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Thousands to participate in 19th annual 'Run to Feed the Hungry'

By SUSAN LAIRD
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What has 56,000 legs, over 28,000 smiles and is the biggest "happening" in Sacramento to every year?

If you guessed the 19th annual "Run to Feed the Hungry" for Sacramento Food Bank & Family Services, you guessed correctly.

For nearly two decades, members of the Sacramento community – and their friends and families from around the nation – have gathered to give back. Whether they are elite runners, average joggers or simple walkers, this event is one of the most respected 5K/10K events in the nation.

Held every year on Thanksgiving Day, participants agree: it's a great way to give back to the community...and burn a few calories before indulging in a piece of pumpkin pie. Last year, 26,825 people participated on the event's first rainy day. This year, more than 28,000 participants are expected.

"Run to Feed the Hungry is a Sacramento tradition for thousands of local families," said Kelly Siefkin, communications director for the food bank. "The event offers a 5K and 10K course through the beautiful East Sacramento neighborhood. The Run is owned and operated by Sacramento Food Bank & Family Services and raises funds to support six programs."

Need knows no season...and seems to know every neighborhood. SFBFS serves families in need throughout Sacramento County, including local neighborhoods including Land Park, Arden and Carmichael. Some 20,000 unduplicated men, women and children receive free goods and education through SFBFS programs each month. The food program serves 16,000 unduplicated individuals each month.

The run raised \$850,000 for the food bank last year – approximately 20 percent of the organization's annual budget. Founded by Father Daniel Madigan in the basement of his Oak Park church in 1976, SFBFS runs a very lean, grassroots organization with an incredibly efficient, professional staff of 40 and a volunteer workforce of over 5,000 annually.

The Thanksgiving Day (Nov. 22) fun begins at 8:30 a.m. and concludes at approximately 11 a.m. Participants will meet at Sacramento State's J Street entrance for the start of the run/walk. New exit points from Sac State will improve traffic flow post-race.

Siefkin is excited about a new participant category this year: Virtual Runner.

"Is your spouse dragging you to Iowa for a snow laden Thanksgiving? Do you have 49 relatives descending on your living room around 11 a.m.? Are you more of a napper than a jogger? Then sign up as a virtual participant," Siefkin said. "Your registration fee supports programs at Sacramento Food Bank & Family Services and you'll still receive your shirt after the event, but you don't have to run or walk on Thanksgiving morning."

There is still time to sign up to participate, volunteer or join a team. There is also some new run attire available this year.

"Those who sign up to participate and who make an additional \$50 contribution will receive a Run to Feed the Hungry knit beanie this year," Siefkin said. "Participants are very excited about it – apparently, it's becoming a hot collectible for those who participate every year."

Registration for the Run to Feed the Hungry is available online until Nov. 20 at www.runtofeedthehungry.com. Participants can also register via mail until Nov. 10 or at REI from Nov. 17–21. For more information about SFBFS, www.sacramentofoodbank.org.

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14th annual grand opening of student-run culinary arts café

By **MONICA STARK**
Arden-Carmichael News writer
editor@valcomnews.com

On Oct. 25, local educators and civic leaders helped celebrate the 14th annual grand opening of one of Sacramento County's best-kept fine dining secrets: the Culinary Arts Café, where students at Leo A. Palmiter Jr./Sr. High School and Elinor Lincoln Hickey Jr./Sr. High School are the driving force of weekly Thursday lunches.

During this grand opening, patrons were treated to a lunch of green salad, grilled Moroccan chicken with green couscous and Mediterranean vegetables. Many of the ingredients used by the student chefs are grown at a vegetable garden maintained by students.



Photos by Monica Stark

Students enrolled in the Regional Occupational Program Culinary Arts course showed the food preparation and service skills they learned under chef instructor Jeff Zahniser.

The Culinary Arts Café serves lunch on specific Thursdays from noon to 1 p.m. Reservations are required and a calendar is available at www.scoe.net/culinarycafe, listing the days the Café is open and what food is being served.

Students enrolled in the Regional Occupational Program Culinary Arts course showed

the food preparation and service skills they learned under chef instructor Jeff Zahniser.

The Culinary Arts Café is a "school to world" partnership between educational programs within the Sacramento County Office of Education, ROP, and Special Education Department, drawing on the expertise and support of other SCOE staff and students. It serves students from throughout the county. The Culinary Arts

See Café, page 9

Atrium resident shows proof of her Mayflower lineage

By **MONICA STARK**
Arden-Carmichael News writer
editor@valcomnews.com

Shirley Ruth Payne is proud of her heritage. Tracing back her ancestry, the 86-year-old Atrium resident has come to find out she is a descendant of Mayflower boarders.

After many trips to the San Francisco Genealogy Family History Library, Payne said she found seven ancestors, some on double genealogy lines tracing back to the 1620 Mayflower voyage to the New World.

An up-to-date member of the Mother Lode Colony of the Society of Mayflower Descendants, Payne said she hasn't gone to many of the Folsom-based meetings, but she is proud.

Hanging on her wall, are a few framed certifications verifying her lineage: one from The General Society of Mayflower De-

scendants and another from the Alden Kindred of America.

Payne has even been to Plymouth a few times to visit relatives who live in nearby Carver. Excited as she was to tell them about their heritage, she said not many were interested. She said her son is not too impressed either, but she's hoping to encourage her granddaughter to take some interest.

"I wish I would have known in school, because I was interested anyhow. I like to read. I used to go to the library and check out as many as they would allow," she said.

Dressed as a Pilgrim and holding a model of the Mayflower during the photo shoot, Payne described her outfit as a "big long-sleeve Moo Moo" with a bonnet and cuffs.

Born in Somerville, Mass., Payne had a troubling childhood. Her mother died when



Photo by Monica Stark

Shirley Ruth Payne

she was 2 years old and later the impressionable girl ran away from home to live with her father's relative. Intent on earning her high school diploma, she arranged with the superintendent of schools to work half a day and go to school the other half.

Those survival skills Payne learned as a young child arguably have helped her today. She now spends her day taking care of herself — mending clothes she once sewed herself, reading magazines, keeping her apartment tidy and keeping in touch with her only living son who lives in Las Vegas.



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Our Small, but Strong Family Tree

Growing up I always wanted a sibling, a little brother or sister to boss around. My dad was a "big kid" though and filled that role. Mom had to keep both of us in line. Her top two rules: no snickering during church and no messing up her kitchen. Some days, I think Mom felt like she had two children, instead of one.

Now Mom has lapses in memory. She got lost on her way home from church. Her once meticulously organized cupboards are nearly empty and I found rotting lettuce and moldy leftovers in the refrigerator on more than one occasion. Dad is lost without her steadfast guidance and care.

I wish I had a sibling to help me manage my parents growing care needs.

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Country Club Lanes has served as a popular recreation, entertainment center for more than 50 years

By LANCE ARMSTRONG
Arden-Carmichael News writer
Lance@valcomnews.com

Editor's note: This is the fifth part in a series regarding the history of the "four corners" of Watt and El Camino avenues.

Most Sacramentans would likely agree that the most memorable corner of Watt and El Camino avenues is its northeast corner, which once featured the notable combination of Country Club Lanes, Sam's Plaza Hof Brau and Tower Records, Books and Video.

Although the Tower businesses ceased existence in 2006, a treasured part of this corner's history remains through the existence of Country Club Lanes and Sam's Hof Brau, as the business is now known.

Country Club Lanes, which predates the establishment of the Tower stores and Sam's restaurant at this location, held its grand opening on Saturday and Sunday, Feb. 20-21, 1960.

Plans for the construction of this bowling alley date back to 1958, when members of the Kassis family, who were already well known in the Sacramen-



Country Club Lanes has retained much of its original exterior appearance.

Photo by Lance Armstrong

to area for their operation of the Stop-N-Shop supermarket chain, decided to establish a bowling alley.

At that time, the Sacramento area was home to several bowling alleys, including Town & Country Bowl at 2032 Fulton Ave., Alhambra Bowl at 1221 Alhambra Blvd., Capital Bowl at 1415 L St., Sacramento Bowl at 915 6th St. and South Bowl at 5005 Stockton Blvd.

But for Frank, Lewis, Edward and Walter Kassis, who had envisioned opening their own bowling alley, their dreams extended well beyond simply bringing another bowling alley to the Sacramento area.

Instead, these brothers, who were also joined in this endeavor by their cousins, Tom and George Kassis, who moved

from Cheyenne, Wyo. to become involved with the project, desired to establish a recreation and entertainment center featuring the capital area's grandest bowling alley.

After the selection of the 5.5-acre site for this center, the property was eventually developed through the Country Club Building Corp., which consisted of a group of stockholders, who included Stop-N-Shop customers and employees and friends and business associates of the Kassis family.

By the fall of 1958, plans had been drawn for what would become one of the nation's largest and most attractive bowling alleys.

Although none of the Kassis family members involved with this project were experts in the field of bowling, they learned a

lot about bowling in a short period of time, as they spent about six months studying many different bowling centers.

The Kassis family eventually decided to have a unique building constructed with a 48-lane bowling alley, a fine cocktail lounge, dining rooms, banquet facilities and a variety of other features.

Selected as the architects of the building were Powers, Daly and DaRosa, a Long Beach firm that was recognized by the nation's then largest recreational company, American Machine and Foundry, which is commonly known as AMF.

In October 1958, initial labor on the site began. This work included the placement of a lower concrete pad and the construction of the parking lot.

Although active construction of the building did not commence until the following January, a goal was set to have the center ready for league bowling nine months later.

Fortunately for those anticipating the meeting of this goal, league bowling began at Country Club Lanes in September 1959.

Prior to the aforementioned grand opening of the more than \$1 million Country Club Lanes building, a special opening of the lanes for stockholders was held on Tuesday, Feb. 9, 1960, followed by a champagne luncheon for special guests a week later.

As previously noted, the grand opening for this 24 hours per day, seven days per week, north area recreation center, which provides enter-

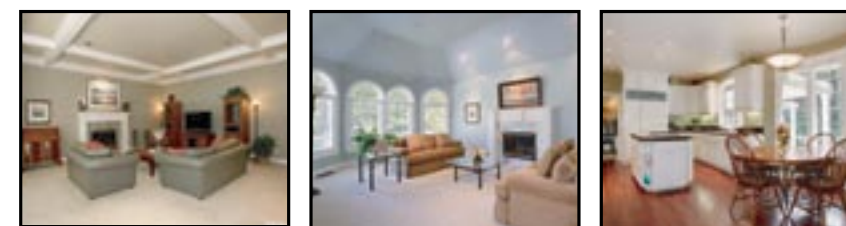
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See Plaza, page 10

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Café: Students come from challenging backgrounds

Continued from page 4

Café offers students the opportunity to learn skills necessary for success in the food services profession.

"The biggest challenge for these kids is just showing up to class," said Tim Herrera, SCOE director of communications.

Herrera said it's a big deal for the students to ask customers if they'd like something to drink, adding that some of them get nervous when they call to confirm reservations. "Just interacting with strangers can be difficult for them," he said.

But he also said programs like these are something students look forward to, helping their attendance. Herrera said parents have been supportive of the culinary classes because they know their kids will make them dinner.

In fact, Zahniser sends the kids home with the homework assignment to make the family dinner and to get someone to say that it was good. Students are also required to print out the recipes they used.

That positive experience can undoubtedly be much needed because of the multiple challenges these students face.

Zahniser said on a day-to-day basis, all these kids have multiple challenges. He tries to provide a lot of individual attention and find ways for them to

win because they never get opportunities to win.

"They are always told you're a bad kid, you're no good in school. You're no good at anything and I want you out of our house. They come here and all of a sudden, wow, the press is here. They put out this meal and all of a sudden, they are looking at me," Zahniser said. "Someone actually said, 'hey, I did a good job today.' Finding opportunities is huge for these kids," he said.

Zahniser said he loves working with these kids. His job couldn't be any more gratifying. "I was one of them," he said. "I wasn't a good student. I was in trouble all the time," he said.

Zahniser's dad was an airline pilot who knew a chef from his business. This cook took the young Zahniser under his wing. Working with the chef at a hotel, Zahniser found the restaurant business a place where he could turn himself around. "It was a place I felt I knew what I was doing," he said.

Zahniser ended up getting a job at Le Cordon Bleu College of Culinary Arts. "I found out there I had a knack at helping students who weren't the best students. I had a way with talking to them."

After working there, he started a program at Rite of Passage Charter High School in El Dorado Hills, where he started a culinary arts pro-



Students grow some of the food they cook with.

Photo by Monica Stark

gram, which he said was successful until funding for the program ran out of money. Some of the students who graduated from that program are now working at the Ahwahnee Hotel in Yosemite; and one is a sous chef at Bonny Doon Vineyard's restaurant in Santa Cruz. "He was a methamphetamine addict. Now he's doing great. That's the kind of success I want to bring to this school."

While the students have special needs, many of them who have been successful in the culinary arts program have been placed in jobs at Sacramento area restaurants. Currently, some of the culinary students at Leo A. Palmer Jr./Sr. High School and Elinor Lincoln Hickey Jr./Sr. High School work at Johnny Rockets and in the past some have worked at Brookfields Restaurant in Rancho Cordova.

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To view Joseph's website, simply scan the code with your smartphone.



Plaza: \$1.3 million remodel made way for major changes

Continued from page 6

tainment for all ages, was held on Feb. 20-21, 1960.

It was during that time that many people viewed the many features of the building for the first time.

From its inception until present times, the Country Club Lanes building has drawn much attention for its unusual architectural, space age features, which predate the popular 1960s animated series, The Jetsons.

Early promotional literature for the center included the following words: "From the outside, you'll marvel at the gigantic parabolic and hyperbolic marquees reaching toward the sky."

After entering the building under either of these marquees, early day guests were greeted with 48 gleaming lanes with modern, electronically-controlled pin spotting machines, electric Tel-E-Score projector units,

AMF Underlane ball returns, Lazy Susans and seating for more than 200 people.

Other original features of the building included the two-level Candlerock Lounge with bars, a revolving bandstand with a live orchestra, a waterfall and a tropical pool, the Candlerock Restaurant and Coffee Shop, the Hickory and Cypress banquet rooms, the Chuck Wagon dining room, a billiards room and a Romper Room with complimentary care for the children of bowlers.

Upon the building's opening, an 8,500-square-foot area on its second floor was occupied by the personnel department of Aerojet-General Corp.

On the north, Watt Avenue side of the building is multiple store spaces. Original tenants at this site were a travel agency, dry cleaners, a liquor store and barber, beauty and mosaic tile shops.

Assisting in bringing early attention to Country Club Lanes was the well-known bowler Frank Clause, who described this Sacramento area bowling alley on the nationally televised show, "Jackpot Bowling," as "the world's most beautiful bowl."

About two years after the opening of the center, the Kassis brothers purchased Tom and George Kassis' interest in the business.

The gradual transfer of the ownership of Country Club Lanes from the founders to the second generation of Kassis family members began in 1985.

But while still under the majority ownership of its founders, Country Club Lanes underwent a \$1.3 million remodel in 1991 and 1992.

This remodel included the conversion of the Rock'n Bowl Café at the for-

mer Candlerock Restaurant and Coffee Shop site into a fast food eatery called The Concourse Café, the resurfacing of lanes, the remodeling of the bathrooms and the installation of state-of-the-art, automated scoring equipment, new seating, new carpet, new sheet-rock, new ceilings and new lighting.

It was also during that time that the business added a new selection of colored bowling balls to its offerings.

Today, Country Club Lanes, in addition to its 48-lane bowling alley, includes its Lazer X laser tag arena, which is located in part of the old Candlerock Restaurant and Coffee Shop, a space-themed video arcade in the old billiards room site, a prize arcade at the former Hickory Room site and a private party room - Party Room A - in the former location of the Romper Room.

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Sacramento charities offer lots of ways to give back this holiday season

by CORRIE PELC
Arden-Carmichael News writer
corrie@valcomnews.com

'Tis the season for turkey, carolers, gingerbread men, friends and family – and giving back.

"For a lot of people part of their holiday tradition is the giving back and the instilling the spirit of service in their children and we love it," says Nicole Elton, marketing and communications officer for Volunteers of America Northern California and Northern Nevada. "It's such a wonderful jump-off point – we've had so many volunteers who have come back to us year after year."

"It's the most popular time of year when people want to volunteer," adds Frank Kennedy, executive director of the Volunteer Center of Sacramento. "It's the holiday season and people want to help people less fortunate than them."

Whether you want to give of your time or money, there

are lots of ways you can help out those in need this holiday season right here in your own community. Here's a look at just a few!

Sacramento Food Bank & Family Services

You can start giving through the Sacramento Food Bank & Family Services' (SFBFS) Turkey Drive, to be held Friday, November 16, at 3333 Third Avenue (corner of 3rd Avenue and 33rd Street in Oak Park). According to Communications Director Kelly Siefkin, donations of fresh and frozen turkeys will be accepted from 4:30 a.m. to 7 p.m., which are then distributed to those in need the following Monday.

"It's so great – we have moms driving vans full of kids and after soccer practice they all go in and buy some turkeys, bring them down, and all the kids unload and drop off the turkeys," Siefkin says. "That may be the easiest way



Photo courtesy Sacramento Food Bank & Family Services.
A group of young women give back at Sacramento Food Bank & Family Services' annual Turkey Drive.

a family can start their holiday giving."

Then on Thanksgiving Day, families can get involved in the annual Run to Feed the Hungry. "That's a really good community thing to do with your entire family – it's truly become a holiday tradition for so many area families," Siefkin says. Both participants and volunteers are needed for the race, however, Siefkin says the minimum age to volunteer at

the Race is 18, and the minimum age to volunteer on Nov. 8 and 9 for race preparation is 16. *Editor's note: For more information on the Run to Feed the Hungry, see page 2.*

And on the Teen Service Day on December 10, teens ages 12-17 can help sort and organize clothing donations for SFBFS' Clothing Program. Siefkin says this is a great way for teens to spend time together, but also serve

the community. "They really enjoy spending that time here and making an impact in our community," she adds. Siefkin says volunteers ages 12-15 need to have a parent on-site during the event, and volunteers ages 16-17 can volunteer on their own with a parent's signature.

For more information:
Sacramento Food Bank & Family Services
Oak Park - Main Campus
3333 Third Ave.
Sacramento, CA 95817
(916) 456-1980
www.sacramentofoodbank.org

Volunteers of America Northern California and Northern Nevada

Part of Volunteers of America Northern California and Northern Nevada's giving opportunities includes a number of drives community members can donate to. For example, from now until Nov. 18 they will hold a Turkey and Turkey Dinner Food Drive for the clients living in their programs, says Elton. That includes donations of fresh or frozen turkeys and ingredients needed for a holiday meal, such as stuffing and mashed potatoes.

Following, VOA will be holding both a Hats, Gloves, and Scarves Drive to provide warm clothing for those

Give back: Seasonal and year round opportunities abound

Continued from page 12

living in its shelters, as well as a Stocking Drive. "We're asking people to purchase a variety of things that would make life a lot easier and more pleasant for the men, women, children, and youth in our program, things like pens and pencils, lip balm, flashlights, batteries, and a gift card so people who have specific needs can go and get those needs fulfilled," Elton explains.

VOA is also looking for families or groups to come and throw a holiday party for its various shelters. "It's the time of year when people are used to going and doing the family holiday parties, so this is a fun opportunity where a family can plan and host an entire party," Elton says. "We'd love for a family or group of families to come together, work with our volunteer coordinator, and plan just a fun holiday event."

In addition to giving, there's volunteer opportunities as well. Elton says in December VOA will hold Wrap-Up Parties where families can come and help wrap gifts and stuff stockings for the children, adults

and youth living in their shelters.

For more information:
Volunteers of America Northern California and Northern Nevada
Point West Plaza
1900 Point West Way, Suite 270
Sacramento, CA 95815
(916) 442-3691
www.voa-sac.org

Volunteer Center of Sacramento

The Volunteer Center of Sacramento (VCS) offers monthly Family & Teen Volunteering opportunities for kids ages 0-17. Kennedy says VCS developed this series after realizing it was difficult for youth to become involved in the community, since there can be liability issues or training involved. The monthly events are normally held on a Saturday for about three to four hours. "It's basically a great way for people and families to show up and volunteer – there's not a lot of prep work, not a lot of training that needs to go on," he explains. "It allows everybody an opportunity to get involved in the community."

On Saturday, Nov. 17, families and teens can volunteer at Harvest Sacramento, which Kennedy says is a program of Soil Born Farms that goes into parts of the community that have unharvested fruit trees or vegetable gardens. Once the food is harvested, it's then distributed to families in need.

On Saturday, Dec. 8, the Family & Teen Volunteer opportunity will focus on VCS' annual Adopt-A-Family program, which provides food and gifts for local, low-income families during the holiday season. On this day, Kennedy says volunteers will work on organizing and decorating the gift distribution center.

Kennedy says they are also looking for those that would like to adopt a family in need this year. "This year our goal is to get 500 families and 75 foster youth adopted, so we have a big chore ahead of us," he says. Community members can visit www.adoptfamily-sac.org for more information on the program and to select a family to adopt.

And for youth and families that want to volunteer all year round, they can search for volunteer opportunities just for youth 18 and under on VCS' website, www.volunteersac.org. Additionally, Kennedy says on the site families can download the Youth Volunteer Directory, which lists nonprofits that accept youth, as well as a "how to" volunteer guide for parents and teachers.

For more information:
Volunteer Center of Sacramento
1300 Ethan Way, Ste. 600
Sacramento, CA 95825
916-567-3100
www.volunteersac.org
www.adoptfamily-sac.org

Socks for Seniors

Socks for Seniors is an annual community service project where new socks are collected to be distributed to elderly in local area nursing homes around the holidays.

The program began Oct. 27 and runs thru Christmas. Community members can help by hosting a Sock Drive. Additionally, local area coordinators near Sacramento are needed to help with collecting socks this year.

For more information and to register, visit www.socksforseniors.com/register.html.

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See Give back, page 13

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Faces and Places: ARDEN NEIGHBORHOOD PLANTING

Photos by BILL CONDRAY
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56 Years of Christmas Tree Lane and building a community at Jesuit High School

Special to the Arden-Carmichael News

When the Loyola Guild of Jesuit High School holds its 56th Annual Christmas Tree Lane benefit on Nov. 26 and 27 at the Hyatt Hotel in Sacramento, tradition dictates that senior boys will step out of their comfort zone, onto the stage, and into the spotlight with their mothers on their arms to raise scholarship funds for their school.

"Men For Others" – the motto that teaches Jesuit students to embrace social responsibility and help others -- takes on a whole new meaning when students perform with their parents in a musical fashion show and in front of their peers. Legions of volunteers are needed to create the impressive holiday boutique and oversee Sacramento's largest fashion show event. The fundraiser that once provided the seed money to build Jesuit High School has also built a strong community in the process.

Hundreds of guests will dine at the gala dinner, breakfast and Ma-

donna luncheon. Known for years as "the lane", the boutique features a wide assortment of handcrafted gifts created by volunteers sewing, cooking, baking, candy making, and even learning the art of canning and making jam together throughout the summer and fall months. These might sound like chores from a great-grandmother's era, but there are many professionals who volunteer and relish the departure from their usual work.

And there is plenty of work to go around. In addition to all the materials and props needed to produce the show, a complete retail store must be set up and manned for two days before it is disassembled, carted away and stored for next year. Merchandise from area artisans and vendors also must be coordinated and staged inside the lane decorated with Christmas trees.

The orchestration of all this manpower throughout the year requires strong organization skills. Three Loyola Guild members serve

as co-chairs of the committee composed of multiple subcommittees. Current chairs, Victoria Sapunor, Kathleen Jones and Lisa Shanahan are experienced volunteers and career professionals in the areas of law, interior design and real estate, respectively. They understand heavy lifting is required for such an ambitious fundraiser, but they also see the powerful sense of community it provides.

"Christmas Tree Lane is such an enormous undertaking it would never be possible without the hundreds of tireless volunteers," says Victoria Sapunor. "Over the years, parents, students, alumnae, neighbors and general patrons have built and maintained this tradition. We are grateful to Virginia Larson and the other Loyola Guild women who had the energy and foresight to get this fundraiser and our school started."

Over the decades, the event has changed somewhat. Students and parents in choreographed musical numbers now replace the profession-

al models in haute couture evening gowns, and the centerpieces that original members proudly designed at no cost with foraged materials from their gardens and neighborhoods have been replaced with purchased holiday décor.

"What doesn't change with Christmas Tree Lane is the camaraderie and the opportunity for volunteers to work and get to know each other," says Sapunor. "We all come away from this experience exhausted but enlightened and hope we have shown our boys how good it feels to share the experience as part of a community working for others."

IF YOU GO:

No tickets are required for boutique shopping Nov. 26 5 to 9:30 p.m. and Nov. 27 8 a.m. to 3 p.m. Purchase dining/fashion show tickets in advance: Nov. 26 cocktails 6 p.m. and dinner 7 p.m. (\$110); Nov. 27 breakfast 9 a.m. (\$55) and lunch 12:30 p.m. (\$65). www.jesuithighschool.org/ctl.

CALENDAR

For more calendar entries, visit: www.valcomnews.com

Send your event announcement for consideration to: editor@valcomnews.com at least two weeks prior to publication.

NOVEMBER

JFK can food drive

Now until Nov. 16: The California Scholarship Federation at John F. Kennedy High School is hosting the annual KCRA Kids Can Food Drive! Cans can be donated during school hours to the front office. The Canned Food Drive runs until Nov. 16 and school hours are from 7:45 a.m. to 3:30 p.m. The school is located at 6715 Gloria Dr. in Sacramento. The CSF at Kennedy High School is working hard to help the community by collecting as many cans as possible!

'Into the Woods' St. Francis gala performance

Nov. 8: Sondheim and Lapine take recognizable fairy tales and intertwine them into a journey of discovery. Starting at 7:30 p.m., the gala performance will include delicious sweets and spirits during intermission, \$25.

Celebrating Our Veterans

Nov. 8: A VA Aid & Assistance Seminar at 10 a.m. that enables you to know if you qualify for this tax free pension that assists in covering your ongoing medical and care expenses. At 11 a.m., there will be a pancake breakfast while the 10-piece American Veterans Band plays their patriotic music. RSVP 929-3966 as space is limited, free event. Campus Commons Senior Living is located at 22 Cadillac Dr. Sacramento.

Financial elder abuse – free presentation at the Chateau

Nov. 8: Join Dawn Akel, California Licensed Private Fiduciary, and Juliette T. Robertson, state Planning Attorney, for a comprehensive presentation regarding financial elder abuse. These local professionals will discuss how to detect and protect yourself from financial elder abuse so you can reduce your risk of falling victim to a financial predator. The Chateau is located at 2701 Capitol Ave., Sacramento. Make your reservation by calling 447-4444. 3:30 to 4:30 p.m. www.chateaucapitolavenue.com

Classical Revolution performs:

Nov. 8: Classical music in a comfortable setting. Bows and Arrows, 8 p.m., free of charge. 1815 19th St., Sacramento.

SJUSD GATE families invited to info night

Nov. 8: Families of Gifted and Talented Education students are invited to attend an upcoming GATE Info Night, a great opportunity to obtain information about GATE programs and to network with other GATE parents from 5:30-6:30 p.m. at Schweitzer Elementary School, 4340 Glenridge Dr. in Carmichael. 979-8049 or accelerated@sanjuan.edu

'Into the Woods' St. Francis performance

Nov. 9, 10, 16, 17: Sondheim and Lapine take recognizable fairy tales and intertwine them into a journey of discovery. 7:30 p.m., \$15 adults, \$10 under 19. There will also be a matinee on Nov. 10, starting at 1:30 p.m. \$15 adults, \$10 under 19. 5900 Elvas Avenue, Sacramento, 452-3461; www.ticketguys.com/stfrancis

Bi-Polar Anonymous

Nov. 9: Free 12-step program/support group, for people who have Bi-Polar and those who love them. Meets every Friday, 7-8:30 p.m. 4300 Auburn Blvd., Room 106. (916) 889-5786.

Volkssport walking

Nov. 10: Come join the Sacramento Walking Sticks Volkssport Club! Monthly meetings held every second Thursday at 7 p.m. SMUD Headquarters Bldg., Conference Center, 6201 S St., Sac. Those who wish to walk before the meeting, meet at Starbucks, 1420 65th St., Sac. At 5 p.m. to walk a 3-mile walk to CSUS campus & back. Barbara Nuss (916) 283-4650 or (916) 691-7618 or nussb@surewest.net. Also www.SacramentoWalkingSticks.org

Emblem Club's annual holiday craft and gift show

Nov. 10: Find unique gifts and one-of-a-kind crafts, food and more from 9 a.m. to 4 p.m. at the Sacramento Elks Lodge No. 6, located at 6446 Riverside Blvd. For space information, call 686-0347.

Volunteer day at McKinley Park

Nov. 10: From 9 a.m. to noon, Friends of East Sacramento will work on a list of long-term projects and regular park maintenance. FOES will provide snacks, water and coffee to volunteers. While some equipment and garden supplies will be provided, volunteers are asked to bring a rake and broom if they have them. RSVPs are requested, though drop-in help will also be appreciated. Visit www.friendsofeastsac.org, email friendsofeastsac@aol.com or call 452-8011.

Fall Pie Social Open House

Nov. 10: From 1 to 4 p.m. at Campus Commons Senior Community. Everyone loves a great piece of pie, and you'll have three to choose from – all delicious. At 1 p.m. we'll enjoy the beautiful piano music provided by talented Doug Matson. Tours available throughout the afternoon. RSVP 929-3966 as space is limited

See more calendar, page 18



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– EVENT LISTING SECTION –

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Call (916) 429-9901 for rates.

<p>34th Annual "Holiday Show of Hands" CRAFT FAIR</p> <p>Friday, Nov. 30, 5-9 p.m. (\$3) Saturday, Dec. 1, 9 a.m. – 7 p.m. Sunday, Dec. 2, 9 a.m. – 3 p.m.</p> <p>Unique, hand-crafted gifts, decorator items, collectibles Hot Lunch – Shuttle from Elks Club</p> <p>St. John the Evangelist School 5701 Locust Avenue, Carmichael</p>	<p>Nutcracker in One Act & Christmas Angels</p> <p>Dec. 1, at 7 p.m., & Dec. 2, at 2 p.m. Crockett-Deane Ballet Company & Deane Dance Center "The Center" 2300 Sierra Boulevard</p> <p>\$15 adults; \$12 seniors/students & \$10 children. Tickets at the door & at Deane Dance Center 3385 Lanatt Street. (916) 453-0226</p>	<p>Annual Holiday Boutique Sierra Oaks K-8 School</p> <p>Saturday, Dec 8 – 10 a.m. to 3 p.m.</p> <p>Over 20 vendors & local business owners selling jewelry, clothing, decorations & specialty items. Sierra Oaks Café will have coffee, pastries, soup & salad.</p> <p>171 Mills Rd. Sac., Multi-Purpose Room Arden-Arcade Area Info: carla.halligan@gmail.com All proceeds benefit the children at Sierra Oaks School</p>	<p>Sacramento Emblem Club's – Annual – HOLIDAY CRAFT & GIFT SHOW</p> <p>Unique Gifts... One-Of-A-Kind Crafts Good Food at Reasonable Prices</p> <p>Space Info: 686-0347</p> <p>Saturday, November 10 9 a.m. to 4 p.m. Sacramento Elks Lodge No. 6 6446 Riverside Blvd.</p>	<p>Sacramento County Grand Jurors' Association An association of former Grand Jurors and citizens interested in the work of Civil Grand Juries.</p> <p>Fall Membership Meeting: Wed., Nov. 28, 11:30 a.m. – 1:30 p.m. Belle Cooledge Library: 5600 South Land Park Drive, 95822 Guest Speaker: Jill Levine, Sacramento County Registrar of Voters Lunch available for \$15. Reservations required. Information/reservation: emma.fravesi@pacbell.net</p>
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FAMILIES ANONYMOUS presents... Dr. Mark Choffa of Empathy Therapy "Finding Balance: Joy & Issues"
Ways to cope with adult children who are battling emotional problems or addictions.
Sunday, December 2nd, at 3:00 PM
Del Norte Club, 3040 Beccera Way, Sacto. 95821
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CALL AND PLACE YOUR EVENT TODAY!
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CALENDAR

For more calendar entries, visit:
www.valcomnews.com

Photo gift shows by P. Colmer
Nov. 10: Sacramento Elks Lodge No. 6, 6446 Riverside Blvd., (Florin and Riverside) 9-4 p.m., 916-261-3850

Sacramento's Involvement in the Civil War tour

Nov. 10: Sacramento, primarily a Union town, had many who fought in the Civil War, then headed west, to make their mark. How did Sacramento contribute to the Civil War and who were those who fought so bravely. The Historic City Cemetery has answers at this free tour. Parking is located across the street from the 10th Street gate. Tour starts at 10 a.m. Donations appreciated. 264-7839 or 448-0811. 1000 Broadway Blvd., Sacramento.

Alternative Christmas Market

Nov. 10 and 11: From 9:30 a.m. to 1 p.m. at Fremont Presbyterian Church, H St. at Carlson Dr., Sacramento. Several local and international charitable organizations will feature Benevolence gifts. Gift cards will be provided. Crafts from Third World countries will be on sale. Free admission. 452-7132 or visit <http://www.fremontpres.org/>.

'For Colored Girls Who Have Considered Suicide When the Rainbow is Enuf' to be presented at CSUS

The innovative choreopoem for Colored Girls Who Have Considered Suicide When the Rainbow is Enuf will be presented in Sacramento State's Playwrights Theatre on the campus at 6000 J St. The play weaves dance and poetry to express the struggles of

different women. Performances are at 8 p.m. Nov. 1, 2, 3, 9 and 10; 2 p.m., Nov. 4 and 11; and 6:30 p.m., Nov. 7 and 8. Tickets are \$5-\$12 and available at the University Ticket Office, 278-4323. Contact: 278-6368.

Living History Event of Tuskegee Airmen

Nov. 10: This event offers a rare opportunity to meet our Original Tuskegee Airmen, the Real American Heroes portrayed in the recent film, 'Red Tails', produced by George Lucas. Dance to the music of 'Mercy Me', and enjoy a delicious meal provided by PF Chang's. \$60 in advance, \$80 at the door. Event goes from 6 to 10 p.m. at the California Aerospace Museum, located at 3200 Freedom Park Dr., McClellan, Calif. www.taisac.org, 471-6505.

Veterans Day Parade

Nov. 11: All military veterans are invited to participate. The parade begins at 10 a.m. at Lot "X" at 3rd and N Street and follows a route northward on 3rd Street to Capitol Mall, east on Capitol Mall to 9th Street. It then follows south on 9th Street where the parade will disband. Third Street will be closed from 10 - 10:30 a.m. for the parade start. A program will follow at Capitol Mall at 11 a.m. Grand Marshal this year is Gunner Sergeant Nicholas Popaditch, known as the "Cigar Marine."

Dragon multicultural arts and crafts faire

Nov. 11: From 9 a.m. to 3 p.m. at the Riverside Elks Lodge, 6446 Riverside Boulevard, Sacramento, CA 95831. For more information, call the Asian Pacific Community Counseling's office at: (916) 383-6783 and ask Ashelee Saelee.

Alternative Gift Market

Nov. 11: Market featuring Fair Trade items from around the world including jewelry, Christmas decorations, global nativities, scarves, chocolate, coffee, figurines, just to name a few selections from 11 a.m. to 1 p.m. at Northminster Presbyterian Church, located at 3235 Pope Ave. 487-5192 or visit northminsteronline.org.

Military Family Day at the Zoo

Nov. 12: From 10 a.m. to 4 p.m., in appreciation for our troops, all military personnel, veterans and their families receive a 50 percent discount on Sacramento Zoo admission with a valid military identification card. Open from 9 a.m. to 4 p.m., general admission is \$11.25; children ages 2-11 are \$7.25 and one and under are admitted free. Parking is free throughout the park or ride Regional Transit bus No. 6. For information, call 808-5888 or visit sac zoo.org.

Rotary Clubs of Arden-Arcade, Carmichael

Nov. 13: Guest speakers address local, regional and international topics. Visitors welcome, every Tuesday. Arden-Arcade meets at noon, Jackson Catering and Events, 1120 Fulton Ave. (916) 925-2787. Carmichael meets at 6 p.m., Palm Street Pub & Grill, 6416 Fair Oaks Blvd. www.rotary.org.

Soroptimist International of Sacramento North meeting

Nov. 13: An organization for the betterment of women and children meets at the atria El Camino Gardens at 2426 Garfield, Carmichael. Call Sheila at 624-4643.

'The Holiday Season: The Trials and Turmoil'

Nov. 13: Janelle Gerber MS family and addiction counselor, will speak on finding joy—"The Holiday Season: The Trials and Turmoil" that can create difficulties when emotional problems or addiction issues befall a family. Come with questions. Located at Del Norte Swimming & Tennis Club, 3040 Becerra Way, Sacramento, 95821. Free. 402-2465.

Rotary Club of Pocket/Greenhaven

Nov. 14: Guest speakers address local, regional and international topics. Visitors welcome. 7:30 a.m., every Wednesday. Aviators Restaurant, 6151 Freepoint Blvd. (916) 684-6854.

Crochet Guild

Nov. 14: Crocheters of all levels of ability and all ages are invited to join the Sacramento Crochet Guild. Learn new crochet techniques, exhibit at State Fair, do charity work. Mentoring program. Show and tell. Mini classes. Library and newsletter available. Club member of the Crochet Guild of America. Meets the second Wednesday of the month at 6:30 p.m. Seniors: \$6/yr. Enter from parking lot. Church of the Cross, 45th & H streets, Sac. Karolyn (916) 457-4044

Referrals Plus

Nov. 14, Dec. 12: Referrals Plus, a women's networking group, helps women in business with connections, resources, promotions and ideas. We meet the 2nd Wed. of every month. 12:15 p.m. for meeting/luncheon in Greenhaven area. RSVP required. www.referralsplus.org

East Sac Rotary

Nov. 14: Meets at noon, Evan's Kitchen, 855 57th St. Sacramento. www.eastsacrotyary.com.

JFK fall concert

Nov. 15: Starting at 7 p.m., the auditorium will host the jazz band, choir and orchestra at the high school's fall concert. 6715 Gloria Dr., Sacramento.

'Go Further with Ford Night'

Nov. 15: A free fundraising event that will benefit the Rebuild McKinley Playground effort, engaging consumers in the final "Random Acts of Fusion" adventure and offering them a chance to see the all-new 2013 Ford Fusion in person. The public will have an opportunity to test their judging skills with American Idol and compete to win a unique VIP experience during the show's 12th season. For each person who attends Go Further with Ford Night, Ford will donate \$10 and Downtown Ford will match the contribution for a total of \$20 for each person who attends - to Rebuild McKinley Playground. 442-6931.

Faces and Places: Spooktacular

Photos by BILL CONDRAY

It was dark and spooky night on Saturday, Oct. 27 at the Swanston Community Center, located at 2350 Northrop Ave. The scene was black, gruesome and playful with skull bowling and a haunted house for children. Some participated in a costume contest and the center offered crafts.



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PENDING

DESIRABLE SHELFIELD

4 bedroom 2½ bath home in wonderful Carmichael area close to American River Parkway. Features include open floor plan, formal dining room and breakfast nook, dual pane windows, 2 HVAC units and solar heated pool! Spacious lot with area beside garage for parking, RV space and more. \$549,000

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Beautiful Italian-style home on almost 3 acres! Built in 2001, with all amenities you would expect and the added advantage of living close to everything with the privacy most people crave. The home and pool sit on 1.83 ac., the barn and dressage area are on a 2nd lot of 1.12ac. 4 bedrooms 4½ baths. \$1,695,000

CARMAH HATCH 765-6210



BEAUTIFUL DEL DAYO ESTATES

3 bedroom 3½ bath with open floor plan perfect for entertaining! 2 master suites, kitchen features granite counters and stainless appliances. Windows and french doors showcase the landscaped yard with pool, fountain, courtyard and patios. Easy access to American River Parkway. \$699,000

LINDA WOODS 802-8042



NEW CUSTOM HOME

Located in a small gated community of only 3 custom built homes on a 1.185 acre lot in prime Carmichael location. 4 or 5 bedrooms 3½ baths this amazing home features 2 masters, theater/game/bar room, hardwood floors, natural stone, venetian plaster, gorgeous granite and much more! \$1,195,000

MONA GEGEN 247-9555



CUSTOM SANTA FE BEAUTY

Breathtaking views and grounds, plus an elegant yet casual home that is perfect for entertaining. Detached 2 bedroom guest house with it's own private patio. The 4 bedroom 2 bath home has soaring ceilings and walls of glass, stone patios and amazing wrought iron railings and gates. \$1,825,000

CARMAH HATCH 765-6210



CLASSIC ARDEN PARK

3 bedroom 1½ bath home with all the original charm including a wonderful brick exterior and hardwood floors. Located on a .24 acre lot; separate 2-car garage sets back on the lot. Approximately 1502 sq. ft. of living space per seller which includes the service porch. Wonderful location with Cresta Park right down the street. \$349,000

CHRIS BALESTRERI 996-2244



LOVELY SIERRA OAKS

3 bedroom 2½ bath ranch style home with formal living and dining rooms plus a separate family room featuring wood vaulted ceiling and 2 skylights. Fabulous Sierra Oaks neighborhood with wonderful neighbors just across the street from the American River and the parkway. Don't miss it! \$499,000

GEOFF ZIMMERMAN 447-1124



SHELFIELD ESTATES

5 bedroom 3 bath home on a quiet street in great location! 3,343 square foot beauty has an open floor plan, hardwood floors, and kitchen family room combination. Lovely backyard with fenced pool area, play area, eating area and even a covered sitting area with TV hookup. \$595,000

CARMAH HATCH 765-6210



PENDING

LAKE WILHAGGIN

Fabulous single story facing Lake Wilhaggin. Gorgeous soft contemporary style home...the master suite is huge with large (16x9) retreat area and gigantic walk-in closet. Lovely kitchen and family room combo feature tons of windows and high ceilings. Property is a one-of-a-kind beauty! \$935,000

CARMAH HATCH 765-6210

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