

## Jesuit High's Christmas Tree Lane returns

See page 13

Marty Relles presents  
'Janey Way Memories'  
See page 11

COMMUNITY CALENDAR, PAGES 20-22 • KNOW YOUR NEIGHBOR, PAGE 12 • FACES AND PLACES, PAGE 23

### Inside This Edition



'Harvest Sacramento' seeks volunteers

See page 2



Outdoor ice skating in Sacramento

See page 23



## Celebrating 65 years

Carmichael Recreation and Park District continues to grow

See page 16

### Care In The Face of Life-Limiting Illness

Rosewood Post-Acute Rehabilitation in Carmichael provides:  
Respite and general inpatient levels of hospice to ensure each resident on hospice is comfortable and the family can be family and not caregivers.

#### Rosewood Post-Acute Rehab

Providing Courteous 24-Hour Skilled Nursing Care & Sophisticated Rehabilitative Services

6041 Fair Oaks Blvd • Carmichael, CA 95608 | Office: 916-483-8103 • Fax: 916-352-6288



THE NATION'S  
Leading Provider  
of Hospice Services

E-mail stories & photos to: [vcnnews@valcomnews.com](mailto:vcnnews@valcomnews.com)

Arden-Carmichael News is published on the second and fourth Thursdays of the month and is delivered by mail and home delivery. Newspapers are also available in stands throughout the area.

**Publisher**..... George Macko  
**General Manager**..... Kathleen Egan  
**Editor**..... Susan Laird  
**Art Director**..... John Ochoa  
**Junior Designer**..... Ryan Vuong  
**Sales Manager**..... Patty Colmer  
**Advertising Executives**..... Linda Pohl  
Marc Harris Desilés, Melissa Andrews  
**Distribution/Subscriptions**..... George Macko

Vol. XIX • No. 22

2709 Riverside Blvd.  
Sacramento,  
CA 95818  
t: (916) 429-9901  
f: (916) 429-9906

Cover photo by:  
Courtesy

Other photos by  
Danny Kam

• Advertisement design • Commercial flyers • Logo development  
• Political campaigns • Brochures • Posters  
• Postcard mailers • Identity systems • Any print design  
**red all over**  
DESIGN  
Contact Ryan Vuong at 916.429.9901 or e-mail [RedAllOver@valcomnews.com](mailto:RedAllOver@valcomnews.com) for more info.

# Neighbors feeding community Soil Born Farms' 'Harvest Sacramento' is a win for all

By **JULIE FOSTER**  
Arden-Carmichael News guest columnist

Millions of dollars worth of fruit are hidden in plain sight in Sacramento trees. And by 2008, East Sacramento resident Mary McGrath grew tired of seeing the free food go to waste. As a girl growing up in Omaha, the bright orange color and sweet taste of an orange was a treat. Jolted into action by this childhood memory, McGrath and her husband, Robin Aurelius, took action.

"We really felt disgusted to see oranges in the gutters waiting for garbage pick up each week," she said. "Both of us thought it was terrible to waste good fruit, especially when people in our town were going hungry."

The couple identified fruit tree owners in their neighborhood and those wanting to donate their fruit. They recruited friends and neighbors to pick fruit on two weekends. Harvested fruit was donated to the Sacramento Food Bank & Family Services.

In 2009, the idea expanded and became a food access program of Soil Born Farms. It was dubbed Harvest Sacramento under the leadership of Soil Born Farm's Food



Photo courtesy of Soil Born Farms  
These oranges were harvested from a Sacramento backyard tree.

Access Coordinator Randy Stannard. The program is seeking volunteers for the upcoming harvest season to serve as harvest

See Soil Born Farms, page 3

**SOLD!**

**Carol Kellogg**  
Serving With Integrity And Excellence  
(916) 966-0405  
[www.CarolKellogg.com](http://www.CarolKellogg.com)

**The Kellogg Team**  
"Getting Results"

**LYON**  
REAL ESTATE

**Please send your updated  
2010 Calendar announcements**

*...especially if you host monthly events!*  
e-mail to [susan@valcomnews.com](mailto:susan@valcomnews.com)

Fax to: 429-9906  
Phone: 429-9901  
Valley Community Newspapers • 2709 Riverside Blvd. • Sacramento • 95818

**jazzercise**

Arden Park  
1000 La Sierra Drive

Swanston Community Center  
2350 Northrop Avenue

Land Park/Greenhaven  
Fitness Center  
5962 S. Land Park Drive

916-798-8989  
[jazzermail@aol.com](mailto:jazzermail@aol.com)

Cheryl Burke  
Two-time Champion  
Dancing with the Stars

**10 Classes for \$10**  
No joining fee. New customers only. Expires 12/31/10

**STOP Investing In PG&E's Future  
& START Investing In YOURS!**

**\$0 Down,  
\$0 Payments for  
18 Months!**  
\*On approved credit.

**THE SOLAR COMPANY**  
POWER FROM THE SUN  
Solar is Our Only Business!

**TheSolarCo.com**  
916.509.3123

SUNPOWER  
EFTS DEALER

Mark Danerhower  
The Solar Company

Lic. #506651

# Soil Born Farms: Volunteers needed for the upcoming urban harvest

Continued from page 2

coordinators, harvest leaders and harvesters. Two events are scheduled for anyone interested in learning more.

On Friday Dec. 3 from 5:30 p.m. to 7 p.m., there will be a fundraiser and information session for Harvest Sacramento at the Sierra 2 Center.

A training session for volunteers will be held on Saturday, Dec. 18 from 10 a.m. to 12 noon at the Stockton Boulevard Partnership Building, located at 5625 Stockton Blvd. in Sacramento.

Groups and individuals of all ages are encouraged to participate. High school students can use their participation for their volunteer service requirement. Training, outreach materials, harvest supplies and volunteer recruitment tools are supplied. No special harvesting skills are required.

Sacramento is essentially a food forest, sitting amid one of the largest urban citrus groves in the United

States. Harvest Sacramento capitalizes on The City of Trees' bounty by sharing the wealth.

"Hungry people get good fresh fruit, people involved in the harvest make new friends and picking the trees helps create good conditions for the trees for an even better harvest next year," McGrath said.

Harvest Sacramento's close ties with the Sacramento Food Bank & Family Services and the River City Food Bank, turns the concept of "people helping people" into a working reality. For Oak Park resident Matt Jurach, Harvest Sacramento is summed up in three words.

"Neighbors feeding community," he said.

Jurach, who shares his backyard with a giant grapefruit tree, calls himself a sucker for efficiency. Having been a volunteer with Harvest Sacramento since 2009, he sees an easy fix for a homeowner confronting a loaded fruit tree.

The hard work of planting and caring for the tree has been done. All that's left to do is find trees with owners who want the fruit picked.

"The nice thing about urban gleaning is that it's so easy," he said.

Harvest Sacramento provides a way for busy homeowners to get rid of their excess fruit. Volunteers meet others in their neighborhood while diverting nutritious valuables from the landfill to families who can use them.

Harvest Sacramento is funded by California Endowment's Building Healthy Community initiative and the Sierra Health Foundation with support from Soil Born Farms Urban Agriculture & Education Project.

Go to [www.harvestsacramento.org](http://www.harvestsacramento.org) for more information. Those interested in volunteering can contact Randy Stannard at (530) 204-8082 or [rstannard@soilborn.org](mailto:rstannard@soilborn.org) If you plan on attending the training, an RSVP is appreciated.



Photo courtesy Soil Born Farms

There is nothing like the feeling that comes from doing good. These volunteers know these oranges will go to help local families in need.

"Bring this coupon in & we will waive the admin fee on all new rentals. El Camino Location Only"



**1300 El Camino Ave. // Sacramento, CA 95815**  
 (916) 927-1300 Phone // (916) 927-3016 Fax









**OFFERING**  
**STANDARD & CLIMATE CONTROL STORAGE**  
**\$25 SPECIAL!**

No administration fee, good for month of December only

THE FULTON AVENUE ASSOCIATION PRESENTS THE 4TH ANNUAL

# CHRISTMAS TREE LIGHTING

SATURDAY, DECEMBER 4, 2010  
5:00PM - 6:30PM

## TOY DRIVE

Please support the Sacramento County Sheriff's Department Toy Project. Bring a new, unwrapped toy for a child between the ages of 0 and 16. All gifts will be given to children who reside in the Arden-Arcade area.



At  
**FULTON AVENUE**



SANTA



CAROLERS



ENTERTAINMENT



CHILDREN'S CHORUS



COFFEE  
COOKIES  
COCOA



CHRISTMAS TREE RAFFLE



TOGNOTTI'S  
AUTO WORLD

2509 Fulton Ave  
corner of Fulton & El Camino



FREE  
EVENT









MUSIC

Visit [www.fultonavenue.com](http://www.fultonavenue.com) to find an updated holiday schedule and for a directory of shops and services.

AFTER 47 YEARS

# GOING OUT *of* BUSINESS

NEW HOLIDAY PRICE CUTS

ENTIRE  
STORE  
NOW

40-60%  
% off  
ORIGINAL  
TICKETED  
PRICE

Get POST-Holiday Savings NOW!

50%  
% Off  
ORIGINAL  
TICKETED  
PRICE

All Holiday Trim, Decorations,  
Department 56<sup>®</sup> Merchandise  
& Mark Roberts<sup>®</sup> Fairies!

WILLIAM GLEN

2651 EL PASEO LANE, SACRAMENTO  
(CORNERS OF FULTON AVE. & MARCONI AVE. BEHIND TRADER JOE'S)  
Hours: Mon-Fri 9:30am-6pm, Sat. 9:30am-5:30pm, Sun 11am-5pm

FIXTURES  
FOR SALE!

ALL SALES FINAL. SORRY NO CHECKS. WE ARE ACCEPTING WILLIAM GLEN GIFT CARDS AND "GOLD COINS". ALL MAJOR CREDIT CARDS ACCEPTED.

# Crocker Art Museum Launches Thursdays 'til 9

New weekly series presents arts experiences with a twist

Special to Arden-Carmichael News

The Crocker Art Museum has launched a new suite of weekly programs entitled Thursdays 'til 9. Every Thursday until 9 p.m., the new evening series offers visitors a chance to explore the many forms of art.

"Thursdays 'til 9 lets visitors choose what kind of art experience they want to have – whether through film, music, social gatherings, or hands-on experiences," said Christian Adame, manager of life-long learning at the Crocker Art Museum.

On the first Thursday of the month, the Crocker presents Film Frame, a series featuring screenings of films from classic to contemporary. Screenings are introduced by directors, filmmakers, scholars, and film enthusiasts, and include discussions and interactive programming. Presented in collaboration with local festivals and organizations, films will relate to the Crocker's exhibitions and collections as well as relevant issues in film, art, and society. Film Frame evenings also include in-gallery tours and activities. In the coming months, visitors can look forward to screenings of "Cleophas and His Own," a film about American painter and poet Marsden Hartley; "Untitled," a comic take on the state of contemporary art; the short films of Northern California-based directors Robert Machoian and Rodrigo Ojeda-Beck; and "The Silence of Innocence," a documentary on artist Gottfried Helnwein, who is the sub-

ject of a career-spanning survey at the Crocker from Jan. 29 through April 24.

Art Mix, presented on the second Thursday of each month, will focus on a new aspect of the Crocker's collections or special exhibitions in a social environment. Expect to hear the latest great local band or DJ, sip a specialty cocktail from the Crocker Cafe, and dive into live art demonstrations, short films, interactive installations, photo shoots, special in-gallery tours and spotlight talks. Upcoming Art Mix events feature performances by DJ Rated R, Sea of Bees, Sacramento Sizzling Sirens Burlesque Experience, DJ Mike Colossal, Sister Crayon, and The New Humans.

The Crocker broadens its musical horizons with Playlist, a new concert series on the third Thursday of the month. The series will highlight local, regional, and national performers from various musical genres, including blues, reggae, indie, folk, country, bluegrass, rock, hip hop, and world music. The Crocker's popular Third Thursday Jazz Summer Concert Series will return as part of Playlist with outdoor performances from May through September featuring sounds that run the spectrum of traditional to modern jazz. Concert-goers can look forward to hearing the dark sounds of California-based Chelsea Wolfe, funk and soul by The Nibblers, a Gottfried Helnwein-inspired composition by Vox Musica, and the velvety-rich vocals of singer-songwriter Kate Gaffney.

SUDOKU  
PRESENTED BY



**VolunteerMatch.org**  
Where volunteering begins.

					3	2		
	2	3	1					
	5							4
4			7			6		1
	1				8		2	
	6				2	8		3
				2				8
			8		1	3		2
	7				4		5	

© 2010, StatePoint Media, Inc.

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Answers on page 22



## We Have Good News

Dental work does not always have to be just beyond what you can afford. We now have modern materials that can be used to rework and repair old dentistry for half the price of new appliances. We have some materials that can last a lifetime. It is amazing what can be done. Call us today and discover the good news!

**SENIOR  
DENTAL CARE**  
Affordable Dentistry  
Reduced Fees  
**For Seniors ONLY**

*Complete Treatment  
from Implant Placement  
to Finished Smile!*

**Kosta J. Adams**  
DDS, MAGD, FICOI  
#2 Scripps Drive, Suite 307

**Call 927-0800 Today**  
Visit [smilerestoration.com](http://smilerestoration.com)

# Stop-N-Shop markets were leaders in city's grocery industry

By LANCE ARMSTRONG  
Arden-Carmichael News writer  
lance@valcomnews.com

Anyone remember Stop-N-Shop grocery stores and supermarkets? It goes without question that just about anyone who resided in the Sacramento area any time from the Great Depression to around the days when the motion picture "Jaws" and disco were considered hot topics certainly answered, "yes," to this question.

One wonders how many longtime, local residents still drive by the old Stop-N-Shop building across from Vic's Ice Cream on Riverside Boulevard in the Land Park area and reminisce about when they used to shop at this once grand supermarket.

Considering that Sacramento was home to 13 Stop-N-Shop markets, there are undoubtedly many people who remember at least one of these stores.

Furthermore, many longtime, local residents assuredly still remember the store's popular jingle, which featured the familiar lines: "Let's go down to the Stop-N-Shop and push the cart around 'n' round. Let's buy all of our groceries there. They have the best in town."

Let's go down to the Stop-N-Shop and push the cart around 'n' round. You get a lot more for your money there than anywhere else in town."

## Sacramento grocery leaders

Although there are currently several Sacramento area convenience stores that use the name, Stop N Shop, these stores are not to be confused with the Stop-N-Shop stores that were once leaders in the city's grocery industry.

The Stop-N-Shop stores highlighted in this article were established by the Kassis family, with the first of these stores being opened in 1928 at 2800 Y St. (present day Broadway).

The roots of Stop-N-Shop stores began with A.G. Kassis, who emigrated with his wife, Maggie, from Lebanon to the United States in 1890.

## Lebanese immigrants

Upon their arrival in America, A.G. and Maggie, who were Christian Lebanese, made their way to North Dakota, where they eventually had five sons. These sons, in order of se-



Photo courtesy of the Kassis family  
The Stop-N-Shop market at 3231 Riverside Blvd. served the community from 1947 to 1975. The building, which still exists today, was later home to Walter Kassis' Big K Market, which closed in 1982.

niority, were Frank, Lew, Ed, John and Walter.

A.G., who purchased farmland in Williston, N.D., began his own grain farming operation, which proved to be unsuccessful.

As a result of this failed endeavor, A.G. joined his four brothers – Abe, Charles, John and Eli – in the operation of a billiards parlor in North Dakota. A.G. also added to his in-

come through other business ventures, which included the operation of a small grocery store.

After about 20 years of living in North Dakota, A.G. and Maggie decided to move their family to Rio Linda, Calif. This decision was based on the poor health of John, who suffered from vitamin deficiency and would be better suited living in a warmer climate.

In Rio Linda, A.G. sold chickens and eggs and raised fruits and vegetables, which he sold from roadside stands.

The source of the majority of A.G.'s income ended abruptly, however, when a fatal disease eliminated A.G.'s chickens.

Subsequently, A.G. attempted to achieve success by operating a miniature golf business and a livestock feed store, but neither were very successful.

## Son finds first location

Fortunately, Frank, who regularly took a train into Sacramento and then rode by streetcar from 12th and H streets to Sacramento High School, was able to find work at the Del Monte cannery at 17th and C streets, where his mother was also employed.

It was also Frank who discovered a commercial corner in Sacramento that, in his own description, "intrigued" him.

This corner at the aforementioned 28th and Y streets proved to be the site of the first Stop-N-Shop

See Stop-N-Shop, page 7



**'Cause you never know what you might run into.**

**Stephanie Slagel CLU, Agent**  
Insurance Lic. #: 0C34763  
6130 Fair Oaks Blvd, Suite E  
www.stephanieslagel.com  
Bus: 916-485-4444 Fax: 916-485-5629

**I'm your agent for that.**  
Having me as your agent means having a real person there to help you when you need it. So when accidents happen, you have someone you can trust to get the job done right, and right away. Like a good neighbor, State Farm is there.  
CALL FOR A QUOTE 24/7.



## State Farm

State Farm Mutual Automobile Insurance Company  
State Farm Indemnity Company • Bloomington, IL

1001177



Mortgage Lending Excellence!



**THERE HAS NEVER BEEN  
A BETTER TIME  
TO PURCHASE  
OR REFINANCE A HOME!**



**Dave Mendoza**  
Managing Director/Broker/CMPS  
916-977-1227 direct  
916-768-5231 cell  
dmendoza@comstockmortgage.com

**With rates at historic lows  
it is a great time to save money!**  
**CALL DAVE TODAY!**

www.comstockmortgage.com | CA DBE Lic. #000007 | NH01-ID #04089 | SAC DT MORTGAGE DIA COMSTOCK.MORTGAGE

# Stop-N-Shop: Riverside Boulevard store was one of the most notable of all 13 stores

Continued from page 6

store, as A.G. leased a former retail ice business at this street corner from Preston F. Reed, a carpenter and building contractor who lived at 2545 28th St.

After traveling into Sacramento each day, the Kassis family eventually moved to the capital city, residing at 2522 28th St.

Stop-N-Shop, which A.G. operated with the assistance of his sons, was not the first Kassis-owned grocery store in Sacramento, since A.G.'s brother, Charles Kassis, who resided in Rio Linda, had partnered with Rio Linda resident Anna Bohamera to own and operate Del Monte Grocery at 1730 C St.

## Quick growth

The area around the first Stop-N-Shop store grew quickly with the assistance of the opening of the Shasta Ice Cream Co. at 2814 Y St. Additionally, Scotty's Service Station, which was located across Y Street from these two businesses, aided in bringing people to the area.

Pocket area resident Dick Ryder, a 1947 graduate of McClatchy High School, said that he remembers seeing the first Stop-N-Shop location during the 1930s.

"I lived (at 2800 Regina Way in Land Park), near California Junior High, and I remember the first Stop-N-Shop," he said. "It was kind of like the picture at the (California Automobile) Museum of the first Raley's (grocery) store in Placerville. It had all the fruits

and vegetables out in front of the place."

The success of the Y Street store, which had a dirt floor and initially sold cold watermelon, ice, beverages and wood blocks, was achieved through the Kassis family's reputation for providing quality food and service.

This success led to the establishment of Stop-N-Shop, Store #2, at 1330 16th St. in about the early 1930s.

As the prosperity of the Stop-N-Shop stores increased, A.G. Kassis transferred ownership of his stores to four of his sons.

Of the five sons of A.G., only John ventured outside the family's grocery business, as he instead opted to go to medical school. Eventually becoming Dr. John Kassis, John practiced family medicine in Sacramento for nearly a half-century.

The number of Stop-N-Shop stores continued to increase as a Del Paso Heights store was added in about 1939 and three years later, the 2000 I St. market opened.

Following his service in the Army during World War II, Eli's son, Bill Kassis, who formerly worked at the 16th

Street store and opened the 20th and I streets store, opened the Land Park area Stop-N-Shop store, which was located at 3231 Riverside Blvd.

## 'Store of tomorrow'

The two-story Riverside Boulevard building, which was built by the Erickson Construction Co. and included a warehouse elevator, opened in late 1947.

The Riverside Boulevard store, which Theodore H. Richards of the Bercut-Richards cannery referred to as "the store of tomorrow," was locally unique for its time, as this early supermarket served as the anchor of a wide variety of businesses.

Doris (Lopes) Yager, a 1938 graduate of McClatchy High School, said that her mother, Gloria Lopes, was one of the very first customers of the Riverside Boulevard store.

Doris added that by 1950, she had moved into her mother's house at 1250 Marian Way in the Land Park area and had begun to shop at the Riverside Boulevard store.

"When I got married, I lived with my mom for sev-



Photo courtesy of the Kassis family  
Bill Kassis (far right) serves customers (left to right) Janice Gee, Malcom F. Gee, Lana Coppin and Chet Coppin at the Riverside Boulevard Stop-N-Shop store in about 1950.

eral years and I did all my shopping at (the Riverside Boulevard) Stop-N-Shop," Doris said. "It was the only grocery store in the neighborhood, so naturally everybody shopped at Stop-N-Shop. It had such things as a meat counter, a fruits and vegetables department, a post office, a drug store and Swanson's Cleaners was there, too, so you had everything in the one store. And Bill Kassis was there all the time and he was a very nice gentleman, as I recall. It was

quite the grocery store for its time."

Bill, 88, who is now the patriarch of the Kassis family, remembers the store with much passion and detail.

He emphasized that the Riverside Boulevard building, which also included a barbershop, a beauty shop, a Green Stamp redemption center and a location of the locally-famous Hart's Pastry, was fortunate to have Ash Rutledge and his Vic's

See Stop-N-Shop, page 15

## A BETTER MOVING CO.

# 489-3322

[abettermoving.com](http://abettermoving.com)

## FUNERAL DIRECTORY

[www.valcomnews.com](http://www.valcomnews.com)

---

### Harry A. Nauman & Son

4041 Freeport Blvd  
Sacramento, CA 95822  
(916) 452-6157

Serving Sacramento Families since 1903.  
Pre-arrangement packages available.

EAST LAWN  
ANDREWS & GREILICH  
MORTUARY FD136

**3939 Fruitridge Road  
Sacramento, CA 95820**

"Ready to provide guidance at a difficult time."  
**916-732-2026**

---

**Lind Brothers** FD1141  
A FAMILY-OWNED FUNERAL HOME  
AND CREMATORY SINCE 1964

4221 Manzanita Avenue  
Carmichael, CA 95608  
**916.482.8080**

EAST LAWN  
EAST LAWN MEMORIAL PARK  
4300 Folsom Blvd.  
Sacramento, CA 95819  
**916-732-2000**  
FD1242

"Embracing a unique commitment  
to Sacramento and its people"

---

Since 1927 FD Lic# 355

*Nicoletti,  
Culjis & Herberger  
Funeral Home, Inc.*

5401 Folsom Blvd • Sacramento 95819  
(916) 451-7284  
Pre-arrangement packages available.

EAST LAWN  
ELK GROVE  
MEMORIAL PARK  
AND MORTUARY  
FD1455

1918 East Stockton Blvd.  
Elk Grove, CA 95624  
**916-732-2031**

---

SIERRA HILLS  
MEMORIAL PARK AND  
EAST LAWN MORTUARY

**5757 Greenback Lane  
Sacramento, CA 95841  
916-732-2020 • 916-331-9800**

"Knowing that professional guidance  
is always by your side" FD1242

**GEORGE L. KLUMPP**  
CHAPEL OF FLOWERS  
FD 360

**2691 Riverside Boulevard  
Sacramento, CA 95818**

Phone: (916) 443-7917  
Fax: (916) 443-7931  
Family owned and operated since 1921

---

LIST YOUR FUNERAL  
SERVICE/HOME HERE

Call Patty  
(916) 429-9901

## Dental Care for Seniors

- New Dentures
- Denture Adjustments
- Implants and Mini Implants
- Dentures secured by Implants and Minies
- Cleanings, Fillings, Crowns & Emergency
- Conscious Sedation and Laser Dentistry

One Stop Dental Needs for Seniors!

**15%**  
Senior Discount

**Carmichael Dental Care**  
8329 Fair Oaks Blvd, Ste A  
Carmichael, CA 95608  
**916-944-1197**



## Library program to discuss avoiding winter holiday scams

The Sacramento Public Library and the California Department of Consumer Affairs (DCA) will present the *Take Charge California!@Your Library* program, "Have a Safe and Scam-Free Holiday," at 12 noon, Wednesday, Dec. 1, in the West Meeting Room, at the Central Library, 828 I Street, Sacramento.

It's time to deck the halls and shop for gifts. It's also a time when scams prey upon the unsuspecting. DCA marketing manager Carolyn Ballou will discuss how to protect yourself and keep the season merry.

A Sacramento Public Library librarian will also be at the program to provide research tips.

Reservations are not required, and light refreshments will be served.



Photo copyright TheSupe87 - Fotolia.com  
Shoppers should be careful to protect themselves from scams this holiday season.

For more information, please telephone the Sacramento Public Library at (916) 264-2920 or visit [saclibrary.org](http://saclibrary.org).

# Senior Services *and* Resources

Call Melissa (916) 429-9901

### CLEANING/HAULING/ERRANDS

#### SENIOR HELPING SENIORS

I'm Larry — I charge \$15/hr. I will run errands, any hauling, cleaning, inside & out! I also, specialize in cleaning, scrubbing & waxing floors.

Call (916) 856-2870

### YOUR AD SHOULD BE HERE!

**Call Melissa today!**

**Your services are needed.**  
**Your ad should be here.**  
**Ad design is free.**

**Call 429-9901**

### DOCUMENT PREP SERVICES

**LIVING TRUST/LIVING WILL Legal Document Prep Services:**

- Trust • Will • Powers of Attorney
- Residential Deed

**10 % OFF SENIOR SPECIAL**

Couples \$495 Singles \$450  
Lynda K. Knight (916) 214-1215  
641 Fulton Ave. #100, Sacto 95825

### ELDERLY SERVICES

**COMFORT ZONE**  
ELDERLY IN HOME SERVICES, INC.

Long Term Insurance Accepted

Hospice and More  
Hourly and 24 Hr. Live-In  
Free Home Assessment  
Liability Insured, Bonded

(916) 453-1344

4420 Del Rio Rd, Sacto, CA 95822

### HELP AT HOME

#### HELP AT HOME

##### Senior Care

Caring, In-Home Assistance & Companionship

- Light housekeeping
- Meal preparation
- Med reminders • Errands
- Dementia care • Bathing & Much More

For no-cost/in-home assessment, call **877- 404-6636**

### LOVING COMPANIONS



*"Assisted living" in the privacy & comfort of your home.*

*Affordable rates,*

*1-24 hours/day*

**NO MINIMUM.**

Certified care  
**(916) 753-1491**

### NONEMERGENCY TRANSPORT

#### ACE Transport

Safe, Reliable  
Wheelchair  
Transportation

**Call Andrew**  
**(916) 600-8575**

### REAL ESTATE SERVICES

**LYON Moving On?**

**FREE Real Estate Help & Advice tailored to seniors & their families**

**Contact John Woodall, GRI**  
*Seniors Real Estate Specialist*

**(916) 421-5421**

✓out my blog at:

**aSeniorsBlog.com**

### SPECIAL ALZHEIMER'S LIVING

**Primrose**  
*Living With Memory Loss*

**Day Club, Respite, Residential, Support Groups & Educational Classes**

[cas@primroselz.com](mailto:cas@primroselz.com)  
[www.primroselz.com](http://www.primroselz.com)

**(916) 392-3510**

7707 Rush River Dr. Sacto, CA 95831

### SENIOR MOVE MANAGERS

#### Moving? Feeling overwhelmed?

Let US handle all the details!  
We'll reduce your stress & ensure a smooth transition!

**Call (916) 202-1297 today!**  
[www.SacHomeTransitions.com](http://www.SacHomeTransitions.com)



## YOUR SERVICES ARE NEEDED

**CALL Melissa TODAY**  
**TO PLACE YOUR AD**

**(916) 429-9901**



# THE CARMICHAEL CHAMBER OF COMMERCE

*"There's No Business Like OUR Business"*

www.carmichaelchamber.com • (916) 481-1002 • 6825 Fair Oaks Blvd. #100 Carmichael, CA 95608

## ON-LINE GIFT CERTIFICATES

Birthday • Wedding • Anniversary • Thank You  
All Occasions

www.hoshallscarmichael.com

(916) 485-4941  
7330 Fair Oaks Blvd.  
Carmichael, CA 95608



www.CarmichaelOaks.com

**Carmichael** Independent Living  
**Oaks** since 1978

Lic# 347003685



Ask about our complimentary lunch and tour

Now also offering - Assisted Living & Memory Care  
8350 Fair Oaks Blvd. • Carmichael, CA 95608  
(916) 944-2323

**Carmichael Towing**  
24 HOUR  
AUTO SERVICE INC.

Celebrating 50 years  
Since 1959

• Towing  
• Auto Body Shop  
Ask for "Bud"

7344 Fair Oaks Blvd.  
Carmichael, CA 95608

**(916) 483-4649**  
fax: 483-7410

Mission Oaks Recreation & Park District

## Traditional Karate

Adults & Youth  
Wednesday & Friday  
Youth 7-13 • 5:15-6:30 p.m.  
Adults (High School & up) 6:30-7:45 p.m.  
\$65/month @ Mission Oaks Community Center

### FREE CONCERT!

American River College Orchestra  
Wednesday, December 8, 7 p.m.  
Bring the family to Mission Oaks Community Center



**Carmichael's Holiday Tree Lighting**  
Thursday, December 9, 6 p.m.  
Front of Carmichael Park, 5750 Grant Avenue  
Music, arts & crafts, hot cider & cookies!  
**FREE! RAIN OR SHINE!**



Serving The Carmichael Community  
Since 1916

**CARMICHAEL WATER DISTRICT**

(916) 483-2452

www.carmichaelwd.org

### SPECIAL: \$50 Postcard or Flyer Design

Affordable Printing Available

POSTCARDS	FLYERS
100 .....\$1.50 each	50 .....\$1.34 each
250 .....\$1.37 each	100 .....\$1.05 each
500 .....\$1.28 each	250 .....\$0.68 each
1000 .....\$1.19 each	500 .....\$0.64 each
1500+ .....\$1.16 each	1000+ .....\$0.60 each

**Red All Over Design** will help build your brand. Let us create your personal marketing package. Our design services are available for:

- Commercial flyers
- Political campaign material
- Public service announcements
- Brochures
- Posters
- Postcard mailers
- Any print design

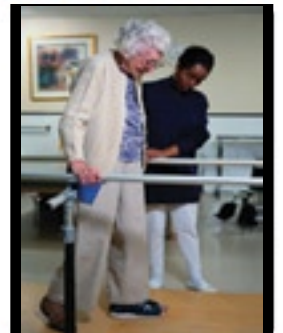
Contact Ryan Vuong at 916.429.9901 or e-mail RedAllOver@valcomnews.com for more information.

**red all over**  
DESIGN

A division of VALLEY COMMUNITY NEWSPAPERS, INC.

Walnut Whitney  
CARE CENTER

SKILLED NURSING  
&  
REHABILITATION



### SPECIALIZED SERVICES:

- Extensive Rehabilitation
- Post Surgical Rehabilitation
- Intravenous Therapy
- Wound Care Management
- Hospice & Palliative Care
- Pain Management

(916) 488-8601  
3529 WALNUT AVE.  
CARMICHAEL, CA 95608

www.horizonwest.com/walutwhitney

**LIKE A GOOD NEIGHBOR,  
STATE FARM IS THERE.®**

For your insurance and financial needs, see State Farm Agent:



**Stephanie Slagel, Agent, CLU**  
Insurance Lic. #: 0C34763  
6130 Fair Oaks Blvd. Suite E  
Carmichael, CA 95608  
Bus: 916-485-4444



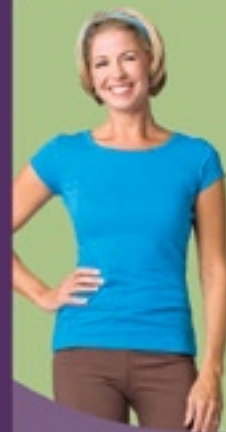
P057015 9/05

statefarm.com

State Farm Mutual Automobile Insurance Company, State Farm Indemity Company - Bloomington, IL

### Experience CurvesSmart.®

Now there's a workout that keeps you motivated like never before to get the results you want.



JOIN NOW 50% OFF\*

973.9900

4141 Manzanita Avenue Ste.  
105  
Carmichael, CA 95608

**Curves**  
curves.com

TOGETHER WE CAN MAKE THE WORLD  
1 MILLION WOMEN STRONGER  
CURVES.COM/STRONGERTOGETHER

\*Offer based on first visit without discount. Discount 50% off. Offer good for 30 days only. Not valid with any other offer. Offer ends at participating locations. CurvesSmart.® Patent Pending. ©2010 Curves International, Inc.

# Thanksgiving Day is for all in the Sacramento area

Arden-Carmichael News photos  
by STEPHEN CROWLEY

The Salvation Army received more than 700 pounds of frozen turkeys from the California State Automobile Association of Northern California on Nov. 11. The main course birds were delivered on the backs of AAA's yellow tow trucks.

This marks the 14th consecutive year in which The Salvation Army has received turkeys from AAA. Last year, the donation helped more than 600 individuals receive a Thanksgiving meal. This year, there are even more people in need of aid.

The donated turkeys will be prepared and served for a free Thanksgiving meal on Thursday, Nov. 25 at The Army's Center of Hope shelter in downtown Sacramento. Anyone from the Sacramento community can be served a meal from 11 a.m. to 1 p.m. that day.



**Jeri Hromada**  
**916.761.6734**

[www.jerihromada.com](http://www.jerihromada.com)

DRE# 01324435

**Better Homes & Gardens** MASON-McDUFFIE  
REAL ESTATE

## Home for the Holidays!

Lovely Land Park home, corner lot, 1700+ sq. ft., 3 bd., 1 ba. Estate sale in quiet neighborhood in walking distance to the Tower Theatre and easy access to downtown. New roof, fresh paint, Central H&A, Living room with fireplace and dining room, basement & low maintenance "patio" backyard. Well maintained inside & out.

**2644 17th Street • \$322,000**



## A Relles Family Thanksgiving



By **MARTY RELLES**  
Arden-Carmichael News columnist  
marty@valcomnews.com

For the Relles family, Thanksgiving usually included football.

My uncle George Relles coached football at Sacramento High when I was growing up, so every year our whole extended family attended the "turkey day" football game at Hughes Stadium. Back in the 1950s and '60s, the whole town showed up for this Thanksgiving Day classic. As many as 15,000 fans filled the stadium for this big game between local high school rivals Sacramento and C.K. McClatchy.

Uncle Ross Relles usually arrived early to reserve seats for our whole family. Prior to the game, the marching bands of both schools paraded out onto the field to play the national anthem. Then the teams poured out onto the field: Sac in its dark purple and white uniforms and McClatchy in red and white. These contests were usually hard-fought and exciting, and when they were over, we were hungry.

So then, we piled into our cars and headed over to Grandma Petta's house on 14th Avenue for our Thanksgiving celebration. She had a wonderful old house that featured a full size lot on one side that had a garden, an old barn and a chicken coop – providing lots of room for kids to run wild.

The living quarters of her home sat on the second floor with a full house basement below. The basement included a pantry filled with the food which Grandma canned; a cooking area with a Wedgewood stove and an antique wooden ice box; Grandpa Petta's wine making room; and an old circular washing machine complete with a ringer for drying out the laundered clothes. Her basement was also piled with old furniture and other items family members hoarded making it a perfect place for children to explore.

Grandpa, however, had other ideas and usually did all he could to expel us from the basement when we snuck down there to play.

The back yard had a full size swing set with a tall slide for the kids to play on. Going to Grandma's house provided lots of play time for all the twenty children in our extended family. We always looked forward to those times.

By 4 p.m., Grandma Petta had set the extended dining room table and adorned it with Thanksgiving dinner with all the trimmings: turkey, her famous rice stuffing, mashed potatoes and gravy, peas, slices of her homemade bread and salad with dressing made from olive oil and Grandpa's own wine vinegar. After dinner came desert – pumpkin pie piled with whipped cream. Then, while the adults drank coffee and conversed at the big table, the kids went out for more raucous play.

By the end of the day, totally satisfied and utterly exhausted, we headed home.

I will never forget the fun we had celebrating Thanksgiving at Grandma Petta's house – another heart-warming Janey Way memory.

# Hoshall's

SALON & SPA  
hair face body

**\$50** - *Our Gift To You*

**\$25 off Cut and Color and  
\$25 off VIP Facial**

*Valid through 11/30/2010 - Sun thru Wed only.  
Not valid with any other offer. No cash value.*

**Thank you, Sacramento,**  
for voting

**Hoshall's**

the *best Salon*

for the 11th Consecutive Year!

**HAPPY  
HOLIDAYS**

CARMICHAEL SALON & SPA

7330 Fair Oaks Blvd. Suite 1 \* 916-485-4941

[www.HoshallsCarmichael.com](http://www.HoshallsCarmichael.com)

Know your neighbor

# Pest detection pooch retires

Special to Arden-Carmichael News

Retiring pest detection dog Tassie will have time on her paws to smell the roses.

Despite her big heart and talented nose, Tassie, a nine-year-old Lab mix, has reached the mandatory retirement age for pest detection dogs. She was honored by the Sacramento County Board of Supervisors with a resolution on Tuesday, Nov. 9.

Rescued from an animal shelter in Florida, Tassie began her career working for Customs and Border Protection at the Port of Long Beach sniffing out foreign plant pests. She was then assigned to Plant Protection and Quarantine working domestic cargo detecting destructive wood borers and hitchhiking snails. In early 2009, Tassie was reassigned to the Sacramento County Agricultural Commissioner's office as part of their Pest Exclusion Team.

Alongside her handler Jennifer Berger, Tassie worked throughout the region inspecting over 10,000 unmarked packages containing plant material that could have led to infestations and devastating economic loss to the agricultural industry and untold damage to the environment. Tassie intercepted numerous non-native insect pests from Hawaii, prohibited meat from Nigeria, and helped alert Fish and

Game authorities to animal shipments of non-native snakes and fish.

Tassie received special recognition from California Department of Food and Agriculture Secretary A. G. Kawamura for intercepting an illegal shipment of curry leaves and guavas that were infested with Asian citrus psyllid, a tiny exotic pest that is capable of transmitting a devastating disease that could have threatened California's \$1.88 billion citrus industry.

Tassie has a nose that knows and is described by her handler as a workaholic.

"It's great to work with an animal that is so excited and ready to do her job," Berger said. "Tassie is always in a good mood and shows up to work wagging her entire body."

As the department and program ambassador, Tassie has attended many outreach functions and showed off her skills with demonstrations to raise public awareness of the threat from invasive pests and disease.

Tassie also co-stars in a YouTube video produced by CDFA: <http://www.youtube.com/watch?v=p32hAyVO4XM>

Tassie will live with her new adoptive parents in Pleasant Hill, spending time going on walks, chasing tennis balls, and playing with her favorite toy, a pink squeaky hippo.

Tassie's replacement is expected to report for duty in January, 2011.



Photo courtesy

Handler Jennifer Berger and Tassie, a Lab mix, worked throughout the region, sniffing out dangerous agricultural pests and illegal shipments of non-native snakes and fish.

## DON'T LET YOUR PETS POLLUTE OUR CREEKS AND RIVERS!

### PROBLEM:

When it rains, bacteria from pet waste left on the ground washes directly into storm drains, flowing untreated into local creeks and rivers.

### SOLUTION:

Pick up pet waste with a plastic bag, seal it, then toss it in the trash.



(916) 808-4420

[www.sacramentostormwater.org](http://www.sacramentostormwater.org)



Man with dog—Clipart © Microsoft Media

# Jesuit Christmas Tree Lane a tradition for over half a century

By **BENN HODAPP**  
Arden-Carmichael News writer  
benn@valcomnews.com

Carmichael's Jesuit High School will celebrate its 54th annual Christmas Tree Lane fundraiser on Nov. 29 and 30, a fundraiser that helped build the school 53 years ago.

Virginia Larson, one of the women responsible for the initial fundraiser, was president of the Loyola Guild in 1957 when the idea to build the school came about.

"Back then there was nothing where Jesuit is now," Larson said.

The group of 10 to 12 women that began the fundraising efforts at St. Ignatius church began to fundraise. They decided to model their efforts after the Christmas Tree Lane held at the Senator Hotel downtown.

"The whole town donated trees to the Christmas Tree Lane," Larson said. "All the money we made was profit."

A few years later, Sacramento Bishop Joseph T. McGucken learned that the group of women had raised a huge sum of money that was just sitting in a bank account. The idea was born to build Jesuit High School. They had the money to do it and even had enough left over for scholarships.

Needless to say, the event caught on.

This year's version promises to be as spectacular and lavish as any other in the event's history. Co-chair Moira Little talked about what this year has in store for visitors.

"This year's theme is 'Believe' and it is going to be a winter wonderland with snow and snowflakes everywhere," Little said.

There will be 20 vendors and consigners on hand at the Radisson Hotel selling their goods as well as a vast array of gourmet foods and Christmas decorations for people to purchase. The huge undertaking includes more than 200 people when one tallies up all the cashiers, hostesses, rafflers and event planners. The event is so popular that Little said that 25 to 35 percent of the people working on the event this year no longer have children at Jesuit.

This year's raffle includes items such as a \$1,400 necklace and a six-night trip to Hawaii.

Included in the event are three fashion shows, the first of which takes place during the gala dinner on Monday night. The senior boys from Jesuit get to walk down the runway with their mothers in what is always a tear-jerking tradition.

"There is never a dry eye in the place," Little said.



Photo courtesy of Jesuit High School  
Jesuit High School's annual Christmas Tree Lane fundraiser includes a fashion show and musical entertainment. The annual holiday tradition celebrates its 54th anniversary this year.

The fashion show is repeated on Tuesday during breakfast and again during lunch. Tickets to the gala dinner are \$100, the breakfast is \$50 and the lunch is \$60. The shopping portion of the event is free and open to the public.

As for Larson, her last grandson is currently at Jesuit. The 87-year-old attends every year and said that she wouldn't miss this year for the world.

The event raises near or above \$100,000 for the school and all money goes towards the school's scholarship and building funds.

"When I see the check for \$100,000 I am always amazed to think that these 10 to 12 ladies started this whole thing," Larson said.

More than 50 years later, the school remains strong. So too, do the friendships forged all those years ago.

The Radisson Hotel, site of the event, is at 500 Leisure Lane in Sacramento. For further information, visit [www.jhssac.org](http://www.jhssac.org) or contact co-chairs Julie Law ([lawbeus@aol.com](mailto:lawbeus@aol.com)), Joanna Ellard ([jwellard@comcast.net](mailto:jwellard@comcast.net)) or Moira Little ([moira.little.hiaj@statefarm.com](mailto:moira.little.hiaj@statefarm.com)).



**Rosewood is rated 5-Stars by Medicare and ranks in the top 10% of facilities in the U.S.**

**6041 Fair Oaks Blvd • Carmichael, CA 95608 | Office: 916-483-8103 • Fax: 916-352-6288**

"We found during our stay that the staff at your facility was genuinely concerned about their patients and their well being. We also found that your staff has improved their devotion to duty and increased their outstanding level of care. If it is possible to go from 100% of caring to 110% of caring, your people have achieved this accomplishment... In the future need for rehabilitative services Rosewood Rehabilitation will be our first choice." John D.



*Providing Courteous 24-Hour Skilled Nursing Care & Sophisticated Rehabilitative Services*



# Preserve good health by canning food properly

Special to Arden-Carmichael News

Home canning of fruits and vegetables is regaining popularity thanks to the economic downturn and a growing interest in eating locally grown food. A downside to this practice is that if food is preserved improperly, consumers may become ill or die, according to University of California Cooperative Extension nutrition advisors.

If practiced properly, home canning is a safe method for preserving food. The canning process involves placing foods in jars and heating them to a temperature that destroys the microorganisms that cause food to spoil. During this heating process, air is driven out of the jar and as it cools a vacuum seal is formed. This vacuum seal prevents air and microorganisms from getting back into the jar.

If tested recipes are not followed, food-borne microorganisms can survive and they will spoil canned foods. Worse, consumers can get botulism from eating improperly home-canned foods. Botulism is a rare, but serious paralyzing illness caused by a nerve toxin produced by the bacterium *Clostridium botulinum*. Botulism can kill if not promptly treated.

There are two safe ways of canning food – the boiling water bath method and the pressure canner method. Boiling water is used with high-acid foods such as fruits. A pressure canner must be used with foods such as vegetables, meats and combinations containing these foods such as salsa or spaghetti sauce. Tested recipes and guidelines must always be followed to ensure safe home-canned foods.

“It is very important to follow scientifically tested canning instructions to avoid illness,” said Susan Algert, UC Cooperative Extension nutrition advisor for Santa Clara County.

“The boiling water bath method is safe for fruits, jams, jellies, pickles and other acidic preserves,” she said. In this method, jars of food are completely covered with boiling water (212 degrees F at sea level) and heated for a specified amount of time.

High-acid foods such as peaches naturally have a pH of 4.6 or less and contain enough acid to prevent the growth of *Clostridium botulinum*. High-acid foods can be safely canned using the boiling water bath method.

“Certain foods, such as tomatoes, pears and figs, have



Photo courtesy

Home canning is a safe method for preserving food. Knowing the safe way to preserve foods is important, however, because improperly “canned” goods can become toxic.

a pH value close to 4.6 and must have acid added to them to lower the pH enough to use the water bath method,” Algert said. The pH can be lowered by adding commercial lemon juice or powdered citric acid.

When canning homemade salsa or other tomato products, Algert recommends following a scientifically tested recipe and using commercially bottled lemon juice to increase the acidity.

“You can’t use juice squeezed from a fresh lemon because we don’t know exactly how acidic the juice is,” Algert said. “Commercial lemon juice meets a standard acidity.”

To can low-acid vegetables such as green beans without a pressure cooker, the vegeta-

bles must first be pickled using a recommended recipe to ensure the final acidity is too high for *Clostridium botulinum* to grow.

*Clostridium botulinum* can form spores, a heat tolerant form of the bacteria that can survive boiling. If spores survive because of inadequate processing, they can revive and allow the bacteria to grow and produce toxins. *Clostridium botulinum* thrives in low-acid foods like meats and vegetables and in the absence of air in canned foods.

“The only safe method of preserving vegetables, meats, poultry and seafood to prevent botulism is pressure canning,” Algert said. “These low-acid foods require heating to at least 240 degrees F for a

time specified for each product. This temperature can only be reached using a pressure cooker.”

To ensure safety of home canned goods, she recommends using new lids to ensure a tight seal and following scientifically tested instructions.

For more information about safely canning food, visit the University of California’s Food Safety website at [http://ucfoodsafety.ucdavis.edu/Consumer\\_Advice](http://ucfoodsafety.ucdavis.edu/Consumer_Advice) and the USDA National Center for Home Food Preservation website at <http://www.uga.edu/nchfp>

Watch a video of safe canning tips at [http://stream.ucanr.org/preserving\\_fruit/canning\\_safely.html](http://stream.ucanr.org/preserving_fruit/canning_safely.html)

## Low-acid foods:

- + meats
- + seafood
- + poultry
- + dairy products
- + all vegetables
- + combination products

## High-acid foods:

- + most fruits
- + properly pickled vegetables

## Foods that require added lemon juice for boiling water bath canning:

- + figs
- + pears
- + tomatoes

**VALLEY COMMUNITY NEWSPAPERS, INC.**

HOME ABOUT OUR PAPERS MEET OUR STAFF ORDER A SUBSCRIPTION **PLACE AN AD** CONTACT US

CALENDAR OF EVENTS

**Run to Feed the Hungry brings home a sense of community joy**

By SIOBHAN LARSON, Valley Community Newspapers editor

The 27th Run to Feed the Hungry is expected to draw some 35,000 people this Thanksgiving morning. Proceeds will directly benefit Sacramento families in need. (Photo courtesy of Sacramento Food Bank & Family Services Thanksgiving Day...)

[Continue reading...](#)

**DOWNLOAD OUR PAPERS**

Valley Community News

East Sacramento News

The Land Park News

The Pocket News

California Kids Monthly

The Valley Shopper

Valley Community Newspapers Special Sections

YOUR AD HERE

Reach our website audience—  
your customer.

www.valcomnews.com

Call (916) 429-9901 Today

## TREE TECH

### SERVICES

Serving the Green Industry

A Subsidiary of Tree Technology, Inc.

**RESIDENTIAL / COMMERCIAL**

- Trimming
- Pruning/Shaping
- Crown Reduction
- Tree Preservation
- Tree Removal
- Stump Grinding
- Chipping
- Lawn Maintenance

688-7979

ELK GROVE

386-1780

SACRAMENTO

1-800-821-TRIM (TOLL FREE)

Thorough Clean-Up Prompt Friendly Service

www.TreeTechServices.com

4 CERTIFIED ARBORISTS ON STAFF  
REPORTS & CONSULTATION  
AVAILABLE

\$25 OFF

any service of \$200 or more

TREE TECH

MasterCard W.Comp - PL/PD CTR. LIC# 653836

VISA

SENIOR DISCOUNTS • FREE ESTIMATES

# Stop-N-Shop: Kassis family pioneered 'stores of tomorrow,' early food court

Continued from page 7

Ice Cream across the street at 3199 Riverside Blvd.

"We were very good friends and actually, we depended on each other," Bill said. "I'd have lunch there every day."

A 1965 city directory shows the continued expansion of Stop-N-Shop, as the number of its store locations had reached 11 by this time. These stores included the River Park store at 5491 Carlson Drive and stores at 4065 McKinley Blvd. and 5815 Stockton Blvd.

## Lucky No. 14

Overall, the Kassis family eventually operated 13 stores, yet in a similar theme to buildings that do not designate a 13th floor, the store numbers jumped from Store #12 to Store #14.

Surpassing the popularity of the chain's Riverside Boulevard location was one of the last Stop-N-Shop stores to be constructed – the then-very modern Fort Sutter Shopping Center supermarket at 2815 L St., where Sutter General Hospital was later built. The market structure also included candy and coffee shops and laundry and shoe repair businesses.

Bill said that Stop-N-Shop was well represented in the north area of Sacramento.

In addition to the Del Paso Boulevard store, north area Stop-N-Shop stores were located at 4120 El Camino Ave., Fulton and Marconi avenues, where Honey Baked Ham is located at the present day address of 2875 Fulton Ave., 2312 Watt Ave. at Country Club Plaza and 1765 Arden Way at the Arden Fair Mall.

Greg Kassis, the son of Lew Kassis and a Stop-N-Shop employee for most of the years of 1954 to 1975, said that he most fondly remembers the Fulton and Marconi avenues store.

Greg added that he first provided assistance at this store when he was 7 years old.

"I used to ride my bike to work (at the Fulton and Marconi avenues store)," Greg said.

## Food court pioneers

When asked about the north area Stop-N-Shop locations, Bill was quick to describe the uniqueness of the Watt Avenue site's Gourmet Lane, which included Frank Fat's restaurant, La Fiesta Mexicatessen Restaurant, Hart's Restau-

rant, Frank's Fisherman's Wharf Restaurant, T&T Burger Bar, Farmer Joe's Restaurant and Keller's Doughnut Shop.

"As far as I remember, (Gourmet Lane) was one of the first food courts that was opened anywhere in the country," Bill said.

Although Stop-N-Shop stores once held a very high position in the world of Sacramento grocery stores, their heyday gradually ended as the stores were individually sold at separate times due to competition from other grocery stores and financial struggles relat-

ed to other Kassis family business ventures.

Despite the absence of any Stop-N-Shop stores in Sacramento by 1975, the fond memories of Stop-N-Shop markets continue to live on today in the minds of the Kassis family and their stores' many former customers.

## Is your energy usage through the roof?

Your home may be wasting hundreds of dollars a year on energy costs. With the new SMUD Home Performance Program, a SMUD qualified energy professional will perform a comprehensive assessment using state-of-the-art technology to evaluate your entire home's energy systems from insulation to central heating and air. You will receive a report and recommendations for energy and money saving upgrades to improve your home's overall performance and comfort. Rebates, tax incentives and financing options are available. Visit [SMUD.org/homeperformance](http://SMUD.org/homeperformance) to sign up for our \$99 energy assessment offer.

- 1 CALL OR CLICK**  
For more details, call 1-888-742-SMUD (7683) or visit [SMUD.org/homeperformance](http://SMUD.org/homeperformance)
- 2 CONNECT**  
Get an assessment from a SMUD qualified energy professional
- 3 COMPLETE**  
Choose your upgrade options and begin saving today



In partnership with:  
**energy upgrade**  
CALIFORNIA

© 2010 Sacramento Municipal Utility District

# Carmichael Recreation and Park District celebrates 65th anniversary

By LANCE ARMSTRONG  
Arden-Carmichael News writer  
lance@valcomnews.com

The Carmichael Recreation and Park District is presently celebrating its 65th anniversary, as the district was organized on Oct. 29, 1945.

## Let's play ball

In tracking the roots of the district, all signs lead to the sport of baseball, as the district's beginnings can be pinpointed to the simple need for a local baseball facility.

Considering that Sacramento has been known as a baseball city throughout the majority of its existence, the district's establishment through baseball is quite fitting.

The district's connection with baseball begins with the name, Dan Donovan.

While residing in Carmichael, Donovan was seeking a location where his local baseball team could play its games.

Donovan, who is also known for establishing Carmichael's first fire department, serving as the fire department's first chief and operating a bar at Fair Oaks Boulevard and Garfield Avenue, led the drive to have a baseball field built in part of what is today's Carmichael Park.

This baseball field, which had once been only a dream, became a reality for Don-

ovan, who was part of the 1946 team that won the U.S.-Canadian Non-Professional Baseball Tournament in Wichita, Kan.

Carmichael Park was purchased in separate parcels and by the early 1960s, the park had been expanded to 38 acres.

## Carmichael's pool

One of the most popular attractions in the park's history was its 50-foot by 100-foot swimming pool, which was constructed in 1952.

Originally, the pool featured both low and high diving boards and was accompanied by a nearby wading pool.

Unfortunately for the community, use of the pool was discontinued in 2004. The district, however, is exploring avenues for acquiring funding to replace the pool.

## The petting zoo

Early visitors of Carmichael Park may also remember another now-absent feature of the park – a petting zoo that was located on the site of the present day group picnic rental facility. The petting zoo included such animals as goats, a pig, a sheep, rabbits and chickens.

Today, the park, which CRPD Administrator Jack Harrison described as "Carmichael's Central Park," fea-



Arden-Carmichael News photo by Lance Armstrong  
Carmichael Park was the first park of the Carmichael Recreation and Park District. Today, the district consists of 14 park sites.

tures five softball diamonds, six lighted tennis courts, a one-acre, off-leash dog park, a lighted basketball court, a pair of playgrounds, a public picnic shelter and a band shell, which serves as the site of free summer concerts. The park is also the site of a popular Easter Egg Hunt, which is held annually on the day prior to Easter.

Among the oldest buildings in the park is the community clubhouse, which is available for rent and is used for community orga-

nization meetings, district board meetings, weddings and receptions.

Other structures located at the park include the district's administration building and the Veterans Memorial Building, which is used for local veteran gatherings, small-sized meetings, classes and a preschool program.

## Del Campo Park

The district added the second of its now 14 park sites when it acquired the property for Del Campo

Park in Fair Oaks in 1971. This was also the year that the district hired its first full-time administrator.

Ross Norberg, who has been employed as a maintenance worker for the district since 1976, said that Del Campo Park, which was developed in 1979, was nothing but a large lawn-covered area until about 1990.

Today, this 21.6-acre park, which is located near Del Campo High School,

See Parks, page 17

Discover the Davey Difference

Expert Care for Your Living Investment



**DAVEY**  
TREE & SHRUB CARE EXPERTS SINCE 1860

(916) 443-5500

Healthy trees and shrubs add to the value of your home. Davey offers the nation's most comprehensive tree and shrub care services, and our Certified Arborists use today's most modern, state-of-the-art equipment. Let us develop a customized program tailored to your needs.

- Tree & Shrub Pruning
- Tree & Shrub Fertilization
- Insect & Disease Control
- Cabling & Bracing
- Lightning Protection
- Tree & Shrub Installation
- Tree Removals & Moving

To learn more, or to schedule a free, no-obligation analysis of your trees and shrubs, call today or visit us on the Web at [www.davey.com](http://www.davey.com).

5 Certified Arborists on staff.



# Parks: 'We keep evolving and continuing to grow'

Continued from page 16

features a soccer field and a playground.

## Additional parks

In addition to Del Campo Park, the district acquired 10 park sites during the 1970s.

These sites range in size from the one-acre Bird Track Park on Pheasant Road in Fair Oaks to Carmichael's 13.6-acre Jan Drive Park, which is scheduled to open sometime next year.

Among the current CRPD park sites, which were not previously mentioned, are the 9.4-acre O'Donnell Heritage Park (property acquired in 1974) on Barrett Road in Carmichael, the 7.4-acre Cardinal Oaks Park (1974) on Cardinal Court at Kenneth Avenue in Carmichael, the three-acre Glancy Oaks Park (1977) on Sunny Lane in Carmichael and the three-acre Patriots Park (1976) on Palm Avenue, off Dewey Drive, in Fair Oaks.

One of the district's most treasured acquisitions occurred in 1984, with its addition of the former La Sierra High School. This 37-acre site includes a pair of gymnasiums, soccer fields, Little League baseball fields, the Chautauqua Playhouse, the Sacramento Fine Arts Center and about 170,000 square feet of private rental space.

CRPD Park Maintenance Supervisor Ron Shilliday, who spends about 95 percent of his employment hours for the district at the La Sierra site, said that the former school serves as a great asset for the community.

"The enjoyment of all the facilities and the recreation for anyone, no matter what their age, (at the La Sierra site) is amazing," Shilliday said. "You can enjoy the theater or the arts center or the many programs that are over there from chair yoga to Little League baseball to soccer to dance. On a good day when you have volleyball, baseball, theater and a wedding reception, there's no parking to be found. It's a great place for the community and the people who work here. It keeps us hopping to keep people happy."

Also unique among the district's sites are the 17.2-acre Schweitzer Grove Park and the 3.5-acre Charles C. Jensen Botanical Garden.

Schweitzer Grove Park, which is located at Sumter and Hussey drives, next to Albert Schweitzer Elementary School in Carmichael, is the site of a disc golf course and walking trails with five entrances.

The name Schweitzer Grove Park was selected 39 years ago through CRPD's "Name a Park Contest."

According to the May 27, 1971 edition of *The Sacramento Union*, the winners of the contest, which also provided the names Del Campo Park and Bird Track Park, were: Annette Ackerman, Kathryn Confer, Susan Emerson, Nancy Figenbaum, Kim Walker, Kevin Williams and Karen Zymwaht.

## Jewel of the district

Undoubtedly a jewel of the park district, the Charles C. Jensen Botanical Garden at 8520 Fair Oaks Blvd. fea-

tures a wide variety of plants and trees, manicured lawns, walkways, benches and a pair of bridges over a small creek bed.

The garden, which has been featured in a variety of newspapers, including the *New York Times*, is named after its founder, Charles C. Jensen, who placed the garden's initial plants and trees at the site in 1958.

Jensen passed away in 1974 at the age of 80 and through the efforts of the Charles C. Jensen Botanical Garden, Inc., which was formed by a group of concerned, local citizens, his property was saved from being subdivided.

Two years later, CRPD took over the ownership of the property and through the assistance of the Friends of the Jensen Botanical Garden, the garden is maintained on a consistent basis.

As a longtime asset of the community, the district has offered many activities that are documented in the district's archives.

Among the district's earlier activities mentioned in these archives are the following 1970s activities: a trip to a San Francisco Giants game in 1970, a Mini Bike Day on March 11, 1972, a trip to Marine World on Aug. 9, 1972



Arden-Carmichael News photo by Lance Armstrong  
A popular feature of Carmichael Park is its 1-acre, off-leash dog park.

and square dancing evenings by the Carmichael Park pool.

And of course, the district has provided the sites for many league baseball and softball games, swimming competitions, tennis matches and other sporting events.

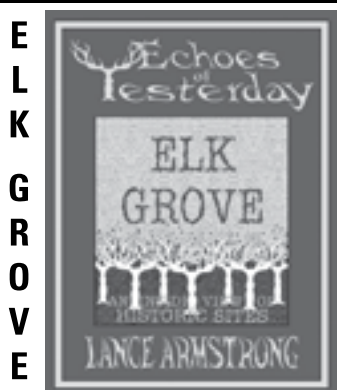
Continuing its mission to "satisfy the recreational needs of the community by providing a wide range of facilities and opportunities to enrich the quality of life," CRPD recently published its fall/winter 2010-11 activity guide, which is available at the district office at 5750 Grant Ave. in Carmichael Park or at the La Sierra Recreation Office at 5325 Engle Road in Carmichael.

Information regarding district-sponsored activities can also be obtained through the Web site [www.carmichael-park.com](http://www.carmichael-park.com) or by calling (916) 485-5322.

CRPD Administrative Analyst Lee Ann Yarber said that for a parks and recreation district that has grown from a site with one baseball field to 183 acres on 14 sites, the district's current anniversary is special.

"We're very proud of (the district's) accomplishments," Yarber said. "In recent years, we've opened two parks (and) we've got another one scheduled to (open) in 2011. We just keep evolving and continuing to grow."

Enjoy  
Lance Armstrong's  
weekly history  
series?



Purchase his 374-page book about the history of Elk Grove, 1850 to present, for only **\$25**.

This award-winning book includes more than 1,200 historic and modern photographs.

To purchase the book, visit [www.echoesofyesterday.com](http://www.echoesofyesterday.com) or send a check, money order or credit card payment to:

Echoes of Yesterday  
PO Box 189113, Sacramento, CA 95818

Gift Cards  
Available

a delicious idea  
this holiday season



Join us for Happy Hour!

Mon-Fri, 5-7pm, get 50% off yogurt creations

YO-YO YOGURT  
Buy one, get one free!

Free yogurt with the purchase of a 12oz or larger cup of yogurt.  
Free yogurt must be of equal or lesser value.  
Sun - Thu 11 am - 10 pm | Fri - Sat 11 am - 11 pm  
1 coupon per visit • expires 12/31/10

2580 Fair Oaks Boulevard • Sacramento

TUTORING  
&  
COLLEGE PLANNING

Sacramento's choice for high quality, affordable academic services.



All subjects.  
All grade levels.  
One-on-one or small group tutoring.

[www.zeroperiod.com](http://www.zeroperiod.com)  
916-226-1664

# Your Home Improvement Guide

Call a sales representative today for great advertising rates: 429-9901

Your services are needed!  
Call and reserve your space on the  
*Arden Carmichael News* Home Improvement page

## ADDITION SPECIALIST

**LYTLE CONSTRUCTION INC.**  
Remodeling and Design  
LIC# 480492  
Award-Winning Design/Build Firm  
Serving Sacramento for more than 25 years

- Additions
- Kitchens
- Bathrooms
- Custom Cabinetry

**FREE Consultation**  
**916-422-6639**

www.lytleconstruction.com

## YOUR AD SHOULD BE HERE!

Call today!  
Your services  
are needed.  
Your ad should be here.  
Ad design is free.  
Call 429-9901

## BUILDER

**INNOVATIVE BUILDERS**  
LIC. #632225  
DESIGN-BUILD CONSTRUCTION  
CLASS B & C-54 TILE

- REMODELS
- ADDITIONS
- NEW CONSTRUCTION
- KITCHENS & BATHROOMS
- INTERIOR TILE REMODELS
- SWIMMING TILE POOL REMODELS

"YOU DREAM IT...WE BUILD IT."  
CALL  
**(916) 447-5438**  
FREE ESTIMATE

www.innovativebuildersca.com

## CARPET/UPHOLSTERY CLEANING

**TLC CARPET CARE**  
Carpet & Upholstery Cleaners  
Owner Operator  
Local in the Pocket  
State of the art Truck Mount  
**(916)952-3831**



## CARPET/FLOORING

**Shop at Home**  
Free In-Home Estimates!  
Next Day Installation Available!  
Carpet, Hardwood, Laminate, Tile,  
Vinyl and Window Treatments.  
**Call Today!**  
**Rick Bertrand • (916) 501-5952**



Contractors License #770550

## CLEANING/HAULING

**Spring Clean NOW!**  
Clean up – Clear out  
before the holidays  
Yard, Garage & Misc Stuff  
On time–Good Prices–Clean  
**LARRY'S HAULING**  
Call **(916) 856-2870**

## CARPET & UPHOLSTERY CARE

### Johnny on the Spot Complete Carpet and Upholstery Care

"Our cleaning is the most thorough you have ever had, or we will clean it again free. If you are still not pleased, we will refund your money."

- I.I.C.R.C. Master Cleaner
- Stain Removal Experts
- Carpet Repairs & Restretching
- Pet Urine Removal

Visit our website at [www.johnnyonthespots.com](http://www.johnnyonthespots.com) for more info, coupons and specials.

**Call (916) 997-7895**

## CLEANING

**PROFESSIONAL** Free Estimates  
Licensed & Insured

- WINDOW CLEANING (inside/out/screens washed)
- Pressure Washing (house ext/walkways/all concrete areas)
- Rain Gutter Cleaning
- Hard Water Stain Removal

**Prime Quality Maintenance**

**Call Jesse (916) 417-4231**



## CONSTRUCTION

**Griffin Construction**

- New Construction
- Remodeling & Room Additions
- Demolition & Removal of Old Unwanted Existing Garage & Replace with New Single/Double Larger Garage or Shop.

*Staying small to serve you better.*

Lic # 510423  
**Call (916) 714-1606**

## ELECTRICAL

**Sunshine Electrical**  
Prompt. Dependable. Honest!  
Residential Specialist  
Security Lighting  
Computer Circuits Etc  
Spa Electrical  
New Houses/Additions  
**(916)344-8735 or (916)752-5308**  
Ca Lic # 633853 Liability Insured

## FENCING

Bob Grove  
(916) 425-7435  
License #: 927602

**GATEWAY FENCE CO.**  
Commercial & Residential

Gateway-Fence.com  
bob@gateway-fence.com  
Fax (916) 429-1905

**10% OFF**  
Fall/Winter  
Special

## GUTTER CLEANING

**STAN THE MAN**

Gutter Cleaning &  
Seasonal Clean-ups  
Senior Discount

**(916) 601-1030**

## YOUR AD SHOULD BE HERE!

Call today!  
Your services  
are needed.  
Your ad should be here.  
Ad design is free.  
Call 429-9901

*Arden Carmichael News*  
Home Improvement Guide call Melissa  
at 429-9901 to advertise your service

# Your Home Improvement Guide

Call a sales representative today for great advertising rates: 429-9901

*Arden Carmichael News*

## Home Improvement Guide

call Melissa at 429-9901 to advertise your service

### HANDYMAN

#### FALL SPECIALS!/Yard Makeovers

- RAIN GUTTER CLEANING
- ROTOTILLING/& SOD PLACEMENT
- CONCRETE REMOVAL
- YARD CLEAN-UP/HAULING
- PRESSURE WASHING

Call LESTER  
(916) 838-1247  
Lic#128758/Ref

Pressure wash your driveways clean! your decks, too!  
Clean out your garage! Replace that old lawn!

Hard work ---not a problem!  
SPECIALS FOR SENIORS/\*SERVING THE AREA FOR OVER 10 YRS\*



### HANDYMAN

#### FREEDOM HANDYMAN SERVICES

Free up your time from those pesky unwanted jobs!  
I specialize in all areas of Home Improvement!  
-Plumbing - Carpentry - Electrical  
- Yard Care - Hauling - Sprinklers  
Quality work the first time, Guaranteed!  
NO JOB TOO SMALL!  
Call Eric  
(916) 470-3488  
Licensed and Insured #152902

### HEATING/AIR CONDITIONING

#### BONNEY PLUMBING, HEATING, AIR & ROOTER SERVICE

- Heating & Cooling Service/Repairs
- New Installs & Existing Replacements
- Maintenance Programs/Agreements

DON'T BE CAUGHT IN THE COLD!  
Season Special  
Heating System tune-up \$85

CALL 444-0551

- Service on All Brands
- High Efficiency Air Filters
- Freon Leak Detection

FREE ESTIMATES / ALL WORK GUARANTEED / SENIOR DISCOUNTS / LIC # 696355

### LANDSCAPING

#### Terra Bella

#### Gardening Maintenance

"Not your typical mow, blow & go company!"

- Full yard maintenance
- One time clean-up
- Sprinkler repair

Call Randy (916) 454-3430 or 802-9897

www.terrabellagarden.com  
Lic# 152584

### YOUR AD SHOULD BE HERE!

Call today!

Your services are needed.

Your ad should be here.

Ad design is free.

Call 429-9901

### PAINTING

Mom Says...

"Times Are Tough - Lower Your Prices!"



OK Mom... Here We Go...

Call Now for Competitive Prices on  
Interior • Exterior  
Quality Residential Painting  
Top of the Line Materials

Jett Painting  
Quality Residential Painting



916-683-1957

916-947-5387

Bonded • Lic# 525750

### YOUR AD SHOULD BE HERE!

Call today!

Your services are needed.

Your ad should be here.

Ad design is free.

Call 429-9901

### YOUR AD SHOULD BE HERE!

Call Melissa today!

Your ad should be here.  
Ad design is free.

Call (916) 429-9901

### PAINTING

#### Dynamic Painting D

Interior • Exterior • Residential • Commercial  
Licensed • Bonded • Insured • Accept MC & Visa  
FREE Estimates - References

10% Discount

Any Interior or Exterior Paint Job

Manny Fonseca • (916) 665-2671

DynamicPaintingofSacramento.com

Lic# 550940

### PAINTING

#### GARY'S PAINTING

CUSTOM RESIDENTIAL  
INTERIOR & EXTERIOR OVER 20  
YEARS EXPERIENCE WITH PRIDE  
EXCELLENT REFERENCES

725-8781

Contractors Lic. # 734323  
McClatchy '67

### PLUMBING

#### BONNEY PLUMBING, HEATING, AIR & ROOTER SERVICE

WE CHARGE BY THE JOB...  
SO YOU KNOW THE COST  
BEFORE WE START!  
CALL 444-0551

- Toilet, faucet, sink & disposal repairs
- Sewer & Drain Cleaning
- Installation of new plumbing fixtures
- Water & gas line repair
- Trenchless sewer replacement
- Water heaters

FREE ESTIMATES / ALL WORK GUARANTEED / SENIOR DISCOUNTS / LIC # 696355

### PLUMBING

#### ROONEY'S PLUMBING

FULL SERVICE PLUMBING

456-7777

rooneysplumbing.com

License #683668

### ROOFING

#### HOPKINS ROOFING

33 years experience

Specializing in all types of  
roofing & repairs

24-hour call

(916) 731-7073

License #667013

### YOUR AD SHOULD BE HERE!

Call today!

Your services are needed.

Your ad should be here.

Ad design is free.

Call 429-9901

**YOUR SERVICES ARE NEEDED**

**CALL 429-9901 TODAY TO PLACE YOUR AD**

# CALENDAR

For more Calendar entries visit  
www.valcomnews.com

Send your event announcement for consideration to: [susan@valcomnews.com](mailto:susan@valcomnews.com) at least two weeks prior to publication.

## NOVEMBER

### 'Wayne Thiebaud: Homecoming'

Through Nov. 28: Exhibit of Sacramento's most famous artist, Wayne Thiebaud, as he begins his 90th year. Crocker Art Museum, 216 O St., Sac. (916) 808-7000, www.crockerartmuseum.com

### Beginning bridge lessons

Through Dec. 7: Learn party bridge procedures with the Greenhaven Community Bridge Group. Lessons on evaluating hands, bidding, card play and coaching, keeping score, partner support strategies. Become more comfortable and confident in playing bridge socially. Meet new people; bring a spouse, friend or neighbor. All are welcome. \$10 for materials. 7 p.m.-9 p.m. Greenhaven Lutheran Fellowship Hall, 475 Florin Rd. (across from Kennedy High School). Dale or Barbara, (916) 424-3925

### 'Tomorrow's Legacies'

Through Jan. 9: "Tomorrow's Legacies: Gifts Celebrating the Next 125

Years." Exhibit celebrating the Crocker Art Museum's 125th anniversary and 125,000 square foot expansion. 216 O St., Sac. (916) 808-7000, www.crockerartmuseum.com.

### 'A Pioneering Collection'

Through Feb. 6: "A Pioneering Collection: Master Drawings from the Crocker Art Museum." The finest early collection of European drawings in the U.S. Works by Dürer, Fra Bartolommeo, van Dyck, Fragonard and Ingres. Crocker Art Museum, 216 O St., Sac. (916) 808-7000, www.crockerartmuseum.com.

### 'The Vase and Beyond'

Through Feb. 6: "The Vase and Beyond: The Sidney Swidler Collection of the Contemporary Vessel." Comprised of some 800 vessels by 300 artists, this collection showcases the wide-ranging, innovative practice of contemporary ceramic artists with a gorgeous array of forms, techniques and glazes. Crocker Art Museum, 216 O St., Sac. (916) 808-7000, www.crockerartmuseum.com

### Tai Chi

Daily, except Sundays: Meditation, breathing, forms and various styles of Tai Chi are taught. No experience necessary. Everyone welcome. Free. 8 a.m.-9 a.m. Reichmuth Park, 6135 Gloria Dr., Sac. (601) 559-5481

## - EVENT LISTING SECTION -

Advertise your craft fairs, holiday bazaars, school fundraises, church events, etc. in your Community Newspapers. Call (916) 429-9901 for rates.

**Perfect Holiday Gift for the Reader**  
The Pocket-Greenhaven Friends of the Library will be selling bookplates. For \$25, you can have a bookplate placed in the library book of your choice. Everyone who checks out that book will know you are a supporter of reading and the library. 20% discount on all Book Store purchases that day for members with card.  
Saturday, December 11 - 9 a.m. to 5 p.m.  
Robbie Waters Pocket-Greenhaven Library  
7335 Gloria Drive, Sacramento

**Sacramento Children's Chorus**  
Calling all Singers  
Grades 2 - 12 for  
January Auditions  
Questions? Email:  
[info@sacramentochildrenschorus.org](mailto:info@sacramentochildrenschorus.org)  
sacramentochildrenschorus.org  
(916) 454-1141

**Pancake Breakfast  
Santa Claus, & Craft Faire**  
Sunday, December 5th  
9 a.m. to 1 p.m.  
\$5 in advance - \$7 at the door  
For Info contact  
Julie Taylor at 837-3122  
Holy Spirit School  
3920 West Land Park Drive

**Sacramento Children's Chorus  
HOLIDAY CONCERT**  
• 12/4/10 7:30 to 9:30 p.m.  
First Church of the Nazarene  
1820 28th Street  
• 12/5/10 4 to 6 p.m.  
Carmichael 7th Day Adventist Church  
4600 Winding Way  
Purchase tickets online at  
[sacramentochildrenschorus.org](http://sacramentochildrenschorus.org)  
General \$15 - Students \$10

**Sing Joyfully**  
Presented by River City Chorale  
• Friday, December 3 - 7:30 p.m.  
Christ Community Church  
5025 Manzanita, Carmichael  
• Saturday, December 4 - 7:30 p.m.  
Faith Presbyterian Church  
625 Florin Road, Sacramento  
• Sunday, December 5 - 4 p.m.  
Pleasant Grove Community Church  
1730 Pleasant Grove Boulevard, Roseville  
Plus Orchestra & Bel Tempo Handbells  
Tickets by Phone: (916) 331-5810  
Adults \$12 advance, \$15 at door,  
Children \$5 (under 12)

**COME AND JOIN US FOR OUR  
END OF YEAR  
Cornish Christmas Release Party  
At Scribner Bend Vineyards**  
November 28 - 11 a.m. to 5 p.m.  
Enjoy great food, music, wine  
and lots of great items  
you can purchase for the holidays.  
**FREE ADMISSION  
EVERYONE WELCOME**  
Scribner Bend Vineyards  
9051 River Rd. Sacramento, 95832

**"Nutcracker Ballet Performance"**  
Dec. 15 & 16: Ballet performances  
of "Christmas Angels" & "The  
Nutcracker Suite," both choreographed by  
Don Schwennesen & coached by  
the esteemed faculty members of the  
Crockett-Deane Ballet Co. &  
the Deane Dance Center. Admission:  
Adults \$15, Seniors/Students \$12,  
Children \$10. Hiram Johnson High  
School Auditorium, 6879 14th  
Ave., Sacramento (916) 453-0226;  
[deanedancecenter.com](http://deanedancecenter.com)

**CALL AND PLACE  
YOUR EVENT TODAY!  
Call (916) 429-9901**

# CLASSIFIED ADS

Call a sales representative today for great advertising rates: 429-9901

**BOOKKEEPING**  
#1 BOOKKEEPER  
26 yrs. exp. in industries like Auto, Mechanics, Restaurants, Caterers, Massage, Doctors, Chiropractors, Non-profit, Retail, Martial Arts, Barber, Construction, Wholesale, Investment Clubs, Corp, Partnerships, Sm Business. We are experts in General Ledger, Payroll, Profit & Loss & Quarterlies. Call for yr specialized appt. Ask for Irene Senst (916) 640-3820. [www.taxirene.info](http://www.taxirene.info)

**BUSINESS OPPORTUNITY**  
**MEN & WOMEN ALL AGES**  
Men & women all ages - earn up to \$500 daily, part time. Hottest money making opportunity in America. For information call 1 800 507-7222 Promo #CL29554.

**COMPUTERS**  
**GOT COMPUTER PROBLEMS?**  
Pocket Computer Technician. I do on-site visits in the Pocket area. \$35/hr. Outside the Pocket area, travel charge will apply. Problem not fixed? No pay! Free estimates/consultation. Call cell# 296-7161

**Sell it fast in the classified ads:  
autos, furniture, misc., rentals,  
services.  
Call 429-9901**

**HANDYMAN**  
**YARD MAKE-OVERS**  
EMERGENCY SERVICES, too! Sod, sprinklers, hauling, concrete removal (Patio, borders, etc.), gutters cleaned, pressure washing, painting, tree & shrub removal, clean-up, general labor, fence repairs, planting, light tree trimming, odd jobs & more. LICENSED. References available. Call Les at 838-1247. Ask about the specials for seniors.

**HANDYMAN SERVICES**  
No job too small. Make your "to-do" list and give me a call. Electrical, Plumbing, Tile, Sheetrock, Plaster, Stucco, Repairs and Remodeling, you name it! Lic# 908942. Call Steven at 230-2114.

**PET PORTRAITS**  
**ORIGINAL PET PORTRAITS**  
Original Pet Portraiture. Realistic paintings of beloved pets. Perfect gift for animal-lovers! Reasonable prices. Submit photograph - turn around 7-10 days. Email [melissa@melissaandrews.com](mailto:melissa@melissaandrews.com) or call 447-4441.

  
**Sell your car fast in  
the classifieds!**

**PUPPIES FOR SALE**  
**CAVALIER KING CHARLES**  
Cavalier King Charles spaniel puppies, tri-color, DOB 8/15/10, potty trained, happy & healthy. Already had first shots. [www.cavalierpuppylove.com](http://www.cavalierpuppylove.com) 916 752-8765.

**TAX PREPARER**  
#1 TAX PREPARER  
26 yrs. exp. We specialize in Business Tax returns including Corp & Partnerships. We prepare expertly all past tax returns including all State returns. Get the most deductions allowed to you by law. CTEC Registered & Bonded. Please call for yr appt. today. Irene Senst (916) 640-3820. [www.taxirene.info](http://www.taxirene.info)

**HOME IMPROVEMENT**  
**Need Home Improvement?  
Check out the  
Home Improvement Guide  
in the  
Arden Carmichael News.  
For Melissa for  
Home Improvement  
ad rates, call 429-9901.**

  
**Offered at \$322,000  
2644 17th Street - 95818**  
Old Land Park, 1700+ sq ft, 3 bdrms, 1 ba, Living rm w/fireplc, din rm, new roof/new paint, Cent H&A, partial basement, low maintenance "patio" backyard, clean inside & out, quiet neighborhood.  
Jeri Hromada  
916.761.6734  
[www.jerihromada.com](http://www.jerihromada.com)  
DRE# 01324435

Place your ad today! Call Melissa 429-9901

**CASH TO YOU!**  
Paying TEN TIMES  
face value for pre-1965  
USA silver coins!  
Call Jim (916) 852-6326

**CALIFORNIA KIDS!**  
Advertise in California Kids!  
Family Fun Guide!!!  
Serving Greater Sacramento,  
For more information, call Marc  
at (916) 429-9901  
Published by Valley Community Newspapers, Inc.

Call Melissa at 429-9901 for advertising information

**Dinosaur days**

Nov. 26-28: Prehistoric fun, dino specimens, crafts, more. Appropriate for kids ages 4-12, families. Admission \$4-\$6. 12:30 p.m.-4 p.m. Discovery Museum Science & Space Center, 3615 Auburn Blvd., Sac. (916) 808-3942 www.thediscovery.org

**Free admission day**

Nov. 26: Bring a donation of canned or packaged goods to benefit the Sacramento Food Bank & Family Services' Holiday Spirit of Giving Food Drive in exchange for free admission to Fairytale Town. 10 a.m.-4 p.m. Fairytale Town, 3901 Land Park Dr., Sac. (916) 808-7462 www.fairytaletown.org

**Rotary Club of Point West**

Nov. 26, Dec. 3, 10, 17, Jan. 7, 14, 21, 28: Hear guest speakers address local, regional and international topics. Visitors welcome. 7 a.m., every Fri. Red Lion Inn, 1401 Arden Wy., Sac. www.pointwestrotary.com

**Soroptimists of Sacramento**

Nov. 26, Dec. 3, 10, 17, Jan. 7, 14, 21, 28: Soroptimist International of Sacramento South, a service club for business and professional women, meets Fridays. 11:15 a.m.-12:45 p.m. Casa Garden Restaurant, 2760 Sutterville Rd., Sac. Barbara McDonald, (916) 363-6927

**Alternative Christmas Gift Market**

Nov. 28: Featuring handmade items from around the world including jewelry from Kenya, unique crosses, greeting cards, etc. Homemade goodies will be offered. 11 a.m., Northminster Presbyterian Church, 3235 Pope Ave., Sac., (916) 487-5192

**Banned Book Club**

Nov. 28: "Lady Chatterley's Lover" by D.H. Lawrence will be discussed. All adults welcome to discuss why this book has been banned, why and the merits/demerits of the book. 10 a.m. Carmichael Public Library, 5605 Marconi Ave., Carmichael. (916) 264-2920 www.saclibrary.org

**Co-Dependents Anonymous**

Nov. 28, Dec. 5, 12, 19, Jan. 2, 9, 16, 23, 30: 12-Step group for those who struggle to maintain healthy relationships. Meets Sundays. 2 p.m. Heritage Oaks Hospital, 4300 Auburn Blvd., Rm.101, Sac (866) 794-9993.

**Co-Dependents Anonymous**

Nov. 29, Dec. 6, 13, 20, 27: 12-Step group for those who struggle to maintain healthy relationships. Meets Mondays. 7:30 p.m. Friends Community Church Fireside Room, 4001 E St., Sac. (866) 794-9993.

**Community Sunday breakfast**

Nov. 28, Dec. 5, 12, 19, Jan. 2, 9, 16, 23, 30: Enjoy a delicious breakfast of eggs Benedict, corned beef hash, Joe's scramble, pancakes and more. 8:30 a.m.-11 a.m. every Sun. \$9. Elks Lodge No. 6, 6446 Riverside Blvd. (at Florin Rd.), Sac. Proceeds benefit student scholarships. www.elks6.com

**Hatha yoga**

Nov. 29, Dec. 6, 13, 20, 27: Align the body through breathing techniques, postures and deep relaxation. 3 p.m.-4 p.m. Hart Senior Center, 915 27th St., Sac. (916)808-5462. Meets every Mon. Repeats Wed., Fri.

**Jesuit Christmas Tree Lane**

Nov. 29, 30: Come join us for the 54th Annual Christmas Tree Lane to benefit Jesuit High School. Admission free to shop the holiday lane with unique gifts and gourmet foods on Mon. 5 p.m.-10 p.m. and Tues. 8 a.m.-3 p.m. Reservations required for fashion shows: Mon. gala dinner \$100; Tues. breakfast \$50, and luncheon \$60. Radisson Hotel, 500 Leisure Lane, Sac., (916) 204-9282 or www.jhssac.org/ctl

**Rotary Club of South Sacramento**

Nov. 29, Dec. 6, 13, 20, 27: Hear guest speakers address local, regional and international topics. Visitors welcome. 11:30 a.m., every Mon. Casa Garden Restaurant, 2760 Sutterville Rd., Sac. www.rotary.org.

**Tai Chi & Chi Keung**

Nov. 29, Dec. 6, 13, 20, 27: Chinese exercise combines specific movements and relaxation. 1:30 to 2:30 p.m., Hart Senior Center, 915 27th St., Sac. Meets every Mon. (916) 808-5462

**Toastmasters**

Nov. 29, Dec. 6, 13, 20, 27: Have fun while improving speaking & leadership skills. Klassy Talkers Toastmasters. 7 p.m.-8:30 p.m. Mondays. Executive Airport, 6151 Freeport Blvd., Sac. Jan (916) 284-4236, www.sacramentotoastmasters.com

**Basic English language class**

Nov. 30, Dec. 7, 14: Non-native English speakers can improve English language proficiency. Free. Every Tues. Practice reading, writing, listening and speaking English with others in the class. Through Dec. 14. 6 p.m.-8 p.m. Belle Cooleedge Library, 5600 South Land Park Dr., Sac. (916) 264-2920 www.saclibrary.org

**Big Band Dance**

Nov. 30, Dec. 2, 7, 9, 14, 16, 21, 23, 28, 30: Dance to the rhythms of the Big Band era. Every Tues. & Fri. \$5 admission. 1:15 p.m.-3:45 p.m. Mission Oaks Community Center, 4701 Gibbons Dr., Carmichael. (916) 972-0336

**Rotary Club of Arden-Arcade**

Nov. 30, Dec. 7, 14, 21, 28: Hear guest speakers address local, regional and international topics. Visitors welcome. 12 noon, every Tues. Jackson Catering and Events, 1120 Fulton Ave., Sac. (916) 925-2787, www.ardenarcaderotary.org

**Rotary Club of Carmichael**

Nov. 30, Dec. 7, 14, 21, 28: Hear guest speakers address local, regional and international topics. Visitors welcome. 6 p.m., every Tues Palm Street Pub & Grill, 6416 Fair Oaks Blvd., Carmichael. www.rotary.org

**DECEMBER**

**Scam-free holidays**

Dec. 1: "Have a Safe and Scam-free Holiday." Learn valuable tips and hints about protecting yourself from rip-offs from Dept. of Consumer Affairs information experts. Sponsored by Take Charge California @ Your Library. Free. 12 noon. West Meeting Room, Central Library, 828 I St., Sac. (916) 264-2920

**Senior Wednesday Club**

Dec. 1, 8, 15, 22, 29: The Senior Wednesday Club meets to chat, play bridge, pinochle or bingo. Free. Bring a brown-bag lunch. Free coffee, tea and dessert. Meets Wednesdays. 10 a.m. to 2:30 p.m., Mission Oaks Community Building, 4701 Gibbons Dr., Carmichael. Judi (916) 247-6020

**Tea and Talk Book Club**

Dec. 1: Adults, bring a tea cup, sip tea and discuss this month's featured book, "Olive Kitteridge" by Elizabeth Strout. Free. 10 a.m. Belle Cooleedge Library, 5600 South Land Park Dr., Sac. (916) 264-2920, www.saclibrary.org

**Toastmasters**

Dec. 1, 8, 15, 22, 29: All area business people invited to hone their speaking skills. Noon-1:15 p.m., every Wed. River City Speakers Toastmasters Club, Cocco's Restaurant, 1830 Arden Way, Sac. (916) 747-8282

**Arts lunch & learn**

Dec. 2: Join other art lovers for an in-depth 30 minute talk about one or two works of art on view. This discussion will focus on the *bis* poles by the Asmat of New Guinea. Free with museum admission. Crocker Art Museum, 216 O St., Sac. (916) 808-7000, www.crockerartmuseum.com

See more Calendar, page 22

**ARDEN • PLAZA • SHOE and REPAIR**  
 See our NEW Winter Styles! Sale - Fall Closeouts - Great Holiday Gifts.

Tired feet? Heel pain? Plantar Fasciitis?  
**Don't live with pain!**

"Northwest Slip-On"  
 "Nubuck"  
 "Portland"

• "Drew" • Duck Head • P.G. Lite • Soft Walk  
 • Fly Flot • Orthaheel • Algeria  
 • La Plume • Springstep • Kumfs

**10% OFF**  
 any services or purchase  
 with this ad, not valid with any other offers

4369 Arden Way (at Eastern Avenue)  
 In the Whole Foods Shopping Center  
**489-0454**

**HOLIDAY MAGIC** December 10 through January 3

**Second Saturday Reception**  
 December 11th, 2010 • 5-9 pm

Music, refreshments, exclusive & original art

**Chroma Gallery**  
 10030 Fair Oaks Blvd., Fair Oaks Village  
 (916) 966-6020  
 www.thechromagallery.com

*Icy Stream at Sunset*  
 by Vicki Foote

**Holiday Art Show & Holiday Craft Fair**  
 with Second Saturday Event

**Holiday Art Show**, November 23 - December 18  
**Holiday Craft Fair**, December 11-18  
 Open extended hours, 11am-7pm daily  
**Special Second Saturday Reception**,  
 December 11, 5:30-8:30pm

*"Approaching Storm" by Carol Ross*

**Sacramento Fine Arts Center**, 5530B Gibbons Drive, Carmichael  
 Hours: Tuesday, 11am-7pm, Wednesday-Saturday, 11am-3pm  
 www.sacfinearts.org

sacramento Ballet

**THE NUTCRACKER**

COMMUNITY CENTER THEATER • DECEMBER 10 - 23  
 ALL PERFORMANCES ACCOMPANIED BY THE SACRAMENTO PHILHARMONIC ORCHESTRA

FOR TICKETS:  
 CALL: **916-808-5181**  
 (M-Sat, 10am - 6pm)  
 sacballet.org/tickets

THE NUTCRACKER IS SPONSORED BY: **Raley's**  
 Family of Fine Stores

**ADMIT ONE**

Del Camino Theatre Groups 31st Annual  
**NEW YORK THEATRE TRIP**  
 January 4, 2011 - January 10, 2011 (5 days, 6 nights)  
 RT Sacramento - New York

**5 NEW YORK SHOWS:**  
 Billy Elliot • Opera at the Met • La Traviata  
 • A Life in the Theater (with Patrick Stewart)  
 • A Free Man of Color (A new musical just opening at Lincoln Center) • One Off-Broadway Production

**Tours:** Walking Tour of the Theater District  
 • Lower East Side Tenement Museum • The J.P. Morgan Library  
 • The Museum of Finance • Harbor Boat Tour of Manhattan  
 • Metropolitan Museum of Art

**For details, please call tour director (916) 447-9236**

**"Holiday Show of Hands"**  
**CRAFT FAIR**  
 Over 150 Crafters

**Friday, Dec. 3** 5 - 9pm (\$3 at door)  
**Saturday, Dec. 4** 9am - 7pm (Free)  
**Sunday, Dec. 5** 9am - 3pm (Free)

- Unique, hand-crafted gifts
- Silent auction
- Hot lunch
- Shuttle service from Elks Club

**St. John the Evangelist School**  
 5701 Locust Avenue  
 Carmichael

# CALENDAR

For more Calendar entries visit  
www.valcomnews.com

## 'Christmas Memories' musical lunch

**Dec. 2-3:** Back by popular demand, the VoCALs' musical presentation of "Christmas Memories" at 11:15 a.m. and 1:15 p.m. seatings at Casa Garden Restaurant, 2760 Sutterville Rd., Sac. Entrée choices: Roast Chicken Breast with Apricot Wild Rice or Greek Salad with Shrimp; dessert Chocolate Lover's Cheesecake. \$20/person. First come, first served group reservations by one person, one check. Reservations a must. Proceeds benefit the Sacramento Children's Home. (916) 452-2809

## Cleophas and His Own

**Dec. 2:** Film Frame: "Cleophas and His Own - A North Atlantic Tragedy." While living with a Nova Scotia family in the mid-1930's, American painter and poet Marsden Hartley suffered a great personal loss that would affect his painting for the last seven years of his life. This is Hartley's story in his own words - a story of love, secret devotion and sexual passion. Intro & discussion with film director Michael Maglaras. Reservations required. 5:30 p.m. Purchase tickets at crockerartmuseum.org or the Admission Desk. \$6 for members; \$10 for nonmembers; \$12 for nonmembers including Museum admission. Crocker Art Museum, 216 O St., Sac. (916) 808-7000

## Disabled American Veterans

**Dec. 2:** Ray Clark Chapter No. 35 of the Disabled American Veterans. First Thursdays, 7 p.m., Veterans' Memorial Building, Carmichael Park, 5750 Grant Ave., (corner Fair Oaks Blvd. & Sue Palm Dr). All disabled veterans invited to attend. (916) 635-7608

## Food Addicts Anonymous

**Dec. 2, 9, 16, 23, 30:** 12-Step group for those who struggle with obesity, food obsession or eating disorders. Meets Thursdays. 9 a.m. St. Andrews United Methodist Church, 6201 Spruce Ave., Sac. (800) 600-6028.

## Rotary Club of East Sacramento

**Dec. 2, 9, 16, 23, 30:** Hear guest speakers address local, regional and international topics. Visitors welcome. 12:15 p.m.-1:15 p.m., every Thurs. Salvation Army Dining Hall, 2550 Alhambra Blvd., Sac. www.rotary.org

## Rotary Club of Pocket/Greenhaven

**Dec. 2, 9, 16, 23, 30:** Hear guest speakers address local, regional and international topics. Visitors welcome. 7:30 a.m., every Thurs. Aviators Restaurant, 6151 Freeport Blvd., Sac. Kelly Byam (916) 684-6854.

## Sutterville Heights Optimist Club

**Dec. 2, 9, 16, 23, 30:** Come enjoy community speakers and community projects for youth. 12 noon., every Thurs. Aviators Restaurant, 6151 Freeport Blvd., Sac. Cliff (916) 427-2698 or Mary-Jo at (916) 691-3059.

## Teen Advisory Board meeting

**Dec. 2:** TAB is all about teens creating their own service projects - whether that means organizing fun programs for teens or other community outreach programs. 10 a.m.-11 a.m. Robbie Waters Pocket-Greenhaven Public Library, 7335 Gloria Dr., Sac. (916) 264-2700 www.saclibrary.org

## Toastmasters

**Dec. 2, 9, 16, 23, 30:** Improve your language skills and lose fear of speaking in front of people with Toastmaster club Los Oradores. Una oportunidad unica para mejorar sus habilidades bilingues y superar el temor de hablar delante de gente con nuestro club Los Oradores de la organizacion de Toastmasters. Thursdays/Jueves, 6:45 p.m. 2118 K St., Sac. Teri Bullington (916) 723-6232, teri.bullington@gmail.com, www.sacramentotoastmasters.com

## River City Chorale Christmas Concert

**Dec. 3:** The 60-voice River City Chorale, chamber choir, and orchestra, and Bel Tempo Handbells will perform festive holiday music. 7:30 p.m. Advance tickets \$12 adults (\$15 at door), \$5 children under age 12. Christ Community Church, 5025 Manzanita Ave., Carmichael. (916) 331-5810

## Advent Craft Faire

**Dec. 4:** Come join in for a fun day of making crafts. There will be a variety of "make and take" crafts including charm bracelets, gift tags, Christmas ornaments, floral arrangements, decorating a Christmas house, etc. There is something for everyone. Bring the whole family! Enjoy a light lunch served around noon. Admission free. 10 a.m.-2 p.m., Northminster Presbyterian Church, 3235 Pope Avenue, Sac. (916) 487-5192

## Arts Q&A

**Dec. 4-5, 11-12, 18-19:** Join other art lovers and discover the essence of the art on view in tours that emphasize looking, conversation and group interaction. Free with Museum admission. 11 a.m. and 1 p.m. Crocker Art Museum, 216 O St., Sac. (916) 808-7000, www.crockerartmuseum.com

## Bariatric Surgery Informational Seminar

**Dec. 4:** Learn all about what bariatric surgery is and is not. 10 a.m.-12 p.m. Bruceville Terrace Multipurpose Room, 8151 Bruceville Rd., Sac. Rondi Crowley (916) 423.5909.

## Christmas Tree Lighting

**Dec. 4:** Come enjoy coffee, cookies, cocoa, the Children's Chorus, Christmas tree raffle, music & other entertainment and meet Santa himself. Free event. 5 p.m.-6:30 p.m. Bring a new, unwrapped toy for a child between the ages of 0 and 16 for the Sac Co. Sheriff's Dept. Toy Project. All gifts will be given to kids in the Arden-Arcade area. Fulton Avenue Association, Tognotti's Auto World, 2509 Fulton Ave., Sac. www.fultonavenue.com

## Day of Percussion

**Dec. 4:** Sac State hosts the Northern Calif. Day of Percussion. Guest artists include Anthony Cirone, Kevin Murray and percussion groups from Sac State and Fresno State. Free admission during the day., Evening admission for concert with Hands On'Semble is \$5 students & seniors, \$8 general. 10 a.m. Capistrano Hall, Sac State Campus, 6000 J St., Sac. (916) 278-7988

## Food Addicts Anonymous

**Dec. 4, 11, 18, Jan. 8, 15, 22, 29:** 12-Step group for those who struggle with obesity, food obsession or eating disorders. Meets Saturdays. 8 a.m. Mercy General Hospital North Auditorium, 4001 J St., Sac. (800) 600-6028.

## Jensen Garden workday

**Dec. 4:** The Friends of the Jensen Botanical Garden will hold its next workday to keep the garden beautiful. Bring work gloves, hand pruners and your lunch. All welcome. Free. 9 a.m.-1 p.m. Jensen Garden, 8520 Fair Oaks Blvd., Carmichael. Tracy Kerth (916) 485-5322 x23, tracy@carmichaelpark.com

## River City Chorale Christmas Concert

**Dec. 4:** The 60-voice River City Chorale, chamber choir, and orchestra, and Bel Tempo Handbells will perform festive holiday music. 7:30 p.m. Advance tickets \$12 adults (\$15 at door), \$5 children under age 12. Faith Presbyterian Church, 625 Florin Rd., Sac. (916) 331-5810

## SAT Test

**Dec. 4:** The SAT college entrance exam will be administered. Visit www.collegeboard.com to register and for locations near you.

## River City Chorale Christmas Concert

**Dec. 5:** The 60-voice River City Chorale, chamber choir, and orchestra, and Bel Tempo Handbells will perform festive holiday music. 4 p.m. Advance tickets \$12 adults (\$15 at door), \$5 children under age 12. Pleasant Grove Community Church, 1730 Pleasant Grove Blvd., Roseville. (916) 331-5810

## Pet foto fun with Santa

**Dec. 5:** Enjoy an afternoon of free holiday photo fun with Santa and your furry family members. Pet parents welcome in photo, by photographer Hope Harris. Warm beverages, pet treats, human treats, too. Donations will benefit a favorite Midtown animal charity: the United Animal Nations (www.uan.org). 1 p.m.-4 p.m. Tres Chic Boutique, 2228 J St., Sac. (916) 444-3668 www.femininefrocks.com

## History book club

**Dec. 7:** The Carmichael Library History Book Club mixes fact and fiction for a clearer picture of world history. This month's book is "The Bridges of Toko-ri" by James Michener. Bring a snack to share. First Tuesdays, 6:30 p.m. Carmichael Library, 5605 Marconi Ave., Carmichael. (916) 264-2920, www.saclibrary.org

## Referrals Plus

**Dec. 8:** Women in business helping each other in our businesses. 12:15 p.m.-1:30 p.m., second Wednesdays. Primrose Sacramento, 7707 Rush River Dr., Sac. Kollen Powers (916) 691-3085, www.referralsplus.org

## Art Mix: Art in the Dark

**Dec. 9:** Explore the darker side of the season with art events throughout the Crocker inspired by the use of light and shadow in the master drawings exhibition *A Pioneering Collection*. Enjoy beats by DJ Rated R, contemporary dance from CORE Dance Collective, life drawing with models, spotlight talks, and a screening of the 1964 vampire classic, *The Last Man on Earth*, presented by Movies on a Big Screen. Free with Museum admission. 5 p.m.-9 p.m. Crocker Art Museum, 216 O St., Sac. (916) 808-7000, www.crockerartmuseum.com

## Sacramento Walking Sticks

**Dec. 9:** The nation's largest American Volkssport Assn.-affiliated walking club. Meets second Thursdays, 7 p.m. SMUD Customer Service Center, Forestview 1 meeting room, 6301 S St., Sac. Refreshments served. If you'd like to walk three miles before the meeting, meet at 5 p.m. in front of the SMUD Customer Service Center building. Bring money for dinner after the walk. Gale at 364-5063 or www.SacramentoWalkingSticks.org

## The Story Factory

**Dec. 9:** Does your child have a story to tell? At this workshop they will get a chance to tell it, illustrate it and bind it into a book of their creation. Pre-registration required to attend. 4 p.m.-5:30 p.m. Robbie Waters Pocket-Greenhaven Public Library, 7335 Gloria Dr., Sac. (916) 264-2700 www.saclibrary.org

## Kiwanis Club of East Sacramento-Midtown

**Dec. 10, 17, Jan. 7, 14, 21, 28:** Come listen to an interesting guest speaker weekly; community service, serving the children of the world. Visitors welcome, first breakfast "on us." 7 a.m. - 8 a.m. Fridays. 2875 50th St., UC Davis Med. Ctr., Sac. (916) 761-2124 www.eastsacmidtownkiwanis.com

## Sudoku answers

Continued from page 5

8	4	6	9	5	3	2	1	7
9	2	3	1	4	7	5	8	6
7	5	1	2	8	6	9	3	4
4	8	2	7	3	5	6	9	1
3	1	7	6	9	8	4	2	5
5	6	9	4	1	2	8	7	3
1	3	4	5	2	9	7	6	8
6	9	5	8	7	1	3	4	2
2	7	8	3	6	4	1	5	9

## Santa Paws

"For the love of animals"

**Sunday, December 5, 2010**

**1:00 p.m. - 4:00 p.m.**

**Tres Chic Boutique- 2228 J Street Midtown**



Please join us for an afternoon of FREE joyous holiday PHOTO FUN with SANTA and your "other" family members. Please join us to raise needed funds for a favorite Midtown animal charity - United Animal Nations (www.uan.org) also known as the Red Cross for Animals here at home and nationwide.




## 26th Anniversary!

Sacramento State University Department of Music

### A Procession of Carols

Donald Kendrick, Conductor

Get your tickets early for these "standing room only" Sacramento State Christmas performances that have now become a Sacramento tradition.

Saturday, December 4 at 8 PM  
Sunday, December 5 at 2 PM and 7 PM

Sacred Heart Church  
39th & J Street, Sacramento

Tickets: \$10.00 General \$5.00 Students/Seniors

CSUS Ticket Office: (916) 278-4323



## Faces and places Downtown Plaza Ice Rink open

Arden-Carmichael News photos by DANNY KAM

Friday, Nov. 5 marked the grand opening of the 19th annual Downtown Plaza Ice Rink with a ribbon cutting and free admission all day.

The rink is now open daily through Jan. 17. Ice Rink Admission is \$8 for a two-hour skating session. Skate rental is \$2. The ice rink accepts cash only, so come prepared.

The rink is located at St. Rose of Lima Park, 7th and K streets. Regular hours are 12 noon to 8 p.m. Sunday – Thursday, and 10 a.m. to 10 p.m. Friday and Saturday. Holiday hours are 10 a.m. to 10 p.m. Dec. 13–31, 10 a.m. – 6 p.m. Christmas and New Year's eves, Closed Christmas Day, and open New Year's Day from 12 noon to 8 p.m.

For more information call (916) 442-5563 or visit [www.facebook/Downtownsac.org](http://www.facebook/Downtownsac.org).

### Senior Homecare By Angels.

Select Your  
Caregiver.

Experienced Caregivers Thoroughly Screened.  
Providing Peace of Mind to thousands across America  
each and every day!



- Up to 24 Hour Care
- Meal Preparation
- Errands/Shopping
- Hygiene Assistance
- Medication Reminders
- Respite Care for Families
- Low Hourly Rates
- Temporary/Long Term

Free In-Home Assessment  
**916-971-9333**

America's Choice in Homecare.

VisitingAngels.

LIVING ASSISTANCE SERVICES

[www.visitingangels.com/sacramento1](http://www.visitingangels.com/sacramento1)

# DUNNIGAN<sup>®</sup>

## Realtors



### SIERRA OAKS

This home is situated in a prestigious area surrounded by elegant homes in a private cul-de-sac. A spectacular elevation amongst 2 large oak trees. Huge second story Master Suite overlooks living room with 2 story windows. Two additional bedrooms and office downstairs. Swimming pool. Home needs updating. Newer appliances in kitchen. 570 Rodante Way. \$530,000

**JERRY KIRRENE 455-1001**



### MADDOX RANCH

Seller extremely motivated. Move in perfect home with spacious rooms. Kitchen opens to family room with fireplace; master suite features a cozy sitting area with fireplace and opens to lovely garden and spa. Recent improvements: gas heat, dual pane windows, remodeled master bath and kitchen appliances. This home does not back to Arden. See [www.4724OliveOakWay.com](http://www.4724OliveOakWay.com) \$345,000

**CONNIE PEEL 718-9470**



### DETAILS GALORE!

Magnificent French-inspired home w/details galore completely redone in 2001. Luxury features include a wine room, high-end appliances, a hunting/sports storage room, his & hers walk-in closets in the spacious Master Suite, built in bookshelves & bar in the family room & game room w/adjacent bath. 441 Hopkins Rd. \$2,150,000

**GEOFF ZIMMERMAN 425-1955**  
**KELLIE SWAYNE 206-1458**



### CLOSE-IN COUNTRY LIVING

This gracious Tudor has 5 bedrooms, an office, 2 family rooms, 4 car garage, cold wine storage, a vineyard, charming old stables, an orchard, garden area, huge gourmet kitchen and one of the prettiest lots you'll ever see. You get the best of all worlds with this classy family home close to everything but with the feel of living in the country! See [www.1154MariemontAve.com](http://www.1154MariemontAve.com) \$1,650,000

**CARMAH HATCH 765-6210**



### GATED CUSTOM ESTATE

Extraordinary quality. 24' entry, Limestone floors, Security system w/ cameras linked to TVs. Main floor master, bath w/ onyx counters, jetted air tub w/ lighting, heated floor. Granite kitchen w/ 3 dw, high-end appliances, butler's pantry, large built-in banquette, open to family room. Home theater, wine room, wet bar, outdoor kit, 2 patios. Quiet street. See [www.BarberryHome.com](http://www.BarberryHome.com) \$2,100,000

**COLLEEN WIFVAT 719-2324**



### DEL PASO MANOR

Adorable home! You will love the updated kitchen with tile counters, tile floors & stainless appliances, the remodeled bathroom w/tile flooring, large stall shower, & separate tub, the cozy fireplace & more! Amazing back yard w/ 4-year old built-in pool & spa, planter beds & shed. Don't wait! See [www.2508catalinadrive.com](http://www.2508catalinadrive.com) \$199,000

**ERIN ATTARI 342-1372**

### YEAR ROUND STREAM

4 bedroom, 2.5 bath home with **PENDING** kitchen, hardwood floors, 2 fireplaces, newer floor (2007), detached workshop and RV storage. The backyard has a year round stream for a serene, private setting. You'll enjoy living in this beauty - check it out! See [www.3317MccowanWay.com](http://www.3317MccowanWay.com) \$345,000

**CARMAH HATCH 765-6210**

### SPACIOUS ARDEN OAKS

Custom built with LR, FR, DR & huge game room. High beamed ceilings. Sitting room off master w/fireplace. Unbelievable storage and custom cabinets. Four-car tandem garage, guest house w/small kitchen & bath. See [www.3530WindingCreek.com](http://www.3530WindingCreek.com) \$1,099,900

**LEIGH RUTLEDGE 612-6911**  
**BILL HAMBRICK 600-6528**

### WYNDGATE HOME

Beautifully appointed & updated home in gated community. Kitchen redone in 2009. Teak wood & stone flooring. New H/A unit in 2008. Custom closets. Redone stone patios. Pool & Spa resurfaced. 3 Bedrooms and 2 1/2 baths. Many amenities. See [www.432WyndgateRd.com](http://www.432WyndgateRd.com) \$650,000

**PATTY BAETA 806-7761**

### BUILD YOUR DREAM HOME

Build your dream home on this beautiful 10 acre parcel with magnificent hilltop views of the Sierras. Seasonal stream and rock outcroppings make this the perfect spot for your dream home. See [www.DiabloTrail.com](http://www.DiabloTrail.com) \$359,950

**LIBBY NEIL 539-5881**

# DUNNIGAN<sup>®</sup>

## Realtors

2401 American River Drive, Suite 150  
**484-2030**

Visit Our Web Site: [www.dunniganrealtors.com](http://www.dunniganrealtors.com)