October 8, 2015 | www.valcomnews.com **ARDEN-CARMICHAEL NEWS** BRINGING YOU COMMUNITY NEWS FOR 24 YEARS

Charles Phoenix brings his retro slide show featuring Arden area landmarks to Sacramento See page 10

Lance Armstrong feature3
Matías Bombal's Hollywood12
Arts13
Events 16

Calendar



106th Carmichael Founder's Day drew large crowds See page 9



Future residents of Fair Oaks Eco Housing design the sites layout See page 14



17

Eskaton Village Carmichael Home Tours eskaton.org

Discover the magic of the Lunch is on us. Reserve your spot today!

Village lifestyle at a Home Tour. | Eskaton Village Carmichael Continuing Care Community (CCRC) 916-827-1470 * **E**L License # 340313383 | COA # 202

ARDEN-CARMICHAEL NEWS VALCOMNEWS.COM

E-mail stories & photos to: editor@valcomnews.com	Vol. XXIV • No. 19
Arden-Carmichael News is published on the second and fourth Thursdays of the month. Newspapers are available in stands throughout the area.	2709 Riverside Blvd. Sacramento, CA 95818
Publisher George Macko	
General ManagerKathleen Macko	t: (916) 429-9901
Editor Monica Stark	f: (916) 429-9906
Art DirectorJohn Ochoa	
Graphic Designer Annin Greenhalgh	
Advertising Executives:	Cover by:
Linda Pohl, Melissa Andrews	Courtesy
Distribution/Subscriptions George Macko	Courtesy
Copyright 2015 by Valley Community Newspapers Inc. All rights reserved.	Other photos by: Monica Stark
	1

Courtesv

Sacramento Women's Chorus Fall Concert Celebrates "CHOCtoberfest"

By KRISTI MATAL ial to the Arden-Carmichael News

The Sacramento Women's Chorus (SWC) fall concert will be serving up a high-energy production on Saturday, Oct. 17, 2015. The concert theme is "CHOCtoberbest" and celebrates everything good - music, friendship, fun, love and, of course, chocolate! Their music is upbeat, entertaining and engages the audience. The concert will feature fun and lively songs about the love for sweets, chocolate and community. This popular concert sells out quickly, so you are encouraged to purchase tickets soon. Wine, beer. non-alcoholic refreshments and tasty chocolates will be available. Ádults and children are invited to attend.

"Our fall show is typicaléd turns and tunes - a kind of crazy high-calorie produc-Artistic Director. "We're excitever-growing audience."

The SWC is a singing sis- private celebrations. terhood of 60-plus women from all walks of life. Their Concert and ticket purchase tion of the concert proceeds performances are animated details: and they encourage laughter and actively engage their 2015 er. The SWC has been an ac- Location: The Center at 2300, tive community chorus since located at 2300 Sierra Blvd., 1987 and demonstrates their Sacramento 95825 commitment to social justice Tickets: \$25 each



Photo by Michael Fortuna

Shown here are members of the Sacramento Women's Chorus. They're currently gearing up for "CHOCtoberbest" a concert that celebrates everything good - music, friendship, fun, love and, of course, chocolate! The concert will be held on Saturday, Oct. 17 at The Center at 2300, which is located at 2300 Sierra Boulevard, Sacramento, Calif. 95825.

through their songs and in Tickets available online or their personal lives. They offer their unique voice to the ly a bit crazy with unexpect- Sacramento area arts community through its spring and fall concerts, a winter tion!" said Robin Richie, SWC holiday concert, and numerous appearances throughout ed to be performing at a new the year. They welcome invivenue to accommodate our tations to perform for events, ranging from charity events to

Date: Saturday, Oct. 17,

through a chorus member. To buy tickets online, go to: www.sacramentowomenschorus.com

The chorus will be preparing for their appearance at the July 2016 GALA Festival in Denver, an event that showcases performances by LGBT and LGBT-allied choruses from all over the United States. A porwill go to fundraising for appearing at the GALA event. Please visit the SWC's

audience through their en-thusiasm for singing togeth-6:30 p.m.) Facebook page! https:// www.facebook.com/sacwomenschorus

Please follow the SWC on Twitter! https://twitter.com/ SacWomensChorus



in to \$850.000

Call me today to learn more DAVID MENDOZA enior Loan Officer | 916.977.1227

)Mendoza@GuildMortgage.net | GuildMortgage.com/officers/DavidMendoza

Guild Mortgage Co. is an Egual Housing Lender. Company NMLS 3274. Branch NMLS ID 1229663. David Mendoza NMLS 243859 AZ LO-0926128, AZ BK#0018883, ML-176. Licensed by the Department of Business Oversight under the California Residentia: Mortgage Lending Act. All Ioans subject to underwriter approval; terms and conditions may apply. Subject to change without notice Guild Mortgage Co. 3626 Fair Oaks Blvd. Suite 100, Sacramento, CA 95864.



Reproduction in whole or in part without written permission is prohibited.

(916) 838-1763 narndorfer@GoLyon.com BRE#00443547

Send us your updated event announcements.

E-mail us, editor@valcomnews.com

Fair Oaks EcoHousing 🔦

A Family-Friendly Green Neighborhood



2 Arden-Carmichael News • October 8, 2015 • www.valcomnews.con

Valley Community Newspapers, Inc.

to call in sick." graduated in 1967.

casting in June 1971.

tions were not hiring.

Eager to obtain some kind of postcollege employment experience in his field, George accepted an offer to work a nonpaid internship for KTXL-TV Channel 40 in September 1971.

Former Arden area resident speaks about his lengthy career in film and video production

By LANCE ARMSTRONG

in 1975.

eo production.

Note: This is part two of a two-part series about local cameraman George Nyberg, who filmed the assassination attempt on President Gerald R. Ford

George Nyberg, who grew up near Town & Country Village and Del Paso Country Club, has enjoyed an eventful life that extends well beyond his featured experience as the KOVR-TV Channel 13 cameraman who shot footage of the assassination attempt on President Gerald R. Ford at Capitol Park in 1975.

Overall, George dedicated 41 years to his career in film and vid-

Prior to that time in his life, George had been raised as one of the three children of Robert and Claudia Nyberg. He grew up with two brothers, Brent and Kent Nyberg.

In speaking about his father, George said, "(Robert) was a mechanic at Proctor and Gamble and (he) worked (for that company) for 30 years. He worked the 7 a.m. to 4 (p.m.) shift. And I had a lot of admiration and respect for my father, because he was a hard worker. I mean, in the 30 years he was there, I bet you he didn't have more than five sick days. I mean, he had to really be sick

After attending Pope Avenue School at 3001 Pope Ave. for kindergarten through 6th grade and Arcade School at 3500 Edison Ave. for the 7th and 8th grades, George moved on to La Sierra High School, where he

In continuing his education, George attended Chico State College - today's California State University, Chico – where he would earn a bachelor's degree in cinematography and broad-

George then returned to Sacramento and began applying for employment with the local television stations. But he would soon discover that those sta-

In recalling an important moment during his time with that station, George Nyberg said, "After working hard and proving myself (at KTXL), I was hired full time in January of 1972 as an assistant director/producer and officially began my broadcasting career making \$75 a week."

Beyond his main work of shooting 16mm color film for television commercials that were shown on KTXL and other stations, George also worked as a studio cameraman for several shows, including an afternoon talk show, Cap'n Mitch's kiddie show, Big Time Wrestling and Bob Wilkins' horror film show.

In 1973, George left Channel 40 to begin working at the aforemen-tioned KOVR Channel 13, where he would eventually shoot news footage on more than 1 million feet of 16mm color motion picture film.

George fondly recalled his experience working for local TV stations.

"When I worked in TV news, it you had the Zodiac Killer going on, you had the SLA - the Symbionese Liberation Army, and Donald De-Freese and the kidnapping of Patty Hearst," Nyberg said. "I got in this rotation (after) she had been abducted (on Feb. 4, 1974). Every day at Hillsborough, Randolph Hearst would come out and make a statement at first. That happened for the first maybe week or so and then they got a spokesperson that would come out and speak to us. I had the rotation of Mondays and Fridays. And then when she robbed the bank, I remember I was in there waiting for the press conference to start outside the residence. Sometimes we would just hurry up and wait. It was just one of those deals."

George also recalled how after for the SLA-related coverage, he era, editing and production work. had to hurry back to Sacramento, which was about two hours away, and then prepare the film, so that the desired portions of that footage could be placed on the air.

Following the SLA's infamous robbery of a San Francisco branch of the Hibernia Bank on April 15, 1974, a portion of the bank's security camera film showed Patty holding an assault rifle, as she had joined the SLA in its crime.

George described his involvement in providing film for that news, as follows: "When the Hibernia Bank robbery came down, they go, 'Get over there.' And of course, it had already happened, so what do you get? You get shots of some of the cop cars in front of the bank, (close-up) shots of the yellow tape, cops walking around and that kind of stuff."



was a very exciting time, because George Nyberg's many years working in film and video production presented him with the opportunity to travel to many parts of his native state of California.

robbery in Carmichael a year later, porter when I became a producer. You George said, "The Crocker went down definitely when I was at Channel 13. content expert if you're going to write You know, Patty Hearst, she was in- on a particular subject. So, at least volved in that (as the getaway car learn as much as you can." driver). Again, most of the time, you would come in the morning and you many places he visited in California, would pick up your assignments and go out and do them. And sometimes, tle agricultural towns that some peoit was covering a press conference or ple have never even heard of." such as there was a grand opening. You know, those kind of daily, nonbreaking story Joaquin County) and Sanger and Ornews events. Whoever ended up covering (the Crocker bank robbery) was be out there for four hours. It was probably close to the area and they got the call.

George explained that his next place of employment was the California he obtained the footage each time Farm Bureau, where he provided cam-

After being asked to speak about that experience, George said, "After I left Channel 13, I went to work for to video. And because I had been the California Farm Bureau for three to the Ampex broadcasting school had just moved to the Cal Expo site. and the Sony Training Institute in California Farm Bureau used to be in San Jose, I had gotten a really firm Berkeley. And they produced a show called, "Voice of Agriculture," and ba- tion. And these two guys - one had in mind we're talking 1980 – if you had 20 – had made the transition at had a strawberry farmer from Salinas, he would bring in a pallet of strawberries and he would sit in the studio and they were doing. And they loved me, he would talk to you and tell you how he would grow strawberries.

"Well, that doesn't work very well. So, what we did in my three and a half years, I went to 200 different farms and ranches, where we show (viewers) how their food is actually grown and processed. And so, I got an incredible

And after being asked if he covered amount of knowledge learning about the SLA's Crocker National Bank agriculture, doing that. I became a reknow, you have to become kind of a

And in speaking about some of the George said that he spent time in "lit-Wasco and Button Willow (in San ange Cove (in Fresno County)."

After leaving his position with the Farm Bureau in mid-1983, George began working for the Aerojet Strategic Propulsion Company, which produced solid rocket motors.

And in speaking about that job, George said, "When I went to work at Aerojet, by that time I had definitely made the transition from film and a half years, and it was when they in Redwood City for some classes, background in analog video producsically what they used to do – and keep 25 years seniority on me and one Aerojet, but they were insulated and they really didn't know what the hell and so, anyway, we would do a whole bunch of different kinds of projects. Sometimes a marketing video, because all of their contracts were with the government – you know, the Marines, the Navy, Air Force,

See Nyberg: page 4



Eskaton Village Carmichael Home Tours

If you are ready for more freedom, but want more than month-tomonth rental ... If you want spacious apartment or cottage living and the assurance of staying in your community should your health needs change ... If you want luxury, comfort and service in a gated retirement community at a price that's more affordable than you might think ... Come to a Home Tour at Eskaton Village Carmichael. Call for dates in September and October. Lunch is on us. Reserve your spot today.

Take in our beautiful 37-acre campus and imagine your life with so many exciting opportunities right outside your door.

Your community. Your life. Your choice.





eskaton.org

Eskaton Village Carmichael Continuing Care Community (CCRC): Independent Living with Services, Assisted Living, Memory Care and Skilled Nursing 916-844-2999

License # 340313383 | COA # 202

A leading nonprofit provider of aging services in Northern California since 1968

Nyberg: Continued from page 3

whatever. So, I worked out there for two and a half years and really enjoyed the experience. But I ran into or some of these other placsomebody one day at Nakamoto (Productions in Raning out music for an Aerojet production and some guy handed me something ifornia (in regard to planted and he goes, 'Hey, you know, acres). But you talk to people somebody at the (California State) Lottery, they're lookreally broad experience like But you get down south of you do. You ought to call Fresno, there's a hell c this guy.' And I did, so that's of cotton down there. how I ended up getting on with the state."

the California State Lottery's television communications center from 1986 to 1993.

And then, for the followthe television communicaand Rehabilitation.

Among George's responsibilities in that position were directing staff, shooting and dia throughout the globe.

During this last stop of his career, George revisited many of the places he had worked in during his Farm Bureau days.



VALLEY COMMUNITY NEWSPAPERS. INC.

CONTACT A SALES REPRESENTATIVE TO **ADVERTISE IN OUR NEWSPAPERS!** 2709 Riverside Boulevard, Sacramento, CA 95818 916.429.9901 | www.valcomnews.com

In discussing that point, George said, "I'm going back to some of these same towns like Wasco, where we have a prison, or Delano, where we ĥave a prison, or Coalinga es," George said. "Corcoran (which also has a state prischo Cordova/now at 2701 Cottage Way). I was pick- on is the self-proclaimed) cot-ton capital of the world. At one point in time, cotton was the number one crop in Calup here in an urban setting, some people don't even know ing for somebody that has we grow cotton in California. Fresno, there's a hell of a lot

"But anyway, going back into the same towns that had George was involved in a started to kind of dry up and wide variety of projects dur- all of a sudden you put in a ing his time as the director of prison with 2,000 employees, now you've got a big tax base, you've got people buying homes near the prison, so they don't have to drive ing two decades, George big distances. In going back worked as the director of to the same places, that was a very interesting experience to tions center of the state's see that kind of transforma-Department of Corrections tion. But overall, because I've been able to travel so much, in general, relative to my career, just being able to see this state and the parts of it and how editing more than 300 video it works together and how it's productions and recording grown, this has been very eduand maintaining the stock cational and entertaining. Befootage library of 33 prisons cause of the extensive statefor distribution to news me- wide travel that I did during my 41 year career, I feel I was given a unique opportunity to see and appreciate our great state from the Oregon Border to Mexico and parts in between."

Carmichael Man Celebrates 75th Birthday by Launching Fund for Young Local Talent

By BONNIE OSBORN

At 75, Dennis Mangers of Carmichael continues an Economy Initiative. active career as communi-County form 1976 to 1980, went on to head the California Cable & Telecomwhere he served from 1981 ing and suggested outside ate President Pro Tempore costs were prohibitive. Darrell Steinberg.

munity Foundation, producer portunities." of Sacramento's wildly sucer this year.

trait of a man who has led a professionally successful and story is richer and more complex than it appears on the where he began.

his 75th birthday in a someing artists. The program featured 18 of the hottest local singers and the Sacramento Gav Men's Chorus. of which their performances.

Although concert admission to contribute to the Dennis Mangers Fund for Young Performing Artists (https:// ssl.charityweb.net/sacregcf/ ?DonorIntent=DMYPA),

Valley Community Newspapers, Inc.

That's why he celebrated

"With the inauguration of on the California State Bar sure that similarly economifirst Public Member to chair the future who love to perits Regulation and Discipline form have the opportunity to Committee. He also chairs audition for and participate in the Sacramento Region Com- various regional training op-

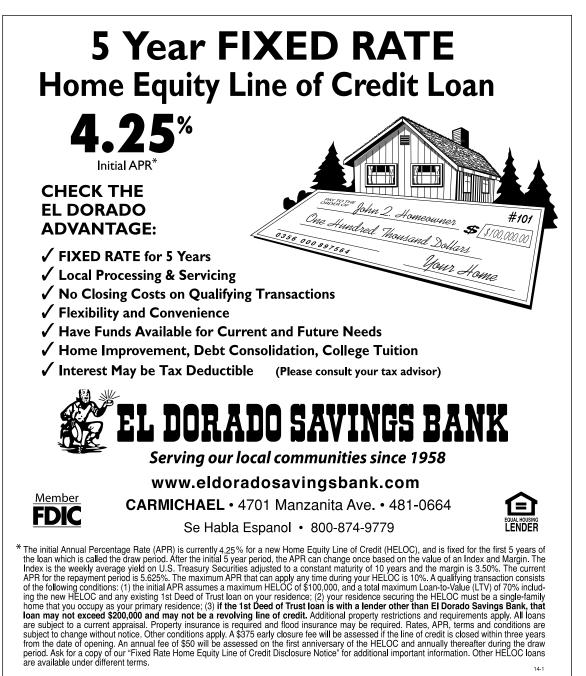
Mangers was born, raised cessful Big Day Of Giving and educated in Southern campaign, and was named to California. An accomplished the Board of Governors of his singer, in 1966 he was one alma mater, California State of 18 young performers se-University, Long Beach, earli- lected in a nationwide talent search by the Los Angeles Taken altogether, it's a por- Civic Light Opera Company for a full scholarship to the USC School of Performcomfortable life. But Mangers' ing Arts, going on to play featured roles in "My Fair Lady" and "The Sound of surface, and he doesn't forget Music." Mangers began his working life as an elementary school teacher in the Long Beach Unified School what unusual way: with a District and in 1968 became benefit concert on Oct. 5, one of California's youngest at Wells Fargo Pavilion, in school principals.

support of young, financial-ly disadvantaged perform- In innumerable prior vol-unteer positions, including presidency or chairmanship of the boards of CARES, California Confederation of the Arts. Sacramento Bal-Mangers is a founding mem- let, California State Uniber, all of whom donated versity Advisory Committee on Human Relations, California Musical Theatre, was free, guests were asked and American Leadership Foundation Mountain Valley Chapter, Mangers, who is gay and married to high-ly regarded lighting designer Michael Sestak, has worked and donations are still being to build bridges between the accepted. The Sacramento LGBT community and the Region Community Founda- larger society. "I never want-

tion will match funds raised ed gay and lesbian people up to \$10,000 as part of its to be separate from the life Transforming the Creative of our community," he says. "I've always worked to en-"I was raised in an eco- sure that there was LGBT ty leader and public servant. nomically challenged envi- representation in all of our He served in the State As- ronment where there was community institutions." sembly representing Orange little money available for Earlier this year Mangers reprivate arts instruction of ceived the President's Award any kind," Mangers says. at the Sacramento Stone-"When school music teach- wall Democratic Club's munications Association, ers noted my love for sing- Four Freedoms Awards dinner. "No single honor is to 2008; and later served as voice training and perfor- enough to recognize Dennis senior advisor to then-Sen- mance opportunities, the for a lifetime of exemplary service," said Mangers' colleague, former boss and fel-Today Mangers serves this fund I would like to en- low honoree Steinberg. "His wisdom, intellect, and hu-Board of Trustees and is the cally challenged students of manity are unsurpassed. He is one of a kind."



Dennis Mangers



Foster youth to shine at **United Way's annual Women** in Philanthropy Luncheon:

Tickets on sale for annual fundraiser to benefit local foster youth

Local residents can help tickets, visit www.yourlocalfoster youth shine at United Way's 14th Annual Women in Philanthropy Luncheon from 11 a.m.-1 p.m. on Oct. 22 at Arden Hills Country Club. The event will include a fashion show, gourmet lunch and presentations by local current and former foster youth who have participated in United Way's financial stability programs. United Way's Women in Philanthropy members also will discuss their work supporting financial literacy courses and a matched savings program for foster youth. Tickets range from \$75-\$125. To purchase

FD266

unitedway.org/women-philanthropy-luncheon.

"Our annual luncheon not only raises money for foster youth, it raises their selfesteem to be in a room with powerful women who want to hear their stories and believe they will succeed," said Ruth Miller, co-chair, United Way's Women in Philanthropy.

United Way's financial stability work is focused on helping families and foster youth increase their savings so they can improve their economic outlook. Unit- knowledge and resources.

ed Way and its partners are connecting households and foster youth with financial

In addition, United Way is to provide financial literacy group of nonprofits, compathe community and workof individuals who are fi-

Local foster youth Paige models at United Way's Women in Philanthropy Luncheon last yea

Women in philanthropy

United Way's Women in Philanthropy brings local women together to help local foster youth. Women Dorado, Placer, Sacramenin Philanthropy members to and Yolo counties. To be-are first responders in rais- come a member, visit www. ing funds for United Way yourlocalunitedway.org.

leading the local Assets & courses and matched savings Opportunity Network, a accounts designed specifically for foster youth. Members nies and volunteers looking also hold drives and provide at financial stability data in trainings. Women in Philanthropy is part of Uniting to increase the number ed Way's team of companies, schools, government and innancially thriving, including dividuals across the region, state and country making a collective impact in the areas of education, financial stability and health in Amador, El come a member, visit www.



Call your sales rep. ASAP for Special Rates! (916) 429-9901



By Akshaj Mehta Age 10

Mars? If there is, I hope not I write.

Mars is the only planet in the solar system, besides Earth (That we know of!) that has director of planetary science in dry, arid planet that we thought of in the past. Under certain circumstances, liquid water has been found on Mars."

was wet or at least damp is frozen water on Mars.

found streaks on Mars. It could have been water but it also could have been landslides and dust. The Scientist Mars Reconnaissance Orbiter to go to Mars.

make up chlorine and oxygen.







Valley Community Newspapers, Inc



EastLawn.com State Farm Life Insurance Company (Not licensed in MA, NY or WI) State Farm Life and Accident Assurance Company (Licensed in NY and WI) Bloomington, IL 4 Sacramento locations serving families since 190 1311009

Life on Mars? Young Sacramentan ponders the possibility

Is there a possibility? Can there be aliens or Martians on meet them! They are giving me the shudders right now as

No signs of life but there

When it returned, it was covered wet with chemicals that et myself



signs of water. Jim Green, the has been announced as one of the speakers alongside two NASA said "Mars is not the of NASA's most senior scientists, pointed out that it would not be good for living creatures because the chemicals are toxic.

Since Ojha's discovery, obis a greater chance. Mars servations of similar sites on Mars have revealed that there last year. They have con- are finger-like patterns that firmed that this year there emerge in warmer seasons, and die away during cool-Five years ago scientist er seasons. This could potentially mean that there is flowing water, and even an ocean, under the surface of the Red Planet, that rises to ground at NASA used the MRO or level during warmer weather.

The intriguing possibili-ty of life on Mars is making me go and visit the Red Plan-

Lujendra Ojha, a grad stu-dent at Georgia Tech, who Interesting Stuff

SENIOR HOMECARE By Angels[®]

We Care Every Day, In Every Way Experienced senior care for total peace of mind.

Bathing Assistance • Dressing Assistance • Grooming Medication Reminders • Errands • Shopping Light Housekeeping • Friendly Companionship • Flexible Hourly Care Respite Care for Families • Live-in Care

Do you want to ADVERTISE? Call today for ad rates. 916-429-9901







EXPERIENCE THE ST. FRANCIS ADVANTAGE

We invite you to explore the St. Francis Catholic High School community, meet our outstanding faculty,

and discover why a

St. Francis education is four years that last a lifetime. **OPEN HOUSE**

Sunday, October 11, 2015 12:00рм - 3:00рм

SHADOW DAYS

October - December 2015



5900 Elvas Avenue · Sacramento, CA 95819 · 916.737.5040 · www.stfrancishs.org

Building Bridges between Buyers and Sellers

2nd Generation Sacramento Realtor • 3rd Generation Californian • Local Community Supporte

Jackie Yepez - Realtor 599-5904

• Sold - 5025 V Street, 95817 • Sold - 6011 1st Avenue, 95817 • Sold - 10724 Alicante Way, 95670 • Sold - 4008 Reggie Way, 95608 • Sold* - 6611 Benham Way, 95831 • Sold - 7422 Sun Point Lane, 95828 • Sold - 94 6th Street, 95605

Survices

Special Needs Trusts Trust Administration

Wills and Thuses

please visit: www.SacLuxLife.com 📑 🕒 👰 in

Rio Americano graduate awarded for sonic wave discovery, inspired by father's brain surgery

Samantha Koire, 18, was honored Sept. 29 reversibly alter the internal pH of a cell. Potenin Washington, DC, where she was awarded a tial applications range from neuro-motor aug-Davidson Fellows scholarship by the Davidson mentation for weakened or paralyzed limbs to Institute for Talent Development. Samantha is one of only 20 students from across the nation to be recognized as a 2015 Davidson Fellow for significant contributions in science, technology, engineering, math, music or literature.

Koire, a 2015 graduate of Rio Americano High School, attends Stanford University. She received a \$10,000 scholarship for work in the field of science, which is focused on prov-ing from neuro-motor augmentation for weak-ened or paralyzed limbs to non-invasive intering that in large and complex systems, certain types of patterns must always arise. Sami's work proved that the propagation of sonic waves can cient, effective and non-intrusive treatment."

non-invasive interruption of cellular communication in tumors, as well as enhance the effectiveness of chemotherapeutic drugs. Sami was inspired to study neurophysiology after her father endured brain surgery and intra-operative stroke. "My finding of sonic cell signaling can be piggybacked with all kinds of possibilities rangruption of cellular communication in tumors," Sami said. "Patients would benefit from effi-

Senior Services & Connections Call Melissa (916) 429-9901

DOCUMENT PREP SERVICES

LIVING TRUST/LIVING WILL Legal Document Prep Services: Trust • Will Powers of Attorney • Residential Deed Couples \$495 Singles \$450 Lynda K. Knight (916) 214-1215 1337 Howe Ave., Ste. 103 Sacto 95825

LEGAL SERVICES

WILLS AND TRUSTS Екретіское Medi-Cal-8 Years

Francise Tar Board - 10 Years * Private Practice - 13 Years *

Free <u>In-Home</u> Consultation Tim Tyler, Ph.R, Attorney at Law 916-452-0624

pecial Alzheimer's Living	
REVERE COURT	
MEMORY CARE Lic. #347001338/342	
Day Club, Respite,	
Residential, Support Groups	
& Educational Classes	
casey.s@chancellorhealthcare.com	
www.reverecourt.com	
(916) 392-3510	
707 Rush River Dr. Sacto, CA 95831	

YOUR AD SHOULD BE HERE! **Call Melissa today!** Your services are needed. Your ad should be here. Ad design is free. Call 429-9901

DON'T LET YOUR PETS POLLUTE OUR CREEKS AND RIVERS!

PROBLEM: BACTERIA

When it rains, bacteria from pet waste left on the ground washes directly into storm drains, flowing untreated into local creeks and rivers.

SOLUTION: SCOOP THE POOP!

Pick up pet waste, then toss it in the trash or pet waste disposal station.



106th Carmichael Founder's Day brought large crowds to Carmichael Park

By MONICA STARK

and rightly so, the community bears his name. In 1909, Daniel W. Carmichael purchased 2,000 acres of land and dubbed it Carmichael Colony No. 1. This marks the foundation of the Carmichael community. Founder's Day gives people who live and work here an opportunity to celebrate their unique community. New this year was the Wellness Grove, which was sponsored by The Day of Peace. The idea to bring the Wellness Grove to Founder's Day was to provide a wider range of activities for the community, who may have attended one or both events in the past, Tracy Kerth, Recreation Services Manager for the Carmichael Rec-reation and Park District, said. "Wellness and healthy living are such an important part of our daily lives, we thought adding the Wellness Grove would really enhance the event overall, and make for a well-rounded Founder's Day in 2015."

Jan Bonner, President of the Fair Oaks Host Lions, said that this was the most successful year so far for the service organization's pancake breakfast, which annually kicks off the day's events. "I'm not sure how many pancakes were made, but we used about 30 pounds of batter and nearly 600 sausage. We had 14 people volunteer. We really appreciate that Carmichael asked us to participate again this year. All the proceeds from our breakfast will help us provide vision assistance to people in need in our local communities," she said.

by the community."

The Carmichael Recreation and Park District serves more than 55,000 people each year. Its mission is to satisfy the recreational needs of the community by providing a wide range of facilities and opportunities to enrich the quality of life.

And, so it is fitting to honor that mission and the memory of Daniel W. Carmichael with Carmichael Founder's Day events.

With approximately 3,500 people in attendance, about 90 cars on display and 85-90 booths at Carmi-chael Park, Carmichael Founder's Day celebrated its 106th anniversary on Saturday, Sept. 26. The event celebrates the founding of Carmichael in 1909. Carmichael was founded by Daniel W. Carmichael,

The classic cars show is always a prized highlight at the event, however this year Carmichael Founder's Day also had a mascot parade on the main stage. Mascots included Dinger, Chuck E (Cheese), Fruit Fellows (Farmers' Market), Goldie (Golden 1 Credit Union), Mr. Jelly Belly, McGruff the Crime Dog (Sac Sheriff), Les Leaky (Water District), Olly the Otter (Sacramento County), Warden Grizzly (Department of Fish and Wildlife), Quick Quack (Car Wash) and Hughie the Panther (Sacramento City College).

Asked what her favorite thing about Founder's Day is, Tracy said: "The sense of community the event brings, there is something for everyone at the event and it is nice to see the demographics of Carmichael represented so well. Sometimes it can be a challenge to develop an event that will appeal to seniors and 6 year olds alike, but Founder's Day does

just that, there really is something for everyone! "Founder's Day is one of the larger events that Carmichael Recreation and Park District hosts throughout the year and it is very rewarding to see our efforts in organizing the event are well received











hotos by Monica Stark / editor@val Shown here is a collection of photos from this year's Carmichael Founder's Day, which was held on Saturday Sept. 26 at Carmichael Park.



Charles Phoenix brings his retro slide show featuring Arden area landmarks to Sacramento

By GREG BROWN greg@valcomnews.com

Charles Phoenix has been called the Ambassador of Americana, The King Of Kitsch, The Ringmaster of Retro. Who is Charles Phoenix? He's all that and more.

Phoenix is best known for his comedic retro slide shows which showcase his collection of vintage film slides capturing mid-century Americana and culture. He does it all with enthusiasm, humor and style.

Charles had been thrift shopping since he was 14. Growing up in Ontario, California, he loved vin-tage stuff. "I kinda got started with a vintage eye because I grew up on a used car lot."

That's when he started buying vintage clothes, "It was much more interesting to dress in things you got at a thrift store than at the department store."

found a box of old slides on the shelf marked "Trip Across the U.S. 1957." It was filled with Kodachrome color slides of a family's vacation at numerous roadside landmarks. He held a few up and each one was "like looking through a window in time," he said.

Charles Phoenix will be bring-



for a special night of neon, retro, and all things mid-century mod-In 1992, Charles was thrift store ern. The event will be hosted and to Modern). Welcome to Sacramentoland!

> from Los Angeles, "I'm going to be celebrating our capital city like it's a A real "one of a kir Big Theme Park!"

Phoenix added, "Everywhere I go I'm looking for the vintage, the ret-He's been collecting slides ever since. ro, the old-school, the throwback,

to the California Auto Museum es in every town that are unique to that town.

And Charles has a long list of classic Sacramento spots he'll be visiting shopping in Pasadena when he sponsored by SacMod (Sacramen- and highlighting in his Sacramentoland slide show on Friday, Oct. 16. He'll arrive four days before the Charles told me over the phone show to explore some of Sacramen-

A real "one of a kind unique in the whole wide world gem is Pancake Circus," Phoenix said.

Charles told me, "I love time warps because in this corporate neon sign. The dancing Germans on the classic, the kitschy, call it what world that we live in time warps ing his colorful comedy slide show you will. I'm looking for the plac- are unique, and they're special, and

Charles Phoenix will be talking about many local institutions, including Sam's Hof Brau, at his retro slide show presentation, Sacramentoland on Friday, Oct. 16 at the California Automobile Museum.

I love them, I look for them." Pancake Circus is a prime example of a time warp with the classic googie architecture, neon sign, and circus clown themed interior.

Phoenix puts some of our local landmarks up on a pedestal and has "kooky good time fun along the way."

Then he asked me "Have you ever been to Sam's Hof Brau?'

I said, "Of course, Charles. C'mon now." (I'm a freak for Sam's.) The

Slide show: Continued from page 10

the wall, the meat carvers with the big white chef hats. That's Sacramento! Charles excitedly said, "That place rocks my world! It's so honest to goodness and it's fresh. They roast the meat right there; it's not some frozen freezer bag treat or whatever."

Plus, the ambiance of it. Charles loves the big murals and the paintings, and of course, the outside neon sparkly signage. "I mean. Where. Do. We. Begin?"

Charles asked.

was jammed." And it always is. Because Sam's Hof Brau is a Sacramento institution that should be treasured. And it will be treasured and enamored at the Sacramentoland slide show. Another local legendary landmark

for the rink is set for Nov. 20.)

them. "You're Americana rovaltv."

for keeping Iceland alive.

Charles Phoenix will be running loose all over Sacramento going from local treasure to local treasure including Fairytale Town in Land Park. Phoenix excitedly said, "That place is SO unique, SO one of a kind, SO special, SO charming, SO whimsical, SO playful, SO colorful. I'll be telling the story of that place." He'll also be visiting Sacramento

Sweets in Old Sacramento. They have looking for uniqueness. I'm trying ed with ticket purchase.



The last time Charles was there at 3 in the afternoon he said, "The place

Charles will be touting and treasuring is Iceland Skating Rink in North Sac-ramento. (Editor's Note: Opening day

Iceland is "homespun and family run." That's what Charles Phoenix loves about it, as well as the iconic neon sign along Del Paso Boulevard. Against all odds Iceland has come back after a devastating fire. Phoenix said, "That is community spirit. It's the same family since the beginning, so I wish I had the opportunity to actually have crowns from the Party Store, place them on their heads and tell

No word on if Iceland owner Terrie Kerth and her family will take Charles up on the crown wearing, but they definitely should be commended



been making handmade peanut brittle since 1964. Charles told me, "It's rare to find a peanut brittle kitchen. I've been all over the United States and I've never been to a peanut brittle kitchen." And of course, it's homespun and family run.

Other Sacramento landmarks Charles will be touring are the iconic Tower Theatre, Crest Theatre, as well as the Tower Records jitterbug neon sign above the Tower Café. "Ă national treasure," Charles added.

Gunther's Ice Cream shop, with its Juggling Joe neon sign, as well as Vic's, too. (There will be an ice cream social after the presentation.)

He also discovers things along the way like odd buildings, or some crazy incredible car on the driveway," he told me.

I asked Charles what he looks for when he's exploring a city and he

to preserve our culture. I'm putting things up on a pedestal that might be fading in the background a lit-tle bit, but they shouldn't because they're special."

There will also be an ice cream social party after the show. Meet Charles following the performance, while enjoying an ice cream cone or way. "There's always stuff along the cup from Vic's Ice Cream, courtesy of Sacramento Modern.

Admittance to the exhibits in the California Auto Museum, perforsaid, "I'm looking for greatness. I'm mance and ice cream all are includ-

If you go:

"(Sam's Hof Brau) rocks my world! It's so honest to

goodness and it's fresh. They roast the meat right

there; it's not some frozen freezer bag treat or

whatever... I mean. Where. Do. We. Begin?"

– Charles Phoenix

What: Sacramentoland slide show presented by Charles Phoenix

When: Friday, Oct. 16; doors open at 7 p.m. Show between 8 and 9 p.m. Ice cream social party'til 10:30 p.m.

Cost: \$29

Event sponsor and host is Sacramento Modern.

On the web: sacmod.org,

www.charlesphoenix.com



Matías Bombal's Hollywood

The Walk

The MPAA has rated this PG

Sony Pictures Releasing and TriStar bring us "The Walk", a masterpiece in 3-D movie-making that may be one of the best uses of 3-D since the process was first ture" series. Here, he's crafted introduced to the movies in the early 1950s. Seen as an IMAX presentation in an IMAX Theatre only heightens the sensation of this movie. I have never been a the New York skyline of 1974 fan of the third dimension gimmick, but I was charmed, delighted and thrilled with how it was used here, feelings I'd not felt since childhood at the movies.

"The Walk" is the true story of Philippe Petit and his startling bit of derring-do that captivated the world when he crossed the distance between

for seniors...

eckis, who directs, also wrote the screenplay with Christopher Brown based on Petit's book"To Reach The Clouds". Zemeckis made his mark with classics like "1941", "Who Framed Roger Rabbit?" and the "Back to the Fusomething quite special.

a taunt wire. Robert Zem-

The picture opens with Joseph Gordon-Levitt as Petit, standing next to the flame of the statue of liberty, with behind him, in a realm that seems like total fantasy. There, he begins to relate his life story up to the time that would culminate in his adventurous act. We are taken to Paris of his youth where he was fascinated by high wire acts, and we see him in his teens as a street performer where he draws a circle in chalk. Withthe twin towers of New York in it, he performs juggling acts Bon you may remember from City's World Trade Center on a unicycle, to the amaze- last year's "The Hundred



Joseph Gordon-Levitt takes the high road in TriStar Pictures' "The Walk"

the 3-D camera moves above him, as the juggling pins fly out to the audience in a loving tribute to 3-D's carnival barker past, reminiscent of the famous paddle ball sequence from 1953's "House of Wax".

Whilst Petit is wowing the Parisian street traffic, he steals the audience from a young street musician, Annie (Charlotte Le Bon), playing her guitar. They meet afterward and the forward Petit a chance to share his dream of walking a wire stretched across the top the highest twin buildings on the globe at that time.

Winsome Charlotte Le

ment of bystanders. Here, Foot Journey". She radiates her lovely charm beautifully in this stylish movie. Encouraged further by her support, Petit seeks advice from his mentor, "Papa" Rudy, of a famous circus family of high wire artists. Sir Ben Kingsley is the colorful sage of an undetermined ethnicity that has schooled Petit many years.

Petit has gathered some accomplices and they set off to New York City, where they prea romance blossoms, giving parefor the big day. Utilizing costumes and bravura, Petit scopes out the towers where construction is still being finished as many tenants are moving in. He finds his first chance to sneak up to the top of the tower that he will eventually walk from, and here the camera movement begins to fly like a bird in a manner that prevails through the entire magical of movies to employ movie, which makes it an event all of the trickery that we love in 3-D and IMAX.

This is an example of one of those rare movies where the be missed. See it in IMAX!

preview of coming attractions does not do it justice. The "trailer" for this picture shows the expected scenes with great effects and wow factor, yet the story is much more charming, fun and stylish than you'd ever guess by the blockbuster build-up. This movie is an experience you'll not soon forget, and moreover, great fun. It cel-ebrates the highest ambitions of human possibility. The mu-sic score by Alan Silvestri is perfect, and some great period jazz recordings of that era come to life in the soundtrack. As I left the Esquire IMAX

theatre, I felt like I used to as a kid, having had a great adventure at the movie matinees of my youth. To me, this is what the magic of the movies is all about! This may be the most from the cinema to our greatest satisfaction. This is not to

Valley Community Newspapers, Inc.



Stephen Kauffmar



Stephen Kauffman, Kate Muris

Chautauqua Playhouse presents "The Prisoner of Second Avenue"

happened to him...

Information and tickets are available through the Chautauqua Playhouse website: www.cplayhouse.org or call the box office at (916) 489-7529, during business hours.



Rent based income! Enjoy an attractive studio apartment... companionship... evening meals... rec room... pool table... library... exercise equipment...

bingo... large-screen TV... lots of activities...

Affordable housing



free schedule transportation.



When it says Hank Fisher Properties, it says quality!

PROPERTIES www.HankFisherProperties.com





Fran Wittmann, Richard Spierto, Hazel Johnson, Dale Reinhard, Kate Muris

otos by Warren Harrison-Chautaugua Playhous

Chautauqua Playhouse will present Neil Simon's "The Prisoner of Second Avenue", a comedy, beginning on Oct. 16 at the Playhouse. The show will run on Fridays and Saturdays at 8 p.m. and Sundays at 2 p.m. through Nov. 15, with an additional matinee at 2 p.m. on Nov.14. The performances will be held at the Chautauqua Playhouse, 5325 Engle Road in the La Sierra Community Center in Carmichael. Admission is \$20 general, \$18 seniors/students and SARTA members. Premium seating is an additional dollar. THE PRISONER OF SECOND AVENUE - Mel Edison

is a well-paid executive of a high-end Manhattan firm, which has suddenly hit the skids, and he gets the ax. His wife Edna takes a job to tide them over, then she too is sacked. Com-pounded by the air-pollution killing his plants, and with the walls of the apartment being paper-thin, allowing him a constant earful of his neighbors private lives, things can't seem to get any worse...Then he's robbed, and his psychiatrist dies with \$23,000 of his money. Mel does the only thing left for him to do-he has a nervous breakdown and it's the best thing that ever

The direction is by Janelle Kauffman, set design by Rod-ger Hoopman , with the lighting design by Don Myers. The cast includes Stephen Kauffman, Kate Muris, Hazel Johnson, Richard Spierto, Dale Reinhard and Fran Wittmann.

Full Time Realtor Dedicated To Providing Excellent Service

Monique Suvivuo * 916-813-3025

www.moniquesuvivuo.com monique.suvivuo@yahoo.com

RE/MEX Gold



CalBRE #01752645



Sunrise Mall Farmers Market 6196 Sunrise Blvd. (Behind Sears) Saturdays, 8 AM to 1 PM

Historic Folsom Farmers Market 915 Sutter Street (Folsom Plaza) Saturdays, 8 AM to 1 PM

East Sacramento Farmers Market 3330 McKinley Blvd. (McKinley Park) Saturdays, 8 AM to 1 PM

Carmichael Park Farmers Market 5750 Grand Ave. (under the trees) Sundays, 9 AM to 2 PM

Buy your Pumpkins at the Market & paint them too!

Buy 5 Pumpkins of

any size and Paint

2 for FREE with

this coupon.

5 FREE Raffle

Tickets too to Win

October Harvest

Gift Basket!

ILoveMyFarmersMarket.com

Future residents of Fair Oaks EcoHousing design the site's layout

Sacramento Cohousing forum coming Saturday, Oct. 10

The second annual Sacramento Cohousing Forum will be held Saturday, Oct. 10 from 2 to 5 pm at the Unitarian Universalist Church at 2425 Sierra Blvd. in Sacramento.

The event will provide an opportunity to learn more about cohousing and whether it is right for you. Local and national experts, planners, and residents will talk about concept and design, as well as what it is like to live day-to-day in the "new, old-fashioned neighborhoods" of cohousing.

These modern day "villages" are comprised of about 30 individual private homes surrounding a common house where residents can gather for meals and other activities. Cars are kept at the periphery. Cohousing is unique in that the residents design, own, and govern the community.

The featured speaker at the event will be architect Kathryn McCamant, one of the nation's residents from local cohousing + Muir Commons (in Davis, the first experts on cohousing, who has communities who will take quesdesigned and developed dozens tions from the audience. The com-

of communities throughout the Jnited States and Canada. She and her husband Charles Durrett introduced cohousing to North America in the 1980s. They are the authors of the book Creating Cohousing: Building Sustainable Communities.

Following McCamant's remarks, several local experts will discuss "Opportunities for Cohousing in Sacramento."

Presenters will include:

- Architect Erin Reschke of the firm Mogavero Notestine Architects, which is planning a cohousing community in Oak Park
- Marty Maskall, project manager and future resident of Fair Oaks Eco-Housing, slated to start construction in spring 2016
- Lodge in Grass Valley, a senior cohousing community
- Anne Geraghty, former city planner and proponent of Renaissance Village Homes, a senior cohousing community envisioned for downtown Sacramento

"What It's Really Like" will be the subject of a panel of current



Bob Miller, resident of Wolf Creek Future residents of Fair Oaks EcoHousing design the site's layout.

munities represented on this panel will include

- + Southside Park Cohousing (5th & T Streets, Sacramento)
- Wolf Creek Lodge (a senior cohousing community in Grass Valley)
- Nevada City Cohousing (Nevada City)
- in the nation)
- N Street Cohousing (Davis)

After the forum adjourns at 5 p.m., the discussion will continue with refreshments and an informal question and answer period. The event will be hosted by Fair Oaks EcoHousing, Renaissance Village Homes, Oak Park Cohousing, and Wolf Creek Lodge. The cost is \$10 at the door; reservation are recommended, as the event sold out last year. RSVP to Mary Claus at maryclaus64@gmail. com or 834-7607.

·LA

SENIOR LIVING

www.atriaseniorliving.com



Experience the warm welcome of Atria's communities. Join us!



ATRIA EL CAMINO GARDENS

Harvest Carnival

Celebrate autumn with family and friends. Enjoy food, games, live music, face painting and more!

> Thursday, October 29 | 2:00 pm RSVP at 916.999.1761

2426 Garfield Avenue | Carmichael License #347000389

ATRIA CARMICHAEL OAKS

Halloween Special Effects Makeup Demo

Learn cosmetic tricks of the trade during this fun-filled, "transformative" event.

Saturday, October 31 | 1:30 pm RSVP at 916.993.5307

8350 Fair Oaks Boulevard | Carmichael License #347005251

Independent Living | Assisted Living | Memory Care





Better Business Bureau Meml

Valley Community Newspapers, Inc

Your Home Improvement Guide

Your Home Improvement Guide

Call a sales representative today for great advertising rates: 429-9901



TREE & GARDENING SERVICE

Terra Bella Tree & Gardening Service "Not your typical mow, blow & go company!"

• One Time Clean-Ups • Tree, Bush & Hedge Removal Full Yard Maintenance Family Owned • 25 years experience! Call Randy (916) 454-3430 or 802-9897 www.terrabellagarden.com · Lic# 152584



- EVENT LISTING SECTION -

Advertise your craft fairs, holiday bazaars, school fundraises, church events, etc. in your Community Newspapers. Call (916) 429-9901 for rates.



Send your event announcement for consideration to: editor@valcomnews.com at least two weeks prior to publication.

Non-Profit Organization is Seeking Local Host Families for

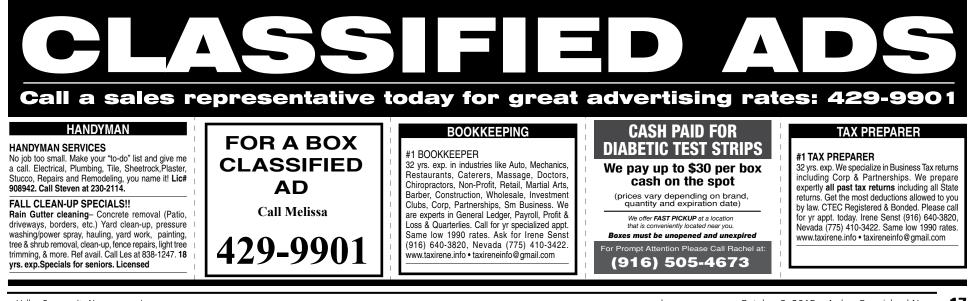
ASSE International Student Exchange Programs (ASSE), in cooperation with you cal families to host boys and girls between the ages of 15 to 18 from a variety of countries: Norway, Denmark, Spain, Italy, Japan, to name a few.

ASSE students are enthusiastic and ex cited to experience American culture while they practice their English. They also love to share their own culture and language with their host families. Host amilies welcome these students into their family, not as a guest, but as a family member, giving everyone involved a rich cultural experience. The exchange students have pocket money for personal expenses and full health, accident and liability insurance. ASSE students are selected based on academics and personality, and host families can choose their student from a wide variety of backgrounds. countries and personal interests. To become an ASSE Host Family or to find out how to become involved with ASSE in your community. please call 1-800-733-2773 or go to www.host.asse.com to begin your host family application. Students are eager to learn about their American host family, so begin the process of welcoming vour new son or daughter today!

The Sacramento Traditional Jazz Society (STJS) monthly music event Every second Sunday of the month, STJS has music at the Elks Lodge No. 6, 6446 Riverside Blvd., from noon to 5 p.m. Each month STJS has a different bands, there is three different rooms to listen to music. Nominal fee for members is \$8; non-member price is \$10.

Rotary Club South meeting The Rotary Club of South Sacramen to meets at noon for lunch every Thursday at Iron Grill, located at 2422 13th St. (Broadway and 13th Street). Rotary is one of the largest service organizations in the world dedicated to community service

both locally, and internationally. Please call JR Springer at 425-9195 for addition al information



CALENDAR

High School Exchange Students

nity high school, is looking for lo-

OCTOBER

"Souls of the City" Events & **Activities Presented by the** Sacramento History Museum

Now-Nov. 1: In honor of "Day of the Dead" activities celebrated each year in Mexico and in major cities around the world, Sol Collective and the Historic Old Sacramento Foundation have teamed up to present a series of commu nity workshops and special activities that show case the traditions and/or demonstrate how to create some of the special items used in "Day of the Dead" celebrations. The effort culminates with a Dia De Los Muertos celebration on November 1. For more, visit www.sachistorvmu um.org. The museum is located at 101 I St.

"Hole" Lotta Love charity golf tournament

Oct. 9: Whether you love the game of golf, or just hate the mere mention of its name, the main focus of this golf tournament is to have fun! The good news is that participating in this event, you will have fun AND you will help raise monev for a good cause. One hundred percent of the proceeds raised at this event go to CASA Sacramento. Come out and enjoy the many added course activ ities throughout the day while support ing CASA and the foster youth served. The tournament is in the format of a four-person scramble and will be held at Teal Bend Golf Club (7200 Garden Hwy). The event schedule is as follows: 11 a.m. is registration; 11:30 a.m., put ting contest; 1 p.m. shotgun start and a 6:30 p.m. awards dinner/auction and raffle. Reserve your spot today or sponsor the event. Contact Tom at 773-1938 or email: tom.cicchini@raymondjames.com.

Last McKinley Park Food Truck Mania of the season

Oct. 9: Join SactoMoFo and Councilmem ber Jeff Harris every 2nd Friday at McKinley Park for Food Truck Mania! There will be a beer garden sponsored by the Front Street Animal Shelter, lots of gourmet food trucks, great live music, and plenty of kidfriendly entertainment from 5 o 8 p.m.

Ghost Tours at the Sacramento History Museum

Oct. 9, 10: Visitors to Old Sacramento ca rney back in time to hear ghostly tales and spooky stories as they walk through the history-rich streets and re-live 19th cen-

tury lore. Entertaining yet knowledgeable tour guides will take daring and inquisitive guests through Old Sacramento's infamous locales to experience a bit of the dark side of California's history. For more, go to www. sachistorymuseum.org, 101 I St.

Fire Station 17 Open House

Oct. 10: Fire Station 17, located at 1311 Bell Ave., will have an open house from 2 to 4 p.m. Meet firefighters and possibly mascot Sparky.

25th Annual Curtis Park Wine **Tasting, Silent Auction & Beer** Garden Event

Oct. 10: From 4 to 7 p.m.: The tradition continues at the 2015 Curtis Park Wine Tasting, Silent Auction & Beer Gar den Event. Building on the success of 24 previous years, this event showcases more than 50 wineries, 20 restaurants and handpicked craft brews by owner & operator of Curtis Park's own Pangaea Bier Cafe. The Wine Tasting, Silent Auction & Beer Garden Event is the biggest event of its kind in Curtis Park. Event proceeds benefit SCNA Bret Harte Elementary School and Mc-Clatchy High School. Bring your friends with you, or come meet some new ones. This year we're turning 25 and we're celebrating in a VERY big way. Event highlights include: Raw Oysters on the Half Shell (Scott's Seafood on the River), Dad's Kitchen, Freeport Bakery, Lucca Restaurant & Bar. Localis (apart of the Broderick Restaurant family), Sugar Plum Vegan Bak ery, Tower Café, Tapa the World, Taylor's Kitchen. Sponsors: Cook Realty, McDonald Plumbing, Joseph F. Eschleman, Black Pine Communities, Melissa Heede (Remax), The Sierra 2 Center is located at 2791 24th St For tickets, visit www.Sierra2.org.

CROP Hunger Walk

Oct. 11: Northminster Presbyterian Church reminds every one of the upcoming CROP Hunger Walk. CROP (Christians Responding to Overcome Poverty) Hunger Walks are community-wide events sponsored by Church World Service and organized by local congregations and groups to raise funds to end hunger at home and around the world. CROP Hun ger Walks help to provide food and water, as well as resources that empower people to meet their own needs. Admission to the walk and raffle is just a can food donation! Funds raised from the walk (ending hunger one step at a time) benefit local food banks, Church World Service and oth er international humanitarian agencies. One quarter of money raised stays local benefiting 4 local food closets. New this year, the walk will be starting on the West Steps of the California State Capitol, 1315 10th St.

The walk is three miles, around the State Capitol and Old Sacramento (making a difference around the block and around the world!) Registration is at 1 p.m. Walk begins at 1:30 p.m. For more information call Craig Chaimers at 429-1521 or Kathy Ross at 468-2828.

Ghost Tours at the Sacramento History Museum

Oct. 16 and 17: Visitors to Old Sacramen to can journey back in time to hear shostly tales and spooky stories as they walk through the history-rich streets and re-live 19th century lore. Entertaining yet knowledgeable tour guides will take daring and in quisitive guests through Old Sacramento's infamous locales to experience a bit of the dark side of California's history. For more go to www.sachistorymuseum.org, 101 I St.

Capitol Pops, special guests celebrate October with fourth annual "Brews & Boos"

Oct. 16: The public is invited to join the Capitol Pops Concert Band to celebrate October with the fourth annual "Brews & Boos event from 6:30 to 8:30 p.m. Friday, Oct. 16, 2015 at the Citrus Heights Community Center, 6300 Fountain Square Drive. Doors to the family-friendly, free, two-hour event open at 6:30 p.m. Guests are invited to purchase on-site tickets good for specialty Ger man foods (a meal, including dessert), as well as sodas and water to support the Capitol Pops. Proceeds will go to support the CP-CB's student scholarship fund and general ex

penses of the band. Beer and wine will be for sale by the Citrus Heights Kiwanis in support of their charities. Numerous raffle priz es will be up for grabs. Guests are invited to dress in their finest Bavarian/German attire or their scariest Halloween costume as the event marks the best of October – Oktober fest and Halloween. The band's musical performance, starting at about 7 p.m., will include some traditional German music, plus some spooky Halloween tunes. The Sacramento Capitolaires will perform throughout the evening. The men's chorus has a tradition dating back to the immediate post-World War II era, featuring music that appeals to all ages. Another highlight will be the Creative Connections Arts Academy of North High lands, part of the Twin Rivers Unified Schoo District, youth dance team performing the classic Ghoul Dance in a band arrangement of Michael Jackson's timeless "Thriller" hit. Partygoers are welcome to take to the dance floor during the musical numbers. Started in 1997, the CPCB has performed a diverse portfolio of high-quality, well-prepared music heard by thousands of concert-goers throughout Northern California. Based in Citrus Heights, the self-supporting, nonprofit community band of about 65 musicians represents a wide cross-section of the Sacramento area. For more information on the Capitol Pops, visit www.capitolpops.org or its Facebook page.More details on the Sacra mento Capitolaires can be found at www.capitolaires.org.

Calendar continued on page 18



CALENDAR

Continued from page 17

Lantern Tours at the Sacramento **City Cemetery**

Oct. 16 and 17: Embark on a lantern led walking tour through Sacramento's past at the Sacramento City Cemetery! Guests experience stories of murder, death by spirits, death by duel or morphine, and even men impersonating women - all this while encountering other unexpected visitors from beyond. Stories will be told by our eternal residents. Hurry, tickets sell out fast...for more information please visit www.oldcitvcemeterv.com. 1000 Broadway

Fire Station 30 Open House

Oct. 17: Fire Station 30. located at 1901 Club Center Dr., will have an open house from 2 to 4 p.m. Meet firefighters and possibly mascot Sparky



lission Oaks Community Center 4701 Gibbons Drive, Carmichael 972-0336 * MORPD.com

Food festival at the Chinese **Community Church**

Oct. 17: The 32nd annual festival fea tures delicious Chinese food including the famous barbecue chicken, pot stickers, chow mein, chicken salad, combo plate and more. Enjoy live entertainment and activities for children. 11 a.m. to 7 p.m. Free admission. Chinese Community Church is located at 5600 Gilgunn Way. For more information, call 424-8900 or visit www.cccsac.net

5th Annual CureSMA 5k Walk N Roll

Oct. 17: This event goes from 9 a.m. to 1 p.m. and starts and ends at the William Land Park at the Village Green, on the corner of Sutterville Road and Freeport Boulevard. Organizer Nina Daya writes on the event's Facebook page, the reason for the event as follows: "Our daughter Malena was diagnosed with Spinal Muscular Atrophy (SMA) type 2 at age 15 months. As a family we did not know what the future would hold for us since we learned that SMA is the number 1 genetic killer of children under the age of 2 vears old. We quickly realized that spreading Awareness of this little known disease would be of utmost importance & this was the central theme keeping ourselves hopeful about the future. Our Walk N Roll was born in beautiful Sacramento and as a community we have raised over \$50,000 and would like to continue until a cure is reached. We are already at Clinical Trials - A truly Exciting Time to be Involved! 100% of all donations goes to CureSMA. We hosting this event as a gesture and "pay it forward effort." SMA an occur any age group." Register, create our own team or donate at: <events.curesna.org/2015Sacwnr>. It's a fun family event, o dress in a super hero costume or come as you are, includes t-shirts, food, kids activities, leejay music, raffle prizes, surprise super hero guests and our River Cats mascot, Dinger.

"Choctoberfest": A crazy and tasty high calorie production by Sac Women's Chorus

Oct. 17: The Sacramento Women's Chorus (SWC) fall concert. "CHOCtoberfest" is scheduled for 7 p.m. in Sacramento, Calif. The concert will feature fun and lively songs about love for sweets, chocolate and community. Adults and children are invited to attend. This popular concert sells out quickly, so you are ouraged to purchase tickets soon. Wine, beer, refreshments and tasty chocolates will be available."Our CHOCtoberfest concert will celebrate everything good - music, friendship, fun, love and of course, chocolate. Our music is upbeat, entertaining and engages the audience. Our fall show is typically a bit crazy with nexpected turns and tunes – a kind of crazy-high calorie production!" said Robin Richie, SWC Artistic Director. Doors open at 6:15 p.m. Location: The Center at 2300, address: 2300 Sierra Blvd. Cost for tickets is \$25 each + Tickets available online or through a chorus member. To buy tickets online, go to: www. sacramentowomenschorus.com

4th Annual Monster Bash at the Sacramento Children's Museum Oct. 17: Visit the Sacramento Children's Museum for a night of ghoulish fun at the 4th Annual Monster Bash! Gear up for Halloween by wearing your best costume and come play the night away at the Museum! They'll have a DJ, dancing, refresh ments, photo opportunities, a "haunted hallway," and of course – Museum play. For more information, visit www.sackids.org

"Spookomotive" Train Rides at the Railroad Museum

Oct. 17 and 18: All aboard for some Halloween fun Old Sacramento style! California State Parks and the California State Railroad Museum are proud to offer diesel-powered 'Spookomotive" train rides aboard a whimsically decorated train crawling with spiders, cobwebs and cornstalks while staffed with an entertaining "skeleton crew." Also, discounted "combo" Halloween-themed train rides and river cruises are offered twice per day. 125 I St. For more, visit www.csrmf.org

Sacramento Symphonic Winds, a 60-piece symphonic band presents "Winds of Change"

Oct. 18: Bring the entire family to this extraordinary concert season entitled "Winds of Change" at the Crowne Plaza Northeast. The Sacramento Symphon ic Winds is a 60-piece adult symphon ic band conducted by Dr. Les Lehr who is retiring after this season, and guest conductor Timothy M. Smith. Selections during the season will include Chorale and Shaker Dance by John Zdechlik, Pas Redouble by Camille Saint-Saens, A Christmas Festival by Leroy Anderson, La Fiesta Mexicana by Alfred Reed, American in Paris by George Gershwin, Irish Tune by Percy Grainger, and more! Show starts at 2:30 p.m. at Crowne Plaza Northeast, 5321 Date Ave. Tickets are sold at the door. Children 10 and under Free; Student/ Senior (65+) \$10; General \$15. Contact number is 489-2576; www.sacwinds.org; https://www.google.com/maps/place/ Crowne+Plaza+95841

Embroiderers' Guild of America Oct. 20: Join the Camellia Chapter, Embroiderers' Guild of America at their meet ing at 7 p.m. at the Arcade Library, 2443

Marconi Ave. Guests welcome. Free. 223 2751. Lecture/Presentation: Art &

Science of Anatomy – The Skull Inside and Out at the Museum of Medical History

Oct. 21: The Sierra Sacramento Valley Medical Society and Museum of Medical History are offering a free evening lecture & presentation about the fascinating art and science of anatomy starting with a focus on the skull. Betty Nelsen, an Art Instructor at American River College, will demonstrate how the study and knowledge of the anatomy of our facial muscles relates to understanding the expression of our emotions. Plus, a replica skull will be available for examination. For more, visit http://www.ssvms.org/Portals/7/Assets/pdf/lecture_series.pdf

Judah Harvest Festival Oct. 23: The annual Theodore Judah Elementary Harvest Festival is scheduled from 4:30 to 7:30 p.m., at the back of the school's campus. This is an exceptional event for families and you don't need to have a student at Judah to attend. Festivities include carnival-type booths created by each class, back by popular demand are food trucks, a pumpkin carving contest, an incredible cakewalk, a photo booth and pony rides. Harvest Festival wristband for unlimited carnival booths (not good for food cake walk or pony rides) or individual tickets can be purchased in advance or the day of the event. Money raised from the Harvest Festival goes directly back to Theodore Judah Elementary teachers and will be used for supplies and field trips. Check the Judah PTA website at www.theodorejudahp ta.org or download the school new app on your Smartphone for more information and to purchase tickets.

Dark dangers safety and self defense free clinic

Oct. 23: Robinson's Taekwondo offers a free clinic on personal safety and self-defense just for women. Women are especially vulnerable as they are exposed to danger as they pick up and drop off family members in school or shopping mall parking lots Registration is required at http://www.robinsonstkd.com or call 1-888-249-7853 for more information regarding time and location.

Ghost Tours at the Sacramento **History Museum**

Oct. 23 and 24: Visitors to Old Sacramen to can journey back in time to hear ghostly tales and spooky stories as they walk through the history-rich streets and re-live 19th century lore. Entertaining yet knowledgeable tour guides will take daring and inquisitive guests through Old Sacramento's nfamous locales to experience a bit of the dark side of California's history. For more, go to www.sachistorymuseum.org, 101 I St.

See Calendar, page 19



Calendar:

Continued from page 18 Lantern Tours at the Sacramento

City Cemetery Oct. 23 and 24: Embark on a lantern led walking tour through Sacramento's past at the Sacramento City Cemetery! Guests experience sto ries of murder, death by spirits, death by duel or morphine, and even men impersonating women – all this while encountering other unexpected visitors from beyond. Stories will be told by our eternal residents. Hurry, tickets sell out fast... for more information please visit www.oldcitycemetery.com, 1000 Broadway

The Haunted Fort at Sutter's Fort

State Historic Park Oct. 23 and 24: For those interested in a ghoulishly unique experience, check out the sixth annual "The Haunted Fort" at Sutter's Fort State Historic Park (SHP). Once again, the historic site will offer a special Halloween program based in fact but with a decidedly creepy twist. Daring visitors will go on guided lantern-lit tours through the darkened rooms and hear unusual and intriguing tales of how some of California's early pioneers perished throughout history. For more, visit www.suttersfort.org

29th Annual Safe & Super

Halloween: Pirates at Fairytale Town Oct. 23, 24 and 25: Avast ye! Join yer favorite pirates for three nights of trick-or-treating and family fun from 5 to 9 p.m.! Davy Jones, Jack Sparrow and the cursed treasure take center stage. Duels, games, 17 candy stations, handson activities, a costume parade and more pirate shenanigans await! Tickets go on sale September 1. Advance tickets are \$7-\$10 per person. Beginning Oct. 23, tickets are \$12 per person. Puppet show tickets are \$1 for members and \$2 for nonmembers. For more information,

Broderick • Cameron Park • Carmichael • Citrus Heights • Davis • Diamond Springs Dixon • El Dorado Hills • Elk Grove • Fair Oaks • Folsom • Granite Bay • North Highlands Orangevale • Rio Linda • Rocklin • Roseville • Sacramento • West Sacramento

For more information, call Linda Pohl at (916) 429-9901

18 Arden-Carmichael News • October 8, 2015 • www.valcomnews.com

visit fairytaletown.org or call 808-7462. Spon sored by Smile Business Products. Fairytale Town is located at 3901 Land Park Drive.

Fire Station 56 Open House

Oct. 24: Fire Station 56. located at 3720 47th Ave., will have an open house from 2 to 4 p.m. Meet firefighters and possibly mascot Sparky

George Sakellariou in concert

Oct. 24: The Sacramento Guitar Society ents old-world master guitarist. George Sakellariou, and up and coming classical guitarist, Jon Mendle on Saturday, October 24, 7:30 p.m. at Harris Center for the Arts at Folsom Lake College. For details, see www.HarrisCenter.net or 916-608-6888 or www.sacramentoguitarsociety.org.

Tahoe Park Community Yard Sale

Oct. 24: Hosted by 14th Ave Baptist Church, 6240 14th Ave., starting at 8 a.m., come to the Tahoe Park Community Yard Sale. All proceeds from this event will go to the purchase of school uniforms for the kids of Tahoe Elementary School! In addi tion, we will buy Payless gift cards because the school regularly sees kids with shoes in terrible condition that are aren't getting replaced. They hear from kids,"Mom says we don't have money for shoes." Whether shoes shirts, pants, or skirts...we can make a difference for the least of these. Donation week starts Sunday, Oct. 18

"Spookomotive" Train Rides at the Railroad Museum

Oct. 24, 25: All aboard for some Hallow een fun Old Sacramento style! California State Parks and the California State Railroad Museum are proud to offer diesel-powered "Spookomotive" train rides aboard a whimsically decorated train crawl ing with spiders, cobwebs and cornstalks while staffed with an entertaining "skeleto

crew." Also, discounted "combo" Halloween themed train rides and river cruises are offered twice per day. 125 I St. For more, vis it www.csrmf.org

Experience Dia De Los Muertos at the Crocker Art Museum

Oct. 25: Honor Día de los Muertos (Day of the Dead) at the Crocker Art Museum Join the talented instructor Estella Sanchez and learn how to make sugar skulls from scratch, assemble altars, gather ofrendas (of ferings) to honor the dead, decorate paper masks, and make calavera (skull) puppets. For more, visit www.crockerartmu

"Boo-seum" at the California Automobile Museum

Oct. 25: Bring your best dressed ghosts and ghouls to the California Automobile Museum for a special Halloween Haunted Hous and Trunk or Treat activities. Each paying adult may bring two children decked out in their best costumes at no charge to experience one of the best haunted houses around and get their fill of candy from museum vol unteers who will also be in their finest Halloween outfits camped out at different cars throughout the Museum. For more information visit www.calautomuseum.org

Wee Halloween at the Crocker Art Museum

Oct. 28: Celebrate the "wee" in Halloween with this fright-free alternative to trick-ortreating! Families with children ages 5 and u der will start by decorating treat bags before being guided in small groups through the galleries. Along the way, they will encounter gen tle surprises in the form of music, poetry, and dance, and receive a non-candy treat at the end of each performance. The delightful Halloween stroll will end with a delicious celebration Space is limited and advance registration is re

quired. For more information and to purchas tickets, go to www.crockerartmuseum.org

Boo at the Zoo at the Sacramento Zoo

Oct. 30 and 31: Two nights of ghoulish family fun, rain or shine! Kids can safe ly trick-or-treat around the lake at 25 different candy stations. Other activities include magic shows, costume dance party, ghoulish games, and lots of family fun. Guests can also ride the Spooky Train or Creepy Carousel for an additional fee. Please not Only the front half of the Zoo will be open during this event. The spookiness is appr priate for children under 10 years of age. For more, visit www.saczoo.org

"Spookomotive" Train Rides at the Railroad Museum

Oct. 31: All aboard for some Halloweer fun Old Sacramento style! California State Parks and the California State Railroad Museum are proud to offer diesel-powered "Spookomotive" train rides aboard a whimsically decorated train crawling with spiders, cobwebs and cornstalks while staffed with an entertaining "skeleton crew." Also, discounted "combo" Halloween-themed train rides and river cruises are offered twice per day. 125 I St. For more, visit www.csrmf.org

Trick-or-Treating in Old Sacramento

HOME

FOR

SALE

Oct. 31: Trick-or-treating will be held through the streets of Old Sacramento once again this season from noon to 4 p.m. Each vear nearly 50 Old Sacramento merchants and museums participate in the fun! The Old Sacramento Schoolhouse Museum is a great place to start as maps and bags are available for interested participants. For more, go to www.scoe.net/oldsacschoolhouse

"Spectacular Spiders" at the **Discovery Museum Science &** Space Center

Oct. 31 and Nov. 1: Pay homage to one of nature's wonders - the spider - all weekend at the Discovery Museum Sci ence & Space Center! Lots of crawly creatures will be on display - a live ta rantula in the Nature Discovery Room and fixed specimens to view in the class room. Plus, children can add dazzling décor to a foam spider and create their own species of arachnid to take home. For more, visit www.thediscovery.org

November

Winter hours start at Fairytale Town

Nov. 1 to Feb. 29. 2016: Beginning Nov. 1. Fairytale Town will be open Thursdays through Sundays from 10 a.m. to 4 p.m. for the winter season, weather permitting. Weekday admission is \$4.50 per person. Weekend and holiday admission is \$5.50 per person Children ages 1 and under are free. For more information, visit fairvtaletown. org or call 808-7462. Fairytale Town is located at 3901 Land Park Drive.

Mission Oaks Computer Club meeting

Nov. 12: The Mission Oaks Computer Club will meet from 1 to 3 p.m. at Mission Oaks Community Center, 4701 Gibbons Drive, Carmichael. The meeting will include a problem-solving clinic, led by Adam Lacey of Applications, Etc. First-time visitors are welcome. For additional information visit our website at www.missionoakscomput erclub.org or send an email to mocc@missionoakscomputerclub.org.

Attention Realtors!

Advertise Your Property Listings in California Kids!

California Kids is an events and activities guide for active families and is published once a month by Valley Community Newspapers, publishers of the Arden Carmichael News, East Sacramento News, Land Park News and the Pocket News. View at: www.valcomnews.com

California Kids targets active families who get out and enjoy all the

community has to offer. It also serves as a guide to families that are thinking of relocating to a new area. A perfect publication for real estate listings.

Some of the drops include: schools, restaurants, doctors and dentists, libraries,

museums, grocery stores, attorney offices, visitor centers, chamber of commerces, real estate offices, parks and recreation offices, coffee shops, book stores, churches, child care centers, pizza parlors, gymnastic centers, reaching those parents most likely to purchase products, use services, and search real estate listings.

It is distributed to:



