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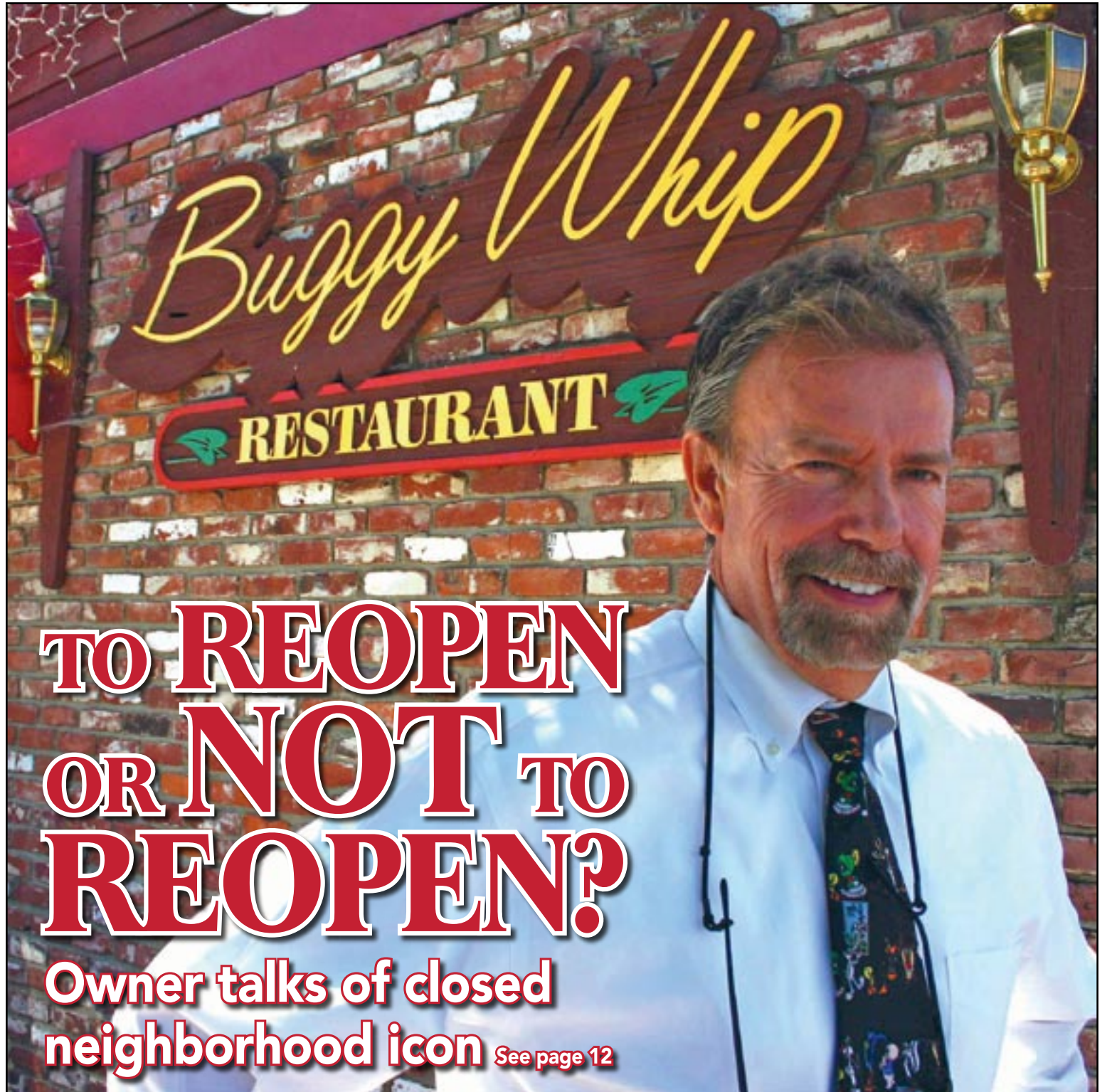
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Correction

In Sally King's article, "Spare the water, save the money" (July 26, Arden-Carmichael News), the statement, "Watering is allowed between

7 a.m. and 4 p.m." is incorrect. Sacramento City Code only allows watering after 7 p.m. and before 10 a.m. from spring through the fall. Odd-numbered addresses are to water on Tuesdays, Thursdays and Saturdays while even-numbered addresses can water on Wednesdays, Fridays and Sundays.

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Creature Catchers clears creepy, crawling critters

Special to Arden-Carmichael News

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High attendance shows community investment at area parks

By CORRIE PELC
Arden-Carmichael News writer
corrie@valcomnews.com

For the past 67 years, the Carmichael Recreation and Park District (CRPD) has continued to offer a variety of programs and manage the area's parks.

According to Deputy Administrator Jack Harrison, high attendance at area parks shows that the community is taking advantage.

"People really seem to be invested in the parks system in Carmichael and they really enjoy the recreational program," Harrison said. "That's why we have such large numbers in our programs. We know it makes a difference in people's lives. We believe what we're doing is very important, and the response from the community to everything we do makes it really clear this is very important to the community as well."

Disc golf

One of the newest recreational offerings through the district is the disc

golf course at Carmichael Park, which had been relocated from Schweitzer Grove Nature Area.

"It's been very successful," Harrison said. "If you drive by the park, you'll see them out here pretty much all the time."

Harrison says the course is a nine-hole disc golf course that closely mimics a traditional golf course.

He explained disc golf is played with a disc, similar to a Frisbee, and players throw their disc from a designated "tee" toward the "hole," which is really a basket mounted on a post.

The basket has chains on the outside that help the disc fall in to the basket. And like in golf, players try to get their disc into each basket with the least number of throws as possible.

According to Harrison, the game attracts players of all ages. Those new to the game can borrow discs from the CRPD Office at Carmichael Park to give disc golf a try.

However, Harrison says those serious about the game will have different types of discs, similar to how golf players have different types of clubs.



A new playground is under construction at La Sierra Community Center and expected to open to the public on Aug. 15. Courtesy photo

Schweitzer Grove Nature Area

Now that the disc golf course has been moved to Carmichael Park, the district is looking to make some improvements to the 17.2-acre Schweitzer Grove Nature Area.

Harrison said the district is working on a master plan for the grove, which will be coming before the CRPD Board in late August. The plan would include creating a trail system, as well as an outdoor education where youth groups and the Schweitzer school next door can

come and get an environmental education in the outdoors.

The grove primarily contains oak and eucalyptus trees, as well as a variety of bird life, and Harrison says the plan would include interpretive signs on the trails to explain particular trees or birds that are common to the area.

"People walk the site now for exercise or to walk their dogs," he said. "We've outlined a very interesting trail system so people can get their exercise, be able

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JANEY WAY MEMORIES:

Marty leaves Janey Way

By **MARTY RELLES**
Arden-Carmichael News columnist
marty@valcomnews.com

By the time I reached my 19th birthday, the atmosphere became a little cloudy in the Relles household.

My dad seemed a little on edge. I think he felt I was old enough to move out on my own.

I hadn't given that possibility much consideration at the time, but I could feel dad's angst. The whole issue came to a head when I decided to get with the times and grow a goatee.

Wow, that rattled dad's cage. He insisted I shave it off. "No son of a Sacramento police officer should sport facial hair."

Of course, I refused to give in. This brought the whole matter to a head, and dad and I agreed that I should find a place of my own.

Fortunately, my uncle Ross provided a solution to this dilemma. He had two flats above his florist shop in midtown. One had just become available. Thank-

fully, my cousin Bob agreed to share the flat with me, making the move affordable.

Subsequently, we agreed to pay \$50 each per month to rent the flat. Can you imagine that? \$50 rent?

So, on the first day of the next month, we moved into my uncle's second-floor flat. Our living arrangement was pretty humble.

The flat only had only one actual bedroom. So, Bob and I moved two twin beds into the single room. In addition to the bedroom, the flat featured one bathroom, a large living room and kitchen.

Life was good. My cousin and I adjusted quickly to our new living arrangement. The good thing is that as close relatives, we knew each other well.

Also, our day-to-day lives were very similar at this time. Both of us attended Sacramento City College and worked in the florist shop down below the flat.

I attended school in the morning and delivered

flowers in the afternoon. Bob made up arrangements in the mornings, then went to his classes in the afternoon. The arrangement worked out well.

Neither of us cooked at the time, but we learned quickly.

I constantly bothered my mom for new recipes. In quick order, I learned how to cook things like spaghetti, Spanish rice and Swiss steak.

Bob did the same with his mother. To this day, I still cook these dishes along with many others.

We soon blended into the fabric of the midtown area. I still recall sitting on the balcony in front of our flat in the evening watching the cars scurry out of town during rush hour.

As our commute involved walking up the stairs to our flat, the hubbub of rush hour seemed pretty funny to us.

On weekends, we invited our friends over for parties. We befriended a slightly older man who lived near us. He bought beer for us, if we asked.

This made our flat a popular venue.

We turned the volume of our stereo up as high as we could stand it and played the Beatles, the Stones and the Beach Boys.

Sometimes, our musically-inclined friends came by and played live music. This usually brought the police to the apartment, advising us to turn the volume down, which we did, but only briefly.

I have fond memories of living over uncle Ross's florist shop. I lived there for four pretty care-free years.

However, in 1969, I received my draft notice, and those care-free times ended abruptly.

I will tell you more about that in a later episode. Now, my time of living on my own, above my uncle's shop, is just another laid back Janey Way memory.

Parks: New playground under construction

Continued from page 5

to traverse through some very pretty areas and have a little environmental education along the way."

La Sierra Community Center
CRPD is currently under construction with a new playground at the La Sierra Community Center, which is expected to open to the public on Aug. 15.

Harrison says since the La Sierra site used to be a high school, there was no need for a playground. But with new schools leasing space at the site, there was a high desire to have a playground for elementary children in the area.

"That will be not only an advantage for the students who are at the various schools that lease space from us, but also children who come out to the soccer fields (and) Little League baseball - all those outdoor sporting areas will have access to this playground," he said. "We think it's going to get an awful lot of use by all the visitors to La Sierra, which is a large number each year."

According to Harrison, the California Montessori Project is sharing the cost of the new playground with the district as one of La Sierra's new tenants is a Montessori preschool.

Harrison said the preschool has been open for about four months and is a state licensed preschool that operates full week, full day year round.

The future

New tenants like the Montessori preschool will eventually help CRPD financially, according to Harrison, as they provide a source of revenue.

This year, that revenue is being used to restore La Sierra for its tenants, but next year Harrison says monies brought in from the leases should have a positive impact. "We won't see the full benefit of that revenue until we're on the other side of all the improvements we have to make for our new tenants, but those are five year leases and we should get some financial benefit from that for at least three years, possibly into part of a fourth year," he said.

This is all part of CRPD's overall budget plan of becoming solid again.

Harrison said the district recently passed its budget for this fiscal year and things are turning around. "We're certainly not at the point where we can add employees or give raises or any of those things - we haven't done that in years - but at least we're not facing layoffs and the kind of cut-

backs that we were facing the last three years," he said. "We think we're turning a corner and not this fiscal year, but next July, our budget should have some extra money to do some things we've been differing for a long time."

And that money will then help CRPD implement the items from its recently adopted Recreation Master Plan, which Harrison says is the most important thing the district has done in the recreation area as it sets priorities for the kinds of recreational services they will provide to the community.

Harrison said the plan is built with feedback from the Carmichael community and research.

"The master plan sort of paints the picture for over the next five years these are the things we'd like to accomplish assuming the budgetary funds are available," he said.

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American River floods created many challenges in capital city

By LANCE ARMSTRONG
Arden-Carmichael News writer
lance@valcomnews.com

Editor's note: This is part two of a two-part series about the history of the American River in relation to the area of Sacramento today.

Many non-native people were attracted to the American River and its surrounding areas during the 19th century.

The dynamic fur-bearing and hide-producing animal population combined with the rich, fertile soil encouraged the earliest of these people to attempt to build permanent, non-Indian settlements along the banks of the American River.

The first person to accomplish this was the Swiss-German adventurer and entrepreneur Captain Johann Augustus Sutter, who became known to his Mexican hosts as Juan Sutter and who is known today as John Sutter.

Sutter had come to the banks of the American River through a circuitous route that included stops in New York City, Westport (now Kansas City, Mo.), Santa Fe, Mexico (present day New Mexico) and overland across the Rocky Mountains.

He then traveled by ship to the Sandwich Islands (today's Hawaiian Islands), Fort Sitka in Russian Alaska, Yerba Buena (later renamed San Francisco), Monterey and finally up the American River to what became known as Sutter's Landing at present day 28th and C streets.

Sutter in Sacramento

Sutter, who arrived at this latter mentioned site in mid-August 1839, was able to acquire a nearly 50,000-acre land grant from the Mexican government.

The grant included the mouth of the American River and a large portion of the lower Sacramento Valley.

The Mexican government of California freely gave this land because of

its belief that Sutter could not successfully subjugate and control the large native population.

Since Gabriel Moraga became the first non-Indian to visit the American River in 1806, many non-Indians attempted or dreamt of establishing a permanent presence in the Sacramento Valley.

In each case, the native population repelled the invaders and drove them back to the coast.

However, Sutter, with a landing force of two German sailors, 10 Hawaiians (two of whom were women), and possibly an English bulldog, was able to make peace with the local natives and build the American River's first permanent settlement.

The first settlement

The settlement, which Sutter named Nueva Helvetia (New Switzerland and commonly known as New Helvetia), began as a small trading post that incorporated these local natives into the day-to-day business and agriculture.

The trading post grew into a fort – which would become known as Sutter's Fort – and an agricultural and manufacturing complex that attracted entrepreneurs, opportunists, a few miscreants and simple settlers from throughout the world.

The community burgeoned and with it grew the importance and value of the American River.

Sutter's first non-Indian neighbor was Scotland native John Sinclair, the representative of Eliab Grimes, a businessman from the Sandwich Islands who received a land grant from Sutter across the American River from New Helvetia.

Sinclair was followed by William Leidesdorff, who acquired a land grant east of New Helvetia and south of the American River. This grant included the present day cities of Rancho Cordova and Folsom.

Leidesdorff was the son of a Dutch trader and a West Indian Creole and he was probably the first person of

See American River, page 9

American River: Gold rush changes river course

Continued from page 8

African descent to be a property owner in California.

Following these two men, many others rushed to Sutter's settlement. Among these people was James Marshall, a carpenter from New Jersey.

Discovery of gold

Marshall contracted with Sutter to build a sawmill on the American River that would satisfy the lumber needs of the growing community.

The famous conclusion of this sawmill was the discovery of gold on the south fork of the American in the native village of Colluma – present day Coloma.

At this point, as historian J. S. Holliday wrote, "The World Rushed In."

The Gold Rush led to the founding of Sacramento City – the original name of Sacramento – and radical changes in the purpose and course of the American River.

This influx of humanity and the quest to leave no stone unturned in the search for gold altered the powerful mountain stream that meandered through the valley to its confluence with the Sacramento River.

Near this confluence, in an area that was once abundant with trees and shrubs, a commercial center rapidly grew.

However, when a city is built where two major rivers come together, flooding is inevitable.

Sacramento floods

The new metropolis, which would soon become the capital of the new state of California, flooded in each of its first few years of existence.

But the indomitable spirit of the citizens of the new city could not be broken. They constructed levees that they hoped would hold back the powerful waters of the river. But these rudimentary earthworks were no match for the force of the American.

The most significant flood in the history of the capital city came in the winter of 1861-62. At that time, the rains began to fall and they continued nearly unabated for more than a month.

Around 8 a.m. on Dec. 9, 1861, the river broke through the levee at Smith's Gardens in the area of today's River Park.

The water coursed down Burns Slough and inundated the eastern part of the city, all the way to the railroad levee in the south.

The 'Secret City'

The flooding was so intense that merchants and residents from Front Street to 12th Street and from the American River to the R Street levee reacted by raising their buildings as much as 14 feet, or constructing an additional story to these structures.

These modifications are what created the famed underground of Sacramento.

This flooding also led to outcries about the poor conditions of the levee system and the need to alter the course of the American River.

The immediate step was to force the river north, near Rabel's Tannery at 28th Street, in order to direct the water away from the city.

The larger step was the engineering endeavor that would take the big bend out of the west end of the river, near its confluence with the Sacramento River. This project began in 1864 and was completed four years later.

As a result of this rechanneling, the American River met with the Sacramento River one mile further north than it did when Sutter established his settlement.

But even these dramatic engineering feats were not sufficient to guarantee the safe control of the river.

The river continued to flood on a regular basis and heavy rains combined with spring snowmelt made localized inundations a regular occurrence.

The next major flood occurred in February 1878, when almost the entire city was once again covered with water. This event prompted citizens to call upon the government to create meaningful, regional flood control.

Controlling the river

The first comprehensive flood control plan was introduced in 1880.

The plan, which was designed by California's first state engineer William Hammond Hall (1846-1934), was an integrated course of action for the entire Sacramento Valley that included a system of levees, weirs and bypass channels in an attempt to protect existing population centers.

With at least some control over the river, its power could be managed for the good of the citizenry.

In 1895, Sacramento staged its elaborate Grand Electric Carnival in celebration of the new Folsom Powerhouse, which carried electricity 22 miles from Folsom to Sacramento.

At the time, this event was considered an amazing distance for the transmission of electricity.

Folsom was also the site of another major American River development.

Folsom Dam

In 1917, Congress had authorized the Sacramento Flood Control System, and in 1944, authorization was given by the U.S. Army Corps of Engineers to construct a dam on the lower American River to provide an excess of 500-year flood protection.

However, beginning in 1951, five major storms brought record floods before a dam could be constructed. Finally, in 1956, the Folsom Dam was completed.

It was estimated at that time that it would take a year to fill the reservoir behind the dam, but once again Mother Nature had other ideas.

A major storm rolled in and the reservoir was filled in one week.

Even though Sacramento exists because of the American River, the river has continuously tried to destroy the city.

But each time, the citizens fought back, first with picks and shovels and finally with a concrete barrier.

Now, only nature knows what the future holds for the American River and its communities.




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News of Buggy Whip restaurant's closure spreading slowly

Locally-famous eatery opened on Fulton Avenue in 1959

By LANCE ARMSTRONG
Arden-Carmichael News writer
Lance@valcomnews.com

In today's world of advanced communication technology, news can still travel slowly.

For instance, many longtime Arden and Carmichael residents would have trouble guessing the obvious newsworthy answer to the question: "What do the Coral Reef, the Palomino Room, Ken's Red Barn and Buggy Whip all have in common?"

A quick answer would be that these are names of popular restaurants that have operated at various times in the north area of the city.

Although this answer is true, the newsworthy answer is these are all north area restaurants that are no longer in operation.

Certainly many years have passed since the Coral Reef at 2795 Fulton Ave.,

the Palomino Room at 3405 El Camino Ave. and Ken's Red Barn at 500 Fulton Ave. were serving their customers.

But still, there are very many residents of the area who remain unaware that Buggy Whip, at 2737 Fulton Ave., ceased operation on May 8 after more than 52 years in business.

Arden-area resident Cindy Simmons, for instance, said that she was surprised to hear that Buggy Whip closed three months ago.

"I had no idea (Buggy Whip) closed," said Cindy, who has been an occasional patron of the restaurant since the mid-1960s. "I got married (to Doug Simmons) in 1966 and we probably went there three or four times a year and we would go with other people. We would always get the same thing — the prime rib. It was a wonderful meal with the soup and salad and the whole nine yards. You could always count on a good meal at an appropriate price. We never had a bad



Although Buggy Whip's history has come to an end, Larry LeSieur, the business's last owner, said that he may open a similar restaurant at the same site.

meal there. It was always very positive. I'm really sad that they needed to close. I hope they find a way to open again."

Fortunately for Cindy and other locals who have enjoyed dining at Buggy Whip at various times during this eating establishment's longtime existence, some very positive news may be on its way.

Good news?

"I am edging toward the idea of reopening the restaurant," said Larry LeSieur, who took over ownership of the restaurant in 1980 following the death of his father, Aaron LeSieur, who opened the restaurant in 1959.

But of course, many people are still left wondering why the restaurant closed in the first place.

With a quick view inside Buggy Whip's windows, the old eatery's tables remain set like a place that has been closed for several hours, as opposed to the past 90 days.

On one of these windows and on a glass panel on the front door are signs, which read: "Remodeling: Closed for repairs. Thank you."

As of the publishing of this article, no recent remodeling had occurred and the restaurant building sat awaiting its unknown future.

Setting the record straight

When presented with the opportunity to share details about his land-

See Restaurant, page 13

Restaurant: Buggy Whip was one of the city's last union house restaurants

Continued from page 12

mark restaurant with readers of this publication, Larry LeSieur, 65, was eager to set the record straight.

"What really happened was (Buggy Whip) was a union restaurant for 50 years," he said. "I talked to the union (representative). I had to sign a new contract, and I said, 'Hey, listen, we're going through the toughest times. You can't have a mom and pop (union) restaurant. We're the only one left, except for The Firehouse (in Old Sacramento), in all of Sacramento. And the reason we were union is because 50 years ago, everybody was union. You can't be in the union. So, anyway, I said, 'I can't pay benefits. There's no way. You can't have health, welfare and pay these three-week vacations. You can't do that. Most (employees) were only kind of part-time, too. They wouldn't even work 40 hours (per week). So, basically, I said, 'I can't sign (the contract), and I didn't sign it. But I didn't get out right.'"

LeSieur said that a year and a half later, the union representative who had worked with him had left his job, and LeSieur was then approached by a different union representative who told him his contract was still valid.

Eventually, however, LeSieur was sued and the restaurant was later closed.

The lawsuit

"When you get out of a contract, you have to do certain procedures, which I didn't do," LeSieur said. "So, they had me red handed. So, what they do is get a judgment against you. The judgment was \$60,000 or \$90,000. But then they said, 'Hey, listen, we'll let you pay \$30,000, but you'll have to sign a new contract with us.' I said, 'Either way, I can't pay the \$30,000, but let's just say I would pay the \$30,000, the problem is I can't sign a new contract going forward, because I can't make any money. You can't have health and welfare benefits for a small, little mom and pop restaurant. So, I filed and that's how I ended up in Chapter 11. And some mistakes were made and now it's into liquidation. Otherwise, I would still be open today.'"

Regarding his financial situation with the restaurant, Le-

Sieur said he paid off most of the IRS debt, but he still owes the state board and the Education Development Department a small amount.

"It's a lot of money, but it's not a lot of money," he said. "I would have to make those whole and then go back in, but the liquidation would take care of those things."

To reopen or not to reopen

LeSieur said that if he reopens his restaurant, it would likely reappear with a slightly different name change. He said that the place would probably become known as "The Buggy Whip" — a name so subtly different that many people would never notice that the name had been changed.

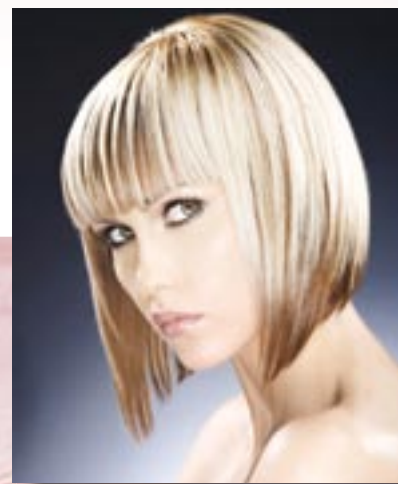
Although he does not like the idea of keeping many of his former customers in limbo, LeSieur said that he needs some time to determine what he wants his future to be in the local restaurant industry.

"The update is I'm just not quite sure what I'm going to do," he said.



Larry LeSieur stands in front of Buggy Whip, a restaurant founded by his father, Aaron LeSieur, in 1959. The eatery closed its doors to the public three months ago.

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Aug. 10-11: Members of the California Public Employees' Retirement System (CalPERS) are invited to a free Retirement Fair at the Sacramento Convention Center, 9 a.m. to 4 p.m. CalPERS staff will be available at information tables to answer retirement and other benefits questions. Social Security and State Savings Plus Program representatives will also be at the fair. (916) 795-3991.

Bi-Polar Anonymous
Aug. 10, 17, 24, 31: Free 12-step program/support group, for people who have Bi-Polar and those who love them. Meets every Friday, 7-8:30 p.m. 4300 Auburn Blvd., Room 106. (916) 889-5786.

Fire Dancers
Aug. 11: Fire performers will come to the Land Park Amphitheater for the fifth-annual Fire Spectacular. The Obsidian Butterfly fire troupe and fire friends will perform from 7 to 10 p.m. Live music, workshops and vendors will be at the amphitheater from 3 to 6 p.m. tickets on the day of the event are \$20 for adults, \$10 for 18 and under \$10 and children under 8 are free. A special \$45 family rate applies for two adults plus two children. Advanced tickets are available until Aug. 10: adult \$15, family rate \$30. For tickets and information, visit www.sacredfireanddance.com/FireSpectacular.html.

Fire Station 43 open house
Aug. 11: Come visit Fire Station 43 at 4201 El Centro Rd., Sac. Free. 2 p.m. – 5 p.m. Presentations at 3 p.m. (916) 808-1347

Volkssport walking
Aug. 11: Come join the Sacramento Walking Sticks Volkssport Club! Monthly meetings held every second Thursday at 7 p.m. SMUD Headquarters Bldg., Conference

Turtlerama
Aug. 18: Sacramento Turtle & Tortoise Club presents a "Turtlerama." Live turtles and tortoises, adoption information, lectures, educational displays. Free. 11 a.m.- 4 p.m., Belle Cooledge Library, 5600 South Land Park Dr. (916) 421-1134

Rotary Club of Pocket/Greenhaven
Aug. 15: Guest speakers address local, regional and international topics. Visitors welcome. 7:30 a.m., every Wednesday. Aviators Restaurant, 6151 Freepoint Blvd. (916) 684-6854.

'The Fox on the Fairway'
Aug. 17-Sept. 23: Screwball comedy about love, life and man's eternal love affair with... golf. \$19-\$21. Chautauqua Playhouse, 5325 Engle Rd., Carmichael (916) 489-7529
www.cplayhouse.org

Free Dental Clinic
Aug. 24-25: The Calif Dental Assoc. Foundation will offer a free dental clinic at Cal Expo, 1600 Exposition Blvd, beginning 5:30 a.m. Volunteers are needed. Services are free of charge and include cleanings, fillings and extractions. Open to all who do not have dental insurance. First-come, first-serve basis. More info at http://cdfoundation.org/Give/Volunteer/CDAcaresFreeDentalClinics.aspx or call 1-888-959-1331.

Gem and jewel show
Aug. 24-25: Rings, pearls, pendants, bracelets, vintage and more. American Cancer Society. Friday: 10 a.m. to 6 p.m.; Saturday: 10 a.m. to 5 p.m. 2744 Marconi Ave. Sacramento. (916) 484-0227.

See more Calendar, page 18

Bringing Nature Home
Transitioning to a Beautiful, Water-Wise Native Garden

Brought to you by the California Native Plant Society (Sacramento Valley Chapter)

Saturday, September 8
9:00 a.m. - 4:00 p.m.

Effie Yeaw Nature Center
(located inside Ancil Hoffman Park along the American River Parkway, 2850 San Lorenzo Way, off Tarshes Drive, Carmichael)

Workshop agenda and presenters on the website:
SacValley.CNPS.org

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Photo by Subash Chand

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EMERGENCY SERVICES, Tool Sods, sprinklers, hauling, concrete removal (Patio, borders, etc.), gutters cleaned, pressure washing, painting, tree & shrub removal, clean-up, general labor, fence repairs, planting, light tree trimming, odd jobs & more. LICENSED. References available. Call Les at 838-1247. Ask about the specials for seniors.

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429-9901

CALENDAR

For more Calendar entries visit
www.valcomnews.com

Continued from page 17

Beach Bash

Aug. 25: Come, all who are thirsty, come to the waters (Isaiah 55:1). Waterslides, games, Slip-n-Slides, crafts, kiddie pools, food, activities, door prizes. Free community event. 10 a.m. to 2 p.m. Riverside Wesleyan Church, 6449 Riverside Blvd. (916) 391-9845 www.rwscsac.org.

Fire Station 15 open house

Aug. 25: Come visit Fire Station 15 at 1591 Newborough Dr., Sac. Free. 2 p.m. - 5 p.m. Presentations at 3 p.m. (916) 808-1347

Mend-A-Thon

Aug. 25: The Capitol Ballet Company Costume Committee presents a Mend-A-Thon fundraiser from 2:30 - 4:30 p.m. Bring your clothes that need mending, as volun-

teers will repair them on a donation basis while you wait. Volunteers will repair items such as loose buttons, small tears and simple hems. Bring buttons if you have them. The event will take place at the Arcade Library Community Room, 2443 Marconi Ave.

Rotary Club of Pocket/Greenhaven

Aug. 29: Guest speakers address local, regional and international topics. Visitors welcome. 7:30 a.m., every Wednesday. Aviators Restaurant, 6151 Freeport Blvd. (916) 684-6854.

SEPTEMBER

Land Park Volunteer Corps

Sept. 1: Got work gloves and a "let's get down to business" attitude? Then the Land Park Volunteer Corps is for you! Come join members of the community as we maintain, im-

prove and beautify lovely William Land Park. First Saturday of every month, March - Nov. Free. 8 a.m. meet behind Fairytale Town, 8:25 a.m.-11 a.m., work on projects as assigned. Light breakfast, lunch provided by local businesses. (916) 718-3030 ckpinsacto@aol.com

Pancake Breakfast

Sept. 1, Oct. 6: Two light, delicious, warm pancakes, a tasty patty of sausage, Log Cabin syrup, tea and coffee, all for only \$3/person! 8:30 a.m.-10 a.m. Every First Saturday of the Month. Benefits the Wednesday Club. Mission Oaks Community Center, 4701 Gibbons Dr., Carmichael

POWERtalk International

Sept. 1, 4: Want to improve your public speaking and presentation skills? POWERtalk International, a nonprofit public speaking organization, provides coaching in leadership skills, sales presentation, interviewing, confidence building and more. Meets First Tuesdays of the month 10 a.m.-1 p.m. and First Saturdays of the Month 12 noon-3 p.m. Aviators Restaurant, 6151 Freeport Blvd., Sac. Liz Richardson (916) 208-9163, erichardson1202@yahoo.com www.powertalkinternational.com

Rotary Club of Pocket/Greenhaven

Sept. 5: Guest speakers address local, regional and international topics. Visitors welcome. 7:30 a.m., every Wednesday. Aviators Restaurant, 6151 Freeport Blvd. (916) 684-6854.

Bi-Polar Anonymous

Sept. 7, 14, 21, 28: Free 12-step program/support group, for people who have Bi-Polar and those who love them. Meets every Friday, 7-8:30 p.m. 4300 Auburn Blvd., Room 106. (916) 889-5786.

Fire Station 19 open house

Sept. 8: Come visit Fire Station 19 at 1700 Challenge Way, Sac. Free. 2 p.m. - 5 p.m. Presentations at 3 p.m. (916) 808-1347

Volkssport walking

Sept. 8: Come join the Sacramento Walking Sticks Volkssport Club! Monthly meetings held every second Thursday at 7 p.m. SMUD Headquarters Bldg., Conference Center, 6201 S St., Sac. Those who wish to walk before the meeting, meet at Starbucks,

1420 65r St., Sac. At 5 p.m. to walk a 3-mile walk to CSUS campus & back. Barbara Nuss (916) 283-4650 or (916) 691-7618 or nussb@surewest.net. Also www.SacramentoWalkingSticks.org

Become a tutor

Sept. 11: Come join the 17th year of a successful tutoring program that lets you get to know a third grade student in need of help with reading comprehension. 2:30 p.m., St. Marks United Methodist Church, 2391 St. Marks Way, upstairs in the Fireside Room. Tutoring will start in late September. Contact Dorothy Marshall, (916) 488-2578; dorothym@csus.edu.

Rotary Club of Pocket/Greenhaven

Sept. 12: Guest speakers address local, regional and international topics. Visitors welcome. 7:30 a.m., every Wednesday. Aviators Restaurant, 6151 Freeport Blvd. (916) 684-6854.

Crochet Guild

Sept. 12: Crocheters of all levels of ability and all ages are invited to join the Sacramento Crochet Guild. Learn new crochet techniques, exhibit at State Fair, do charity work. Mentoring program. Show and tell. Mini classes. Library and newsletter available. Club member of the Crochet Guild of America. Meets the second Wednesday of the month at 6:30 p.m. Seniors: \$6/yr. Enter from parking lot. Church of the Cross, 45th & H sts., Sac. Carolyn (916) 457-4044

Referrals Plus

Sept. 12: Referrals Plus, a women's networking group, helps women in business with connections, resources, promotions and ideas. We meet the 2nd Wed. of every month. 12:15 p.m. for meeting/luncheon in Greenhaven area. RSVP required. www.referralsplus.org

Carmichael Geranium Society

Sept. 14: Come to the monthly meeting of the Carmichael Geranium Society. Guests welcome. Meets every Second Friday of the month, 10 a.m.-12 noon. No mtg. in Aug. Carmichael Park Community Clubhouse, 5750 Grant Ave., Carmichael. Jean (916) 481-2076

Fire Station 57 open house

Sept. 15: Come visit Fire Station 57 at 7927 East Parkway, Sac. Free. 2 p.m. - 5 p.m. Presentations at 3 p.m. (916) 808-1347



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Referrals Plus
Sept. 12: Referrals Plus, a women's networking group, helps women in business with connections, resources, promotions and ideas. We meet the 2nd Wed. of every month. 12:15 p.m. for meeting/luncheon in Greenhaven area. RSVP required. www.referralsplus.org

Carmichael Geranium Society
Sept. 14: Come to the monthly meeting of the Carmichael Geranium Society. Guests welcome. Meets every Second Friday of the month, 10 a.m.-12 noon. No mtg. in Aug. Carmichael Park Community Clubhouse, 5750 Grant Ave., Carmichael. Jean (916) 481-2076

Fire Station 57 open house
Sept. 15: Come visit Fire Station 57 at 7927 East Parkway, Sac. Free. 2 p.m. - 5 p.m. Presentations at 3 p.m. (916) 808-1347

Faces and Places: John Skinner Band: An evening of music and dancing in Carmichael Park Sunday, Aug. 5

Article and photos by BILL CONDRAY
Arden-Carmichael News writer/photographer
bill@valcomnews.com

John Skinner's eight-piece orchestra along with vocalist Susan Skinner produced great rhythms to listen and dance to from the "oldies and goodies" to rock and roll standards.

Close to 200 people enjoyed the music, which started at 6:30 p.m. at the "band shell" in the southern part of the park.

The concrete floor in front of the "band shell" provided an area for dancing and the slope of the surrounding ground formed a natural theater.

Many arrived early, bringing food, refreshments, chairs or blankets, and then spent an evening listening and dancing to great renditions.

The music ended at 8:30 p.m.

Gems and Jewels
August 24th-26th
Friday: 10 a.m. - 6 p.m. • Saturday: 10 a.m. - 5 p.m.

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Call (916) 429-9901 for rates.

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FREE LUNCHEON SEMINAR "The Privilege of Planning"

Presenter: Josh Tuttle
General Manager
East Lawn Mortuary & Sierra Hills Memorial Park
Funeral Director Lic#3435

30-minute presentation followed by a question and answer period.

Wednesday, August 29 - 11:30 a.m. to 12:30 p.m.
Tuesday, September 18 - 6:30 to 7:30 p.m.

Seating is limited to 30 attendees per seminar

St. Francis Community Hall
6700 Verner Avenue, Sacramento, CA 95841
(1-80 @ Greenback)

Reservations Required RSVP to Lisa West @ (916) 732-2020

CRAFTERS NEEDED
St. Josephs Catholic Church in Clarksburg is holding its Annual "Craft Faire," "Chili Cookoff," & "White Elephant Sale" on Sat. & Sun, October 6 & 7. We are looking for Homemade Arts & Crafts. If are interested in participating, call Joan Kleist @ (916) 392-9946 or for more info & display table reservations.

CALL AND PLACE YOUR EVENT TODAY!
(916) 429-9901

PLAY BALL!

Summer means baseball at Raley Field. Come enjoy all the fun and excitement in Sacramento's favorite backyard.

AUGUST 18 - 21
River Cats vs. Las Vegas 51s

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River Cats vs. Salt Lake Bees

Catch the feeling. **rivercats.com**
For tickets call 371.4487(HITS)

HOLIDAY CRAFTERS - WANTED -

CARMICHAEL EMBLEM CLUB
ANNUAL HOLIDAY CRAFT FAIRE
SEPTEMBER 29TH, 2012 9 A.M. TO 4 P.M.

ALL VENDOR BOOTHS ARE OUTSIDE PARKING LOT SPACES
\$35.00 FOR 10X10

*outside spaces you can bring your own canopy/table and chairs

CONTACT: DOROTHY TAYLOR 916-601-6386
EMAIL: HEYDORT@MAC.COM



TUSCAN HOME IN ARDEN OAKS

Beautiful 5 bedroom Tuscan home on private .72 acre lot with pool. 2 master suites plus upstairs bonus/game room, 4½ bathS. Lovely gourmet kitchen family room combo. Large formal living and dining rooms. Private lush backyard has pool, outside covered room. \$1,545,000

CARMAH HATCH 765-6210



SPACIOUS ARDEN OAKS

Wonderful Arden Oaks property located on 1½ acres of trees, floral gardens and fountains. Features separate guest quarters, large formal dining room, and patio area with fireplace, 2 office areas in addition to 5 bedrooms, 4 fireplaces and 4 HVAC units. See: 3910windingcreekroad.ePropTour.com \$1,650,000

PATTY BAETA 806-7761



WONDERFUL ARDEN PARK

Remodeled 4 bedroom 3 bath home with over 2400 sq. ft. The great room kitchen/family room includes a gourmet kitchen with gas cooktop, custom cabinets, and dining bar. The stacked stone fireplace and media wall make this a fabulous family area. Pool. See: www.990CastecDrive.com \$509,000

CHRIS BALESTRERI 996-2244



SIERRA OAKS CONTEMPORARY

Immaculate 3 bedroom 2½ bath Streg featuring custom kitchen cabinets by Poggenpohl. Modern feel throughout, with new roof in '04, newer pool equipment, dual pane windows, custom garage doors, laminate flooring lovely pool by the covered patio. \$525,000

MIKE PUENTE 395-4727



AMERICAN RIVER VIEWS

Here's your chance to live in one of the most exclusive spots on the American River! 3 bedrooms, 3 baths in the main house, 3 car garage plus separate 1 bedroom guest house on .895 Acre. Endless possibilities in a very private location - Don't Miss It! \$1,235,000

CARMAH HATCH 765-6210



CUSTOM SIERRA OAKS VISTA

Located on .83 acre with park-like setting. Tall trees, sparkling pool, large patio areas, floral gardens and a fire pit. Features include 4 bedrooms, library, 3 baths, hardwood floors, high ceilings and walls of glass. 2 fireplaces and large custom master suite with big shower, Jacuzzi tub and limestone counters. \$1,295,000

PATTY BAETA 806-7761



TRANQUIL CAMPUS COMMONS

Wonderful property in tranquil and convenient Campus Commons. 2 bedroom 2 bath, new and refreshed features! Hardwood floors in living room, dining room and family room. Family room fireplace. 2 patios - Zen Feeling. Fresh paint, granite counters, new lighting, and more! \$249,900

SHEILA VAN NOY 505-5395



SIERRA OAKS VISTA

Custom 2 story home in very private setting on park-like grounds. Grand home with huge rooms, high ceilings and wide hallways. 4 bedrooms, 5 full baths and 2 half baths; most bedrooms have baths. Tennis, pool, spa & pavilion with fireplace. See: www.3101adamsroad.epropertiesites.com \$1,599,000

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WYNDGATE CUSTOM

Customized 2-story featuring His & Hers baths with walk-in cedar closets! Open floor plan with raised wood beamed ceilings in LR & DR. French doors to tranquil private patio with custom water feature. Den with wrap around desk. See: 455wyndgaterd.epropertiesites.com \$579,000

PATTY BAETA 806-7761

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