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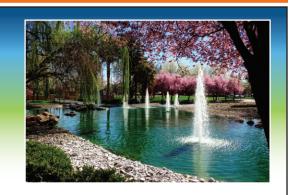
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Art Director	John Ochoa
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Other photos by: Courtesy Matias Bombal

Community members are welcome to immerse themselves in Hawaiian culture this weekend with various workshops and classes, some of which are free of charge. To be held at the Sacramento Inn on Arden Way, a Saturday concert featuring the Kapalakiko Hawaiian Band, follows a day-long cultural workshop that begins with a lauhala (pandanus leaf) bracelet-weaving class by an artist from San Francisco, followed by two hula classes taught by a'hula master from Hawai'i. On Sunday, there will be two additional hula classes offered. More information about the weekend's cultural workshops and concert can be found at www.ohanadancegroup.com, or by calling 808-782-2483.

They play the good stuff!: Free Hawaiian workshops

and concert set for this weekend at the Sacramento Inn

What follows below is some information about the Kapalakiko Hawaiian Band.

The Kapalakiko Hawaiian Band was formed in 1984 with the goal of preserving, perpetuating and promoting the culture of Hawai'i.

Their name, Kapalakiko, is from the Hawaiian word for San Francisco. Even though their performances are centered in the San Francisco Bay Area, they also radiate throughout the state of California, nationally within the United States, back to their 'āina (homeland) of Hawai'i and into the international sphere of world music.

They perform not only to entertain audiences, but to cultivate knowledge about the rich history of Hawai'i through music and dance. They perform the mele (songs) that touch the hearts and souls of kama'āina (native born) and malihini (newcomers) alike. They use both traditional and western instruments and the various genres of Hawaiian music to emphasize the beauty of the Hawaiian language, lyrics, and poetry to complement the hula.

The Kapalakiko Hawaiian Band is an 'ohana (family) of Hawaiian music performers made up mostly of "Overseas

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SACRAMENTO













KCRA introduced to Sacramento radio listeners nearly 70 years ago

By LANCE ARMSTRONG Lance@valcomnews.com

Editor's Note: This is the fourth article in a series about the history of broadcasting in the Sacramento area. This series was inspired by readers' positive responses to previous articles about local television history in this publication and several requests to feature histories of local radio stations.

Sacramento experienced much growth in the radio world in 1945, when the city was introduced to two new local commercial stations.

The first of those stations to be introduced to Sacramento radio listeners was KCRA-AM.

With its official debut on April 23, 1945 at 6 a.m., KCRA-AM became Sacramento's third commercial radio station, as it joined KFBK, which first broadcast in 1925, and KROY, which first went on the air in 1937.

The original partnership of the station consisted of Vernon Hansen of the Crystal Cream and Butter Co.; David R. McKinley, owner of Chan-

nel Bakeries, and Ewing Cole "Gene" Kelly, operator of a local advertising agency.

That partnership, which was recognized as the Central Valleys Broadcasting Co., was organized three years prior to the establishment of KCRA-

Hansen, Kelly and McKinley filed an application with the Federal Communications Commission in July 1944 and received a grant for operating a radio station on Nov. 9, 1944.

Construction on the KCRA-AM studios began on March 14, 1945.

KCRA-ĂM made its unofficial debut on April 12, 1945, when Gov. Earl Warren was brought to the station by Kelly to comment on the air regarding the death of President Franklin D. Roosevelt.

The station, which was then the only National Broadcasting Company outlet in the Sacramento Valley, began on a wavelength of 1340 kilocycles and was serviced by Associated Press news and World Broadcasting Company entertainment features.

See KCRA, page 5



Photo courtesy of Sacramento Public Library, Sacramento Room KCRA announcer Steve George is shown in this 1940s photograph.



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The first main studios of KCRA-AM were located in the Capital National Bank Building at 1007 7th St., and the station then-utilized a 250-watt transmitter and a 200-foot tower that sat 900 feet north of A Street at 27th Street

The station's other studios included facilities in the California-Western State Life Insurance Building at 926 J St., Room 604.

According to an article in the April 23, 1945 edition of The Sacramento Union, the original programs of KCRA-AM were broadcast to an audience of 350,000 in Sacramento, Yolo, Solano, Colusa, Nevada, Placer, Sutter, Yuba and El Dorado counties.

KCRA-AM was joined by KCRA 96.1 FM in 1947.

A U.S. commercial FM stations directory, compiled from official FCC records through Sept. 2, 1947, notes that the license for KCRA-FM was granted on March 12, 1947.

On Nov. 18, 1948, a vol-

from Central Valleys Broadcasting Co. to KCRA, Inc. was completed.

It was also in the late 1940s when KCRA-AM made its move from 1340 kilocycles to 1320 kilocycles.

The Union reported on Sept. 11, 1949 that KCRA would be relocating from its then headquarters at 926 J St. to a building at 1011 11th Street, above the Country Maid Creamery restaurant "in 60 to 90 days."

With that move, KCRA increased its overall floor space from 1,200 square feet to 4,000 square feet. The new plant featured two large studios, a control room and 15 offices.

It was also around that time that Howard Smiley, who formerly worked for KFBK and KROY, was hired as KCRA's station manager.

In 1955, KČRA opened its new radio and TV studios at 310 10th St.

KCRA-TV was originally under the proprietorship of Gene Kelly and brothers Vernon, Gerald and Kenneth Hansen.

Gene Kelly died at the age untary assignment of license of 57 on Oct. 29, 1960 and his widow, Nina, officially became a licensee of the corporation.

Another KCRA license change occurred on May 23, 1962, when the Hansen family, then owners of 50 percent of KCRA's AM, FM and TV licenses, sold their share of the business to Nina and her sons, Robert E. and Jon S. Kelly. At that point, the Kellys officially began doing business as the Kelly Broadcasting Co.

KCRA-FM became KCTC in September 1968.

In 1977, the Kelly Broadcasting Co. began operating radio studios at 2225 19th St.

On July 3, 1978, The Sacramento Bee reported that the FCC had approved the transfer of licenses of KCRA-AM and KCTC to WGN of California. Inc. for \$5.6 million.

It was also noted in the article that the Kelly Broadcasting Co. had reached an agreement on the sale with WGN Continental Broadcasting Co. during the previous August, and that the Kelly Broadcasting Co. had continued to operate the stations until the sale was completed.

KCRA 1320 AM became KGNR News Radio 132 in August 1978.

As for the second aforementioned radio station to begin its operations in Sacramento in 1945, a history of that station - KXOA - will be presented in the next edition of this publication.



Ohana:

Continued from page 2

Hawaiians" and "Hawaiians-at-heart" who are working to preserve and perpetuate the unique Hawaiian culture and local lifestyle. They are led by Saichi Kawahara, who is also known for his falsettostyle of singing. Mr. Kawahara, affectionately known as Uncle Saichi, comes to Sacramento once a month to teach Sacramentans how to play the `ukulele.

The 'Ohana Dance Group, a traditional hula group and school located in the South Land Park area, shares the values, goals and philosophy of the San Francisco-based band. Two members of the hula group are members of Uncle Saichi's 'ukulele class and they jumped at the chance to arrange for the band to perform a free concert for the community on Saturday, Sept. 13, from 6 to 8 p.m. at the Sacramento Inn and Suites, located at 1401 Arden Way.

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Opinion: Crest Theatre faces unknown future after Oct. 31

By MATIAS BOMBAL

The last of Sacramento's great movie theaters to be built, The Crest, which opened Oct. 6, 1949 amid searchlights and movie stars in-person for the premiere of M-G-M's "That Midnight Kiss", faces an unknown future as the building's owner is forcing the tenant/operator, CSLM, Inc. out of business with an impossible rent increase.

On that opening night in 1949, as may be seen in a Fox-Movietone newsreel of the event, Governor Earl Warren told the more than 5,000-person crowd assembled on K Street: "This is a great event tonight ... We're very proud of this new theater, and I'm sure the people of Sacramento will give it their patronage because it deserves it." The Governor



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was right, and for many years to come the venerable theater, designed architecturally in a late 1940s "Skouras Style" was the zenith of excellence in movie presentation. The theater was built in 1949 with all new state-of-the-art electrical, plumbing, and HVAC.

It was constructed in the gutted shell, or outer four walls of the 1913 structure that had once housed the Hippodrome Theatre and initially, the short lived Empress Theatre, which closed after only one year. The Empress operators, Sullivan and Considine, Ponzi schemers, were run out of town leaving the investors holding the bag.

Fox-West Coast operated the entirely new Crest Theatre, "The Place to Go" from 1949, through some internal changes within their own company, including a rebranding as National General Theatres through mid 1979. Independent exhibitor Ron Morgan's Morgan Cinemas gave it a short run in the early 1980s. By then the combined elements of urban sprawl and the increasing greed of the movie distributors made the operation of the Crest impossible for showing movies alone and it closed. Herb Liverette tried to turn it into a dinner theater in 1984, with grandiose plans for a remodel designed by noted Sacramento architect David Mogavero. The slogan "Our Quest, Save the Crest" fell on deaf ears.

During that time I was in my early teens, and fascinated by old theaters, I'd run all over the place while Liverette's team tried to raise funds. I was trained as a volunteer relief projectionist by both Mario Menconi and Kenny Smith. Thus, at that early age I became familiar with the entire physical plant of the Crest Theatre and how all of its systems worked. When the dinner theater plans were canceled, Liverett moved on, and just as today, the Crest's future was uncertain.

In 1986 the present era of the Crest's life, and perhaps most significant, began when Linda McDonagh, operator of the Palms Playhouse in Davis, sought a larger venue for music concerts that needed a bigger space than she had in her rustic barn in Davis. Her atti-



Photo courtesy of Dolores Greenslate/Portuguese Historical Society Collection. Sacramento Bee photo of the Crest Theatre's original opening night, October 6, 1949.

tude was "How about we clean it up as it is?" I approached her with the idea of showing classic films in the style of bygone days with short subjects on days the theater was not used for the live shows she wished to present. She got a friend to back her financially, Charlie Soderquist, and the initials of the two became the name of their new company: CSLM, Inc. CSLM then leased the building, taking operation on Oct. 1, 1986.

CSLM's other partners, Andy Field, Gary Schoreder, and Bill Heberger then took most of October and the first half of November cleaning up the theater, and upgrading anything necessary to make it fully functional and compliant with the needs of any modern building. The theater reopened with a gala black tie presentation of "Singin' in the Rain" with the film's star, Donald O' Connor, in-person, Nov. 18, 1986. I was CSLM's first employee and managed the theater for a short period, then stayed on to handle publicity, book movies, and emcee events until I was fired in 1991. In an era before DVDs, TCM, Netflix, and the smart phone, you could not really find classic movies any other way.

In October 1986, I brought a young lady into the group from United Artists' Theatre on Arden Way. "Sid" or Laushining light of the Crest to the present for CSLM. She has managed the theater for 25 of the 28 years CSLM has had the stewardship of this important cultural icon of the city. She took the torch and ran with it. In that time, hopes that were only dreams at the beginning were fully realized: first and foremost, the preservation of the building in as close to its original 1949 state as possible, the relighting of its magnificent miles of marquee neon in 1991, the restoration of the stage drapery, and the fact that the doors were open to one and all for all types of events for both patrons and event promoters.

The value of the CSLM, Inc's operation of the Crest and their contribution to the fabric of the Sacramento community and beyond is self-evident. Great live shows, wonderful movies, and special events have created cherished memories and captured the imagination of all who experienced them. The entertainment knowledge accrued in 28 years shows that CSLM knows its craft in this particular venue better than anyone in this market. This brings us to the present dilemma that they now face.

In 2011, Robert Emerick, a wastewater treatment engineer (sewage) with no the-

ra Garcia, would become the shining light of the Crest to the present for CSLM. She has managed the theater for 25 of the 28 years CSLM has had the stewardship of this important cultural icon of the city. She took the torch and ran with it. In that time, hopes that were only dreams at the beginning were fully respectively.

I would offer that the square foot market value for a theater space should not be valued the same as office or industrial on the basis that the space within the square footage of these structures is utilized differently. With the glacier-like move of the forthcoming sports arena, no doubt square footage values will be on the rise, and clever investors are buying any property they can now, to cash in after the arena is a concern.

Mr. Emerick is quoted in the same Bee article with statements that did not make sense to me, based on my own past experience with the building and the nature of the theatrical business. He says: "There's plumbing in the theaters that's 100 years old." In actuality, the plumbing was entirely new in 1949, as city construction permit records indicate.

Emerick additionally says that "The Crest's air-

See Crest Theatre, page 7

Crest Theatre:

Continued from page 6

conditioning system must be replaced, at a cost of \$100,000, because the state is banning the refrigerant it uses by 2020." Although the latter part of that statement is correct. Mr. Emerick does not mention that extant air conditioning units that are in good operating order that use that coolant, R12, are grandfathered in past 2020 and are exempt from the ban. Thus, unless there is a major failure to the Crest HVAC system, this is a non-issue.

The Bee article quotes Emerick, "if the Crest is ever to show movies again in its historic theater, it will need to upgrade the projection equipment at a cost of \$100,000 to \$150,000." This is also not correct. In point of fact, the CSLM has been showing movies at the Crest both on film (rarely, but enough to keep the equipment maintained and in use) and Blu Ray DVD on an industrial digital projector (not DCP) for several years now. CSLM supports and hires union projectionists from Local 50 of the International Alliance of Theatrical and Stage Employees.

Emerick says that people want to see more movies at the Crest, as does he, and that a DCP digital projector is needed due to the movie industry change from 35mm film in theaters to DCP digital projectors. This statement, seemingly well intentioned, shows his lack of understanding of the way movie exhibition works.

Movie exhibition is the only business in which the manufacturer is constantly trying to put the retailer out of business. The distributor's contractual obligation of showing new movies a minimum of four weeks which began in the late 1970s, spelled doom for the giant single screen theaters. This gave birth to the multiplex cinema with several auditoriums of various sizes. With several screens in one theater, the operator simply put the movie that has the best attendance in the biggest auditorium. Other movies that have been there two to four weeks are run in the smaller ones.



Photo courtesy of Marc Peterson.

Photographer Marc Peterson captured the Crest on K street 6 days before CSLM's grand re-opening. Paula Bowden stands on the newly constructed lightrail platform looking up at the future hope for the theatre in 1986. Note the little trees about to be planted along the street, now giants.

The show times are staggered so there is a constant flow of traffic at the candy counter; the only place any movie theater makes the money it needs to cover operating expenses, as most of the box-office revenue goes directly to the distributors. With the switch to digital DCP projection in the last five years in most chain theaters, the last of the independent movie theater operators have vanished nationwide for two principal reasons.

The first and most important: movie theater chains bid for first run releases in each market, and the buying or bidding power they offer the distributors (the movie studios) is far greater than a single independent may offer. As an example, if the Crest were to offer an advance of \$5.000 for a fourweek run of a movie for its single screen and the distributor also receives an offer from Cinemark for \$5,000 per each of their 332 theaters and 4, 456 screens (\$5,000 multiplied by 332 theaters or more!), the reality is that the distributor will not take the Crest's telephone call. Firstrun commercial or art films are thus unavailable to independent theaters, which are now becoming extinct in the current exhibition market.

The second reason is the theatrical DCP projector itself, unlike the 35mm film projectors of the past which provided more than 50 years of service if properly maintained, are very expensive, from \$80,000 to \$125,000 and only have the life of a computer hard drive,

See Theatre Future, page 9



Photo by Matias Bombal

The Crest Theatre faces an unknown future after Oct. 31.

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Theatre Future:

and will need to be replaced at that same amount in only a few years. Most independents can't shoulder that financial burden, and if they can afford one, they still could not get the movies to show because of the impossibility competing with chain theaters to get product.

Those are the facts as I see them. Now, personal opinion:

Ultimately, Mr. Emerick owns the building, and will do with it as he pleases. He's indicated that he wants to give showbiz a whirl with his fiancee Yulya Borroum booking the theater for live events, both with no theatrical experience, beginning in November. For the sake of the theater, I hope his idea

works, but I don't understand how it could. I've given examples earlier. I'll add to this the fact that the Crest survives as a rental facility for promoters and film festival groups to put on events. The only events that Crest does in-house are the occasional movies that are shown when rentals don't fill the calendar. Mr. Emerick may lose his shirt and the Crest if he thinks he may do a better job than his tenant with 28 years experience in the building.

There's also the possibility that Mr. Emerick has invested in the property with the knowledge and hope that the sports arena will increase the value of his investment (indicated by his focused awareness of current square footage

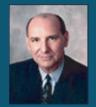
values) so that even if he gives it "the old college try" and it fails, he may cash in by selling it or converting the building to some other use. This has already begun with the restaurants in the basement level of the store fronts adjacent to the original theater building. This space was used to house the two additional movie theaters that CSLM used to operate, but had to close due to declined revenue and distributor politics.

If I were a landlord with a solid tenant with tenure that would provide consistent reliable income, I would not force them out for more money thinking more in the long term than short gain. Perhaps Mr. Emerick has other financial concerns that are forcing his hand. His reasons for raising the rent are dubious at best. He bought the building saying "he wanted to preserve a signature regional asset," yet his actions seem just the opposite of his statement.

The sad result to me is the 28 years of CSLM, made up of people and families that depend on income made there that utilizes their singular talents honed specifically for the unique facility that the Crest is. Soon they will be out of work, their future uncertain. Manager Laura "Sid" Garcia-Heberger fell in love with CSLM partner Bill Heberger, married him and had children.

The many employees, too, will be out of work. Mr. Emerick, if true to his word of "wanting to preserve a signature regional asset," must reconsider keeping his tenant in place at a rent that is reasonable for them to pay. The heart of any business are the people that run it, they connect to you personally in what they do and how they do it. Absent that, any building becomes a soulless monolith. Let's not let the 28 years of effort by CSLM, Inc. at the Crest Theatre become lost in the swirling mist of time.

(On the web: Rare newsreel footage of the opening night of the Crest Theatre in Sacramento on Oct. 6, 1949 introduced by Matias Bombal, former Crest Theatre manager, and now movie critic at www.mabhollywood. com and Valley Community Newspapers, can be seen http://m.youtube.com/ watch?v=EvZoUH3x2rI)



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Great Carmichael Neighborhood



Nestled in a great Carmichael neighborhood, this updated home features granite tile counter tops, farm sink, indoor laundry with plenty of storage, family room & living room, master suite with outdoor access to gorgeous low maintenance sparkling pool. Front yard is low maintenance with almost drough resistance landscaping. Updated bathro

3116 Kobrock Way \$348,000

Well Situated Home



Excellent Curb Appeal

This home is well situated with a greenbelt view across the street and a deep, spacious lot in the back, ripe with opportunity. Living room boasts wood burning stove, a crisp look with natural paint, dark wood laminate flooring, tall ceilings and a very functional floor plan.
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7444 Hespera Way \$360,000

Remodeled Home with Guest House



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2727 Morse Ave \$990,000

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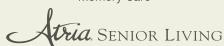
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ARTS

Featuring Capital Artists Studio Tour artists from Arden, Carmichael and Fair Oaks

Compiled by MONICA STARK

The following Arden-Carmichael area studios will be open on the weekend of Sept. 20-21 from 10 a.m. to 5 p.m. The Arden-Carmichael News thanks the following artists for submitting information about their works, which we encourage you, dear reader, to go out and see.

Amy Green is using the front portion of her Fair Oaks home (5120 Oak Point Way) to host guests and display her artwork. Amy uses a five-step process to create watercolor and ink paintings that speak to the intersection between nature, science, and spirit."My paintings are surrealist fantasies, visually challenging yet friendly, odd, accessible and appealing. One painting that exemplifies my love of nature, science and spirit is called Biologista. It depicts an energy exchange between two large scientific figures connected to nature. An octopus has just laid her eggs all over the tree and is resting comfortably with a fishy snack. The watercolor painting is created through a five-step process using graphite, watercolor pencils and ink, and measures 15 inches by 18 inches.

Sheila Mun Jacobs is opening her home studio at, 4365 Morpheus Lane. Her style is the trees.

varied and so is her medium. 'I love to expand and explore in my art making," she said. Her piece, "Lolipop", measures 32 inches by 22 inches and is made of papier- mache.

Rhonda Egan will be working out of her Arden Park home studio, 1216 El Toro Way. Rhonda's passion is to paint plein air (painting outside) landscapes. "There is nothing like capturing the mood of a day, whether it is cloudy, sunny, windy, or threatening rain. I am an oil painter, who paints primarily with a palette knife rather than brushes. I love the easy clean up and the fresh, unmuddied look I get," Rhonda says. She plans to demo around 2 p.m. both days. She will be demonstrating a landscape using a palette knife and emphasizing the difference of color and value of light shapes versus shadow. One of the paintings that will be at the studio tour is "Patchwork of Vines", which recently won third place in the Northern California Arts Membership Show. It is a vineyard in autumn with golden vines criss-crossing and encircling dark trees. Šhe has painted this vineyard several times with the vines surrounding

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Michelle Andres will be opening her Carmichael home studio for the tour, 6546 Landis Ave. It's down a private lane off the main road. 'I'm a pretty joyful painter. My work is usually colorful, sometimes whimsical and is intended to make the viewer happy or remind them of a story or life event," she said of her style. One of her pieces at the show is a large abstract, which was inspired by a Ralph Waldo Emerson poem title "Earth Song." Parts of the poem are collaged within the piece which is in subtle earth tones with a large red mark. Could it be a scar? Her website is www.michelleandresstudio.com

Rachel Lyman will be showing her photography in the yard of her Carmichael home at 3531 Voelke Court, Carmichael. Rachel has been an avid photogra-

See Artists, page 14





Judy IJ Jacobs Left: "Mobile" by Dianne

VanDeCarr

Bottom: "Patchwork of Vines" by Rhonda Egan





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pher for over 40 years. In recent years, she started painting in acrylic, using some of her photographic images as her subject matter. "Both avenues of creative expression are fulfilling and bring me much joy to share with others," she said. One of her pieces, "Inside Spenddrift," is a photographic image she took as Spenddrift was being filled with cold air during the inflation process. The image captures a portion of the rainbow of colored panels of a hot air balloon, looking inside from the top down to the throat where the basket is connected.

Bethanie Humphreys is a published poet who integrates poetry and other writings into mixed media visual art. Her work for the tour has been chosen to be highlighted by curator Rachel Teagle. See more at facebook.com/BethanieHumphreysmixedmediaarts. She is located at 7220 Sunwood Way, Citrus Heights, a residence, and her studio is an add-on to the backyard. She will have an encaustics demo and a participatory art project.

Dolores Rodriguez will be showing her art at the Blue Moon Gallery, 2353 Albatross Way. Dolores is an abstract artist who uses acrylic paint and gel medium on canvas to cre-

ate original paintings. One of her paintings, "Sunshine Above Field", is painted with bright, metallic colors on a gallery wrap-around canvas, which measures 14 inches by 11 inches and is one inch deep.

Carla Bratt will be working out of the new Adamson Gallery located at 2600 Fair Oaks Blvd., Suite 105. She will be also hosting other very well known Sacramento artists: Gary Dinnen, Judy "JJ" Jacobs and Lauri Luck. This charming, upscale gallery is filled with delightful and thought provoking art from all over the U.S., in a beautiful setting of light and welcoming energy. Colleen Adamson owner/director, has put together a true art lover's gallery. Carla creates fine art gourds, through wood burning, carving and hand painting. Her emphasis is on culturally iconic symbolism, nature and storytelling, using color and bold graphic images. Carla prefers to work on very large gourds, which gives her the added challenge of maintaining balance, fluid line work and well placed design layouts.

Carla's large, Mayan influenced fine art gourd bowl, "Sacrifices - A Tolecate", will be on display during the tour at the Adamson Gallery. It is a striking and mindful piece (17 inches by 19 inches), bathed in blood reds, with carved cut outs, wood



Top: "Sacrifices a Tolcat" by Carla Bratt Right: "Lolipop" by Sheila Mun Jacobs

burned Mayan symbols, gold leaf applications and designed to tell the story of the Mayan belief in the power of their gods. The commitment to human sacrifice as a gift to the gods who would in turn insure the continued well being of the Mayan civilization, was the cornerstone of their belief system. At once fascinating and terrifying, the Mayans were a people of great intelligence, power and symbolic story telling. Intriguing at every level.

Judy "JJ" Jacobs will be showing at The Adamson Gallery located at 2600 Fair Oaks Blvd. off Fair Oaks and Munroe. There is additional parking behind the building – and lots of other beautiful art from various fine artists represented by The Adamson Gallery. JJ Jacobs is a multi-media artist specializing in tantalizing abstract paintings, fused glass art and mixed-media work. She loves color and

is not afraid to use lots of it in her work! JJ will be showing "A Saving Grace," a 48-inch by 48-inch painting on a hand-stretched 2.5-inch canvas. Materials include charcoal, graphite, gesso and acrylics.

At Confusion Glass, Dianne Van de Carr's home and studio, 3904 Dell Road, Carmichael.

Dianne Van de Carr will be showing work at her home studio along with Linda Miller located at 3904 Dell Road, Carmichael (off of Fair Oaks Boulevard between Hollister and San Juan avenues. Dianne said she has been working with fused glass since 1985 and is still "surprised and amazed" when she opens the kiln after a firing. She uses a combination of art and science to make beautiful art pieces and it is "so exciting!" Di-

anne has been making 3dimensional jellyfish for a number of years and experimenting with different colors. "In my world, jellyfish don't have to be traditional colors!" Her website is www.confusionglass.com.

Linda R. Miller will be located at the home and studio of Dianne Van de Carr of Confusion Glass, 3904 Dell Road, Carmichael. A painter, Linda specializes in animal portraits and especially loves to show the human connection to our pets. Her work is highly detailed with vibrant colors with a bit of whimsy thrown in, occasionally. She will have hand painted necklaces, small boxes, miniature paintings on easels, and sample animal portraits including a painting of a woman's arms lovingly wrapped around her sweet terrier mix.







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Alumni should also visit the class website and complete profile information: www. ifk69.com

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ONGOING

"Stretch, Strengthen, and Thrive" at ACC:

This class is designed for the needs and abilities of active older adults, who are interested in gaining or maintaining mobility, 5-6 p.m. Mondays and Wednesdays. \$5 per class if pre-paid; drop-in fee is \$6. ACC Senior Services Center, 7375 Park City Dr., 393-9026 x330, www.accsv.org.

Stretch, Strengthen, and Thrive!

This class is designed for the needs and abilities of active older adults, who are interested in gaining or maintaining mobility. The class consists of a mix of full body stretches, body weight exercises, strength training, and active stretching. 5:00-6:00 p.m. Mondays and Wednesdays. \$5 per class if prepaid. Pre-registration and pre-payment is preferred, but drop-ins are welcome at a rate of \$6 per class. Held at ACC Senior Services Center, 7375 Park City Dr., Sacramento, 393-9026 x330, www.accsv.org.

Sacramento Zoo needs wheelchairs

The Sacramento Zoo is looking for a few "gently used" wheelchairs, 808-5888. Your wheelchair can be a tax deductible donation, and four zoo tickets will be offered as a thank you.

Support group for alienated grandparents

Meeting is the last Friday of each month at 2717 Cottage Way, suite 4. Meeting is at noon. 761-9121.

Tai Chi at Hart Senior Center

Focuses on low impact form of ancient Chinese exercise, combining slow movements with relaxation. Mondays, 10:30-11:30a.m. at the Ethel MacLeod Hart Senior Center, 915 27 St. Try it once for free! Stop by the Hart Senior Center front desk or contact 808-5462. Cost: \$18 for 4 classes.

Zumba for Seniors at Hart Senior Center

Zumba for Seniors incorporates physical exercise and dance steps to the rhythms of Cumbia, Merengue, Mambo, Salsa, Samba, and much more. Tuesdays 9:30-10:30am and Fridays 3:45-4:45 p.m. at the Ethel MacLeod

Hart Senior Center, 915 27 St. Sacramento (27th and J streets). Try it once for free! For more information or to register, stop by the Hart Senior Center front desk or contact 808-5462. Cost: \$16 for 4 classes.

Active Yoga at Hart Senior Center

Increase your strength and flexibility, improve balance, and enhance the ability to relax and release stress. Class began July 7 and are Mondays and Wednesdays, 2:30 p.m. - 3:30 p.m. at the Ethel MacLeod Hart Senior Center, 915 27th St. Classes will not be held Nov. 3, 5, 10 and 12. For more information or to register, stop by the Hart Senior Center front desk or call 808-5462. Cost: \$35 for five classes or \$70 for 10 classes. Try the class once for free and see if Active Yoga is right for you.

Singers with Hart

Experienced and beginning singers age $50\,$ and above are welcome. New sessions start

every nine weeks and are held at the Hart Senior Center, 915 27th Street, Sacramento (27th and J streets). Pre-registration is required. For more information, visit the Hart Senior Center front desk or contact (916) 808-5462. Cost: \$15.

Run with a Recruiter

Every Friday at 6 a.m., the public is invited to join the Sacramento Police Department. This provides a unique opportunity for potential police candidates and those in the hiring process to run together.

Emotions Anonymous

Meets regularly Tuesdays, Thursdays, and Saturdays. Meeting information is available at www.emotionsanonymous.org. Free 12-step program/support group for those who desire to become well emotionally healthy. Acquire a new way of life, sharing experiences, and learning to live with unsolved emotional problems. Meets Tuesday 6:30 - 7:30 p.m. Parkside Community Church 5700 South Land Park Dr.; Tuesday 6:30 – 7:30 p.m., Sierra Arden Church of Christ, 890 Morse Ave (at Northrup), Room F-4. Thursday 7

8:30 p.m. at Church of the Good Shepherd,1615 Morse Ave. (at Arden Way) left of choir room. An optional newcomer orientation occurs on Saturdays from 1 to 1:30 p.m. at Wellness Recovery Center, 9719 Lincoln Dr. Ste. 300. Also on Saturday from 1:30 to 2:30 p.m., there will be a topic for discussion at WRC, 9719 Lincoln Dr., Ste. 300.

Mahogany Urban Poetry Series - Queen Sheba - poetry readings

Each Wednesday from 8-11 p.m. at Queen Sheba in Sacramento, local talent makes it way to the restaurant for weekly open-mic events. \$3-\$5. 1704 Broadway.

Brain Gymnasium

Exercise your mind and have some fun at this on-going Brain Gymnasium class! Inviting all seniors to Eskaton Monroe Lodge, 3225 Freeport Boulevard, 9:20 a.m. Thursdays. \$6 per class. Call 441-1015 for more information.

Women with Good Spirits monthly meeting

Each second Tuesday of the month at Revolution Wines at 6:30 p.m., Women With Good Spirits invites a community non-profit to present on its mission work. The presenter will start their presentation promptly at 7:15 p.m. and will last 15-20 minutes with an open question and answer forum after. RSVP is appreciated as well as a \$5+donation per person that will go directly to the non-profit presenting that month. 2831 S St. Visit HYPERLINK "http://www. womenwithgoodspirits.com/"www.womenwithgoodspirits.com or find the group on Facebook.

The Community Housing and **Services Coalition monthly** meetings

Originally created by the Sacramento Community Services Planning Council, the Community Housing Coalition (CHC) was created as a vehicle to provide information and educate community leaders and decision makers regarding housing for low income, disabled and older adults. CHSC monthly meetings are free and open to the public; they are held from 9:30 to 11 a.m. am on the last Tuesday of each month (except December) at the Sacramento Sheriff's South Area Office Community Room at 7000 65th Street, Sacramento (the Sacramento County Voters Registrar Build-

See Calendar, page 19





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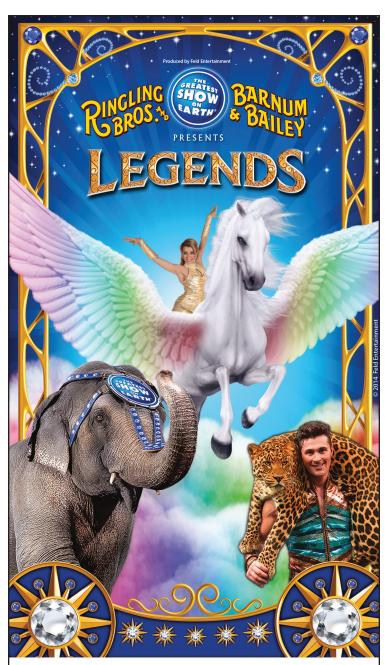
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SEPT. 12 – 15 SLEEP TRAIN ARENA

Fri.	Sat.	Sun.	Mon.
SEPT. 12	SEPT. 13	SEPT. 14	SEPT. 15
	11:30 AM		
	3:30 PM	1:00 PM	
7:00 PM*	7:30 PM	5:00 PM	7:00 PM

SEPT. 19 – 21 STOCKTON ARENA

Fri.	Sat.	Sun.
SEPT. 19	SEPT. 20	SEPT. 21
	11:30 AM	
	3:30 PM	1:00 PM
7:00 PM*	7:30 PM	5:00 PM

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CALENDAR

ing). At each meeting a guest speaker is invited to attend and give a 30-minute presentation with 10 minutes for Q&A. Speakers are selected for their expertise and knowledge in their respective fields, and agencies/organizations. The speakers are encouraged to provide handouts, fliers, and other informational materials to the 15 to 30 attendees.

If you have any questions, please contact either: Alex Eng at 424-1374; email xeng916@ sbcglobal.net; or Cindy Gabriel at 916/732-6189; email cynthia.gabriel@smud.org.

Gentle Qi Gong

Learn powerful relaxation techniques reduce stress, reduce physical pain and emotional suffering, lower blood pressure, increase immune response and improve balance. Inviting all seniors to Eskaton Monroe Lodge, 3225 Freeport Boulevard, 3 to 4 p.m., Wednesdays. \$7 per class. Call 441-1015 for more information.

Kiwanis Club of East Sacramento-Midtown

Visitors Welcome, weekly breakfast meeting on Fridays at 7 a.m. Topical weekly speakers and first meal for visitors on us. Meet at The Kiwanis Family House, (at UCD Med Ctr/50th St & Broadway) 2875 50th St. www.eastsacmidtownkiwanis.com. Meeting/Membership info: 761-0984, volunteers always welcome!

Food trucks at Carmichael Park

Every first Thursday of the month from 5 to 8 p.m. (July will be held on July 10) food trucks hit Carmichael Park, 5750 Grant Road.

The Sacramento Capitolaires meeting

A men's Barbershop Harmony group, meets every Tuesday night at 7 p.m. at Pilgrim Hall (Sierra Arden United Church of Christ), 890 Morse Ave., Sacramento. Info:

www.capitolaires.org, call 888-0877-9806, or email info@capitolaires.org

Soroptimist International of Sacramento South meetings

A service organization dedicated to insure the status of women and girls, the group meets at Aviator's Restaurant, 6151 Freeport Blvd. for lunch and to discuss the day's topic. Meets the second and fourth Tuesday of each month at 12:15 p.m.

SEPTEMBER

Colonial Heights Park movie night Sept. 12: Movie under the stars at Colonial

Heights Park, starting at 7 p.m.

Sacramento Play Summit

Sept. 13: The Sacramento Play Summit will be held from 9:30 a.m. - 4:30 p.m., at the Central Library, 828 I St. Dr. Stuart Brown, founder of the National Institute for Play and author of "Play: How it Shapes the Brain, Opens the Imagination, and Invigorates the Soul," will be a featured keynote speaker. Early bird registration is available through Aug. 31: \$35 per person; \$25 students, seniors, members of Fairytale Town, Friends of the Sacramento Library, and ScholarShare account holders General registration begins Sept. 1: \$45 per person; \$35 students, seniors, members of Fairytale Town, Friends of the Sacramento Library, and ScholarShare account holders. www. fairytaletown.org, 808-7462.

Sacramento's Farm to Fork Week

Sept. 13: On Saturday, Sept. 13, from 5 to 8 p.m., kick off Sacramento's Farm to Fork Week 2014 with a communal commitment to end hunger in our region. This sit down dinner for 150 features appetizers and a dinner menu from the best local farms and producers. Your ticket buys two meals - one for you and one for a neighbor who has expe-

rienced food insecurity. Trinity Cathedral Church, 2620 Capitol Ave. For more information, and for dinner tickets visit: Farmto-Every-Fork-Sacramento.Eventbrite.com

13th Annual Aging Well Health Fair at the YMCA

Sept. 17: From 9 to 11:30 a.m., participate in fun workshops for older adults, and learn from local vendors about nutrition, health, fitness, diabetes prevention, health care, dance, art, animal adoption, housing, childcare services, gardening, transportation, communication, legal services, volunteerism, and more. 2021 W St.

Food truck festival at Garcia **Bend Park**

Sept. 19: Enjoy food from various food trucks at Garcia Bend Park, 5 to 8 p.m. 7654 Pocket Road.

Talk Like a Pirate Day

Friday, Sept. 19: From 10 a.m. - 2 p.m., join Fairytale Town in celebrating international Talk Like a Pirate Day. Learn pirate vocabulary, songs of the seas and tales of adventure on the high seas at "Pirate Skool," presented by the Pirates of Sacramento. Weekday admission is \$4.50 for adults and children ages 2 and older. Children ages 1 and younger are free; www.fairytaletown.org or call 808-7462.

Food truck festival at Tahoe Park Sept. 26: Enjoy food from local food truck

vendors from 5 to 8 p.m.

ScholarShare Children's Book **Festival**

Sept. 27-28: From 10 a.m. - 4 p.m., enjoy readings and presentations by children's book authors and illustrators, storytelling performances, hands-on literacy activities and family play time at the largest early childhood literacy festival in the region! Barney Saltzberg, author and illustrator of "Beautiful Oops" and nearly 50 titles for children, will headline the two-day festival. www.fairytaletown.org; 808-7462.



Exciting New World of Implant Supported Dentures

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There are millions of people in the US who are edentulous (meaning without teeth) who struggle daily with dentures. A majority suffer from discomfort as a result of loose or ill-fitting dentures. Many prosthetic wearers simply withdraw from any type of social engagement as a result of having to wear their dentures.

Lower dentures almost never fit properly. They are loose fitting due to less surface area which can't create a suction, shrinking gum tissue, and bone loss, which can cause irritation in the mouth, sores and pain. The only relief is using sticky dental adhesive to help it, but it is very messy, hard to clean off, and needs multiple applications throughout the day.

Upper dentures are better than lower dentures due to a suction in the upper palate that keeps the denture in place. However, having the palate covered reduces the tastes of foods and the ability to tell the temperature of foods.

Partial Dentures can be a source of discomfort due to lack of supporting teeth or an ill fitting partial. Partials also use clasps to secure to existing teeth which can be noticeable and can put added pressure to the existing tooth.





Now there is a solution to these issues: Implants with "Snap On" Dentures!

Whether you are new to dentures or have worn them for years, a snap on denture is a great solution to uncomfortable chewing and slippery painful dentures. There are several types of snap on dentures available, including snap on partials. We make your denture or partial fit and function in harmony with the space available in your mouth, and give custom attention to the delicate fabrication of your snap on denture.

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Rural feel in close-in Carmichael on .56 acre in a guiet/private location near Ancil Hoffman Park. Features include completely remodeled kitchen, custom paint, 4 bedrooms, 2½ baths and large family room. Beautiful yard, pool and waterfall, landscape stream, and fire pit. \$1,075,000

LEIGH RUTLEDGE 612-6911 BILL HAMBRICK 600-6528



ARDEN BLUFFS LANE

Picture perfect for professional person(s)! Stunning home in gated community. Master suite with amazing bath and a room-sized master closet. Built-ins galore! Updated throughout! Fabulous home...don't miss this one! \$639.000

ROSLYN LEVY-WEINTRAUB 952-6602



STYLISH UPDATES

Stylish update in the heart of Arden Park! 3 bedrooms, 2 baths with new wood floor and granite counters. New kitchen with loads of cabinets, counter space and huge island. Vaulted ceilings and open floor plan, master suite is complete with walk-in closet and generous bath. Fun gazebo! \$649,000

JAY FEAGLES 204-7756



FABULOUS DEL DAYO

3 bedrooms plus den, 3 baths, pool with pool house and Koi pond on a 1/3 acre corner lot. Bright kitchen with breakfast nook, large open family room with copper fireplace, oversized garage, wine fridge, wet bar, spacious laundry room. Great house for entertaining. Fantastic neighborhood! \$689.000

JESSICA BILLER 761-6035



SHELFIELD ESTATES

Wonderful 3 bedroom 2½ bath home with large park-like yard featuring refreshing pool and comfortable covered patio. New interior paint and carpet, beautiful hardwood floors. Huge garage can hold 4 cars and all of your toys. \$525,000

LEIGH RUTLEDGE 612-6911 BILL HAMBRICK 600-6528



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Lovingly cared for 3 bedroom, 11/4 bath home, with 2-car garage and huge attached carport, perfect for RV or boat! Gas fireplace, some dual pane windows, central heat and air conditioning on 1/4 acre lot with large backyard, auto sprinklers, tool shed and mature trees. Plenty of space to expand! \$249,500

DIANA LOCKE 346-3286



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Comfortable 3 bedroom 2½ bath home with a wonderful backyard featuring pool, spa and multiple water fountains. Kitchen includes a Viking range and pantry closet. Crown molding throughout and impeccably polished hardwood floors and custom designed baths. RV access and large tool sheds. \$369,000

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