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Sacramento played roles in TV pioneering history

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Know your neighbor: Christiana Cleveland-Quick

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Monica Stark

Correction:

The story about the ballot measure for the Carmichael Recreation and Park District parks tax is not a June ballot measure. In fact, it's a mail-in ballot that is due April 17. If passed, the measure will generate \$5 million for the Carmichael Parks and Recreation District, amounting to \$666,000 annually.

Of that yearly amount, \$200,000 will be set aside for a full-time security patrol and increased maintenance to all parks. Neighborhood parks included in the measure are: Del

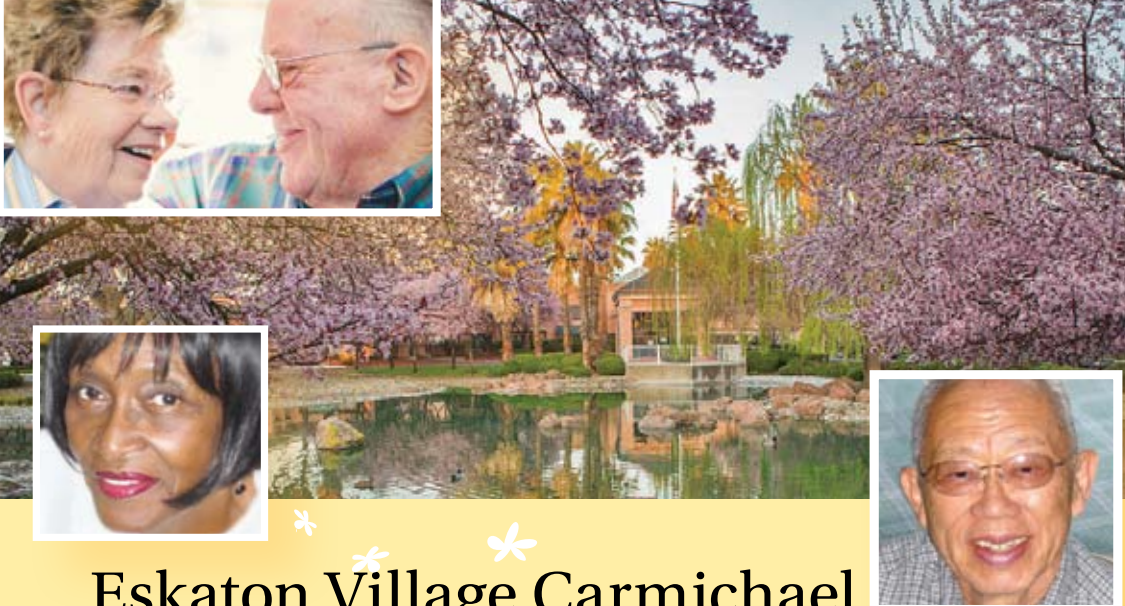
Campo Park, Glancy Oaks Park, Jensen Botanical Gardens, Jan Park, O'Donnell Heritage Park, Patriots Park, Schweitzer Grover Nature Area, Sutter/Jensen Park.

At Carmichael Park a new spray play area (where the old pool was), band shell improvements special events space, lighted ball fields, walking paths, security lighting, added restrooms, tennis court resurface, remodel clubhouse, Veteran's Hall, improvements to basketball courts, and parking lot improvements.



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Carmichael Emblem Club notes

Carmichael Emblem Club No. 355 recently hosted an informal meeting and refreshment gathering in honor of their Supreme President Jacki Fanzo of the Supreme Emblem Club of the United States of America. President Jacki was accompanied by her Supreme Assistant Marshall Barbara Reddering, San Bernadino, No. 178; Mary Anderson, Supreme Press Correspondent; Barbara Ferreira, California State Treasurer and member of Roseville Emblems No. 407 and President Dorothy Sanchez of Roseville Emblem Club No. 407. President Jacki has been on her official West Coast visitations for the past several months and has just concluded her Washington State visitations. Her California visitations will continue throughout the month of March. President Jacki's home Club is Huntington Park No. 466.

President Jacki feels her theme, "Emblem Team, Team Everyone Accomplishes More," endorses the organizations goals of Community Service, Literacy, Membership growth, and Fellowship at all levels for Emblem members.

Roseville's Club President Dorothy Sanchez extended a warm invitation to the Carmichael Club membership to share in the upcoming celebration of the club's 50th Anniversary and Installation of Officers. Planning to participate from the Carmichael Emblems No. 355 is President Marylyn Herbst, Past President Dorothy Taylor, Past President Rosann Seale, Past President Judy Hoelsing, and Vice-President Lynn Mahoney.

Community Service Chairman Rosann Seale announced the Club's March 18th social gathering was devoted to preparing Easter eggs for the Carmichael Elks and Carmichael Emblem Club's joint annual Easter Egg Hunt to be held on April 20th at 1:00 P.M. at the Elks Lodge, located at 5631 Cypress Ave., Carmichael. This annual event is open to the public as well as to the children of the members of both organizations.

Chairman Rosanne shared that 1,000 eggs were prepared by the Carmichael Emblem ladies for this event, as well as providing a generous supply of Easter eggs for the Ronald McDonald House for their annual Easter Egg Hunt. As in the past, resident children of the Ronald McDonald House facilities will share their "hunt" with the neighboring children. The location for this Easter Egg Hunt is on the backside of the U. C. Davis Hospital, Sacramento, CA. Further information can be obtained by contacting Ronald McDonald House direct.

The Ronald McDonald House has been supported by the Carmichael Emblems for several years. Once again there is an appeal for activity and coloring books for children of all ages; color crayons and pencils are also needed as the family residents with children in the care of U. C. Davis Hospital change regularly.

Putting her "other Club hat" on, Membership Chairman Rosann Seale announced Velta Laws will be introduced and initiated into the Emblem Club at the April business meeting. Members were encouraged to be present for this occasion and to welcome Velta.

Convention Co-Chairmen Lynn Mahoney and Dorothy Taylor shared the work-in-progress preparations for the California, Hawaii and Nevada State convention to be held at the Doubletree Hotel, Sacramento, from April 28 through May 3. The convention committee anticipates a record attendance for this convention. State President Simone Swanson from Santa Clarita Club No. 459 will be the guest of honor.

Carmichael Emblem President Marylyn Herbst has continued to serve as the club's Literacy Chairman during her present term of office. Thus far this year, Chairman Marylyn has sent 39 books to the Twin Vi-

See Notes, page 9

19th Annual Healthy Horizons Wellness Fair

Eskaton Village Carmichael is proud to host its 19th Annual Healthy Horizons Wellness Fair. The goal of this fair is to promote awareness of all dimensions of wellness to our village residents and surrounding community members. The Wellness Fair is an exciting opportunity to share educational information and provide valuable health and wellness resources. The Wellness Fair is highly regarded by both Eskaton residents and the Sacramento Community.

The fair will be held on Wednesday, April 2nd from 8:30am to 2:30pm. The fair will have two open sessions: From 8:30am to 11:30am, the fair will be open exclusively to Eskaton Village Carmichael Residents. After a short lunch break, the fair will resume from 12:30pm to 2:30pm and will be open

to both residents and local community members. Local community members are encouraged to attend the second session.

So far there are over 40 confirmed vendors which include: Avalon Hearing Services, the Fall Prevention Lady, H & H Pharmacy, Hamilton Relay, SAHA Wellness and Yoga Center, and the Society for the Blind. These vendors will provide samples, free health screenings, hand-outs, interactive activities and health and wellness services to individuals of all ages.

Please contact Kevin Pham, Fitness and Wellness Coordinator, for questions regarding the fair or participating as a vendor at 916-974-2058 or kevin.pham@eskaton.org. Eskaton Village Carmichael is located at 3939 Walnut Ave.

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Carmichael Library events

The following are events that are going on now at the Carmichael Library, 5605 Marconi Ave., Carmichael. The branch's hours are: Sunday, noon to 5 p.m.; Monday, closed; Tuesday and Wednesday, 10 a.m. to 8 p.m.; Thursday: 10 a.m. to 6 p.m.; Friday: 1 to 6 p.m.; Saturday: 10 a.m. to 5 p.m. For details, telephone the Sacramento Public Library at 264-2920 or visit www.saclibrary.org.

Read to a dog

Tuesday, April 1, April 8, April 15, April 22, April 29: At 3:30 p.m., on those days, specially trained therapy dogs are waiting for children to come read to them. For kids ages 5 to 10 years old that are reading. Earn credit for the time spent reading and earn a book, too!

Job training

April 1, 8, 15, 22, 29: Starting at 5:30 p.m., the job coach will help you look for jobs, get an email address, and create and upload a resume. Appointments are required and can be made at the Service Desk at the Carmichael Library. Sessions may be scheduled for 1 hour. Please bring a current resume on a flash drive and your laptop if you have one to get started. If you do not have a flash drive, please bring a hard copy of your current resume.

Technology instruction

April 2, 9, 16, 23: Starting at 5:30 p.m., one-on-one computer help is available. Questions about how to use your computer? We can help you with basic functions, email, and using the Internet. Bring your own computer or practice with ours. Half-hour and one hour sessions are available and an appointment is required. Sign up at the information desk at the Carmichael Library. If no appointments are scheduled on the help-session dates,

See Events, page 5

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Events:

Continued from page 4

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Book Club

April 2: Starting at 6:30 p.m., the Carmichael Library History Book Club meets monthly to discuss a non-fiction or historical fiction book. Help us decide which is truer: fact or fiction! Please bring a snack to share and join us as we dive into history books.

Preschool storytime

April 3, 10, 17, 24: Starting at 10:15 a.m., join Miss Angela for stories, songs, and a craft.

Early childhood toddler storytime

April 3, 10, 17, 24: Starting at 11:15 a.m., join Miss Angela for stories, songs, and just plain fun!

Stay and Play

April 3, 10, 17, 24: Starting at 11:45 a.m., parents and caregivers are invited to bring in their babies, toddlers, and other children to "stay and play". There will be toys for the children to play with while their parents socialize.

Special movie matinee

April 3, 10, 17, 24: Starting at 3 p.m., bring your friends and enjoy a movie. Free! Visit Carmichael Library for a list of up-coming movie titles.

Yu-Gi-Oh Tournament

April 9: Starting at 3:30 p.m., join other Yu-Gi-Oh enthusiasts for a card tournament. Bring your own deck or a willingness to learn. Beginners welcome. Prizes.

After school book club

April 11: Starting at 4 p.m., join the library on the Second Friday of every month to talk about the book, play trivia games, and have fun! This month we will be reading "A Tale Dark & Grimm," by Adam Gidwitz.

Second Saturday audio book club

April 12: Audio book club meeting will start at 10 a.m. Is this a good book? Is this a good audio book? Bring a snack and your perceptions to share as we discuss the story.

Trevor Wyatt Magic:

April 12: Starting at 2 p.m., Trevor Wyatt and Poof the Magical Rabbit take the audience on a fun filled journey of magic and illusions. As Trevor

performs his magic, Poof tries to play his own practical jokes. Watch Poof disappear and reappear in front of everyone's eyes. This adventure of magic, pranks, and lesson of friendship is a show the whole family will enjoy.

Autism-friendly family flick

April 15: Welcome to a special movie for families with kids on the autism spectrum! We'll be showing a popular kids' film but the lights will be slightly up, the sound will be less loud, and we'll have some GFCF snacks to munch on. Noise and/or behaviors are never a problem. For the film name and more information, please email Janet at jwininger@saclibrary.org. Movie starts at 10 a.m.

Teen Carmichael Library Manga Cafe (Recurring)

Friday, April 18, 4:00 PM. Calling all manga/anime enthusiasts. Come hang out and discuss your likes. Food, crafts and fun!

Carmichael Library Book Club (Recurring)

Saturday, April 19, 10 AM. Please bring a snack and your opinions to share as we discuss the book.

Book Club Carmichael Library Sci-fi Book Club (Recurring)

Tuesday, April 22, 6:30 PM. Sci-Fi book club will explore the exciting and diverse field of science fiction and fantasy : from aliens and spaceships to dragons and wizards. Please bring a snack to share and join us.

Teen Carmichael Library Yu-gi-oh Tournament @ Carmichael Library (Recurring)

Wednesday, April 23, 3:30 PM. Join other Yu-Gi-Oh enthusiasts for a card tournament. Bring your own deck or a willingness to learn. Beginners welcome. Prizes

Carmichael Teen Book Club (Recurring)

Friday, April 25, 3:30 PM. Love to read. Join other teens discussing their favorite books. Pick one of our suggestions or read your own choice. Please bring a snack and share your insights.

Carmichael Library Coffee And Crime Book Club (Recurring)

Saturday, April 26, 10 AM. How about a good mystery with a cup of Joe (or tea)? Bring a snack to share as we become judge and jury for each case.

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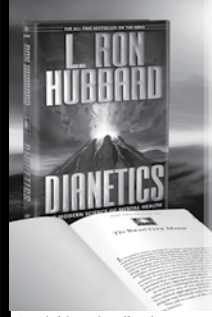
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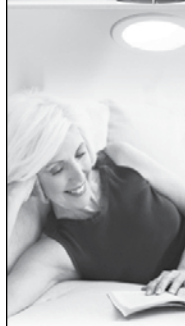
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Photo courtesy of the Lance Armstrong Collection

Grant Technical College offered a television course during the 1940s and 1950s.

Sacramento area played roles in television pioneering history

By LANCE ARMSTRONG

Lance@valcomnews.com

Editor's Note: This is part three in a series about local people connected to the early days of television.

In addition to celebrating local people who had roles in the pioneering days of broadcast television, this series also serves as a record of the histories of early Sacramento television stations.

And in presenting those histories, it is certainly beneficial to include some of the beginnings of television in the Sacramento area.

But prior to arriving at that point, it should be of interest to many readers of this publication to learn a little about the development of television.

Various 19th century and early 20th century experiments and developments led to the invention of television, and television itself had many pioneers.

The year, 1884, is an important year in the story of the evolution of television, as it was in that year that a German university student named Paul Gottlieb Nipkow patented the concept for an electromechanical television system.

Among the earlier press reports regarding television appeared in an article in the April 3, 1924 edition of the British film industry trade newspaper, Kinematograph Weekly.

F.H. Robinson, the author of that article, mentioned that he had visited the laboratory of the Scottish electrical engineer John Logie Baird (1888-1946) in the town of Hastings, England.

In writing about his observations of Baird's electric device, which was referred to as a "Radio Vision" machine, Baird noted the following: "I myself saw a cross, the letter 'H,' and the fingers of my own hand reproduced by this apparatus across the width of the laboratory. The images were quite sharp and clear, although perhaps a little unsteady. This, however, was mostly due to mechanical defects in the apparatus and not to any fault of the system.

"Moving images may be transmitted by this means and distance is no object, merely depending on the power of the wireless transmitter and the sensitivity of the receiver employed.

"Undoubtedly, wonderful possibilities are opened up by this invention, its very simplicity and reliability placing it well to the front of many of the various complicated methods which have been evolved to do the same work."

America's first prototype home television receiver was introduced in Schenectady, N.Y. by the Swedish-American electrical engineer, Dr. Ernst Frederick Werner Alexander-son (1878-1975) in 1927.

See TV History, page 7

TV History:

Continued from page 6

The first intercity transmission of scene and sound was accomplished by the Ives telephone group on April 7, 1927.

The images and voice of Herbert Hoover, then-secretary of commerce and future U.S. president, were carried over telephone wires from Washington, D.C. to New York.

In 1928, a variety show was transmitted a distance of about 200 miles, the first regular programs aired on the General Electric station, WGY, in Schenectady, and the first transoceanic broadcast – a still photograph – was sent using shortwave radio from Purley, England to Hartsdale, N.Y.

On June 28, 1929, *The Sacramento Bee* ran an Associated Press article that focused on the topic of color television.

It was noted that another “step of that infant science” had been presented during the previous day in the auditorium of the Bell telephone laboratories in New York.

The demonstration involved a woman who stood at one end of the auditorium and presented several objects such as a pineapple, a glass of water and a colored ball.

In a darkened area at the other end of the auditorium, images of these items were reproduced in natural colors.

It was also in the late 1920s and early 1930s that experimental television sta-

tions emerged in different U.S. cities.

Unfortunately, none of the stations’ signals were strong enough to create sharp pictures on television sets.

In 1936, the BBC made history, as it transmitted the world’s first regular high-definition (405-line resolution) television broadcast.

During the same year, the Summer Olympics in Berlin were presented to the public via cable television, as the games were broadcast live to stations in the greater Berlin area in Germany. Viewing stations were made available for those who did not own a television set.

On April 30, 1939, Franklin D. Roosevelt became the first U.S. president to appear on television, as he spoke at the opening ceremonies of the World’s Fair in New York.

Although television gained additional notoriety with the American public during the latter part of the 1930s and early part of the 1940s, the United States’ involvement in World War II interfered with its major progress.

At the end of the war, there were only six American television stations, none of which were located on the West Coast. The only networks at that time were CBS and NBC.

But by 1948, those networks were joined by ABC and DuMont, and collectively the networks broadcast daily on more than 128 stations.

In regard to local television history, in the late 1930s, long before the first commer-

cial broadcast of television in the Sacramento area, a young man named Vincent L. Calligori, Jr. headed off to study at the American Institute of Television in Chicago.

He was one of only three students to have been selected by ATI scouts at Sacramento High School as a prospect to receive instruction toward becoming a television technician. And he was the only one of the three selected students to accept that offer.

According to a 1938 Sacramento Union article, the idea behind the ATI training was to prepare “men so that when television becomes an accepted thing, there will be no difficulty in getting technicians.”

The main purpose of the article was to announce that Calligori had returned from ATI, and built Sacramento’s first privately-owned television set.

Calligori’s set was located in a workshop behind his father’s macaroni factory at 2927 L St., and he was being assisted by Harold L. Fiedler of 1224 I St.

The Union article noted that because the range of television was short, many stations and relays would be required.

In a separate article, which appeared in the Oct. 30, 1938 edition of the Montana Standard newspaper of Butte, Mont., Calligori, who was referred to in that publication

as an “electrical wizard,” was quoted as saying, “My ambition is to build a television transmitter that will entertain the city of Sacramento.”

The article in the Standard also noted that regular telecasts were being made in New York and London at that time, but equipment was then “too expensive for popular usage.”

Additionally, it was reported in the Standard article that many people in America were then unaware that television existed.

Television was the focus of a Jan. 7, 1946 article, which had the headline, “Sacramento television center of coast?”

The article, which was published in *The Union*, noted that the Westinghouse Electric Co. had planned experiments toward making Sacramento the center of broadcasting for a 400-mile radius.

From three broadcasting methods – coaxial cable, point-to-point relays and Stratovision, Westinghouse selected the latter method.

Stratovision, as was explained in the article, involved the use of planes that would fly 30,000 feet and relay signals that had originated on the ground.

In continuing, the article noted: “Planes would be sent aloft over New York; Pittsburgh; Chicago; Kansas City; Curtis, Neb.; Leadville, Colo.;



Photo courtesy of the Lance Armstrong Collection

Alvin L. Gregory was head of Grant Technical College’s radio and electronics department, which offered a course in television. He was also the director of the school’s television camera project.

Salt Lake City and Sacramento. This would give a coast to coast chain, while other planes stationed above Dallas, Memphis, Atlanta and Durham, N.C. would blanket part of the south and southwest. By adding six more planes, the company believes all but the most sparsely settled sections of the country would receive television broadcasts.”

The article concluded with the following words: “Should experiments prove successful, Sacramento (would) be the hub of the West Coast from Washington to the Mexican

See *Pioneer*, page 8

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Pioneer:

Continued from page 7

border with the drone of B-29s sounding over the city daily and with the best television broadcasts being received by local residents.”

In 1950, however, Stratovision, which was introduced as an idea by Westinghouse engineer Charles E. Nobles, became obsolete.

In another local television pioneering event, which was reported in *The Bee* on May 7, 1948, 60 students at Grant Technical College (the predecessor to today's American River College), built the Sacramento area's first television camera.

Alvin L. Gregory, who was head of GTC's radio and electronics department and the director of the television camera project, told *The Bee* that the public should not respond to the school's accomplishment by purchasing television receivers, since the camera had been built for training and demonstration purposes only.

In a preview to its daily television broadcast exhibit at the 1948 State Fair, GTC presented the Sacramento area's first television broadcast at the auditorium on the Grant Union High School campus on Aug. 27, 1948 at 8:30 p.m.

The initial broadcast's technical director was Gregory, and Lillian Allan was that broadcast's program director.

During that evening, shots were taken from the stage and transmitted to a television screen in the auditorium.

On Feb. 5, 1952, *The Bee* ran an article with the headline, "Sacramento TV broadcasts may not come until '53-'54."

According to the article, the city had been "full of rumors indicating Sacramento television stations (would soon) flash their Westerns, epics, documentaries."

Unfortunately, such rumors held no validity since the FCC had announced a freeze on new television licenses on Sept. 30, 1948. The purpose of the freeze was to allot the FCC time to study the new industry in an effort to lessen interference between stations and achieve the maximum use of the available channels.

The freeze, which had been intended to last less than a year, would continue for nearly 3 and a half years.

According to the aforementioned Feb. 5, 1952 *Bee* article, 304 applications were on file with the FCC at the time the freeze began. Among those applications was that of the McClatchy Broadcasting Co., which had its offices at 708 I St.

The article concluded that the more than 5,000 Sacramento families with television sets would have to solely rely on the not always reliable reception of San Francisco stations until the freeze was discontinued by the FCC and a Sacramento station could be built.

In another article, which was published in the Feb. 10, 1952 edition of *The Union*, it was noted that through the FCC, "Sacramento (had) been allocated three commercial channels on ultra high

frequency, and two (channels) on very high frequency (sic), with the stipulation that one channel on UHF be reserved for educational purposes."

Beyond McClatchy Broadcasting Co.'s request for a television station, Sacramento radio stations, KCRA, KFBK, KROY and KXOA, were among the applicants vying to acquire a license to operate a television station in the Sacramento area.

The FCC, by 1952, had tentatively assigned Sacramento with VHF Channels 6 and 10 and UHF Channels 40 and 46.

Furthermore, KCRA requested that VHF Channels 3 and 8 be approved, and KFBK asked permission for Channel 3 to be added to the city's allocated television stations.

It was speculated in the 1952 *Union* article that Grant High could become the site of the Sacramento area's first television station, and that the station would be dedicated to presenting educational programs, as opposed to entertainment programs.

According to the same article, Grant was then in the best position to acquire a station, considering that it owned about one-third of the equipment that would be necessary to operate a station, and if it applied for a channel, it would face no opposition and could possibly be in operation by the end of 1952. But such action did not occur.

The FCC's freeze on granting new television licenses ended on April 14, 1952, and Sacramento's first television station, KCCC Channel 40, went on the air 15 and a half months later.

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Notes:

Continued from page 3

sion headquarters in Southern California to be prepared for the Children's Blind Libraries located throughout the United States, Canada and several foreign countries throughout the world. Books from "Infancy" through age 12 are in need; members were requested to please bring their contributions to the April business meeting. Chairman Marylyn also stated outside donations are welcome and can be sent to the Carmichael Emblems at P.O. Box 426, Carmichael, CA. 95608. Upon receipt of any contributions identified for either "Literacy" books or Ronald McDonald House "books",

Chairman Marylyn and/or her helpers will shop for the books.

Scholarship Committee Chairman Norma Pippig reported seven applications were distributed to members for their eligible family members and also for students sponsored by club members over the past year. The Scholarship Committee consisting of Lynette Hunter, Darlene Davis, Rose Joss, and Sharon Fields met and reviewed the applications submitted and will announced the names of the honorees at the next business meeting. All honorees will be invited to a subsequent Emblem gathering where they will be asked to share their educational goals and future plans with the membership.

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A Sacramento Fishing Guide Who Cares

By BILL LAWS

"Yesterday we boated 22 fish," says Phil White as he cradles the phone between his square shoulder and jaw. It is one of the many calls he takes from anglers wanting to book his services as a fishing guide.

He works the phone from the office of his employer, Amer-

ican Fly Fishing Company, which own store on Watt Avenue and Fair Oaks Boulevard. At most times during the day, though, White's own office is on an open boat along one of the many rivers in Northern California.

30 years old and a graduate of Del Campo High in

Citrus Heights, the athletic White wears a baseball cap straddled by a pair of wrap-around sunglasses.

"I can take you and one other person down the river for \$250," he explains. "I sometimes throw in a lunch."

Phil explains the other parameters of a guided fishing trip. "We

drift down the middle of the river where the water is deep," he says. "That way we don't disturb the redds which is the name of where the female salmon lay their eggs."

Not disturbing the small fish or fingerlings growing near the banks of the American River are White's primary concern. He explains the cautions he takes. This includes cutting off the boat's engine along shallow gravel areas that contain fish eggs. When fishing the American river, as well, White strictly abides by the Fish and Wildlife Department's prohibition on fishing. This prohibition includes the area from Nimbus Dam to Hoffman Park.

"I signed a petition in January to close fishing near the spawning areas," he says. It took a month for the Department of Fish and Wildlife to follow suit and limit fishing upriver from Hoffman Park. White, though, is not bitter.

Actually, he stresses, in a clear and deep voice that echoes with a sense of the out-of-doors, it isn't the drought or lower water levels that threatens the newly created redds. "It's a combination of the drought and management policies that threatens fishing," he says.

Examples of poor management policies such as the release of grey or sewage water into the lowered rivers are readily at hand. Another instance is the creation of recreational access near places where waders might disturb the fine gravel into which female salmon lay their eggs and male fish release milt or sperm to fertilize the recently planted eggs.

The fishing shop where Phil takes calls and books outings is a resource for the popular sport of fly fishing. Between calls, I am able to look around the store and learn a little bit about the sport. Dozens of lures line a table that goes down the center of the shop. Lures braided with brilliantly colored filaments in the design or image of insects seem ready to jump into the air. Ground beetles, dragon flies and other winged insect, artfully embroidered around glistening metal hooks, fill the shelves.

Although White guides anglers of all styles and persuasions, fly fishing is a technique that strives to imitate the nat-

ural prey of different species of fish. Along with the special lures, anglers learn to jiggle, balance and jerk their lures in the way the fish might instantly recognize as their natural source of living food.

White, as well as the staff of the fly fishing center, express a profound respect for the fish they hunt and show appreciation for the natural habitat. "I'm really following my own self-interest," says White. "If I protect these fish and make sure they reproduce, that will feed my family."

White's daughter, now four years old, has already shown an interest in fishing. "I was four or five when my dad got me into fishing," he said. "Now my kid is taking up the sport."

Not all fishers, though, are as respectful of the fish they seek. "I just talked to one customer who wanted to go back and forth on the river in a boat powered by a huge Mercury engine. I told him he better find a different guide."

White's fishing style is to float or drift down the river, keeping a good distance from the redds or fish breeding area. The redds, in fact, are discernible as roundish, gravel areas that range from size of an ice box to the size of a small galley kitchen. Often these spawning areas have been swished clean by the tail of a female salmon or steelhead that is preparing the area for the laying of her legs.

Most recently, as my wife A'Delle and I have walked along the William Pond Recreation Area near the river, it is apparent that some of the eggs have already hatched. Extremely delicate and tiny ripples expanding in concentric circles can be seen from the bank. These are caused by the nosing of the barely visible baby fish or fingerlings as they nudge the surface for a bite of organic matter.

"I've seen fishers mucking up these areas by wading right into them," White says. "I've even seen fish hooked right while they were trying to breed. The fish fight like hell to keep in the redd area where their babies are being born." White likens such abuse of the natural process to abusing or interfering with his own right to have a family. "It's not right to see that," he says.



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Faces and Places: Farmers' Market in Carmichael Park

Photos by Monica Stark
editor@valcomnews.com

Each Sunday from 9 a.m. to 2 p.m., the Farmers' Market at beautiful Carmichael Park has more than 75 certified and organic farmers and specialty item vendors. This Farmers' Market in the heart of Carmichael is special, offering a wonderful park-like setting making it a special occasion shopping for fresh fruit, vegetables, flowers, herbs and more. Don Hall is the Market Manager. For more information, call 484-7000. The park is located at 5750 Grant Ave., Carmichael.





Photo by Monica Stark

Carmichael resident Christiana Quick-Cleveland leads a group of seniors in song at the Hart Senior Center in Midtown.

Carmichael resident leads seniors in song

By Monica Stark
 editor@valcomnews.com

For the teacher and students alike, the Friday morning music class at the Hart Senior Center is an exploration into a sea of harmony. Starting off with a bit of a call-and-response technique, Carmichael-based musician Christiana Quick-Cleveland organized a group of 43 senior singers, ranging in abilities from beginner to advanced, including a stroke survivor, a woman who suffers from Alzheimer's Disease and many who have sung in choirs or have taken singing lessons through out their lives.

"The 90 year old who has Alzheimer's - she wasn't singing much, but it doesn't matter. She is doing what she can. And the really weak people can do what they can do. With a group this size, just jump on the boat and float. It's really wonderful," Quick-Cleveland said.

Upon getting to know her class, Quick-Cleveland asked the group for a raise of hands: "How many of you have not done this before?" With a majority of hands raised, she laughed and said: "Oh my God, you're jumping off the ledge. That's good. Welcome, thank you for taking that leap. It's never too late."

Beginning with the traditional Navajo prayer, "Now I Walk in Beauty", Quick-Cleveland had the

group sing the piece in a four-part round at the introductory class of a four-week session, which meets each Friday from 10:30 a.m. to noon at the Hart Senior Center.

"This is the beginning of what we hope we will have in the long run and develop and mold. So if you don't like the music we're using, that's OK, we're open to input and we can move things around," she told the class.

Some of the students were so eager to share their talents. During the question and answer period, one asked: "What do we wear at the performance?", getting a roar of laughter from her classmates.

"She was one of the more advanced students," Quick-Cleveland mentioned in an interview with this publication. With no preconceived notions, the music teacher accepted the large turnout and continues to cast a big net as wide as possible. She said she will continue taking students. Funded for two years through a partnership with the Sacramento Metropolitan Arts Commission, the second session will begin after Easter, that following Friday, being April 25.

Quick-Cleveland is the owner and director at Tiana Music Enterprises and former music coordinator at Rudolf Steiner College in Fair Oaks.



Photo by Monica Stark

Quick-Cleveland plays the piano, as her students at the Hart Senior Center sing a Mozart standard.

She has previously taught elementary school at the Sacramento Waldorf School. Her first educational degree was a bachelors of arts in psychology from Boston University, though she sang growing up in choirs and playing the guitar.

Originally from Washington, D.C., Quick-Cleveland came to California after being stationed in the Coast Guard in the 1970s. Her graduating class was the first to station women on ships. With only four women, two on the West Coast and two on the East, Quick-Cleveland's experience, as she put it, was: "intense." When on patrol, she felt lonely and so, during one of the Alaskan patrols, she sang for the crew.

One night, one of the enlisted people came up and asked her a personal question that became a turning point in her life. Recalled Quick-Cleveland: "Miss Quick, with a voice like that, what are you doing in the coast guard? I thought about it a lot and then I went to school in music and got a degree in voice from Holy Names College (now University) in Oakland."

By that time in her life, Quick-Cleveland was in her late 20s, which caught her off guard. "I was old," she said. "Most students were 22 or 21 because if you are trying to do something in classical music, you usual-

ly start pretty young. But I enjoyed myself. But, still, I never felt I could be competitive in that arena. I wanted to have a family, get married. It's hard to do that and have a career in classical singing. I am 60 now. I made my choice."

Having graduated in 1983 and pregnant with her first of two children, Quick-Cleveland performed in the East Bay and had gigs as music directors. She has sung for the Oakland Symphony, Oakland Opera, the Monterey Opera and was a singing actress in Salinas. She came to Sacramento to study at the Rudolf Steiner College, and was drafted to teach after her foundation year because of her music background. She went straight into teaching as the music teacher and choir director. She left teaching there after about eight years when she realized it wasn't the best fit.

"My passion is music and theater and the Waldorf curriculum is a fabulous general curriculum, so there were lots of things competing for the time of the students, so I started to feel like I needed to be in a situation to give what I needed to give," she said.

Quick-Cleveland started to feel that would be more possible with adults.

See Resident, page 13

Resident:

Continued from page 12

But after teaching private lessons, she's come to see the same thing happen. "They don't have the time to give the art," she said.

Back in April 2013, Quick-Cleveland started a meet-up group called the Carmichael Singing Community. She didn't know who would be drawn to the group. She just knew she wanted people she could sing with. But the people who attended meetings tended to have very little experience. She tried to stay in the periphery in the group, but that lasted for only about four months before she decided she was going to teach the group rather than facilitate it. "I had to shift. I said, 'OK: I am going to teach you how to sing. We're going to be a class and be a little more structured.'"

The community values complete inclusivity: young, old, professional, experienced, and novice. There are no wrong notes and no barriers for the heart that wishes to express itself in song.

"We want to grow in our relationship with singing. We want to learn. Every meet-up is set up so that we experience something new that expands our knowledge base. We enjoy creating beautiful harmonies together and exploring different styles of music. With every gathering we are evolving as singers, and deepening our connections with each other," she writes on the website.

Quick-Cleveland is hoping for the best with the Hart Senior Center music class. The excitement in the room after that very first session was contagious. Seniors ap-



Photo by Monica Stark
One of the students of the Hart Senior Center Friday music class plays the piano after the class.

proached her after the class, expressing their gratitude and enjoyment. One student said she was discouraged from singing as a child and is excited to finally try it. Another student said she wants to learn so that she can start using her voice to accompany her piano playing.

When it comes to an aging voice, Quick-Cleveland said she's been told your voice drops when you get older, but she's still waiting for that to happen to her. "I don't have access to those high, high notes, but I don't disbelieve if I didn't work at it, I couldn't get it back. "When you sing, it's a whole body thing. The sinuses and the back of the throat – if you keep them flowing, there's no reason to not have access to highest range.

Because I have been singing this whole time, it's what I do, I have not experienced (the drop). If I wanted to sing Queen of the Night, I could, but I don't want to. High C is enough. It's much more athletic than people know. It certainly demands a lot."

The senior singing class at Hart Senior Center meets every Friday, 10:30 a.m. to noon. The center is located at 915 27th St. For more information call 808-5462.

The Carmichael Singing Community meets every three weeks on Thursday evenings at 7:30 p.m. Visit <http://www.meetup.com/Carmichael-Singing-Community/> for details on how to get involved with that group.



Photo by Monica Stark
Cleveland-Quick directs a group of singing seniors at the Hart Senior Center in midtown.



Photo by Monica Stark
These two ladies were clearly engaged in the music class taught by Quick-Cleveland.

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ARTS

Chautauqua Playhouse to open 'The Lion in Winter' on March 14

Chautauqua Playhouse continues its 37th season with their production of James Goldman's "The Lion in Winter". The show begins on March 14 at the Playhouse. The show will run on Fridays and Saturdays at 8:00pm and Sundays at 2:00 pm through April 19th. As there will be no show on Easter Sunday, there will be an additional matinee on Saturday, April 19. The performances will be held at the Chautauqua Playhouse, 5325 Engle Road in the La Sierra Community Center in Carmichael. Admission is \$19 general and \$17 students, seniors, children and SARTA members. The show does contain adult situations and content.

King Henry II of England has three sons by Eleanor of Aquitaine: Richard, Geoffrey, and John. He wants the kingdom to stay united after his death, but all three sons want to rule and it is likely to be torn apart by revolution. Henry favors the youngest John, while Eleanor favors the eldest, Richard. Middle son Geoffrey hopes to play both ends against each other and come out on top. Henry would like to have another heir by his mistress Alais, but that would only add to the confusion. Uneasy is the head on which the crown lies, and uneasy the truce between a matchless king and queen.



Photo by Warren Harrison

From the left, Jon Jackson and Ben Whitlach.

The production is directed by Rosemarie and Bob Gerould. Set design is by Rodger Hoopman. Lighting design is by Don Myers. Appearing in the show are Rodger Hoopman, Debra Hammond, Dean Shellenberger, Jon Jackson, Ben Whitlach, Anthony Radigan, and Sophie Blackburn.

Information and tickets are available through the Chautauqua Playhouse website: www.cplayhouse.org or call the box office at (916) 489-7529, during business hours.



Photo by Warren Harrison

Dean Shellenberger, Rodger Hoopman, Ben Whitlach, Jon Jackson

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CALENDAR

Send your event announcement for consideration to: editor@valcomnews.com at least two weeks prior to publication.

ONGOING

AARP tax aide seeks volunteers for 2014

The nation's largest free, volunteer-run tax assistance and preparation service is seeking volunteers for tax assistance/preparation and leadership coordinators. Volunteers of all ages and backgrounds are welcome. Each year from Feb. 1 through April 15, AARP Tax-Aide volunteers prepare federal, state, and local tax returns for low and middle income taxpayers, with special attention to those age 60 and older. Volunteers are especially needed to assist with electronic filing of tax returns. You do not need to be an AARP member or retiree to volunteer. For more information on how you can join the AARP Tax-Aide team in North-

ern California, contact Ron Byrd at NoCal-TaxAide@Outlook.com or visit website at: www.aarp.org/taxaide

Mahogany Urban Poetry Series - Queen Sheba - poetry readings

Each Wednesday from 8-11 p.m. at Queen Sheba in Sacramento, local talent makes it way to the restaurant for weekly open-mic events. \$3-\$5. 1704 Broadway.

Registration Open for Nature Bowl Science and Conservation Competition

Registration is now open for the 29th annual Nature Bowl, an elementary school activity-based competition held in the spring. Coordinated by the California Department of Fish and Wildlife (CDFW) in partnership with local organizations

and agencies, the Nature Bowl increases the science and conservation literacy of third through sixth grade students in the Sacramento Valley and Sierra foothills. The Nature Bowl is open to students from any school, group or organized youth club. Participants employ teamwork, creativity and critical thinking while participating in group learning activities centered on local and regional natural environments. The first round will be held at 10 locations from mid-March through early May. Teams will consist of three to seven students each and several teams will advance to the finals to be held at California State University, Sacramento on May 17, 2014. Teachers, youth group leaders or parents can coach a team. The semifinal at Nimbus Hatchery is scheduled April 3, 2014. To register, call (916) 358-2884. The semifinal at Effie Yeaw Nature Center is scheduled March 11, 2014. To register, call (916) 489-4918. A new semifinal is also being offered at Sutter's Landing Regional Park in Sacramento on May 1 or 2 (date to be determined). For more information, please call (916) 284-1627. For more information about the Nature Bowl, please call (916) 358-2353 or visit the CDFW website at www.dfg.ca.gov/regions/2/naturebowl/.

Brain Gymnasium

Exercise your mind and have some fun at this on-going Brain Gymnasium class! Inviting all seniors to Eskaton Monroe Lodge, 3225 Freeway Boulevard, 9:20 a.m. Thursdays. \$6 per class. Call 441-1015 for more information.

Women with Good Spirits monthly meeting

Women With Good Spirits is a networking group that engages women in the Sacramento community with non-profit organizations that make contributions to our quality of life and care for our fellow residents. Each month, Women With Good Spirits invites a community non-profit to present on its mission work. The meeting is held at Revolution Wines on the second Tuesday of each month and starts at 6:30 p.m. The presenter will start their presentation promptly at 7:15 p.m. and will last 15-20 minutes with an open question and answer forum after. RSVP is appreciated as well as a \$5+ donation per person that will go directly to the non-profit presenting that month. Revolution Wines is located at 2831 S St. Visit www.womenwithgoodspirits.com or find the group on Facebook.

Davis Art Center invites teen girls to write and publish

The Davis Art Center is offering a six-week creative writing class for girls ages 13-18 from 4 to 6 p.m. Tuesdays starting February 11. The class will offer a positive, supportive space for girls who love reading and writing and are interested in discovering and developing their individual voices. Participants will use short stories by a diverse range of contemporary women writers as jumping off points for their own writing sessions. Each student will pick her best writing to include in a class-produced literary magazine. The class will be taught by Elise Winn Pollard, who earned her M.A. in creative writing from UC Davis. The fee is \$95 for Art Center members and \$105 for the general public. To enroll, stop by the Art Center at 1919 F. St., call (530) 756-4100 or register online at www.davisartcenter.org. Students must be registered at least two weeks before the first class session.

Gentle Qi Gong

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CALENDAR

3225 Freepoint Boulevard, 3 to 4 p.m., Wednesdays. \$7 per class. Call 441-1015 for more information.

Attn. students: Submit now for water efficiency video contest

High school students can win cash prizes and the chance to view their video on the Raley Field Jumbotron by entering the 2014 Water Spots Video Contest. The contest, sponsored by the Regional Water Authority (RWA) and the Sacramento Bee Media in Education (MIE) program, challenges teens to create compelling and original 25-second Public Service Announcement (PSA) videos on a select water efficiency topic. The 2014 water efficiency theme is: Don't be a gutter flooder: Prevent overspray and runoff. Judging will be based on creativity, entertainment value, accuracy, originality and incorporation of the water efficiency topic. Finalist videos will be displayed on the Raley Field Jumbotron screen and winners announced at a Sacramento River Cats game in April 2014. Winning students and their teachers will also get cash prizes. The grand prize winner's spot may become part of RWA's 2014 television ad campaign. Submissions due Feb. 28. Visit www.BeWaterSmart.info for more information and tips on using water more efficiently and to submit entries or get more information about contest rules, judging and prizes, visit www.sacbee.com/water-spots

California Youth Basketball League taking applications

CYBL is a non-profit year round league for ages 4 through 18 that prides itself on being well organized that aims to develop basketball skills, sportsmanship and self-esteem through coaches, gym official and organizers. Visit www.cybhoops.com or call 391-3900.

Kiwanis Club of East Sacramento-Midtown

Visitors Welcome, weekly breakfast meeting on Fridays at 7 a.m. Topical weekly speakers and first meal for visitors on us. Meet at The Kiwanis Family House, (at UCD Med Ctr/50th St & Broadway) 2875 50th Street Sacramento, CA 95817. www.eastsacmidtownki

wanis.com. Meeting/Membership info: 916-761-0984, volunteers always welcome!

The Sacramento Capitolaire meeting

A men's Barbershop Harmony group, meets every Tuesday night at 7 p.m. at Pilgrim Hall (Sierra Arden United Church of Christ), 890 Morse Ave., Sacramento. Info: www.capitolaire.org, call 888-0877-9806, or email info@capitolaire.org

Artisan holds Food Drive

Artisan Salon is participating in the Spirit of Giving Food Drive. Over the last 17 years, the Spirit of Giving (SOG) drive has helped Sacramento Food Bank collect and distribute over 4.6 million pounds of canned and non-perishable food items for local families in need. Help support families in need by participating in this year's drive! Artisan Salon is located at 3198 Riverside Blvd.

Soroptimist International of Sacramento South meetings

A service organization dedicated to insure the status of women and girls, the group meets at Aviator's Restaurant, 6151 Freepoint Blvd. for lunch and to discuss the day's topic. Meets the second and fourth Tuesday of each month at 12:15 p.m. The meetings discuss our fund raising Projects and Community Service, often with speakers from our community.

MARCH

Sacramento Symphonic Winds presents "Broadway"

March 16: Sacramento Symphonic Winds, a 60-piece symphonic band, presents "Broadway" at 2:30 p.m., Crowne Plaza Sacramento Northeast, 5321 Date Ave., Sacramento, 95841 (On Date just north of Madison east of I-80 interchange). Tickets sold at the door: General Admission \$10; Student/Senior (65+) \$5; Children under 8 Free

Folsom Library spring 2014 book sale

March 21-23: Shop for incredible bargains in 1000s of gently used books, audio books, videos, CDs and much more in

both children and adult materials. All proceeds directly benefit the Friends of the Folsom Library, a 100 percent non-profit organization. The sale will be held inside the Folsom Public Library's Georgia Murray Building Meeting Room at 411 Stafford St. The early bird sale will take place on Friday, March 21, from 5 to 8 p.m., admission \$5 per person (including children 12 and older). The general sale will be Saturday and Sunday, March 22-23, from 9 a.m. to 4 p.m., admission free. Fill a bag for only \$5 on "Bargain Sunday". For more information, visit www.folbib.org or call 608-8743 or 355-7374.

Sacramento Community Concert Association performance

March 22: SCCA presents A Night At The Movies With Pipe Organist Dave Moreno at 7:30 p.m. at Westminster Presbyterian, 1300 N St. Complemented by emcee Matias Bombal, organist-entertainer Dave Moreno will thrill you as he accompanies popular silent films on Westminster's grand 3000-pipe organ. Don't miss this extraordinary event. Regular subscription: \$90, Group discount (8 or more people): \$75, Students subscription: \$45, Single Ticket: \$25. For more information, contact Sacramento Community Concert Association www.sccaconcerts.org; info@sccaconcerts.org; 400-4634

Youth Job Fair

March 22: There will be workshops were people can learn how to dress to impress, how to nail an interview at City Hall's plaza area (915 I St.) from 10 a.m. to 2 p.m. If you have a resume, bring copies. Remember, first impressions go a long way, so dress to impress. For more information, call 808-6525. Bus and light rail tickets are available for the ride home. This is for ages 16-22.

APRIL

'The Benefit Plant Sale' to be held at McKinley Park

April 5: Bob Hamm, perennial grower and founder of The Benefit Plant Sale announces that The Valley Benefit Plant Sales, benefiting the kids summer camp programs of Sunburst Projects (<http://www.sunburstprojects.org>) will have a spring plant sale in the back patio area of the Shepard Garden and Arts Center, 3330

McKinley Blvd. The sale will run from 10 a.m. to 4p.m. and will feature a wide range of perennials for the yard including many new, rare and hard to find varieties in sizes ranging from starters to one gallon containers. Cash and checks will be accepted, but not credit cards. For more information, contact Bob Hamm at 617-7516.

Race for the STARS

April 27: For details, visit www.raceforthestars.com, is a fun family event that raises money for SJUSD schools. This year, the 5K run/walk and kids race event will take place on Sunday, April 27th at Rio Americano High School. The kids races take place at 8 a.m. and the 5K run/walk will take place at 8:30 a.m. The family festival with food and drink, music and activities for the entire family will follow the race. Adults are \$30, Students are \$15, and kids under 12 are \$10.

Sacramento Community Concert Association performance

April 27: SCCA presents talented, young, local classical chamber musicians and The Mondavi Center/SF JAZZ High School All Stars at 3 p.m. at Westminster Presbyterian, 1300 N St. Coordinated by Susan Lamb Cook, these seven gifted students will play great works from the chamber music repertoire. Directed by Mike McMullen, the Mondavi Center/SFJAZZ High School All Stars are an elite high-school-age jazz performance ensemble selected by audition. As the premier jazz group for Mondavi Arts educational outreach, they perform an eclectic repertoire drawn from the giants of the jazz legacy, and original material composed and arranged by group members. In addition to the core ensemble, this concert will feature other notable young talent from the area. Regular subscription: \$90, Group discount (8 or more people): \$75, Students subscription: \$45, Single Ticket: \$25. For more information, contact Sacramento Community Concert Association www.sccaconcerts.org; info@sccaconcerts.org; 400-4634

MAY

Derby Day 2014: Hats On For the Kids Benefiting Lilliput Children's Services

May 3: From 1 to 5 p.m. at Mulvaney's B&L, 1215 19th St., the "Derby Day 2014: Hats On For the Kids" fundraiser will be celebrating the 140th Kentucky Derby, while raising awareness and resources for vulnerable children and their families. For more than 30 years, Lilliput Children's Services has been helped abused and neglected children by connecting them with a safe, loving and permanent family. Lilliput completes more than 500 foster adoptions each year, the most of any private agency in California. Event features: Live broadcast of the Derby races on multiple big screen TVs, delicious authentic Southern food by Mulvaney's, hosted wine and beer, ladies' hat contest, live jazz band featuring Frankie Sorci, unique and exciting live auction items and convenient valet parking, \$5 per vehicle. This is the one signature event that Lilliput has to raise unrestricted program dollars and to promote community awareness. All net proceeds will be used to augment community services that are otherwise unfunded or underfunded through our government contracts. Ticket cost is \$60 per person.



NEW EXHIBIT

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2014 CALENDAR

March

March 15th
March 18th

Habitat for Humanity – Saturday Build Day – Volunteers Welcome
Business Luncheon/Auction Fundraiser – Speaker: Trulia "Let's Talk Market"
(Raising funds for Next Move Emergency Housing - former Sac Emergency Shelter for displaced families)

April

April 15th
April 17th
April 26th

Habitat for Humanity – Volunteer Build Day – Volunteers Welcome
Class: Self Defense – Safety while showing property
Class: NARPM National Course Owner/Client Essentials (Designation Approved)

May

May 16th
May 20th
May 22nd

Friday Golf Tourney – Fundraiser – Real Estate Industry Invited
Business Luncheon – Speaker: Yelp, BBB panel - Online Reputation Management
NARPM Approved Ethics Course – Marketing

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Arcade area special ed school celebrates 50th anniversary

Students at the Laurel Ruff Center held a tree-planting ceremony on site in honor of the school's 50th anniversary. Twenty-one trees will be planted on the grounds to mark the anniversary, four of which were planted by the students at the ceremony. The trees were provided by the Sacramento Tree Foundation.

There were "smiles all around" said 20-year-old student, Frank Galindo. "It's a good learning school."

Laurel Ruff is a special education school working to provide transitional support for young adults after high school graduation.

"Hopefully we can go another 50," said Jefferson Crist, a teacher who helped organize the effort. Students held a tree-planting ceremony today at the Laurel Ruff Center to mark the school's 50th anniversary.

The trees - 21 in total, four of which were planted today - were provided by the Sacramento Tree Foundation.

There were "smiles all around," said 20-year-old student Frank Galindo. "It's a good learning school."

Laurel Ruff is a special education school serving young adults.

"Hopefully we can go another 50," said Jefferson Crist, a teacher who helped organize the effort.

In other school news, a Whitney Avenue student was recognized for achieving against the odds. Fifth-

grader Reem Saleem was honored last week by the Association of California School Administrators for being a student who has overcome great obstacles to succeed. She and her family are refugees from Iraq and she knew very little English before arriving at Whitney.

Below is text from Principal Vincent Arias' nomination letter:

Reem Saleem came to Whitney Avenue Elementary when her family immigrated to the country from Jordan, after fleeing Iraq, when she was in first grade. Upon arriving in the United States, she says that she had very limited English but was determined to learn. When talking about her teachers, Reem is quick to say that every teacher she has had has been "wonderful and taught her so much." She excitedly shares that all of her experiences on campus have been positive and she has always felt supported.

In addition, Reem is fortunate to have an extremely supportive family at home as well as at school. She shared that when she needs help with homework her brother is usually there to help and if he is not able to help her one of her parents is always there to assist her.

As Reem's principal I am proud to say that she is a student that has taken full advantage of the supports she is surrounded with. Reem exemplifies the type of English Language Learner that is highly successful in our public schools.



Photos courtesy of San Juan Unified School District
Shown here is a collection of photographs from the 50th anniversary of Arcade area school, Laurel Ruff.

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There are millions of people in the US who are edentulous (meaning without teeth) who struggle daily with dentures. A majority suffer from discomfort as a result of loose or ill-fitting dentures. Many prosthetic wearers simply withdraw from any type of social engagement as a result of having to wear their dentures.

Lower dentures almost never fit properly. They are loose fitting due to less surface area which can't create a suction, shrinking gum tissue, and bone loss, which can cause irritation in the mouth, sores and pain. The only relief is using sticky dental adhesive to help it, but it is very messy, hard to clean off, and needs multiple applications throughout the day.

Upper dentures are better than lower dentures due to a suction in the upper palate that keeps the denture in place. However, having the palate covered reduces the tastes of foods and the ability to tell the temperature of foods.

Partial Dentures can be a source of discomfort due to lack of supporting teeth or an ill fitting partial. Partials also use clasps to secure to existing teeth which can be noticeable and can put added pressure to the existing tooth.



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Whether you are new to dentures or have worn them for years, a snap on denture is a great solution to uncomfortable chewing and slippery painful dentures. There are several types of snap on dentures available, including snap on partials. We make your denture or partial fit and function in harmony with the space available in your mouth, and give custom attention to the delicate fabrication of your snap on denture.

If you already wear a conventional denture or partial denture, we can sometimes use your denture to accommodate the snaps to fit on your new dental implants.

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PATTY BAETA



STYLISH REMODEL

Contemporary, designed for gracious entertaining! 5 bedrooms, 4 fireplaces, 3 baths; vaulted ceilings, open airy spaces, magnificent new kitchen. Remote family room with home gym space. Lovely pool and water feature set on .80 acre with orchard, garden and inviting patio spaces. \$978,500

JAY FEAGLES 204-7756



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4 or 5 bedrooms 3 full; 3 half baths; 24' entry, limestone floors, main floor master, bath with onyx counters, jetted air tub and heated floor. Granite kitchen, hidden refrigerator, high-end appliances, and butler's pantry. Home theater, wine room, outdoor kitchen! Spectacular! \$1,850,000

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SHELFIELD ESTATES

High ceilings and grand spaces define this one-owner custom home. Separate large family room has beamed ceiling, fireplace and wet bar. Handsome maple wood floor in kitchen & service areas. Walls of glass overlook huge backyard with pool and spa. 5 bedrooms 3½ baths. \$875,000

JAY FEAGLES 204-7756



SIERRA OAKS VISTA

Sierra Oaks Vista custom built home on ¾ acre lot with picturesque grounds. Features pool, spa, waterfall, tennis court and pavilion entertainment area. Open kitchen with work island and nook area opens to large family room with fireplace. 5 fireplaces total. 4 or 5 bedrooms 4½ baths \$1,395,000

PATTY BAETA



ARDEN PARK CONTEMPORARY

Spacious open floor plan, 4 bedroom 3 bath ranch style home. Private master retreat adjoins spa-like bath with sunken jetted tub & multiple spray shower. Fine wood cabinetry, granite counters & oak wood floors. Entertaining backyard with pool and gazebo. \$759,000

CHRIS BALESTRERI 996-2244

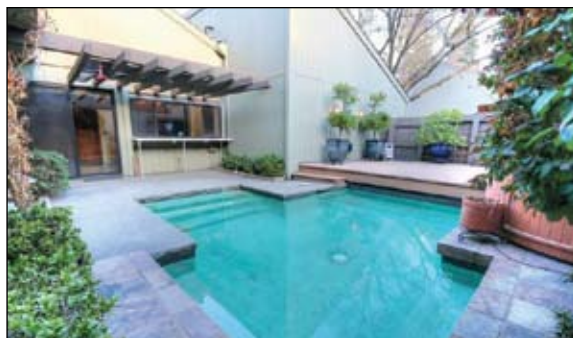
COLLEEN WIFVAT 719-2324



SIERRA OAKS REMODEL

Spacious open floor plan, 4 bedrooms 2½ baths. Stainless appliances, fine wood cabinetry, granite counters. Double sliding doors open to pool and entertaining yard. A private master retreat adjoins a spacious bath with lovely doors to backyard. Beautiful pool, Quiet cul-de-sac. \$759,000

SIDNEY PORITZ 500-1522



CAMPUS COMMONS & POOL

Great location for this 5500A plan with 2 or 3 bedrooms 2½ baths ... two very large bedrooms upstairs. Master has sitting area plus fireplace and walk-in closet. Enjoy your own private pool and hot tub in backyard. Walk to shopping, coffee shops, and American River Parkway. \$375,000

LEIGH RUTLEDGE 612-6911



PENDING

CARMICHAEL CUL-DE-SAC

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PAMELA ANDERSON 502-2729

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