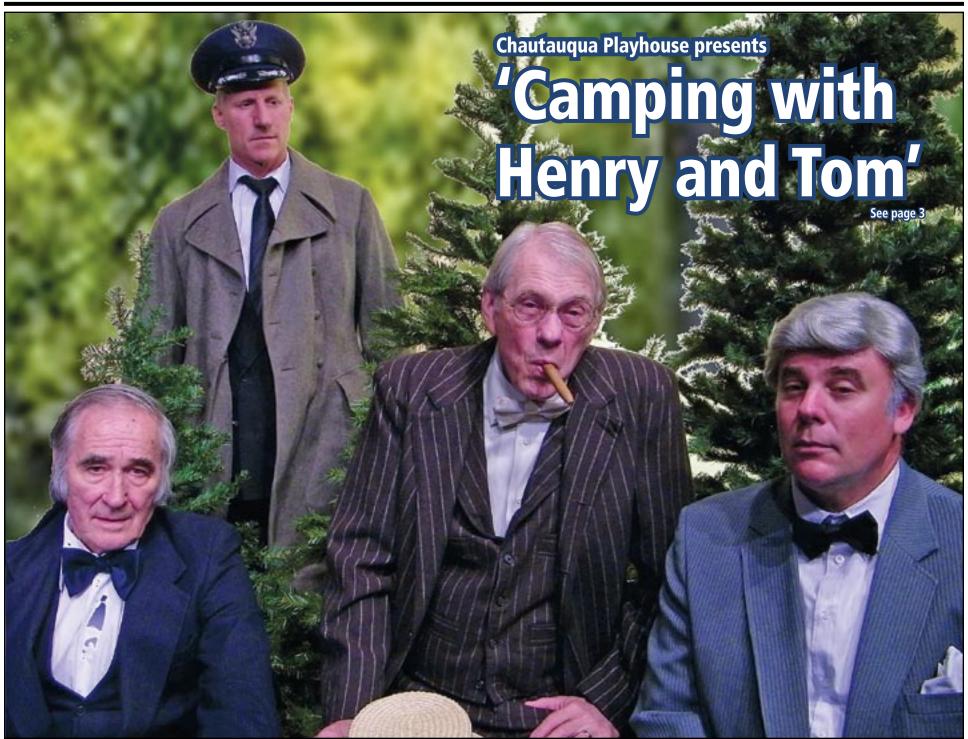
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Community News in Your Hands October 24, 2013 www.valcomnews.com



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Business, residents join together to beautify Carmichael ■ See page 6



Pedal Power: Arden area schools celebrated walk & bike to school day

■ See page 12



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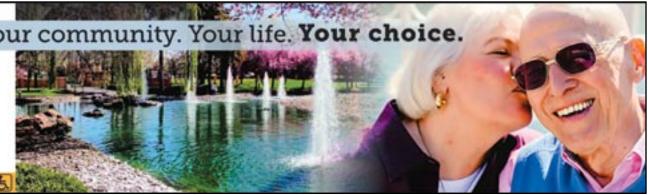
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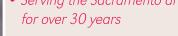
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(L) Michael Beckett, Jerold McFatter, Daryl Petrig, Chris Lamb

Chautaugua Playhouse presents 'Camping with Henry and Tom'

Chautauqua Playhouse continues its 37th season with their production of ""Camping with Henry and Tom" by Mark St. Germain. The show runs on Fridays and Saturdays at 8 p.m. and Sundays at 2 p.m. through Nov. 17. The performances are held at the Chautauqua Playhouse, 5325 Engle Road in the La Sierra Community Center in Carmichael. Admission is \$19 general and \$17 students, seniors, children and SARTA members. Please note that this production contains strong language.

In 1921, Henry Ford, Thomas Edison and President Warren G. Harding took a camping trip together into the Maryland woods to escape civilization; what they couldn't escape was each other. Inspired by an actual event, "Camping with Henry and Tom" is an exploration of friendship, politics and leadership; it's a comedic and dramatic clash of two great minds and one great heart of the 20th century.

The production is directed by Janice Reade Hoberg with set design by Mel Caines. Lighting design is by Don Myers. The cast Daryl Petrig, Michael Beckett, Chris Lamb and Jerold McFatter.

Information and tickets are available through the Chautauqua Playhouse website: www.cplayhouse.org or call the box office at 489-7529, during business hours.



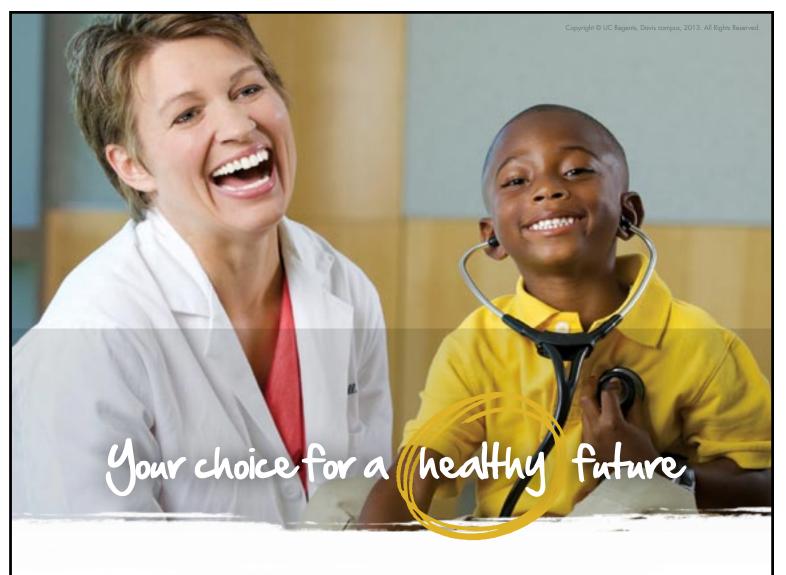


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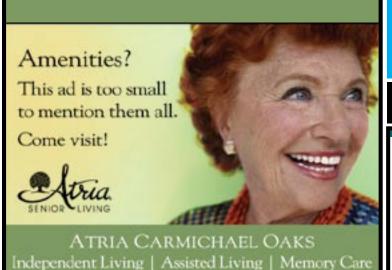
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Breaking the cycle of homelessness:

Women's Empowerment Gala raises more than \$160,000

including 100 women once homeless, at- are homeless across Sacramento contintended the 12th Annual Celebration of ue to step up and step out of homeless-Independence Gala that benefits Wom- ness for good, thanks to the job-readen's Empowerment, a local nonprofit help- iness skills and encouragement they ing women who are homeless find homes receive from this community." and jobs so they can support their families. The event exceeded its goals, raising more than \$160,000 and securing donors to sponsor 100 of the organization's graduates to attend.

The event, which raises funds for Wommingled with graduates and enjoyed a formal dinner, live and silent auctions, live music and presentations from the graduates.

"This was a groundbreaking event, wants to be part of the solution to endtive director. "In December, we will cele- womens-empowerment.org.

More than 650 community members, brate our 1,100th graduate. Women who

Women's Empowerment offers the only comprehensive job-readiness program in the Sacramento area designed specifically for women who are homeless and their children. The 2009 Nonprofit of the Year has graduated 1,086 homeless women and en's Empowerment and honors the group's their more than 2,000 children. Last year, 1,086 graduates was held at the Red Lion 90 percent of graduates found homes and Woodlake Hotel in Sacramento. Guests nearly 80 percent found jobs or enrolled in school or training. The program combines self-esteem courses, job training, health classes and support services to help homeless women across diverse ages, races and proving once again that Sacramento cultures. Women's Empowerment is funded solely through private donations from ing homelessness," said Lisa Culp, execu- the community. To donate online: www.



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Businesses, residents to join together to beautify Carmichael

By LANCE ARMSTRONG

This Saturday, Oct. 26 will be a special day for Carmichael, as local businesses and residents will participate in the inaugural Carmichael Community Pride Day.

Sponsored by Sacramento County Supervisor Susan Peters, the Carmichael Chamber of Commerce and the Sacramento County Department of Transportation, the event was organized to encourage businesses and residents to improve the appearances of local properties. The three-hour event will be held simultaneously with the Fair Oaks Boulevard Brush



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Up, which is presented three times per year.

Pride Day participants can either work on their own properties or can arrive at the Carmichael Park tennis courts at 5750 Grant Ave. at 8 a.m. to be assigned to a particular project. Volunteers should wear gloves and comfortable shoes, and can donate paint brushes and supplies to

Carmichael area resident Cathryn Snow said that the idea for establishing the workday came during her visit to a Roseville shopping center about two months ago.

"I was sitting out at the Fountains in Roseville and enjoying what a beautiful place that is and thinking, Gee, I wish that we had something like that in Carmichael," Snow said. "What I see there anytime that I'm there is that the parking lots are full and there are all kinds of people roaming around. People are comfortable and walking slowly. They're in and out of businesses and all of the businesses there are busy. What we really want to create is as "one of those dream comthat welcoming feeling in Carmichael. We have that say, 'I can do this and I can wonderful community spir-

it in Carmichael, but we want to enhance the businesses and draw more business into Carmichael. "I'm a director for the (Carmichael) Chamber (of Commerce), and so I took

(the idea) to the board and

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asked what they thought about it, and I told them I would be willing to chair that if they would support is to encourage business ownit. They were unanimously in favor of that. From there, and maintain, paint; generwe put together a diverse ally make their businesses that (project) about."

Community Pride Day was well received.

The committee consists of Howard Schmidt, Jack Harrison, Fred Rivas, Patrick Car- more pleasing in comparison penter, Jim Schubert, Chris to something like the Foun-Meyer, Linda Melody and Tarry Smith.

mittees (with people who) do that."

For instance, Schubert, who serves as the county's senior landscape architect, and Rivas, owner of the Lawnman landscape company, have volunteered their time to assist local businesses with landscaping suggestions.

In describing the community workday, Snow said, "The purpose (of the project) ers, primarily, to landscape Carmichael. Sometimes I think people choose to go somewhere else, because it's tains. What we're asking – on Oct. 26 in the morning from Snow described the group 8 to 11 (a.m.), or whatever time they choose, but our formal time is 8 to 11 – is that businesses and homeowners clean up their properties, make them more attractive. A lot of businesses have existing planter boxes and so forth, garden areas. They al-

hasn't been planted for years,

it's full of weeds or there's

just nothing going on in it. And then planting trees and bushes. You can get free trees from SMUD. Their tree alliance provides free trees. So, why wouldn't you do this? The cost that you have othcommittee of people who more attractive, so that it at- er than the initial purchasing I thought could help bring tracts more businesses into of the plants is water. That's it. And we can suggest very drought tolerant plants.

"A lot of the (workday) will be centered around the park facilities. There will be some painting of backstops and picnic tables and doorways, and general cleanup. And, of course, there is always trash pickup here, there and everywhere. It's also the other parks in the Carmichael park district that can certainly always use weed pulling and trimming and everything."

Snow added that the projready have established areas, ect is satisfying in that it but that has gone to seed or it had always been the goal of

See Beautify, page 7

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Beautify:

Peters and of the chamber to improve the business climate in Carmichael, as well as to bring more business into Carmichael.

Furthermore, Snow praised the Fair Oaks Boulevard corridor project for bringing improvements to Carmichael.

"We're just kind of piggybacking on that (project), Snow said.

Snow added that the community response has been

"When I called all of these service clubs and scouts and everything, their immediate response was 'Yes, absonot any hesitation whatsoev-

happy about it." Participating in this weekend's event will be the Kiwanis Club of Carmichael, Carmi-Rotary Club of Carmichael, Mission Oaks Recreation and Park District, Arcade Creek Recreation and Park District, St. John The Evangelist School, Soroptimist International of Sacramento North, local Boy Scout and Girl Scout troops and Carmichael Creek, Carmichael Colony and Barrett Hills neighborhood associations.

Snow understands the magni- willing to do their part."

tude that improved landscaping can provide in terms of bettering the success of a business. "My background is real estate," Snow said. "I had 23

years in real estate and what I know is that people are drawn to take part." to the attractiveness. That's the first thing. We always say in real estate, the first 10 seconds are most important, and that's the time that it takes people to of Commerce at (916) 481get out of their car and walk up to the front door."

Melody, who serves as the executive director of the Carmichael Chamber of Commerce, spoke about the effect such a project can have on the community.

"I think an event like this is important, in fact, actually lutely count us in.' There was to do on a yearly basis where the whole community takes er. And Susan Peters was very part," Melody said. "Í know there has been some concerns with trash thrown around or weeds growing and I think that it's not something that chael Elks Lodge No. 2103, the just one person can do or a few people. When a community comes together and takes pride in their own community and helps to make it look better, I think it's a place that they can then be proud of. So, that's why the chamber is apart of this and we were able to get community organizations and groups to take part, because I think everybody cares about what their From a personal standpoint, community looks like and is

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and December 5th and 12th (second insert)

In encouraging the community to participate in the event, Snow said, "This (project) will greatly improve the landscape in Carmichael, as well as earn service hours for schools. Everyone is welcome

For additional information, contact Linda Melody at the Carmichael Chamber 1002 or Cathryn Snow at (916) 804-7687.

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Halloween fun on Front Street

Animal shelter and California Auto Museum events

The City of Sacramento's Front Street Animal Shelter has teamed up with the California Auto Museum to bring the public two fun Halloween events. The shelter recently hosted a fundraiser at their venue and raised \$27,000 that is going toward buying new equipment for its upcoming spay and neuter building.

Fur! Fall! Fun! 3rd Annual Haunted Open

On Sunday, Oct. 27, the City of Sacramento's Front Street Animal Shelter, located at 2127 Front St., will open its doors for their 3rd Annual Haunted Open House from noon to 4 p.m. for a day full of "Fur! Fall! Fun!" Tricks and treats galore will be found at this event. The Front Street Animal Shelter invites guests to enjoy free hot dogs, cotton candy, snow cones, Vic's Ice Cream, Cupcake Craving and other fancy fare. This family outing includes a bounce house, children's game area, face painting, local vendors, and live music by Roni and the Flight. A spooky haunted house is available only for the brave of heart. Visitors are encouraged to bring donated cans or bags of cat and dog food to help support Titanic's Pantry, a free food service to pet owners in need.

In celebration of the Third Annual Open House, we will be offering \$3 adoptions as a way to thank the community for supporting the Front Street Shelter and helping save even more lives. The City of Sacramento Front Street Shelter is located at 2127 Front St.

Customers interested in visiting the website to search for lost pets or potential new pets should go to www.sacpetsearch.com

Shelter hours are Wednesday to Friday, noon to 5:30 p.m., Saturday to Sunday noon to 5 p.m.

Hauntings at the California Automobile Museum brings on chills for 'Trunk or Treat' event

There's a Halloween party happening at the California Automobile Museum. General and adult admission is \$8 and kids in costume get in FREE with an adult (3 kids per adult). "Trunk or Treat", "Dead Car Company" scavenger hunt and a "Very Scary" haunted house will be available to all visitors. Trunks of cars will be full of candy and available for all our "trunk or treaters" at this all ages event. All treats and admission deals are in action from noon to 3 p.m. on Sunday, Oct. 27 at the California Automobile Museum located near Old Sacramento.

Kids in costume can enjoy all the perks of trick or treating a few days early while getting a chance to learn a little bit about vehicle history. Dead car comcan only be put to rest by completing the "Trunk or Treat" scavenger hunt. Do you dare to be scared? Coffins found in the darkest pits of the Sacramento River, and bodies buried under Museum grounds have been unearthed and brought back to life to ing around the cars in the darkness only to disap- museum.org or call us at 442-6802.







The Animal Shelter and Auto Museum have teamed up for

Halloween fun

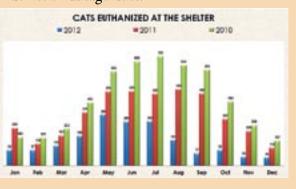
pear through our concrete walls and into the side panies are scratching the insides of their coffins and yards. If you're a fan of goosebumps trickling down the back of your neck, then we dare you to enter.

The California Automobile Museum is a nonprofit 501 (C)(3) organization. The mission of the California Automobile Museum is to preserve, exhibit and teach the story of the automobile and its haunt our education center. Night guards have told stories of floating objects and tall dark figures roam-upcoming events and exhibits please visit calauto-



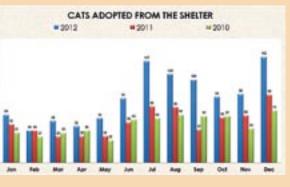
A little big about the Animal Shelter

·Cat euthanasia rate has been reduced by more than 60 percent since the shelter has been under new management.



The shelter knows some people have a tough time coming down the shelter to see all of the animals so it is very proactive with outside adoption events. The shelter is in the community adopting out animals at least eight times a month! This is one of the reasons adoption numbers continue to increase.

The adoption numbers, in general, have more than doubled



The shelter is very active in with social media, reaching anywhere from 150,000 - 500,000 people a week by posts.

The open house event is to celebrate the community and show them the shift in energy at

The shelter is a municipal shelter with a humane mindset.

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Arden area schools celebrated **National Walk and Bike to School Day**

celebrated National Walk biking." and Bike to School Day with a new spin.

Bicycle maker Specialized partnered with Folsom shop Bicycles Plus on Oct. 9 to do- tion course is followed by a nate 30 mountain bikes, helmets and heart rate monitors taken before and after the to the school. Sixty students will use them in physical education courses as a part of a unique study that will explore whether riding a bike can have an impact on student achievement.

Bacco said the program is a ceiving rider safety lessons. great opportunity and one

Will Rogers Middle School some interest and love for ence Consultants to provide

The opportunity to particopen to any interested student whose physical educamath or English class. Tests program will be used to compare academic performance of students who participate in cycling compared to students who do not.

Students who do not know how to ride a bicycle will have Vice Principal Brenda De- the chance to learn while re-

Specialized has teamed

and display items.

the grant-sponsored study at five schools across the counipate in the cycling study is try this fall – free of charge open to any interested stu- to the schools. Arden Middle School also will participate in the program and will receive their bicycles at a later date.

> Science teacher Naomi Harper said she applied for the grant because she believes the program is a natural fit for school has run a bike repair center, for instance, and many of the staff members are active cyclists.

Sixth-grader Trent Lawson was excited to have the Crews said the shop will pro- said, "and we love to be a part that will "hopefully build up with RTSG Neurosci- bicycles on campus. He's vide free maintenance and of it."

that rides every Wednesday after school."My favorite thing to do is actually to ride bikes," he said.

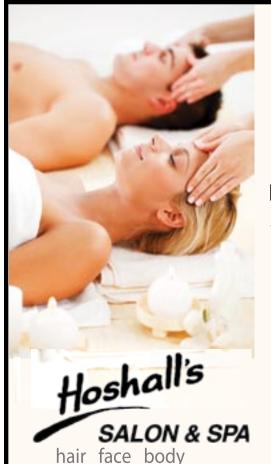
Bicycles Plus owner John

Will Rogers. Previously the created a student bike club safety checks for the school's new bicycles.

"To have a big company like Specialized to come to Sacramento (and) pick a couple of schools is phenomenal," he







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Artistic Edge Custom Framing & Gallery expands

By ALICIA O'HARA

Family owned and operated, Artistic Edge Custom Framing & Gallery, defies the economic odds and continues to grow. What started with a passion and a vision has evolved into a quality custom framing shop and a unique forum for local artists.

It all started with a vision. As a wife, mother and entrepreneur at heart, Kathy Caitano has a talent for creating success in her business ventures. By 2007, she had already grown and sold two businesses and was ready to invest into a business that connected to her passion for art. It was in the energetic atmosphere of an art auction, and encouragement from her husband, the idea transformed into action that Kathy Caitano decided to buy her first custom framing and gallery store.

With her investment made, Kathy's vision was to transform a 2300 sq. ft. local framing and print shop into a unique platform for original art and quality custom framing. To Kathy, quality can be affordable and "the bitterness of poor quality remains long after the sweetness of low price is forgotten".

This is what she shares everyday with her local community.

Today, Kathy's vision has become a reality. In just 6 years of business, Artistic Edge Custom Framing and Gallery has expanded into 8000 sq. ft. of showroom space and has built a strong connection with the communi-



ty she serves. Artistic Edge's now vast showrooms offer individuals the opportunity to experience original art from local and national artists, find unique and original gifts, and connect to a nostalgic quality of a family owned and operated business.

With continued growth in mind, Artistic Edge moves into their final stage of the transformation with the addition of six individual artist studio spaces. Here, independent local artists can create and sell their art on site, and become a bigger part of the Artistic Edge family.

"It's been a slow work in progress and this January we took on more space and have been working so hard. It's 85 percent complete and my artist studio spaces will be complete by December," Caitano told the Arden-Carmichael News.











Beautiful Arden Oaks

Angela Heinzen



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This home sits on .74 of an acre and has a park like feel. Offering Formal Offered at \$1,099,000

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The West Coast



'Hurricane Sandy was the deadliest and most destructive hurricane of the 2012 Atlantic hurricane season, as well as the second costli- and that was good. But then came est hurricane in United States his- the weather forecasts. An unusutory." -Wikipedia

As the devastating Rim Wildfire near Yosemite National Park enters the record books even as the peak California wildfire season of October comes to a close, we thought it fitting to ever come down the pike. It was crushed and sometimes hid them, to digress a bit from our usual Spyglass column of Arden doings and offer the reader a rare and exclusive first-hand account of another natural disaster. We're speaking this time of wild wind and water--on the opposite as it were, and heading straight for coast--namely, Hurricane Sandy and its terrible effect on the low-lying areas of New York and New Jersey on October 28-29, 2012.

Nova DVD documentary of those nights and days, we were inspired to share with Californians our direct experience of that incredible megastorm.

To make a long story short, we had jumped on a plane in mid-October 2012 to put in an appearance at the fiftieth reunion of our high school Class of '62 in Brooklyn, N.Y. We came, we shared together quickly scooted

by. Little did we know that we would be stranded for weeks in New York by the biggest storm in history to hit the East Coast. In the next few days, staying with

an old friend, we made the rounds of our former Woodside, Queens neighborhood, bumping into acquaintances and near-forgotten neighbors whom we hadn't seen in two years, al set of circumstances was slowly by one, giant maples and sycamores they could tough it out in place, recoming together which would make came crashing down. In Windmullthe newly-named Sandy, for stereo- er Park across from us on Fifty-Sectypically blasé, jaded New Yorkers, ond Street, and on streets upon unthe most destructive weather event lucky cars parked under them, they a rare coupling of a winter storm-- often closing the thoroughfares to a "Nor'easter"--coming from the traffic. West over land and a powerful tropfrom the tropics. A double whammy, the five boroughs of New York City and the New Jersey shore. Due to the proximity of Halloween the media promptly dubbed the huge swirl-Having just finished watching a ing mass "Frankenstorm." It would prove to be no joke at all...

The skies, normally abuzz with incoming jets coming in to land at neareerily quiet. Eighty-mile per hour winds had caused a shutdown of air We watched in awe from the safestood, many simply did not. One ing force. Many people who thought



The rain was driven near-horizonical storm coming up the East Coast tally against our living room windows. The TV was showing scenes of the Hudson River flowing down subway stairwells. "The City"--as New Yorkers call Manhattan--was going dark as power stations exploded as in a Middle East war zone, and Consolidated Edison, New York's version of SMUD, cut off power to midtown and lower Manhattan. No subways, no Long Island or Metby Laguardia Airport, had grown ro North Railroads, no busses, no planes, no lights--nothing! Just the howling wind and seething water. A traffic in the New York area. Their huge, furious, whirling funnel of air roar would be replaced by a ghost- and water had done what it had nevly, horrendous hurricane-force howl. er in memory done before. Instead of hooking right and blowing out we greeted old school chums, we at- ty of a fifth-floor apartment as hun- into the Atlantic, it had shagged left, tended Mass, dined and chatted, took dred-year-old trees fought to stay onto land, and hit the city, Staten Issome pictures, and the rare few hours upright in the blasts. Many with- land and the Jersey Shore with kill-

fusing offers of evacuation and staving with their seaside homes, got the surprise of their lives. And by the dozens, lived not to see the dawn.

Curious to feel the storm in our face, we went down to the lobby of the building and stepped outside into the maelstrom. Just then our cell phone rang. It was our good friend, store owner Mike Majors, proprietor of The Electric Bike Shop in midtown Sac, anxiously calling to see how we were. He knew we were in New York City but didn't know where.

"Åre you anywhere near Breezy Point?" he wanted to know.

We had not seen the fresh news reports since we left the apartment twenty minutes before.

"Breezy" (or "Boozey")--the "Irish Riviera," as it was waggishly known by some--is an isolated enclave beach community on the tip of the Rockaway Peninsula, south of the city, lying at most about ten feet above sea level. Why is a guy from Sac asking us about a far-distant, obscure place hearkening back

See Spyglass, page 17

AND RECEIVE A



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Spyglass:

burning down!"

by-jowl," we told him.

he added. "It's a disaster!"

to our body-surfing, girl-chasing, summer-

"Well, it's all over the news out here. It's

The wrath of God has trumped the luck of

"It's all cops and firemen and retired city

'Well, the firemen can't get near it--there's

workers--wooden beach houses built cheek-

six feet of ocean pouring over the land and

their trucks can't move. They're all flooded,"

"Full moon, high tide and a Nor'easter push-

ing a hurricane onto land that never got hit that

Within a day or two, a goodly three or four

inches of snow was to ice the dismal cake in

Queens County, and we would walk the old

familiar streets taking in the aftermath, hear-

ing stories, snapping pictures. Later, a friend

would drive us out to the heart of the damage

in Rockaway for more shots. Sad, sad, sad. We

saw boats thrown up in the middle of the sin-

gle long road through Beach Channel, mounds

of moldy waste from hundreds of cottages,

and residents shuffling about with tired, hang-

dog expressions on their faces. The traffic was

slowed by Con Ed crews digging down to elec-

trical cables, the bright work lights and flash-

ing yellow and red beacons of emergency vehi-

cles giving the scene a surreal, larger-than-life

glow. Grim-faced men and women were labor-

ing 'round the clock, fighting to get the watery

wasteland of a city back to normal. Shivering,

miserable people were to be seen everywhere

at various corners lined up for emergency Red

Cross food, water and supplies. A New York

autumn night was coming on with no traffic

signals or streetlights, overcast skies, and every

house and business cold and dark. Eight mil-

lion people were without power. A prelude to

Apocalypse? Pray that it be not so....

hard, ever. What a fluke--what a calamity!"

"Yeah. Holv Saint Patrick!" we observed.

partying past?
"Nowhere near it, Mike, why?"

the Irish, we thought to ourself.

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At the Atlantic Ocean's edge by 106th

Street in Rockaway Beach, the bare concrete foundations of a now non-existent board-

walk stretched eastward and westward out of

sight. What remained of wooden walks which

weren't washed away lay splintered at crazy

angles, mute testimony to the enormous pow-

er of the waves that crashed onto the shore all

the night of the twenty-ninth. The Internet

in days that followed came alive with pictures

of, for one thing, the Rockaways' Jacob Riis

Park parking lot piled three- and four-stories

high with debris-grayish mountains of sog-

gy sheet rock, clothing and carpets, soaked in-

sulation, inundated garage junk and miscella-

neous whatnot. There would also be videos

of darkened streets and flooded traffic tunnels

and subways, shoulder-deep water that swept

two infants from a mother's arms on Staten

Island and drowned them in the dark. Soon

came more heart-rending stories of folks, not

always old and feeble, who made the wrong

choices to tough it out at the wrong time and

place, and who drowned in their own living

One hundred and fifteen mile per hour

winds, sixty-eight billion dollars in damages,

148 direct fatalities and almost as many indi-

rect across nearly half the nation--these were

the numbers which were coming out as the

days went by. The Rockaways--Belle Harbor,

Neponsit, Riis Park, Breezy Point--were our

summer refuges from the heat of the city, lit-

tle paradises of our youth tailor-made for fish-

ing and swimming getaways whose memories

we treasured. Now they were painted over

with the bleak, dark brush of Nature's uncon-

trolled wrath. And cold November for thou-

sands without heat or electricity was following

Frankenstorm, indeed! Hurricane Sandy

was Nature's dirty trick just in time for Hal-

loween 2012. Needless to say, what a relief when we finally made it back to good old sun-

Pictures we took of Sandy and related shots

of our New York adventure are available on

our Facebook page, John Millus.

auickly on the heels.

nv Sacramento!

rooms, bedrooms or basements.

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Saturday, December 14, 7 p.m. Sunday, December 15, 2 p.m.

The Center at 2300 Sierra Blvd Tickets at the door and at Deane Dance Center 3385 Lanatt Street (916) 453-0226

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Country Club Plaza

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"Holiday Show of Hands" **CRAFT FAIRE**

Friday, Dec. 6th, 5-9 p.m. (\$3) Saturday, Dec. 7th, 9 a.m. - 7 p.m. Sunday, Dec. 8th, 9 a.m. - 3 p.m.

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1A, Sacramento. 440-0889, ext. 301.

reduce falls class Kelly Ward, Parkside Community Church's

"Fall Prevention Lady" will be presenting a 4week Beginning balance and mobility class on Monday and Wednesdays 11:30 a.m. to 12:30 p.m., starting Oct. 2 through Oct. 30 at Parkside Community Church at 5700 Land Park Drive. The one-hour classes will include warm up, balance and mobility training, muscle buildng exercises, flexibility, and range of motion exises, followed by a cool down segment to re-

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Rotary Club of South Sacramento meeting

clothing and sneakers. Kelly Ward is a certified

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Oct. 24: Guest speakers address local, region-

al and international topics. Visitors welcome.

7:30 a.m., every Thursday. Aviators Restau-

rant, 6151 Freeport Blvd. (916) 684-6854.

Oct. 24: Visitors Welcome, weekly break-

Kiwanis Club of East Sacramento-

fast meeting on first, second and third Fridays

at 7:00 AM and Dinner meeting on fourth

Thursday at 6:00 PM. Topical weekly speakers

and first meal for visitors on us. Meet at The

50th St & Broadway) 2875 50th Street Sacra-

mento, CA 95817. www.eastsacmidtownki-

761-0984, volunteers always welcome!

wanis.com, Meeting/Membership info: 916-

Kiwanis Family House, (at UCD Med Ctr/

Aging. For questions, call 821-5715.

OCTOBER

Midtown

Oct. 24: Guest speakers address local, regional and international topics. Visitors welcome. Every Thursday from noon to 1 p.m. at Iron Steaks Restaurant, 2422 13th St, Sacramento, CA 95818.

Bi-Polar Anonymous

Oct. 25: Free 12-step program/support group, for people who have Bi-Polar and those who love them. Meets every Friday, 7 8:30 p.m. 4300 Auburn Blvd., Room 106.

Second annual Gala at the **Garden and Casa Boutique**

Oct. 25 and 26: Tickets for the Oct. 25 gala opening night reception are available at www. casagardenrestaurant.org. Enjoy fine wines and hors d'oeuvres and the first opportunity to shop the Casa Boutique. Last year's event was a sell out, and organizers hope you take advantage of this first-come, first-served opportunity to join them this year. OR plan to There is no entry fee and there will be live portunities that include: pottery, jewelry, scarves, shirts, mosaics, handbags, titanium clocks, cards/ornaments, hand-felted wool hats/accessories, gourmet jams/jellies/chut neys, aromatherapy body/bath products.

'Fur! Fall! Fun!': Third annual **Front Street Shelter Haunted**

Oct. 27: From noon to 4 p.m., the From Street Shelter will have a haunted open house with a shelter dog costume contest There will be free hot dogs, sodas and des sert 2127 Front Street Sacramento

Rotary Clubs of Arden-Arcade, Carmichael

Oct. 29: Guest speakers address local, reman Golf Club. www.rotary.org

Free golf lessons offered at Bing Maloney Golf Complex

These clinics are family oriented for any lev-Call 808-2283 for more information

Frankenswine with the Puppet

Oct. 27: Family Sundays at the Central Library will feature Frankenswine with the Puppet Art Theater at 2 p.m., 828 I St. A special Halloween puppet show with the Puppet Art Theater. A zany version of the classic Franken stein story told by a cast of pigs. The show takes place on Halloween night with Dr. Frankenswine on a madcap adventure. Prior to the puppet show enjoy making a scary creature mask or Halloween treat bag with ArtWorks at 1p.m.

Pancreatic Cancer purple light ceremony Oct. 27: Come light a candle in memory of and

honor those we have lost to pancreatic cancer. At the same time raise awareness and acknowledge those fighting this disease, from 6 to 8 p.m. at International World Pease Rose Garden, Grounds of the State Capitol. www.pancan.org.

Sorontimist International of Sacramento South weekly meeting

Oct. 29: An organization for the betterment of women and children meets at Aviator's Restaurant, 6151 Freeport Blvd, for lunch and to discuss the day's topic.

Patriots Park Wall of Honor





Carmichael Recreation and Park District invites you to join us in Honoring Our Fallen Heroes

> Saturday, November 2 at 10am 6825 Palm Avenue, Fair Oaks, CA 95628

Guest Speaker, Sacramento County Supervisor Susan Peters

Light refreshments will be served

WALL OF REMEMBRANCE All Nominees Will Be Recognized

(916) 485-5322 Or visit us online at www.carmichaelpark.com











visit the Casa Boutique on Saturday, Oct. 26. demonstrations by Open Studio at Lakeside The boutique will offer holiday shopping op-

River Park Tree Tour

Oct. 26: From noon to 1 p.m., explore the trees in River Park on a guided tour with the Sacramento Tree Foundation. Meet at the shopping center on Carlson near Lovella. This dog friendly tour takes place rain or shine. Bring comfortable walking shoes, water and don't for-get a camera (for all the beautiful trees). The tour is free, but to ensure that you're included, please RSVP towww.sactree.com/events. River Park Community, Carlson Drive.

Open House

gional and international topics. Visitors welcome, every Tuesday. Arden-Arcade meets at noon, Ruth's Chris Steakhouse in the Pavilions on Fair Oaks Blvd. (916) 925-2787. Carmichael meets at 6:30 p.m., Ancil Hoff-

Oct. 27: Are you interested in starting to play golf, but not sure where to begin? Bing Maloney is offering Free Family Clinics for 2013. el of golfer. Each clinic will be held on Sundays from 1 to 2:15 p.m. at the Bing Maloney Golf Course: 6801 Freeport Blvd. in Sacramento.

Art Theater.

Program is free and open to the public.

East Sac Rotary

Oct. 30: Meets at 6 p.m., Evan's Kitchen, 855 57th St. Sacramento. www.eastsacrotary.com. ing tools will be presented and discussed.

This is an indoor class and if weather per-

mits, there will be a walkabout on library

grounds to look at tree structure and prun

ing. For more information, contact: Luann

Leineke, Sacramento Tree Foundation

events. North Highlands Library, 8900

Nov. 2: From 2 to 3:30 p.m., learn how

to help your trees develop good struc-

ture and form. This is an indoor class and

weather permits, there will be a walk-

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edge

4235 Antelope Road, Antelope.

Tree pruning clinic

Grove, Ca 95624

(916) 974-4304 or visit www.sactree.com/

Rotary Club of Pocket/Greenhaven

Oct. 31: Guest speakers address local, regional and international topics. Visitors welcome. 7:30 a.m., every Thursday. Aviators Restaurant 6151 Freeport Blvd. (916) 684-6854.

Trunk or Treat community event at Merryhill

Oct. 31: Merryhill School at 7335 Park City Dr. will host a Trunk or Treat event at 9:30 a.m. The community is welcome to attend. Children should wear costumes and bring a bag for their treats.

Rotary Club of South Sacramento meeting

Oct. 31: Guest speakers address local, regional and international topics. Visitors welcome. Every Thursday from noon to 1 p.m. at Iron Steaks Restaurant, 2422 13th St, Sacramento, CA 95818.

November

Sunburst Projects Perennial Sale

Nov. 1-4: Fall perennial sale. Cash and check accepted. Benefits Sunburst Projects. From 10 a.m. to 3 p.m. 3072 24th St. Curtis Park. Last sale until spring

Kiwanis Club of East Sacramento-Midtown

Nov. 1: Visitors Welcome, weekly breakfast meeting on first, second and third Fridays at 7:00 AM and Dinner meeting on fourth Thursday at 6:00 PM. Topical weekly speakers and first meal for visitors on us. Meet at The Kiwanis Family House, (at UCD Med Ctr / 50th St & Broadway) 2875 50th Street Sacramento, CA 95817, www. eastsacmidtownkiwanis.com, Meeting/ Membership info: 916-761-0984. volun teers always welcome!

Festival of New American Music

Nov. 1-10: FeNAM runs on the Sacramento State campus, 6000 J St. Most concerts are in Capistrano Hall and all of them are free. Visit http://bit.ly/tKAksj for the schedule or call 278-5191.

Bi-Polar Anonymous

Nov. 1: Free 12-step program/support group, for people who have Bi-Polar and those who love them. Meets every Friday, 7-8:30 p.m. 4300 Auburn Blvd., Room 106. (916) 889-5786.

Self-Publishing Boot Camp

Nov. 2: Get your book idea out of your head, off your desktop, into print, and into the hands of readers. The nonprofit California Writers Club brings the Self-Publishing Boot Camp to Sacramento for a premiere engagement. Boot Camps have helped fiction and non-fiction authors including authors of novels and of business, political, sports, and children's books. This day will empower you to create your book in ebook, print book, or multimedia formats. The seminar includes lunch, Carla King's Self-Publishing Boot Camp Guide for Authors, and other benefits. For details and registration information, please go to: www.cwcsacramentowriters.org or contact Kimberly A. Edwards at 916-524-7992.

Tree pruning clinic

Nov. 2: From 10:30 a.m. to noon, learn how to help your trees develop good structure and form. A variety of prun-

Valley Community Newspapers, Inc

PurpleStride Sacramento pancreatic cancer run/walk date set Nov. 2: Register for our 5k fun run/walk

with us through William Land Park and to ward a future free of pancreatic cancer! Enjoy entertainment, refreshments, hope and inspiration as we come together to honor those affected by pancreatic cancer. We need your help to make a difference. We need more heroes. Don't miss out on this opportunity to be a true hero. Register today. http://purplestride.kintera.org

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about on library grounds to look at tree structure and pruning. Bring photos of Nov. 2: Backyard composting allows you specific tree pruning questions. For more to recycle your yard clippings and fruit and ormation, contact: Luanne Leineke, vegetable scraps into a valuable soil amend Sacramento Tree Foundation (916) 974 ment right in your own yard. Attendees 4304 or visitwww.sactree.com/events. Elk are eligible for a drawing for a free com-Grove Library, 8900 Elk Grove Blvd, Elk post bin. At the seminar you will learn how composting works, what materials you should and should not compost, getting

the right balance of food, air and moisture ntaining your compost pile, Vermicon posting (composting with worms), and more. Seminar goes from 8 to 10 a.m. and will be held at Fremont Community Garden, 14th and O St.

Sacramento Geranium Club meeting

Nov. 4: Starting at 10 a.m., this event will feature Patrice Farncomb and Jerri Wigglesworth from the Carmichael Cactus and Suc culent Society discussing the care of these plants. Meeting will be held at the Shepherd Art & Garden Center, 3330 McKinley Blvd., Sacramento. For more information, call 419-0130.

Soroptimist International of Sacramento North meeting

Nov. 5: An organization for the betterm of women and children meets at the atria El Camino Gardens at 2426 Garfield, Carmichael. Call Sheila at 624-4643.

Rotary Clubs of Arden-Arcade, Carmichael

Nov. 5: Guest speakers address local, region al and international topics. Visitors welcome, ev ery Tuesday. Arden-Arcade meets at noon, Ruth's Chris Steakhouse in the Pavilions on Fair Oaks Blvd. (916) 925-2787. Carmichael meets at 6:30 p.m., Ancil Hoffman Golf Club. www.rotary.org

Soroptimist International of Sacramento South weekly meeting Nov. 5: An organization for the betterment of

women and children meets at Aviator's Restaurant, 6151 Freeport Blvd. for lunch and to discuss the day's topic.

Asian Community Center Senior Services Center presents 'ow to Remain Safe During the Holiday Season'

Nov 5: Focus on online shopping, shopping a physical locations, and how to avoid fraudulent scams. Free. 11 a.m. to noon. 7375 Park City Dr, Sacramento. 916-393-9026 ext 330.

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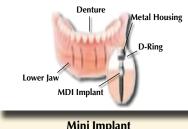
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Wine Tasting and Silent Art Auction

Sunday, Nov. 3, 4:00-7:00pm the Dante Club, 2330 Fair Oaks Blvd.

\$35.00 a ticket | An order of 10 tickets may reserve a table For information/tickets call (916) 972-7337 Proceeds benefit: The Kiwanis Family House and other Kiwanis Projects



UNIVERSITY PARK

Attractively updated 2 bedroom 2½ bath home in gated University Park. Nice location with lovely patio, two recently remodeled bathrooms. Kitchen is also updated with Zodiaq quartz counters and stainless steel appliances. 2 large master suites with walk-in closets. 2 pools and tennis courts. \$355,000

JAY FEAGLES 204-7756



SPACIOUS CARMICHAEL

Beautiful one story home built in 2002; 4 bedrooms and 3 full baths plus a 3-car garage. The living room dining room is a great room concept with high ceilings and gas fireplace. The large master suite has his and hers closets and a oversized master bath with large shower and sunken tub. \$499,000

CHRIS BALESTRERI 996-2244



RANDY PARKS BUILT

Charming three bedroom, two bath home on a lovely, quiet street close to shopping and Del Paso Country Club. Amenities include random wood plank floors and dual pane windows. The kitchen opens up to the family room, both rooms looking out onto the beautiful yard and Trex deck. \$289,900

BETH HARNEY 995-4120



EAST RANCH

Contemporary condominium with fabulous wrap around patio that allows for two separate outdoor living areas. 3 bedroom 2 ½ baths with spacious master suite and 3 full closets. Open living room / dining room with high vaulted beamed ceilings that look out to the private patio area. \$399,000

CHRIS BALESTRERI 996-2244



COTTAGE CREEK

Randy Parks built 4 bedroom 2½ bath home. Random plank hardwood floors, large family room and huge master bedroom added with permit. Breakfast nook, formal dining area, inside laundry and central heat and air. What a value this home is, and it is move-in ready! \$337,000

LEIGH RUTLEDGE 612-6911 BILL HAMBRICK 600-6528



GARDEN OF THE GODS

Brick walkway leads you in to this adorable home. Formal living room with a cozy fireplace, formal dining area, full master suite, family room (or 4th bedroom), $2\ 1/2$ baths, cheery kitchen, separate laundry room and enclosed patio. Nice updates and lots of windows make this home light and bright! \$399,900

PATTI PRIESS 801-0579



ARDEN MANOR

3 or 4 bedroom home with extra off-street parking, circular driveway and detached tough shed garage. There is also a bonus room that can be a 4th bedroom. New sewer line in 2010; roof and HVAC replacements in 2006. All dual pane windows. Move-in ready with washer, dryer, refrigerator included. \$169,000

JAY FEAGLES 204-7756



SOPHISTICATED

Contemporary home in a private, gated community located across from Del Paso Country Club. This single story has vaulted ceilings with large living room and formal dining room with wet bar and double-sided fireplace, open kitchen, 3 full bedrooms and 2½ baths. Three separate patios! \$449,000

CHRIS BALESTRERI 996-2244



LARCHMONT WHITNEY

Large home in pristine, move-in-ready condition. Interior and exterior painted 1 year ago. Carpet less than 1 year old. Dual pane windows, whole house fan, skylights. Great floor plan with separate large family room and den; 4 bedrooms 2½ baths. Open kitchen and 2-car garage with drive through. \$319,000

JAY FEAGLES 204-7756

for current home listings, please visit:

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