# ARDEN-CARMICHAEL NEWS

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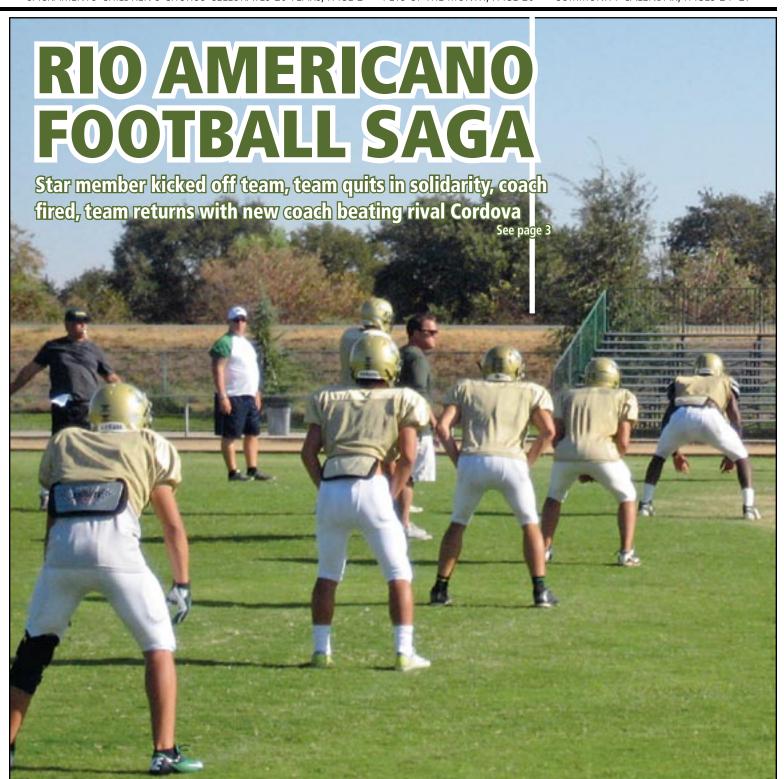
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Arden-Carmichael News writer corrie@valcomnews.com

About 20 years ago, Sacramento native Lynn Stevens decided to create a children's choral program as her master's degree project when attending California State University Sacra-

**Sacramento Children's Chorus** 

**Celebrates 20 Years On a High Note** 

In 2013, the Sacramento Children's Chorus will celebrate its 20th anniversary as a nonprofit organization that provides choral music education and performance opportunities to children throughout the Sacramen-

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is twofold – to give the youth of Sacramento a place to learn the fine art of singing, and to give artistic organizations such as the Sacramento Opera and Sacramento Ballet that may need a youth ensemble for certain productions.

Stevens says she got the idea when she returned to Sacramento in 1986 after spending 25 years in Southern California attending college and teaching. "There was a concert that was going on with the Sacramento Symphony and they had imported the San Francisco Girl's Chorus to come over to do parts that required children's voices," she explains. "I thought that was ridiculous – we should have our own group."

From there the idea for SCC was born. Each year approximately 150 children ages 7 to 19 attend the music education program, accord-According to Stevens, the mission of SCC ing to Daphne Tom Quist, SCC's executive

See Children's Chorus, page 21



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# Rio Americano football saga

Star member kicked off team, team quits in solidarity, coach fired, team comes back with a new coach, beating rival Cordova

Arden-Carmichael News writer benn@valcomnews.com

Rio Americano senior Guillermo Salazar is a gifted athlete with dreams of playing college baseball on scholarship. And while baseball is his first love, Salazar is also talented enough to play varsity football and basketball for the Raiders.

With Rio at the time already four games deep into the football season, Salazar asked head football coach Christian Mahaffey for permission to miss the Raiders' Oct. 13 home game against league opponent Whitney in order to other sports, he actually en- wrong and he taught our

Oct. 13 game or quit the team. Salazar chose the latwas set to turn in his pads and prepare for the baseball showcase.

That's when 11 of Salazar's teammates stepped up and quit the team in solidarity with their comrade. When news of this spread through the school, Rio Principal Brian Ginter intervened. Ginter decided that instead of releasing the 12 players from the team, he intended to reinstate them and make them serve a onegame suspension for insubordination.

Mahaffey, who had been on the football coaching staff at Rio for 17 years and head coach for the last four, did not agree with the decision. So much so that after a meeting between parents and administrators, Mahaffey was fired as head coach along with longtime assistant coaches Jason Wallace and Kendell Hutch-

While initially some believed that Mahaffey forbade his players from playing

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against Cordova.

attend a baseball showcase in couraged them to play othfront of college scouts in Peo- er sports. He felt baseball, a I am sure of." spring sport, should not in-Mahaffey gave Salazar a terfere with football, a fall instatement to the students

ter. As far as both sides were fantastic kid and I hope to on the fact that "there are concerned, this was the end watch him play baseball no written guidelines for of the matter. Salazar, a at Sac State in the future," the kids" that forbid them wide receiver/defensive end Mahaffey said in an email. "(But) Brian Ginter was

kids a horrible lesson. That

Mahaffey likened the rechoice - either play in the sport, in the middle of its bullying their way back onto the team. Ginter said "I think Guillermo is a that his decision was based

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### **Rio:** Raiders is a team to be reckoned with

from participating in off-season sports ac-

Despite the dismissal, both Ginter and Mahaffey said there is no animosity between them.

"It was unfortunate how it unfolded," said Rio's Athletic Director Karen Hanks. "We're moving forward." The particulars of a meeting between parents, coaches and administrators are being kept private, according to Hanks.

After the decision to let Mahaffey and his two assistants go, Ginter said the school started to receive emails from interested parties concerning the now vacant head coach position. The emails totaled a dozen or so in all, according to Ginter, but it was one from the son of long-time area football coach Max Miller that really got his attention.

Miller, whose grandson John is a member of the current Rio varsity team, agreed to coach the Raiders for the remainder of the season. Most recently Miller led the Folsom Bulldogs to a state championship in 2010.

"It didn't turn out exactly as I wanted it to, but I'm really happy to be back," said Salazar.

Despite being short 12 players on Oct. 5, Rio came out and obliterated league foe Cordova by a score of 30-6 in the league opener. Rio currently stands at 3-3 on the year with a 1-0 record in league play. They face Whitney on Oct. 13, where they will once again be without Salazar, who will be in Arizona for the weekend showing off his skills for college baseball scouts.

With a depleted team against Cordova, Salazar believes that the Raiders showed that they are a team to be reckoned with. "They showed



A player makes impact with the ball and sends it sailing towards the goal line as Rio practices its kickoffs on Thursday, Oct. 4.

that our team can be great even with low numbers. Our junior athletes are really good and they stepped up."

This was the only team in the United States of America who had only two days to prepare for a football game," coach Miller said. "On offense we only ran four different plays and our fullback ran for three touchdowns," he said.

The victory over Cordova was big for the depleted Raiders, but Whitney poses a different set of problems. The Wildcats sit with a record of 5-1 and are coming off a 63-14 win over league opponent Mira Loma. Whitney has outscored opponents 238-48 in its six games.

Miller was the head football coach and athletic director at Rio from 1972-80. He called those eight years "some of the best of my life."

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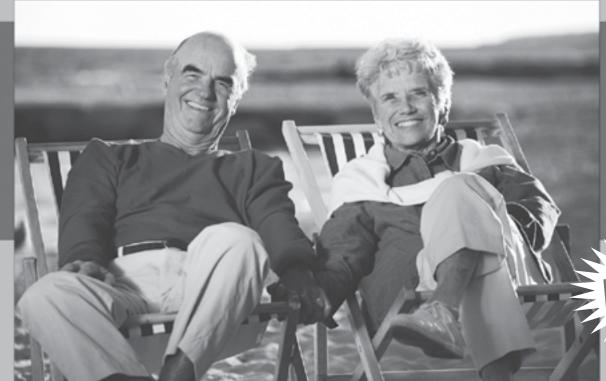
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# **Country Club Plaza began with** grocery store anchor in 1958

By LANCE ARMSTRONG

Editor's note: This is the third part in a series regarding the history of the "four corners" of Watt and El Camino avenues.

For many years, the southeast corner of Watt and El Camino avenues has been a destination spot for shoppers. This site is home to the 700,000-square-foot shopping center, Country Club

Plaza and the neighboring 1958. Country Club Centre has caused some confusion for a lot of people.

Although these two shopilarities in names and pur- opening.

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poses, Country Club Plaza identity and history.

multimillion dollar Country Club Plaza Shopping Center, as it was originally known, opened on Wednesof Country Club Centre.

Leading up to the plaza's opening were pre-opening events, which included an invitational luncheon that was attended by Sacramen-The similarity between to area business and governthe names of Country Club mental leaders on Nov. 17,

An invitational party for purveyors was held later that day and a public preview of the plaza was presented on ping centers may have sim- the evening prior to its grand

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When the plaza opened, it undoubtedly has its own did not include any department stores. It was instead dominated by a Stop-N-Shop The initial unit of the supermarket, which was man-

Others associated with this store, which had the address day, Nov. 19, 1958, six years of 2312 Watt Ave., included following the grand opening assistant manager Bob Wolcott, head clerk Bill Yeager, produce department manager Kay Omoto and clerk you see today in the malls had the first food court in the Maurice Habra.

aged by Bill Kassis.

Greg Kassis, who spent several years working at this Gourmet Lane, which consisted of various food specialists and a patio-style din-

"(Gourmet Lane) was the precursor of the food courts

EQUAL HOUSING LENDER



Country Club Plaza, which is located at the southeast corner of Watt and El Camino avenues, opened in 1958 with a Stop-N-Shop grocery store as its anchor.

and everywhere else," said Greg, who grew up a short distance from the plaza. "I Kassis family-owned store, remember my dad telling me ifornia in 1960 and I know I also remembers the plaza's that people came from all over the country to see that development."

The original tenants of ing room that accommodated Gourmet Lane, which was open daily from 7 a.m. to 9 p.m., were Burger Bar, Farmer Joe's Barbecue, Frank Fat's, Frank's Fisherman's Wharf, Hart's Restaurant, Keller's family and we may have went Doughnuts and La Fiesta Mexicatessen.

Carmichael resident Suzanne Hicklin said that she may have been one of the earliest people to dine at Gourmet Lane.

"I can remember before any department stores were built (in the plaza), Stop-N-Shop

area," Suzanne said, "I remember going there to eat. I moved up here from Southern Calwent there then, but it's possible I went there around the time they opened, because we would visit my mother-in-law (Pauline Hicklin), who lived (near) El Camino (Avenue) and Bell (Street). I definitely remember going to Frank Fat's (in the plaza) with my to the fish place, too."

Greg described Gourmet Lane as having been "very active and a fun place to go.

Gourmet Lane, which promoted itself as featuring "famous foods of four nations," was located on the north side

See Plaza, page 7





This 51-year-old, uniquely designed building originally housed a Weinstock's department store. The structure, which is presently home to a Macy's department store, was designed by Charles Luckman and Associates.

# Plaza: Department store era began with Weinstock's

An Arthur Murray Dance cents. Studio and a Cork-N-Botsouth side of the building.

ants were: Country Club Pla-Lawrence's Candy Kitchen, tories. Martin's Sugar Bowl, optometrist Dr. Albert J. Lowe, barber Carl Rippen, an S & H Green Stamp Redemption fices.

Many of the plaza's original businesses faced Butano Drive. For instance, Lowe's office was located at 2345 Buof 2369 Butano Drive.

With the opening of the ter at 1709 Fulton Ave. was closed.

As part of Stop-N-Shop's plaza store opening, the public received various giveaways, balloons and ice cream for

Other attractions included whirly bird rides and rides in a 1917 Wescott automobile.

Among the specials running when the store opened were turkeys for 37 cents per with the opening of Wein- mer site of the Stop-N-Shop pound, a box of apples weighing about 39 pounds for \$1.79 Ave.

of the Stop-N-Shop building. and 10 pounds of sugar for 77

A unique feature of this ment store, which was a tle store were located on the Stop-N-Shop store, which \$7 million project, was dewas advertised as "the most signed to accommodate Other original plaza ten- magnificent supermarket ever many shoppers, as it was acto come to Northern Califor- companied by a 3,500-space za Beauty Shop, Fabricana, nia," was its electronic direc- parking lot. The parking In describing this feature, trees and plants, including

directories) were a big deal at that time. At the end of each Center, Swanson's Cleaners (side of the store), there was and various professional of- a box and they were kind of grayish-green in color and if you were looking for canned corn, you would go down alphabetically and there were chitecture. The designer and a bunch of little buttons on architect of the building was tano Drive, Swanson's Clean- there and there would be a Charles Luckman and Assoers was at 2357 Butano Drive black button next to canned ciates. and Fabricana had the address corn and you would push that button and the machine would say, 'Canned corn on aged by William Ellis, was plaza's S & H center, the pre- Aisle 10.' For back then, that held on Saturday, March 4, vious north area S & H cen- was pretty sophisticated. I 1961. don't believe it was a very reliable system, because sometime during the life of that stock's store, a J. C. Penstore, that system was taken out. But in the beginning, to the plaza from Country including air leaf plants and it was really quite a novelty. People would just stand there and play with it and

> The department store era of the plaza began 51 years ago stock's at 3500 El Camino

you didn't need to ask some-

This 160,000-squarefoot, three-story departarea included about 15,000 Greg said, "(The electronic an entire olive orchard that was purchased and trans-

ferred to the site. The Weinstock's building, which also included a basement and machinery penthouse, was constructed with a unique, stacked box-style ar-

The grand opening of this store, which was first man-

A decade after the opening of the plaza's Weinney Co. store was relocated Club Centre.

The enclosed shops area between the Penney's and Weinstock's stores opened during body where stuff was (locat- the same era.

> The plaza's J. C. Penney store, which opened on July 28, 1971, was built on the forstore, which was last managed by Jerry De Coque.





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# Monterey Jazz Festival familiar territory for Rio Jazz band

Special to the Arden-Carmichael News

Many folks have barely regained their motor skills before 7 a.m., but at Rio Americano High School, the early morning Jazz Ensemble is already making professional-caliber music.

It's that consistent hard work and talent that earned these student musicians another spot at the world-famous Monterey Jazz Festival on Sept. 23 – their third year in a row performing at the legendary music showcase.

trumpeter Jeric Rocamora was selected for the festival's Next Generation Jazz Orchestra, made up of the nation's top high school jazz musicians.

For the students, it's a chance to perform for crowds on one of the nation's biggest jazz stages and to learn from some of the genre's legends.

Senior and guitarist Brodie Mills performed at the festival last year and said being surrounded by so many accomplished musicians motivated him to strive for big goals.

"It was probably the best festival I've ever been to. All the artists were really amazing," he said. "I met so many of my idols. ... It made me want to practice more and make it big."

The students were selected after a performance at last spring's Monterey Next Generation Jazz Festival, This year was a double-honor: Rio junior and a competition in which only 12 student groups are accepted to compete, said Band Director Josh Murray.

Murray said the students gain valuable experience working alongside countless musicians from all around.

ed musicians," he said. "At both events, they real- SJScene, the San Juan Unified School District newsletter.



ly get to rub elbows with some of the heavy hitters. ... They see the bigger picture of what it is they're working toward."

"They're surrounded by like-minded and talent- This article has been reprinted with permission from

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# Carmichael teen excels in disabled waterskiing

By CORRIE PELC Arden-Carmichael News writer corrie@valcomnews.com

If Nike needs a new spokesperson for their "Just Do It" campaign, they should look no further than 15year-old Carmichael resident Connor Aguilar-Poggetto.

That's because when not in class High School, Connor is on the water perfecting his 360s, 720s, wake fronts and wake backs as a competitive disabled water-skier.

"Water is my nirvana – once I'm around a boat or on the water, I'm calm," Connor said. "All I think about is what's on the water right now and what I'm going to go do."

### Facing Challenges

According to his mother, Dianna Poggetto, at the age of 4 Connor was diagnosed with a rare disease called hereditary spastic paraparesis (HSP), which normally effects people in their 40s and 50s. "Primarily what that means is that the brain doesn't know Connor has any muscles from the knees down - it's not sending the proper signal," Poggetto explains.

Poggetto says because the disease affected Connor as a child, he

has had a number of skeletal issues causing him to have numerous surgeries throughout the years. "There were years where he was sitting in the hospital for a good month just with different body parts broken in order to just straighten out his skeletal system," she says.

Right now although Connor mainas a sophomore at Rio Americano ly uses a wheelchair, he does have some mobility. For instance, Poggetto says he can put his wheelchair in their car and walk around it. However, being HSP is a degenerative and progressive disease, some days Connor loses the ability to walk even that short a distance, and at some point he may become completely paralyzed. "As he's gotten older, we've accepted the fact that you're going to have different challenges with your body and that's where we are right now," Poggetto says.

### Finding a Passion

Despite her son's obvious challenges, Poggetto does what she can to give him and her family a sense of normalcy. "Life goes on - he still has chores, he still has the responsiexplains.

Connor also began getting in- competition. "I actually said OK, volved in something most kids



Connor Aguilar-Poggetto in action.

began waterskiing when he was he adds. about 6 years old. At first it was this is what I'm going to do and

do - sports. Connor says he first I'm going to go out and do this,"

Connor's specialty is trick skijust for fun, but about two years ing, which in competition does not bilities of living in a household," she ago he started to take it more se- allow repeat tricks. "You have to riously when he began to train for have a big repertoire of tricks," he

### **Dreaming of Being Rockettes** Since they were little girls, my mom and her sisters were always best friends. They spent hours on their roller skates choreographing routines and performing for the neighbors. They dreamed of one day having their own

stage show.

Over the years, their dreams changed. They each married and had children, but they always remained close. Holidays and family dinners were well orchestrated events, much like their skating routines. Each would make a dish for our elaborate meals with table decorations to match. The night would not be complete without songs and dancing around the piano.

I can see the loneliness in my mom's eyes, as my aunts are gone now. She has not been herself since the loss of her best friends.

She seems depressed and does not leave her home. She needs help with daily tasks: food prep, housework and transportation. I want her to have joy and companionship again.

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# Teen: Champion will ramp up his training

says. Some of Connor's favorite tricks are the wake 360 where he goes up on a wake, does a 360 in the air and lands. He also enjoys 720s, wake backs and

Rather than standing on his skis, Connor stays in a seated position and uses a standard wakeboard mounted with a special cage that he can sit in. From there, Connor says the tricks are all about a lot of handgrip and body positioning. "If you can hold on to it and you hold your body in the right position, you're going to land a trick," he says.

### A Winning Spirit

This past August, Connor competed against 26 other skiers from across the United States in the 2012 Disabled Waterski Championships held in Elk Grove, and came in second in his division.

During the Championships, Connor was awarded the Royce Andes Award, which Poggetto says is given every two years to an up-and-coming skier "who really symbolizes what disabled skiing is

"That is given to the best youngest national skier who has the most potential to go all the way, so that in itself is a huge honor to get," Con-

She explains the award is named for Royce Andes, a former barefoot water-skier who broke his neck and became a quadriplegic, and who created disabled waterskiing. "He lives up in the Live Oak area and so he has seen Connor ski from when he was 6 and actually built him a smaller cage," she says. "So to receive that award meant more just because we have known Royce through the years."

And if that wasn't enough, at the end of the Championships Connor was named one of 11 members of the 2013 US Disabled Waterski Team, which will compete in Milan, Italy, July 1-7, 2013, making him one of the youngest athletes to be named to the team. "I was speechless - it hasn't even really set in yet for me," Connor says about being named to the world team.

For the world competition, Connor says he will be ramping up his training – literally – as he'll be working on jumps and tackling the back flip. "If I can land a back flip pretty quick, then I'll do a back flip to revert, which is doing a back flip and landing backwards, so I'm super excited to start doing that,"

Learning tricks like this will take patience, which Connor says is something he's learned quite a bit about through his competitive waterskiing. "If I rush a trick, I probably am going to mess up on that trick, so smooth and methodical is faster," he explains. "I've brought that into a lot of aspects of my life - doing homework, doing schoolwork in school, doing things around the house. The smoother and easier you flow, the faster you're go-

Looking to the future, Connor plans to continue to water-ski and study sports medicine once he graduates high school. He plans to just go for it, which is also a message he hopes to give others afraid of trying new things. "Sometimes you have to overcome your fears - just go for it and you can create something out of nothing," he says.

# 'A Heart's Jewel & Triumph' concert at Los Rios' Three Stages will exhilarate audiences

By SUSAN LAIRD Arden-Carmichael News writer slaird@handywriting.com

Attending a live concert, as most know, is a multi-dimensional experience. A rock concert is a far larger experience than simply listening

This is equally true of classical music. Much as one loves musical collection of LPs. CDs and mp3s...there is nothing like experiencing the real deal.

An audience member mentioned this to Sacramento's Maestro Michael Neumann, conductor of the Folsom Symphony after a performance of Richard Rogers' "Victory at Sea." The score was written for television, to accompany film footage from World War II. In one of the musical passages, all of a sudden the listener felt the sensation of being washed over by the power ocean – there was such a "motion" of sound from the symphony.

"Oh," Neumann replied with a smile. "That's the section where the score says, "The Big Wave."

On the evening of Oct. 20, the Folsom Symphony opens the 2012 - 2013 season with musical pieces that convey the intangibles of

heart, mystery, joy and triumph.
"A Heart's Jewel and Triumph" will feature the works of Felix Mendelssohn, Franz Schubert, Antonín Dvořák, and Pyotr Ilyich Tchaikovsky.

Mendelssohn's "Concerto in E Minor, Opus 64" is a piece with real heart. First performed in 1845, this work grew in popularity. It is widely regarded as one of the greatest vio-lin concertos of all time. Mendelssohn introduced several musical innovations in the score which were novel for that era. This work influenced composers of the Romantic era, including Tchaikovsky.

The concerto is a technically challenging piece. Violinist Rebecca Corruccini will guest as soloist. Corruccini is a Sacramento Youth Symphony alumna now with the Minnesota Orchestra. A chamber musician, she is the concertmaster for the Bloomington Sympho-

Schubert's "Symphony No. 8" is often referred to as the "Unfinished Symphony." This is because it consists of only two movements. Most symphonies have four movements.

Hidden for some 40 years after the composer's death, the "Unfinished" was first pera "brilliant masterpiece" and has remained in the repertoire ever since. It was featured prominently in Stephen Spielberg's "Minority Re-triumphant music in the romantic repertoire. port" in 2002.

Maestro Neumann describes the first movement the symphony as "quiet and melancholy with a few minutes of agitation" and the second as "gentle, serene, fragile."

Dvořák's "Carnival Overture" is the second part of the Czech composer's trilogy of "Na- Three Stages in Folsom. Visit www.threestages.



Sacramento Youth Symphony alumna violinist Rebecca Corruccini and the Folsom Symphony will perform Mendelssohn's "Concerto in E Minor, Op. 64" at its opening concert of the season on Oct. 20.

exercise in "coming to grips" with another romantic composer of his day, Richard Wagner. Wagner's use of leitmotifs and storytelling in his operas were the "rage of the age."

Dvořák said this work was intended to tell the story of "a lonely, contemplative wanderer reaching at twilight a city where a festival is in full swing. On every side is heard the clangor of instruments, mingled with shouts of joy and the unrestrained hilarity of the people giving vent to their feelings in songs and dances."

Audiences are widely familiar with Tchaikovsky's "1812 Overture," also known as "The Year 1812 (Festival Overture in E Flat Major,

Maestro Neumann refers to this piece as "bombastic," and that is a good description. What other musical piece is so widely associated with the firing of cannons?

The "1812" is replete with "leitmotifs" - melodies and themes that are rich in meaning and symbolism. One can close one's eyes and be transported to the desperate situation of a people whose motherland is invaded by Naformed in Vienna in 1865. It was hailed as poleon Bonaparte's Grand Army of the Republic, and to their ultimate victory as the invader is driven out. This is some of the most

Some of Sacramento 's most brilliant musicians perform with the Folsom Symphony, and performances sell out quickly. "A Heart's Jewel and Triumph" will be performed Oct. 20, at 7:30 p.m., at the Los Rios Community College facility at ture, Life and Love." This work was truly an net or call (916) 608-6888 for tickets.









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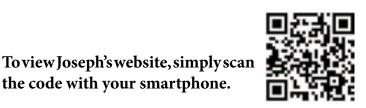
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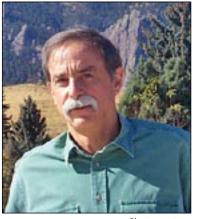
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# **Encina grad wins Nobel Prize**

Physicist David Wineland, a 1961 graduate of Encina High School, will share the 2012 Nobel Prize for physics. Wineland told The Sacramento Bee that it was his high school class that sparked a lifelong passion in physics. Wineland, who works for the U.S. Department of Commerce's National Institute of Standards and Technology in Colorado - shares the Nobel



Prize with Serge Haroche of France. Each independently conducted experiments in quantum physics that has inched scientists closer to building superfast com-

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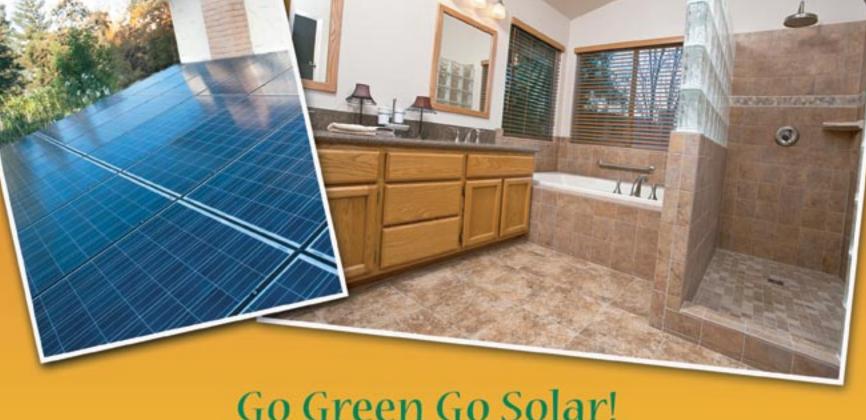
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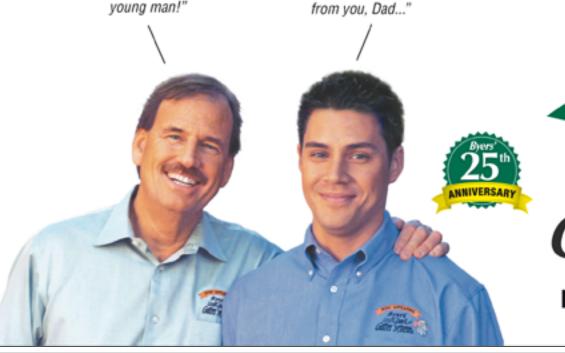
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Faces and Places

# Mission Oaks Community Center Turns 30

by BILL CONDRAY
Arden-Carmichael News Writer & Photographer bill@valcomnews.com

The Community Center at 4701 Gibbons Dr. in Carmichael celebrated its 30<sup>th</sup> to the sounds Of John Skinner's Band on Sunday, Sept. 23 from 2 to 4 p.m. Attendees danced, had refreshments and brought back memories of its 30-year history. Assemblywoman Susan Peters was unable to attend, but sent a resolution proclaiming the significance of the 30<sup>th</sup> anniversary, which was presented to the Mission Oaks Park District.

Teri McAdam, Supervisor of Recreation Services at the Community Center reminisced about some of the early history of the center. In the beginning, the main room consisted of indoor shuffleboard courts. As preferences changed, it added a new floor and roll-up shuffleboard court. Many things are done in the main room from Genealogy, fitness, dancing and other activities. Some activities are in the evening to accommodate those with daytime commitments.

October events include a Family Magic Show on Saturday, Oct. 13, showcasing the "Fabulous Follies" on Sunday, Oct. 21, concluding with a Halloween Dance on Tuesday, Oct. 30 with costume contest and prizes. Some events are free and others have a small charge.







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# OfficeMax surprises Dyer-Kelly teacher with \$1k in classroom supplies

Special to the Arden-Carmichael News

Susan Bryan, a third-grade teacher at Dyer-Kelly Elementary School, was still nearly speechless when the OfficeMax representatives left her classroom Tuesday morning, moments after dropping off \$1,000 worth of donated classroom supplies.

Bryan's students – still wound up with excitement over the surprise visit – were not.

Just before 10 a.m., representatives from the office supply retailer popped into her classroom at the back of campus with a comfy new chair and a box filled to the brim with pens, pencils, binders and a bevy of other supplies.

The visit was part of the OfficeMax's annual "A Day Made

The visit was part of the OfficeMax's annual "A Day Made Better" program. Bryan was among 1,000 teachers nationally who were nominated by their principals for their extraordinary efforts in the classroom.

After collecting herself and taking a peek at her bounty, an emotional Bryan told her students she'd finish going through all the items later.

"Because it's still the school day," she said, "and we have to work.

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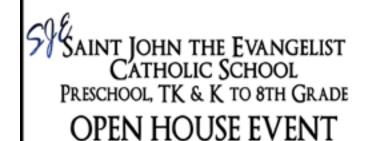
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Courtesy photo

Susan Bryan, a third-grade teacher at Dyer-Kelly Elementary School, stands nearly speechless when the OfficeMax representatives left her classroom Tuesday, Oct. 2, moments after dropping off \$1,000 worth of donated classroom supplies.



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# **Mustard Seed Spin** bike ride held Sept. 29, benefiting homeless children

Courtesy photos

The Mustard Seed Spin children's bike ride was held at William B. Pond Park on Sept. 29. Children rode along the American River Bike Trail. The event benefited the Mustard Seed School, which is a free, private school for children 3-15 years old that provides a safe, nurturing and structured environment for homeless children. According to the school's website, many school age children do not attend school because of their homelessness; some lack immunizations, birth certificates, or other documents, some are in transit, and almost all lack a support system. In spite of their situations these children are eager to learn and to be accepted.



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# Arden residents help breast cancer patients look good and feel better

**By CORRIE PELC**Arden-Carmichael News writer

According to the American Cancer Socilung cancer.

The ACS currently estimates in 2012, there will be more than 226,000 new cases of invasive breast cancer in women, and more than 39,000 women will die from breast cancer.

But survivors, like Arden residents Maritza Hurley – a breast cancer survivor herself - and her friend Lizette Gonzalez, give us hope.

### Look Good, Feel Good

Both Hurley and Gonzalez are volunteers for ACS' Look Good Feel Better program.

According to ACS spokeswoman Anita Fitzhugh, this free community-based service teaches women beauty tips to look better and feel good about how they look during chemotherapy and radiation treatments. Volunteer beauty professionals lead small groups of six to 10 women through practical, hands-on experience where women learn about makeup, skin care, nail care, and ways of dealing with hair

Gonzalez began volunteering for Look Good Feel Better about two years ago, while Hurley has been volunteering for one year. Because they both speak Spanish, they were asked to learn from. help out with the Spanish version of the program called, Luzca Bien.

As a volunteer, Gonzalez says she helps with coordinating patients for the sessions, as well as setting up the room with tables, mirrors and supplies the volunteer beauty professionals might need. She then helps guide the session by working with the beauty consultant to show different makeup techniques, such as how to cover dark spots or uneven skin tone. "A lot of women lose their eyebrows and eyelashes dur- a unified force to end breast cancer. ing their treatment, so we show them a technique of how to draw their eyebrows and how to give the illusion of having eyelashes," she adds.

Hurley says the program goes step-by-step, which is a plus for women who have never worn makeup before. "They also give you make-up so you don't have to purchase any in the beginning,"

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and contact information.

Rewarding Experience

Gonzalez says she finds her volunteer work with the Look Good Feel Better to be a rewarding experience. "You see women come in ety (ACS), breast cancer is the most common and their self-esteem may be down or they cancer among women in the United States, may not be feeling good physically - when other than skin cancer. And it is the second you lose your hair and your eyebrows and leading cause of cancer death in women, after your eyelashes, you really don't feel too good about yourself the way you look," she explains. "By the time they leave they're so uplifted and so happy, it's just great, it's absolutely fantastic."

Hurley adds it can be beneficial for the women undergoing cancer treatment to come to the Look Good Feel Better to see others just like them who are struggling with hair loss or make-up issues. "You feel like that you have somebody with (whom) you can share the same experience," she says.

As a personable volunteer, Hurley talks about her own experience with cancer and answers their questions.

"In the end, it's feeling you have somebody to talk to, feeling you are important, feeling that you are normal, and feeling that one way or another the person talking to you already went through the stages and is there,"

To further her work as a cancer survivor, Hurley also volunteers through ACS' Reach to Recovery program, which connects breast cancer survivor volunteers with newly-diagnosed patients or those undergoing treatment to give them someone to talk to, ask questions, and

### Making Strides

In addition to her work with the Look Good Feel Better program, Gonzalez has also volunteered for the past four years for Making Strides Against Breast Cancer.

According to Fitzhugh, Making Strides is a 5K walk and community informational event that brings breast cancer survivors, volunteers, businesses and community members together to walk

In addition to the walk, Gonzalez says the event will include informational booths, such as the Survivors Tent, that help promote the ACS' various programs, not to mention music and

Gonzalez feels events like Making Strides shows the community is fighting breast cancer together and working together to find a cure. "It brings awareness, it brings people together,

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Stock photos from ACS' Look Good Feel Better program.

and they see their families and friends supporting whomever is undergoing treatment or just finished treatment, and then just working to get that cure," she says.

According to Fitzhugh, the 16th annual Make Strides Against Breast Cancer will take place at the West Steps of the State Capitol on Sunday, Oct. 21. Registration begins at 7 a.m., and the walk begins at 8am with a rolling start. For more information visit www.makingstrideswalk.org/

And for more information on the American Cancer Society and its programs, visit www.cancer.org.





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# Arden resident helps foster youth succeed

**By KRISTIN THÉBAUD**Special to the Arden-Carmichael News

Tricia Rosenbaum remembers when her best friend disappeared in first grade. The little girl had been living in a foster home and was suddenly adopted and moved to a new neighborhood.

"I couldn't understand at that young age how she could be living in this great place and then suddenly be gone," Rosenbaum said. "Years later when I learned about the foster care system, it really stuck with me how transitional their lives are."

Rosenbaum, who was adopted as a baby, has always had a place in her heart for adopted and foster children, but in the last year the Arden Arcade resident has taken that drive to new heights with her involvement in United Way's Women in Philanthropy.

A dynamic group of businesswomen, homemakers and community leaders, Women in Philanthropy members raise funds, hold drives and provide trainings focused on helping foster youth become successful adults and rise to their dreams. The group also is a partner in United Way's \$en\$e-Ability project, helping foster youth become financially self-sufficient through financial literacy courses and individual development accounts that provide a matched savings program.

Through the group, Rosenbaum has helped collect holiday stockings and gifts for foster youth and has gathered towels, toiletries and luggage to create emancipation baskets for foster youth moving out on their own.

"People don't realize how little these kids have and how much they need in order to move out on their own," she said. "Some of them transport their few articles of clothing in a garbage bag and don't even have a towel. They have to make do with what they have. Hopefully this helps them see that there are people out there who care."

DOG OF THE MONTH

Rosenbaum, who has worked in operations in the financial industry and is the new program manager for the Nonprofit Resource Center in Sacramento, is excited to help United Way's Women in Philanthropy raise more funds this year to support the foster youth individual development accounts.

"To me, these matched savings accounts are the most exciting thing," she said. "Between school books, a laptop and first month's rent, a kid's savings can be depleted so fast. This gives them a chance at success."

But Rosenbaum does not stop there. Married for four years and the parents of two dogs, she and her husband are now considering becoming foster parents, and they could not be more excited at the prospect of raising children in Arden Arcade.

The couple moved to Arden Arcade four years ago, shortly after marrying, because they loved the community and the family-friendly environment.

"When we came to visit, this was the only neighborhood where we saw people out walking," Rosenbaum said. "People seemed engaged. It's a nice neighborood, but people aren't pretentious."

Rosenbaum, who serves as Arden Park Homeowners Association president, says living in Arden Arcade would give foster children a neighborhood where they could be around other kids, swim in the community pool, enjoy large yards and play with dogs.

"It just feels like everyone is looking out for each other, and I know our neighbors would look out for us as a family unit,"

In the meantime, she is continuing her work with foster youth and is looking forward to hearing from foster parent and author Vanessa Diffenbaugh at United Way's Women in Philanthropy Luncheon on Oct. 15. The author of "The Language of Flowers" will be the keynote speaker at the event at the Crock-



Tricia Rosenbaum, is an Arden Arcade resident who is volunteering with foster youth. She is looking forward to hearing from foster parent and author Vanessa Diffenbaugh at United Way's Women in Phianthropy Luncheon on Oct. 15. The author of "The Language of Flowers" will be the keynote speaker at the event at the Crocker Art Museum, which also will include a fashion show featuring foster youth and Women in Philanthropy members, a gourmet lunch and book signing.

er Art Museum, which also will include a fashion show featuring foster youth and Women in Philanthropy members, a gourmet lunch and book signing

"I loved Vanessa's book, and I'm interested to hear what she has to say beyond the book as she shares her perspective on raising a foster child," Rosenbaum said.

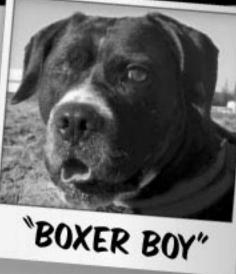
"Mostly, I'm just excited to be in a room with so many people who have a passion for helping foster youth."

For more information or to purchase tickets for United Way's Women in Philanthropy Luncheon, visit www.yourlocalunitedway.

### CAT OF THE MONTH

Boxer is a very special boy, this 5 yo Boxer/Beagle mix is looking for a home. He only has one eye, but also sweet, outgoing and an overall happy dog! Boxer loves to walk or play fetch, but he's most content being at your side! A friendly boy that gets along well with other dogs and older kids. Available through our

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# Children's Chorus: Celebratory concert in the making

director. The program beings right after Labor Day in September and runs through May, and rehearsals and classes are held at the Lutheran Church of the Good Shephard on Morris Avenue in the Arden area.

### Sing It Out

SCC now has five different levels of programming broken down by grade level and experience, starting with second grade and running to early college age, including training choirs and a touring high school ensemble. Quist says they begin at the second grade level as they have found kids at that age are more likely to be able to sit still and pay attention to fully absorb the information they are given.

However, starting this year SCC has expanded its programming to include an eight-week KinderChorus for kindergarten and first grade students. "They don't perform, but kindergarten and first grade do early experiences with music because so much of that is being cut out of the schools," Stevens says.

During their experience at SCC. Stevens says students learn the "fine art of singing," as well as music history and music theory, and are introduced to a wide range of music including choral, Broadway, jazz, folk, and classical.

Students have performance opportunities throughout the year, including annual holiday and spring concerts, plus special invites throughout the year. "We do wedding, inaugurations, funerals, we've sung at the opening of the legislature, we've sung at the River Cats, (and) we've joined the symphony and opera," Stevens says.

And older students part of the touring choir have the chance to go global with their music. Stevens says over the years the group has traveled and performed in England, France, the Czech Republic, Canada, Hawaii, and Scandinavia. And in 2013 as part of their 20th anniversary the touring choir will travel to perform in China.

both Stevens and Quist say their students take away lessons they can apply to other areas of their lives and ed-

come to rehearsal," she adds.

And Stevens says what kids learn at SCC can help support their school subjects. For example, music history exposes the kids to different eras of history, helping to support the history

### Music to the Ears

In addition to learning about music,

For example, Quist says children at SCC learn life skills such as responsibility by needing to bring their music to their rehearsals. "(And they learn) time management so that they have time to do their homework as well as

Stevens says SCC students learn how to work with other people and also how to express themselves. "At this very young age when their voices and personalities are developing, they want to find ... a safe place," she explains. "I always say this is a safe place for all of you to express yourselves, express your feelings, and tap into the talent that you have."



Lynn Stevens conducts the Cantoris group of the Sacramento Children's Chorus.

lessons in school, and it helps with de- those who can't come to them. "Right are being taught, but it's also teaching us about our humanity," she says.

### **Marching Forward**

With celebrating its 20th anniversary this year, SCC is planning a celebratory concert at the Crest Theatre in downtown Sacramento on April 21, to invite SCC alumnae to perform by solo and as part of their choirs.

they are considering bringing SCC to to," she says.

veloping reading and math skills. "It's now parents have to bring their child supporting all the other subjects that to our rehearsal venue and for some families that's a struggle," she explains. "We're looking at trying to see what it would be like if we could bring this program into neighborhoods."

And Stevens hopes SCC will continue to raise the bar of excellence in the music scene in Sacramento, as well as educating young people in the pos-2013. Stevens says they are planning sibilities of fine artistic achievement.

"I would just really love to see it grow and thrive, and be a very known visi-As for the next 20 years. Ouist says ble part of the arts scene in Sacramen-

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### guests in a festive spirit, including:

Railroad Museum Oct. 13, 14, 20, 21, 27 and 28: All aboard for some Halloween fun

Special to Valley Community News

In addition to its fascinating Gold

Rush past, the Sacramento area is rich with an amazing array of state-of-the-

art museums and historic sites that of-

fer visitors the chance to explore Cal-

ifornia's fine art, history, science, and

tober, many of the 30 members of Sac-

Old Sacramento style! The California State Railroad Museum is proud to offer diesel-powered "Spookomotive" train rides aboard a whimsically decorated train crawling with spiders, cobwebs and cornstalks while staffed with an entertaining "skeleton crew." For more, visit www.californiastaterailroadmuseum.org.

Oct. 31: Celebrate the "wee" in Halloween with this fright-free alternative to trick-or-treating. Families will start by decorating treat bags before being guided in small groups through the galleries. Along the wildlife treasures all year long. In Ocway, they will encounter gentle surprises in the form of music, poetry, ramento Association of Museums are and dance, and receive a non-candy offering fun Halloween and harvesttreat at the end of each performance. related events and activities sure to get The delightful Halloween stroll will end with a delicious celebration. For more, go to www.crockerartmuseum. Spookomotive Train Rides at the

### Safe and Super Halloween: A Grimm Halloween at Fairytale Town

Oct. 26, 27 and 28: Trick-ortreat at 17 candy stations as you wander through the Grimm Brothers' classic fairytales! Visit Sleeping Beauty's castle, venture through Little Red Riding Hood's forest, and sneak a peek at the Evil Queen's Lair. Enjoy three nights of family fun with hands-on activities, a cos-

www.fairytaletown.org.

### Governor's Mansion State Historic Park

Oct. 26 and 27: For those looking for spooky and fun alternatives tory Museum to trick-or-treating, consider visit-Historic Park offering not one but two Halloween-related events hapupstairs and offer a spooky good mood, dim lighting, fortune telldownstairs perfect for the 13 and to www.historicoldsac.org.

Wee Halloween at the Crocker Art tume parade and performances of over crowd. Sure to offer shrills Goldilocks and the Three Sharks" and thrills, "Mayhem Manor" activby Puppet Art Theater Company ities will take on a full-scale "Ste-(additional cost). For more, go to ampunk" theme showcasing gravestones, mannequins, taxidermy and other oddities that offer a scary The Mansion After Dark at the good time. For more, go to www. parks.ca.gov/governorsmansion.

### Ghost Tours at the Sacramento His-

Oct. 12, 13, 19, 20, 26 and 27: ing the Governor's Mansion State As part of a returning Living History "Ghost Tours" program offered by the Historic Old Sacramento Founpening at once! For the younger dation this October, Old Sacramencrowd, "Mansion After Dark" ac- to guests can journey back in time to tivities--coordinated by the Gover- hear ghostly tales and spooky stories nor's Mansion docents--take place as they walk through the historyrich streets and re-live 19th centutime with scary music to set the ry lore. Entertaining yet knowledgeable tour guides will take daring and ers, darkened rooms and even "cof- inquisitive guests through Old Sacfin corners." Plus, new this year ramento's infamous locales to expeand in conjunction with the Atom-rience a bit of the dark side of Caliic Angels, a "Dr. Arronax's Mayhem fornia's history (not appropriate for Manor" haunted house is underway very young children). For more, go

# Your Home Improvement Guide

Sacramento museums fall for Halloween and harvest fun

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# CALENDAR

www.valcomnews.com

Send your event announcement for consideration to: editor@valcomnews.com at least two weeks prior to publication.

### **O**CTOBER

### **Turn Verein Oktoberfest**

Oct. 12 and 13: 45th annual Oktoberfest on Friday, from 6 p.m. to 11 p.m., and Saturday from 3 p.m. to 11 p.m. German food, beer from Munich and dancing, Entertainment by Gruber Family Band, AKA Live, a local rock-'n'-roll band, will perform in the upstairs banquet hall both evenings. \$20 general admission, \$5 for children 6 to 12, free for children younger than 6. Free parking at Sutter Middle School. Turn Verein is at 3349 J St. 442-7360, www.sacramentoturnverein.com.

### Help save Kurt's life

Oct. 14: Sixteen year old Kurt was diagnosed with Acute Myeloid Leukemia last November. The Pocket resident endured four harsh rounds of chemotherapy and experienced hair loss, mouth sores, muscle atrophy and extensive fatigue. He fought his cancer into remission in mid-May. Unfortunately, he relapsed and his brother is not a match. Kurt is Chinese, making his search for a compatible donor much more challenging, Kurt's best chances of finding a perfect match will be from someone who is Chinese or Asian descent, Register to become a bone marrow donor from 9 a.m. to 1:30 p.m. at Chinese Grace Bible Church, located at 6656 Park Riviera Way, Sacramento.

### Second annual 'One Book' Sacramento dinner

Oct. 26: Friends of the Sacramento Pub lic Library will hold a "Constitution dinner" from 7 to 9 p.m. Menu includes: Ratification roast beef, convention chicken, legislative vegetarian lasagna, patriotic pizza. Dress as a founding father, society matron,

or wear Old Glory's colors of red, white and blue. To be held at the Elks Lodge, No. 6, located at 6446 Riverside Blvd., Adults: \$30, children: \$10. Information, call Kathi Windheim at 392-0101 or email zaw2000@msn.com

### Fifty States, One Nation with ArtBeast at McKinley Library

Oct. 12: At 4 p.m., for children ages 5 to 12, learn how our country moved from a collection of states to a nation. Color and decorate a map of the United States, 601 Alhambra Blvd., Sacramento.

### Plant Sale to benefit local nonprofit

Oct. 13-14: From 10 a.m. to 3 p.m., a selection of hard to find and unusual perennials not generally seen in local nurseries. Plants from starters to gallons. Gifted Gardener 18th and J St, Sacramento. Benefits Sunburst Projects' efforts to provide a healthy meal and presents for annual Adopt-A-Child program. Sunburst Projects helps children and families with HIV/AIDS.

### Informational meeting about the 2012 ballot propositions Oct. 13: At 10 a .m., the Citrus Heights/

American River branch of American Association of University Women will host an informational meeting about the propositions on the November ballot. Mc-George School of Law students will present what changes the propositions will make, the legal, financial and unintended consequences of passage, and any constitutional issues arising from passage. Orangevale Grange Hall located at 5805 Walnut Ave. in Orangevale. \$5 donation. Contact Virginia Sturdevant for information at 488-2006 or hands@surewest.net.

### Fundraiser for children's entertainer Francie Dillon

Nov. 2: From 5:30 to 8:30 p.m. at Fairytale Town in Sacramento, there will be a celebration of Francie Dillon with music and other entertainment scheduled to thank Francie for enriching our lives with her talents. The group - Mumbo Gumbo - will perform. Event details will be available at the website - celebratefranice.com. Dillon, an awardwinning children's entertainer and storyteller, as well as a reading educator, has an undiagnosed neurological condition, which has caused some financial hardship. She's keeping a positive attitude as she continues to do some work and has hope for a good outcome.

A donation account has also been setup at the Chase Bank.for Franciehttp://franciedillon.wix.com/franciedillontrust

### Book sale benefiting the Sacramento Women's Chorus

Oct. 13: Fundraising book sale from 8 a.m. to 1 p.m. at 913 El Dorado Way in East

### JFK H.S. Marching Band and Color **Guard car wash**

Oct. 13: From 8:30 a.m. to 1:30 p.m. in front of Kennedy High School, 6715 Gloria Drive

### Laurence Rosenthal to give piano concert: Oct. 13: Seven-time Emmy Award win-

ner. Two-time Oscar and Golden Globe nominee Laurence Rosenthal (www. LaurenceRosenthal.com) will present a piano concert and talk at 8 p m. Reception to follow, with the opportunity to meet Mr. Rosenthal. Tickets are \$20 \$15 for students and seniors and may be obtained at BrownPaperTIckets. com or at the door. Trinity Episcopal Church, 2620 Capitol Ave. 446-2513.

'Rehearsal for Murder' Oct. 12-Nov. 18: A play within a play, with murder and surprising revelations. \$19-\$21. Chautauqua Playhouse, 5325 Engle Rd., Carmichael (916) 489-7529 www.cplayhouse.org

### **Land Park Service Unit Girl** Scouts yard sale

Oct. 13: From 8 a.m. to 2 p.m. at Village Green in Land Park (near Sutterville Rd.)

### Free electronic waste drive fundraiser Oct. 13: Participants won't even have to get out of their car. Pop the trunk or open the

door and we will unload for you. It's a fundraiser for Earl Warren Elementary School grade level events. 5320 Lowell Street, Sacramento, 382-5930.

### Book sale fundraiser for **Sacramento Women's Chorus**

Oct. 13: All kinds of books - stock up for fall and winter reading with your blanket, glass, fireplace, peace and quiet. 8 a.m. to 1 p.m. at 913 El Dorado Way in East Sacramento.

### **Golden Valley Charter School's** annual Harvest Festival

Oct. 13: A celebration of autumn bounty with an inspiring day full of children's hand crafts, nourishing food, storytelling, live music and entertainment, archery, petting zoo and other fun activities. This event is open to the general public and all are welcome so bring the whole family, free admission and tainment. Please bring cash for fee-

based activities, food and crafts from our Vendor Marketplace, from 11 a.m. to 4 p.m. at 9601 Lake Natoma Drive in Orangevale www.goldenvallevcharter.org

### Take Back the Night march and rally Oct. 13: It will be an evening of remer

brance, celebration, and action to stand agains all forms of violence against women and children. Resource fair at 5:30 p.m., rally at 6 p.m. and march at 8 p.m. The resource fair will continue throughout the rally to provide information about the crucial services offered in our community. Sacramento Native American Health Center parking lot at 2020 J St. www. sactakebackthenight.org/sponsor

### Free flu shots

Oct. 13: From 9 a.m. to 1 p.m., Molina Medical is holding a free flu shot event at its Norwood clinic in Sacramento, located at 3946 Norwood Ave. After the first 100, vaccines will be \$15 per vaccine, 564-0521.

### 'Family tree' climbing

Oct. 13: Learn how find ancestors, or revive a previous search, at the 14th annual Family History Day from 8:30 a.m. to 4:30 p.m., Sunday Oct. 13. at the California State Archives, 1020 O St., in Sacramento. (916) 653-7715

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6446 Riverside Blvd.

# - EVENT LISTING SECTION -

Advertise your craft fairs, holiday bazaars, school fundraises, church events, etc. in your Community Newspapers. Call (916) 429-9901 for rates.



### FREE LUNCHEON SEMINAR "The Privilege of Planning"

Presenter: Josh Tuttle Wednesday, October 31 – 11:30 a.m. to 12:30 p.m General Manager East Lawn Mortuary & Sierra Hills Memorial Par Funeral Director Lic#3435

wed by a question

Seating is limited to 30 attendees per seminar

St. Francis Community Hall 6700 Verner Avenue, Sacramento, CA 95841

(1-80 @ Greenback) Reservations Required RSVP to Lisa West @ (916) 732-2020

### 34th Annua "Holiday Show of Hands' **CRAFT FAIR**

Friday, Nov. 30, 5–9 p.m. (\$3) Saturday, Dec. 1, 9 a.m. - 7 p.m. Sunday, Dec. 2, 9 a.m. - 3 p.m. Unique, hand-crafted gifts, decorator items, collectibles

Iot Lunch – Shuttle from Elks Club St. John the Evangelist School 5701 Locust Avenue, Carmichael

Stage Fright Haunted House October 25–27 Thurs. & Fri., 6-9 p.m. Sat., 5-9 p.m. \$2 per person

The Performing & Fine Arts Academy's

Natomas Charter School 4600 Blackrock Drive, Sacrament

### Fall Fellowship& Food Festival Saturday, October 20

11 a.m. to 6 p.m. ONE DAY ONLY!

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visit www.cccsac.net for more infor ADMISSION IS FREE

### **Mission Oaks Holiday Craft Faire**

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Mission Oaks CommunityCenter

4701 Gibbons Drive, Carmichael 972-0336 **MORPD.com** 

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Wine Tasting & **Silent Art Auction** Sacramento Suburban

**Kiwanis Benefit** Sunday, November 4, 4–7 p.m. ante Club, 2330 Fair Oaks Blvd. \$30 Donation Kristi Mattes (916) 505-7598

### Nutcracker in One Act & Christmas Angels Dec. 1, at 7 p.m., & Dec. 2, at 2 p.m. **Crockett-Deane Ballet Company**

& Deane Dance Center 2300 Sierra Boulevard \$15 adults; \$12 seniors/students & \$10 children. Tickets at the door &

at Deane Dance Center

3385 Lanatt Street.

(916) 453-0226

CALL AND **PLACE** YOUR EVENT TODAY!

(916) 429-9901

Valley Community Newspapers, Inc.

### High Tea fundraiser for My Sister's House

Oct. 13: 4th annual high tea and silent auc tion to raise money for My Sister's House. a non-profit organization dedicated to ending domestic violence in the region. The tea is from 11 a.m. to 1 p.m. at the Chinese Community Church, located at 5600 Gilgunn Way, Sacramento, \$45 for individual tickets or \$350 for a table of 10.

### Fire Station 4 open house

Oct. 13: Come visit Fire Station 4 at 3145 Granada Way, Sac. Free. 2 p.m. – 5 p.m. Presentations at 3 p.m. (916) 808-1347

### **Volkssport walking**

Oct. 13: Come join the Sacramento Walking Sticks Volkssport Club! Monthly meetings held every second Thursday at 7 p.m. SMUD Headquarters Bldg., Conference Center, 6201 S St. Those who wish to walk before the meeting, meet at Starbucks, 1420 65th St., Sac. At 5 p.m. to walk a 3mile walk to CSUS campus and back. Contact Barbara Nuss at (916) 283-4650, (916) 691-7618 or nussb@surewest.net. Visit www.SacramentoWalkingSticks.org

### **Children's Sonshine Celebration**

Oct. 13: Free event featuring master puppeteer and ventriloquist Tony Borders from 2 to 3 p.m. as well as a bounce house, petting zoo, pony rides, carnival games, face painting and more from 11 a.m. to 2 p.m. Greenhaven Lutheran Church, 475 Florin Rd., Gloria Dr. 428-8449

### SPCA 2012 Gala -- The Great Catsby!

Oct. 13: To be held at Arden Hills Resort Club & Spa, For more information, and tickets, visit www.sspca.org

### Two sugar skull and two masks workshops

Oct. 13: 10 a.m. to noon and 1 to 3 p.m. at La Raza Galeria Posada/Miller Park Complex, located at 2700 Front St. Reservations recommended: 446-5133 or email larazagaleria@ gmail.com, www.lrgp.org. Supplies and masks \$5 flat masks, \$10 3-D masks, \$10 sugar skulls.

### The Concert Band of CSUS performance

Oct. 15: 7:30 p.m. Music Recital Hall on the campus, 6000 J St. Tickets are \$10 general, \$7 seniors and \$5 students, and available at the University Ticket Office, 278-4323. 278-5191.

### Who is running for San Juan Unified School Board?

Oct. 16: From 7 to 8:30 p.m. "Families That Can" will present a nonpartisan candidate forum at California Montessori Project, located at La Sierra - Gibbons Room, 5330-A Gibbons Drive Carmichael 95608. Space is limited. RSVP by Friday, Oct. 12 by contacting Rachel Minnick at rminnick@familiesthatcan.org or 529-3435

### **Soroptimist International of** Sacramento North meeting

Oct. 16: An organization for the betterment of women and children meets at the atria El Camino Gardens at 2426 Garfield, Carmichael. Call Sheila at 624-4643.

### Sacramento State's Symphony Orchestra performance

Oct. 16: The concert will be held in the Mu sic Recital Hall on the campus at 8 p.m., 6000 I St. Tickets are \$10 general, \$7 seniors and \$5 students, and available at the University Ticket Office. (916) 278-4323 or http:// bit.lv/xRmEZ8, Contact: (916) 278-5191.

### 'Freedom of Expression with Art-Works' at Arden-Dimick Library

Oct. 16: At 4 p.m. for children, ages 5 to 12. Express yourself using a variety of materials to create a unique art piece. Arden-Dimick Library, 891 Watt Avenue, Sacramento

### Manga Café: Kokeshi Dolls at Martin Luther King, Jr. Library

Oct. 17: At 4 p.m., for youngsters, ages 5 to 18, create mini folk-art presidential wooden figures. 7340 24th Street Bypass, Sac-

### **Summary in Art: Teen Book** Reviews (for teens) at Ella K. McClatchy Library

Oct. 17: At 6 p.m., celebrate Teen Read Week and ARTober with an artistic review of a book you recently read. Turn a note card into an artistic summary of the book. The library will provide art supplies and the book reviews will be displayed on the branch's new Teen Area bulletin board. 2112 22nd Street, Sac-

### SPCA Mobile Adoption

Oct. 18: Adoption trailer will be at Intel, 1900 Prairie City Road, Folsom from 10 a.m. to 2 p.m.

### **Duct Tape Masterpieces (for** teens) at Arden-Dimick Library

Oct. 18: At 3 p.m., create your next artistic masterpiece using duct tape -- the most durable medium available. Use a variety of solid colors and patterns and get instructions for making wallets, roses, flip-flops and more, Arden-Dimick Library, 891 Watt Avenue, Sacramento.

# THE FOLSOM SYMPHONY A Heart's Jewel and Triumph Saturday, October 20, 2012 7:30 PM



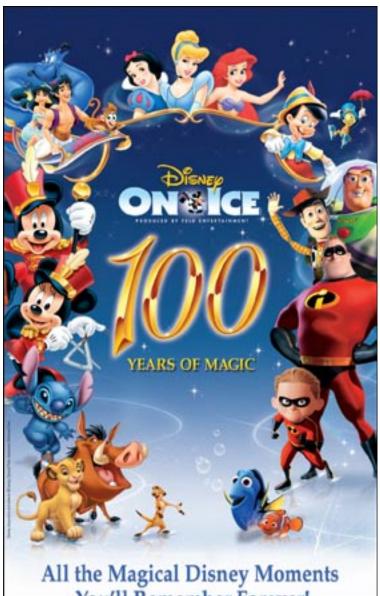
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Regular Ticket Prices: \$17 • \$23 • \$40 VIP • \$65 Front Row Additional fees may apply

# CALENDAR

www.valcomnews.com

### Financially Savvy Seniors'

Oct. 18: The Pocket Area Churches Together, the Asian Community Center and the St. Anthony Senior Club are sponsoring this seminar to discuss identity theft, contractor and phone scams and family abuse of seniors. The seminar goes from 8:30 a.m. to 1 p.m. at St. Anthony Catholic Church, 660 Florin Rd., Sacramento.

'Dance Sites 2012: Faculty Dance Concert' Oct. 17-21: CSUS faculty and guest choreographers come together to guide students ough their first performance of the year n This always-anticipated annual evening of dance on the University Theatre main stage presents a wide range of music and dance tyles. 6000 J St., Sacramento 95819.

### 40th annual Japan night dinner

Oct. 19: Sacramento Senator Lions Club s having its 40th Annual Japan Night Dinner at 6 p.m. at the Elks Lodge, 6446 Riverside Boulevard, Sacramento. The menu includes teriyaki chicken, sashimi, sushi, sunomono salad and miso soup. Ticket donation is \$35. All profits from this event are given back to the community through projects such as the Sacramento Zoo Sensory Garden, Sacramento Zoo's Mobile Zoo Project, My Sister's House, and Christmas Food Baskets for low-income families. Call Teri Panscik at (530) 676-0829, for more information.

### **CORE Dance Collective presents** 'The Doorway'

Oct. 18-27: Now entering its third season. The Doorway is the contempo rary dance event of the year. Inspired by the unique personalities of rooms in a Victori an mansion, The Doorway follows dark and quirky characters entangled in the house. Tickets: \$25 at the door, \$20 in advance. Thursdays through Saturdays 7:30 p.m. Benvenuti Performing Arts Center, 4600 Blackrock Dr. Sacramento, 95835.

### Free flu shots

Oct. 20: From 9 a.m. to 1 p.m., Molina Medical is holding a free flu shot event at its 55th St. location: 7215 55th St. After the first 100, vaccines will be \$15 per vaccine. 564-0521.

### 'Camellia City Porcelain Artist 21st Annual Tea and Porcelain Art Show

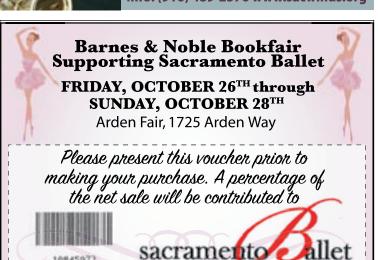
Oct. 20-21: A display of American style porcelain/china over-glaze painting, as part of the Arts and Crafts movement, in the late 1800 and 1900s will be on display on Saturday, Oct. 20 from 10 a.m. to 4 p.m. and Sunday, Oct. 21 from 10 a.m. to 3 pm at the Sacramento Garden & Arts Center McKinley Park, located at 3330 McKinley Blvd. Tickets are available for a Christmas Tree drawing to benefit St. John's Shelter for Women and Children. See http://www. eset.com for more information.

### SACRAMENTO SYMPHONIC WINDS A 60-piece symphonic band conducted by Dr. Les Lehr "Around the World in 90 Minutes!"

Featuring instrumental soloist Keith Bohm, saxophone Sunday, October 28, 2:30 pm.

La Sierra Community Center, 5325 Engle Rd., Carmichael

nfo: (916) 489-2576 www.sacwinds.org



T APPLY. SEE BN.COM/BOOKFAIRS FOR MORE DETAILS AND T SPONSORED BY THE SACRAMENTO BALLET GUILD.

Oct. 21: Adoption trailer will be at Trends-Oct. 25-27: The Performing and Fine n-Treats, 8929 Madison Ave. from 10 a.m.

### **Shrinky Dinks at Central Library**

**SPCA Mobile Adoption** 

Oct. 21: At 3 p.m., families can create a freehand design or trace an image from a book on amazing plastic. Bake it for a few minutes and the creation shrinks., 828 I Street, Sacramento

### American Cancer Society's 'Making Strides Against Breast Cancer'

Oct. 21: Starts at 7 a.m. on the west steps of the State Capitol. For more information see http://makingstrides.acsevents.org/site/ TR?fr\_id=47299&pg=entry

### **Rotary Club of Pocket/Greenhaven**

Oct. 17, 24, 31: Guest speakers address local, regional and international topics. Visitors welcome, 7:30 a.m., every Wednesday Aviators Restaurant, 6151 Freeport Blvd. (916) 684-6854

### 'Drumming with ArtBeast' at **Arcade Library**

Oct. 18: At 4 p.m., for children, ages 5 to 12, kids can gather around a circle of drums and percussion instruments to create a community of rhythm. They will learn beats and enjoy playing various instruments. Arcade Library, 2443 Marconi Avenue, Sacramento.

### **Fall Fellowships and Food Festival** Oct. 20: The Chinese Community Church

will have Chinese food and games from 11 a.m. to 6 p.m. Free admission. www.ccc-

### **CSUS classical piano performance**

Oct. 20: Ying Song performs as part of Sac State's Piano Series at 7:30 p.m. in the Music Recital Hall on campus, 6000 J St. Song is on the faculty of the New School for Music at Mannes College. Her awards include Pro Piano Artist of the Year and the Sudler Prize for outstanding achievement from Stanford. Tickets are \$20 general and \$15 for students and seniors and available at the University Ticket Office, 278-4323 or http://bit.ly/xRmEZ8. Contact: 278-5191.

### Manga Café: Sticker Making at Martin Luther King, Jr. Library

Oct. 24: At 4 p.m., Youngsters, ages 5 to 18, can watch anime, read manga and make stickers from old magazines or from their own art. 7340 24th Street Bypass, Sacra-

### Sac State's Jazz Ensembles performance

Oct. 25: Starting at 8 p.m., selections include "Moten Swing," by Benny Moten. and "Waltse for Dave" by Chick Corea in the Music Recital Hall on campus, 6000 J St. Tickets are \$10 general, \$7 seniors and \$5 students and available at the University Ticket Office, 278-4323 or http://bit.ly/ xRmEZ8, Contact: 278-5191,

### 'Crocker Talkers' to be featured at **River's Edge Senior Community**

Oct. 25: Starting at 2 p.m., these well-informed and enthusiastic speakers will share with you the fascinating history of the Crocker Family, the Crocker Art Museum and the museum's stunning display of art. RSVP by calling 921-5131 by Monday, Oct. 22. Refreshments will be served, 601 Feature Dr.

### Stage Fright Haunted House

Arts Academy's Drama Club presents costumed dancers, face-painting, concession stand, storytelling and more. Thursday and Friday from 6 to 9 p.m., Saturday from 5-9 p.m. \$2 per person Natomas Charter School, 4600 Black rock Dr., Sacramento. 803-5863

### **Christian Brothers Family Pasta Feed Dinner**

Oct. 26: \$12 for adults and students. Every dinner receives one raffle ticket. \$6 for kids, ages 6-11, free for 5 and under.

### 26th Annual Safe & Super Halloween: A Grimm Halloween

Oct. 26, 27, 28: From 5-9 p.m., the fairytales of Wilhelm and Jacob Grimm will come to life for three nights of family fun. Cost: Advance tickets are \$7 members and \$10 nonmembers. Beginning October 26, tickets are \$9 members and \$12 nonmembers. Children ages 1 and under are free. Fairytale Town, 3901 Land Park Drive, Sac ramento CA 95822, 808-7462, mail@fairytaletown.org, www.fairytaletown.org

### Gala at the Garden and Casa **Boutique**

Oct. 26-27: Support programs of the Sacramento Children's Home by attending the "Gala at the Garden" on Fri day, Oct. 26, featuring fine wines and hors d'oeuvres AND the first opportunity to shop "Casa Boutique". Tickets are available at www.casagardenrestaurant. org OR visit the "Casa Boutique" on Saturday. Oct. 27. no entry fee and see live demonstrations by Open Studio at Lakeside. Both events are at the Casa Garden Restaurant, 2760 Sutterville Rd. Enjoy a unique shopping experience with one-ofa-kind gifts created by talented artisans. Shop today for tomorrov

### **Halloween crafts at Arcade** Library

Oct. 27: At 2 p.m., for children, ages 5 to 12, children will get in the Halloween spirit with fun crafts, including paper bag ghosts, trick or treat bags, and more. They are encouraged to wear a Halloween costume. Arcade Library, 2443 Marconi Avenue, Sacramento

### Run for a Safe Haven fundraiser for My Sister's House

Oct. 27: 9th annual 5k run/walk is the largest fundraiser for My Sister's House, a nonprofit dedicated to ending domestic violence. Adults (ages 19 and up): \$30, Teens (ages 13-18): \$25, Kids half mile (ages 12 and younger): \$10. Register at www.runfo rasafehaven.com

### Make Sugar Skulls at Ella K. Mc-**Clatchy Library**

Oct. 27: At 2 p.m., Families can make Dia de los Muertos / Day of the Dead sugar skulls. 2112 22nd Street, Sacrame

## Third annual Panteon de Sacra

Oct. 27-28: Two day event with 50 large, colorful Day of the Dead altars. To be held in the large parking lot west of 2020 J St.

### 7th annual craft and boutique fair at River's Edge Senior Community Oct. 27: Shop in a festive atmosphere from

10 a.m. to 4 p.m. Jewelry, artwork, candles, food, purses, clothing, soaps, music and

### **Tree tour set for River Park** near the intersection of Howe Avenue and Oct. 27: Sacramento Tree Foundation

more will be available. 601 Feature Drive

Fair Oaks Boulevard in Sacramento. 916-

Concert featuring flutist Mat Krejci

Oct. 27-28: The Chamber Music Soci-

ety of Sacramento invites the public to

a concert that features our flutist, Mat

Kreici, and pianist Dmitriv Cogen, and

in D Major; Mendelssohn's Piano Trio;

and Faure's Piano Quartet. Performance

OACRAMENTO 8

The Pavilion Building

(Enter East Gate)

will include Mozart's Flute Concerto

921-5131.

will sponsor a tour of the trees in River Park from 10 a.m. to noon. Participant will learn to identify trees by leaf, bark and growth habits. Insect and disease issues will be discussed as well as watering needs for Sacramento soils and weather. The tour is free and will begin at the River Park Shopping Center on Carlson Ave. near the corn of Lovella Way. sactree.com; 974-4304.

### SactoMoFo event to benefit

es are on Saturday at 7:30 p.m. at Con-Rebuild McKinley gregation Bet Haverim, 1715 Anderson Oct. 28: From noon to 4 p.m. at Sutter's Rd., Davis; and Sunday at 7:30 p.m., at Landing Park, portions of the proceeds will Sac State Capistrano Hall's music recit go to help build McKinley Park. Front al auditorium, off State University Drive Street Shelter Haunted Open House West in Sacramento. Season and individ-Oct. 28: From noon to 4 p.m. at 2127 Front ual tickets are available by subscription St. Free refreshments and entertainment or at the door: \$22-28.12 for students. while deciding which animal to adopt. Huhttp://www.cmssacto.org/. mans only.

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### **PurpleStride Walk**

Oct. 28: The Sacramento Affiliate of the Pancreatic Cancer Action Network is hosting PurpleStride Walk at 9:30 a.m. The walk begins and ends at Cal Expo. Pancreatic cancer survivors, families, friends and sup porters are invited to attend the walk to help raise awareness and much-needed funds for pancreatic cancer research. Register at www. purplestride.org.

### 'Boo at the Zoo'

Oct. 30-31: Kids can safely trick-or-treat around the lake at 25 different candy stations and other activities include magic shows, costume dance party, ghoulish games

and more. Advanced ticket prices: General are \$10; Zoo members are \$8; children 1 and under are free Day of prices are \$12; children 1 and under are free. 3930 West Land Park Dr., Sacramento, 95822

### **Trunk or Treat**

Oct. 31: Fremont Presbyterian Church, 5770 Carlson Dr., will host a free Halloween party for children from 6 p.m. to 8:30 p.m. There will be trick-or-treating for candv out of decorated car trunks, zip line and bounce houses. There will also be food available for purchase. For more informa tion, call 452-7132,



Proceeds benefit: The Kiwanis Family House and other Kiwanis Projects.





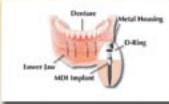
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### **DESIRABLE SHELFIELD**

4 bedroom 2½ bath home in wonderful Carmichael area close to American River Parkway. Features include open floor plan, formal dining room and breakfast nook, dual pane windows, 2 HVAC units and solar heated pool! Spacious lot with area beside garage for parking, RV space and more. \$549,000

### **PATTY BAETA 806-7761**



### **FABULOUS HOME AND SETTING**

Beautiful Italian-style home on almost 3 acres! Built in 2001, with all amenities you would expect and the added advantage of living close to everything with the privacy most people crave. The home and pool sit on 1.83 ac., the barn and dressage area are on a 2nd lot of 1.12ac. 4 bedrooms  $4\frac{1}{2}$  baths. \$1,695,000

### **CARMAH HATCH 765-6210**



### **BEAUTIFUL DEL DAYO ESTATES**

3 bedroom 3½ bath with open floor plan perfect for entertaining! 2 master suites, kitchen features granite counters and stainless appliances. Windows and french doors showcase the landscaped yard with pool, fountain, courtyard and patios. Easy access to American River Parkway. \$739,000

### **LINDA WOODS 802-8042**



### **CUSTOM SANTA FE BEAUTY**

Breathtaking views and grounds, plus an elegant yet casual home that is perfect for entertaining. Detached 2 bedroom guest house with it's own private patio. The 4 bedroom 2 bath home has soaring ceilings and walls of glass, stone patios and amazing wrought iron railings and gates. \$1,825,000

### **CARMAH HATCH 765-6210**



### **WONDERFUL ARDEN PARK**

Wonderful remodeled 4 bedroom 3 bath home with over 2400 sq. ft. The great room kitchen/family room includes a gourmet kitchen with custom cabinets, and dining bar, and a stacked stone fireplace and media wall. Private master bedroom and bath with sunken tub and glass enclosed shower. Large backyard with fenced pool. \$499,000

### CHRIS BALESTRERI 996-2244



### **TUSCAN HOME IN ARDEN OAKS**

Beautiful 5 bedroom Tuscan home on private .72 acre lot with pool. 2 master suites plus upstairs bonus/game room,  $4\frac{1}{2}$  bathS. Lovely gourmet kitchen family room combo. Large formal living and dining rooms. Private lush backyard has pool, outside covered room. \$1,545,000

### **CARMAH HATCH 765-6210**



### **CLASSIC ARDEN PARK**

3 bedroom  $1\frac{1}{2}$  bath home with all the original charm including a wonderful brick exterior and hardwood floors. Located on a .24 acre lot; separate 2-car garage sets back on the lot. Approximately 1502 sq. ft. of living space per seller which includes the service porch. Wonderful location with Cresta Park right down the street. \$349,000

**CHRIS BALESTRERI 996-2244** 



### SIERRA OAKS VISTA

Custom 2 story home in Sierra Oaks Vista with 4 or 5 bedrooms. Very private setting on park-like grounds. Amazing grand home with huge rooms, high ceilings and wide hallways. Picturesque grounds - wall of redwood trees at the back of the property. Tennis court, pool and spa, and pavilion area with fireplace. All bedrooms have full baths. \$1,499,000

**PATTY BAETA 806-7761** 



### ARDEN PARK

Located in Arden Park, this 3 Bedroom  $1\frac{1}{2}$  bath home has many wonderful features. Updated and remodeled with hardwood floors, spacious bath with jetted tub and full custom shower. Interior laundry room; garage has been converted to a bonus room; and a private backyard. \$299,900

**CHRIS BALESTRERI 996-2244 • LIBBY NEIL 539-5881** 

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