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Kaiser honored fallen soldiers, veterans, active duty military

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Sathre Jewelers built strong legacy in Carmichael

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## Kaiser Permanente Sacramento Medical Center honors fallen soldiers, veterans, active veterans, active duty military during special ceremony

### Kaiser Permanente employees, physicians and volunteers recognized for their service before Memorial Day holiday

Kaiser Permanente Sacramento Medical Center held a special ceremony honoring the memories of all who have died on behalf of our country, and also recognized employees, physicians and volunteers who are active duty personnel or military veterans.

Dozens of military honorees and family members were presented with commemorative "challenge coins" during a noontime ceremony recognizing their service to our country on May 21.

The ceremony leading into the Memorial Day weekend provided Kaiser Permanente employees, physicians and volunteers with an opportunity to remember those who have lost their lives serving our country.

The keynote speaker was Charlene Taylor, the hospital's former chief operating officer who now is chair of the California Veterans Board.

A Del Campo High School honor guard, Air Force Junior ROTC CA-863rd Cadet Group, under the direction of Chief Master Sergeant Lacuesta-Siroin, also participated. The group retired the flag that flies outside the Morse Avenue hospital and replaced it with a flag that had previously flown at the U.S. Capitol, which was provided by Rep. Doris Matsui.

Kaiser Permanente is holding ceremonies at medical centers throughout Northern California to honor the memories of all who have died on behalf of



our country, and to recognize veterans of past wars as well as active-duty military personnel.

"As we enter Memorial Day weekend, we remember and honor service members who have fought and died today," said Ron Gro-

pper, the senior vice president and area manager for Sacramento. "A number of employees here have served our country, and others have family members who have served or are serving. We are so proud of our veterans, and pay special tribute to them."

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## Summer Fun Café will offer free meals at six locations

The San Juan Unified School District is once again offering all children 18 and younger free meals this summer as part of its annual Summer Fun Café. The café will be found at six locations throughout the community.

There are no qualifications to receive free meals. Students do not have to be enrolled in the San Juan Unified School District, there are no income requirements and there is no paperwork to complete.

Parents may eat with their children by purchasing a meal for \$3. All locations will serve free meals Monday through Thursday from June 8 to Aug. 6.

Below are the Summer Fun Café times and locations:  
Breakfast 7:45 to 8:45 a.m. and lunch 11:30 a.m. to 12:30 p.m.  
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Starr King Elementary: 4848 Cottage Way, Carmichael

**Lunch only 11:30 a.m. to 12:30 p.m.**  
Dyer-Kelly Elementary: 2236 Edison Ave., Sacramento  
Greer Elementary: 2301 Hurley Way, Sacramento  
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**The Crossword** by Margie E. Burke

1	2	3	4	5	6	7	8	9	10	11	12	13	
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65					66					67			

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**ACROSS**

- Barnyard baby
- Brazilian port
- Botch up
- In \_\_\_ of flowers...
- Thrill
- Simpson sibling
- Lump in one's throat
- "You said it!"
- Portray
- Old-style window opener
- Fancy party
- "Vamoose!"
- Agent of change
- Highly decorative
- Taper off
- Terrier type
- Go a few rounds
- Hotel amenity
- Search party
- Fill up
- Do a voice-over
- Monopoly piece
- Show-off
- Confound
- Danger signal
- Crafts partner
- Carryall bag
- Talk radio callers
- Assign new actors
- Wholly absorbed
- Newspaper ad unit
- Evangelist
- Roberts
- Greet the day
- Celestial body
- Soccer legend
- Biblical outcast
- Remote button
- Iron follower
- White House staffer
- Ballet move
- Debug?
- As Felix Unger would
- Chalet backdrop, perhaps
- Soldier's lullaby
- Mythical strongman
- Potential shipwreck spot
- Perfume bottle
- Fancy ride, briefly
- Computer operator
- Boston or Chicago, e.g.
- Justice symbol
- Triceratops feature
- Knotted neckwear
- St. Louis team, familiarly
- More or less
- Certain housecat
- Police weapon
- Put down
- Bellhop, often
- Make an effort
- Archipelago part
- Like Byron's words
- Grammatical slip
- Bring on board
- Eucharist plate
- Yankees legend
- Projecting window
- Siesta sound
- Stage item
- Fabled loser
- October birthstone
- Lose traction
- Pay to play
- Peruse
- Drive-\_\_\_
- Kind of tax

**DOWN**

- 1 Iron follower
- 2 White House staffer
- 3 Ballet move
- 4 Debug?
- 5 As Felix Unger would
- 6 Chalet backdrop, perhaps
- 7 Soldier's lullaby
- 8 Mythical strongman
- 9 Potential shipwreck spot
- 10 Perfume bottle
- 11 Fancy ride, briefly
- 12 Computer operator
- 13 Boston or Chicago, e.g.
- 14 Justice symbol
- 15 Triceratops feature
- 16 Knotted neckwear
- 17 St. Louis team, familiarly
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- 31 Siesta sound
- 32 Stage item
- 33 Fabled loser
- 34 October birthstone
- 35 Lose traction
- 36 Pay to play
- 37 Peruse
- 38 Drive-\_\_\_
- 39 Kind of tax

See Solution, page 17

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# Sathre Jewelers built strong legacy in Carmichael

By LANCE ARMSTRONG  
Lance@valcomnews.com

*Editor's Note: This is part two of a two-part series about the Sathre family and their former Carmichael business, Sathre Jewelers.*

Among the early post World War II businesses of Carmichael was Sathre Jewelers, which debuted as Sathre's Watch Shop on April 1, 1947.

The business was originally located in a 10-foot by 10-foot space in a furniture store on the west side of Fair Oaks Boulevard, just north of Marconi Avenue.

Ron Sathre, whose parents, Ray and Mary Sathre, were the proprietors of that business, said that he believes that his father was Carmichael's first jeweler.

"I think that's the case," Ron said. "Later on there was a jeweler by Crestview Shopping Center, plus there was another one down by Marconi Avenue and Fair Oaks Boulevard."

An advertisement in the Feb. 25, 1953 edition of The Sacramento Bee recognizes Sathre Jewelers as "Carmichael's oldest and most complete jewelry service."

The business's address at that time was 2944 Fair Oaks Blvd.

Altogether, at separate times, Sathre Jewelers had five locations on the same side of Fair Oaks Boulevard.

In speaking about his family's longtime connection to Carmichael, Ron said, "Robert Davis, my dad's brother-in-law, his family had been in Carmichael for approximately a half-century (by 1947). So,

his family had owned some property around there. And over at Palm Drive and Fair Oaks Boulevard, they had a couple of little places. They're both there today and one is an antique shop. The first one on the right side on Palm Drive, that's the antique shop, where my mom and dad stayed with my aunt and uncle when they first moved to Carmichael (in 1947). And they stayed in the back room, which was an add-on room. And Mom complained about the leaky roof. So, when it rained, they got rained on."

Ron, who has a brother named Chuck Sathre and a sister named Vivian Sumner, recalled being raised by his mother while his father ran the store.

And in further speaking about his mother, Ron, who graduated from La Sierra



Photo courtesy of the Sathre family  
Sathre's Watch Shop, which was later renamed Sathre Jewelers, is shown in this c. 1950 photograph.

High School in 1967, said, "She talked about having to go into Sacramento and buy supplies. They would go buy supplies for a dollar, dollar and a half in Sacramento and come back and sell them in Carmichael for 50 cents or 75 cents more to make some money. And that's how they got into the wholesale end of things. Mom did multitasking became popular."

"So, they had started out on a shoestring, basically. Just the two of them. That was in 1947, and I came along in July of 1949."

Chuck, who resides in Fair Oaks, was born in May 1951 and graduated from La Sierra High in 1969. And today, he is carrying on the tradition of his father through his love

of working on and collecting old clocks.

Vivian, a Carmichael resident, was born in January 1956 and graduated from La Sierra High in 1974.

The Sathre kids played an important role in the business, Ron explained.

"We would have to come over and put things away at night," said Ron, who now resides in Rigby, Idaho. "On Saturdays, we would have to go over and help my dad open up the store and then close in the evening. And, of course, that interrupted our social (activities), and we didn't want to do that. We wanted to get paid, and my dad would say, 'Well, how much am I charging you for your room? How much am I charging you for your

See Sathre, page 7

## Sathre:

Continued from page 6

food? And it would bring reality to our faces pretty quickly. So, we would often say, 'Ok, you got us. We like eating for free and we like having a place to sleep.'

"So, they were excellent parents. Mom and Dad taught us with their upbringing of good, Norwegian-German stock. You work hard, you play hard, you do the right things for the right reasons and you'll get your appropriate reward."

Ron, who joined the Army in 1970, said that his father was a very well respected businessman.

"My dad would bend over backward to help people," Ron said. "If people couldn't get off work until 6:30 (p.m.) or so - he would normally close at 6 (p.m.) - he would stay open until they got there. Conversely, in the mornings, he would get up early if someone needed to pick up a watch or their ring or whatever. So, he was very customer service oriented. Everybody loved my dad."

"I remember people sending their items to him for repair. They would move to Iowa, they would move to Florida, they would move to Massachusetts. And because they trusted my dad and nobody else to work on their wedding ring or their watch or their necklace or their clock, they would send it out to my dad to get fixed. And he would mail it back to them. So, that's the kind of personality and customer service that my dad provided."

Vivian added that her father would also make house calls for such large items as grandfather clocks.

Furthermore, Vivian said, "My parents were very supportive of the community, and very active in organizations. And they instilled a strong work ethic in us as kids, and my mom and dad could fix anything."

Ron fondly recalled how his interest in auto racing had an influence on the business.

"One of the things that was interesting about Sathre Jewelers was I really got interested in cars in about 1965, 1966," Ron said. "They had a West Coast NASCAR race out at the old fairgrounds, and they would be here in October. So, I said, 'Hey, Dad, we ought to do something with that so that we can go to races and bring in business and so forth.' And with that, I got connected with the guy who put on the races, and we began selling tickets for this West Coast NASCAR stockcar race at the fairgrounds. So, that brought customers in, plus I think we got a couple of free tickets to do that. And we also had our business mentioned on the radio as a ticket outlet."

In another moment during the business's history, Chuck and Ron began collecting coins through their involvement in the Boy Scouts.

That hobby led to the creation of a business venture known as Sathre's Coin Corner.

In commenting about that experience, Ron said, "We saw what a business could turn into, and my mom and dad were always interested in business opportunities. So, we started selling coins. We called it Sathre's Coin Corner. My dad actually gave up a 3-foot-wide

by 4-foot-tall rotating showcase for us to put the coins in. So, we bought and sold coins and made some money doing that. My mother would buy coins from people walking in. Back then people would go up to Reno or Lake Tahoe and come back after they had won on the silver dollar machines, and pay for things in silver dollars. A win-win (situation). Some of those silver dollars are worth \$18 or \$20 a piece today, and back then the average silver dollar had a face value of \$1."

While Ray handled most of the duties of Sathre Jewelers, Mary established her own business.

And in commenting about that business, Ron said, "My mom got into the rental business on our property at 6124 Stanley Ave. They built a two-story building, rented the top part out in about 1960 or so, and then they built the bottom part and rented that out. And then in 1961, we went across the street and built a duplex, where we all grew up the other half of our lives. A couple of our first renters were 2nd Lt. Jerry O'Halloran and his wife, Linda. They lived there from May 21 to Dec. 1, 1960. (Jerry) was in the area for bombardier training at Mather Air Force Base."

"My mom was business smart to see the value of having rental properties, so that it would supplement their income. They could go do some of the things they wanted to do, while giving people nice and affordable places to live. So, my mom was in the rental business from about 1960 until she died."



Photo courtesy of the Sathre family  
Left to right, Vivian, Chuck and Mary Sathre stand inside Sathre Jewelers in this 1989 photograph.

"My mom was working all the time. As they say in German, hausfrau, (or) housewife or house woman (in English). My mom was an outdoor woman. She was watering, hoeing the garden, building, painting, mowing lawns. You name it, my mom was out there working."

As for Sathre Jewelers, the business continued to serve the community until its closure in 1989.

Although Ray died at the age of 71 in 1989, and Mary died last February, their legacy remains strong in their longtime hometown of Carmichael.

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RSVP: Meredith at meredith@eastlawn.com  
Thursday, June 25 (Dinner)  
Wednesday, August 26 (Dinner)  
6:30 pm to 7:30 pm  
Sierra Hills Memorial Park & East Lawn Mortuary  
5757 Greenback Lane, Sacramento, CA 95841  
Tel 916.732.2020  
RSVP: Jessica at jessica@eastlawn.com  
Thursday, July 16  
11:30 am to 12:30 pm  
Thursday, August 13 (Dinner)  
6:30 pm to 7:30 pm  
Elk Grove  
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9189 E. Stockton Blvd., Elk Grove, CA 95624  
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RSVP: Glenda at glenda@eastlawn.com  
Wednesday, June 17  
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## Northminster Presbyterian Church to offer free Bible school and music camp

Join Northminster Presbyterian Church for the most rootin, tootinist time this side of the American River and it's free! You don't want to miss being a part of sharing stories of courage from the Bible with an Old Western twist. This year Northminster is combining vacation Bible school and music camp into one fun-filled program for kindergarten through sixth grade from June 8-11 from 4:30 to 8 p.m.

Line and square dancing, a Western challenge course, (includes horseshoes, cow roping, a shooting gallery and gold panning) and a trading post will be part of the fun. There will be Bible skits and songs and a life changing mission project. Children will have an opportunity to learn to play an instrument from the following: violin, guitar, ukulele, chimes, and recorders. The church will provide the chimes and recorders. Student supplies his/her own instrument or can rent one at any local music store. One can also participate in fun jam sessions (percussion). There will be raffle prizes and a light supper will be provided every night. The week concludes with a special worship performance on June 14 at 10 a.m. that features the children's newly acquired skills. To register call 487-5192; visit at northminsteronline.org; or join us on Facebook.

Northminster Presbyterian Church is located at 3235 Pope Ave.

# Matias Bombal's Hollywood

The Age of Adeline

The MPAA has rated this PG-13

LIONSGATE and Lakeshore Entertainment bring us "The Age of Adeline" in which Adeline Bowman, (Blake Lively), remains 29 years of age for almost a century through a mystery trick of fate during an automobile accident on an unusually snowy night in Sonoma, California in 1933.

In this romantic fantasy that spans the best years of the last century to the present, the eternally young Adeline is constantly running from her agelessness.

That is until she descends one New Years Eve in an elevator with a handsome philanthropist played by Michiel Huisman. Twenty-seven floors later, and with some persistence from him, she agrees, with trepidation, to come over for a date.

Romance blossoms, yet she remains guarded with her secret, which is in danger of being exposed unexpectedly when Harrison Ford, playing the father of Huisman, happens to have known and loved Adeline in the 1960s and is certain that it is she, much to the concern of his wife, played by actress Kathy Baker.

If you take your own sweetie to this movie, you'll have wonderful results for this is a lively 107 years of romantic fantasy, handsomely made. The beginning of the movie unravels in a beautiful and clever way and is marvelously imagined and carried out.

The only matter that seemed a bit forced was the closing voice over narration in storyteller fashion, which is the way the movie opens. The narration, by Hugh Ross, was okay, somewhat reminiscent of "The Hudsucker Proxy" but was a bit much at the end. This movie was directed by Lee Toland Krieger.

Hot Pursuit

The MPAA has rated this PG-13

Warner Bros. releases an M-G-M and New Line Cinema comedy which teams Reese Witherspoon and beautiful Sofia Vergara. This is in no way connected to the John Cusack movie of 1987 of the same name. His is more in the vein of a "Dukes of Hazzard" meets "Cannonball Run" and features Witherspoon as a tomboy cop assigned to protect the



widow of a drug lord and bring her to trial as an informant.

Off to a shaky start, they must drive a long way to Dallas. The two are at opposite ends in every imaginable way, yet must bond together as they are chased by crooked cops and mad gunmen.

The director of this movie, Anne Fletcher, makes a Hitchcock cameo as a police dispatcher in one early scene. She's worked as an actress before turning to directing. Perhaps she should have stayed an actress.

This movie is unfunny. The chemistry between the two principals never develops, and no matter how charming Ms. Vergara may be, and she is that, she is the only redeeming aspect in this movie, which fails on many levels. Gaps in continuity and the prolonging what would have made a better television episode of 30 minutes is dragged out to 87 minutes. The preview audience laughed in many spots, however, to me, the entire production seemed trite and forced. Ms. Witherspoon has proved herself an excellent actress and comedienne in other movies, however, here her performance lacks the true ability of her talent, and seemed like she was playing dress-up for a TV skit.



Faces and Places:


## Deterding Art and Music Festival

Photos by MONICA STARK  
editor@valcomnews.com

On Sunday, May 3, Deterding Elementary School held its annual art and music festival, featuring music, art, food, games and crafts. All students from this Carmichael school participated in the festival, an event that truly showcased the fabulous school and students.



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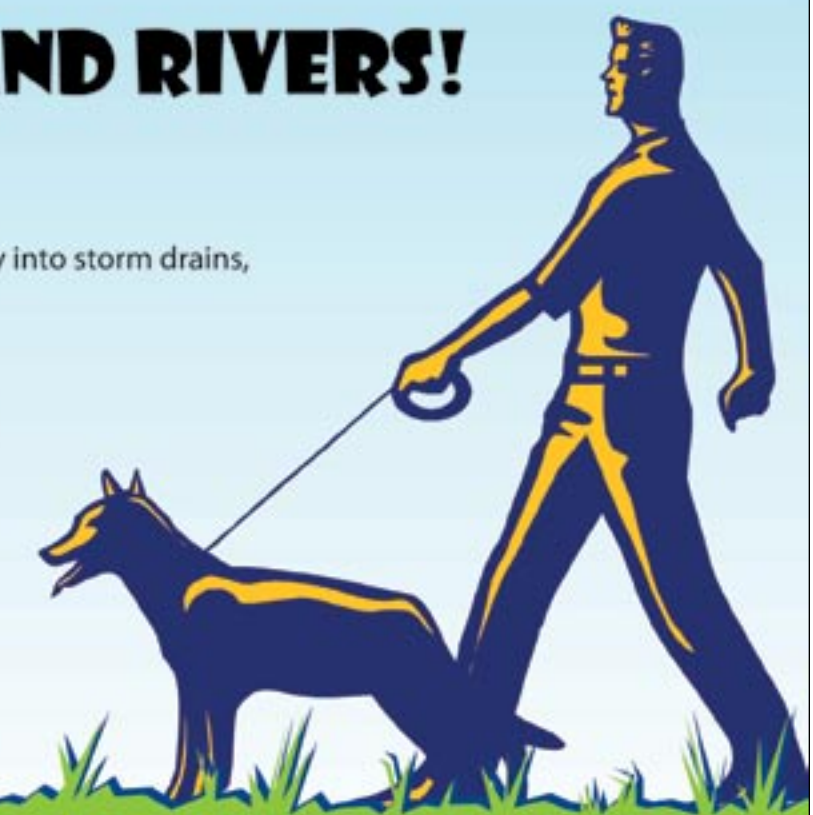
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Sacramento Fine Arts past President Margaret Pollan and her rooster umbrella.



Show at the top right: David Peterson who painted what he saw during the event. Below his photo is Margaret Pollan.

# A Parade of Umbrellas

## Colorful display of art took center stage at Carmichael Park

Photos and story by MONICA STARK  
 editor@valcomnews.com

A colorful display of art took center stage at Carmichael Park at the Parade of the Umbrellas on Saturday, May 16. From the professional artist to the budding preschool-age painter, 65 artists painted a total of 83 umbrellas, which were staked into the lawn in the northeast corner of the park. Not an annual event but a regularly occurring one, artists were excited to partake in it again. "Doesn't it just look beautiful? I am just awestruck at how beautiful it is," said photographer Larry Klink, the current president of Sac Fine Arts.

The Parade of Umbrellas also featured over a dozen banners that were painted

as part of a North Sacramento project in 2006, many of which were painted by student artists. Nicely framing the display of umbrellas, the banners were hung on the tennis court fencing.

Co-sponsored by Sacramento Fine Arts and the Carmichael Recreation and Park District, the event was also a fundraiser for the two nonprofits. Providing a discount for the cost of plain white patio umbrellas to Sac Fine Arts, Ace Hardware was also instrumental in the success of the fundraising event, in which each painted umbrella was auctioned off each with a starting price of \$65.

Organized by Margaret Pollan, a past-president of Sac Fine Arts and one of the founders of the organization, and Tracy

Kerth, recreation services manager at the CRPD, said they began planning for the event in January, and on the day of the display, they had volunteers come to the park to put the canvases on the poles and to hammer them all into the ground.

"This morning at the crack of dawn, at 6:30 a.m., we started (putting up the display). We had all the volunteers come in. We cut all the PVC pipe – that was my husband's (Rob's) job and we had to hammer them all in," Tracy said.

"And my husband (Gene) put them together," added Margaret.

Speaking fondly of the work Margaret has done for the event, Tracy said,

*See Umbrellas, page 11*

### Umbrellas:

*Continued from page 10*

"This lady rocks. This lady is phenomenal. She's just done a tremendous amount of work for us and she's in her 80s. All these gals from Sac Fine Arts are in their 80s and 90s and they make great work."

Speaking about her involvement, Margaret said, "I got the artists. I think there's 65 artists that did the 83 umbrellas, so I got them all Ace Hardware gave us a discount on the umbrellas and I tagged every umbrella that came in. Each one had a bio with it, so if you see an umbrella you think is great, you can read the bio about them."

Margaret herself painted five umbrellas, including one with polka dots, one with butterflies, and another with a rooster.

The event first took place in 2005 and again in 2006 and was the brainchild of a lady who has since passed named Maudry Fahs.

Describing a little bit of that history, Tracy said, "(Maudry) came to me because she couldn't do the logistic stuff. She said she could get the artists and the umbrellas and I said I could do the logistics. It was quite successful."

But the event has not continued annually because of the amount of work and preparation that goes into it. "(Umbrellas are) huge canvases to paint on and it takes a lot of work. So you have to give the artists a year or two break to get excited about it

again, as you can notice they are intricate and beautiful," Tracy said.

Walking around the park and speaking about her other artworks, Margaret said painting watercolor is her specialty. "I paint everything except people. I do everything. I got my hand in everything," she said. Margaret is a chair member of next February's water color exhibit, which will feature watercolor artists from around the country.

Speaking about the art center today, Margaret is continually impressed. "I was one of the founders of the center. This coming year is the 30th anniversary. We rent from the park district. They sponsor a lot. Things at the center are going really well. We have our ups and downs but we manage every year to get by and get better."

# Women's Wisdom Art: Empowerment through art

By LEIGH STEPHENS

Why art for healing: Art demands the involvement of the whole person; body, mind, emotions, imagination, spirit and, it requires unrelenting self-reflection and self-discipline.

Women's Wisdom Art is celebrating its 25th year as a Sacramento non-profit organization that holds classes in the arts and writing for low income women. The women are referred by friends and various social agencies. They come from diverse cultural backgrounds, from all walks of life.

Several thousand women come through WWA's door to take part in art that rewards them with hope and community. Many continue their education to help them have a better life. They have experienced poor health, mental illness, learning disabilities, military service, abuse; some struggle with drug addiction and homelessness. Through the program many are able to lead productive, stable lives.

The agency has had a number of sponsors throughout these years. The Sacramento Metropolitan Arts Commission, Sisters of Mercy of Auburn, the Sacramento Food Bank

and Family Services and private donors are among those who have contributed funds. When the Food Bank changed priorities about three years ago, WWA's budget dropped from about \$100,000 to \$20,000.

The organization leaders, teachers and women participants vowed to keep the program going. It was a struggle to pay rent and keep the program going so now it shares space with the Poetry Center in an old warehouse at 1719 25th St. Bob Stanley, president of the Sacramento Poetry Center invited WWA to use their space for a modest rent... poetry at night; art classes in the day.

WWA has just received a Sacramento Metropolitan Arts Commission Cultural Award for artistic quality. The funding is for three years, 2015-17. It will support about 20 percent of WWA annual costs.

In February 2015, WWA with the Community for Peace exhibited art at the Crocker Art Museum, titled "Peace and Hope." The show consisted of a mixture of paintings: oil, watercolors, acrylics. It also displayed hand crafted art and ceramic pieces. Those women artists beamed with pride as they discussed how they created each piece. The women's art has also been dis-



Shown here are Laura Ann Walton, Susan Kelly-DeWitt, Helen Plenert.

Photos by Leigh Stephens

played at SMUD art gallery, at the California Capitol, at local galleries and businesses.

In addition to art and writing classes, WWA holds a show twice a year where the public can view the women's work and purchase pieces. The money goes back to the artist, and the artists pay a fee of \$25 each month to help pay for art supplies:

brushes, easels, journals, etc. With this monthly fee, women can attend any type of class during the month.

WWA empowers women through tapping their inner self through expression in painting, fabric art, mosaics, and writing. Roberta Beach, board mem-

See Art, page 13

## Art:

Continued from page 12

ber says, "WWA provides a safe place for women to build self-esteem, to develop confidence and the courage to take the next step to a fuller life through their art."

In a recent acrylic class, five women gathered with volunteer instructor Susan Kelly-DeWitt (who was also WWA's first program director) at the studio in a small room staged in a U shape. The women were working on various art pieces. Susan moved quietly from student-to-student offering suggestions and encouraging the women in their inspirations.

### Student voices and lives:

Mallory says she has been attending classes for about ten years. She says she values the community of women where they become part of her family. The program offers a structure for the women's lives. She says, "It feeds my spirit so I have the freedom to express myself."

Jen says the art makes her optimistic about her future, "I thought art was a talent you were born with but discovered it also involves skills you can learn."

Consuelo says, "I feel strong about my Apache background. Wisdom has opened many doors for me. We are not just black & white...we come from many different cultures...I no longer have to be alone."

Catie is a military vet who suffers from a debilitating illness that makes her hands shake when she works. It took a long time for Catie to grasp

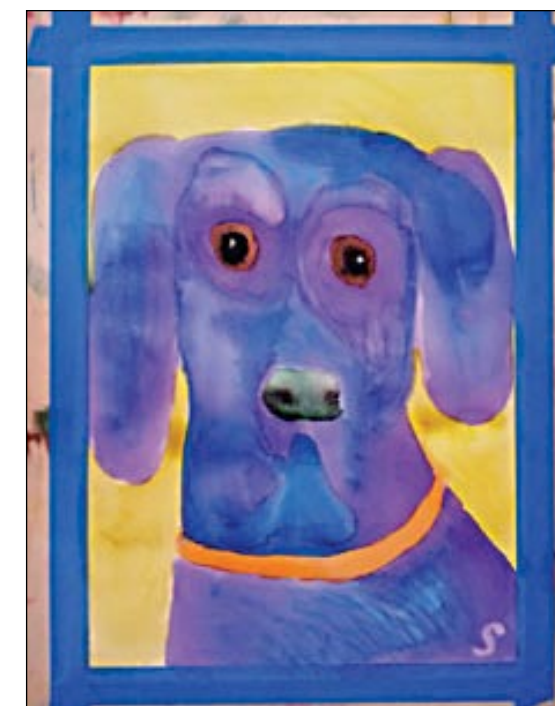
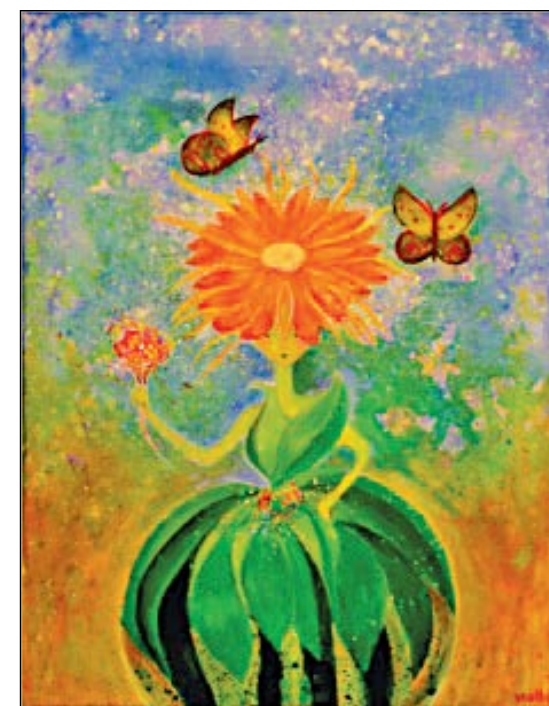
the ideas that in spite of her difficulties, she could draw and paint. She is now an art major.

Sandy says, "I'm recovering from drug addiction & alcoholism. I'm also on a journey to recover from sexual, physical and emotional abuse. I'm learning to like the one I see in the mirror."

Founder Laura Ann Walton says, "Women's Wisdom Art not only 'helps' the women, but can bring about a transformation of life - it is a spiritual experience." Walton is a native of Sacramento who taught English in Catholic schools for 13 years and worked two years as principal of Mercy High School in Carmichael. She was one of the founding members of Loaves & Fishes, a non-profit agency serving the homeless. She was the founding Director of Maryhouse which serves homeless women and children, and she is the founder of Women's Wisdom Art in 1990.

From a published booklet by the poets of Women's Wisdom Art, 2014, *When the Light Changes*, Jana writes in her poem, "Beauty of the Mind," "... The mind holds a hidden stillness containing the secret to life's mystery. As days go by our most precious memories await us in an inkling of time. They await us patiently to be called forth, Beauty, mind, remembrance."

Helen Plenert is the program manager for WWA who graduated from CSUS Department of Journalism and Communications and the author of more than 500 articles and the books, *12 Steps to Clear Writing and Covering the Community*.



Shown here are two pieces of student art.

art design. Returning to Sacramento, she received a California State general contractor's license which qualifies her to work on building projects such as murals. Her other art includes acrylics, water colors, and oil pastels. She says one of her teachers was well-known Sacramento artist Wayne Thiebaud.

Women's Wisdom Art accepts donations of money, art supplies, yardage, sewing supplies, and volunteer services to the program. (See list of needs on www.womenswisdom.org) For more information contact Helen Plenert at her office 916-482-2608 or her cell 916-599-2608.

Leigh Stephens is a retired journalism professor from CSUS Department of Journalism and Communications and the author of more than 500 articles and the books, *12 Steps to Clear Writing and Covering the Community*.

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### Hawaiian Luau

Thursday, June 11 | 11:30 am

Enjoy a delicious meal featuring Hawaiian pork and barbecue paired with greens, rice and dessert. Live entertainment begins immediately after lunch.

### Hearing Seminar

Friday, June 12 | 2:00 pm

Gather with friends for a seminar hosted by Amplex Hearing Aid Center. They will conduct hearing tests and service hearing aids.

Space is limited for these events - RSVP at 916.993.5039. To view all of our upcoming events, visit [www.atria-carmichaeloaks.com](http://www.atria-carmichaeloaks.com).

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# June 2015 Events at the Carmichael Library

Carmichael Library, 5605 Marconi Ave., is open Sunday from noon to 5 p.m.; Monday: closed; Tuesday and Wednesday: 10 a.m. - 8 p.m.; Thursday: 10 a.m. - 6 p.m.; Friday: 1 to 6 p.m.; Saturday: 10 a.m. - 5 p.m. For details, telephone the Sacramento Public Library at (916) 264-2920 or visit [www.saclibrary.org](http://www.saclibrary.org).

## Job Coach @ the Carmichael Library (Adult)

Tuesday, June 2 at 2 p.m.  
Get help with your job search resume interview skills and more with a live job coach! By appointment; each appointment is an 1/2 hour.

Register in person or by calling (916) 264-2920

## Read to a Dog (School Age (6-12))

Tuesday, June 2 at 3:30 p.m.  
Specially trained therapy dogs are waiting for children to come read to them. For kids ages 5 to 10 years old that are reading. Earn credit for the time spent reading and earn a book too!

## Intermediate Microsoft Word - Oasis Connection class @ Carmichael (Technology Instruction)

Wednesday, June 3 at 9 a.m.  
This course focuses on intermediate word processing

skills like formatting longer documents using clipart using templates and styles creating and editing tables and creating mail merges. This is a follow-up to the Connections course Introduction to Microsoft Word. If you haven't taken that course you should at least be familiar with the basic features and functions of Microsoft Word. Class consists of six two-hour sessions. You must be willing to commit to ALL six sessions! Classes will start on Wednesday, June 3 at 9 a.m. Following classes are Friday, June 5 at 9 a.m., Wednesday, June 10 at 9 a.m., Friday, June 12 at 9 a.m., Wednesday, June 17 and Friday, June 19 at 9 a.m. Registration is required. This is an OASIS Connections class. Registration is required.

## One-on-One Technology Help @ Carmichael (Technology Instruction)

Wednesday, June 3 at 5 p.m.  
Are you curious about ebooks but not sure how to get started? Is your tablet or ereader a mystery? Do you need basic computer help such as creating e-mail accounts and using the internet? Come

by the Carmichael Library and meet with a Technology Assistant!  
Registration is Required

## One-on-One Technology Help @ Carmichael (Technology Instruction)

Wednesday, June 3 at 5:30 p.m.

Are you curious about ebooks but not sure how to get started? Is your tablet or ereader a mystery? Do you need basic computer help such as creating e-mail accounts and using the internet? Come by the Carmichael Library and meet with a Technology Assistant!  
Registration is required.

## History Book Club (Book Club)

Wednesday, June 3 at 6:30 p.m.

The Carmichael Library History Book Club meets monthly to discuss a non-fiction or historical fiction book. Help us decide which is truer: fact or fiction! Please bring a snack to share and join us as we dive into history books. This month's title is Ladies of Liberty: the women who shaped our nation by Cokie Roberts.

Stay and Play @ Carmichael Library (Early Childhood (0-5))

Thursday, June 4 at 11:45 a.m.

Parents and caregivers are invited to bring in their babies toddlers and other children to "stay and play". We will put out toys for the children to play with while their parents socialize.

## One-on-One Technology Help @ Carmichael (Technology Instruction)

Thursday, June 4 at 2 p.m.

Are you curious about ebooks but not sure how to get started? Is your tablet or ereader a mystery? Do you need basic computer help such as creating e-mail accounts and using the internet? Come by the Carmichael Library and meet with a Technology Assistant! Sessions are first come first served and last 30 minutes.

## Movie Matinee @ Carmichael Library (Family/All Ages)

Thursday, June 4 at 3 p.m.  
Bring your friends and enjoy a movie @ Carmichael Library - Free! Visit Carmichael Library for a list of up-coming movie titles

See Library events, page 16

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## Library events:

Continued from page

**Knitwits @ Carmichael Library (Adult)**  
Friday, June 5 at 11 a.m.

Do you knit? Crochet? Do needlework? Want to learn? Are you and expert who can help others? Bring a project to work on and a snack to share as we learn together!

**Job Coach @ the Carmichael Library (Adult)**

Tuesday, June 9 at 2 p.m.

Get help with your job search resume interview skills and more with a live job

coach! By appointment; each appointment is an 1/2 hour. Register in person or by calling (916) 264-2920

**Read to a Dog (School Age (6-12))**

Tuesday, June 9 at 3:30 p.m. Specially trained therapy dogs are waiting for children to come read to them. For kids ages 5 to 10 years old that are reading. Earn credit for the time spent reading and earn a book too!

**iPad Class - 2 session Oasis class June 9 & 16 (Technology Instruction)**

Tuesday, June 9 at 6 p.m.

In this course you will learn the basic tricks and techniques for using your iPad including: physical layout of buttons and features navigating screens and apps connecting to the Internet overview of included apps downloading apps from the Apple Store and the settings you need to know. Please bring your own iPad fully charged and your passwords. This is an OASIS Connections class. Registration is Required

**One-on-One Technology Help @ Carmichael (Technology Instruction)**

Wednesday, June 10 at 5 p.m.

Are you curious about ebooks but not sure how to get started? Is your tablet or ereader a mystery? Do you need basic computer help such as creating e-mail accounts and using the internet? Come by the Carmichael Library and meet with a Technology Assistant! Registration is Required

## CASH PAID FOR DIABETIC TEST STRIPS

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# CALENDAR

Send your event announcement for consideration to: editor@valcomnews.com at least two weeks prior to publication.

## ONGOING

### Los Ninos Service League volunteer opportunities

Combine community service with fun as a volunteer with the Los Ninos Service League by working in the dining room, kitchen or garden at the Casa Garden Restaurant. Since 1974 the Casa, located in the Curtis Park neighborhood, has been raising funds to help support the Sacramento Children's Home. For more information on becoming a volunteer, please join us for an information and recruitment coffee on Tuesday, May 12 at 9:30 a.m. at the Casa, 2760 Sutterville Road, Sacramento. RSVP at 452-2809.

### Low Impact Fitness at Tahoe Park:

Enjoy a low impact workout outdoors at Tahoe Park. Neighbors come together for fun and exercise every Monday and Wednesday at 10:30 a.m. Examples include: Jogging-in-place, jumping jacks, Fingertip-to-toe jacks. Donations of \$1-\$2 are requested to pay for the online service, Meetup.org, which this group is a part of. This is a meet-up for neighbors to provide guidance and encouragement for each other. There is no professional trainers and all injury is at your own risk. Meet by the pool house, 3501 59th St., 95820.

### Free yoga in Tahoe Park

Free yoga in Tahoe Park every Sunday at 9 a.m. (starting April 12) at 59th Street at 11th Avenue. Please bring a mat, towel, and a water bottle. This is an all-levels class and everyone is welcome.

### Monthly tours of Sacramento Children's Home

Find out about the Sacramento Children's Home mission, programs, and how you can get involved on the fourth Thursday of each month, starting at 10:30 a.m., 2750 Sutterville Road. For more information and to RSVP, visit HYPERLINK "http://www.kidshome.org/tour-sch" www.kidshome.org/tour-sch.

For more information and to RSVP, visit HYPERLINK "http://www.kidshome.org/tour-sch" www.kidshome.org/tour-sch.

### Free Young Adult Bereavement Counseling:

The UC Davis Hospice Program and UC Davis Children's Hospital Bereavement Program will offer an eight-week Young Adult Bereavement Art Group for individuals 17 to 24 who are coping with the recent loss of a loved one. The sessions will be held on eight consecutive Monday evenings from Sept. 29 through Nov. 17. Each session will be held from 6 p.m. to 7:30 p.m. at the UC Davis Home Care Services Building, 3630 Business Dr., Suite F.

### Support group for alienated grandparents

Meeting is the last Friday of each month at 2717 Cottage Way, suite 4. Meeting is at noon. 761-9121.

### Tai Chi at Hart Senior Center

Focuses on low impact form of ancient Chinese exercise, combining slow movements with relaxation. Mondays, 10:30 - 11:30 a.m. at the Ethel MacLeod Hart Senior Center, 915 27th St. Try it once for free!

### Solution to Crossword:

C	A	L	F	N	A	T	A	L	F	L	U	B
L	I	E	U	E	L	A	T	E	L	I	S	A
A	D	A	M	S	A	P	P	L	E	A	M	E
D	E	P	I	C	T	S	A	S	H	C	O	R
				G	A	L	A	S	H	O	O	
C	A	T	A	L	Y	S	T	O	R	N	A	T
A	B	A	T	E	C	A	I	R	N	B	O	X
R	O	B	E	P	O	S	S	E	S	A	T	E
D	U	B	H	O	T	E	L	P	O	S	E	R
S	T	Y	M	I	E	R	E	D	A	L	E	R
				A	R	T	S	T	O	T	E	
P	H	O	N	E	I	N	S	R	E	C	A	S
R	A	P	T	C	O	L	U	M	N	I	N	C
O	R	A	L	A	R	I	S	E	S	T	A	R
P	E	L	E	L	E	P	E	R	M	E	N	U

11:30 a.m. at the Ethel MacLeod Hart Senior Center, 915 27th St. Try it once for free! Stop by the Hart Senior Center front desk or contact 808-5462. Cost: \$23 for five classes.

### Zumba for Seniors at Hart Senior Center

Zumba for Seniors incorporates physical exercise and dance steps to the rhythms of Cumbia, Merengue, Mambo, Salsa, Samba, and much more. Tuesdays 9:30-10:30am and Fridays 3 to 4 p.m. at the Ethel MacLeod Hart Senior Center, 915 27th St. Sacramento (27th and J streets). Try it once for free! For more information or to register, stop by the Hart Senior Center front desk or contact 808-5462. Cost: \$20 for five classes; \$40 for 10 classes.

### Active Yoga at Hart Senior Center

Increase your strength and flexibility, improve balance, and enhance the ability to relax and release stress. Classes are Mondays and Wednesdays, 2:30 p.m. - 3:30 p.m. at the Ethel MacLeod Hart Senior Center, 915 27th St. For more information or to register, stop by the Hart Senior Center front desk or call 808-5462. Cost: \$35 for five classes or \$70 for 10 classes. Try the class once for free and see if Active Yoga is right for you.

See more Calendar, page 18



**14th Annual Father Daughter Dance**  
FRIDAY, JUNE 19th  
**7-9pm**  
**\$5 per person**  
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**The Folsom Symphony**  
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SATURDAY, JUNE 6 7:30 PM  
SUNDAY, JUNE 7 2:00 PM  
Bizet: "March of the Toreadors" (Carmen)  
Reineke: Casey at the Bat  
Themes from Rocky, Chariots of Fire, and Brian's Song  
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# CALENDAR

## Singers with Hart

Experienced and beginning singers age 50 and above are welcome. New sessions start every nine weeks and are held at the Hart Senior Center, 915 27th Street, Sacramento (27th and J streets). Pre-registration is required. For more information, visit the Hart Senior Center front desk or contact (916) 808-5462. Cost: \$15.

## The Community Housing and Services Coalition monthly meetings

Originally created by the Sacramento Community Services Planning Council, the Community Housing Coalition (CHC) was created as a vehicle to provide information and educate community leaders and decision makers regarding housing for low income, disabled and older adults. CHSC monthly meetings are free and open to the public; they are held from 9:30 to 11 a.m. on the last Tuesday of each month (except December) at the Sacramento Sheriff's South Area Office Community Room at 7000 65th Street, Sacramento (the Sacramento County Voters Registrar Building). At each meeting a guest speaker is invited to attend and give a 30-minute presentation with 10 minutes for Q&A. Speakers are selected for their expertise and knowledge in their respective fields, and agencies/organizations. The speakers are encouraged to provide handouts, fliers, and other informational materials to the 15 to 30 attendees. If you have any questions, please contact either: Alex Eng at 424-1374; email xeng916@sbcglobal.net; or Cindy Gabriel at 916/732-6189; email cynthia.gabriel@smud.org.

## The Sacramento Capitolaires meeting

A men's Barbershop Harmony group, meets every Tuesday night at Christ Community Church, 5025 Manzanita

Ave., Carmichael. Rehearsals are Tuesdays at 7 p.m. For more information, visit [www.capitolaires.org](http://www.capitolaires.org) or call (888) 877-9806. Men who love to sing are welcome! Men come from Elk Grove, Davis, El Dorado Hills, Roseville or the greater Sacramento area. The group is 40 men who love to sing and wants to encourage more men to join along.

## MAY

### Fire Station 8 Open House

May 30: Fire Station 8, located at 5990 H St., will have an open house from 2 to 4 p.m. Meet firefighters and possibly mascot Sparky.

## JUNE

### Career fair

June 2: There will be a job fair from 9 a.m. to 12:30 p.m. at the Embassy Suites Hotel, 100 Capitol Mall. Bring 10-15 resumes, dress business professional. This is a free event for job seekers. Job opportunities include: Inside sales representatives, outside sales representatives, account executives, retail managers, account managers, insurance sales, customer service, technical sales, sales managers, pharmaceutical sales, telesales, sales trainer, merchandiser, mortgage brokers, financial planner, route sales, retail sales, retail manager, human resources and much more! Many of the companies we work with offer some of the following: Base and uncapped commission pay structure, flexible work schedule, full benefits, 401K, stock options, company car or gas allowances, president club trips and other incentives and opportunity for immense growth. Make \$70,000-plus your first year. (Note: parking is \$1.50 per half hour.)

## Free! Riverside Concert Series at Camp Pollock

June 4: Come Relax at Camp Pollock! Concert will feature a relaxing musical experience on Sacramento's American River Parkway. Concerts start at 6 and continue until 8 p.m. Bring your own picnic basket and blanket. Bring your leashed dog. Enjoy S'mores compliments of Sierra Service Project! The events are hosted by the Sacramento Valley Conservancy. For more information, contact [sacramentovalleyconservancy.org](http://sacramentovalleyconservancy.org) or call 731-8798. Camp Pollock is located at 1501 Northgate Blvd.

## Fire Station 5 Open House

June 6: Fire Station 5, located at 731 Broadway, will have an open house from 2 to 4 p.m. Meet firefighters and possibly mascot Sparky.

## The Folsom Symphony presents:

### Sport Night at the Symphony

June 6 and 7: Narrated as a sports event, the symphony presents a Monday Night Football theme, featuring Bizet's "March of the Toreadors" (Carmen), Reinecke's "Casey at the Bat", themes from Rocky, Chariots of Fire, and Brian's Song, Williams' "Olympic Fanfare and Theme", Peter Schickele/PDQ Bach's hilarious version of the first movement of Beethoven's Fifth Symphony, Harris Center for the Arts, 10 College Parkway. The Saturday, June 6 show starts at 7:30 p.m. and the Sunday, June 7 starts at 2 p.m. For more information, visit [www.folsomsymphony.com](http://www.folsomsymphony.com) or call 608-6888. Tickets range from \$20 to \$55 depending on location.

## A theater performance "Anansi, The Spider" to be held at Fairytale Town

June: 6 and 7: Show times are 12:30, 1:30 and 2:30 p.m. In the jungles of Africa lives a tiny spider known as Anansi. Believing the children of Earth need stories to tell each other, he begins a quest to get the golden box of stories from Nyami, the sky god. This story is presented by The Puppet Company using hand and

rod puppets with authentic African music, colorful costuming and classical African design. Tickets are \$2 for nonmembers in addition to park admission, and \$1 for members. For more information, visit [fairytalestown.org](http://fairytalestown.org) or call 808-7462. Sponsored by ScholarShare College Savings Plan. Fairytale Town is located at 3901 Land Park Dr.

## Film showing about Sutter's birth place, Kander

June 12: At 7 p.m., Peter Volker from Kander will be in Sacramento at the Turn Verein to show a film about Kander, which is not only the birthplace of General Sutter, but in 1848 there was a fight at Kander where the first "Republicans" (i.e. students etc.) were demanding and fighting for establishing a "Republic of Baden." When they were defeated many of them fled across the Rhine-river and then to the USA. They founded many "Turnvereine" in America. After the film, Peter will have a discussion and answer questions. This is a project of a partnership between Sacramento and Kander. Those interested in this project are invited to join the meeting at the [www.sacramentoturnverein.com](http://www.sacramentoturnverein.com)

## Fire Station 12 Open House

June 13: Fire Station 12, located at 4500 24th St., will have an open house from 2 to 4 p.m. Meet firefighters and possibly mascot Sparky.

## Free! Riverside Concert Series at Camp Pollock

June 18: Come Relax at Camp Pollock! Concert will feature a relaxing musical experience on Sacramento's American River Parkway. Concerts start at 6 and continue until 8 p.m. Bring your own picnic basket and blanket. Bring your leashed dog. Enjoy S'mores compliments of Sierra Service Project! The events are hosted by the Sacramento Valley Conservancy. For more information, contact [sacramentovalleyconservancy.org](http://sacramentovalleyconservancy.org) or call 731-8798. Camp Pollock is located at 1501 Northgate Blvd.

## Planning for seniors workshop

June 18: Tom Nakashima, along with Deborah Short and Eddie Fong of Planning for Seniors, LLC, will be hosting an informational get-together for Boomer with Aging Parents. They will be talking about important issues such as funding option for elder care and asset protection in California, so bring your questions. Free of charge. Pre-registration is required. Class will be starting at 7 p.m. at ACC Senior Services, 7334 Park City Dr. For details, call 530-671-3308.

## Family Campout at Fairytale Town

Friday, June 19 5:30 p.m. through Saturday, June 20 at 7 a.m.: Spend the night in Fairytale Town's storybook park. This exciting overnight adventure includes a theater performance, arts and crafts activities, a scavenger hunt, bedtime stories and a sing-along. Wake up the next morning under Fairytale Town's canopy of trees to a light continental breakfast. Prices range from \$25-\$30 per person and include all activities. Member discounts are available. For more information, visit [fairytalestown.org](http://fairytalestown.org) or call 808-7462. Fairytale Town is located at 3901 Land Park Dr.

## Fire Station 7 Open House

June 20: Fire Station 7, located at 6500 Wyndham Dr., will have an open house from 2 to 4 p.m. Meet firefighters and possibly mascot Sparky.

## Learn summer safety at ACC

June 25: Increase your awareness so that common occurrences don't leave you vulnerable to crime. This training addresses simple things you can do to make yourself less of a target. We will also talk about scams that are directed toward seniors. Free of charge. Pre-registration is required. Class will be held from 10 a.m. to noon at ACC Senior Services, 7334 Park City Dr. For details, call 393-9026 ext 330, [www.accsv.org](http://www.accsv.org).

# Carmichael Recreation and Park District gears up for summer events

Filled with concerts, good food and camps, this summer at the Carmichael Recreation and Park District will kick off the good times on Thursday, June 4 with the "Park Rec and Eat It Food Truck Event" where you can spend time with family and friends and eat food from food trucks from 5 to 9 p.m. Carmichael Park is located at 5750 Grant Ave.

Then, on Saturday, June 6 and Sunday June 7, The Sacramento Valley Symphonic Band Association presents the annual Carmichael Park Community Band Festival, Carmichael Park Amphitheater. With 15 concert bands, this is one of the largest community band festivals in California for more than 20 years. There will be music from noon to 7 p.m. Saturday and 11 a.m. to 7 p.m. Sunday. Bring the entire family, a picnic, lawn chairs, sun hat, and enjoy two lovely afternoons of music! Admission and parking are both free. For more information, call 489-2576 or visit: <http://www.svsba.net>, <http://www.sacwinds.org/>. The event is sponsored by The Sacramento Valley Symphonic Band Association and the Carmichael Recreation and Parks District.

## The schedule for the band festival is as follows:

**Saturday, June 6**  
Noon – Auburn Concert Band  
1 p.m.–Sacramento Concert Band  
2 p.m.–River City Concert Band  
3 p.m.–Elk Grove Community Concert Band  
4 p.m.–Solano Winds Community Concert Band  
5 p.m.–Yolo Community Band  
6 p.m.–Capital City Concert Band

**Sunday, June 7**  
11 a.m.–3 Note Band  
Noon–Capitol Pops Concert Band  
1 p.m.–Pittsburg Community Band / Vallejo Community Concert Band  
2 p.m.–Amador County Concert Band  
3 p.m.–Winds of Faith  
4 p.m.–Sacramento Symphonic Winds  
5 p.m.–Roseville Community Concert Band  
6 p.m.–Joyous Brass

Later in the month, there will be a summer concert featuring Unlicensed Therapy on Saturday, June 13 from 6:30 p.m. to 8:30 p.m. at Carmichael Park. Unlicensed Therapy covers classic rock and contemporary hits from the 80s and 90s! Bring a lawn chair or blanket. Food and beverages available for purchase.

Then, on June 14 at Carmichael Park, The Bongo Furys will per-

form from 6:30 to 8:30 p.m. The Bongo Furys, new to concert series, will provide two full hours of funky jazzy bluesy fun! Bring a lawn chair or blanket. Food and beverages available for purchase.

Swing Masters will be performing on June 21 from 6:30-8:30 p.m. at this traditional Father's Day concert at Carmichael Park! Bring your dancing shoes and a lawn chair or blanket. Food and beverages available for purchase.

On June 27, the Ma Barker Band will perform classic rock favorites at Carmichael Park from 6:30 to 8:30 p.m.

On June 28, Elvis & the Experience will perform songs by Elvis at Carmichael Park from 6:30 to 8:30 p.m.

On July 5, Metro Swing will perform swing music at Carmichael Park from 6:30 to 8:30 p.m.

On July 11, Todd Morgan & the Emblems are scheduled to play 50s rock.

On July 12, Bad Catz will perform rockin rhythm and blues.

On July 19, The Kick n' 60s will play songs from the 60s.

On July 25, Big Iron will perform some vintage country.

On July 26, Z.O.O.M. will perform Mardi Gras jazz.

On Aug. 2, the John Skinner Band will perform dance favorites.

On Aug. 8, On Air is scheduled to play classic rock.

On Aug. 9, Lincoln Highway is scheduled to play country and rockabilly.

On Aug. 16, Capitol Pops Concert Band will perform.

On Aug. 22, Group Therapy is scheduled to play classic rock and R&B.

On Aug. 23, Latin Touch will play R&B, Latin rock and Cumbia.

On Aug. 30, River City Concert Band is set to perform.

**Summer day camps will also be underway soon. Here's the listing for children's summer camps.**

**Voyager Camp (ages 5 – 8) and Explorer Camp (ages 9 – 12)**  
Are you looking for something active and exciting for your kids to do this summer? Voyager and



Explorer day camps are what you need. All boys and girls ages 5-12 will have the opportunity to play games and sports, make arts & crafts, go swimming, conduct science experiments, explore nature, and do dance and music. Most importantly, kids get to venture out on a thrilling fieldtrip once a week (fieldtrip costs are included). All of this supervised by our experienced, positive, and fun staff.

**Ages: Voyager: 5-8 year olds and Explorer: 9-12 year olds**  
Dates: June 8 to Aug. 12  
Times: Open 7 a.m. to 6 p.m. (Part time options available)  
Location: La Sierra Community Center, 5325 Engle Road  
Weekly fees are full time: \$140 (R) / \$145 (NR) per week – Sibling Discount (\$130/week)  
~ Full time care is available Monday – Friday from 7 a.m. – 6 p.m.  
Part Time: \$90 (R) / \$95 (NR) per week  
~ Part Time care is available Monday – Friday from 7am – 12:30pm OR

12:30pm – 6pm All Fees include the cost of Field Trips!

**Tiny Tots: Ages 3-5**  
Ages 3 – 5 years  
Tiny Tots is all about discovery and encourages children to pursue new talents and interests while building confidence. Participants enhance their skills through socialization, beginning academics, numbers, language, arts and crafts and much more. Returning students have priority registration.  
Location: Carmichael Park Veteran's Building, 5750 Grant Ave.  
Kindergarten readiness for four to five years.  
Day/Time: Mondays, Wednesdays and Fridays, 9 a.m. to noon.  
Social experiences: 3-4 years  
Day/Time: Tuesdays and Thursdays, 9 a.m. to noon

To register your child or for more information please contact (916) 485-5322 or drop by our district office located at Carmichael Park by the tennis courts.

# Attention Realtors!

## Advertise Your Property Listings in California Kids!

California Kids is an events and activities guide for active families and is published once a month by Valley Community Newspapers, publishers of the Arden Carmichael News, East Sacramento News, Land Park News and the Pocket News. View at: [www.valcomnews.com](http://www.valcomnews.com)

California Kids targets active families who get out and enjoy all the community has to offer. It also serves as a guide to families that are thinking of relocating to a new area. A perfect publication for real estate listings.

Some of the drops include: schools, restaurants, doctors and dentists, libraries, museums, grocery stores, attorney offices, visitor centers, chamber of commerces, real estate offices, parks and recreation offices, coffee shops, book stores, churches, child care centers, pizza parlors, gymnastic centers, reaching those parents most likely to purchase products, use services, and search real estate listings.

## It is distributed to:

Broderick • Cameron Park • Carmichael • Citrus Heights • Davis • Diamond Springs  
Dixon • El Dorado Hills • Elk Grove • Fair Oaks • Folsom • Granite Bay • North Highlands  
Orangevale • Rio Linda • Rocklin • Roseville • Sacramento • West Sacramento

**For more information, call Linda Pohl at (916) 429-9901**





**STYLISH CARMICHAEL**

Updated custom 3 bedroom 2½ bath home with mid-century flair! Light pours in from windows everywhere. Rich wood and slate floors throughout. Dedicated home office and a flex space currently used as an art studio. Easy care yard is a composition of several beautiful garden rooms. \$654,000

**JAY FEAGLES 204-7756**



**PENDING**

**CENACLE LANE**

Very desirable custom built home in established Carmichael community. 4 bedroom, 2 full baths and 2 half baths. Gourmet kitchen with island, granite counters, pantry closet opens to family room. Beautiful detail and woodwork throughout. Lovely treed lot and park-like setting. \$1,150,000

**PATTY BAETA 806-7761**



**BEAUTIFUL ARDEN BLUFFS**

Custom 5 bedroom, 4½ bath home in a gated community on Arden Bluffs Lane. Top of the line appliances and granite counters. Master suite includes fireplace and sitting area. Downstairs has 2 remote guest rooms with private baths, large game room and swimming pool just steps away. \$995,000

**CHERYL NIGHTINGALE 849-1220**



**CURRAGH DOWNS ESTATES**

4 bedroom 3 bath home, 3000 square feet, among large, well-maintained homes in a quiet neighborhood. Borders American River Parkway. Spotless home with updated kitchen, lots of storage, spacious game room with full bath and access to pool. \$534,500

**DAVID KIRRENE 531-7495**  
**JERRY KIRRENE 455-1001**



**DESIRABLE FAIR OAKS**

Well-designed 4 or 5 bedroom 4 bath home on a double lot! Spacious master suite, spacious bedrooms, large kitchen and huge yard. Extra deep garage fits 6 sports cars with drive-thru bay. Workroom off the garage and a huge bonus room over the garage. \$529,000

**LINDA EISENMAN 838-4388**



**PENDING**

**BEAUTIFUL ARDEN OAKS**

Ranch style 4 bedroom, 3 full bath, home with wide plank hardwood floors, plantations shutters, updated kitchen with gas cooktop, stainless steel appliances and breakfast area, and dual pane windows. Large family room complete with built in bookcases for media equipment. \$625,000

**CHRISTINE BALESTRERI 966-2244**



**NORTHRIDGE COUNTRY CLUB**

Amazing 5 bedroom 3 bath home backs to Northridge Country Club golf course. Remodeled from the studs up. New electric, new HVAC, Acacia wood flooring, imperfect smooth walls, quartz counters in the kitchen, and imported granite in the baths. Drive your cart to the 15th fairway. \$499,000

**LINDA EISENMAN 838-4338**



**GOLD RIVER MANOR HOME**

Great location for this 2 bedroom 2 bath Manor Home in Gold River community. Attached 2-car garage is in gated community for convenience and security. Home shows beautifully. Newer carpet, tile flooring, scrapped ceilings and freshly painted throughout. \$319,000

**CARMAH HATCH 765-6210**



**PENDING**

**FEELS LIKE HOME**

Beautiful 2 bedroom 2 bath home with inviting open floor plan. Living room fireplace, kitchen pantry closet, ceramic cooktop, inside laundry and attached garage. 2008 upgrades include roof, HVAC, windows and doors. Easy access to freeways and the American River Parkway. \$149,900

**LINDA WOOD 802-8042**

*for current home listings, please visit:*

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