

September 2010

California Kids!



Free!

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California Kids!

Family Fun Guide

www.valcomnews.com

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- Advertisement -

This is a True Story...



I'm Christine Faulkner, your Personal Family Lawyer™ in Elk Grove and I don't want this to be your family's story...



Local Family Devastated After Tragic Car Accident... Three Boys Spend Time in Foster Care; Family Fighting Leads to Bitter Feud in Public Court

Redondo Beach, CA - On July 31, 2006, the Barber family was in a tragic car accident. Parents Melanie and Casey died. Their family was thrown into a nightmare.

This is a true story. Mel and Casey had talked about naming guardians to provide for the care of their sons and the money they'd leave behind. They never got around to it. They likely thought their family would be able to work out who would care for the boys and their money, with love and grace, if anything happened.

That's not what happened. After the accident, the boys were in the foster care system for a short time. Since then, over 1,000 pages of court documents have been filed, 9 lawyers, and tens (or even hundreds) of thousands of dollars later, the boys will live with their aunt Janine and their money will be managed by a professional charging \$100/hour until they turn 18.

Is that what Melanie and Casey would have wanted? If they had known what would happen, they would have done everything they could to protect their kids, if only they



had known how easy it would have been to take care of it.

Learn from their experience! It's Easy to Protect Your Family and Your Assets with the guidance of a Personal Family Lawyer™.

Don't be one of those people who think they know what to do and leave their loved ones with a complicated mess. **Most LAWYERS don't even know** what's necessary to keep your kids in the hands of people you know and trust.

By consulting with an expert Personal Family Lawyer™, you can **relax and rest assured your kids will never be taken out of your home** or raised by anyone you wouldn't want. Only a Personal Family Lawyer™ **guarantees** your family and your assets will stay out of court.

Readers of *California Kids*, who own their own home and have minor children, can **meet with a Personal Family Lawyer™ for an absolutely free personal Family Wealth Planning Session** (normally \$750). If you already have a plan in place, but want to make sure it adequately protects your kids (most don't!), ask for your free plan audit (normally \$950).

To schedule your free Family Wealth Planning Session, **call 916-685-1225**. Your session must be scheduled by October 1, 2010. So call 916-685-1225 and **mention California Kids** now.



If you don't qualify to meet with a Personal Family Lawyer™, be sure to request a Kids Protection Planning Guide, which teaches you how to protect your children without a lawyer. **(916) 685-1225**



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Just for Fun!

ActivityVillage.co Keeping Kids Busy!

- What's small and cuddly and bright purple?
A koala holding his breath!
- What happens when a cat eats a lemon?
It becomes a sour puss!
- Why are elephants wrinkled?
Have you ever tried to iron one?
- What do you get if you cross a fish with an elephant?
Swimming trunks!
- Why do elephants never forget?
Because nobody ever tells them anything!
- What day do fish hate?
Fry-day.
- What do call a bear with no ears?
B!
- Where do cows go on Saturday nights?
To the MOOO-vies!
- Why is it hard to play cards in the jungle?
There are too many cheetahs!
- When is it bad luck to see a black cat?
When you're a mouse!
- What time is it when an elephant sits on your fence?
Time to get a new fence!
- What does a kitten become after it's three days old?
Four days old!
- What do you get when you cross a parrot with a centipede?
A walkie talkie!
- What kind of animal goes OOM?
A cow walking backwards!
- What animal has more lives than the cat?
A frog, he croaks every night.
- What happens when a frog's car breaks down?
He gets toad away.
- What do you get when you cross a parrot with a pig?
A bird who hogs the conversation.
- What did one flea say to the other flea?
Shall we walk or take the dog?
- What do you get if you cross a crocodile with a flower?
I don't know, but I'm not going to smell it!
- What's the difference between an injured lion and a wet day?
One pours with rain, the other roars with pain!
- What is the strongest animal?
A snail. He carries his house on his back!
- What is the difference between a flea and a wolf?
One prowls on the hairy and the other howls on the prairie!
- What did the clean dog say to the insect?
Long time no flea!
- How do you find where a flea has bitten you?
Start from scratch!
- What do you call an elephant in a phone box?
Stuck!

Sacramento Zoo

LAST 3 MONDAYS OF SUMMER!

Target Free-Admission Days



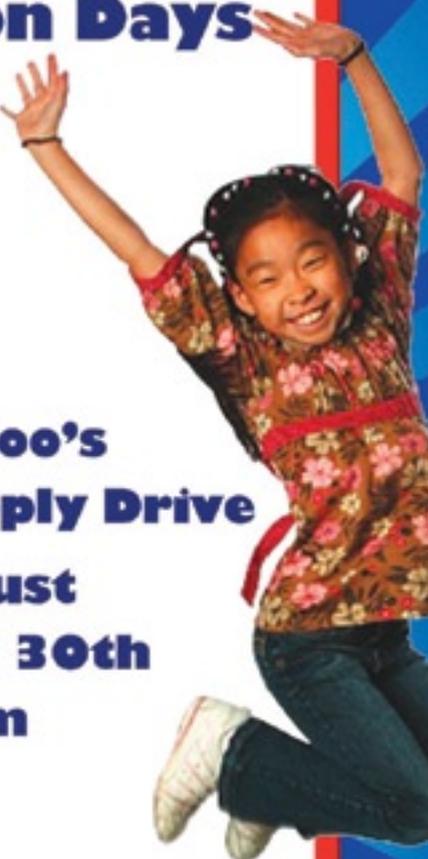
Sponsored by Target

Sacramento Zoo's Back-To-School Supply Drive

Monday August 16th, 23rd and 30th

9am to 4pm

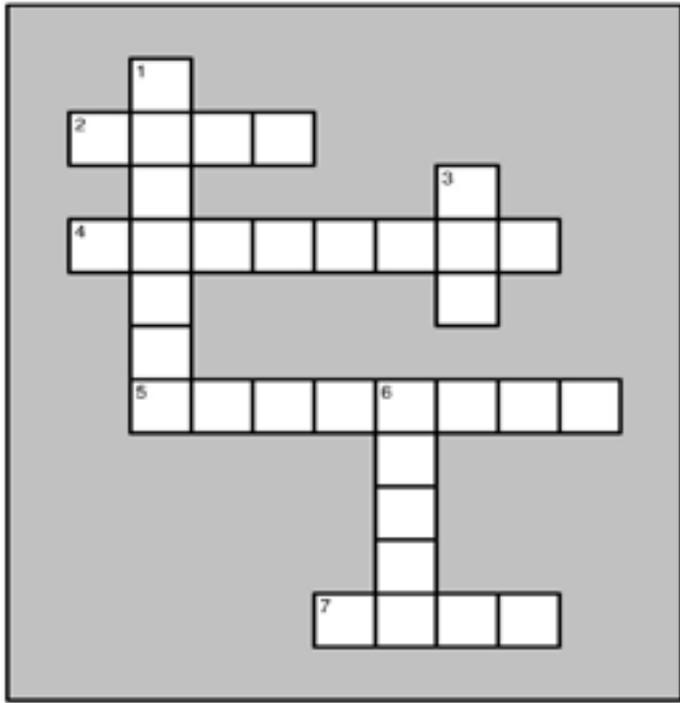
Get ready for the new school year and help kids in need. Bring a new unwrapped school supply item for the Zoo's Back-to-School Supply Drive.





www.saczoo.com 916-808-5888

Animal Crossword



Across

- 2. these animals roar!
- 4. this animal jumps in Australia!
- 5. they say this animal never forgets!
- 7. you might have a cuddly one of these!

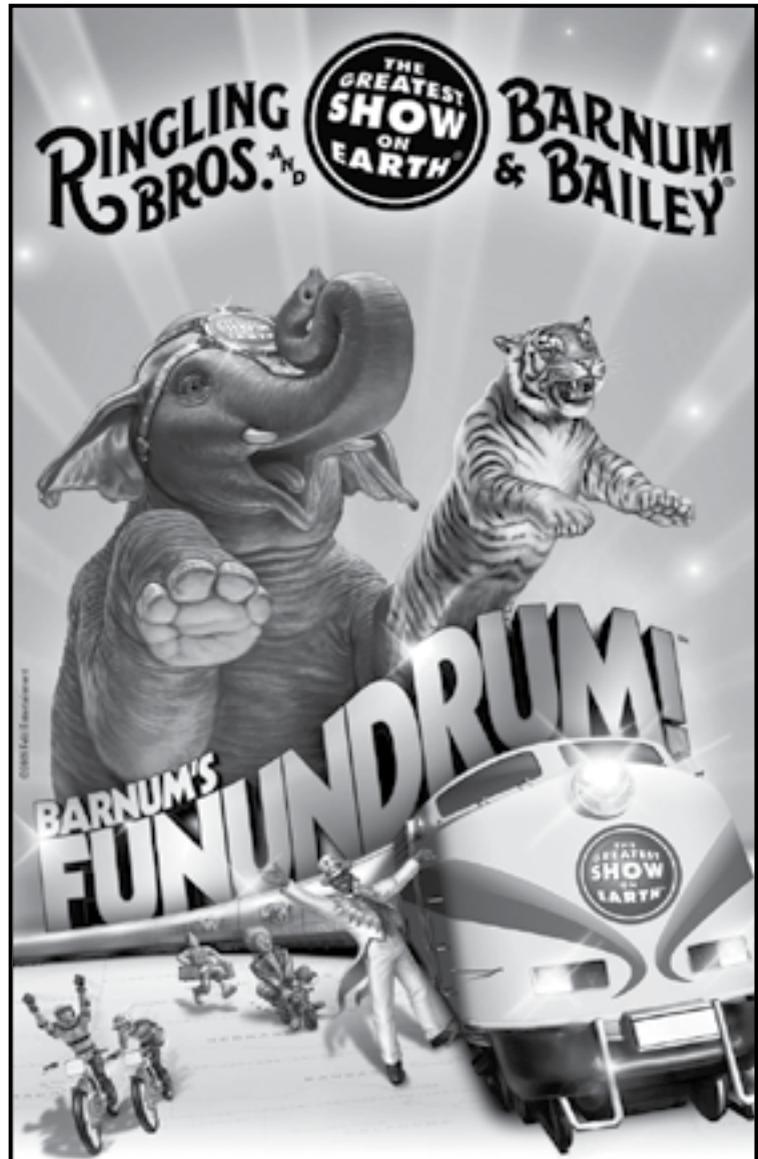
Down

- 1. his neck is very long indeed!
- 3. you will find them in a field eating grass!
- 6. you can put a saddle on his back

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California Kids! Family Fun Guide

CALL FOR INFORMATION! 429-9901



Spectacular Family Affordable Prices Starting At Just \$14!

(Service charges, facility and handling fees may apply.)

SEPT. 9 - 12



THU. SEPT. 9 * 7:00 PM	Fri.	Sat.	Sun.
OPENING NIGHT			
TICKETS HALF-PRICE!*			
11:00 AM	11:00 AM	11:00 AM	11:00 AM
7:00 PM	3:00 PM	3:00 PM	7:00 PM

*Excludes Circus Celebrity, Front Row and VIP seats. No double bookings.

Buy tickets at Ticketmaster.com, ARCO Arena Box Office or call 1-800-745-3000

SEPT. 16 - 19



THU. SEPT. 16 * 7:00 PM	Fri.	Sat.	Sun.
OPENING NIGHT			
TICKETS HALF-PRICE!*			
11:00 AM	11:00 AM	11:00 AM	1:00 PM
7:00 PM	3:00 PM	7:00 PM	5:00 PM

*Excludes Circus Celebrity, Front Row and VIP seats. No double bookings.

Buy tickets at StocktonTickets.com, Stockton Arena Box Office or call (209) 373-1700

TICKET PRICES:

\$14 - \$17 - \$23 - \$38 VIP - \$60 Front Row - \$90 Circus Celebrity
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It's Soccer Season!

Children all over the world are passionate about soccer, whether they are playing themselves, supporting their favorite league, teams, or just enjoying a friendly kick around the playground.

Soccer Photo Frame

You will need:

White and black craft foam, glue, black pen, card, ribbon

You will need to:

Cut a circle from white foam. Cut a hexagon from the middle of the circle.

Cut 6 small triangles from black foam. Glue the 6 small triangles around the outside of the white circle.

When the glue is dry, trim the edges of the triangles to fit the edge of the circle.

Draw black lines from the corners of the hexagon to the points of triangles.

Glue a photo to the back of the foam. Glue on a loop of ribbon. To keep the back of the photo safe, glue to a piece of card and then trim around the outside so the card fits the foam.



www.ActivityVillage.co.uk - Keeping Kids Busy



Have fun coloring!

www.ActivityVillage.co.uk - Keeping Kids Busy



Lights, Camera, Action!

The California State Railroad Museum features a new exhibit titled "Rails and Reels: Hollywood, Trains and the Making of Motion Pictures". The exhibit features a variety of railroad-related artifacts, such as scale models of train cars used for special effect crash scenes in the 1939 epic "Union Pacific," and a full-size smokestack and headlamp used to "backdate" steam locomotives to represent the old west. Visitors can also view station signs used in movies, including "High Noon"; a costume from the 1979 television movie "Orphan Train;" plus sheet music, movie posters, lobby cards, original film scripts, and other Hollywood-themed promotional items from railroad related films dating from the early 1900s.

The focus of the exhibit is to demonstrate how railroads have played an important role in television and film productions since the very early days of Hollywood, and how they continue to play starring roles in today's increasingly "virtual" productions. In the early days of motion pictures America was fascinated with westerns, and locomotives often starred alongside leading actors and actresses such as Gary Cooper, Grace Kelley and Paul Newman.

Eventually, westerns gave way to different popular culture genres such as science fiction productions and today's action-packed thrillers, many of which continue to incorporate locomotives into their scenes and backdrops.

The opening of this new exhibit in Old Sacramento is timed to coincide with the completed restoration of the 1891-vintage steam locomotive Sierra No. 3 at Railtown 1897 State Historic Park in Jamestown, California. A star in its own right, Sierra No. 3 (also known as the "Movie Star Locomotive") has appeared in more than 100 Hollywood movie and television productions. Some of the films No. 3 starred in will be chronicled in the "Rails and Reels" exhibit at the Museum.

Located in the Railroad Museum's Mezzanine Gallery, the special exhibit will continue through May 31, 2011.

Operated by California State Parks with financial assistance from the non-profit California State Railroad Museum Foundation, the California State Railroad Museum is open daily from 10 a.m. to 5 p.m. except Thanksgiving, Christmas, and New Year's Day. Widely regarded as North America's finest and most popular railroad museum, the complex of facilities includes the 100,000-square foot Railroad History Museum plus the reconstructed Central Pacific Railroad Passenger Station and Freight Depot, 1849 Eagle Theatre, and Big Four and Dingley Spice Mill commercial buildings in Old Sacramento. For 24-hour information, visit www.californiastaterailroadmuseum.org or call (916) 445-6645.

Celebrate Grandparents with Free admission to Fairytale Town

Grandpa and Grandma can have fun too! Honor your grandparents on National Grandparents Day on September 12 by including them in a trip to Fairytale Town. In honor of this wonderful day, Fairytale Town will give grandparents FREE admission when accompanied by children ages 12 and under. After all, what do grandparents want most -- to see their grand-kids play!

Grandparents will relive their youth, and let their imaginations begin to takeover as they engage with the kids through their adventure in Fairytale Town. Bring the whole family for a day filled with fun. There will be a special performance by Northern California Vocal Artists Association on the Mother Goose Stage.

This event is made possible in part by support from ScholarShare College Savings Plan.

General Admission prices are \$4.50 on weekends and Children 2 and under are free.

For more information on Grandparents Day visit www.grandparents.com

Transportation!

Why not go on an adventure with your family. It could be just for the day, or you don't even have to leave the house, just use your imagination. Think of all the possible ways you could get to where you're going by land, in the air, over water and over snow, fast or slow, there are lots of ways to go! Search for the listed words that are hidden below. They can be found vertically, horizontally, diagonally, backwards and upside-down. Have fun and don't forget to send us a postcard when you get there!

D G Z M O T O R C Y C L E T S E E
R E V T L W N H O P S I M G C N S
A S A M T R A T V B C G T X A A R
O O Y D A C H R E V O H M S N L O
B I C Y C L E A R D O N N N O P H
E T R U C K L C E J T O Y O E R A
T R A I N O I F D E E O K W N I U
A U X M S B C L W T R L O M L A T
K C T J D L O O A S X L T O R A O
S K A T E S P G G K K A Y B X B M
P M F N L K T N O I A B M I O Y O
B A T K S I E B N K N R O L L A B
R K Y E S S R J L R Y I V E N K I
T R A V U L O W A L K A O B O T L
Y X X U B A W N S U B M A R I N E

Airplane
Air Balloon
Automobile
Bicycle
Boat
Bus
Canoe
Covered Wagon

Golf cart
Helicopter
Horse
Jet Ski
Motorcycle
Scooter
Skateboard
Skates

Skis
Sled
Snowmobile
Submarine
Taxi
Train
Truck
Walk

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California Kids! Family Fun Guide

CALL FOR INFORMATION! 429-9901

Fall Book Sale at Folsom Library

Shop for incredible bargains in 1000's of gently used books, DVDs, videos, CDs and much more in both children and adult materials. All proceeds directly benefit the Friends of the Folsom Library, a 100% non-profit association.

Feeling lucky? Awesome gift baskets valued at over \$100 each will be raffled; tickets only 3 for \$2.

Come to the Folsom Public Library's Georgia Murray Building Meeting Room at 411 Stafford Street, Friday through Sunday, September 17 to 19. A special preview sale will be held, Friday, September 17, 5 to 8 p.m. Admission is \$5 (including children).

And the Saturday and Sunday sale is from 9 to 4 p.m. Admission FREE.

For more information, visit Friends@FriendsoftheFolsomLibrary.org or call (916) 608-8743 or 355-7374.

Cupcake for a Cancer Cure

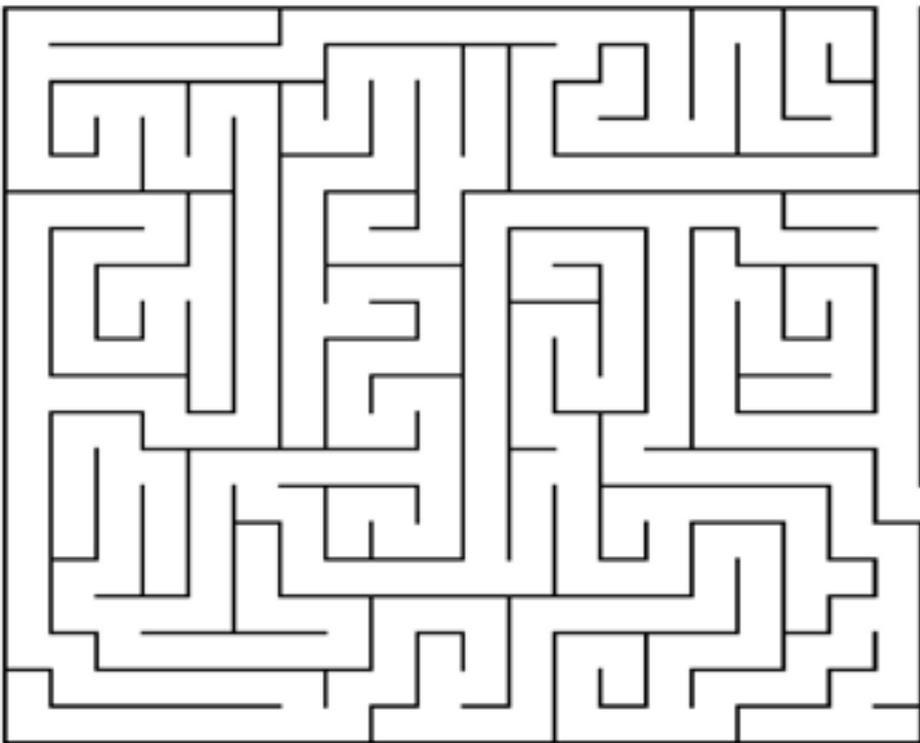
Looking for a sweet way to help kids affected by cancer, engage your employees and support another local business? The 7th Annual Cupcakes for a Cause® Week will take place September 26, 3 to 6 p.m., at The Baker's Daughter, 11437 Sunrise Gold Circle #D, Rancho Cordova. The Baker's Daughter is participating, and you can help double their donation!

The event being held is by RSVP only. The Baker's Daughter wants to make sure they will have enough cupcakes for you to decorate for this cause. \$5 a cupcake \$3 goes to the cure!

Come in September 26 and buy their special Cupcakes for a Cause (please pre-order a week in advance!). They will donate a portion of the proceeds from their sale to CancerCare for Kids, a special program of national nonprofit, CancerCare, that helps children affected by a cancer diagnosis, whether their own, or that of a loved one.

Everyone loves cupcakes! See more details call (916) 436-1665 and RSVP on Kids - Making, Baking, Decorating: <http://thebakersdaughter.ning.com/events/event/show?>

I want to play with my friends!
Can you help me find the way?



Goblin Gardens Pumpkin Patch

3845 El Centro Rd.

Located in North Natomas West on Arena Blvd.,
South on El Centro Rd. at Bastiao Farms Produce Co.

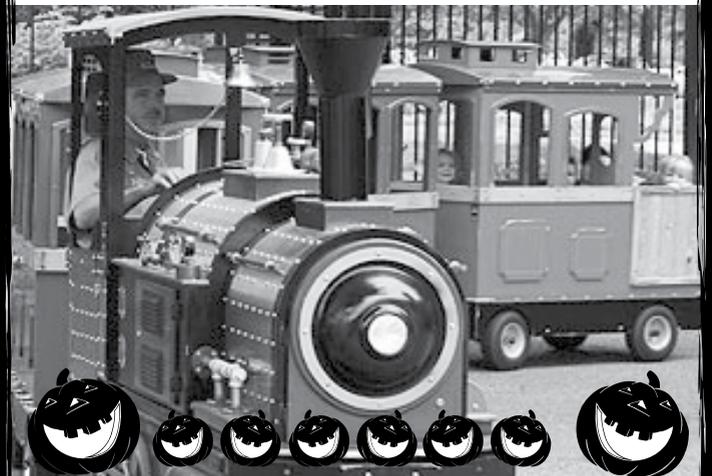
**Open October 1st - October 31st
10:00am - 7:00pm Everyday**

FREE PARKING

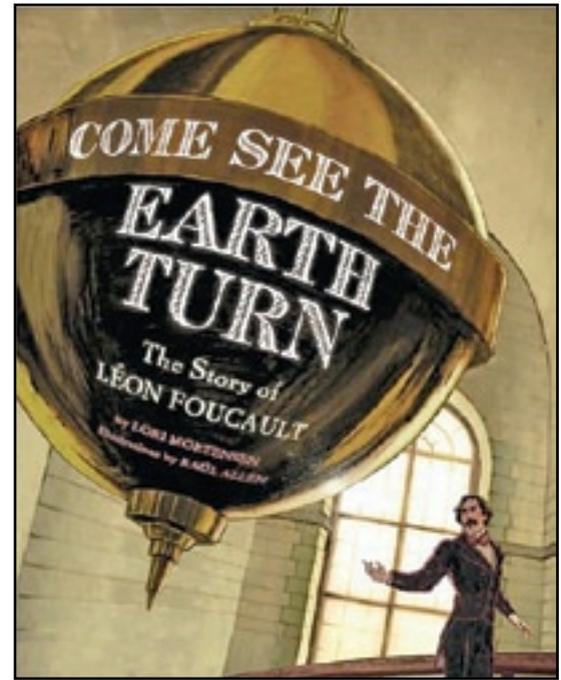
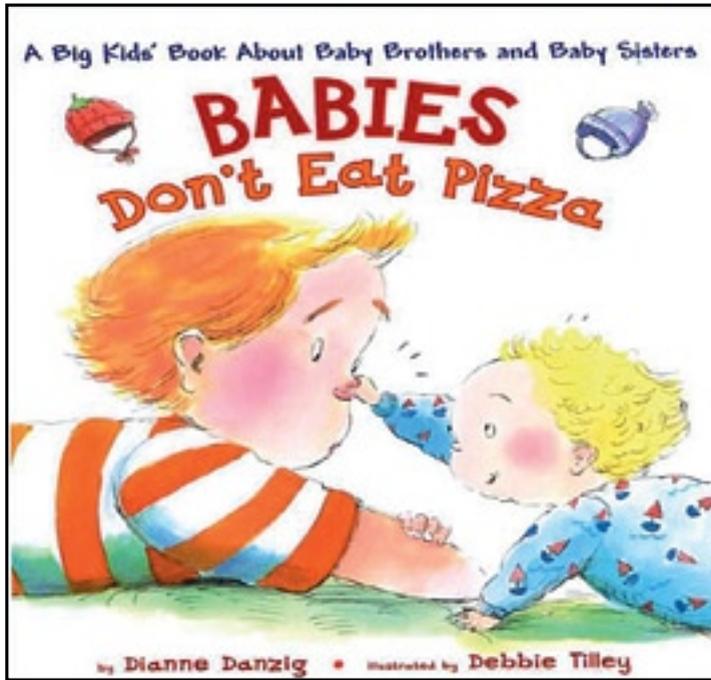
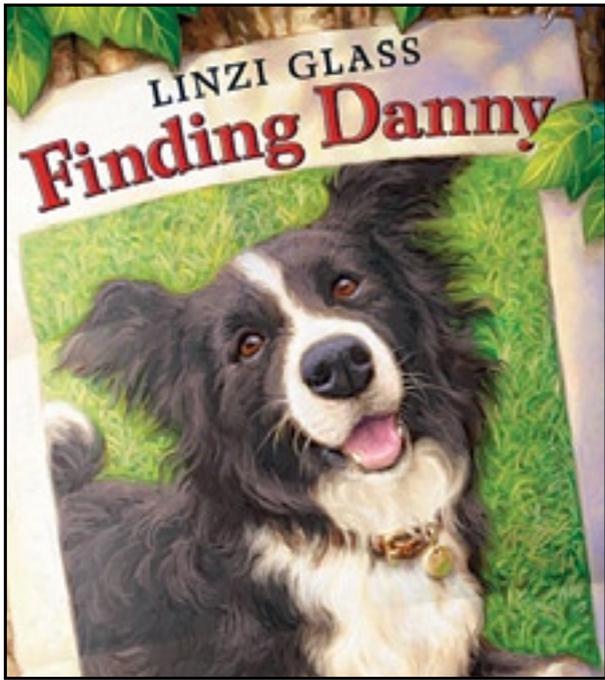
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Kids take a ride through our NEW Train Maze



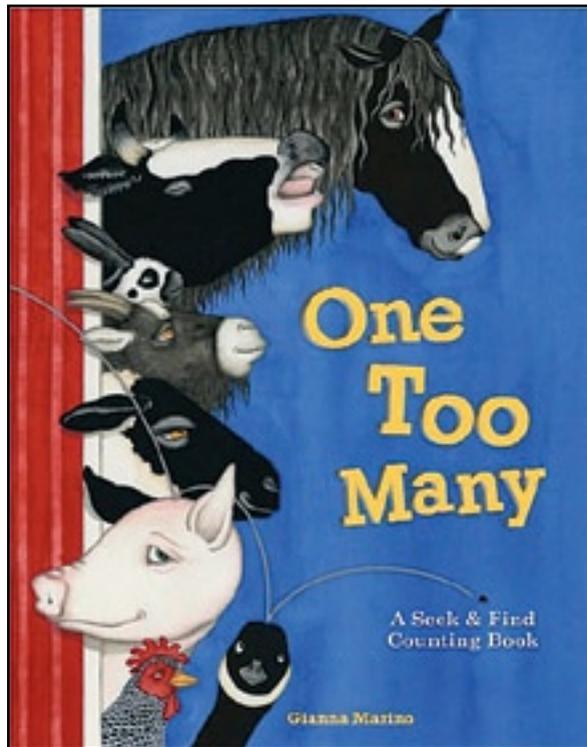
The Book REPORT California Writers Writing

By Connie Goldsmith

Hundreds of children's writers live in California. The authors of these books live in Santa Monica, Napa, Sacramento, and San Francisco. Some of today's best books are written by California writers. Take a look and see what you think.

"*A Balloon for Isabel*," by Deborah Underwood, art by Laura Rankin. (Greenwillow). The animal kindergarteners are about to graduate. Skunks, raccoons, bunnies, and baby bears get bright balloons to celebrate the big day, but not Isabel or the other little porcupines. Teacher, Mrs. Quill (herself a porcupine) says, "Balloons are not safe for porcupines. The porcupines will each get a lovely bookmark." Isabel doesn't want a bookmark. She wants a BALLOON! Isabel and Walter try to cover their quills so they can get balloons. Wearing a box doesn't work. Neither does strapping on pillows or covering themselves in bubble wrap. Finally, Isabel finds the perfect solution, sticking gumdrops over her quills. On graduation day, Isabel and the other porcupines dance into class, quills covered with colorful gumdrops. A happy celebration ensues. The animal kids are darling, with wonderfully expressive faces. This is a sweet and appealing story.

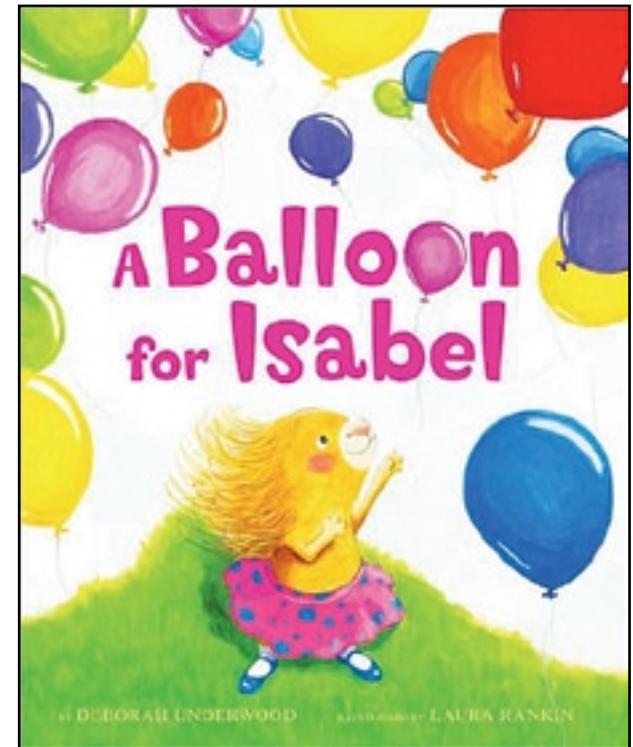
"*Finding Danny*," by Linzi Glass. (Walden Pond Press). I dare anyone who loves dogs to read this charming book without a few tears! Bree's journalist parents have killer schedules and never enough time for her. Border collie Danny is Bree's constant companion. Newsmom leaves the gate open one day and Danny disappears. So begins Bree's search for him and her foray into the world of lost and abandoned shelter dogs. Quirky dog rescuer Rayleen inspires Bree to set up an adoption day for red-listed dogs (those due to be put down). It's a huge success and all the dogs find new homes. The story ends happily when Danny and Bree reunite. Penned by real-life dog rescuer Linzi Glass, this story may tempt you to look in your local shelter for



the perfect dog who is waiting for you! Check out Linzi's organization at: www.theforgottendog.org.

"*One Too Many: a Seek & Find Counting Book*," by Gianna Marino. (Chronicle Books). What a busy barnyard! One flea jumps at sunset to a watering trough. Two cows, three horses, four goats, five sheep – you get the picture – soon follow. Watch the flea as it jumps from page to page amongst the ever-increasing array of animals around the trough. Finally, "one too many" arrives. It won't shock you to learn which animal empties out the place in a big hurry. The artist/author keeps the fun going with extra seek and find challenges at the end. Count the total number of animals. Find the rabbit that climbs on other animals, or the pig whose ear the other animals like to nibble. Parents and children can find hours of fun in this beautifully designed book with a surprise, "Uh-Oh" ending!

"*Come See the Earth Turn*," by Lori Mortensen, art by Raul Allen. (Tricycle Press). For two centuries scientists tried but failed to prove the Earth turned on its axis. In 1851, Léon Foucault, a seemingly minor scientist, built the first pendulum, a weight that swings back and forth while suspended from a fixed point. He invited the scientists of Paris to watch his amazingly simple experiment. Foucault releases his pendulum, which at first, swings back and forth along a line on the floor. As the minutes tick by, the pendulum starts to swing away from the line. Everyone knew what that meant – the pendulum wasn't swinging in a different



direction – the Earth was rotating beneath it. The author conveys a complex scientific concept in a way that readers will readily grasp. Science teachers and librarians will enjoy showing this book to their students.

"*Babies Don't Eat Pizza, a Big Kids' Book About Baby Brothers and Baby Sisters*," by Dianne Danzig, art by Debbie Tilley. (Dutton). This book stands head and shoulders above others of its genre – prepping older sibs for a new baby. Maybe it's how the author gives the sib a stake in the new baby, saying, "your baby," over and over. Maybe it's giving the sib credit for being older and wiser, inviting him to help mom with the new baby. Maybe it's the scene showing prenatal somersaults. Or just maybe it's because the author is a real-life R.N. and an experienced teacher of sibling preparation classes. Giggle at the humorous advice sections covering what babies like (sticky, gooey messes) and what they eat (hint: NOT pizza!). The ink and watercolor cartoon drawings filled with visual jokes add another dimension to this fun book. The final page gives tips on how to manage the current child and the newcomer.

Connie Goldsmith lives in Carmichael where she writes for adults and children. Her latest nonfiction juvenile books, "*Battling Malaria: on the front lines against a global killer*," and "*Skin Cancer*," one of the new USA Today Health Reports series, came out in August. Her books can be found in school and public libraries, and at online booksellers.



California Kids Columnist Has New Books out

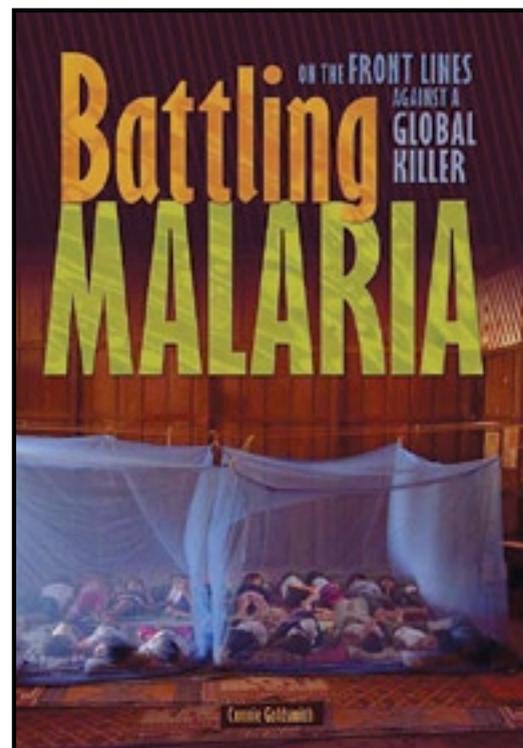
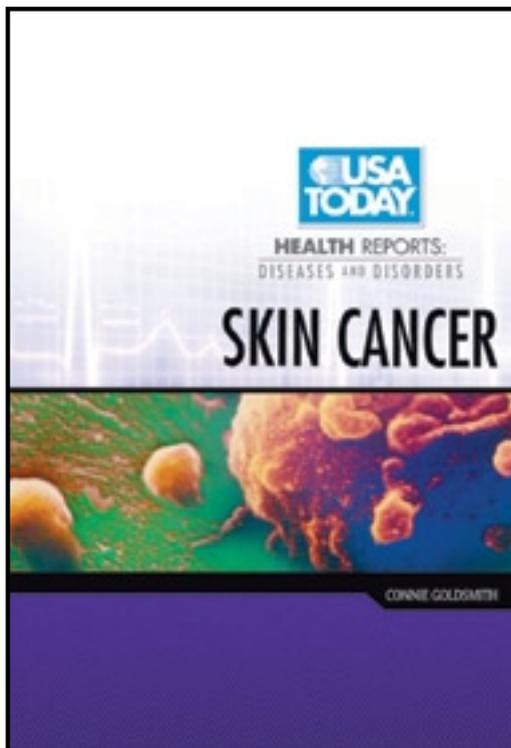
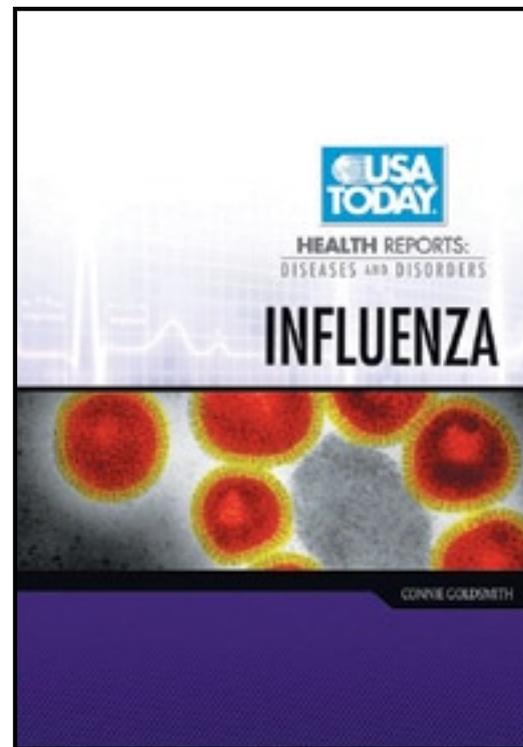
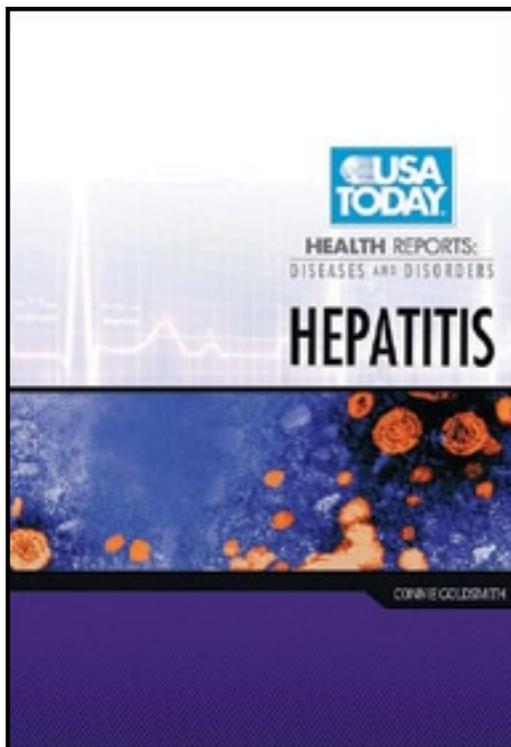
Not only has Connie Goldsmith been reviewing children's books for *California Kids* for the past twelve years, she's been busy with her own writing career as well. She writes about health and science for children and adults. As an RN with a master's degree in health care, Connie also writes continuing education articles for nurses.



She has four new books out this fall from Lerner Publishing's nonfiction imprint, Twenty-First Century Books. The first is, *Battling Malaria: On the Front Lines Against a Global Killer*. This mosquito-borne disease kills about one million people a year around the world. Yet malaria can be prevented with such low-tech measures as hanging bed nets over children's beds, and dumping standing water so that mosquitoes cannot breed.

Connie's other three books are the result of a partnership between her publisher Lerner, and USA Today, the nation's most widely-read newspaper. She has written three books for the new series which is titled USA Today Health Reports: Diseases and Disorders. Her books are about hepatitis, influenza, and skin cancer.

While Connie's books are written for grades 8-12, adults who want to learn more about these important health topics also may be interested in reading them. Her books may be found in public libraries, school libraries, and at online booksellers. Visit Connie's website at www.conniegoldsmith.com and see all her books at her author's page at www.amazon.com.



Fall warehouse book sale!

The Friends of the Sacramento Public Library are sponsoring a big Fall Warehouse Sale on two consecutive Saturdays, September 11 and September 18. Public sale hours will be noon to 4 p.m. on September 11, and 9 a.m. to 4 p.m. on September 18. A preview for Friends' members only is scheduled for 9 a.m. to noon, September 11. Prospective members may join at the door for \$15 and attend the preview. The sale will be held in the Friends' warehouse, at the rear of their Book Den store, 8250 Belvedere Avenue, Suite E, between Power Inn Road and Florin-Perkins Road just south

of 14th Avenue. More than 75,000 paperback and hard-bound books, videos, books on cassette and more will be sold at prices ranging from \$.50 to \$2.00. All proceeds, after expenses, benefit the Sacramento Public Library.

The Book Den store will be open during the Warehouse Sale and Preview, too. At the Book Den shoppers select from individually priced better books, including collectibles, and other materials, with most books priced at \$3 and up. The Book Den is regularly open Thursday through Saturday from 9 a.m. to 2 p.m. For more information call (916) 731-8493.



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Back to School! Back to School! Back to School! Back to School! Back to School!

Pencil Holder Craft

This pencil holder is a quick and easy recycling craft! The craft was designed by a very clever mother with an excellent crafty website, www.craftideas.info - please go and check it out!

Here is a quick idea for a quiet craft afternoon. There are some very colorful plastic straws available cheaply so your child can have fun creating designs for any decor!

You will need:

Used and clean can or crisp container, acrylic paint, paint brush, plastic straws, scissors, white glue (or hot glue gun and hot glue sticks for older children)

You will need to:

Paint the can and let dry before continuing. Cut the straws to fit the height of the can. Using the hot glue gun, glue the first straw on the can and then continue with the rest of the straws until the can is completely covered.

* An alternative for younger kids, instead of using hot glue is to use a wide and strong double sided sticky tape. Wrap tape around the can and adhere the straws to it.

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Back to School Word Search

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h	s	b	m	m	d	p	u	y	b
r	b	g	t	a	d	n	n	u	o
d	d	l	y	p	s	p	l	k	o
e	i	y	a	s	l	a	y	k	k
s	p	l	a	y	g	i	j	z	v
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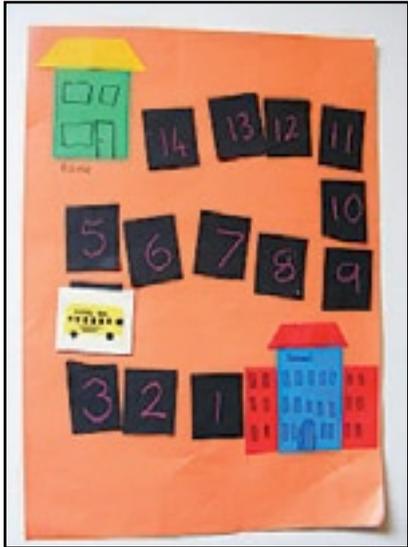
Back to School! Back to School! Back to School! Back to School! Back to School!

Back to school COUNTDOWN

This is a fun way for children to countdown the days until school starts.

You will need:

Sheet of large construction paper, scraps of colored paper, black paper, chalk, pens, glue, small rectangle of card, passport size photo (optional), sticky tack



You will need to:

From the colored paper, cut out scraps to make a house and a school. Lay these on the construction paper, the house in the top left, school bottom right. From black paper cut 14 (or however many days you intend to count down for) rectangles. Lay these on the paper so they form a path from home to school. When you are happy with the way it looks, glue everything in place.

Use colored pens to add windows and other details.

On the black rectangles write numbers, starting at the house with 14 and counting down to 1 next to the school.

Glue the photo on to the scrap of card. Alternatively you could draw yourself or a school bus.

Pin the paper up, and stick the card to the house with stick tack.

Every day as the time gets closer to starting school move the card one space closer to the school.

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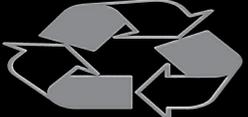
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Painting for Paws!

Happy Tails will hold their 2010 Painting for Paws! Art Show and Reception, Saturday, September 25, 6 to 10 p.m., at the Pavilions Shopping Center, Fair Oaks Boulevard near Howe Avenue, Sacramento.

The Happy Tails cats and dogs are once again busy with their creative endeavors, painting one-of-a-kind pieces of original artwork for this year's Painting for Paws! With great artistic talent and enthusiasm, their talented four-legged residents are prancing their paws and swishing their tails through water-based, non-toxic paint to create colorful and exciting works of art. Pieces are matted and framed, and accompanied by a photo and bio of the furry artist. Proceeds from the artwork will benefit Happy Tails Pet Sanctuary of Sacramento.



In addition, there will be food, wine, a silent auction and prize drawing for sale. Volunteers also will be on hand to pass out information and answer questions about Happy Tails Pet Sanctuary.

There is an entrance fee of a \$10 donation per person. Founded in 1993, Happy Tails is an all-volunteer, no-kill pet sanctuary committed to rescuing abandoned and abused animals, and finding them permanent, loving homes. For more information on Happy Tails, please visit www.happytails.org.

Weekend Activities at the Discovery Museum

Bone Zone Grand Opening - September 4 and 5, 12:30 to 4 p.m. Celebrate the opening of the Discovery Museum's newest exhibit, Bone Zone. Bring the whole family to learn about skulls, skeletons and healthy bodies. Kids can dress in doctor's lab coats to make-believe in our doctor's office and dentist chair. Adults and children role play in our '50s-themed Healthy Eating Diner. Bring your camera! Remember all the fun by making a paper skeleton to take home (ages 12 and under). (Members-only breakfast and exhibit preview 8:30 to 10 a.m., RSVP only)

Creepy-Crawly Critters - September 11 and 12, 12:30 to 4 p.m. Spineless wonders! We are crazy for invertebrates this weekend at the Discovery Museum Science & Space Center. Observe and touch live creepy-crawly specimens. Pick your favorite at the cockroach races! Kids 12 and under make paper beetles to take as a souvenir. Have an unforgettable creepy-crawly experience!

ARRR! Shiver Me Bones! - September 18 and 19, 12:30 to 4 p.m. Avast Mateys! Help the Discovery Museum Science & Space Center celebrate international Talk Like A Pirate Day by visiting this weekend. Learn about the history of bones in pirate lore and the role bones play in the pirate world. Guests 12 and under who arrive dressed like a pirate can claim a small "treasure" to take home. All children can make a pirate craft. Arrr!

Fall Foliage Fun - September 25 and 26, 12:30 to 4 p.m. Welcome the Fall season by trekking around the grounds and learning to identify trees using a Nature Trail Guide. The wide smooth path around the pond is good for toddlers, strollers, and wheelchairs. How many turtles can you see? Families with children 12 and under can make a leaf print banner.

The Discovery Museum Science & Space Center is located at 3615 Auburn Boulevard, Sacramento. Admission is: \$6 adults (18+), \$5 seniors (60+), \$5 teens (13-17), \$4 children (4-12), \$0 children (3 and under) Ages appropriate for: 4 to 12 years old. For more information, call (916) 808-3942 or visit www.thediscovery.org

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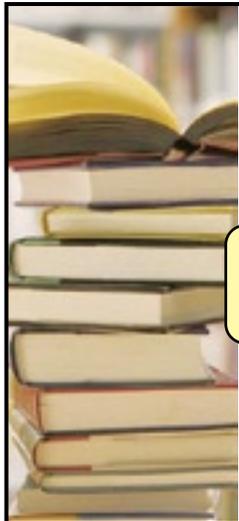
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Draft Horse classic tickets on sale now

Majestic Draft Horse performances, breath-taking competitions, and seeing a Draft Horse “up-close” are all part of the festivities at the 24th annual Draft Horse Classic and Harvest Fair, September 23 to 26, at the Nevada County Fairgrounds in Grass Valley. Whether it’s the Draft Horses working farm equipment, pulling carriages, or working side by-side on a hitch, these amazing animals compete with elegance and power and are the best of the best.

Tickets to this event are on-sale now. You can call your order in or purchase the day of the event. If you purchase your performance tickets before the Draft Horse Classic begins, you will save \$3 off the regular admission price.

There are six performances to choose from:

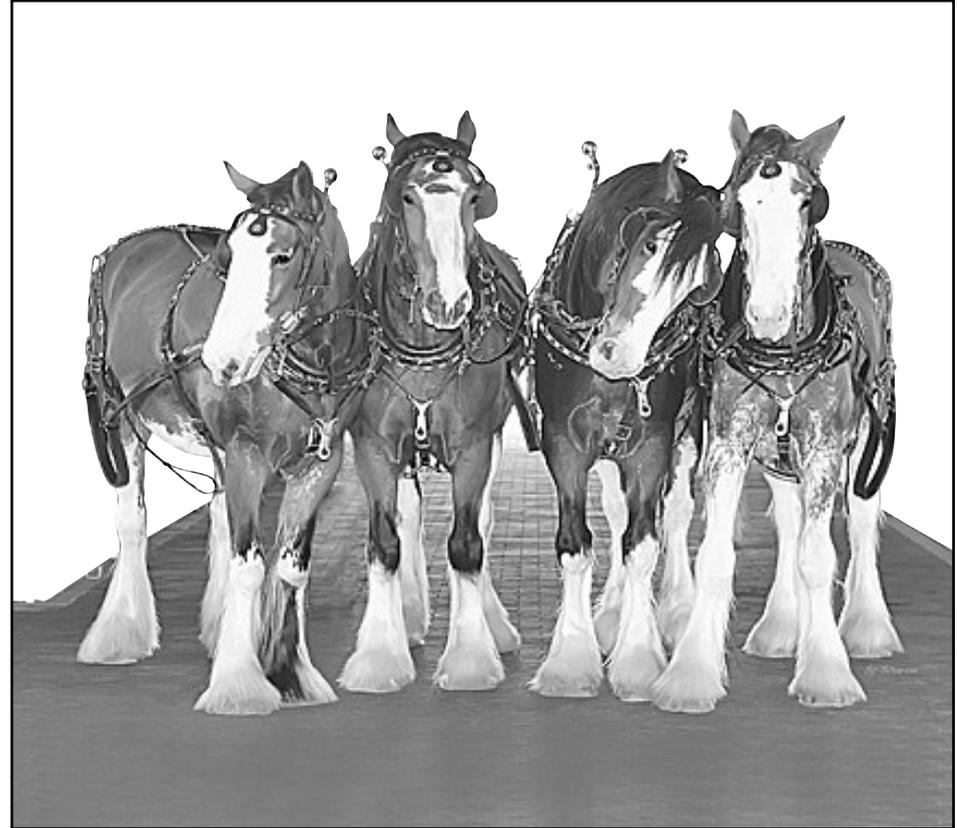
- Thursday, September 23, at 6:30 p.m.
- Friday, September 24, at 6:30 p.m.
- Saturday, September 25, at 10 a.m. and 6:30 p.m.
- Sunday, September 26, at 10 a.m. and 4 p.m.

For Draft Horse performance tickets, purchase them before Wednesday, September 22, and tickets are \$18 for general seating

and \$21 for reserved seating. After September 22, performance tickets are \$21 for general seating and \$24 for reserved seating. Tickets can be purchased by calling (530-273-6217), faxing (530-273-1146) or visiting the Fair Office on McCourtney Road.

Although there is a charge for the Draft Horse performances in the arena, admission to the Fairgrounds is free so all can enjoy the many activities of the Harvest Fair. The grounds are alive with western music, Harvest Fair agricultural competitions, world-champion lumberjacks performing for the crowds, a live shoeing competition, and Art at the Classic. Plus, you don’t want to miss the opportunity to visit the barns and meet the famous Draft Horses up-close. This year, we’ll even be offering guided barn tours. For these tours, reservations are required and are limited to groups of eight or more.

On Saturday, September 25, enjoy the Fall-like weather underneath the tall pine trees for “A Taste of the Gold,” featuring food from local restaurants, confectioners and wineries. Although Fairgrounds admission is free, tickets for this event must be purchased. Tickets include five food tastings, unlimited



wine tasting, and a commemorative wine glass. To purchase tickets online, visit www.nswinecountry.com. For information or to purchase hard copy tickets, call the Grass Valley Downtown Association at (530) 272-8315 or www.historicgrassvalley.com.

The Nevada County Fairgrounds is located on McCourtney Road in Grass Valley, just 50 miles northeast of Sacramento. The phone number is (530) 273-6217 and the FAX number is (530) 273-1146. www.NevadaCountyFair.com for more information. You can also follow us on Facebook at “Nevada County Fairgrounds.”

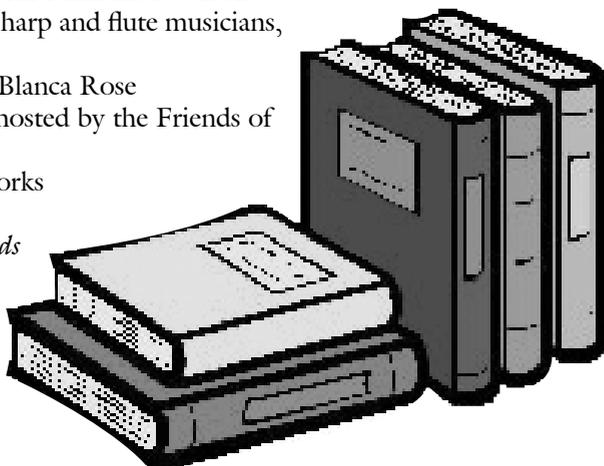
Valley Hi-North Laguna Library celebrates its first year with community party

Valley Hi-North Laguna Library staff will celebrate the library branch’s one-year anniversary with a community party from 10 a.m. to 4 p.m., Saturday, September 11, at 7400 Imagination Parkway, Sacramento.

Free family activities will feature:

- 10 a.m.: Storytime with Ms. Rhonda
- 11:30 a.m. to 2 p.m.: Face painting with Kimberlee Wilson
- Noon to 2 p.m.: Classical music with harp and flute musicians, Music A Due
- Noon to 2 p.m.: Henna artistry with Blanca Rose
- Noon to 3 p.m.: Bargain Book Sale, hosted by the Friends of Valley Hi-North Laguna Library
- 2 to 4 p.m.: Craft making with ArtWorks

The celebration is sponsored by the Friends of Valley Hi-North Laguna Library, County of Sacramento District 2, and City of Sacramento District 7. For details, call the Sacramento Public Library at (916) 264-2920 or visit saclibrary.org.



Join the fun at the Thrive Family Arts Festival

Kaiser Permanente and Roseville Arts invite children of all ages to the Thrive Family Arts Festival on Saturday, September 11, from 10 a.m. to 2 p.m. at Kaiser Permanente Roseville Medical Center, 1600 Eureka Road, in Roseville.

Kids will have a messy and marvelous time as Kaiser Permanente physicians and staff put down their stethoscopes and pick up paint brushes for a day of fun and creativity. Activities for families include arts and crafts booths staffed by local artists, making healthy treats, dancing, music and learning that it’s fun to be healthy. For more information about the art festival, visit www.kp.org/Roseville, or call 916-783-4117.

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California Kids! Family Fun Guide

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Movie night at Fairytale Town

Fairytale Town will once again feature a classic children's movie for its Movie Night on Sunday, September 5, 7 p.m., over the Labor Day weekend. Featured on the Big Screen, will be *Willy Wonka & The Chocolate Factory*. This classic movie is based on the children's book by Roald Dahl and features the nutty Mr. Willy Wonka, portrayed by Gene Wilder, and his candy kingdom. Watch as a cast of characters who search for golden tickets to win a factory tour, seek candy riches and the Everlasting Gobstopper.

Guests will be treated to the outdoor theatre under a canopy of trees and stars. This event is lawn seating only and no outside food or beverages will be allowed. Tickets are \$5 each, and Fairytale Town members receive a 2 for 1 admission, children 2 and under are free. Tickets are available online at www.fairytaletown.org

Fairytale Town is located at 3901 Land Park Drive, Sacramento. For more information, call (916) 808-7462.

Upcoming concert at Fairytale Town

Enjoy more music from the Mother Goose Stage as Fairytale Town hosts a concert this summer. **Sal Valentino** will perform on September 9, gates open at 6 p.m., concert starts at 7 p.m., as Sal celebrates a special birthday.

The Sal Valentino Band and Strings

Sal Valentino is the legendary singer of the **The Beau Brummels and Stoneground** from San Francisco 1960's rock scene. Sal now fronts his own orchestra featuring a full string section. On his new CD, "Every Now and Then," Sal draws on his years of musical experience and combines

the old with the new. Guests can help Sal Valentino celebrate his birthday, as we sing "happy birthday" to Sal!

The cost to attend is: Adults \$10; Children 12 and under are free. Tickets are available online at www.fairytaletown.org; or at the Fairytale Town Box Office. Parking is free in William Land Park. Fairytale Town is located at 3901 Land Park Drive, Sacramento. For more information, call (916) 808-7462.

Fairytale Town Concert Policy: Lawn seating only. No outside food or beverages, cameras, or chairs allowed.

Ohlone Day

Celebrate the ways of the Ohlone People of the past with those of the present at Henry Cowell Redwoods State Park. You can take part in many activities that bring alive the traditional ways, crafts, and practices of the Ohlone People on Saturday, September 11 from 10 a.m. to 4 p.m.

Ohlone people will share their traditional basketry, songs, stories, tools, musical instruments, dance, and their history. This hands-on event lets you participate in Ohlone crafts and games, hot rock cooking and fire making, traditional dances, and storytelling presentations as you discover more about Ohlone culture. The main entrance to Henry Cowell Redwoods State Park is located off Highway 9 in Felton. More information is available by calling (831) 335-7077.

Rancho Del Oso Nature & History Center

Located 16 miles north of Santa Cruz along Highway One, at Waddell Creek (831) 427-2288

Animal Tracks - Sunday, September 12 at 10 a.m.

Natural History Hike and Lesson-Meet at the Waddell Beach parking lot for a lesson in tracking animals with Tod Haddow. Tod has been a teacher in the tracking club for the past 5 years. He will help you learn to read the signatures of animals left as tracks and how to tell their gait, age and even sex from these tracks. Look at tracks on the beach and then check the marsh trail. Finally end at the Nature and History Center to research what you have found and look at other examples of tracks. This class is appropriate for families (best for kids over 6). Learn to think like an animal and try to put together the pieces of a puzzle left by their tracks.

"Plant the Reading Seed and Watch it Grow"

Cultivate, plant, water and fertilize, then watch them grow! Tend to children the same way you would a garden and watch those kids grow in mind, spirit, creativity and imagination! 2010 marks Fairytale Town's 10th Anniversary of the ScholarShare Children's Book Festival on September 25 and 26, 10 a.m. to 4 p.m. This two-day festival will feature children's book author and illustrator presentations, storytelling performances, celebrity readers, a book swap, and hands-on literacy activities offered by an array of community-based literacy organizations. Best of all, admission to the event is FREE. (Adults must accompany children and vice versa.)

This year's line-up of author and illustrator presenters on the Mother Goose Stage include:

Doug Hansen - Award Winning Author of *Mother Goose in California*

Angela Dominguez - Illustrator of *Ava Tree and the Wishes Three*, *La Noche Buena*, *Carmen Learns English*, and others

Patricia Newman - Author of *Nugget on the Flight*, *Jingle the Brass*

Linda Knoll - Author & Illustrator of *Over in the Valley*

Rachel Dillon - Author & Illustrator of *Through Endangered Eyes*

David Schwartz - Author of *Where Else in the Wild*, *Where in the Wild*, *How Much is a Million*

Terri Farley - Author of *Seven Tears Into the Sea*, *Phantom Stallion Series*

Tolya Thompson - Author of *The Smarties Series*, including, *Wheezing Winona Weatherbee*

Lily Toppenberg - Illustrator of *Delta & Dawn: Mother & Baby Whales' Journey*

In addition to author and illustrator presentations on the Mother Goose Stage, Sacramento Area Youth Speaks (SAYS) will recite original poems, and Puppet Art Theater will perform puppet shows in the Children's Theater. Children bringing in gently used books may trade them for another one at the Book Swap.

"It's a day full of fun literacy activities and a great way to introduce your child to a variety of books, authors, and children's literature," says Kathy Fleming, Executive Director of Fairytale Town.

For more information, visit www.fairytaletown.org or call (916) 808-7462. Fairytale Town is located at 3901 Land Park Drive in William Land Park, Sacramento.





Calendar of Events

Critter Events

September 15, Animal Program, 4 p.m., 7335 Gloria Drive, Sacramento. School-age children, ages 5 to 12, are invited to meet some endangered critters at a free program at Robbie Waters Pocket-Greenhaven Library. Featured animals include a python, parrot, chinchilla, frogs, iguana, and bugs. Kids will learn how factors, such as population growth, habitat destruction, pollution and lifestyle choices, can impact wildlife. For more information, call (916) 264-2920 or visit saclibrary.org

September 16, Wild Animal Program, 3:30 p.m., 6700 Auburn Boulevard, Citrus Heights. Kids are invited to meet animal ambassadors from around the world at a free nature program at the Sylvan Oaks Library. The live, wildlife creatures on display will include an alligator. For more information, call (916) 264-2920 or visit saclibrary.org

Especially for Parents

September 11, UC Master Gardener Program, 8:30 to 11:30 a.m., Fair Oaks. Drop by to see the orchard, berries, grapes and vegetables. Talk to UC Master Gardeners as they work. Get ideas and advice about creating a beautiful and productive river-friendly, earth-friendly garden. Wander in the water efficient landscape. Ask gardening questions and see how they make every drop count. Drop by the Fair Oaks Horticulture Center south of Madison, on Fair Oaks Boulevard, in Fair Oaks Park, next to the library. This is a free program. For more information, call (916) 875-6913.

September 11, Food Preservation Demonstration, 10 a.m., 4145 Branch Center Road, Sacramento. This is a free program and no advanced registration is required. The Sacramento County UC Cooperative Extension Master Food Preservers invite you to attend a food preservation public demonstration: "All Dried Up! Basic introduction to safe dehydration techniques." For more information, call (916) 875-6913.

September 15, Food Preservation Demonstration, 6:30 to 8:30 p.m., 4145 Branch Center Road, Sacramento. The Sacramento County UC Cooperative Extension Master Food Preservers invite you to attend a food preservation public demonstration: "Apples and Olives." There is a \$3 fee. No advance registration is required. For more information, call (916) 875-6913.

September 18, Safety Fair, 11 a.m. to 2 p.m., 4660 Via Ingoglia, Sacramento. The Sacramento Public Library is partnering with the City of Sacramento Office of Emergency Services to celebrate National Emergency Preparedness Month by hosting a Safety Fair at North Natomas Library. Representatives from community agencies will provide life-saving information to help prepare residents for natural disasters and home emergencies that include community flooding, earthquakes, extreme weather, how to escape a fire, home fire prevention, disease prevention and more. This fair is best for those who live in a flood-zone area. For more information, call (916) 264-2920 or visit saclibrary.org

September 24, Huge Book Sale, 3 to 7 p.m., 8900 Elk Grove Boulevard, Elk Grove. Find bargain books at the Friends of Elk Grove Library book sale. The sale will also be held Saturday, September 25 from 9 a.m. to 4 p.m., Hundreds of gently-used paperback and hardcover books will be on sale, including mysteries, adventure, romance, sci-fi, biographies, history, geography, travel, philosophy, and health that are priced from 50 cents to \$1 each. There will also be used children's books available for 10 cents to 25 cents each. For more information, call (916) 264-2920 or visit saclibrary.org

September 25, Safety Fair, 11 a.m. to 2 p.m., 7335 Gloria Drive, Sacramento. The Sacramento Public Library is partnering with the City of Sacramento Office of Emergency Services to celebrate National Emergency Preparedness Month by hosting a Safety Fair at Robbie Waters Pocket-Greenhaven Library. Representatives from community agencies will provide life-saving information to help prepare residents for natural disasters and home emergencies that include community flooding, earthquakes, extreme weather, how

to escape a fire, home fire prevention, disease prevention and more. This fair is best for those who live in a flood-zone area. For more information, call (916) 264-2920 or visit saclibrary.org

Ongoing, Book Sale, 9 a.m. to 2 p.m., 8250 Belvedere Avenue, Suite E, Sacramento. The Book Den, has books for sale and is open Fridays and Saturdays. The Book Den is operated by members of Friends of the Sacramento Public Library. For more information, call (916) 264-2880.

Wednesdays, Crochet and Knitting Circle, 6:30 p.m., 11601 Fair Oaks Boulevard, Fair Oaks. Enjoy a bit of conversation and companionship at the Fair Oaks Library Crochet and Knitting Circle. All ages and skills are welcome; this is not an instructional class but some assistance will be available. Please bring your own hooks, needles, yarn and a project to work on. If you need a project, the library can provide you with ideas and patterns to make newborn baby hats. Those wishing to donate their baby hat creations to the Mad Hatters, who provide free newborn baby hats to local hospitals—can do so through the Fair Oaks Library. For details, call (916) 264-2920 or visit saclibrary.org.

Special Events

September 2, Teen Poetry Program, 4 p.m., 4235 Antelope Road, Antelope. Teens are invited to the North Highlands-Antelope Library, to create a poem from the spines of their favorite book, Magnetic Poetry style, at this free program. Search the library shelves for books with interesting titles, and stack them to create found poetry. Teens can vote for their favorite poem, and see their book spine poem posted on the Sacramento Public Library website, Flickr, and Twitter. For more information, call (916) 264-2920 or visit saclibrary.org

September 11 and 18, Fall Warehouse Book Sale, noon to 4 p.m. on September 11, and 9 a.m. to 4 p.m. on September 18, 8250 Belvedere

Avenue, Suite E, Sacramento. The Friends of the Sacramento Public Library are sponsoring a big Fall Warehouse Sale. The sale will be held in the Friends'warehouse, at the rear of their Book Den store, between Power Inn Road and Florin-Perkins Road, just south of 14th Avenue. Over 75,000 paperback and hard-bound books, videos, books on cassette and more will be sold at prices ranging from \$.50 to \$2. For more information, call (916) 731-8493.

September 11, Community Party, 10 a.m. to 4 p.m., 7400 Imagination Parkway, Sacramento. Valley Hi-North Laguna Library staff will celebrate the library branch's one-year anniversary with a community party. There will be free family activities such as 10 a.m. Storytime, face painting, music, artistry, book sale, and craft making with ArtWorks. For more information, call (916) 264-2920.

November 13, Celebration of Miracles, 5 to 11 p.m., Historic Folsom. Friends of NICU (www.friendsofnicu.org), a charitable organization dedicated to helping the families of sick and premature babies in Sacramento area hospitals, invite you to attend, "Celebration of Miracles." The event will be held at Lake Natoma Inn, in the Historic District of Folsom. The event hopes to raise funds to help families with sick and premature babies in the NICUs at Mercy and Sutter hospitals.

Sunday, Free Admission, 10 a.m. to 1 p.m., 216 O Street, Sacramento. The Crocker Art Museum is offering free admission hours to visitors. For more information, call (916) 808-7000 or visit crockerartmuseum.org.

Storytellers & Puppetry

First Mondays of each month, Dog Program, 6:30 p.m., 9845 Folsom Boulevard, Sacramento. Join the fun the first Monday of each month at the Rancho Cordova Library for "Reading with Dogs," with Lend a Heart Pet Therapy. For more information, call (916) 264-2920.

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Sylvan oaks Library hosts wild animal program

Kids are invited to meet animal ambassadors from around the world at a free nature program at 3:30 p.m., Thursday, September 16, at Sylvan Oaks Library, 6700 Auburn Blvd., Citrus Heights.

The live, wildlife creatures on display will include an alligator.

This program is sponsored by the Friends of Sylvan Oaks Library. For details call the Sacramento Public Library at (916) 264-2920 or visit saclibrary.org.



Used book sale set at Elk Grove Library

Find bargain books at the Friends of Elk Grove Library book sale on Friday, September 24, from 3 p.m. to 7 p.m.; and Saturday, September 25, from 9 a.m. to 4 p.m., at 8900 Elk Grove Boulevard, Elk Grove.

Hundreds of gently-used paperback and hardcover books will be on sale, including mysteries, adventure, romance, sci-fi, biographies, history, geography, travel, philosophy, and health that are priced from 50 cents to \$1 each. There will be many used children's books available that are 10 cents to 25 cents each.

Book sale proceeds will benefit the Elk Grove Library. For details, call the Sacramento Public Library at (916) 264-2920 or visit saclibrary.org.

New Audio-Visual System brings visitors closer to animal care

The Sacramento Zoo has added a new audio-visual system to the Dr. Murray E. Fowler Veterinary Hospital giving Zoo visitors the opportunity to see how the Zoo's veterinarians provide the best possible care to the resident animals.

In addition to watching the procedure through the viewing windows, visitors can also get an up-close look via the camera mounted in the treatment room. It projects a live image of the procedure in progress on the large screen of the viewing window. The pan, tilt and zoom functions give visitors a close up view as if you were in the room yourself.

A speaker system has been added so that you can hear comments from the veterinary staff. When possible, a staff person will assist visitors in asking questions directed to the veterinary staff during procedures. As a result of the Sacramento Zoo's collaboration with UC Davis Wildlife Health Center and the School of Veterinary Medicine, visitors are likely to see senior veterinary students and resident veterinarians participating in the medical examinations. A monitor in the laboratory window allows you to see what the animal health technician is viewing under the microscope.

When the treatment room is not in use, the AV system will be used to display information about conservation programs the Zoo is involved with, live camera feeds showing animals that are hospitalized as well as science-based programming. When you enter the Zoo, ask at the ticket booth if there are any scheduled activities in the veterinary hospital for the day. Most exams are Monday through Wednesday from 9 a.m. to noon.

Wild animal kids' program slated

School-age children, ages 5 to 12, are invited to meet some endangered critters at a free program at 4 p.m., Wednesday, September 15, at Robbie Waters Pocket-Greenhaven Library, 7335 Gloria Drive, Sacramento.

Featured animals include a python, parrot, chinchilla, frogs, iguana, and bugs. Kids will learn how factors, such as population growth, habitat destruction, pollution and lifestyle choices, can impact wildlife.

For details, call the Sacramento Public Library at (916) 264-2920 or visit saclibrary.org.

Quick and refreshing great for parties Lemonade Recipe

You will need:

1 cup water, 1 cup sugar, juice from 4-6 lemons, 4 cups of cold sparkling or plain water

You will need to:

Mix together one cup of water with one cup of sugar in a small saucepan. Heat the mixture to boiling, stirring constantly until the sugar is completely dissolved.

Allow the water and sugar mixture to cool, before pouring it into a pitcher or bowl and refrigerating. Once the mixture has cooled, add the juice from the lemons and stir. Strain the lemon juice if desired, and then mix four cups (or more, to taste) of cold water into the lemonade. To serve, pour the lemonade into a pitcher and add lemon slices.

Tip: Make an extra batch and freeze it into ice cubes to add to the lemonade, prior to serving. This will prevent the drink from becoming watered down.

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- Personal Host- Balloon for each child -
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The circus is coming!

Ladies and Gentlemen... Children Of All Ages... The Greatest Show On Earth® just got Greater with Ringling Bros. and Barnum & Bailey® Presents Barnum's FUNundrum! Featuring 130 performers from six continents, almost 100,000 pounds of performing pachyderms, cowboys, pirates, and mermaids, Barnum's FUNundrum! is a super-sized spectacle so massive you just can't miss it! Tickets for this stupendous spectacle are on sale for Sacramento's ARCO Arena's Thursday, September 9 to Sunday, September 12, show.

Circus Schedule and Ticket Information:
 Thursday, September 9 – 7 p.m.
 Friday, September 10 – 11 a.m., 7 p.m.
 Saturday, September 11 – 11 a.m., 3 and 7 p.m.
 Sunday, September 12 – 11 a.m., 3 and 7 p.m.
 Ticket Prices: \$14, \$17, \$23, \$38 (VIP), \$60 (Front Row) and \$90 (Circus Celebrity)
 Opening Night tickets available for 50% off (not valid on VIP or premium seating)
 All seats reserved and available at www.ticketmaster.com, ARCO Arena Box Office or call (800) 745-3000.



Big Basin Redwoods State Park calendar

Saturday, September 25

Honor the Visionaries, Valued Workers and Visitors that have shaped the character of Big Basin over the past 104 years. Revel in the beauty of the majestic old growth redwoods that inspired the movement to Save the Trees! Celebrate our wild heritage with a melodrama, hikes, games for kids and more! The park is located 9 miles outside of Boulder Creek on Hwy 236. For more information, call (831) 338-8883.

Event activities:

Coffee Talk - 9 to 11 a.m.

Come to the Sempervirens Room next to Park Headquarters for free coffee or hot chocolate! This is a great way to start your day in Big Basin. Docents will be happy to answer your questions about the park and help get you going on the right trail.

Scott's Old-Time Redwood Loop Walk - 10 a.m.

Get in a time machine with Docent Scott Peden as he leads a 1924 Redwood Loop Walk. Over the years, the Redwood Loop Walk meandered over a much longer distance, and passed by many of the old buildings and even older trees. Scott has a map and photos of trees and buildings of that era—he'll try find the exact spots those old photos were taken! This is a one-mile, 1.5-hour walk.

Redwood Loop Melodrama - 11 a.m. and 2 p.m.

Celebrate Big Basin's history! Take a walk into the past on the easy, family friendly red-

wood loop trail and meet colorful characters from Big Basin's past—listen to the stories of a pioneering homesteader, an early conservationist, the first female ranger at Big Basin and more! Half-mile, 1.5-hour walk, wheelchair and stroller friendly.

Boating, Dancing, Dining and More!—Big Basin in its Heyday - 11:30 a.m.

Big Basin was a very popular tourist resort in the 1900s. The park had a hotel, store, post office, barbershop, dance hall, tennis courts, a lake and more! Take a fascinating tour with Dan Friend, a ranger here in the 1970s, and "see" Big Basin as it was in those vibrant early days. This is a one-mile, two-hour walk.

Scott's Old-Time Redwood Loop Walk, Part 2 - 2:30 p.m., 1.5 hours

Get in a time machine with Docent Scott Peden as he leads us on a 1924 Redwood Loop Walk. This is a one-mile, 1.5-hour walk.

Children's Games - 3 to 5 p.m.

Step back in time and play some old-fashioned children's games. Stop by anytime during this two-hour program. The games are for kids of all ages. Meet at the Old Lodge.

Old-Time-Ranger Campfire - 6:30 p.m.

What was it like to be a ranger in days gone by? Join at our historic campfire center for an evening with Dan Friend, a ranger here in the 1970s. He'll regale you with tales of raccoons, renegade campers, rescues and more! Fire lighting and marshmallows (marshmallows and sticks provided) at 6:30 p.m.; program begins at 7. Wheelchair and stroller accessible.

Wilder Ranch State Park Activity

Located two miles north of Santa Cruz, on Highway 1 (831) 426-0505

The History of Wilder Ranch: A tour of the Historic Ranch Buildings All Saturdays and Sundays in September at 1 p.m. Discover what life was like a century or more ago on this innovative dairy ranch. The hour-long tour includes the 1897 Victorian home, 1896 water-powered machine shop, barns and other historic buildings. Park store sells maps, books, water, power bars, and unique gifts.

Living History Demonstrations

Some Saturdays and Sundays, 11 a.m. to 3 p.m.

Volunteers lead living history activities on many weekends at Wilder Ranch State Park. Stop by for a picnic and you may also find blacksmiths, quilters, and cooks demonstrating their skills on the ranch. Visitors can gain first-hand experience of what life was like by taking part in hands-on living history activities on this circa 1900 dairy ranch, one of the first in Santa Cruz County. Call (831) 426-0505 for other activities and dates.

History, Nature, and Scenic Views: A Tour of the Grey Whale Ranch Area

Saturday, September 11 at 9 a.m.

This challenging guided three-hour hike will explore the natural and cultural history of the upper hills of Wilder Ranch State Park. Meet in the Wilder Ranch Parking lot. Bring good walking shoes, lunch, snacks, and water. Hike is canceled if rain.

Wilder Ranch Coast Nature Walks

September 4, 18, and 25 at 11 a.m.

On these two-hour natural history excursions you will explore the plants, animals, and geology of the spectacular coastal bluffs. Meet at the Wilder Ranch interpretive center. Bring a snack, water, binoculars, and good walking shoes. Binoculars are available to borrow. Walk is canceled if rain.

First 5 Sacramento Children's Celebration Brings Fairytale Town to Life

Special to California Kids

Three-year-old Jenny has listened to her mom read her books and nursery rhymes since she was a baby, including favorites like *The Three Little Pigs*, *The Little Engine that Could*, and *Jack and the Beanstalk*. These stories and more will come to life on Saturday, October 9, as Jenny joins more than 6,000 Sacramento County families at Fairytale Town for the First 5 Sacramento Annual Children's Celebration.

"First 5 Sacramento supports programs and services to help meet the diverse needs of local families," Roger Dickinson, Chair of First 5 Sacramento and the Sacramento County Board of Supervisors. "Our Children's Celebration brings the community together to learn about these valuable resources in a fun environment for the entire family."

Funded by First 5 Sacramento, this FREE family event from 10 a.m. to 4 p.m. will be filled with fun, resources, food, entertainment, activities, exhibits, raffles and much more. While local children ages zero to five engage in learning activities, meet larger than life mascots, watch puppet shows, pet zoo animals and color on a giant kid's coloring wall, parents and caregivers will gain valuable

information about countywide programs and services from more than 60 community organizations, including First 5 California Hands-On Health Express mobile van, Library Wonder Wagon and the Smile Keepers Dental Van. The annual Conga Line starts at noon and this year features The Cat in the Hat.

A limited number of free Regional Transit (RT) bus passes and light rail passes are available to Fairytale Town from anywhere in Sacramento County and can be obtained through First 5 Sacramento and their grantees.

Fairytale Town is located at William Land Park on the corner of Sutterville Road and Land Park Drive in Sacramento. For more information on the free day of family fun and available resources to help parents raise children "happily, ever after," contact First 5 Sacramento at (916) 876-5865 or online at www.First5Sacramento.net.

About First 5 Sacramento

Research shows that a child's brain develops most dramatically in the first five years and what parents and caregivers do during these years to support their child's growth will have a meaningful impact



Children under five can receive a free dental screening and learn about the importance of teeth and what the dentist does.

throughout life. Based on this research, California voters passed Proposition 10 in 1998, adding a 50 cents-per-pack tax on cigarettes to support programs for expectant parents and children ages zero to

five. In the last year, First 5 Sacramento distributed approximately \$15 million to local programs and services that meet local needs of Sacramento County children and families.

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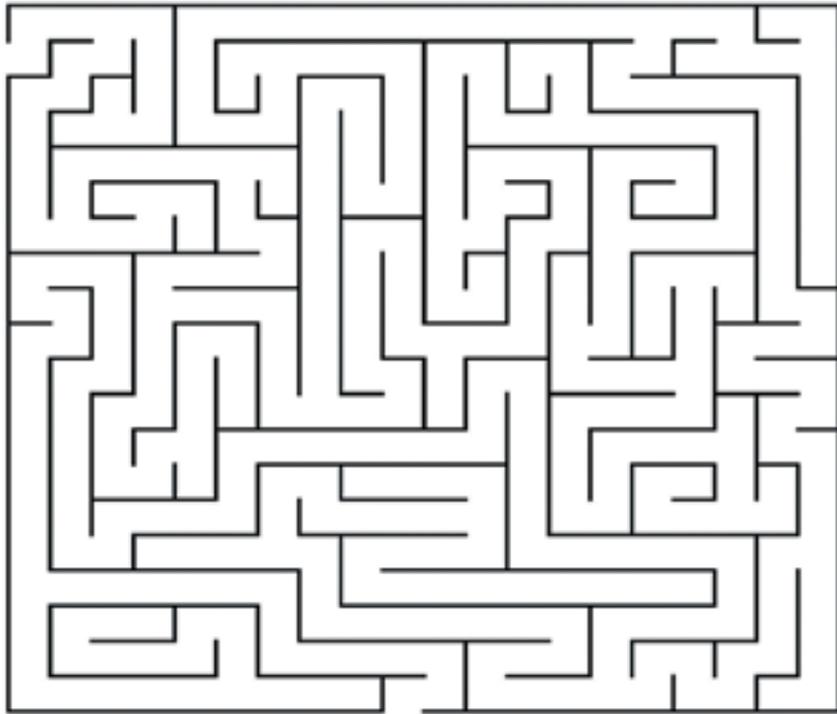
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What I Like About You

“What I Like About You” is an esteem-boosting game which can be played in the family, classroom, or at a party.

Age: any

You will need:

A stack of paper and a pencil for each player.

You will need to:

Give each person a stack of paper and a pencil. Call out the name of one of your party members and ask everyone to write that name on the top of the paper. Now write down something you like about that person. Fold in half, and throw the papers into a hat. Continue until you have written something about everyone. Now pass the hat around and take turns pulling out a paper and reading what is on it out loud.

Simon Says

A traditional game enjoyed by younger children.

Age: 3+

How to play:

The children gather around an adult who gives instructions to them, preceded by “Simon Says”.

For example:

“Simon says touch your head”

“Simon says dance around the room”

The children follow the instructions unless the adult leaves out the “Simon says” in which case anybody following instructions is out.

Hints:

This can be a good game when you are stuck for inspiration and need to get the kids moving for a few minutes - but don't rely on it keeping them amused for too long!

The simplicity of this game means that only the youngest children will enjoy it - and then, generally, only if they are not “out”! If you want, instead of sitting out, the losing children can be given a letter of an animal (such as p-i-g or, for a longer game, d-o-n-k-e-y, which they find funny).

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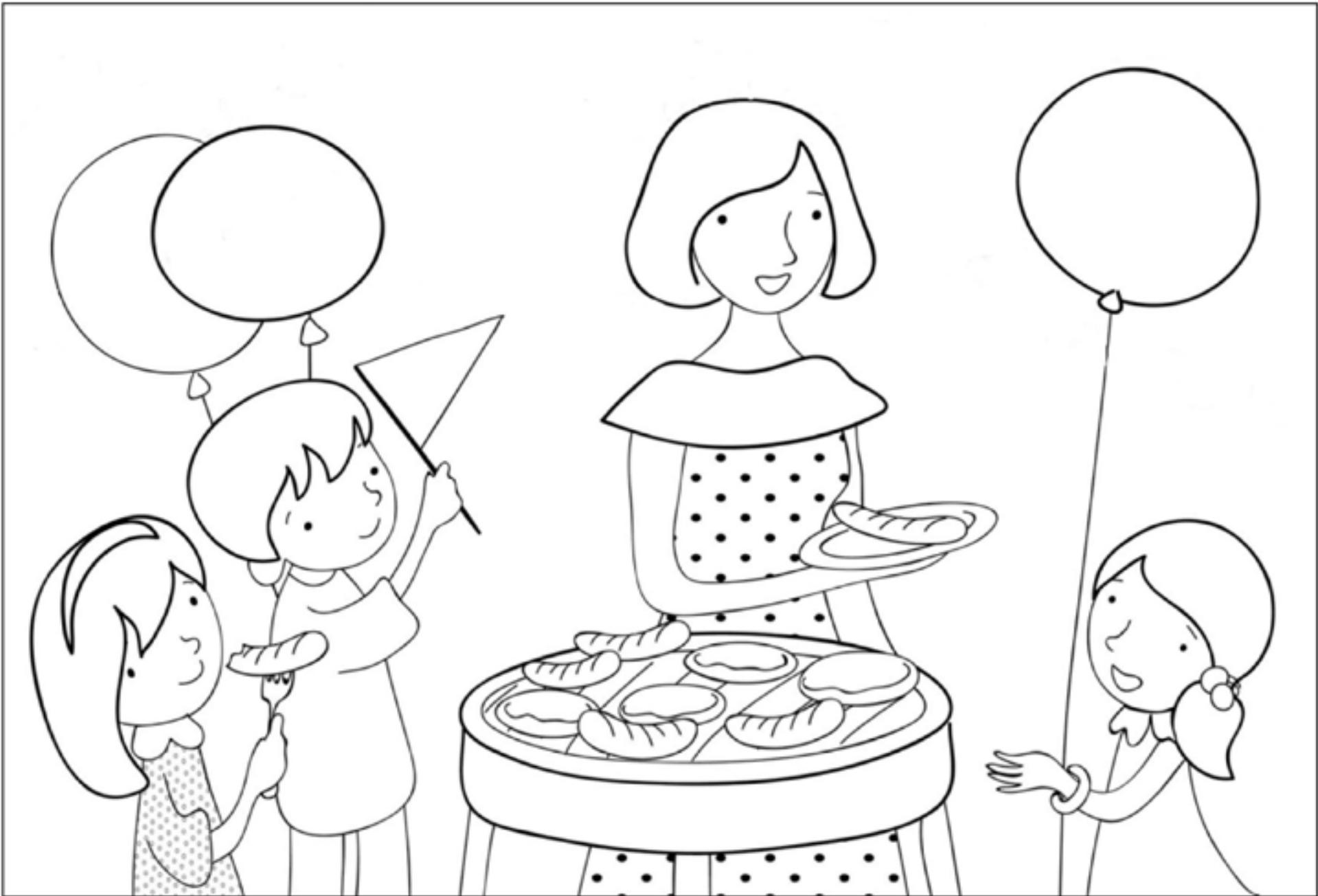
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