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# ARDEN-CARMICHAEL NEWS

March 14, 2013

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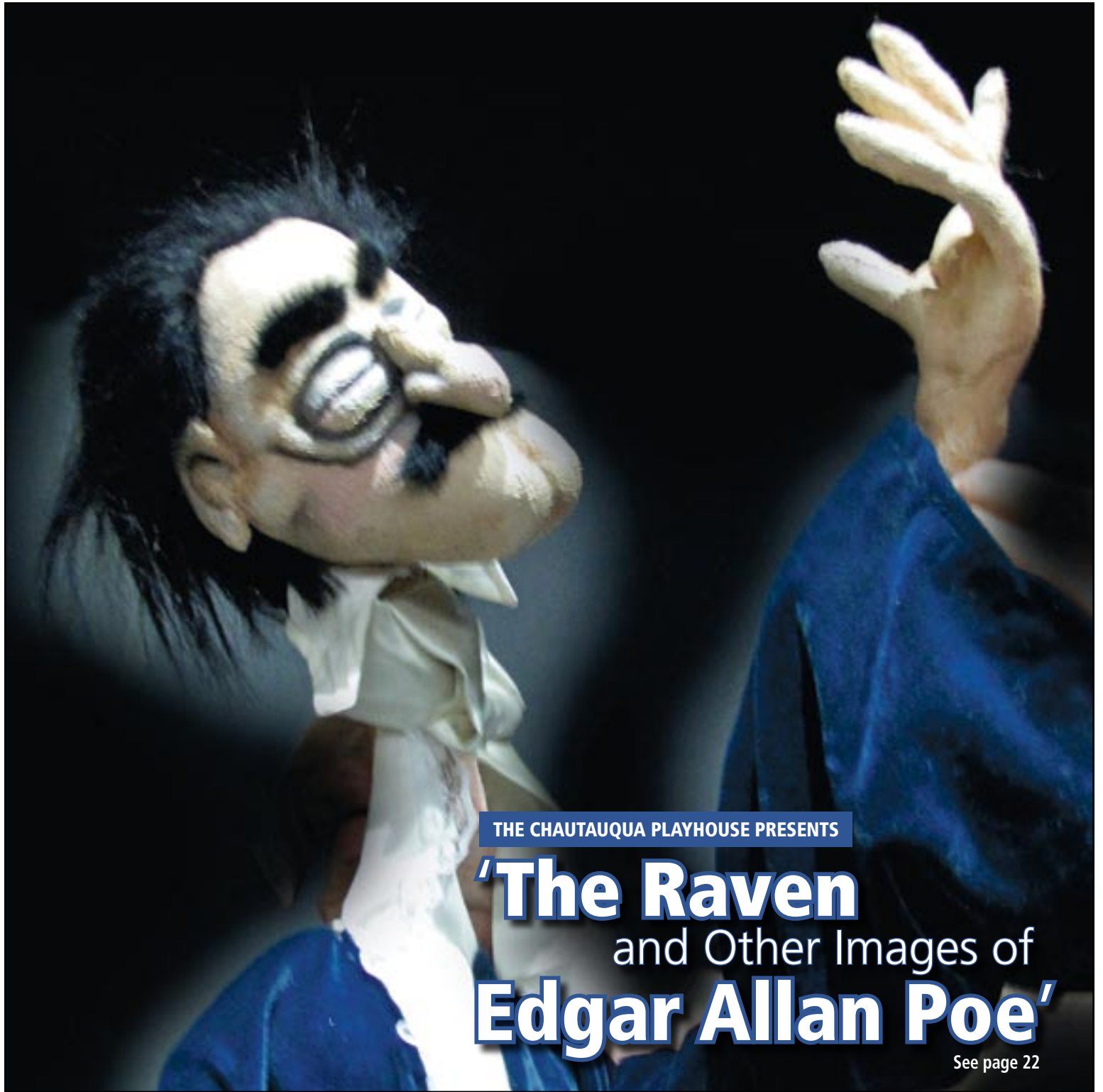
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Photo by Lance Armstrong

A large hole in the ground is all that remains of the old Carmichael Park swimming pool.

## Carmichael Park pool: 1955-2013

By LANCE ARMSTRONG  
Lance@valcomnews.com

*Editor's Note: This is part one of a series regarding the old Carmichael Park pool, which was recently demolished.*

Carmichael Park's public swimming pool, which provided recreation and relief from the summer heat for thousands upon thousands of people for nearly a half-century, is now nothing more than a memory.

As of last week, the only dominant sign that the pool was ever present at the site was a large hole in the ground.

The demolition of the pool and its accompanying building was far from a sur-

prising event, when considering that the pool had not been used for nearly nine years.

In explaining the closure of the pool, Carmichael Recreation and Park District Administrator Jack Harrison said, "The pool was no longer meeting codes – state codes, county codes. It didn't meet requirements for disabilities. The liner had been replaced and (the pool) was leaking again. So, structurally, it was failing and couldn't be maintained. The cost to maintain it (was high). It had limped along. They had done repairs and tried to keep it open for a few years, actually. It just got

See Pool, page 3

## Overweight Women Needed for a Weight Loss Study

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## Pool: Upgrading it wasn't feasible

Continued from page 2

to the point where it couldn't be repaired any longer."

Tracy Kerth, the district's recreation services manager and the supervisor of the pool for its last 17 years, recalled the final closure of the pool.

"It was sad when we had to close it," Kerth said. "It closed for the regular season (in 2004) and then we went to the board that fall and announced that we wouldn't be opened the next year. There was just no way (to continue operating the pool). We did some research on it. The infrastructure was shot. A lot of people said, 'Are you sure you can't remodel?' Everything was wrong with it. We didn't meet any of the requirements for ADA. It would have been cheaper to build an entire new building. The vessel itself was failing. The pipes were leaking. There was just no way that we could resurrect it."

Kerth added that even after the closure of the pool, a final study was performed to determine if the pool could be saved.

"The (study) came back that (upgrading the pool and its building to current standards) wasn't feasible," Kerth said.

In further pondering the decline of the pool, Kerth recalled that a renovation of the pool was completed in the 1980s. And she noted that the project was a failure in one particular aspect.

"They didn't do (upgrades to) the infrastructure, and that was a mistake," Kerth said.

In 2007, Aquatic Design Group of Carlsbad, Calif. performed an analysis of the pool site and then provided their recommendations for an aquatic center that would replace the then-52-year-old pool and its building, which included dressing rooms, a staff room, a first aid room, a pump room, an equipment room and the old snack bar. The original snack bar was later used as a day camp room when a new snack bar opened in a different area in order to save on costs.

The firm's report was paid for by the Kiwanis Club of Carmichael.

Harrison said that after the report was completed, the district surveyed the community regarding its support of several park projects, including the construction of an aquatics center.

"(The tax assessment) was going to be \$48 a year for single family homes and a lesser amount for apartments and commercial and that kind of stuff," Harrison said. "The results came back that 62 percent of the people said, 'Yeah, we value our parks.' The pool – the aquatics center idea – (received) 44 percent. So, it was clear that the community supported the parks' redevelopment maintenance more than building an aquatics center. So, that kind of killed the idea of going forward with an idea of some kind of a ballot."

In response to the inquiry of whether any efforts are presently being made toward

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## Swimming: ongoing talks of raising \$5M for new aquatic center

Continued from page 3

having an aquatics center constructed at the park, Harrison said, "Currently the (Carmichael Recreation and Park District) Foundation is talking to people about major donations, with the idea being that 'Is it possible to raise \$5 million of private money?' So, we'll see. The results of that are expected to be in by the end of April."

Certainly many people in the community would welcome a new aquatics center, and with a review of the old pool's history, one can visualize such a center's potential for both the community and the district.

The pool was one of the earlier features of the park, which was established in 1949.

In July 1953, the Business and Professional Women's Club acquired sufficient signatures from Carmichael area citizens to indicate the community's strong desire for a public swimming pool.

It was also during the same month that the Carmichael Park's board of directors voiced their approval for such a project at Carmichael Park.

A fundraising program was then initiated for the pool, which would be built at a cost of \$38,000.



This proposed aquatic center was presented to the district in 2007.

Photo by Lance Armstrong

The pool was eventually paid for through funding from door-to-door solicitations (\$12,500), an embossed

bronze memorial plaque (\$10,500), the park board's budget (\$10,000) and special events (\$5,000).

Individual donors for the plaque, which would be mounted on an ornate fieldstone near the pool, paid a minimum of \$500 each.

The committee in charge of the swimming pool fundraising project consisted of Elmer C. Juergenson (general chairman), Loral C. Ruff (vice chairman), Helen Moody (secretary), Frank

J. Hahn (treasurer), Connie Ryan, Walter Lage, Ida Ball, Wim C. Schoof, Gene Lynch and Edna Clark.

Commencement on the construction of the 50-foot by 100-foot blue granite pool, which represented \$30,000 of the project, began during the summer of 1954.

The park's swimming pool, which was once accompanied by a wading pool, was opened in time for the following year's swim season.

## Presenting Miss Sacramento County: El Camino High School English teacher Ashley Newman

San Juan Unified School District teacher Ashley Newman, 24, was crowned Miss Sacramento County at the 62nd Annual Miss Sacramento County Program held on Saturday, Feb. 9 at the New San Juan High School Theater.

Newman is working on her teaching credential through California State University, Sacramento. She is a graduate of the University of California, Davis, where she received her Bachelor's degree in communications with a triple minor in English, history and writing.

Ashley teaches English at El Camino and coaches two high school speech and debate teams in the Yuba-Sutter area. Ashley enjoys working with teens on an educational level, but is particularly passionate about mentoring these young adults. As a volunteer for Big Brothers Big Sisters and a strong advocate for teen mentoring programs, Ashley is currently helping to start a non-profit organization that deals with mentoring youth-at-risk.

"I think the judges chose her because she is such a joy to be around," said program director April Smith.

"She radiates confidence and her resume is incredible. She is currently teaching English at El Camino High School for the teaching credential program through Sac State, but she also mentors and teaches kids in juvenile hall. She is also establishing her own non-profit program, Dream Builders: Empowering Youth. She sets goals and accomplishes them and that really makes her amaz-



ing. She is a young woman who you just know will achieve anything she sets out to do," Smith said.

At a young age, Ashley was introduced to ventriloquism by a member of her church. After years of being fascinated by the talent, Ashley began practicing for hours in front of a mirror and began studying the routines of various famous ventriloquists.

Now, as a self-taught ventriloquist, Ashley enjoys entertaining audiences with her puppet, Granny Mildred. As Miss Sacramento County, Ashley is especially excited to perform ventriloquism when she visits the Children's Miracle Network hospital of Sacramento.

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Over the holidays I realized Mom can no longer roll out a pie crust or knead fresh dough. Arthritis has knotted her fingers and weakened her grip. Beyond baking, even tasks that were simple for her in the past are now difficult.

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## Bracing for kitten season, it's not too late to nip and tuck



The Sacramento City Front Street shelter is bracing for the annual onslaught of tiny, homeless kittens. Each year, thousands of unwanted cats and kittens come through the doors of the shelter, brought in often by good intentioned people who have no idea what to do when either their pet gives birth or they stumble across a litter of newborns.

As the shelter prepares for the increased demand for shelter services, it would like to remind cat owners that there are many resources available to prevent those unexpected pregnancies before they happen. Spaying and neutering is one of the key ways to lessen the number of unwanted animals born each year and ultimately reduce the number of animals that end up in our shelters.

The City of Sacramento offers city residents low cost or no cost services that help people

with income constraints get their pets spayed or neutered. To qualified customers, income guidelines published by the federal government are used. Factors such as the number of people in a household and income levels are taken into account.

Anyone interested is urged to call the Spay and Neuter Hotline at 808-7383. Online registration is available at [saccitypets.blogspot.com](http://saccitypets.blogspot.com)

## Longtime Arden area minister joins Rancho's River Valley Church

River Valley Church of Rancho Cordova welcomed Reverend Jeanie Shaw as its new pastor on Sunday, March 3.

The Rev. Jeanie Shaw is an ordained Presbyterian Minister who has served at Northminster Presbyterian Church in Sacramento. She is a graduate of Princeton Theological Seminary and has served churches in northern California including Westminster Presbyterian in downtown Sacramento, Bethany Presbyterian in South Sacramento, First Presbyterian in Marysville, and as founding Pastor of Windsor Presbyterian in Sonoma County.

"River Valley Church is extremely excited to have Pastor Jeanie join us and share her boundless energy," says church elder, George Burnash. "Jeanie brings a combination of compassion and enthusiasm that is remarkable."

Having a passion for mission work, Rev. Shaw served with Mother Theresa in Calcutta, India and also served short-term missions to Nicaragua, Peru, Ecuador, and Mexico. She is a member of the National Response Team for Presbyterian Disaster Assistance and has led mission trips rebuilding homes destroyed by hurricanes, tornados and floods all over the United States. Her most recent deployment was to Northern New Jersey for Super Storm Sandy relief.

Rev. Shaw has a deep commitment to the Community of Greater Sacramen-



to. She is a past President of the Sacramento Tree Foundation and founded the Tree for Tomorrow Campaign to plant one million trees. On Arbor Day 2001, Rev. Shaw planted the millionth tree in Caesar Chavez Park.

River Valley Church is located at 9883 Folsom Boulevard within the Presbytery of Sacramento facility.



## How the arts enrich Arden/Carmichael area schools

When is the last time you heard math students singing a popular song as a class during a fraction lesson? Or building an ancient city out of clay during history class? These are just a few ways teachers in San Juan Unified are changing the way their students learn.

The San Juan Unified School District is proud to have preserved the arts throughout its schools. In a quest to continue to find new and effective ways of teaching, Visual and Performing Arts coordinator Craig Faniani has spearheaded an effort called Arts Integration, and it's already seen a lot of interest from principals, staff, teachers and students alike.

Teachers are using music, sculpting, drawing, drama, technology, movement and a variety of other types of art to engage students and create a different and effective learning environment. Arts Integration is much more than the typical 'art project.'

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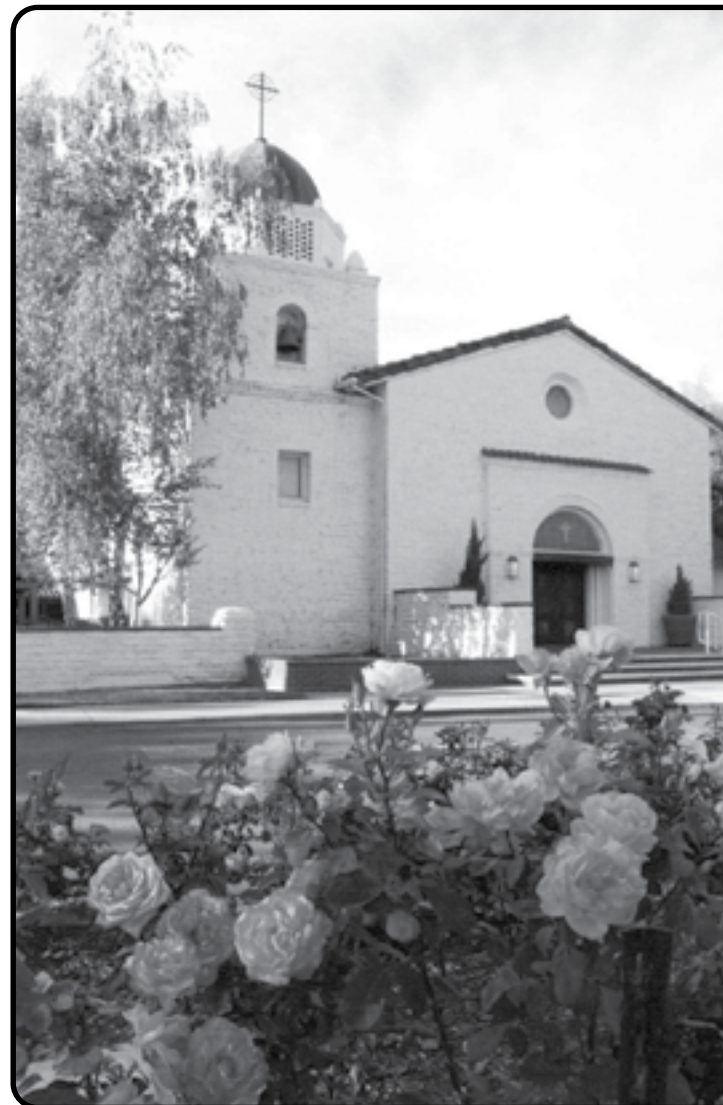
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# SPORTS

## Jesuit Athletics

Varsity Soccer named #1 team  
in the country

The Varsity Soccer Team was honored by high school sports website MaxPreps and the Army National Guard during the Spring Sports Rally on Friday, March 1. Out of more than 14,000 high school soccer teams nationwide, only five of the nation's top-ranked boys soccer teams and five of the nation's top-ranked girls soccer teams were honored on the MaxPreps Soccer Tour of Champions. The Marauders finished their season ranked as the MaxPreps No. 1 Soccer Team.

### Wrestling:

Gilbert Martinez and Alex Elko advanced to the CIF State Championship Meet this past weekend in Bakersfield. These 2 were our first state qualifiers in 6 years. Gilbert went 1-2 and Alex went 2-2 in preliminary competition

on Friday. Elko lost to the 6th ranked wrestler (4-1) to get knocked out.

### Baseball:

The JV and frosh teams hosted Archbishop Mitty last weekend. The JV won both games (6-5 and 10-0). The Frosh dropped both (8-5 and 12-11 in 8 innings).

### Lacrosse:

The Marauders opened their season with a thrilling 11-10 win over Menlo in overtime. The JV Marauders were beaten 7-1 by Menlo.

### Volleyball

The Marauders opened their season with a non-league loss to Whitney (3-0), but rebounded to win two rivalry games last week. The Marauders beat Christian Brothers and Rio Americano in decisive 3-0 fashion.

JV Volleyball won all three of their matches last week, beating Whitney, CB and Rio Americano (2-0 in a best of 3 match).

## WNBA star promotes good character at Carmichael Elementary

Carmichael Elementary students prepared for Olympic Gold Medalist and former WNBA player, Ruthie Bolton to come to their school for weeks. They made posters with her name on it, decorated them with pictures and logos from her various teams and then plastered them all over campus. Kids talked about her upcoming visit amongst themselves as the day inched closer and closer. Finally, March 1 arrived and her appearance did not let them down.

"Today was amazing because I got to experience being with Ruthie Bolton," fifth grader Samaria Harris said. "When I actually got to high-five her it kind of tingled because this is a WNBA superstar. I actually got to get her autograph!"

Bolton talked to students about her career, the hard-work she put in to reach her goals and how important it is to possess good character traits, something that is highly valued in San Juan.

"Our first character traits we work on with our students are responsibility and respect, and then to have those you can have cooperation," Carmichael Elementary School principal Brandei Smith said. "Her story is going to help."

"I feel like I have been given the gift to play basketball and it is way bigger than the game," Olympic Gold Medalist Ruthie Bolton said. "It is about giving back and trying to inspire...to show these young girls and boys that no matter how tough life gets, no matter how tough the challenges get, I can do it."

Even students who aren't fond of the game were inspired by Bolton.

"I'm not that much of a basketball player, but she really made me feel like, you shouldn't give up," fifth grade student Anna said. "If you lose it doesn't mean you have to stop, you still go on no matter what. I saw pictures where she was trying to take the ball when she was even in the lead. She really inspired me."

Bolton's appearance helped kick-off the school's basketball league that starts in a couple weeks. It was one of many community member visits that Carmichael is having to emphasize positive character traits. The



Courtesy photo  
Former WNBA player and Olympic gold medalist Ruthie Bolton visited Carmichael Elementary on March 1. Students made posters with her name on it, decorated them with pictures and logos from her various teams and then plastered them all over campus.

last one was with Tony Asaro, who oversees community relations for the Sacramento River Cats. He talked about the importance of academics, having a good attitude and great attendance. He helped set-up Bolton's visit to the school.

"We're honored Ruthie came to our school," Smith said. "It's another adult to explain to them about character traits and how they can meet their highest potential by instilling those traits in them."

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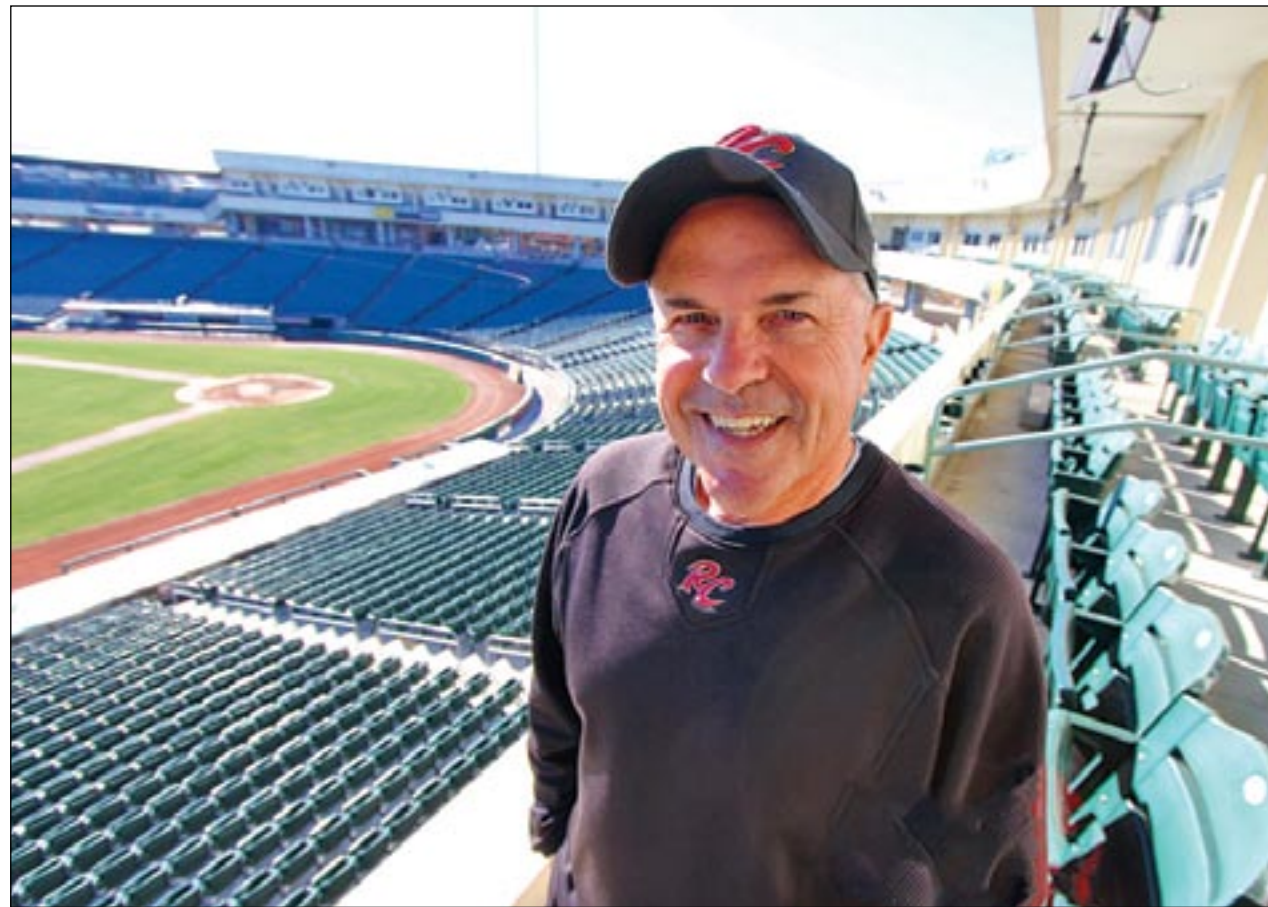
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# Community leader spreads message of strong character to students



Tony Asaro uses love of baseball to teach children valuable life lessons.

Photo courtesy

Tony Asaro isn't a teacher by trade, but in San Juan Unified, he's as recognizable on campus as school staff.

Entering his 14th year overseeing community relations for the Sacramento River Cats minor league baseball club, Asaro spends the bulk of his time working to improve the lives of children and families throughout the region.

That work began in San Juan Unified schools, from which Asaro, his wife and four children all graduated and where he began his career.

Today, he's an enthusiastic and constant figure in schools, preaching the importance of strong character, attendance and academic success to scores of students.

"San Juan schools are fortunate to have such a committed community leader in Tony," said Superintendent Glynn Thompson. "Tony's dedication to our students, unwavering energy and positive attitude are an inspiration."

## from Asaro in his own words:

...on how Asaro blends passion for baseball with teaching and inspiring students:

"To be able to take what my passion is, which is baseball, and use that as the teaching element, that's so powerful. ... I believe that we teach our

children through the games we play. And I love the game of baseball because if you're the greatest player that ever played the game, you're a .300 hitter, you fail seven out of 10 times. There's no game that we teach our children or play that you fail that often and yet, you're the best. It's through those failures that you learn.

"That (relates) to the whole 'attendance, attitude and academics' (message): You've got to be there every day for your teammates and bring what you have to bring. You have to have a positive attitude no matter how many times you get knocked down, no matter how many

See Leader, page 11

# Leader: 6th grade teacher got him out of his shell

Continued from page 10

times you fail, you've got to get up one more time than that. Those are the kind of things we talk to kids about."

## ... on how his visits to schools motivate him:

"I've been very, very fortunate. That's the inspiration. When I go to a school at 8:30 in the morning, and I put on an assembly, and that starts my day, I'm sure I've jazzed them up, I've gotten them excited, but I am so pumped. So that when I do one at noon and 2, and then go and give a speaking engagement that night to a Rotary club, that excitement just builds and builds and builds."

## ... on how one San Juan Unified leader - his sixth grade teacher - shaped who he is today:

"I was very shy. I could not speak in front of people; I could not make a presentation. (My teacher) brought that out. He said 'You're going to be our emcee at our talent show.' I said, 'I can't do that.' He said, 'I see you doing impressions of Ed Sullivan and John Wayne for your friends. You can do this.' He then entered me in a Rotary speaking contest and helped me with that as a sixth grader. It's one of the two trophies I own in life. ... It changed who I was."

## ... his thoughts on the meaning of leadership:

"I was asked as a junior in high school to be the captain

of the baseball team. I was not the best player on the team. I was able to help motivate the team to be good, but I knew I was not the best player. And there was a reason they asked me to do that.

"And I think that leadership can be someone who stands up and motivates - inspires - but I also think leadership is (being a) role model that people want to follow. I believe that we all have a reputation - those are other people's ideas of who we are. I believe that the character of who we are makes a difference. And what I urge young people to do, is to look to the character within themselves. That's how you become a leader. You are a role model no matter where you are in whatever you do, whether you're the CEO or the person cleaning the place up, you can show leadership."

"I can't tell you how many schools I've been into, where the multipurpose room looks immaculate. These schools were built in the 1940s, 50s, 60s. That person who's controlling that, who's the person of influence there, can't teach English, can't teach science or math. But he can make those kids feel good about where they're at, make that staff feel good about where they're at. And that's what they're contributing."

"The scale is not north to south, the scale goes east to west. We're all leaders. Step up and be the best you can be at whatever you do." -SJUSD

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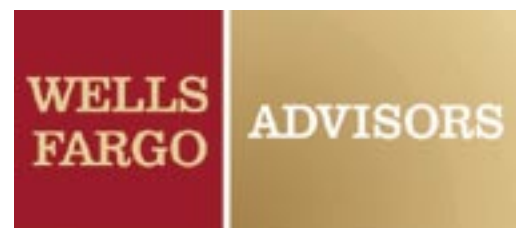
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# California Food Literacy Center praises mayor's 'Year of Food' efforts

## Local nonprofit's work goes beyond farm-to-fork to address all aspects of food system

As Mayor Johnson declared 2013 Sacramento's "Year of Food," California Food Literacy Center is working to ensure Sacramento's new identity as "America's Farm-to-Fork Capital" will go beyond raising awareness of food's travel between a farm and a restau-

rant plate to addressing the entire food system. "This is an exciting time for Sacramento's food movement, and we're excited the mayor shares in our joyful love of food," said Amber Stott, California Food Literacy Center executive director. "As we

work to inspire children to eat more fruits and vegetables, the mayor's efforts will reinforce our education about the entire food system - hunger, obesity, food deserts, nutrition and educating the next generation about these issues. The Year of Food will

celebrate our amazing farmers and chefs and our vibrant food advocacy movement." Twenty-one food advocates from across Northern California are currently training in California Food Literacy Center's nine-week Food Literacy Academy to become teachers in their communities. Nonprofit executives, professional chefs and community activists are learning basic nutrition, classroom management and education best practices, curriculum writing, food safety, food systems trends and more. After the training, they will dedicate 100 hours of volunteer service to food-related efforts.

"We need more boots on the ground helping kids learn to cook and love fresh, whole foods," Stott said. "The sheer volume of response we had to our Food Literacy Academy call for applicants shows that Sacramentans are ready to shape our food system in a positive way."

California Food Literacy Center also partnered with Valley Vision's Food System Collaborative to host the recent State of the Food System Address in Sacramento, which included more than 100 leaders from the food and agriculture sectors. The address included a new Sacramento Region Food Charter that emphasizes recycling, food security and home gardens to achieve a hunger-free region that provides access to safe, local food.

While working to educate food advocates, California Food Literacy Center also continues to bring food literacy education to children through its work in Capitol Heights Academy's after-school program in Oak Park. The group is empowering low-income K-5 students to explore new foods, learn to cook

healthy, sustainable snacks and make smart choices. Students learn fruit and vegetable appreciation, how to read nutrition labels, basic cooking skills and environmental impacts of their food choices. California Food Literacy Center created the curriculum and will bring the program to more schools across the state, thanks to their new Food Literacy Advocates.

"After three months of working with the K-1 students, 92 percent said they believe healthy food tastes good, and 88 percent knew how to read a nutrition label," Stott said.

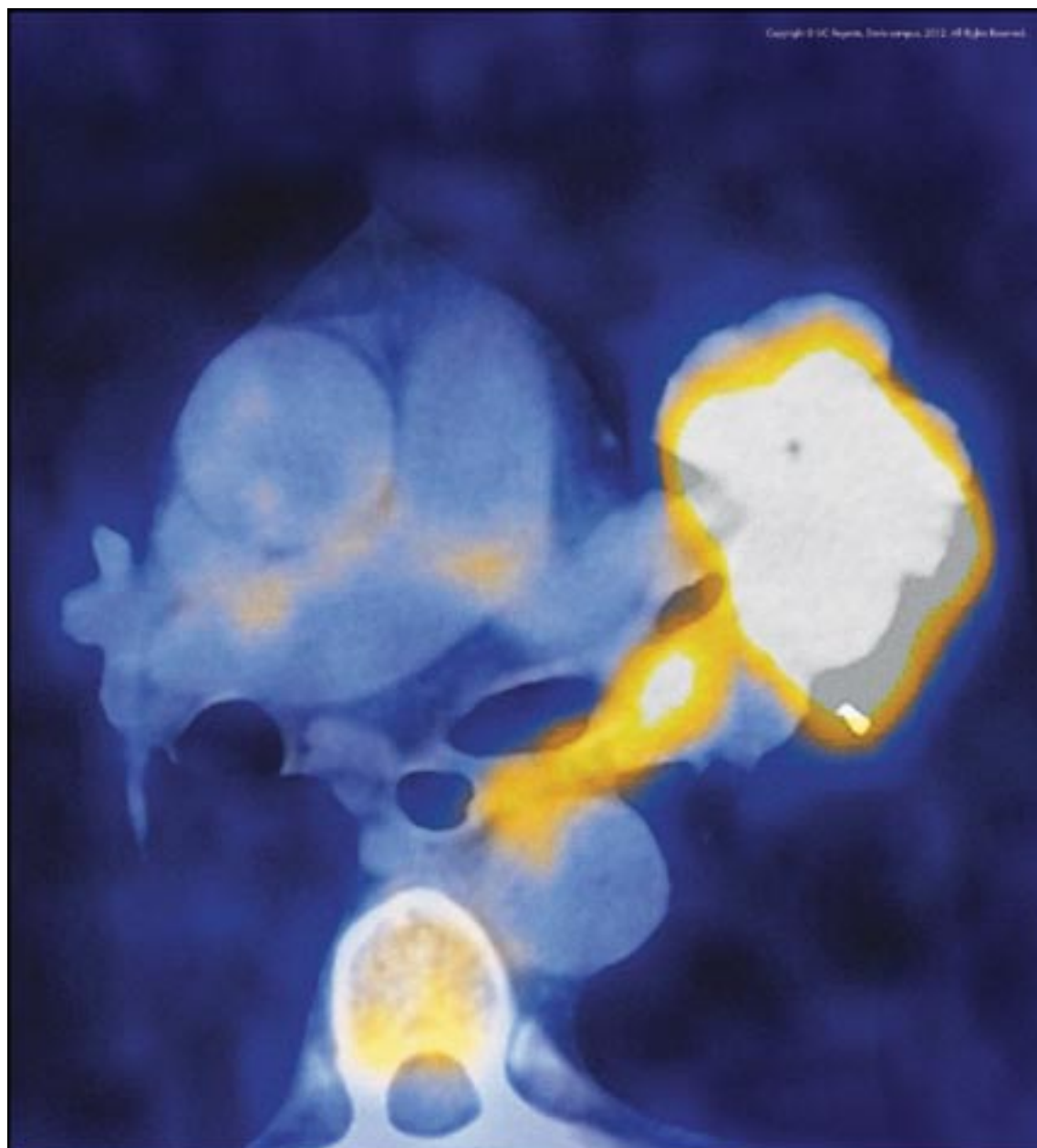
"These kids are bringing knowledge back to their families - they're our best food advocates."

The nonprofit also is joining Slow Food Sacramento to host the Sacramento Food Film Festival March 15-16, which is focused on food literacy. The event features food system films and discussions, as well as honey, sushi and sake tastings and a kids' scavenger hunt.

California Food Literacy Center is also forming partnerships with libraries and farms to create curriculum for parents and children this summer. The group will hold its 2nd Annual Food Literacy Month in September, and its second Holiday Fruits and Veggies Drive in December.

Mayor Johnson really set the tone for an amazing year," Stott said. "We're proud to join him by teaching Sacramentans about all of our phenomenal local food that's good for them - and good for the planet."

For more information about California Food Literacy Center, how to get involved and how to make a donation, visit [www.californiafoodliteracy.org](http://www.californiafoodliteracy.org).



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Photos by Erik Urias

The Sacramento Steampunk Society held an emporium and swap meet on Saturday, February 16, at Great Escape Games on Howe Avenue. People got a chance to see what steampunk is all about and visit with an estimated 50

vendors. The emporium was an artists' bazaar with a steampunk flair, featuring artisans selling items they have made, including costumes, jewelry, leatherwork, books, and hats. To see more photos by Erik Urias, visit: facebook.com/ThymehadderDit

## School news

### Interim Principal Named at Jesuit High School

According to a letter from the school's president, Rev. David J. Suwalsky to the high school community, he announced that Lorraine Paul, Assistant Principal for Curriculum and Assessment, has agreed to serve as Jesuit's interim principal for the 2013-2014 academic year. She will become interim principal beginning July 1, 2013.

Current principal Brianna Latko is preparing for a move to St. Ignatius College Prep-Chicago and a permanent successor will begin with the appointment of a principal's search committee after spring break. The next permanent principal is expected to be announced before December 2013.

Paul has been Jesuit's Assistant Principal for Curriculum and Assessment since 2011.

The first \$20 million bonds were issued under Measure N, the \$350 million bond measure voters approved in November to upgrade schools, and will initially be used to upgrade deteriorating learning spaces and portables and to make infrastructure improvements for new technology.

For the \$20 million bond issue, the District achieved a true interest cost of 0.32 percent over 2 1/2 years. The decision to pay off the Measure N bonds in just 30 months will save taxpayers an estimated \$12 million in borrowing costs. Another \$50 million in bonds issued under Measure J, approved by voters in 2002, will help finance ongoing improvement projects throughout the District. The \$50 million issue sold at a true interest cost of 3.17 percent over 25 years.

Last year, the District twice refinanced earlier bonds at lower interest rates, saving about \$9.8 million over 17 years. All savings from the refinanced bonds will lower property taxes.

### Bond sales' low interest rates to save taxpayers millions

The San Juan Unified School District has issued \$70 million in bonds under two voter-approved ballot initiatives, securing interest rates that will save taxpayers millions in borrowing costs.

The District has maintained a high credit rating of "Aa2" during the economic downturn, a key factor for securing favorable interest rates for the general obligation bonds, which were issued Feb. 21.

### Rio Americano places second in countywide Mock Trial competition

After several days of fierce courtroom competition, and thoughtful deliberations by esteemed judges, the verdicts are in for the 2013 Gordon D. Schaber (GDS) Mock Trial and Moot Court Competition.

In Sacramento County, Elk Grove High School is the winner of the Mock Trial competition. West Campus High School earned top honors in the Moot Court competition.

Rio Americano High School (Team 2) placed second in the Mock Trial competition and Bella Vista High School (Team 2) was runner-up in the Moot Court competition.

The Sacramento County Office of Education, which coordinates the event, announced the winners at the GDS Awards Ceremony on March 4. Elk Grove High will advance to the California Mock Trial Competition, which will be held in Riverside, March 22-24. California does not hold a statewide Moot Court competition.

Teams from 18 Sacramento County high schools, as well as four teams from El Dorado, Placer and Yolo counties, competed in the 34th annual event. Volunteers from local law firms and other legal organizations served as scoring and presiding judges for the five-day event.

### Mock Trial Results Sacramento County Rankings

- \* 1st place: Elk Grove High School
- \* 2nd place: Rio Americano High School (Team 2)
- \* 3rd place: St. Francis High School
- \* 4th place: Natomas Pacific Pathways Prep Charter High School (Team 1)
- \* 5th place: Rio Americano High School (Team 1)
- \* 6th place: Sacramento Country Day
- \* 7th place: Pleasant Grove High School
- \* 8th place: Sheldon High School

Placer County 1st Place: Rocklin High School

Yolo County 1st Place: River City High School

El Dorado County 1st Place: Ponderosa High School

### School Sportsmanship Award: Natomas Pacific Pathways (Team 1) Moot Court Results

- 1st place: West Campus High School
- 2nd place: Bella Vista High School (Team 2)
- 3rd place: Bella Vista High School (Team 1)
- 4th place: C.K. McClatchy High School (Team 1)

### School Sportsmanship Award: Franklin High School (Team 2)

The Mock Trial competition simulates a trial-level proceeding in which students portray the roles of pre-trial counsel, prosecuting and defense attorneys, witnesses, court clerks, bailiffs, and jurors before a single presiding judge and two scoring judges. It includes courtroom art and courtroom journalism competitions. The county Mock Trial winner advances to a statewide competition.

The Moot Court competition is an appellate-level proceeding in which students prepare and argue a case before a panel of three judges who evaluate participants on the quality and persuasiveness of their legal reasoning and presentation, as well as their unscripted responses to spontaneous questions from the bench.

The California Mock Trial Competition is sponsored by the Constitutional Rights Foundation (CRF), a non-profit, non-partisan, community-based organization dedicated to educating America's young people about the importance of civic participation in a democratic society.

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**Holy Thursday:** March 28th - 7:00pm, 6:00pm First Communion Service

**Good Friday:** March 29th - 11:00am & 7:00pm

**Easter Sunday:** March 31st - 8:30am, 9:45am, & 11:00am

**Breakfast:** 8am - 11am (Youth Fundraiser)

**Celebration Egg Hunt:** 9:45am



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# Tea ceremonies are steeped in Japanese tradition

The anonymous donor behind the charming Sokiku Nakatani Tea Room and Garden at Sacramento State's University Library will continue to honor the woman for whom they're named by funding a series of springtime teas.

"Tea season" began Tuesday, Feb. 26, with 17 ceremonies scheduled through April 11. All are offered free to Sacramento State students and the general public, and at no cost to the University.

The donor's gift pays for tea masters from San Francisco's Urasenke Foundation to demonstrate chado, or the "way of tea," and provided funding to build the tea room and its adjacent garden. Another part of the gift was a valuable collection of tea ware, some of which is used in the ceremonies.

"The tea room has been, in many ways, a jewel for the University, highlighting the ancient tea ceremony from Japan," says ethnic studies Professor Timothy Fong, who collaborated with the donor to get the project built. "It was an opportunity we couldn't pass up, and it's something to be proud of."

More than 230 ceremonies have taken place in the Sokiku Nakatani Tea Room since its dedication in 2007.

"It's the best demonstration tea room in the United States," says Fong, because of its garden, attached kitchen

and large TV screen for better viewing.

Those who attend a ceremony can enter the tea room from the Library's basement or through the garden, where they follow a deliberately crooked pathway to the door.

"It's believed that evil travels in a straight line," says Sally Hitchcock, University Library's coordinator for community outreach. "The idea of the garden is that it's like a path leading into the purity of deep mountains. It's a place to drop the dust of the world - all the cares and stress - before entering the tea room, so that each person will be receptive to living in the present moment and discovering the beauty of the ordinary moments in life."

Each tea presentation lasts about 75 minutes. Most attendees sit in chairs, classroom-style, but two or three will be invited onto the tatami, or straw mat, to experience the tradition firsthand. They will be expected to kneel, or sit cross-legged or on one hip for the duration. Everyone in attendance will receive a steaming bowl of green tea.

Chado is a centuries-old Japanese practice of meticulously preparing, offering and receiving a bowl of tea. It's a simple, yet elegant, embodiment of the principles of tranquility, harmony, purity and respect. Mrs. Nakatani lived in Sacramento



Photo courtesy of Sacramento State

for many years before moving to Los Angeles, where she began her study of chado. Some of her ceramic and bamboo tea ware, along with her kimono and obi, are displayed in the tea room. Other pieces are stored in the University's Special Collections & Archives.

If you wish to attend a tea ceremony, call Sally Hitchcock at (916) 278-5854. **Here is the spring 2013 schedule:**

- Tuesday, March 19: 10:30 a.m. and 1:30 p.m. (The noon class is full.)
- Wednesday, April 10: 10:30 a.m., 1:30 p.m. and 4:30 p.m.
- Thursday, April 11: 8 a.m., 9 a.m., 10:30 a.m. and 1:30 p.m.

To learn more about the Sokiku Nakatani Tea Room and Garden, go to [apps.lib.csus.edu/tearoom/](http://apps.lib.csus.edu/tearoom/).

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Man with dog—Clipart © Microsoft Media

## World-renowned child psychiatrist to speak on autism at Arden area church

On March 23, from 1 to 3 p.m., the Sacramento Congregation of Community of Christ ([sacramentocofchrist.org](http://sacramentocofchrist.org)), in collaboration with A Touch of Understanding, Inc. ([touchofunderstanding.org](http://touchofunderstanding.org)), will host an Autism Seminar at the church at 4044 Pasadena Ave. Admission is free.

Guest speaker Glen Elliott, M.D., Ph.D. is a world-renowned child and adolescent psychiatrist with a longstanding interest in improving the diagnosis and treatment of severe psychiatric disorders in children and adolescents. He has worked with individuals with autism and their families since 1984. He will be speaking about the changing views of autism and related disorders over the past 30 years with a particular focus on the ongoing search for a better understanding of what causes this potentially devastating disorder and what progress has been made in treating it.

Also participating will be autistic members of A Touch of Understanding, Inc. (ATOU) as well as caretakers.

ATOU is a non-profit organization operating in the Sacramento area that provides character-building disability-awareness programs to school age youth. Autism is the fastest growing diagnosis among disabilities. The Center for Disease Control and Prevention reports that currently, 1 in 88 children in the U.S. have been diagnosed with an Autism



Photo courtesy of Glen Elliott, M.D., Ph.D. is a world-renowned child and adolescent psychiatrist with a longstanding interest in improving the diagnosis and treatment of severe psychiatric disorders in children and adolescents.

Spectrum Disorder. Among boys, the rate is 1 in 54.

"Given these statistics, many of you will have friends or neighbors impacted by Autism. Please invite them to attend, or forward this announcement to them. We hope that this seminar may provide them with information and resources that can help them cope with the challenges raised by this trying disorder," according to organizers.

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# ARTS

## Chautauqua Playhouse to open the thriller 'The Raven and Other Images of Edgar Allan Poe'



Master puppeteer and director Richard Bay presents "The Raven and Other Images of Edgar Allan Poe" at the Chautauqua Playhouse on March 15. Pictured: Richard Bay and a puppet of Edgar Allan Poe

A sensational new theatre experience combining live actors and puppetry produced in association with master puppeteer and director Richard Bay comes together at the Chautauqua Playhouse where "The Raven and Other Images of Edgar Allan Poe" will open on March 15.

Featuring the macabre stories and poetry of the original master of suspense and horror, Edgar Allan Poe, this is a memorable production full of vivid images and a stylish production.

The show will run on Fridays and Saturdays at 8 p.m. and Sundays at 2 p.m. through April 21. All performances will be held at the Chautauqua Playhouse, 5325 Engle Rd. in the La Sierra Community Center in Carmichael. Admission is \$19 general and \$17 students, seniors, and SARTA members.

The production is directed by Richard Bay, who has also created the fabulous puppets for the show. Lighting and design is by Don Myers.

Information and tickets are available through the Chautauqua Playhouse website: [www.cplayhouse.org/tickets](http://www.cplayhouse.org/tickets) or call the box office at 489-7529, during business hours.



The work of esteemed regional artists Julie Patterson and Judy Chamow will be featured in a special art show at River's Edge Senior Community in Sacramento on Saturday, March 16 at 2 p.m. Refreshments will be served. Admission is free. River's Edge Senior Community, 601 Feature Dr. For more information and to RSVP, call 921-5131.

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# ARTS

## March art at Artistic Edge

Artistic Edge is featuring work by Carol Brown, Bill Reed and Linda Nunes.

Bill Reed has been an artist at heart since childhood. Encouraged by his family and influenced into the world of animation by the famous works of Walt Disney, Bill continues to evolve into new styles and mediums with each new piece.

When asked what he would tell a mentee or new artist, Bill relied, "To advance in any part of your art, drawing is the most important part of being an artist". True to his word and passions, Bill began his journey into the world of animation in 1966 with Disney Studios. As an animator, Bill worked on some of our most beloved movies like "The Jungle Book" and "Winnie the Pooh and the Blustery Day", and over the next 42 years, continued his journey working on hundreds of TV cartoon shows for Hanna-Barbera, Filmation, Universal Studios and the The Cartoon Network.

Bill's art continued to be a learning experience and the art of learning kept him exploring new ways to express his talents. In 1998, Bill moved from pencil to paint taking his artistic expression into the artistic mediums of acrylic, watercolor and oils painting.

Bill's painting pulls his audience into the endearing and humorous worlds of his Whimsical Series with the childlike sim-



There was an Old Woman - Oil on Canvas by Bill Reed.

plicity of his "Old Lady in the Shoe", and he will take his viewers to the timelessness of his Landscape Series, presenting the silence of traditional transportation and the depths of household full of memories in "Blue Bicycle".

Artistic Edge Gallery and Framing is located at 1880 Fulton Ave., Sacramento. For more information, call 482-2787 or visit [www.artisticedgeframing.com](http://www.artisticedgeframing.com)

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**PALM SUNDAY** March 24th 9:55 AM  
We celebrate the joyous events of Jesus' entry into Jerusalem with hymns, songs, and a parade of palms led by the children.

**MAUNDY THURSDAY** March 28th 7:00 PM  
You are invited to remember the last hours of Jesus' life through scripture, hymns and the Sacrament of the Lord's Supper.

**GOOD FRIDAY** March 29th 7:00 PM  
Tonight we remember the "Seven Last Words of Jesus on the Cross" with readings of scripture, music and silent reflection.

**EASTER SUNDAY** March 31st  
**Son-Rise Celebration** 7:00 AM  
Our youth will be leading us in joyous music and words as we gather to proclaim together, "He Is Risen!"

**Resurrection Celebration** 9:55 AM  
Join us as our choirs lead us in both contemporary and traditional music for a joyful celebration that our Lord and Savior, Jesus Christ, has risen from the grave.



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**CHRIS BALESTRERI 996-2244.**



**PRIME ARDEN OAKS**

Fabulous location on nearly one acre, 3 or 4 bedrooms, 2½ baths; rebuilt in 2007. Two separate bedroom wings, hardwood floors, French doors and lots of glass.. Beautiful, private, treed acre with pool, cabana area and koi pond.; plus 2 bd/1ba Guest House and older horse stalls. \$1,150,000

**PATTY BAETA 806-7761**



**DEL DAYO ESTATES**

3 bedroom 3½ bath with open floor plan perfect for entertaining! 2 master suites, kitchen features granite counters and stainless appliances. Landscaped yard with pool, fountain, courtyard and patios. Easy Access to American River Parkway. \$699,000

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A bit of Tahoe on Northrop. Charming 3 bedroom two bath home nestled among the trees. Private courtyard entrance. Beautiful wood floors, walls of glass open to the backyard. Very quiet and secured. \$529,000

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**WILHAGGIN RANCH**

Beautiful 4 bedroom, 3 bath wonderfully updated in 2008. Custom remodeled kitchen, white cabinets and Picasso granite counters, gas cooktop, double ovens and coffee station. Professionally landscaped yards have stone paver patio and a sparkling pool. \$739,000

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**BEAUTIFUL STRENG HOME**

3 bedroom 2 bath home in exceptional condition with updated kitchen and baths! Don't miss the private Japanese garden off the master bedroom with a pondless waterfall! The 3rd story has a bonus area - pyramid shape with skylights - could be an artist area or office. \$379,000

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**IMMACULATE GOLD RIVER**

Outstanding Powell floor plan tucked away in a cul-de-sac on a nice sized lot featuring pool, spa and a beautiful Heritage Oak. Features include 2 bed plus den (could be 3rd bed), 2 baths, updated kitchen and bath, granite counters, cozy fireplace and charming courtyard. \$469,000

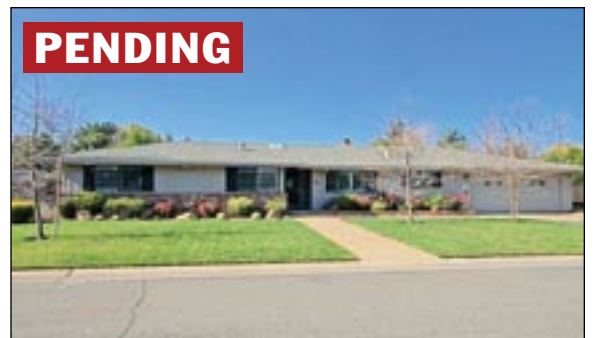
**PATTI PRIESS 801-0579**



**ARDEN ARCADE**

3 bedroom 3 bath home on private gated lane features vaulted beam ceilings, wood floors, large entry leading to open floor plan and fabulous view of park-like setting. Large open kitchen with work island and big breakfast nook. Formal dining room. Wonderful private patio views spacious grounds. \$475,000

**PATTY BAETA 806-7761**



**PRIME ARDEN OAKS**

Just a short stroll to Windemere Park in this highly desirable neighborhood. Immaculate updated 3 bedroom 2 bath home featuring gleaming wide-plank wood floors, dual paned windows, plantation shutters and so much more! The beautifully landscaped yard is large and features a sparkling pool and a covered patio for entertaining. \$495,000

**CAROLE GOODIN 718-0875**

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