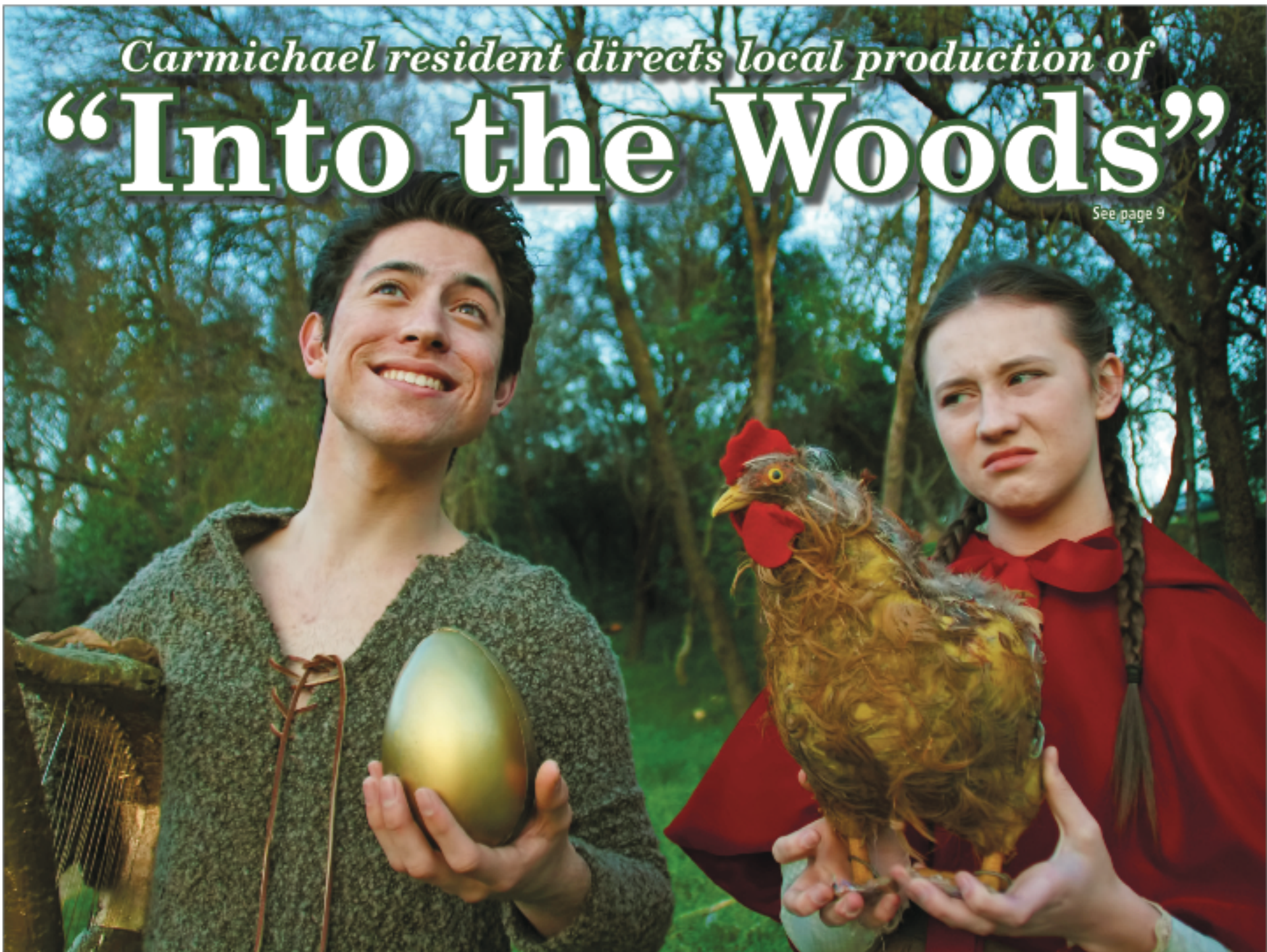


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“Into the Woods”

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Carmichael resident recalls his Hollywood days

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Annual variety show at Eskaton Village Carmichael

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Photo by Lance Armstrong

Carmichael resident Ron Gill points to a photograph of actress Tallulah Bankhead (1902-1968), one of the many movie stars he met during his career in Hollywood.

Carmichael resident recalls his Hollywood days

By LANCE ARMSTRONG
Lance@valcomnews.com

Carmichael resident Ron Gill is a man who can name and share stories about motion picture actors of the golden age as if he was reading from an encyclopedia of American cinema. But he is no ordinary movie buff, as he also once had a career working around some of Hollywood's most famous screen stars.

During an interview at his home last week, Ron, 74, spoke with enthusiasm as he shared some of his many memories of such stars.

Among the people who Ron described as his favorite actors were Alice Faye, Bette Davis, Gene Kelly, Fred Astaire and Van Johnson.

Occasionally Ron would interrupt his own dialogue about his Hollywood memories to stare at the screen of a television playing classic films on the other side of his living room. Then he would suddenly comment about one of the actors, relaying trivia about what type

of person they were behind the scenes or some other trivial part of their lives.

After spending some time reminiscing about his Hollywood days, Ron took a relatively brief detour to share details about his earlier life.

He explained that he had grown up far away from Hollywood, first in his birthplace of St. Louis and later on a farm in the small town of Waterloo, Ill.

Ron said that he was raised by his father, Joseph Gill, a man of English heritage, and his mother, Olga (Whitehouse) Gill, who was a mixture of Cherokee Indian and English.

The Gill family also included Ron's brothers, Richard and Gary.

In St. Louis, the Gills lived above a VFW hall, about six blocks from the famous Budweiser plant, where Ron's father worked on one of the assembly lines.

In 1949, the Gills moved to Illinois and began living in a house that Ron, with a sar-

See Ron Gill, page 6



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Matías Bombal's Hollywood

Woman In Gold

The MPAA has rated this PG-13

The Weinstein Company offers "Woman in Gold", which tells the true story of Mrs. Elena Altmann, played by Helen Mirren, who seeks to claim that a portrait of her aunt, Adele Bloch-Bauer, painted by Gustav Klimt, should be returned to her, the rightful owner.

It had been in the possession of the Austrian government and displayed at Vienna's Belvedere Palace since the end of World War II, when it had wrongfully been taken by force by the national socialists, who were raiding the art of the world for Germany.

The story begins in the late 1980s where Mrs. Altmann meets with a lawyer, the grandson of composer Arnold Schoenberg, played by handsome Ryan Reynolds. The road to jus-

tice proves long and hard for Mrs. Altmann, and young Randy Schoenberg is not so easy to initially convince in taking the case, with a pregnant mother at home played by Katie Holmes, and a new boss in a legal firm that is no nonsense, played brilliantly by Charles Dance who was so good recently in "The Imitation Game".

The stubborn nature of Mrs. Altmann wins him over as does the realization of the historic painting's market value. A judge, played by Elizabeth McGovern, rules in the favor of Mrs. Altmann here in the USA. Two trips to Austria ensure, where they find help from German actor Daniel Brühl as a magazine editor who helps cutting through the red tape as the Austrians are not ready

See Woman in Gold, page 5

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Woman in Gold:

Continued from page 4

to lose what has become a national treasure.

With the great cast and excellent photography by Ross Emery, wonderful score by Hans Zimmer, and outstanding period recreations, sadly this movie falls flat due to poor writing, specifically the material written for Helen Mirren. It is impossible for me to believe that a woman who survived the torment of Nazi oppression, escaping with just her life and husband could possibly act and behave in the manner in which the part was written. A woman having experienced what the real Altmann experienced would be strong, almost fierce, and not the fickle and temperamental character Ms. Mirren was to realize from this bad material. Further, the cartoonish representation of all Austrians as evil, one-dimensional melodramatic cut-outs is not

a fair representation of that country of today. I am sorry this is so one-dimensional, for the picture has much going for it on so many levels, and might have been a much better movie.

Danny Collins

The MPAA has rated this R

From Bleeker Street Media comes "Danny Collins", a fictional story about a successful singer, in the vein of Neil Diamond, played by Al Pacino. In a short period prologue, we see that the young singer Danny Collins is interviewed for a "Rolling Stone"-type newspaper, where he reveals that he is inspired by John Lennon.

Flash forward to the present, where his manager, played by Christopher Plummer, brings him a life changing gift: a letter that had been written to Collins in 1971 from John Lennon that he never received in that era. It

becomes a life changing catalyst for Collins for the contents of the letter from Lennon offer encouragement and advice to remain himself, even to call him on his private telephone for a visit.

This affects Collins deeply, and he looks to make a change in his life by heading to New Jersey where he holes up in a small hotel managed by Annette Bening, who is fantastic on screen.

Mr. Collins has an estranged son played by Bobby Cannavale who lives near the hotel. His wife, played by Jennifer Garner, is the mother of a little girl and has one more on the way. Danny tries hard to right past wrongs.

The cast alone is fantastic and there are some very fine performances from them. The dialogue is very well written and the idea of the movie is itself intriguing. This is terrific work from a first time director, Dan Fogelman, and is the best movie released this year to the present.



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Ron Gill:

Continued from page 2

castic tone to his voice, described as being "bought for nothing."

"We had no electricity, no running water and no (in-door) toilet," Ron said.

Ron, who once attended classes in a one-room schoolhouse, with two outhouses, later graduated from Waterloo High School in 1960.

Following his high school years, Ron joined the Navy with two of his classmates, and eventually made his way to boot camp in Chicago during the winter and served in the Philippines and in Hong Kong.

Ron recalled his days in Chicago, saying, "My eyebrows had icicles in them."

And in sharing a latter moment in the Navy, Ron said, "We were the first carrier to ever go through the Panama Canal. This was in 1962. We were being pulled

along (through the canal) and we only had a foot on each side in the canal for our hull. And they had a big bandstand right up against the edge for this orchestra. The president of Panama (Roberto Francisco Chiari Remón) and his wife (Cecilia Pinel de Remón) were there. This was a big thing. But they forgot about our overhang. You know, our gun turrets, the flight deck. We hit that grandstand and ripped it off its foundation. All the musicians were running for their lives."

In another memory of his time in the Navy, Ron described a canoeing excursion that he participated in with other Navy men.

"We had some free time, a bunch of us guys, and we went up this creek with a canoe, going to these famous waterfalls," Ron said. "We thought we were manly and tough. We got up there and there was a lit-

tle crowd of nuns doing the same thing. Nuns!"

Although Ron did not serve in Vietnam, he said that he once came so close to the action that he could "hear gunshots in the hills."

In getting closer to telling about his Hollywood years while relating some of his other lifetime memories, Ron said that the Navy brought him to California.

"I came back to Long Beach and got out of the Navy," Ron said. "In 1964, I moved to Laguna Beach, a block from the ocean in a cheap little apartment. I became a beach boy, and then I got involved with the Laguna art festival, the living pageant. People come from Europe (and many other places for the event). They have an outdoor theater, a big one.

"They would take people and make them look like famous statues or famous paintings. They would make the costumes

and coat them with stiffener, so the costumes stayed just like they are in the picture. The first year I was a bronze statue of Rodin."

Ron also remembered the show's finale, an altered recreation of the scene of Leonardo da Vinci's famous mural painting, "The Last Supper."

While he was still residing in Laguna Beach in early 1966, Ron became friends with a man named Ed Smith. And through that friendship, Ron's life would head in a different direction.

In recalling that part of his life, Ron said, "At the same beach, there was a little shabby thing called the Barefoot Bar. You could go in there barefoot. They had sand on the floor. And that's where I went in and met Ed Smith, the costume designer. We became friends and he said, 'I'm going to take you up (to Hollywood) and let you watch a rehearsal (of the television variety show) 'The Hollywood Palace.' So, I went up there and one of the dressers didn't show up for work. (Smith) threw me in. And I have a sense. I know when and what people need. They all liked

me, because I was fast. I used to run track, but I can sense. The way I placed their costumes, they liked the way everything was just perfect, perfect, perfect. And I was good looking, and I knew when to stay away, I knew when to talk. I didn't butt in. I was always in the dressing rooms during the shows.

"So, Ed Smith got me going, and I joined the union and I was taking care of all of the male dancers. And if they used them on the Academy Awards, I was there. I met everybody backstage who were going on to do a presentation or receive an Oscar."

Ron would eventually complete a lengthy career working around Hollywood actors and other entertainers.

And he added that his already heavy enthusiasm regarding that period of his life, as well as his general love for classic films, continues to increase as he shares his memories with others.

"People find out that I worked for all these (famous) people and they say, 'Tell me more, tell me more, tell me more,'" Ron said. "It's just wonderful."

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In Creative Company is a series of art classes for older adults (55-plus). Learn from professional teaching artists in this series of multi-week visual arts courses that will help you discover and express your inner talents through painting and drawing.

If you are interesting in attending, please note: To register for a class series, visit the Sacramento Public Library's events page which can be found off the main web page, <http://www.saclibrary.org/>

All levels of experience welcome. Art supplies will be provided. Class sizes are limited.

Participants are expected to be able to attend all eight class meetings. Creative Aging in America's Libraries is supported

by a National Leadership Grant from the U.S. Institute of Museum and Library Services in collaboration with Lifetime Arts, Inc., AARP Foundation, American Library Association and Westchester Library System.

These classes will culminate in an art show at the Central Library on Sunday, Aug. 2 at 1 p.m. inside the Central Library Galleria, 828 I St.

Drawing classes with Lynn Morrison at the Arden-Dimick Library

Artist Lynn Morrison will teach color theory, properties of graphite pencils, color blending, and drawing techniques

at the Arden-Dimick Library. Registration is required to attend. The classes will be offered on Tuesdays, May 5 to June 23, starting at 10 a.m. Arden-Dimick Library is located at 891 Watt Ave. Artist Lynn Morrison will teach color-theory, properties of graphite pencils, color blending, and drawing techniques during these hands-on sessions. Free art supplies will be provided. Lynn is a graduate of California College of Arts & Crafts with a BFA Degree in Environmental Design. She has been an interior designer and college instructor. Her artwork graces the walls of homes and businesses both locally and nationally.

Watercolor Classes with Kathy Lemke Waste at the Pocket Library

Artist Kathy Lemke Waste will demonstrate wetting and

stretching paper, how to create a basic wash, how to set up your palette and more in this introduction to watercolor, which will be held at the Robbie Waters Pocket-Greenhaven Library. Registration is required to attend. This class will be held Fridays, May 1 to June 26, at 9:30 a.m. There will be no class May 22. The Robbie Waters Pocket-Greenhaven Library is located at 7335 Gloria Dr.

Kathy will demonstrate wetting and stretching paper, how to create a basic wash, how to set up your palette and more in this introduction to watercolor. Kathy teaches workshops for the Crocker Art Museum and is an Artist in Residence for the Sacramento County Office of Education. She has taught Communication Studies in California's state college and university system.

Watercolor Classes with Susan Recely

Artist Susan Recely will incorporate color theory, art history and painting demonstrations, while helping students create their own artwork at the Sylvan Oaks Library. Registration is required to attend. This class meets Thursdays, April 9 to June 4 at 10 a.m. There will be no class on May 14. Sylvan Oaks Library is located at 6700 Auburn Blvd., Citrus Heights. Susan received her Master's degree in painting from CSUS and has taught numerous adult classes including at Hart Senior Center. Susan is an award-winning painter specializing in teaching oil, acrylic and watercolor painting to adults. The class will incorporate color-theory, art history, painting demonstrations and students creating their own artwork.

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Carmichael resident directs local production of "Into the Woods"

Sierra College Theatre Arts Department announces its spring production of Stephen Sondheim's Tony Award winning musical, "Into the Woods" by James Lapine, directed by Carmichael resident Scott Adams with musical direction by Ray Ashton.

"Into the Woods" is an exploration about wishes, child-parent relationships and the choices we make as told through several familiar fairy tale characters by the inimitable Brothers Grimm.

The story follows a Baker and his wife who wish to have a child, Cinderella who wishes to attend the King's Festival, and Jack who wishes to save his cow. When the Baker and the Baker's Wife learn that they cannot have a child because of a witch's curse, the two set off on a journey to break the curse. Everyone's wish is granted, but the consequences of their actions return to haunt them later with disastrous results. One of Sondheim's most popular works proven by the box office hit of its recent movie adaptation, "Into the Woods" dazzles audiences with memorable songs such as "Steps of the Palace," "Giants in the Sky," and haunting melodies that tug at heartstrings such as "No More," "Children Will Listen," and "No One is Alone."

"Into the Woods" runs two weekends from April 17 through 26, Fridays and Saturdays at 8 p.m. and Sundays at 2 p.m. There is one additional performance on Thursday, April 23, at 7 p.m. This special performance will be preceded by a director's discussion at 5:30 p.m.

Director Scott Adams is a Carmichael resident and he spoke with the Arden-Carmichael News about his involvement in theater generally and more specifically with this production of "Into the Woods."

Adams teaches Introduction to Theatre, which he teaches in the traditional classroom and also for distance learners who take the television course. Adams

also teaches two sections of Acting Fundamentals and one section of Advanced Acting, in addition to directing the department productions. "Into the Woods" is his third consecutive semester directing at Sierra College. The previous productions include Neil Simon's "Rumors" (last fall) and a delightful play about family vacations called "Leaving Iowa" (last spring.)

Speaking about his experiences working on this latest production, Adams said: "One of the standouts for me about directing at Sierra College is the collaborative experience here on campus. That is especially true for this production of 'Into the Woods.' As it is a musical and requires extra care and hard-work since the music is by the always challenging Stephen Sondheim, it's been a joy for me to work with our musical director, Ray Ashton. Our vision and approach to working with the students and community cast members is so similar it's a treat! Likewise, the rest of our production team, cast and crew all work hard and come ready each day to make the best show possible.

"We're fortunate the movie has just come out to create a buzz of interest among those who might not have previously been familiar with the show. But it is a long-time favorite of many of us in the theater community, and although it is a huge undertaking, it has been extremely rewarding on many counts."

If you go:

What: Sierra College Drama Department presents "Into the Woods"

When: Two weekends from April 17 through 26, Fridays and Saturdays at 8 p.m. and Sundays at 2 p.m. There is one additional performance on Thursday, April 23, at 7 p.m. This special performance will be preceded by a director's discussion at 5:30 p.m.

Where: The Dietrich Theatre at Sierra College, 5000 Rocklin Road, Rocklin.

Tickets: \$15 general, \$10 students, seniors, \$8 with ASSC card. Purchase online from Brown Paper Tickets at: <http://www.brownpapertickets.com/event/993580>, call 660-8154, or purchase at the door one hour before each show in the Lobby of the Dietrich Theatre.

Please Note: "Into the Woods" is not a typical show with fairy tales and a storybook ending. It contains adult situations with some realistic and tragic outcomes. Subject matter might not be appropriate for children under 8. Also parking on Thursday, April 23 requires \$3 daily permit, available at dispensers. Parking is free on weekends.

Into the Woods:

Producer: Sierra College Theatre Arts Department

Director: Scott Adams

Music Director: Ray Ashton

Set Designer: Debra Hammond

Set Construction: Patrick Thrasher and Andrew Fiffick

Costume Designer: David Borad

Light Designer: Thor Tivol

Sound Designer: Michael Moreau

Cast:

Narrator/Mysterious Man Jim Lane
 Cinderella Amy Wolfley
 Jack Warren Cain
 Jack's Mother Judith Boreham
 Baker Jonathan Sorensen
 Baker's Wife Amanda Duisenberg
 Cinderella's Stepmother Rebekah Nichols
 Florinda Maggie Witmer
 Lucinda Jessica Kaufman
 Cinderella's Father Richard Sims
 Little Red Riding Hood Emily Schofield
 Witch Sidney Raey-Gonzales
 Cinderella's Mother Rebekah Osario
 Wolf Tyler Thompson
 Rapunzel Mimi Boss
 Rapunzel's Prince/Baker's Father Jack Graham
 Cinderella's Prince Mitchell Mack
 Steward Alexandra Quinonez
 Giant's Wife/Granny Robyn DuPriest
 Snow White/Ensemble Ashleigh Wardell
 Sleeping Beauty/Ensemble Nicole Efsaef
 Baker's Mother/Ensemble Amber Ippolito



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Focus on Creeks: Creek Week clean-up locations announced

Creek week is coming up starting April 10 to 18. A day of creek activities will be held on Saturday, April 18 from 9 a.m. to noon with a celebration at Carmichael Park from noon to 2 p.m. Parking is available in the park, located at 5750 Grant Ave.

Come prepared. Use the checklist below so that you come prepared for creek conditions. Please be prepared to get a little muddy. Many of the clean-up sites may have poison oak.

- Your own drinking water
- A bucket or re-usable shopping bag to collect light trash (per person)
- Comfortable, washable clothes
- Long pants and long sleeves
- Hat and Sunscreen
- Gloves (work or gardening type)
- Shoes that can get wet and muddy
- Waterproof boots (optional)
- Grabbing tool or rake (optional)

Important: ALL CHILDREN MUST BE WITH A RESPONSIBLE ADULT as the debris, water, or slippery stream banks may be hazardous. If you bring a child or group of children, your most important job is to supervise and keep them safe. Collecting trash is secondary for adults in charge of children.

Clean-up site locations are as follows:

American River College - Arcade Creek:

Caution: Poison oak, areas of steep banks, and deep water. Do NOT clean along Winding Way - unsafe. (40 volunteer capacity). Park on the northeast corner of campus in LOT A which is accessible from Myrtle Avenue

Horsemen's Association - Arcade Creek:

Caution: Poison oak, areas of steep banks, and deep water. No children under 12. (40 volunteer capacity) 3200 Longview Dr., Park by the barn.

Rosebud Lane - Arcade Creek

Caution: Poison oak. This site is for individuals or groups of no more than 3. (15 volunteer capacity). Park just beyond 5901 Rosebud Lane in the lot by the creek.

Pasadena Boulevard and Winding Way - Arcade Creek Registration

Caution: Poison oak. A canoe or raft with a designated leader are needed to clean upstream. A maximum of 3 watercraft. The designat-

ed leader would be required to attend the site leaders' evening workshop on Thursday, April 16 to get supplies and instructions. Please note in the comment section of your registration that you will lead your group. Park at the end of Pasadena by the pedestrian bridge.

Arcade Creek Park - Arcade and Verde Cruz Creeks

Caution: Poison oak. (20 volunteer capacity). Park in the parking lot.

Mission North Park - Chicken Ranch Slough

After reporting at 8:45 you may be assigned to another creek location nearby to which you will drive. Adults and older teens may be assigned to remove ivy that is choking some of the park's trees. Tools and gloves will be provided. (40 volunteer capacity). Report at 8:45! Park in the parking lot.

Howe Community Park - Chicken Ranch Slough

(20 volunteer capacity). Park in the parking lot west of Bell Street. Adults and older teens only. Some treacherous terrain. One more group needed - no more than five people.

Cottage Park - Strong Ranch Slough

Park in one of the parking lots on Cottage.

Cal Expo Floodplain - Chicken Ranch Slough

Caution: Homeless camps. No young children. Lots of walking. (50 volunteer capacity). Continue on Ethan Way until it dead-ends into the parking lot by the Cal Expo RV lot. Renfree Field - Arcade Creek.

Please, also complete, print and bring a Sacramento City waiver. Caution: Poison oak, areas of steep banks, and deep water. No children under 12. (30 volunteer capacity)

Haggin Oaks Golf Complex - Arcade Creek Registration Link

Ample free parking. No age restrictions. No known poison oak. Start 9 a.m. sharp! Caution: Some steep banks. (200 volunteer capacity). Directions: Park in main parking lot. Meet at golf cart building.

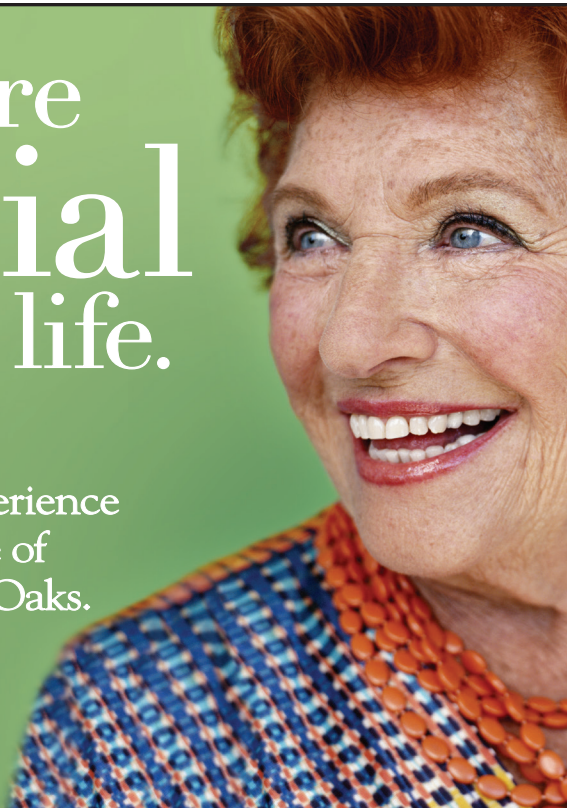
Palm Avenue - Arcade Creek:

This is a challenging spot. Steep banks, poison oak and lots of trash.

From 6 to 12 volunteers are needed here. Park at the end of Palm Ave. by Mountain Mike's Pizza.

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Tuesday, April 28 | 5:00 pm

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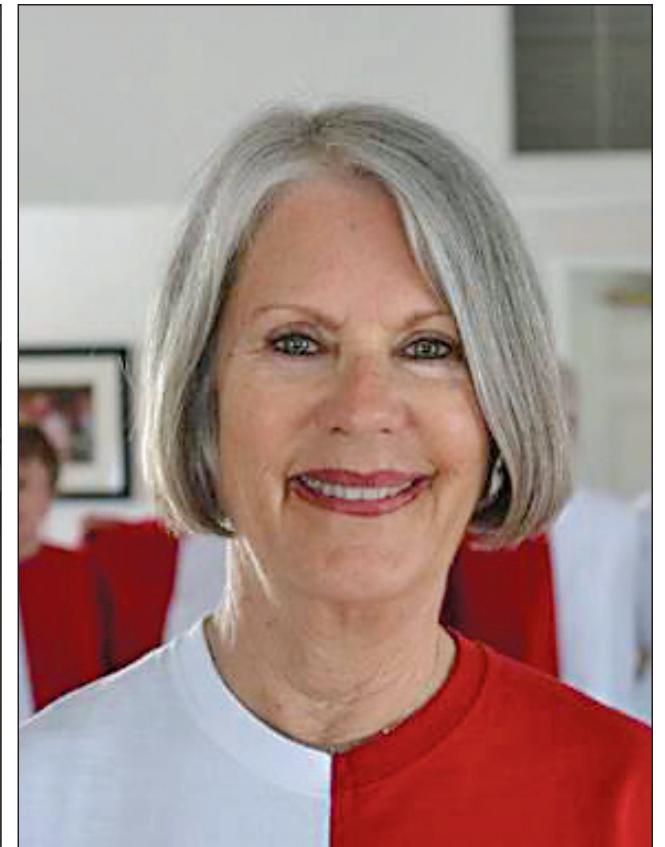
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Photos courtesy of Eskaton

(above left) Shown from left to right are Bernice Martin; Gray Miner, Sally Parker, Joyce Gilbertson, Mary Hartwell, Suzy Coze. Missing from the photo is Alice Cornelius, and, of course, Tiffany Glasser is supposed to be in the lineup too. She is the youngest performer at 71 years old.

(above right) Seventy-one-year-old Tiffany Glasser helped recruit more than 70 older adults, including seniors up to their mid nineties, to participate as entertainers and event staff for Friday's eight act variety show at Eskaton called, Put On a Happy Face.

Annual variety show at Eskaton to draw about 300 older adults

By **MONICA STARK**
 editor@valcomnews.com

An eight act variety show called, Put On a Happy Face, expects to draw a crowd of 300 people for standing room only on Friday, April 10. Each year, for over a decade, Eskaton Village Carmichael residents form a committee to find and organize talent. This year's co-directors Gray Miner, 76, and Tiffany Glasser, 71, recruited more than 70 older adults, including seniors up to their mid nineties, to participate as entertainers and event staff.

Gray explained the importance of Eskaton residents joining the production. "We wanted as many residents involved as possible, to keep them socially engaged, which is good for their health. The clapping routine is an example of an act that brings in people regardless of their level of talent or mobility. We are delighted so many people are involved this year. It is sure to be entertaining."

A barbershop quartet, harmonica medley, vocalists, pianists, ninjas, pranksters, and audience participation are some of the acts that will be seen at this year's show. "The optical illusion dancers are one of the highlights of the show," says team captain Tiffany. Gray came up with the idea after watching YouTube videos with two dancers sharing one costume. "It was comical to choreograph this dance routine," says Tiffany. "We quickly realized two seniors in one costume presented complications, so we improvised."

One barbershop singer, Steve Jameson, is in his mid nineties and is leading the barbershop number, Gray said. "He's good. He's a tenor and singing the falsetto, but he's doing a great job. We are getting a kick out of it," she said.

Gray spoke with the Arden-Carmichael News about the upcoming variety show and expressed her feelings about it, as follows, "We are more than excited and we are nervous also. It's going

to be a lot of fun. Over 70 people are involved in the show. About 30 are performers, the rest stuffed cubby holes, folded programs, did photography, and sewing. It's more fun than anything. Last year was really fun. Didn't think we would top it, but we are involving so many more people," Gray said.

She said the performers started practicing last fall and figured out each other's talents. "We were getting people lined up as to who was going to perform, someone who plays harmonica, piano numbers, barbershop numbers. But as far as us getting together, the clappers and the dancers been doing that since before Christmas. At practice, the clappers were all sitting in chairs. I was teaching them the routine. I sat in front of them, so if I made a mistake they all fell apart. So, I had them close their eyes for them to feel the motion of the music."

Inspired by The Rockettes, a precision dance company founded in 1925 in St. Louis, the eight-member Eskaton dance group, taught by Tiffany, has named themselves, The Eskettes. Speaking about the group's practice routine and how she got involved with The Eskettes, Gray said, "We couldn't really practice in front of the mirrors very much. Tiffany taught them all of the steps. I was not a dancer (initially). But, we lost one of the dancers two weeks ago, so the group twisted my arm. We needed eight dancers, so that's when they drug me out of the closet."

Perhaps the most entertaining aspect of the show will be the viewing of a video in which seniors from Eskaton prank Rudy's Hideaway food truck. It's just a typical sunny day and the seniors with their walkers are heading toward the food truck, as spread across the screen is the word, "Pranksters." One of the seniors asks for dessert and then for ice cream. When she's told Rudy's

"We wanted as many residents involved as possible, to keep them socially engaged, which is good for their health. The clapping routine is an example of an act that brings in people regardless of their level of talent or mobility."

offers seafood and no dessert, the line behind her starts to pile up, upsetting younger customers who seem to know what they want to order. In a hilarious turn of events, the Rudy's employee gets a kick out of the situation.

"The average age (of the pranksters)," Gray said, "is 84." Filmed by a California State University, Sacramento gerontology major, Gray said, the young man has done videos for Eskaton in the past. As soon as the video is performed at the event, Eskaton will probably put it on their Facebook page, Gray said. The video can be seen at <https://www.youtube.com/watch?v=gBcxZFKqJgk>

Capital Contemporary Chamber Orchestra to perform reunion concert April 11

Event will include music, dancing, tribute to Matisse

By LANCE ARMSTRONG
Lance@valcomnews.com

Editor's Note: This is part one of a two-part series pertaining to the Capital Contemporary Orchestra and its Danish conductor Henrik Jul Hansen.

A performance with a diverse, innovative approach will be presented in Sacramento on Saturday, April 11 at 7:30 p.m. The event will be a blending of music, visual arts and modern dance.

On that evening, the Capital Contemporary Chamber Orchestra – formerly the Gold Country Chamber Orchestra – will bring musical masterpieces to life through its reunion concert, entitled, “Music, Movement and Matisse.”

Attendees of this performance will hear string pieces by Richard Strauss and Felix Mendelssohn. And directing the orchestral performance will be the Copenhagen, Denmark-born, midtown Sacramento resident Henrik Jul Hansen,

whose musical resume includes his U.S. debut with a 94-piece orchestra at Carnegie Hall in October 1989.

Many people are familiar with Hansen for his various other musical endeavors, which have included serving as conductor of the Sacramento Ballet and leading the Merced Symphony and the aforementioned Gold Country Chamber Orchestra.

This month's featured performance, which will be held at the Contemporary Dance Conservatory at 213 26th St., also highlights the talents of the jazz-based ensemble, River-run, and the Sacramento Contemporary Dance Company.

In speaking about the innovative approach to the upcoming performance, Hansen said, “It's very hard to do concerts anymore the way you used to. You used to just come in, rehearse an orchestra, and then have a concert and put it on. But times have changed. If you do concerts the way it was, it's often considered boring. People today, especially younger people, who are used to so much entertainment, you need

something more than just coming in and listening to a concert. So, I've been thinking about how to expand the concept of what it can be, and so we are inviting some visual artists that are coming in.

“It's partly a tribute to (the famous French artist Henri-Émile-Benoît) Matisse, who did some cutouts, which are absolutely, totally wonderful. (Those cutouts, which were recently exhibited in New York and London, are) very pure, very ingenious the way he put very simple things together, but created some lines that I think are very telling, very inspiring. So, I have put out the word (to) visual artists in the neighborhood that would be interested in exhibiting at this concert, and have something to do with movement and color, and dance and music.

So, when people come in, they would come in the front hall and they would feel these wonderful arts that are there. (It is) sort of like being bombarded by all these colors and motif and stuff, and sort of like getting into the mood of things. And then we have teamed up



Photo courtesy of Henrik Jul Hansen
Local conductor Henrik Jul Hansen will direct the Capital Contemporary Chamber Orchestra in an innovative, Matisse-themed reunion concert in Sacramento on April 11.

with a dance company, which is called the Contemporary Dance Conservatory. And the Riverrun jazz quartet (is directed by) Dyne Eifertsen, who teaches out of American River College. And the director of the dance company is Lena Logan.”

Following the performance, ticketholders will have the opportunity to attend a reception, where they can speak to the dancers, visual artists and the musicians, and view the artwork again.

Admission to the April 11 performance is \$20/general in advance, and \$25/general, \$20/seniors and \$10/students (19 years old or older) at the door. Students 18 years old or younger will be admitted for free.



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Churchill Middle School in Carmichael breaks ground on new classroom wings

A gaggle of Churchill Middle School students bunched around an architect's rendering of the site's future classroom wing expansion, scheduled to be completed in October.

"That's really what it's going to look like?" asked seventh grader Bea Carrico. "It looks like a college campus."

"We're going to be here next year. I can't wait to use these classrooms," added her classmate Frances Nelson.

San Juan Unified School District leaders and the school community gathered Wednesday for a ceremonial groundbreaking of two new classroom wings at Churchill. Once complete, students will be the beneficiaries of nine new classrooms, a computer lab, a physical education suite, restrooms and outdoor learning space.

The \$9.7 million project is a significant example of San Juan Unified's desired 21st Century Classroom model. The 21st Century classroom concept can be defined in many ways for different subject matters, but the key components are flexible learning space, moveable furniture, flatscreen televisions, and a writing surface on every wall so that teachers and students can optimize the use of every square foot.

"This facility is a peek into the future of San Juan Unified," Board of

Education President Pam Costa said.

Teacher Jeff Darrow, who has been at Churchill for 13 years, said 21st century classrooms will push him to engage his students in new and exciting ways. "It's going to make me be a better teacher," Darrow said.

Technology can also be a component of 21st century learning, and it will be at Churchill.

"I hope I'm not letting the cat out of the bag too early, but our parent-teacher organization has raised \$45,000 for Macbook Air and iPad stations," Principal Michael Dolan told the crowd at Wednesday's groundbreaking.

The Churchill classroom project is funded by \$2.2 million in developer fees and \$7.5 million from bond Measure J, which the San Juan Unified community graciously supported in 2002.

Costa thanked the community for its support of bond measures and increased student opportunities through new school construction.

"This truly is a community facility," Costa said. "Because it's the community that has supported Measure J and all of our bond measures to make this possible."

-Courtesy of Sacramento City Unified School District's online publication SJ Scene.



Photo courtesy San Juan Unified School District

The San Juan Unified School District and Churchill Middle School held a ceremonial groundbreaking for a new 21st century classroom wing at the Carmichael campus on March 18. Scheduled for an October completion date, the new classrooms will offer a "peek into San Juan Unified's future" by featuring flexible learning space, moveable furniture, flat screen televisions and a writing surface on every wall so that teachers and students can optimize the use of every square foot. From left to right: XL Construction Project Executive Kelley Cowan; Churchill International Baccalaureate Booster Club President Anne Del Core; Teacher Jeff Darrow; Parent-Teacher Organization President Katie Little; Principal Michael Dolan; San Juan Unified Board of Education President Pam Costa; the Churchill Bulldog mascot; Student James Hu; Superintendent Kent Kern; Director of Facilities Construction & Modernization Brett Mitchell; Sr. Director of Facilities, Maintenance & Operations Frank Camarda.



(left) A state-of-the-art classroom wing featuring the San Juan Unified School District's 21st century learning and design standards is now under construction at Churchill Middle School in Carmichael. This architect's rendering depicts an external view of the \$9.7 million project, which will include nine classrooms, a media room, a computer room and outdoor learning space. San Juan Unified's 21st century learning and design standards include flexible learning space, moveable furniture, flat screen televisions, internet connectivity and writing surfaces on every wall. The project is scheduled for completion in October, 2015.

Credit: Rendering by ATI Architects & Engineers.

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New documentary highlights historic Sacramento film footage

By LANCE ARMSTRONG
Lance@valcomnews.com

Matías Bombal, who has been entertaining readers of this paper with his movie reviews under the heading of "Matías Bombal's Hollywood" since last July, is presently enjoying the success of his major contributions to a local, historical film documentary project.

The documentary is a combination of the blending of news and other film footage from various eras of Sacramento's history and modern day recordings of locals speaking about different aspects of the city's history.

During an interview with this publication last week, Bombal, 47, recalled being asked to become involved with the project – an hour and 39-minute documentary, called "The Sacramento Picture!," which was completed on March 20, after about seven months of work.

"I was approached by the Center for Sacramento History, in the persons of Dylan McDonald and Rebecca Crowther, who were familiar with my movie review work and knew that I had an interest in Sacramento history for many years, being involved in

bringing old theaters back to life and knowing about movies," said Bombal, whose theater experiences include working as an usher at the Tower Theatre and managing the Crest Theatre. "They have, at the Center for Sacramento History, one of the largest regional film collections in the nation. There's over 9 million feet of movie film. I mean, it's hard for me to even wrap my brain around 9 million feet of movie film. To put that into prospective, if you watched 24 hours a day, every day of the week without stopping for eating or anything, it would take you at least 11 years before you could really see a good portion of it.

"So, that film for the last several years has just sat there on shelves and (was) only accessible to the (center's) film archivist, Mahlon Picht.

"The purpose, of course, is the city wants to use this footage to license to people doing productions or documentaries, because there's a lot of great news footage there."

The largest portion of that news footage collection, Bombal notes, was filmed by the legendary local television news photographer Harry Sweet (1920-2014),



Photo courtesy of Center for Sacramento History

A still image taken from an old Sacramento film shows the Western Pacific depot, which is presently home to The Old Spaghetti Factory restaurant at 1910 J St.

who had maintained a vast collection of news footage that would later be donated to local archives.

"(Sweet's donated collection includes) all of the daily news films for each day of the week from 1957 to 1979, when (KCRA) Channel 3 stopped shooting movie film for news stories," Bombal said. "It's just a remarkable collection of the life of this community and the state to a certain degree."

Bombal also commented that the center's film collection includes films dating back to 1910.

And in speaking about the center's local films, in general, Bombal said, "It's a fascinating look at the mov-

ie images of our past. So, it brings a fabulous prospective of how our city looked and moved. And it somehow brings to life the past a little bit more than a still photograph might, and with rich detail."

In further explaining the center's interest in contacting him to work on the project, Bombal mentioned that McDonald and Crowther had attended his presentation of a free, public showing of a color film called, "Life in Sacramento 1950," at the Central Library on May 26, 2014.

McDonald and Crowther approached Bombal at that event and expressed their interest in having him assist the center in making the

public aware of the center's film resources.

Since that time, the California Audiovisual Preservation Project began to provide grant funding for film collections throughout the state for the purpose of digitizing films to make them available through the Internet.

Bombal said that about 150 of the center's film reels have been digitized. But that is a very small number of the center's reels, considering that Bombal estimates that the center has about 1 million film reels in its collection.

It was at the point when the center had 50 of those reels

See Documentary, page 15

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TREE TECH



Documentary:

Continued from page 14

digitized when Bombal was contacted by the center.

In recalling that moment, Bombal said, "They said, 'Matias, we have 50 reels that are now digitized. Can you come look through all of this film and put together a speaker series lecture for us where you select what you think is the most germane and interesting films of what we have digitized?' I said I would do that, and I had a meeting with them, and they said, 'Well, we want to involve local experts. We want to get William Burg and various local historians to comment in addition to you on this footage. We want to have a stage show and there will be some PowerPoint projection, we'll run the film and then we'll have a discussion.'"

And in reflecting upon one of his thoughts on that approach, Bombal said, "It occurred to me that the trouble that people have at these historical events is you will get some expert that will talk about some bit of minutia and go on and on (with that topic) forever, while half the audience falls asleep."

Bombal made the suggestion of simply making a documentary using portions of the digitized films and brief comments by spokespersons selected to be recorded for such a documentary. Those comments could thus be used by the project's producers

at appropriate points in the documentary.

"(That approach) economizes the time, and then you can get more footage and more talk in and control it to the point where if something starts to get boring or dull, we can make it tighter and a more valuable experience for the audience," Bombal said. "And having the theatrical sense, because I've shown movies my whole life, I have an idea of what people's tolerance level is. To talk about the inside of buttons on coats for 45 minutes, you'll lose some people."

An agreement was made for a documentary to be made, and Bombal spent three months reviewing the digitized film.

In regard to his approach to creating the documentary, Bombal had to develop a concept as to its direction. And one of the decisions in that concept, Bombal said, was "to avoid politics completely."

However, Bombal said that he eventually included brief political footage in the documentary.

"I start with Ronald Reagan and end with Cesar Chavez, so that I can please both the liberally minded and the conservatively minded at the same time," Bombal said.

Bombal further shared details about the approach to the documentary, saying, "I wanted to take the most interesting pieces of film from 1910 to 1970 of what's been digitized and tell the story of our city and people. So, it was important for me to be

centric to the downtown. So, I didn't do stories about Roseville or West Sacramento or south Sacramento. Primarily, it was the city core over that period of time."

Bombal expressed much appreciation for Chad E. Williams, who was the editor of "The Sacramento Picture!"

"We worked hand-in-hand for six (to) seven months to make this movie," said Bombal, who also provides voice-over narration for the documentary.

In addition to Burg, other locals appearing as spokespersons in the documentary include Picht, Stan Atkinson, Alan O'Connor, Kevin Wildie, Marcia Eymann, Mark Pollock, Gretchen Steinberg, Annette Kassis and Ginger Rutland.

Thus far, the first two showings of the documentary have sold out.

The premier showing was held at the Crocker Art Museum on March 25, and the second showing will be presented tonight, April 9 at the Center for Sacramento History.

Tickets are available for the third and last scheduled showing of the film in the upstairs theater at the Tower Theatre at 2508 Land Park Drive on Wednesday, April 29 at 7 p.m. An additional three-minute introduction featuring historic footage of the Tower Theatre will be added to the evening's program.

For ticket information for the April 29 showing, visit the website, www.mabhollywood.com.



Photo courtesy of Matias Bombal

The documentary, "The Sacramento Picture!" will be shown at the Tower Theatre on Wednesday, April 29 at 7 p.m. Shown here, clockwise from the top, upper right are: local historian William Burg, baseball historian Alan O'Connor, adjunct history professor Kevin Wildie, film specialist at the Center for Sacramento History Mahlon Picht, city historian Marcia Eymann, retired news anchor Stan Atkinson, Sacramento High School alumnus Mark Pollock, president of Sacramento Modern Gretchen Steinberg, historian and author Annette Kassis, and retired journalist Ginger Rutland.

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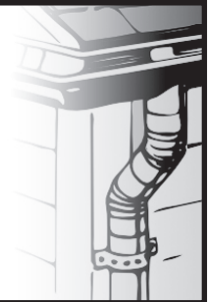
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- Choral Evensong - 4 p.m.
- Recital: Patricia Grimm, Organist - 4:45 p.m.

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Suggested donation of \$10 - Child Care provided - Reception follows

CALENDAR

Send your event announcement for consideration to: editor@valcomnews.com at least two weeks prior to publication.

ONGOING

Los Ninos Service League volunteer opportunities

Combine community service with fun as a volunteer with the Los Ninos Service League by working in the dining room, kitchen or garden at the Casa Garden Restaurant. Since 1974 the Casa, located in the Curtis Park neighborhood, has been raising funds to help support the Sacramento Children's Home. For more information on becoming a volunteer, please join us for an information and recruitment coffee on Tuesday, May 12 at 9:30 a.m. at the Casa, 2760 Sutterville Road, Sacramento. RSVP at 452-2809.

Low Impact Fitness at Tahoe Park:

Enjoy a low impact workout outdoors at Tahoe Park. Neighbors come together for fun and exercise every Monday and Wednesday at 10:30 a.m. Examples include: Jogging-in-place, jumping jacks, Fingertip-toe jacks. Donations of \$1-\$2 are requested to pay for the online service, Meetup.org, which this group is a part of. This is a meet-up for neighbors to provide guidance and encouragement for each other. There is no professional trainers and all injury is at your own risk. Meet by the pool house, 3501 59th St., 95820.

Free yoga in Tahoe Park

Free yoga in Tahoe Park every Sunday at 9 a.m. (starting April 12) at 59th Street at 11th Avenue. Please bring a mat, towel, and a water bottle. This is an all-levels class and everyone is welcome.

"Stretch, Strengthen, and Thrive" at ACC:

This class is designed for the needs and abilities of active older adults, who are interested in gaining or maintaining mobility, 5-6 p.m. Mondays and Wednesdays. \$5 per class if pre-paid; drop-in fee is \$6. ACC Senior Services Center, 7375 Park City Dr., 393-9026 x330, www.accsv.org.

Free Hawaiian language workgroup

Every Monday at 5:30 p.m., a free Hawaiian language workgroup meets at 6235 Bel-leau Wood Lane Suite 1B in South Land Park to learn about the Hawaiian language. Everyone is welcome. Call 808-782-2483 to sign up.

Gray Eagles monthly meeting

Gray Eagles- For 25 years, a male/female group sharing history of military/civilian aviation. Former air, ground, or carrier crew, or anyone interested will enjoy monthly speakers. Topics include airshows, warbirds, Reno races. Drop by to visit- FREE. We meet on second Mondays, each month at Hometown Buffet, 4300 Florin Road (private dining room), 11:30 a.m. to 1:30 p.m. See www.grayeagles.net. Lou, 421- 0844.

Preschool storytime at Ella K. McClatchy Library(Early Childhood (0-5))

Every Tuesday at 10 a.m. there will be time for books, songs, stories and fun. Miss Lindsey and her guitar always make this story time a fun event. Everyone is welcome to "stay and play" after with the library's toys. Ella K. McClatchy Library, 2112 22nd St.

Advanced ESL Class at Ella K. McClatchy Library (Adult)

This advanced English as a Second Language class is taught by Toni Chapralis to enhance conversational skills. All teens and adults are welcome to join this weekly class held on Wednesdays at 12:30 p.m. Ella K. McClatchy Library is located at 2112 22nd St.

E-Reader Help at Ella K. McClatchy Library (Technology Instruction)

E-reader help is available every week on Thursdays from 2 to 3 p.m. Bring your device with you. Sign up at the service desk or stop by for the first available appointment. Ella K. McClatchy Library is located at 2112 22nd St.

Easy Tai Chi at ACC

Learn 24-form Yang Style Tai Chi at a slower pace. Experience the gentle flow and treat your whole body to a gentle and relaxing workout. \$16 per month or \$5 Drop-in class. For schedule call 393-9026, ext 330, www.accsv.org. ACC is located at 7375 Park City Dr.

Monthly tours of Sacramento Children's Home

Find out about the Sacramento Children's Home mission, programs, and how you can get involved on the fourth Thursday of each month, starting at 10:30 a.m., 2750 Sutterville Road. For more information and to RSVP, visit www.kidshome.org/tour-sch.

Senior Fitness at St. Anthony's

Senior Fitness meets Monday, Wednesday and Friday at 9:45 a.m. at St. Anthony's Memorial Hall at 660 Florin Road. Cost is \$2 per class. Do not have to belong to the church. Class incorporates dyna bands, small hand weights, balls, and rubber bands plus cardio. Chair and standing exercises for flexibility, strength and balance accompanied by music of "the good ol' days." Participants do not have to get down on the floor!

Paula has a Masters in Exercise Physiology and has been in the fitness business over 25 years. Equipment supplied if needed.

Riverside Wesleyan Church offers older adult fitness class

Oasis, a fitness class for older adults, is held Monday, Wednesday, and Friday from 9:30 to 10:30 a.m. at the Wesleyan Church, 6449 Riverside Blvd., in the Pocket/Greenhaven area. The charge for each class is \$2. Participants do not have to be affiliated with the church. The class has about 40 regular members, but the area used to exercise is large and can accommodate more.

Senior Yoga at ACC

This class is designed to maintain joint mobility, muscle strength and flexibility. A yoga mat is required. \$25 per month or \$6 drop-in class. For schedule call 393-9026, ext. 330, www.accsv.org

Tai Chi Ch'uan & Qi Gong at Parkside Community Church

This introduction to Yang style Tai Chi is to learn the world's most popular exercise routine, improve your personal health, in a relaxing and enjoyable setting, and garnish new friendships with a common goal. Empowering you to take care of yourself, and doing something for yourself. Classes are \$5 per session every Monday from 6 to 7 p.m. all year round. New students are always welcome and no prior experience is necessary. No special equipment needed. The goal is to teach an exercise routine that can be practiced anywhere at any time, by anyone, of any age. First visit, participation or observation always free. Parkside Community Church 5700 S. Land Park Dr. For information call George Bonilla at 730-1704 or Valen Lee at 505-1996.

Taiko for fun at ACC

Learn the history and basics of Taiko which refer to the various Japanese drums. Wear comfortable clothing. \$16 per month or \$5 drop-in class. For schedule call 393-9026, ext 330, www.accsv.org. ACC is located at 7375 Park City Dr.

Wanted: Grand Jurors

Sacramento County Superior Courts are currently recruiting individuals to serve on the 2015-16 Grand Jury (GJ) for a one year term, starting on July 1, 2015. To qualify, you must be at least 18 years of age, a citizen of the United States, and a resident of Sacramento County for at least one full year. Grand jurors must

be able to communicate in English, both verbally and in writing. Your name will be entered into a pool of screened and qualified applicants from which 19 residents' names will be picked, at random, in the late spring. Here is an opportunity to make a difference in your community. As a Grand Juror, you are part of a system of independent citizen oversight of county and city government and related agencies.

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 · Participating in indictments of criminal matters when requested by the District Attorney, and
 · Producing a report to the county's citizens each June that summarizes the grand jury investigations, and includes recommendations to any problems found. This independent entity is one of the last bastions of citizen involvement in local government. Be part of a team that shines a spotlight on good and bad government processes and actions. Your Grand Jury involvement will result in better, more effective government, a more involved community, and a more educated populace. For further information and an application go to: <http://www.sacgrandjury.org/>

Stretch, strengthen and thrive

This class is designed for the needs and abilities of active older adults interested in gaining or maintaining mobility. These exercises will help participants maintain their cardiovascular health, muscular endurance, and vitality, enhancing their range of motion and increase energy with a mix of full body stretches, body weight exercises, strength training and active stretching. 8:30 to 9:30 a.m., Wednesdays and Fridays at ACC Senior Services Center, 7375 Park City Dr. Pre-registration is preferred but drop-ins are welcome. For detail, call 393-9026, ext 330, www.accsv.org

ACC presents Senior Yoga

Enjoy movements designed to maintain joint mobility, muscle strength, and flexibility. This class is gentle, easy to follow and uses the floor and chair. 10:30-11:30am Wednesdays at ACC Greenhaven Terrace, 1180 Corporate Way. Pre-registration is preferred but drop-ins are welcome. For detail, call (916) 393-9026, ext 330, www.accsv.org

See Calendar, page 19

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Calendar:

Continued from page 18

Tai Chi/CQ Gong

Learn the simplified 24-forms of Tai Chi, plus Qi gong exercises, a healing art combining movement, meditation, and visualization. Ideal for students new to Tai Chi. 9:00-10:00am, Thursdays at ACC Greenhaven Terrace, 1180 Corporate Way. Pre-registration is preferred but drop-ins are welcome. For detail, call (916) 393-9026, ext 330, www.accs.org

Free Young Adult Bereavement Counseling:

The UC Davis Hospice Program and UC Davis Children's Hospital Bereavement Program will offer an eight-week Young Adult Bereavement Art Group for individuals 17 to 24 who are coping with the recent loss of a loved one. The sessions will be held on eight consecutive Monday evenings from Sept. 29 through Nov. 17. Each session will be held from 6 p.m. to 7:30 p.m. at the UC Davis Home Care Services Building, 3630 Business Dr., Suite F.

Sunday Jazz with the Sacramento Traditional Jazz Society at the Elks Lodge

Every second Sunday of the month from noon to 5 p.m., enjoy Jazz bands in the Main Ballroom (nominal fee), Emblem Room (free) & Lounge (free) at the Elks Lodge No. 6, 6446 Riverside Blvd. There's always plenty of food available for purchase.

Sunday breakfast at the Elks Lodge No. 6

Come and enjoy a great breakfast with your family and friends every Sunday morning from 8:30 to 11 a.m. for a cost of \$9. Specials include: Eggs Benedict & Corned Beef Hash. In addition, eggs as you like them, pancakes, waffles, biscuits & gravy, juice & coffee.

Stretch, Strengthen, and Thrive!

This class is designed for the needs and abilities of active older adults, who are interested in gaining or maintaining mobility. The class consists of a mix of full body stretches, body weight exercises, strength training, and active stretching. 5:00-6:00 p.m. Mondays and Wednesdays. \$5 per class if pre-paid. Pre-registration and pre-payment is preferred, but drop-ins are welcome at a rate of \$6 per class. Held at ACC Senior Services Center, 7375 Park City Dr., Sacramento, 393-9026 x330, www.accs.org.

Sacramento Zoo needs wheelchairs

The Sacramento Zoo is looking for a few "gently used" wheelchairs, 808-5888. Your wheelchair can be a tax deductible donation, and four zoo tickets will be offered as a thank you.

Support group for alienated grandparents

Meeting is the last Friday of each month at 2717 Cottage Way, suite 4. Meeting is at noon. 761-9121.

Tai Chi at Hart Senior Center

Focuses on low impact form of ancient Chinese exercise, combining slow movements with relaxation. Mondays, 10:30 - 11:30 a.m. at the Ethel MacLeod Hart Senior Center, 915 27 St. Try it once for free! Stop by the Hart Senior Center front desk or contact 808-5462. Cost: \$23 for five classes.

Zumba for Seniors at Hart Senior Center

Zumba for Seniors incorporates physical exercise and dance steps to the rhythms of Cumbia, Merengue, Mambo, Salsa, Samba, and much more. Tuesdays 9:30-10:30am

and Fridays 3 to 4 p.m. at the Ethel MacLeod Hart Senior Center, 915 27 St. Sacramento (27th and J streets). Try it once for free! For more information or to register, stop by the Hart Senior Center front desk or contact 808-5462. Cost: \$20 for five classes; \$40 for 10 classes.

Active Yoga at Hart Senior Center

Increase your strength and flexibility, improve balance, and enhance the ability to relax and release stress. Classes are Mondays and Wednesdays, 2:30 p.m. - 3:30 p.m. at the Ethel MacLeod Hart Senior Center, 915 27th St. For more information or to register, stop by the Hart Senior Center front desk or call 808-5462. Cost: \$35 for five classes or \$70 for 10 classes. Try the class once for free and see if Active Yoga is right for you.

Singers with Hart

Experienced and beginning singers age 50 and above are welcome. New sessions start every nine weeks and are held at the Hart Senior Center, 915 27th Street, Sacramento (27th and J streets). Pre-registration is required. For more information, visit the Hart Senior Center front desk or contact (916) 808-5462. Cost: \$15.

Emotions Anonymous

Meets regularly Tuesdays, Thursdays, and Saturdays. Meeting information is available at www.emotionsanonymous.org. Free 12-step program/support group for those who desire to become well emotionally healthy.

Acquire a new way of life, sharing experiences, and learning to live with unsolved emotional problems. Meets Tuesday 6:30 - 7:30 p.m. Parkside Community Church 5700 South Land Park Dr.; Tuesday 6:30 - 7:30 p.m., Sierra Arden Church of Christ, 890 Morse Ave (at Northrup), Room F-4. Thursday 7 - 8:30 p.m. at Church of the Good Shepherd, 1615 Morse Ave. (at Arden Way) left of choir room. An optional newcomer orientation occurs on Saturdays from 1 to 1:30 p.m. at Wellness Recovery Center, 9719 Lincoln Dr. Ste. 300. Also on Saturday from 1:30 to 2:30 p.m., there will be a topic for discussion at WRC, 9719 Lincoln Dr., Ste. 300.

Mahogany Urban Poetry Series - Queen Sheba - poetry readings

Each Wednesday from 8-11 p.m. at Queen Sheba in Sacramento, local talent makes it way to the restaurant for weekly open-mic events. \$3-\$5. 1704 Broadway.

David Lubin Elementary tours

David Lubin Elementary School, located in East Sacramento, is hosting Kindergarten tours every Tuesday and Friday at 9 am. David Lubin is located at 3535 M St. A highly committed and caring staff, a strong emphasis on academic rigor and a warm family environment allows David Lubin Elementary School to provide the high quality educational experience for which we are known. For more information, call 277-6271 or visit www.davidlubin.scusd.edu

Youth Connections Unlimited announces fundraising campaign

Did you know that one Sacramento organization can reduce recidivism for crimes committed by youths by up to 70 percent? Youth Connections Unlimited has been providing mentoring and other services to incarcerated and probationary youth for over ten years that gives youth tools for staying outside the juvenile justice system. YCU works with the Sacramento County Probation Department with a focus on re-entry mentoring and preventative programming with a commitment to the principles of Restorative Justice. The support youth get from YCU and its volunteers gives hope to Sacramento County youth, make communities safer and save taxpayers money. For more information, call David Taft at 835-1147 or visit <http://www.sacycu.com>

Brain Gymnasium

Exercise your mind and have some fun at this on-going Brain Gymnasium class! Inviting all seniors to Eskaton Monroe Lodge, 3225 Freeport Boulevard, 9:20 a.m. Thursdays. \$6 per class. Call 441-1015 for more information.

Women with Good Spirits monthly meeting

Each second Tuesday of the month at Revolution Wines at 6:30 p.m., Women With Good Spirits invites a community non-profit to present on its mission work. The presenter will start their presentation promptly at 7:15 p.m. and will

last 15-20 minutes with an open question and answer forum after. RSVP is appreciated as well as a \$5+ donation per person that will go directly to the non-profit presenting that month. 2831 S St. Visit www.womenwithgoodspirits.com or find the group on Facebook.

The Community Housing and Services Coalition monthly meetings

Originally created by the Sacramento Community Services Planning Council, the Community Housing Coalition (CHC) was created as a vehicle to provide information and educate community leaders and decision makers regarding housing for low income, disabled and older adults. CHSC monthly meetings are free and open to the public; they are held from 9:30 to 11 a.m. on the last Tuesday of each month (except December) at the Sacramento Sheriff's South Area Office Community Room at 7000 65th Street, Sacramento (the Sacramento County Voters Registrar Building). At each meeting a guest speaker is invited to attend and give a 30-minute presentation with 10 minutes for Q&A. Speakers are selected for their expertise and knowledge in their respective fields, and agencies/organizations. The speakers are encouraged to provide handouts, fliers, and other informational materials to the 15 to 30 attendees. If you have any questions, please contact either: Alex Eng at 424-1374; email xeng916@sbcglobe.net; or Cindy Gabriel at 916/732-6189; email cynthia.gabriel@smud.org.





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Fabulous Wellington Estates
1073 Harrington Way - \$589,000

Kitchen extensively remodeled with custom cabinets, granite counters, Sub Zero refrigerator, stainless Viking (gas) appliances. The custom master suite includes Jacuzzi tub, a gas fireplace and flatscreen TV. The master and living area open to a private landscaped yard with covered patio. Living room offers a cathedral ceiling, and wet bar. A brief walk to the American River bike trail and William Pond. Amazing!





Evening TRAVEL SHOW

Wednesday April 15, 5:30pm

Looking for Adventure?
Join us!

EASY Group Travel
Designed for Adventurers who are newly retired or "still working but ready to travel."



Mission Oaks Community Center
4701 Gibbons Dr., Carmichael * 972-0336

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CUSTOM BUILT FAIR OAKS

Wonderful Custom Tudor-like home with large formal living room and dining room. Very spacious open kitchen, nook and family room. 4 bedrooms (one remote with bath) and 3 full baths. 2nd floor bonus room; private yard with pool/spa and brick patio. \$675,000

PATTY BAETA 806-7761



AMAZING HOME

Unique property overlooking the American River Parkway! Open and spacious with large rooms, and kitchen/family room combo you'll love! 2 stair cases, high ceilings, 6 bedrooms have their own baths (one Jack & Jill), huge bonus room, office, 4-car garage, pool, sports court, more! \$1,850,000

CARMAH HATCH 765-6210



ARDEN PARK VISTA

4 bedrooms, 3 full baths, updated ranch style home with open floor plan, updated kitchen featuring cherry cabinets, stainless steel appliances, tile counters and hardwood floors. Spacious family room with large stone fireplace. Private master with walk-in closet, jetted tub, dual sinks and shower. \$589,000

CHRISTINE BALESTRERI 996-2244



GRAND NEW HOME

Wow! Open floor plan 4 bedrooms, 4 1/2 baths, hardwood floors, kitchen and family room combo, 14"-16" ceilings, plus 3 car garage. 2 suites plus office downstairs, 2 beds, 2 baths plus loft up. 2 homes have already sold in subdivision for over \$1,500,000, and 2 more lots are reserved. \$1,235,000

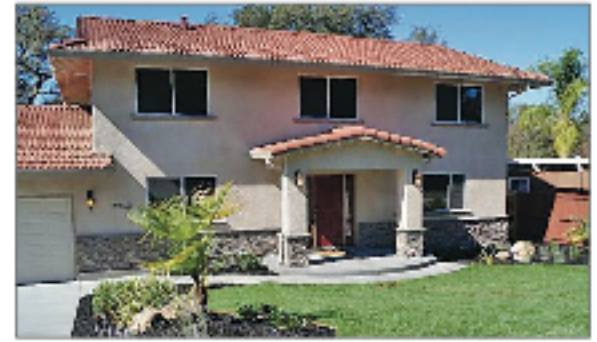
CARMAH HATCH 765-6210



STUNNING GOLD RIVER

Spacious rooms, lots of windows, very open and bright. 3 bedrooms downstairs, each with its own bath, and private master suite with loft (ideal for office). Large open family room and kitchen provides great space for gatherings! 4-car garage, well landscaped backyard. \$699,000

PATTI PRIESS 801-0579



NORTHRIDGE COUNTRY CLUB

Amazing 5 bedroom 3 bath home backs to Northridge Country Club golf course. Remodeled from the studs up. New electric, new HVAC, Acacia wood flooring, imperfect smooth walls, quartz counters in the kitchen, and imported granite in the baths. Drive your cart to the 15th fairway. \$499,000

LINDA EISENMAN 838-4338



CURRAGH DOWNS ESTATES

4 bedroom 3 bath home, 3000 square feet, among large, well-maintained homes in a quiet neighborhood. Borders American River Parkway. Spotless home with updated kitchen, lots of storage, spacious game room with full bath and access to pool. \$549,500

DAVID KIRRENE 531-7495

JERRY KIRRENE 455-1001



LIKE NEW ARDEN PARK

Calling all car buffs! 6-car garage - room for your boat, your cars, or extra storage. The house itself is beautiful - rebuilt over the past 7 years - 3 bedrooms 3 baths, new electrical, new plumbing, new HVAC, new roof. All this on .6 acres, beautifully landscaped with roses, natural grasses, and redwoods. \$539,950

LINDA EISENMAN 838-4338



ADORABLE CARMICHAEL

Tucked away in the heart of Carmichael. 4 bedrooms, 2 1/2 baths, updated kitchen with granite counters, new laminate flooring in family room, fresh interior paint, newer HVAC. New windows across front of house, kitchen and slider. Even a white picket fence! Nice backyard and patio. Move-in ready! \$325,000

PATTI PRIESS 801-0579

for current home listings, please visit:

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