OAKS

Wonderful custom built with LR, FR, DR and huge game room. High beamed ceilings. Sitting room off master with fireplace. Unbelievable amount of storage and custom cabinets. Four-car tandem garage, guest house with small kitchen and bath. Great floor plan, great design with quality materials throughout. Huge, beautiful lot with pool. See www.windmeredunnigan.com \$1,195,000

**LEIGH RUTLEDGE 612-6911
BILL HAMBRICK 600-6528**



LOCATION, LOCATION, LOCATION

Situated on a gorgeous 1/3 acre corner cul-de-sac lot towards the end of desirable Keane Drive. Private, surrounded by large trees. Hardwood floors, family room, kitchen and hallway. Charming 4 bedroom 2 1/2 bath. Light and bright. Furnishings are available. See www.5090KeaneDr.com \$699,000

ROZ LEVY WEINTRAUB 952-6602



FEELS LIKE BRAND NEW

Gorgeous Remodel w/in past 2 yrs. Glenbrook/College Greens Neighborhood. Upgrades Include Gourmet Kitchen w/ Custom Cabinets, Quartz Counters, Boos Butcher Block Island w/Gas Cook top & Double Ovens. Remodeled Baths. On Demand Water Heater. Wood Flooring. New Roof. New Plumbing Throughout. New Landscaping. See www.2779WissemannDr.com \$269,000

LINDA WOOD 802-8042



COUNTRY CHARM IN THE CITY

A short walk to Del Paso Country Club, this vintage California Ranch w/ private, lush, garden setting. pool, majestic oak trees & comes w/an already approved building lot. Just under an acre, this one-of-kind home has modern kitchen & baths. See www.2795LacyLn.com \$1,199,000

LIBBY NEIL 539-5881

CAMPUS COMMONS

Wonderful light bright 2 story home. Recently updated with carpet, paint, fixtures & appliances. New roof and gutters in 2010. Detached 2 car garage. Lush patio with water feature. See www.13AdelphiCt.com \$285,000

PATTY BAETA 806-7761

UNIQUE ARDEN OAKS W/ STABLES

Fabulous remodeled ranch home on 1.19 acre in Arden Oaks. New kitchen, master bath. LR, FR & game rm. Remodeled pool, new outdoor kit w/Viking range, 4-stall horse barn, oversized 3 car garage w/shop. Creek runs through yard. See www.4010WindingCreek.com \$1,195,000

**LEIGH RUTLEDGE 612-6911
BILL HAMBRICK 600-6528**

THIS ONE SPARKLES!

Very cute house in mature Carmichael neighborhood. Fresh interior and exterior paint, granite counters in kitchen (new sinks and granite counter tops being installed in baths), beautiful laminate floors in living room, newer carpeting in bedrooms, sparkling pool, cul-de-sac location. See www.6254SilvertonWay.view24hours.com \$244,500

PATTI PRIESS 801-0579

NORTHRIDGE COUNTRY CLUB AREA

Fabulous 10 home across the way from Northridge Country Club. No need to preview this beauty w/hardwood floors, corian counters, top of the line appliances, dual-pane windows, luxurious bathroom in Master Suite. Roof is 5 years old. Sparkling pool and Sunset Magazine beautiful patio and yard. See www.7610NortheastCir.com \$299,000

ANN WORTHINGTON 425-7715



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