

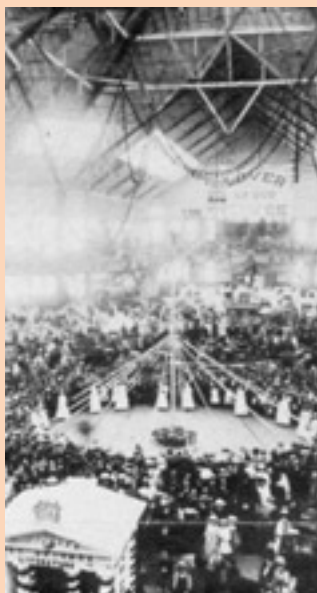
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Janey Way Memories

Marty meets his first love

By **MARTY RELLES**
Arden-Carmichael News columnist
marty@valcomnews.com

I graduated from eighth grade at St. Mary's School in June of 1969. In the fall of that year, Father John Puliz, OSJ, the pastor of St. Mary's Church, decided to start a Catholic Youth Organization (CYO) branch at our church. I think he truly liked the kids in our graduating class and wanted to stay in touch with them, so he put out a bulletin announcing the first meeting of the group.

The CYO provided a wholesome, well-supervised environment for teenagers to socialize. Our group immediately established a boys basketball team, and scheduled a dance for the fall and a snow trip in the spring. I played on the basketball team and regularly attended every meeting.

The dance in the fall proved very successful. Kids came from all the local high schools: Christian Brothers, St. Francis, Sacramento and Hiram Johnson.

I looked forward to the spring snow trip to the Soda Springs ski area on Highway 80, as I had just learned how to ski.

On the day of the trip, I walked down to the church with my skis, poles and boots in hand. My friend Lou Viani and I were among the first group to board the bus. We sat down in the first row of seats and as I looked over to the seats opposite us, I caught a glimpse of two young ladies: Carol Rizzo and her friend Marilyn.

My attraction to Carol was immediate. She had blond hair, pretty eyes and an engaging personality. I was shy though and did not initiate a conversation. However, Carol eventually leaned over and asked my name.

"I'm Marty Relles," I said, and we began talking.

We chattered all the way up to Soda Springs.

When we arrived at the resort, I disembarked, grabbed my skis and headed for the slopes. I skied all day. It was great. The sun shined brilliantly and the snow felt perfect.

When I finished, I returned to the bus, off-loaded my skis and climbed in. Carol sat there by herself waiting. I sat down next to her.

That began an on and off friendship and romance that lasted all through high school.

That summer, I had my first date with Carol. We doubled-dated with my friend Al Wilson and his girlfriend, Sharon. I remember we went to see a movie at the Alhambra theatre. We sat in one of the back rows. Sometime during the film, I summoned up the nerve to put my arm around her. Then, she leaned over toward me and snuggled. Later, I put my other arm around her and gave her a kiss.

It's true, you never forget your first kiss.

I had many other dates with Carol during high school. We broke up a couple of times. I took her to the Senior Ball. We had our last date after my first year at Sacramento City College. That day, I joined her, her friend Marilyn and Marilyn's fiancé Reige on a swim trip along the American River near Auburn. We had a great time and planned to get together again before the end of Summer. We never did.

Carol went off to college in Southern California that fall. I never saw her after that. We had a wonderful friendship during high school, but it ended that year.

Now, the time I spent with Carol is another endearing Janey Way memory.



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Jesuit High School Soccer Coach Paul Rose Named NSCAA/Adidas High School Coach of the Year

Special to Arden-Carmichael News

Paul Rose, Jesuit High School's highly successful soccer coach, was named the 2010 High School Coach of the Year by the National Soccer Coaches Association of America for the third time, more than any other coach in NSCAA history.

Rose led Jesuit's soccer team to an undefeated 30-0 record in 2010, winning both the Delta River League and CIF Sac-Joaquin Section - Division I titles. The team finished second in the NSCAA/Adidas National Fall Boys' Soccer Rankings. Rose has also compiled more soccer wins than any other high school boys' soccer coach in California, ending the season with a career total of 631 wins.

"This is a well-deserved honor for Coach Rose, it signifies the accomplishments of the 2010 team, becoming the winningest soccer coach in California history, and his impact on the sport of soccer throughout the region," said Chris Fahy, director of athletics for Jesuit High School. "Paul has been instrumental in developing life skills that benefit his players well beyond their high school years."

Three Jesuit Seniors have signed letters of intent to play soccer at the collegiate level after graduation. The players include Andrew Mills at Princeton, Cameron Iwasa at UC Irvine, and Matt Wiesenfarth at UC Davis. Twelve players will be returning for the 2011 Season, including five starters from the 2010 Season.



Photo courtesy, Jesuit High School
Paul Rose, Jesuit High School's head soccer coach, was named the NSCAA/Adidas High School Coach of the Year. He has more soccer team wins than any other California high school coach in history.

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Irish Spring Dance Ball with the Swing Masters

Special to Arden-Carmichael News

Versatile musician and bandleader, Warnner Seargant and his 15-piece Swing Masters, with vocalist Rubi Lee, will make their second appearance at the Nor Cal Big Band Preservation Society's Cavalcade of Bands at the Irish Spring Ball on March 27.

The stellar "River City Swings," the jazz-swing group formed within the legendary Sacramento Youth Band kicks off the dancing song list, led by Steve Biingen from 1 p.m. to 1:55 p.m. Its musicians come from many area high schools.

This dance marks a consecutive 10 year run of 90 ballroom danc-

es, all presented by California's only Big Band Preservation Society.

The Society has featured five different 15-piece orchestras playing America's nostalgic songs before crowds from 100 to 9,000 enthused dancers in giant ballrooms, hotels, night clubs, auditoriums, amusement parks and

pavilions during the popular 1920-1950 period.

The Irish Spring Ball will be held on Sunday, March 27 from 2 p.m. to 5 p.m. at the Sacramento Elks Lodge No. 6, located at 6646 Riverside Blvd. in Sacramento. Admission is \$10 - \$12. For more information, call (916) 444-6138.



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School Districts stay Hopeful as Senate Passes \$14 Billion in Budget Cuts

By ELIZABETH VALENTE
Arden-Carmichael News writer
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It was into the late hours of evening on March 17 when the State Senate passed 16 budget bills resulting in approximately \$14 billion in cuts and other solutions toward resolving the 2010-11 and 2011-12 General Fund Budget deficit.

"We were very methodical. We did what we set out to do, to put a significant dent in the budget deficit," said Senate President pro Tempore Darrell Steinberg. "We know we have a lot more work to do."

Without the tax extensions, the Legislature will be forced to consider an all-cuts budget, which, according to the Legislative Analyst, likely would include an extra five billion dollars in cuts to K-12 schools around the state. All this has come after the March 15 date when school districts across the state were forced to send out layoff notices.

SCUSD

The Sacramento City Unified School District (SCUSD) sent a total of 405 layoff notices to certificated staff the week of March 15. As Supt. Raymond explained, the last thing he wants to do is layoff the district's dedicated teachers and counselors.

"We do not have surplus staff at SCUSD, no one is expendable," said Raymond. "Our teachers, our office managers, our custodians, our aides – we need everyone."

The Board of Education made the decision to increase class sizes and reduce counselors, decreasing the certificated staffing needs by 355.6 full-time equivalent positions, Raymond added. The number of layoff notices is higher because some of the district's newer employees work part-time hours.

March 15 was the deadline to submit a balanced budget to the Sacramento County Office of Education (SCOE) that addresses what will happen if voters fail to extend current temporary taxes in a June special election. SCOE accepted the layoff notices as evidence that the district is seriously planning for the worst, even though class size

increases and salary reductions must be negotiated with the districts collective bargaining partners.

Raymond said he is hopeful and optimistic about the upcoming changes and making it through this challenging budget season.

"Last year, the district collaborated with our labor partners to balance a \$32.5 million deficit through a combination of employee contributions and other budget moves," he said. "Of the 739 certificated layoff notices sent last year, all but 20 were eventually rescinded. And despite the budget shortfall, the district saved librarians and counselors and expanded art and music programs."

SJUSD

The San Juan Unified School District Board of Education sent notices to more than 550 employees in their district, primarily library staff and school nurses in the latest effort to close a \$36.7 million budget gap.

"We are keeping our librarians in the high school level, it's the media technicians in the elementary schools that have received notices," explained Trent Allen, director of communication and spokesperson for SJUSD. "The media tech position of the library is being eliminated, but the functions of the library in the elementary schools are staying open. Kids can still go in and check out books."

Allen said that it is a teacher's hire date – which is generally the first day of school of the year they begin teaching – that plays a big role when it comes to who receives a notice. The last-hired teachers are the first to receive layoff notices, except in positions the district chooses to protect.

"It's by seniority, whoever has been in that job function the longest has the right to the job. For our certificated staff, which is our principal, teachers, counselors, and nurses, (for) those folks it's by credential area and then seniority," said Allen. "It also depends if we have a credential that we need a teacher for and then folks with the more senior within that credential are the folks who have a right to that job."

Some board members are hopeful the economic situation will improve and the layoffs will be rescinded. The school district will have to cut \$13.9 million to \$35 million if legislatures decide to do an all cuts budget. That means SJUSD will have to do a 50-percent to 100-percent cut greater than what they just did.

"We spend 90 percent of our money in serving students. When you look at the breakdown of positions we employ the vast amount is teachers," said Allen. "As these reductions hit every area of the district including administration, teachers, custodial, I would envision any other re-

duction would continue to hit all levels of the district."

Despite the cuts Allen agrees with Raymond in saying that for the most part, the community has been supportive.

"Folks have been incredibly understanding; they know the budget has been what it is

and they know we are trying to live within our means," said Allen. "At the moment we've been spared from having to cut furloughs, mass layoffs, eliminated sports, athletics, and arts. (In) a lot of ways we've been able to weather this relatively well, but still the cuts are very dramatic and very real."


Sacramento is not the only City in the pink. School districts across the state have sent out nearly 20,000 layoff notices to teachers and other school employees due to the uncertainty over the state budget, according to the California Teachers Association (CTA). This comes as Gov. Jerry Brown and state lawmakers negotiate over how to close the state's nearly \$27 billion budget shortfall.

Many districts have not reported how many pink slips they have issued as they prepare for worst-case budget scenarios, according to CTA President David Sanchez. He expects the number to surpass 20,000. Two years ago, districts handed out layoff notices to a record 26,500 teachers, but only 60 percent of them ended up losing their jobs.


"The numbers speak loudly about this crisis," Sanchez said. "Pink slips are causing chaos for teachers and parents who worry about their children's education and future."

Brown is urging legislators to create a special election in June, asking voters to extend increases in the sales tax, vehicle license fee and income tax that are due to expire June 30. He will need to get a two-thirds vote from the Legislature for the special election. If there is no special election, K-12 and community colleges' share of the budget will be cut by at least \$2.2 billion.

If there is a special election and the ballot measure fails, SCUSD is looking to cut \$22.3 million and SJUSD an additional \$13.6 to \$35 million for the 2011-2012 school year.

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Effie Yeaw Nature Center to celebrate 35th anniversary

By LANCE ARMSTRONG
Arden-Carmichael News writer
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The Effie Yeaw Nature Center in Carmichael's Ancil Hoffman Park is approaching a very special anniversary, as the center will turn 35 years old on June 19.

But the road to reaching this notable anniversary has not always been easy for the center, which is dedicated to its mission of "bringing awareness of the beauty and diversity of the natural world to children, families and the community through education initiatives that foster appreciation, enjoyment and stewardship of the unique natural and cultural resources of the Sacramento region."

The most difficult of these times occurred last July, when this award-winning environmental and cultural education center, which is part of a 77-acre nature preserve, was informed that it would be losing its county funding, because the county could no longer afford to operate the center.

But fortunately for the center, it has survived through the assistance of a non-profit organization, the American River Natural History Association, which obtained a temporary lease of the building from the county and presently operates the center.

Considering the challenges that the center faced last

year, which included having its entire staff laid off, Betty Cooper, the center's development director, said that it is especially gratifying for the center to celebrate its 35th anniversary.

"In spite of the ups and downs and the incredible odds that we were facing last year, here we are like a phoenix, kind of rising from the flames of the budget devastation as an independent, non-profit and we're really proud of that," Cooper said. "We're going to be here to stay. It's a very important asset to the community to have our nature center here and we're going to make sure that it keeps going in perpetuity."

Through the recent work of the aforementioned association, which began providing assistance to the center in a lesser but nonetheless very essential role in 1981, the center has achieved much success during its transition.

Cooper said that the progress that has been made at the center has been accomplished with the labor of a dedicated "skeleton crew" of eight staff members, who have worked for lower wages and no benefits. In contrast, at its greatest strength, the center maintained a staff of 20 workers.

She added that the current staff is working to overcome one of its biggest obstacles.



Arden-Carmichael News photo, Lance Armstrong
The Effie Yeaw Nature Center in Ancil Hoffman Park will soon celebrate its 35th anniversary.

"We're fighting a bit of a public relations problem," Cooper said. "A lot of people think that the nature center has been closed, so the teachers haven't been booking their programs as much as they have in the past. So, we're working on that. We're doing big outreaches to the schools. We're going to be offering some two-for-one-type programs to get the word out that we are open and thriving and we're working really hard to keep the nature center and its wonderful mission going for the community."

In recognizing the center's 35-year-history, it is important to focus in on the name of the center itself.

The name Effie Yeaw has a strong legacy in the Sacramento region, whether one thinks of the popular nature center which bears this name or whether one thinks of the late educator and naturalist Effie Yeaw, who was thought so highly of that her name was memorialized as part of the name of the nature center.

Born Effie Mae Cummings in Chico on May 15, 1900, Yeaw, who was the daughter of schoolteachers

Galen and Ella Cummings, later moved to Wheatland, then to Lincoln and eventually to Sacramento, where she attended Sacramento High School – where she served as president of the Biological Honor Society – and Sacramento Junior College (today's Sacramento City College).

After receiving a bachelor's degree in social studies from the University of California, Berkeley in 1922, Yeaw taught at Harkness Grammar School and Sutter Junior High School in Sacramento before moving to Hawaii, where she continued to teach, while earning her master's degree in social studies from the University of Hawaii in 1932.

Yeaw later returned to the Sacramento area and resumed her teaching, this time as an elementary school teacher in the Carmichael School District, which was later a part of the San Juan Unified School District.

Yeaw worked to instill a love for nature in her students through the Carmichael Conservation Center, which included birds, squirrels, raccoons and a fawn.

Although the center closed in 1955, this closure

See Effie Yeaw, page 7

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Effie Yeaw: Nature center has been providing educational experiences for its visitors since 1976

Continued from page 6

caused Yeaw to turn her attention to an area along the American River, known as Deterding Woods, where she began to lead her students on nature tours.

In a creative fashion, Yeaw presented tales of animals with human names and various facts about these creatures of the wild and their environment to children of various ages.

Carmichael resident Sylvia Bringas fondly remembers participating in one of Yeaw's tours at Deterding Woods, which would later become the site of the Effie Yeaw Nature Center.

"Those of us who got to meet (Yeaw) were very lucky," said Bringas, who attended the local Marvin Marshall, Deterding and Carmichael elementary schools at separate times during the 1950s. "She was a teacher at heart trying to impart to us an appreciation of nature and the animals around us. She would take time to explain about each animal and then have us touch each one. I think she really was looking to the future and the preservation of what was around her. You felt her excitement and it made you want to pay attention to what she had to say. As you know we can be very antsy at eight years old. It takes a special person to keep the interest of children. I feel honored to have known her."

Louis Heinrich, Jr., a member of the Effie Yeaw Nature Center's associate board of directors, said that he participated in Yeaw's tours from 1960 to 1965.



Arden-Carmichael News photo, Lance Armstrong
The Effie Yeaw Nature Center features a 77-acre nature preserve with scenic trails.

"I really remember Effie Yeaw as just this really kind person," said Heinrich, Jr., who attended Marvin Marshall School at 5309 Kenneth Ave. in Carmichael. "(Yeaw's tours) sparked an interest in the natural world that is outside your back door. A lot of people go to national parks and state parks to experience nature, but it's right here (in Carmichael). That's one of the things that Effie Yeaw helped develop in me as a young person is just look around and you'll see (nature) everywhere. We are surrounded by it."

Louis Heinrich, Jr.'s father, Louis Heinrich, Sr., a former biology teacher at Grant Technical College and later at American River College, which opened in 1955, said that he organized the Deterding Woods tours with Yeaw and another local resident, Mike Weber.

The eldest Heinrich said that in addition to these tours, Yeaw had a dream of

having a nature center located in Deterding Woods.

"Another reason why we had these field trips into the Deterding Woods was that (Yeaw) was hoping that the Carmichael School District would obtain some kind of a concession there that they could have it as a nature center," Heinrich, Sr. said. "She was already planning a nature center in that area."

Although Yeaw, who passed away at the age of 69 in 1970, never saw her dream of having a nature center at the Deterding Woods site become a reality, her legacy remains strong through both the name and mission of the Effie Yeaw Nature Center and the people in the community who she influenced through her love of nature.

For more information regarding the Effie Yeaw Nature Center and its activities, including possible 35th anniversary-related events, call (916) 489-4918 or visit www.sacnaturecenter.net.



Photo courtesy, Effie Yeaw Nature Center
Effie Yeaw gives local schoolchildren an up-close view of a bird at Deterding Woods in this 1960s photograph.

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Creek Week 2011

Time to clean up local waterways

By MARC MALONEY
Arden-Carmichael News writer

They are vital to an efficient storm water drainage system, they provide habitat for an estimated 90 percent of urban wildlife, they contribute to a healthy drinking water supply – and they need your help. They are Sacramento County's creeks, and your chance to help them is coming in the form of Creek Week 2011, scheduled April 8 through April 16.

The event, which is marking its 21st year, has grown exponentially since its humble beginnings, recalled Alta Tura, president of the Sacramento Area Creeks Council, the all-volunteer

nonprofit organization in charge of planning Creek Week.

"We started 21 years ago with maybe 30 people, and we went over by American River College and cleaned up Arcade Creek between Winding Way down to Garfield Avenue," she said. "Last year, we had about 2,200 volunteers working at about 50 sites, and it continues to grow as more people are becoming aware of what we do."

Creek Week's signature event, the creek cleanup effort at sites across Sacramento County, will begin at 9 a.m. Saturday, April 16; volunteers must reg-

See Creek Week, page 9

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Creek Week: Some 19 tons of trash removed last year

Continued from page 8

ister by April 13. Clean-up events are scheduled on various creeks in Arden-Carmichael, Citrus Heights, North Sacramento/North Highlands/Natomas, as well as in South Sacramento and Rancho Cordova, among others; a full list of clean-up sites and a volunteer registration form is online at www.creekweek.net.

Removing debris from creeks helps the creeks remove debris from storm water, Tura explained.

"Storm water that drains into our creeks usually is pretty dirty," she said. "If a creek is clean, its natural vegetation and soil help clean storm water before it moves downstream to the water treatment facility."

If 2010's results are any indicator, cleanup volunteers can expect to be busy again this year; Tura said volunteers last year removed about 19 tons of garbage from creek sites in Sacramento, Citrus Heights, Folsom, Rancho Cordova, and unincorporated Sacramento County. Volunteers also removed about 10,000 square feet of invasive plants, including 4,400 square feet of red sesbania plants, 4,000 square feet of thistle, and substantial amounts of ivy and nonnative blackberry plants.

"In Natomas especially, there are some sites that are in dire need of invasive plant removal," Tura said. "The biggest problem is red sesbania, which is native to South America. It's invaded a lot of local creeks, like Arcade Creek, Dry Creek, and Steelhead Creek. It grows so fast and so thick that it can affect water conveyance. Plus, it's poisonous and not used by any animals."

After cleaning the local creeks, volunteers will gather at noon at Carmichael Park, 5750 Grant Ave., to celebrate with a picnic lunch, earth-friendly exhibits, and the much-anticipated "junk and gunk" contest, where volunteers create sculptures using the

items removed from local creeks.

"It's a celebration, an opportunity for people to celebrate the hard work they've done and a way for them to learn more about our local aquatic system," Tura said. "We want people to get out there and feel good about providing a valuable service."

Other creek-centric activities scheduled during the week leading up to the April 16 creek cleanup effort represent opportunities to learn about creeks and perhaps encounter some of the critters that inhabit local urban waterways.

From 10 a.m. until noon, Saturday, April 9, visitors to Arcade Creek in Del Paso Regional Park will be able to go fishing with local biologists to determine what sorts of fish call the creek home. The same morning at the Effie Yeaw Nature Center, naturalists will introduce visitors to the to some of

the macro-invertebrates, like water striders, backswimmers and diving beetles, that call Carmichael home.

From noon until 2 p.m. Wednesday, April 13, staff from the Sacramento Regional County Sanitation District (SRCSD) will provide an introduction to local fish at the undeveloped buffer area between the district's regional wastewater treatment plant and surrounding neighborhoods in southern Sacramento County. SRCSD staff will demonstrate fish sampling techniques in a local lake, practice hands-on fish identification, and discuss the natural history of California's fish communities. Participants also will be able to view some of the direct consumers of the local fish populations during a visit to a large heron and egret rookery.

Finally, on Thursday, April 14, there will be a free river-



Photo courtesy

Volunteers from Sertoma, Service to Mankind, help collect trash from Arcade Creek during Creek Week 2010. The annual cleanup of Sacramento's local creeks and waterfronts is important to keep habitats safe, clean and environmentally sound.

friendly landscaping workshop at the UC Cooperative Extension Auditorium, 4145 Branch Center Rd. in Sacramento. UC Master Gardeners will demonstrate nontoxic ways to stop insects ruining vegetables and landscape plants. Registration required; contact Suman Kumar by April 12

at kumarsu@saccounty.net or (916) 874-8326 to register or for additional information.

For more information about Creek Week 2011 events, including a full list of regional events and registration information, visit www.creekweek.net or call (916) 454-4544.

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Margaret Crocker honored with grand floral festival 125 years ago

By LANCE ARMSTRONG
Arden-Carmichael News writer
lance@valcomnews.com

Editor's Note: This is the second article in a two-part series regarding Margaret Crocker.

One hundred and twenty-five years have passed since a grand celebration was held in honor of one of the city's all-time greatest philanthropists, Margaret Crocker.

On the afternoon and evening of May 6, 1885, practically everyone in the city turned their attention to this woman who had donated so much for the good of Sacramento.

Among Margaret's most notable contributions were her donations of a large tract of land to increase the size of the city cemetery, the Bell Conservatory (a large greenhouse structure that was built to supply flowers for the city cemetery), and the Marguerite Home, a home for "aged gentlewomen" at 1617 7th St.

As an extreme showing of gratitude for the generosity of Margaret, who was the wife of Judge Edwin Bryant Crocker, a well-known art collector and the brother of railroad baron Charles Crocker, a grand floral festival paid tribute to this self-sacrificing citizen.

Prior to this free-of-charge event, newspapers in and outside of Sacramento previewed the upcoming gathering

and showered Margaret with much deserved compliments.

The *San Jose Times-Mercury*, for instance, published the following words regarding Margaret: "Her name for years has been the synonym of disinterested charity. She has shown by her works how worldly possessions can adorn a noble character. She has poured out her money in every conceivable channel of benevolence without ostentation. She has aided all public-spirited enterprises and has contributed without stint to adorn and beautify the city in which she lives. Her benefactions, which have known neither creed nor religion, amount to millions of dollars. Sacramento does well in honoring one so noble, and this testimonial by a grateful people will mark an epoch in the history of that city."

The *Colusa Sun* echoed the words of the *Times-Mercury* and many other newspapers of the time through the following words: "Mrs. Margaret E. Crocker has endeared herself to the people of Sacramento by a long life studded with gems of charity. Her whole life has been one of charity and love for her fellow beings."

And locally, the *Sacramento Record-Union* in its May 5, 1885 edition posed the question, "What more fitting oblation could they bring than these free gifts of nature, sweet lovely flowers?"

In likening Margaret to flowers – "Odors of Edeu and offerings divine" – the *Record-*



Photo courtesy, the Lance Armstrong Collection
The Pavilion, which was located east of the state Capitol, was the site of a floral festival honoring Margaret Crocker on May 6, 1885.

Union published the following words: "Mrs. Margaret E. Crocker has wealth of gold, and like flowers, she distributes its {sic} brightness and its {sic} worth for the benefit of the sick, weary and homeless, and for the lovers of the beautiful. This will no doubt be the most magnificent floral fete in the world's history."

And in making it such an event, many people consistently worked for an entire week to prepare for the gathering, including those men and women who constructed the elaborate floral designs.

This latter work, which was enhanced by attached cards bearing words of affection

for Margaret, was such an undertaking that the *Record-Union* of May 7, 1885 reported that "in no floral display were pieces of such magnitude ever attempted in this country."

As the greatest demonstration of honor for a private citizen in the city's history, the floral festival, which featured flowers from throughout the state, was held at 15th and N streets in the then-new Pavilion of the California State Agricultural Society on May 6, 1885.

On this day, every business was closed throughout the city and thousands of peo-

See *Floral Fest*, page 11



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Floral fest: Crocker concluded festivities by gifting the Crocker Art Gallery to Sacramento

Continued from page 10

ple gathered to pay tribute to Margaret, and many people, businesses and organizations that were unable to be present at the event sent letters of remembrances.

Those entering the Pavilion saw displays of flowers of every variety and hue throughout the building, pine, cedar and evergreen trees, hanging baskets of ferns and evergreens and large banners bearing the inscriptions, "Consort of Our City" and "Lover of Our Homes."

The scene was illuminated by both gas and electric lights, with the latter being made possible through the introduction of electric lighting in the city during the previous year.

Electricity of a different kind entered the pavilion at 2:30 p.m., as Margaret and her party were greeted by about 3,000 children who created double lines at the Pavilion's entrance.

A guard of honor consisting of 20 girls strewed flowers in the pathway of the procession.

After Margaret was escorted to her seat on the grandstand, the aforementioned children passed by Margaret and delivered floral offerings to the stage.

The afternoon program, which was attended by a crowd, which was widely estimated to have consisted of 12,000 to 20,000 people, featured tribute banners carried by local schools, musical presentations and a maypole dance by the young ladies' guard of honor.

An even larger crowd, which was primarily composed of adults, arrived for an evening session.

Margaret was seated on the grandstand shortly after 8 p.m. and the program began with floral tributes, including a unique presentation in which members of the California Pioneers marched from a miniature model of Sutter's Fort prior to presenting their floral offerings.

The program also consisted of musical performances, including a grand chorus performance by the Ladies Choral Society, Turner Harmonie and others, a speech made by George W. Chesley, president of the Sacramento Pioneer Association, and a maypole dance by the same young ladies who performed in the afternoon session.

But by far the most notable segment of the evening was Margaret's gifting of the E.B. Crocker Art Gallery – presently the Crocker Art Museum – to the city of Sacramento and the California Museum Association "in trust for the public."

Prior to handing Mayor John Q. Brown the key to the gallery, Margaret briefly addressed Brown.

This address included the following words: "Mayor Brown, in this midst of this sweet atmosphere of love and fragrance and upon this occasion – one of the happiest days of my life – it affords me great pleasure to make a formal delivery to you of the E.B. Crocker Art Gal-



Photo courtesy, Crocker Art Museum

This May 6, 1885 photograph shows a western view of the interior of the Pavilion at 15th and N streets during the floral festival honoring Margaret Crocker. Near the center of the photograph are young girls dancing around a maypole, while a banner reading, "Lover of Our Homes," hangs in the background.

lery; the bestowal of which I feel sure I am but carrying out the wishes of my late husband, and the only wish I breathe as I bestow it is that great good may come to Sacramento by its possession."

With the recent, \$100 million, 125,000-square-foot expansion of the

Crocker Art Museum, Margaret's dream for the gallery has likely exceeded her wildest expectations, and coupled with the prosperity of the city cemetery, the name Margaret Crocker continues to be a name worthy of a grand celebration like the one held 125 years ago.

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Man with dog—Clipart © Microsoft Media

Know your neighbor

Sacramento Walking Sticks club provides exercise, adventure and friendships

By **BENN HODAPP**
Arden-Carmichael News writer
benn@valcomnews.com

As many of us know, trying to stay active can be an uphill climb. Even when we make the commitment to be active, boredom can overtake us in nearly record time if we go it alone. These are some of the things that one local group addresses in the form of an all-inclusive walking group – the Sacramento Walking Sticks.

Established in 1984, the Walking Sticks are the largest walking group in the American Volkssport Association, which has 300 organizations like the Walking Sticks nationwide. The 540-member Walking Sticks travel all through the Sacramento area and many mem-

bers travel to other states to take part in organized walks.

Steve Hughart, a member since 2004 and the current webmaster and treasurer for the group, said that he takes part in roughly 100 walks per year with the Walking Sticks. Steve and his wife (and vice president of the group) Gale are both active members. In 2004, when Gale worked for SMUD, the Walking Sticks had a booth at a company health fair. They saw it as a possibility to do something good together and they signed up.

Steve's favorite walks in the seven years since joining include California's Angel Island and Devil's Tower in Wyoming. The latter is better known for



Photo courtesy, Bruce McDevitt

Members of the Sacramento Walking Sticks pose for a photo during a walk at Angel Island. Left to right, Vicki Andriotti, Gale Hughart, Steve Hughart, Melody MacGregor, Marlo McClurg-Mackinnon, Teri Steinman, Earl King and Brenda Chadwick.

See Volkssport, page 13

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Volkssport: Sacramento Walking Sticks largest walking group in the American Volkssport Assn.

Continued from page 12

being the focal point of Steven Spielberg's *Close Encounters of the Third Kind*. Steve participates in around 10 out-of-state walks per year.

A retired IT worker, Steve said that the group is a great way to stay active as a retiree.

"I was surprised by the social aspect of it," he said. "I have met probably half of the (540) members. The walks are well organized and are safer than walking on your own."

Many of the organized walks are 10 km (6.2 miles) but there are 5 km (3.1 miles) alternatives for the more casual walker. The events are never timed and walkers go at their own desired pace. The calendar of events on the group's website (www.sacramentowalkingsticks.org) shows the vast array of walking opportunities.

The group has an extremely cheap membership fee of just \$5 a year for anyone 55 and older, \$8 for those under 55 and \$14 for a family. Many of the members choose to sign up for one of the incentive options that offer walking books to log your distances walked through the many events. There are patches and pins awarded to those that reach certain milestones that go all the way up to a patch that awards the completion of 2,600 events. The incentive program costs a bit more for materials, but it too is inexpensive.

Barbara Nuss, president of the Walking Sticks, has

walked with the group since 1988, though she became a member in 2003. After just a few months, Nuss was voted the new president. Nuss said that destinations for future walks are often member driven. People who know of a good place to walk will tell her of their idea and the group will try to make it a reality.

Although the group has 540 members, each member chooses which events they want to attend. For instance, a walk on New Year's Eve brought out a staggering 362 walkers, according to Nuss. Many of those were non-members who just wanted to do it.

"On a Saturday morning we will expect around 100 people," Nuss said. "On a Wednesday night walk there might be 10 of us."

On a recent walk at Sacramento State, Nuss said that there were 30-40 participants.

The social aspect of the club is large, as walkers meet many like-minded walking enthusiasts who become friends over time. It also allows for people to get out and exercise longer and at a faster pace than on a treadmill, Nuss said.

Nancy Alex, a member since 2007, found out about the Walking Sticks from a friend who was in another walking group with her.

"It's fun to meet other people who do the walks," Alex said. "I show up and walk with whoever is there and talk to different people."



Photo courtesy, Bruce McDevitt

The beauty of volkswalking is that it takes people to places they might never have thought to visit on their own. Most volkswalkers find that, in addition to the healthful exercise that walking gives them, an unexpected benefit is a new group of friends who share a common interest.

Alex, like Steve, takes part in roughly 100 events a year. Initially, she took up walking to lower her blood pressure, but the group has made her experience so much more than just a healthy choice.

"It has made the walking part a lot more fun," she said. "Walking around (your own) neighborhood gets boring after a while."

Alex has a message for the people who are trying to take that first step into maintaining a healthy activity level:

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A Senior Living Community

Doggie Daycare 101

By AMANDA SCHATH
Arden-Carmichael News guest columnist

Have you ever found yourself standing at the dog park covered in muddy paw prints, thinking about the grocery list? Or how about running errands and thinking, "Poor Buster...He's going to be bouncing off walls later."

With professional doggie daycare, you and your four legged family members will undoubtedly see huge benefits.



Photo courtesy

Canine members of the family need daily mental stimulation and exercise as much as their human pack members. Doggie daycare can be a solution for poochie ennui.

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- Canines are routine based; daycare gives them a 'job' to do and a fun one at that.
- When you just don't have the time or energy to burn your dog's energy.
- New encounters will help keep your pet well socialized and promote better public manners.

What to look for in a great Doggie Daycare Program?

- How long have they been in business?
- Do they take a positive approach to discipline?
- What certifications do the staff members have?
- Do they perform professional behavioral screenings?

- What are the vaccine requirements?
- Do they use pet safe cleaning products that kill communicable doggie diseases?
- Do they have a medical emergency plan?
- Do they offer a tour of the facility?
- Do they provide feedback about your dog's day?

Who Benefits?

All pet friendly dogs benefit, even those you wouldn't consider social butterflies. Look for a facility that provides care based on an individual's needs and wants. Plus, owners should expect to see great improvements overtime in areas like energy level, attention span, social conduct and indoor manners.

Amanda Schath is the coordinator for The Pet Inn, which is affiliated with the Mueller Pet Medical Center. For more information, call (916) 428-9213 or visit www.thepetinn.net.

Before painting, pause to consider paws

NAPS – Painting, inarguably, is the most economic home makeover. And for any pet-populated household where the roller and brush are being readied to hit the walls, you may want to take pause for the paws and make sure the paint being used is a smart choice for your pet as well as for all of your family.

Going green – eco friendly – in your selection can help ensure the safest solution. When it comes to paint, volatile organic compounds (VOCs) are no-nos. VOCs are groups of chemicals often found in conventional paints and other building and decorating materials. Exposure to them can pose health risks.

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The millions of Americans who open their hearts and homes to pets – America's pet dog population is estimated to be at about 77.5 million, and the cat count at more than 80 million – may find it reassuring to know there are ways to make their living space a safer and more colorful environment.



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"This letter is in regards to the care your center is giving my mother, Frances. I would like to take this opportunity to let you know that my family and I are extremely happy in which your staff addresses my mother's needs, both physically and mentally. I especially wanted to thank you personally for your help with my mom's situation when I was away for a few weeks taking care of my in-laws. It's always difficult to take care of things when I can't be on-site right then and there, but you make all the difference in the world in helping diffuse that situation quickly and efficiently. In closing, I would like to say that I am grateful my mother resides at Rosewood Rehabilitation and am thankful you and your staff truly have compassion and concern for all your residents. If there is EVER anything I can do to help you with anything in the future, please don't hesitate to contact me. Thank you again!" Katherine J.



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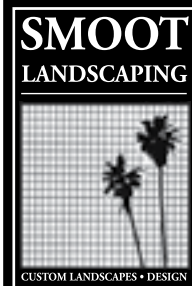
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CALENDAR

For more Calendar entries visit
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Send your event announcement for consideration to: susan@valcomnews.com at least two weeks prior to publication.

REUNIONS

McClatchy HISP 25th

April 16: C.K. McClatchy High School's Humanities and International Studies Program (HISP) is celebrating the 25th anniversary of its inception. A 25th anniversary celebration, bringing together alumni for a network of mentorship and support for students is planned. 4 p.m.-7 p.m. Sierra Two Center, 2791 24th St., Sac. Visit the HISP Alumni Group on Facebook or www.ckmhisp.org. Kathy Kindall dwkjkindall@pol.net.

JFK High '69, '70, '71

July 16: The John F. Kennedy High School combined reunion for the classes of 1969, 1970, and 1971 is rapidly approaching! We are in need of contact information so we can spread the word to as many of our old friends and classmates as possible. Please send your email address and/or contact information so you can be added to the invitation list. Please send contact information and questions to: jfkreunion69-70-71@hotmail.com. Hyatt Regency, Grand Ball Room, 1209 L St., Sac. (916) 421-4316

MARCH

Tai Chi

Daily, except Sundays: Meditation, breathing, forms and various styles of Tai Chi are taught. No experience necessary. Everyone welcome. Free. 8 a.m.-9 a.m. Reichmuth Park, 6135 Gloria Dr., Sac. (601) 559-5481

'The Vase and Beyond'

Daily, through April 10: "The Vase and Beyond: The Sidney Swidler Collection of the Contemporary Vessel." Comprised of some 800 vessels by 300 artists, this collection showcases the wide-ranging, in-

novative practice of contemporary ceramic artists with a gorgeous array of forms, techniques and glazes. Crocker Art Museum, 216 O St., Sac. (916) 808-7000, www.crockerartmuseum.org

'Inferno of the Innocents'

Daily, through April 24: Like a modern-day Goya, Gottfried Helnwein's monumental paintings and photographs address themes of inhumanity, violence, and the virtue of personal expression. With stark and probing psychological intensity, he critiques not only the past, but present-day veneers, jolting us from the comfort of complacency. Crocker Art Museum, 216 O St., Sac. (916) 808-7000, www.crockerartmuseum.org

John Buck: Iconography

Daily through May 15: This exhibition features three decades of wood-block prints and sculpture created by John Buck. Buck offers a richness of icons, symbols, and motifs that explore both personal and universal concerns. Crocker Art Museum, 216 O St., Sac. (916) 808-7000, www.crockerartmuseum.org

CORE Dance Collective World Premiere

March 24: CORE Dance Collective, a professional contemporary dance company based in the Sacramento region, is comprised of performance artists with diverse dance backgrounds. Don't miss the world premiere of "Silent Noise," an original composition based on the art of Gottfried Helnwein. 7 p.m. Purchase tickets at crockerartmuseum.org, the Admission Desk, or by calling (916) 808-1182. \$15 members, \$25 nonmembers. Crocker Art Museum, 216 O St., Sac. (916) 808-7000, www.crockerartmuseum.org

Educator Evening

March 24: "Learning Colloquium in Teaching: Part II." Share lesson plans developed using the model created by the California County Superintendents Educational Services Association (CCSESA). Maureen Gemma, arts coordinator for the Sacramento County Office of Education (SCOE), will be on hand to offer feedback and guide discussion. 4 p.m.-6 p.m. Purchase tickets by March 10 at crockerartmuseum.org, the Admission Desk, or by calling (916) 808-1182. \$10 members, \$15 nonmembers. Crocker Art Museum, 216 O St., Sac. (916) 808-7000, www.crockerartmuseum.org

Food Addicts Anonymous

March 24, 31: 12-Step group for those who struggle with obesity, food obsession or eating disorders. Meets Thursdays. 9 a.m. St. Andrews United Methodist Church, 6201 Spruce Ave., Sac. (800) 600-6028.

Living Positive with Chronic Disease group

March 24, 31: Meet-up group for people living with chronic disease who honor how important a positive mindset is. If you want to complain - this isn't the group for you. The group will discuss and support: best practices for managing your condition, communication strategies, ways to laugh, have fun, engage with life and more. Free. Meets Thursdays. 5:30 p.m. - 7 p.m. Starbucks, 1401 Alhambra Blvd., Sac. Danae Horn (503) 319-4247

Rotary Club of East Sacramento

March 24, 31: Hear guest speakers address local, regional and international topics. Visitors welcome. 12:15 p.m.-1:15 p.m., every Thurs. Salvation Army Dining Hall, 2550 Alhambra Blvd., Sac. www.rotary.org

Rotary Club of Pocket/Greenhaven

March 24, 31: Hear guest speakers address local, regional and international topics. Visitors welcome. 7:30 a.m., every Thurs. Aviators Restaurant, 6151 Freepoint Blvd., Sac. Kelly Byam (916) 684-6854.

Sutterville Heights Optimist Club

March 24, 31: Come enjoy community speakers and community projects for youth. 12 noon., every Thurs. Aviators Restaurant,

6151 Freepoint Blvd., Sac. Cliff (916) 427-2698 or Mary-Jo at (916) 691-3059

Toastmasters

March 24, 31: Improve your language skills and lose fear of speaking in front of people with Toastmaster club Los Oradores. Una oportunidad unica para mejorar sus habilidades bilingues y superar el temor de hablar delante de gente con nuestro club Los Oradores de la organizacion de Toastmasters. Thursdays/Jueves, 6:45 p.m. 2118 K St., Sac. Teri Bullington (916) 723-6232, teri.bullington@gmail.com, www.sacramentotoastmasters.com

Big Band Dance

March 25, 29: Dance to the rhythms of the Big Band era. Every Tues. & Fri. \$5 admission. 1:15 p.m.-3:45 p.m. Mission Oaks Community Center, 4701 Gibbons Dr., Carmichael. (916) 972-0336

Kiwanis Club of East Sacramento-Midtown

March 25: Come listen to an interesting guest speaker weekly; community service, serving the children of the world. Visitors welcome, first breakfast "on us." 7 a.m. - 8 a.m. Fridays. 2875 50th St., UC Davis Med. Ctr., Sac. (916) 761-2124 www.eastsacmidtownkiwanis.com

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Good Friday:

April 22nd, 11am & 7pm

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CALENDAR

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Rotary Club of Point West

March 25: Hear guest speakers address local, regional and international topics. Visitors welcome. 7 a.m., every Fri. Red Lion Inn, 1401 Arden Wy., Sac. www.pointwestrotary.com

Sacramento Bach Festival

March 25-27: "Bravo Bach." 7 p.m. Advance tickets \$12, \$8 students. At the door \$15, \$10 students. St. Mark's United Methodist Church, 2391 St. Marks Way, Sac. (916) 483-7848 x 12 www.stmarksunc.com/st-marks-presents

Soroptimists of Sacramento

March 25: Soroptimist International of Sacramento South, a service club for business and professional women, meets Fridays. 11:15 a.m.-12:45 p.m. Casa Garden Restaurant, 2760 Sutterville Rd., Sac. Barbara McDonald, (916) 363-6927

African American authors discussion

March 26: Spirited and thought-provoking book discussions with an emphasis on African American authors. 10 a.m., Saturdays through May 14. Robbie Waters Pocket-Greenhaven Library, 7335 Gloria Dr., Sac. (916) 264-2920 www.saclibrary.org

Art Q & A

March 26, 27: Discover the essence of the art on view in tours that emphasize looking, conversation, and group interaction. Free with Museum admission. 11 a.m. and 1 p.m. Crocker Art Museum, 216 O St., Sac. (916) 808-7000, www.crockerartmuseum.org

'Bytes of Reality'

March 26 through July 17: Southern California artist Daniel Douke responds to everyday experience by rendering the transient packaging of consumer products - particularly the box. Crocker Art Museum, 216 O St., Sac. (916) 808-7000, www.crockerartmuseum.org

Care for the Caregiver

March 26: Attend this free seminar for caregivers. 10 a.m.-noon. Reservations required. American River Community Church, 3300 Walnut Ave., Carmichael. (916) 483-3465

e-Waste drive

March 26: Get rid of your old televisions, computers, laptops, cell phones, printers, scanners, copiers, fax machines, ink cartridges, stereos, VCRs, DVD players, cable boxes, video game consoles and household batteries. e-Waste drive to benefit JFK High Grad Night 2013. 9 a.m.-1 p.m. 6715 Gloria Dr., Sac. Chris Yun JFKgradnight2013@gmail.com

Fairytale Town goes Green

March 26: Educational displays on global warming, conservation and pollution. Children will be able to participate in various free recycled hands-on art activities. Local area organizations will also be on site with booths to discuss green programs, tips and tools. (916) 808-7462. www.fairytale-town.org

Food Addicts Anonymous

March 26: 12-Step group for those who struggle with obesity, food obsession or eating disorders. Meets Saturdays. 8 a.m. Mercy General Hospital North Auditorium, 4001 J St., Sac. (800) 600-6028.

Horticulture workshop

March 26: Design and select plants for a healthy, beautiful garden. Learn from UC Master Gardeners to beautify and enrich your garden using quality gardening principles; spring irrigation system tune-up; and learn least toxic tactics to prevent plant pests and diseases. Outside, rain or shine. Free. 9 a.m.-12 noon. Horticulture Center, 11549 Fair Oaks Blvd., Fair Oaks in Fair Oaks Park, next to the Library. (916) 875-6913

Plant clinic

March 26: Sacramento County UC Master Gardeners will help you to diagnose and solve garden problems. Bring samples from problem plants or insects to be identified. Free. 9 a.m.-12 noon. Horticulture Center, 11549 Fair Oaks Blvd., Fair Oaks in Fair Oaks Park, next to the Library. (916) 875-6913

Co-Dependents Anonymous

March 27: 12-Step group for those who struggle to maintain healthy relationships. Meets Sundays. 2 p.m. Heritage Oaks Hospital, 4300 Auburn Blvd., Rm.101, Sac (866) 794-9993.

Community Sunday breakfast

March 27: Enjoy a delicious breakfast of eggs Benedict, corned beef hash, Joe's scramble, pancakes and more. 8:30 a.m.-11 a.m., every Sun. \$9. Elks Lodge No. 6, 6446 Riverside Blvd. (at Florin Rd.), Sac. Proceeds benefit student scholarships. www.elks6.com

Sunday Support for the widowed

March 27: The Widowed Persons Assn. sponsors Sunday Support sessions which are held every Sunday, rain or shine - holidays included. 3 p.m.-5 p.m. 2628 El Camino Ave., Ste. D-18 (east of Fulton). Widows and widowers welcome. Barbara Stewart (916) 363-3482

Swing Masters Band

March 27: Enjoy the sounds of the Big Band Era every fourth Sunday of the month. 2 p.m. - 5 p.m. Sacramento Elks Lodge No. 6, 6446 Riverside Blvd., Sac. (916) 444-6138

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Tuesday, March 31, 2011
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Arden Hills Resort Club & Spa
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RSVP 3/23/11 (916) 564-4881
or angelene.r.murti@ampf.com

Rummage Sale
Greenhaven Lutheran Church
Saturday, March 26
8 a.m. to 1 p.m.
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Faces and places

Sacramento celebrates St. Patrick's Day

Arden-Carmichael News photos by
STEPHEN CROWLEY

Everyone is Irish on St. Patrick's Day. Even Mayor Kevin Johnson, who rode in a vintage official Indianapolis 500 Pace Car at the 15th annual St. Patrick's Day Parade in Old Sacramento.

Some 1,000 people celebrated the popular saint, who is the patron saint of the Diocese of Sacramento. There were pipers, dignitaries, Celtic dancers, cheerleaders, vintage autos, beauty queens, clowns and much more.

Presiding over the parade this year were two native sons of Ireland: Monsignor Edward Kavanagh, pastor emeritus of St. Rose Parish and St. Patrick's School and Orphanage, and Father Dan Madigan, pastor of St. Joseph Parish and founder of the Sacramento Food Bank. Msgr. Kavanagh was born in County Kilkenny and Fr. Madigan was born in Shanagolden, Limerick County.

The event drew over 20,000 interested spectators.



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CARMAH HATCH 765-6210



ENTERTAINERS DELIGHT IN ARDEN OAKS

Sunny, delightful remodeled home. Family room w/walls of windows viewing pool & expansive backyard. Remodeled kitchen w/granite & SS appliances w/wonderful skylight windows. Remodeled bathrooms. Hardwood & tile floors. Lovely formal LR & DR. 4 bedrms + office/den/library. See www.4001windingcreekrd.isnowforsale.com \$999,000

LEIGH RUTLEDGE 612-6911

BILL HAMBRICK 600-6528



GATED CUSTOM ESTATE

Extraordinary quality. 24' entry, Limestone floors, Security system w/cameras linked to TVs. Main floor master, bath w/onyx counters, jetted air tub w/ lighting, heated floor. Granite kitchen w/ 3 dw, high-end appliances, butler's pantry, large built-in banquette, open to family room. Home theater, wine room, wet bar, outdoor kit, 2 patios. Quiet street. See www.BarberryHome.com \$2,100,000

COLLEEN WIFVAT 719-2324



GATED COMMUNITY

Wonderful gated community. Gorgeous large open remodeled kitchen. Private location with views to greenbelt from the living room and den. Two story model with large master suite that features sitting room and marble fireplace. Beautiful private entry that is formally landscaped. Tiled patio and waterfall. See www.324WyndgateRd.com \$650,000

PATTY BAETA 806-7761



CLOSE-IN COUNTRY LIVING

This gracious Tudor has 5 bedrooms, an office, 2 family rooms, 4 car garage, cold wine storage, a vineyard, charming old stables, an orchard, garden area, huge gourmet kitchen and one of the prettiest lots you'll ever see. You get the best of all worlds with this classy family home close to everything but with the feel of living in the country! See www.1154MariemontAve.com \$1,499,950

CARMAH HATCH 765-6210

WYNDGATE HOME

Beautifully appointed & updated home in gated community. Kitchen redone in 2009. Teak wood & stone flooring. New H/A unit in 2008. Custom closets. Redone stone patios. Pool & Spa resurfaced. 3 Bedrooms and 2 1/2 baths. Many amenities. See www.432WyndgateRd.com \$650,000

PATTY BAETA 806-7761

CAMPUS COMMONS

Wonderful location with greenbelt view. This 3 bedroom, 2 1/2 bath condo with upgrades that include stainless steel appliances, recessed lighting, travertine tile flooring, updated bathrooms with granite counters and plantation shutters. All within close walking distance to the pool, clubhouse and tennis courts. See www.1103CommonsDr.com \$310,000

CHRIS BALESTRERI 996-2244

WYNDGATE ONE STORY

Rare beautifully updated one story home in gated community. Features 3 bedroom (one bedroom enclosed and added to den), wood floors, high ceilings. Kitchen is open and bright. See www.445wyndgaterd.2cmymhome.com \$679,000

PATTY BAETA 806-7761

GOLD RIVER

Single story Powell-built home Crocker Grove. Gated courtyard entry leads to an open & updated, flowing floor plan. Kitchen features granite counters, travertine tile, island hood, built-in refrigerator & stainless Bosch appliances. Peaceful & tranquil cul-de-sac location. See www.11243crockergroveln.epropertiesites.com \$478,000

KARA PARKER 716-3313
CHRISS BRIGGS 834-6483

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