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ARDEN-CARMICHAEL NEWS

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Red Ribbon Week has local impact

peers. All of us are role mod-

By KEN COOLEY

In 1985, community leaders, parents and children across the nation wore red ribbons to symbolize the devastating impacts of drug use in our communities. This year, during Red Ribbon Week (October 23-31), I was able to talk with hundreds of children at numerous elementary schools across our community about the importance of staying drug-free. As I prepared to talk with them, I reflected on the devastating effects drugs have on them and what I could say that to inspire them to stay away from drugs.

Just before it was my turn to speak, two sixth graders at Cordova Gardens Elementary led the school in reciting the Red Ribbon Week pledge to stay drug free. One of the lines in the pledge, "I will do my best to make safe and healthy choices for myself and those around me," really struck a chord with me. It's easy for me to say drugs are bad, drugs can ruin your life, and drugs can kill, but what about the children surrounded by drugs in their homes or with their friends? Should we tell these children that their loved ones who use drugs are bad people? Or should we be better examples? Should we show them that there is a better way, a better life, and that their friends and family can have that better life too without drugs?

With teachers and others already promoting the "drugfree lifestyle" message, my brief words of encouragement were listened to and respectfully received. That was what I've learned to expect when talking to groups of 100-plus



elementary students all at ful life that living drug-free once. I was honored to vis- makes possible. For me, and it with such children, but as I hope for you, Red Ribbon your Assemblyman, I have no Week is a reminder to continillusions. In reality, the true ue to do our best to make safe people who lead us towards and healthy choices for ourand away from drug use are selves, those around us and our neighbors. our families, friends and

els, all of us point by our lives Ken Cooley is a member of the to the happier, more success- 8th Assembly District.





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Food industry 'old-timers' converge for annual holiday luncheon

By LANCE ARMSTRONG

As has been the case for the past 21 years, food industry history was recently celebrated with a special event held at the Dante Club at 2330 Fair Oaks Blvd.

This year's edition of this social function, which is known as the Old-timers the Mel-Williams Co.; and Holiday Luncheon, drew Al Wong, one of the ownabout 60 people, who either ers of Bel Air Markets. were or continue to be connected to some part of the food industry such as employment with a national company or a grocery chain, or working as food brokers.

The Friday, Nov. 8 event in which former food industors, shared memories about their careers.

dent Jim Williamson, who was one of the founders of the luncheon. The other founders were Dave Butters, who worked for the Zellerbach Paper Co.; Gene McGee, the head buyer for United Grocers; Don Cronin, a self-employed food broker, Vince Calaci, a food broker for

tablishment of the event, Williamson said, "There was a group of guys called the Wednesday Club (which was founded by Butters, Mcbegan with a mingling hour, the 1980s) and they used to me. They invited about 300



Photo by Lance Armstrong

In speaking about the es- The luncheon was attended by 60 people.

out to Raley's. So, these guys what was happening. There turned out so successful we (of the club) wanted to put was so much camaraderie on a joint retirement party and reunion type things go-Gee, Cronin and Calaci in for the Bel Air people and ing on. To the guys, I said, 'Why don't we do this for a it was too much for us." take all the buyers in the val- or 400 people, old guys that Christmas party every year try professionals, some of ley to lunch every year. (The were either working or re- - a holiday party?' And they and past president of Sacrawhom were once competi- club) was organized and tired in the industry to come said, 'Well, that's fine.' So, I they met every Wednesday. to this joint retirement of volunteered myself, and Al When I retired (in March me and the Bel Air guys, and Wong became part of the One such person was 1993), the Bel Air (grocery we had 200 people show up. committee and we called 86-year-old Roseville resi- chain) people had just sold I looked around and I saw it the Old-Timers' Club. It

did it for 19 years. I then got too tired. I was carrying a lot of the load, so I just decided

Louise Menzer, secretary mento Quality Travelers, a service organization for the grocery industry, said that

See Groceries, page 5

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Groceries:

SQT has since sponsored

"Jim Williamson of the original committee sent out a letter to all the old-timers inviting some other group to spent 20 years working for the California Independent Groing the event."

the event was originally mainly baseball. an all-male function, but group voted to invite womfemale members of the orposition by Larry Wright, a former Maxwell House coffee worker, on Dec. 13.

sponsorship of the old-tim- way, is presently Raley's seers luncheon, the organiza- nior vice president of sales, tion hosts a crab feed at the marketing, advertising and Dante Club in February or merchandising. March, an Easter egg hunt Also speaking at the event on the Saturday before Eas- was the luncheon's emcee ter, free lunches for members Marlin Larson, who for-

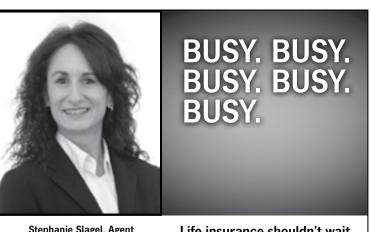
a trip to a River Cats game in June, weekly golf get-togethers, an annual golf tournament and a Christmas installation luncheon, which benefits the Crisis Nursery Program of the Sacramento Children's Home.

Guest speakers have been assume the task of planning a part of the annual prothe event," said Menzer, who gram since after its 15th year. Other speakers have included the first Dallas cers Association. "I went to Cowboys quarterback, Edone of our club meetings and die LeBaron, an All-Star presented a motion that we San Francisco 49ers playshould take over the sponsor- er, Save Mart CEO and maing of the event. This (year) jority owner Bob Piccinini, was our third time sponsor- and Chico State University President Paul J. Zingg, Menzer, 82, added that who spoke about sports,

This year's edition of the about five years ago the event featured a speech about Raley's and the chalen to their annual lun- lenges that and other stores cheon. Among the current face due to an evolving industry and culture, by Alganization is its outgoing hambra, Calif. resident Kevpresident, Annette Arnall. in Curry, who has spent in the retail food business.

Curry, who has held positions with Alpha Beta, In addition to SQT's Lucky's, Albertson's and Safe-

on the first Friday in May, merly worked for Mayfair



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Dante Club server Lisa Moore serves guest Mike Maravich during the 21st annual Old-timers Holiday Luncheon

Markets in Northern and handled the total grocery nia in the 1970s, recalled the ranging from convenience to She will be replaced in that more than 35 years working operations for Albertson's 1950s as a time when a cusin Northern California.

tomer went to a local gro-

Larson, who moved to the cery store, not for price, but Southern California and area from Southern Califor- for various other reasons

See Groceries, page 6

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Groceries:

a desire to visit with a favorite butcher.

"The pricing was pretty much the same," said Larson, who attended the event with his wife, Gloria, ago. "It didn't matter too much where you shopped. In about 1963, in Southern California, a chain called Lucky's started the discount operation, and then eventually it moved in 1971 up here into Northern California. All of a sudden pricing became important."

Larson also brought humor to the event. For instance, when referring to Calaci, he said, "Vince really goes back. I was talking to Vince the other day, and I said, 'When did you start the industry?' He said, 'Well, at the time, I called on the Indians at Sutter's Fort."

Menzer also spoke at the event, as she paid tribute to

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Chuck Collings (Raley's), Dan Delise (Bradshaw, Inc. North), Henry Fong, Don Ingoglia (Tony's Fine Foods), Tony Kunis, Rich LaBrywho he married 58 years er (Bromor North). Irene Lunardi, Joe Mar, Clarkson "Bud" Mogford (Hills Bros. Coffee), Owen O'Donell (Raddar Dallas Co.) and Earl Wainscott (Safeway).

> While observing the attendees of last Friday's gathering as they socialized with one another, Williamson, an Arkansas native who moved to California in February 1947, said, "This is what it's all about."

Among those who were enjoying the company of other guests of the event was Calaci.

In reminiscing about his career, Calaci said, "It was a fun business. Typically a broker tive who began residing in was as good as his word."

changes that have oc- about his career.

former industry workers who curred since his retiresledgehammer."

of the Coca-Cola Bottling Co., from 1964 to 1989, deas "wonderful."

together," Luttrell said. "I've been here (at the luncheon) almost every time."

Lee Glaves, 84, had a that included working for a brand foods. He said that although it is nice to see so many people attend the event, "it is a little bit hard to remember everybody."

Ninety-two-year-old Floyd L. Levick, a Bayard, Neb. na-California following World And in lamenting the War II, also shared details

had passed away since the last ment, Calaci said, "It's all the first of August (1945) luncheon. These members computers now. I know and on the second of August, were: Jerry Arthur (Safeway), how to turn one off, be- I went to work for Tom Ralcause I've got a 3-pound ey," Levick said. "I was there at (the Raley's store at 4408 Don Luttrell, who worked Freeport Blvd.). I was the for Minute Maid, a division manager (of the store). I was with Raley's until 1963."

> And while motioning to a scribed the annual luncheon man named Steve Homentowski, who was sitting to the "It's nice to get everybody left of him, Levick said, "He worked for me."

Homentowski responded by saying, "There was a little subdivision called Tallac Villong career in the industry lage and there was a shopping center there (which still food broker and Mezzetta exists today), and Mr. Levick (was managing Raley's) Store (No. 12) there (at 6000 14th Ave. in about 1955). There luncheon's emcee from used to be a Stop-N-Shop (Market) across the street nized for contributing more (at 6001 14th Ave.) years and years ago. I worked for (Levick) and I became assistant manager and I worked at several stores and I became manager (in about 1959). I worked (in Store No. 16 at 940 Sacramento Ave.) in Elkhorn Village (in today's ful get-together for everybody West Sacramento) and I had and hopefully we can get more (Store) No. 10, which was (at people interested and more 525 W. El Camino Ave.) in people to come next year."

"I got out of the service on North Sacramento. I wound up in (Store) No. 5 (at 4408 Freeport Blvd.) after (Raley's) built a new store. That was the last store that I managed before I left the company (in about 1965)."

> Beyond those who attended the event, there were those who were unable to attend the event due to various reasons.

Williamson, whose work history includes his employment at small grocery stores in the late 1940s and working for Raley's from 1958 to 1993, said that among those who he missed seeing at the event was Steve Nettleton, who unfortunately suffers from Parkinson's disease.

Nettleton, who was the 1993 to 2007, is also recogthan \$2 million to improvements to Chico State University's former Roy Bohler (baseball) Field – now Nettleton Stadium.

In commenting about this year's luncheon, in general, Arnall said, "It was a wonder-





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People with disabilities perform comedy skits and learn acting techniques

day programs participated in an acting workshop some are totally verbal and can read and write. at American River College's theatre department on American River College's theatre department to give people with developmental disabilities the opportunity. The workshops will continue into 2014. Each month, UCP serves 3,300 children and adults with El Dorado, Nevada, Placer, Sacramento, Shasta, Sutfall 2012 and the grant was approved this summer." ter and Yolo counties. Programs include Saddle Pals adaptive horseback riding, UCP's Autism Center for Excellence at Sacramento State, adult day programs, independent living services, transportation and inhome respite care for families.

UCP's Adult Day Programs, said there was a wide speaking role. If not, then they were on the set with- For more information, visit www.ucpsacto.org.

Fifteen people with developmental disabilities in range of disabilities for the workshop participants. UCP of Sacramento and Northern California's adult Some only communicate with eyes or gestures and

Hatten ran a similar program in San Francis-Oct. 4. They learned how to act in front of a camera, co where they matched up dancers from a dance Fifteen people with developmental disabilities in UCP of Sacramento participating in comedy sketches alongside students. troupe with people with developmental disabilities, and Northern California's adult day programs participated in an acting The event was part of a series of workshops with and she choreographed a dance about disabilities.

"When I came to UCP, I contacted Nancy Silva who had directed a play I was in years ago, and is a professor nity to participate in the arts and in their commu- at American River College. So as I worked on a grant proposal for the Sacramento Metropolitan Arts Commission, I was in talks with her about creating this series developmental disabilities and their families in Butte, of workshops. We began working on the project in late

Silva said the workshop focused on how to act on camera. "So they learned how to be quiet on the set, how a commercial was made and cues like action. The workshop started with an example. Then Nancy started engaging the students one at a time. If Lori Jean R. Hatten, Program Manager for one of they could speak and read cue cards, then they had a



workshop at American River College's theatre department on Oct. 4.

out a speaking role. It was wonderful and endearing how gracious and natural the acting students were with our participants.

"Some of the theatre students even told us how appreciative they were because they had never had that kind of opportunity before. That's what we want for our participants and the people we interact with: inclusion and understanding. Each participant also received a certificate for completing 1.5 hours of theatre work. The workshop was on a Friday, and by Monday there were still participants talking about being a star."

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Get ready for ice skating along the boulevard at Iceland



Volunteers are working fast and furious to get the historic Iceland Ice Arena on Del Paso Boulevard ready for the upcoming skating season. They're painting, moving dirt and sand with tractors, and leveling the new floor. The grand opening of Iceland is Friday, Nov. 22.

One of the people volunteering is Michael Lebeau of Rio Linda. I asked him, "Do you ice skate:" he said, "Of course I do. I'm from Detroit!" Michael added, "Too many things have disappeared in Sacramento like restaurants, landmarks, and icons. Iceland has been an icon in the community for 70 years and I don't want to see it fall."

Another person who is determined to not let Iceland fall is executive director Terrie Kerth. Iceland has been in her family for 70 years. Her family built the place. "They set me out on the rink on my second birthday and I've been skating ever since."

Terrie said, "A lot of people remember the ice skating rink burning down but don't realize that it's open." The folks at Iceland want to get the word out.

A Big Grand Opening Party at Iceland Arena is planned for Nov. 22. There will be a deejay, food trucks, a raffle and some ice-skating exhibitions, maybe even some Salchow jumps!

Terrie is an accomplished skater herself so maybe we'll

see her doing some loop jumps on opening night.
Terrie cheerfully noted, "One of the best things about Iceland now is at night you got the stars and the moon, which we never used to. We're a really big

Rob Kerth, Terrie's brother, outdoor ice rink."

As most everybody knows Iceland was destroyed





n the weekend of Nov. 2-3, people nelped get Iceland eady for the Nov. 22 grand opening. Volunteers are working fast and furious to get the historic Iceland Ice Arena on Del Paso Boulevard ready for the upcoming skating season. They're painting, moving dirt and sand with tractors, and leveling the new floor.

Photo courtesy of Terrie Kerth

the fire was arson. An evil-doer poured gas through two windows that soaked through to the wooden bleachers. Then they stole a car and pulled it around nearby and torched the car. It came in on the gas fumes and kaboom! Blew the whole place up. The

Rob Kerth, Terrie's brother, asked the firefighters during the ordeal to try and save the letters if they could. And thankfully they did. They had to redo by a horrific 5-alarm fire that destroyed the entire the neon because it exploded in the heat. The neon 70-year-old building in March 2010. The cause of now burns bright along Del Paso Boulevard.

"There is some good news in all of this... the support from the community has been phenomenal,"

They got a bid on how much it would cost to remove all the debris and it was \$27,000. There wasn't insurance. People have asked, "Why didn't you have insurance?" Terrie told me, "The problem with a 70-year-old wooden building is the insurance costs more than we could bring in. Plus it's

See Iceland, page 11





Iceland:

hard to burn down a building with that much ice and dampness in it. You have to be motivated. And they were, which is sad."

The community reached out and helped with the debris that was left over from the arson fire. It was 10 feet deep. Iceland decided to put a call out for volunteers. Terrie had hoped maybe about 50 people would show up. The very first day they had more than 260 people come to help. "They worked all day in awful weather." They volunteered for weeks cleaning up the charred remains of the historic art deco building.

Now it's four years later, and, as I spoke with Terrie about Iceland rising from the ashes, she was very upbeat about the future of Iceland. "It's Saturday morning on a beautiful day and we have people out

here helping. It's very special to have that happen."
All the paint is recycled and was donated by Amazon
Paint. Terrie said, "They're giving us as much paint as
we want and I'm really excited about that because it fits with our non-profit because it's so inexpensive."

She added, "it's not flashy but it adds a little color."
Obviously they would like a roof back on the ice rink. Terrie told me, "We have a non-profit, we're raising money, we'd like to be open full-time."

One way they're raising money is through glass blocks that were once the windows in front of the art deco building. They're selling the custom etched glass blocks for \$100. They will have three lines about 10 letters each line. Some folks have blocks that say, "I met my wife here" with their names and the date. Others have said "In honor of" or "in memory of." It's their main fundraiser. "We're gonna put our first window in after the first of the year."

Iceland Ice Skating Rink is going to have a big

splash on opening night. Jot this date down on your ice skates. November 22 from 6 to 9 p.m. is the Iceland Extravaganza. For more information go to www. skatesacramento.com or check out the Facebook page at http://www.facebook.com/iceland.arena

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What: Iceland Grand Opening When: Nov. 22 from 6 to 9 p.m.
Where: Iceland skating rink, 1430 Del Paso Blvd.



All other photos by Greg Brown Volunteers are working fast and furious to get the historic Iceland Ice Arena on Del Paso Boulevard ready for the upcoming skating season. They're painting, moving dirt and sand with tractors, and leveling the new floor in preparation, for the grand opening on Friday, Nov. 22 from 6 to 9 p.m.



Arden-Carmichael News • November 14, 2013 • www.valcomnews.com Valley Community Newspapers, Inc. Valley Community Newspapers, Inc www.valcomnews.com • November 14, 2013 • Arden-Carmichael News 11

Fantastic HUD Homes!



260 Oberlin Way, Galt, 95632, \$169,500

This 3 bed 2 bath home features an open living area & a well laid out floor plan w/ great use of the square footage. This one wont last long, make arrangements to see it soon!



2615 Freeport Boulevard, Sacramento, 95818, \$270,000 Check out the value on this home with 2 bedrooms and 1 bathroom. 1-story home. Centrally located, close to schools, shopping and public transportration!



2916 Babson Drive, Elk Grove, 95758, \$245,000

Check out the value on this 2-story home w/ 3 bed 2.5 baths! Bring your tools to make this one shine! Centrally located close to schools, shopping & public transportation.



10036 Hampton Oak Drive, Elk Grove, 95624, \$285,000

Spacious 2 story w/ 5 bed, 3 baths & a 2 car garage. Home features open floor plan w/ formal dining area, family room, separate living room w/ cozy fireplace, & a large master bedroom. 1 bed & full bath located downstairs.

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Carmichael Emblem Club readies for holiday season

lic areas; Christmas music mas trees that are placed in "Rudolph's famous sleigh ride." To start the holiday bungalows on the premises season off right, the Car- of the hospital. They prowhich, in turn, are deliv- Ronald McDonald House ered to families less fortu- to host the annual Christnate than ourselves by the mas party for the resident members of the Carmichael Elks Lodge, No. 2103.

Emblem Ladies will soon don their baking aprons and the number one item on their priority list is "cookies" to be bers) and hot chocolate. donated to the Elks Annual Children's Christmas Party, of the Emblem communion Dec. 1. This has been a of color crayons, coloring long-standing tradition for books, activity books, and both the Emblem and the Elks organizations. The Emblem ladies look forward to helping set up and as- cial time for the children, sist with refreshments. It's a and the Emblem members win-win for all. The mem- take great pride in providing bers enjoy seeing the sparkle in the children's eyes, as they party. Should anyone be inmunch on yummy cookies, and work on the crafts provided to them as part of the event's entertainment. Naturally, in order for the day to be complete, "Santa" will be on hand to distribute Christmas gifts to the children and wish everyone "A Very Merry Christmas."

Christmas is in the air. volved. Members will again books are first taken apart, a Decorations are up and be on hand to help set up Braille interpretation of that sparkling in all the pub- and decorate the Christ- page is inserted and the book tells us it's almost time for each of the residents' bun- the sighted person to read to galows. There are eight a blind child and visa-versa. michael Emblem ladies vide lodging for the fami-will lend a helping hand lies of children receiving bly work. When the transforwith donations needed to care at the hospital. It is mation process is complete, fill the Christmas baskets, a tradition for the staff of the books are distributed children, and the Emblem ladies will again assist with 346-5079. the setting up and serving of desserts (which are donated in part by club mem-

> Through out the year one pencils, puzzle books, story books and magazines for the adults. Christmas is a spethese items for this holiday terested in contributing any of these items, or making a donation toward the purchase of these items, contact president Marylyn Herbst.

In addition to the local charitable projects, the Emblem members have strong ties to the "Twin Vision" project, which is the transforma-Working with the Ronald tion of books, specifically for McDonald House is anoth-blind children, age 0 to 10. It er holiday tradition that is a time consuming process,

is reassembled. This allows Volunteers at the Kenneth Jernigan Library for Blind throughout the United States, Canady and other countries of the world.

Anyone interested in helping with this project can call

On a more personal note, members of the Carmichael Emblem Club, No. 355 will hold their annual Christmas lunch at Español Restaurant which will be held this year ty projects is the donation on Nov. 19. This is always a festive gathering at sets the mood for members to do the many things that the Christmas season requires of them. Español Restaurant is located at 5723 Folsom Blvd.

20th annual Run to Feed the Hungry set for Thanksgiving day

For two decades, nearly 30,000 runners and walkers pound the pavement for the annual Run to Feed the Hungry that has become Thanksgiving tradition.

The beautiful race that meanders through East Sacramento raises about 20 percent of the Sacramento Food Bank and Family Services budget.

The 10- and 5- kilometer run/walk will be held on Nov. 28, rain or shine. The 10-K starts at 8:35 a.m., followed by the 5-K at 9 a.m. The race starts on I Street just west of the entrance to the Sacramento State University campus and runs through the beautiful tree lined streets of East Sacramento. The parking plan for 2013 features bike parking and is now available.

Visit www.runtofeedthehungry.com for more information on the details of the event.

The fees are as follows:

	Adults	15 & Under
Preregister	\$35	\$20
Virtual Runners	\$35	\$20
Team Members	\$50	\$50
Race day Registration	\$40	\$20





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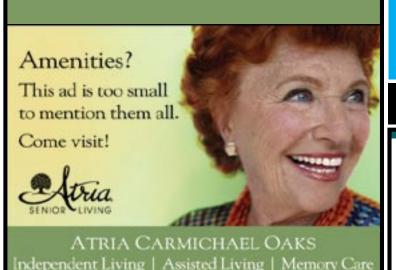
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- EVENT LISTING SECTION -

Advertise your craft fairs, holiday bazaars, school fundraises, church events, etc. in your Community Newspapers. Call (916) 429-9901 for rates.

Nutcracker in One Act

& Christmas Angels

Crockett-Deane Ballet Co & Deane Dance Center Saturday, December 14, 7 p.m. Sunday, December 15, 2 p.m.

The Center at 2300 Sierra Blvd Tickets at the door and at Deane Dance Center 3385 Lanatt Street (916) 453-0226

CALIFORNIA WATERFOWL Pocket/Greenhaven Banquet **Steak and Prawns Dinner**

Thursday, Dec. 5, 2013

Cocktails 5:30 p.m.- Dinner 7:30 p.m

Portuguese Hall 6776 Pocket Road ckets call Dave @ 916 427-6961 **Christmas Faire!** November 16

10 a.m. to 2 p.m. FREE **Centennial Christian Preschool** 5401 Freeport Blvd. Sacto 95822

irst Aid Kids, Up-cycled crafts, Kids dress u (916) 837-5748

Elk's Holiday Craft Fair Saturday, November 16

9 a.m. to 4 p.m.

Unique crafters/artists Free door prize drawings & raffle prizes

Elks Lodge No. 6 6446 Riverside Blvd., Sacto more infor: Mary-Jo (916) 691-305

An "Old-Fashioned" **HOLIDAY CRAFT FAIR** Saturday, December 7th

10 a.m. to 3 p.m.

Waterford Cover Clubhouse, 7650 Windbridge Drive, Sacramento (Corner of Windbridge & Rush River Drive)

There's something for all ages, homemade candy and sweets, orna ments, dolls, hand bags, NFL lap quilts, jewelry and much more.
Including a Holiday Gift raffle.

Free Admission

35th Annual "Holiday Show of Hands" CRAFT FAIRE

Friday, Dec. 6th, 5-9 p.m. (\$3) Saturday, Dec. 7th, 9 a.m. - 7 p.m. Sunday, Dec. 8th, 9 a.m. - 3 p.m. Unique, Handcrafted Gifts, Decorator Items, Collectibles Hot Lunch – Shuttle from Elks Club

St. John the Evangelist

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Sacramento SPCA Annual Fall Book Sale & Holiday Boutique November 14–17

hursday-Saturday 10 a.m.- 6 p.m

Country Club Plaza

(916) 504-2842 www.sspca.org/holidaybool All proceeds benefit the Sacramento SPCA

CALL AND PLACE YOUR EVENT TODAY!

(916) 429-9901

CALENDAR

sideration to: editor@valcomnews.com at least two weeks prior to publication.

The Sacramento Capitolaires meeting

A men's Barbershop Harmony group, meets every Tuesday night at 7 p.m. at Pilgrim Hall (Sierra Arden United Church of Christ), 890 Morse Ave., Sacramento, Info: www.capitolaires.org, call 888-0877-9806, or email info@capitolaires.org

Soroptimist International of Sacramento South meetings

A service organization dedicated to insurthe status of women and girls, the group meets at Aviator's Restaurant, 6151 Freeport Blvd. for lunch and to discuss the day's topic. Meets the second and fourth Tuesday of each month at 12:15 p.m. The meetings discuss our fund raising Projects and Community Service, often with speakers from our community.

Adopt a child for the holidays

Help Sunburst Projects bring joy to the lives of children living with HIV/AIDS. Contact Sunburst Projects at 1095 19th St. Suite 1A, Sacramento. 440-0889, ext. 301.

Balance and mobility training to reduce falls class Kelly Ward, Parkside Community Church's

"Fall Prevention Lady" will be presenting a 4week Beginning balance and mobility class on Monday and Wednesdays 11:30 a.m. to 12:30 p.m., starting Oct. 2 through Oct. 30 at Parkside Community Church at 5700 Land Park Drive. The one-hour classes will include warm up, balance and mobility training, muscle building exercises, flexibility, and range of motion exercises, followed by a cool down segment to review the day's lesson. Wear loose comfortable clothing and sneakers. Kelly Ward is a certified fall, balance and mobility instructor and a certified Senior Fitness Training, M.S. Therapeutic Aging. For guestions, call 821-5715.

Rotary Club of Pocket/Greenhaven

7:30 a.m., every Thursday. Aviators Restau-

meeting

Bi-Polar Anonymous

Nov. 15: Free 12-step program/support group, for people who have Bi-Polar and those who love them, Meets every Friday, 7-8:30 p.m. 4300 Auburn Blyd., Room 106, (916) 889-5786.

Kiwanis Club of East Sacramento-Midtown

Nov. 15: Visitors Welcome, weekly breakfast meeting on first, second and third Fridays at 7:00 AM and Dinner meeting on fourth Thursday at 6:00 PM. Topical weekly speakers and first meal for visitors on us. Meet at The Kiwanis Family House, (at UCD Med Ctr/ 50th St & Broadway) 2875 50th Street Sacramento, CA 95817. www.eastsacmidtownkiwanis.com, Meeting/Membership info: 916-761-0984, volunteers always welcome!

Sacramento presents Thad Nodine Nov. 15: Thad Nodine, author of Touch and Go, a book about Foster Kids & Foster Parents, will be the guest speaker at the luncheon which begins at 11:30 a.m. at Casa Garden. The entire speaker series is posted on the Club Calendar page of the S.I.S. website at www. optimistsacramento.org. A limited number of seats are available to the public on a first come, first served basis. The cost is \$15. If you want to reserve a seat for lunch and hear n upcoming speaker, contact Rosalie Gladden; rosaliegladden@comcast.net. Meetings are held Fridays, 11:30 a.m. at Casa Garden Restaurant, 2760 Sutterville Rd., Sacramento.

Nov. 14: Guest speakers address local, regional and international topics. Visitors welcome. rant, 6151 Freeport Blvd. (916) 684-6854.

Rotary Club of South Sacramento

Nov. 14: Guest speakers address local, regional and international topics. Visitors welome. Every Thursday from noon to 1 p.m. at Iron Steaks Restaurant, 2422 13th St, Sacramento, CA 95818.

Soroptimist International

nual show featuring, quilts, wearable art,

vendors, demonstrations, silent auction, door prizes and a country store. Hours are Friday and Saturday, 10 a.m. - 5 p.m., Sunday 10 a.m. - 4 p.m. Scottish Rite Temple, 6151 H St. Admission: \$7 per day. Ages 12 and under free if accompanied by an adult. For more information, email quiltshow@ rivercityquilters.org

River City Quilt Guild annual show

Nov. 15-17: the River City Quilt Guild an-

Tree Pruning Clinic

Nov. 16: From 10 a.m. to 11:30 a.m., learn how to help your trees develop good structure and form. A variety of pruning tools will be presented and discussed. This is an indoor class and if weather permits, there will be a walkabout on library grounds to look at tree structure and pruning. Bring photos of specific tree pruning questions. For more information, visitwww.sactree.com/events. Belle Cooledge Library, 5600 South Land Park Drive, Sacramento, 95822

Sacramento Senator Lions Club's **DandeLions Arts & Crafts Show**

Nov. 17: Sacramento Senator Lions Club's DandeLions Arts & Crafts Show will be held 9 a.m. to 3 p.m. at the Riverside Elks Lodge, NO. 6, 6446 Riverside Blvd., Sacramento, 95831.

Classic cars, Barbershop Harmony and Happy Holidays

Nov. 17: There will be two shows by the Capitolaires on Sunday, Nov. 17, one at 2 and one at 5 p.m. There will be special guest performers: ~ Sweet Adeline quartet and "Anticipation," The California Automobile Museum is located at 2200 Fron Street, Sacramento, Tickets are \$20, in which includes museum admission. For more information, visit capitolaires.org www.capitolaires.org/, More information info@capitolaires.org or 888-877-9806.

Sacramento Community Concert Association performance

Nov. 17: SCCA presents Sac State Jazz Singers & C-Sus and The Doug Pauly Quintet at 3 p.m. at Westminster Presbyterian, 1300 N St. Under the new direction of Gaw Yang, Sac State Jazz Singers and C-Sus vocal ensembles will present exciting sounds that are influenced

Calendar continued, page 18

Faire

St. Michael's Church invites you to "My Favorite Things" 🚿

A very special arts & crafts Mini-Faire

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9am-3pm

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CALENDAR

by the great vocal jazz groups of the past. In addition, these two entertaining ensembles will explore innovative approaches to contemporary vocal jazz! The variety and wealth of influences in American popular music has left musicians with a rich legacy. The Doug Pauly Quintet will draw on elements of popular, jazz, and Latin styles, producing an entertaining mix of traditional and contemporary jazz inspirations. Regular subscription: \$90, Group discount (8 or more people): \$75. Students subscription: \$45, Single Ticket: \$25. For more information, contact Sacramento Community Concert Association www.sccaconcerts.org; info@scc.aconcerts.org; 400-4634.

Embroiderers' Guild of America, Camellia Chapter

Nov. 18: At this meeting, learn how to complete the hardanger ornament begun at an earlier meeting. 7 p.m. at SMUD, 6201 S St. Guests welcome. Free. 223-2751.

Rotary Clubs of Arden-Arcade, Carmichael

Nov. 19: Guest speakers address local, regional and international topics. Visitors welcome, every Tuesday, Arden-Arcade meets at noon. Ruth's Chris Steakhouse in the Pavilions on Fair Oaks Blvd. (916) 925-2787. Carmichael meets at 6:30 p.m., Ancil Hoffman Golf Club. www.rotary.org

Nov. 19: An organization for the betterment of women and children meets at Aviator's Restaurant, 6151 Freeport Blvd. for lunch and to discuss the day's topic.

Soroptimist International of

Nov. 19: An organization for the bet terment of women and children meets Garfield, Carmichael. Call Sheila at

Sacramento North meeting

at the atria El Camino Gardens at 2426

Kiwanis Club of East Sacramento-

Nov. 21: Visitors Welcome, weekly breakfast meeting on first, second and third Fridays at 7:00 AM and Dinner meeting on fourth Thursday at 6:00 PM. Topical weekv speakers and first meal for visitors on us. Meet at The Kiwanis Family House. (at UCD Med Ctr / 50th St & Broadway) 2875 50th Street Sacramento, CA 95817. www. eastsacmidtownkiwanis.com, Meeting/ Membership info: 916-761-0984. volunteers always welcome!

Rotary Club of South Sacramento meeting

Nov. 21: Guest speakers address local, regional and international topics. Visitors welcome. Every Thursday from noon to 1 p.m. at Iron Steaks Restaurant, 2422 13th St, Sacramento, CA 95818.

The Asian Community Center Senior Services Center presents Tips For Choosing Cell Phone

Nov 19: Tips For Choosing Cell Phone

City Dr, Sacramento. 393-9026 ext 330.

Community Resource Workshops

Nov 19: Older Adult Community Re

Service. Free. 10:30-11:30 a.m. 7375 Park

The Asian Community Center Senior

Services Center presents Older Adult

source Workshops: Keeping Holidays Sane

For Loved-Ones and Caregivers. Addresses

concerns of families with older adults who

can no longer live independently. Free. 10-

11:30 a.m. 7375 Park City Dr. Sacramento.

Nov. 20: Meets at noon, Evan's Kitchen, 855

57th St. Sacramento, www.eastsacrotary.com.

Rotary Club of Pocket/Greenhaven

Nov. 21: Guest speakers address local, re-

welcome. 7:30 a.m., every Thursday. Avia-

tors Restaurant, 6151 Freeport Blvd. (916)

gional and international topics. Visitors

393-9026 ext 330.

East Sac Rotary

Nov. 22: Free 12-step program/support group, for people who have Bi-Polar and those who love them. Meets every Friday, 7 8:30 p.m. 4300 Auburn Blvd., Room 106.

Bi-Polar Anonymous

Free golf lessons offered at Bing Maloney Golf Complex

Nov. 24: Are you interested in starting to play golf, but not sure where to begin? Bing Maloney is offering Free Family Clinics for 2013. These clinics are family oriented for any level of golfer. Each clinic will be held on Sundays from 1 to 2:15 p.m. at the Bing Maloney Golf Course: 6801 Freeport Blvd. in Sacramento. Call 808-2283 for more information.

Harvest Festival 2013

Nov. 22-24: Original art and craft show will be held at the annual Harvest Festival will be held at Cal Expo, Pavilion Hall, 1600 Exposition Blvd., Sacramento 95815. It is one of the largest indoor arts and craft shows on the West Coast, offering over 24,000 items that are all handmade in the country. Guests can browse original art, pottery, clothing, photography, jewelry, decor and more. Throughout the weekend there is live music and entertainment, a hands on KidZone, delicious food and prize drawings. The event runs Friday and Saturday from 10am 6pm and Sunday from 10am-5pm. Tickets are \$9 general admission, \$7 Seniors and kids 12 and Under are free. Plus, anyone who brings a non perishable food donation to support the Elk Grove Food Bank Services will receive \$2 off admission. For tickets and additional details, please visit www.harvestfestival.com or call 800-346-1212.

Rotary Clubs of Arden-Arcade, Carmichael

Nov. 26: Guest speakers address local, regional and international topics. Visitors welcome, every Tuesday, Arden-Arcade meets at noon, Ruth's Chris Steakhouse in the Pavilions on Fair Oaks Blvd. (916) 925-2787. Carmichael meets at 6:30 p.m., Ancil Hoffman Golf Club. www.rotary.org

East Sac Rotary

Nov. 27: Meets at 6 p.m., Evan's Kitchen, 855 57th St. Sacramento. www.eastsacrotarv.com

Rotary Club of Pocket/Greenhaven

Nov. 28: Guest speakers address local, regional and international topics. Visitors welcome. 7:30 a.m., every Thursday. Aviators Restaurant, 6151 Freeport Blvd. (916) 684-6854.

Rotary Club of South Sacramento meeting

Nov. 28: Guest speakers address local, regional and international topics. Visitors welcome. Every Thursday from noon to 1 p.m. at Iron Steaks Restaurant, 2422 13th St, Sacramento, CA 95818.

Bi-Polar Anonymous

Nov. 29: Free 12-step program/support group, for people who have Bi-Polar and those who love them. Meets every Friday, 7-8:30 p.m. 4300 Auburn Blvd., Room 106.

Kiwanis Club of East Sacramento-

Nov. 29: Visitors Welcome, weekly breakfast meeting on first, second and third Fridays at 7:00 AM and Dinner meeting on fourth Thursday at 6:00 PM. Topical weekly speakers and first meal for vis itors on us. Meet at The Kiwanis Family House, (at UCD Med Ctr/ 50th St & Broadway) 2875 50th Street Sacramento. CA 95817, www.eastsacmidtownkiwanis.com, Meeting/Membership info: 916-761-0984, volunteers always welcome!

DECEMBER

Rotary Clubs of Arden-Arcade, Carmichael

Dec. 3: Guest speakers address local, regional and international topics. Visitors welcome, every Tuesday. Arden-Arcade meets at noon, Ruth's Chris Steakhouse in the Pavilions on Fair Oaks Blvd. (916) 925-2787. Carmichael meets at 6:30 p.m., Ancil Hoffman Golf Club. www.rotary.org

Soroptimist International of Sacramento North meeting

Dec. 3: An organization for the bettermen of women and children meets at the atria El Camino Gardens at 2426 Garfield, Carmichael. Call Sheila at 624-4643.

Dec. 3: An organization for the betterment of women and children meets at Aviator's Restaurant, 6151 Freeport Blvd. for lunch and to discuss the day's topic

Sacramento City College Annual **Holiday Art Sale**

Dec 4, 5 & 6: Buy unique handmade gifts and support the SCC Art Department and Kondos Gallery. Dec 4 and 5 from 10 a.m. to 2 p.m. and 5 to 6:45 p.m. Dec 6 from 10 a.m. to noon. Fischbacher Art Building: Kondos Gallery: room 123, 3835 Freeport Blvd 95822, 916 558-2559 or www.kondosgallery.org for information. Parking is \$1 (you get a parking slip from a vending station)

East Sac Rotary

Dec. 4: Meets at noon, Evan's Kitchen, 855 57th St. Sacramento, www.eastsacrotary.com

Rotary Club of Pocket/Greenhaven Dec. 5: Guest speakers address local, re-

gional and international topics. Visitors welcome. 7:30 a.m., every Thursday. Aviators Restaurant, 6151 Freeport Blvd.

Gathering place, Milagro, coming to Carmichael

By STEVE LAROSA

Milagro, Spanish for miracle, truly exemplifies the transformation from the disappointment that was the Hillside Center in Carrealized dream of two long-The developers, husband their project is well past the speculation phase.

gro Centre held un-ground-Thursday, Nov. 7. (Mila-Oaks Boulevard, between El Camino and Marconi.) The program included shovels decorated with the logo, Fair Oaks Boulevard. Tonka truck centerpieces, lighted un-groundbreak- had fallen into disrepair," the realization ing shovel. There were also said Allan Davis. "We live in dream project. slide shows of Milagro architectural drawings as well as various photos depicting life in Carmichael.

"We like to think outside the box at Milagro Properties, so we're holding an un-groundbreaking," said developer Nancy Emerson-Davis days before the event. "We will have shovels, but they'll be pointed



up to represent the direction we want to take Carmichael."

Milagro Centre will be

a gathering-place for residents of the meandering Carmichael area, ofmichael to the soon-to-be fering a variety of vendors, from casual to fine dining time Carmichael residents. to unique specialty shops. This culinary hub with and wife team Allan Davis courtyard music will be viand Nancy Emerson-Davis sually enriched by gardens want the public to be aware accented by palm trees as well as an inviting fireplace, the neighborhood...we love with open seating for din-With architectural plans ing and lounging throughdrawn up and design con- out the center. A banquet tradition of the plaza, will cepts in place, their Mila- facility for special occabe a gathering place, to gensions is part of the mix. breaking ceremonies on The new Milagro Centre will encompass approxigro Centre is located on Fair mately 50,000 square feet famed Sacramento develof retail space, with water oper, Joe Benvenuti moved features and palm trees en- his daughter, Nancy Emerhancing the entrance along

over the area." Over four decades ago, son-Davis, into a duplex he'd built in Carmichael. Now, in "This represents a multi- the tradition of the late Sacchocolate shovel favors and million dollar investment ramento developer, Nanwhat may have been the first on our part in a center that cy is making great strides in the realization of her own

Carmichael and feel that what I was doing in Carmi-Milagro, in the European chael, and now, in reflection, why I've made it my home. When I sip my first glass of erations of families from all wine at Milagro Centre, I'll realize the 'why' and tip a glass to my father and thank him for the opportunity given to me. I want Carmichael to be to me what Sacramento was to him," said Nancy Emerson-Davis.

Here is a proposed drawing of the Milagro marketplace, which had a un-groundbreaking ceremony on Thursday, Nov. 7.

ED WALGREENS

"Carmichael's main street. Fair Oaks Boulevard, is being revitalized by both public and private investment. Sacramento County trans-

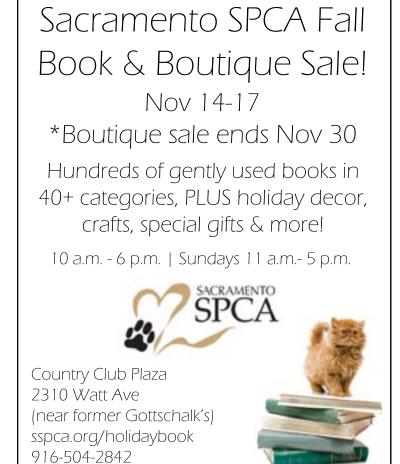
"47 years ago, I wondered formed the intersection of Fair Oaks and Marconi Avenue with improved landscaping featuring towering palm trees. Soon after, private investment followed north on Fair Oaks Boulevard. Now Milagro Centre is breaking ground south of the intersection and will create an attractive destination featuring retail shopping and restaurant amenities. I applaud the vision being presented by Milagro Investments," Susan Peters, Sacramento County Super-

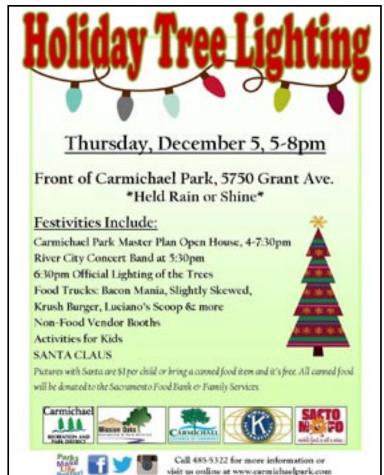
MILAGRO

Christmas 2013 • River City Chorale Friday, December 6, 2013, 7:30 pm Saturday, December 7, 2013, 7:30 pm PLUS Bel Tempo Handbells & the River City Chorale Orchestra

Information/tickets: (916) 331-5810

or www.rivercitychorale.com







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STYLISH REMODEL

Contemporary, designed for gracious entertaining! 5 bedrooms, 4 fireplaces, 3 baths; vaulted ceilings, open airy spaces, magnificent new kitchen. Remote family room with home gym space. Lovely pool and water feature set on .80 acre with orchard, garden and inviting patio spaces. \$978,500

JAY FEAGLES 204-7756



PARK HILL ESTATES

Adorable Randy Parks home, 3 bedrooms 2 baths featuring a huge master bedroom (actually 2 bedrooms converted to 1) and a 3rd upstairs bedroom which may also function as a loft. Recently updated kitchen and bath with granite countertops and beautiful tile! \$319.000

ROSLYN LEVY-WEINTRAUB 952-6602 PAMELA ANDERSON 502-2729



WONDERFULLY UNIQUE

Private, pole design home on $1\frac{1}{2}$ acres with 4 bedrooms, 4 baths. Architect designed the Reagan Library! Gorgeous Joan Colton stained glass front door. Features cast iron tub-stays hot, brass doorknobs, solid oak doors, vaulted ceiling, and gazebo. Garage and workshop/barn with lots of storage. \$469,000

DIANA LOCKE 346-3286



SPACIOUS CARMICHAEL

Beautiful one story home built in 2002; 4 bedrooms and 3 full baths plus a 3-car garage. The living room dining room is a great room concept with high ceilings and gas fireplace. The large master suite has his and hers closets and a oversized master bath with large shower and sunken tub. \$485,000

CHRIS BALESTRERI 996-2244



RANDY PARKS BUILT

Charming three bedroom, two bath home on a lovely, quiet street close to shopping and Del Paso Country Club. Amenities include random wood plank floors and dual pane windows. The kitchen opens up to the family room, both rooms looking out onto the beautiful yard and Trex deck. \$289,900

BETH HARNEY 995-4120



UNIVERSITY PARK

Attractively updated 2 bedroom 2½ bath home in gated University Park. Nice location with lovely patio, two recently remodeled bathrooms. Kitchen is also updated with Zodiaq quartz counters and stainless steel appliances. 2 large master suites with walk-in closets. 2 pools and tennis courts. \$355,000

JAY FEAGLES 204-7756



COTTAGE CREEK

Randy Parks built 4 bedroom $2\frac{1}{2}$ bath home. Random plank hardwood floors, large family room and huge master bedroom added with permit. Breakfast nook, formal dining area, inside laundry and central heat and air. \$337,000

LEIGH RUTLEDGE 612-6911 BILL HAMBRICK 600-6528



GREAT NEIGHBORHOOD

Wonderful single story 4 bedroom, 2 1/2 bath family home with large living room and fireplace, built-ins, bar, beamed ceiling and sliders to the large covered deck. Kitchen has granite counters, newer appliances and breakfast room. Step down family room has a brick fireplace and tons of space! \$317,500

CARMAH HATCH 765-6210



SOPHISTICATED

Contemporary home in a private, gated community located across from Del Paso Country Club. This single story has vaulted ceilings with large living room and formal dining room with wet bar and double-sided fireplace, open kitchen, 3 full bedrooms and 2½ baths. Three separate patios! \$449,000

CHRIS BALESTRERI 996-2244

for current home listings, please visit:

DUNNIGAN REALTORS.COM 916.484.2030

916.454.5753





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