

California Kids!

February 2010



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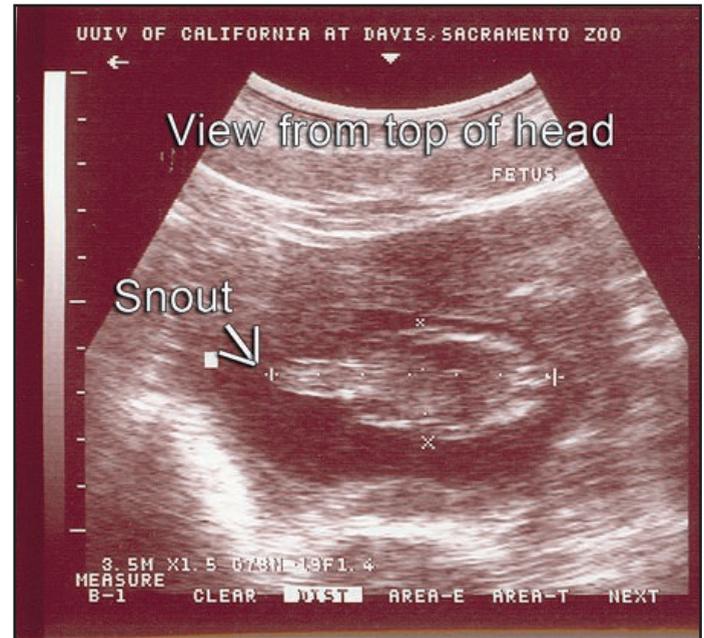


Photos courtesy Sacramento Zoo

Giant Anteater is going to be a mommie!

The Sacramento Zoo confirms pregnancy of its female Giant anteater, Amber. The ultrasound was performed in the Zoo's Dr. Murray E. Fowler Veterinary Hospital. The anteater also received a full exam and is in good health. Her due date is estimated to be early April. This will be the first Giant anteater baby born at the Sacramento Zoo. The Sacramento Zoo started exhibiting anteaters in 2004. Amber arrived in March 2009. Zoo keepers observed breeding behavior in May and again in September and October and a full exam and ultrasound was then scheduled.

After a gestation period of 180 days, the mother gives birth standing up to a single offspring (two is rare). In the wild, Giant anteaters are solitary and the male is not involved in caring for the baby. That leaves the mother to do the heavy lifting, literally. Once the newborn lets out the first high-pitched screech, baby anteaters climb on their mother's back and many will ride there for up to a year. A mature anteater can weigh as much as 140 pounds and stretch as much as seven feet from snout to tail tip.



The ultra sound was performed on the anteater in the Zoo's Dr. Murray E. Fowler Veterinary Hospital.

About the Sacramento Zoo

Open since 1927, the Sacramento Zoo is home to over 140 native, rare and endangered species and is one of over 200 accredited institutions of the Association of Zoos and Aquariums. Located near the corner of Land Park Drive and

Sutterville Road in William Land Park, the Zoo is wholly managed by the non-profit Sacramento Zoological Society. This Sacramento treasure inspires conservation awareness through education and recreation. Open daily from 10 a.m. to 4 p.m., general admission is \$9.50; children ages 3 to 12 are \$7 and two and under are admitted free. Parking is free throughout the park or ride Regional Transit bus #6. For information, call (916) 808-5888 or visit saczo.com.

California Kids! Family Fun Guide

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Hop into Glamour Shots

I would like to tell you a little about my experience with Glamour Shots at the North Park/Dallas location on Jan. 5th 2010. When I booked the appointment with Jake over the phone he was bright, friendly and professional. I was very pleased on the day of our booking to find that, he in person, was just as friendly and quite professional. A lovely woman named Latrice assisted in the session, she was warm and exceptionally helpful in maintaining a calm order with my two small and energetic kids. My Children (Emma 2 1/2 and Eli 1) quickly warmed up to both Jake and Latrice. Together they kept the children entertained, took amazing photos and made my experience truly enjoyable.

I would also like to add that the last professional pictures done of the children were done by a photographer (we will call her K) who was recently named one of the top 5 photographers in Dallas. She charges a \$ 250 sitting fee and she books out months in advance. I was surprised to find that I was just as happy with the work done by Jake and I think I enjoyed the experience at Glamour Shots more than with K. I will be returning and referring friends and family.

*Thank you!
Nicole*



Glamour Shots.

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Valentine's Day Recipe Ideas

Activityvillage.co Keeping Kids Busy!

Valentine Pancakes

Use a heart-shaped cookie cutter to cut shapes out of your breakfast pancakes. Serve with a dab of butter, a drizzle of maple syrup, and



some red berries. You can use the basic pancake recipe below.

You can put almost anything on your kids' plates in a heart shape - even baked beans!

2 eggs (beaten)
1/3 cup butter (melted)
2 tablespoons sugar (optional)
2 teaspoons baking powder
1/2 teaspoon salt

You will need to:

In a large bowl combine the flour, milk, beaten eggs, melted butter, sugar, baking powder and salt until just blended.

Preheat a lightly greased griddle or frying pan. Pour about 1/4 cup of batter into pan for each pancake. Cook until pancakes begin to bubble. Flip once and cook for 1 to 2 minutes longer. Serve with maple syrup, jam or fruit.

Basic Pancake Recipe

This is a basic, easy pancake recipe you can easily vary. Try adding fresh cut fruit or chocolate chips to the batter for variation. Makes approximately 8 pancakes

You will need:

2 cups flour
2 cups milk

YUMMY Breakfast ideas

It doesn't take much effort to serve up a really special Valentine's Day breakfast to the family. These ideas are really simple!

Use a heart-shaped cookie cutter to cut hearts out of your morning toast, and spread thickly with strawberry jam.



Make a heart-shaped fried egg, placing a metal cookie cutter into your greased frying pan and breaking the egg into it.

Cut a heart shape from the center of a slice of bread using a cookie cutter. Melt a dab of butter in a frying pan, then place the bread into the pan. Break an egg carefully into the hole and fry them both together, turning carefully when the egg is nearly set.

Sacramento Zoo

TALL WONDERS



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Gray Whale Programs

California State Parks offer weekend whale talks at MacKerricher State Park. Knowledgeable docents will talk about the annual gray whale migration and about other marine mammals seen along the coast. Programs are scheduled to begin every Saturday and Sunday at 11 a.m., through March 21. MacKerricher State Park is located approximately three miles north of Fort Bragg on Highway 1. Turn at the MacKerricher State Park sign, and park near the entrance station and visitor center.

Talks will begin near the visitor center at the main entrance. Docents will provide binoculars and a spotting scope to help visitors study whales and other fascinating wildlife found near MacKerricher's shores. Groups will then walk or drive to Laguna Point to look for whales.

A rare, reconstructed Gray whale skeleton is on permanent display near the visitor center and entry kiosk. The skeleton is a composite of two whales that beached on the Mendocino coast, two years apart. Humpback whale bones are also on display giving a visual size perspective between grays and humpbacks. Visitors are encouraged to take some time before or after the talk to see this amazing display.

About The Whales

Migrating gray whales pass by the Mendocino coast twice each year, numbering between 18,000 – 23,000 individuals. Gray whale calves weigh about 1,500 pounds at birth. Mother gray whales' milk has 52 % fat content. A gray whale calf will gain between 60 and 70 pounds a day when nursing. A full grown gray can weigh up to 45 tons, as much as a fully loaded tractor-trailer.

For more information contact Interpreter Fred Andrews at (707) 961-0471 or (707) 964-8898.

California Kids!

Family Fun Guide

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Quick Ideas for Valentine's Day

Heart Messages: Let your family know all day long how much you care by sending them some heart messages! Cut out a stack of hearts from pink, red, and white paper, write some little messages on them, and hide them in unexpected places. Put them in jacket pockets, in briefcases and satchels, in shoes, in lunch boxes, in cereal bowls, under pillows, tucked into pajamas - you get the idea!

Valentine Video: Capture the kids on film for Valentine's Day. Make it something you do every year and you will have a brilliant record of them growing up.

Cupid Says: Play "Cupid Says" instead of "Simon Says" with little kids. Include some Valentine's Day ideas such as "Give me a kiss" or "Give someone a hug".

For more ideas, visit activityvillage.co.uk Keeping Kids Busy!

What's in the mirror?

Hey kids, what do people see when they look in the mirror? Do you see a happy face? Sure hope so! See if you can find the words to describe what's in the mirror? Look carefully, words can appear vertically, horizontally, diagonally, backwards, and upside-down. Good luck hunting!

B E A U T I F U L E T U C T E E W S
X L O N R O A T U G I C N O R Y B E
T F U N L T M O O L G T W X F E B L
E Y E S R Z X G L A H C O X N B Y K
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I A T S N E E R T H K L F R O W N F
L U W B G U C D I R T Y P G T X Z O

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|-----------|-------------|-------------|
| Beard | Funny | Makeup |
| Beautiful | Glasses | Mask |
| Blush | Gloom | Nose |
| cosmetics | Grin | Pretty |
| cute | Handsome | Rosy cheeks |
| Eyes | Happy | Shave |
| Eyebrows | Lipstick | Tooth |
| Frown | Long Lashes | Wrinkles |



SPCA announces the start of FUR-LOW FRIDAYS

The SPCA is offering the half-off FUR-LOW FRIDAYS adoption specials on all available SPCA animals. FUR-LOW Friday adoption specials are valid Fridays only, and for a limited time.



“We figured we had better get in on Sacramento’s furlough days while they last,” said Rick Johnson, SPCA Executive Director. “We hope that FUR-LOW Fridays will not only increase the adoption of homeless animals, but will also help to ease the financial burden being felt by many of us here in the region, while bringing a great deal of joy to those who are able to find the right companion animal.”

To take advantage of FUR-LOW Fridays, visit the Sacramento SPCA at 6201 Florin Perkins Road, Sacramento, on Fridays from 11 a.m. to 6 p.m. For additional information on the SPCA, and to view some of the SPCA’s adoptable animals visit “<http://www.sspca.org>” www.sspca.org.

SPCA Has Record-Setting Year

Six-hundred-ninety-five animals found new homes during the Sacramento SPCA’s Home for the Holidays Campaign, which ended on December 30. The highly successful adoption campaign brought SPCA adoption totals to a record 6,059 animals in 2009.

Due in part to difficult economic times and a soaring number of foreclosures throughout the greater Sacramento area, the Sacramento SPCA received a record number of animals in 2000. Two of the top reasons given for surrendering a pet to the SPCA in 2009 were “moving/foreclosure” and an “inability to afford a pet.”

In addition to caring for and placing homeless animals, the SPCA runs the region’s only high-volume spay and neuter clinic, through which more than 16,000 animals were altered in 2009 – another record for the Sacramento SPCA. The SPCA also offers dog obedience classes, a free pet behavior helpline, camps and school programs for children, programs for seniors, vaccinations and microchips, and much more.

The Sacramento SPCA is an independent non-profit, established 1894, and dedicated to ensuring the humane treatment of all animals in the Sacramento area. The SPCA is open Tuesday through Sunday from 11 a.m. to 6 p.m., and is located at 6201 Florin Perkins Road in Sacramento. For more information on the Sacramento SPCA, visit www.sspca.org.



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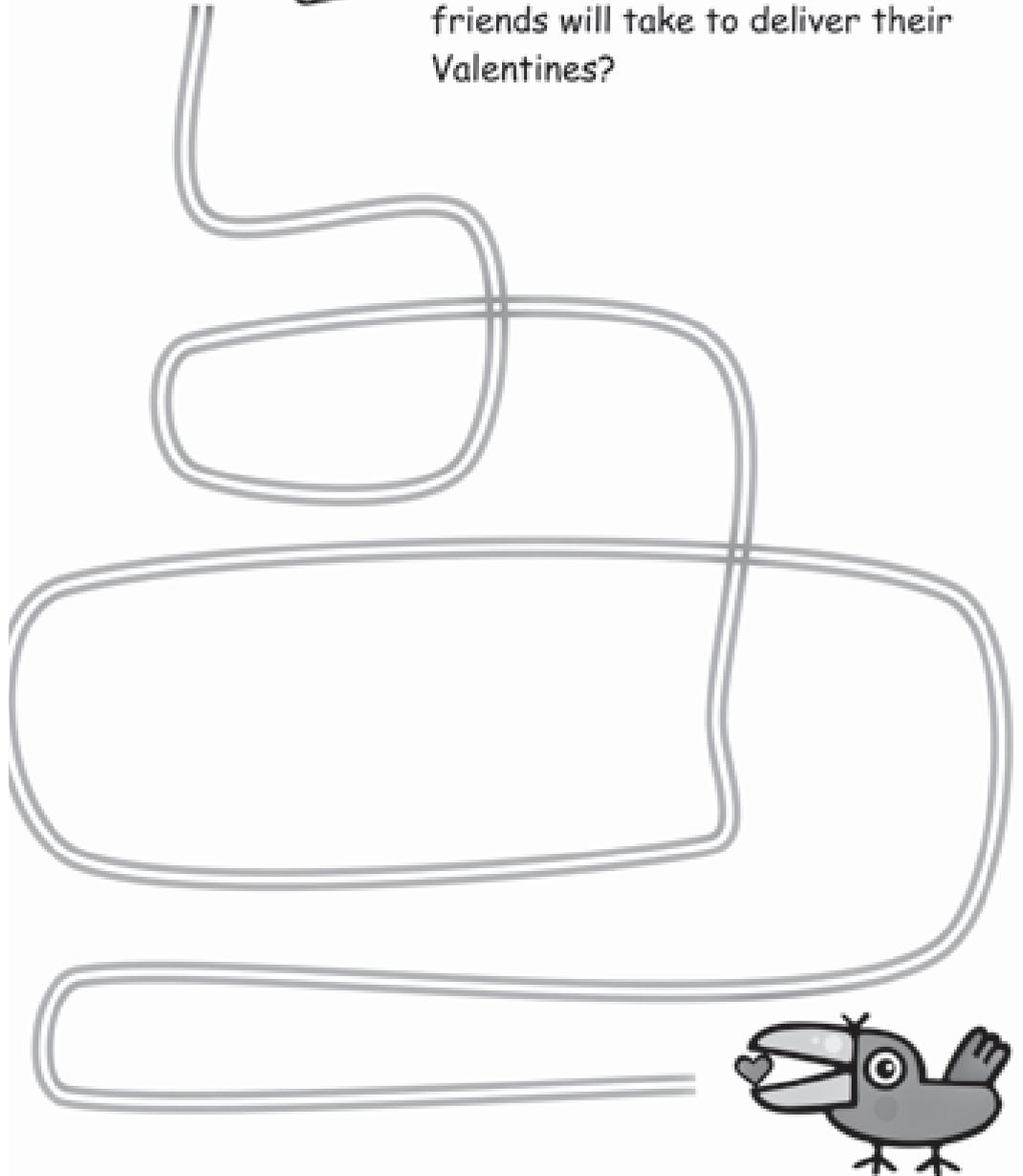
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Who Wrote That?

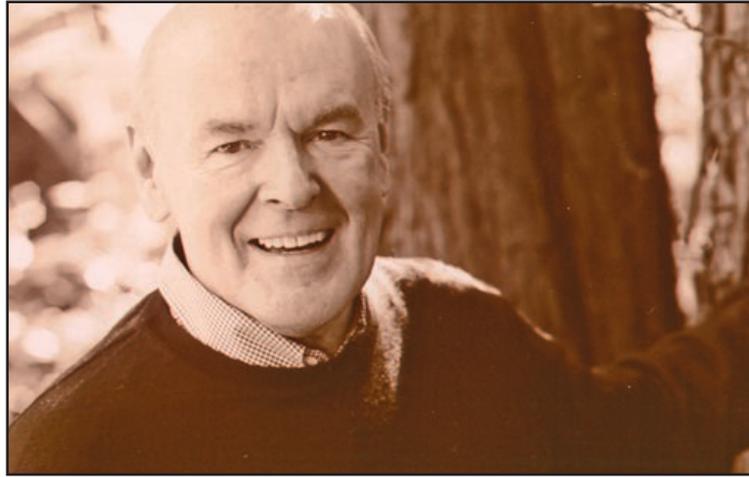
The Creators of Your Child's Favorite Books

Featuring **Richard Peck**

By **Patricia M. Newman**

Writing was Richard Peck's first dream, but he came of age in an era when boys were not encouraged to take chances. After college, the U.S. Army drafted him and shipped him to Stuttgart, Germany as a chaplain's assistant where he set himself up as a ghostwriter for sermons. "It was the first time I wrote to an audience," he says. At the time, Peck felt he wasted two years of his life, but upon reflection considers his experience an apprenticeship in the last place he would have looked. "Sermons are novels," he says. "They have beginnings, middles and ends and morals. And they depend upon research, because a sermon is based on the Biblical text."

After earning his master's degree, Peck taught English in a variety of classroom settings from graduate school to high school, but he thought he would have to begin his professional life over when administrators reassigned him to junior high school. "Nothing I had ever done or read was going to work," he says, but from the moment he entered his seventh grade classroom, he knew "this is where I want to be, at the beginning of these lives. I don't know that I would have been a



writer had I not had the experience of being with young people all day long. I found my readers in the classroom...The situation I would have avoided if I could, gave me everything."

In the early 1970s after several years in the classroom, Peck gave himself permission to quit teaching and "write or die." He gathered 30 popular young adult novels and figured "I ought to know about them because I've just been with this group." Reading one novel per day, he studied the elements of each story and then wrote one. *Don't Look and It Won't Hurt* sold overnight and his editor said, "You may start your second novel." Specific young adult authors who influenced Peck include Robert Cormier (*The Chocolate War*), Paul Zindel (*The Pigman*) and S.E. Hinton (*The Outsiders*). "We write by the light of every book we ever read," Peck says.

Peck's readers have showered him with Reader's Choice awards, but Peck had been a writer for decades before *A Long Way From Chicago* received the Newbery Honor Award in 1999 and *A Year Down Yonder* won the 2001 Newbery Medal. "You can't say I peaked early," he quips. In 2002, Peck received the

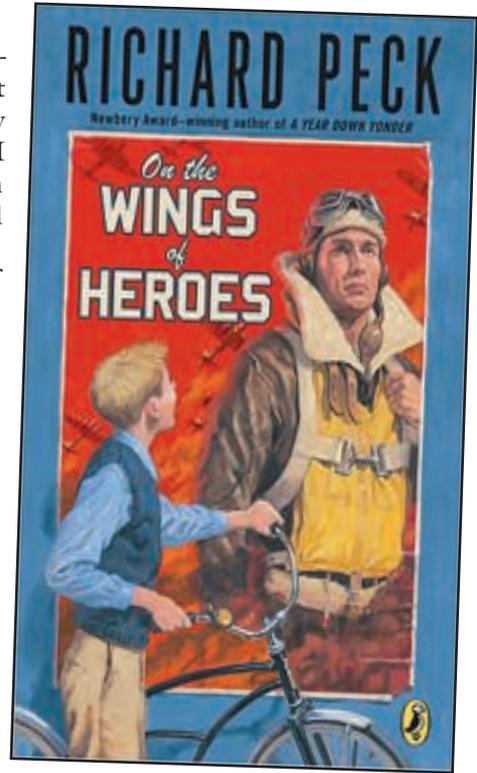
National Humanities Medal for his body of work for young adults, at a time he says, "when First Lady Laura Bush elevated children's books by creating a level of parity between children's writers and adult writers."

Peck says his novels are about survival. About taking independent action. About not waiting for the peer group to make your choices for you. Peck read *The Adventures of Huckleberry Finn* (by Mark Twain) in fourth grade and still keeps a copy on his desk. "All of my main characters are Huckleberry Finn," he says. "Grandma Dowdel is Huckleberry Finn in a Lane Bryant dress." Like Huck, Peck's characters come from behind, live outside the system and go forward because they cannot go back.

Writing from his home in New York City, Peck spurns the computer for an electric typewriter. He edits his pages, pen in hand, and retypes when he can no longer read them. When he reaches the end of the book, he throws away the first chapter. "I am writing with so much more confidence," he says. He rewrites the first chapter "shorter and stronger and aiming all in the right direction with all the irrelevancies removed."

Although most of Peck's novels are set in the past, the 75-year-old author does not trust his own memories. "I'm writing for people

who cannot remember 9/11. I'm just like anybody else my age. I think, 'Oh, if I could only take them back. If they could only have the kind of education I got. If they could only have the kind of community I came from and the extended family.' Well, I do that. I give them elderly people in my books reaching out across lifetimes to touch their hands." In his business he says an author cannot lament the present and successfully communicate with people who *have* only a present. "The young have a very limited tolerance for the stories of the old folks and how rigorous our comings of age were," he says. Now that he is no longer in the classroom, he says, "I actively search for kid voices. I sit behind them on the bus and go out of my way to hear them." When Peck finds the right voice for a particular project, he feels he can begin writing. "It doesn't come on the first day and it doesn't come unbidden," he says. Peck's novels



are not self-expression, but tools of communication with his readers. "They are not interested in my life," he says. "They are interested in theirs...A story must be entertainment before it can be anything else."

Next month: Jan Peck

Patricia Newman is the author of *Jingle the Brass* (Farrar, Straus & Giroux). Her newest book, *Nugget on the Flight Deck* (Walker), is now available. Visit her website at www.patriciamnewman.com to watch the trailer.

MORE ABOUT RICHARD PECK

HOW TO CONTACT RICHARD PECK

Website: <http://us.penguin.com/nf/Author/AuthorPage/0,,1000025091,00.html>

SELECTIONS FROM Richard Peck's Library

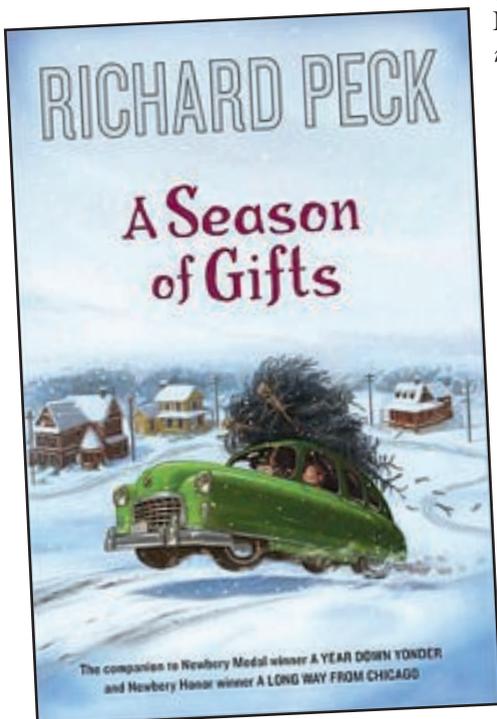
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Grandma Dowdel Series

- A Season of Gifts*, Dial, 2009.
- A Year Down Yonder*, Dial, 2000.
- A Long Way From Chicago*, Dial, 1998.
- On the Wings of Heroes*, Dial, 2007.
- Here Lies the Librarian*, Dial, 2006.
- The Teacher's Funeral*, Dial, 2004.
- Past, Perfect, Present Tense*, Dial, 2004.
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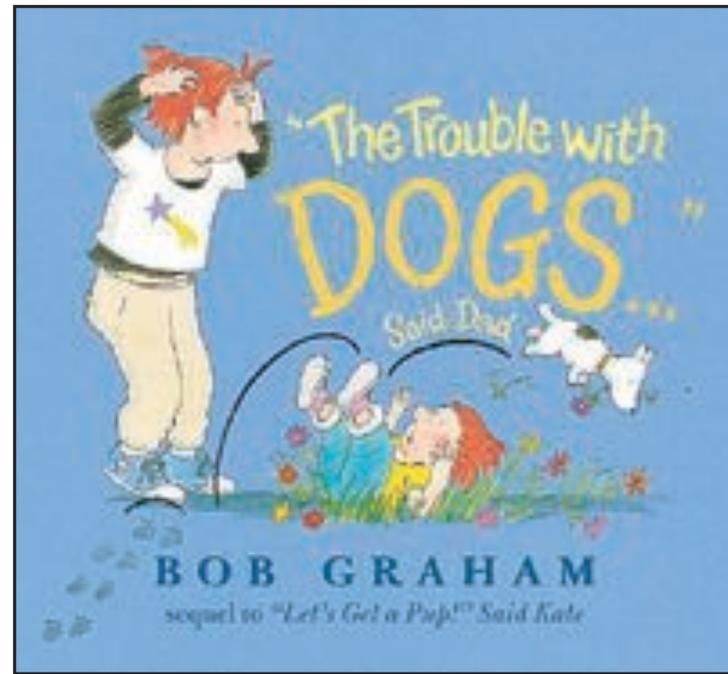
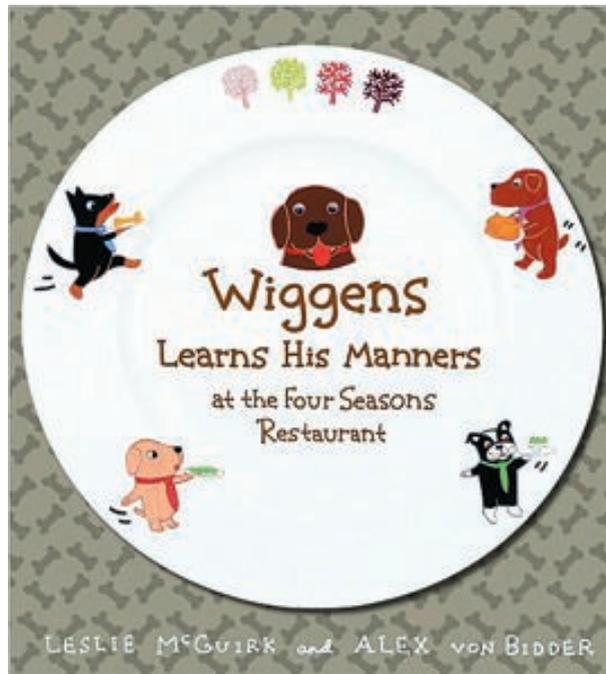
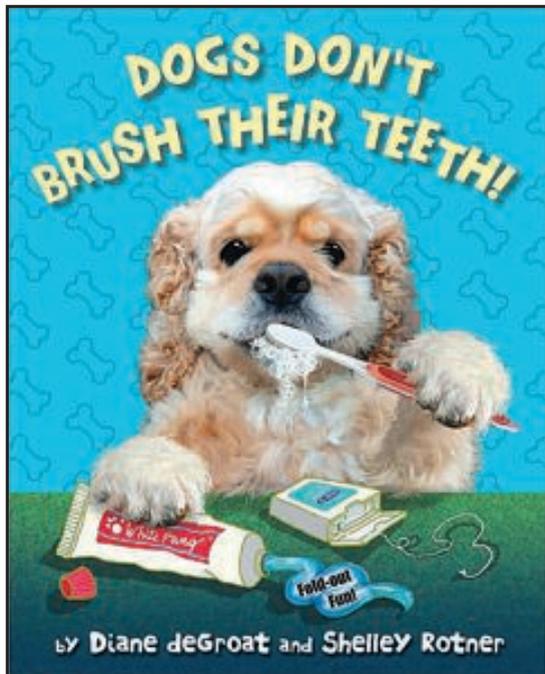
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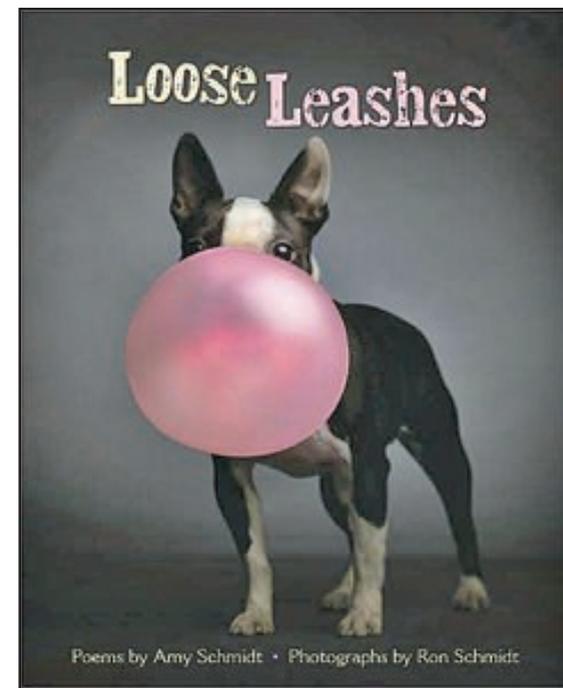
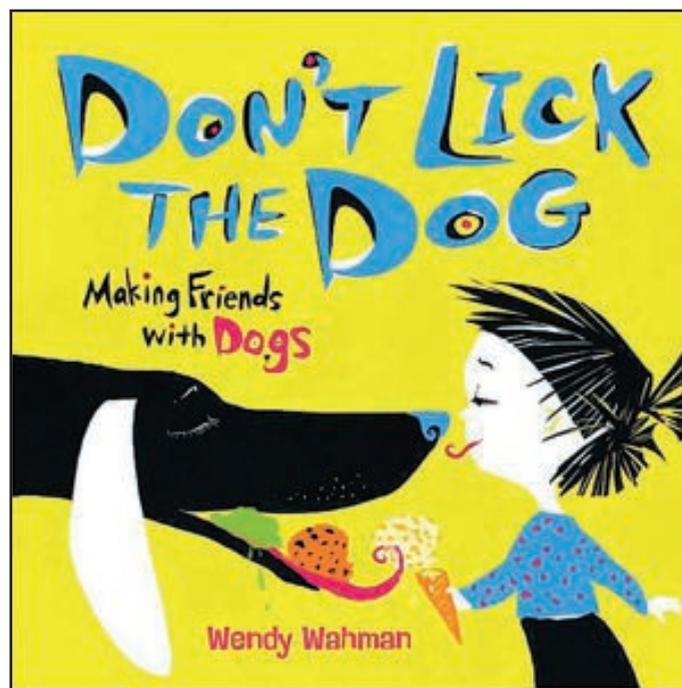




The Book Report Dogs Rock

By Connie Goldsmith

With an estimated 75 million dogs in the country, chances are that you count one or two among your family members. If your child longs for an animal but doesn't yet have one, maybe one of these books will convince you there's a perfect pet for every child. The unconditional love of a playful dog is a treasure to cherish. Is there anything cuter than a kid with a puppy? Besides, isn't it written into the good parent handbook that every child deserves a pet?



"*Dogs Don't Brush Their Teeth!*," by Diane deGroat and Shelley Rotner. (Orchard Books). For a gaggle of giggles explore this book about what dogs can and can't do with your youngest. An eclectic mix of photos of dogs on illustrated backgrounds is sure to make reader and listener howl out loud. In a car, dogs do . . . hang their head out the windows. Dogs don't . . . drive cars. Dogs do . . . eat dinner from a bowl on the floor. Dogs don't . . . eat dinner with forks seated in a chair at the table. Dogs do . . . eat doggy biscuits so their breath doesn't stink. Dogs don't . . . brush their teeth! The dozen or so fold-out pages reveal fun surprises with every flip. And at the end, take a peek at the names and breeds of the real-life dogs who posed for the photos.

"*Loose Leashes*," by Amy Schmidt, photos by Ron Schmidt. (Random House). This book of dog photos is brightened with a variety of poems, from haiku to limericks. "There once was a dog that could read, with amazing page-turning speed. People thought it an act, but it was a fact – this dog was an uncommon breed." The dogs are engaged in surprising activities: two Labradors in a boat hold oars in their mouths, seemingly ready to row; a Weimaraner poses on ice wearing four skates and a scarf; and a perky Jack Russell waits atop a hill ready to slide down on a plastic disc. At the end are funny "biographies" of each dog model telling us

about their favorite toys and treats, and letting us in on what it takes to set tails a-wagging.

"*The Trouble with Dogs, said Dad*," by Bob Graham. (Candlewick Press). Kate and her family have two new dogs. There's Rosy: large and soft, comfortable and patient. Then there's Dave: small and wild, leaping and skittering. "The trouble with dogs" said Dad, "is that they take over your life." It's time for some training. The Brigadier arrives and does a fine job with the unruly pup. Dave walks on a leash, heels and sits, trots and stays. But he's lost a little something – his fizz and sparkle are gone. Was the trainer too strict? As Kate says, "We should always be polite to our dogs." In accessible, kid-appealing illustrations, we learn that when it comes to dogs, love and trust (and those silky ears) are what really matter most.

"*Don't Lick the Dog: Making Friends with Dogs*," By Wendy Wahman. (Henry Holt). Kids are told not to run up to strange dogs, but that instruction is rather vague. In this colorful book filled with bright, almost surreal art, kids learn something a little more useful. "Stand still and let dogs come to you, to smell your hand or sniff your shoe," and "Easy now, take it slow, when meeting dogs that you don't know." The book gives tips on how to respond to an excited jumper (cross your arms and turn your

back), and what to do when a dog growls. Adults and kids alike can learn new information about how to safely make friends with a strange dog.

*"*Wiggins Learns His Manners at the Four Seasons Restaurant*," by Leslie McGuirk and Alex von Bidder. (Candlewick Press). Combine a little Zen with a lot of rambunctious Labrador puppy and what do you get? You get this quirky engaging tale of Wiggins. His parents are at their wits' end and seek advice from the great Chi-waa-waa – the wisest dog in all Manhattan. He sends Wiggins to New York's famous Four Seasons Restaurant (apparently a place where dogs from around the world go to learn their manners – who knew?). Co-author von Bidder is the real owner of the real restaurant, and surely knows what good manners look like. Children may not realize that the puppies' lessons also apply to them, but adult readers are sure to notice. Each playful page is filled with comical eye-catching details.**

** New feature: Reviewer's pick of the month

Connie Goldsmith lives and writes in Carmichael. Her latest juvenile nonfiction books, "*Cutting Edge Medicine*," "*Meningitis*," and "*Superbugs Strike Back: when antibiotics fail*," can be found at online booksellers, and in school and public libraries.



Bake me a cake - as cool as you can

During my growing up years, bakery-made birthday cakes were not quite in vogue. They were around, surely, but they were expensive and not accessible to the mainstream public. But, I sure did want one. Occasionally my mom would splurge on a fancy sheet cake with pink frosting rosettes, but for the most part, we made our own.

Then the tide changed and every grocery store and club warehouse started hawking a buttercream-coated sheet cake decorated according to a myriad of childhood themes. They can still be expensive, but they've become the norm rather than the exception.

However, in parenting, as in life, we need to remember that we don't have to follow the stream. We can make waves in the status quo, even when it comes to birthday parties and the cakes we serve.

You can bake your own. And it can still be cute. And it can make your child smile. And it can better fit your budget, too.

Creating a fun birthday cake is not difficult. Over the years it's become one thing that my children look forward to on their special days. I'm not a trained professional, but I love to make something festive.

While pastry chefs and professional bakers spend years learning their craft, the home baker can still make a pretty cool cake without a whole lot of fuss or expense. Birthday cakes at our house are embellishments of simple, easy to use ingredients. If you've got a boxed cake mix, a couple cans of frosting, some candy, and some toys, your kids will be dazzled by what you create. Think third grade diorama, notched up a bit.

Here's how to tackle it - with your child's help, of course:

1. Choose a theme based on your child's interests and age. Think about what kind of scene you could depict using toys, action figures, and candy. The cake will act as a stage for the toy action. Your child may know the story, movie, or character better than you do, so ask lots of questions and look at drawn artwork for inspiration. As the parent, reserve creative license for yourself. While it's wonderful to include your child in the design process,

Possible Theme Ideas

Bob the Builder - frost with green frosting for grass and pink frosting for the road. Add Bob the Builder toys of Bob and the team. Sprinkle crushed cookie crumbs for dirt that they might scoop. Add candy rocks and pebbles.

Fancy Nancy - make a purse out of two stacked, loaf-shaped cakes. Cut a wedge in the top for the opening of the purse. Add licorice whips for purse handles and fill it with gold coins and candy jewelry.

Surfer or Other Beach theme - use brown frosting for the beach and blue for the ocean. Add tips to your waves with

white tube frosting. Make a sandcastle by packing brown sugar into a miniature toy pail. Place ocean-themed action figures and plastic sea creatures.

Indiana Jones - layer several different sized cakes, frost, and sprinkle on cookie crumbs for the rubble of an aging temple. Place plastic palm tree and Indy action figure.

BIO - Jessica Fisher is a wife, mom to six, and a freelance writer, making her home in San Diego. She loves the challenge of every birthday theme her kids can throw at her. Visit her on the web at [HYPERLINK "http://www.lifeasmom.com"](http://www.lifeasmom.com) www.lifeasmom.com



avoid letting it get out of hand. See the sidebar for some possible theme suggestions.

2. Prepare cake mix according to package directions and cool completely. A simple sheet or layer cake is fine.

3. Choose a serving tray to use to hold the cake or get a cardboard cake board ready by covering it with foil.

4. Gather any toys you might use and wash and dry them well. If you can't find toys that match your theme, locate the images online. Print them on cardstock in colored ink. Cut them out and tape them to toothpicks. Instant and almost free cake toppers!

5. Assemble all the items that will go on your cake: frosting, food coloring, candies, toys, paper cake toppers, and candles.

6. Place the cake on your serving tray. If you'd like, surround it with strips of waxed paper. In this way, if you're a little messy in your frosting stage, the drips will fall on the waxed paper which you can pull away when finished.



7. Tint your frosting with the colors that suit your design. Frost your cake with a thin layer of frosting. This is called the crumb coat. Slip the cake in the frig for a few minutes to allow the crumb coat to harden. When you add another coat, you won't have pesky crumbs marring your finished product.

8. Once the frosting is covering the cake, place your toys, candy and other embellishments.

9. Take a picture of the birthday child and his cake! Enjoy the moment.



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Wooden spoon tiger

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You will need:

Wooden spoon
Orange and black paint
Wiggle eyes
Orange craft foam
Black ribbon
1 orange and 1 black pipecleaner
Glue
Instructions:

You will need to:

Paint the spoon orange and leave to dry. Paint on black stripes using our photos as a guide.

Cut two ears from orange craft foam and glue to the bowl of the spoon.

Glue on the eyes. Cut two small pieces of ribbon as the whiskers. Glue these on and add a button for the nose.

Cut the pipecleaners in half and take one piece of the orange, one of the black, twist together and then twist on to the handle of the spoon.



What Is Chinese New Year?

Chinese New Year is the most important of the Chinese holidays, and is a time of feasting with the family, celebration, fireworks, and gift-giving. It is a 15-day holiday, beginning on the first day of a new moon and ending with the full moon on the day of the Lantern Festival.

2010



The Chinese calendar is based on the lunar year, so the date of Chinese New Year changes every year. The Chinese calendar follows a 12-year pattern with each year named after an animal. There are various stories which explain this. The simplest is that Buddha (or the Jade Emperor) invited all of the animals to join him for a New Year celebration, but only 12 animals turned up. To reward the animals that did come, Buddha named a year after each of them in the order that they arrived, starting with the Rat, followed by the Ox, Tiger, Rabbit, Dragon, Snake, Horse, Goat (or Sheep), Monkey, Rooster, Dog and Pig.

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More information in this publication's calendar section

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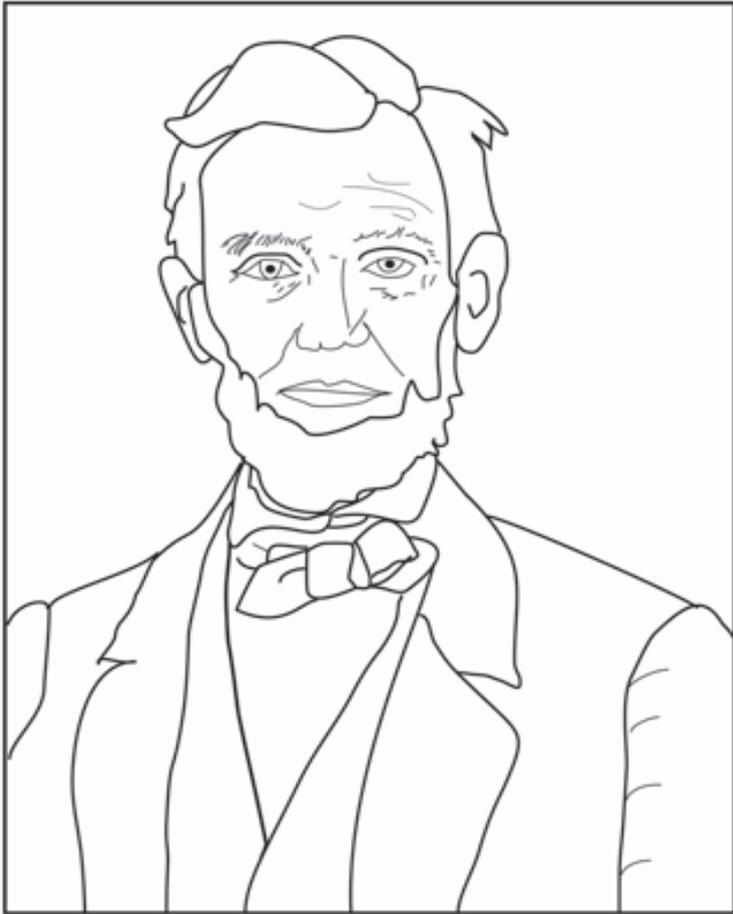
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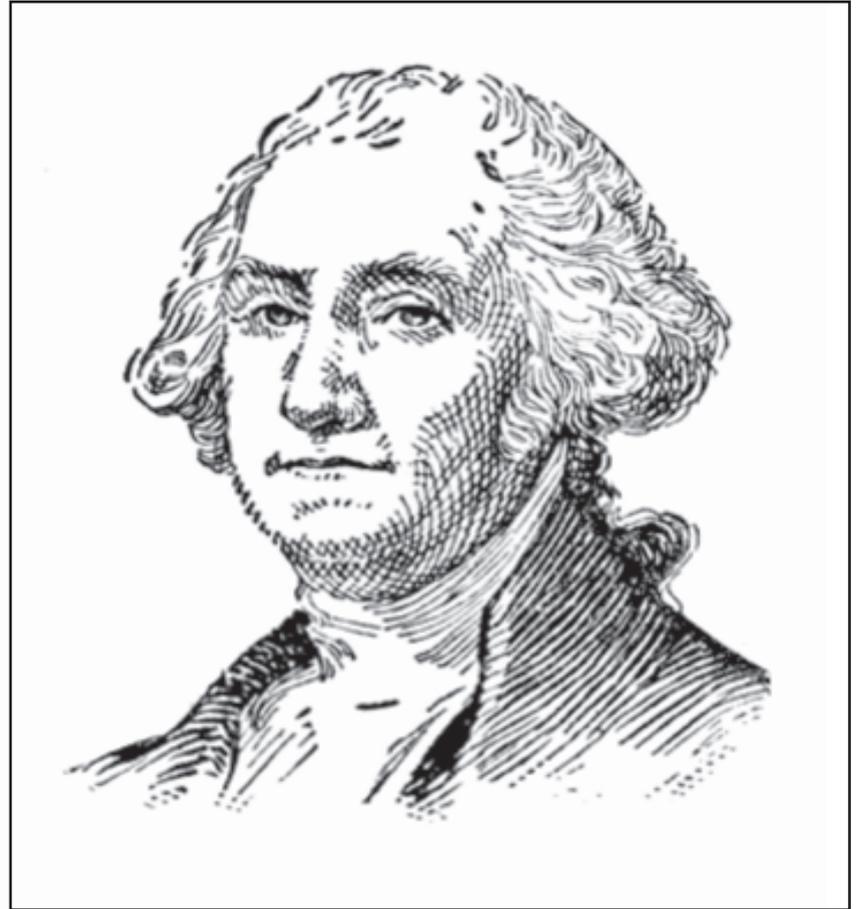
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George Washington
President 1789-1797



Images courtesy FCIT www.ActivityVillage.co.uk - Keeping Kids Busy

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California Kids! is an events and activities guide for active families. It is published once a month by Valley Community Newspapers, which also publishes the Arden-Carmichael News, East Sacramento News, Land Park News and Pocket News.

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Sacramento Public Library celebrates cultural diversity

The Sacramento Public Library is celebrating the community's wide-range of ethnicity and religions by presenting free February programs at selected city and county public library branches. For more information, call (916) 264-2920 or visit saclibrary.org.

Drum and Dance for Joy (family program)

Watch and listen to exciting dance and drumming from West Africa, the Congo, and the Caribbean with the Fenix Drum and Dance Company, Sacramento's premiere African Dance performance company. The audience will learn the basic dances and will be encouraged to join a drum circle.

- February 1, Monday, 4 p.m.: Colonial Heights Library, 4799 Stockton Blvd., Sacramento
- February 4, Thursday, 4 p.m.: North Highlands-Antelope Library, 4235 Antelope Road, Antelope
- February 18, Thursday, 4 p.m.: North Natomas Library, 4660 Via Ingoglia, Sacramento

- February 20, Saturday, 2 p.m.: Arcade Library, 2443 Marconi Avenue, Sacramento

Meet the Author of Clark Reeper Tales (teen program)

Sacramento Jewish teen author Michael Panush will discuss his book, *Clark Reeper Tales: The Truthful Telling of the Adventures of the West's Wildest Bounty Hunters*. Co-authored by Jake Delaney, the book features zombies, aliens -- and Richard Nixon! -- in a tale that has been called "starkly original" and "pure fun to read."

- February 8, Monday, 6:30 p.m.: Arden-Dimick Library, 891 Watt Avenue, Sacramento

Polynesian Dancing with Youth of the Friendly Islands (family program)

The Polynesian dance group, Youth of the Friendly Islands (To'utupa 'oe 'out Felenite), will perform dances from the Tonga, Samoa, Fiji, Tahiti,

Hawaiian, and New Zealand islands. Beautiful and moving, Polynesian dance describes stories about the culture of the people of the South Pacific. The dances represent a celebration of life and are a proud statement of cultural awareness. Polynesian dance and its accompanying music preserve stories and rituals of the indigenous people.

- February 6, Saturday, 2 p.m., Arcade Library, 2443 Marconi Avenue, Sacramento
- February 13, Saturday, 2 p.m.: Elk Grove Library, 8900 Elk Grove Blvd., Elk Grove

Music from Around the World with Don O'Brien (family program)

Celebrate the cultural diversity of musical instruments around the world with musician Don O'Brien. Listen to music from diverse corners of the world, including Africa (double flute from Ghana), Ireland (Irish tin whistle), Native American (Navajo Indian flute), Australia

(didgeridoo), Tibet (singing bowls and tingsha), and Italy (baroque recorder). The audience will have the opportunity to play some instruments.

- February 10, Wednesday, 4 p.m.: South Natomas Library, 2901 Truxel Road, Sacramento

Music Makes the World Go Round with ArtWorks (family program)

Create musical instruments from around the world, including rain sticks, maracas, flutes, drums, kazoos, and box guitars from recycled materials.

- February 6, Saturday, 2 p.m.: Orangevale Library, 8820 Greenback Lane, Suite L, Orangevale

Music From Around the World with Musician Felipe Ferraz (family program)

Musician Felipe Ferraz will entertain and engage the audience with international children's folk songs. Hear music and songs from different countries that are sung in a variety of languages.

- February 6, Saturday, 2 p.m.: Southgate Library, 6132 66th Avenue, Sacramento

Ashanti Printed Cloth with ArtWorks (family program)

The Ashanti people of Africa's Ghana region paint and stamp patterns on fabric used for their garments. Attendees are invited to create a cloth wall hanging using fabrics, spools, bottle caps, cookie cutters, and other materials cut into animals and other shapes.

- February 25, Thursday, 4 p.m.: South Natomas Library, 2901 Truxel Road, Sacramento.

Desert RV Resort offers nighttime astronomy talks

The Springs at Borrego RV Resort offers a full slate of activities, including nighttime astronomy talks by Dennis Mammana, an internationally acclaimed astronomer, author and sky photographer

RV and camping enthusiasts who stay at The Springs at Borrego RV Resort this winter can do water aerobics in the morning, visit scenic Anza Borrego State Park in the afternoon and attend wine tasting socials in the evening.

The 90-site low desert resort, roughly 90 minutes from San Diego, is a popular winter nesting ground for snowbirds from all over the Pacific Northwest and Canada. It's also the only RV resort in Southern California that offers nighttime astronomy talks by Dennis Mammana, an internationally acclaimed astronomer, author and sky photographer who leads astronomical tours all over the world.

The Springs at Borrego RV Resort charges \$15 per person to attend Mammana's talks. The price includes dinner, admission to Mammana's talks as well as stargazing opportunities using several telescopes that Mammana and the resort make available for guest use. Topics, dates and times of Mammana's upcoming talks at the RV resort are as follows:

• **The Goddess of the Night:** She has been known throughout the ages as Diana, Aphrodite and Isis, and inspired us in poetry, art, mythology, song and science. Guests will explore the many ways in

which we are touched by the magical light of the moon and get a close-up look at its time-battered terrain: 6:30 p.m., Sunday, February 21.

• **In Search of Our Cosmic Roots:** All of the materials in our bodies were forged in stellar furnaces eons ago. Hear how the study of the universe takes us back into time in search of our own cosmic roots, and get a peak at some of the places where this occurs even today: 6:30 p.m., Sunday, March 7.

• **Saturn: Lord of the Rings:** Saturn is often regarded as the most stunning planet of our solar system. And now that it's at this year's closest point to us, it's even more spectacular. See its rings and brightest moons and hear what we've learned from spacecraft orbiting nearby: 6:30 p.m., Sunday, April 4.

The Springs at Borrego RV Resort is a member of the California Association of RV Parks and Campgrounds. For more information on the park or its astronomy talks, contact Dan Wright at (760) 767-0003 or email him at wright-dan@hotmail.com.

For information on other unique campgrounds, RV parks and resorts in California contact Debbie Sipe at the California Association of RV Parks and Campgrounds at (530) 885-1624 or (530) 906-4592 (cell) or visit www.Camp-California.com.

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Calendar of Events

Arts and Crafts

February 10, 18 and 27, Art Studio Workshop, 12:30 to 3 p.m., 2850 San Lorenzo Way, Carmichael. This non-instructional art studio workshop will use the facilities and the animals of the Effie Yeaw Nature Center. The staff will pose taxidermied animals, furs and skeletons such as ducks, owls, hawks, snakes, bobcats, etc., in various poses, offering artists (beginner and experienced) a chance to study and draw/paint them. Participants will supply their own tools and art materials and expertise. Professional artist Libby Harmor will bring her extensive theater and exhibit experience to play in facilitating their workshop. Suited to ages 16 and over, pre-registration is required, \$7 per person per workshop. Call (916) 489-4918 for information and registration.

March 13, Second Saturday for Families, 12 to 3 p.m., 216 O Street, Sacramento. Bring the to the Crocker Art Museum for "Opposites Attract." Using simple printmaking techniques and your imagination, discover how opposites, such as positive and negative space, produce captivating artwork. This is free with admission to the Museum. For more information, call (916) 808-7000 or visit crockerartmuseum.org.

March 17, Wee Wednesday, 10:30 a.m. to 1 p.m., 216 O Street, Sacramento. Wee Wednesdays are designed for children ages 3 to 5 and the special adult in their lives. Visit the Crocker Art Museum and encourage your early learner's

development through multi-sensory activities inspired by art and storytelling. Reservations are required. To register, call (916) 808-1182 or email education@crockerartmuseum.org. Free with admission.

March 18, Stories and Art, 4:30 p.m., 4799 Stockton Boulevard, Sacramento. This free program at the Colonial Heights Library encourages your pre-schoolers development through a special art activity inspired by Eric Carle's Hello Red Fox. Designed after the Crocker Art Museum's popular Wee Wednesdays series, this program is for children ages 3 to 5 and the special adult in their lives. For more information, call (916) 808-7000.

Critter Events

February 13, Animal Tracks and Signs, 10:30 a.m., 2850 San Lorenzo Way, Carmichael. There are many animal-made signs in the woods that reveal who has used the trail before you. Become a nature detective by playing tracks and scat games, then take a walk to find some animal signs in the Effie Yeaw Nature Center. For more information, call (916) 489-4918.

February 20, Coyote Tales, 10:30 a.m., 2850 San Lorenzo Way, Carmichael. Join the staff at the Effie Yeaw Nature Center for a Native American story about Coyote, then get a close-up look at a coyote pelt, skull and mounted specimen. Discover some facts about these wild dog relatives and take a walk in the habitat. For more information, call (916) 489-4918.

Especially for Parents

February 3 and 10, Positive Parenting Workshops, 6:30 p.m., 2443 Marconi Avenue, Sacramento. A series of six free workshops at the Arcade Library, will teach adults positive discipline at Arcade Library. Based on the best selling *Positive Discipline* books by Dr. Jane Nelsen and Lynn Lott, Kara Macomber will lead the workshops of how positive discipline teaches social and life skills in a way that is respectful and encouraging for both children and adults. Registration is required by calling (916) 264-2920 or visiting saclibrary.org.

February 6, Horticulture Workshop, 9 a.m. to 12 p.m., 11549 Fair Oaks Boulevard, Fair Oaks. Every drop counts — Make the most of every drop of water. Design and manage an efficient irrigation system. Prune and care for grapes. Select and maintain ornamental grasses. Guided walk in the Water-Efficient Landscape gardens. Also, receive timely tips for garden maintenance and what to do this time of the year. The Fair Oaks Horticulture Center is located south of Madison, on Fair Oaks Boulevard, in Fair Oaks Park, next to the library. This is a free program. For more information, call (916) 875-6913.

February 13, Food Preservation Demonstration, 10 a.m. to 12 p.m., 4145 Branch Center Road, Sacramento. The Sacramento County UC Cooperation Extension Master Food Preservers will give a demonstration called "Step by Step! Basic introduction to sa water bath canning techniques." at the Sacramento Cooperative Extension Office. There is no charge to attend and no advanced reservation is required. For more information, call (916) 875-6913.

February 16, Foster Parenting, 6 to 7:30 p.m., 6207 Logan Street, Sacramento. Is Foster Parenting for you? New Millennium Foster Family Agency is giving informational meetings about foster care. Join the staff every third Tuesday at the George Sim Community Center. Agency Representatives and Social

Workers will be on hand for individual questions and will discuss: benefits of being a foster parent, information on New Millennium Foster Family Agency, the foster parent certification process, and roles of a foster parent. See their ad in this edition for location information. For more information, call Renee at (916) 391-7789.

February 17, Food Preservation Demonstration, 6:30 to 8:30 p.m., 4145 Branch Center Road, Sacramento. The Sacramento County UC Cooperation Extension Master Food Preservers will give a demonstration called "Tropical Fruits and low Sugar Recipes" at the Sacramento Cooperative Extension Office. There is a \$3 fee. No advanced reservation is required. For more information, call (916) 875-6913.

First Saturday of each month, Laughter Yoga, 9 a.m., 8900 Elk Grove Boulevard, Elk Grove. Laughter Yoga is the perfect way to relieve stress, elevate your mood, eliminate sleepless nights, lower blood pressure and allow you to be more productive. The free health workshops are held on the first Saturdays of each month at Elk Grove Library. Sessions are lead by Judy Knott, a certified laughter yoga leader, who will discuss breathing, stretching, and laughing exercises that bring you a sense of well being and leave you with a positive outlook on the day and on life in general. For more information, call (916) 264-2920 or visit saclibrary.org.

Ongoing, Book Sale, 9 a.m. to 2 p.m., 8250 Belvedere Avenue, Suite E, Sacramento. The Book Den, has books for sale and is open Fridays and Saturdays. The Book Den is operated by members of Friends of the Sacramento Public Library. For more information, call (916) 264-2880.

Wednesdays, Crochet and Knitting Circle, 6:30 p.m., 11601 Fair Oaks Boulevard, Fair Oaks. Enjoy a bit of conversation and companionship at the Fair Oaks Library Crochet and Knitting Circle. All ages and skills are welcome; this is not an instructional class but some assistance will be available. Please bring your own

hooks, needles, yarn and a project to work on. If you need a project, the library can provide you with ideas and patterns to make newborn baby hats. Those wishing to donate their baby hat creations to the Mad Hatters, who provide free newborn baby hats to local hospitals, can do so through the Fair Oaks Library. For details, call (916) 264-2920 or visit saclibrary.org.

Nature Events

February 21, Habitat Improvement, 8 a.m. 2850 San Lorenzo Way, Carmichael. Join Jack from the Effie Yeaw Nature Center and help work with him to improve the Nature Area. Call Jack at (916) 967-0777 if you can help with this project. For more information, call (916) 489-4918.

February 24, Nature Hike, 9 a.m. to noon, Carmichael. Join Jack from the Effie Yeaw Nature Center for a nature hike. Meet at the end of Estates Drive just off American River Drive and the American River Parkway. For more information, call (916) 489-4918.

Special Events

February 4, Drum and Dance Program, 4 p.m., 4235 Antelope Road, Antelope. Watch and listen to exciting dance and drumming from West Africa, the Congo, and the Caribbean with the Fenix Drum and Dance Company, Sacramento's premiere African Dance performance company. Bring the family to the North Highlands-Antelope Library to learn the basic dances and to join a drum circle. For more information, call (916) 264-2919.

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Calendar of Events

February 6, Music Makes the World Go Around, 2 p.m., 8820 Greenback Lane, Suite L, Orangevale. Bring the family to the Orangevale Library and create musical instruments from around the world, including rain sticks, maracas, flutes, drums, kazoos, and box guitars from recycled materials. For more information, call (916) 264-2919.

February 6, Polynesian Dancing, 2 p.m., 891 Watt Avenue, Sacramento. The Polynesian dance group, Youth of the Friendly Islands, will perform dances at the Arden-Dimick Library, from the Tonga, Samoa, Fiji, Tahiti, Hawaiian, and New Zealand islands. Beautiful and moving, Polynesian dance describes stories about the culture of the people of the South Pacific. The dances represent a celebration of life and are a proud statement of cultural awareness. Polynesian dance and its accompanying music preserve stories and rituals of the indigenous people. For more information, call (916) 264-2919.

February 6, Music Makes the World Go Around, 2 p.m., 6132 66th Avenue, Sacramento. Bring the family to the Southgate Library and meet musician Felipe Ferraz who will entertain and engage the audience with international children's folk songs. Hear music and songs from different countries that are sung in a variety of languages. For more information, call (916) 264-2919.

February 8, Meet the Author, 6:30 p.m., 891 Watt Avenue, Sacramento. Sacramento Jewish teen author, Michael Panush, will be at the Arden-Dimick Library to discuss his book, *Clark Reeper Tales: The Truthful Telling of the Adventures of the West's Wildest Bounty Hunters*. Co-authored by Jake Delaney, the book features zombies, aliens, and Richard Nixon! in a tale that has been called "starkly original" and "pure fun to read." For more information, call (916) 264-2919.

February 10, Music from Around the World, 4 p.m., 2901 Truxel Road, Sacramento. Celebrate the cultural diversity of musical instruments around the world with

musician Don O'Brien at the South Natomas Library. Listen to music from diverse corners of the world, including Africa, Ireland, Native American, Australia, Tibet, and Italy. The audience will have the opportunity to play some instruments. For more information, call (916) 264-2919.

February 13, Polynesian Dancing, 2 p.m., 8900 Elk Grove Boulevard, Elk Grove. The Polynesian dance group, Youth of the Friendly Islands, will perform dances at the Elk Grove Library, from the Tonga, Samoa, Fiji, Tahiti, Hawaiian, and New Zealand islands. Beautiful and moving, Polynesian dance describes stories about the culture of the people of the South Pacific. The dances represent a celebration of life and are a proud statement of cultural awareness. Polynesian dance and its accompanying music preserve stories and rituals of the indigenous people. For more information, call (916) 264-2919.

February 15, American Heritage Day, 10 a.m. to 2 p.m., 8201 Greenback Lane, Fair Oaks. The 8th Annual American Heritage Day will be held at Mt. Vernon Memorial Park. This event brings history to life for children with hands-on/re-enactment performances. Families can enjoy over 17 different performances and continuous free entertainment. For more information, call (916) 969-1251.

February 18, Drum and Dance Program, 4 p.m., 4660 Via Ingegria, Sacramento. Watch and listen to exciting dance and drumming from West Africa, the Congo, and the Caribbean with the Fenix Drum and Dance Company, Sacramento's premiere African Dance performance company. Bring the family to the North Natomas Library to learn the basic dances and to join a drum circle. For more information, call (916) 264-2919.

Through February 20, Toy Exhibit, 10 a.m. to 5 p.m., Old Sacramento. The California State Railroad Museum has a new exhibit called "Some Assembly Required." Some toys are so timeless they capture the imagination of kids and adults for generations. Such is the case of the rare, intricate and colorful

railroad-themed toys showcased as part of this new exhibit. For more information, call (916) 445-6645 or visit www.californiastaterailroadmuseum.org.

February 20, Drum and Dance Program, 2 p.m., 2443 Marconi Avenue, Sacramento. Watch and listen to exciting dance and drumming from West Africa, the Congo, and the Caribbean with the Fenix Drum and Dance Company, Sacramento's premiere African Dance performance company. Bring the family to the Arcade Library to learn the basic dances and to join a drum circle. For more information, call (916) 264-2919.

February 25, Ashanti Printed Cloth, 4 p.m., 2901 Truxel Road, Sacramento. The Ashanti people of Africa's Ghana region paint and stamp patterns on fabric used for their garmets. Attendees are invited to create a cloth wall hanging using fabrics, spools, bottle caps, cookie cutters, and other materials cut into animals and other shapes. Join the fun at the South Natomas Library. For more information, call (916) 264-2919.

February 28, Sing the Winter Blues Away, 10:30 a.m., 2850 San Lorenzo Way, Carmichael. Join musician, Lisa Phenix, for a nature-based music and movement program at the Effie Yeaw Nature Center. Choose an instrument from Lisa's basket and play along. Best suited for children age 8 and under. For more information, call (916) 489-4918.

March 13, Meet the Author, 9 a.m. to Noon, 6000 J Street, Sacramento. Students, ages 6th grade through high school are welcome to attend a free event, "Meet the Author," in the Forest Suite of the Student Union. This event will include authors Patricia V. Davis and Linda Joy Myer, PhD and will be centered around the art of Memoir. More

information can be found at www.capitolcityyoungwriters.org or by calling (877) 816-7659. Capitol City Young Writers is a national non-profit organization based out of Sacramento. The mission of the organization is to inspire and educate young writers on all aspects of the craft. It provides career exploration, writing workshops, scholarships, internships and leadership opportunities. Members discover the skills necessary to enter literary related careers such as editing, journalism or broadcast radio.

Sunday, Free Admission, 10 a.m. to 1 p.m., 216 O Street, Sacramento. The Crocker Art Museum is offering free admission hours to visitors. For more information, call (916) 808-7000 or visit crockerartmuseum.org.

Tuesdays, Toddler Program, 11 a.m., 4235 Antelope Road, Antelope. The North Highlands-Antelope Library offers a Toddler Time and Playgroup. For more information, call (916) 264-2920.

Tuesdays, Reading Program, 3:30 p.m., 5605 Marconi Avenue, Carmichael. Children ages 5 to 12 are invited to the Carmichael Library for "Reading to Rover: A Learning Program for Children." For more information, call (916) 264-2920.

Wednesday, Pre-school Program, 11 a.m., 6132 66th Avenue, Sacramento. Pre-schoolers are invited to the Southgate Library for this special program. For more information, call (916) 264-2920.

Wednesday, Pre-school Program, 11 a.m., 2901 Truxel Road, Sacramento. Pre-schoolers are invited to the South Natomas Library for this special program.

For more information, call (916) 264-2920.

Thursdays, Pre-school Program, 10 a.m., 2443 Marconi Avenue, Sacramento. The Arcade Library invites you to their toddler program, a continuing program. For more information, call (916) 264-2920.

Thursdays, Pre-school Program, 10 a.m., 891 Watt Avenue, Sacramento. The Arden-Dimick Library invites you to their pre-school program. For more information, call (916) 264-2920.



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Discovery Museum Calendar

February 7: Dinosaur Art Time: 12:30 to 3 p.m. Ages appropriate for: 4 to 12 years old

Learn all about dinosaurs and how they were discovered in the Gee Whiz Geology exhibit. Role-play as you dress up as a famous paleontologist and "find" artifacts.

Show off your art skills in prehistoric fashion by designing a Dinosaur Mural to take home. Remember to bring a camera for unforgettable photos in the dinosaur petting zoo!

February 13 and 14: Radical Rat Babies Time: 12:30 to 3 p.m. Ages appropriate for: 4 to

12 years old Visit the Discovery Museum Science and Space Center for an up-close look at our newest animal addition, the rat babies! We have two sister rats that are fun to watch and interesting to learn about. Fill your brain with fun rat facts and make a magnetic rat maze souvenir in our classroom. Creature Features are offered at noon and 2 p.m.

February 20 and 21: Crystal Creations Time: 12:30 to 3 p.m. Ages appropriate for: 4 to 12 years old Have you seen the Discovery Museum's new exhibit, Gee Whiz Geology? The

museum is filled with dinosaurs, rocks, giant crystals and fossils to study and touch. Picture opportunities abound! Guests 12 and under can make their own take-home 3-D crystals, using paper and glitter.

February 27 and 28: Terrifying Tyrannosaurs

Time: 12:30 to 3 p.m. Ages appropriate for: 4 to 12 years old There is a T-rex on the loose at the Discovery Museum Science and Space Center! Explore the museum's grounds to discover giant dinosaur footprints and learn about this fabulous prehistoric dinosaur during

your search. Visit Gee Whiz Geology, with rock, fossil and dinosaur exhibits. Enjoy family fun time in the classroom by completing three T-rex crafts. Don't forget to bring a camera and see if you can capture a picture with our dinosaur-costumed visitor.

Discovery Museum Science and Space Center is located at 3615 Auburn Boulevard, Sacramento. The cost is \$6 adults (18+), \$5 seniors (60+), \$5 teens (13-17), \$4 children (4-12), \$0 children (3 and under). For more information, call (916) 575-3942 or visit www.thediscovery.org.

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FEB. 10 - 15 ARCO ARENA

Time	Feb. 10	Feb. 11	Feb. 12	Feb. 13	Feb. 14	Feb. 15
10:00 AM	\$14	\$17	\$23	\$38	\$62	\$62
1:00 PM	\$14	\$17	\$23	\$38	\$62	\$62
4:00 PM	\$14	\$17	\$23	\$38	\$62	\$62
7:00 PM	\$14	\$17	\$23	\$38	\$62	\$62
10:00 PM	\$14	\$17	\$23	\$38	\$62	\$62

Buy tickets at Ticketmaster.com,
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FEB. 18 - 21 STOCKTON ARENA

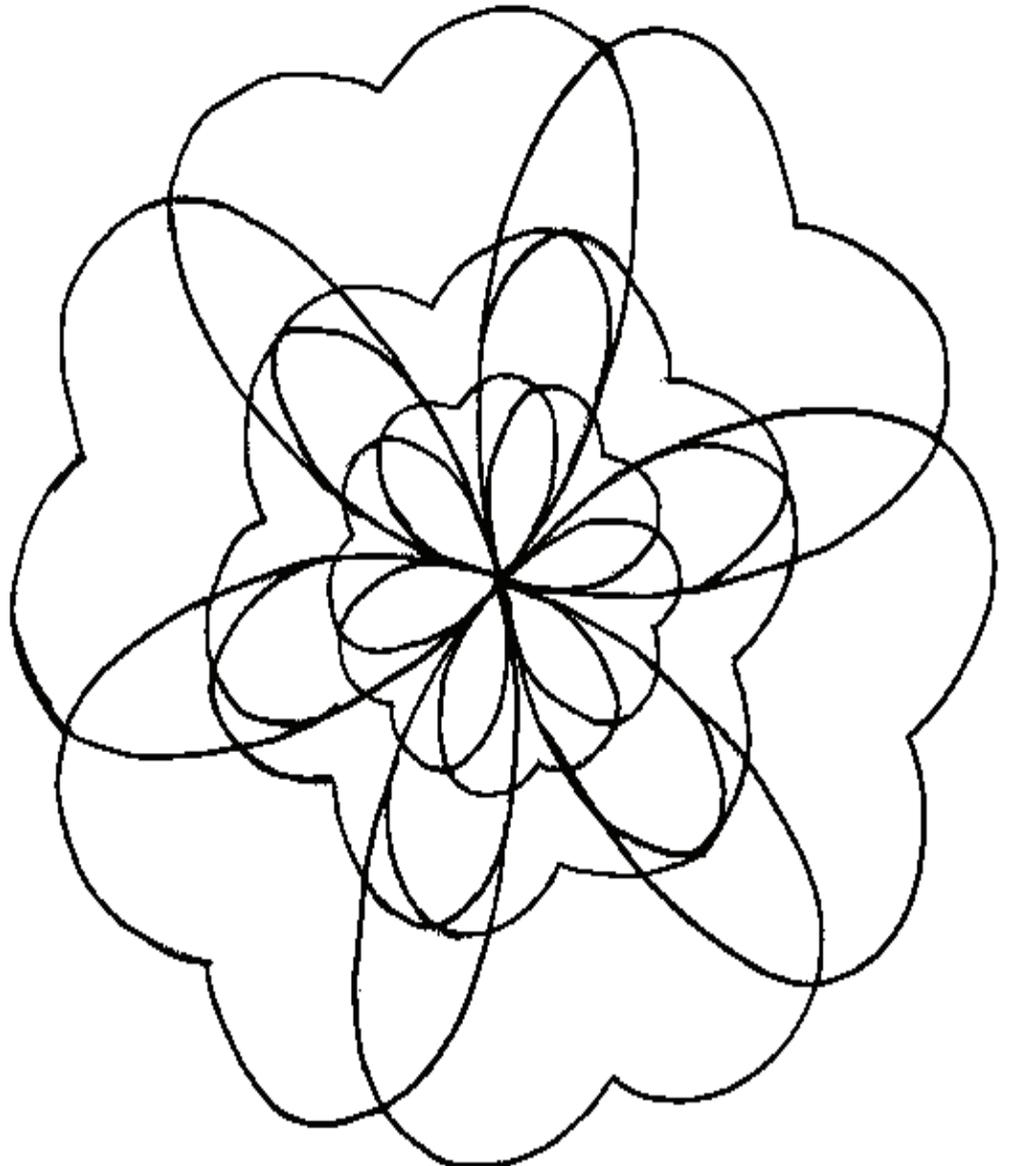
Time	Feb. 18	Feb. 19	Feb. 20	Feb. 21
10:00 AM	\$14	\$17	\$23	\$38
1:00 PM	\$14	\$17	\$23	\$38
4:00 PM	\$14	\$17	\$23	\$38
7:00 PM	\$14	\$17	\$23	\$38
10:00 PM	\$14	\$17	\$23	\$38

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Annual American Heritage Day

Mount Vernon Memorial Park looks like George Washington's house in Virginia. For the past 43 years, on Memorial Day, Mount Vernon Memorial Park has entertained visitors with a large tribute to Veterans in the Sacramento area. Eight years ago in a meeting, the Mount Vernon staff discussed how to give back to the community and establish another outreach project. The manager at that time thought that an educational event would fit the bill. That is how American Heritage Day was started.

President's Day is a day that all school children have off and it was decided to have it on that day each year. The main emphasis of this event is to bring history to life for children. One might think of this event as a mini "Williamsburg." The presenters are dressed in period attire.

This is a wonderful learning experience for children. They can go from one presenter to the next at their own pace staying as long as they wish. On the grounds there is a replica of the Liberty Bell, and George and Martha Washington will greet you as you enter Mount Vernon. This event is held rain or shine.

So, see history come alive on Monday, February 15, 10 a.m. to 2 p.m., at Mount Vernon Memorial Park, 8201 Greenback Lane, Fair Oaks. The Eighth Annual American Heritage Day will be held rain or shine. This event brings "history to life" for children with hands on/re-enactment performances. Families can enjoy over 17 different presentations and continuous free entertainment.

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Rocks, Fossils, and Dinosaurs Gee Whiz!

Looking for kids' activities to brighten up these foggy Sacramento days? Dinosaurs, rocks, and fossils are a sure-fire way to capture the imagination of youngsters of all ages. Grab your camera, put the kids in the car, and head over to the Discovery Museum Science & Space Center to enjoy "Gee Whiz Geology!"

Start the adventure by learning about two pioneers in the science of paleontology, and how they determined that the "devil's toenails" and "snakestones" dug up in fields were really the remains of mysterious creatures from long, long ago.

Mary Anning was only 12 years old in 1811, when she discovered the fossil of a complete Ichthyosaur, and embarked on her life-long paleontological career. A determined woman far ahead of her time, "the Princess of Paleontology" triumphed over the overwhelming odds of ignorance, poverty – and being a woman -- to become a respected and honored scientist in the fields of paleontology and geology. She supported her family by selling

fossilized seashells to tourists, while she advanced the science of paleontology by discovering, collecting, and documenting new dinosaur species. These became the foundation of some of the most important dinosaur collections in Britain, Europe, and America. If you think you've never heard of Mary Anning, almost everyone is familiar with a poem that was written about her: "She sells seashells down by the seashore...."

You might find something familiar about Roy Chapman Andrews, too: many people believe he was the inspiration for "Indiana Jones," and some of his real-life adventures certainly seem ready-made for movies. Traveling on fossil-collecting expeditions throughout Asia during World War I, he was actually a secret agent for U.S. Naval Intelligence, collecting information on troop movements, communications, and armaments. Armed to the teeth in the course of his workday, he fought bandits, enemy soldiers, wild animals, corrupt officials, and hostile natural en-

vironments. But throughout his groundbreaking expeditions, he was also a very serious scientist, carefully documenting his discoveries, which include the first dinosaur eggs and the first Velociraptor fossils. And yes, he really was afraid of snakes, stemming from a rather bad experience in a place he ultimately referred to as "Viper Camp."

While learning all of this and more about these fascinating paleontologists, kids can dress up as Roy Chapman Andrews or Mary Anning, using the Museum's new multi-size costume collection featuring long skirts and capes for Mary Anning and leather jackets and outback hats for Roy Chapman Andrews.

But wait, there's more! Once visitors grasp the extreme hardships that early paleontologists and geologists experienced in founding these sciences, it's time to enjoy the fruits of their labors. The hands-on exhibit features lots of rocks, fossils, crystals, dinosaur bones, models, and more to explore. (Even volcanoes!) Who knows – maybe there's a young



Mary Anning or Roy Chapman Andrews who will be inspired to become the next groundbreaking scientific explorer!

The Discovery Science and Space Center is located at 3615 Auburn Boulevard, Sacramento. For more information, call (916) 575-3942.

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Help support Nature Center programs



You can help support the Effie Yeaw Nature Center by joining the American River Natural History Association (ARNHA). ARNHA, a nonprofit organization since 1981, supports educational and interpretive activities in the American River Parkway in cooperation with the Effie Yeaw Nature Center. It provides critical fundraising, volunteer and advisory support for the Nature Center's mission to introduce thousands of school children each year to the beauty and diversity of the Parkway. Here visitors of all ages learn the importance of conserving and protecting our most precious natural resource. Due to County budget cuts, the Nature Center needs your help more than ever. Join ARNHA at the Nature Center or visit www.arnha.org and check out the member benefits.

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- Interior Siren
- Control Panel with Battery Back-up
- Lawn Sign and Window Decals

Your home security system is monitored by ADT professionals 24 hours a day, 7 days a week. As an added benefit, installing a Security System may qualify you for a Homeowners Insurance discount.



Protect Your Home

1-877-312-3621

www.ProtectYourHome.com Hours: **Mon-Fri 8am-Midnight EST • Sat-Sun 8am-8pm EST**

Act Now and Receive a

FREE

Medical & Fire Panic Alert

To take advantage of this promotion, you must call no later than 30 days from the postmark of this advertisement. Not valid with any other offers or discounts. Must mention this coupon.

Reservation Code: DF-T-CALKID-0210

Act Now and Receive a

FREE

Wireless Remote Control

\$99 Value! To take advantage of this promotion, you must call no later than 30 days from the postmark of this advertisement. Not valid with any other offers or discounts. Must mention this coupon.

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\$99.00 Customer Installation Charge. 36-Month Monitoring Agreement required at \$29.99 per month (\$1,079.88). Form of payment must be by credit card or electronic charge to your checking or savings account. Offer applies to homeowners only. Local permit fees may be required. Satisfactory credit history required. Certain restrictions may apply. Offer valid for new ADT Authorized Dealer customers only and not on purchases from ADT Security Services, Inc. Other rate plans available. Cannot be combined with any other offer. Licenses: AL-10-1108, AZ-90021, CA-000632, CT-032, DE-000000, FL-000000, GA-000000, HI-000000, IA-000000, IL-000000, IN-000000, KS-000000, KY-000000, LA-000000, MA-000000, MD-000000, MI-000000, MN-000000, MO-000000, MS-000000, MT-000000, NC-000000, ND-000000, OH-000000, OK-000000, OR-000000, PA-000000, RI-000000, SC-000000, SD-000000, TN-000000, TX-000000, UT-000000, VA-000000, VT-000000, WA-000000, WI-000000, WY-000000. For full list of terms visit our website www.protectyourhome.com. Protect Your Home - 1750 Priority Way South Dr., Ste 200, Indianapolis, IN 46240

Small Groups Create Big Changes

First 5 Sacramento Community Grants



Social relationships are essential to healthy child development.

First 5 Sacramento offers **community grants** up to \$5,000 for small groups of parents or caregivers in Sacramento County who have ideas that bring people together and support on-going connections. The activities need to benefit

children age five and under. Examples of grant-funded activities include:

- parenting networks
- playgroups
- art & reading activities
- neighborhood meet-ups

Applying for a Community Grant Is Easy!

- Visit www.First5Sacramento.net for more examples of activities. Download a grant application.
- Develop an **idea** with your group.
- Call First 5 Sacramento at 916-876-5865.
- Email: First5grants@sacounty.net

The community grants are provided through the Community Building Initiative (CBI) of the First 5 Sacramento Commission. The Commission uses Proposition 10 (tobacco tax) funds to support the healthy development of children age five and under.

