

# ARDEN-CARMICHAEL NEWS

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## 4th of July Parade

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Carmichael Oaks opened new retirement community

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# Churchill student represents region at National History Bee

A recent Winston Churchill Middle School graduate advanced to the championship round of the National History Bee earlier this year.

Zack Muilenburg was one of 670 students who competed in the finals in Atlanta and made it through the first round, narrowing the field of competitors to 128. He was eliminated in the second round.

Muilenburg represented Northern California after placing in the top ten at the regional competition in San Francisco.

"He had a wonderful experience," said his mother Erin Muilenburg. "Social science and history have always been his favorite things. He reads The Economist and National Geographic for fun."



Zack Muilenburg

Zack Muilenburg will be a freshman at Rio Americano High School next year and plans to participate in the CIVITAS honors program.



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# Riverview II social club established in Carmichael more than 60 years ago

By LANCE ARMSTRONG  
lance@valcomnews.com

*Editor's Note: This is the second of two articles about the Riverview and Riverview II social clubs.*

Riverview II, a local, primarily social club that first met in the Riverview clubhouse along the American River in Carmichael, was established in 1953.

The group was founded as a result of the original Riverview organization's desire to continue its history through the formation of a secondary club with younger members.

The senior club, which was officially founded as Riverview Lodge in May 1926, was recognized in its constitution and by-laws as a club that was organized "for social and benevolent purposes, and to encourage social activities among its members and their families."

Original Riverview members Jack and Helen Conger wrote a creative, poetic story about that first Riverview club.

The beginning portion of that story reads: "It happened like this, so the historians tell,

Many decades ago a bunch of – well, Mighty nice people got itchy feet And decided to depart from the street. They thought if they could find a cozy nook With trees and vines and a babbling brook, They might get together every now and then And enjoy themselves – both women and men."

Twenty-seven years after the original club found that "cozy nook," the Junior Riverview club – renamed Riverview II in 1985 – was established.

And since the one-time Junior Riverviewers have grown to become seniors themselves, Riverview II members decided to create a book to preserve memories of their cherished club. That 70-page, spiral-bound book, which also includes a brief history of Riverview Lodge, was published on March 1, 2014.

The book is divided into various sections, including a section entitled "Governance."

In that section, it was noted that Riverview II's constitution was written in 1954, and dealt mostly with the topics of

See Riverview, page 4

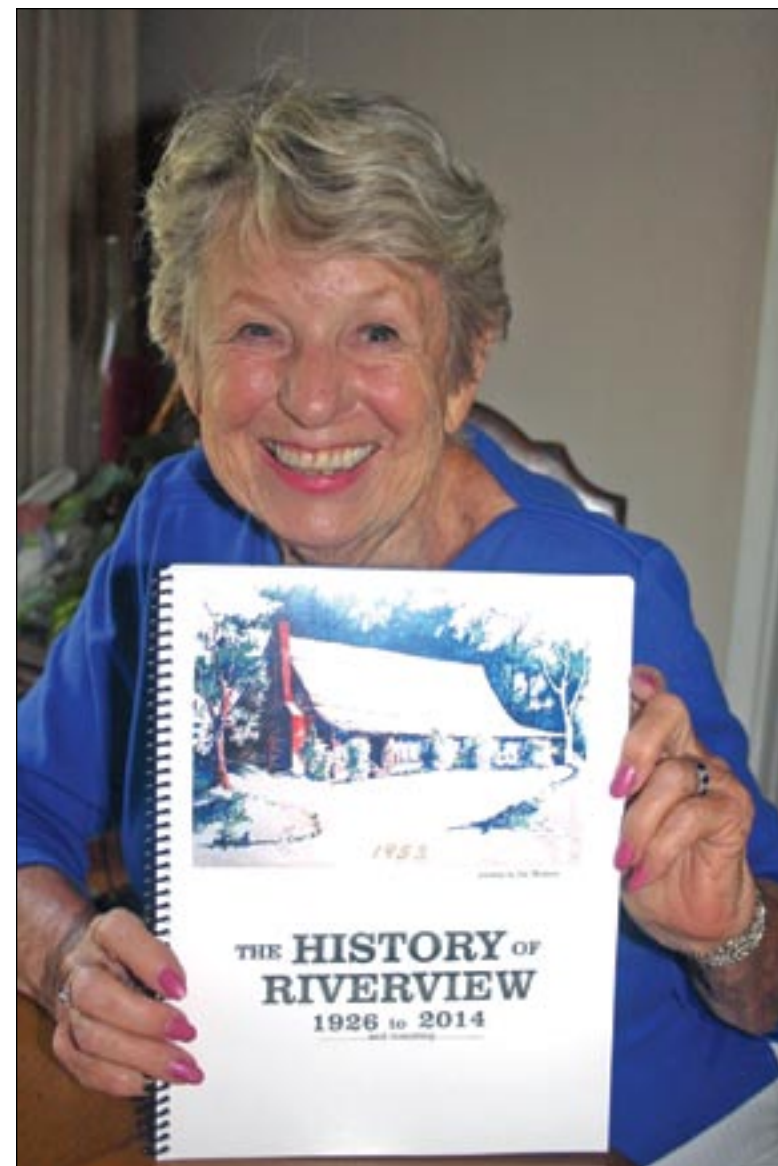


Photo by Lance Armstrong  
Jackie (Leam) LaCornu holds a copy of the newly published book, "The History of Riverview: 1926 to 2014, and Counting."

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## Riverview:

Continued from page 3

club officers, elections, duties and membership.

Originally, membership in the club was limited to couples, and only men could serve as officers.

The book recognizes Jack Kemmler as acting chairman of Riverview II in 1953. That position was basically comparable to the position of president.

Virgil "Virg" LaCornu began serving as the club's first president a year later.

It was not until 2009 that the club elected a female president — Bobby Kramer.

In a recent interview with this publication, Jackie (Leam) LaCornu, whose parents, Jack and Mildred Leam, were among the founding members of the first group, said that she played a large role in the creation of the new Riverview club's history book.

The book's committee met at least once a month for one year at Jackie's house, and according to the book, the committee was fueled by plenty of coffee, tea, water and cookies.

It should come as no surprise that Jackie was able to provide much assistance with the book project, since she was a founding member of Riverview II, which emphasizes a "fun first" approach, which has included many parties and other social activities.

Jackie spoke with much enthusiasm about both Riverview Lodge and Riverview II. And as she recalled both of those organizations' old clubhouse on the river, Jackie related information about that building's absence, practically as if she was speaking about the death of a member of her family.

The old clubhouse was undoubtedly Riverview II's most memorable meeting place.

In explaining why Riverview II lost its old clubhouse, Jackie said, "(In 1980), the senior Deterdings had passed, and the younger Deterdings — Russell Deterding and his wife — owned it. And they had decided to go ahead and turn (the property) over to the county. The county said that the (clubhouse) had to be up to code. It would have had to be completely rebuilt from the ground up, and even then we wouldn't have owned the land. (The county) would have ended up taking whatever we built.

"The county tore it down, even though we thought it would be perfect for scouts and different county activities."

The aforementioned Riverview book included the following words: "Riverview II has utilized a number of locations during their existence. However, none are more memorable than the original lodge by the river.

"We sadly said goodbye to the lodge on the river, but felt con-



Members of Riverview II are pictured at one of their gatherings at Aviators Restaurant at the Sacramento Executive Airport. Photo courtesy of Riverview II

fident we would have wonderful times together no matter where we gathered."

Following Riverview II's departure from its lodge on the river, its members began meeting at the Sacramento Horsemen's Association's lodge at 3200 Longview Dr. The group continued meeting at that site until 2001.

Later meeting places of the club have included: the Ryde Hotel in Walnut Grove, the Arden Manor

clubhouse, the Campus Commons clubhouse, Aviators Restaurant at the Sacramento Executive Airport, the Buggy Whip restaurant at 2737 Fulton Ave., Jackson Catering at 1120 Fulton Ave., a home for seniors and residences of members of the group.

One of the things that Jackie and other members of the club speak about the most is the

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## Club memories:

Continued from page 4

many fun times they enjoyed as a group.

The largest section in the book is dedicated to fond club memories of Riverview II members.

A few of those memories are presented, as follows:

### Milt Faig

"Those were the days, my friend. We thought they'd never end. We'd sing and dance forever and a day. We'd live the life we choose (sic). We'd fight and never loose (sic), for we were young and sure to have our way."

### Ora Wichmann

"(Ora's husband) Don loved to make decorations for our parties. He made the room and table decorations for many parties: Hawaiian, beach, Italian, Mexican, cowboy-western, Chinese and Christmas. One year for Christmas, he made a 5-foot-long red Santa sleigh and a 6-foot-tall snowman with top hat and scarf (made from chicken wire and cotton balls)."

### LeRoy "Pete" Peters

"(Pete's wife) Arlene and I moved to Sacramento in 1964 and were very shortly thereafter, in 1964 or 1965, sponsored for membership into Junior Riverview, as it was then called, by Fred and Barbara Taylor. Fred and I were both working for the same consulting engineering firm."

### Dick Ryder

"Our relatively recent (five years) becoming part of Riverview II for (his wife) Irene and I has been a meaningful renewing (of friendships) with a number of people we've been associated with over the course of our lifetime, including connections from grade school, high school, college, scouting, work, skiing, fraternity and business. Riverview (II) is truly entwined with our background and with Sacramento history."

### Mary Lydon

"The Horseman's (sic) hall was decorated (for a party) as though it was underwater. Walls were lined with

plastic. There was (sic) a treasure chest and a mermaid, I believe. It was a very elaborate setting for the party."

Other parties of the club included the Playboy club party in the 1950s and the Orient Express party in the 1960s.

The old Junior Riverview club even made the news on occasions.

For instance, The Sacramento Bee once published a photograph of the group, with a caption, which partially reads: "Songfest — Members of the Junior Riverview Lodge had an old-fashioned pajama party and campfire session Saturday evening at the clubhouse on the American River. The members slept in sleeping bags on the clubhouse lawn and were served breakfast (the next) morning in the lodge by the committee."

Shown gathered around a bonfire in the photograph were Don and Ora Wichmann, Martin "Marty" and Myrna Luther, Charles "Chuck" and Barbara Wilke, Chalmers and Colleen West, Bob and Barbara Chadwick, Virg and Jackie LaCornu and William and Bobby Kramer.

Although the present day, remaining members of the club are not as active as they once were and have refrained from producing their once often elaborate decorations, they plan to continue to meet for as many more years as they will find possible.

Although it was once a movement of Riverview II to establish an active Riverview III club, that action proved to be a failed endeavor.

And since Riverview II consists of a group of senior members, the club's existence, Jackie explained, will likely not continue with younger members in the future.

"I don't think we (will continue with younger members)" Jackie said. "I think (the club) will just have to die like (Riverview Lodge) did. And it wouldn't be the same (in the future), so I think I'm okay with it. It's just going to have to die. That's really why we wanted to do the book, because we were aware of the fact that we're just getting to the point where we're fading away."

But in the meantime, Jackie said that Riverview II members are dedicated to meeting and enjoying each others' company on a regular basis.

### Please send your updated Calendar announcements

...especially if you host monthly events!  
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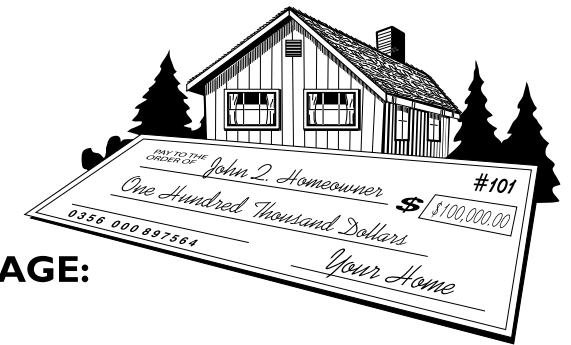


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## Carmichael's newest retirement community held open house

Photos by BILL CONDRAY  
bill@valcomnews.com

Oakmont Senior Living has completed construction of the model apartment homes called Oakmont of Carmichael. Oakmont of Carmichael offers custom full-time assisted living services as well as memory care services for individuals with Alzheimer's and other forms of dementia. Once completed, the community will host 50 assisted-living and 21 memory-care apartments with studio, one and two bedroom options and high-end finishes including crown molding, 10-foot ceilings and spacious bathrooms.

Amenities include: dining, daily on- and off-site recreational and social ac-

tivities, a library, a movie theater, a fully equipped fitness center with daily instructional classes, activity rooms with scheduled social events, games, arts and crafts, a salon and day spa, a resident flower and vegetable garden, walking paths, and a pet park.

Oakmont of Carmichael offers specialized care services that promote continued wellness, allowing residents to age comfortably in a place with the support they may need. Care options will be customized to the needs of each resident and will include medication management, housekeeping, health monitoring and assessments, grooming assistance, dietary guidance, diabetic programs, escort services to offsite appointments and activ-



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# Matías Bombal's Hollywood

**The Immigrant (2014)**  
The MPAA has rated this R

The Weinstein Company, the distributor of "The Immigrant," has not effectively booked this movie into theatres since it was released, and it is a big injustice to the cinema-going public, for this is nothing less than a masterpiece of movie craftsmanship. It has not opened at all in Sacramento, and I encourage you to ask your nearest theatre to bring it.

It is the best dramatic picture I've seen this year.

Set in 1921, a Polish immigrant arrives to Ellis Island with her sister with hope for the future after the Great War, where she had witnessed her parents massacred by soldiers. On the ship, her sister became ill in the squalor of steerage and was separated from her by the immigration authorities to be confined in the hospital on the island. With her family gone, her bond with her sister is vital. Remarkable and strong Ewa, played by Oscar winning actress Marion Cotillard,

must find a way to find her sister and not be deported herself.

Ewa's life changes at an encounter with Bruno Weiss (Joaquin Phoenix) who considers doing what he can for the lovely Polish girl. In a worn tenement area of the city, we find that Bruno manages the girls in a burlesque theatre, working in the world's oldest profession as well.

He initially set Ewa apart, and, as often happens in great drama, things go from bad to worse. Yet through it all, Ewa's instinct to survive and reunite with her sister shows her inner strength in a majestic and powerful way.

She's forced into a life of prostitution and develops a complex and volatile relationship with two men: Bruno, and his romantic cousin, Emil, who is also "Orlando the Magician," played actor Jeremy Renner. Emil brings a ray of hope to the dingy world in which Ewa struggles on to survive. Joaquin Phoenix is absolutely remarkable here. Marion Cotillard transcends time and place.



As we have just celebrated our Independence Day, I find it poignant that this movie has, at its heart, the very contemporary issue of immigration to the United States seen through the eyes of another time. As distant as director James Gray makes 1921 look, these are many of the same issues facing those trying to hopefully reach the United States since its very founding.

This movie has captured the Ellis Island experience vividly and is beautifully mounted. The music is lush and appropriate, never intrusive, but highly melodic, both in Christopher YOUNG's original music, and the other well known orchestral pieces selected. Darius Khondji's photography in wide screen has a sepia air about it with remarkable images that remain in my mind weeks later. The perfor-

mances are exceptional and show us the zenith of what the acting craft should be.

You **MUST** experience "The Immigrant" in person on a big theatre screen. Director James Gray has made a masterpiece that you'll not forget. Now, go find it!

**Until next time, this is your pal, Matías Bombal, bidding you a fond farewell.**

For more in-depth, complete reviews of these same movies and many more in theatres now, with scenes shown from the movie reviewed, you may see and hear "Matías Bombal's Hollywood" at: [www.mabhollywood.com](http://www.mabhollywood.com). Find us on Facebook or follow us on Twitter: @MABHollywood

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inspire youth to become the future leaders of the Golden State.  
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**The Bacon Habit:** Come discover the wonders of the all new Bacon Wrapped Jack Daniels infused churro.

# Faces and Places: Carmichael 4th of July Parade

Photos by BILL CONDRAY  
[bill@valcomnews.com](mailto:bill@valcomnews.com)

Classic cars, community floats, marching bands, military units and dignitaries made their way down Fair Oaks Boulevard to Cypress and toward the Elks at the 56th annual Fourth of July Parade. The parade ended with a big party -- free swimming, barbecue, games and dancing for everybody!



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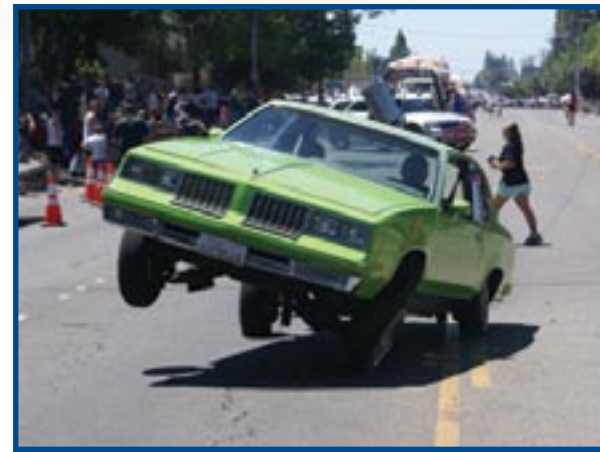
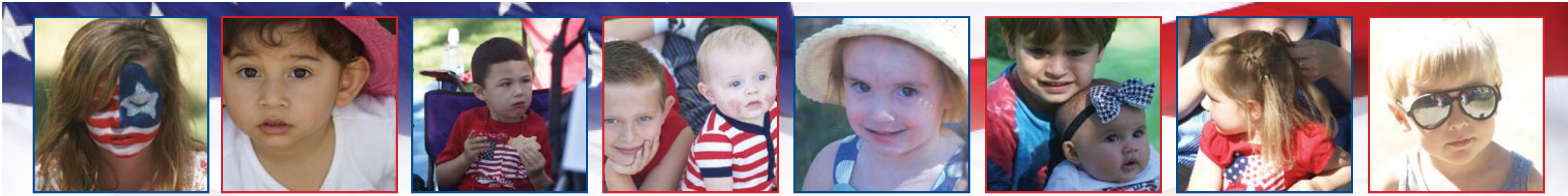
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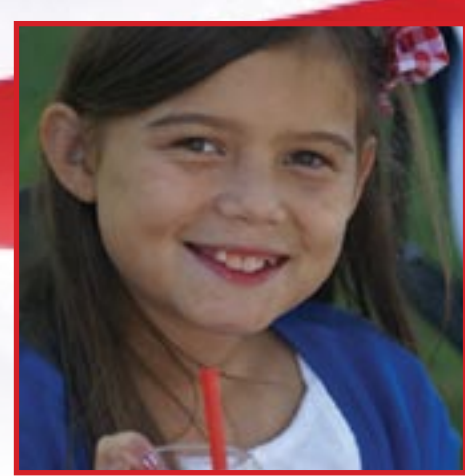
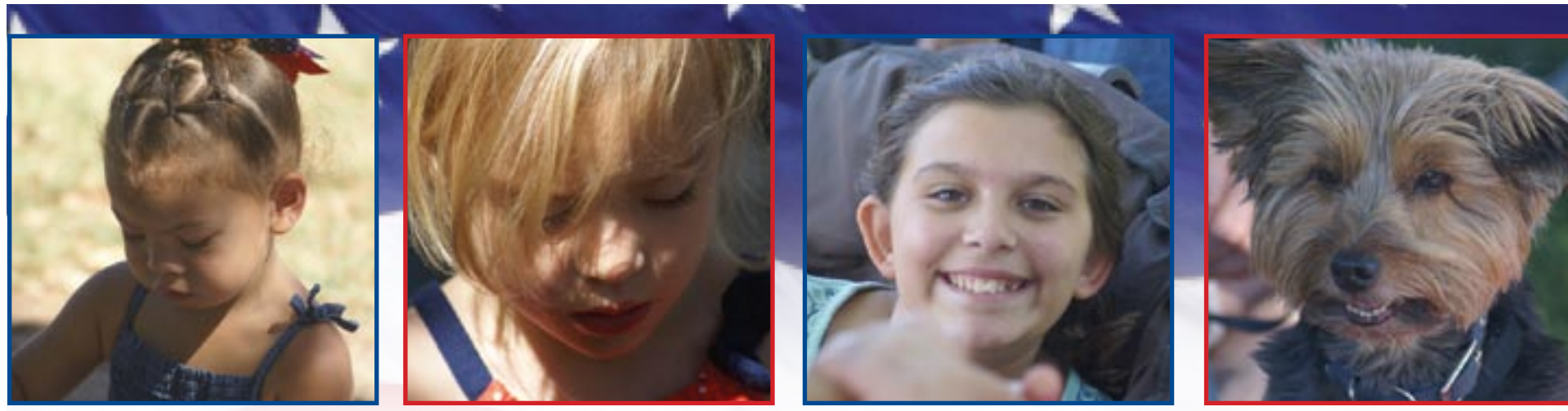
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**\$269,000**

# SCHOOL



## Mira Loma's Arcadia Creek Project receives grant

Mira Loma High School's Arcadia Creek Project has received a \$4,000 grant from California American Water.

The Arcadia Creek Project began 14 years ago as part of the International Baccalaureate science program at Mira Loma and involves hundreds of junior and senior students each year. The project focuses on restoring and monitoring the overall health of Arcadia Creek.

"We are all environmental stewards in protecting California's diverse watershed, and this program is one way we help communities play an active role in this important effort," said California American Water President Rob MacLean.

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Luisa Ayala.

Photo courtesy

## From struggle to triumph for AVID student

Four years ago, as she prepared to enter high school, Luisa Ayala wrote down a list of goals.

She wrote about her dream to attend college. She wrote about majoring in business. And she wrote about AVID — Advancement Via Individual Determination — a college readiness program that she'd joined a year earlier.

"AVID is always there to support you. And it keeps me on track." Many middle and high schools in San Juan Unified now offer AVID programs, which are targeted at students in the academic middle.

"We look for kids that are motivated, that have potential, that have a good idea of wanting to be successful

but might not know how to get there," said Mesa Verde High School AVID instructor Leslie Peoples.

"Luisa is the epitome of a perfect AVID kid," said Sylvan Middle School AVID instructor Shawna Hertzig. "She needed some help, but she is the drive."

Ayala struggled in school when she first came to the United States from Mexico with her mother eight years ago. It was difficult to learn English, and her grades plummeted after her father passed away when she was in the seventh grade.

But then came a turning point. She transferred to Sylvan Middle School, met Hertzig and enrolled in AVID.

"I call her my little spitfire," Hertzig said. "She is one

of those kids that when faced with a challenge she will hit it head on."

"It completely changed my life," Ayala said of AVID. In middle school, she learned how to take notes and organize her binder. When she moved on to Mesa Verde High School, she began exploring college and financial aid options.

This year, she applied and was accepted to Sacramento State, as well as Sonoma State, her dream school.

Luisa Ayala was also granted an AB 540 exemption, which allows nonresident students to be charged in-state tuition in California. For financial reasons, she's decided to attend Sacramento State next fall.

"I'm just very thankful for the program and for the people who have been there with me throughout this whole process," Ayala said. "I didn't think I would get into any college."

Of the 235 AVID seniors who graduated this year:

- 85% completed their A-G requirements for a 4-year college
- 176 are headed to a 4-year college
- 58 are headed to a 2-year college
- 91 are the first in their family to attend college.

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## Home Improvement Guide: a "Keeper" by our readers

Great exposure in these four upscale neighborhoods:  
Arden-Carmichael, East Sacramento, Land Park & Pocket/Greenhaven.

Contact Melissa at 916-429-9901

# CALENDAR

Send your event announcement for consideration to: editor@valcomnews.com at least two weeks prior to publication.

**ONGOING**

**"Stretch, Strengthen, and Thrive" at ACC:**

This class is designed for the needs and abilities of active older adults, who are interested in gaining or maintaining mobility, 5-6 p.m. Mondays and Wednesdays. \$5 per class if pre-paid. Pre-registration and pre-payment is preferred, but drop-ins are welcome at a rate of \$6 per class. Held at ACC Senior Services Center, 7375 Park City Dr., 393-9026 x330, www.accs.org.

**"Aqua Fit" at ACC:**

From July 2-30, this class is designed for active older adults who want to gain or maintain mobility. Aqua Fit uses water's natural resistance to increase strength and stamina. 10 to 11 a.m. Wednesdays. \$30 for 5 classes. Pre-registration and pre-payment required. Held at ACC Greenhaven Terrace, 1180 Corporate Way, 393-9026 x330, www.accs.org.

**"The Art of Gardening" at ACC:**

These classes are full of valuable information for having a successful garden. On July 10, the first class will discuss starting your garden and how to maintain it by keeping it weed and pest free. On July 25, the second class will cover harvesting your garden and preparing for the next season. Free of charge. Pre-registration required. Call 916-393-9026 x330, www.accs.org.

**Sacramento Zoo needs wheelchairs**

The Sacramento Zoo is looking for a few "gently used" wheelchairs, 808-5888. Your wheelchair can be a tax deductible donation, and four zoo tickets will be offered as a thank you.

**Free summer meal program returning at four Arden-Carmichael locations**

The San Juan Unified School District is once again offering all children 18 and younger a free meal this summer as part of its popular Summer Fun Café. The café will be found at four locations throughout the community. There are no qualifications to receive the free meal. Students do not have to be enrolled in the San Juan Unified School District, there are no income requirements, and there is no paperwork to complete. All locations will serve lunch from 11:30 a.m.-12:30 p.m. Monday-Thursday. Below are the locations for this year's program, which goes until July 31:  
SJUSD Admissions & Family Services: 3700 Garfield Ave. in Carmichael  
Coyle Avenue Elementary: 6330 Coyle Ave. in Carmichael  
Howe Avenue Elementary: 2404 Howe Ave. in Sacramento  
Carriage Drive Elementary: 7519 Carriage Dr. in Citrus Heights  
Parents can eat with their children by purchasing a meal for \$3. Call 979-8966 for more information.

**Tai Chi at Hart Senior Center**

Focuses on low impact form of ancient Chinese exercise, combining slow movements with relaxation. Mondays, 10:30-11:30 a.m. at the Ethel MacLeod Hart Senior Center, 915 27 St. Try it once for free! Stop by the Hart Senior Center front desk or contact 808-5462. Cost: \$18 for 4 classes.

**Zumba for Seniors at Hart Senior Center**

Zumba for Seniors incorporates physical exercise and dance steps to the rhythms of Cumbia, Merengue, Mambo, Salsa, Samba, and much more. Tuesdays 9:30-10:30am and Fridays 3:45-4:45 p.m. at the Eth-

el MacLeod Hart Senior Center, 915 27 St. Sacramento (27th and J streets). Try it once for free! For more information or to register, stop by the Hart Senior Center front desk or contact 808-5462. Cost: \$16 for 4 classes.

**Active Yoga at Hart Senior Center**

Increase your strength and flexibility, improve balance, and enhance the ability to relax and release stress. Class begins July 7 and will be held Mondays and Wednesdays, 2:15 p.m. - 3:15 p.m. at the Ethel MacLeod Hart Senior Center, 915 27th St. Classes will not be held Nov. 3, 5, 10 and 12. For more information or to register, stop by the Hart Senior Center front desk or call 808-5462. Cost: \$35 for five classes or \$70 for 10 classes. Try the class once for free and see if Active Yoga is right for you.

**Singers with Hart**

Love to sing? Experienced and beginning singers age 50 and above are welcome. Led by a professional choral director, Singers with Hart aims to inspire and encourage elders to become involved in an ongoing older adult singing group. Ongoing sessions are offered as part of the Hart Choral Initiative presented by the Ethel MacLeod Hart Senior Center and the Sacramento Metropolitan Arts Commission. New sessions start every nine weeks and are held at the Hart Senior Center, 915 27th Street, Sacramento (27th and J streets). Pre-registration is required. For more information, visit the Hart Senior Center front desk or contact (916) 808-5462. Cost: \$15.

**Run with a Recruiter**

Every Friday at 6 a.m., the public is invited to join the Sacramento Police Department in "Run with a Recruiter." This provides a unique opportunity for potential police candidates and those in the hiring process to run together. It's a great opportunity for anyone interested in being a Sacramento Police Officer or those in the hiring process to run with command staff, officers, recruiters, and support staff with the department.

See more Calendar, page 18

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The event will be held at a private residence. For more information contact:  
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## Free summer meal program returning at four San Juan Unified District locations

The San Juan Unified School District is once again offering all children 18 and younger a free meal this summer as part of its popular Summer Fun Café. The café will be found at four locations throughout the community. There are no qualifications to receive the free meal. Students do not have to be enrolled in the San Juan Unified School District, there are no income requirements, and there is no paperwork to complete. Parents can eat with their children by purchasing a meal for \$3. Call 979-8966 for more information. All locations will serve lunch from 11:30 a.m.-12:30 p.m. Monday-Thursday. Below are the dates and locations for this year's program:

June 9-July 31:  
SJUSD Admissions & Family Services: 3700 Garfield Ave. in Carmichael  
Coyle Avenue Elementary: 6330 Coyle Ave. in Carmichael  
Howe Avenue Elementary: 2404 Howe Ave. in Sacramento; Howe Avenue will also serve breakfast from 7:45 a.m. - 8:45 a.m.  
Carriage Drive Elementary: 7519 Carriage Dr. in Citrus Heights

## Emotions Anonymous

Meets regularly Tuesdays, Thursdays, and Saturdays. Meeting information is available at [www.emotionsanonymous.org](http://www.emotionsanonymous.org). Free 12-step program/support group for those who desire to become well emotionally healthy. Acquire a new way of life, sharing experiences, and learning to live with unsolved emotional problems. Meets Tuesday 6:30 - 7:30 p.m. Parkside Community Church 5700 South Land Park Dr.; Tuesday 6:30 - 7:30 p.m., Sierra Arden Church of Christ, 890 Morse Ave (at Northrup), Room F-4. Thursday 7 - 8:30 p.m. at Church of the Good Shepherd, 1615 Morse Ave. (at Arden Way) left of choir

room. Saturday 1 to 1:30 p.m. at the Wellness Recovery Center, 3851 Marconi Ave. (at La Paz), Suite #1. Saturday 1:30- 2:30 p.m., 3851 Marconi Ave (at La Paz).

## Mahogany Urban Poetry Series - Queen Sheba - poetry readings

Each Wednesday from 8-11 p.m. at Queen Sheba in Sacramento, local talent makes it way to the restaurant for weekly open-mic events. \$3-\$5. 1704 Broadway.

## Brain Gymnasium

Exercise your mind and have some fun at this on-going Brain Gymnasium class! Inviting all seniors to Eskaton Monroe Lodge, 3225 Freepoint Boulevard, 9:20 a.m. Thursdays. \$6 per class. Call 441-1015 for more information.

## Women with Good Spirits monthly meeting

Women With Good Spirits is a networking group that engages women in the Sacramento to community with non-profit organizations that make contributions to our quality of life and care for our fellow residents. Each month, Women With Good Spirits invites a community non-profit to present on its mission work. The meeting is held at Revolution Wines on the second Tuesday of each month and starts at 6:30 p.m. The presenter will start their presentation promptly at 7:15 p.m. and will last 15-20 minutes with an open question and answer forum after. RSVP is appreciated as well as a \$5+ donation per person that will go directly to the non-profit presenting that month. Revolution Wines is located at 2831 S St. Visit [www.womenwithgoodspirits.com](http://www.womenwithgoodspirits.com) or find the group on Facebook.

## Gentle Qi Gong

Learn powerful relaxation techniques reduce stress, reduce physical pain and emotional suffering, lower blood pressure, increase immune response and improve balance. Inviting all seniors to Eskaton Monroe Lodge, 3225 Freepoint

Boulevard, 3 to 4 p.m., Wednesdays. \$7 per class. Call 441-1015 for more information.

## California Youth Basketball League taking applications

CYBL is a non-profit year round league for ages 4 through 18 that prides itself on being well organized that aims to develop basketball skills, sportsmanship and self-esteem through coaches, gym official and organizers. Visit [www.cybhoops.com](http://www.cybhoops.com) or call 391-3900.

## Kiwanis Club of East Sacramento-Midtown

Visitors Welcome, weekly breakfast meeting on Fridays at 7 a.m. Topical weekly speakers and first meal for visitors on us. Meet at The Kiwanis Family House, (at UCD Med Ctr/ 50th St & Broadway) 2875 50th St. [www.eastsac-midtownkiwanis.com](http://www.eastsac-midtownkiwanis.com). Meeting/Membership info: 761-0984, volunteers always welcome!

## Food trucks at Carmichael Park

Every first Thursday of the month from 5 to 8 p.m. (July will be held on July 10) food trucks hit Carmichael Park, 5750 Grant Road.

## The Sacramento Capitolaire meeting

A men's Barbershop Harmony group, meets every Tuesday night at 7 p.m. at Pilgrim Hall (Sierra Arden United Church of Christ), 890 Morse Ave., Sacramento. Info: [www.capitolaire.org](http://www.capitolaire.org), call 888-0877-9806, or email [info@capitolaire.org](mailto:info@capitolaire.org)

## Soroptimist International of Sacramento South meetings

A service organization dedicated to insure the status of women and girls, the group meets at Aviator's Restaurant, 6151 Freepoint Blvd. for lunch and to discuss the day's topic. Meets the second and fourth Tuesday of each month at 12:15 p.m. The meetings discuss our fund raising Projects and Community Service, often with speakers from our community.

## JULY

### Food truck festival in McKinley Park

July 11: Enjoy food from various food truck vendors at McKinley Park;

### Summer Concerts in Carmichael Park

July 12: On Air, classic rock with power horns from 6:30 to 8:30 p.m., 5750 Grant Ave.

### Summer Concerts in Carmichael Park

July 13: The Kick N 60s, songs from the 60s from 6:30 to 8:30 p.m., 5750 Grant Ave.

## 'Protect yourself from elder abuse' discussion to be held

July 14: Join the Pacific McGeorge School of Law, Victims of Crime Resource Center representatives for a workshop on how older adults can protect themselves from financial abuse, domestic violence and elder abuse, and crimes against people with disabilities. "People with Disabilities - How to Protect Yourself" to be the theme on July 14. Workshop begins at 1 p.m. and will be held at the Ethel MacLeod Hart Senior Center, 915 27th Street, Sacramento, California (27th and J streets). Space is limited. For more information or to register, stop by the Hart Senior Center front desk or contact (916) 808-5462. Cost: Free.

## The Sacramento Suburban Writers Club meeting

July 14: The monthly meeting will be held at Crossroads Christian Fellowship Church, 5501 Dewey Dr., Fair Oaks from 7-9 p.m. Meeting includes a writing presentation, networking, a workshop and a speaker; [sactowriters.com](http://sactowriters.com).

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Double Tree Hotel • Sacramento, CA

Antique Decoys • Sculpture • Fine Art  
Dinner Auction • Contemporary Carvings

for further information: [www.pacificflyway.org](http://www.pacificflyway.org)

# Fab 40's 5k Run/Walk

benefitting the **alzheimer's association**

City of Sacramento 5k Championship

## Saturday July 26, 2014

Start and finish lines at historic East Lawn Memorial Park, 4300 Folsom Blvd.

ACE  
AWARR

Food • Kid's Bounce House  
Family Photo Booths  
Vendors • Prizes

Alzheimer's is the 6th leading cause of death in the United States and there is no cure. Our vision is a world without Alzheimer's. Come help us make that a reality. Run, walk, or just sit and enjoy the atmosphere. For more info: [www.Fab40s5k.org](http://www.Fab40s5k.org)

This is a Pet-Friendly 5k (All pets must be on a leash)

## Don't Miss This Great Family Event!

Like us on Facebook

# It's Tour Time at Antelope Garden

Take a self-guided tour of the 2 acre Antelope Garden for ideas on how to create your own water efficient landscape.

Open May to October, 2014  
Monday thru Friday  
2nd and 4th Saturdays  
9:00am to 3:00pm  
**FREE ADMISSION!**

**7800 Antelope North Road, Antelope**



**NEW CUSTOM HOME**

Here is an exciting opportunity to own a quality custom built new home (built in 2014) in a gated subdivision of 15 custom homes!! High beamed ceilings, hardwood floors, fabulous gourmet kitchen, open floor plan, 3 car attached garage, .35ac lot plus every bedroom has its own bathroom!! \$1,350,000

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**SIERRA OAKS CUSTOM**

Beautifully built Ken Dyer Construction custom home located on a private .3 acre lot with gorgeous pool! A very spacious floor plan of 4 or 5 bedrooms and 4 full baths, over 4300 sf plus a 4-car tandem garage. High ceilings, hickory oak floors, custom cabinets with built-in buffets, and granite counters! \$1,695,000

**CHRISTINE BALESTRERI 996-2244**



**CARMICHAEL WHISPERING OAKS**

Wonderful family home and floor plan located in gated community. 4 bedroom plus upstairs bonus room, 3 full baths. Very open and light and bright with lots of glass and high ceilings. Gourmet kitchen opens to family room. Good sized lot with trees and flower beds for privacy \$499,900

**PATTY BAETA 806-7761**



**SPACIOUS HOUSE AND YARD**

Mariemont Avenue home over 8400 square feet with 5 or 6 bedrooms 6½ baths located on a 1½ acre parcel. Spacious rooms, each bedroom has its own bath, an amazing master bedroom suite, custom wood work, box beamed ceilings, an attached maid's quarters, RV access and a 4-car garage. \$1,999,900

**ERIN STUMPF 342-1372**



**TIMELESS CONTEMPORARY**

Artist retreat lovingly built and maintained by original owners. Home backs onto beautiful, tranquil area in a small gated community. Two distinct levels, 4 bedrooms 2½ baths with master suite and office and tons of storage. All rooms have fabulous sweeping views. \$799,500

**CARMAH HATCH 765-6210**



**PRIVATE LANE**

Set at the end of a private, gated lane in Sierra Oaks. Rich cherry wood floors. Beautiful wood doors, moldings, wainscotting. Great Room has a 2 story cathedral ceiling. 3 bedrooms 2½ baths, extra-large master bathroom. Tile roof and dual pane windows. Private back yard with flagstone patio. \$524,900

**JAY FEAGLES 204-7756**



**GARDEN OF THE GODS**

Wonderful Garden of the Gods home. This updated 3 bedroom, 2 full bath home has dual pane windows, hardwood floors, stone faced fireplace with gas starter, open floor plan, recessed lighting, and more. The home is centrally located near great schools. \$335,000

**CHRIS BALESTRERI 996-2244**



**MAGNIFICENT HOME**

Meticulous design and luxury finishes abound in this 3 bedroom 2 bath two story home. Large kitchen with island; lots of counter space and storage. Downstairs bed and bath. Luxurious master suite with huge walk-in closet, beautiful spacious bath. \$629,000

**ROSLYN LEVY WEINTRAUB 952-6602**



**EAST RANCH**

3 bedroom, 2½ bath condo with spacious master suite and lots of closet space. An open floor plan that includes vaulted ceilings, kitchen has a separate dining area which opens to a family room. Downstairs looks out onto a fantastic wrap around porch. \$384,900

**BETH HARNEY 995-4120**

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