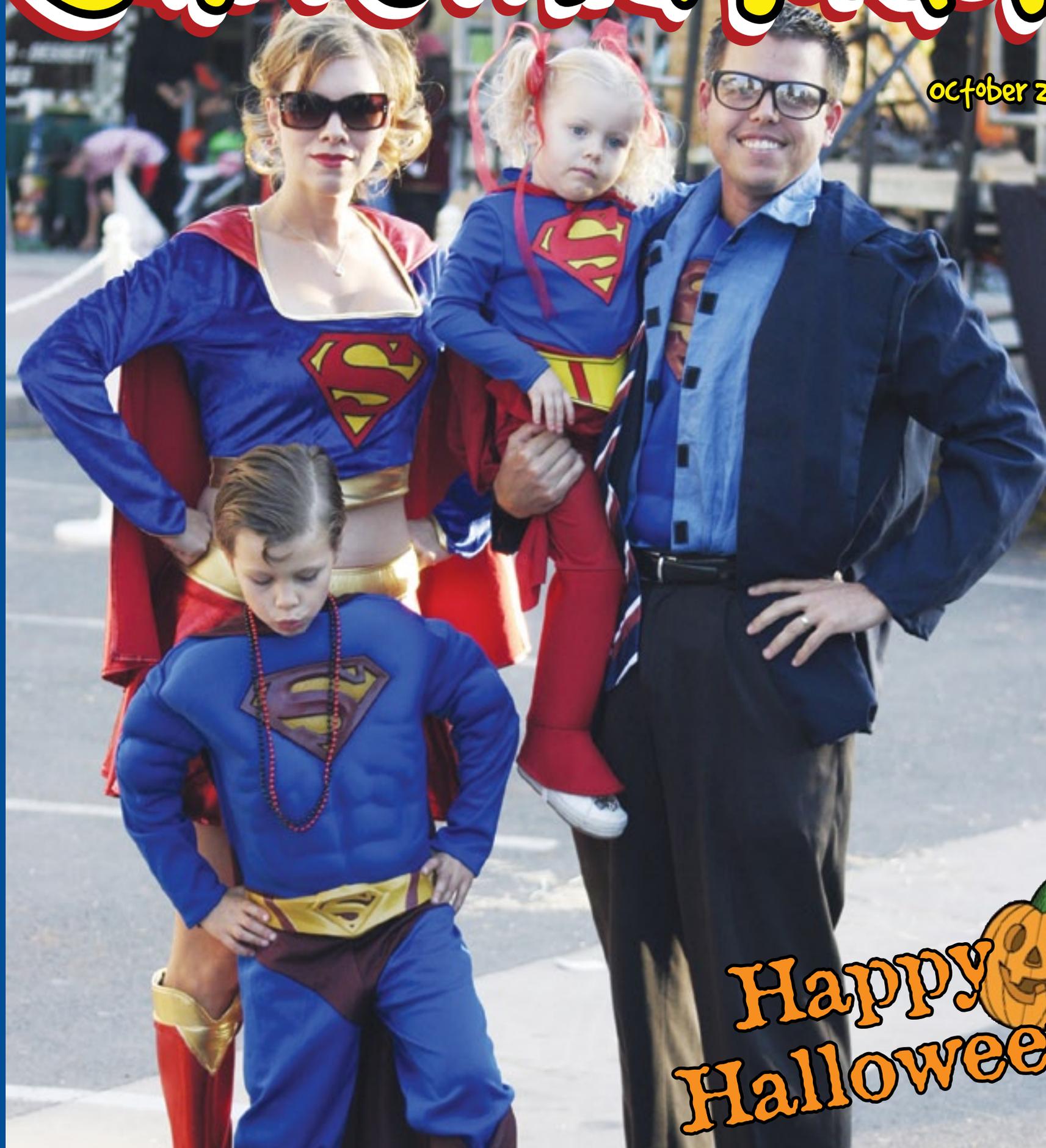


California Kids!

October 2009



Happy  Halloween

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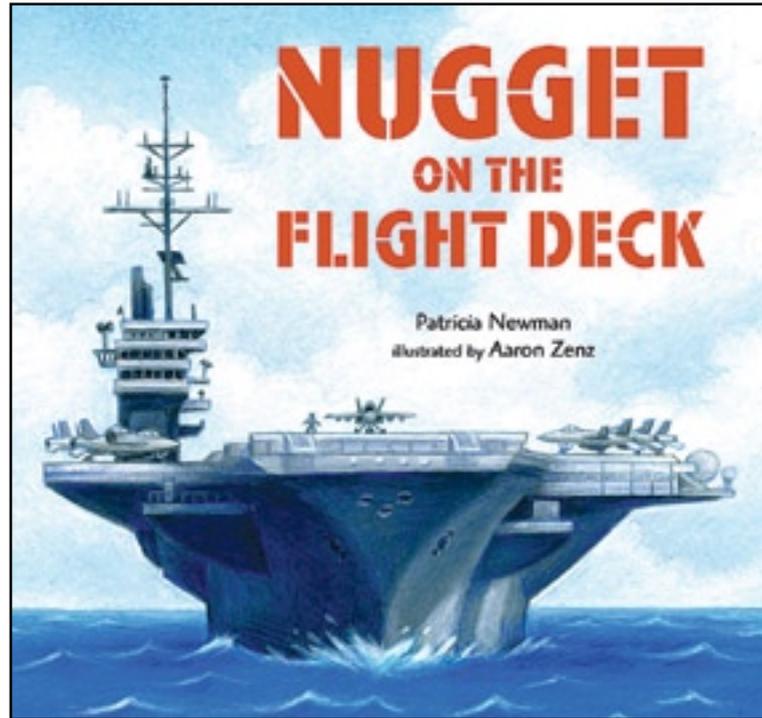
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NUGGET ON THE FLIGHT DECK Sails into port this October

Calling all future pilots for a crash course in aircraft carrier lingo. NUGGET ON THE FLIGHT DECK soars with real military jargon and facts about life aboard an aircraft carrier.

Readers are in for a treat as a young nugget prepares for his first hop in a real bird, as well as a complete tour around the Mother ship. The lieutenant keeps the jargon flowing during this tour of duty that will have young readers spooled up to use their new vocabulary. Expertly researched and dynamically illustrated, this patriotic adventure is chock full of information for military buffs and aspiring aviators alike. Author Patricia Newman says, "I'd like to salute Rear Admiral Dennis FitzPatrick for sharing his experiences as a Navy fighter pilot."

So hurry up and climb aboard the bird with Lt. "Gutts" Guttman and his pal, Nugget, as they catapult off an aircraft carrier they call Mother. Pull a few Gs and test out your flight skills in a practice dogfight or check out the jets in the hangar. There's so much to see on this exciting tour of duty!



NUGGET ON THE FLIGHT DECK is the perfect companion for children who love airplanes, for Veteran's Day, and for children who have parents deployed on a Navy aircraft carrier.

About the author:

Patricia Newman is also the author of *JINGLE THE BRASS*; *THE SCIENCE OF PLAY*; and *SEASONS AROUND THE WORLD*. She has written for *National Geographic Explorer*, *Spider*, *Highlights High Five*, *Boys' Quest* and *Storyworks* AND authors "Who Wrote That?" for *California Kids!* Newman resides in Carmichael, and is an experienced speaker at school visits, conferences, and community events. Teachers will find lesson plans for *NUGGET ON THE FLIGHT DECK* on her website.

NUGGET ON THE FLIGHT DECK

Ages 4-8; Glossary
Back Matter: Aviator's Alphabet; Carrier Facts; A Rainbow of Jobs by Patricia Newman (www.patriciamnewman.com)
Illustrated by Aaron Zenz (www.aaronzenz.com)
Walker & Company, 2009 (www.walkeryoungreaders.com)
ISBN: 978-0-8027-9735-3

Contact: Walker & Company
Publicity at children.publicity@bloomsburyusa.com or fax at 212.727.0984

**Author, Patricia Newman, will be signing books at Barnes & Noble for Local Author Appreciate Day in Citrus Heights on Sunrise Blvd. in the Birdcage Plaza (Sunrise and Greenback) on October 24 at 11:30 a.m.

California Kids! Family Fun Guide

Publisher: George Macko

General Manager: Kathleen Egan

Contributing Writers: Connie Goldsmith, Carmel L. Mooney, Patricia M. Newman

Production Manager: John Ochoa

Graphic Artist: Ryan Vuong

Sales Manager: Patty Colmer **Advertising:** Marc Harris

Distribution/Subscriptions: George Macko

California Kids! is published monthly and distributed to more than 1,000 locations in the Sacramento Valley, including all of Sacramento County, and portions of Yolo (Davis and Woodland), Placer (Auburn, Newcastle, Rocklin and Roseville), El Dorado (Cameron Park, El Dorado Hills, Placerville), and Nevada (Grass Valley, Nevada City) counties.

Subscriptions are available for \$30/year. Mail prepaid check or money order to California Kids!, 2709 Riverside Boulevard, Sacramento, CA 95818. Make sure to specify the person and address to which you wish issues to be mailed.

Deadlines for advertising and calendar listings are the 25th of the month prior to publication. Calendar listings should be mailed to 2709 Riverside Boulevard, Sacramento, CA 95818, faxed to (916) 429-9906, or e-mailed to vcnews@valcomnews.com.

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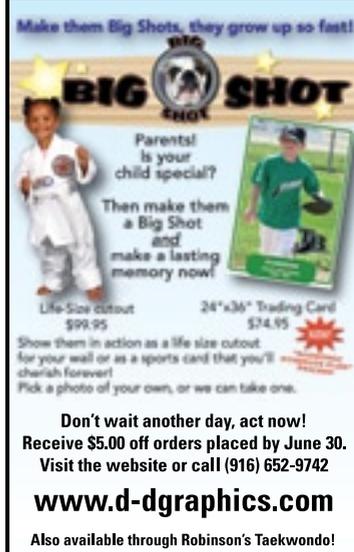
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ZOO BIZ

Boo! at the Zoo!

The Sacramento Zoo will celebrate **Boo at the Zoo** for two nights on Friday, October 30, and Saturday, October 31, from 4:30 to 8 pm. Come dressed up and join the ghoulish fun. Don't miss out on a spooky good time as the Sacramento Zoo transforms into a kid-friendly place to be for Halloween. Kids can safely trick-or-treat around Lake Victoria at the 17 Candy Stations, spooky entertainment, creepy creature shows, magic shows, fun crafts and tons of ghoulish goodies.

There will be pumpkin bowling, a wheel-of-treats and more games 'n' goodies. Ride the Zoo's Creepy Carousel or the Spooky Train for \$2 per person. Hot chocolate and apple cider will be available. Trick-or-treat bags will be given to each child.

The Zoo is traffic-free and a natural place to have a safe and Happy Halloween. **Boo at the**



Zoo benefits the Sacramento Zoological Society. This event is recommended for children 10 and under. General admission is \$9 per person; Sacramento Zoo Members admission is \$5. Children two and under are admitted free.

Open since 1927, the Sacramento Zoo is home to over 140 native, rare and endangered species and is one of over 200 accredited institutions of the Association of Zoos and Aquariums.

Located near the corner of Land Park Drive and Sutterville Road in William Land Park, the Zoo is wholly managed by the non-profit Sacramento Zoological Society. This Sacramento treasure inspires conservation awareness through education and recreation. Open daily from 9 a.m. to 4 p.m., general admission is \$9.50; children ages 3-12 are \$7 and two and under are admitted free. Parking is free throughout the park or ride Regional Transit bus #6. For information, call (916) 808-5888 or visit <http://www.sac zoo.com> sac zoo.com.

TWO NIGHTS!

Boo at the Zoo

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- Creepy Carousel
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- Entertainment

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ACORN DAY
California State Indian Museum

Saturday October 17th
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State Indian Museum event



The California State Indian Museum is open daily from 10 a.m. to 5 p.m., except Thanksgiving, Christmas, and New Year's Day.

October 17 - Acorn Day - Enjoy an educational and fun-filled day for the entire family! Observe the time-honored tradition of preparing acorn for food and learn Native arts and crafts-making. Sample Native foods, and spend the afternoon helping us celebrate the acorn harvest season! This event runs from 10 a.m. to 2 p.m.

Museum is open daily 10 a.m. to 5 p.m. (Closed Thanksgiving, Christmas, New Year's)

General admission is \$2 adults, \$1 youths ages 6-17, ages 5 and under free. For school group reservations (ReserveAmerica) call toll free (866) 240-4655. Reservations are required for school group tours at the State Indian Museum.

About the California State Indian Museum

The California State Indian Museum is operated by California State Parks and supported by the Sacramento Historic Sites Association. Open daily from 10 a.m. to 5 p.m. for self-guided tours and school group visits, the museum is located in midtown Sacramento at 2618 K Street on the grounds of Sutter's Fort State Historic Park. Visited by tourists, local residents, and students of all ages, the museum strives to provide educational opportunities and works with the Native community to celebrate the culture and heritage of California's Native peoples.

Current exhibits include traditional basketry, beadwork, ceremonial regalia and hunting & fishing items associated with many of the tribes of California, as well as contemporary artwork by renowned Maidu artist Harry Fonseca. For more information call (916) 324-0971 or visit www.parks.ca.gov/indianmuseum.

Disney on Ice presents Princess classics

Disney On Ice waves its magic wand to bring an awe-inspiring, magical ice spectacular to Sacramento. Disney On Ice presents Princess Classics, featuring Cinderella, Jasmine, Ariel, Sleeping Beauty, Belle, Mulan, Snow White and special guest Tinker Bell



The show will be at ARCO Arena, Wednesday, October 28 through Sunday, November 1. Tickets for Disney On Ice go on sale Saturday, September 26, and are available: www.disneyonice.com, Ticketmaster or the ARCO Arena Box Office.

Performance schedule:

Wednesday, October 28 - 7 p.m.
 Thursday, October 29 - 7 p.m.
 Friday, October 30 - 11 a.m. and 7 p.m.
 Saturday, October 31 - 11 a.m. and 3 p.m.

Sunday, November 1, 12:00 p.m. and 4 p.m.

Ticket Prices: \$14, \$17, \$23 (Limited number VIP floor seats available.)

All seats reserved and available at www.disneyonice.com, Ticketmaster Retail Locations or the ARCO Arena Box Office or call 1-800-745-3000. For more information visit www.disneyonice.com.



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Regular attendance is mandatory or Robinson's can cancel the agreement with parents.



Who Wrote That?

The Creators of Your Child's Favorite Books

Featuring **Diane Muldrow**

By **Patricia M. Newman**

"When I was very little," Diane Muldrow says, "all my mother had to do to make me happy was read to me. Once when she was reading to me, I told her I wanted to write books when I grew up. I wrote lots of poems and stories and even a novel in elementary school. By high school, though I had other aspirations. I wanted to be a photojournalist for National Geographic."

At Ohio University, Muldrow majored in magazine journalism and dance. As a journalism student, she learned that every word in an article has to pack a punch. As a dancer, she says, "I learned a lot about performing, choreography, and thinking [creatively]."

After graduation, Muldrow decided not to pursue a career in magazine publishing, opting instead to perform on New York City's avant-garde stage as a dancer and as an actor in several one woman monologues, a couple of which she wrote. However, she continued to struggle with what she really wanted to do with her life. A frequent bookstore visitor, she recalls, "I was still going into the children's section first. At least I had the presence of mind to realize I was doing that. I started to think, well, maybe that is what I should be doing."

She landed a job as a junior editor for Golden Books where she occasionally wrote licensed books involving Disney and Barbie characters. "It was boot camp," Muldrow says of the experience. "I really learned the nuts and bolts of picture book writing, and I gained a lot of confidence." Although, she often wondered if she would ever write a book from an original idea that did not involve licensed characters.

Muldrow's big break came about ten years into her editing career. "My first original book... was *The Happy Book*, a novelty book published by Scholastic's Cartwheel Books, where I was working at the time... Being steeped in the industry was defi-

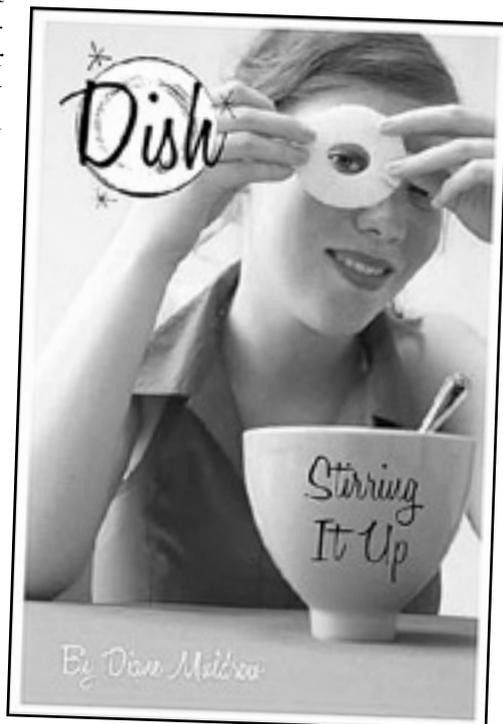


nately a big factor in my writing taking off."

In 1999, Muldrow moved back to Golden Books as an editor. At that time, she and another Golden Books editor, Bonnie Bader, developed a proposal for a series about teenage girls who like to cook. Muldrow and Bader planned to write the series together; unfortunately, Golden Books declared bankruptcy and Bader left for Grosset & Dunlap. Bader successfully pitched the cooking series to her new employer with Muldrow as the sole author, and the co-author team became an author-editor team. "It was probably the most challenging thing I've ever done,"

Muldrow says about writing the Dish series. On September 11, 2001, the day terrorists attacked New York City and Washington, D.C., Muldrow was supposed to begin work on her four-book series; on September 12, Bader called to make sure she was hard at work. "It helped me focus," Muldrow says, "I couldn't dwell on things. I wrote after work and on the weekends." Eventually, Muldrow churned out twelve Dish books in a little over a year.

Muldrow specializes in books for very young children. "I've gotten several ideas by watching nature documentaries," she says. The image of the baby penguin hiding beneath its father's feet in the documentary *March of the Penguins* planted the seed for *Mama, Where Are You?*, a lift-the-flap book about how mothers take care of their young in the wild. *Mama, What's In There?* exposes preschoolers to pregnancy in animals, and the upcoming *How Do Lions Say I Love You?* explains how animals show affection. Muldrow carefully researches each animal fact in her books before publication.



"I'm writing nonfiction for preschoolers," she says.

We Planted A Tree will be released in the spring of 2010 and is Muldrow's first jacketed hard-cover book. "It's my favorite because I love the writing and the ideas and how it all came together." The title popped into Muldrow's head many years

ago, but the plot and characters remained elusive. While browsing Amazon.com to get the creative juices flowing, she stumbled across Wangari Maathai's *The Greenbelt Movement*. Maathai won the 2004 Nobel Peace Prize for organizing Kenyan farmwomen in the planting of over 30 million trees. Muldrow mulled over Maathai's work and suddenly a line of text came to her: "We had a tree and it grew up and so did we." With that line, Muldrow knew she had a book and wrote the story in two days—after 10 years of letting the idea simmer. "I don't think I'll ever write anything that good again," she says.

Muldrow gives herself permission to daydream during her one-hour subway commute from her apartment in Brooklyn



to her office in Manhattan and back again. "This really helps the book ideas come," she says. "It looks like I'm just sitting there, but actually it's productive time for me." From solving personal problems, to decorating her apartment, to writing books, Muldrow allows ideas to come to her rather than force them. "Maybe that's why I've been so productive in the last five or six years," she says.

Next month: Meet Tomie de Paola

Patricia Newman is the author of Jingle the Brass (Farrar, Straus & Giroux). Her newest book, Nugget on the Flight Deck (Walker & Co.), debuts this month. Visit her website at www.patriciamnewman.com.

MORE ABOUT DIANE MULDROW

SELECTIONS FROM DIANE MULDROW'S Library

- *Mama, What's in There?*, Golden Books, 2008.
- *Mama, Where Are You*, Golden Books, 2007.
- Dish #1: *Stirring It Up*, Grosset & Dunlap, 2007.
- Dish #2: *Turning Up the Heat*, Grosset & Dunlap, 2007.
- Dish #3: *Boiling Point*, Grosset & Dunlap, 2007.
- Dish #4: *Into the Mix*, Grosset & Dunlap, 2007.
- Dish #5: *Truth Without the Trimmings*, Grosset & Dunlap, 2007.
- Dish #6: *On the Back Burner*, Grosset & Dunlap, 2007.
- Dish #8: *Lights! Camera! Cook!*, Grosset & Dunlap, 2007.
- Dish #10: *A Measure of Thanks*, Grosset & Dunlap, 2007.

Upcoming

- *How Do Lions Say I Love You?*, Golden Books, December 2009.
- *We Planted A Tree*, Golden Books, March 2010.
- *Somewhere So Sleepy*, Golden Books, April 2010.
- *Where Do Giggles Come From?*, Golden Books, spring 2011.



Discovery Museum Science and Space Center Calendar

New exhibit – Got Trees? and Fly Me to the Moon.

The Discovery Museum is a virtual forest with exhibits ranging from birds to tropical butterflies to how pencils are made. Kids never want to leave the log cabin play space. Fly Me to the Moon exhibit has a play space rocket ship and astro-



naut costumes for our younger visitors, as well as historical artifacts to celebrate the Apollo accomplishments for all to enjoy.

Creepy Crawlies – October 3 and 4, 12:30 to 3 p.m. Kick off the Halloween season by visiting some creepy crawlies from The Bohart Museum of Entomology from UC Davis. There are multiple insect cases on display, as well as live creepy crawlies to investigate. Insect experts are available to answer your questions. It is an exciting, fun and creepy weekend for the whole family. Kids 12 and under can make a creepy crawly craft to take home.

Uncovering Archaeology – October 10 and 11, 12:30 to 3 p.m. Dig into archaeology with a weekend of hands-on activities for all ages! Uncover the tools and techniques used by archaeologists to learn about the past. Study the science of soil layers with a fun play dough lesson, try to mend broken artifacts and meet real archaeologists.

*Don't forget to reserve your spot in the Family Digging Up The Past Simulated Excavation. This program is open to ages 9 years old and up. Saturday, October 10, 9 to 11:30 a.m. Space is limited, advanced reservations are required. Call for more information.

Crazy Chemistry – October 17 and 18, 12:30 to 3 p.m. Do you have any little chemists at home? If so, bring them to participate in Crazy Chemistry. The Discovery Museum Science and Space Center's classroom is transformed into a creepy chemistry laboratory with fascinating secret potions to explore. A visiting chemist will be on site, with demonstrations at 12:30, 1:30 and 2:30 p.m. Kids 12 and under can be crazy chemists too, by performing their own experiment making "goo". It is fun for the whole family!

Bear Blast! – October 24 and 25, 12:30 p.m. to 3 p.m. Have a blast learning about bears! Study bear information in the Got Trees? exhibit. Enjoy extra bear specimens displayed in our classroom for this weekend only. This includes a grizzly bear and polar bear pelt, as well as plaster bear paws. Bring your camera! As a souvenir from the day, kids 12 and under can make a bear claw necklace.

Owl Prowl – October 31 and November 1, noon to 3 p.m. Whooo's ready for a fun Halloween weekend? The Discovery Museum Science and Space Center is presenting our second annual Owl Prowl. Meet the museum's two owls, Tucker (the Great Horned Owl) and Milo (the Western Screech Owl). They visit with guests at noon and 2 p.m. There will be preserved owls on display in our Got Trees? exhibit. All visitors under the age of 12 can enjoy an owl-themed craft project. Get your family involved in the science behind these spooky critters.

Discovery Museum Science and Space Center is located at 3615 Auburn Boulevard, Sacramento. Admission cost is \$6 adults (18+), \$5 seniors (60+), \$5 teens (13-17), \$4 children (4-12), \$0 children (3 and under). For more information, call (916) 575-3942 or visit www.thediscovery.org.

Family Harvest Fair

On Saturday, October 31, bring the family to the Riverside Wesleyan Church for their Family Harvest Fair. There will be free food, games, candy and a Bounce House. Bring your carved pumpkin and you may win a prize in the "Best Non-scary carved pumpkin contest". Judging will be at 7 p.m., This is a safe and free event.

Wesleyan Church is located at 6449 Riverside Boulevard, Sacramento. The fair will run from 6 to 8:30 p.m.



Happy Halloween!

Trick or treat! Are you ready for Halloween? Start thinking now about how you can decorate your classroom and your house to be super spooky and here's a list of scary stuff to put you in the mood! Have fun searching for the hidden words related to Halloween. Look carefully; words can appear vertically, horizontally, diagonally, backwards and upside-down. Make a copy and give one to your friend and see who can find everything on the list first. Last one done has to scoop the goop out of the pumpkin!

G H O S T S T H G I L H S A L F J
 O L T N E O B L A C K C A T J T A
 B O O Z P H T U J B P O Y D N A C
 L A Q W O R C E R A C S N S P M K
 I S T R I C K T S T N T K K E R O
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 L P O A K R J W M S D R A K A T N
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 K M N Z J K D I C E R S P I D E R
 S P I D E R W E B S N I K P M U P

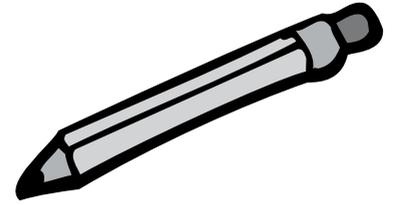
Bats
 Black cat
 Boo
 candle
 candy
 costumes
 flashlight
 Full Moon

Ghosts
 Goblins
 Haunted House
 Jack o'lantern
 Makeup
 Mask
 Monster
 owl
 Pumpkins

Scarecrow
 Scream
 Skeleton
 Skull
 Spider
 Spider webs
 Treats
 Wigs
 Witches



MAKE IT YOURSELF!



Felt Toy Jack o'Lantern

Here is an unusual Jack O' Lantern craft for Halloween, which will help the kids practice their sewing skills!

You will need:

- Orange and black felt scraps
- Needle and embroidery thread
- Toy stuffing
- Fabric glue
- Black buttons
- Green ribbon



You will need to:

Cut two circles from the orange felt. Sew them together around the edge using running stitch. Leave a small gap to stuff the toy. Stuff the toy. When it is full, sew up the gap. Glue on the buttons to make your Jack O' Lanterns eyes and nose, and cut a shape out of the black felt scraps for his mouth. Now use some short lengths of ribbon to make some leaves and a stem.

Handprint and Footprint ghosts

These handprint and footprint ghosts are so effective – and, if you remember to date them, a great way of “capturing” a memory of your child. They make great invitations for a Halloween party, too!

You will need:

- Black paper
- White paint
- Black pen

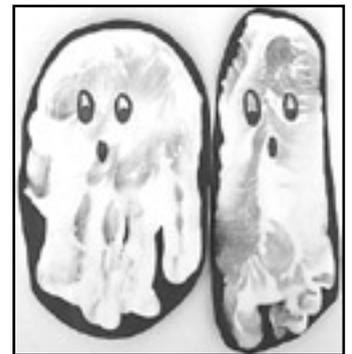
You will need to:

Print a white handprint onto the black paper, keeping your fingers together. Leave some space and print a white footprint.

When the paint is dry, draw on some ghostly faces. The fingers/toes form the bottom of your ghost.

Cut out the ghosts, leaving a thin rim of black paper around the edge.

Why not punch a hole through the top, tie through some string and hang them as decorations this Halloween?



Paper Cup Witch

Kids will enjoy making this paper cup witch for Halloween!

You will need:

- A paper cup
- A polystyrene ball
- Black and Green paint
- PVA glue
- Black wool
- Black paper or card
- Wiggle eyes
- Green craft foam
- Star stickers

You will need to:

Paint the paper cup black and paint the ball green. Leave them to dry.

Glue the ball to the cup.

Cut some lengths of black wool for your witch's hair, and glue them to the top of the ball.

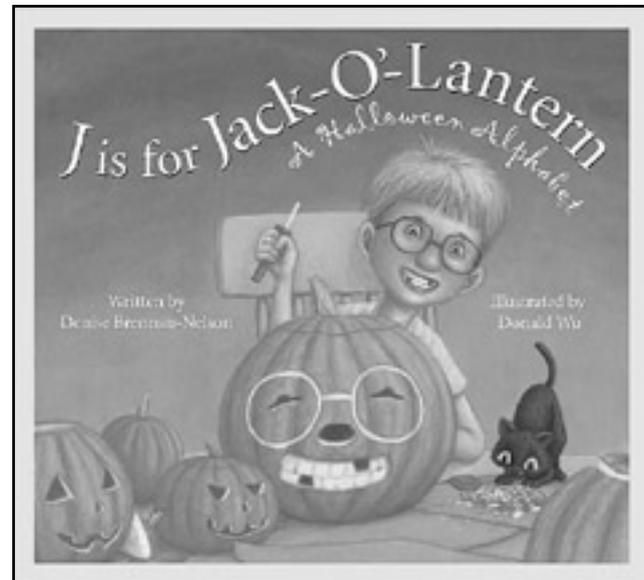
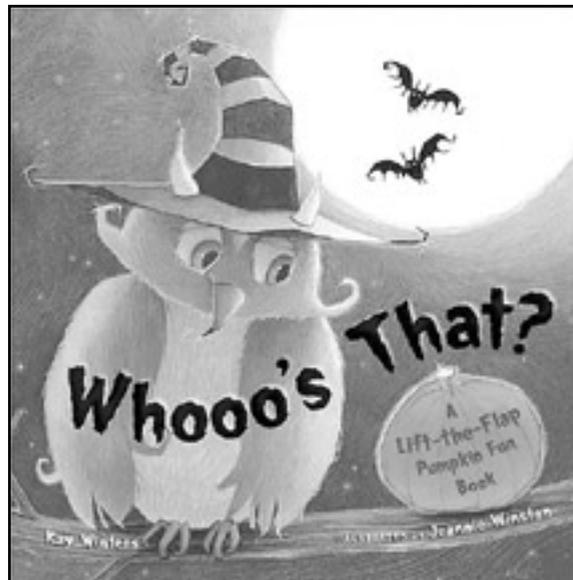
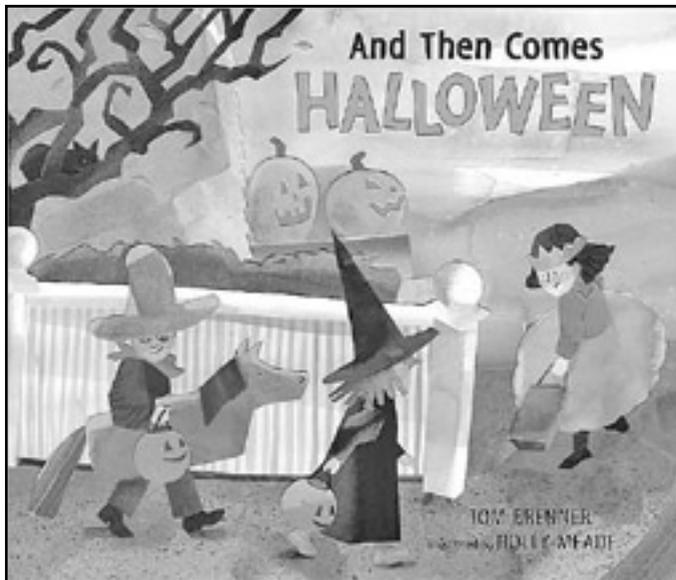
Draw around a small plate on to black paper or card. Cut out 1/3 of the circle. Roll into a cone and glue the edges. Put a bit of glue around the inside of the cone and stick onto the ball.

Cut a rectangle of black paper or card about 10cm by 3 cm to form your witch's arms. Cut two 'hands' from green craft foam and glue them to either end of the rectangle. Glue the paper around the back of the cup, so the ends reach around the front,

Stick on the wiggle eyes and add a green foam nose. Decorate with star stickers. Put your witch on display!



Crafts courtesy of: www.Activity Village.co.uk - Keeping Kids Busy



The Book Report

It's Halloween!

By Connie Goldsmith

It seems that kids of all ages love Halloween; maybe because they love that feeling of being just a little scared, but still being safe. No matter what your family's Halloween plans, whether it's a party at home with friends, a school gathering, or a trick-or-treat excursion with a goodie bag the size of Stockton, a new book is always a treat. If older sibs go out on their own, read a story to the little ones left behind so they'll feel like they're part of this favorite holiday.

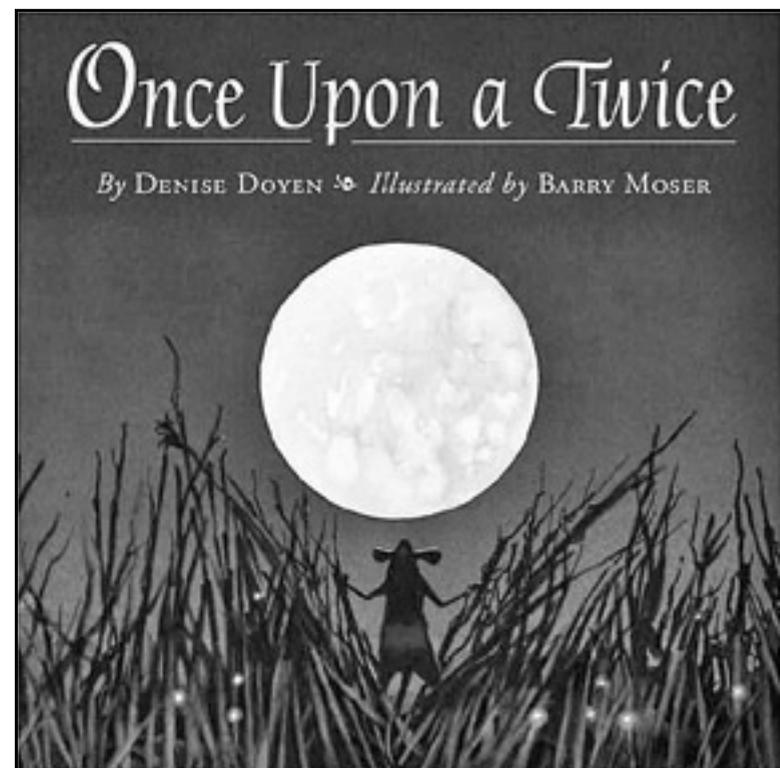
"*The Runaway Mummy*," by Michael Rex. (Putnam). This author is a big fan of "The Runaway Bunny," by Margaret Wise Brown, but feels it's, "biased against giant trampling monsters and man eating giants," thus his quest to create this hilarious parody. Little Mummy wants to run away, but Mother Mummy counters each of his threats with a bigger one filled with lots of mummy-love. Little Mummy transforms into a sea serpent, but Mother Mummy says, "I will become a sea monster that will wrap around you and never let go." This is the classic toddler battle between wanting independence, yet being afraid to get it. The "monstrous" illustrations sizzle with color and action and hilarity. But in the end, all Little Mummies must go to bed.

"*Whooo's That? a lift-the-flap pumpkin fun book*," by Kay Winters, art by Jeannie Winston. (Harcourt). This sturdy board book with its big flaps to lift and peek under is perfect for little fingers. Kids will love to try



to guess what's under each of ten pumpkin flaps and one bonus candy-filled treat under the 11th flap of a cat face. "Whooo's that, prancing in the park? Whooo's that, prowling in the dark?" There's bebopping skeletons, smiling bats, a frowny witch, and a troop of little kids decked out in their best Halloween finery. The bright art is a flawless accompaniment to the perfectly-rhyming text. A sweet and simple book for those celebrating their very first Halloween.

"*Once Upon a Twice*," by Denise Doyen, illustrated by Barry Moser. (Random House). Not exactly a Halloween story, but a very scary story . . . for mice. This is a cautionary tale of little mouse Jam who refuses to listen to his elders, and instead scurries out one full-moon night despite all warnings. Inventive, teasing wordplay may remind readers of Lewis Carroll's *Jabberwocky*. "The mice were scoutaprowl," and, "wisemouse," and "Jamagination in a flurry: I won't scamper! I won't scurry! A clever mousling need not worry. Furry overconfidence." The story will keep kids entranced as they follow Jam's dangerous midnight adventure. The award-winning illustrator creates a vivid mouse world in dark hues brightened by moonlight and jewel-green frogs, bugs, and snakes, a



visual world that flawlessly complements the wonderful text.

"*And Then Comes Halloween*," by Tom Brenner, art by Holly Meade. (Candlewick). In lyrical language this story shows us the way to Halloween. Step must follow step – when certain things happen, then it's time for the next step. "WHEN autumn spiders weave silver webs. . . and the bones of trees begin to show. . . THEN it's time to decide what to be." We follow all the familiar rituals of this most fun holiday as the kids dress up and set off into the dark chanting the magic passwords, "Trick or Treat!" Finally, it's home to count and trade and share and eat the candy, and to dream of next year's costume. The nicely-colored, three-dimensional collage art looks so real that you want to reach right in to tickle the cut-out kids and tuck them into bed at the end of the night.

"*J is for Jack-O'-Lantern: a Halloween Alphabet*," by Denise Brennan-Nelson, art by Donald Wu. (Sleeping

Bear Press). The series of alphabet books by this publisher resonate on two levels. One level is the short poem associated with each letter: "T is for trick-or-treat. Three simple words you must repeat if you desire something sweet. The magic words are trick-or-treat." The second level, intended for older readers or parents, consists of a side panel that explains the origin of trick-or-treating. The poem for "F is for Frankenstein," is followed by an explanation of Mary Shelley's novel and the evolution of the classic horror story in literature and film. The cute comical illustrations keep the book from being too scary, and make it suitable for a wide range of ages.

Connie Goldsmith lives in Carmichael where she writes for adults and children. Her latest nonfiction juvenile books, "*Cutting Edge Medicine*," "*Meningitis*," and "*Superbugs Strike Back: when antibiotics fail*," can be found in school and public libraries, and at online booksellers.



official Drink of Halloween: coming to a Spooktacular Museum

America's Milk Processors want Sacramento residents to have a healthy Halloween by unmasking the nutritious benefits of milk and encouraging children to stay active this holiday season. The Official Drink of Halloween team will host a free Halloween-themed event at the Discovery Space and Science Museum, Friday, October 2, from 2 to 4 p.m., 3615 Auburn Boulevard, Sacramento. Families can unmask nutritious facts about chocolate milk and try out new, tasty recipes that make drinking milk even more fun. Kids and moms can take a souvenir Official Drink of Halloween Milk Mustache photo, sample delicious and nutritious lowfat and fat free chocolate milk and win fun Halloween-themed prizes.

Let's face it, sweets are at the heart of the Halloween fun. But it's easy for moms to make the holiday season a little healthier without being booed by the kids. Experts agree that lowfat chocolate milk - The Official Drink of Halloween - is a tasty way to build strong bones that no one will find scary.

Chocolate milk is a delicious and nutritious alternative with bone-building might that won't fright - with a taste kids love. But chocolate milk just doesn't taste good - it is a major source of calcium and provides other important bone-building nutrients including vitamin D, protein, potassium and phosphorus. Each 8-ounce serving provides 300 milligrams of calcium - or 30 percent of the daily value for this vital bone-building nutrient.

Make Your Own Milk Mustache Ad

Visit whymilk.com for more healthy Halloween tips, to find festive recipes - such as Goblin Good



Sacramento kids pose for their chocolate Milk mustache photo.

Rice Pudding and Minty Witch's Brew - and to create your very own Halloween-themed Milk Mustache digital card using the "Make Your Own Milk Mustache Ad" tool. Don the 'stache, share with friends and encourage others to celebrate chocolate milk as the Official Drink of Halloween.

owls of october

When are owls most active? Can they turn their heads all the way around? What is an owl pellet? Meet a resident owl, Virginia a Great Horned Owl, at the Effie Yeaw Nature Center

and learn the answers to these questions and more.

The Nature Center is located in Ancil Hoffman County Park, 2850 San Lorenzo Way, Carmichael. For more information, call (916) 489-4918.

Creepy Crawly Chocolate spiders yum!

Kids love this easy snack for Halloween. They are a fun surprise for their lunch pails.

You will need:

- 2/3 cup chocolate chips
- Saucepan or microwave-safe bowl
- 2 cups chow mein noodles
- Baking sheet
- Wax paper
- Small candies for the eyes



You will need to:

Melt the chocolate chips in a saucepan on the stove or melt them in a bowl in the microwave. Toss the noodles with the melted chocolate. Have your child drop spoonfuls of the mixture onto a baking sheet lined with wax paper. Add two candy eyes to each spider. Let the chocolate harden. Store the spiders in the refrigeration.

Pinocchio!

Audiences of all ages will enjoy Pinocchio, which opens October 3 and plays Saturdays and Sundays at 1 p.m. through November 1. Performances are located in Room A-6 of the Auditorium Building on the north end of the Sacramento City College campus.

October 25 and November 1 performances will be interpreted in American sign language.

Admission is \$5 for all ages and children two years old and under are admitted free. Group rates for parties of 20 or more, 20% off. Half-price opening day special, October 3 only.

Parking is free on campus, Saturdays and Sundays only. Sacramento City College is located at 3835 Freeport Boulevard, Sacramento. For more information, call Doug Lawson at (916) 558-2174.

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State Capitol Event

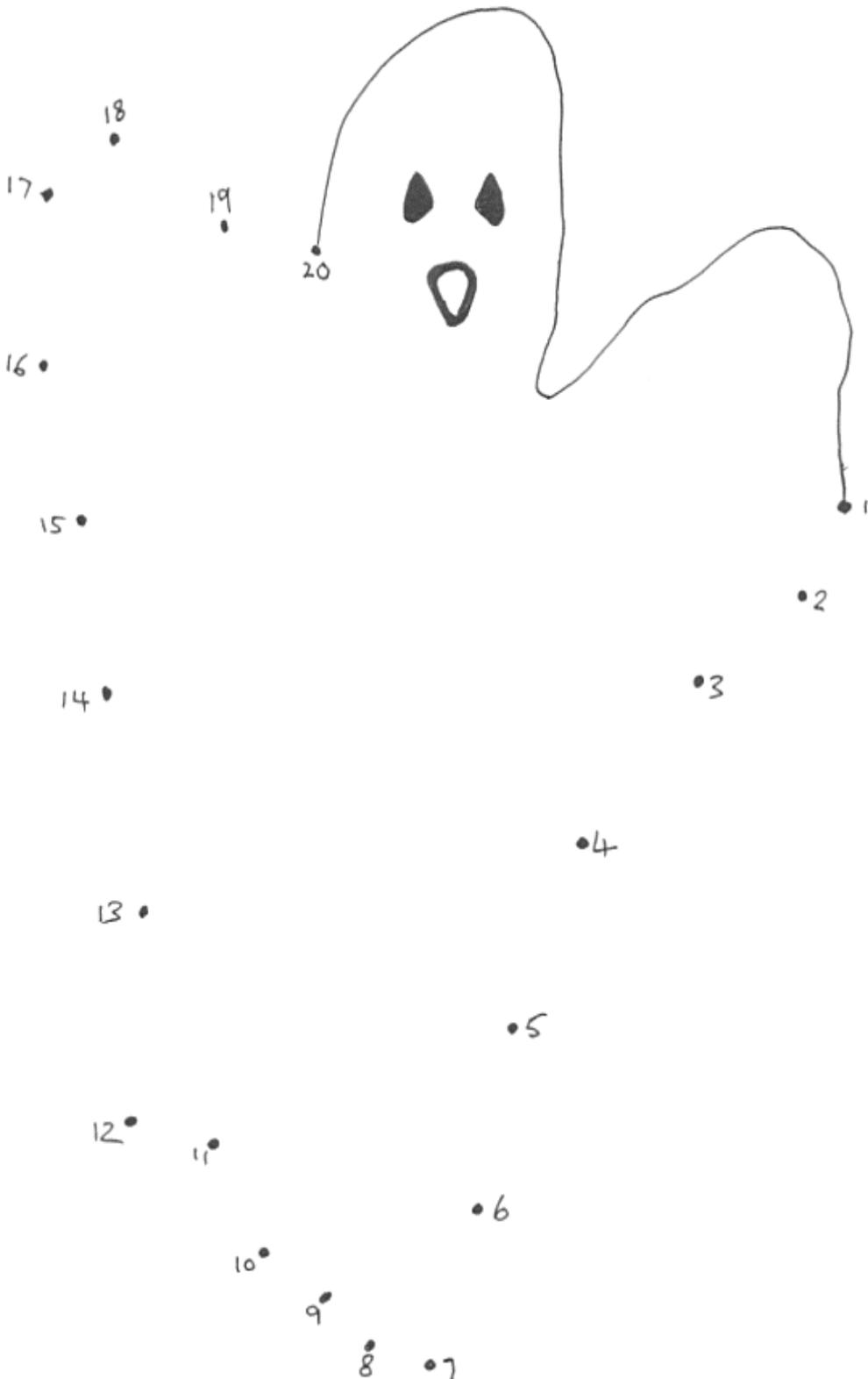
Governors Day Living History Program (tentative)

On Saturday, October 17, the California State Capitol will be turned back to the years 1899 to 1917, when volunteers and staff of the Capitol Museum costumed in the attire of the period portray Governors Henry Gage, George Pardee, James Gillett, and Hiram Johnson and their

wives re-enacting important events from their administrations. Each of these notable politicians discusses the issues and events that defined his term of office, such as the 1906 San Francisco earthquake and fire and the era of the Southern Pacific Railroad abuses. Guided tours run every 15 minutes from 10:30 a.m. to 3 p.m.

The Museum is open daily 9 a.m. to 4 p.m. (Closed Thanksgiving, Christmas, New Year's) Guided Tours are offered every hour on the hour. For school group reservations call toll free (866) 240-4655. The California State Capitol Museum is located at 1303 10th Street, 10th Street between L and N Streets, Sacramento. For more information, call (916) 324-0333 or visit www.capitolmuseum.ca.gov.

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Saturday October 24, 2009

9am - 3 pm Open to kids in Grades K-8

Enter your drawing to qualify!

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- Fill out the application form and send it in by October 10th. You will be notified of your window location by October 15th.
- Windows will be painted on Saturday, October 24th, any time between 9:00 am and 3:00 pm. All work must be finished by 3:00 pm.
- Each accepted artist will be assigned one 20" x 36" space on the outside of a merchant window.
- Whole Foods Market will supply tempera paints, brushes, newspaper, rags, and painting tape. All work needs to be done freehand and have a "Halloween" theme.
- Official rules and regulations will be mailed prior to the event and must be followed closely to avoid disqualification.

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Cloudy with a Chance of Meatballs

Bring your umbrella, galoshes and a hearty appetite down to your local IMAX theatre for a delicious storm of unusual proportions. Audiences will embark on a totally mouth-watering adventure unlike any other viewing *Cloudy with a Chance of Meatballs* now open at the Esquire IMAX Theatre.

Columbia Pictures' and Sony Pictures Animation's *Cloudy with a Chance of Meatballs* will be the most delicious event since macaroni met cheese. Inspired by the beloved children's book, the film focuses on a town where food falls from the sky like rain. This film has been rated PG for brief mild language.

The Esquire IMAX Theatre is located at 1211 K Street in downtown Sacramento. For information on tickets and showtimes, call (916) 443-IMAX (4629) or visit www.imax.com/sacramento.

Photos available upon request from heather@Athertonpr.com
 Film web site:
www.cloudywithachanceofmeatballs.com



Schools Gallery spotlights artwork from the Sacramento Area Schools Art Competition, including the San Juan School District display shown in photo.

The 12th Annual Sacramento Arts Festival

Enjoy a weekend of hand-crafted art and entertainment at the Sacramento Arts Festival, Friday, October 2 through Sunday, October 4. The 12th annual event returns to the Sacramento Convention Center (14th and J Streets), to showcase the best ever in quality, variety and one-of-a-kind arts and crafts. Also, enjoy live entertainment and delicious food.

The festival features over 225 of the best contemporary craft-people and fine artists offering over 15,000 original works. Art-

ists will also demonstrate their extraordinary talents on site.

Friday, October 2: 12 noon to 9 p.m.

Saturday, October 3: 10 a.m. to 7 p.m.

Sunday, October 4: 10 a.m. to 5 p.m.

Ticket Prices*: Adults-\$7.50 Seniors-\$6.50 Under 12 yrs.-Free

*Discount coupons-\$1 off admission available online at: www.sacartsfest.com

Adding to the celebration of art, The Schools Gallery returns

to the Sacramento Arts Festival, highlighting artwork from the Sacramento area schools competition. Each local elementary, middle, and high school participating in the competition will display artwork that is judged by a noted artist from the Sacramento Arts Festival and a representative of the Crocker Art Museum. The competition allows the aspiring young artists a stage to showcase their growing talents and includes cash awards and prizes.

Returning to the festival this year is the Schools Gallery which spotlights art works from the Sacramento Area Schools Art Competition. Each high, middle and elementary school participating, is displaying its student's entries in these categories: (1) Oil & Acrylic Paintings, (2) Watercolors, (3) Drawings (pencil & pastels), (4) Three-Dimensional Works, (5) Other (collage, masks, photography, etc.). Schools represented in this year's contest are: Leonardo da Vinci School, Sheldon High School, Inderkum High School, Mira Loma High School, Kennedy High School, Natomas High School, all in Sacramento; St. James School and Starr King School in Davis; Golden Sierra High School in Garden Valley; plus schools in the San Juan School District. Overall winners receive cash prizes and all students receive ribbons.

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For more information, call (916) 734-9192



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Upcoming Events. For details, visit us online!

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Parties! Parties! Parties! Parties! Parties! Parties! Parties! Parties! Parties!

Ghost Busters

First make a collection of ghosts. Get the kids to cut out their own ghosts from white construction paper. Any size will do.

Now divide the players into two groups. Send one team from the room while the other team hides the ghosts. Make sure you stipulate what level of hiding is acceptable, maybe some part of the ghost must be visible and whether some pieces of furniture are off-limits.

The first team now returns and tries to find all the ghosts. They then get a turn to hide the ghosts.

Variations:

- An adult hides all the ghosts and the children compete with each other to find them.
- Add a bonus prize to the back of one or two of the ghosts instead!

Musical Statues

This is another favorite game with little kids and is easy to set up, fun to play, and ideal for small party venues.

Age: 3+

You will need:

- A CD player or similar with dancing music or children's favorite songs.
- Some little prizes

How to play:

The children dance around while the music plays and must stand still as statues when the music

stops. Anyone seen moving after the music has stopped is eliminated.

Hints:

When playing with younger kids it may be better to "eliminate" children by asking them to dance in a different area of the room, rather than sit around watching.

It has been found it is easier to give prizes to the last 2 or 3 children playing rather than try to pick one winner. Some younger children can get very competitive so you will need to be prepared to distract them and involve them in some other way if necessary!

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For more information, please call Safetyville USA at
(916) 366-7233 ext. 202
It will be **SPOOK-TACULAR!**

Pin the wart on the witch

Using black felt material or black cardboard (or even a black bin liner glued over cardboard), cut out a witch's outline. It doesn't have to be perfect as most kids won't mind but don't forget to include the pointy hat and nose!

Stick the cut out up on the wall or on a large peg board. Decorate the witch with plastic spiders and fake web. Then cut out large shaped warts (yuck) from green felt material and either stick a thumb tack onto the end of each one or some strong two-sided tape for younger children. Alternatively, use a small lump of sticky tack (which is available in a variety of colors) or play-dough.

Use a plain dark colored scarf as a blind fold and let the children take turns sticking the wart on the witch's nose. Older children should be spun around first to make it more difficult!

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Travel

Continued from page 18

is superb, throughout this gorgeous spot situated at the base of the Santa Catalina Mountain range. Resident wildlife abounds and the largest golf course in southern Arizona tempts visitors, along with tennis and other outstanding amenities.

We ate an amazing dinner at Jax Kitchen---fabulous scallops, gourmet shrimp tacos, flatiron steak, homemade from scratch pasta, etc. This remarkable fine dining establishment manages to be very family friendly. Delicious homemade breads desserts, and crackers, heirloom vegetables, and marvelous unique flavor combinations make this place extraordinary.

The next day we drove through the Saguaro Nat'l Park and to the Arizona-Sonora Desert Museum with its 2 miles of outdoor desert paths and exhibits of reptiles, hummingbirds, aviaries, road-runners, prairie dogs, etc. Next we visited the Old Tucson Studios where hundreds of movies and westerns have been created. We took a stagecoach ride and the driver was a famous stunt man who has trained horses and movie stars for decades. We saw many costumes, sets, and props from Little House on the Prairie, Gunsmoke, and Three Amigos. We only wish we had more time. There was so much more to enjoy. We entered Texas crossing the Rio Grande and Continental Divide and could see Mexico many times as we passed through Border Patrol near El Paso. We enjoyed the majesty of the desert as we headed to Marathon to check into our gorgeous historic hotel and resort, The Gage Hotel. Near Big Bend National Park, this exquisitely beautiful property is fortunate to offer a true desert oasis with its spectacular gardens, fitness center, Desert Moon Spa, exotic rustic elegance, and gorgeous Spanish style courtyards. The stars envelope guests at night and the cooing of doves and music of songbirds awaken them in the morning.

Before departing we savored a wonderful morning swim at the gorgeous Gage Hotel pool---so exquisite with the Santa Fe style architecture and gorgeous cowboy theme décor, wrought iron, and mission style buildings.

After passing through San Antonio we arrived in our fa-

vorite little Texas gem of Seguin, where we enjoyed a wonderful lakeside water-ski show at Lake Mc Queeney and a lovely dockside dinner. Our first night in Seguin we got settled in our gorgeous lake house rental at Lake Placid and watched TRUE WOMEN, our favorite western movie, warming up for our Seguin TRUE WOMEN tour the next day.

The historic TRUE WOMEN tour in Seguin was positively fabulous; we loved seeing the places from both the movie and book. The history was so wonderful, captivating, gripping, and moving to see where it all actually happened. American History alive like that is truly spectacular. We even went to the oldest protestant church in Texas and rang the historic bell.

We went to Chiro Java for a great lunch, a unique little local coffee shop and bistro serving delicious salads and mouthwatering sandwiches. It's a locals' favorite.

We later toured the Seguin Heritage Museum and then Pape's Pecan House, home of the world's largest nutcracker collection. Their pecan treats and delicacies were amazing.

We had mother-daughter massages at Seguin Spa & Salon, and a Tex Mex dinner at El Ranchito Restaurant and Catering. Finally we enjoyed boating on Lake Placid relishing the tranquility and fireflies. We canoed awhile on the lake at sunset and then we went night swimming from our own private dock at our lake house. We had to watch TRUE WOMEN again that night to see the wonderful places we'd enjoyed all day on our tours.



Visitors can take stagecoach rides and tour the Old Tucson Studios.

Seguin is a very special place with amazing people and history. It's blessed to have walking tours, driving tours, historical tours, wonderful specialty shops and excellent cuisine everywhere. One of our favorite shops was Cascades Gift Shop where numerous treats were lovely, especially the homemade chocolates.

We enjoyed touring Texas Lutheran University and the Texas Agricultural Education and Heritage Center. We also toured the Seguin Outdoor Learning Center.

Fabulous burgers are found at the best burger place in all of Texas, Kirby's. For more family fun you'll want to visit the fantastic Seguin Wave Pool in Starcke Park as well as ZDT Amusement

Park which was very clean, safe, and well managed with excellent attractions.

Seguin was one of the most difficult places to see in our rear view mirror because the area was so fascinating and the people so lovely, warm, and gracious.

Watch for the next part in my series where I'll cover the southern and southeastern portion of the US on our unforgettable 80-day adventure.

You can listen to Carmel L. Mooney talk about these and other exciting travel destinations each Sunday afternoon at 1 p.m. on KJAY 1430 AM in Sacramento

Her website is: www.money-thewriteway.com

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- www.adayinthewest.com
- www.tusconchildrensmuseum.org
- www.visittucson.org
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First 5 Sacramento Children's Celebration Brings Fairytale Town to Life

Three-year-old Jenny has listened to her mom read her books and nursery rhymes since she was a baby, including favorites like *The Three Little Pigs*, *The Little Engine that Could*, and *Jack and the Beanstalk*. These stories and more will come to life on Saturday, October 10 as Jenny joins more than 5,000 Sacramento County families at Fairytale Town for the First 5 Sacramento Annual Children's Celebration.

Funded by First 5 Sacramento, this FREE family event from 10 a.m. to 4 p.m. will be filled with fun, resources, food, entertainment, activities, exhibits, raffles and much more. While local children ages zero to five meet larger than life mascots, watch puppet shows, pet zoo animals

and color on a giant kid's coloring wall, parents and caregivers will gain valuable information about countywide programs and services from more than 60 community organizations, including the Library Wonder Wagon and the Smile Keepers Dental Van. The annual Conga Line starts at noon and this year features *Sid the Science Kid* and *Clifford the Big Red Dog*.

A limited number of free Regional Transit (RT) bus passes and light rail passes



Children under five can receive a free dental screening and learn about the importance of teeth and what the dentist does.

are available to Fairytale Town from anywhere in Sacramento County and can be obtained through First 5 Sacramento and their grantees.

Fairytale Town is located at William Land Park on the corner of Sutterville Road and Land Park Drive in Sacramento. For more information on the free day of family fun and available resources to help parents raise children "happily, ever after," contact First 5 Sacramento at (916) 876-5865 or online at www.First5Sacramento.net.

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Cat costume

Some kids love to dress up as animals, and a little one dressed up as a kitten is always cute. A black cat is, of course, perfect for Halloween, too.

You will need:

Black, grey or brown tights or leggings and a matching T-shirt, leotard or sweatshirt as the basis for your cat or kitten costume.

You will need to:

Make a tail by stuffing an old nylon stocking with newspaper, or use a length of rope, two tail-shapes of felt stitched together and stuffed, or half of a pair of a child's woolly tights!

Make some cat ears out of felt or construction paper (one color to match your costume, and pink or white for the inside of the ears) and attach to a plastic hair band.

cat Mask craft

The cat mask is easy to make. It involves painting, cutting and sticking - so it will keep the kids busy for a while and they will love every minute! Just

make sure they don't put the mask on before it is absolutely dry...

You will need:

Paper plate, Black paint, Scraps of Black, pink and green paper, Black wool/chenille stems, Elastic, Glue stick

You will need to:

Paint the back of the plate black and leave to dry, then carefully cut out two eye holes.

Cut 3 short pieces of black wool and glue them to the centre of the mask to be whiskers. Use the scraps of paper to make the eyes and nose and two ears. Punch a small hole on either side of the mask and thread through the elastic, tying tightly to each hole.



Witch's Hat

Halloween wouldn't be Halloween without a witch's hat to wear - and this one is quickly made with a piece of black card. Of course you can add embellishments of all sorts, or adapt the craft to make a wizard's hat (with a bigger brim and perhaps using purple card).

You will need:

A large sheet of black card, sticky tape, Green crepe paper (or yellow or black wool/yarn), a piece of string and a pencil to draw your arc (optional)

Instructions: Draw an arc, either freehand or using your pencil and string, from one corner of the black card to part way along the opposite long side, to form a quarter of a circle. Cut along the line. Roll this quarter circle into a cone big enough to fit on the witch's head and tape together. Stand the hat on the remaining card and draw around the base, (circle 1). Decide on the width of the brim you would like, and draw another bigger circle around circle 1 to make the brim (circle 2). Cut out circle 2. Draw a third circle (circle 3) about 2cm (1 inch) inside circle 1. Cut along this line. Cut small slits at approximately 2cm (1 inch) intervals between circle 3 and circle 1 to form flaps. Crease them along the line of circle 1. Now stand the cone onto the brim, and fold the flaps up inside the hat, taping them in place. Cut the crepe paper into strips and tape these inside the hat so that they hang down to form hair.



For more ideas, visit: www.Activity Village.co.uk - Keeping Kids Busy

THE 17TH ANNUAL FOLSOM RENAISSANCE FAIRE

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Calendar of Events

Critter Events

October 10, Owls of October, 10:30 a.m., 2850 San Lorenzo Way, Carmichael. When are owls most active? Can they turn their heads all the way around? What is an owl pellet? Meet a resident owl of the Effie Yeaw Nature Center and learn the answers to these questions and more. For more information, call (916) 489-4918.

October 11, Salmon Stroll, 10:30 a.m., 2850 San Lorenzo Way, Carmichael. Take a stroll to the American River with a naturalist to look for migrating salmon. Learn about the salmon life cycle and find out why they like the riffles here for spawning. For more information, call the Effie Yeaw Nature Center at (916) 489-4918.

October 17, Bat Program, 10:30 a.m., 2850 San Lorenzo Way, Carmichael. Join bat conservationist Corky Quirk of Northern California Bats and learn about these mysterious flying mammals. Get a good look at some live bats as you learn about the myths, superstitions and misconceptions regarding these highly beneficial animals. Program best suited for adults and children over 6 years of age. For more information, call Effie Yeaw Nature Center at (916) 489-4918.

Especially for Parents

Ongoing, Book Sale, 9 a.m. to 2 p.m., 8250 Belvedere Avenue, Suite E, Sacramento. The Book Den, has books for sale and is open Fridays and Saturdays. The store is operated by members of Friends of the Sacramento Public Library. For more information, call (916) 264-2880.

Holiday Events

October 17, Harvest that Helps, 4 to 7 p.m., 5681 Lonnetree Boulevard, Rocklin. The Fellowship Chamber of Placer County is sponsoring its second annual "Harvest that Helps," festival at Strikes Family Entertainment Center. This fun, family-friendly, action-packed event will include: a hot rod and bike show, costume parade with candy, bounce house, face painting, glow blowing, speed climbing contest, laser tag, and raffle prizes. There is no entry cost.

October 24, Halloween Haunt, 11 a.m. to 4 p.m., 3909 Bradshaw Road, Sacramento. Join the fun at Safetyville USA's 19th Annual Halloween Haunt. There will be magic shows, a costume parade, pumpkins for sale, a Halloween maze, food and fun. Admission is \$5 (2 yrs and under are admitted free). For more information, visit www.safetycenter.org.

October 31, Halloween Activities, 5 p.m., 1182 Roseville Parkway, Roseville. Bring the kids to the Harvest Festival inside Fountains at Roseville.

Looking for Crafters and Artisans

Looking for crafters and artisans to participate in a Holiday Crafts and Gift Faire, November 14, at the Sacramento Elks Lodge #6, 6446 Riverside Boulevard, Sacramento. Tables and chairs are available for \$30 up. Floor space for \$50 up. To reserve your space or for more information, call (916) 686-0347.

Fountains will close Main Street to accommodate a safe, fun environment for the kids to enjoy a costume parade, activities and trick-or-treating. The schedule includes kids' activities from 5 to 5:45, a costume parade starting in front of Peet's at 5:30, and trick-or-treating from 6 to 7 p.m. For more information, call Heather at (916) 316-4568.

October 31, Spooky Story Time, 10:30 a.m., 2850 San Lorenzo Way, Carmichael. Gear up for Halloween at the Effie Yeaw Nature Center with some spooky stories told by the Sacramento Storytellers Guild. Stories guaranteed NOT to cause nightmares. There is a program fee of \$1 per person. For more information, call (916) 489-4918.

October 31, Family Harvest Fair, 6 to 8:30 p.m., 6449 Riverside Boulevard, Sacramento. Bring the family to the Riverside Wesleyan Church for their Family Harvest Fair. There will be free food, games, candy and a Bounce House. Bring your carved pumpkin and you may win a prize in the "Best Non-scary carved pumpkin contest". Judging will be at 7 p.m., This is a safe and free event.

October 31, Halloween Scene, 1 to 4 p.m., 216 O Street, Sacramento. Have a delicious, nutritious and safe Halloween at the Crocker Art Museum. Children, ages 5 and under are invited to dress up for a parade and go trick-or-treating for healthy goodies. Take part in interactive puppet theater and stop by hands-on art stations. Free with admission. For more information, call (916) 808-7000.

Magic Events

October 10, Family Magic Show, 7 p.m., 4701 Gibbons Drive, Carmichael. Bring the family to the Mission Oaks Community Center for this gathering of top named magicians in Northern California who come to share their magic with you. All ages will enjoy their mysteries. Doors open at 6:30. The cost to attend is \$5 per person at the door and 5 years and under admitted free. Register online and receive a \$1 discount per person, www.morpd.com. For more information, call (916) 972-0336.

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↑ Camper in Nightshirt, From Marin County Album, Photography Collection California Historical Society FN-21054



→ "Swim in the Cold Soda Spring, Wee Wa (little Warren) takes a dive," Clear Lake, California, June 1924; Charles Fremont Pond: Elizabeth Keith Pond Mountain Journals, Keith-McHenry-Pond Family Papers, The Bancroft Library

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Calendar of Events

Nature Events

October 18, Autumn Nature Walk, 10:30 a.m., 2850 San Lorenzo Way, Carmichael. Come to the Effie Yeaw Nature Center located in Ancil Hoffman Park and explore the changes that Fall brings to the oak woodland. Join a naturalist for this guided walk through the Nature Area's riparian habitat. For more information, call (916) 489-4918.

October 25, Wildlife of the Season, 10:30 a.m., 2850 San Lorenzo Way, Carmichael. Take a guided walk to discover what animals visit the Effie Yeaw Nature Area during Fall migration. Find out what the year-round residents are doing to prepare for the winter. For more information, call (916) 489-4918.

October 29, Nature Walk, 8 a.m. to noon, 2850 San Lorenzo Way, Carmichael. Meet Jack, from the Effie Yeaw Nature Center, at the outside entrance to Ancil Hoffman Park at the end of Arden Way for a nature walk at William Pond Recreation Area. For more information, call (916) 489-4918.

October 6, Toddler Program, 11 a.m., 11601 Fair Oaks Boulevard, Fair Oaks. The Fair Oaks Library offers a Toddler Time and Playgroup beginning. For more information, call (916) 264-2920.

October 10, Synchronized Swimming, 11 a.m., 4000 Edison Avenue, Sacramento. Love gymnastics, dancing and swimming? Combine them all with synchronized swimming. The Try-It Day is perfect for swimmers ages 6 to 16 who want to try this exciting, aquatic sport. The Sacramento Synchronized Swim Team coaches and parent volunteers will be available to help you learn about their club. The event will be held at Mira Loma School pool. RSVP to membership@sacsynchro.com or call (916) 296-SYNC (7962) by October 8.

October 13, Children's Book Nook, 10 a.m., 216 O Street, Sacramento. Bring the family to see the performance of *Pinocchio*, which runs Saturdays and Sundays through November 1 at Sacramento City College. Admission is \$5 for all ages, children two and under are admitted at no charge. Group rates are available for parties of 20 or more at 20% off. Performances are located in Room A-6 of the Auditorium Building on the North end of the campus. Parking is free on campus Saturdays and Sundays only. The October 25 and November 1 performances will be interpreted in American sign language. For more information, call Doug Lawson at (916) 558-2174.

October 17, Folsom Renaissance Faire, Saturday 10 to 6, Sunday, 10 to 5, 403 Stafford Street, Folsom. Bring the family to the Folsom City Lions Park, located at Natoma and Stafford Street, for the Folsom Renaissance Faire. See 900 costumed entertainers and hundreds of shopkeepers and artisans. There will be continuous entertainment, jousting, plays and vignettes, dancing, archery tournaments and more. The cost is \$14 for adults, \$9 for seniors, and children ages 6 to 12. Children under the age of 6 are admitted free. Parking on site is \$4. For more information, call (916) 355-7285 or visit www.folsomfaire.com.

October 17, Acorn Day, 10 a.m. to 2 p.m., 2618 K Street, Sacramento. Join the staff at the California State Indian Museum for an educational and fun-filled day for the entire family. Observe the time-honored tradition of preparing acorn for food and learn Native arts and crafts-making. Sample foods, and spend the afternoon helping us celebrate the acorn harvest season! For more information, call (916) 324-0971.

October 17, Food Festival, 11 a.m. to 7 p.m., 5600 Gilgunn Way, Sacramento. Bring the family to the Chinese Community Church, corner of Gilgunn Way and Fruitridge Road, between South Land Park Drive and Freeport Boulevard for their 26th Annual Fall Fellowship and Food Festival. Enjoy delicious food, entertainment and games. Admission is free. For more information, call (916) 424-8900.

October 17, Reading to Dogs, 1 p.m., 828 I Street, Sacramento. Kids, ages 5 to 12, can borrow a book or bring one from home to read aloud to a furry canine pal, the last Saturday of the month in Kids' Place, Central Library. By reading to trained and gentle dogs, from the Sacramento Goldrush Guides, this fun program helps boost children's reading skills and self-esteem. Sign-up on day of program is on a first-come, first-serve basis. For more information, call (916) 264-2920 or visit www.saclibrary.org.

November 23 to 25, Holiday Zoo Camp-Our Feathered Friends, Monday to Wednesday, 9 a.m. to Noon, 403 Stafford Street, Folsom. Join the fun at the Folsom City Zoo Sanctuary. Learn all sorts of interesting facts about birds' beaks, feet, nests, feathers, eggs and more. Come meet the zoo birds. Fee is \$112, Grades 1 to 3. Call Folsom Parks and Recreation Department to register (#490017-01) at (916) 355-7285.

Through October 31, Reading to Dogs, 1 p.m., 828 I Street, Sacramento. Kids, ages 5 to 12, can borrow a book or bring one from home to read aloud to a furry canine pal, the last Saturday of the month in Kids' Place, Central Library. By reading to trained and gentle dogs, from the Sacramento Goldrush Guides, this fun program helps boost children's reading skills and self-esteem. Sign-up on day of program is on a first-come, first-serve basis. For more information, call (916) 264-2920 or visit www.saclibrary.org.

October 3, Fall Fairy Festival, 11 a.m. to 5 p.m., 7997 California Avenue, Fair Oaks. Put on your best pair of wings and bring the family to the Fair Oaks Community Clubhouse and celebrate with the fairies. Use a wishing stone, make a fairy wand, learn to fairy ribbon dance, see fairy houses, have your picture taken as a fairy and enjoy a lot of other fun activities. For more information, visit www.FairyGardenParty.com.

October 3, Pinocchio, 1 p.m., 3835 Freeport Boulevard, Sacramento. Bring the family to see the performance of *Pinocchio*, which runs Saturdays and Sundays through November 1 at Sacramento City College. Admission is \$5 for all ages, children two and under are admitted at no charge. Group rates are available for parties of 20 or more at 20% off. Performances are located in Room A-6 of the Auditorium Building on the North end of the campus. Parking is free on campus Saturdays and Sundays only. The October 25 and November 1 performances will be interpreted in American sign language. For more information, call Doug Lawson at (916) 558-2174.

Special Events

October 3, Pinocchio, 1 p.m., 3835 Freeport Boulevard, Sacramento. Bring the family to see the performance of *Pinocchio*, which runs Saturdays and Sundays through November 1 at Sacramento City College. Admission is \$5 for all ages, children two and under are admitted at no charge. Group rates are available for parties of 20 or more at 20% off. Performances are located in Room A-6 of the Auditorium Building on the North end of the campus. Parking is free on campus Saturdays and Sundays only. The October 25 and November 1 performances will be interpreted in American sign language. For more information, call Doug Lawson at (916) 558-2174.

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Calendar of Events

Sunday, Free Admission, 10 a.m. to 1 p.m., 216 O Street, Sacramento. The Crocker Art Museum is offering free admission hours to visitors. For more information, call (916) 808-7000 or visit crockerartmuseum.org.

Tuesdays, Toddler Program, 11 a.m., 4235 Antelope Road, Antelope. The North Highlands-Antelope Library offers a Toddler Time and Playgroup. For more information, call (916) 264-2920.

Tuesdays, Reading Program, 3:30 p.m., 5605 Marconi Avenue, Carmichael. Children ages 5 to 12 are invited to the Carmichael Library for "Reading to Rover: A Learning Program for Children." For more information, call (916) 264-2920.

Wednesday, Pre-school Program, 11 a.m., 6132 66th Avenue, Sacramento. Pre-schoolers are invited to the Southgate

Library for this special program. For more information, call (916) 264-2920.

Wednesday, Pre-school Program, 11 a.m., 2901 Truxel Road, Sacramento. Pre-schoolers are invited to the South Natomas Library for this special program. For more information, call (916) 264-2920.

Thursdays, Pre-school Program, 10 a.m., 2443 Marconi Avenue, Sacramento. The Arcade Library invites you to their toddler program, a continuing program. For more information, call (916) 264-2920.

Thursdays, Pre-school Program, 10 a.m., 891 Watt Avenue, Sacramento. The Arden-Dimick Library invites you to their pre-school program. For more information, call (916) 264-2920.

Thursdays, Pre-school Program, 11 a.m., 6700 Auburn Boulevard, Citrus Heights. The Sylvan Oaks Library invites you to their pre-school program. For more information, call (916) 264-2920.

Thursdays, Pre-school Program, 11 a.m., 4235 Antelope Road, Antelope. The North Highlands-Antelope Library invites you to their pre-school program. For more information, call (916) 264-2920.

Thursdays, through November, Pre-school Program, 11 a.m., 8962 Elk Grove Boulevard, Elk Grove. The Elk Grove Library invites you to their pre-school program. For more information, call (916) 264-2920.

Saturdays, Pre-School Program, 4:30 a.m., 4799 Stockton Boulevard, Sacramento. Join the fun at the Colonial Heights Library for a pre-school program. For more information, call (916) 264-2920.

Storytellers & Puppetry

October 1 and 8, Preschool Storytime, 10 a.m., 1601 Fair Oaks Boulevard, Fair Oaks. Children are invited to the Fair Oaks Library for "Preschool Storytime." For more information, call (916) 264-2920.

October 21, Wee Wednesday, 10:30 a.m. and 1 p.m., 216 O Street, Sacramento. Wee Wednesdays are designed for children ages 3 to 5 and the special adult in their lives. Encourage your early learner's development through multi-sensory activities by art and storytelling. Reservations are required for this Crocker Art Museum event. To register, call (916) 808-1182 or email education@crockerartmuseum.org. This is free program with admission.

First Mondays of each month, Dog Program, 6:30 p.m., 9845 Folsom Boulevard, Sacramento. Join the fun the first Monday of each month at the Rancho Cordova Library for "Reading with Dogs," with Lend a Heart Pet Therapy. For more information, call (916) 264-2920.

Wednesdays, Toddler Storytime, 10 a.m., 8962 Elk Grove Boulevard, Elk Grove. This program is being offered at the Elk Grove Library. For more information, call (916) 264-2920.

Wednesdays, Toddler Storytime, 10:15 a.m., 2500 New Market Drive, Sacramento. This program is being offered at the North Natomas Library. For more information, call (916) 264-2920.

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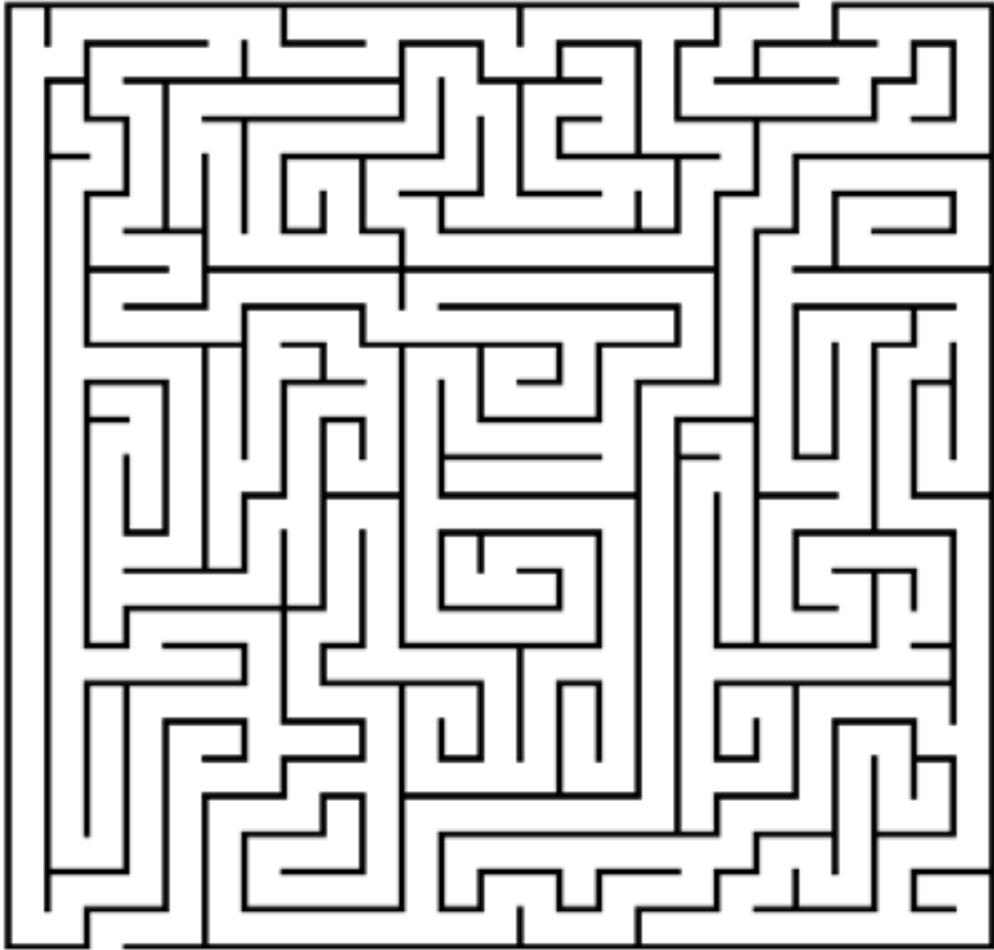
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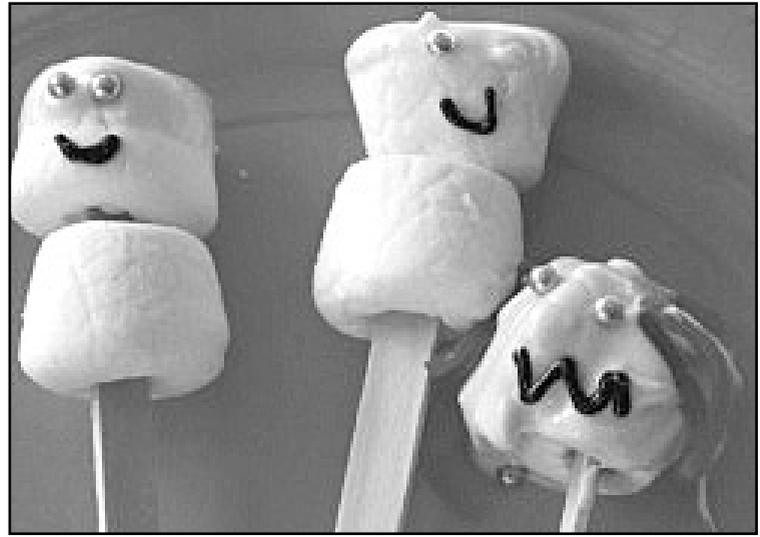
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Can you find the path between these two spooky ghosts?



Courtesy of: www.ActivityVillage.co.uk - Keeping Kids Busy



Marshmallow Ghosts and Ghouls

Ingredients:

- Marshmallows
- White chocolate chips or white chocolate
- Silver ball cake decorations or similar
- Writing icing
- Strawberry laces (optional)

You will need to:

Melt the white chocolate or white chocolate chips in a glass bowl in the microwave, or over a saucepan of simmering water. This takes a minute or two.

While you are waiting, start making your ghosts. Thread a couple of white marshmallows onto a lollipop (popsicle) stick for each one. Now dip the ghosts into the melted chocolate and swirl them around to cover the top of the ghosts' "heads." Bring them out and lay them flat on

a paper plate for the chocolate to harden, pushing a couple of silver balls on for eyes before it does.

Use a tube of writing icing to draw on a mouth and any other features you would like. Keep in the fridge until you need them.

To make the ghouls, use either white or colored marshmallows. Thread one on per stick. Add some green food coloring to the chocolate and then swirl the marshmallows in it as before, this time covering as much of the surface as possible. Use silver balls for eyes, but this time add some other decoration too: try strawberry candy strands for hair and chocolate drops. Leave to harden as before.

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Keeping Kids Busy!

Have Your Child's BIRTHDAY PARTY at Stage Nine Theatre

Enjoy our current Young People's Theatre production and then go to our **Entertainment Store & Gallery** for a party with the cast of the show.

The party includes

Party Favors, Beverages, Decorations, Balloons, Party Hats.

All this for only \$20 per child for 10 or more and \$22 for less than 10.

(Adults pay the regular show price.)

Call (916) 353-1001 to book your party.

Stage Nine Theatre, 717 Sutter St., Historic Folsom

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One of our graphic artists will design a free of charge advertisement for you or your company, when you advertise in one of our publications. For more details on this offer, give us a call at

429-9901



Roseville's Maidu Indian Museum

Join the haunt at Safetyville USA

DROP IN FAMILY ACTIVITIES

Children 10 and under must be accompanied by an adult.

Native American Stories – Saturday, October 10, from 11:30 a.m. to noon and 2:30 to 3 p.m. All ages are welcome. Enjoy Native American stories told by Nisenan Maidu Rick Adams. Free with paid admission to museum.

Fabulous Campfires. (Please note campfire time) – Friday, October 9, 7:30 to 8:30 p.m. Fee: \$5/ person or \$15/family of four. Enjoy an evening with family and friends around a campfire. Listen to Native stories under the stars and roast marshmallows for a sweet ending to the perfect family gathering. No reservations required.

DROP IN ADULT ACTIVITIES

Friends of Sierra Rock Art present – Dan Foster's archaeological talk on *Abstract-Representational Petroglyphs of the Northern Sierra Nevada*, October 16, 7 to 8:30 p.m. Admission to this event is free. Doors open at 6:30 p.m. Light refreshments will be provided.

SPECIAL EVENTS

Columbus Day Revisited – Saturday, October 10. Revisit the "discovery" of the Americas during this event held at the Maidu Interpretive Center. Guided tours will be offered at 10 a.m. and 1 p.m. Indigenous People's Day presentations will be held at 11:30 a.m. and 2:30 p.m. for adults. Native stories for children will be held at the same times.

CONTINUING EXHIBITS

Discovery, Devastation, Survival: California Indians and the Gold Rush. The exhibit examines the impact of the gold rush and highlights several native families whose ancestors survived this devastating period. The exhibit also offers examples of the continuing richness of Native California culture through its baskets, jewelry, art and literature.

Rocks of Ages: The Spectacular Diversity of Rock Art in California.

As California was perhaps the most densely and diversely populated area of North America, it is no surprise that native California rock art should be equally rich. This photographic exhibition explores the beauty, mystery, and diversity of rock art from different geographic areas around the state. Through December.

Designs from Nature Art Show

"My love of nature is embedded in my art through color, texture and design". Charley Burns, Yurok, shows his *Designs from Nature* artshow at the Maidu Interpretive Center through December. Charley is an active dancer and singer in the native community and continues to express his culture through his art.

The Maidu Interpretive Center is located at 1960 Johnson Ranch Drive, Roseville. For more information, visit www.roseville.ca.us/indianmuseum or call (916) 774-5934.

Safetyville USA, a program of Safety Center Incorporated, will present its 19th Annual Halloween Haunt on Saturday, October 24th from 11 a.m. to 4 p.m. at 3909 Bradshaw Road, Sacramento.

Admission is \$5 per person (children 2 and under are free). The miniature village takes on a harvest festival theme and provides activities and fun for the entire family in a safe environment.

Activities for the day include performances by magician Trevor Wyatt and other stage shows and demonstrations. There will also be music, games, food, prizes, face painters, raffles and much more. Kids are encouraged to dress up in their favorite costume and take part in the

costume parade. There will be pumpkins for sale and 25 cent games.

Halloween Haunt is a great family event that offers fun and entertainment for all ages. For more information call (916) 366-7233 ext. 202.



Have fun coloring!



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Fall Fun! Fall Fun!

Fall Fairy Festival

Join the fun on October 3, for the Fall Fairy Festival at Fair Oaks Community Clubhouse. Put on your best pair of wings and come enjoy several activities from 11 a.m. to 5 p.m. Kids will enjoy using a wishing stone, make a fairy wand, learn to fairy ribbon dance, see fairy houses, have their picture taken as a fairy and lots of other fun activities.

The clubhouse is located at 7997 California Avenue in Fair Oaks.

For more information, visit www.FairyGardenParty.com

Halloween Jokes!

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What does a hungry ghost want?

Ice scream!

What kind of girl does a mummy take on a date?

Any old girl he can dig up!

What was written on the hypochondriac's tombstone?

"I told you I was ill"!

Why did it take the monster ten months to finish a book?

Because he wasn't very hungry.

What do monsters call human beings?

Breakfast, lunch and dinner!

How do you make a witch itch?

Take away her w!

Why didn't the skeleton go to the party?

Because he had no body to go with!

What does a witch ask for when she goes to a hotel?

Broom service!

Where do ghosts pick up their mail?

At the ghost office!

Why are graveyards so noisy ?

Because of all the coffin!

Who did Frankenstein take to the prom?

His ghoul friend!

What did the mother ghost say to the baby ghost as they drove down the street?

Buckle your sheet belt!

What do you call a fat Jack-O-Lantern?

A plumpkin!

Why is Dracula so unpopular?

Because he's a pain in the neck!

Who has webbed feet and fangs?

Count Quackula!

Knock Knock. Who's there?

Thumping.

Thumping who?

Thumping green and scary just crawled up your trousers!

www.activityvillage.com - keeping kids busy



Goblin Gardens Pumpkin Patch

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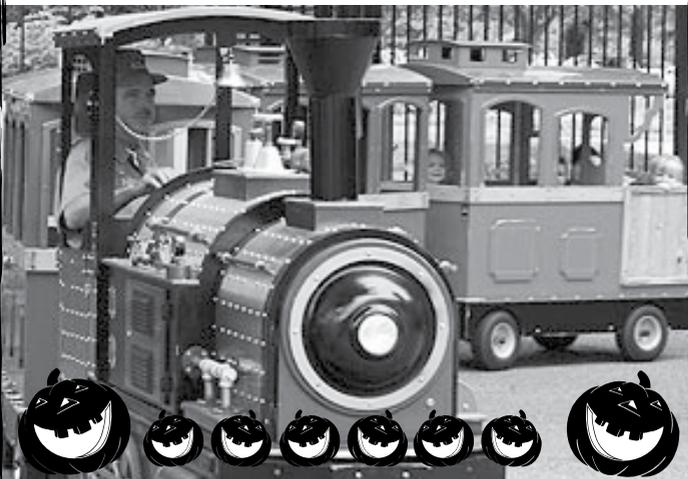
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Kids take a ride through our NEW Train Maze



Festival of Forms at the Crocker Art Museum

The Crocker Art Museum will host a family-friendly afternoon of lively performances, anime films, Taiko drums, dance and art making on Sunday, October 18, 12 to 3 p.m.

The Festival of Forms brings together the arts and culture of Japan, featuring the Northern California Koyasan Temple Children's Taiko Group and traditional Japanese dance by Sakura Minyo Doko Kai. Artist Linda S. Fitz Gibbon will demonstrate hand-building techniques while the Matsuyama-Sacramento Sister City Corporation will demonstrate traditional Japanese calligraphy. All ages will enjoy anime film

and ignite their imagination with art-making activities.

Admission to the Festival of Forms is \$6 adults, \$4 seniors, \$3 students and free for children age six and under. For more information, call (916) 808-7000 or visit crockerartmuseum.org.

The Crocker is located at 216 O Street in Downtown Sacramento. Museum hours are 10 a.m. to 5 p.m., Tuesday through Sunday; 1st and 3rd Thursdays until 9 p.m. Free admission on Sundays from 10 a.m. to 1 p.m. For more information on exhibits and events call (916) 808-7000 or visit crockerartmuseum.org.



Fall Fun! Fall Fun!



Folsom Renaissance Faire

The Folsom Renaissance Faire returns to Folsom City Lions Park, Saturday, October 17, 10 a.m. to 6 p.m., and Sunday, the 18th, from 10 a.m. to 5 p.m. This year's theme is "Shakespeare's Muse". The park will be transformed to a delightful Elizabethan town filled with myriad characters and vignettes resembling those of Shakespeare's most beloved plays. In addition, over 900 costumed entertainers and hundreds of shopkeepers and artisans will add to the ambience of the Faire.

This year a special treat for the patrons has been added, a Joust

to add the magic, splendor and showmanship. The Knights will offer the most authentic, exciting and entertaining Joust show. The faire will feature three stages of continuous entertainment, Queen Elizabeth's court, Shakespearian plays and vignettes, expertly staged battle scenes and theatrical performances, lively crafts marketplace, storytelling for children and adults, dancing, archery tournaments and more. There will be merchants selling a wide array of arts and craft including one of a kind jewelry items, woodcrafts, artwork, ceramics, clothing, hats, accessories and historic weapons.

Folsom City Lions Park is located at Natoma and Stafford Streets, at 403 Stafford Street.

The cost of admission is \$14 for adults, \$9 for seniors, and children ages 6 to 12. Children under six are free. Parking on site is \$4. For more information and directions to the grounds, visit www.folsomfaire.com or call Folsom Parks and Recreation Department at (916) 355-7285.

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Fall Fun! Fall Fun!

Have fun coloring



www.ActivityVillage.co.uk - Keeping Kids Busy

Spooky Story Time

Gear up for Halloween at the Effie Yeaw Nature Center with some spooky stories told by the Sacramento Storytellers Guild. Stories guaranteed NOT to cause nightmares! The fee for this program is \$1 per person.

Join the fun, October 31, 10:30 a.m., 2850 San Lorenzo Way, Carmichael. The Effie Yeaw Nature Center is located in Ancil Hoffman County Park. There is a park entrance fee of \$5 per car. For more information, call (916) 489-4918.



Have Your Picture Taken With Sid the Science Kid!



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Children's Celebration

Saturday, October 10, 2009 • 10 am to 4 pm

Fairytale Town and William Land Park

2009

Free admission to:



When accompanied by at least one child age 0 to 5 (special guests can be admitted without a child by prior arrangement with First 5)



Complimentary RT passes!

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