ARDEN-CARMICHAEL NEWS

December 13, 2012 Community News in Your Hands www.valcomnews.com

'Woodturners' give back to Arden area students

See page 10

Lance Armstrong history feature
See page 4

FACES AND PLACES: FULTON AVE. CHRISTMAS TREE LIGHTING, PAGE 21 • COMMUNITY CALENDAR, PAGES 22–23



Whitney Ave. students recognized for recycling
See page 2

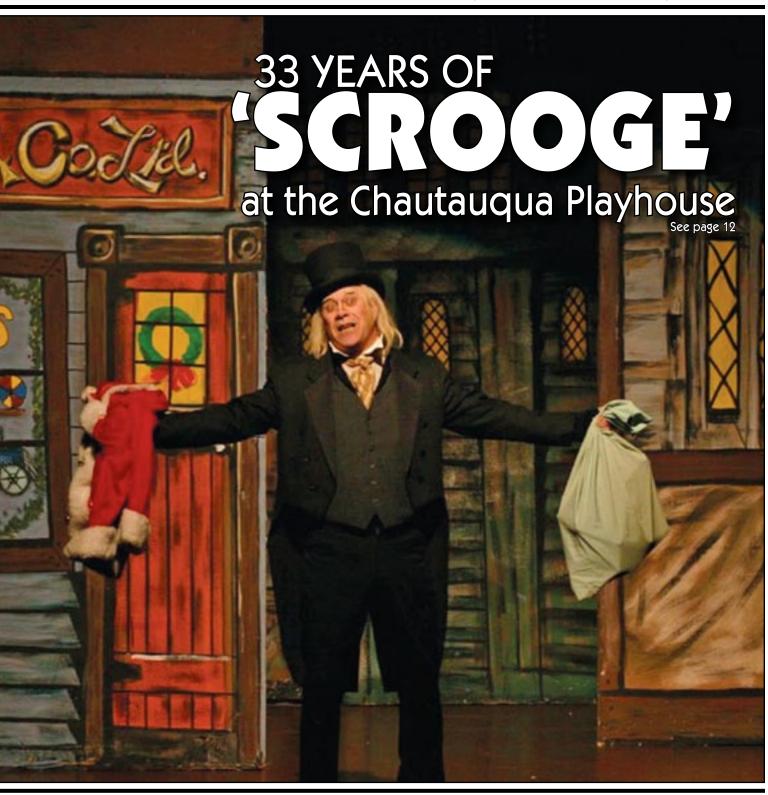


Serialized



Carmichael entrepreneur starts new biz

See page 8





ARDEN-CARMICHAEL NEWS

E-mail stories & photos to: editor@valcomnews.com

Arden-Carmichael News is published on the second and fourth Thursdays of the month and is delivered by mail and home delivery. Newspapers are also available in stands throughout the area.

George Macko General Manager Kathleen Egan .. Monica Stark Art Director .. John Ochoa **Graphic Designer** Serene Lusano ...Patty Colmer

Linda Pohl, Melissa Andrews, Jen Henry

2709 Riverside Blvd t: (916) 429-990 f: (916) 429-9906

Nancy Arndorfer Serving the Sacramento area for over 30 years 2002 Realtor of the Year

(916) 838-1763 narndorfer@GoLyon.com DRE#00443547

2004 SAR President









Blockhouse

www.BlockhouseModern.com blockhouseSacramento@amail.com 1215 18th Street @ Scout Living Midtown Sacramento, CA 95812 (916) 594-7971

Designer Serene Lusano and craftsman Alan LaGuardia are the couple behind Sacramento's Blockhouse Modern. In 2010, the couple took a collective love of mid-century modern furniture and housewares to create the company dedicated to restoring and re-purposing all things 1950's, 60's, and beyond.

Since June 2011, Blockhouse has sold exclusively at Sacramento's premier Mid-Century boutique, Scout Living. Here, they are able to bring one-of-a-kind items to a wide audience among like-minded dealers in a great midtown location.

Whitney Ave. Elementary students reap rewards for recycling

ican Chemistry Council (ACC), Keep California Beautiful (KCB) and the Sacramento Regional Conservation Corps (SRCC) today announced the winner of the Read, Write, Recycle! Challenge, a recycling contest for students in the San Juan and Natomas School Districts that teaches the importance and value of recycling. Students from Whitney Avenue Elementa-

ry School emerged as the grand-prize winners after collecting and recycling 1,124 pounds of plastic, aluminum, glass and paper during the five-week contest. Today, the students received the \$1,000 grand prize for their achievement. Along with the grand prize, one participating school in each of the two school districts was awarded a district level prize of \$500. Witter Ranch Elementary School claimed victory in the Natomas School District and Whitney Avenue Elementary won in the San Juan School District.

In total, the six participating schools helped recycle a grand total of 2,892 pounds, more than one ton, of materials throughout the competition, including 467 pounds of plastics. The six participating schools included: Natomas Park Elementary, Heron School, H. Allen Hight Elementary, Greer Elementary, Witter Ranch Elementary and Whitney Avenue Elementary.

"The students at all of these schools should be proud of what they have accomplished by being part of Read, Write, Recycle!," said Dr. Pan, a local pediatrician and State Assemblymember. "They should also know that, by recycling, they are connected to a larger effort to protect our environment, creating a healthy planet and healthy futures."

"The efforts of the students in the San Juan and Natomas School Districts are phenomenal. The more we can do to spread the word about recycling among kids, the more kids can To learn more about Read, Write, Recycle!, please take that knowledge and apply it in their ev- visit 2valuable2waste.com.

Dr. Richard Pan (D-Sacramento), the Amereryday lives," said Steve Russell, vice president of ACC's Plastics Division.

"It's amazing how much our students, as well as the staff, learned about recycling by participating in this program," said Vincent Arias, principal at Whitney Avenue Elementary. "Educating and involving students in recycling at the elementary school age will help ensure that they will continue recycling as they

A total of 165 elementary school classes from the six schools participated in this fiveweek recycling challenge. In total, more than 4,300 students participated in the program, learning valuable lessons about recycling.

"The Read, Write, Recycle! Challenge has been a welcome addition to our ongoing conservation efforts and work training program," said Dwight Washabaugh, executive director of the Sacramento Regional Conservation Corps. "Partnerships like these help ensure that the SRCC can provide the kind of onthe-job career experience that our corps mem-

The Read, Write, Recycle! program was first conducted in February of 2012 in San Gabriel County where 1,500 students recycled more than 11,000 pounds of materials. Building on the success of this initial program, Assemblymember Dr. Pan and the partners brought the competition to Sacramento in the fall of 2012.

Read, Write, Recycle! is the latest recycling effort supported by ACC under the Plastics.

Valuable to Waste. Recycle.™ campaign. ACC also works with LA's BEST, an after-school enrichment program in Los Angeles, to educate students about recycling, and ACC is a key sponsor of Recycle. Goal., a recycling contest between young soccer players in Southern California and the Central Valley.







Call us to tour!

Holly Brickner 215-7127 **Brick Brickner** 747-2901

> rickner@GoLyon.com LYON REAL ESTATE

DRE#01076748 | DRE#0123611

THE CARMICHAEL CHAMBER OF COMMERCE

"There's No Business Like OUR Business"

6825 Fair Oaks Blvd. #100, Carmichael • www.carmichaelchamber.com • 481-1002

EVERY 4TH TUESDAY OF THE MONTH:

Luncheon – Cypress Baptist Church • 5709 Cypress Avenue, starts at 11:30 a.m.



Call Patty for information about advertising in this section.

916-429-9901

www.valcomnews.com

VALLEY COMMUNITY NEWSPAPERS, INC.

Serving The Carmichael Community Since 1916



(916) 483-2452 • www.carmichaelwd.org

enior Independent Retirement Community with many amenities



- Fine Dining On-Site/Local Activities
- Big Screen TV Laundry Facilities Medical Appointments – Our Bus Service
- Grocery Shopping
 - Bank and Local Shopping
- Full Beauty Salon (Men & Women)

The Place You'll Love To Call Home.



For Complimentary Tours (916) 486-3533 www.theatriumofcarmichael.com

FREE TRAVEL SHOW

NEW TOURS FOR 2013-2014

Join us! Wednesday January 2, 10am





MISSION OAKS COMMUNITY CENTER 4701 GIBBONS DRIVE, CARMICHAEL (916) 972-0336

WWW.MORPD.COM





Now also offering - Assisted Living & Memory Care 8350 Fair Oaks Blvd. • Carmichael, CA 95608 (916) 877-7633



A Senior Living Community 916-489-0343

5120 Marconi Ave, Carmichael, CA 95608

www.milagroinvestments.com

 Pool & Spa On-Site Management

Near Public Transportation

Amenities

• Flexible Leasina Gated Complex

• Community Clubhouse

Designer Comfort

2 Bedroom 2 Bath Units1 Bedroom 1 1/2 Bath w/Den

Modern Kitchens Garbage Disposal & Dishwasher Wet Bars

Washer & Dryer in Every Unit

Private Patio or Balcony

Ample Parking & Lighted Carports

Pardee's Cameras owner to celebrate 35th anniversary

By LANCE ARMSTRONG

Editor's note: This is the seventh part of a series regarding the history of the "four corners" of Watt and El Camino avenues.

As this series regarding the four corners of Watt and El Camino avenues was reaching its fourth corner, it was brought to the attention of this publication that one of the north area's longtime continuously operating businesses was about to celebrate a milestone under its current ownership.

This business, Pardee's Cameras, from San Jose in the mid-1920s. was acquired by Manfred Kallweit 35 years ago this Saturday.

signed the paper (for the transfer- 1318 J St. ring of the business's ownership) on Dec. 15, 1977."

Although not precisely on the northwest corner of Watt and El Camino avenues, this business is only separated from the corner by 1018-1020 K St. the small street, Yorktown Avenue.

The story of Pardee's Cameras, which was originally known as John Pardee Photographic Supplies, began in 1946.

The store, which became the north area's first photography shop bookkeeper.

with its opening on Nov. 29, 1946, was originally located in Town and Country Village at 2417 Marconi

Eventually under John Pardee's proprietorship and later during the early part of Manfred's ownership, the shop was recognized as one of The Village's longest operating busi-

John, who resided with his wife, Norma, at 3201 Bonita Drive, near Del Paso Country Club, where he maintained a membership, was originally from Nevada.

He made his way to Sacramento

In about 1927, he was residing with his wife at 1441 51st Street In remembering that moment, and working as a bookkeeper at the Manfred said, "We agreed and we Ehmann-Kohler Stationery Co. at

John and Norma and their daughter, Barbara, moved to 1567 32nd Street in 1929 and by the following year, John was working as a bookkeeper at Lavenson's shoe store at

In 1933, John and Norma's second daughter, Nedra, was born.

While residing at 3400 H Street in 1935, John became Lavenson's credit manager. But three years later, he was once again the company's was established with 19 members in



This recent photograph shows the interior of Pardee's Cameras, which carries a wide variety of cameras

Call Today for an Appointment!

(916) 944-1120

USE YOUR DENTAL

INSURANCE

BEFORE IT EXPIRES

John left his job at Lavenson's in 1938 to become a clerk at Douglas Osborn Photo Supply at 1207

This Kodak shop operated at that site from 1937 to 1941, at which time it was relocated to 1025 12th St. The business, which moved to 1231 K St. in 1946 and was last known as Osborn's Cam- St. era Center, continued to operate until 1955.

Prior to his time working for Osborn, John co-founded the Sierra Camera Club of Sacramento, which the spring of 1936.

On Dec. 8, 1936, while serving as the club's president, John was presented with a trophy in honor of his accomplishment of earning the most points during the year for the exhibition of prints in the amateur class. The presentation was made by the club at the Consumers' Ice & Cold Storage Co. clubroom at 300 9th

On the evening of Aug. 25, 1938, while John was serving as the club's director, members of the club met at Osborn's shop and then adjourned to John's home for a supper meeting

See Pardee's, page 5

Pardee's: Store is museum-like

with the main dish of wein-

During the gathering, Florence Keemer of 5253 22nd Ave. spoke about flower arrangements. Her speech was accompanied by a Kodachrome slide show.

In 1939, John moved to Calif. Route 5, Box 8520, along Fair Oaks Boulevard.

John, who became the assistant manager of Osborn's shop in 1940 and later worked at this business at separate times as the manager and as a salesman, continued to work at the shop until he established his own business.

change of address, as the address became 2617 Marconi

And about five years later, John Pardee Photographic Supplies was operating in a different location in The Village at 2922 Fulton Ave.

During its time in The Village, the business expanded its floor area by four times its or 73 at the time," Manfred original space.

East Prussia, Germany and tiring?' I'm saying that about was one of the seven children of Gustav and Hedwig Kallweit, said that he immigrated told him that I was interested to the United States with his in his store and that I could then-wife, Ulrike, 12 years prior to purchasing John Pardee Photographic Supplies.

Stephanie Slagel CLU, Agent

Insurance Lic#: 0C34763 6130 Fair Oaks Blvd, Suite E

Bus: 916-485-4444 Fax: 916-485-5629

In being that Manfred had gained a love for photography through his father who owned and operated a photography studio in his hometown of Tilsit, after arriving in America in 1965, he worked in a camera store in Bishop,

Two years later, Manfred, who completed his photography apprenticeship in Germany, was operating a European camera store that was built for him by the McCurry Camera Co. in The Crossroads shopping center at 5770 Freeport Blvd.

The store, which was known In 1950, John's shop had a as Kamera Haus, was in operation from 1967 to 1971, at ed by Manfred, Ulrike and it feels like to be surrounded which time Manfred began managing the McCurry store in Arden Fair Mall.

In recalling his negotiations with John in 1974, Manfred said, "I knew there was this camera store in Town and Country Village and there was an older owner and he was 72 said. "I said. 'Why is he still in Manfred, who was born in there when he should be rehim and I'm doing it still. I'll be 72 this month. Anyway, I start there as a manager and then he could sell it to me. He

was delighted."

The beginning

relationship.

So how do you really know

your "bargain" insurance isn't

going to cost you big if you have

an accident? Talk to someone

who knows: me. I can help

you make sure you have the

State Farm

coverage you need while saving you money in the process. GET TO A BETTER STATE".

of a "savingful"

Town and Country Village by 1983, Manfred relocated the type camera store. business to a 1,000-squarefoot space at 3333 Balmoral Drive. After about 12 years of op-

store, Manfred, in desiring to expand his store, moved the shop to its present, 4,000square-foot location at 3335 El Camino Ave.

The current store site was originally divided into three store spaces in its pre-Pardee's days, but it was made into its larger space when Country Club Family Billiards, with its 16 tournament tables, opened at that location in 1967.

several employees, has con- with cameras that are over tinued its success at its present location despite chalmarket.

Pardee's Cameras, which has a strong reputation for

Because he could no longer vice and its offering of quali- by 10 (inch) format cameras afford to operate the store in ty cameras and accessories, is also recognized as a museum-

The store includes a large display of historic still photography and moving picture cameras, which Manfred erating the Balmoral Drive said he collected to set his ny from Germany that inventstore apart from other camera stores.

> "I've been into photography and cameras all my life and I wanted to have not just an ordinary camera store like vou see everywhere, but something special," Manfred said. "People come in and make remarks in awe of what they see. 'Is this a camera store or what?' they say. They can't believe 100 years old."

And in describing some of lenges created by a changing these cameras, Manfred said, "The history-making wooden, brass cameras up there are success (of Pardee's). It's my super neat and made in Engits emphasis on personal ser- land. They're large 8 (inch)

that were made around 1925. That big, black machine in the center is a (35 mm) manually operated, movie film projector that was made in about 1915. We have a lot of Leica cameras, a pioneering compaed 35 millimeter photography. We have a collection of over 100 of those. They were made by the Leitz company. There's also an old Kodak box camera from 1896. I bought (the cameras) at swap meets and people came in donating them at times and were trying to sell them. There are hundreds and hundreds (of cameras) and about 20, 25 movie cameras, and a tremendous The store, which is operat- it what this looks like, what variety of movie projectors, as

In speaking about the anniversary of his business, which has 35,000 loyal customers in its database, Manfred said, "I'm proud of the profession, its my hobby, it's

Thinking of **Changing Banks?**

√ Check the El Dorado Advantage



- with Interest
- √ FREE Direct Payroll Deposit Checking
- √ FREE Internet Banking with Check Images
- √ FREE Online Bill Payment
- √ FREE Mobile Banking
- √ FREE Telephone Banking
- √ VALUE Checking √ Interest Checking
- √ Investors Money Market Checking

- √ Business Checking
- √ Gold Money Market Savings
- √ Purchase & Refinance Loans
- √ Fixed & Adjustable Home **Equity Line of Credit Loans**
- √ Friendly, Personal Service at No Extra Charge
- √ 35 ATMs at El Dorado Branches
- √ Consistently Awarded the Highest 5 Star Rating by Bauer Financial Reports as One of the SAFEST and STRONGEST Banks in the U.S. Since 1993

Serving our local communities for over 54 years

www.eldoradosavingsbank.com

FDIC

CARMICHAEL • 4701 Manzanita Ave. • 481-0664

Se Habla Espanol • 800-874-9779





- General and Cosmetic Dentistry · Digital X-Ray and Intraoral Camera
- · Crowns, Veneers, Bridges and Dentures · Free Consultation for Braces & Invisalign
- · Cerec crowns completed in as little as one appointment
- Senior Discounts

8329 Fair Oaks Blvd. Suite D, Carmichael, CA 95608 (between Manzanita Ave and San Juan Ave)

www.CarmichaelSmile.com

All services provided by General Dentists. Members of Amrican Dental Association, California Dental Association, Sacramento District Dental Society and International Association for Orthodontic

Participating Provider for Delta Premier, Delta PPO, Metlife, Premier Access and Many More Insurance Plans.

\$40 EXAM AND X-RAYS and a consultation. Only valid for non-insured patients. Restrictions apply.

ot valid with any other offers. With coupon. Expires 12-31-12.

\$79.99 WHITENING

Valid for new patients with PPO dental insurance policy only. Restrictions apply. Not valid with any other offers. With coupon. Expires 12-31-12.

COMPREHENSIVE **ORTHODONTICS** TREATMENT

Valid only for new patients with PPO Insurance Policy. Low down payments, monthly payments as low as \$100, in office financing based on treatment contract 1101234 State Farm, Home Office, Bloomington, IL.

Arden-Carmichael News • December 13, 2012 • www.valcomnews.cor Valley Community Newspapers, Inc. www.valcomnews.com • December 13, 2012 • Arden-Carmichael News

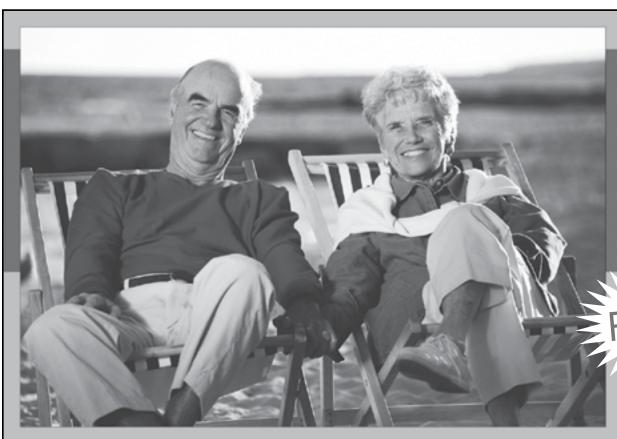
Home

- -Antiques
- -Vintage
- -Gifts
- -DIY Classes



(NEXT DOOR TO BOB'S CYCLE CENTER) WEDS & THURS 11-6, FRI - SUN, 11-5

- WWW.THETREASUREDHOME.COM -



We Have Good News

Dental work does not always have to be just beyond what you can afford. We now have modern materials that can be used to rework and repair old dentistry for half the price of new appliances. We have some materials that can last a lifetime. It is amazing what can be done. Call us today and discover the good news!

SENIOR DENTAL CARE

Affordable Dentistry Reduced Fees For Seniors ONLY

> Denture Cleaner Bath For all new patients

Kosta J. Adams DDS, MAGD, FICOI #2 Scripps Drive, Suite 307

Call 927-0800 Today Visit smilerestoration.com

Arden residents gather citrus for Harvest Sacramento

late November and early tor. December, massive amounts turning from their "hidden" ing food source is still hid- Achtelik said. den in plain sight—grocery stores and farmers markets and abilities can provide sell massive amounts of this meaningful contributions. same fruit, while our tru- Harvest Sacramento is as ly "local" fruit falls to the interested in bringing peoground to rot.

donated with the help of 800+ volunteers.

leaders said after today we event meals. Young kids vest Sacramento. would start noticing fruit can help move buckets and trees everywhere, and he sort fruit...we need people For more information or to was right! I can't stop wanting to get out of car body can help—that is the Farms' Harvest Sacramento, when driving by someone's house and ask if I can harvest their fruit," said Annal- the project is still look- or contact Randy Stannard, iese Achtelik, Arden Arcade volunteer.

One of the goals for this coming citrus season is to have neighborhood-based teams help coordinate the harvesting activities in the areas where they live. Harvest Sacramento received a large donation of harvesting tools, so teams can have access to their own set. In addition to tools, Harvest Sacramento will provide training, outreach materials and staffing support to help get teams started. "This can start with one motivated individual, a student community service project, a family or a neighborhood association and at any scale. There is no one right way to do it. It is easy, fun and has tangible results" said Randy Stannard, Harvest Sac-

Every winter, starting in ramento Project Coordina-

Achtelik said she sees a of citrus fruit begin to show lot of fruit go to waste in themselves on front yard my neighborhood and see and backyard trees through- Harvest Sacramento as out Sacramento. Lemons, an opportunity to help put limes, grapefruit, orang- a stop to that. "As somees and kumquats all begin one who is enamored and spoiled with fresh produce, dark green color towards I want others to be as lucky ripeness. For most people as I am and have plenty of in our area, even with the fresh fruit, that they maybe color change, this amaz- couldn't afford right now,"

ple together and building Soil Born Farms' Har- community relationships vest Sacramento has been as they are in harvesting organizing neighborhood fruit. Randy Stannard residents for the past four added, We don't just need years to not only help peo- people to get up on ladders to harvest this winter, they ple see this fruit, but to and pick fruit. We can al- are also looking for stone harvest the fruit and dis- ways use volunteers who fruit, apples, pears, figs, tribute it to local food as- like to enter data, organize pomegranates, and persimsistance agencies like Sac- and help with the coordiramento Food Bank and nation efforts via computer pick up pre-harvested fruit Family Services. In 2012 and phone. We need peo- and vegetables as well. It alone, over 53,000 pounds ple to walk neighborhoods is easy to offer fruit from of fruit was harvested and and find trees to harvest, your tree or garden photographers, videogra- they have an online form phers, bloggers, and cooks on their website or give a "When one of the group to make food for post- phone call or email to Harto drive vehicles. Every- get involved with Soil Born beauty of it!"

> ing for more fruit trees to stannard@soilborn.org or harvest. Harvests take (530) 204-8082.

Volunteers of all ages

place year-round, so while they are looking for citrus mons. They are willing to

visit their website, www.soil-In addition to volunteers, born.org/harvestsacramento



Local Mortgage Bankers



DO YOU OWE MORE THAN YOUR HOME IS WORTH ..

...and want to take advantage of the historically low interest rates?

NOW IS THE TIME TO REDUCE YOUR PAYMENT OR TERM!

Call to see if you are eligible today!

Dave Mendoza 916-977-1227 direct 916-768-5231 cell

If anyone you know is purchasing a home, have them call me today!

CALL DAVE TODAY! 😩

Now taking centerpiece orders!

Carmichael Vintage Christmas 483-8511 5907 Fair Oaks Blvd Carmichael, CA.

www.carmichaelFlowers.com carmichaelFlowrs@aol.com



Call Patty at (916) 429-9901

www.valcomnews.com

EAST LAWN MEMORIAL PARK

4300 Folsom Blvd.

Sacramento, CA 95819

916-732-2000

Compassion and Integrity Since 1904."

EAST LAWN

SIERRA HILLS

MEMORIAL PARK AND

EAST LAWN MORTUARY

5757 Greenback Lane

FUNERAL DIRECTORY

EAST LAWN FD136 EAST LAWN ANDREWS & GREILICH

MORTUARY 3939 Fruitridge Road

Sacramento, CA 95820 "Ready to provide guidance at a difficult time."

916-732-2026

EAST LAWN ELK GROVE MEMORIAL PARK AND MORTUARY

9189 East Stockton Blvd. Elk Grove, CA 95624 916-732-2031

Sacramento, CA 95841 916-732-2020 "Knowing that professional guidance

is always by your side" FD1242

Harry A. Nauman & Son 4041 Freeport Blvd (Dignity) Sacramento, CA 95822

(916) 452-6157 Serving Sacramento Families since 1903 Pre-arrangement packages available.

A Local Family-Owned Funeral Home

Serving Sacramento Since 1964 916.482.8080

LIND BROTHERS

Arden-Carmichael News • December 13, 2012 • www.valcomnews.com Valley Community Newspapers, Inc. www.valcomnews.com • December 13, 2012 • Arden-Carmichael News **7** Valley Community Newspapers, Inc.

Carmichael entrepreneur brings new innovation to the Bates labeling business

Paralegal turns adversity into a new business opportunity that could improve Bates labeling permanently!

After 30-plus years as a paralegal, Carmichael resident Sharon Self-Griswold was laid off from her job in early 2010.

Like many Americans, after a year of unemployment, Self-Griswold found a job paying a fraction of her previous salary and went back to work. While adjusting to her less than optimal role, an attorney at her new firm asked if she would Bates label a few hundred documents for him.

If you don't know what Bates labeling is, you've never worked in a legal office, a dental or medical office, with contracts or academic records, or in insurance claims or in any profession that requires the sequential numbering of documents for ease of identifi-

thing your school librarian would use when you would check out books. Think of that, but replace the rubber pad with rotating number plates that increase in numerical order with every depression of the stamp. It's loud. it's messy and it's inconvenient.

Self-Griswold knew exactly what was being asked of her and didn't want to disrupt the other people in her office. She also didn't want to ruin her clothes if any ink sprayed from the Bates machine. She had already ruined countless of outfits when refilling the archaic, 100-year-old Bates machine during her career, and didn't want to ruin any more. With the Bates machine, if the ink isn't allowed to soak into the pad, then globs of it spray everywhere when depressed. Instead of using the Bates machine, she setup a

Think of the Bates machine as that template on her computer and printed labels from her PC for the task

> This took hours, and when she finally finished, she realized the documents needing to be numbered had been written on, which would require her to redact the handwritten notes before applying the sequentially numbered printed labels. If this sounds familiar, it's because the practice of Bates labeling documents goes on every day in the United Stated and around the

> In fact, according to the Judicial Center for Courts, in 2009 over 110 million new lawsuits were filed in the United States. Every case has documents that need to be Bates labeled. When all of the other industries that utilize Bates numbering are taken into account, literally hundred of billions



See Labeling, page 9

Advertise in these papers: Arden-Carmichael News, East Sacramento News, **Land Park News, Pocket News**

Introductory offer for new advertisers

Call (916) 429-9901 TODAY!

MENTION THIS AD FOR APPLIED DISCOUNT

Not valid with any other offer. Expires 3/31/13

Senior Services Resources

Call Melissa (916) 429-9901

ESTATE PLANNING

The Law Offices of Richard A. Lewis

ASSET PROTECTION
Using a Combination of Revocable Living Trusts
Credit Shelter Trusts
By-Pass Trusts • Charitable Remainder Trusts
Off-Shore Trusts and Asset Protection Trusts

et Protection errors are catostrophic - Peace of mind is everything. 916.446.4141

LOVING COMPANIONS

Loving Companions Senior Services

REAL ESTATE SERVICES

Moving On?

FREE Real Estate Help & Advice

tailored to seniors & their familes

Contact John Woodall, GRI

(916) 421-5421

✓out my blog at: aSeniorsBlog.com

niors Real Estate Specialis

Specializing in 24/7 Live-In Service

Excellent Rates & **Discounts**

YOUR AD SHOULD BE HERE!

Call Melissa today! **Your services** are needed. Your ad should be here. Ad design is free.

Call 429-9901

DOCUMENT PREP SERVICES

LIVING TRUST/LIVING WILL **Legal Document Prep Services:**

• Powers of Attorney · Residential Deed

Couples \$495 Singles \$450 ynda K. Knight (916) 214-1215 1337 Howe Ave., Ste. 103

MEDICAL SUPPLIES

Tel/Fax: (916) 485-2500

3108 Arden Way, Sacramento, CA 95825

HELP AT HOME

HELP AT HOME

Senior Care

- · Light housekeeping
- Meal preparation
- Med reminders Errands Dementia care • Bathing

no-cost/in-home assess

call 877- 404-6636

YOUR AD SHOULD BE HERE!

It Pays to Advertise

Your services are needed. Your ad should be here. Ad design is free.

Call 429-9901



(866) 312-2157

SENIOR PLACEMENT

FREE Senior Living Placement

Finding local, long term care for every senior is our specialty We will personally drive you to the locations that meet your personal, financial, and geographic preferences.

Get Assistance. Call Today! 916-372-3762



PECIAL ALZHEIMER'S LIVING

†Primrose Day Club, Respite, Residential, Support Groups & Educational Classes

cas@primrosealz.com www.primrosealz.com (916) 392-3510 7 Rush River Dr. Sacto, CA 9583 **YOUR SERVICES** ARE NEEDED **CALL Melissa TODAY** TO PLACE YOUR AD (916) 429-9901

Labeling: Process is now smooth and quiet and the daunting task of launch-

of documents are numbered around the world annually.

So, while using a correction tape dispenser to white out the handwritten notes, Self-Griswold got an idea that would soon change the face of Bates labeling. She knew there had to be a better way to perform what should be an easy task.

Labeling shouldn't take this long and it shouldn't be this difficult. While she stood there repeatedly whiting-out documents over and over again, she came up with an idea that would eliminate all the frustrating problems associated with using a Bates machine or alternative methods of Bates labeling — the

Instead of using the noisy metal Bates machine, or inefficient com-

puter labeling methods, Self-Griswold imagined a light-weight refillable plastic dispenser containing refillable pre-printed labels, all of which could be applied to documents as simply as using her correction tape. By dragging the unit across the page, the label would dispense and adhere to the paper smoothly and silently.

No more loud banging, ruined clothes or ink stained hands.

The more Self-Griswold imagined this concept, the more she was convinced her idea was a good one. At a party, she discussed her concept with friends and family who convinced her to pursue her idea. Unfortunately, Self-Griswold had fore, yet, despite her inexperience now available for sale.

ing such a product, she formed a losing her job and struggling to find corporation and raised \$83,000 in her place in the market once more

ate a prototype from her initial drawings. She navigated a community of suppliers, and found one to fulfill her product's needs. She located a manufacturer in Chico, so her invention would be manufactured in the United States. She contracted a website build with an animated video to display her product's abilities, and applied for a provisional patent.

She hired Steve Smith, a business coach from GrowthSource Coaching, to help guide her through the strategy. After working on all the necessary aspects of her business never done anything like this be- for over 10 months, her B8Zipr is For more information, call 888-782-

In hindsight, Sharon admits that could have been the motivation she She contacted an engineer to cre-needed to seize an opportunity. It was dealing with technology that hadn't been upgraded in a hundred years that inspired Self-Griswold to do something new.

"In today's world, so much of what we do has changed because of technology or automation, yet despite complicated software programs, the majority of legal assistants Bates numbering documents still use the old Bates machine which has not changed for over a century", says Self-Ğriswold. Because of Self-Griswold and the rigors of starting and launching a B8Zipr, those documents can now business, and creating a marketing be labeled more efficiently, without the mess or noise.

Advertise Your Company Online! www.valcomnews.com Call (916) 429-9901 today for great ad rates!

Are higher federal and California state taxes a concern?



Interested in learning more about ways to manage your portfolio's tax burden? Call or e-mail me for a no-obligation report on strategies designed to help you reduce the taxes you owe on your investments.



Joseph F. Eschleman, CIMA[®]

Managing Director - Investment Officer

400 Capitol Mall • Wells Fargo Center Suite 1700 • Sacramento, CA 95814 916-491-6327 • 800-877-7783

joseph.f.eschleman@wfadvisors.com

CA Insurance License #0C77273 www.josephfeschleman.com

ment and Insurance Products: • NOT FDIC Insured • NO Bank Guarantee • MAY Lose Valu

rells Fargo Advisors, LLC. Member SIPC, is a registered broker-dealer and a separate non-bank affiliate of Wells Fargo & Compa ©Wells Fargo Advisors, LLC. 0412-3352 [80631-v1] 09/09

To view Joseph's website, simply scan the code with your smartphone.



Arden-Carmichael News • December 13, 2012 • www.valcomnews.com

Valley Community Newspapers, Inc.

www.valcomnews.com • December 13, 2012 • Arden-Carmichael News

As the Wood Turns:

Volunteers Teach Leo A Palmiter and Elinor Lincoln Hickey Students the Art of Woodturning

By CORRIE PELC

after he retired.

He decided to take a class in woodturning – a type of woodworking where pieces of wood are turned on a piece of equipment called a lathe, and the wood is shaped using various tools into a number of different objects, such as bowls, pens, and vases.

One class turned into more woodturning is his major activity. "Before I retired I was an engineer designing medical devices, and so I've got those creative juices that I have to continue to let out,"

Then seven years ago, Young found the Nor-Cal Woodturners, Inc. - a club of cur-

area - and found not only a group of like-minded individuals, but also an opportunity Ten years ago, Ted Young to give back by volunteering decided he needed a hobby to teach local kids a new skill.

Learning Curve

About two year ago, Young found himself wanted to do something for the community. With the support of the Sacramento County Board of Education, in July 2011 Young launched a one-month summer program that since classes, and now Young says has turned into a weekly elec- classes. tive class at both Leo A Palmiter High School and Elinor Lincoln Hickey Junior/Senior High School.

Young says the two-hour classes are held every Friday. About five to seven students from Hickey come in they're going to make on Frithe morning, and the same rently 128 woodturning en- amount from Palmiter come about this class," she adds. thusiasts in the Sacramento in the afternoon. Young adds area that meets in the Arden the classes are so popular with

THE ESKATON EXPERIENCE

"We may have left something in San Francisco. But our hearts belong right here."



Students in the Youth Training Program of the Nor-Cal Woodturners.

the students, there is normal-turners that volunteer with

Lauren Roth, principal of Leo A. Palmiter High School, says her students are enjoy the woodturning class as they Now in its second year, are very interested in working with their hands and producing a product. "On Monday they talk about what day – they're very enthusiastic

Young says he has about 35 members of Nor-Cal Wood-

sk about our

Home Tours

ly a waiting list to attend the him through the program, allowing the students to work on a project one-on-one with a volunteer woodturner coach. they can finish in one session with their finished object that they made that they can take home and show their family and friends." he adds.

> And some objects the students make – such as wooden pens and bowls – are also sold at Palmiter's Farmers Market, and learn safety on the job. held every Thursday, Roth Plus the class has helped says. "They're beautifully done motivate students to come - I have to say our students to class as they need to have are getting better and better a positive attendance of 85 at it," she adds.

> In addition to volunteers, Young has also received donations from his fellow club members. After starting his program out with four lathes a passion for woodworking and a small amount of tools, to the students. "I think it's through donations he now just a great mentoring pro-has lathes and "all the tools gram as well as learning the that we need."

Young also recently received a grant from his group's national organization, which he is using to purchase safety equipment and kits the students can use to make wooden pens.

Bringing a Passion

Through learning woodturning, Young says it gives students a chance to learn by using their hands, and it teaches them patience. "It is a Empty Bowls fundraiser for process that you have to have patience to do it," he says.

Roth agrees, and says learning process is the most important thing. "I think today our students tend to want to have things right "We try and do projects that away," she explains. "They have to learn that there's a because they just love to leave process in learning and advancing in a profession and in a field."

Additionally, Roth says the woodturning class also gives students the opportunity to apply math concepts, learn how to work as a team, the class each week. Overall. Roth says the

Nor-Cal Woodturners are "wonderful" as they bring craft, and it's just excellent," she says. "I'm just so grateful that they're able to come to our school every week."

Bowls & Trees

The Young Training Program is not the only way the Nor-Cal Woodturners give back to the community.

According to President Chris Smith, for the past few years the club's members have been donating bowls to the

See Woodturning, page 11



Photo courtesy Nor-Cal Woodturners A woodturning by Nor-Cal Woodturners member



Photo courtesy Nor-Cal Woodturners A woodturning by Nor-Cal Woodturners memStudents in the Youth Training Program of the Nor-Cal Woodturners



Woodturning: Volunteers want to expand the knowledge of the art

the River City Food Bank. Attendees to the fundraiser can select a handmade bowl made by a local student or artist to take home.

"It's a way for us to help support the local food bank and their fundraiser and give back to the community," he says.

Young says Nor-Cal Woodturners donated over 100 bowls to the 2012 Empty Bowls.

'According to Eileen Thomas, executive director of River City Food Bank, the wooden bowls donated by the Nor-Cal Woodturners are "beautiful" and "classy," and bring diversity from the large amount of ceramic bowls normally available at the event.

"We want to make sure that we have something for everybody, so we're just thrilled that they're doing that," she says. "I'm just very grateful for their artistic ability and the fact that they share it with all of the community through this event."

And Smith says the Nor-Cal Woodturners is active with the Sacramento Tree Foundation's Urban Wood Rescue Program, where the group works with the foundation to keep some of the trees the city cuts down out of landfills by distributing the logs to club members who turn "firewood into

"This is a hobby that if nating a woodturning to the can use to upgrade their skills formation, that little knowlyou had to buy all the wood foundation. you get can be very expen-

it's basically a win-win (as) the city gets to keep the about woodturning? stuff out of the landfills," Smith explains.

Plus Smith says members for help, as the group offers pay the Sacramento Tree a number of ways to learn Foundation back for the from demonstrations at their skill level," Smith explains. wood either through mon- monthly meetings, to a Men-

sive, so for us if we can get

free wood, that's great, and

Join In

Interested in learning more Smith says come to a meet-

ing and don't be afraid to ask etary donations or by do- tor Program that members people that little bit of in-

knowledge of wood turning out there to people who perienced what wood turning bit about it (to grow their) "What we try to do is give

or learn a brand new tech- edge that will help them to succeed at creating what they "Our goal is to expand the want to make when they're

haven't seen it or haven't ex- The Nor-Cal Woodturners meet on the fourth Tuesday of is, and then to have an outlet each month (except in Novemfor people who know a little ber and December) at Leo A. Palmiter Junior/Senior High School in Sacramento, from 7-9 p.m. For more information, visit norcalwoodturners.org.



staff, more activities than you can possibly schedule, restaurant-style dining, all within the wonderfully landscaped nearly 40-acre campus. Experience Eskaton ... value, location, healthy longevity and the assurance that comes with continuing care retirement living. ESKATON. Eskaton Village Carmichael Continuing Care Retirement Commun 3939 Walnut Avenue, Carmichael, CA 95608

You could fall in love with Eskaton Village Carmichael, just minutes from

Sacramento - a community of 450 new friends, with an incredibly attentive

10 Arden-Carmichael News • December 13, 2012 • www.valcomnews.com

A community (love) affair

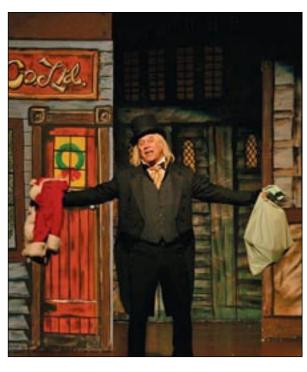
Valley Community Newspapers, Inc.

www.valcomnews.com • December 13, 2012 • Arden-Carmichael News 11

CHATAUQUA PLAYHOUSE PRESENTS HOLIDAY PERFORMANCES

33 YEARS of Scrooge at the CHAUTAUQUA **PLAYHOUSE**

Northern California's favorite holiday musical, Scrooge, will be presented at the Chautauqua Playhouse, 5325 Engle Rd. in the La Sierra Community Center in Carmichael. This is the 33rd year that Scrooge will be presented during the holiday season. Scrooge opened with a performance at 8 p.m. on Friday, Dec. 7 and will continue to play on Fridays and Saturdays at 8 p.m. and Sundays at 2 p.m. through Dec. 23. An additional performance will be held on the evening on All West Bus Lines (addition-





formation and reservations or call the Chautauqua Playhouse at 489-7529. Group rates are available.

www.cplayhouse.org for ticket in- throughout Northern California.

current production of Scrooge, man and Rob Knable and it will of Thursday, Dec. 20 at 8 p.m. Admission is \$17 general and \$10 for children age 12 and under. The Dec. 22 show will include an opening number of the certain production of directed by Warren Harrison, will also include a new opening number of the certain production of directed by Warren Harrison, will also include a new opening number of the certain production of directed by Warren Harrison, will also include a new opening number of the certain production of directed by Warren Harrison, will also include a new opening number of the certain production of directed by Warren Harrison, will be also include a new opening number of the certain production of directed by Warren Harrison, will be also include a new opening number of the certain production of directed by Warren Harrison, will be also include a new opening number of the certain production of directed by Warren Harrison, will be also include a new opening number of the certain production of directed by Warren Harrison, will be a second production of directed by Warren Harrison, will be a second production of directed by Warren Harrison, will be a second production of directed by Warren Harrison, will be a second production of directed by Warren Harrison, will also include a new opening number of the certain production of directed by Warren Harrison, will also include a new opening number of the certain production of directed by Warren Harrison, will also include a new opening number of the certain production of directed by Warren Harrison, will also include a new opening number of the certain production of directed by Warren Harrison, will also include a new opening number of the certain production of directed by Warren Harrison, will also include a new opening number of the certain production of the Dec. 22 show will include an optional bus tour of Holiday Lights Rodger Hoopman as Scrooge. Since the role of Bob Cratchit for the For additional information contact then, Scrooge has played each holipast 18 years), Chris Lamb, Kar-the Chautauqua Playhouse at www. al cost). Visit the theatre website at day season to enthusiastic audiences en Sandoval and many other lo- cplayhouse.org or call the theatre at

With Rodger Hoopman in the The production includes an title role for his 33nd year, the original musical score by Hoop-

Chautaugua Playhouse Children's Theatre Christmas Production

PRESENTS

'Reindeer Revolution'

Chautauqua Children's Theatre presents its Christmas production "Reindeer Revolution" playing every Saturday at noon and 2 p.mthrough Dec. 22. Tickets are \$7 all ages and can be purchased by calling 489-7529 or by emailing tick-ets@cplayhouse.org "Reindeer Revolution" is an origi-nal script written and directed by Ma-

rie Raymond and based on characters created by Kent Miller. Marie Raymond has been Arts Director for Chautauqua Children's Theatre for more than 30 years. One of Santa's reindeer wishes he had never been born after everyone forgets his birthday. When he gets his wish, he finds things at the North Pole far different than he remembers. www. cplayhouse.org



(from left) Shelley Walker; Ellen Anderson

DON'T LET YOUR PETS **POLLUTE OUR CREEKS AND RIVERS!** PROBLEM: BACTERIA When it rains, bacteria from pet waste left on the ground washes directly into storm drains, flowing untreated into local creeks and rivers. **SOLUTION: SCOOP THE POOP!** Pick up pet waste, then toss it in the trash or pet waste disposal station. (916) 808-4H2**0** www.sacramentostormwater.org



Carmichael landscape professionals learn new niche through green gardener program

Trained professionals help residents create beautiful, sustainable landscapes

able landscaping industry renew Green Gardener graduates, including Carmichaelbased Rebecca Wright and Steve Hauser of o2ocom-

Green Gardeners are landscape professionals that undergo an intensive, 10-week training course in sustainable, River-Friendly landscaping. During the course, participants learn principles and practices that can help reduce urban runoff and conserve water.

"The Green Gardener the Sacramento region because it trains landscaping professionals to garden in Northern California. responsibly and to protect our resources, especially our waterways," said Debbie Flower, Horticulture Professor at Ameriation. "The program also uates include contractors, provides a niche for prodesigners, arborists, irri-

Senior Homecare By Angels.

America's Choice in Homecare.

www.visitingangels.com/sacramen

Top names in the sustain- fessionals to market their services, which can be escently gathered to celebrate pecially important in this economic environment."

More and more homeowners are asking their landscapers for safer, healthier gardening products and methods, said Kellogg Garden Products Manager Rex Lamb, another industry leader who attended the event.

"Homeowners are catching on that they gotta be green. They want to landscape organically, in a way that's healthier for their family," Lamb said, adding program is important to that Kellogg now sells more organic fertilizers than synthetic fertilizers 10 to one

The graduation honored 72 Green Gardener graduates. Since the program launched in fall 2009, more than 200 landscape profescan River College and one sionals have attended Green of the industry leaders Gardener classes, and nearly who attended the gradu- 150 have graduated. Grad-

Caregiver.

• Up to 24 Hour Care Meal Preparation

• Errands/Shopping

• Hygiene Assistance

• Low Hourly Rate

Medication Reminders

• Temporary/Long Term

916-971-9333

• Respite Care for Families

each and every day!

Experienced Caregivers Thoroughly Screened. Providing Peace of Mind to thousands across America



Green Gardener graduates included Brandon Hurd of ASustainableGarden.com in Marysville (left). Carmichael-based Rebecca Wright and Steve Hauser of o2ocompost and Deborah Kruse a landscape architect based in Fresno

gation experts and maintenance professionals.

Among the 16 special industry guests who attended the event were:

+Farmer Fred Hoffman (Keynote Speaker), lifetime Master Gardener and Show" on NewsTalk 1530 John Perrino, Co-founder cy Program Manager Amy and Chief Operation Of-

Dave Phelps, Sustainability Manager for Cagwin & know where to begin." Dorward landscape con-

"Holiday Special"

by "local" author,

Lance Armstrong

ELK

GROVE

ANCE ARMSTRON

I Purchase his 374-page book about the I

history of Elk Grove, 1850 to present,

for only **\$25**.

This award-winning book

includes more than 1,200 historic

and modern photographs.

To purchase the book, visit

www.echoesofyesterday.com or send a check or money order to:

ficer of Vermicrop Organ-

hold's water use typically er-Friendly Landscaping goes toward landscape irrigation, and that more than fied Green Gardeners can 30 percent of that is lost to be found at www.BeWaoverwatering and evapora- terSmart.info. tion, Green Gardeners prohost of the "KFBK Garden vide in important service," said RWA Water Efficien- powers authority represent-Talbot. "They are a great resource for residents looking ramento area. Its primary tainable landscape but don't bers protect and enhance

> The Green Gardener affordability and quality of training program is spon- water resources.

> "Considering that more sored by the Regional Wathan 65 percent of a house- ter Authority and Riv-Coalition. A list of quali-

> About the Regional Water Authority: RWA is a joint ing 25 water providers and affiliates in the greater Sacto create a beautiful, sus- mission is to help its memthe reliability, availability,



Carmichael Oaks residents take sign language class

By MONICA STARK

Every Wednesday for the last month or so, a group of about 5-10 seniors varying in age from 79 to 98 at Carmichael Oaks gather for an informal hour-long sign-language class. Taught by 82-year-old Ginger White, the students listen intently to the

White passes out handouts showing pictures of the signs she wants them to learn over the course of the hour and goes through the list one by one. Going over words like "what, when, where, light and question", White has the students answer questions using the new vocabulary.

Since White is deaf herself, she has the help of Carmichael Oaks employee Laurie Taylor verbalize what various signs mean if a student has difficulty following along.

Students say how much fun Asked why she decided to of them, Lola Chan, 86, said she used some of the signs over challenge. Thanksgiving. Hard of hearing, Chan uses a caption phone and some of her time watching sign language videos on the Internet to help practice.



The seniors at Carmichael Oaks who take Ginger White's sign language class.

"(Signs are) really just the same as the thing is. You're just showing it," Chan said.

Another one of the students, Ica, is 98 years old, is legally blind and has arthritis in her hands. She has learned just as much as any of the other stu-

they have with each other. One teach the class at the senior ing a new language and think home, White said she wanted a

The seniors looked around at each other and one just blurtlooks forward to practicing her ed out what was on all their skills more often. She spends minds: "What? We're a challenge?"

laugh.

With a chuckle, White held out a zipper, which is her way of telling her students to shut their mouths and listen. "(The zipper) is only for Lola" she said and everybody laughed again.

After the laughter subsided, it was back to work learning more signs. Students said they enjoy learn-

White is a fantastic teacher.

"She has a good sense of humor. She knows how to deal with us," one said.

Carmichael Oaks is located at 8350 Fair Oaks Blvd., Carmi-Then they all started to chael. For more information, call



Ginger White, 82, teaches a group of seniors at

Advertise in these papers: Arden-Carmichael News, East Sacramento News, **Land Park News, Pocket News**

Call (916) 429-9901 TODAY!

MENTION THIS AD FOR APPLIED DISCOUNT

SERVICES'

Serving the Green Indu

688-7979

W.Comp - PL/PD CTR. LIC# 653836

SENIOR DISCOUNTS • FREE ESTIMATES

Not valid with any other offer. Expires 3/31/13

Introductory offer for new advertisers





14 Arden-Carmichael News • December 13, 2012 • www.valcomnews.com www.valcomnews.com • December 13, 2012 • Arden-Carmichael News **15** Valley Community Newspapers, Inc. Valley Community Newspapers, Inc



Let us build an ad to fit your company's needs

One of our graphic artists will design a free of charge advertisement for you or your company, when you advertise in one of our publications. For more details on this offer, give us a call at 429-9901

Be seen by over 100,000 readers each month CALL JEN AT (916) 429-9901





Where the Patient and Family come first

- Daily Physician/Nurse Practitioners Oversight/Capital Medical Extended Care
 - Post Acute Care
 - Full Service In-House **Therapy Services**
 - Orthopedic and Stroke **Recovery Programs**

Call today for a tour!

3529 Walnut Avenue, Carmichael, CA 95608 | (916) 488-8601 |

WhitneyOaksCareCenter.com

Valley Community Newspapers, Inc.

Rio Americano grad earns \$225k music scholarship

countless hours over the past six years toward perfecting his passion – jazz trombone – and the hard work is pay-

This Rio Americano High School graduate has received and over again include Fredthe Berklee College of Music's Presidential Scholarship, an elite honor awarded each year to only the seven of the Tell me about the process for musician and as a student? world's best student musi-

Wang, a standout jazz trombonist at Rio Americano. will receive a scholarship that funds his entire tuition, housing and fees, valued at about \$225,000.

When Wang was a senior at Rio, he was selected to participate in the renowned GRAM-MY Camp – Jazz Session, an intensive, weeklong program open to only 30 of the most the country.

ning artists – not to mention MY Foundation. also attend the GRAMMY Awards and play at its afterparty. Michael said his selection was a big confidencebooster toward his success as a musician.

"Michael lives and breathes but he speaks brilliantly through his music. He's one of people I have ever known."

Here are excerpts from a Q&A the San Juan Unified School District did with Michael last year:

What drew you to the trombone?

My middle school band director, Ms. Takanikos, had me choose an instrument to play in the beginning band, and I chose the trombone because I was curious about how the instrument functioned.

How often do you practice outside of school?

During the school year I

Michael Wang has put in Any particular musicians who What do you want to do afinspire and influence you?

try to be broad-minded and listen to as many artists and as much music as I can, but several musicians that I usually run across over die Hubbard, Michael Brecker and Pat Metheny.

auditioning for the GRAM-MY camp.

Essentially the audition process consisted of a videotaped recording, where every applicant for the band had to play the head (melody) of "Billie's Bounce"which is a jazz standard - with a rhythm section; improvise for several choruses; and also record two other tunes of choice.

I recorded the audition at my house last August with bassist Nick De La O, drumtalented youth musicians in mer Paul Slater, and pianist Joey Cozza – all of whom are Last February, he traveled my fellow classmates at Rio to Los Angeles to perform Americano High School - and Mr. Kiesner, and I am and study with some of the and later uploaded the tape industry's top musicians - on YouTube and submitted including GRAMMY-win- the tape's link to the GRAM-

Were you nervous before your audition? If so, how did you overcome your nerves?

I wasn't exactly nervous prior to my audition since I knew that it would take place music," Rio Band Director at my house, and I would just Josh Murray said. "Michael be playing music with my is a young man of few words, friends. However, during the days, weeks, and months before my audition I was conthe most unique and amazing stantly practicing, recording myself every once in a while to see how I sounded and looking for ways that I can improve, and also seizing every opportunity that I could to play with other musicians. The only time I felt nervous was while playing the waiting game after submitting my au-

How excited are you to be selected for this camp? What does it mean to you to be one of so few selected across the country?

To be selected as one of 30 high school jazz musicians in the United States is a way of informing me that all the hard work, time, and effort that I put in my practicing and performing has finally been recognized nationwide.

ter high school? Do you want to be a musician?

After high school I am planning to attend college as a jazz studies major, and hopefully establish myself in the jazz scene within the next few years.

How has performing at school benefited you as a

Having such a great music program at Rio has pruned my musical and leadership abilities by providing me with countless opportunities to play in some of the finest high school instrumental ensembles in the country, travel overseas, get to know more friends, earn accolades and perform in gigs, jam sessions, clubs, school concerts, jazz festivals and much more. None of this could have been made possible, however, without the support of the Rio Band directors, Mr. Murray very much in debt with them.

This piece was reprinted with permission from SJUSD.





Infant and

Toddler Center

1209 P Street, Sacramento

Forever Young Childcare

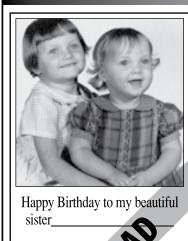


Monday-Friday, 7 a.m. - 6 p.m. (916) 446-4246 orever Young is a 30-year-old parent-run

non-profit co-op. Meals, diapers, and wipes are included in tuition. Meals are natural, vegetarian foods with little or no added salt, sugar, or preservatives. The learning environment is non-violent and gender-neutral which respects the diversity of all ethnic and cultural viewpoints.

www.ForeverYoungChildCare.org

BIRTHDAY



(actual size ad)

- Submit a photo Description of event/date
- Names of highlighted party(ies)
- Your contact information

\$20.00 per paper \$75.00 all 4 papers

Submit/contact:

Valley Community Newspapers 2709 Riverside Blvd. Sacramento, CA 95818 (916) 429-9901

Arden-Carmichael News, **East Sac News, Land Park News, Pocket News**

www.valcomnews.com

practice for an average of 1-2 hours a day after school, and on weekends and over the vacation I practice for 4-6 hours

Valley Community Newspapers, Inc. www.valcomnews.com • December 13, 2012 • Arden-Carmichael News **17**

16 Arden-Carmichael News • December 13, 2012 • www.valcomnews.com

Your Home Improvement Guide

Call a sales representative today for great advertising rates: 429-9901



YOUR AD SHOULD BE HERE!

Call today!

Your services are needed. Your ad should be here. Ad design is free.

Call Melissa at 429-9901

ADDITION SPECIALIST



LIC# 480492 Kitchens

Bathrooms
 Custom Cabine

FREE Consultation

916-422-6639

Award-Winning Design/Build Firm

Serving Sacramento for more than 25 years

• Hard Water Stain Removal Landscape Maintenance

GLAZIER/GLASS WORK

TOUCH OF GLASS

We'll beat any price!
Commercial & Residential

REPAIR & INSTALLATION

916.456.2420

ver doors, mirrors, patio doors

Call Jesse (916) 417-4231

• RAIN GUTTER CLEANING

PRIME QUALITY MAINTENANCE

• Pressure Washing (house ext/walkways/all concrete areas)

• Window Cleaning (inside/out/screens washed)

Bob Grove

Gateway-Fence.com

RAIN GUTTER CLEANING

YARD CLEAN-UP/HAULING

CONCRETE REMOVAL

PRESSURE WASHING

ROTOTILLING/& SOD PLACEMENT

Pressure wash your driveways clean! your decks, too!

Clean out your garage! Replace that old lawn!

CLEANING

The Cleaning Brothers

'We Treat Your Home Like It's Our Own" Commercial & Residential Services:

Free Estimates! Ca**ll** Now! (916) 402-8390 www.TheCleaningBrothersCo.com

Fax (916) 429-1905

Call LESTER

(916) 838-1247

Lic#128758/Ref

www.lytleconstruction.com

Sunshine Electrical Residential Specialist

ELECTRICAL

Security Lighting Upgrades/Remodels/Repairs **Spa Electrical** FREE Estimates/Small jobs OK

HANDYMAN

FREEDOM

HANDYMAN SERVICE

Carpentry - Electrical

Sprinklers - Plumbing

accepts All Major Credit Cards

Quality work the first time, guaranteed!

NO JOB TOO SMALL!

Call Eric (916) 470-3488

(916)752-5308 Ca License # 633853 (Liability

ELECTRICAL CONTRACTOR

CAPITOL ELECTRIC Reasonable Residential & Commercial Work since 1960 Repairs, Trouble Shooting Custom Lighting/FREE Est.

Excellent ref from Angie's List (916) 451-2300 Cell: 213-3740

Neil McIntire — C.S.L.# 394307

www.touchofglass916.com Glazier Lic# 812600 • Over 20 years!

HANDYMAN

Your Personal Handyman • Over 26 years of satisfied customers



General General General General Handiwork Electrical & Carpentry

Cell: 832.2898 www.DynamoDaves.com Tel: 489.2739 Dynamodave@att.net

PAINTING

GARY'S PAINTING

CUSTOM RESIDENTIAL **EXCELLENT REFERENCES**

INTERIOR & EXTERIOR OVER 20 YEARS EXPERIENCE WITH PRIDE 725-8781

Contractors Lic. # 734323 McClatchy '67

PAINTING COOK PAINTING Full Service Company - Start to Finish • Custom Painting • Super clean, neat & fast ializing in custom trim & moulding Color Consultants • Free Estimates ess since 1982 **(916) 591–5056** # 432951

HANDYMAN

Holiday Yard Makeovers

Hard work ---not a problem!
PECIALS FOR SENIORS/*SERVING THE AREA FOR OVER 15 YRS'

Arden/Carmichael toy drives make it easy to give back this holiday season

By CORRIE PELC

Economically things are tough for everyone, and while many may wish they could donate to those in need as much as they have done so in the past, it may be very hard to do so this year.

Luckily there are a number of toy drives being held throughout December in the Arden/Carmichael area where just a small donation can have a big impact.

Rick Sihner, a volunteer organizer of Operation Christmas for Our Troops & Their Families, will be literally living in a shed in the parking lot next to the Cheesecake Factory at Arden Fair Mall with his volunteer teammate Rodney Stanhope from December 12-23 to collect donations of toys, clothing, diapers, and more for military families both locally and in other Drawing For Toys parts of California. "They're supporting us in our freedom, we should be able to support them in their time of need." he says when asked why community members should give back to military families this holiday season.

Here's a look at some of the local toy drives that would appreciate your help this holi day season.

Arden/Carmichael

WHERE: Donations collected in parking lot on Arden Way next to The Cheesecake Factory at Arden Fair Mall. QUESTIONS: 282-9926, santasyellowribbon@live.com, or visit

Operation Christmas for Our Troops & Their Families IX

WHEN: December 12-23, 24 hours

WHAT: Help out military families in need this holiday season with donations of toys, warm clothes, gift cards, diapers, baby wipes, and baby

wp.yellowribbonamerica.org,

WHEN: December 15 from

11am-8pm WHAT: Watch local comic book artists create original works of art that you can purchase – all proceeds made from the live artwork will be donated to Toys for Tots.

And the US Marines will be Fill The Truck collecting toy donations. WHERE: Émpire's Comics

Vault, 1120 Fulton Ave., Ste. K. Sacramento

QUESTIONS: Jason 916-716-0310. scattered_cat@yahoo.com

Beatles Holiday Concert & Toy Drive

WHEN: December 15 from WHAT: Enjoy Beatles trib-

ute band "Because" while donating a new, unwrapped toy for kids ages 5-12. General admission \$10: \$5 with donation of a new, unwrapped toy. WHERE: La Sierra Community Center, 5325 Engle Road, John Smith Hall, Carmichael

QUESTIONS: Carmichael Recreation and Park District at 485-5322

General Sacramento Area

Sacramento Sheriff's Toy Project WHEN: Donations accepted all year long

WHAT: New, unwrapped

WHERE: Drop off donations at the main office, 10117 Mills Station Road, Ste. C, in Sacramento, or any Sheriff's Department. Visit www.toyproject.org for more locations. **QUESTIONS:** 916-361-4571 or www.toyproject.org

WHEN: December 8, 9am-

WHAT: Donate new toys to children who take part in Salvation Army's Christmas Assistance programs. Once the donation receptacles are full, The Salvation Army will bring the donations to their local units and distribute the gifts this holiday season as part of their

support to local families in

WHERE: Visit www. gosalarmy.org for a list of participating Walmart

OUESTIONS: 916-563-

Great Tov Drive WHEN: Until December 15

See Toy drive, page 20

Announcement?



A healthy beautiful to bo

(actual size ad)

Description of event/date

Submit a photo

Names of highlighted

Your contact information

\$20.00 per paper \$75.00 all 4 papers

(black/white ad)

Submit/contact:

Valley Community Newspapers 2709 Riverside Blvd. Sacramento, CA 95818 (916) 429-9901

Arden-Carmichael News. **East Sac News, Land Park News, Pocket News**

www.valcomnews.com

Your Home Improvement Guide

Call a sales representative today for great advertising rates: 429-9901

YOUR AD HERE

Call today! **Your services** are needed. Your ad should be here Ad design is free.

Call 429-9901

ROONEY'S PLUMBING FULL SERVICE PLUMBING

456-7777

rooneysplumbing.com

TREE SERVICE

Terra Bella Tree Service

"Not your typical mow, blow & go company!

PLUMBING Plumbing Contractor Since 1973 Reasonable Residential Work • Repairs • Re-Pipes

Sewers • Water Heaters • Drains • Disposals Etc. 916-393-2109 Cell 275-8236

MIDTOWN Licensed

Specializing in all types of roofing & repairs

Dry rot repairs • Senior discount (916) 731-7073

YOUR AD HERE

Call today! Your services are needed. Family Owned & Operated since 1967

#1 in customer satisfaction (916) 428-4882 (916) 689-5244

Lic# 331196

Your ad should be here. Ad design is free. Call 429-9901

TILE WORK

BAXTER TILE **EXPERT INSTALLATION REMODELING & REPAIR**

Ceramic • Marble • Granite Floors • Counters • Walls

916-213-4669

33 Years Experience • FREE Estimates

• Tree Trimming • Stump Grinding

• Tree Removal

• 20 years experience!

Call Randy (916) 454-3430 or 802-9897 www.terrabellagarden.com · Lic# 974388

www.donandsontreeservice.com

18 Arden-Carmichael News • December 13, 2012 • www.valcomnews.com

HARDWOOD FLOORING

Hardwood Flooring

Specializing in installing, sanding,

and finishing hardwood flooring

or repair and refurbish your current floors.

Call Michael – (916) 383-8742

Lic # 544159/References Available

Valley Community Newspapers, Inc.

www.valcomnews.com • December 13, 2012 • Arden-Carmichael News **19**



Community Remembrances



- Submit a photo
- Obituary/date
- Names of highlighted
- Your contact information

\$20.00 per paper \$75.00 all 4 papers

(black/white ad)

Submit/contact:

Valley Community Newspapers 2709 Riverside Blvd. Sacramento, CA 95818 (916) 429-9901

Arden-Carmichael News, East Sac News, Land Park **News, Pocket News** www.valcomnews.com

fornia.

com/toys for a full list.

tribune.com

Fleet Feet Holiday Classic starts at 9am

is a free 5K run/walk. Since locations.

Park (28th and A Streets),

2012 CHiPS for Kids

WHAT: Join KCRA 3 and the California Highway Patrol by bringing a new, un-WHEN: December 16, race wrapped toy to a participating location.

WHAT: The 6th annu- WHERE: Visit www.kcra. al Fleet Feet Holiday Classic com for a full list of drop-off

WHERE: Sutter's Landing Soft Toy Drive at IKEA West Sacramento

> WHEN: Until December 29 WHAT: Donate a new soft toy to the UC Davis Children's Hospital. And for every soft toy purchased and donated at ÍKEA West Sacramento, the store will donate \$1 to UNICEF.

WHERE: Donations accepted at the donation bin at the store's exit.

QUESTIONS: 916-371-

Toy Drive: Arden Fair to house drop off spot in the lot

WHAT: Join KTXL FOX there's no entry fee, race par- QUESTIONS: Adrian Quin-40, Big O Tires, 107.9 THE ticipants are encourage to do-tero, Public Information Offi-END and KHOP 95.1 in nate a new, unwrapped toy at collecting new, unwrapped the event to benefit The Sal-Division at (916) 731-6516 toys for Shriners Hospital for vation Army Toy Drive. Children of Northern Cali-

WHERE: Donations can be Sacramento dropped off at various Big O QUESTIONS: 916-441-1751 Tire locations – visit FOX40.

QUESTIONS: gsaunders@ WHEN: Until December 19

Call a sales representative today for great advertising rates: 429-9901

COMPUTERS

(actual size ad)

GOT COMPUTER PROBLEMS?

Pocket Computer Technician. I do on-site visits in the Pocket area. \$45/hr. Outside the Pocket area, travel charge will apply. Problem not fixed? No pay! Free estimates/consultation. Call cell# 296-7161

HANDYMAN

HANDYMAN SERVICES

No job too small. Make your "to-do" list and give me a call. Electrical, Plumbing, Tile, Sheetrock, Plaster, Stucco, Repairs and Hemodeling, you name it! Lic# 908942. Call Steven at 230-2114.

Place your ad today! Call Melissa 429-9901

EMERGENCY SERVICES, tool Sod, sprinklers, hauling, concrete removal (Patio, borders, etc.), gutters cleaned, pressure washing, painting, tree & shrub removal, clean-up, general labor, fence repairs, planting, light tree trimming, odd jobs & more. LICENSED. References available. Call Les at 838-1247. Ask about the specials for seniors.

PET PORTRAITS

HOLIDAY CLEAN-UP SPECIALS!

ORIGINAL PET PORTRAITS

Original Pet Portraiture. Realistic paintings of be-loved pets. Perfect gift for animal-lovers! Reasonable prices. Submit photograph-turn around 7-10 days. Email melissa@melissaandrews.com or call 447-4441. See website at MelissaAndrews.cor

Sell it fast in the classified ads: autos, furniture, misc., rentals, services. Call 429-9901

WILL BUY VINTAGE FURNITURE

VINTAGE FURNITURE

Old stuff lying around that you don't need? We'll buy it! Wish to buy 1950's and 60's furniture, Atomic, Retro, Mid-Century Modern. Danish modern. Scandinavian. or vintage office/industrial. Email photos to blockhousesacramento@gmail.com or call 916-594-7971

HOUSEHOLD ITEMS FOR SALE

Furniture, kitchen ware, linens and clothing. Best offer-Call Dan (916) 481-4540

BOOKKEEPING

1 BOOKKEEPER

9 yrs. exp. in industries like Auto, Mechanics, Restaurants, Caterers, Massage, Doctors, Chiropractors, Non-Profit, Retail, Martial Arts, Barber, Construction, Wholesale, Investment Clubs, Corp, Partnerships, Sm Business. We are experts in General Ledger, Payroll, Profit & Loss & Quarterlies. Call for yr specialized appt. Same low 1990 rates. Ask for Irene Senst (916) 640-3820, Nevada (775) 410-3422.

List your auto for sale in the classified ads

#1 TAX PREPARER

#11AX PREPARER
29 yrs. exp. We specialize in Business Tax returns including Corp & Partnerships. We prepare expertly all past tax returns including all State returns. Get the most deductions allowed to you by law. CTEC Registered & Bonded. Please call for yr appt. today. Irene Senst (916) 640-3820 Nevada (775) 410-3422. Same low 1990 rates



Call 429-9901







Faces and Places:

6th Annual Christmas Tree Lighting

Photos by BILL CONDRAY

The Fulton Avenue Association decked the halls and brought good cheer to families on a wet and cold Christmas tree lighting ceremony, held annually for the sixth time on Saturday, Dec. 1. Santa was there taking notes from children for gifts. And of course children sat in awe looking at the beautifully decorated tree on Fulton Avenue.





20 Arden-Carmichael News • December 13, 2012 • www.valcomnews.com www.valcomnews.com • December 13, 2012 • Arden-Carmichael News **21** Valley Community Newspapers, Inc. Valley Community Newspapers, Inc.

CALENDAR

www.valcomnews.com

Send your event announcement for consideration to: editor@valcomnews.com at least two weeks prior to publication.

Need An End-of-Year Write Off? The Casa Garden Restaurant was estab-

lished in 1974 to provide financial support to the children of the Sacramento Children's Home. Today they're fulfilling the same mission, and in the same place! But, 38 years later, they are in need of capital improvements such as painting, new carpets, and kitchen fixtures. Consider making a charitable donation to the Casa Garden Restauran before the end of the year and help them with improvements and help with your taxes. Please note "capital improvements" on your check so your donation is applied correctly. Checks should be sent to: Casa Garden Restaurant, 2760 Sutterville Rd. Sacramento, 95820

The Camellia Symphony now accepts vehicle donations

If you have a vehicle you'd like to donate to support CSO, call 320-0476 to get the process started. Not only is a vehicle donation a great way to support classical music in your nmunity, but it may also provide you with a tax deduction. http://www.camelliasymphony.org/sponsor/vehicle-donation/

Old Sacramento Theatre of

Theatre of Lights continues through the holiday season with two 20-min ute light shows at 6:15 p.m. and 7:45 .m. every Thursday through Sunday until Dec. 23 with special Monday shows at 6:15 p.m. on Christmas Eve and New Year's Eve. The Christmas Eve show will only be at 6:15 p.m. New Year's Eve will feature Theatre of Lights as an important piece of the overall fireworks spectacular with shows running later in the evening at 7 p.m. and 8:30 p.m.

Chautaugua Children's Theatre presents its Christmas produc-. tion 'Reindeer Revolution'

Playing every Saturday at noon and 2 .m. Now through Dec. 22. Tickets are \$7 all ages and can be purchased by calling 489-7529 or by emailing: tickets@cplayhouse.org 5235 Engle Rd. Ste. 110. Carmichael.

DECEMBER

Classical Revolution performs:

Dec. 13: Classical music in a comfortable setting, Bows and Arrows, 8 p.m., free of charge, 1815 19th St., Sacramento



A Different Kind of Christmas

Music with Choir & Handbells Sunday, December 23rd, 10:50 a.m.

Christmas Eve Candle Light Service Lessons & Carols Monday, December 24th, 6 p.m.

Christmas Eve offering goes to help rebuild McKinley Park Playground.



Faith United Methodist Church 3600 J Street (In East Sacramento)

ah Dalton of the CA Office of Privacy Protection. A problem-solving clinic, led by Adam Lacey of Applications, Etc, will follow the meeting. To be held from 1 to 3 p.m. at Mission Oaks Community Center, located at 4701 Gibbons Drive, Carmichael, CA 366-1687 or website www.missionoakscomputerclub.org.

Mission Oaks Computer Club meeting

Dec. 13: The meeting topic will be "ID

Theft Protection" presented by Sar-

Salvation Army Band to be featured at River's Edge Senior Community

Dec. 13: The Salvation Army ensem ble is made up of Salvation Army musicians from the Sacramento area. They play at many events throughout the year and especially at Christmas where they can be seen playing around the Red Kettle. Their main purpose is to support the weekly church services at The Salvation Army. Anyone interested in attending should contact the community at 921-5131 by Monday, Dec. 10. Refreshments will be served. Event starts 2 p.m. 601 Feature Dr.

Bi-Polar Anonymous

Dec. 14: Free 12-step program/support group, for people who have Bi-Polar and those who love them. Meets every Friday, 7-8:30 p.m. 4300 Auburn Blvd., Room 106. (916) 889-5786.

Compañía Mazatlán Bellas Artes de Sacramento Announces Annual Holidav Ballet Folklorico "Posada Navideña"

Dec. 14: Compañía Mazatlán Bellas Artes de Sacramento presents a festival of vibrant sound and shimmering colors in this special Mexican Christmas production. Three Stages Performing Arts Center at Folsom Lake College, 10 College Parkway, Folsom, beginning at 7:30 p.m. www.threestages.net.

Jesus' birthday party

Dec. 14: Come join in for a free family fun event featuring a short Christmas skit, A Prime Time Christmas, and music by the Youth Praise Band. Afterward, there will be fun games including pin the tail on the donkey, and a sharing of piñata, cake and ice cream as we celebrate Iesus' Birthday. If one is able, please bring an unvrapped toy for an underprivileged child. For more information, call (916) 487-5192 or visit northminsteronline.org. Party starts at 7 p.m. at the Northminster Presbyterian Church, located at 3235 Pope Ave.

Robbie Waters Pocket-Greenhaven Library presents technology petting

Dec. 15: Thinking about buying a tablet or Reader for the holidays? The Sacramen to Public Library can help you decide which one to purchase at its technology petting zoo at 1 p.m. at the Robbie Waters Pocket-Greenhaven branch, 7335 Gloria Dr. There will be a full selection of the latest gadgets to see and try out. Plus, library staff will show how to use them with the Sacramento Public Library's digital catalog of downloadable books. For more information, 264-2920 or visit www.saclibrary.org.

Free wine tasting

Dec. 15: Wine & More will give the public the opportunity to indulge in a variety of delicious wines from Bordeaux, the most famous wine-growing region in the world, at its newest wine tasting event from noon to 6 p.m. The event will be held at all California Total Wine & More stores, including Sacramento (Arden), located at 2121 Arden Way. For more information, call 921-5328.

Celebration Arts Presents 'Waiting to be Invited'

Dec. 15: It's the summer of 1964 in Atlanta Four middle-aged black women, co-workers from a local doll factory, travel by city bus to a "whites only" eating establishment inside a downtown Atlanta department store. Their purpose is to "test" their newly acquired civil rights handed down by the Supreme Court outlawing segregation in eating establishments. The play will take place at the Celebration Arts Theatre, 4469 D St. 455-2787 or www.celebrationarts.net. For tickets online visit: www.mycommunityevents.com.

Continued from page 21

Breakfast with Santa

Dec. 15: From 9 to 11 a.m. at Sierra Arden United Church of Christ. Free of charge. Bring the kids to meet with Santa. A pancake breakfast will be served. 890 Morse Ave. at Northrop Ave.

Family holiday party set Dec. 15 at McKinley Library

Dec. 15: The Sacramento Public Library invites all ages for a fun winter holiday par tv. at 11 a.m., Saturday, December 15, at the McKinley branch, 601 Alhambra Boulevard, Sacramento, Hosted by the Friends of McKinley Library, the celebration will features a free puppet show, visit from Santa, and light refreshments. 264-2920 or visit www.saclibrary.org.

Capitol Ballet Company presents, The Nutcracker

Dec. 15: The Nutcracker will be performed at 2 p.m. at the Sheldon High School Performing Arts Center, 8333 Kingsbridge Dr., Sacramento. Tickets are \$18-\$22 for adults; \$12-\$16 for children, seniors (65+), students and military with ID. Tickets may be purchased at www.capitolballet.com or by calling Capitol Ballet Company 484-1188.

Words and Wine Authors Event at Old Sugar Mill

Dec. 15-16: The Old Sugar Mill Winery is hosting "Gifts of Words and Wine Authors Event" featuring 40 authors between 1 and 5 p.m. at 35265 Willow Ave., Clarksburg. Free admission; Info@CarvalhoFamilyWInery.com. 744-1625

Tolkien's The Lord of the Rings discussed at Sacramento's Central Library program

Dec. 16: The Sacramento Public Library invites The Lord of the Rings book and movie fans on a journey through Middle-earth with scholars and experts as guides at 2 p.m., at the Central Library, 828 I St. Metered street parking is free on Sundays. For more information, call 264-2920 or visit www.saclibrarv.org.

Christmas concert at Annunciation Greek Orthodox Church

Dec. 16: Starting at 7 p.m. at the Annunation Greek Orthodox Church, located at Alhambra Boulevard and F Streets in East Sacramento, The Church Choir of the Annunciation Greek Orthodox, under the direction of Mr. William Bobolis, will be performed. This will be the 18th consecutive year the choir has brought both liturgical and secular music of the season to the parishioners of the parish and the members of the community. The choir will be accompanied by LuAnn Higgs and Maria DeVille and Jamie Bobolis will be assisting the director. There is no admission but offerings are accepted. A reception will follow in the Hellenic Center.

Barber Shop Discussion: A Conversation with Ishmael Reed

Dec. 16: A live Jazz performance by Harley White Jr. Trio, and Ishmael Reed will be discussing his latest book. Gone Too Far: Essays About America's Nervous Breakdown This event will take place at the Brickhouse Gallery, 2837 36th St., from 3 6 p.m. \$10.

Breakfast with Santa at the Elks Lodge No. 6

Dec. 16: From 8:30 to 11 a.m., enjoy breakfast while a picture of your child with Santa gets printed. \$9 for adults and \$5 for children under age 12. 6446 Riverside Blvd.

NorCal Big Band Preservation Holiday Gala

Dec. 16: Holiday Gala Ball Presented by the Nor Cal Big Band Society at the Elks Lodge, No. 6 features Buddy Harpham's Orchestra (2-5 p.m. Celia Cottle's J. Street Jazz Cats 1-2 p.m.) Three 15-minute Ladies' Tags segments singles and couples, dance hosts, snacks, and door prizes. Regular admission is \$12, groups of 10 are \$11, Gold Card-\$10. Sacramento Elks No. 6 is located at 6446 Riverside Blvd For more information, call Lou at 444-6138, loucopp45@gmail.com

Rotary Clubs of Arden-Arcade. Carmichael

Dec. 18: Guest speakers address local, regional and international topics. Visitors welcome, every Tuesday. Arden-Arcade meets at noon, Jackson Catering and Events, 1120 Fulton Ave. (916) 925-2787. Carmichael meets at 6 p.m., Palm Street Pub & Grill, 6416 Fair Oaks Blvd. www.rotarv.org.

Soroptimist International of Sacramento North meeting

Dec.18: An organization for the better of women and children meets at the atria El Camino Gardens at 2426 Garfield, Carmichael, Call Sheila at 624-4643.

Nutcracker puppet show at **Arden-Dimick Library** Dec. 18: School-age children are welcome

to a free puppet show, based on the classic The Nutcracker tale by E.T.A. Hoffman and the music of Tchaikovsky, at 4 p.m., 891 Watt Ave. The Puppet Compa ny's 40 puppets will perform the tale of young Clara, who rescues her toy Nutcracker from the evil Mouse King and turns him into a Prince. In doing so, she visits the land of the Sugar Plum Fairy and witnesses all kinds of holiday marvels. The show features Dancing Candies The Snow Queen spreading snow over all the children, Prancing Clowns, Mechanical Toys, and Chinese Dragons, And of course the big battle between the Mouse King's armies and the toys and candies. 264-2920 or visit www.saclibrary.org.

Rotary Club of Pocket/Greenhaven

Dec. 19: Guest speakers address local, regional and international topics. Visitors welcome. 7:30 a.m., every Wednesday. Aviators Restaurant, 6151 Freeport Blvd. (916) 684-6854.

East Sac Rotary

Dec. 19: Meets at noon, Evan's Kitchen, 855 57th St. Sacramento. www.eastsacrota-

Teen game fun planned Dec. 20 at Arcade Library

Dec. 20: The Sacramento Public Library challenging teens for an afternoon of gaming fun at 4 p.m., Thursday, December 20. at its Arcade branch, 2443 Marconi Avenue Sacramento. New games are available each month, with occasional tournaments for prizes. Grab a controller for free play, fight to the top of the leaderboard, or just grab a snack and watch the action, 264-2920 or visit www.saclibrary.org.

Depression Glass and Pottery Collecting program at Sacramen-

to's Central Library

Dec. 20: Don't throw out your grandmother's wine glasses - begin collect ing today! Continue the tradition, or de velop your own style in glassware, china or pottery at the Sacramento Public Library's Depression Glass and Pottery Collecting program, from 1 p.m. to 3 p.m., at the Central Library, 828 I Street, Sacramento. International Depression Glass Club members will share their expertise about Depression glass and pottery collecting. Attendees are encouraged to bring their collectibles to the library event for identification. 264-2920 or visit www.saclibrary.org

Bi-Polar Anonymous

Dec. 21: Free 12-step program/support group, for people who have Bi-Polar and those who love them. Meets every Friday, 7 8:30 p.m. 4300 Auburn Blvd., Room 106. (916) 889-5786.

Animal shelter highlighted at **Robbie Waters Pocket-Green**haven Library

Dec. 21: Gina Knepp, Sacramento's Front Street Shelter director will explain what an animal shelter is and why we need shelters at a special program at 3:30 p.m., 7335 Gloria Dr. Each child attending will receive an activity book related to the class to take home. The program is for kids, ages 6 to 10, and parents are also encouraged to join the fun. Registration is required by telephoning the Sacramen to Public Library at 264-2920 or visiting www.saclibrary.org.

Decorated bike ride starting at the Coffee Garden

Dec. 22: Cruise through Curtis Park with the Christmas Season Bicycle Ride Cruise. Decorate your bike and wear a holiday costume for a chance to win prizes. Cruise through Curtis Park and enjoy the holiday lights, two stops for hot apple cider or chocolate, come early to enjoy the party! Celebrate the holiday, raise funds and bring toys to benefit the Tubman House. Starts at The Coffee Garden, located at 2904 Franklin Blvd. Sacramento. Contest for the following categories: Best Decorated (Peoples Choice), Most Lights, Best Overall Costume and Decorated Bike, Best Kids Bike, Prizes, food and entertainment. Take your picture with Santa Clause and Snoopy. Bring an unwrapped toy for donation. Party starts at 2 p.m., ride goes from 6 to 8 p.m. 457-5507

Free admission day at Fairytale

Dec. 24: On Christmas Eve, Fairytale Town gives the gift of free admission to visiting guests from 10 a.m. to 2 p.m. For more information, visit fairytaletown.org or call 808-7462.

Rotary Clubs of Arden-Arcade, Carmichae

Dec. 25: Guest speakers address local, regional and international topics. Visitors welcome, every Tuesday, Arden-Arcade meets at noon, Jackson Catering and Events, 1120 Fulton Ave. (916) 925-2787. Carmichael meets at 6 p.m., Palm Street Pub & Grill, 6416 Fair Oaks Blvd. www.rotary.org.

Rotary Club of Pocket/Greenhaven Dec. 26: Guest speakers address local, re-

gional and international topics. Visitors we come. 7:30 a.m., every Wednesday. Aviators Restaurant, 6151 Freeport Blvd. (916

East Sac Rotary

Dec. 26: Meets at 6 p.m., Evan's Kitchen, 855 57th St. Sacramento, www.eastsacrotary.com.

Bi-Polar Anonymous

Dec. 28: Free 12-step program/support group, for people who have Bi-Polar and se who love them. Meets every Friday, 7 8:30 p.m. 4300 Auburn Blvd., Room 106. (916) 889-5786.

Fr Big Dreams, Small Shoulders

Dec. 28: Kwanzaa performance at Crocker at 2 p.m. Big Dreams Small Shoulders is a work on Norman Rockwell's painting of Ruby Bridges, the six-year old escorted into an all-white school by federal marshals in 1960.) Crocker Art Museum, 216 O St., SAC. Cost: museum admission.

Congregation B'Nai Israel's sustainability committee sponsors e-waste collection

Dec. 30: Free public collection event to dis pose of your electronic waste, from 10 a.m. to 4 p.m. 3600 Riverside Blvd., Sacramento. E-waste will be safely and properly recycled and some of the proceeds will benefit the Downtown Food Closet. Examples of accepted items: Computers, monitors, prin er, TV, VCR, ink and toner cartridge. Not Accepted: All types of lighting, household batteries, car batteries, paint, mercury con

taining devices, appliances, universal waste, -electronic waste. Attention Business - For a special pick up, call 310-734-6700,

Book, CD, and DVD 'swap meet' at Sacramento's Central Library

Dec. 30: The Sacramento Public Library i inviting the public to trade their books, CDs and DVDs and meet other reading, music and movie lovers during a free social gathering from 2:30 p.m. to 4:30 p.m., at the Central Library, 828 I St. 264-2920 or visit 684-6854. www.saclibrary.org.

New Year's Eve Sky Spectacular

annual New Year's Eve Sky Spectacular in Old Sacramento between 6 p.m. to 12:30 a.m. With two stunning - and free -- firework shows at 9 p.m. and midnight, guests will enjoy twists, turns and heart pounding visual inspiration choreographed to music Free. 808-7777 or www.nyesacran

POWERtalk International

Jan. 1, 5: Want to improve your public speaking and presentation skills? POW-ERtalk International, a nonprofit public speaking organization, provides coaching in leadership skills, sales presentation, interviewing, confidence building and more. Meets First Tuesdays of the month 10 a.m.-1 p.m. and First Saturdays of the Month 12 noon-3 p.m. Aviators Restaurant, 6151 Freeport Blvd., Sac. Liz Richardson (916) 208-9163, erichardson1202@yahoo.com www.powertalkinternational.com

Rotary Clubs of Arden-Arcade, Carmichael

Jan. 1: Guest speakers address local, region al and international topics. Visitors welcome, every Tuesday. Arden-Arcade meets at noon, Jackson Catering and Events, 1120 Fulton Ave. (916) 925-2787. Carmichael meets at 6 p.m., Palm Street Pub & Grill, 6416 Fair Oaks Blvd. www.rotary.org.

Soroptimist International of Sacramento North meeting

Ian. 1: An organization for the bettern of women and children meets at the atria E Camino Gardens at 2426 Garfield, Carmichael, Call Sheila at 624-4643.

Rotary Club of Pocket/Greenhaven

Jan. 2: Guest speakers address local, region al and international topics. Visitors welcome. 7:30 a.m., every Wednesday. Aviators Restaurant, 6151 Freeport Blvd. (916)

East Sac Rotary

Jan. 2: Meets at noon, Evan's Kitchen, 855 , 57th St. Sacramento. www.eastsacrotary.com.

The Yale Spizzwinks A Cappella Concert

Jan. 2: Featuring Sacramento native and 2012 Jesuit High School alumnus Drew Robinett, the Yale Spizzwinks(?) kick off their west coast tour at the First United Methodist Church at 7 p.m. For Tickets: https://spizzwinks.ticketbud.com/sacramento/. \$15 Adult / \$5 Student & Child



Melissa Andrews

www.MelissaAndrews.com melissa@melissaandrews.com (916) 447-4441

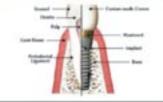
Lover in your life this holiday season! You provide a favorite photograph, I do Acrylic Portraits starting at \$195.00 for an 8x10"

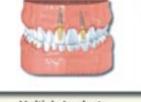


Carmichael Dental Group

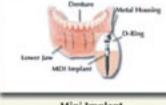


in Carmichaell Single Implant with Crown





C9:16:1 9:4:4:-7/7/0:0





8329 Fair Oaks Blvd., Ste B • Carmichael, CA 95608 www.carmichaelCAdentist.com



LOVELY SIERRA OAKS

3 bedroom 21/2 bath ranch style home with formal living and dining rooms plus a separate family room featuring wood vaulted ceiling and 2 skylights. Fabulous Sierra Oaks neighborhood with wonderful neighbors just across the street from the American River and the parkway. Don't miss it! \$499,000

GEOFF ZIMMERMAN 447-1124



FABULOUS HOME AND SETTING

Beautiful Italian-style home on almost 3 acres! Built in 2001, with all amenities you would expect and the added advantage of living close to everything with the privacy most people crave. The home and pool sit on 1.83 ac., the barn and dressage area are on a 2nd lot of 1.12ac. 4 bedrooms 4½ baths. \$1,695,000

CARMAH HATCH 765-6210



NEW CUSTOM HOME

Located in a small gated community of only 3 custom built homes on a 1.185 acre lot in prime Carmichael location. 4 or 5 bedrooms 3½ baths this amazing home features 2 masters. theater/game/bar room, hardwood floors, natural stone, venetian plaster, gorgeous granite and much more! \$1,095,000

MONA GEGEN 247-9555



SPACIOUS ARDEN OAKS

Wonderful Arden Oaks property located on 1½ acres of trees, floral gardens and fountains. Features separate guest quarters, large formal dining room, and patio area with fireplace, 2 office areas in addition to 5 bedrooms, 4 fireplaces and 4 $\,$ HVAC units. \$1,650,000

PATTY BAETA 806-7761



CLASSIC ARDEN PARK

3 bedroom $1\frac{1}{2}$ bath home with all the original charm including a wonderful brick exterior and hardwood floors. Located on a .24 acre lot; separate 2-car garage sets back on the lot. Approximately 1502 sq. ft. of living space per seller which includes the service porch. \$349,000

CHRIS BALESTRERI 996-2244



SHELFIELD ESTATES

5 bedroom 3 bath home on a quiet street in great location! 3,343 square foot beauty has an open floor plan, hardwood floors, and kitchen family room combination. Lovely backyard with fenced pool area, play area, eating area and even a covered sitting area with TV hookup. \$545,000

CARMAH HATCH 765-6210



LAKE WILHAGGIN

Fabulous single story facing Lake Wilhaggin. Gorgeous soft contemporary style home...the master suite is huge with large (16x9) retreat area and gigantic walk-in closet. Lovely kitchen and family room combo feature tons of windows and high ceilings. Property is a one-of-a-kind beauty! \$935,000

CARMAH HATCH 765-6210



DESIRABLE SHELFIELD

4 bedroom 2½ bath home in wonderful Carmichael area close to American River Parkway. Features include open floor plan, formal dining room and breakfast nook, dual pane windows, 2 HVAC units and solar heated pool! Spacious lot with area beside garage for parking, RV space and more. \$549,000

PATTY BAETA 806-7761



ARDEN PARK

Located in Arden Park, this 3 Bedroom 11/2 bath home has many wonderful features. Updated and remodeled with hardwood floors, spacious bath with jetted tub and full custom shower, a private backyard. Garage has been converted to a bonus room. \$299,900

CHRIS BALESTRERI 996-2244 • LIBBY NEIL 539-5881

for current home listings, please visit:

Dunnigan Realtors.com 916.484.2030 916.454.5753

Dunnigan is a different kind of Realtor.®

DUNNIGAN Realtors