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See page 12

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On Saturday, April 25 and Saturday May 2, California Family Fitness hosted two "totally rad" 1980s themed ride-athons to help Jesuit and St. Francis High School students, Maverick Kuhn and Abby Fitzgerald, raise funds for the Leukemia & Lymphoma Society.

Local gym hosted "Totally Rad" 80s-themed

students raise money for blood cancer research

spin-a-thons to help Jesuit and St. Francis

Participants were encouraged to bust out their legwarmers and scrunchies. Geared up to take part in a one-hour cycle class, they won't soon forget, they helped raise funds for blood cancer research and were eligible to win raffle prizes like free memberships, personal training and Body Fit specials.

The Ride-a-Thon sessions were one hour, and those interested in helping support LLS were encouraged to participate in as many sessions as possible. Each Ride-a-Thon was modeled after Cal Fit's cycle classes, which are designed for members to enjoy at their own pace no matter their fitness level.

LLS is the world's largest organization dedicated to funding blood cancer research. Each year, LLS hosts a 10-week Student of the Year campaign in which student candidates compete to raise the most funds for blood cancer research in to LLS by a friend who had raised funds for honor of local children who have survived the deadly disease.

Maverick, a junior at Jesuit, and Abby, a junior at St. Francis, partnered on this activity at both the Rocklin and midtown California Family Fitness locations. They wrote into this publication about why they participated.

Abby said she chose to get involved with LLS in 2007 because she had a cousin who



passed away from Leukemia. "The impact his fight had on my life inspired me to become a part of this great cause and encourage others to do so as well," she said.

Meanwhile, Maverick said he was directed the organization in the past. "Through LLS, I met Rj Nazareno and Bailey Mcfarland, two courageous children battling leukemia. I became so inspired by their battle against cancer that I thought raising money for LLS was the least I could do. With 73 percent of all funds raised going directly toward research, I knew that LLS was the organization Abby and I could make the largest impact with."









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Mangers to chair Sacramento Region Community Foundation Board

Former president of the California Cable and Telecommunications Association and former state Assemblyman Dennis Mangers has accepted the chairmanship of the Sacramento Region Community Foundation Board of Trustees, succeeding Henry Wirz.

The Sacramento Region Community Foundation, which manages \$120 million in assets, recently announced its 2015 Big



Day Of Giving campaign. Five hundred twenty-eight local nonprofit organizations will participate in the Big Day Of Giving May 5, with a goal of raising \$5 million. In 2014, Sacramento's Big Day Of Giving raised more than \$3 million with 394 non-profits participating, coming in second in the nation among participants in the national Give Local America campaign.

Mangers served as principal lobbyist, senior vice president and ultimately president of the California Cable and Telecommunications Association from 1981 to 2008. He previously represented the 73rd Assembly District in the California legislature from 1976 to 1980.

Mangers resides with husband Michael Sestak in Carmichael.





Eight pound pup fell five floors, community comes together for pancake breakfast fundraisers

By MONICA STARK

Lucy, a 5-year-old mix breed, mostly terrier, 8-pound pup survived a fall from the fifth floor balcony of the Pioneer Towers senior building on T Street late on Thursday, March 26, as her owner Steve Austin was watering his plants.

Rescued from the pound, can be. But the \$5,600 vet bill isn't. So, neighbors have come together with pancake breakasts, and Steve's daughter, Dianne McDaniel, put up a Go Fund Me page, which can be seen at, http://www.gofund-

me.com/pg2lr0.
On the fundraising page, Dianne writes: "This is an amazing hardship on my dad financially but especially emotionally. They literally have saved each other. He does not know that I am writing this. I would like to ask that if there are any pet lovers to Muehler Animal Hospital out there that feel their heart tug near the town of Freeport, costat hearing this story and would or could help to please donate. Thank you for any amount you are able to give." On that site Muehler helped above and bealone, they have raised \$950 for Lucy's surgeries.

After his exceptionally traumathe veterinary emergency room,

Stephanie Slagel, Agent Insurance Lic#: 0C34763 6130 Fair Oaks Blvd Carmichael, CA 95608

considering he has no transportation, she will live. Having landed on her paws, Steve considers miracle it was just her legs."

On a \$1,000-a-month veterans' income, paying for Lucy's surgeries has been a struggle. Despite the financial and emotional strain due to the fall, the pair has been seen around the facility going on walks Lucy is an emotional support together, except that Lucy is carted dog for Steve and is as cute as around, while resting and taking in the fresh air. "She's quite a companion," Steve says. "All the people here just love her even when she just got her stitches out and was wearing a cast."

Recalling the day of the accisaid he picked her up and ran her her feet." to the Midtown Animal Hospital (1917 P St.) to find out they couldn't help her. They did call him a taxi, however, and said "to keep her in my arms.' (The taxi driver) drove 90 miles an hour," ing him \$140 round trip.

While the expense has been a financial hardship, the staff from yond Stevés expectations. "When we arrived, they were already on the PA system for an emergentizing ordeal of even getting her to cy. They already had an attendant ready to take her out of my arms."

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As of the interview a few weeks after the accident, Lucy's daily routine started getting back the outcome amazing. "It was a on track." Right now she is laying her right by my feet," Steve said over the phone. "We just came back from going for a walk. I had to get her a playpen because the doctor didn't want her moving around that much. For awhile she didn't know how to get into position to do her business, but now she's on her regular routine. I carry her out and in. I do let her walk just a little through the lobby. I love the click click click (of her footsteps). The ladies (in the apartment building) like the sound. I let her walk around the dent and the transpiring events house now that she got her stitchto get Lucy the care needed, Steve es out. She has had pink casts on

> The first pancake breakfast two weeks ago raised more than \$600 and with the leftovers from that first fundraiser, a second one was being planned.







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Historic Del Dayo property on the market

By MONICA STARK

A sea of calm in an urban area – that's how homeowners Andy and Kimberly Clark feel about the historic home of theirs they recently put on the market. to the oldest house built in Sacramento County, the \$798,000 Del Dayo property includes a 1,301-squarefoot main house and a 603square-foot guest cottage. A stream flows in the front of the house, all surrounded by a beautiful garden with lots of shade. The home has been modernized and added to by renown builder Squeaky Williams who lived in the house for a year and added his signature stained glass throughout the house in the 1950s.



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Perhaps the only aspect of the house that remains from the days of the carriage house are dramatic barn pillars that frame the high ceilings. As soon as the front door opens, sunlight comes through the large windows A former carriage house providing for a warm and welcoming feeling of home as a 20-foot brick fireplace stands in the heart of the first floor. In a down to earth description, Realtor Chad Talach stated the following:

"Basically you see the outside when you walk in. It's a cool house; it's so unique." Talach said he had a difficult time pricing the house for those buyers who limit their parameters of searching around price and size without taking account the historic and natural value. So, for the sellers, the more open houses the better.

"It's grand in its own way, and it truly is. There's an ambiance surrounded by these trees. There's a wisdom in the ground," says Andy.

"At night, it's calm and peaceful. In the morning, it's fresh and alive. It exaggerates what you might expect from the different times of day. You get a supercharged version of whatever that is. At dusk it's beautiful. We got some beautiful sunsets from the front of the house, there's a patio so you can enjoy those. Sitting here in this room you get the reflec- can't be faked and it's here. and that told me I need to house to the oldest house tion off the trees. It's been I know my wife and I have come here. I need to buy in Sacramento County, the described to me by a friend of mine as an ashram. It re- five years we have been ally has the feel of a place there. It evokes emotion. I that has been loved for actually did some work on

Carmichae





and beautiful andscaping adorns the outside of the Del Dayo property

(left) Large windows are distinctive inside this Del Dayo home, which is now on the

came to me that this sort of on the property and it was up, particularly this prop-

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what it is."

I'm in an estate and I don't Kentucky Derby. There is many years. The thought the property before I closed know what the definition an enthusiasm and I keep of an estate - how big it coming back to the word has to be, how expensive it 'ambiance' that lives in the has to be, but to me, this house. There have been is an estate. This is not a artists and architects who nice neighborhood with a bunch of garages lined

ambiance has to be earned. the most peaceful, calm- erty. It has an estate feel. It can't really be bought. It ing, best place I could be, It certainly was a carriage loved the property for the this place and turn it into Del Dayo estate, and there were horses that lived here "I would say I feel like and one that raced in the

See Del Dayo estate, page 7

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Del Dayo estate:

have lived here and I think it's people who have seen S. Day, former prominent the value that have fallen in Sacramento business and love with it. Their presence social leader, who purlives on. I can't say I have chased the Haggin home ever experienced a partic- in 1911 and the 40 acres It's more of a vague sense Mr. Day moved the home of well-being and serenity." further back on its proper-

house they live in - the oldest home in Sacramen- Dayo Farm.' to and located just across burial ground of the welllate 1800s, Salvator. When oper and family friend. he died in 1909, an oak was planted as his headstone.

dotes such as these have and dividing the land into provided real estate agents its present lot sizes. Frank marketing materials for more than 35 years.

According to a 1979 ing neighborhood and its als and other builders. transformations over the years since the Gold Rush, area where horses are still Ilene Kuzel of Bohannon prominent and bicycle Realtors, 3406 American trails abound, there is an River Dr. and author of assuredness (sic) they will "History of Arden Oaks", continue to enjoy a lifestyle wrote that the neighbor- that is centered about a hood Del Dayo got its start prestigious and well-develin July 1954 with original 34-lot units surrounding Del Dayo Drive at Fair ly living and recreational Oaks Boulevard. Del Dayo needs, and symbolizing the units No. 2, 3, 4, followed shortly thereafter. Around 1860, James Ben Ali Haggin built his home on the bluff near the American River. The pamphlet, titled, A Sacramento Histor- Arizona. If not, in the words

of the Pass" to Sierra Oaks, Wilhaggin and Del Dayo, includes the following information about Stephen ular presence in the house. surrounding it. "In 1913, A few years ago, CBS 13 ty to its present location, interviewed neighbors Rick Del Dayo Drive. The origiand Teri Niello about the nal home was enlarged, updated and christened Del

"Stephen and Evelvne the street from the Clarks' Day had thought someday home (the old carriage they would like to share house). Not only is the Ni- their beautiful oak studded ello's home the oldest home acres with others. That day in Sacramento, it's also the came in December 1954. when 38 acres were sold to known racehorse from the Frank P. Williams a devel-

"Frank Williams and Mrs. Day worked togeth-Rich history and anec- er reading plans for roads Williams built 10 homes which were sold before they were completed, selling the pamphlet about the chang- remaining lots to individu-

"For residents of an oped area ... rich in historic lore, fully serving famigood life of its Rancho Del Dayo beginnings."

If the Clarks are successful in selling their home, they plan on moving to either the Monterey area or Sedona, ical Dignette from "Ranch of Andy: "Poor us."



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Women's Empowerment celebrates first year of paid job training program

70 percent of program graduates now employed

By KRISTIN THEBAUD

homeless can now add are employed." Women's Empowerment's paid job training program launched under Women's and small business, The Empowerment's name in Get A Job Kit, to their re- April 2014 after the busisumes as the program cel- ness was donated by local ebrates its first anniversary this month. The Get A ley who had created and Job Kit is the only paid job run the business for neartraining program designed ly 25 years. The business specifically for women trains graduates of Womwho were recently home- en's Empowerment's initial less. Seventy percent are eight-week job-readiness now employed.

skills," said Lisa Čulp, exmust turn down necessary job training because it is unpaid and they are unable

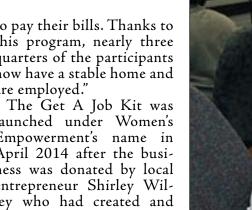


to pay their bills. Thanks to this program, nearly three quarters of the participants Thirty women once now have a stable home and

entrepreneur Shirley Wilprogram in the produc-"These women had some tion, customer service, of the toughest barriers to quality assurance, shipemployment, but they were ping and receiving indusable to earn while they tries. The program includes learned, so they would not four-week paid training fall back into homelessness sessions, including educaas they worked to gain new tion and hands-on training. Trainees assemble the Get ecutive director, Women's A Job Kits to send to cus-Empowerment. "Too often tomers and receive trainthe first year, trainees sold

more than 5,000 kits. out of work for 10 years," it's good to be back in the and CNBC, and in the nated a Get A Job Kit to

grams and features more getajobkit.com.



than a dozen tools and hundreds of practical tips. such pride in this product she received from her own Current customers include U.S. military organizations ing people who are trying to with a list of the best job women who are homeless ing on safety, conflict res- around the country that build or rebuild their lives, search websites and a log olution, and personal and are helping veterans tran- and they can really identi- you can use to track appliprofessional boundaries. In sition into the civilian sec- fy with that," Willey said. cations sent, contacts made tor, technical schools and "I'm so proud of what these and more," she said. "When community colleges pre-"I'm a veteran, and I was paring students to face a have set a high standard for to know what application homeless for a year and competitive job market, excellence and integrity. I they're calling about. The employment counselors hope the community sup- kit is really useful." said Katherine Carter, one helping at-risk youth turn ports this program." of the first four graduates their lives around, and Calof The Get A Job Kit paid WORKS and other Weltraining program. "Hav- fare to Work programs long-time volunteer with oring Women's Empowering a job reminds me that empowering mothers to be- Women's Empowerment's ment with the inaugural I'm worth something. I come self-reliant. The Get eight-week job-readiness Women's Appreciation want to be a standup per- A Job Kit has appeared on program for women who Award for Organization son in this community, so The Oprah Winfrey Show are homeless, and she do- of the Year. workforce. This is just the Wall Street Journal, Wash- every woman who went ment provides a welcom-The Get A Job Kit is de- les Times. For more infor- powerment program. signed to complement ex- mation or to purchase The

women have done. They someone calls, you need

business, Willey was a gram last year after hon-

isting job-readiness pro- Get a Job Kit, visit www. graduate and former Get A Job Kit trainee Lisa Costa-

"Our trainees have taken bile touted the benefits because they know it's help- Get A Job Kit. "It comes

Congresswoman Doris Prior to donating the Matsui toured the pro-

"Women's ington Post and Los Ange- through the Women's Em- ing and safe environment for homeless women, em-Women's Empowerment powering them to make

See Job training, page 9

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Training program:

the changes needed to obtain jobs, stable housing, and make healthy choic- can receive customized seres for themselves and their vices for as long as they children," Matsui said. "I enjoyed touring Women's ue to have long-term suc-Empowerment and see- cess. Graduates can access ing firsthand the programs this program at any point they offer and the women during their lives when they they help. I also had the need additional training or opportunity to speak with assistance. The program ina graduate about her experience and her path to self- line certifications, counselsustainability. She now has ing with a social worker, a good home, a great job GED preparation, job deand gives back by helping velopment, access to a proothers. The good work be- fessional clothing closet, fiing done by Women's Empowerment is evident in matched savings accounts. the results of those they

have helped." The Get A Job Kit training program is one part of in the Sacramento area de-Women's Empowerment's comprehensive job-readiness program. In the initial eight-week program, homeless women receive free onsite child care in the child development center and transportation assistance. homes and 88 percent found Each woman works with a jobs or enrolled in school or master's level social work- training. The program comer to address her root causes bines self-esteem courses, job of homelessness and attends training, health classes and classes on job readiness, con- support services to help homefidence building and empow- less women across diverse ages, erment, taught almost ex- races and cultures. Women's clusively by volunteers from Empowerment is funded solethe Sacramento area. She re- ly through private donations ceives health services onsite from the community. To doand is connected to addition- nate online: www.womensal health services in the com- empowerment.org.

munity. She is then able to implement changes that lead to a healthy body, safe home and steady paycheck.

Graduates of the program need to ensure they contincludes paid job training, onnancial literacy classes and

Women's Empowerment offers the most comprehensive job-readiness program signed specifically for women who are homeless and their children. The 2014 Organization of the Year has graduated 1,223 homeless women and their 2,648 children. Last year, 89 percent of graduates found

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Matías Bombal's Hollywood

Black Souls

The MPAA has not rated this movie

Vitagraph Films offers Italian director Franceso Dior And I Munzi's tale of a family, the sons of goat shepherds, involved in the Derangement criminal organization in the Calabria region of Italy. Set against a bleak rural community, the growing unease between the Carbone and Barracas begins to slowly boil to steam. There are of the most established icons of Haute Couture, Dior. only two members of the cast which may seem familour attention in popular Italian imports "Cinema Paradiso" and "Like Water for Chocolate."

One of the Carbone's muscle men, Miguel, is played sense of time and place in this movie set in a contemporary time period, and the shots and scenes are longer and quieter than any U.S. made movie would ever dare to be, allowing you to study the magnificent expressive nature of the faces of the Italian actors, each one offering excellent performances.

There is violence, but not as much as you would except. It is really a tale of respect, family tradition and honor, even among gangsters. Only two of three Carbone brothers are involved with the family "business", the third, Luciano, tends his goats and resents the nature of his brothers work. By the time this all comes to a boil, you'll see magnificent pho-

There are obvious connections to American-made movie movies like the Godfather, and two unex- the future is romantic for him. Following in the for English audiences.

pected developments that cause some head scratching. Subtitled. One week only, Tower Theatre.

The MPAA has not rated this film

From The Orchard, an independent distributor based in Los Angeles comes a fascinating look at one

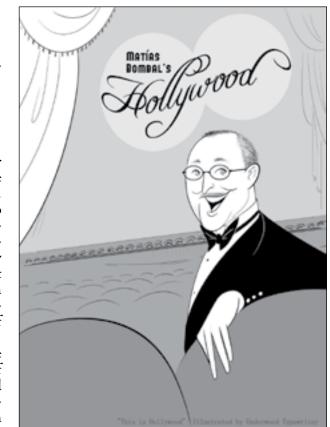
Director Frédéric Tcheng, who is no stranger to iar to U.S. audiences. Luigi, who runs things for the Carbones, is played by Marco Leonardi who first won ducer of 2008's "Valentino: The Last Emperor", offers something that is not so much a documentary as it is a rare glimpse behind one of fashion's great houses at a key point in its history, where tradition by Carlos Bardem, Javier's older brother, and has apmeets a new and creative talent in designer Raf Sipeared in films of many nations. One does really get mon and shares the passion and creative work of artistry that brings fashion to life.

Tcheng cleverly intersperses vintage archival footage (in the correct aspect ratio) of Christian Dior himself from the 1945 beginnings of the leader in French and world fashion, which works in concert with the ongoing implementation of Raf Simon's new collection from inspiration to reality in just eight weeks.

will later see in a few frames of his "Person to Person" show where he interviews M. Dior.

Other vintage film segments bring Dior to life as passages of his book of memoirs "Christian Dior et Moi" tography and an unhurried development of the plot that matches the more traditional lifestyle of Italflowing Sap, the creative spirit runs in the house".

For Raf Simon, the past is not romantic for him,



In the first moments of vintage footage, we hear footsteps of Doir who established much in the 10 the familiar voice of Edward R. Murrow, who we years he operated the company, this is a challenge for Simon to be sure, especially to find a way to be creative within the framework of the Dior world.

One sees Harvey Weinstein, Marion Cotillard, and Sharon Stone in this movie, however the real stars here are the seamstresses, who sew history into each stitch. One seamstress remarks, "His sprit is still here; we still work for Dior." This film is in English, French, and Italian. Subtitled

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Space is limited for these events – RSVP at 916.993.5039. To view all of our upcoming events, visit www.atria-carmichaeloaks.com.



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Arden-Carmichael neighborhood nonprofits enjoy good turnout from the Big Day of Giving

of Giving, which was held on May 5. With a regional goal of raising \$5 million for local nonprofits, that target amount was smashed, totaling \$5,613,799.; 36,531 donations were accepted and 529 local nonprofits partici- ation and presentation of pated. The folks at Big DOG original visual arts, to support are in the process of verifying all gifts and incentives for participating organizations holds, etc.). They anticipate totaling \$5,500. this to be completed by June 30. Once their verification process is complete, they will announce the final numbers. What follows are Arden-Carmichael area results from the Big DOG website, which are still subject to final review and verification.

ural History Association Way, Carmichael, are dedicated to bringing awareness of the natural world to children, families and the community through education preciation, enjoyment and wildlife. There were 210 donations, totaling \$20,010.

It is the mission of St. Michael's Episcopal Day School, 2140 Mission Ave., Carmichael, to provide a learning taling \$3,475. environment where students are inspired to think critically;

The Sacramento region did sionately; and innovate wiseit again for this year's Big Day ly in seeking scholastic, artistic and physical achievement. There were 15 donations, totaling \$10,985.

Sacramento Fine Arts Center, 5330B Gibbons Dr., Carmichael, encourages the crethe cultural life of the community, and to encourage all artists to fulfill their poten-(dollars, transactions, house-tial. There were 61 donations,

Women's Wisdom ART, 5230 Whitney Ave., Carmichael, is dedicated to transforming the lives of women by inviting them to engage in a community dedicated to participating in the arts. We believe that the images and words women create to ex-The American River Nat- press their lives enrich not only themselves and their and the Effie Yeaw Nature families, but our entire com- gle Road Suite 110, is to ac- programs promoting per- and diversity of the Sac-Center, 2850 San Lorenzo munity. There were 86 dona- tively develop and promote sonal growth and developtions, totaling \$7,890.

of the beauty and diversity Eskaton Foundation, 5105 Manzanita Ave., Carmichael, funds essential projects and innovative programs in orinitiatives that foster ap- der to enhance the quality of life of seniors. The older age diversity, and original to community with programs stewardship of the unique adults we serve enjoy greater independence, dignity and tions, totaling \$7,210. health, whether they are living in an Eskaton retirement Atkinson Family Serviccommunity, residing in Eskaton's affordable housing. michael, protects, nur- to all. There were 175 dona-There were 40 donations, to-tures, and inspires children, tions, totaling \$16,045.

The mission of Chautau- tial, behavioral health, edact responsibly; lead compas- qua Playhouse, 5325 En- ucational, and vocational serve the beauty, character nations, totaling \$13,065.



Effie Yeaw guide Melanie DuBoce spoke about the trees of Deterding Woods on Sunday, Jan. 5, 2014 as part of the New r's walk along the river event. Effie Yeaw participated in this year's Big Day of Giving, which was held on Tuesday, May 5.

volvement and awareness in tions, totaling \$725. the performing arts by ofopportunities that encourworks. There were 47 dona-

adults, and families to be successful through residen- Sacramento Valley Con-

educational and cultural in- ment. There were 13 dona-

fering the general public a American River Parkway in 1983, serves the Sacramenthat span a 23 mile, 4,800 acre expanse of land, water and naand improve the parkway as

ramento Valley landscape by working with citizens, property owners, developers, public agencies and other nonprofit organizations. wide-variety of high quali-ty, affordable performing art Way, Carmichael, established space by the acceptance of gifts, private purchase, facilitation of public acquisition, conservation easements and by cooperative efforts. In ture. The vision is to conserve 2012, it added the old Boy Scout camp, Camp Pollock es, 4718 Engle Road, Car- a sustainable natural resource to the heart of the American River Parkway, making recreation for youth, parkway users and community events the main goals of the acquiservancy's mission is to pre-sition. There were 121 do-

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Tel 916.732.2031 RSVP: Glenda at glendal@eastle Wednesday, June 17

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Sathre Jewelers founders came to Carmichael in 1947

"My dad grew up in Tut-

tle, N.D. on a farm, (about

44 miles from east of Bis-

marck)," Ron said. "(His par-

ents, Hans and Kari Sathre)

came from Saetre, Norway

in about 1908. The kids

learned to speak Norwegian

"In Norway back then,

first and then English.

spectively.

By LANCE ARMSTRONG

Editor's Note: This is part one of a two-part series about the Sathre family and their former Carmichael business, Sathre Jewelers.

For many longtime, local residents, the death of Mary Victoria Sathre at the age of 89 on Feb. 26, conjures up memories iar with their lives prior to of a former, well-known Carmichael business and the family who operated it.

That business, Sathre Jewelers, was founded on April 1, 1947 by Mary and her husband, a jewel-"Ray" Sathre.

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Ray died on Feb. 10, ing by immigrants from 1989, only two days after Norway and Germany, rehe turned 71 years old. And the jewelry store ceased operations 49 days later and two days shy of the business's 42nd anniversary.

Although Ray and Mary Sathre became well known residents of Carmichael, relatively few locals are familthe founding of their popular business.

Serving as the main spokesperson for his family for this series, Ron Sathre, who was the first-born of the three children of Ray er named Raymond Emmet and Mary, shared details about his parents' upbring- two other people lived on

which was over 100 years ago, they had the custom of being named after the farm that you lived on, and so my grandfather lived on one farm and my grandmother lived on another farm. And two other farms that were co-located at Saetre. That's the Norwegian spelling. But when they came to America, they changed it to Sath-

> In speaking about his mother and her parents, Ron said, "Mom grew up in Saugus, Calif. on a farm made up of sand, sage brush and oak trees. They had grapes, wheat, photograph cattle, goats, rabbits and other animals. So, she had a good, but rough life as a child. She learned German first and then had to learn English

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re. Although there were four

separate farms, they all had

the same last name."



Ray Sathre and his then-future wife Mary Warmuth pose with the Warmuth

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family's dog, Lindy, on the Warmuth ranch in Saugus, Calif. in this 1946

had to walk. I think she said. two miles to school, some- worked in a butcher's shop times barefooted. She skipped in New York, and then he eighth grade and was promot- moved to be with his brothed to the next grade that her ers in Los Angeles, where he older sister, Maggie, was in. They both graduated from San Fernando High School in June 1942.

"Her parents (Joseph 'Joe' and Minna 'Minnie' Nuren-Germany. They did not know each other. I know my grand-

100

when she went to school. She father, Joseph Warmuth, came over in about 1897. He worked as a butcher. He married (Minnie) in Los Angeles in about 1912."

Ron added that his grandparents in North Dakota were married in Wisberger Warmuth) came from consin in about 1910, and

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See Jewelers, page 11

Jewelers:

that his father grew up with three sisters and three brothers, and his mother grew up with two sisters and three brothers.

Ray, who attended teachers' college after high school, continued to reside in North Dakota until 1942 when he joined the Navy during World War II.

After placing in the top five in his class as an aviation machinist's mate in Norman, Okla., Ray was sent to Consolidated Aircraft training in San Diego, where he worked on the famous B-24 Liberator bombers.

Ron said that his own existence may have been predicated upon the timeliness of Japan's unconditional surrender to the Allies following the atomic bombings of Hiroshima and Nagasaki.

"My father was in the Navy until the end of the war," Ron said. "He got out in February of 1946. He was on Iwo Jima at the end of World War II, and they were poised to invade Japan (through the two-part allied plan, 'Operation Downfall, which was intended to begin in October 1945) had Japan not surrendered. It was a good thing they did. Otherwise, I might not be here."

After returning to civilian life, Ray remained in California and began working for a jeweler.

In speaking about his father's decision to work for that jeweler, Ron said, "Interestingly enough, after World War II, he went back to his hobby of watch repairing. He loved working on the watches with the small parts. So, the engines that he worked on that were sometimes maybe 6 feet in diameter got traded in for these little watch parts that are about a quarter-inch in diameter. He was working for a jeweler in Beverly Hills to better learn the trade. This was still in 1946."

Ron explained that it was also in 1946 when Ray met Mary.

"In July 1946, Mom went to the Figueroa Ballroom (at 1925 South Figueroa Street) in Los Angeles, which was a normal thing for everybody to do back then," Ron said. "They didn't have all this entertainment, big screen TVs and all that. So, my mom is sort of hanging around looking to dance with somebody and my dad was sort of looking around to dance with somebody. Finally, he lay of the land was that she didn't asked her to dance and she found out that my dad was in the Navy and then She didn't want to appear as somewas becoming a watch repairer. And body without any money or means, and so she said, 'Give me a nickel she said, 'Isn't that funny, because I'm dating this other guy who was also in and I'll call you basically when my the Navy and who is also becoming a schedule allows.' My mom was pretty smart, and, of course, you could watch repairer guy or jeweler.' But he was a little shorter and fatter. My dad make a phone call back then for a was taller and thinner, so my mom nickel. So, my mom got the nickel was attracted to my dad along with from my dad and she called him and his spark and personality.

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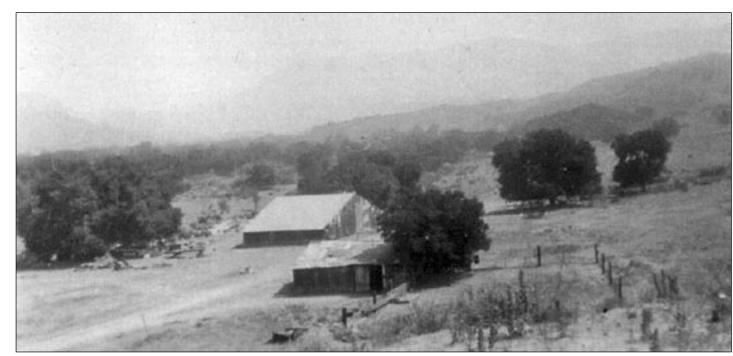
"That went through August of 1946, "At the end of the evening, my dad said, 'Gee, I'd like to see you again.' and by the time September rolled

they started dating.

around, my aunt (Madeline "Maggie" Warmuth Davis) had met an Army down on the ranch in Saugus, and guy (named Robert 'Bob' Davis), who my aunt said, 'Why don't you guys was from Carmichael. They decid- come to Carmichael? It's a pretty ed to get married, and my mom and nice place up here, and they don't dad decided to get married, so they all have a jeweler," Ron said. "And so, hopped in their cars and drove from my mom and dad drove up. Back Los Angeles to Las Vegas to have a then Interstate 5 wasn't there and double ring ceremony. And so that Highway 99 went through Turlock was pretty special, and that's how it all and Modesto and Bakersfield and evgot started in September of 1946."

ily in Carmichael.

"My mom and dad were living erywhere in between. So, they took Ron added that it was not long af- the long drive up to Carmichael and ter his parents' marriage that they they liked it, and it didn't have a jewaccepted an invitation to move to eler, and so Mom and Dad moved to property owned by the Davis fam- Carmichael and started the business on April 1, 1947."



Mary Sathre grew up on this Saugus, Calif. ranch, shown in this 1948 photograph



My mom being pretty smart knew

what the lay of the land was, and the

have a phone at the ranch in Saugus.



(above left) Ray Sathre, shown in this March 1946 photograph, served in the Navy from 1942 to 1946. (above right) Left to right, Madeline "Maggie," Minnie and Mary Warmuth are pictured at Mary and Maggie's graduation from San Fernando High School in

TREE TECH

Shades of Carmichael:

A return of the Parade of Art Umbrellas comes to Carmichael Park

The Parade of Art Umbrellas in Carmichael Park returns! A very popular fundraiser event that benefits the Sacramento Fine Arts Center and Carmichael Recreation and Park District will take place in Carmichael Park from 10 a.m. to 4 p.m on Saturday, May 16.

Can you imagine a Christo-like display of 80 artist-decorated umbrellas winding its way through the park on the green grass and among the trees?

Artists have been working for months painting and decorating 9-foot umbrellas that will be sold at live and silent auction on Saturday, May 16. Bids begin at \$65. Vendors, children activities, plien air artists painting, food trucks, live music and art umbrellas will complete this event.

The event is co-sponsored by the Sacramento Fine Arts Center, Carmichael Park and Recreation District, Lind Brothers Funeral Home and Carmichael Ace Hardware.

Carmichael Park is located at Fair Oaks Boulevard and Grant Avenue.





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CALENDAR

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MAY

Audubon Program to highlight loss and recovery of Central **Valley Wetlands**

May 15: The story of the loss and recovery of waterbird habitat in the Central Valley will be told by CSU Stanislaus Associate Professor Philip Garone at the May 15 meeting of the Sacramento Audubon Society. The 7 p.m. meeting will be at Effie Yeaw Nature Center in Ancil Hoffman Park (For directions, see sacnaturecenter.com). There will be no charge for the program or parking, and no park-entry fee. Professor Garone teaches environmental history and is the author of several publications, including The Fall and Rise of the Wetlands of California's Great Central Valley (UC Press 2011). For the first 100 years of statehood, the original four million acres or so of permanent and seasonal wetlands in the Central Valley was "reclaimed" to a fraction of its size and converted to agriculture, Professor Garone notes. But in the second half of the 20th Century and into the present we have been protecting and restoring - rather than ways this came about in the Sacramento and San Joaquin Valleys, and some of the challenges still facing us, will be the main thrust of his presentation, Professor Garone states.

Fairytale Town presents a day of "Farms, Friends & Fairytales" May 16: From 11 a.m. to 3 p.m., join Fai-

rytale Town for a fun-filled celebration of farm animals and agriculture! At 11 a.m. and 1 p.m. watch Fairytale Town's Babydoll sheep get sheared and the wool spun into yarn using an old fashioned spinning wheel. Plus, participate in agriculture-themed hands-on activities, and visit with local area farms and organizations. This program is free with paid park admission. Weekend admission is \$5.50 for adults and children ages 2 and older. Children ages 1 and under are free. For more information, visit fairytaletown.org or call 808-7462. Sponsored by Whole Foods Market and SAFE Credit Union. Fairytale Town is located at 3901 Land Park Dr.

Free Community Safety Event for Children/Parents

May 16: To keep kids safe over the summer months it's important to share safety awareness, self-defense and strategies to avoid conflicts including bullying. So, Robinson's

safety clinic to bring parents and children together to learn and practice being safe together, including easy escapes from grabs and anti-bully roleplaying families can share. With many parents working and the kids out of school many are often more vulnerable to bullying, playground assault or potential victims of predators. Safety in our comnunity comes from raising awareness and giving children and families the tools they need to cope. Robinson's Taekwondo at 1 p.m. Registration is required and space limited. Register online at: http://www.robinsonstkd.com/tickets to reserve your place and find a participating location in the Sac-

Taekwondo will be offering a free one-hour

Fire Station 6 Open House

more information.

May 16: Fire Station 6, located at 3301 MLK Jr. Blvd., will have an open house from 2 to 4 p.m. Meet firefighters and possibly mascot Sparky.

ramento region. Call - 1-888-249-7853 for

'Haute Stuff', a benefit fashion show and marketplace for the Sacramento Children's Home

May 17: From noon to 4 p.m., enjoy a marketplace of fashion, home, and lifestyle temptations. There will be local food and wines as well as a fashion show of Haute trends. Even benefits the Sacramento Children's Home. For more information and to purchase tickets, visit www.kidshome.org/ events. Event will be held at Jardin Rue Estate, 4475 Garden Highway

Free band concert

May 18: The Sacramento Concert Band will present a free Spring concert at 7:30 p.m. at Christ Community Church, 5025 Manzanita Ave., in Carmichael. The concert by the 50-piece band will include "Colonel Bogey" (theme from the movie "Bridge Over the River Kwai"), "Marche Militaire Française", and a medley of tunes by Jule Styne ("The Party's Over", "People", and "Don't Rain on My Parade"). The band has been performing in the Sacramento area since 1969. There is no charge for the concert, but donations will be accepted. For more information, visit the band's web site: www.sacramentoconcertband.net. Come and enjoy the music!

Sacramento Guitar Society Orchestra spring concert

May 19: A 3 p.m. spring concert with the Sacramento Guitar Society Orchestra directed by Sean O'Connor and guest artists including Live Oak Waldorf School in Auburn's Guitar Class directed by Nan Shaw will occur at Capistrano Hall, Room 151, California State University, Sacramento. Donations accepted.

Music at noon free concert at

Westminster Presbyterian Church May 20: Bring your lunch and enjoy fine music. This week there will be music featur ing jazz guitarist Doug Pauly and Friends. Upcoming concert information and "printed" programs can be accessed from www. musicatnoon.org. Westminster Presbyterian Church is located at 1300 N St.

What: Grinding Holes to Cattle **Brands History Hike**

May 23: The Sacramento Valley Conservan cy's featured monthly history hike at Deer Creek Hills is the Grinding Holes to Cattle Brands, scheduled from 9 a.m. to 1 p.m. Come travel a new trail with Deer Creek Hill's historian David Scharlach as he points out evidence of prior residence to Sacramento's largest open space preserve. Put your boots onto the soil where Native Americans hunted and chanted songs to the early hours, where European trappers took beaver, where Californios were rewarded for their services, where miners scoured the gulches for a bit of color and, finally, ranchers grazed their sheep and cattle. Good for all ages. Cost is \$10. Register online: www.sacramentovalleyconservancy.org/calendar.asp

Woodland and Pond Birding

May 23: The Sacramento Valley Conservar cy invites you to participate to a docent guided Pond Birding at Deer Creek Hills from 7 to 11 a.m. Volunteer Birding Docents Thomas Baumann and Lisa Couper will guide and lead you on cattle paths at this open space preserve. You'll observe birding activity at stock ponds and seasonal creeks, as you take shelter along the edge of the oak woodland canopy. Late departing migratory birds can be seen and heard, as well as the activity of the year-round birds of Deer Creek Hills Hushed tones, walking and stopping are the best ways to bird watch on this outing. Wear "quiet" warm, muted earth-tone colors, stur-

See Calendar page 17

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dy boots for uneven surfaces. Cotton or wool fabrics are considered "quiet" and work great! Birding scopes, binoculars and/or cameras, are highly recommended for any birding outing. The event is good for all ages. The cost is \$10.Register online: www.sacramentovalley conservancy.org/calendar.asp **Auditions for Sacramento Youth**

Symphony's 2015-2016 season

May 23, 24, 30, 31: If you play brass, woodwinds, percussion, or strings then you're invited to join the award-winning Sacramento Youth Symphony, the Sacramento area's premier youth organization for musicians (ages 6-21)! SYS has orchestras and ensembles for every level, from beginning through advanced. Online application are available at www.sacramen phony.org, and are due by late April Auditions will be held on May 23 and 24 and May 30 and 31. Full merit-based scholarships available for select instruments (mus apply before April 10)! Call Robert at 731-5777 for details.

Music at noon free concert at **Westminster Presbyterian Church**

May 27: Bring your lunch and enjoy fine music. This week there will be music featuring violinist Igor Veligan and pianist Natsuki Fukasawa. Upcoming concert information and "printed" programs can be accessed from www.musicatnoon.org. Westminster Presbyterian Church is located at 1300 N St.

Fire Station 8 Open House

May 30: Fire Station 8, located at 5990 H St., will have an open house from 2 to 4 p.m. Meet firefighters and possibly mascot Sparky.

Free! Riverside Concert Series at **Camp Pollock**

June 4: Come Relax at Camp Pollock! Concert will feature a relaxing musical experience on Sacramento's American River Parkway. Concerts start at 6 and continue until 8 p.m. Bring your own picnic basket and blanket. Bring your leashed dog. Enjoy S'mores compliment of Sierra Service Project! The events are hosted by the Sacramento Valley Conservancy. For more information, contact sacramentovalleyconservancy.org or call 731-8798. Camp Pollock is located at 1501 Northgate Blvd.

Fire Station 5 Open House

June 6: Fire Station 5, located at 731 Broadway, will have an open house from 2 to 4 p.m. Meet firefighters and possibly mascot Sparky.

The Folsom Symphony presents: **Sport Night at the Symphony** June 6 and 7: Narrated as a sport

vent, the symphony presents a-Monday Night Football theme, featuring Bizet's "March of the Toreadors" (Carmen), Reineke's "Casey at the Bat", themes from Rocky. Chariots of Fire, and Bri an's Song, Williams' "Olympic Fanfare and Theme", Peter Schickele/PDQ Bach's hilarious version of the first ovement of Beethoven's Fifth Symphony. Harris Center for the Arts, 10 College Parkway. The Saturday, June 6 show starts at 7:30 p.m. and the Sunday, June 7 starts at 2 p.m. For more information, visit www.folsomsymphony.co or call 608-6888. Tickets range from \$20 to \$55 depending on location.

A theater performance "Anansi, The Spider" to be held at **Fairytale Town**

June: 6 and 7: Show times are 12:30. 1:30

and 2:30 p.m. In the jungles of Africa lives a

tiny spider known as Anansi, Believing the

stories from Nyami, the sky god. This story

is presented by The Puppet Company using

hand and rod puppets with authentic African

music, colorful costuming and classical Afri-

addition to park admission, and \$1 for mem-

bers. For more information, visit fairytale-

town.org or call 808-7462. Sponsored by

Town is located at 3901 Land Park Dr.

place, Kandern

ScholarShare College Savings Plan. Fairytal

Film showing about Sutter's birth

Camp Pollock June 18: Come Relax at Camp Pollock!

Concert will feature a relaxing musical experience on Sacramento's American River Parkway. Concerts start at 6 and contin ue until 8 p.m. Bring your own picnic basket children of Earth need stories to tell each othand blanket. Bring your leashed dog. Enjoy er, he begins a quest to get the golden box of S'mores compliments of Sierra Service Proj ect! The events are hosted by the Sacramento Valley Conservancy. For more information, contact sacramentovalleyconservancy org or call 731-8798. Camp Pollock is locatcan design. Tickets are \$2 for nonmembers in ed at 1501 Northgate Blvd.

Family Campout at Fairytale Town Friday, June 19 5:30 p.m. through Satur-

day, June 20 at 7 a.m.: Spend the night in Fairytale Town's storybook park. This exciting overnight adventure includes a theater ance, arts and crafts activities, a sca

Free! Riverside Concert Series at enger hunt, bedtime stories and a sing-along Wake up the next morning under Fairytale Town's canopy of trees to a light continen tal breakfast. Prices range from \$25-\$30 per person and include all activities. Member dis counts are available. For more information, visit fairytaletown.org or call 808-7462. Fairytale Town is located at 3901 Land Park Dr

Fire Station 7 Open House

June 20: Fire Station 7, located at 6500 Wyndham Dr., will have an open house from 2 to 4 p.m. Meet firefighters and poss

Fire Station 10 Open House

June 27: Fire Station 10, located at 5642 66th St., will have an open house from 2 to 4 p.m. Meet firefighters and possibly mascot Sparky.



- EVENT LISTING SECTION -

Advertise your craft fairs, holiday bazaars, school fundraises, church events, etc. in your Community Newspapers. Call (916) 429-9901 for rates.

www.sacramentoturnverein.com

Fire Station 12 Open House

June 13: Fire Station 12, located at 4500

4 p.m. Meet firefighters and possibly mas-

CALL AND PLACE YOUR EVENT **TODAY!** (916) 429-9901

& Deane Dance Center present "The Unicorn Fountain" May 23 at 7 p.m. May 24 at 2 p.m.

The Center at Twenty-Three Hundre 2300 Sierra Blvd. Sacramento Tickets \$10 - \$15 at the door OR contact

www.deanedancecenter.com (916) 453-0226

YOUNG ACTORS STAGE THE SOUND OF MUSIC Friday, May 15 & 22 at 7;

Saturday, May 16 & 23 at 1, 4, & 7; Sunday, May 17 at 1 & 4 24th Street Theater. 2791 24th Street, Sacramento

Tickets \$10 - \$12 More info at YoungActorsStage.com CALL AND PLACE YOUR EVENT TODAY! (916) 429-9901

Call a sales representative today for great advertising rates: 429-9901

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HealthCorps students entertained, educated peers at health fair

Story and photos by KAREN WILKINSON

The third annual Encina Preparatory High School health fair on Friday, April 24 and organized by HealthCorps – featured performances by the Sacramento Kings Dancers and the school dance

The fair included interactive community and student-run booths and activities:

- meditation and breathing technique
- West African drum and dance
- yoga and AcroYoga
- Teen Battle Chef, with a focus on the health benefits of walnuts • performances by the Sacramento Kings Dancers and iDigit

The iDigit dance team was formed by HealthCorps Coordinator Kristen Rulison and includes students with roots from Mexico, Congo, Turkey and Sacramento. The group has recently performed at the Crocker Art Museum.

The California Walnut Board funds Encina's HealthCorps coordinator to promote lifestyle wellness including nutrition, physical activity, and mental resilience, along with advocating for a healthier environment on campus and in the community.

It's an opportunity for students and staff to build awareness

around hypertension, stress relief, disease prevention, depression, pregnancy prevention and care, addictive substances and substance abuse, by acquiring new skillsets for their lives in a fun, exciting way.

HealthCorps is a nonprofit founded in 2003 by Dr. Mehmet Oz and his wife Lisa that implements an innovative in-school model designed to inspire teens to make healthier choices for themselves

HealthCorps is active in 55 schools across 11 states and the District of Columbia. Through the Active Alliance, California's professional basketball teams partner with two to four HealthCorps schools and execute Alliance programming in tandem with community relations staff from the teams. The program was founded by the California Endowment.





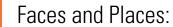






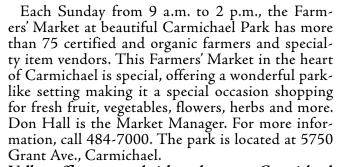






Farmers' Market in Carmichael Park

Photos by MONICA STARK



Volkswaffle to open brick and mortar Carmichael location

At the Carmichael Farmers' Market, Terry Jeske of Volkswaffle spoke with the Arden-Carmichael News about him opening up a brand new brick-and-mortar location at 4140 Manzanita Ave. Leosha Hamilton of Adam's Ranch Olives. Though he planned on opening the business two months ago, Jeske said delays with contractors have set him back, but that he should be opening in a few weeks. The previous business in that location was City Brew Coffee and Bagels. Specializing in authentic Belgian waffles, Jeske's waffles are made of quality ingredients. Even the dough is imported directly from Belgium. Jeske makes what are called Liége dough waffles, which is made from a richer, more sweet dough that includes Belgian pearl sugar as a main ingredient. As described on his website, "During preparation, the waffle irons are carefully set to the perfect temperature in order to melt and caramelize the pearl sugar. This produces a crispy and cakey texture throughout the entire waffle, with a soft and warm center."

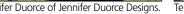














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Updated custom 3 bedroom 2½ bath home with mid-century flair! Light pours in from windows everywhere. Rich wood and slate floors throughout. Dedicated home office and a flex space currently used as an art studio. Easy care yard is a composition of several beautiful garden rooms. \$654,000

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bedrooms downstairs, each with its own bath, and private master suite with loft (ideal for office). Large open family room and kitchen provides great space for gatherings! 4-car garage, well landscaped backyard. \$699,000

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Spacious rooms, lots of windows, very open and bright. 3 Custom 5 bedroom, 4½ bath home in a gated community on Arden Bluffs Lane. Top of the line appliances and granite counters. Master suite includes fireplace and sitting area. Downstairs has 2 remote guest rooms with private baths, large game room and swimming pool just steps away. \$995,000

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4 bedroom 3 bath home, 3000 square feet, among large, wellmaintained homes in a quiet neighborhood. Borders American River Parkway. Spotless home with updated kitchen, lots of storage, spacious game room with full bath and access to pool. \$534,500

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Well-designed 4 or 5 bedroom 4 bath home on a double lot! Spacious master suite, spacious bedrooms, large kitchen and huge yard. Extra deep garage fits 6 sports cars with drive-thru bay. Workroom off the garage and a huge bonus room over the garage, \$529,000

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BEAUTIFUL ARDEN OAKS

Ranch style 4 bedroom, 3 full bath, home with wide plank hardwood floors, plantations shutters, updated kitchen with gas cooktop, stainless steel appliances and breakfast area, and dual pane windows. Large family room complete with built in bookcases for media equipment. \$625,000

CHRISTINE BALESTRERI 966-2244



FEELS LIKE HOME

Beautiful 2 bedroom 2 bath home with inviting open floor plan. Living room fireplace, kitchen pantry closet, ceramic cooktop. inside laundry and attached garage. 2008 upgrades include roof, HVAC, windows and doors. Easy access to freeways and the American River Parkway. \$149,900

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NORTHRIDGE COUNTRY CLUB

Amazing 5 bedroom 3 bath home backs to Northridge Country Club golf course. Remodeled from the studs up. New electric. new HVAC, Acacia wood flooring, imperfect smooth walls, quartz counters in the kitchen, and imported granite in the baths. Drive your cart to the 15th fairway. \$499,000

LINDA EISENMAN 838-4338



GOLD RIVER MANOR HOME

Great location for this 2 bedroom 2 bath Manor Home in Gold River community. Attached 2-car garage is in gated community for convenience and security. Home shows beautifully. Newer carpet, tile flooring, scrapped ceilings and freshly painted throughout. \$319,000

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for current home listings, please visit:

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