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Flea market fundraiser to benefit Sac County Animal Shelter

Special to Arden-Carmichael News

The public can demonstrate their support for Sacramento County's state-of-the-art Animal Shelter and at the same time shop for bargains during the weekend of June 25-26 at the Save Our Shelter "Flea" Market.

Like most government agencies, the Department of Animal Care and Regulation has had to endure budget cuts but community supporters and animal lovers continue to help raise funds to sustain operations. The "Save Our Shelter" effort raises funds to care for the 15,000 animals that come through the shelter every year. Through donations and various fundraisers, including last year's very successful "Whiskers and Wine" event, supporters have been able to raise almost \$100,000.

"The Department of Animal Care and Regulation makes a tremendous difference in the lives of animals that are lost, abandoned or subject to abuse," said Sacramento County Supervisor Susan Peters. "With the departmental budget being stretched thin by current constraints, community support is needed now more than ever to help supplement funding for the shelter's operations. The Flea Market is an opportunity to have fun and help the animals at the same time."

The Flea Market will be held over the weekend of June 25-26 from 8 a.m. to 4 p.m. both days at the Animal Shelter, which is located



File photo
 Support the animals at the Sacramento County Shelter's "Save Our Shelter 'Flea' Market" on June 25 and 26. All proceeds will benefit the animals.

at 3839 Bradshaw Road in Sacramento. All proceeds will benefit the animals. Merchandise available for sale will include household items, furniture, clothing, pet products and crafts created by shelter volunteers.

New or gently used items may be donated. To schedule a drop off or pick up of usable items call (916) 361-7604 or email saccountyshelterfleaemarket@yahoo.com. Due to limited storage space, items cannot be dropped off at the shelter. More information is available online at www.saccountyshelter.net.

And attention all shoppers: please be sure to visit your ATM in advance because flea market purchases are cash-only.

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Photo iStockphoto

Enjoy an evening of family fun with your neighbors at the Ice Cream Social at the Carmichael Library on Saturday, June 11.

Ice Cream Social at Carmichael Library is June 11

Arden-Carmichael News staff

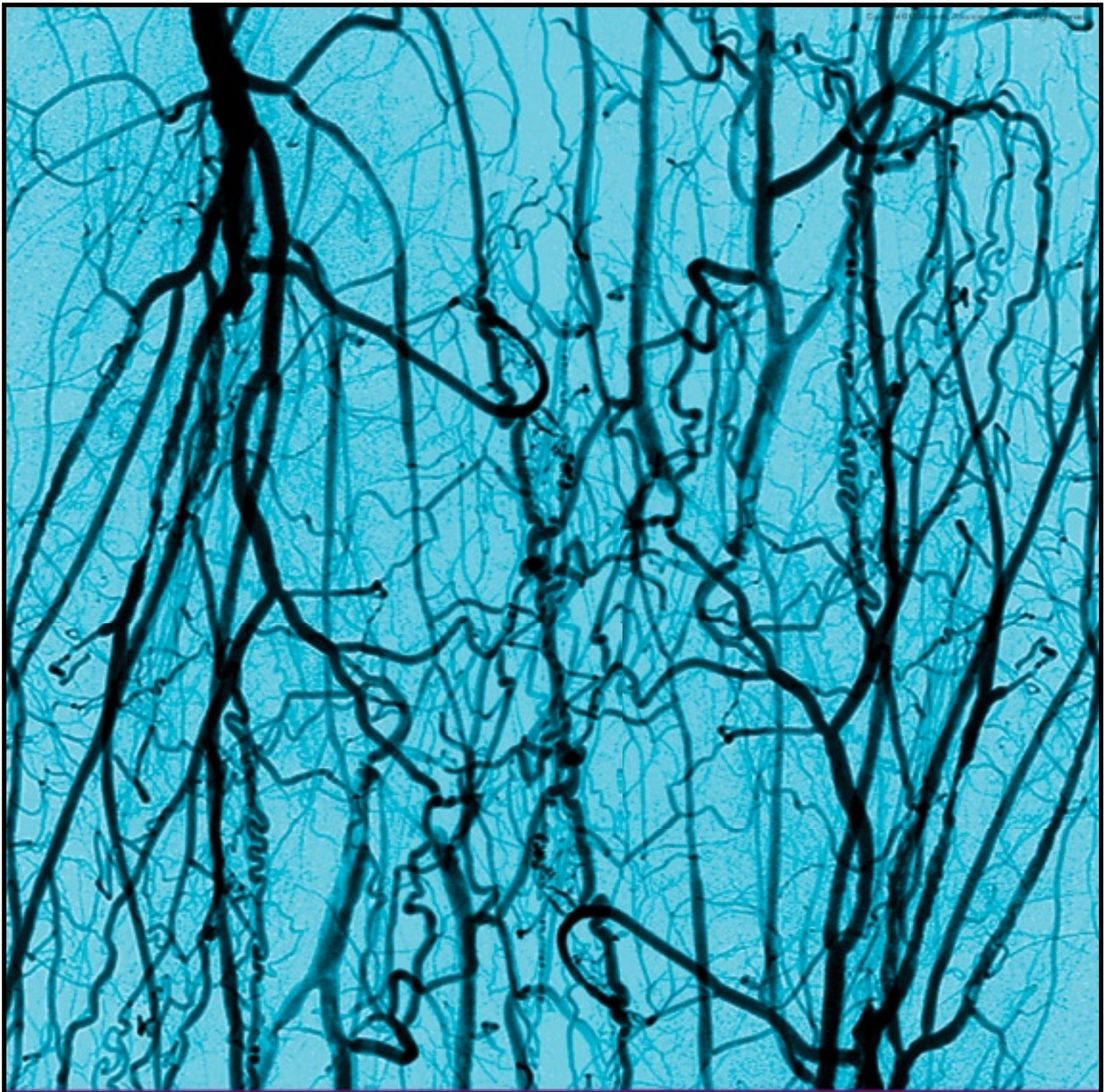
Enjoy free ice cream at this community social at the Carmichael Library on Saturday, June 11 from 2 p.m. to 4 p.m.

Get the scoop and sign up for the library summer reading program. Those who complete the program will receive a book (kids and teens) or a bag (adults).

This event is sponsored by the Friends of the Carmichael Library. The library is located at 5605 Marconi Avenue in Carmichael. For more information, call (916) 264-2700 or visit www.saclibrary.com.

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Dance Fun at Mission Oaks Community Center

Special to Arden-Carmichael News

Come one, come all...it's dance time at the Mission Oaks Community Center.

Two fun summer dances are planned: a father-daughter dance and an Independence Day dance. AND there will be dancing every Wednesday night, June through September!

10th annual Father-Daughter Dance

Calling all fathers, grandfathers, daughters and grand-

daughters (also father figures and grandfather figures)...come join the fun at the 10th annual Father Daughter Dance. Music will be provided by the Sundance Kid. The date for the dance is Friday night, June 17, from 7 p.m. to 9 p.m. And it's only \$5 per person. There will be light refreshments, games and prizes. All ages are welcome.

Independence Day Dance

Come celebrate our nation's 235th birthday on Friday, July 1,

from 7 p.m. to 9 p.m. Celebrate to the tunes of the Rotary Rooter Band. Again, it's just \$5 per person.

Summer Wednesday Dance Night

Every Wednesday night this summer is Summer Dance Night, starting in June and running through September. The dances will start at 7 p.m. and go until 9:30 p.m. Admission for the Summer Dance Nights will be \$7 per person. Come, bring your

friends, family and sweethearts...there will be something for everybody, from swing to rock to country. Music will be provided by The Sensible Sounds Dance Band.

All of these dances will be held at the Mission Oaks Community Center, which is located at 4701 Gibbons Drive in Carmichael. For more information, call (916) 972-0336 or visit www.morpd.com.



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Record rain date for Boy Scout e-waste drive on June 2

Special to Arden-Carmichael News
 Photos by BILL CONDRAY
 Arden-Carmichael News photographer

Leaders, E-Waste Committee members, and Scouts of troops 161 and 802 participated in an e-waste drive at the Kohls Department Store parking lot on Saturday, June 2.

They started setting up at 7 a.m. Bruce Somers, Committee Chair and others, held an orientation and safety meeting with the participants. The donators started arriving early at 8:30 a.m. and they were taken care of prior to the official starting time of 9 a.m. In the first ten cubic yard bin were items with screens (TVs, monitors etc) and the other bin contained other e-waste items.

The Scouts directed the incoming traffic, checking with the donators to meet state regulations, and then directing them to the unloading area. Adults unloaded the e-waste into the large bins as required by CEAR, the e-waste recycler and everyone received a thank you as they departed. All of this took place at a pace greater than one car every two minutes going through the whole system. The scouts and adults had lunch in shifts, so the e-Waste unloading could continue.

The cars and pickups streamed steadily through all day until after closing at 1 p.m. Two and a quarter bins were filled and moved to CEAR, Inc., a local small business, which will recycle the contents. All computer hard drives will be shredded to protect any information that was still left on them.

Approximately 25,000 pounds of e-waste was collected meeting the Scouts goals of "Going Green with the Boy Scouts" and providing a much needed service to the communities we live in. At the conclusion of this sixth e-waste drive, the goal of collecting 300,000 pounds total should be met.

With the success of this event, another e-waste drive is planned for September.



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Remembering Les Meinzer: The Arden area's adobe builder

By LANCE ARMSTRONG
Arden-Carmichael News writer
lance@valcomnews.com

Back in the days when the Arden area included many dirt and gravel roads, a man named Les Meinzer acquired property on Mariemont Avenue, off of Eastern Avenue, and constructed his home with adobe bricks that he made from the land's soil. The home was one of his many creative projects.

When Les, who passed away at the age of 88 on June 23, 2002, constructed the house nearly three quarters of a century ago, such a home was uncommon for the era and represented a step back in time that delivered a reflection of early California.

The oldest standing buildings in California were at this time and continue to be those that were built with adobe bricks.

Les, who was born on a 10-acre farm in the community of Kerman, near Fresno, and graduated from Reedley High School in Reedley, Calif. in 1930, built his aforementioned adobe home in 1938 by continuously working nights and weekends until the home was completed.

The love affair that Les had with adobe houses began a

year earlier, when he observed an adobe house on Juliese Avenue, near Grant High School.

Les, who worked as an aircraft mechanic at McClellan Field during World War II, resided in his adobe home with his wife, Claire, who he married on Sept. 5, 1936, and his children until after the war.

The previously mentioned Mariemont Avenue adobe house would not be the last adobe house that Les would build.

In 1946, while working as a general contractor, Les purchased 26 building sites and constructed the first of several adobe homes in a subdivision, which was known as "Adobe Village."

These custom homes, which were located in the same general area as Les' first adobe house, were constructed on Sierra Madre Drive, Mariemont and Eastern avenues and Rand Lane, using hand-drawn sketches.

Unlike Les' first adobe house, the other adobe homes were constructed with bricks that Les purchased from Harrison H. Fait's 20-acre adobe brick plant, which was located at 1950 Howe Ave., across from Staples office supplies, between Wyda and Cottage ways.



Photo courtesy, Meinzer Family

The adobe homes of Les Meinzer presented unique interior views.

Producing 200,000 adobe bricks during its actual 25 days of operation per year, the plant was once known as the West's largest adobe brick plant.

In addition to homes, the plant's bricks, which were made with the site's soil, were used for the construction of farm buildings, garden walls, ornamental walkways, patios, barbecues, fireplaces and even swimming pools.

The plant's patented Bitudobe bricks, which were made with "bitumuls" emulsified as-

phalt stabilizer and set in place with "hydropel"-treated mortar, were able to be used in the construction of swimming pools, as they met the strength and waterproofing standards of the Pacific Coast Building Code and Federal Housing Administration.

In 2000, while reflecting upon his beginnings as an adobe house contractor, Les said, "At the time, there were no parameters, no drawings and nothing to go by. Nobody had ever done it the way we wanted to, so we got a fellow

named Harrison Fait talked into making adobes and going into the adobe brick business. He made the brick and I built houses with it."

The first Adobe Village house—a home on Mariemont Avenue—was built for Charles Inks, a wholesale and retail grocer. One of his stores was located at 3535 Fair Oaks Blvd.

The subdivision's second home was constructed for "L.H. "Bud" Carter, a wholesale lumberman, and the third house was built as a new home for the Meinzer family.

In sequential order, according to their arrivals in the neighborhood, other Adobe Village home owners were: Rowell Hastings, operator of a planing mill in Rocklin, Robert Green, sales manager of Golden State Creamery, and Chester Hall, a post-office employee.

The ninth Adobe Village house, a newer home that was built for Les' family, was a 12-room house that was constructed around an open courtyard in a similar manner to Sutter's Fort, which was built with a 19th century version of adobe.

To add to its early California appearance, the home was also built with native wood,

See Adobe, page 7



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Adobe: Just about anything built in adobe was built by Meinzer

Continued from page 6

including heavy California cedar beams.

Furthermore, the floors in the home's living and dining rooms and a closed off section of its loggia were paved with California tile.

One of Les' seven children, Rona (Meinzer) Commins, said that she once asked her father about his memories of building her family's third adobe home, which was her father's masterpiece. She received a very modest response.

"I asked my father how he could design such a beautiful, artistic and functional place when he was only in his 30s," Commins said. "He told me that he thought of all the things that he wanted in his house and then it all turned out by 'dumb luck.'"

In addition to Adobe Village, which was known as "Sacramento's most unusual subdivision," Les' adobe work extended to the much more widely known Adobe Court of the Town and Country Village shopping center and the original portion of the Coral Reef restaurant, which was located at 2795 Fulton Ave.

Fair Oaks resident De (Meinzer) Ellsworth, remembers accompanying her father, Les, during the construction of the Adobe Court.

"I remember going with him on the (Adobe Court) job and helping him clean up when I was about 8 years old," Ellsworth said. "But at that age, I also played a lot and I remember swinging around the large (telephone) poles that held up the buildings' overhangs."

In expressing the uniqueness of her father's work dur-

ing this time, Ellsworth added, "Just about anything that was built in Sacramento with adobe was built by my father."

During the 1960s, Les constructed more adobe houses as part of another development, the Sierra Parks Estates subdivision, north of Sunset Avenue on Arboleda Drive in Fair Oaks.

Les once said, "I thought I could buy (a) lot for \$50 down and scrape up some dirt and build house."

Although Les learned that building adobe homes was a much more difficult and time consuming endeavor, he eventually built about 100 adobe homes within the greater Sacramento area and other parts of California.

Despite being well known for his construction of adobe houses, Les was active in many other projects throughout his life.

Two of Les' more unique projects were projects with Dynamics Research, Inc., a company in which he assisted in the development of a high-speed automotive bumper and a vermiculite cell that was used as an energy absorber in highway crash barriers.

He also built World War II bomb shelters, one of which - a shelter on Sierra Madre Drive - lasted until 2001, when it was demolished.

Among Les' many other activities were building a speedster from a Model T at the age of 15, operating his own radio station, W6BQE, at the age of 16, owning and operating an automotive shop in the early 1930s, and not surprisingly, considering



Photo courtesy, Meinzer Family

The ninth adobe house in Les Meinzer's Adobe Village was his masterpiece home. The house featured a dozen rooms built around a large courtyard.

his background at McClellan, he also flew his own airplanes.

Through all of his experiences in business and other elements in his life, Les developed strong words of wisdom for others.

Les once said, "That's perhaps one of the biggest bugaboos in our day, (people) spending more (money) than they have or more money than they should and they end up in debt, and that's the same as being in bondage."

Les' tombstone in the East Lawn Sierra Hills Memorial Park cemetery at 5757 Greenback Lane reads, "Save your money."

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Dogs and their owners parade in the rain at 18th annual Doggy Dash

Photos by STEPHEN CROWLEY
Arden-Carmichael News photographer

Despite unseasonably wet and chilly weather, some 5,000 animal lovers gathered from Arden, Arcade, Carmichael and throughout the Sacramento area. With them came their beloved canine companions for the 18th annual Doggy Dash, a 5K or 2K walk to benefit the Sacramento Society for the Prevention of Cruelty to Animals on June 4. The event was held at beautiful William Land Park.

For 17 years, two- and four-legged participants have attended this event, creating a tradition in Sacramento and transforming the Doggy Dash into one of the biggest "can't miss" events of the year.

The morning's activities included the walk, the Fifth annual Pug Races, Pup Shows (Ugliest Dog, Best Wag, Best Smile, Best Kisser, Best Tricks, Most Magnificent Pup and more), demonstrations by the Sacramento Police K9 Unit, Sacramento Flyball, Touch and Go and First Fun Agility and the Disc Dogs of the Golden Gate.



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Northminster Presbyterian to hold VBS

Special to Arden-Carmichael News

Kids ages four through grade six are invited to come join in the fun at Northminster Presbyterian Church's summer Vacation Bible School, June 13-17.

There will be fun games, crafts, music, skits and ice cream, along with learning some of the greatest stories ever told from the New Testament – and an opportunity to make new friends.

This program is free, and a light supper is served every evening.

The fun starts every evening at 5 p.m. and runs until 8 p.m.

Northminster Presbyterian Church is located at 3235 Pope Avenue in Sacramento. For details, call (916) 487-5192.



File photo
It's time for Vacation Bible School. Kids ages four through grade six are invited to come join in the fun at Northminster Presbyterian Church's summer Vacation Bible School, June 13-17.

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Portuguese festas had local beginnings in Carmichael in 1897

By LANCE ARMSTRONG
Arden-Carmichael News writer
lance@valcomnews.com

Being that Portuguese immigrants settled the Riverside-Pocket area more than a century ago, it should come as no surprise that one of the area's oldest events is the Sacramento Holy Ghost Festa. The festa is a Portuguese religious fes-

tival honoring Portugal's 14th century queen, Isabela, who was later canonized a saint.

Known as the Riverside Holy Ghost Festa until 1966, this local event was first held in the Pocket in 1914.

This festa or "festival" is actually older, as it began in 1897 in the Associacao Azoreana do Divino Espirito

Santo (Azorean Association of the Divine Holy Spirit) or AADES, Grant. Grant was an area in today's Carmichael.

The demise of the Portuguese population in the Grant area resulted from the relocation of the Portuguese lodge to the Pocket, which had developed into a sizable Portuguese settlement.

The move was made possible through Francisco J. Luiz (later Frank Lewis, Sr.), who with his neighbor, Antone Pereira Rodrigues (Antone Rodrigues Perry), would travel about 18 miles from the Pocket to the Grant area to attend the AADES lodge meetings.

Luiz donated two acres of land from his ranch in the

Pocket for the purpose of moving the lodge from the Grant area to the more populated and still growing Pocket area.

In feeling that the relocation of the lodge to Luiz's property provided the best situation for the future of AADES, the organization's members approved the relocation through a vote.

In 1909, the building was cut in half and transported via large wagons and teams of horses and reassembled on the land that Luiz had donated.

Once relocated, the lodge was used by the organization for its meeting hall.

The structure, which is located on Pocket Road (the old Riverside Road), a quarter mile from where Park Riviera Way branches out from Riverside Boulevard, was also used for the storage of items such as flags and banners for the festa.

The organization's move to the Pocket helped the AADES to substantially increase its treasury to an extent that the lodge was able to construct a new, two-story hall adjacent to the clubhouse.

Construction of the new hall was completed in 1913 and the old hall was remodeled into the Igreja de Santa Maria (St. Maria Church).

The building of the new hall resulted in the debut of the Riverside Holy Ghost Festa.

The 2003 Portuguese Heritage Publications of California book, "The Holy Ghost Festas" – a history of Portuguese festas in California – does well in describing the immigrants' desire to hold festas in the Golden State.

The book notes that in addition to carrying on the Holy Ghost Festa tradition of their homeland, the immigrants also desired to "blend in, to belong and to feel accepted." And the festas held in California helped to fulfill such desires.

In carrying forth the festa tradition from the Grant area, the Portuguese of the Pocket area held the first Riverside Holy Ghost Festa in conjunction with the church's dedication on May 31, 1914.

In addition to the AADES festa, a festa was also held at the same location by another Por-

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See Festas, page 11

Festas: Celebrations honor 14th century Portuguese queen/saint

Continued from page 10

tuguese lodge, IDES (an abbreviation for a Portuguese name meaning the "Brotherhood of the Divine Holy Ghost") No. 125. This latter mentioned lodge, which included many local farmers and dairymen, was founded in the Riverside area on Dec. 27, 1913. This lodge's festa was last held in about the early 1940s.

At the first AADES Riverside Holy Ghost Festa, Mary Silva, who was about 15 years old, was selected as the festa queen.

The festa queens were selected in various ways such as being appointed by the lodge president, the number of tickets sold or favoritism by the organization.

The young women chosen to be queen generally range in age from 15 to 17 years old.

A junior queen – an honor that was not part of the Riverside Holy Ghost Festa – is also selected from girls between the ages of about 13 to about 15 years old.

In very large organizations, thus not including the featured lodge, a "baby queen" is sometimes represented.

The festa queen usually appoints two or three side maids to assist her with her duties in the festa parade.

The parade is the integral part of the event and features decorated floats, flags and lodge banners, Portuguese and other local bands, queens from other areas such as Rio Vista and Dixon, and officers of the organizations.

Additional parts of the event include a barbecue of marinated beef, a Mass, in which the queens are crowned by the priest and a feast that commemorates Queen Isabela feeding her poor during the great, 14th century famine of Europe.

Although this is a traditional Portuguese event, other members of the community who appreciate other cultural gatherings are welcome to attend this year's festa, which will be held on Saturday and Sunday, June 11-12.

The Saturday barbecue, which mostly consists of potluck items with families purchasing spits of meat for their groups, will begin at about 5 p.m. and will be followed by the presentation of the queens

later in the evening, generally at about 8 p.m.

On Sunday, the parade begins at 9 a.m. at Portuguese Hall and travels along a specified route on its way to the church, where Mass and the crowning of the queens is held.

Following the crowning ceremony, the procession forms again and marches on a route back to the hall.

The queens are first seated to preside over the feast of sopas and carne (soup and meat) – pans of sliced French bread and mint ladled with the gravy of the cooked beef, along with platters of the meat. The other parade participants follow the queens and their aides prior to all others attending the festa.

After the feast, guests will exit an area featuring an intricately decorated alter consisting of the crown and displays of flowers.



Father Bardon of St. Joseph Church crowns the Riverside Holy Ghost Festa queen during a Mass in the 1950s.

Photo courtesy, PHCS

Attendants at this exit will accept donations and pin a commemorative ribbon on the shirt or bodice of each guest.

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Healthy Youth for Physical Excellence project is not just 'HYPE' – it's hip

By MARC MALONEY
Arden-Carmichael News writer

Faced with an incessant stream of colorful, loud advertisements for sugary foods, sweetened drinks and video games that promise more passive entertainment from the couch, today's kids face many challenges when it comes to keeping physically active and eating healthy foods.

An eight-week summer health and wellness program offered by the Mission Oaks Recreation and Park District will provide a safe, positive environment where kids and their families can learn about the importance of nutritional information, weight maintenance and physical fitness.

Project HYPE (Healthy Youth for Physical Excellence) will be held from 8 a.m. to 1 p.m. weekdays between Monday, June 20 and Friday, Aug. 13, at Swanston Park, 2350 Northrup Drive. Participants between the ages of 10 and 15 years old will learn the importance of family involvement and support in their efforts to maintain a healthy lifestyle. Special emphasis will be put on making sound nutritional decisions, main-



Photo courtesy, Mission Oaks Recreational and Park District
Kids ages 10 to 15 have an opportunity to beat poor health and obesity this summer, by participating in an eight-week summer health and wellness program offered by the Mission Oaks Recreation and Park District. Project HYPE (Healthy Youth for Physical Excellence) will teach kids and their families how to make healthy lifestyle choices.

See HYPE, page 15



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"This letter is in regards to the care your center is giving my mother, Frances. I would like to take this opportunity to let you know that my family and I are extremely happy in which your staff addresses my mother's needs, both physically and mentally. I especially wanted to thank you personally for your help with my mom's situation when I was away for a few weeks taking care of my in-laws. It's always difficult to take care of things when I can't be on-site right then and there, but you make all the difference in the world in helping diffuse that situation quickly and efficiently. In closing, I would like to say that I am grateful my mother resides at Rosewood Rehabilitation and am thankful you and your staff truly have compassion and concern for all your residents. If there is EVER anything I can do to help you with anything in the future, please don't hesitate to contact me. Thank you again!" Katherine J.



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HYPE: Participants' family members must commit to program also

Continued from page 14

taining a healthy weight, and the importance of regular exercise.

Project HYPE is the brainchild of Danny Curtola, supervisor of recreation at Swanston Community Center. Curtola formulated the program after hearing a presentation at a national recreation conference in Baltimore, MD about a similar program operating in Fresno.

"We heard about how Fresno had operated a successful health and wellness program, so I got in touch with them and they kindly provided a template that we could use," he said.

This will be the third summer the Mission Oaks Recreation and Park District has offered Project HYPE. Curtola expects this to be the program's most successful summer yet.

"During the first year, when we had no real expectations, we had about 20 people sign up and about 10 people that completed the en-

tire program. Then last year, about 30 signed up and 20 completed it," he said. "We hope to have 50 kids finish the program this year."

As his emphasis on kids finishing the program should make clear, Curtola views commitment as a key attribute for Project HYPE participants.

"This is a progressive program, not a camp that you can attend for a day or two, then leave, then come back when you feel like it," he said. "This is not just about trying to lose pounds. This is an eight-week curriculum, not just a day camp. It's commitment-based; if you commit, you will succeed."

Participants' family members also must commit to the program; participants' parents or other family members are required to attend at least three Family Night events.

"The Family Nights are held every other week, and they're themed," explained Curtola. "One night features a professional chef;

last year, it was a good friend of mine who happens to be chef at Grange Restaurant at the Citizen Hotel. The chef will teach everyone how to make a healthy meal, and then the parents will be responsible for bringing in healthy snacks for future Family Nights. We need parents to learn about this stuff as well."

Project HYPE's daily curriculum will include an exercise component, a dietary lesson, and a fun activity like volleyball or yoga. Also planned are optional field trips to locations like the new wellness center at Sacramento State University and to the California Family Fitness facility on Howe Avenue, where CFF staff will instruct Project HYPE participants on proper weightlifting and exercise routines.

Thanks to support from local sponsors including the Sacramento River Cats and Raley Field, Kaiser Permanente,

Health Net, the nursing department at Sacramento State University, California Family Fitness, REI, and others, Project HYPE is free to attend; Curtola's goal is to find participants who are serious about wanting to complete the program and succeed.

"Obesity and poor health choices are epidemics that reach into all socioeconomic groups in our society," he said. "We're not looking for the kids who are already active and eat right. We are looking for the kids who might be having a hard time getting themselves away from the video games or who need information on how to cook and eat right."

For more information about Project HYPE or to register, visit http://morpd.com/things_to_do/classes_and_programs/ProjectHYPEYouthHealthandWellness.aspx or contact Curtola or Kevin Pham at (916) 333-6464.



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Know your neighbor

Sacramento Rose Society is in its seventh decade

By LANCE ARMSTRONG
Arden-Carmichael News writer
lance@valcomnews.com

Considering the old, often-repeated phrase, "April showers bring May flowers," perhaps there is no better time to present the history of a certain longtime local organization, the Sacramento Rose Society.

However, as local rose growers are well aware, one does not have to wait until May to enjoy the beauty of roses.

Rose growers in the Golden State are especially fortunate due to the state's climate, which allows a longer blooming period. Roses consistently bloom, with the exception of the coldest times of the year.

Because of a group of 23 local residents' passion for roses, the Sacramento Rose Society began its long history with its founding on June 27, 1940. These first members had been meeting and sharing their interests in roses for six months prior to making the decision to form the society.

The organization, which was originally headed by its president, Raymond Newman, a bacteriologist who resided at 1170 Marian Way, near Riverside Boulevard in Land Park, was established to "encourage and educate the public in growing and showing roses."

It was likely a coincidence, but 1940 also marked the beginning of All-America Rose Selections. The selections for this first year were the salmon

red hybrid tea, "The Chief," the scarlet red hybrid tea, "Dickson's Red," the Oriental red, climbing hybrid tea, "Flash," and the deep red floribunda, "World's Fair."

Although the society presently meets at 7:30 p.m. on the second Thursday of every month – except in July and August – in East Sacramento at the Iva Gard Shepard Garden and Arts Center, 3330 McKinley Blvd., the original members initially met in the clubhouse at William Land Park.

According to a brief history of the society by Adena Kalal, one of the organization's members, various early activities of the society were influenced by wartime conditions.

In her history of the society, Kalal noted the following: "Minutes were not read because of a possible blackout (and) garden tours were limited to nearby urban gardens, because of gas rationing. Lack of rubber bands was blamed for (a) 40 percent loss of budded stock per California nurseryman A.W. Lloyd in his December 1943 program on budding."

In 1945, the society combined with an iris show to present its first rose show, which was held at an earlier garden and arts center that was replaced by the aforementioned center at McKinley Park.

To financially assist the society during its earlier years, the organization's members held



Arden-Carmichael News photo, Lance Armstrong
Sacramento Rose Society President Kent Duncan of the Arden area and the society's Vice President Ellie Longanecker of Carmichael stand alongside the society's banner prior to the organization's May meeting in Sacramento. Members come from Land Park, Carmichael and throughout the region.

such fundraisers as rummage sales and summer picnics, and operated fireworks booths.

The society, which at its peak consisted of as many as about 225 members and presently has about 100 members, also achieved local notoriety during its earlier years through its rose displays at shopping centers and at the old fairgrounds on Stockton Boulevard.

Although she was not among the first members of the society, longtime society member Muriel Humenick, 85, joined the organization so early that she recalls former society pres-

ident, Laura Sutter, who co-owned the Bill & Joe Lunch eatery at 2760 Sacramento Blvd. (present day Martin Luther King, Jr. Boulevard).

Sutter, who resided at 1820 C St., served as the society's fifth president in 1947 and 1948.

Other members who joined the society prior to when Muriel joined the organization in the late 1950s were: Lou Vern White, Charles Bryson and Orville Penick.

Muriel remembers Penick well, because he served as the show chairman while her husband,

Bill, who worked for the Aerojet-General Corp., was serving as the assistant show chairman.

Muriel said that she joined the rose society with her husband after spending time with him as Camellia Society of Sacramento members.

"We decided that we enjoyed roses more (than camellias), so after we built a home in Orangevale, we went down and joined the rose society," Muriel recalled. "My husband, Bill, was in the April show in 1960 and he took first prize, a gold medal, with a rose, called 'Pink Parfait.' And my Lord, that is what set him off. All you need to do is get a blue ribbon or a certificate with a gold medal on it and you're hooked."

In the early 1960s, Bill and Muriel became rose show judges, which furthered their love for roses.

Muriel, who is a longtime consulting rosarian, eventually managed the rose department at Fountain Square Nursery in Citrus Heights for about 20 years, beginning in 1978, and was affectionately known as "The Rose Lady."

Although Bill passed away on May 14, 2008, Muriel remains Extremely dedicated to roses – and yes, that is "Extremely" with a capital "E."

In addition to her dedication to the society, her work

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Rose: Members come from all over the Sacramento region

Continued from page 16

as a rose show judge and her authoring of the book, "Growing Roses in Northern California," Muriel, who is a California Certified Nurserywoman, has owned and operated her own nursery, Rose Nursery, since 1980.

The four-acre nursery includes about 3,000 planted rose bushes and about another 300 potted rose bushes. It is located at 6641 Crystal Blvd. in the historic town of El Dorado on Highway 49, can be visited by appointment only. The telephone number of the nursery is (530) 626-1722.

Another longtime society member, Carmichael resident Betty Ann Cassina, also shared details about her involvement with roses.

Cassina, who joined both the Sacramento Rose Society and the American Rose Society 29 years ago, said that she may have gained her interest in roses in East Sacramento during the late 1940s.

"I first saw the McKinley Park rose garden as a child, actually, because the swimming pool was right there (at McKinley Park) and I used to come visit my grandmother (Matilda Rieb), who lived (at 21st and N streets), said Cassina, who was residing in Rio Linda at the time. "Maybe that's where my interest in roses came from. It was

just so amazing to see so many flowers in one place."

Cassina, who has since owned as many as 450 rose bushes and who presently has a rose garden with 300 bushes, said that although it is difficult to name her favorite rose, one of her favorite roses is the shrub variety rose, Sally Holmes.

"Sally Holmes is what I'd call a bullet-proof rose," Cassina said. "It's extremely healthy and never shows a sign of disease. It just puts on a glorious (white) bloom. It's fabulous."

A multiple winner of the Queen of Show, the society's annual, free rose show's top prize, Cassina said that participating in the show never gets old.

In discussing the show, she asked, "What's better in your life than being in a room full of roses?"

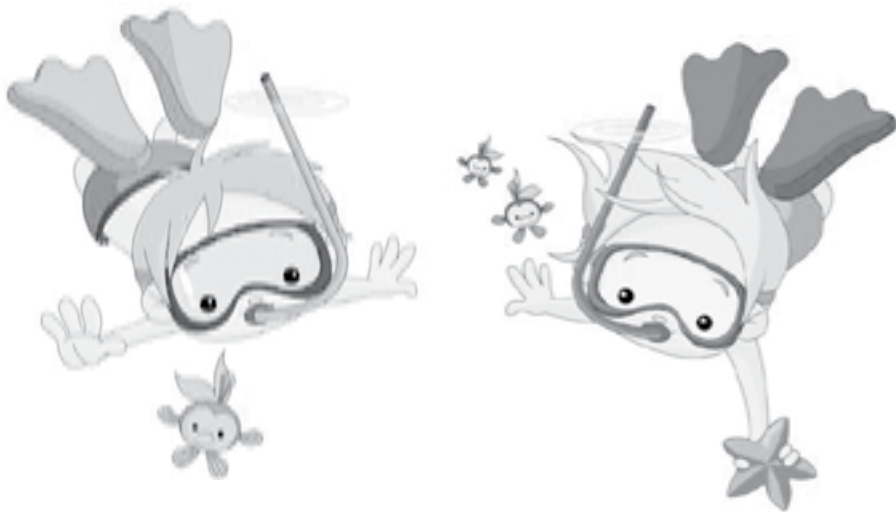
The society's president, Arden area resident Kent Duncan, posed his own question regarding roses, as follows: "What is better for your garden than a flowering plant that blooms practically all year, can have fragrance, can give you cut flowers and really appreciates the care you give it?"

For additional information regarding the Sacramento Rose Society, including how to become a member, call (916) 408-3455 or visit the Web site www.sactorose.org.



ARden-Carmichael News photos, Lance Armstrong
Longtime Sacramento Rose Society members Betty Ann Cassina (left) and Muriel Humenick enjoy the scent of several freshly cut roses.

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CALENDAR

For more Calendar entries visit
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Send your event announcement for consideration to: susan@valcomnews.com at least two weeks prior to publication.

Valley High Country Club, 9595 Franklin Blvd., Elk Grove. Visit www.johnfkennedy-classof81.com for more information.

REUNIONS

JFK High '69, '70, '71

July 16: The John F. Kennedy High School combined reunion for the classes of 1969, 1970 and 1971 is rapidly approaching! We are in need of contact information so we can spread the word to as many of our old friends and classmates as possible. For more information please send your email address and/or phone number to: jfkreunion69-70-71@hotmail.com or call (916) 475-3816

JFK High Class of 1981

Aug. 6: The John F. Kennedy High School Class of 1981 will celebrate its 30th Reunion. \$75/person. 6 p.m. to 11:30 p.m.

JUNE

Tai Chi

Daily, except Sundays: Meditation, breathing, forms and various styles of Tai Chi are taught. No experience necessary. Everyone welcome. Free. 8 a.m.-9 a.m. Reichmuth Park, 6135 Gloria Dr., Sac. (601) 559-5481

'Mary Poppins: the Musical'

Through June 19: The music and story from the classic Disney movie come to the stage. Call for times, prices. Sacramento Community Center Theater, 1301 L St., Sac. (916) 808-5181, (916) 557-1999 www.BroadwaySacramento.com

Puppet festival

Through June 26: Catch "Jack & The Beanstalk" puppet show during the last week of the Annual Puppet Festival at Fairytale Town. In addition to paid park admission, show tickets are \$1 members and \$2 nonmembers, children 1 and under are free. Weekdays 10:30 a.m., 11:30 a.m. & 12:30 p.m., Sundays 12:30 p.m., 1:30 p.m. & 2:30 p.m. www.fairytaletown.org

Meaning and Medium

Through July 10: This exhibition explores the diversity of media in art, including photography, painting, sculpture, and mixed media. Pieces on display include work from various Sacramento-area high schools. Crocker Art Museum, 216 O St., Sac. (916) 808-7000, www.crockerartmuseum.org

'Bytes of Reality'

Through July 17: Southern California artist Daniel Douke responds to everyday experience by rendering the transient packaging of consumer products - particularly the box. Crocker Art Museum, 216 O St., Sac. (916) 808-7000, www.crockerartmuseum.org

The Photosynthetic Restaurant

Through July 17: Gourmet Sunlight for Plants as Catered by Jonathon Keats, a conceptual artist, fabulist, and critic, has developed a gourmet cuisine for the world's first photosynthetic restaurant, set in the floral plantings in front of the historic Art Gallery building of the Crocker Art Museum. 216 O St., Sac. (916) 808-7000, www.crockerartmuseum.org

'Defending the Caveman'

Through Sept. 11: Broadway's smash comedy about the sexes, written by Rob Becker. Call for times, prices. The Cosmopolitan Cabaret, 10th and K streets., Sac. (916) 557-1999 www.CosmopolitanCabaret.com

Bilingual Toastmasters

June 9, 16, 23, 30: Una oportunidad unica para mejorar sus habilidades bilingues y superar el temor de hablar delante de gente con nuestro club Los Oradores Toastmasters. Improve your language skills and lose fear of speaking in front of people in Spanish and English with Los Oradores. Every Thursday/ Cada Jueves 6:30 pm - 8:00 pm Sutter Cancer Center 2800 L Street, Sac. Teri Bullington (916) 723-6232 teri.bullington@gmail.com, www.sacramentotoastmasters.com

Food Addicts Anonymous

June 9, 16, 23, 30: 12-Step group for those who struggle with obesity, food obsession or eating disorders. Meets Thursdays. 9 a.m. St. Andrews United Methodist Church, 6201 Spruce Ave., Sac. (800) 600-6028.

Living Positive with Chronic

Disease group

June 9, 16, 23, 30: Meet-up group for people living with chronic disease who honor how important a positive mindset is. If you want to complain - this isn't the group for you. The group will discuss and support: best practices for managing your condition, communication strategies, ways to laugh, have fun, engage with life and more. Free. Meets Thursdays. 5:30 p.m. - 7 p.m. Starbucks, 1401 Alhambra Blvd., Sac. Dana Horn (503) 319-4247

Rotary Club of East Sacramento

June 9, 16, 23, 30: Hear guest speakers address local, regional and international topics. Visitors welcome. 12:15 p.m.-1:15 p.m., every Thurs. Salvation Army Dining Hall, 2550 Alhambra Blvd., Sac. www.rotary.org

Rotary Club of Pocket/Greenhaven

June 9, 16, 23, 30: Hear guest speakers address local, regional and international topics. Visitors welcome. 7:30 a.m., every Thurs. Aviators Restaurant, 6151 Freeport Blvd., Sac. Kelly Byam (916) 684-6854.

Sutterville Heights Optimist Club

June 9, 16, 23, 30: Come enjoy community speakers and community projects for youth. 12 noon., every Thurs. Aviators Restaurant, 6151 Freeport Blvd., Sac. Cliff (916) 427-2698 or Mary-Jo at (916) 691-3059

Volkssport walking

June 9: Come join the Sacramento Walking Sticks Volkssport Club! Monthly meetings held every second Thursday at 7 p.m. SMUD Headquarters Bldg., Conference Center, 6201 S St., Sac. Those who wish to walk before the meeting, meet at Starbucks, 1420 65t St., Sac. At 5 p.m. to walk a 3-mile walk to CSUS campus & back. Barbara Nuss (916) 283-4650 or (916) 691-7618 or nussb@surewest.net. Also www.SacramentoWalkingSticks.org

Big Band Dance

June 10, 14, 17: Dance to the rhythms of the Big Band era. Every Tues. & Fri. \$5 admission. 1:15 p.m.-3:45 p.m. Mission Oaks Community Center, 4701 Gibbons Dr., Carmichael. (916) 972-0336

Kiwanis Club of East Sacramento-Midtown

June 10, 17, 24: Come listen to an interesting guest speaker weekly; community service, serving the children of the world. Visitors welcome, first breakfast "on us." 7 a.m. - 8 a.m. Fridays. 2875 50th St., UC Davis Med. Ctr., Sac. (916) 761-2124 www.east-sacmidtownkiwanis.com

Rotary Club of Point West

June 10, 17, 24: Hear guest speakers address local, regional and international topics. Visitors welcome. 7 a.m., every Fri. Red Lion Inn, 1401 Arden Wy., Sac. www.pointwestrotary.com

Soroptimists of Sacramento

June 10, 17, 24: Soroptimist International of Sacramento South, a service club for business and professional women, meets Fridays. 11:15 a.m.-12:45 p.m. Casa Garden Restaurant, 2760 Sutterville Rd., Sac. Barbara McDonald, (916) 363-6927

Art Appetizers

June 11: On Second Saturdays, start your evening at the Crocker with a tour of the Museum's most recent exhibitions. This is a 50-minute experience designed to fulfill your art cravings. Free with Museum admission. 4 p.m. Crocker Art Museum, 216 O St., Sac. (916) 808-7000, www.crockerartmuseum.org

Food Addicts Anonymous

June 11, 18, 25: 12-Step group for those who struggle with obesity, food obsession or eating disorders. Meets Saturdays. 8 a.m. Mercy General Hospital North Auditorium, 4001 J St., Sac. (800) 600-6028.

Food preservation: all dried up

June 11: Food preservation public demonstration: All Dried Up - basic introduction to safe dehydration techniques. Free, no pre-registration required. 10 a.m.-noon. Sacramento Cooperative Extension Office, 4145 Branch Center Rd., Sac. (916) 875-6913.

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Humpty's Western Round-Up

June 11: Giddy up for this Western themed annual fundraiser for Fairytale Town. The event features live entertainment provided by The Dave Russell Band, B.B.Q. fixins', Crystal ice cream, children's western activities, and more. Tickets go on sale April 15. Tickets in advance are \$25 for adults and \$10 for children (2-12) and include a meal; children 1 and under are free. On the day of the event, tickets are \$30 for adults and \$15 for children (2-12). This event is sponsored in part by Murphy Austin Adams Schoenfeld LLP, Jordan Blair, Sacramento Coca-Cola, Foster Farms Dairy, Scott Naake Paper Company, Securitas Security Services, Southwest Airlines, Tony's Fine Foods, KNTY The Wolf Radio, and KVIE Channel 6. Tickets will be available online at www.fairytaletown.org, or at the Fairytale Town box office.

Landscaping the River-Friendly Way

June 11: Become water-smart and learn to save water and grow healthy plants at this free workshop. 10 a.m. - 2 p.m. Registration required. Florin Creek Park & Recreation Center, 7460 Persimmon Ave., Sac. (916) 874-8326 www.riverfriendly.org, <http://cesacramento.ucdavis.edu>

Music in Arden Park

June 11: Lucky Dogs blends well-chosen hit songs with upbeat rhythms from the country rock of John Mellencamp, The Eagles and The Black Crowes to the groove of Santana. With cutting edge pop such as Goo Goo Dolls and Sublime, and Classics from the likes of Bruce Springsteen, Stevie Ray Vaughn, REM, Bad Company, Eric Clapton and Billy Idol, which give to an electric fun night on the town. 7 p.m.-10 p.m. Bring your blankets and lawn chairs. No glass containers allowed. 1000 La Sierra Dr., Sac. (916) 483-6069 www.aprpd.org

Pops in the Park

June 11: The Q-Balls. 6 p.m. Glenn Hall Park, 5415 Sandburg Dr., Sac. www.east-sacpopsinthepark.com

'Snow White & the 7 Pirates'

June 11, 12, 18, 19, 25, 26: Climb aboard for some swashbuckling fun at Fairytale Town, but mind the apples. An evil queen, a magic mirror, a mysterious mermaid, a zombie army, and a beautiful princess who must take refuge with seven eccentric ...pirates? Watch The Fairytale Town Troupers perform a reimagined fairytale with a few new twists. Performances will be held on the Mother Goose Stage and are free with paid park admission. 12 noon, 1 p.m. www.fairytaletown.org

Co-Dependents Anonymous

June 12, 19, 26: 12-Step group for those who struggle to maintain healthy relationships. Meets Sundays. 2 p.m. Heritage Oaks Hospital, 4300 Auburn Blvd., Rm.101, Sac (866) 794-9993.

Community Sunday breakfast

June 12, 19, 26: Enjoy a delicious breakfast of eggs Benedict, corned beef hash, Joe's scramble, pancakes and more. 8:30 a.m.-11 a.m., every Sun. \$9. Elks Lodge No. 6, 6446 Riverside Blvd. (at Florin Rd.), Sac. Proceeds benefit student scholarships. www.elks6.com

Sunday Support for the Widowed

June 12, 19, 26: The Widowed Persons Assn. sponsors Sunday Support sessions which are held every Sunday, rain or shine - holidays included. 3 p.m.-5 p.m. 2628 El Camino Ave., Ste. D-18 (east of Fulton). Widows and widowers welcome. Barbara Stewart (916) 363-3482

Co-Dependents Anonymous

June 13, 20, 27: 12-Step group for those who struggle to maintain healthy relationships. Meets Mondays. 7:30 p.m. Friends Community Church Fireside Room, 4001 E St., Sac. (866) 794-9993.

Hatha yoga

June 13, 20, 27: Align the body through breathing techniques, postures and deep relaxation. 3 p.m.-4 p.m. Hart Senior Center, 915 27th St., Sac. (916)808-5462. Meets every Mon. Repeats Wed., Fri.

Rotary Club of South Sacramento

June 13, 20, 27: Hear guest speakers address local, regional and international topics. Visitors welcome. 11:30 a.m., every Mon. Casa Garden Restaurant, 2760 Sutterville Rd., Sac. www.rotary.org.

Tai Chi & Chi Keung

June 13, 20, 27: Chinese exercise combines specific movements and relaxation. 1:30 to 2:30 p.m., Hart Senior Center, 915 27th St., Sac. Meets every Mon. (916) 808-5462

Toastmasters

June 13, 20, 27: Have fun while improving speaking & leadership skills. Klassy Talkers Toastmasters. 7 p.m.-8:30 p.m. Mondays. Executive Airport, 6151 Freepoint Blvd., Sac. Ann Owens (916) 601-4652 www.klassytalkers.freetoasthost.org

Vacation Bible School

June 13 - 17: Come join in for fun games, crafts, music, skits and ice cream along with learning some of the greatest stories ever told from the New Testament, and an opportunity to make new friends. For ages 4 through 6th Grade. The program is free and a light supper is served each evening. 5 p.m -8 p.m. Northminster Presbyterian Church, 3235 Pope Avenue.(916) 487-5192.

Lecture Series

June 14: "Across the Life Span." The third of this three-part lecture series. 5:30 p.m. Crocker Art Museum, 216 O St., Sac. (916) 808-7000, www.crockerartmuseum.org

Rotary Club of Arden-Arcade

June 14, 21, 28: Hear guest speakers address local, regional and international topics. Visitors welcome. 12 noon, every Tues. Jackson Catering and Events, 1120 Fulton Ave., Sac. (916) 925-2787, www.ardenarcaderotary.org

Rotary Club of Carmichael

June 14, 21, 28: Hear guest speakers address local, regional and international topics. Visitors welcome. 6 p.m., every Tues Palm Street Pub & Grill, 6416 Fair Oaks Blvd., Carmichael. www.rotary.org

Upholstery class

June 14, 15, 21, 22, 28, 29: Learn how to upholster! All types: furniture, auto, boat. Adult ed class taught by an upholstery professional. Tuesdays, 11 a.m.-3 p.m., Wednesdays, 9 a.m.-1 p.m. \$45 for four weeks. McClaskey Adult Center, 5241 J St., Sac. Jerry Prettyman (916) 806-2172

Senior Wednesday Club

June 15, 22, 29: The Senior Wednesday Club meets to chat, play bridge, pinochle or bingo. Free. Bring a brown-bag lunch. Free coffee, tea and dessert. Meets Wednesdays. 10 a.m. to 2:30 p.m., Mission Oaks Community Building, 4701 Gibbons Dr., Carmichael. Judi (916) 247-6020

Toastmasters

June 15, 22, 29: All area business people invited to hone their speaking skills. Noon-1:15 p.m., every Wed. River City Speakers Toastmasters Club, Coco's Restaurant, 1830 Arden Way, Sac. (916) 747-8282

Food preservation: early summer fruits

June 15: Free food preservation public demonstration. Learn to preserve early summer fruits. 6:30 p.m.-8:30 p.m. \$3, no pre-registration required. Sacramento Cooperative Extension Office, 4145 Branch Center Road, Sac. (916) 875-6913

Genealogical Assn. mtg.

June 15: Genealogical finds and discoveries with the Genealogical Assn. of Sacramento. New faces welcome, and help to track down ancestors. Meets on third Wednesdays, 1 p.m. Belle Cooleedge Library, 5600 South Land Park Dr., Sac. Melanie Howard (916) 383-1221

Community Shred Day

June 18: Shred your confidential documents at this event that benefits the Carmichael Chamber of Commerce and the Carmichael Recreation & Park District. Grocery Bag \$5, Banker's Box \$10. 8 a.m.-12 noon. La Sierra Community Center Parking Lot, 5325 Engle Rd., Carmichael. (916) 481-1002, (916) 483-5322

Open Garden Day

June 18: Open Garden Day at the Fair Oaks Horticulture Center for Father's Day weekend. See how to summer prune fruit trees and t-bud graft, harvest berries, compost & mulch. Tips to help plants survive summer: shade, mulch, irrigate. Solarize soil to manage weeds. 8:30 a.m.-11:30 a.m. Free. (916) 875-6913 <http://cesacramento.ucdavis.edu>

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Welcomes classes 1969 & 1970 to join this semi-formal event to celebrate 40+ years of memories.
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Fallen warriors remembered on Memorial Day

Photos by BILL CONDRAY
Arden-Carmichael News photographer

Memorial Weekend was started in Calvary Cemetery with VFW Post 4647 and volunteers placing crosses and flags on the graves of 4,200 graves of servicemen and women who have passed on or were killed in action in the military while in service to their country.

VFW Commander Steve Milano conducted the opening ceremony. Among those in attendance were the Sacramento Division of Sea Cadets and Boy Scouts from Troops 22, 224, 215 and 386.

A cross was placed at the grave of each service person and a flag placed on top of the cross.

VFW Post 4647 provided donuts, fruit juice and water for all that attended. It took the large group of volunteers about three hours to complete the task.



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All Games Camp: July 11-15, 9am-noon
All Around Skills Camp: August 1-5, 9am-noon

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Run to Feed the Hungry brings home a sense of community joy
 By SUSAN LARDE, Valley Community Newspapers editor
 The 17th Run to Feed the Hungry is expected to draw some 30,000 people this Thanksgiving morning. Proceeds will directly benefit Sacramento families in need. / Photo courtesy of Sacramento Food Bank & Family Services Thanksgiving Day II...
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