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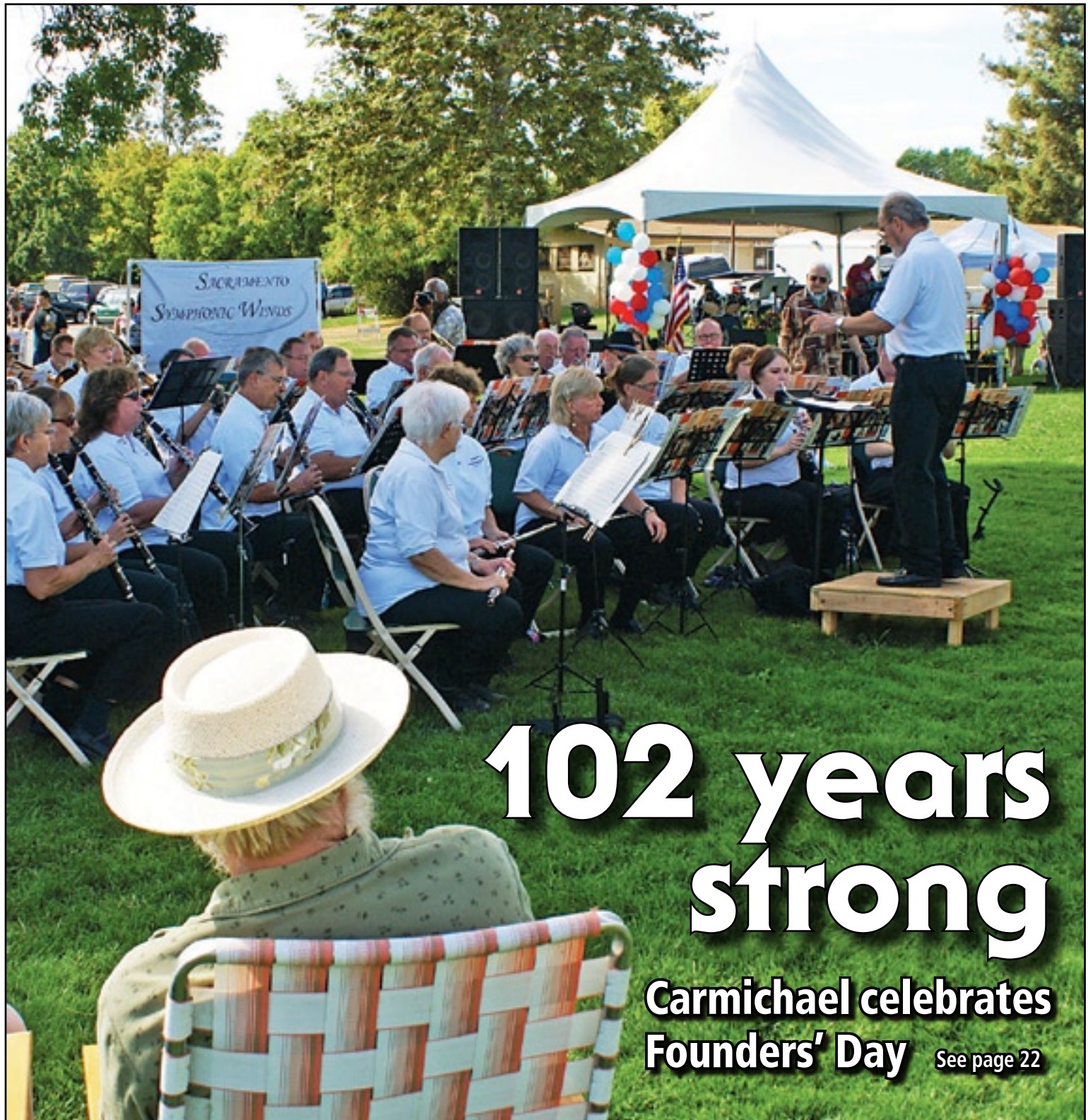
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Bishop Soto to lead 'Rosary Walk for World Peace'

Special to Arden-Carmichael News

Bishop Jaime Soto of the Diocese of Sacramento will lead a peaceful rosary walk for world peace in Carmichael on Oct. 13.

Participants will pray the rosary as they walk. Bishop Soto will head the walk and the benediction afterwards. The event will begin at Our Lady of the

Rosary Church, 6811 Fair Oaks Blvd., at 6 p.m. and will end at St. John Church, 5701 Locust Ave.

The estimated time of the walk is between 45 minutes to one hour. The benediction will be at St. John's Parish for 15 minutes.

Those with questions can email mcc-sacramento@gmail.com or call Kamiel Beshara at (916) 247-6419 or Carolyn Aboubechara at (916) 832-2288.

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Special Halloween entertainment at Carmichael Library

Special to Arden-Carmichael News

Enjoy a special school-age program that the whole family will enjoy, when the Puppet Art Theater Co. presents "Frankenswine" at the Carmichael Library on Saturday, Oct. 29 at 2 p.m.

This zany version of the classic Frankenstein is told by a cast of pigs on Halloween night.

Doctor Frankenswine and his side-kick, Snout have created a Frankenswine monster by using nothing less than pork chops, bacon, and other assorted quality lunch meats.

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The Carmichael Library is located at 5605 Marconi Avenue in Carmichael. For more information, call (916) 264-2700 or visit www.saclibrary.org.

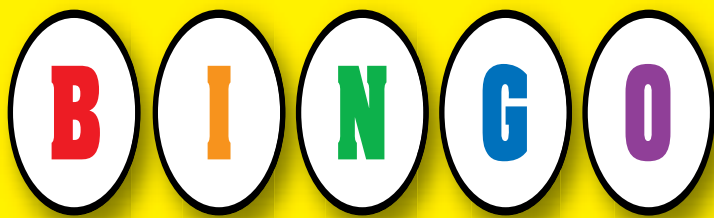
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Inaugural 'Bands, Beans & Brews'

Special to Arden-Carmichael News

Come one, come all to the First annual Chili Cook Off at "Bands, Beans & Brews" in Sacramento's Howe Park on Oct. 23 from 1 p.m. to 5 p.m.

Enjoy free local music, homemade chili and a variety of different brews.

Bring your friends, bring your family or bring both to this family-friendly, all-ages event.

Chili will be available for \$1 per cup, or sample all six winners of the Chili Cook Off for \$10 – and get to vote for "fan favorite." Hoppy Brewery brews will be available for purchase for those 21 and old-

er. Additional food vendors will be present for purchasing concessions.

Don't miss your chance to enjoy a nice day with your friends and neighbors.

Howe Park is located at 2201 Cottage Way in Sacramento. For more information, call (916) 927-3802.



Image courtesy

HOT STUFF. The First annual Chili Cook Off at "Bands, Beans & Brews" promises to be fun, hot and delicious fall fun. The family-friendly community event will be held at Howe Park on Oct. 23.



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USA Synchronized Swimming to make Guinness World Record attempt for Breast Cancer Awareness Month

By **BENN HODAPP**
Arden-Carmichael News writer
benn@valcomnews.com

The weather is getting a little cooler as the region settles into the fall season, but some 200 synchronized swimmers from the United States and Canada will make their way to the Sacramento area for a last breath of summer this month – in the form of the 2011 U.S. Masters Synchronized Swimming Championships.

The event, which takes place Oct. 13-16 at the Roseville Aquatic Center, will showcase swimmers ages 20-99 in solo, duet, trio and group events. Events will run Thursday through Sunday, with an awards ceremony falling on Sunday. Part of the focus at the event will be Breast Cancer Awareness Month.

The championship meet will include a Guinness World Record attempt of “The World’s Largest Floating Pink Ribbon” in honor of breast cancer survivors. The attempt, which falls on Saturday, Oct. 15, will be held at 10 a.m.

The floating ribbon, according to a press release, will be comprised of 250 swimmers “connected head-to-foot while floating on the surface of the water to create the formation of the Susan G. Komen Running Ribbon.”

The head of the ribbon will be made up of breast cancer survivors including two-time U.S. Olympic synchronized swimming gold medalist Karen Josephsen, former Sacramento Monarchs star Edna

Campbell, local television personality Tina Macuha and Executive Director of the Sacramento Komen affiliate Donna Sanderson.

Among the more than 200 swimmers will be some 20 swimmers coming all the way from Canada to compete. Sacramento synchronized swimmers will be represented as well as the Sac Synchro Masters team will compete in the team competition. There are 26 members of the team, ranging in age from 20-64, according to Meet Manager Sonia Susac.

Susac, a breast cancer survivor and a decorated synchronized swimmer herself, will be a part of the world record try as well.

In addition to the competition, there will be a booth with information on breast health and how to properly administer a self-exam and a skin cancer prevention booth that will include a dermatologist on-site checking moles and providing information, according to Susac.

Susac expects that the meet will attract some 500 spectators over the four days, but the more who come, the more money will be raised for breast cancer research.

The event is sponsored by Susan G. Komen for the Cure and the California Skin Cancer Prevention Program. In addition to the skin and breast cancer information, a St. Joseph’s Medical Center Mobile Mammography Unit will be on-site as well to provide tours.

Admission to the meet is \$2 on Thursday, Friday and Sunday and \$5 on Saturday. Children 10 years



Photo courtesy
SYNCHRONIZED SWIMMING requires a unique combination of overall body strength and agility, grace and beauty, split-second timing, musical interpretation, stamina and dramatic flair. Synchronized swimmers from all over the country will converge on the Sacramento area for the 2011 U.S. Masters Synchronized Swimming Championships, Oct. 13-16.

and under are free. A portion of the proceeds will go to Susan G. Komen for the Cure.

For more information on the world record attempt, visit www.worldrecordfloat.com. The Roseville Aquatic Center is located at 3051 Woodcreek Oaks Blvd. in Roseville. People interested in taking part in the record float can find information on the above website.



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Carmichael couple follow trend to genealogical tourism

By ELIZABETH VALENTE
Arden-Carmichael News writer
elizabeth@valcomnews.com

Today's older adults enjoy lifestyles that let them get out and have fun, while being active and learning something new. Alan and Marie Reed of Carmichael are no exception. This English couple, originally from London, have always been curious to connect with their family roots and travel back to Europe to find what brought their forefathers to England.

"Alan's maternal grandfather came from Ireland, and my maternal grandmother was of Scottish descent," said Marie.

The Reeds are no strangers to travel and leaving a mark themselves. The Londoners first left the UK in the late 1950s and settled in Canada.

By 1962, they called the San Fernando Valley in Southern California home. It wasn't until 1978 they decided to finally settle down in the Greater Sacramento Area and raise their family in Carmichael. But their curiosity to learn more about their family background never lessened.

This past September, the couple decided to take their curiosity one step forward and booked a two week land tour to Ireland and Scotland to search into their family histories. The Reeds traveled by luxury bus with tour company *Insight Vacations* that highlights the best of Ireland and Scotland. The couple traveled with 17 other American couples from various parts of the United States. Each person was a retired professional seeking out similar informa-

tion: Who am I? Where do I come from? Why did my family emigrate?

Together with the Reeds, the seniors toured the beautiful green countryside of Ireland and the UK. Landscapes were filled with images of woolly lambs and hairy cattle, quaint villages with thatched cottages and beautiful, bountiful flowers and unspoiled coastlines and lochs.

"Being part of a group is the most popular tour option for many seniors," said Michael Doughty, *Insight Vacations* tour manager. "Bus tours are an excellent way to see local attractions of a city or region with an informative narration along the way. These sight-seeing adventures can be for a few hours or a full day, and can help pinpoint areas for

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Arden-Carmichael News photo, Elizabeth Valente
SEEKING THEIR ROOTS, Alan and Marie Reed of Carmichael traveled to Ireland and the United Kingdom to learn more about their ancestors. Here, they are at an ancient Celtic site, up in the Scottish Highlands.

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Couple: Traveling by coach allowed group to seek out their roots

Continued from page 6

additional exploration later in the trip.”

The Reeds began the tour in Dublin, and then wound their way towards the fishing villages of Waterford and Cork, around the villages and towering cliffs and mountains known as the Ring of Kerry, with overnight stays at Ballygally Castle, Glasgow, the Scottish Highlands, and finally ending the tour in Edinburgh, home of the Scottish Crown Jewels.

“Coach tours are great and easy pace,” Alan said. “Everything is organized and planned out. It not only brings money into the local economy, but it also allows travelers like us to trace our roots by taking country road tours.”

Throughout the bus tour, the Reeds felt excited and eager to learn more about their family ancestry as they traveled on similar country roads that perhaps their ancestors journeyed upon.

“These roads are paved with uncovered stories of heroism and tragedy, love and betrayal, secrets and intrigue,” said Doughty.

“Our knowledgeable, helpful and witty tour director, Michael, who lives both in Ireland and Scotland, aided by his very experienced and friendly Irish driver, Tony, made our vacation one of the best ever,” said Marie. “We traveled in style and comfort across diverse landscapes and bustling cities, all the way telling us the rich history of each county and how they all connect in one way or another.”

“And if you told Michael where you suspect your family is from, and if it’s on our tour route, he made it a point to make a brief stop there or point it out and explain the history of the area,” said Alan. “One couple from San Diego had discovered his Irish great-great grandfather came from Ballyvourney (a village in southwest County Cork, Ireland), and we were able to make a

quick stop in the village so that he could take photos and visit the post office to look up his family name. At that moment we all felt the same pride of discovery as he did.”

“On the tour we visit all the main sights, but we make sure we get you off the beaten track to some of the countries more remarkable towns and villages,” said Doughty. “We try to immerse the traveler in local culture and the country’s rich history so they can have that connection with their family line.”

Alan believes his family tree may have come from the Irish medieval town of Kilkenny and it was at Alloway, in South Ayrshire, Scotland, home of famous Scottish poet Robert Burns, where Marie may have found her family connection.

“On a bench near the birthplace of Robert Burns I saw the name ‘Cook.’ That was my great grandmother’s name. I plan to start my research there.” Marie jokes that even though she was born in England and has Scottish roots, she’s a welcome addition to the Irish.

“After hearing that my birthday is on St. Patrick’s Day, my Irish friends adopted me,” she said.

With so many unforgettable memories it’s difficult to pick just one, according to the Reeds. For Alan, it was the town of Cong, a village straddling the borders of County Galway and County Mayo, in Ireland. It was also featured in the 1952 film, the “Quiet Man” starring John Wayne and Maureen O’Hara.

“The town looks just like it did in the movie. The same cottage that housed the two main actors is now a museum. The tour in Derry Londonderry, in Northern Ireland and standing on the newly built iconic ‘Peace Bridge’ (that opened up this past June representing the union between two different communities) was an emotional history lesson. And of course visiting St. Andrews, the birthplace of golf and the University town where England’s future King, Prince William and Kate Middleton met.”

“Dublin and the Ring of Kerry tour were both breathtaking,” said Marie. “Kissing the Blarney Stone and visiting the Giant’s Causeway and the Scottish Highlands were all memorable.”

What’s next for this traveling duo?

“New Zealand in 2012,” said Marie.



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Howling good fun for Halloween

Special to Arden-Carmichael News

There is lots to do in the Sacramento area during the month of October...pumpkin patches, corn mazes, haunted houses, harvest festivals...the list goes on and on. Here are a few of the many fun options out there.

Go bats at the Discovery Museum

With Halloween upon us, ghosts, goblins and witches abound. For the weekend of Oct. 29 and 30, from 10 a.m. to 4:30 p.m., the Discovery Museum is highlighting another infamous creature of the night: BATS.

Bring the family to explore some of the science behind these nocturnal mammals. A small display is set up in the museum classroom, as well as a fun bat craft for kids. On Sunday, two 45-minute presentations are planned with Corky the Bat Lady at noon and 2 p.m. Space is limited for the presentations, so plan to arrive early to obtain a pass. Planetarium shows at 1 p.m. and 3 p.m. are included with admission (ages 4 and up only).

The Discovery Museum Science and Space Center is located at 3615 Auburn Blvd. in Sacramento. For information, call (916) 808-3942.



Boo at the Zoo

Celebrate Boo at the Zoo at the Sacramento Zoo on Oct. 30 and Oct. 31 from 5 p.m. to 8 p.m. Kids can safely trick-or-treat and enjoy spooky entertainment, creepy creature encounters, fun crafts and tons of ghoulish goodies. The zoo is traffic-free and a natural place to go a little wild on Halloween. General admission is \$10. Children one and under are admitted free. Call (916) 808-5888 or visit www.saczoo.org.

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Holyween Harvest Festival

Special to Arden-Carmichael News

Looking for a fun time for the whole family on Halloween? Northminster Presbyterian Church, invites everyone to its Holyween Harvest Festival on Sunday, Oct. 30, from 2 p.m. to 5 p.m.

There will be music, fun games, cake walk, face painting, caramel apple making, popcorn, cotton candy, and hot apple cider w/goodies. This event is for children of all ages to dress up in their Halloween costumes and come have some fun! Free for all. Northminster Presbyterian Church is located at 3235 Pope Ave. in Sacramento. For more information call (916) 487-5192.



Image courtesy
HOLYWEEN FUN. Bring the kids and have a fun time at Northminster Presbyterian Church's Holyween Harvest Festival on Oct. 30.

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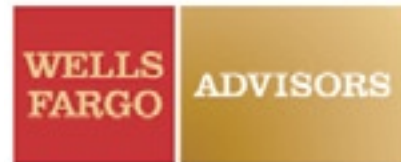
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'Christmas Tree Lane' a timeless Sacramento area tradition

Special to Arden-Carmichael News

The Sacramento area is known for many time-honored holiday traditions. Jesuit High School's annual "Christmas Tree Lane" marks 55 years this November.

Jesuit High School will celebrate this memorable Sacramento event on Nov. 26 and Nov. 27 at the newly-renovated Hyatt Regency Hotel in Sacramento.

This popular fashion and shopping event has an interesting history.

A dream comes true

In 1955, the vision of establishing a Jesuit high school in Sacramento inspired a group of a dozen women to band together to found the Loyola Guild. With unshakeable commitment and a flair for fashion, they worked to make their dream a reality.

A St. Ignatius Loyola Parish schoolroom housed the first meetings of the guild's founding members. They had no money, but they were offered an existing event known as "Christmas

Tree Lane" by the Mercy Guild. The members decided to model their event after the "Christmas Tree Festival" which was previously held at the Senator Hotel.

The Loyola Guild members formed a committee to make gifts by hand that they could sell at Christmas Tree Lane. Local businesses, organizations and individuals donated to their cause. Virginia Larson, one of the women responsible for the initial fundraiser, was president of the Loyola Guild in 1957 when the idea to build the school came about.

"The whole town donated trees to the Christmas Tree Lane," Larson said.

Funds from these early Christmas Tree Lanes helped to establish Jesuit High School. On Sept. 17, 1963, Jesuit High School opened its doors to 93 freshman students.

Today, Christmas Tree Lane lives on.

In addition to fantastic holiday shopping, the event includes a beautifully-choreographed fashion show and dance production that features Jesuit High School seniors and

parents, along with senior girls from St. Francis High School. Christmas Tree Lane's show is the largest fashion show in the Sacramento area.

All funds raised continue to go to the school's building fund and the Loyola Guilds Scholarship Fund. Some 22 percent of Jesuit students receive tuition assistance thanks in part to Christmas Tree Lane.

'A Timeless Tradition'

This year's Christmas Tree Lane theme is, appropriately, "A Timeless Tradition." It promises to be as spectacular and lavish as any other in the event's history.

The gala dinner show will be presented on Saturday, Nov. 26 at 7:30 p.m. Breakfast and lunch shows will be held Sunday, Nov. 27 at 9 a.m. and 12:30 p.m., respectively.

Local celebrity and Jesuit alumni Kelly Brothers has hosted this event many times over the years.

"To me, Christmas Tree Lane is always the best way to kick off the Christmas season," Brothers said. "It's the first event to indicate that Christ-

mas is coming. When I first started hosting this event, it was just me and 500 women in the room."

Members of the Loyola Guild note that these days there is a mixed crowd, as men enjoy the event as well.

Raffle items this year include a tropical getaway package for a one-week stay in a Poipu Beach, Kauai, oceanfront condo (airfare is included), San Francisco Giants tickets (donated by an owner of the team) and magnificent specialty dinners at local restaurants and wineries.

"The Lane" will be open for Christmas shopping on Saturday, Nov. 26 from 5 p.m. to 10 p.m., and on Sunday, Nov. 27 from 8 a.m. to 3 p.m. Shopping in "The Lane" is open to the public. Stroll down this magical lane to find one-of-a-kind Christmas decorations, incredible gourmet foods and delightful treasures.

Tickets for Christmas Tree Lane's shows range between \$60 and \$110. Visit <https://loyolaguild.webconnex.com/CTL> to purchase tickets. For additional information, visit www.JesuitHighSchool.org/CTL



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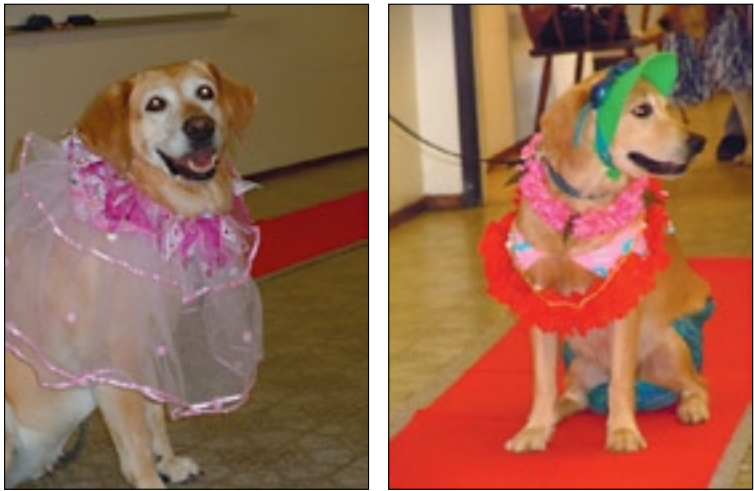


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Man with dog—Clipart © Microsoft Media



Four-legged fashion show lifts spirits of seniors 'Canine Couture' entertains adults living with Alzheimer's Disease

Special to Arden-Carmichael News

Several Canine Companions for Independence dogs walked the red carpet to entertain participants of Club Carmichael Park's memory day care program at a 'Canine Couture' fashion show on Sept. 21.

The four-legged models showcased the latest trends in beachwear, evening gowns, lingerie, sportswear and more.

The Club Carmichael Park is a day program for seniors with Alzheimer's disease and other forms of dementia. Participants spend all or part of the day in the supervised and structured program designed to enhance their lives. The program focuses on activities, such as Canine Couture, that are fun and appropriately challenging. Activities are also specially designed to help attendees retain or improve memory, as well as fine motor skills, hand-to-eye coordination and attention span. For caregivers, Club Carmichael Park's program provides an opportunity to run errands, go to work, visit friends or rest and rejuvenate.

"Events like Canine Couture offer an opportunity for social interaction and mental stimulation," said Linda Zisko, Club Carmichael Park program manager. "Programs like ours help seniors experience improved self esteem and confidence as they gain a sense of belonging and enjoy companionship with others. And spending time with therapy dogs can help reduce anxiety and agitation among Alzheimer's patients."

The CCI dogs at the event ranged in age and experience from puppies-in-training to retired facility dogs. In addition to modeling the latest fashion trends, the dogs demonstrated their mastery of several CCI commands.

Club Carmichael Park is situated at the Chateau at Carmichael Park, which offers affordable independent senior living apartments, licensed assisted living and housing for seniors with memory loss. The senior living community is one of four full-service premier senior communities owned and operated by Sacramento-based Hank Fisher Properties. The company is known for luxurious environments, lavish amenities and quality care and services.

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Special to Arden-Carmichael News

Calling all witches, ghouls, and goblins! Put on your costume and join other kids ages 10 and under at Howe Park for some FRIGHTENING Halloween fun on Monday, Oct. 31 from 4:30 to 6:30 p.m.

Celebrate Halloween in a safe excitement-filled environment as the children set on a trick or treating scavenger hunt

throughout the haunted park. Be ready for some tricks and treats from some ghosts and warlocks.

Admission to this Fulton-El Camino Recreation & Park District event is \$2 per child and includes a treat bag and goodies. Parents are free.

Howe Park is located at 2201 Cottage Way in Sacramento. For more information, call (916) 927-3802.

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Photo courtesy, Bill Werry

Catcher Bill Werry of the International Longshore and Warehouse Union-sponsored team prepares to tag a sliding Nino Spatafore out at home plate, while batter Jim Knight looks on in this 1957 photograph.



Photo courtesy, Nick Capachi

Nick Capachi played baseball at Sacramento High School during the early 1950s.

'Baseball gang' fondly remembers the days of old

By LANCE ARMSTRONG
Arden-Carmichael News writer
lance@valcomnews.com

Editor's note: This is part two of a two-part series highlighting local baseball players who live in the publishing area of Valley Community Newspapers. Read the first part of this story at www.valcomnews.com.

The Noah's Bagels Baseball Gang, as described in part one of this series, meets weekly at Noah's Bagels in Town and Country Village and features a variety of local baseball players of the past.

Below are the names and memories of some of these former players.

Walt Fitzpatrick: "I grew up in Napa and I went to California Concordia College (in Oakland), which is really a combination of high school and college. I played baseball there from 1949 to 1953. My mom (Elsie Fitzpatrick) moved (to Sacramento) in 1949 and I played here in the summers of 1949, 1950 and 1951 in the 100-pound league. That's when I met most of these guys (in the group). I wanted to play for Southside Legion, but I didn't go to Christian Brothers (High School). I played on the Bill Irwin team down in Oakland and the Sacramento Solons Rookies in 1952 through 1954. I played in the County League, Rural League and the Tri-County (League). I played a total of 10 years of semi-pro ball, and also in the Army."

Joe Sheehan: "When I was a kid, I was born and raised down by McKinley Park and (the notable local baseball family) the McNamaras lived right around the corner from me, and we played on all the youth teams at McKinley Park. I played third base. I played (baseball) for Christian Brothers High School, Southside Legion, Sacramento (Junior) College, and after

college, I played in the Army in 1955 and 1956. The best team I ever played on was the Sacramento (Junior) College team. We were state champions in 1952. I played on the team with some of these guys (in the group), including Cuno Barragan."

Mike Lateano: "I was an Oak Park boy and I graduated from Sac High in June 1950 and I played football, basketball and baseball at Sac High. I was all-city in football, but baseball was actually my first choice as far as what I really liked. And when I went to Sacramento Junior College, I played football, basketball and baseball there. I was drafted during the Korean War and went overseas and played service ball. When I came out to Sacramento State, we won a championship there in about 1957 or 1958. I also played bush baseball, the county league and the Rural League, and played for the Solons Rookies and such."

Gary Mason: "From 7 or 8 years old, most of us started playing the sand lot ball. If there was a vacant lot on the corner, we made a baseball diamond out of it. We used to play in Oak Park at McClatchy Field, Land Park,

21st and C (streets), McKinley. We played at all the places. I played until about 14 or 15 and then I got out of it and went into other things. Growing up, I really liked (Joe) Dimaggio and later on, (Mickey) Mantle. A good friend of mine was Harry Bright, who played for the (New York) Yankees, then came out here and managed the Solons."

Tony Latino: "I grew up in Oak Park. I played on a lot of teams and I could play anywhere. I caught, played shortstop, I pitched. Whatever they needed, I did. I had an uncle who played for the Brooklyn Dodgers. After I played sports, I got into fast-pitch softball and coached for years. In the old times, things were tough, we were all together, we all knew each other. It was a lot of fun. I really like being a part of the (Noah's Bagels) group. There are a lot of good stories, a lot of good memories."

Jim Barudoni said that he briefly played baseball for the Sacramento Solons and enjoyed his greatest success in baseball as a member of the national champion University of Southern California

See Baseball Gang, page 15

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Baseball Gang: Common denominator is 60 years of Sacramento baseball

Continued from page 14

team of 1958 and the following year's team, both of which were led by the legendary coach, Rod Dedeaux.

Jim Westlake: "I grew up at 2331 P St. Probably my favorite player growing up was my cousin, Wally (Westake). He was in the majors (from 1947 to 1956). He spent most of his years with Pittsburgh and then he played in the 1954 World Series with the Cleveland Indians against the New York Giants. I played high school baseball (at Christian Brothers High School) and then I played on the junior college team in 1952 and 1953 and in 1953, we won the state championship and Nick Capachi (another member of the "baseball gang") was on that team. And the year before that, I played with Cuno (Barragan of the "baseball gang") for Sacramento Junior College. I played a lot of bush (league) baseball around town in all the leagues. I met a lot of great guys. I think that's the real joy, the real benefit at any level in baseball is the guys who you meet. You form lifelong relationships."

Rick Costello: "I pitched at Chico State in 1953 and I played softball in the service and we got in this tournament (in Alaska) and then I came out (of the Army) and played one more year at Chico State and after graduation, I went down to Southern California and played for the El Monte Indians. It was kind of like semi-pro. I had a tryout with the L.A. Angels of the Pacific Coast League. It was



Photo courtesy, Jim Barudoni
Jim Barudoni was a member of the national champion University of Southern California team of 1958.



Photo courtesy, Cuno Barragan
Cuno Barragan is the only member of the Noah's Baseball Gang who was a Major League Baseball player. He played catcher for the Chicago Cubs from 1961 to 1963.

a three-day tryout and I made it all the way to the third day. In 1965, I came to Sacramento and I played in the Mexican league. We (were sponsored by) the C and C Club (at 326 15th St.)"

Bill Werry: "I grew up in Oak Park playing in the youth leagues and city league and I played (American) Legion ball for Post 61 for three years and I played high school ball at McClatchy High for three years. (While with Post 61), we played the state championship finals at Edmonds Field (at Riverside Boulevard and Broadway) against a team from Los Angeles called Crenshaw Post and they had some pretty good players, who went up to (play) Major League ball. Over the course of two seasons (at McClatchy High), we won 41 or 43 straight ball games. I made all-city as a catcher for three years and when I got out of high school, I signed with the

Dodgers organization, which at that time was the Brooklyn Dodgers. It was a minor league contract and I played three years of minor league ball. My first year was in 1955 with Bakersfield in the California state League."

Good times as a group

Fitzpatrick said that re-living baseball memories is an enjoyable experience for members of the group, which also includes Bob Alejo, Pete Campos and Ron Pyle.

"The common denominator is baseball and this goes back 60 years and we all kind of grew up together," Fitzpatrick said. "It's always a good time (meeting with the group)."

Agreeing with Fitzpatrick, Lateano added, "We have a lot in common – not just baseball – because we grew up in this town. We like to reminisce. Hopefully we can continue this (group) for several more years."



Photo courtesy, Walt Fitzpatrick

Members of the 1953 Sacramento club of the county league are shown on the grounds of Folsom Prison. Among the team's members were now-current members of the Noah's Bagels Gang, Walt Fitzpatrick (front row, fifth to right) and Mike Bakarich (middle row, fourth to right).

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St. Francis Water Polo undefeated, best in Northern California?

By PATRICK IBARRA
Arden-Carmichael News writer
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The St. Francis High School varsity water polo team should be the No. 1 team in all of Northern California. Technically, it isn't, but neither is anyone else.

After starting the season undefeated with a 14-0 record, including winning championships in its first two tournaments, the Troubadors feel they've earned the title as the best in NorCal. Unfortunately, the title doesn't exist.

"We don't have an official ranking system (for Northern California)," St. Francis coach Chris Borasi said. "If you polled the coaches, they'd probably say we were No. 1. We've played two big tourneys and we've played and beaten most of the big teams in Northern California."

St. Francis knocked off elite competition recently, winning the St. Francis of Mountain View Tournament Sept. 9-10, beating Burlingame 17-1, Leland 8-4, and St. Francis Mountain View 5-4, before beating Davis in the finals 6-3.

The tournament showcased Northern California's best teams, and St. Francis came out on top, earning a spirited victory over its rival Davis, who

'...as a team, we were able to pull it together at the last minute. It feels pretty great to be undefeated.'

**-Bryce Beckwith,
Team Co-Captain**

has topped the Troubadors in the Sac-Joaquin Section finals the past two years.

"We've had a great start; it's the best possible start you could imagine," Borasi said. "Fortunately, we beat some of the better teams. We've been fortunate to come out on top. We've been getting good production from players on the team. I'm happy with how we've started."

The Troubadors also won the Woodcreek Invitational Sept. 24-25, using triple overtime in the championship match to stay undefeated.

"We came close to losing in our last tournament," Co-Captain Bryce Beckwith said. "But, as a team, we were able to pull it together at the last minute."



Photo courtesy, St. Francis High School

GOAL! The St. Francis High School varsity water polo team is currently undefeated – and is considered the top team in Northern California.

It feels pretty great to be undefeated."

Beckwith is one of the reasons St. Francis has been so successful this season. She's the leading scorer on the team, often racking up most of the points in many matches.

"She's our biggest offensive threat," Borasi said. "She's had some games where she scored the majority of the goals and carried us offensively."

Beckwith and Co-Captain Brooke Vowell are playing their fourth year of varsity together, and are leading the team through another stellar season.

"My goal for the rest of the season is to continue to practice and play hard, and hopefully the rest will fall into place," Beckwith said. "It would be great to finish my last season with a perfect record. I believe our team is so special this year because our whole team is extremely dedicated."

"Our biggest team leader is Brooke," Borasi said. "This year her offense is the reason why we are winning tournaments instead of taking runner-up. She has maintained consistency

on defense, and is carrying us on both sides."

The strength of St. Francis comes not from scoring, but from stopping the other team from doing so.

"Our biggest strength is on the defensive side of the ball," he said. "We are really tough to score on defensively. We are a defense-first team. Our goalkeeper Kat Menz has been fantastic this year."

That leaves room for improvement, though.

"We could always improve offensively," Borasi said. "Offensively, we've had just enough to win games. Right now we are working on getting as many players as we can to contribute to increase our depth for playoffs. We don't want to peak too early so we can play this well come playoff time."

The success so far is great, but it's not good enough for St. Francis yet, as the Troubadors have bigger sights set this season. St. Francis will meet rival Davis again on Oct. 12 at Jesuit High School, and the section playoffs start in November. Both are the focus of the rest of the year.

"We will both go (to the playoffs)," Borasi said of St. Francis and Davis, who have competed for the section title eight out of the last nine years. "We finished second the last two years. I'm 3-3 with Davis in the six years I've been here."

"Our main rival is Davis," Beckwith echoed. "It is always such a great opportunity to play them. We look forward to playing them in the section final."

The season is at the midway point, with big matches still to come, but none can argue St. Francis has made a name for itself in the water once again, No. 1 ranking or not.

"Our goal every year is to win our league," Borasi said. "Right now we are 2-0 in league. Then there's the NorCal Championship tourney at the end of October. We'd like to win that. We'd like to win sections. We hope to obtain that this year."

But Borasi has even one more goal in mind, one he finds just as important.

"Hopefully, we can provide the opportunity to send some girls to college to play water polo," he said.

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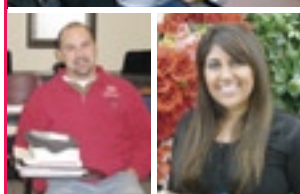
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Folsom Symphony presents a 'Light Out of the Darkness'

By SUSAN LAIRD
Arden-Carmichael News editor
susan@valcomnews.com

As the days grow shorter, the Folsom Symphony opens its eighth season with an evening of unusual works by three masters, dedicated to bringing "Light Out of the Darkness."

Under the baton of Maestro Michael Neumann, the members of the symphony will present an evening of music that isn't heard every day by classical masters whose names are well recognized: Brahms, von Webber and Tchaikovsky.

Three pieces will be performed: the "Tragic Overture, Opus 81" (Brahms), the "Clarinet Concerto No. 1 in F minor, Op. 73" (von Webber) and the "Symphony No. 4 in F minor, Op. 36" (Tchaikovsky).

The "Tragic Overture, Opus 81" is an unusual piece in the body of work by Johannes Brahms (1833 - 1897). It is performed rarely. The two abrupt fortissimo chords that open the piece immediately told audiences in 1880 that this piece is an unusual one for Brahms. Usually, Brahms works open with a central theme. The "Tragic" does not. It is, rather, an exploration of the raw human emotions that can be evoked with music. Written as a companion piece to the "Academic Festival Overture" which was a collection of cheerful student songs, Brahms himself wrote, "one laughs, the other cries."

To put it another way, the "Tragic" takes audiences on a walk into



Photo public domain
NADEZHDA VON MECK (1831-1894) was composer Pyotr Ilyich Tchaikovsky's patroness. A Russian businesswoman, she supported him financially for 13 years, enabling him to devote himself to writing music. The Folsom Symphony will perform Tchaikovsky's "Symphony No. 4," which he dedicated to Von Meck, on Oct. 15.

the darkness. This music is intense, focused and moving.

Next on the evening's program is a gem of a composition for clarinet: the "Clarinet Concerto No. 1 in F minor, Op. 73" by Carl Maria von Weber. It was written for clarinetist Heinrich Bärmann, who was much more famous than von Weber, in 1811.

Von Weber is referred to by some as the father of Romantic Period German opera. He came from a musical family. In fact, his first cousin, Constanze Weber (1763-1842), was married to Wolfgang Amadeus Mozart (1756-1791).

The "Clarinet Concerto" is a sweet work that leads us closer to the light.

Clarinetist Charles Messersmith headlines with the Folsom Symphony in the performance of this work. A native Californian, he performs regularly with the Folsom Symphony. He also performs in Charleston with local, national, and internationally renowned chamber musicians as well as for Piccolo Spoleto programs in the spring. In the summers he performs in Virginia at the Wintergreen Music Festival in the Blue Ridge Mountains. He has been featured as soloist with the Charleston Symphony on numerous occasions, most recently performing the Copland Clarinet concerto, and the Mozart Clarinet Concerto.

The concluding work of the evening, the "Symphony No. 4 in F minor, Op. 36" by Pyotr Ilyich Tchaikovsky (1840 - 1893). In a rather unusual step, the composer wrote a program about the music in this piece. Tchaikovsky wrote that the opening of the symphony was about Fate.

The theme of the first movement, according to Tchaikovsky, that "all life is an unbroken alternation of hard reality with swiftly passing dreams and visions of happiness ..." He went on: "No haven exists ... Drift upon that sea until it engulfs and submerges you in its depths."

One certainly can feel caught up in the maelstrom of emotions that the "Symphony No. 4" evokes. However, such a journey has a tendency to bring out the best in humanity also:

the everlasting struggle for that which is good.

The "Symphony No. 4" has been described as "loud," "savage," and "evocative." It received harsh criticism when it debuted in 1878. However, it remains one of the most popular pieces in the repertoire today.

"Light Out of the Darkness" promises to be uncommon and excellent in every way - a program in keeping with the Folsom Symphony's reputation as the premier orchestra of the Folsom Lake Region.

"Light Out of the Darkness" will be performed one evening only, on Saturday, Oct. 15 at 7:30 p.m. Three Stages (at the Folsom Lake College Performing Arts Complex) is located at 10 College Parkway - just off East Bidwell Street - in Folsom. Parking is free.

Single tickets are \$25 to \$55. Season tickets, as well as reduced cost tickets for students and seniors are available. To purchase, call (916) 357-6718 or visit www.folsomsymphony.com.

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ONGOING

Gardens and Grandeur: Porcelains and Paintings by Franz A. Bischoff

Through Oct. 23: After beginning his career as a china painter in Bavaria, Franz A. Bischoff immigrated to the United States in 1885 to become one of the foremost porcelain painters of his day. He won numerous awards and earned the title "King of the Rose Painters." "Gardens and Grandeur" features approximately 40 examples of Bischoff's work, including porcelains, still lifes, and landscapes. Crocker Art Museum, 216 O St., Sac. (916) 808-7000, www.crockerartmuseum.org

'Bingo: the Musical'

Through Jan. 8, 2012: Everybody gets to join in the fun at this musical. Call for times, prices. The Cosmopolitan Cabaret, 10th and K streets., Sac. (916) 557-1999 www.CosmopolitanCabaret.com

OCTOBER

Bilingual Toastmasters

Oct. 13, 20, 27: Una oportunidad unica para mejorar sus habilidades bilingues y superar el temor de hablar delante de gente con nuestro club Los Oradores Toastmasters. Improve your language skills and lose fear of speaking in front of people in Spanish and English with Los Oradores. Every Thursday/ Cada Jueves 6:30 pm - 8:00 pm Sutter Cancer Center 2800 L Street, Sac. Teri Bullington (916) 723-6232 teri.bullington@gmail.com, www.sacramentotoastmasters.com

Bingo!

Oct. 13, 20, 27: Enjoy a great local charity game of bingo every Thurs. night at 6:30 p.m. Benefits projects in the community. Early bird for \$5, Regular game buy-in of \$20. Elks Lodge No. 6, 6446 Riverside Blvd., Sac. (916) 422-6666

Florin Sears Store Farmer's Market

Oct. 13, 20, 27: Florin Sears Store Farmer's Market. Every Thursday, year round. 8 a.m. - noon. Florin Rd. & 65th St., Sac. www.california-grown.com

Food Addicts Anonymous

Oct. 13, 20, 27: 12-Step group for those who struggle with obesity, food obsession or eating disorders. Meets Thursdays. 9 a.m. St. Andrews United Methodist Church, 6201 Spruce Ave., Sac. (800) 600-6028.

Living Positive with Chronic Disease group

Oct. 13, 20, 27: Meet-up group for people living with chronic disease who honor how important a positive mindset is. If you want to complain - this isn't the group for you. The group will discuss and support: best practices for managing your condition, communication strategies, ways to laugh, have fun, engage with life and more. Free. Meets Thursdays. 5:30 p.m. - 7 p.m. Starbucks, 1401 Alhambra Blvd., Sac. Danae Horn (503) 319-4247

Rotary Club of Pocket/Greenhaven

Oct. 13, 20, 27: Hear guest speakers address local, regional and international topics. Visitors welcome. 7:30 a.m., every Thurs. Aviators Restaurant, 6151 Freeport Blvd., Sac. Kelly Byam (916) 684-6854.

Sacramento Downtown Plaza

Farmer's Market

Oct. 6, 13, 20, 27: Sacramento Downtown Plaza Farmer's Market. Every Thursday, May-Sept. 10 a.m.-2 p.m. 4th & K streets, Sac. www.california-grown.com

Sutterville Heights Optimist Club

Oct. 13, 20, 27: Come enjoy community speakers and community projects for youth. 12 noon., every Thurs. Golden Corral, 7700 W. Stockton Blvd., Sac. Charlie (916) 427-7136 or Mary-Jo at (916) 691-3059

Ballroom Dances

Oct. 14, 18, 21, 25, 28: Enjoy dancing to a live band every Tuesday and Friday. 1:15 p.m.-3:45 p.m. \$5/person. Mission Oaks Community Center, 4701 Gibbons Dr., Carmichael

Kiwanis Club of East Sacramento-Midtown

Oct. 14, 21, 28: Come listen to an interesting guest speaker weekly; community service, serving the children of the world. Visitors welcome, first breakfast "on us." 7 a.m. - 8 a.m. Fridays. 2875 50th St., UC Davis Med. Ctr., Sac. (916) 761-2124 www.eastsacmidtownkiwanis.com

Rotary Club of Point West

Oct. 14, 21, 28: Hear guest speakers address local, regional and international topics. Visitors welcome. 7 a.m., every Fri. DoubleTree Hotel, 2001 Point West Way., Sac. www.pointwestrotary.com

Soroptimists of Sacramento

Oct. 14, 21, 28: Soroptimist International of Sacramento South, a service club for business and professional women, meets Fridays. 11:15 a.m.-12:45 p.m. Casa Garden Restaurant, 2760 Sutterville Rd., Sac. Barbara McDonald, (916) 363-6927

Country Club Plaza Farmer's Market

Oct. 15, 22, 29: Country Club Plaza Farmer's Market. Every Saturday, year round. 8 a.m.-noon. Watt & El Camino, Butano Dr. parking lot, Sac. www.california-grown.com

Food Addicts Anonymous

Oct. 15, 22, 29: 12-Step group for those who struggle with obesity, food obsession or eating disorders. Meets Saturdays. 8 a.m. Mercy General Hospital North Auditorium, 4001 J St., Sac. (800) 600-6028.

Carmichael Farmer's Market

Oct. 16, 23, 30: Carmichael Farmer's Market. 8 a.m.-1 p.m., every Sun. Year round, rain or shine. Carmichael Park, 5750 Grant Ave., Carmichael. www.bemoneysmartusa.org

Co-Dependents Anonymous

Oct. 16, 23, 30: 12-Step group for those who struggle to maintain healthy relationships. Meets Sundays. 2 p.m. Heritage Oaks Hospital, 4300 Auburn Blvd., Rm.101, Sac (866) 794-9993.

Community Sunday breakfast

Oct. 16, 23, 30: Enjoy a delicious breakfast of eggs Benedict, corned beef hash, Joe's scramble, pancakes and more. 8:30 a.m.-11 a.m., every Sun. \$9. Elks Lodge No. 6, 6446 Riverside Blvd. (at Florin Rd.), Sac. Proceeds benefit student scholarships. www.elks6.com

State Parking Lot Farmer's Market

Oct. 16, 23, 30: State Parking Lot Farmer's Market. Every Sunday, year round. 8 a.m.-noon. 8th & W streets, under Highway 50, Sac. www.california-grown.com

Sunday Support for the Widowed

Oct. 16, 23, 30: The Widowed Persons Assn. sponsors Sunday Support sessions which are held every Sunday, rain or shine - holidays included. 3 p.m.-5 p.m. 2628 El Camino Ave., Ste. D-18 (east of Fulton). Widows and widowers welcome. Barbara Stewart (916) 363-3482

Hatha yoga

Oct. 17, 24, 31: Align the body through breathing techniques, postures and deep relaxation. 3 p.m.-4 p.m. Hart Senior Center, 915 27th St., Sac. (916)808-5462. Meets every Mon. Repeats Wed., Fri.

Nicotine Anonymous

Oct. 17, 24, 31: Nicotine Anonymous meeting. Meets every Monday, 5:30 p.m.-6:30 p.m. Westminster Presbyterian Church, 1300 N St., Sac. Brandi Bowman (916) 984-3501

Rotary Club of South Sacramento

Oct. 17, 24, 31: Hear guest speakers address local, regional and international topics. Visitors welcome. 11:30 a.m., every Mon. Casa Garden Restaurant, 2760 Sutterville Rd., Sac. www.rotary.org.

Tai Chi & Chi Keung

Oct. 17, 24, 31: Chinese exercise combines specific movements and relaxation. 1:30 to 2:30 p.m., Hart Senior Center, 915 27th St., Sac. Meets every Mon. (916) 808-5462

Toastmasters

Oct. 17, 24, 31: Have fun while improving speaking & leadership skills. Klassy Talkers Toastmasters. 7 p.m.-8:30 p.m. Mondays. Executive Airport, 6151 Freeport Blvd., Sac. Ann Owens (916) 601-4652 www.klassytalkers.freetoasthost.org

Rotary Club of Arden-Arcade

Oct. 18, 25: Hear guest speakers address local, regional and international topics. Visitors welcome. 12 noon, every Tues. Jackson Catering and Events, 1120 Fulton Ave., Sac. (916) 925-2787, www.ardenarcaderotary.org

Rotary Club of Carmichael

Oct. 18, 25: Hear guest speakers address local, regional and international topics. Visitors welcome. 6 p.m., every Tues Palm Street Pub & Grill, 6416 Fair Oaks Blvd., Carmichael. www.rotary.org

Upholstery class

Oct. 18, 19, 25, 26: Learn how to upholster! All types: furniture, auto, boat. Adult ed class taught by an upholstery professional. Tuesdays, 11 a.m.-3 p.m., Wednesdays, 9 a.m.-1 p.m. \$45 for four weeks. McClaskey Adult Center, 5241 J St., Sac. Jerry Prettyman (916) 806-2172

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Co-Dependents Anonymous

Oct. 19, 26: 12-Step group for those who struggle to maintain healthy relationships. Meets Wednesdays. 7 p.m. Friends Community Church Fireside Room, 4001 E St., Sac. (866) 794-9993.

Rotary Club of East Sacramento

Oct. 19, 26: Hear guest speakers address local, regional and international topics. Visitors welcome. 12 noon-1:15 p.m., every Wed. Evan's Kitchen, 855 57th St., Sac. (in the 57th St. Antique Mall) www.rotary.org

Senior Wednesday Club

Oct. 19, 26: The Senior Wednesday Club meets to chat, play bridge, pinochle or bingo. Free. Bring a brown-bag lunch. Free coffee, tea and dessert. Meets Wednesdays. 10 a.m. to 2:30 p.m., Mission Oaks Community Building, 4701 Gibbons Dr., Carmichael. Judi (916) 247-6020

Toastmasters

Oct. 19, 26: All area business people invited to hone their speaking skills. Noon-1:15 p.m., every Wed. River City Speakers Toastmasters Club, Coco's Restaurant, 1830 Arden Way, Sac. (916) 747-8282

ARC Orchestra

Oct. 19: Don't miss the 60-member symphonic orchestra from American River College as they perform light classics in a warm, intimate atmosphere. All ages are welcome for this informal hour of music. Come as you are. Free. 7 p.m. Mission Oaks Community Center, 4701 Gibbons Dr., Carmichael

28th annual Chinese Fall Fellowship & Food Fest

Oct. 22: The Chinese Community Church's Fall Fellowship and Food Festival will celebrate its 28th year. Great Chinese food, live entertainment, cultural displays, children's games. 11 a.m. - 7 p.m. Chinese Community Church, 5600 Gilgunn Way, Sac. (916) 424-8900 www.cccsac.net

Clayton Bailey's World of Wonders

Oct. 22-Jan. 15: 180 works and complementary ephemera span 50 years of Bailey's prodigious production of genuine marvels. A ceramist, sculptor, and self-proclaimed "mad scientist," Bailey aims to surprise and delight with his art. Crocker Art Museum, 216 O St., Sac. (916) 808-7000, www.crockerartmuseum.org

Spare the Water Sacramento workshop

Oct. 22: Water Conservation can help you save water and money. Learn how to save water and money in and around your home. Free conservation tips and tools. Learn about rebates, more. Attendance at these workshops also waives fines for water conservation violations. 8:30 a.m.-10:30 a.m. Workshops on June 25 and Aug. 27 will also contain Water Conservation Ambassador Training. City of Sacramento Department of Utilities Water Conservation Office, 2260 Glen Ellen Circle, Sac. www.sparesacwater.org

Halloween Harvest Festival

Oct. 30: Looking for a fun time for the whole family on Halloween? Northminster Presbyterian Church invites everyone to its Halloween Harvest Festival. There will be music, fun games, cake walk, face painting, caramel apple making, popcorn, cotton candy, and hot apple cider w/goodies. This event is for children of all ages to dress up in their Halloween costumes and come have some fun! Free. 2 p.m.-5 p.m. 3235 Pope Ave., Sac. (916) 487-5192.

NOVEMBER

Tea and Talk Book Club

Nov. 2: The Sacramento Public Library invites adults to bring their tea cups and discuss "A Visit from the Goon Squad" by Jennifer Egan. 10 a.m. Belle Cooleedge Library, 5600 South Land Park Dr., Sac. (916) 264-2920 www.saclibrary.org

Chateau Holiday Craft Fair & Boutique

Nov. 5: Chateau at River's Edge Sixth annual Holiday Craft Fair and Boutique. Featuring knitted items, jewelry, artwork, handmade paper goods, glass items and more, the fair provides an opportunity to do some early holiday shopping. The craft fair will also offer informational booths, free mini massage sessions, a raffle and several seminars through the day. Coffee, hot apple cider and other goodies will be served. 10 a.m.-3 p.m. River's Edge, 601 Feature Dr., Sac. Kim Adams (916) 921-1970

Florence and the Baroque

Nov. 5-Feb. 12: In the 17th century, Florentine artists created a newly reformed Baroque style characterized by the portrayal of intense emotion, saturated color, and refined brushwork, which brought drama to mythologies, biblical subjects, and devotional works. Works by key artists such as Cesare Dandini, Jacopo da Empoli, and Francesco Furini. From the brooding drama of Furini's "Poetry" to the colorful exuberance of Giovanni Domenico Ferretti's "Harlequin and his Lady," this exhibition reveals the many facets of Baroque Florence. Crocker Art Museum, 216 O St., Sac. (916) 808-7000, www.crockerartmuseum.org

Land Park Volunteer Corps

Nov. 5: Got work gloves and a "let's get down to business" attitude? Then the Land

Park Volunteer Corps is for you! Come join members of the community as we maintain, improve and beautify lovely William Land Park. First Saturday of every month, March - Nov. Free. 8 a.m. meet behind Fairytale Town, 8:25 a.m.-11 a.m., work on projects as assigned. Light breakfast, lunch provided by local businesses. (916) 718-3030 ckpins-act@aol.com

Mission Oaks Holiday Craft Faire

Nov. 5: Come check out the unique items offered by local crafters at the annual Mission Oaks Holiday Craft Faire! 9 a.m.-3 p.m. Free admission. Mission Oaks Community Center, 4701 Gibbons Dr., Carmichael

Pancake Breakfast

Nov. 5, Dec. 3: Two light, delicious, warm pancakes, a tasty patty of sausage, Log Cabin syrup, tea and coffee, all for only \$3/person! 8:30 a.m.-10 a.m. Every First Saturday of the Month. Benefits the Wednesday Club. Mission Oaks Community Center, 4701 Gibbons Dr., Carmichael

Crochet Guild

Nov. 9, Dec. 14: Crocheters of all levels of ability and all ages are invited to join the Sacramento Crochet Guild. Learn new crochet techniques, exhibit at State Fair, do charity work. Mentoring program. Show and tell. Mini classes. Library and newsletter available. Club member of the Crochet Guild of America. Meets the second Wednesday of the month at 6:30 p.m. Seniors: \$6/yr. Enter from parking lot. Church of the Cross, 45th & H sts., Sac. Karolyn (916) 457-4044

Referrals Plus

Nov. 9, Dec. 14: Referrals Plus, a women's networking group, helps women in business with connections, resources, promotions

and ideas. We meet the 2nd Wed. of every month. 12:15 p.m. for meeting/luncheon in Greenhaven area. RSVP required. www.referralsplus.org

Volkssport walking

Nov. 10: Come join the Sacramento Walking Sticks Volkssport Club! Monthly meetings held every second Thursday at 7 p.m. SMUD Headquarters Bldg., Conference Center, 6201 S St., Sac. Those who wish to walk before the meeting, meet at Starbucks, 1420 65t St., Sac. At 5 p.m. to walk a 3-mile walk to CSUS campus & back. Barbara Nuss (916) 283-4650 or (916) 691-7618 or nussb@surewest.net. Also www.SacramentoWalkingSticks.org

Carmichael Geranium Society

Nov. 11: Come to the monthly meeting of the Carmichael Geranium Society. Guests welcome. Meets every Second Friday of the month, 10 a.m.-12 noon. No mtg. in Aug. Carmichael Park Community Clubhouse, 5750 Grant Ave., Carmichael. Jean (916) 481-2076

Veteran's Day Parade

Nov. 11: Honor our heroes past and present. Parade begins at 10 a.m. Program to follow on Capitol Mall 11 a.m. - 1 p.m. Veteran's resources, entertainment and children's activities. To enter your organization's float or walking group or for more info call (916) 808-2344 or email sacvetparade@cityofsacramento.org

The Pressure's On!

Nov. 12: Basic introduction to safe pressure canning techniques and food preservation public demonstration. Free. 10 a.m.-noon. Sacramento Cooperative Extension Office, 4145 Branch Center Rd., Sac. (916) 875-6913

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JAN 11 - FEB 19, 2012

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Barrymore
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Faces and places

Carmichael's 102nd Founders' Day focused on family, fun

Photos by BILL CONDRAY
Arden-Carmichael News photographer
bill@valcomnews.com

Carmichael kicked off its 102nd Founders' Day Celebration with the mouth-watering smells of grilled sausage and hot cakes on Sept. 24 – and it just kept getting better after that.

The Pancake Breakfast prepared by the Fair Oaks Lions Club was delicious, as always. As it does every year, the Carmichael Recreation and Park District put together an event that truly had something for everyone.

The Cappuccino Cruisers brought their classic cars for all to enjoy, and hosted a fun, old-fashioned Country Fair to boot.

A variety of entertainments were available, from the sounds of Custom Neon to the Sacramento Symphonic Winds – to a dog show and parade hosted by the Carmichael Dog Park Society.

All in all, there was lots to do and plenty to talk about until next year's Founders' Day.



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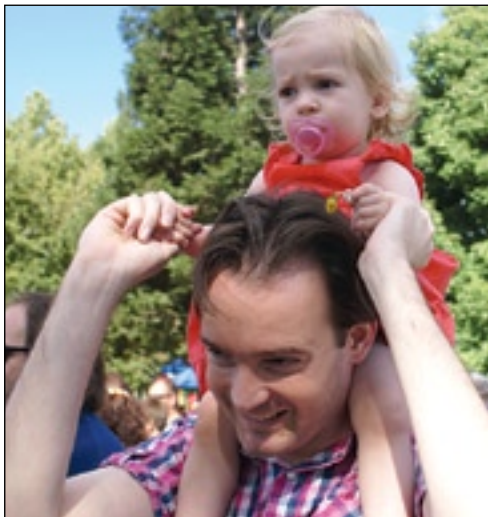
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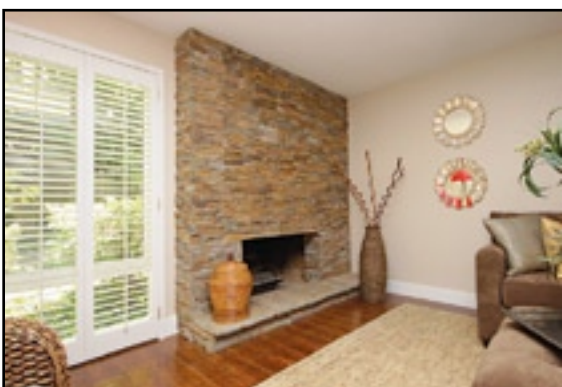
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