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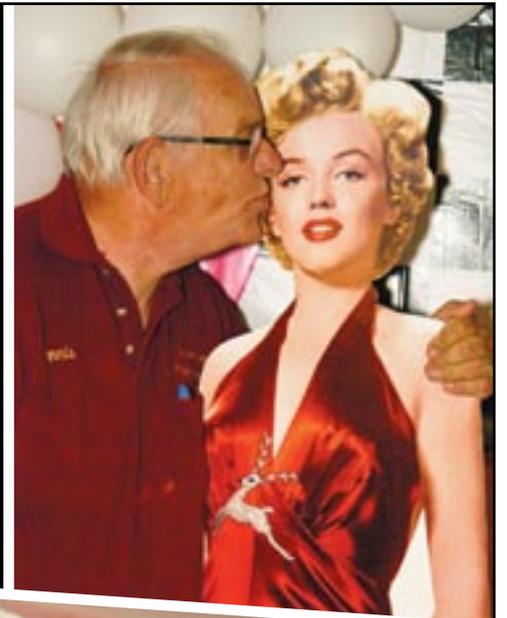
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Courtesy of the American River Parkway Foundation

Volunteers from last year's Great American River Clean Up collected trash all along the river. About 1,500 volunteers are expected this year on Saturday, Sept. 15.

## American River Parkway Foundation offers ways to give back

By CORRIE PELC  
Arden-Carmichael News writer  
[corrie@valcomnews.com](mailto:corrie@valcomnews.com)

On Saturday, Sept. 15, about 2,500 volunteers are expected to take part in the American River Parkway Foundation's annual Great American River Clean Up.

According to Stacy Springer, volunteer manager for the American River Parkway Foundation, which is based in Carmichael, these volunteers will spend three hours that morning cleaning up 20 site locations along the American River of trash and other debris. "And that does not even include the huge kayak and dive teams that go out and address

the shoreline and deeper water channels," she said.

Springer said it's easy to volunteer for the Great American River Clean Up – volunteers just need to register on the Foundation's website, [www.arpf.org](http://www.arpf.org), and then show up on the day of the clean up wearing closed-toe shoes and long pants, plus sunblock and hat if the day is sunny and warm.

### Cleaning Up

A site captain, such as Heidi Steger, a Sacramento resident who has been a site captain for the Great American River Clean Up for the

See Clean up, page 5

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# Pillow Party: Event gathers necessities for women with breast cancer

By BRENDA JEW WATERS  
Special for The Arden Carmichael News

A Pillow Party took place in the social hall of Central United Methodist Church. Yes, you heard right -- a pillow party.

This is not a typical one. You see, organizer Joan Eddy from Necessities Bags Sacramento, <http://necessitiesbagsac.org/>, gathers volunteers three to four times a year in the social

See Pillow Party, page 11



# Clean Up: Event has lasting impact through out the year

Continued from page 2

past four years, mans each clean up location. Steger oversees the Howe Avenue river access location, which she said covers from Sacramento State upstream to the Watt Avenue location.

On the day of the clean up, Steger is in charge of putting up signs, handing out gloves to those who don't have their own, distributing trash bags, waters and snacks, and giving some basic safety instructions to about 100 volunteers at her location.

She said there are both paved and unpaved portions of the Parkway, so volunteers can feel comfortable depending on their abilities. "If you're the kind of person who doesn't feel bad about walking through high grass or even under trees and through some brambles, that's fine, but if you're the kind that wants to stick to the path, that's fine, too," she said.

When out on the Parkway, Steger said volunteers are asked to pick up everything from cigarette butts to car tires. "There's cans, bottles, paper trash, paper bags, plastic containers -- it's a mix," she said.

There's an emphasis on picking up cigarette butts at the clean up site location of Michael Rebensdorf, who has been a site captain for almost 10 years. At his site at Sailor Bar -- just

below Nimbus Dam, across the river from the fish hatchery -- Rebensdorf holds a contest for picking up the most cigarette butts. "People walk by the little trash -- they want to get the big trash to fill their bag up," he said.

## Having an Impact

Rebensdorf said through his years as a site captain at Sailor Bar, he has seen the amount of trash picked up each year decline significantly. "It's probably 25 percent now from when I first started," he said.

He said this is because people are more conscious of not throwing things on the ground and littering. "At Sailor Bar, there's an entry point for fisherman to the river and I think they've become a lot more aware," he said. "It's more conscious in people's minds that if you come out here and throw your things on the ground, you're not going to be able to come out and fish anymore."

Steger said the clean up also helps community members get a feel for what the riverbanks are like. "They figure out if you want to be able to enjoy this wonderful gift of the American River, you've got to take care of it a little bit," she said.

And Stringer said volunteers leave with an awareness that everyone is re-

sponsible for their backyard regardless of where the trash comes from. "As good citizens and good Samaritans, we want to make sure that if we have to pick up somebody else's trash because it's laying there, then that's what we do -- it's taking on a higher level of responsibility," she said.

## Adopt-a-Mile

In addition to the Great American River Clean Up, the American River Parkway Foundation has volunteers that help keep the Parkway clean all year long through various programs. One of these programs is the Volunteer Mile Steward program, where individuals and groups adopt a mile of the Parkway and commit to 20 hours of service per quarter to help keep it clean, according to Springer.

"Every mile is a little different -- 99 percent of it is trash removal, but we have graffiti removal issues at times," Springer said. "That's a very popular program and we have very dedicated volunteers."

Two of those volunteers are residents Theresa and Steve Graham. About seven years ago they adopted Mile 4, which starts behind the REI in the Arden area and runs down to Cal Expo. Steve said he and Theresa decided to adopt that particular mile

because as an avid bicyclist he was using it all the time and realized he should give back.

Steve said he and Theresa go out two hours about twice a month to pick up trash on their mile and report any graffiti or encampments they encounter. "We pick up every little bit because I don't want an animal stepping in this or eating this, so even if it's a flip-top from a can it all comes up because we've got to keep this clean for the animals as they are there all the time," he said.

Theresa enjoys their work on the mile as she enjoys being outside and exploring the nature in the area, as well as the flexibility the program offers. "You can do it at what time-frame works for you -- you can make it work into your schedule, which really works for us," she said.

And she also likes the good internal feeling volunteering gives her. "You feel like you're contributing to the good of the society," she explained. "I think everybody should do something for the good of their community -- it just gives you pride in it."

For more information on the Great American River clean up or volunteering with the American River Parkway Foundation, visit [www.arpf.org](http://www.arpf.org).

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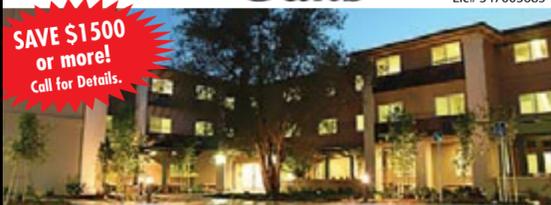


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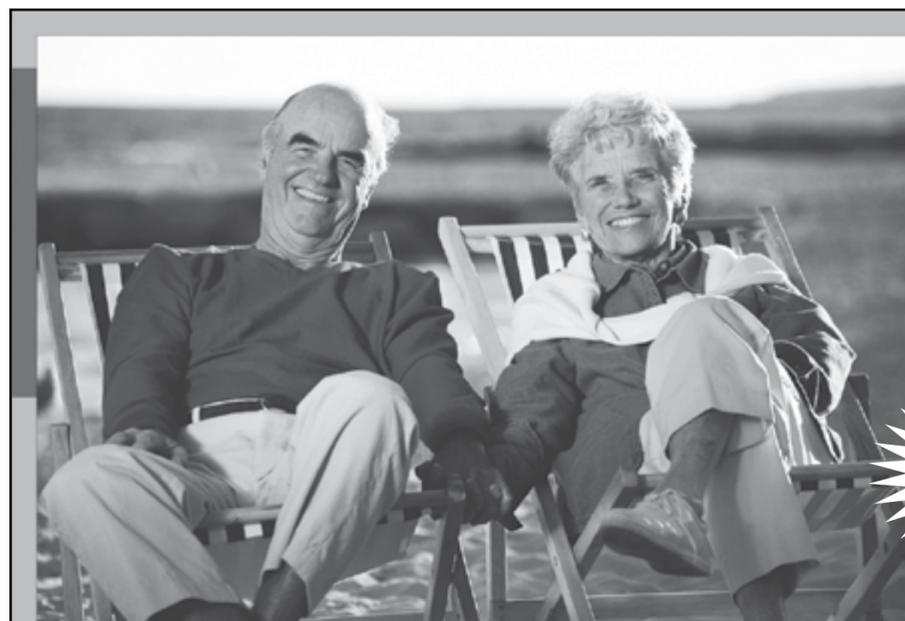
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# COUNTRY CLUB CENTRE turns 60

Editor's note: This is the first part in a series regarding the history of the "four corners" of Watt and El Camino avenues.

By LANCE ARMSTRONG  
Arden-Carmichael News writer  
lance@valcomnews.com

Country Club Centre, a well-known shopping destination in the north area of the city, has reached a milestone, as it recently turned 60 years old.

The shopping center, which derived its name from the nearby Del Paso Country Club, opened on the southwest corner of Watt and El Camino avenues on Aug. 21, 1952.

Although it would be extremely unlikely to find anyone adept in U.S. geography who would think of any place in Sacramento after hearing the name, "Four Corners," the corner properties of Watt and El



Country Club Centre, shown during its early years, is presently celebrating its 60th anniversary. The well-known, north area shopping center opened on Aug. 21, 1952.

Camino avenues are undeniably locally famous.

### Sacramento's four corners

For those who need a little assistance when it comes to this bit of U.S. geography trivia, the name, "Four Corners," has for many years been used to identify the region where Colorado, New Mexico, Arizona and Utah join together.

Certainly, references to such places as Country Club Centre, Country Club Plaza, Tower Records, Sam's Plaza Hof Brau, Jack's House of Music and Country Club Lanes draw plenty of endearing, reminiscent responses from many longtime Sacramentans.

And based on the fact that these locally renowned places are all representatives of either the past or

present days of the four corners of Watt and El Camino avenues, it would be difficult for one to dispute the historic significance and legacy of these four corners.

In the north area of Sacramento, perhaps no place would be better designated as "four corners" than these very notable four corner properties.

Sacramento native Pat Melarkey, who is well known for his service as a county supervisor and his local work in dentistry, recalled how these north area corners appeared prior to their development.

"There was nothing out there at all, and I'm talking about a time between about 1945 and 1950," Melarkey said. "It was all vacant and I was exercising horses in a field there on Watt Avenue and El Camino (avenues)

with Dr. Bill Campbell, a very well-known physician in town. The field was on the big corner where Wal-Mart is now (in Country Club Centre). I remember one day, when (local real estate broker) James Cordano drove off the road – it was only a two-lane road then – and parked in a field and was talking to Dr. Campbell when we were resting our horses. (Cordano) said that he was putting together a deal to buy up the whole corner. (Cordano) is the one who developed Country Club Centre (with Joseph Blumenfeld), and he also developed Southgate (Shopping Center with Blumenfeld) and Sunrise Mall (with Ernest W. Hahn). Cordano said that any acreage on Watt or El Camino (avenues) was \$100 an acre and that there were a few blocks off of those two streets that were \$60 an acre."

### Original plans

The Country Club Centre corner was eventually owned by the Blumenfeld theater interests, as the initial plan for the property was to construct a drive-in theater on the site.

In recalling his change of plans, Blumenfeld, in a 1952 interview with The Sacramento Bee, said, "After the project was started, we were convinced by some of the largest merchants in the country we were building the wrong type of development and they persuaded us to abandon our original plans and convert to the present type shopping center."

With this change in plans, Blumenfeld became the president of

## Country Club: Origins of the plaza

Continued from page 6

Country Club Centre, Inc. and Cordano began his service as vice president of the corporation.

Selected to build the immense Country Club Centre was the Erickson Construction Co., which was located at 1119 East Bassettlaw Ave. in North Sacramento.

on the Calo dog food's dog-drawn cart, Lucky Market hats for children, free Coca-Cola (Thursday), free Dr. Pepper (Friday and Saturday), and special prizes for those who could guess the weight of quantities of frozen fish and Pillsbury grain and a giant bologna.

### Original businesses

The original businesses of Country Club Centre's initial unit included the J.C. Penney Co., Eagleson's, Lucky Market, Kid-E-Korral juvenile shop, Emigh Hardware, Heintz Bakery, Kirby Shoes, Buster Brown shoe store, Green & Heyden shoe store, Anita Shops women's apparel, Country Club Centre Launderette & Swanson's Cleaners, and O'Neil Bros. service station.

The J.C. Penney store, which was located in a single-story building with a basement and a balcony, included 23,000 square feet of selling space and 39-foot-wide show windows.

Eagleson's, was already a long-time established men's wear business when it opened in Country Club Centre, as it had been established in San Francisco in 1867 and had since added a store at 801 K St. and another store in Los Angeles.

The O'Neil Bros. service station at Country Club Centre became the sixth unit in this Sacramento area service station chain.

The O'Neil name in local service stations dated back to 1921, when Joe and Jack O'Neil established a service station on 13th Street, between K and L streets.

Heintz Bakery, which was owned by Joseph Heintz, was already a recognized bakery in the capital city through its other location at 1206 J St.

Following Country Club Centre's grand opening, the shopping center continued to expand, as additional stores planned for their own grand openings about three weeks later.

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# How Sweet It Is After 30 years, Leatherby's continues to dish out more than just ice cream

By **CORRIE PELC**  
Arden-Carmichael News writer  
corrie@valcomnews.com

In 1992, then Arden resident Kelly Joppa began an experience that would impact the next 20 years of her life by teaching her lessons that she would end up applying to many facets of her life, such as teamwork and generosity.

That experience was working for Leatherby's Family Creamery in the Arden area.

Joppa recalls pursuing a job at Leatherby's when in high school, thinking it would be a fun place to work. "I started off scooping ice cream like all of us do - back then it took two to three years to work up to being a waitress," she says. In total, she worked about nine years at Leatherby's including

two years making ice cream, six to seven years waiting tables, and about a year in management.

Joppa fondly remembers working under her then manager Jennifer Leatherby, who she calls a mentor and friend, and Dave Leatherby, Sr. - known to most as "Daddy Dave" - and his wife, Sally. She talks about watching how generous the owners were in the community through food donations and taking part in fundraisers, and how they would hire people that sometimes other places would not to give them a chance.

"I was (around) 16 years old, seeing that and being impressed by it," Joppa says. "I knew that not many places out there cared about the community in the way they did - they were just filled with generosity in that way."



Three happy ice cream makers at Leatherby's Family Creamery in the Arden area. Photo courtesy Leatherby's Family Creamery.

And it was these impressions that kept Joppa there for those nine years despite being wooed by other restaurant owners in the Sacramento area that told her she could make more money working for them. "I thought I

love my job, I love the people I work with, I love the people I get to serve - it's the happiest family-friendly environment," she says. "The idea of making

See Leatherby's, page 8



Two girls enjoy their Leatherby's black and white sundaes. Photo by Corrie Pelc

## Leatherby's: Parlor has rich history

Continued from page 8

money wasn't as attractive as knowing I had a great job with people who just enjoyed being there, and that's what kept me around for all that time."

### A Little History

That enjoyment of what they do seems to be one of the secrets to the success of Leatherby's Family Creamery, which is celebrating its 30<sup>th</sup> anniversary this year.

According to Dave Leatherby, Jr. - who currently operates Leatherby's with his brother, Alan - the idea for Leatherby's started a little over 30 years ago when he, his father and grandfather decided they wanted to try forming a new business together, and so they began to look at different opportunities. "My Dad, Dave Sr., said I want to do something that is not just a business that makes money, I want it to do something that benefits the community," Leatherby recalls.

During this time, the trio heard from one of Leatherby's sisters about an old-fashioned ice cream parlor being run in Oakland that they should look at. "We drove down to Oakland and my father walked in and said, 'this is it,'" Leatherby says. "He said look at this business that has been here for 70-80 years at the time. He said we can improve on this - keep what's good and we can do this ourselves, and we did."

From there, the Leatherby family - which at the time included 10 children - spent a year formatting their concept for the business through visiting ice cream parlors in

California and developing and testing recipes, Leatherby says. Then on August 14, 1982, the first Leatherby's Family Creamery in the Arden area opened for business.

This initial success of the Arden location found the Leatherby family inundated with requests from across the U.S. with people wanting to start their own Leatherby's location. So Leatherby says the family decided to establish a franchise company, which resulted in the opening of 28 Leatherby's locations in six states. "At that time the family stayed here and ran the ice cream parlors, and my Dad and I started focusing our efforts on franchising," Leatherby says.

That splitting of the family eventually resulted in the Leatherby's selling their franchise company and concentrating their efforts closer to home. Today Leatherby's manages stores in the Arden area, Citrus Heights - which originally started by the Executive Airport on Freeport Boulevard in 1985, and 22 years later moved to its current location - and the newest location in Elk Grove, which just opened in May.

### I Scream, You Scream

Now 30 years later, Leatherby's is still known mainly for its ice cream, served up in enormous sundaes, dripping with decadent toppings, and named after a Leatherby family member.

Leatherby says one of the secrets to their ice cream's success is its freshness. Each

See Ice Cream, page 10

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 Designer Serene Lusano and craftsman Alan LaGuardia are the couple behind Sacramento's Blockhouse Modern. In 2010, the couple took a collective love of mid-century modern furniture and housewares to create the company - dedicated to restoring and re-purposing all things 1950's, 60's, and beyond.  
 Since June 2011, Blockhouse has sold exclusively at Sacramento's premier Mid-Century boutique, Scout Living. Here, they are able to bring one-of-a-kind items to a wide audience among like-minded dealers in a great midtown location.



(From left) J.P. Leatherby, Elijah Leatherby, "Good Morning Sacramento" host Mark S. Allen, and Jake Leatherby get down and dirty in an ice cream eating contest during Leatherby's 30th Anniversary celebration in August at the Arden location.

## Ice Cream: Leatherby's looks forward to the next 30 years

Continued from page 9

store makes its own ice cream every day, which is frozen quickly in negative 30-degree freezers to ensure a creamy texture. Additionally, Leatherby's only uses the highest quality ingredients they can find, including cream and milk from Foster Farms Dairy and Ghirardelli chocolate.  
 Each store also makes the various toppings they use in their sundaes. "We make all our caramel, chocolate, hot fudge - everything is made right here," Leatherby says. "We have a great bit copper kettle that makes 50 gallons at a time."  
 And the company even grows its own nuts. After realizing how much they were spending on purchasing almonds, walnuts and pecans, the family decided to purchase a walnut farm in Sacramento and took classes to learn how to farm. "We belong to a co-op where we turn in the walnuts that we don't use here and we can exchange them for different kinds of nuts, so everything we use it generated from our farm," Leatherby says.

Although Leatherby's is known for some unique flavors, Leatherby says surprisingly their biggest seller is vanilla. At a close second is their toasted almond ice cream, which is used in the company's number one selling dessert, Alan's Black & Tan, which Leatherby says includes toasted almond and vanilla ice creams, caramel and chocolate sauces, and homemade whipped cream.  
 Today, Leatherby says about 70 percent of the stores' sales are from ice cream and 30 percent from food from its lunch and dinner menu. "It's very simple food that's made to complement our ice cream," Leatherby explains. "We don't want people getting too full on food that they can eat our ice cream. We do have some people that come in and skip their meal and eat the ice cream for their meal - we get a lot of that."

**Then and Now**  
 Over the last 30 years, there have been a few changes made to Leatherby's Family Cream-

ery. For example, Leatherby says the food menu has been expanded and now includes more salads. Additionally, the dessert menu now includes different size portions, as when the company first started only one size of sundaes was available.  
 Changes have also come over the last few years with the economic downturn. To continue to make Leatherby's budget friendly for families, the restaurant added a child's menu and began offering meal specials at a discounted rate.  
 At the same time, many things about Leatherby's have not changed, as attested to by Joppa, who during the last 10 years worked in commercial real estate, had two children, and successfully battled breast cancer. During this time Joppa also started a blog - myhonestwalk.blogspot.com - in which she talks about her fight against cancer and what she learned during her time at Leatherby's.  
 Joppa returned to Leatherby's in July as a manager at the Elk Grove location, and says everything is still done the same. "The size of our sundaes has not changed, the way they're made has not changed - the product has stayed completely the same," she says. "I think the value, the heart, the generosity - all of that (is still there)."  
 Leatherby's also continues to do what it can to give back to the community. Leatherby says the company supports a number of charities, and also does a number of donations throughout the year, both in ice cream and certificates to the restaurant. "We believe very strongly that we have a responsibility to give back to the community in many different ways," he adds.  
 Looking forward to the next 30 years, Leatherby hopes Leatherby's Family Creamery will continue to be a wholesome gathering place for the community where every person is welcome. "They come, they feel welcome, and they find joy here," he says. "I hope we can continue to do that in some fashion."

## Pillow Party: Volunteers make pillows

Continued from page 4

hall of Central United Methodist Church to work in stations to cut and match beautiful, donated fabrics, pin, machine-stitch, turn and iron the squares, stuff, and finally hand-stitch shut comfort pillows to be included in a Necessities Bag.

The Necessities Bag is a reusable tote filled with bandages, essentials for wound care, hygiene and personal comfort that is distributed by medical professionals in local hospitals to women newly diagnosed with breast cancer.  
 Typically, dozens of volunteers, both men and women, turn out 100 pillows in an evening. Following the potluck dinner on Sept. 10, a presentation was given by Ally Goi, the 10-year-old daughter of Corlene Goi and Corlene's mother Grace Korani, who have been volunteering at the pillow parties. Ally solicited donations to make and present 30 pillows on her own as part of her Girl Scout Silver Award.  
 As a nonprofit, charitable organization, NBS depends on grants, donations, and sponsors to purchase most of the supplies--and on the many volunteers who lovingly hand-craft items and assemble the totes. If you can help, please send your donations to **Necessities Bag Sacramento Inc.**, P.O. Box 160201, Sacramento, CA 95816, email: [info@necessitiesbagsac.org](mailto:info@necessitiesbagsac.org) or phone: 860-214-9972.



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## Rio Americano Teacher Dean Baird awarded Presidential Awards for Excellence in Math and Science

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"This is one kind of graph you can make," Rio Americano High School physics teacher Dean Baird told his sixth period class. "But when I made this graph I kinda made a very specific choice. I chose to put time on the vertical and I chose to put position on horizontal. Is that the only choice I could have made?"

The voices of students fluster back and forth between yes and no.

"Is that legal?" Baird asked.

"Barely," a student said as the rest of the class laughed quietly.

"Yes!" Baird responded. "That is extremely street legal. I could have taken that out on American River Drive and not gotten a ticket."

Baird is able to relate to his students. That and the fact that he has been teaching physics for more than 25 years at Rio Americano High School, may have played a part in the reason he traveled to Washington D.C. this summer to visit the White House.

Baird was one of 97 other candidates from around the United States honored as a 2011 Presidential Awardee for the Presidential Awards for Excellence in Mathematics and Science Teaching. He was selected to represent California in the science category.

It is the highest honor the U.S. government can bestow on a K-12 science teacher. Winners receive \$10,000.

"I didn't think I was even going to make it to the state level," Baird said. "But I did and I got to meet the other people. They are awesome teachers!"

Baird thinks he was chosen out of the dozens of applicants because of his 45-minute video submission, the amount of time he has been



Courtesy of the San Juan Unified School District  
Rio Americano physics teacher Dean Baird. Baird was one of 97 other candidates from around the United States honored as a 2011 Presidential Awardee for the Presidential Awards for Excellence in Mathematics and Science Teaching. He was selected to represent California in the science category. It is the highest honor the U.S. government can bestow on a K-12 science teacher. Winners receive \$10,000.

teaching and all of the contributions he makes to enhance the instruction of physics on the local, state and national levels.

"It's an enormous thing..." Baird said. "It's one teacher from the state of California in science that is going to get this every two years and to be that person...is amazing."

Baird went to the White House during the last week of June to receive his certificate, meet other winners, attended a National Science Foundation event and meet Vice President Joe Biden. Baird said he appreciated the Washington D.C. experience but what he really enjoys more than anything, is teaching.

"The students that I get in physics are not scientists, they're not engineers, they're not mathematicians," Baird said. "They're just kids that are ready to go to college. I want to give them a broad appreciation for physics and the role that it plays in their life. I want them when they leave the room to see the physics that is all around them because they are immersed in it whether they know it or not."

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Faces and Places:

# HOT AUGUST NIGHTS

By **BILL CONDRAY**  
Arden-Carmichael News Writer & Photographer  
bill@valcomnews.com

The Atrium on Cypress near Manzanita held a Hot August Nights event for their residents and guests. The Cappuccino Cruisers brought classic cars of the era and their DJ supplied music from the 50's. The percipients danced to rock and roll, had burgers and fries served in cardboard classic cars. Some participated in hula hoop and bubble gum blowing contests. The atmosphere was enjoyed by all.



## The Gender Health Center will be holding a two-day fundraiser

According to their website, The Gender Health Center is a non-profit organization meeting the counseling needs of the whole community in Sacramento and the surrounding areas by making our services accessible to the most underserved communities, including the LG-BTQQI. The GHC is a not-for-profit agency so our fees are on a sliding scale to help make services as easily accessible and available to everyone. The GHC also offer resources and referrals to other LGBT friendly organizations.

On Friday, Sept. 28, come out at Player's Night - A Flapper & Dapper Soiree, which will be a swanky fundraising dinner. It will be a 1920's Speakeasy theme with gender bending added for fun. This event will include food, beer by Hoppy Brewing, a program produced by Jovi Radtke,

a silent art action featuring art by local artists, a live auction, and a museum full of classic cars! The event starts at 7 p.m. at the California Automobile Museum, located at 2200 Front St.

<http://calautomuseum.org/> Roaring 20's Gender Bender Weekend is the Gender Health Center's (GHC) official coming out bash. <http://www.thegenderhealthcenter.org/events/>

You can also come out on Saturday, Sept. 29 for a more casual event at the Gender Bender Ball. It will be a dance-party with a carnival sideshow theme. Live music will be provided by DJ Freezto, dancing, beer by Hoppy Brewing, a show produced by Carrie Martin showcasing local performers, a drawing with prizes donated by local companies, and custom made pizza will be cooked on the spot. This shin-



Photo courtesy

dig goes down at 7 p.m. at the Brickhouse Gallery, located at 2837 36th St. <http://www.brickhouseoakpark.com/> Roaring 20's Gender Bender

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# Camellia Juniors Orchestra to hold auditions, Sept. 20

In 2007, Camellia Symphony Orchestra introduced a new string orchestra for high school students called Camellia Juniors Orchestra, of which El Camino Fundamental High School senior Rachel Kuhl loves being a part.

"From challenging but well-known concertos to famous overtures to jazzy tunes you can't resist tapping your foot to, each concert is equally impressive and enjoyable for the audience," Kuhl, who plays the cello said.

This program is for high school string students who want to play in an orchestra but who are not offered the opportunity at their school or who wish to expand their musical opportunities. This fits in with the Camellia Symphony, which is composed of established musicians who enjoy playing but don't want to make a living out of playing in a professional orchestra.

Many students take music in the public schools or with private teachers while they are in middle school, but then attend high schools with no orchestras. This will be especially true this school year with all the budget cuts. CJO allows these students the opportunity to continue their musical experience with students their own age and playing ability. Because CJO is part of Camellia Symphony, it means there is low administration cost making it more affordable for students and their families as well.

In order to maintain a level of expertise as is expected in the Camellia Symphony, auditions are required, however private lessons are not required. Students will need to provide their own instruments. Most performances are pre-concert performances prior to the Camellia



Photo courtesy Camellia Symphony Orchestra

Symphony concert and are from 6:30-7 p.m. Students are then able to attend the symphony concert for free.

Two years ago, Junior Cadets was formed. This is a string orchestra for students in grades 6-8. There are many students who participate in before or after school string programs, or take private lessons, but are ready to play in a larger ensemble. Cadets also perform several times a year and can attend the symphony concerts for free.

Nina Vigil, retired music teacher in the Sacramento City Unified School District, leads Juniors. Vigil and Anna Kachagin, who presently teach in SCUSD, co-direct Cadets. Both play in the Camellia Symphony.

"I can tell that Ms. Vigil puts in a lot of extra time and effort to help each of us become better musicians and to make this all happen. I'm very proud to tell people that I'm a part of the Camellia Juniors Orchestra," Kuhl said.

The Symphony looks forward to having students from the greater Sacramento area join these groups to expand their musical talents and enjoyment. Both groups practice one day a week. Auditions will be on Sept. 20 and rehearsals will start the following week. Anyone interested in more information can check the website at [www.camelliasymphony.org](http://www.camelliasymphony.org) or phone the office at 929-6655. The Symphony is located at 1545 River Park Drive, Ste. 506, Sacramento, CA 95815.

## Mustard Seed Spin raises money for homeless children

Special to the Arden-Carmichael News

The eighth annual Mustard Seed Spin is happening on Sunday, Sept. 30 at William Pond Park. The Mustard Seed Spin is an annual family bike ride along the American River Parkway. The mission of the Mustard Seed Spin is to promote total wellness for youth through safe cycling, while creating opportunities to help less fortunate children. The Mustard Seed School serves the most unfortunate members of the Sacramento community and provides vital and nurturing transitional education during the time students are homeless. The scholarship program offers free ridership, a refurbished bike and new helmet to keep, for 50-100 children each year. Rider fees and any additional donations to the ride all go directly to the Mustard Seed School for homeless children. Over the last seven years, donations have totaled more than \$150,000.

# CALENDAR

For more calendar entries, visit: [www.valcomnews.com](http://www.valcomnews.com)

Send your event announcement for consideration to: [editor@valcomnews.com](mailto:editor@valcomnews.com) at least two weeks prior to publication.

## SEPTEMBER

### CSUS 'Lost & Found' exhibit

Now through Sept. 27: Sacramento State's Art Department scattered treasures are being brought into the light with, "Lost & Found: Selections from Sac State's Art Collection," in Kadema Hall's Else Gallery. The collection includes limited edition lithographs by luminaries such as Pablo Picasso, Andy Warhol, Frank Stella and Rufino Tamayo. Other sculptures, paintings, drawings and prints are by regional masters and familiar Sac State names such as Robert Else, Ruth Rippon, Robert Arneson, Irving Marcus and Jack Ogden. Gallery hours are noon-4:30 p.m. Monday-Thursday. 6000 J St. Sacramento.

### Purple Hope Campaign

Now through Sept. 30: This month, the Alzheimer's Association of Northern California and Northern Nevada will present the First Annual Purple Hope faith-based outreach campaign. The four-week campaign will begin the week of Sept. 3 and will culminate the week of Sept. 24 through Sept. 30 ("Purple Hope Week") when members will be encouraged to wear purple at faith gatherings. Annual Walk to End Alzheimer's is on Oct. 6 at the State Capitol. No registration fee, but fundraising is encouraged for the walk. 764-4834, 396-8771, [danhinnenkamp@sbcglobal.net](mailto:danhinnenkamp@sbcglobal.net)

### Bi-Polar Anonymous

Sept. 14, 21, 28: Free 12-step program/support group, for people who have Bi-Polar and those who love them. Meets every Friday, 7-8:30 p.m. 4300 Auburn Blvd., Room 106. (916) 889-5786.

### 3rd annual Whiskers & Wine fundraiser for county animal shelter

Sept. 15: Dinner by Chops Restaurant and music by the Beth Duncan Jazz Trio. Live and silent auctions, raffle prizes, desserts, beer and wine. Event will have a pet food drive for the Community Pet Food Pantry. Bring in any can or sealed bag of pet food and you will receive one free raffle ticket. Tickets are \$40 at the door. 3839 Bradshaw Rd, just one mile South of Highway 50. This is an all-human adult event.

### Volunteer recruitment

Sept. 13: Enjoy rewarding community service as a volunteer with the Los Ninos Service League. Members work in the dining room, kitchen or garden at the Casa Garden Restaurant in Curtis Park. Recruitment begins at 9:30 a.m., at 2760 Sutterville Rd. RSVP at (916) 452-2809.

### After Hours at Fairytale Town

Sept. 14: This year marks the 20th Annual After Hours at Fairytale Town event and the 40th Anniversary for Sacramento Area Emergency Housing Center. There will be an auction as well as food and wine provided by area restaurants and wineries. 5:30 to 8:30 p.m. \$60. Fairytale Town, 3901 Land Park Drive, Sacramento, CA 95822.

### Folsom Public Library Fall Book Sale

Sept. 14-16: Shop for bargains of thousands of gently used books, audio books, videos, CDs and much more in both children and adult materials. All proceeds benefit the Friends of the Folsom Library. Early bird sale: Friday, Sept. 14 from 5 to 8 p.m., admission is \$5. General sale: Saturday and Sunday, Sept. 15-16 from 9 a.m. to 4 p.m., admission free. Fill a bag for \$5 on "Bargain Sunday": 411 Stafford St. (916) 608-8743.

### Composting Workshop - Composting Tips and Tricks

Sept. 15: 10 a.m. to noon, Sacramento County Master Gardeners UC Master Gardeners will present a "Composting Tips and Tricks" workshop. Composting for the home gardener is a great way to recycle yard and some kitchen waste, improve the soil, and nourish the garden. The workshop covers basics of composting, troubleshooting compost pile problems, and additional information for those who have composting experience. Location: Colonial Heights Library 4900 Stockton Blvd., Sacramento.

### Fire Station 57 open house

Sept. 15: Come visit Fire Station 57 at 7927 East Parkway, Sac. Free. 2 p.m. - 5 p.m. Presentations at 3 p.m. (916) 808-1347

### OWL Capitol Chapter general meeting

Sept. 15: 9:30 to 10:15 a.m.: Business, 10:30 to 11:30 a.m. special program, where Barbara Gilroy of American River College, will discuss the new home for abused women which is now operating in Sacramento. Elder abuse issues will also be discussed. The meeting will take place at the Asian Community Center Greenhaven Terrace, located at 1180 Corporate Dr.

### St. Anthony Parish 19th Annual Community Festival

Sept. 15: Includes international food court and games such as video game theater, pull tabs, cake spin, bingo, wine spin, country store, book booth, raffle prizes. If you bring two cans of food, you'll get a free hot dog. Items will be donated to the Sacramento Interfaith Food Locker.

### Camellia Symphony celebrates 50th season

Sept. 15: Festive Wonders opening night at the newly renovated Sacramento City College Performing Arts Center (located at 3835 Freepoint Blvd.) Doors open at 6 p.m. pre-concert lecture at 7:15 p.m. Concert begins at 8 p.m. Adults: \$28, Seniors: \$24; Students: \$15; Children (12 and under): \$8. 929-6655, [www.camelliasymphony.org](http://www.camelliasymphony.org). For groups of 10 or more, please contact the CSO Box Office 929-6655.

### Pups in the Park:

Sept. 15: Parade and costume contest with guest MC Uncle Marty, renowned author, trainer, and host of the PBS television series, WOO! It's a Dog's Life. Event includes 1k parade, silent auction, raffle, food, live music, on-site pet adoptions. \$25. Proceeds benefit: City of Sacramento Animal Care Services, Sacramento SPCA, City of Sacramento Parks and Recreation, Youth Development Network; McKinley Park 3330 McKinley Blvd. For more information, visit [http://www.ydnetwork.org/2012pups\\_in\\_the\\_park](http://www.ydnetwork.org/2012pups_in_the_park) or call 394-1584.

### 'Hands on History -- Harvest

Time: The Real Gold in California! Sept. 15: Cannon firing demonstrations will take place at: 11 a.m., 1 p.m., 3 p.m. and musket demonstrations will take place periodically throughout the day during Fort hours, which are 10 a.m. to 5 p.m. Cost: \$7 per adult (18 and older), \$5 per youth (ages 6-17), free for children 5 years and under. Sutter's Fort State Historic Park, 2701 L St. 916-445-4422, [www.suttersfort.org](http://www.suttersfort.org)

### California conference will explore connections

Sept. 14: This year's Envisioning California Conference, titled "Connected (or Disconnected)? California's Culture, Technology and Politics," will be held from 9 a.m.-3:30 p.m. at the Sacramento Convention Center. Free of charge. 1400 J St. 95814

### Plant Sale to benefit local nonprofit

Sept. 15-16: From 9 a.m. to 3 p.m., a selection of hard to find and unusual perennials not generally seen in local nurseries. Plants from starters to gallons. Gifted Gardener 18th and J St, Sacramento. Benefits Sunburst Projects' efforts to provide a healthy meal and presents for annual Adopt-A-Child program. Sunburst Projects helps children and families with HIV/AIDS.

### Capitol Artists' Studio Tour 2012 weekend two

Sept. 15-16: Open studios at various locations from 10 a.m. to 5 p.m. throughout East Sacramento, Carmichael, Tahoe Park, Arden Arcade and Fair Oaks. Addresses include:  
-320 Alhambra Blvd., Sacramento 95816  
-388 36th Way, Sacramento 95819  
-1020 41st St., Sacramento 95819  
-1055 41st St., Sacramento 95819  
-5276 L St., Sacramento 95819  
-5253 F St., Suite A, Sacramento 95819  
-875 57th St., Sacramento 95819  
-3460 2nd Ave., Sacramento 95817  
-3522 4th Ave., Sacramento 95817  
-2373 39th St., Sacramento 95817  
-2379 39th St., Sacramento 95817  
-4210 2nd Ave., Sacramento 95817  
-3624 58th St., Sacramento 95820  
-5806 U St., Sacramento 95817  
-4016 Greywell Way, Sacramento 95864  
-1216 El Toro Way, Sacramento 95864  
-4365 Morpheus Ln., Sacramento 95864  
-4505 Hazelwood Ave., Sacramento 95821  
-5656 El Camino Ave., Carmichael 95608  
-7425 Winding Way, Fair Oaks 95628  
-4448 New York Ave., Fair Oaks 95628  
-2701 Prospect Park Dr. No. 120, Rancho Cordova 95670

### Community concert

Sept. 16: The Sacramento Community Concert Association (SCCA) is kicking off its 59th season with Boston Brass, known for burning jazz standards, exciting classical arrangements and works from the band's original repertoire. 3 p.m., Crest Theater, 1013 K St., Sacramento. Doors open one hour before curtain time. Open seating only. Subscriptions are \$90 adults, \$45 students, \$80 groups of 12 or more. Single shows are \$25. For tickets, visit [www.sacramentocommunityconcerts.com](http://www.sacramentocommunityconcerts.com) or call (916) 974-1357.

### Children's Choir at Northminster

Sept. 16: The Asante Children's Choir, a 25-voice group from Burundi and Rwanda, is touring the US, and will sing at Northminster Presbyterian Church's service, 3235 Pope Avenue, Sacramento, and give a concert after worship. They sing, dance, have incredible costumes, and are inspirational. (916) 487-5192 or visit [northminsteronline.org](http://northminsteronline.org).

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Reservations Required RSVP to Lisa West @ (916) 732-2020

CRAFTERS NEEDED

St. Josephs Catholic Church in Clarksburg is holding its Annual "Craft Faire," "Chili Cookoff," & "White Elephant Sale" on Sat. & Sun, October 6 & 7.

We are looking for Homemade Arts & Crafts. If are interested in participating, call Joan Kleist @ (916) 392-9946 or for more info & display table reservations.

All Saints Episcopal Church

2076 Sutterville Road, Sacramento  
the first concert of 2012-2013 season, presents

Good Vibes: A Musical Mystery Tour featuring YOU, the audience, in an INTERACTIVE recital with: Nancy Metzger, Harpsichordist Beverly Wesner-Hoehn, Harpist Scott Nelson, Organist Reception follows

4 p.m., Sunday  
September 16, 2012  
\$10 donation suggested  
Overflow pkg @ City College

Annual Shred Event

Saturday, October 6  
9 a.m. to Noon

Holy Spirit Parish Parking Lot  
3159 Land Park Drive  
443-5442

\$10 Donation per file box  
To benefit Saint Vincent de Paul Society  
(Iron Mountain Shred Company)

CALL (916) 429-9901

TO ADVERTISE YOUR EVENT

in the Arden Carmichael News, East Sacramento News  
The Land Park News and The Pocket News

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# CALENDAR

For more calendar entries, visit:  
www.valcomnews.com

Continued from page 21

## Sacramento Geranium Club

**Sept. 17:** From 10 a.m. to 1 p.m., Bonnie Hanson, The Mansion Gardener, Volunteer Program Coordinator will present "Garden Through the Years," an overview of the history of the Governor's Mansion State Historic Park garden. 3330 McKinley Blvd.

## 11th Annual YMCA Senior Health Fair

**Sept. 19:** From 9:30 to 11:30 a.m., learn insights into nutrition, health, diabetes, housing, legal, emergency and transportation services. Free. 2021 W St, Sacramento CA 95818. For more information, call Amy Byerhoff at 452-9622.

## Rotary Club of Pocket/Greenhaven

**Sept. 19:** Guest speakers address local, regional and international topics. Visitors welcome. 7:30 a.m., every Wednesday. Aviators Restaurant, 6151 Freepoint Blvd. (916) 684-6854.

## Greenhaven Mothers' Club Kick-off Meeting

**Sept. 20:** For moms-to-be and any interested moms in 95831. Learn about club activities and how to be involved. 6:30 to 9 p.m., Aviators Restaurant, Sacramento Executive Airport, 6151 Freepoint Blvd. info@greenhavenmothersclub.org, http://www.greenhavenmothersclub.org/

## STEM lecture on 'artificial brain' kicks off fall series

**Sept. 20:** "Neural Networks: The Quest for an Artificial Brain" will be presented by V. Scott Gordon, a professor of Computer Science at Sacramento State in the University Union Redwood Room. Questions may be directed to the Center for STEM Excellence at (916) 278-2789 or e-mail stem@csus.edu.

## CSUS harpsichord faculty recital

**Sept. 21:** CSUS professor Lorna Peters presents a harpsichord faculty recital with Jubal Fulk on violin, at 4 p.m. in Capistrano Hall 151 on the campus, 6000 J St. The two form the baroque duo "Corde a vide," whose music has been described as "fiery." Pieces include "Jupiter" by Jean-Baptiste Forqueray, "Sonata in E Minor, BWV 1023" by Bach and more. Tickets are \$10 general, \$7 seniors and \$5 students and are available at the University Ticket Office, (916) 278-4323. Contact: (916) 278-5191.

Please join us in supporting The Sacramento Ballet

**WEDNESDAY, SEPTEMBER 19<sup>TH</sup> 5:00-9:00pm**  
**Fins Market & Grill** (three locations)

2610 Fair Oaks Blvd, Sacramento | 8255 Madison Ave, Fair Oaks | 8680 Sierra College Blvd, Roseville

Thanks to Fins Market & Grill for donating 20% of my dinner purchase to support the Sacramento Ballet

MUST PRESENT COUPON AT TIME OF PURCHASE. CAN NOT BE COMBINED WITH ANY OTHER OFFERS. ONLY ONE COUPON PER VISIT. VALID ON DINE IN AND TAKE OUT ONLY. SPONSORED BY THE SACRAMENTO BALLET GUILD.

## Jan Ken Po Gakko Arts & Crafts Fair

**Sept. 22:** From 9 a.m. to 3:30 p.m., features Asian arts and crafts, new vendors, food, gifts items, dolls, framed art, jewelry, raffle. Located at the Sacramento Asian Sports Foundation, 9040 High Tech Court, Elk Grove. Contact Michelle Yamanaka at 769-5619, or email 4yams@sbcbglobe.net for more information. www.jankenpogakko.com

## Rotary Club of Pocket/Greenhaven

**Sept. 26:** Guest speakers address local, regional and international topics. Visitors welcome. 7:30 a.m., every Wednesday. Aviators Restaurant, 6151 Freepoint Blvd. (916) 684-6854.

## Roaring 20's Gender Bender weekend day one

**Sept. 28:** Come out at Player's Night – A Flapper & Dapper Soiree, which will be a swanky fundraising dinner, 1920's Speakeasy theme with gender-bending added for fun. 7 p.m. at the California Automobile Museum, located at 2200 Front St. http://calautmuseum.org/ Roaring 20's Gender Bender Weekend is the Gender Health Center's (GHC) official coming out bash. http://www.thegenderhealthcenter.org/events/

## Roaring 20's Gender Bender weekend day two

**Sept. 29:** Come out at the Gender Bender Ball – Fun annual dance-party, carnival sideshow theme, add 1920's for fun. 7 p.m. at the Brickhouse Gallery, located at 2837 36th St. http://www.thegenderhealthcenter.org/events/

## Fire Station 60 open house

**Sept. 29:** Come visit Fire Station 60 at 3301 Julliard Dr., Sac. Free. 2 p.m. – 5 p.m. Presentations at 3 p.m. (916) 808-1347

## SERTOMA (SERvice TO Mankind) celebrates its 7th annual Oktoberfest

**Sept. 29:** Authentic German food, live music, dancing, mustard tasting, 50/50 raffle, silent and live auctions. Proceeds will benefit local deaf and hard of hearing children and adults as well as many local charities. 6 to 10 p.m., \$25 ticket includes dinner (beverages extra). La Sierra Community Center is located at 5325 Engle Rd., Carmichael 95608, 362-5557.

## Festa do Chicharras (Mackerel Festa)

**Sept. 29:** Sacramento Portuguese Holy Spirit Society presents Mackerel Festa, located at 6676 Pocket Road, Sacramento, CA 95831. 2-5 p.m.: Kids Activities (Grape stomping, games) 5 p.m.: Mackerel dinner, 6 p.m.: Sueca tournament (Portuguese card game). Cost: \$15 All you can eat Mackerel dinner (Chicken will be available on a pre-order basis, by calling Aires Machado at 997-5074). \$3 kids meal (includes, drink, chips and fruit). See www.facebook.com/sacphss, www.sphss.org, or email sacphss@gmail.com

## CSUS Piano Series

**Sept. 29:** Sac State Professor Richard Cionco kicks off the University's Piano Series with a concert at 7:30 p.m. in the Music Recital Hall on the campus, 6000 J St. Cionco performs throughout the U.S. as well as in Italy, Germany and China, and has performed in Slovakia, Japan, Canada and many other countries. Tickets are \$20 general and \$15 students and seniors and are available at the University Ticket Office, (916) 278-4323. Contact: (916) 278-5191

## Union Pacific Railroad celebrates 150th anniversary

**Sept. 29-30:** A huge, two-day signature event will be held in Old Sacramento and will commemorate 150 years since President Abraham Lincoln created the original Union Pacific by signing the Pacific Railway Act of July 1, 1862. Other highlights will include train rides on Union Pacific's popular miniature train, UP 956, and free weekend excursion train rides on the Sacramento Southern Railroad, based on availability. Also, complimentary entrance all weekend long to the California State Railroad Museum. Open from 10 a.m. to 5 p.m. each day. www.up150.com and www.californiastaterrailroadmuseum.org.

## Community concert

**Sept. 30:** The Sacramento Community Concert Association (SCCA) presents A Far Cry Chamber Orchestra of Boston. 3 p.m., Crest Theater, 1013 K St, Sacramento. Doors open one hour before curtain time. Open seating only. Subscriptions are \$90 adults, \$45 students, \$80 groups of 12 or more. Single shows are \$25. For tickets, visit www.sacramentoconcerts.com or call (916) 974-1357.

## Community outreach fair at Elks Lodge No. 6

**Sept. 30:** Sacramento Elks Lodge No. 6 is holding a special outreach event from 1 to 5 p.m. at 6446 Riverside Blvd. Learn about community services offered by the Elks Lodge as well as other organizations, businesses. Refreshments and tours offered. To reserve a table, call (916) 607-8347. Cost is \$25 for 6-foot table, \$50 for 12-foot table. Breakfast will be served at the Lodge from 8:30 to 11 a.m. for \$9.

## Mustard Seed Spin

**Sept. 30:** Annual bike family bike ride along the American River Parkway, beginning and ending at William Pond Park. The event starts at 11 a.m. and is a benefit for homeless children in downtown Sacramento. Includes bicycle raffle, lunch.

## OCTOBER

### Sacramento Geranium Club presents: "Good Bugs – Bad Bugs"

**Oct. 1:** From 10 a.m. to 1 p.m., Dave Davis of Green Acres will give a presentation on "Good Bugs - Bad Bugs" and how to use natural controls. 3330 McKinley Blvd. Sacramento, CA

### POWERtalk International

**Oct. 2:** Want to improve your public speaking and presentation skills? POWERtalk International, a nonprofit public speaking organization, provides coaching in leadership skills, sales presentation, interviewing, confidence building and more. Meets First Tuesdays of the month 10 a.m.–1 p.m. and first Saturdays of the month, noon–3 p.m. Aviators Restaurant, 6151 Freepoint Blvd., Sac. Liz Richardson (916) 208-9163, erichardson1202@yahoo.com www.powertalkinternational.com

### Author Lecture Series

**Oct. 3:** Sacramento State Art Professor Elaine O'Brien kicks off this year's popular Friends of the University Library's Author Lecture Series at 3 p.m. in the University Library Gallery on the campus, 6000 J St. O'Brien will discuss "Modern Art in Africa, Asia and Latin America: An Introduction to Global Modernisms," an anthology that sheds fresh light on modern art beyond the West. The presentation is free. Contact: (916) 278-5954.

### Rotary Club of Pocket/Greenhaven

**Oct. 3:** Guest speakers address local, regional and international topics. Visitors welcome. 7:30 a.m., every Wednesday. Aviators Restaurant, 6151 Freepoint Blvd. (916) 684-6854.

### Bi-Polar Anonymous

**Oct. 5, 12, 19, 26:** Free 12-step program/support group, for people who have Bi-Polar and those who love them. Meets every Friday, 7-8:30 p.m. 4300 Auburn Blvd., Room 106. (916) 889-5786.

### Sacred Heart Fall Festival

**Oct. 6:** Live music, beer garden, food and wine, festival games and prizes. 856 69 St. 11 a.m. to dusk. Facebook event page: tinyurl.com/4yoxsyt

### Asian Food and Cultural Bazaar

**Oct. 6:** From 11 a.m. to 3 p.m., at the Sacramento Japanese United Methodist Church, menu items include: teriyaki chicken, sesame chicken, Korean beef, chow mein, sushi, udon and there will be entertainment by Tai-ko Dan as well as a crafts sale and kids games. 6929 Franklin Blvd. Sacramento 95823.

### Paper shred event

**Oct. 6:** Save your confidential papers for our Shred Event. 9 a.m. to noon, Holy Spirit Parish, 3159 Land Park Drive, Sacramento. \$10 donation per file box. Proceeds go to the Saint Vincent de Paul Society for food, clothing and emergency housing for those in need. (916) 443-5442

### Volunteer in the garden

**Oct. 6:** Jensen Garden, located at 8520 Fair Oaks Blvd. in Carmichael, is holding a volunteer garden work day from 9 a.m. to 1 p.m. Bring work gloves, hand pruners, lunch and a drink and join with other volunteers to keep the garden beautiful all year. All skill levels are needed. Tracy Kerth (916) 485-5322 ext. 23 or email tracy@carmichaelpark.com.

### Fire Station 8 open house

**Oct. 6:** Come visit Fire Station 8 at 5990 H St., Sac. Free. 2 p.m. – 5 p.m. Presentations at 3 p.m. (916) 808-1347

### Sacramento Archives Crawl – Building Sacramento, Building Communities

**Oct. 6:** Four downtown Sacramento locations that include the California State Archives (1020 O Street), the California State Library (900 N Street), the Center for Sacramento History (551 Sequoia Pacific Blvd.) and the Sacramento Public Library (828 I Street). Even goes from 10 a.m. to 4 p.m. and it is free of charge; 808-7072 or www.sacarchivescrawl.blogspot.com

### Land Park Volunteer Corps

**Oct. 6:** Got work gloves and a "let's get down to business" attitude? Then the Land Park Volunteer Corps is for you! Come join members of the community as the group maintains, improves and beautifies William Land Park. First Saturday of every month, March to November. Free. 8 a.m. meet behind Fairytale Town, 8:25 a.m.–11 a.m., work on projects as assigned. Light breakfast, lunch provided by local businesses. (916) 718-3030 ckpinsact@aol.com

### Pancake Breakfast

**Oct. 6:** Two light, delicious, warm pancakes, a tasty patty of sausage, Log Cabin syrup, tea and coffee, all for only \$3 per person. 8:30 a.m.–10 a.m. Every First Saturday of the month. Benefits the Wednesday Club. Mission Oaks Community Center, 4701 Gibbons Dr., Carmichael

## 22nd annual SCNA's wine tasting, silent auction and beer garden

**Oct. 6:** Delicious food and drinks from local wineries, breweries and restaurants. Will include auction, raffles and door prizes. From 4 to 7 p.m. at the Sierra 2 Center, 2791 24th Street, Sacramento, 452-3005. \$35 for SCNA members, \$45 for non-members through Oct. 3, \$50 for everyone after Oct. 3, www.sierra2.org or 452-3005. Donations needed for silent auction, contact Melissa at mmckenzie55@comcast.net

## Art, craft and plant sale

**Oct. 6-7:** The Shepard Garden and Art Center is hosting its annual fall art, craft and plant sale from 10 a.m. to 4 p.m. Plant sales benefit local horticulture clubs. The two-day event takes place at the Shepard Garden and Art Center, 3330 McKinley Blvd. 95816. (916) 808-8800, www.sgaac.org.

## Annual Shred event

**Oct. 6:** Save confidential papers. This fundraiser is for the Saint Vincent de Paul Society at Holy Spirit Parish, where they take care of feeding, clothing, and paying emergency housing for those in need. \$10 donation per file box. 9 a.m. to noon, church parking lot. 3159 Land Park Dr., (916) 443-5441.

## Rotary Club of Pocket/Greenhaven

**Oct. 10:** Guest speakers address local, regional and international topics. Visitors welcome. 7:30 a.m., every Wednesday. Aviators Restaurant, 6151 Freepoint Blvd. (916) 684-6854.

## Crochet Guild

**Oct. 10:** Crocheters of all levels of ability and all ages are invited to join the Sacramento Crochet Guild. Learn new crochet techniques, exhibit at State Fair, do charity work. Mentoring program. Show and tell. Mini classes. Library and newsletter available. Club member of the Crochet Guild of America. Meets the second Wednesday of the month at 6:30 p.m. Seniors: \$6/yr. Enter from parking lot. Church of the Cross, 45th and H St., Sac. Carolyn (916) 457-4044

## Referrals Plus

**Oct. 10:** Referrals Plus, a women's networking group, helps women in business with connections, resources, promotions and ideas. We meet the 2nd Wed. of every month. 12:15 p.m. for meeting/luncheon in Greenhaven area. RSVP required. www.referralsplus.org

## Plant Sale to benefit local nonprofit

**Oct. 13-14:** From 10 a.m. to 3 p.m., a selection of hard to find and unusual perennials not generally seen in local nurseries. Plants from starters to gallons. Gifted Gardener 18<sup>th</sup> and J St, Sacramento. Benefits Sunburst Projects' efforts to provide a healthy meal and presents for annual Adopt-A-Child program. Sunburst Projects helps children and families with HIV/AIDS.

## 'Rehearsal for Murder'

**Oct. 12–Nov. 18:** A play within a play, with murder and surprising revelations. \$19-\$21. Chautauqua Playhouse, 5325 Engle Rd., Carmichael (916) 489-7529 www.cplayhouse.org

## 'Family tree' climbing

**Oct. 13:** Learn how find ancestors, or revive a previous search, at the 14<sup>th</sup> annual Family History Day from 8:30 a.m. to 4:30 p.m., Sunday, Oct. 13, at the California State Archives, 1020 O St., in Sacramento. (916) 653-7715

## High Tea fundraiser for My Sister's House

**Oct. 13:** 4<sup>th</sup> annual high tea and silent auction to raise money for My Sister's House, a non-profit organization dedicated to ending domestic violence in the region. The tea is from 11 a.m. to 1 p.m. at the Chinese Community Church, located at 5600 Gilgum Way, Sacramento. \$45 for individual tickets or \$350 for a table of 10.

## Fire Station 4 open house

**Oct. 13:** Come visit Fire Station 4 at 3145 Granada Way, Sac. Free. 2 p.m. – 5 p.m. Presentations at 3 p.m. (916) 808-1347

## Volkssport walking

**Oct. 13:** Come join the Sacramento Walking Sticks Volkssport Club! Monthly meetings held every second Thursday at 7 p.m. SMUD Headquarters Bldg., Conference Center, 6201 S St. Those who wish to walk before the meeting, meet at Starbucks, 1420 65<sup>th</sup> St., Sac. At 5 p.m. to walk a 3-mile walk to CSUS campus and back. Contact Barbara Nuss at (916) 283-4650, (916) 691-7618 or nussb@surewest.net. Visit www.SacramentoWalkingSticks.org

## The Concert Band of CSUS performance

**Oct. 15:** 7:30 p.m. Music Recital Hall on the campus, 6000 J St. Tickets are \$10 general, \$7 seniors and \$5 students, and available at the University Ticket Office, (916) 278-4323. Contact: (916) 278-5191.

## Who is running for San Juan Unified School Board?

**Oct. 16:** From 7 to 8:30 p.m. "Families That Can" will present a nonpartisan candidate forum at California Montessori Project, located at La Sierra - Gibbons Room, 5330-A Gibbons Drive Carmichael 95608. Space is limited. RSVP by Friday, Oct. 12 by contacting Rachel Minnick at rminnick@familyesthatcan.org or 529-3435

## 'Dance Sites 2012: Faculty Dance Concert'

**Oct. 17-21:** CSUS faculty and guest choreographers come together to guide students through their first performance of the year in This always-anticipated annual evening of dance on the University Theatre main stage presents a wide range of music and dance styles. 6000 J St., Sacramento 95819.

## CORE Dance Collective presents

### 'The Doorway'

**Oct. 18-27:** Now entering its third season, The Doorway is the contemporary dance event of the year. Inspired by the unique personalities of rooms in a Victorian mansion, The Doorway follows dark and quirky characters entangled in the house. Tickets: \$25 at the door, \$20 in advance. Thursdays through Saturdays 7:30 p.m. Benvenuti Performing Arts Center, 4600 Blackrock Dr. Sacramento, 95835.

## Rotary Club of Pocket/Greenhaven

**Oct. 17, 24, 31:** Guest speakers address local, regional and international topics. Visitors welcome. 7:30 a.m., every Wednesday. Aviators Restaurant, 6151 Freepoint Blvd. (916) 684-6854.

## Run for a Safe Haven fundraiser for My Sister's House

**Oct. 27:** 9<sup>th</sup> annual 5k run/walk is the largest fundraiser for My Sister's House, a nonprofit dedicated to ending domestic violence. Adults (ages 19 and up): \$30, Teens (ages 13-18): \$25, Kids half mile (ages 12 and younger): \$10. Register at www.runforasafehaven.com

## NOVEMBER

### Bi-Polar Anonymous

**Nov. 2:** Free 12-step program/support group, for people who have Bi-Polar and those who love them. Meets every Friday, 7-8:30 p.m. 4300 Auburn Blvd., Room 106. (916) 889-5786.

## Book Sale - Friends of Arden-Dimick Library

**Nov 2:** From 3 to 6 p.m., friends of the Arden-Dimick Library will host a 2-day book sale. All books will be reasonably priced, starting at 25 cents. Thousands of titles include: children's books, mysteries, thrillers, adventure, romance, history, art, cookbooks, travel, biographies, science, fiction, sci-fi/fantasy and more. Arden-Dimick is located at 891 Watt Ave., Sacramento, CA 95864, 264-2700.

## Pancake Breakfast

**Nov. 3:** Two light, delicious, warm pancakes, a tasty patty of sausage, Log Cabin syrup, tea and coffee, all for only \$3 per person. 8:30 to 10 a.m. Every first Saturday of the month. Benefits the Wednesday Club. Mission Oaks Community Center, 4701 Gibbons Dr., Carmichael

## Volunteer in the garden

**Nov. 3:** Jensen Garden, located at 8520 Fair Oaks Blvd. in Carmichael, is holding a volunteer garden work day from 9 a.m. to 1 p.m. Bring work gloves, hand pruners, lunch and a drink and join with other volunteers to keep the garden beautiful all year. All skill levels are needed. Tracy Kerth (916) 485-5322 ext. 23 or email tracy@carmichaelpark.com.

## POWERtalk International

**Nov. 3, 6:** Want to improve your public speaking and presentation skills? POWERtalk International, a nonprofit public speaking organization, provides coaching in leadership skills, sales presentation, interviewing, confidence building and more. Meets First Tuesdays of the month 10 a.m.–1 p.m. and First Saturdays of the Month 12 noon–3 p.m. Aviators Restaurant, 6151 Freepoint Blvd., Sac. Liz Richardson (916) 208-9163, erichardson1202@yahoo.com www.powertalkinternational.com

## Westminster Presbyterian Fiesta

**Nov. 3:** Westminster Presbyterian Women invite you to our Nov.3 Fiesta. Doors open at 10 a.m. with crafts, baked goods and china, crystal and silver as well as collectable glass, porcelain, ceramic and acrylic pieces. The enchilada luncheon will be held from 11 a.m. to 1 p.m. Tickets will be on sale at the church beginning Oct. 2 after both worship services and from 11 a.m. – 1:30 p.m. on weekdays Oct. 24 – Nov. 2. Tickets will also be available on the day of the event from 10:30 a.m. – 1:00 p.m. The cost is \$8 for one enchilada or \$10 for two enchiladas. Both include beans or rice, salad, dessert and beverage. Take out enchiladas will be available for \$10 for four enchiladas and sauce. Raffle tickets will be available Oct. 2 – Nov. 3. Westminster Presbyterian Church is located across from Capitol Park at 1300 N Street. For questions, contact Mary Jane Root at (916) 362-8485.

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\*Sacramento Business Journal, August 10, 2012. 'Industry Focus: Residential Real Estate Companies'

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