

## Plan now to achieve investment goals in the New Year

See page 5

Marty Relles presents  
'Janey Way Memories'  
See page 10

COMMUNITY CALENDAR, PAGE 18 • KNOW YOUR NEIGHBOR, PAGE 12 • FACES AND PLACES, PAGE 19

### Inside This Edition



Kiwaniis Family House provides  
respite for families in crisis  
See page 2



Tree lighting celebration  
in Carmichael Park  
See page 19



# Making Christmas memories

See pages 12, 19

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 D E S I G N

# Kiwanis Family House helps families with children in crisis at UCD, Shriners' hospitals

By SALLY KING  
 Arden-Carmichael News writer

In order to heal, sick children need the comfort of their family.  
 In the past, when a family in crisis came to UC Davis Medical Center, it was very possible for parents and siblings to end up sleeping in their vehicles or in hospital waiting rooms. No one "plans" for an emergency hospital visit – it just happens.

The Kiwanis Family House adjacent to the UC Davis Medical Center was built on that premise.

The facility is sponsored by local Kiwanis clubs, which are in turn, a part of Kiwanis International – a worldwide community service organization.

The mission statement of Kiwanis House declares:

"The Kiwanis Family House is to provide temporary housing and support to families of seriously ill or injured children and adults being treated at UC Davis Medical Center in Sacramento."

Local Kiwanis club volunteers established the facility in July 1984.

Mauda Butte, house director, said Kiwanis House provides overnight accommodations, food and clothing. There are 32 rooms set up in four sections of the building, with eight rooms in each section. In addition, the House has a kitchen and dining area, a laundry room, a counseling and meditation room, a child's game room, two offices with computers and

an outdoor playground area. There are seven R.V. spaces with utility hookups, free long distance telephone service within the United States and access to the Internet and to avoid the \$8 per day hospital parking fee, free shuttle bus transportation.

The Kiwanis Family House is run mostly by volunteers. There are 10 full-time paid staff members to take care of maintenance and housekeeping duties.

The Kiwanis Club, which has fundraisers throughout the year and donates time and money of its own, provides all of the services. Butte said a clothes closet was established because many of the families come with only the clothes on their backs.

"Many times, a child in crisis is flown here and the family does not have time to pack a suitcase," Butte said. "Being able to have a change of clothes and a place to fix a meal is comforting."

Butte said the Kiwanis Family House relies on donations from other Kiwanis clubs and from the public to keep the facility running smoothly. She said there are electricians, contractors and computer technicians that volunteer their time and skills. Students at Sacramento State and Sacramento City College donated the paintings on the walls at the Kiwanis Family House.

There is a \$40 per night room rent fee, but in many cases Kiwanis members pick up the tab. No one is ever turned away because they

See Kiwanis, page 14

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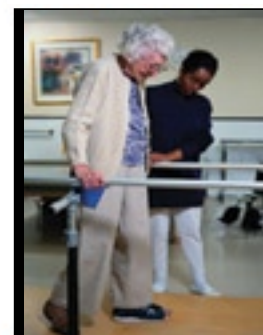
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# Investing in equities and fixed income to help create a balanced portfolio

By KEVIN A. SHIMMEL  
Arden-Carmichael News guest columnist

## Introduction to Asset Allocation

Your investment goals are unique to you. An important step toward achieving your goals is to include the appropriate mix of assets in your portfolio. This mix, known as 'asset allocation' is the balance of equities (stock), bonds (fixed income) and cash (or cash alternatives) within your portfolio. A core objective of asset allocation is to potentially increase the overall return for a given degree of risk, or to reduce the overall risk of a portfolio for a targeted level of return. Although keep in mind asset allocation and diversification do not guarantee a profit, or prevent a loss, in declining financial markets. Before deciding on your asset allocation you should consider your investment goals and your level of risk tolerance.

## Investment Goals, Time Horizon, and Risk Tolerance

Are you looking to generate a predictable stream of income to meet living expenses? Or do you want to generate capital growth? Are you investing for retirement? If so, what is your retirement timeframe (five

years, 10 years, or more)? You should clearly define your investment goals and horizon.

A key to setting investment goals is to balance return expectations with your willingness to accept risk. It is important that you are comfortable with the amount of risk in your portfolio so that you will be able to stick with your investment strategy even through turbulent times.

You should strive to establish realistic expectations and carefully determine the appropriate investment time-frame for an investment plan. You may have multiple goals impacting your investment strategy, and accordingly may have multiple time horizons. Typical goals include payment of college tuition for your children, purchase of a home and retirement, among many others.

## Revisit and Rebalance Your Allocation Regularly

Your investment goals, time horizon, and risk tolerance will evolve over time – your asset allocation should change with them. At the beginning of your career, you may be willing to take on more risk, as you have time on your side to recoup losses. You and your Financial Advisor may determine that it is appropriate to include a relative-

ly high allocation to equities at this stage, as well as fixed income instruments which focus on capturing high yields.

As you accumulate wealth, your needs may expand to include the purchase of property, the cost of education and impending retirement. You and your Financial Advisor may determine that you should reduce your exposure to riskier equity investments and increase your allocation to more highly rated fixed income securities.

Near the end of your career, you may have a much lower tolerance for risk as you look toward retirement and spending some of the wealth you have accumulated. Your focus may shift to income generation and principal protection at this stage, and you and your Financial Advisor may transition your allocation toward high quality fixed income instruments and away from more volatile securities.

Equally important is regular rebalancing of your portfolio to maintain your target allocation. As markets change and different assets appreciate and depreciate differently, the relative weightings of each sector, geographic region, and asset class in your portfolio will change.

In order to keep your asset allocation in line with your long-term strategy, it is important to revisit and rebalance your portfolio regularly. However, a rebalancing strategy may create tax implications, therefore, please consult your tax advisor before implementing such a strategy.

## Investment Strategy

The key to building a diversified portfolio is to make sure that your investment decisions are consistent with your financial objectives and long-term plans. By taking the time to understand your investment objectives and style, as well as the investment choices available, you can develop an asset allocation strategy that is right for you. Your Morgan Stanley Smith Barney Financial Advisor is available to review your financial goals and level of risk tolerance with you, and to help you build a balanced and diversified portfolio.

*Kevin Shimmel, CFP®, ChFC®, CRPC®, is a financial advisor and planning specialist. He is an associate vice president with Morgan Stanley Smith Barney. He can be contacted at (916) 567-2061 or (800) 284-1575.*



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# Three Stages' regional arts complex set to open

By MARC MALONEY  
Arden-Carmichael News writer

The stage —make that *stages*—are set for the opening next spring of a new 80,000-square foot regional arts complex on the campus of Folsom Lake College that promises to bring national and international acts, local performers, and student-created works of art together in one state-of-the-art venue overlooking the Sacramento Valley. Three Stages promises to be a jewel in the crown of the Los Rios Community College District.

The \$50 million center, funded primarily by a combination of a State Educational Facilities General Obligation Bond, Local Measure A Bond, and private donations to the Folsom Lake College Foundation, includes three theaters, an art gallery, educational facilities, faculty offices, and much more.

David Pier, the center's executive director, said the facility's design, in the curvilinear lines of its lobby, reflects the diverse feel of Folsom Lake College's modern campus.

"The lobby is a conflux of many different design elements coming together," Pier wrote in an email. "A large curved wall with a beautiful wood finish echoes the

arcs and radiuses (sic.) that are common design elements throughout the campus. As in other buildings on campus, a slate wall with stone tiles from quarries in northern India cuts through the lobby. Bricks that make up the campus side of the facility come into the lobby around one of the theaters, bringing the outside in."

The facility was designed by LPAS, a Sacramento-based architectural firm, in conjunction with Shalleck Collaborative, a theater consultant out of San Francisco that provided guidance on the performance spaces. Another local firm, Kitchell CEM, acted as construction manager, overseeing the work of 17 primary contractors and more than 50 specialized companies.

Construction began in summer 2008, and the project was completed on time and on budget, despite it occurring during a recession. Pier believes the project's timing proved favorable.

"Building during this period of a down economy has benefited this project, allowing more to be built within the project's budget than might otherwise have been the case," he reasoned. "At the same time, construction of the facility has had a strong posi-



Arden-Carmichael News photo, Tom Paniagua

The Los Rios Community College District's latest facility, Three Stages at Folsom Lake College, benefited from construction during a down economy. The district was able to build more within the project's budget than might otherwise have been the case.

itive effect on the local economy, keeping all of these firms busy building this amazing community asset."

## Stage One

As its name "Three Stages" indicates, the arts center includes three very different performance spaces. Stage One is an 850-seat theater with a 46-foot long proscenium, a full stage house, and an orchestra pit. It will accommodate performers from across the artistic spectrum, from Broadway touring shows to symphonies to modern dance performances. Its design is modeled on one

of the world's most famous and venerable theaters.

"This theater-in-the-round setting is reminiscent of the Globe Theatre in England," said David Webb, marketing consultant for Three Stages, referring to the theater of Shakespeare's London, built in 1599. The similarity, he said, is intentional, given Folsom Lake College's participation in a program that allows instructors to visit England and the Globe Theatre.

Stage One's interior features include the use of comfortable blue cloth seats and warm wooden accents, giving the auditorium an inviting

feeling absent in more sterile-feeling performing arts centers.

"A Venetian plaster was used on the interior walls, together with large wood finished surfaces and curtains which can be drawn to adjust the acoustics of the theater," Pier noted. "The carpeting and upholstery on the seats help to give the space a warm sensibility. The balcony and its box seats wrap around the theater, similar to the Globe Theatre, emphasizing the intimacy of the venue."

Stage One also boasts excellent acoustics and sightlines for audience members.

"This hall can do all of the things the Mondavi Center (at UC Davis) can do, and it seats half the number of people," marveled Webb, who was the Mondavi Center's first marketing director.

Stage One's first season highlights include the national tour of "A Chorus Line," the Joffrey Ballet, the Harlem Gospel Choir, singer/songwriter Rickie Lee Jones, husband-and-wife jazz musicians John Pizzarelli and Jessica Molaskey, The Pink Floyd Experience, and Roseanne Cash, daughter of the late Johnny Cash, known for his "Live at Folsom Prison" album. And yes, Pink Floyd fans, Webb

See Stages, page 7



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# Stages: Arts complex already being called 'Mondavi Center East'

Continued from page 6

promises the show will feature a 12 foot long pig blimp.

## Stage Two

The 200-seat City Studio Theater, situated next door to the larger theater, offers gently raked seating and excellent viewing opportunities. This smaller, more intimate venue will feature performances by regional community partners like the Folsom Symphony, the Sacramento Philharmonic Orchestra, the Sacramento Ballet, the California Theatre Center, Sierra Community Chorus, plus student productions and presented programs.

Stage Two, which Webb calls his favorite space within the performing arts center, is known for its versatility and practicality. It includes multiple doors and stage rigging setups to regulate the size of the space, adjustable overhead lighting, and a fully functional costume shop.

## Stage Three

The arts center's most intimate venue, Stage Three is a 100-seat recital hall that will be a great place to see and hear acoustic music and vocals. It features a gorgeous hardwood floor that any basketball team would be proud to call their home court, plus a state-of-the-art 48-track digital recording studio Webb said is rumored to be the biggest in the region.

"We can record audio and video from any stage in the hall with the press of a button," he said, before adding, with perhaps a hint of envy and incredulity in his voice, "And students are going to learn in this room."

## Opening festivities

Three Stages' doors will open to the public next Feb. 4 with a ribbon cutting and open house. The following day's community showcase will feature more than a dozen local performers. The facility's official grand opening weekend will run Feb. 11 through Feb. 14 and will showcase performances of "A Chorus Line" on Feb. 11 through Feb. 13 and "Sugar and Spice," a special Valentine's Day pops concert by the Folsom Symphony.

## Great expectations

Pier and Folsom Lake College President Dr. Thelma Scott-Skillman are both understandably excited about the arts center's pending opening. Pier believes the facility will bolster the region's overall quality of life.

"A regional arts center like Three Stages can be transformative for the community it serves, raising the quality of life for everyone," he wrote in his email. "It provides a safe gathering place where people can meet, share experiences, and learn more about each

other and the cultures of the world. It's a place where excellence is regularly on display – something you can viscerally touch, experience, and reflect on."

The center also is expected to be a regional economic driver.

"Once up and operating, the center will employ more than 50 people on an ongoing basis, which will have a direct ripple effect on the local economy," noted Pier. "Another boon for local businesses relates to the more than 100,000 people who will attend events at the center each year, many of whom will want to go out for dinner before or after the show. Based on economic impact studies of the arts in communities around the country, the center's long-term operating budget of \$3 million per year could result in an economic impact on the region of upwards of \$7 million annually."

## A regional 'change agent'

Dr. Scott-Skillman expects the facility to improve as it grows into its own skin.

"Three Stages will build upon its offerings during the next few years to ensure the diversity of performances and entertainment," she said. "At full capacity we are planning to offer approximately 400 performances, events, and activities a year, including four or five art exhibits and many exciting programs for young children."

A musician herself, Scott-Skillman appreciates the comforting effect music and the arts can provide, and she looks forward to other artists seeing and appreciating everything Three Stages has to offer.

"As an educator, immersed into an exciting and productive position as a college president, I am also able to lean upon my passion for music as therapy for my soul; my piano truly is a comfort zone for me," she said. "I am so very proud of this facility. It has truly been a labor of love, taking nearly nine years of planning, researching, and collaborating with many, many people at the college, in the

Los Rios district, and across the entire United States to gather as much information to present a gift of the arts to our region."

Having led tours of the facility, Scott-Skillman knows the impact it can have on visitors.

"I get completely energized when I tour people through this facility. Just watching the sparkles in their eyes, responding to the myriad questions that are generated, and watching the utter disbelief on their faces brings a smile to my heart," she said. "I know that from the moment people embrace this facility, it has a profound impact on them. Three Stages is clearly a transformer; a change agent. Three Stages will attract new patrons of the arts and reintroduce arts lovers to a wonderful environment for decades to come."

For more information on Three Stages and complete information about upcoming performances, show times and ticket prices, visit [www.threestages.net](http://www.threestages.net).

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# Have an alcohol-free New Year's Eve

SPM Wire – Looking to avoid starting the New Year with a hangover? Or are you spending New Year's Eve with someone who recently gave up drinking?

While mocktails can be a good substitute for the teetotaler at a party, other activities can make the start of 2011 truly unique.

For example, why not plan a midnight hike with friends? The winter sky allows for some spectacular stargazing.

Or you can be really kooky and celebrate according to another time zone. The time difference allows you to have streamers and party hats over tea and finger sandwiches, with enough time for you (and the kids) to wind down and get a good night's sleep.



Photo courtesy  
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# Trustworthy, friendly service at Land Park Gold & Silver

By SALLY KING  
Arden-Carmichael News writer

There is no need for boredom on a rainy afternoon – or any afternoon, for that matter. Just step inside the Land Park Gold & Silver store on Freeport Boulevard to be greeted with smiles, warm hugs and a wealth of information about jewelry and coins by owners, Jeff and Judy Montgomery.

The store opened last May and is fast becoming a popular neighborhood shop.

The Montgomerys opened their first gold and silver store in the Woodland Mall. When they decided to look for a new place to open in Sacramento, they noticed an empty brick building on Freeport Boulevard where there used to be a bank. Features of the building that stood out to the Montgomerys were a built-in vault and bullet-proof windows on the side. The built-in security measures of the building were perfect for their business.

“Customers like the fact that we have a secure bank

vault in our shop,” Jeff said. “They feel safe leaving their jewelry and coins with us.”

The vault is also useful, because the business pays cash for gold and silver.

Jeff started out in the construction business. When he lost his job, Jeff decided to open a coin and jewelry store. He remembered collecting coins with his dad from the time he was five years old.

“As a boy I remember riding up and down the neighborhood on my banana seat bike, offering the neighborhood kids two cents for each wheat penny they owned,” Jeff said. “I bought a lot of wheat pennies back then.”

While some coins are valuable, others are not. This holds true for jewelry items, also. Sometimes customers come in with a box full of old jewelry and coins, only to find out none of it has any monetary worth.

Recently, a woman came to the store with a box of old jewelry, asking Jeff what he would pay her for the jewelry. After carefully examining

each piece, Jeff told her there was nothing of value in her box.

“She walked in hoping to make some money,” Jeff said. “She walked out crushed because there was nothing of value in her box of hopes.”

In most cases, however, the customer is pleasantly surprised by the value of a piece of jewelry or an old coin. Many have become repeat customers.

Dan Fall, a retired truck driver, enjoys discussing old coins with Jeff.

“My wife recently died from cancer and being able to have a place to go to and talk about old coins has helped me,” Fall said. “Jeff and I both enjoy the history behind old coins.”

Fall said Jeff is extremely knowledgeable and that the Montgomerys are a pleasure to know. Fall has since bought and sold coins many times at Land Park Gold and Silver.

Patti Silva, a recent customer, said she and her sister in-



Arden-Carmichael News photo, Sally King  
With over 40 years of experience, Judy and Jeff Montgomery offer service with a smile to buyers and sellers of coins and jewelry at Land Park Gold & Silver. Their facility on Freeport Boulevard features a built-in vault and other security features.

See Gold & Silver, page 17



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## Magical memories of Janey Way Christmas – past and present



By **MARTY RELLES**  
Arden-Carmichael News columnist  
marty@valcomnews.com

Christmas on Janey Way was always special. The priests at St. Mary's Church, down the street, decorated the church inside and out. The Viani's – Lou Sr. and Lou Jr. – constructed the nativity scene inside the church, and Christmas carols chimed from the church tower.

On Christmas Eve, our family hopped into our 1957 Chevy wagon and drove over to Grandma Petta's house to eat Italian food, sing carols and exchange gifts.

The food was incredible: home-made pizza, spaghetti, ravioli, cardoni and salad. After dinner, we ate cake and home-made cookies: taralluccis, fig cookies made from Grandma's dried figs and almond cookies. After dessert, we stood around the old piano and sang Christmas carols played perfectly by Aunt Margaret Relles.

At 8 p.m. on the dot, sleigh bells chimed on the front porch, the door swung open and Santa Claus, played by Uncle Vito Petta, glided through the door to hand out the presents. When we were young, we believed Uncle Vito was the real Santa Claus. When we grew older, we kept our suspicions quiet, so the younger children could enjoy same delight we experienced at seeing Santa Claus come to Grandma Petta's house.

Once Santa distributed the presents, we sat on the floor and opened them up. These were small presents (model planes, toy cars, dolls, etc.), but they were special because they came directly from Santa Claus.

Later, we headed home for the long, fitful night of waiting to open our presents. We woke at the crack of dawn to open presents. Mom and Dad dragged themselves into the living room to watch. We didn't receive lots of presents, rarely more than two or three. But, the presents we received always seemed to be exactly what we wanted. After opening presents, we went to morning Mass at St. Mary's Church. The church glistened with red poinsettias and tall fir trees adorned with red ribbons, and the service was festive, punctuated by lots of traditional Christmas carols.

After Christmas service, we went out to play with our new Christmas toys: cowboy six shooters in a holster set, toy army guns, toy trucks and sometimes even a brand new bicycle. I still remember the new, red Roadmaster Special I received one Christmas.

Finally, around 4 p.m., we returned to Grandma Petta's house for a traditional Christmas turkey dinner with all the trimmings. All our cousins came and we ate and played ourselves into exhaustion. We looked forward all year to enjoying this special occasion with our extended family.

To this day, we celebrate Christmas with the Petta/Relles clan. Since Grandma Petta passed away years ago, we spend Christmas Eve at Aunt Alice Petta's house. Sadly, Uncle Vito passed away two years ago, but our cousin Joe Ficarelli has stepped in to play the role of Santa Claus. A new generation of children now experiences the arrival of the real Santa Claus at 8 p.m. on the dot every Christmas Eve. This is another truly magical Janey Way memory.

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# Christmas memories are plentiful for Arden, Carmichael residents

By LANCE ARMSTRONG  
Arden-Carmichael News writer  
lance@valcomnews.com

With Christmas just two days away, the holiday spirit is once again in the air as many people in the community have decorated their homes, most have completed their holiday shopping and the memories of Christmas of years gone by are resurfacing.

And with these reemerging memories plentiful around the community, the *Arden-Carmichael News* found the timing right to present some of these memories in this Christmastime edition of the paper.

### Christmas is sacred

William Rust, an 85-year-old Sacramento native who attended Sacramento High School, said that he always remembers the original meaning of Christmas.

"Christmas is a special day," said Rust who moved into his Arden area home in 1955. "I grew up in the Depression, so we didn't get many gifts. For me, Christmas is a day to be thankful and to remember the Lord. It's a sacred day. And my kids figured out that (Christmas) was not about Santa Claus a long time ago."

### Santa delivers?

Arden area resident E.C. "Vick" Vickland said that he remembers the

exact moment when he discovered the truth about Santa Claus.

"I'll never forget finding out about Santa Claus," Vickland said. "I was 5 years old (in 1938) and there was a knock on the door on Christmas Eve. Before my parents could get me away, I answered the door and it was a man with a wagon and a scooter. The next day Santa Claus brought me a wagon and a scooter."

### Just believe

Certainly not everyone in the community has abandoned their belief in Santa Claus, as is evident when Arden area resident Sondra (Johnson) Hudson discusses the topic of the old, rosy-cheeked, gift-giving man from the North Pole.

"Santa is always to be believed," Hudson said. "As long as you say you believe in Santa, you always get Christmas presents. I'm 48 years old and I still get presents from Santa. Why would I ever say that I didn't believe in something that is so beautiful? The concept is beautiful, not the commercial aspect. So, my children all know as long as you believe, you always receive."

### Midwest memories

Carmichael resident Ruth Bossenmaier, 85, said that she fondly recalls the room where her family spent



Photo courtesy, Sondra Hudson  
Sondra (Johnson) Hudson and her brother Eric Johnson enjoy Christmas in their home in this 1972 photograph.

Christmas morning during her childhood.

"I grew up in St. Paul, Minn. and it was common for most little bungalow houses to have a sun room or a sun porch," Bossenmaier said. "This could be used through summertime with

screens and then in the wintertime they'd put on storm windows. (The room) wasn't as cold as outside, so you could put a Christmas tree out there and spend an hour or two there. That's

See Memories, page 13

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Man with dog—Clipart © Microsoft Media

# Memories: Faith, Santa, gifts and memories all contribute to the rich experiences of the season

Continued from page 12

where our Christmas tree would always appear and, of course, the door to get there was shrouded with a big sheet and it was off limits. On Christmas morning, when we got up as little kids, the sheet was down and there were the presents and we were just filled with awe and wonder.”

## Special gifts

Of course, with the tradition of gift giving on Christmas Day, many people in the community fondly recall their favorite Christmas gifts that they received.

Carmichael native Kristy Younger, who now resides in the Arden area with her husband and her dogs, Felix and Xena, said that her most memorable gift during her childhood was most likely the same gift that many girls have been receiving for Christmas for more than a half a century.

“My most memorable gift (as a child) was probably the Barbie (doll and stuff,” said Younger, who graduated from Del Campo High School in 1987. “I was probably about eight years old when I (received the doll and its accessories).”

Arden area resident Arnold Holm, 89, said that he recalls the Christmas gift that he received in 1926.

“I got a little train that was made out of wood and hooked together

with string,” Holm said. “It had a big long string in front and you pulled it. That’s the first thing that I got for Christmas that I can remember.”

Will Schenck, 88, a member of the Carmichael Elks Lodge No. 2103, said that he received his most memorable Christmas gift when he was about nine years old.

“The best Christmas I remember was when I received a small radio,” Schenck said. “That’s one gift that I have remembered all my life, because I’d have it in my room and listen to “The Green Hornet” and all those old radio shows. There was “Amos and Andy” and “Fibber McGee and Molly” and all those things. So, that’s the Christmas I remember most.”

Bossenmaier fondly remembers the Christmas gift that she received in about 1929.

“I got a stuffed dog on wheels with mole hair and it was pretty big,” Bossenmaier said. “I was maybe three or four years old. You could get on it and someone could pull you along or you could put your feet down and propel yourself along. It stood about the height of a bed. I named him ‘Strong Heart.’ I often wonder what happened to him. He’d be worth a fortune now. That was my most favorite Christmas gift as a kid. Not even dolls were as good as Strong Heart.”



Arden area resident Arnold Holm most fondly remembers the Christmas gift that he received in 1926. *Arden-Carmichael News photo, Lance Armstrong*

## Memorable experiences

When asked to recall one of her favorite Christmas gifts, Arden area resident Christine Skreden said that her holiday experiences are more memorable than the gifts that she has received.

“I do believe that it’s not the things you give, but the experiences you have,” Skreden said. “Those are the things you remember. You can’t always remember what gift you got or

what color the sweater was or whatever, but you sure remember going out and having a snowball fight or baking cookies or something like that.”

But whatever Christmas means to residents of the community, one thing is almost undoubtedly certain and that is that this wintertime holiday has brought most of them many fond memories that continue to be cherished year after year.

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# Kiwanis: Additional services include food, clothing

Continued from page 2

cannot pay. To cover the \$100,000 annual cost rent, the Kiwanis Family House organization has established a "Sponsor-A-Family Program." Those who wish can send a donation for a family to stay at the Kiwanis Family House. It can be one night at \$40 to however many nights a person wants to donate.

"We welcome donations from the public," Butte said. "We supply food, laundry soap, shampoo, toothbrushes and toothpaste, toys for young children, books, family videos, coats, and other miscellaneous items."

The average length of stay is six days, but sometimes visits last longer. There is no limit on how long a family can stay at the Kiwanis House.

When a family arrives at the UCD Medical Center, a hospital social worker helps to determine the family's temporary housing needs and can refer the family to the Kiwanis Family House. Caring staff members and volunteers greet the family.

Theresa Arciniega, chief licensed clinical social worker at UC Davis, said the hospital serves patients from as far away as the Oregon border.

"We have specialty doctors and a trauma unit," Arciniega said. "Having the family with the patient, whether child or adult, is considered part of the treatment."

Arciniega said there are instances when a patient may use a "Day Pass." The patient does not need to stay the night, but needs a shower or the use of the kitchen. She said some cancer patients just need a place to rest before leaving for home.

Butte said the House often receives families of premature babies where the baby needs many weeks or months of neonatal care. Having a place to stay decreases the stress for these new parents.

There is a growing demand for services. The original Kiwanis Family House was initiated in 1984 when a partnership agreement between the UCD Medical Center and the Kiwanis Family House was executed. A new center was opened in 2006 that includes both UCD and Shriners Hospital.

"I make out a two-page list every day of things to do for the volunteers that come to help," Butte said. "We welcome walk-ins."

Gary Christensen is the development manager for the Kiwanis Family House. It is a volunteer position. Christensen said his main purpose is to give tours and provide information to businesses about the Kiwanis Family House to gain their support.

"You can find me speaking to a business group one day and pulling weeds the next," Christensen said. "I fill in the holes where needed."

Kiwanis was founded in August 1914 by two Detroit natives, Allen S. Browne, a professional organizer, and Joseph C. Prance, a tailor. It started out as a fraternal club for young professional businessmen.

The name Kiwanis comes from an Indian phrase, "NunKeewanis," which translates to, "We have a good time - we make noise." In 1920, the organization decided that "We Build," would be their motto. This was the motto until 2005, when the delegates adopted a new motto, - "Serving the Children of the World."

The Kiwanis Family House welcomes donations of volunteer time as well as donations of cash or stocks. Contributions can also be made through the local United Way. Donations are tax deductible. For more information, call (916) 736-0116 or visit [www.kiwanisfamilyhouse.org](http://www.kiwanisfamilyhouse.org).



Arden-Carmichael News photo, Sally King  
Mauda Butte is the director of the Kiwanis House in Sacramento. Sponsored by local Kiwanis clubs, the facility provides lodging and other services to families of children who are being treated for serious conditions at the UCD Medical Center and Shriners' Hospital.

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**YOUR SERVICES ARE NEEDED  
CALL 429-9901 TODAY TO PLACE YOUR AD**



# Gold & Silver: Old coin and jewelry appraisals done in a secure facility

Continued from page 9

herited a coin collection 17 years ago from her father.

Silva said she and her sister did not know how to liquidate the collection, so when she saw the sign on Freeport Boulevard advertising coins, she stopped to check it out. She said Jeff took charge of the situation and after spending six to seven hours discussing their options, Silva was able to sell the coin collection and felt very good about it.

"Jeff struck me as honest, professional and knowledgeable," she said. "A weight had been lifted off my shoulders when I sold the coin collection and I would recommend him to anyone wanting to sell coins."

Judy said some customers bring in jewelry to sell because a utility bill has to be paid. She said she understands because she was in this same situation in the past.

Judy said their goal at the store is to be fair and to create a personable feeling with everyone who walks through

the door. She realizes that some items may have great sentimental value. When a customer is selling jewelry, Judy explains that there are options. For example, if a jewelry setting is worth more than its stone and the stone has sentimental value, Judy will remove the stone so the customer can keep it. She wants her customers to feel happy about the transaction.

"We want people to know we are trustworthy and a family-run business," Judy said.

Jeff and Judy said they love what they do and enjoy meeting people. They want to be known as a place where folks can feel comfortable just stopping by to chat for a few minutes as they browse the store and shop.

Land Park Gold & Silver is located at 5100 Freeport Boulevard in Sacramento, next to the Gem Auto Wash. For more information, call (916) 457-2767 or visit [www.landparkgoldandsilver.com](http://www.landparkgoldandsilver.com).

**red all over**  
DESIGN

## Get read all over with Red All Over

A Sacramento-based graphic design firm, Red All Over Design offers an array of services to our diverse clientele from across the region.

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# – EVENT LISTING SECTION –

Advertise your craft fairs, holiday bazaars, school fundraises, church events, etc. in your Community Newspapers.  
Call (916) 429-9901 for rates.

**Sacramento Potters Group's Annual Seconds Sale**  
Less than perfect pottery, glass, metal & clay art.  
Hugely popular!  
**Saturday, January 8**  
10 a.m. to 2 p.m.  
Get there early for best selection.  
Shepard Garden and Arts Center  
3330 McKinley Blvd.  
(next to McKinley Park tennis courts)  
[www.sacramentopottersgroup.com](http://www.sacramentopottersgroup.com)

**Sacramento Children's Chorus**  
Calling all Singers  
Grades 2 – 12 for  
January Auditions  
  
Questions? Email:  
[info@sacramentochildrenschorus.org](mailto:info@sacramentochildrenschorus.org)  
[sacramentochildrenschorus.org](http://sacramentochildrenschorus.org)  
(916) 454-1141

*Dancing in the River City*  
"Over the Rainbow in River City"  
3rd Annual Same-Sex Ballroom  
Dance Competition  
2011 NASSPDA Calif State Championship  
**Sunday, January 16, 2011**  
• Competition Starts @ 11 a.m.  
• Show Starts @ 8 p.m.  
**The Ballroom of Sacramento**  
6009 Folsom Blvd.  
[www.DancingInTheRiverCity.com](http://www.DancingInTheRiverCity.com)

**Healthcare Rally Day**  
**Monday, January 10, 2011**  
12:30 – 1:30 p.m.  
  
Join over 500 health profession students on the  
California Capitol North Steps  
  
We must all stand up for  
health as a human right!  
  
For more information go to  
[2011LobbyDay.eventbrite.com](http://2011LobbyDay.eventbrite.com)

**FREE Health Fair**  
**One day only!**  
Saturday, January 8, 10 a.m. to 2 p.m.  
Sutter Express Care inside Rite Aid  
  
Natomas: 2751 Del Paso Road  
Greenhaven: 980 Florin Road  
  
Join us for a day of healthy living including health screenings, raffle prizes and free goodie bags.  
Please RSVP to 1-800-972-5547

# CLASSIFIED ADS

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## PET PORTRAITS

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# CALENDAR

For more Calendar entries visit  
www.valcomnews.com

Send your event announcement for consideration to: susan@valcomnews.com at least two weeks prior to publication.

## DECEMBER

### 'Tomorrow's Legacies'

Through Jan. 9: "Tomorrow's Legacies: Gifts Celebrating the Next 125 Years." Exhibit celebrating the Crocker Art Museum's 125th anniversary and 125,000 square foot expansion. 216 O St., Sac. (916) 808-7000, www.crockerartmuseum

### 'A Pioneering Collection'

Through Feb. 6: "A Pioneering Collection: Master Drawings from the Crocker Art Museum." The finest early collection of European drawings in the U.S. Works by Dürer, Fra Bartolommeo, van Dyck, Fragonard and Ingres. Crocker Art Museum, 216 O St., Sac. (916) 808-7000, www.crockerartmuseum

### 'The Vase and Beyond'

Through Feb. 6: "The Vase and Beyond: The Sidney Swidler Collection of the Contemporary Vessel." Comprised of some 800 vessels by 300 artists, this collection shows

cases the wide-ranging, innovative practice of contemporary ceramic artists with a gorgeous array of forms, techniques and glazes. Crocker Art Museum, 216 O St., Sac. (916) 808-7000, www.crockerartmuseum

### Tai Chi

Daily, except Sundays: Meditation, breathing, forms and various styles of Tai Chi are taught. No experience necessary. Everyone welcome. Free. 8 a.m.-9 a.m. Reichmuth Park, 6135 Gloria Dr., Sac. (601) 559-5481

### Big Band Dance

Dec. 23, 28, 30: Dance to the rhythms of the Big Band era. Every Tues. & Fri. \$5 admission. 1:15 p.m.-3:45 p.m. Mission Oaks Community Center, 4701 Gibbons Dr., Carmichael. (916) 972-0336

### Food Addicts Anonymous

Dec. 23, 30, Jan. 6, 13, 20, 27: 12-Step group for those who struggle with obesity, food obsession or eating disorders. Meets Thursdays. 9 a.m. St. Andrews United Methodist Church, 6201 Spruce Ave., Sac. (800) 600-6028.

### Rotary Club of East Sacramento

Dec. 23, 30, Jan. 6, 13, 20, 27: Hear guest speakers address local, regional and international topics. Visitors welcome. 12:15 p.m.-1:15 p.m., every Thurs. Salvation Army Dining Hall, 2550 Alhambra Blvd., Sac. www.rotary.org

### Rotary Club of Pocket/Greenhaven

Dec. 23, 30, Jan. 6, 13, 20, 27: Hear guest speakers address local, regional and international topics. Visitors welcome. 7:30 a.m., every Thurs. Aviators Restaurant, 6151 Freepoint Blvd., Sac. Kelly Byam (916) 684-6854.

### Sutterville Heights Optimist Club

Dec. 23, 30, Jan. 6, 13, 20, 27: Come enjoy community speakers and community projects for youth. 12 noon., every Thurs. Aviators Restaurant, 6151 Freepoint Blvd., Sac. Cliff (916) 427-2698 or Mary-Jo at (916) 691-3059

### Toastmasters

Dec. 23, 30, Jan. 6, 13, 20, 27: Improve your language skills and lose fear of speaking in front of people with Toastmaster club Los Oradores. Una oportunidad unica para mejorar sus habilidades bilingues y superar el temor de hablar delante de gente con nuestro club Los Oradores de la organizacion de Toastmasters. Thursdays/Jueves, 6:45 p.m. 2118 K St., Sac. Teri Bullington (916) 723-6232, teri.bullington@gmail.com, www.sacramentotoastmasters.com

### Free admission day

Dec. 24: Let children run off some steam before the big festivities begin. As a special winter holiday gift, free admission to Fairytale Town is offered on Christmas Eve. 10 a.m.-2 p.m. Fairytale Town, 3901 Land Park Dr., Sac. (916) 808-7462 www.fairytaletown.org

### Kwanzaa Family Festival

Dec. 26: Celebrated worldwide, Kwanzaa focuses on family, community, creativity and the cultural traditions found in the African diaspora. At this museum-wide festival, the Crocker celebrates its new collection of African art with music and dance performances, unique studio art workshops, storytelling and much more. Free. Noon-4 p.m. Crocker Art Museum, 216 O St., Sac. (916) 808-7000, www.crockerartmuseum

### Co-Dependents Anonymous

Dec. 27, Jan. 3, 10, 17, 24, 31: 12-Step group for those who struggle to maintain healthy relationships. Meets Mondays. 7:30 p.m. Friends Community Church Fireside Room, 4001 E St., Sac. (866) 794-9993.

### Hatha yoga

Dec. 27, Jan. 3, 10, 17, 24, 31: Align the body through breathing techniques, postures and deep relaxation. 3 p.m.-4 p.m. Hart Senior Center, 915 27th St., Sac. (916)808-5462. Meets every Mon. Repeats Wed., Fri.

### Rotary Club of South Sacramento

Dec. 27, Jan. 3, 10, 17, 24, 31: Hear guest speakers address local, regional and international topics. Visitors welcome. 11:30 a.m., every Mon. Casa Garden Restaurant, 2760 Sutterville Rd., Sac. www.rotary.org.

### Tai Chi & Chi Keung

Dec. 27, Jan. 3, 10, 17, 24, 31: Chinese exercise combines specific movements and relaxation. 1:30 to 2:30 p.m., Hart Senior Center, 915 27th St., Sac. Meets every Mon. (916) 808-5462

### Toastmasters

Dec. 27, Jan. 3, 10, 17, 24, 31: Have fun while improving speaking & leadership skills. Klassy Talkers Toastmasters. 7 p.m.-8:30 p.m. Mondays. Executive Airport, 6151 Freepoint Blvd., Sac. Jan (916) 284-4236, www.sacramentotoastmasters.com

### Rotary Club of Arden-Arcade

Dec. 28, Jan. 4, 11, 18, 25: Hear guest speakers address local, regional and international topics. Visitors welcome. 12 noon, every Tues. Jackson Catering and Events, 1120 Fulton Ave., Sac. (916) 925-2787, www.ardenarcaderotary.org

### Rotary Club of Carmichael

Dec. 28, Jan. 4, 11, 18, 25: Hear guest speakers address local, regional and international topics. Visitors welcome. 6 p.m., every Tues Palm Street Pub & Grill, 6416 Fair Oaks Blvd., Carmichael. www.rotary.org

### Senior Wednesday Club

Dec. 29, Jan. 5, 12, 19, 26: The Senior Wednesday Club meets to chat, play bridge, pinochle or bingo. Free. Bring a brown-bag lunch. Free coffee, tea and dessert. Meets Wednesdays. 10 a.m. to 2:30 p.m., Mission Oaks Community Building, 4701 Gibbons Dr., Carmichael. Judi (916) 247-6020

### Toastmasters

Dec. 29, Jan. 5, 12, 19, 26: All area business people invited to hone their speaking skills. Noon-1:15 p.m., every Wed. River City Speakers Toastmasters Club, Coco's Restaurant, 1830 Arden Way, Sac. (916) 747-8282

## JANUARY

### Co-Dependents Anonymous

Jan. 2, 9, 16, 23, 30: 12-Step group for those who struggle to maintain healthy relationships. Meets Sundays. 2 p.m. Heritage Oaks Hospital, 4300 Auburn Blvd., Rm.101, Sac (866) 794-9993.

### Community Sunday breakfast

Jan. 2, 9, 16, 23, 30: Enjoy a delicious breakfast of eggs Benedict, corned beef hash, Joe's scramble, pancakes and more. 8:30 a.m.-11 a.m., every Sun. \$9. Elks Lodge No. 6, 6446 Riverside Blvd. (at Florin Rd.), Sac. Proceeds benefit student scholarships. www.elks6.com

### History book club

Jan. 4: The Carmichael Library History Book Club mixes fact and fiction for a clearer picture of world history. This month's book is "The Things They Carried" by Tim O'Brien. Bring a snack to share. First Tuesdays, 6:30 p.m. Carmichael Library, 5605 Marconi Ave., Carmichael. (916) 264-2920, www.saclibrary.org

### Living Positive with Chronic Disease group

Jan. 6, 13, 20, 27: Meet-up group for people living with chronic disease who honor how important a positive mindset is. If you want to complain - this isn't the group for you. The group will discuss and support best practices for managing your condition, communication strategies, ways to laugh, have fun, engage with life and more. Free. Meets Thursdays. 5:30 p.m. - 7 p.m. Starbucks, 1401 Alhambra Blvd., Sac. Danae Horn (503) 319-4247

### Kiwanis Club of East Sacramento-Midtown

Jan. 7, 14, 21, 28: Come listen to an interesting guest speaker weekly; community service, serving the children of the world. Visitors welcome, first breakfast "on us." 7 a.m. - 8 a.m. Fridays. 2875 50th St., UC Davis Med. Ctr., Sac. (916) 761-2124 www.eastsacmidtownkiwanis.com

### Rotary Club of Point West

Jan. 7, 14, 21, 28: Hear guest speakers address local, regional and international topics. Visitors welcome. 7 a.m., every Fri. Red Lion Inn, 1401 Arden Wy., Sac. www.pointwestrotary.com

### Soroptimists of Sacramento

Jan. 7, 14, 21, 28: Soroptimist International of Sacramento South, a service club for business and professional women, meets Fridays. 11:15 a.m.-12:45 p.m. Casa Garden Restaurant, 2760 Sutterville Rd., Sac. Barbara McDonald, (916) 363-6927

### Food Addicts Anonymous

Jan. 8, 15, 22, 29: 12-Step group for those who struggle with obesity, food obsession or eating disorders. Meets Saturdays. 8 a.m. Mercy General Hospital North Auditorium, 4001 J St., Sac. (800) 600-6028.

### Health fair

Jan. 8: Explore healthy living at this one-day event, including health screenings, raffle prizes and free goodie bags. Free. 10 a.m. - 2 p.m. Sutter Express Care inside Rite Aid, 980 Florin Rd AND 2751 Del Paso Rd., Sac. RSVP (800) 972-5547

Please join us...

### Christmas Eve

2 pm - "A Kid's Celebration"  
4 & 10 pm - "Carols, Candlelight & Communion"

### Christmas Day

10 am - Service with Holy Communion

The Lutheran Church of the Good Shepherd  
1615 Morse Ave. | 483-0451 | www.goodshprd.org

## Third Noel Christmas Day Community Dinner

December 25, 12 noon - 3pm

### Christmas Services

#### December 24, Christmas Eve

4:00 pm Nativity Rhythms  
of Grace Service  
10:30 pm Carol Sing  
11:00 pm Festive Holy  
Communion  
(ASL Interpreted)

#### December 25, Christmas Day

10:00 am Holy Communion  
in Chapel

## St. Francis Episcopal Church

11430 Fair Oaks Blvd., Fair Oaks • 916-966-2261



## Celebrate the Birth of Jesus Christ at St. Michael's Episcopal Church

### CHRISTMAS SERVICES

December 24 at 5:00pm & 10:00pm  
Choir led Christmas Carols at 9:30pm December 24

December 25 at 10:00am

2140 Mission Avenue, Carmichael  
488-3550 • www.stm-ca.net

# Carmichael tree lighting sparkles with holiday spirit

Arden-Carmichael News photos by BILL CONDRAY

Scouts, families, community organizations, local service clubs and business folk all turned out for Carmichael's annual tree lighting event in front of Carmichael Park.

Festivities included hot cider and cookies, the River City Concert Band, a fire engine for the kids (complete with real fire fighters from the Sac Metro Fire District), arts and crafts for children...and a visit from Santa.

The lighting of the community's Christmas tree was the highlight of the evening.

The annual event was sponsored by the Carmichael and Mission Oaks recreation and park districts, Sacramento County Supervisor Susan Peters, the Carmichael Chamber of Commerce and the Kiwanis Club of Carmichael.



## Home for the Holidays!

**Jeri Hromada**  
**916.761.6734**

[www.jerihromada.com](http://www.jerihromada.com)

DRE# 01324435



Lovely Land Park home, corner lot, 1700+ sq. ft., 3 bd., 1 ba. Estate sale in quiet neighborhood in walking distance to the Tower Theatre and easy access to downtown. New roof, fresh paint, Central H&A, Living room with fireplace and dining room, basement & low maintenance "patio" backyard. Well maintained inside & out.

**2644 17th Street • \$322,000**

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## Realtors



### SPACIOUS ARDEN OAKS

Custom built with LR, FR, DR & huge game room. High beamed ceilings. Sitting room off master w/fireplace. Unbelievable storage and custom cabinets. Four-car tandem garage, guest house w/small kitchen & bath. Great floor plan, great design w/ quality materials throughout. Huge, beautiful lot with pool. See [www.3530WindingCreek.com](http://www.3530WindingCreek.com) \$1,099,900

**LEIGH RUTLEDGE 612-6911**  
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### AMERICAN RIVER VIEWS

Rare single family home in Riverwood w/the most private, secluded setting you can imagine! Home has never been on the market & has been loved & cared for by the original owner for 31 years. Hardwood floors, vaulted ceilings, great floor plan & river views from almost every room. See [www.88coveredbridgerd.com](http://www.88coveredbridgerd.com) \$1,195,000

**CARMAH HATCH 765-6210**



### DETAILS GALORE!

Magnificent French-inspired home w/details galore completely redone in 2001. Luxury features include a wine room, high-end appliances, a hunting/sports storage room, his & hers walk-in closets in the spacious Master Suite, built in bookshelves & bar in the family room & game room w/adjacent bath. 441 Hopkins Rd. \$2,150,000

**GEOFF ZIMMERMAN 425-1955**  
**KELLIE SWAYNE 206-1458**



### CLOSE-IN COUNTRY LIVING

This gracious Tudor has 5 bedrooms, an office, 2 family rooms, 4 car garage, cold wine storage, a vineyard, charming old stables, an orchard, garden area, huge gourmet kitchen and one of the prettiest lots you'll ever see. You get the best of all worlds with this classy family home close to everything but with the feel of living in the country! See [www.1154MariemontAve.com](http://www.1154MariemontAve.com) \$1,650,000

**CARMAH HATCH 765-6210**



### GATED CUSTOM ESTATE

Extraordinary quality. 24' entry, Limestone floors, Security system w/ cameras linked to TVs. Main floor master, bath w/ onyx counters, jetted air tub w/ lighting, heated floor. Granite kitchen w/ 3 dw, high-end appliances, butler's pantry, large built-in banquette, open to family room. Home theater, wine room, wet bar, outdoor kit, 2 patios. Quiet street. See [www.BarberryHome.com](http://www.BarberryHome.com) \$2,100,000

**COLLEEN WIFVAT 719-2324**



### ARDEN PARK

4 beds/2.5 baths plus bonus FR. Formal LR/DR has hardwood floors. Fabulous master has his&her walk-in closets & spacious master bath, gourmet kitchen w/granite countertops & s/steel appliances & a sunroom w/knotty pine ceilings. Pool + a bonus outbuilding in the back used as an office. See [www.760LaGoletaWay.com](http://www.760LaGoletaWay.com) \$599,990

**CHRIS BALESTRERI 996-2244**  
**LIBBY NEIL 539-5881**

### GARDEN OF THE GODS

Adorable and lovingly maintained Garden of the Gods home! You will love the wood flooring, dual pane windows, updated bathroom, spacious kitchen, ample storage space, and 2-car attached garage. Central heating & air unit new in 2008. Don't miss this one! Short sale was previously approved! 4320 Morpheus Lane \$240,000

**ERIN ATTARI 342-1372**

### DEL PASO MANOR

Adorable home! You will love the updated kitchen with tile counters, tile floors & stainless appliances, the remodeled bathroom w/tile flooring, large stall shower, & separate tub, the cozy fireplace & more! Amazing back yard w/ 4-year old built-in pool & spa, planter beds & shed. Don't wait! See [www.2508catalinadrive.com](http://www.2508catalinadrive.com) \$199,000

**ERIN ATTARI 342-1372**

### YEAR ROUND STREAM

4 bedroom, 2.5 bath home w/ **PENDING** kitchen, hardwood floors, 2 fireplaces, newer roof (2007), detached workshop and RV storage. The backyard has a year round stream for a serene, private setting. You'll enjoy living in this beauty - check it out! See [www.3317MccowanWay.com](http://www.3317MccowanWay.com) \$345,000

**CARMAH HATCH 765-6210**

### SIERRA OAKS

This home is situated in a prestigious **PENDING** by elegant homes in a private cul-de-sac. Spectacular elevation amongst 2 large oak trees. Huge second story Master Suite overlooks living room with 2 story windows. Two additional bedrooms and office downstairs. Swimming pool. Home needs updating. Newer appliances in kitchen. 570 Rodante Way. \$530,000

**JERRY KIRRENE 455-1001**

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Realtors

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