ARDEN-CARMICHAEL NEWS



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Jesuit H.S. celebrating 50th anniversary

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Local sculptor brings talent and passion to Short Center North and small Bolivian town

■ See page 12



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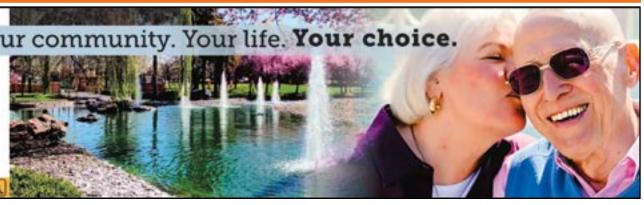
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Members of the community are invited to learn about and enroll in healthcare coverage provided 2709 Riverside Blv by Covered California and Medi-Cal on Satur-Sacramento, day, Jan. 11 at Rio Americano High School. CA 95818 t: (916) 429-990

The free "All in for Health" event, organized by Rio Americano senior Juzely Duran as her final project in the CIVITAS program, will offer answers to questions about new affordable health insurance options and help families enroll.

Free healthcare enrollment event

Saturday at Rio Americano

The event is free and open to the general public. Both English and Spanish-speaking representatives will be on hand at the event, and free childcare services during the event will be avail-

When: 9 a.m. to 3 p.m. Saturday, Jan. 11 Where: Rio Americano High School Library, 4540 American River Drive in Sacramento

What to bring:

- W2 or last year's tax return
- Birth certificate or legal resident card

- Proof of Address such as a utility bill
- + Social security number for each family member enrolling
- · Naturalization citizenship certificate and residency status

For more information please read the attached flyers below or call Melissa Vargas (310) 260-

This event has the support of the ALL IN Campaign, Teachers for Healthy Kids, San Juan Unified School District, CIVITAS and San Juan Teachers Association.

The ALL IN Campaign is a joint effort of The Children's Partnership, California Department of Education, California School Boards Association, California School Health Centers Association, California Coverage & Health Initiatives, the California Endowment's Get Covered/Asegúrate Campaign, and Covered Cal-







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On Sunday, Jan. 5, a young boy, shown here, led a group of naturalists, young and old, up from the banks of the American River where they all learned a little

Bringing in the New Year at Effie Yeaw

By MONICA STARK

Hearkening in the new year along the American River, Effie Yeaw nature guide Mela-nie DuBoce lead a group of about 20 people from the na- er in a small boat. "They call ture center to the water's edge on a warm Sunday, Jan. 5 afternoon. With the end of the Chinook salmon season, the children were excited by the site and smell coming from a mound of fish bones.

"Oooh, don't step on them. Oooh, don't poke them with a stick," mothers told their young ones.

"Turkey vultures, coyotes, raccoons. They're (the fish bones) really important to the animals here. It's be heard as they soon spotted like a buffet. After they lay their eggs, they (the salmon) die. And this is the spawning ground for them, so the bodies will float down and start a great time on the nature to decompose down here," Duboce explained to the at-

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Steelhead are born in the river, they live in the ocean and come back up to spawn." Then it was back to the trail. Hitting the scenic route, (one of the smaller nature trails), children were asked to keep their voices down to not scare off any wildlife that might be hidden nearby. Sure enough, it didn't take long for the, "ooohs and awwws" of the children to

tentive children. "And usual-

ly the steelhead trout follow

the salmon up. They do not

die after they lay their eggs,

but fishermen love the steel-

head trout," she said as fishermen drifted down the riv-

them trouts on steroids be-

cause they are really powerful.

deer in the brush. Holding her 4-year-oldgrandson Jaxson up to see, Nancy Simpson said she had

see Effie Yeaw, page 18



Effie Yeaw guide Melanie DuBoce showed children a piece of a deer antler that had teeth marks in it, providing children with a valuable lesson on the circle of life

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Jesuit High School celebrating 50th anniversary

By LANCE ARMSTRONG

Carmichael's Jesuit High School is presently celebrating a special anniversary, as it was established 50 years ago. as "the miracle of Sacramento,"

This half-century tradition began with 93 freshman students under the direction of the California Province of the Society of Jesus (the Jesuits) and the Rev. Joseph Keane, as superior.

The idea for the creation of this private, Catholic faithbased, all-boys school, which is located at 1200 Jacob Lane, was conceived by Bishop Robert J. Armstrong (1884-1957) during the 1950s.

Armstrong's successor, the Rev. Joseph McGucken (1902-1983) furthered this dream through his involvement with various fundraising efforts.

Also instrumental in fundraising efforts for the school were Elwood and Jack Maleville and other Catholic lay people.

During the early 1960s, Keane was sent by the Rev. John Connolly, provincial of the California Province, to initiate the preliminary groundwork for the establishment of the school.

The efforts to establish the school took a major step forward in Ianuary 1961, when the California Province purchased a more than 20-acre ranch to be used as the site of this institution.

The majority of the school, which has a much larger campus today, was built in only about four months, a feat that resulted in associates of the school referring to the project

The first issue of Jesuit High's newspaper, which was then known as The Plank, referred to the fast pace of the school's construction, as follows: "The transformation, wrought by the firm of Harbison and Mahony, definitely borders on the miraculous."

The architect for the project was Harry J. Devine and Keane served as the project's executive director.

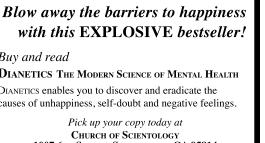
Following the completion of its six major buildings, Jesuit High was opened on Sept. 17, 1963. And with that opening, Jesuit High became the first new high school established by the California Province in 42 years.

The Rev. John Geiszel, who had previously served as the vice principal of Loyola High School in Los Angeles, was hired to serve as both the school's first principal and a history teacher.

Other members of the original faculty were the student's chaplain, the Rev. John Ferguson, theology; the Rev. Joseph Barry, mathematics; the Rev. Raymond Brannon, Latin and speech; the Rev. Carlportion of the old Horst hop ton Whitten, English; and the school's only lay teacher, John

See Jesuit High page 6







A sign announces the 1963 construction of Jesuit High School

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Jesuit High continued from page 5

Maher, history and physical education.

On Sept. 26, 1963, Keane was appointed first superior of Jesuit High. His resume, as a chaplain in the U.S. Navy during the Korean War, dean of men at Loyola University in Los Angeles and athletic director at the University of San Francisco.

On Nov. 6, 1963, Jesuit's faculty and student body selected the name, Marauders, and the colors crimson and

Joining Jesuit's faculty in February 1964 was Brother Edward Johnson, who performed a variety of jobs, including working in the study hall, sorting and filing mail, cleaning the chapel, running errands and watering the lawn.

Eight months later, five priests, one brother and two laymen were added to the faculty.



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The first Jesuit High sports team to compete against another school was its basketball team, which debuted in the fall of 1963.

By the spring of 1964, Jesuit fielded its first baseball team, followed by its first at that time, included serving cross country team in the fall of 1964 and its first football team in the fall of 1965.

> Today, the school features 14 sports teams and has a rich history of championship teams at the league, section, state and national level.

Clubs were a rich part of Jesuit's early history and among the first clubs to be formed at the school were the Radio Club, the Glee Club and the Sodality service organization.

Student activities at the school have since expanded to include about 45 student-led clubs, ranging from service programs to international clubs to leadership organizations.

The school also has a long history of providing its stu- and about 120 faculty and dents with opportunities to staff. participate in visual and performing arts programs.

Another early element of the school since its beginnings was its yearbook, The Cutlass. chael DeFazio, who was one

This annual's original staff, which included its editor and chief Mark Warren, began meeting in February 1964.

The 1965 annual was the first edition of The Cutlass, and the book consisted of 36 pages with black and white photographs.

When the school was only about a decade old, it survived a threat of closure due to financial and manpower chal-

A newly established board of trustees, led by James Carr, who headed the "Ad Hoc Committee to Save Jesuit High School," took charge of the school's finances and policy-making duties, while the Jesuit order kept its role as the school's administrators.

The school's growth throughout the years has included new structures, as well as increases in the size of its faculty and student body.

Today, Jesuit has a student body of about 1,000

Many former Jesuit High students have fond memories of their time at the school.

One such person is Mi-

of many members of his family to attend Jesuit.

In sharing that history, Michael said, "(His brother) Bill graduated in 1967, the first class of Jesuit, (his brother) Jim graduated in 1969, I graduated in 1970, (his brother) Tom was 1972, (his brother) Peter was 1979. I have cousins - George, Matt and Bill - that graduated from Jesuit. I have two sons, Michael and Andrew, that graduated from spectively. My nephew, Robin 2005. His brother, Jeffrey, graduated in 2007. My brothgraduated in 2003."

Michael, who owns a medical records business, added that he has enjoyed being involved with Jesuit High throughout the years.

"It was fun (attending Jesuit)," said Michael, who had previously attended St. Igna-Way. "There was a lot of camaraderie. I spent so much time close to there with other siblings and then children, and all the sports with the kids. It feels like I never left."

Bill, who owns a commercial real estate company, recalled an earlier plan for the site of Jesuit High.

"I went to St. Ignatius grammar school on Arden Way, and the Jesuit (High) School – I don't know if they were going to call it Jesuit it was supposed to (be constructed behind St. Ignatius). The school owned a bunch of property behind there that they designated to put the Jesuit in 2004 and 2007, re- high school on. I don't know if they determined if it probaert, graduated in 2002 and bly wasn't big enough. But gohis brother, Tom, graduated ing back, it was supposed to be built over behind St. Ignatius on Arden Way, and I beer, Tom, has a son, James, who lieve the school - the Jesuits - owned the property all the way over to Morse Avenue."

In sharing one of his earliest Jesuit High memories, Bill described a school activity that was unique to Jesuit's original class.

"I do recall that the first class had to go out and plant tius School at 3245 Arden the lawns in the fall of our first year," Bill said. "Instead of P.E., probably for a week or two, the priests all got us together and we planted the lawn

See History Feature, page 7



out in front and we planted the lawn out in between the administration building and the first classroom building." Bill also said that because of his love for playing sports, he assisted with the creation of the school's first baseball field.

"I went out there with the principal at the time, Father Guisel, to help (with) the baseball (field) or what was supposed to be the base-ball field. I guess there was a backstop out there. We got ahold of a tractor somehow and cleared off the infield and made it look like some kind of a place you could practice on. We didn't have any games there, I don't believe."

Bill, who played on Jesuit's first baseball, basketball and football teams, was a member of the school's first championship baseball team in 1967.

Evan Elsberry, the awardwinning chef who operates lic high school) and there was he attended Jesuit High. Evan's Kitchen and Catering at 855 57th St., described a regret he has when it comes to his connection to Jesuit

"My regret is I didn't stay at Elsberry said that to this Jesuit," Elsberry said. "I went day, when someone asks him in a lot of people's lives and it me for college and everything next 50 years.

where he went to high school, continues to be a great school. he will proudly tell them that Certainly at a time when

a great sense of belonging (at Jesuit) and it was great to be There was a lot of tradition service for businesses, added, for a relatively young school."

else beyond that. It's something I'll never forget." young kids have a lot of differ-And as the memories of Je-Greg Kaeser, who graduated ent challenges and things, it's from Jesuit in 1980 and now a nice constant and it's a good

suit High continue to be special for its many former stuthere, a lot of camaraderie. operates an accounting-relat- touchstone for everybody. It dents, current Jesuit students ed computer programming certainly gave me a great foun- are also creating memories dation in life, and I met a lot that will last a lifetime, as the "(Jesuit) has been a big deal of good people and it prepared school heads forward into its



Jesuit High School has a half-century-long tradition in the Carmichael/Sacramento area. The school was established on property that was formerly occupied by the

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16th Annual "Sacramento Museum Day" returns Feb. 1 with free or half-priced admission to 30 sites!

To the delight of the greater Sacramento area community, thirty local museums will offer free or half-priced admission from 10 a.m. to 5 p.m. on Saturday, February 1, 2014, during the 16th Annual Sacramento Museum Day! Two museums have recently joined the association and community-wide event, including the California Statewide Museum Collections Center and the Center for Sacramento History. During the highly anticipated event, 28 of the 30 museums will offer free admission whereas two destinations located in residential areas -- the Sacramento Zoo and Fairytale Town -- will offer half-priced admission to offset parking control and security costs. Coordinated by the Sacramento Association of Museums (SAM) and the Sacramento Convention & Visitors Bureau, this hugely popular event is proudly presented by Chipotle Mexican Grill.

Sacramento Museum Day, a popular Sacramento cultural tradition, is

of the community to experience the Capital City's incredible wealth of art, history, science and wildlife -- at little or no cost. Many of the museums are within walking distance of each other and easily accessible via public transportation. Event coordinators suggest that guests plan to visit no more than two or three different museums on this day in order to allow adequate time to enjoy the experience and to travel between indi-

In addition to offering free or reduced cost admission, some of the destinations are offering special activities during Sacramento Museum Day. For instance, the Aerospace Museum will offer an "open cockpit" day where most aircraft will be open for viewing (weather permitting), a children's art contest and onsite exhibitors such as the Tuskegee Airmen. And, some of today's big monster tractors will hit the road to

designed to encourage all members make a special trip to be on display at the Heidrick Ag History Center in Woodland.

> "We are very excited to continue this popular annual tradition and we are proud to welcome two new museums to the event this year," said Sacramento Association of Museums Chair Kristina Swanson. "With each passing year, more and more community members are introduced to the amazing array of arts, culture and museum offerings available in the Sacramento region. And, we are especially pleased that Chipotle Mexican Grill has continued as a title sponsor. The support of generous corporate sponsors is invaluable and helps to make Sacramento Museum Day possible each year."

> While admission is free at 28 of the participating museums during Sacramento Museum Day, admission to two destinations located in residential areas are half-priced as follows: Sacramento Zoo is \$5.75 for adults, \$3.75 for children ages 2-11 and free for

children under two: Fairvtale Town is \$2.50 per person and free for children ages one and under.

Due to the popularity of Sacramento Museum Day, some locations must limit the number of admissions for safety reasons. The event is scheduled from 10 a.m. to 5 p.m. but note the last guests will be admitted at 4 p.m. More detailed information about participating museums, addresses, limitations, suggested parking and public transit options is available at www. sacmuseums.org (click on "Events"), or by calling the Sacramento Convention & Visitors Bureau at (916) 808-

Sacramento Museum Day 2014 is proudly supported by active and engaged community partners. In addition to the title sponsor Chipotle Mexican Grill, other sponsors include KSEG 96.9 FM. Outword Magazine and STAR 106.5 FM.

See Museum Day, page 9

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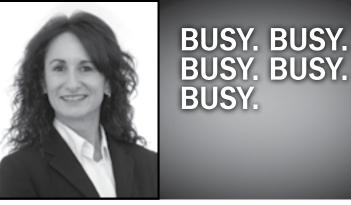
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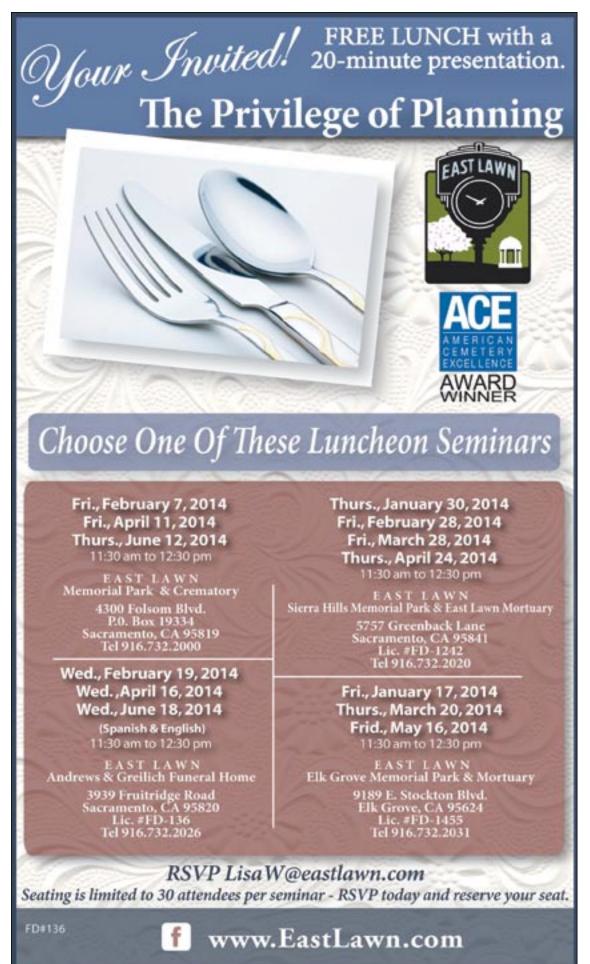
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Del Dayo, Carmichael team up for special holiday shoe drive

With Santa Claus, a huge pancake breakfast and over 400 pairs of donated shoes, Del Dayo and Carmichael elementary schools teamed up to bring local families an unforgettable holiday season this year.

The "Sole 2 Soul" shoe drive began at Del Dayo with students and staff working together to collect gently used shoes and winter clothing for families in the area.

Del Dayo parent Angel Payne, who led the effort, said she wanted to bring some holiday spirit to neighboring families in need.

I thought, 'Christmas is coming, it's time to clean out our closets anyway. Let's donate as a community," Payne said. "So I brought the idea over to Carmichael ... and this is what happened."

Carmichael Elementary's answer to hosting the shoe drive: a resounding yes.

"When I heard about it, I said we couldn't just have shoes," said Brandei Smith, Carmichael Elementary's principal. "We needed to do something else, too."

That "something else" came in the form of a giant holiday breakfast feast. A local Denny's teamed up with Carmichael Elementary to offer the families a full pancake breakfast, complete with a coupon for a free children's meal at the restaurant. A local Starbucks donated coffee and hot chocolate, and both Bel Air and Costco donated gift cards to help pay for supplies.

Ultimately, the two schools were able to collect enough to provide over 350 local people with shoes for the holiday season.



ARTS

Artistic Edge Gallery Features Local Artist Shannon Raney

By ALICIA O'HARA

A new year with new beginnings at the Artistic Edge Custom Framing & Gallery. The locally owned and family operated business completes their expansion and continues a new year of supporting local artists and their artwork. Starting in January, Artistic Edge Gallery is introducing featured artist Shannon Raney during at their Second Saturday Art Reception, January 11th, 2014 from 4 to 7 p.m.

About the featured artist

Artist Shannon Raney is a mother, wife, artist and teacher by heart. A Minnesota native, Shannon remembers a home that helped encourage and influence her artwork. Today, as a mother of two Shannon Raney continues the legacy of mentorship with her own children and as a teacher, designs art projects that encourage confidence and artistic success for her students.

Fun and simplicity are important to the artist. Shannon Raney weaves these concepts into each art piece, creating a composition of strong colors and whimsical landscapes of new textures and vibrations.

In the "Game of Cat and Mouse", this classical story offers a fixed theme of play and solitude guiding the viewer into landscapes of mixed media textures.

Shannon Raney looks towards her future in art with a smile. She is calm and she is peaceful, creating in her backyard studio sanctuary with heartfelt plans to expand and grow both personally and in her ability to influence the artistic generations to come.

Join Artistic Edge Gallery for their

Join Artistic Edge Gallery for their Second Saturday Art Reception for the unique opportunity to meet Shannon Raney and the added benefit of our featured photographer Don Tackett.



Contact

To learn more about the Artistic Edge Gallery, Second Saturday Art Reception, call Kathy Caitano at 482-2787 or email artistic.edge@hotmail.com. Artistic Edge is located at 1880 Fulton Ave., Sacramento.



Introducing Miguel Paz: Local sculptor brings his talent and passion to Short Center North and a small Bolivian town



Editor's note: This is part one of a series about a prominent sculptor from a Sacramento area whose work inspires and teaches students locally at the Short Center North and internationally in a small Bolivian town called Huayculi.

Inside the garage of his Johnfer Way home on a chilly Saturday December morning, Sacramento resident Miguel Paz was humming along Maria Martinez style, throwing tle piece here on my shirt," he clay onto a wheel, wrapping it around with his hands, forming even rolls.

It was so cold on that Dec. 7 morning that he couldn't quite feel when he stepped on the pedal. "The thing about weight distribution and if of those days I made a boo-

pottery piece in progress and describing his process of coiling, that, in theory, should be somewhat controlled. "I was doing the same kind

of thing except I stepped on the pedal this morning. It was so cold; I couldn't quite feel it. I stepped on the pedal and the thing got going and went 'woooo'! It spun out and the piece went up against the wall. It was the weirdest thing in the world and I got a lit-

Paz is a mellow, kind-natured professional artist with an impressive education: He took undergraduate courses from internationally renowned ceramist Peter working with clay is you're Voulkos at UC Berkeley. He throwing it onto the wheel studied alongside local legand it sticks pretty solid, but end Tony Natsoulas at UC the higher you go, the more Davis and studied at Teachers College at Columbia Uniit's uneven, it will do this versity, the oldest and largest and that. So, today was one graduate school of education in the United States. Despite

boo. I had it this big," he said, the accomplishments he has demonstrating the height of a on paper, there is nothing of an ego that radiates from his peaceful and playful personality that is set on changing the world with art as a tool. But that piece of the story will be saved for later in this series. First, a bit about from where he came, La Paz, Bolivia.

Bolivia has a history of one military coup d'état after another and for Paz's family, the political was as personal as it could have been. The second agrarian reform in South America (the first being in Mexico in 1917) was in 1950 in Bolivia, which gave the vote to the indigenous people, the Quechua and the Aymara.

As Paz described the political atmosphere, his voice rose a few decibels. "You know all those people – that was 79 percent of Bolivia that did not vote. There was upheaval and change in the oligarchy and that was Víctor Paz Este-

A tin producer, Bolivia was used by the United States for harnessing the metal that made steel manageable to make things like cars. That was 1950. Paz was born on Dec. 1, 1954. Then in 1964, Estenssoro was elected and there was a change. Living in San Francisco in 1967, Paz's father was the new president's counsel general. A union organizer of the growers is how Estenssoro won the support but that was short-lived. The military came in and ousted Estenssoro, which put Paz's family on the blacklist in Bolivia. But with the Monroe Doctrine in place, the Paz family found refuge back in the United States and the elder Paz got a professorship at Harvard. "So we came and later after five years, my parents became U.S. citizens. I became a (United States) citizen in '81 after I was already in Berkeley."

Growing up in Bolivia undoubtedly affected the artist Paz was about to become, though he didn't realize his true potential until he began taking courses at UC Berkeley. Clay, an abundant natural resource that has been found

See Miguel Paz, page 13



in the earliest Inca civilizations and a material that continues to be used for practical purposes, was all around Paz. On one of his trips back to Bolivia in 1991, he began to see there was a real strong jor: Art." cultural ground of the knowledge of what clay can do for people. "It's such an inexpensive material but it's so culturally embedded in the lives of people and even in the Adobe themselves," he said. As he writes on his artist biography: "Working with clay is an ex- es span from life-size humans We hung out. He was a very Bolivia has plenty of gas and ploration of great value. Many to small figurine types. cultures have interacted with this material to enhance their lives both in the past and in the front yard, alongside the latest to really open his eyes is a worldwide basis, a commu- website, visit: http:// the present."

UC Berkeley, Paz struggled, of its own. Fired in one of the which can be found at Solaas he was trying to figure historic beehive kilns at Pan- no Community College and himself out. "The whole thing ama Pottery in 2005, which another at Sacramento State

in my soul," he said. But he ate, gave Paz a deep sense of Fahrenheit, the kiln at Sacrait seemed like something he Dave DeGamilla had a pro- off the carbon. "It's so great should do. Luck should have motion going on and startit, Paz took a course in art and ed it up. "It was really nice sor) Scott Parady is awesome. that was with Voulkos. "My to have that sense of enrich- He's from the Napa area. stuff just started to pour out. ment," Paz recalled. That was it. I declared my ma-

pleted his undergraduate debecame involved in the figura-

One of his pieces, titled "Alberto Einstein" sits in walkway of his Pocket area the use of an anagama, a Japa-When he first enrolled at home and comes with a story nese style wood fired kiln, one

Paz also worked out of another of DeGamilla's proper-But Berkeley was a bit too ties, The Brickhouse, located to UC Davis, where he com- you move around a lot in Sacramento, especially if you are in the last 10 years. I want to gree and began to study under into clay. I worked on 20th experiment with it. I want to Robert Arneson in 1978. Paz Street with Tony Natsoulas. We went to school together tive nature of art and his piec- at UC Davis undergraduate. much to learn and the gas --

active guy." Paz has taken to learn about different firing techniques, the

wanted to be a lawyer because fulfillment. Property owner mento State University burns upcoming trip, which will be and (CSUS Ceramics Profes-There's an enormous community. It's an incredible state. We've got all these rivers, an amazing clay source. There's anagama; it's fairly new, withtake the anagama to Bolivia to teach that process. They have

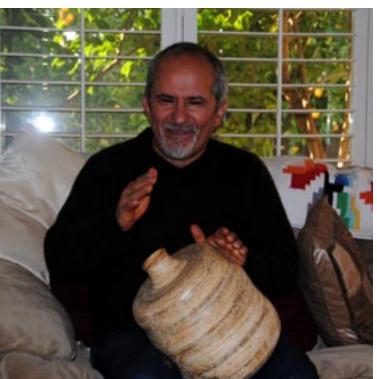
> can tap into that." Paz wants to create an exchange program of artists on build a kiln from the ground profilePage&id=3446>

about being an artist was deep cost about \$20,000 to oper- University. Rising up to 2,300 up and will be taking that knowledge to Bolivia in an discussed further in this pub-

Recent work of his has been shown at the Harlem School of the Arts: Harlem, New York, Nature Conservative Center: Central Park, New York, Matrix Arts: Sacramenintense and so he transferred at 2837 36th St. "As an artist, also movement toward the to, Very Special Arts: Sacramento, Robia Model Arts School Program: Sacramento, Metropolitan Museum of Art: New York, New York, City of Johnstown, Pennsylvania, Niagra Falls, New York, Ellerslie Museum: Trenton, New Jersey and ARTWORKS: Princeton, New Jersey.

> To find pieces on his nity of artists. From now un-ercregistry.com/intil May, he is learning how to dex.a4d?action=search.





Photos by Monica Stark Miguel Paz, a local sculptor, is sitting with one of his ceramic drums. Also shown here are a figurative piece and



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Admissions Information Night: January 21st, 6:30 pm

www.valcomnews.com • January 9, 2014 • Arden-Carmichael News 13 **12** Arden-Carmichael News • January 9, 2014 • www.valcomnews.com Valley Community Newspapers, Inc. Valley Community Newspapers, Inc

With Conviction: Art and Letters from Beyond Prison Walls

Prison art, letters of the prison industrial complex and zines of political content will fill the space of Ex- this stuff, Rayson explained. "They can line their hibit S Gallery with content from 25 years of corre- walls with it and put their favorite political leadspondence between Anthony Rayson from the South ers up and the coolest graphics up there along with

Lilac Neuron Media, the parent organization for the string – they just tie it just like a long clothes line creative projects produced by Colin and Lauren and hang it from different floors even. Across halls – Swift, is an educational anarchist driven project they get these zines and artwork to as many inmates that's been published with minimum editing, since as possible no matter how restrictive they are. So it's most of the pieces are written and compiled by the a helluva project and we're going to just keep doing prisoners themselves, according to a self-published this stuff. It takes a lot of time money and effort. It's YouTube video by Rayson himself.

Along with the writings, Rayson and his partner, They ask the inmates who might be interested in helping with the collaboration, "Well, do you write? The show will be held at Exhibit S Gall Are you an artist?"

Kevin Rashid Johnson, an African-American soed ever since – for the past 18 years in conditions of res, RJ Hall, Jr. solitary confinement.

"A lot of them are into the (Black) Panthers as you might assume," Rayson said. "A lot of tattooers might work for us."

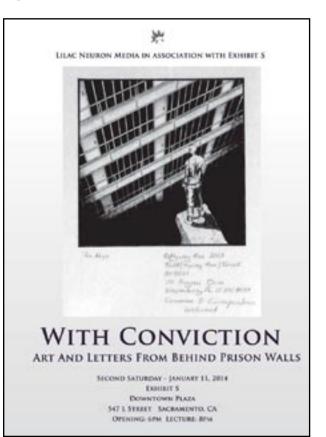
Ŭsing random supplies like napkins, envelopes, to create art, the pieces have included tributes to the great leaders of Africa, Latina art. There are punk oriented pieces and there are some that are more classic, harkening back to the slave days. Malcolm X is always a favorite. One piece was created by a White Muslim in Indiana who drew images show-

ing the discrimination he faces from being White

"We make prints in color, so prisoners can have Chicago ABC Zine Distro and incarcerated people. the literature they spread around, which is very cool The art exhibit, promoted by Carmichael-based - the way they kite things. They unravel towels and very labor intensive, but it's extremely rewarding."

'We are expanding their horizons of thought," Mike Plosky, get incredible prisoner artwork that Plosky said in the interview. "They're doing the same they help distribute. "Some are either one or the for us," Rayson said. He added: "We're working on a other and we encourage collaboration," Rayson said. zine From Gangsta to Guerrilla. I am sure, as always,

The show will be held at Exhibit S Gallery in Downtown Plaza, located at 5th and L streets. The Rayson has several samples of brilliant pieces by reception will be held on Second Saturday (Jan. 11), starting at 6 p.m., followed by a lecture at 8 p.m. by cio-political photographer who produces conceptu- Rayson, who will be one highlight, along with the al post-black art. According to http://rashidmod.artwork, graphics and zine literature from the incom/>, a website created in his honor, Johnson was side of the prison industrial complex from across the a drug dealer who was arrested in 1990 and received nation. Featured artists include: Todd 'Hyung Rae' a lengthy prison sentence. He has been incarcerat- Tarcelli, Rasheed Johnson, Brain Scam, Joey Tor-



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CALENDAR

Send your event announcement for consideration to: editor@valcomnews.com at least two weeks prior to publication.

Editor's note: City Councilmember Kevin Mc-Carty told the East Sacramento News the city council has likely postponed the vote for the controversial student housing project, Campus Crest, to Jan. 14. It was previously scheduled for the Dec. 10 meeting.

ONGOING

AARP tax aide seeks volunteers for 2014

The nation's largest free, volunteer-run tax assistance and preparation service is seeking volunteers for tax assistance/preparation and leadership coordinators. Volunteers of all ages and backgrounds are welcome. Each year from Feb. 1 through April 15, AARP Tax-Aide volunteers prepare federal, state, and local tax returns for low and middle income taxpayers, with special attention to those age 60 and older. Volunteers are especially needed to assist with electronic filing of tax returns. You do not need to be an AARP member or retiree to volunteer. For more information on how you can join the AARP Tax-Aide team in Northern California, contact Ron Byrd at No-CalTaxAide@Outlook.com or visit website at: www.aarp.org/taxaide

Exercise your mind and have some fun at this on-going Brain Gymnasium class! Inviting all seniors to Eskaton Monroe Lodge 3225 Freeport Boulevard, 9:20 a.m. Thurs days. \$6 per class. Call 441-1015 for more

Gentle Qi Gong

Learn powerful relaxation techniques reduce stress, reduce physical pain and emotional suffering, lower blood pressure, increase immune response and improve balance. Inviting all seniors to Eskaton Monroe Lodge, 3225 Freeport Boulevard, 2 to 3 p.m., Wednesdays, \$7 per class, Call 441-1015 for more information.

Attn. students: Submit now for

water efficiency video contest High school students can win cash prizes and the chance to view their video on the Raley Field Jumbotron by entering the 2014 Water Spots Video Contest. The contest, sponsored by the Regional Water Author ty (RWA) and the Sacramento Bee Media in Education (MIE) program, challenges teens to create compelling and original 25-second Public Service Announcement (PSA) videos on a select water efficiency topic. The 2014 water efficiency theme is: Don't be a gutter flooder: Prevent overspray

and runoff. Judging will be based on creativity, entertainment value, accuracy, originality and incorporation of the water efficiency topic. Finalist videos will be displayed on the Raley Field Jumbotron screen and winners announced at a Sacramento River Cats game in April 2014. Winning students and their teachers will also get cash prizes. The grand prize winner's spot may become part of RWA's 2014 television ad campaign. Submissions due Feb. 28. Visit www.BeWaterSmart.info for more information and tips on using water more efficiently and to submit entries or get more information about contest rules, judging and prizes, visit www. sacbee.com/water-spots

California Youth Basketball League taking applications

CYBL is a non-profit year round league for ages 4 through 18 that prides itself on being well organized that aims to develop basketball skills, sportsmanship and self-esteem through coaches, gym official and organizers. Visit www.cybhoops.com or call 391-

Kiwanis Club of East Sacramento-Midtown

Visitors Welcome, weekly breakfast meeting on Fridays at 7 a.m. Topical weekly speakers and first meal for visitors on us. Meet at The Kiwanis Family House, (at UCD Med Ctr/50th St & Broadway) 2875 50th Street Sacramento, CA 95817. www.eastsacmidtownkiwanis.com. Meeting/Membership info: 916-761-0984, volunteers al-

The Sacramento Capitolaires meeting

A men's Barbershop Harmony group, meets every Tuesday night at 7 p.m. at Pilgrim Hall (Sierra Arden United Church of Christ), 890 Morse Ave., Sacramento. Info: www.capitolaires.org, call 888-0877-9806, or email info@capitolaires.org

Artisan holds Food Drive

Artisan Salon is participating in the Spirit of Giving Food Drive, Over the last 17 years. the Spirit of Giving (SOG) drive has helped Sacramento Food Bank collect and distribute over 4.6 million pounds of canned and non-perishable food items for local families in need. Help support families in need by participating in this year's drive! Artisan Salon is located at 3198 Riverside Blvd.

Soroptimist International of Sacramento South meetings

A service organization dedicated to insure the status of women and girls the group meets at Aviator's Restaurant, 6151 Freeport Blvd. for lunch and to discuss the day's topic. Meets the second and fourth Tuesday of each month at 12:15 p.m. The meetings discuss our fund raising Projects and Community Service, often with speakers from our community

ACC presents: "A Veteran's Journey Jan 9: From 6 to 7 p.m., at ACC Senior Services Center, 7375 Park City Dr., follow the steps of a daughter as she guides he Veteran father through the deep and commembers and nonmembers) will earn the plex landscape of end of life. Learn the ispolar bear a t-shirt, certificate of Polar Bear Membership, hot chocolate and s'more's sues that are unique to Veterans and their families at end of life. Discover the support in addition to the opportunity to take the that is available for Veterans. Free. Pre-regplunge into polar bear stardom! For more istration requested. Info: (916) 393-9026 mation contact the club at swimcabanaclubnorth@gmail.com.

nior Services Center, 7375 Park City Dr.,

discover your 9 body composition number

(weight, body fat percent, body water per-

cent, bone mass, muscle mass, visceral fat

level, metabolic age, BMR, physique rating).

Free. Pre-registration requested. Info: (916)

ACC offers a cooking demonstration

Greenhaven Terrace, 1180 Corporate Way

learn to prepare delicious marinated Korean

Flank Steak and make savory Japanese Egg

Rolls, a rolled omelet that can be served for

breakfast, as a bento item, or used for sushi.

\$11. Pre-registration and pre-payment re-

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Cabana: Calling All Polar Bears!

Jan. 11: It's time for the annual Polar Bear

Swim at the Greenhaven Cabana Club

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p.m. The Greenhaven Cabana Club North

is located at 6207 Riverside Boulevard, Sac-

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Jan 10: From noon to 1:30 p.m., ACC

393-9026 x330, www.accsv.org/cl/.

ACC offers free health evaluations **Friends of the Library Annual** Jan 10: From 10 to 11 a.m., at ACC Se-Warehouse Bag Sale

Ian. 11-12: \$6 for a bag of books: 9 a.m. to 4 p.m., 8250 Belvedere Ave., Suite E

Land Park Pacific Little League tryouts

Jan. 11-12: Tryout schedule: 12 year olds at 9:30 a.m., 11 year olds at 10:30 a.m., 10 year olds at 11:45 a.m., 9 year olds at 1:15 p.m., 8 year olds at 2:45 p.m. All players league age 8 or up must attend at least one tryout. Tryout sessions are at Dooley Field. Players should arrive 20 minutes prior to tryout time to check in. No cleats allowed. Every player should bring a glove. Parking will be very limited. Walking and biking are encouraged. In the event rain is forecast. check the Blog on the website the night before and/or the morning of tryouts.

ACC presents workshop on spring/ summer garden preparation

Jan 14: Learn how to get a jump on spring and summer vegetable and flower gardening, including soil preparation, site selection, wa ter conservation, fertilizing, attracting pollinators, and pest control, from 11 a.m. to noon, ACC Senior Services Center, 7375 Park City Drive. Free. Pre-registration required. Info: (916) 393-9026 x330/www. accsv.org/cl/

ACC presents "DMV Driver Safety and the Aging Driver'

Jan 16: In a continuing effort to assist seniors in maintaining their driving independence for as long as they can do so safely, the Department of Motor Vehicles (DMV) has created the Senior Driver Ombudsman Program. which will be held from 10 to 11:30 a.m., at ACC Senior Services Center, 7375 Park City Drive. Learn methods for prolonged driving from the local DMV Senior Driver Ombudsman, who will also cover related topics such as driver license renewal strategies, how DMV assesses Alzheimer's disease and other cognitive impairments, and the potentially unsafe driver reporting process. Free. Pre-registration required. Please call 1-800-272-3900 or e-mail ptardio@alz.org.

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References available. Call Les at 838-1247.

Hands on History: Trappers, Trades and Treaties!

Jan. 18: As part of a special and continue

nteractive program happening on the thir

Saturday of each month, Sutter's Fort State

Historic Park (SHP) will present a special

ÒHands on History: Trappers, Trades, and TreatiesÓ event in January. Visitors to the Fort will step back in time to the 1840s to learn why trappers were considered Òjacks of many tradesÓ and experience how they lived, worked, explored new territory and traded with local Native Americans. Fort visitors will see, handle, and hear about many items that were commonplace in the middle of the 19th century but seem strange now. Guests will also learn about many fascinating aspects in the life of a trapper, see examples of game traps and how they work plus learn about the important Obarter processÓ Sutter used to hunt and trap on Native lands. Fort visitors will also have the opportunity to examine fur pelts, create ouvenir documents with a quill pen and oak gall ink, string trade beads and watch how flint and steel can be used to start a fire. As an event highlight, an original oil painting of Sutter's Fort -- titled Welcome -- will be unveiled that was created by local historian and artist Mark Davidson. In fact, hundreds of hours of research went into creating an accurate depiction of the Fort (and daily life) before the Gold Rush. To provide insight, two special presentations will be offered that day by Davidson and Steve Beck, History and Education Programming Lead at Sutter's Fort, about the painting, its nuances and the research that went into its creation. For more information about this event or Sutter's Fort SHP, call 916-445-4422 or visit www.suttersfort.org; Sutter's Fort State Historic Park, 2701 L Street, Sacramento. Time: 10 a.m. to 5 p.m., spe cial presentations: 11:30 a.m., 1:30 p.m., cannon firing demonstrations: 11 a.m., 1 p.m., 3 p.m.,

Musket demonstrations periodically throughout the day. Cost:\$7 per adult, \$5 per youth (ages 6-17), free for children 5 vears and under

ACC presents forum on cervical health

Jan 23: Every Women Counts will be offer vomen education on Breast & Cervical Cancer prevention, early detection, free screening services from 1 to 2 p.m., ACC Senior Services Center, 7375 Park City Drive. Learn valuable information about the risk factors for breast cancer; importance of early detection; eligibility requirements to

qualify for free screening and/or treatment Free. Pre-registration requested. Info: (916) 393-9026 x330, www.accsv.org/cl/.

FEBRUARY

16th Annual "Sacramento Museum Day"

Feb. 1: Free or half-priced admission to 30 sites. Participating Museums for Sacramento Museum Day 2014 include: Aerospace Museum of California, California Automobile Mu seum, The California Museum, California State Capitol Museum, California State Mili tary Museum, California State Railroad Mu seum, California Statewide Museum Collec tions Center, Center for Contemporary Art, Sacramento, Center for Sacramento History, Crocker Art Museum, Discovery Museum Science and Space Center, Don & June Salvatori California Pharmacy Museum, Fairytale Town, Governor's Mansion State Historic Park, Heidrick Ag History Center (Wood land), Leland Stanford Mansion State Historic Park, Maidu Museum & Historic Site (Roseville), Museum of Medical History, Old Sacramento Schoolhouse Museum, Old Sacramento State Historic Park, Roseville Utility Exploration Center, Sacramento Children's Museum, Sacramento Historic City Cemetery, Sacramento History Museum, Sacramento Zoo, Sojourner Truth Multicultural Arts Museum, State Indian Museum, Sutter's Fort State Historic Park, Wells Fargo History Museum (Capitol Mall), Wells Fargo History Museum (Old Sacramento). While admission is free at 28 of the participating museum: during Sacramento Museum Day, admission to two destinations located in residential areas are half-priced as follows: Sacramento Zoo is \$5.75 for adults, \$3.75 for children ages 2-11 and free for children under two: Fairytale Town is \$2,50 per person and free for children ages one and under. The event is scheduled from 10 a.m. to 5 p.m. but note the last guests will be admitted at 4 p.m.

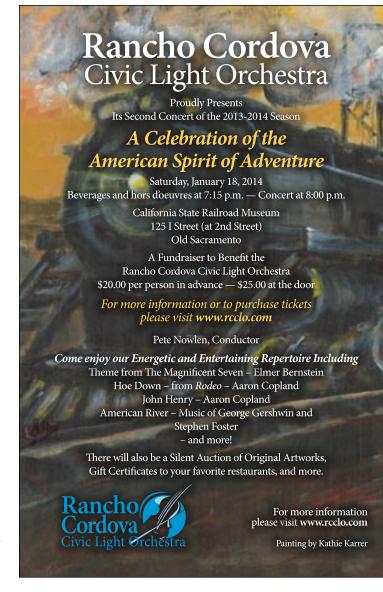
Sacramento Community Concert Association performance

Feb. 22: Celebrating Black History Month SCCA presents Tenor Darron Flagg & Soprano Candace Johnson and The UC Berkeley Gospel Chorus at 7:30 p.m. at Westminster Presbyterian, 1300 N St. Singer-actor Darron Flagg is recognized as a standout professional bel-canto tenor, lauded for his heart-felt performances. A few of Mr. Flagg's engagements include the Lincoln Center, theaters in Eastern Europe, Walt Disney

mento Opera companies. Candace Johnson is a dynamic vocal artist who has experience in musical theater, television commercials poplar songwriting, and piano performance. Among her many accomplishments, she held the title of Ms. Black Tennessee, and she was a finalist in the National Leontyne Price Competition. The UC Berkeley Gospel Chorus started in the 1970s as an informal student activity. Since 2007, director D Mark Wilson has taken the Gospel Cho-

rus in new directions, building a repertoire which includes traditional and contempo rary gospel music, spirituals, and classically influenced gospel anthems. Regular subscription: \$90, Group discount (8 or more people): \$75, Students subscription: \$45, Single Ticket: \$25. For more information contact Sacramento Community Concert Association www.sccaconcerts.org; info@ scc.aconcerts.org; 400-4634.

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Effie Yeaw:

walk. Though it was just one of her first times to come on a walk at the Effie Yeaw nature center, she said she would like to come back. "It's really nice. It's such a beautiful day. It is a real jewel." Simpson said Jaxson loves being outside in the dirt and is getting old enough to partake in the day camps that Effie Yeaw offers.

Cleila M. Baradi said she recently got a membership to Effie Yeaw because she enjoys the walks and other events so much. Her daughter, Gabriella, age 9, loves to be outdoors and learn about the animals. This winter break, Gabriella went to two camps and she had fun.

Talking about the guide, Cleila M. Baradi said, "(Melanie) is really nice. I recommend this place to kids."

Just a few moments later, a child found remnants of deer antlers. Reminding the children everything at the preserve is to be left there, she held the antlers and said: "It's all going to go to use. Who would have thought the antlers would have gotten eaten down by the rodents? Who'da thought? Important! Rodents will chew on it."

After the walk, DuBoce spent a little time with the year and a half. Because of out there so Sunday was a now, DuBoce said, it's been renice event as she got to reland and its creatures.

"It's like me, myself getting to explore with you guys. Like, what is up there?

What is that? What else is new? I think just exploring with everybody is a lot more fun. You have a lot more eyes and people are excited."

Asked if there was anything during the walk that surprised her, she said the fish bones. But it looks like somebody pulled them out themselves. It was kind of a weird (pile). I don't think the animals would do that because they were all concentrated. Everything else felt normal."

A typical size crowd at Sunday's event, DuBoce said, on the other hand, just last weekend 40 people showed up for Coyote Tales, where they had stuffed animals and Native American stories that went with the coyote. "It seemed like good timing. People said they had been seeing them in their neighborhoods so they were really interested."

Before she started working at Effie Yeaw, DuBoce worked for Sacramento Splash, where she lead tours at the vernal pools of Mather Field. She said she was fortunate to get the job shortly after graduating from Sacramento State because she loves Sacramento, which she describes as a "more awesome Manteca", or a better version of her hometown.

Her enthusiasm for her job is contagious as she loves working for the center Arden-Carmichael News to and is constantly learning discuss her work as a guide new things. "I am learning at Effie Yeaw for the last bird handling. Awesome!"

Due to lack of funds, the centhe holidays and school va- ter actually closed for a month cations, she said, it's been a a few years ago and when it relittle while since she's been opened business was slow, but ally busy. "I think this last fall connect with budding envi- we doubled the amount of ronmentalists as well as the field trips we did the whole year last year. It was something awesome like that."

See Upcoming Events, page 19



Photo by Monica Stark Effie Yeaw guide Melanie DuBoce motioned off into the distance, as she spoke on Sunday, Jan 5 about the fish that call the



Dead salmon were swept onto the American River banks, were animals were treated to a lovely buffet. Effie Yeaw visitors got to see the remnants of the fish bones on Sunday, Jan. 5 during the New Year's walk along the river.

- EVENT LISTING SECTION -

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Upcoming Events: continued from page 18

Saturday, Jan. 11: Kids' Christmas Bird Count from 8:30 a.m. to 1 p.m. Sometime in the 1940s. Sacramento Audubon Society at Effie Yeaw sponsored its first Christmas Bird Count, and this effort has been going strong ever since. All over the world, thousands come together to count birds and this information is used by scientists and others who study birds. Sacramento area kids aged 5 to 16 can participate in this exciting event. Reservations needed: contact Maureen Geiger at 444-0804

or mkgeiger@sbcglobal.net

Tools and Tales: 10:30 a.m. Join us inside and enjoy some tantalizing tales of creatures, people, and nature. Get a chance to view replica Maidu artifacts made from the gifts of the earth and learn about their many uses.

Sunday, Jan. 12: Salamander Story time at 1:30 p.m. Come enjoy some stories about these amazing amphibians, learn all about their double lives and meet one of the most deadly kinds up close.

Saturday, Jan. 18: Birding for families at 10:30 a.m. Bring the family out to join our special guest guides from the Sacramento Audubon Society for a birding walk. Birdwatchers of all levels welcome.

Saturday, Jan. 19: Nature's Art Box at 1:30 p.m. Expert artists not required. Come find what inspires you in nature and learn some simple skills to capture it on paper. Supplies provided, all ages welcome.

Saturday, Jan. 25: Nature's Hide and Seek at 10:30 a.m.; Birds of Wonder Field Study from 8 a.m. to noon. Take a guided walk through the nature area and see how nature protects herself by playing hide and seek.

Sunday, Jan. 26: Critters of the American River at 1:30 p.m. Reptiles, birds and mammals are found all along our American River. How can you tell these three groups apart? Is it by eggs or skin or flight? Examine some biofact evidence and meet an animal resident of the Nature Center up close to decide in which group it belongs.

Nature Center hours: Tuesday through Sunday, 9 a.m. to 4 p.m.; 489-4918/711

Location: 2850 San Lorenzo Way; park entrance fee is \$5 per care. Entrance to Nature Center is by donation.



Photo by Monica Stark

Children and their families took advantage of the beautiful weather on Sunday, Jan. 5 at the Effie Yeaw nature preserve



Effie Yeaw guide Melanie DuBoce spoke about the trees of Deterding Woods or Sunday, Jan. 5 as part of the New Year's walk along the river event

www.carmichaelCAdentist.com



Effie Yeaw guide Melanie DuBoce led a group of naturalists, young and old, up from the banks of the American River where they all learned a little bit about the fish that call the river home



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TIM COLLOM 247-8048

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