

September 2011

California Kids!

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Table of Contents

A Note From the Nurse
by Connie Goldsmithpage 6

Wordsearch: Here Kitty Kitty!
.....page 7

Make it Yourself!page 8

Travel:
Coast to Coast Family Summer Travel Guide part III
by Carmel L. Mooney page 20-21

Who Wrote That? Katie Davis
by Patricia M. Newman page 11

The Book Report: It's Back to School Time!
by Connie Goldsmith page 13

Calendar of Eventspage 24-25

Parties! Parties!..... pages 26-27



ZooBiz

Mondays, September 12 and 19, 9:30 a.m. to noon, Tea and Tours for Seniors: Seniors, register for this popular event early! Join the zoo staff Monday, September 12 and 19 for a special tour of the Sacramento Zoo followed by snacks and tea. This program is for adults 55 and over. Two weeks advance reservations are required. Cost is \$15 per person. Call (916) 808-5889 for more information or register at saczoo.org.

Saturday, September 17, 9 a.m. to 4 p.m., Deaf Awareness Day Join us during a special day for our deaf and hard of hearing community, sponsored by NorCal Services for Deaf and Hard of Hearing. The Zoo will have ASL interpreters on site for the day. Call (916) 808-5888 or visit saczoo.org for more information.

Friday, Saturday and Sunday, September 9 – October 30, 11 a.m., Wildlife Stage Show Learn

about animals in a 15-minute stage adventure during the Zoo's Wildlife Stage Show. It will run every Friday, Saturday and Sunday until October 30. Afterwards, meet several of the animal actors up close and personal during the animal encounter. For more information, call (916) 808-5888 or visit saczoo.org.

Sacramento Zoo – Wildly Inspiring!
Open since 1927, the Sacramento Zoo is home to over 140 native, rare and endangered species and is one of over 200 accredited institutions of the Association of Zoos and Aquariums. Located near the corner of Land Park Drive and Sutterville Road in WilliamLandPark, the Zoo is wholly managed by the non-profit Sacramento Zoological Society. This Sacramento treasure inspires conservation awareness through education and recreation. Open daily from 9 a.m. to 4 p.m., general admission is \$11; children ages 2 to 11 are \$7 and one and under are admitted free. Parking is free throughout the park or ride Regional Transit bus #6. For information, call (916) 808-5888 or visit saczoo.org.

California Kids!

www.valcomnews.com

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Book festival adds Gold Medal performance

Another story is set to come alive at Fairytale Town during the 11th annual ScholarShare Children's Book Festival, a two day event on September 24 and 25, 9 a.m. to 4 p.m. On Saturday, September 24, Kristi Yamaguchi, former Olympic athlete, will be at the festival presenting her book, "Dream Big, Little Pig" the story of Poppy the Pig and her journey to follow her dream.

Just like Poppy, Kristi Yamaguchi knows how important it is to dream big. The publication of her first illustrated children's book, "Dream Big, Little Pig" is a continuation of Kristi's philanthropic efforts. As an Olympic gold medalist figure skater, artist, and philanthropist, the motto "Always Dream" has inspired Kristi personally and professionally as the name of her charitable foundation.

The Always Dream Foundation has focused on inspiring children since 1996. In the fifteen years since its creation, the foundation has funded back-to-school shopping sprees for underprivileged children, purchased computers for after-school mentoring programs, and hosts several special events annually.

In its 11th year, the ScholarShare Children's Book Festival features numerous activities including; presentations from children's authors and illustrators, story-telling performances, hands-on literacy activities, a book swap, and information on literacy-based activities from various community organizations. Thanks to the generous support of ScholarShare College Savings Plan the two day event is free to the public.

Fairytale Town is located at 3901 Land Park Drive Sacramento. For more information, call (916) 808-7462 or visit www.fairytaletown.org

Fairytale Town concert

Celebrate the end of summer at Fairytale Town with a unique outdoor concert featuring distinct voices. Performing Wednesday, September 7, 6 to 8 p.m. is Sal Valentino who is the legendary singer of The Beau Brummels and Stoneground. To round out the evening, there will be opening performances by Alex Nelson, the hottest up and coming Sacramento artist, and Hans Erberbach, the frontman for The Nibblers. Doors open at 5:30; concert begins at 6. Tickets are \$10 each, children 12 and under are admitted free. Fairytale Town and Capitol Public Radio members receive a 2 for 1 discount. This is a special event and open to the general public. No outside food or drink is permitted. For more information, visit www.fairytaletown.org or call (916) 808-7462.

Free admission to Fairytale Town

Let Grandpa and Grandma have fun too! Honor your grandparents on National Grandparents Day, Sunday, September 11, by including them in a trip to Fairytale Town. In honor of this special day, Fairytale Town will give grandparents free admission when accompanied by a child age 12 and under. Bring the whole family for a day filled with fun. General Admission prices are \$4.50 on weekends and children 1 and under are admitted free. For more information visit www.fairytaletown.org.

Great chili cook-off and car show

Historic Main Street in Sutter Creek invites families to attend their Chili Cook-Off and Car Show, Sunday, September 11, 11 a.m. to 3 p.m. For only \$5 (\$3 children) visitors can sample all the homemade chili and salsa they want from more than 50 participating teams. Then stroll down Main Street and view the display of over 100 of the most beautiful Classic Cars and Hot Rods.

Mark your calendars for Sunday, September 11, to come to Sutter Creek. This is one fun event you won't want to miss! For more information, visit www.suttercreek.org.



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3- Soccer MOM Sessions (8 Weeks) for Every Mom
Start October 1, End November 19

4- Soccer Tournament
Saturday & Sunday Dec. 3,4

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ARE YOU READY TO LIVE A LONG LIFE?

Long-term care issues have been everywhere in the news lately – from stories of people needing these services to how the government is responding. But there is also a lot of conflicting, and even mistaken, information. Have you ever wondered what long-term care planning is about? If you have a long-term care contract, do you know what it actually provides for you?

Join us for an informative discussion about such topics as:

- What is long-term care planning?
- What are the key components of a long-term care policy, such as daily benefit amount, benefit period, waiting period, and home & community based care benefit amount and what it all means.
- What are the available riders and are they necessary?
- How is my rating determined?
- What alternatives are there to a traditional long-term care policy?
- What happens to the premiums I've paid if I don't use my long-term care policy? Can my heirs recoup the premiums?
- If you "self" insure for long-term care, what are the odds you'll end up "paying"?
- Why long-term care planning doesn't have to be "all" or "nothing"?
- How to maximize your assets for long-term care without disinheriting your spouse or legacy wishes

Join Esther Aw and Mark J. Pratt, *Certified Long-Term Care Specialist*, for this educational seminar

Wednesday, September 21, 2011, 6 - 7 p.m.
Gateway Oaks Building
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Seating is limited.

Call 916-646-0310 or 530-753-4195 or email esther@estheraw.com or mark@prattfinancial.com to reserve your seat.

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Admission Day celebration!

Californians deserve a day to celebrate their great state and on Friday, September 9, on the north steps of the State Capitol, from 11:30 a.m. to 1 p.m., the public is invited to a special free event in honor of California's 161st year of statehood! Visitors will enjoy patriotic live music, birthday cake and ice cream provided by California State Parks, the State Capitol Museum and with support from the California State Capitol Museum Volunteer Association. Come one, come all and be sure to stop by the California State Capitol Museum located inside the Capitol that offers free admission all year long. For more information about the special Admission Day Celebration or other events and activities happening at the California State Capitol Museum, call (916) 324-0333 or visit www.capitolmuseum.ca.gov.

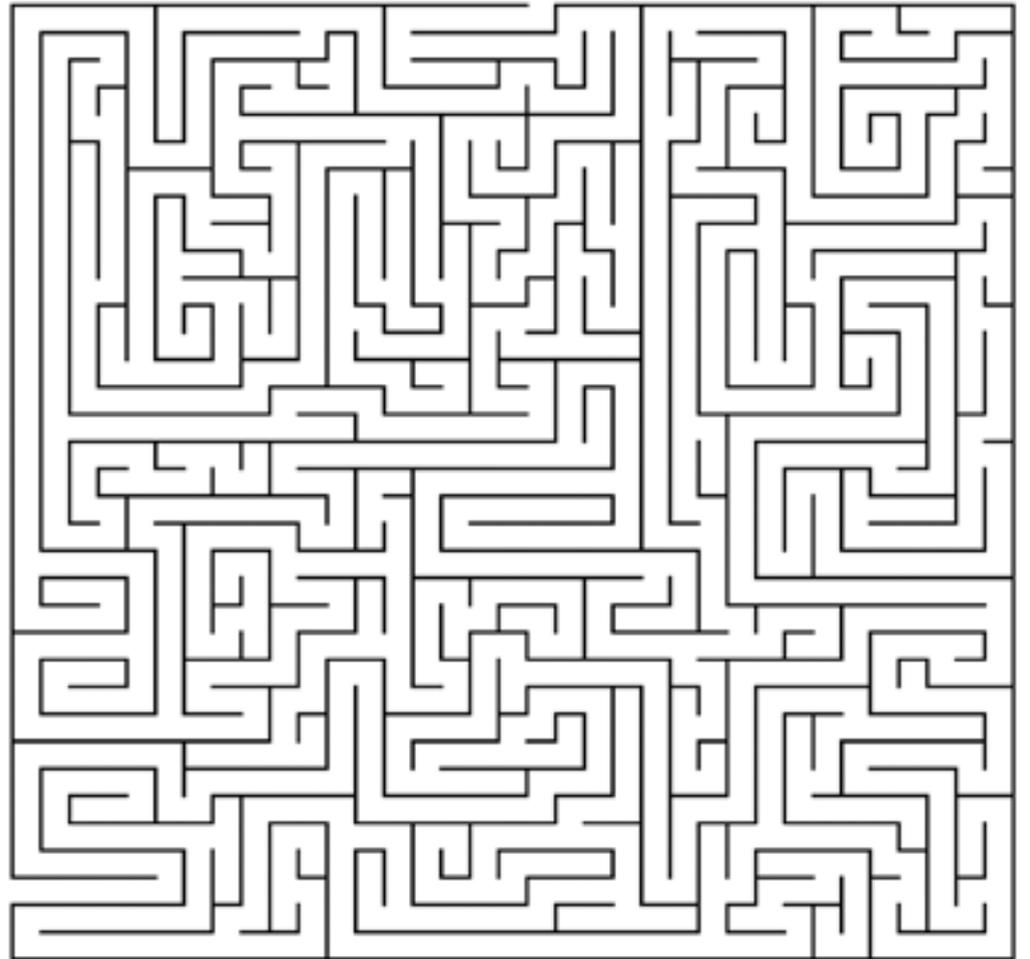
School nurses urge preteens and teens to be vaccinated

School nurses are calling on Sacramento parents to help protect their preteens and teens against meningococcal disease by getting them vaccinated before they return to school. Meningococcal disease is a rare, but serious bacterial infection that can cause meningitis and take the life of an otherwise healthy child in just a single day. Meningitis is spread from person to person, and a recent survey showed that nearly 82 percent of preteens and teens engage in common,

everyday activities that increase their risk of getting the disease – such as sharing water bottles, living in close quarters or kissing. These findings highlight the importance of vaccination in helping to keep preteens, teens and communities protected against meningitis.

For more information about the dangers of meningococcal meningitis and the importance of vaccination visit www.VoicesOfMeningitis.org.

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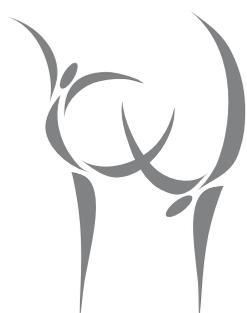
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Rare birth at zoo:

Abyssinian ground hornbill hatched

Special to California Kids!

Last week, the Sacramento Zoo was pleased to announce a rarity in the zoo world – an Abyssinian ground hornbill chick was successfully hatched.

Currently, there are only four other pairs of this hornbill species successfully breeding at zoos in the United States, and no other captive hatches have been reported in the last year.

Two eggs, laid by the zoo's only pair of Abyssinian ground hornbills, were discovered in early May. Based on the mating pair's history of not yet successfully raising any chicks, staff decided to incubate and care for the chicks using protocols developed by the San Diego Zoo. Both chicks hatched but sadly one did not survive.

The chick, hatched on June 15 and weighing 72 grams, is being raised by staff off-exhibit and now weighs 3,930 grams.

"Every first at the zoo provides a new and exciting learning experience," said Harrison Edell, general curator. "We do everything that we can, but it is still not an exact science. With each success we are able to share knowledge with other institutions and further our conservation efforts."

The Zoo supports the Mabula Ground Hornbill Research and Conservation Project in South Africa.

In addition to conducting research on genetics and behavior of Ground hornbills, this important project has launched awareness campaigns to educate the public on the dangers to hornbills such as unintentional poisoning, secondary trapping and snaring. Part of the project also includes hand-rearing some second-hatched hornbill chicks for release back into the wild or to join the captive breeding program. This is done because ground hornbills usually only raise one chick at a time. If two chicks are hatched, one must be removed from the nest to improve its chance of survival.

Like all 54 different hornbill species, the Abyssinian ground hornbill wild population is vulnerable. Ground hornbills from Sub-Saharan Africa are the largest of the hornbills. They have a bony horn on top of their bill called a casque, which makes their calls louder and easier to hear over great distances. Abyssinian ground hornbills fly only when disturbed or when crossing areas of dense brush, preferring to walk or run from danger. The greatest threats to the hornbill are human-related and include habitat loss and illegal hunting.

To receive the most current information about the new hornbill, see pictures of it off-exhibit and learn when it will be out for the public to see, visit www.sacramento-zoo.blogspot.com.



Photo courtesy, Sacramento Zoo
LOOKING GOOD at 47 days, this rare Abyssinian ground hornbill chick is being raised at the Sacramento Zoo using wildlife protocols developed by the San Diego Zoo.



Have fun coloring!



Who Wrote That?

The Creators of Your Child's Favorite Books

Featuring **Katie Davis**

By **Patricia M. Newman**

In fourth grade, Katie Davis was bullied by her classmates. A self-described ADD sufferer, she says, "ADD kids are often targets because they don't get social cues." The bullying continued throughout the school year and Davis resigned herself to being "a loser." When her teacher read *Charlie and the Chocolate Factory* by Roald Dahl, Davis was captivated. "It was all about bad kids who get their come-uppance. That was for me!" she says. "You can make that happen in a book." Although she allowed other kids to treat her like a "doormat," bullying made her a "kinder more empathetic kid" and gave her the confidence to stand up for herself in two situations involving adults: once as an eleven-year old when an X-ray technician touched her inappropriately, and once as a junior high student when a cab driver made a racist remark. When Davis reflects on her painful experience with bullying, she realizes it made her a writer.

The author/illustrator of several humorous picture books and the author of a funny middle grade novel, Davis says, "I was always good at writing and always bad at math." In elementary school, she heard phrases of description in her head and stretched her imagination to create metaphors and similes.

After college, Davis held several writing-related jobs in advertising, public relations and marketing, and also collected picture books. In the 1980s when she sold ceramic pieces paired with



funny sayings, she discovered "the freedom to write what I wanted rather than what I had to." She began to noodle around with the picture book format, and met a man who also collected picture books. When they married and moved to Los Angeles, Davis' husband discovered a writing conference sponsored by the Society of Children's Book Writers and Illustrators (www.scbwi.org) and pushed her out the door. Davis walked into the conference hall with hundreds of like-minded writers and artists and said to herself, "This is why I was put on the planet. This is me. This is who I am!"

Davis' first book, *Who Hops?*, sold to an agent she met at the conference. When she submitted the manuscript for his consideration, she says, "I kissed the package and put it in the mailbox." The seed for the book grew from a game she played with her children in the car as a distraction to forestall their tantrums. With bright bold acrylics and sly humor, Davis asks, "Who hops? Frogs hop. Rabbits hop. Kangaroos hop. Cows hop. No they don't!"

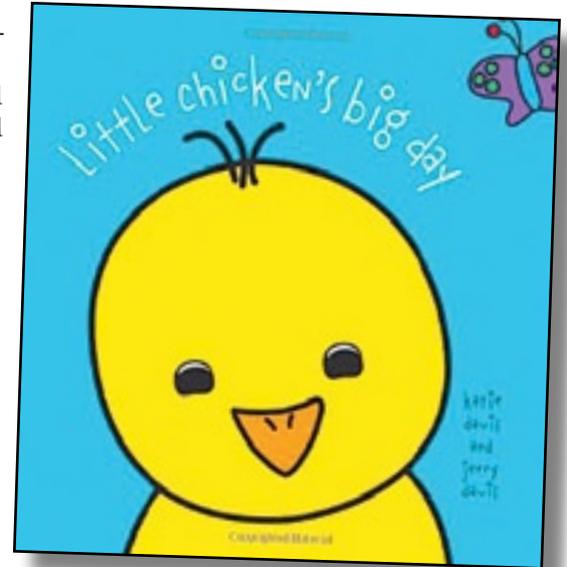
According to Davis, the inspiration for stories can come from anywhere. A student in one of her school audiences pointed out that she seemed to have a fear of the dentist because of frequent references in her books to teeth and bad breath. Davis turned the comment into a story idea and created a wacky character named Mabel, the first tooth fairy. "Mabel is the fun-

niest character I've ever created," Davis says.

Little Chicken's Big Day started as an idea from Davis' husband who creates feature animation. "You write it," Davis said. "It's not my story, it's your story." So he did, and she illustrated it.

The Curse of Addy McMahon, Davis' first middle-grade novel, "is a perfect example of how a book can be inspired by anything." In this case, a *New York Times* article about a road crew in Ireland that refused to knock down a tree in the way of construction because it was rumored to be a fairy tree and would bring bad luck. Davis created a sixth grade character named Addy McMahon who blames her bad luck on a great grand-dad who chopped down a fairy lair tree. She illustrated the novel with Addy's comic-book-style pencil drawings

Davis did not attend art school because her parents saw no financial future in it, but she enjoys testing her limits and experiments with a variety of illustration media for each book. *Who Hops?* and *Who Hoots?* are painted with acrylics, but Davis switched to pencil sketches colored in PhotoShop for *Mabel the Tooth Fairy* and *How She Got Her Job*. Davis describes the illustrations for *Kindergarten Rocks!* as "much more sophisticated than anything I've ever done." She digitized crayon-colored sketches and crayon-brushed them in PhotoShop. In *Little Chicken's Big Day*, Davis scanned her pencil sketches and added a digital overlay to create a smooth graphic look that brilliantly

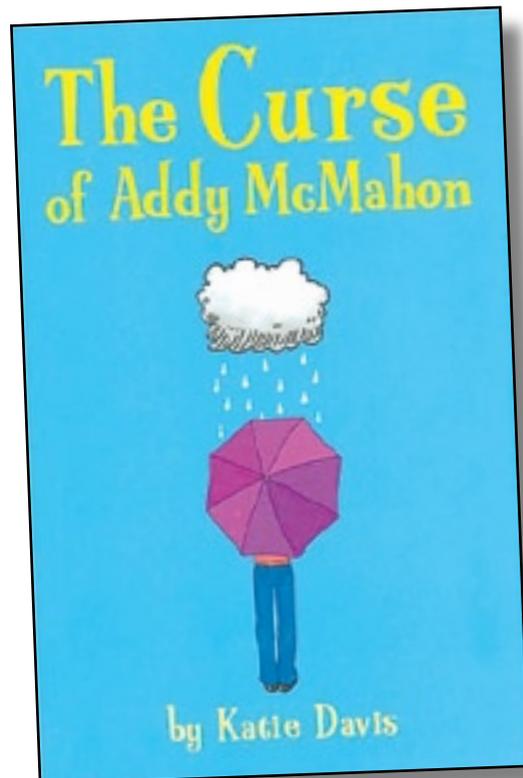


conveys Little Chicken's every emotion.

Davis is the mother of two teenagers and works from her home in New York. She laughs at the concept of a schedule, but divides her work hours between writing, illustrating, promotion, and her Katie's Brain Burps podcasts and webinars which feature authors, illustrators and other industry professionals. She says, "There is no rhyme or reason" to how she divides up her day. Whatever she's excited about.

Next month: Anna Dewdney

Patricia Newman is the author of Jingle the Brass (Farrar, Straus & Giroux), recommended by the Smithsonian National American History Museum. Her newest book, Nugget on the Flight Deck (Walker), received the California Reading Association's Eureka! Silver Honor Award for excellence in children's nonfiction. Visit her website at www.patriciamnewman.com to watch the trailer.



MORE ABOUT KATIE DAVIS

How to Contact KATIE DAVIS

Website: www.katiedavis.com

KATIE DAVIS' LIBRARY

Little Chicken's Big Day with Jerry Davis, Margaret K. McElderry, 2011.

The Curse of Addy McMahon, Greenwillow Books, 2008.

Kindergarten Rocks!, Harcourt, 2005.

Mabel the Tooth Fairy and How She Got Her Job, Harcourt, 2003.

Scared Stiff, Harcourt, 2001.

Party Animals, Harcourt, 2002.

Who Hoots?, Harcourt, 2000.

I Hate To Go To Bed!, Harcourt Brace & Company, 1999.

Who Hops?, Harcourt Brace & Company, 1998.

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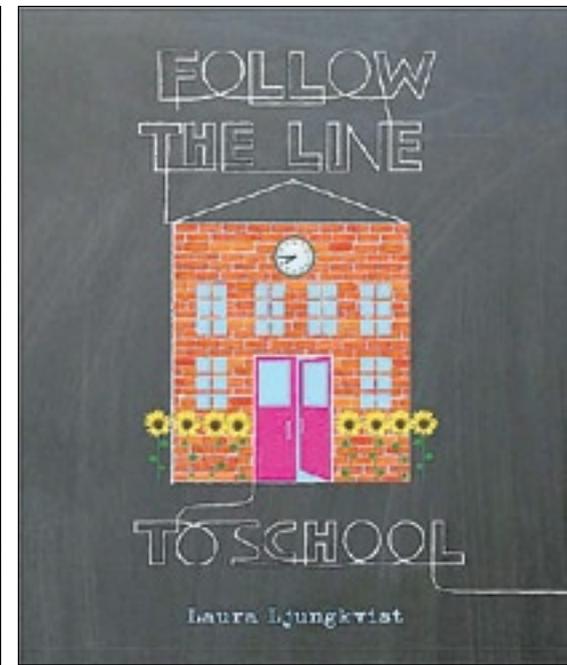
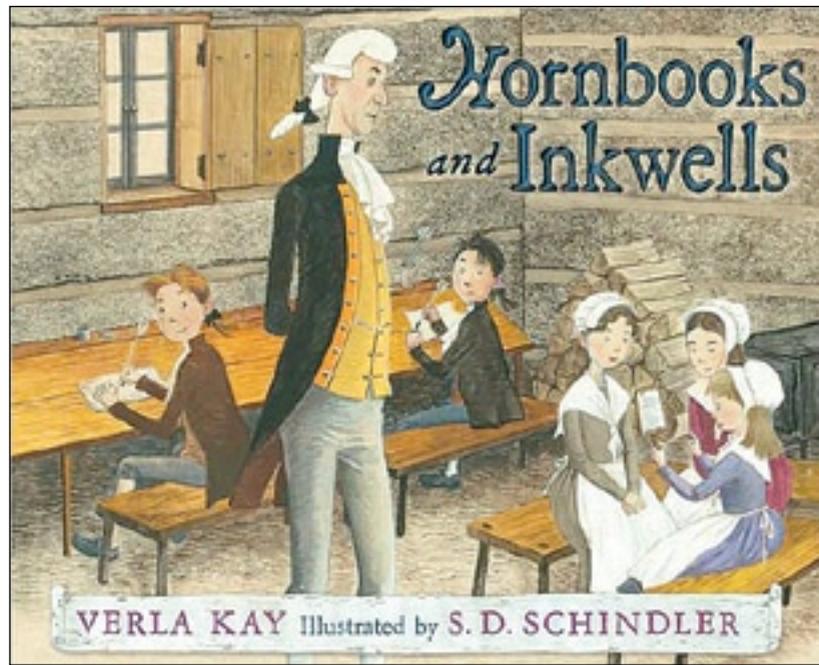
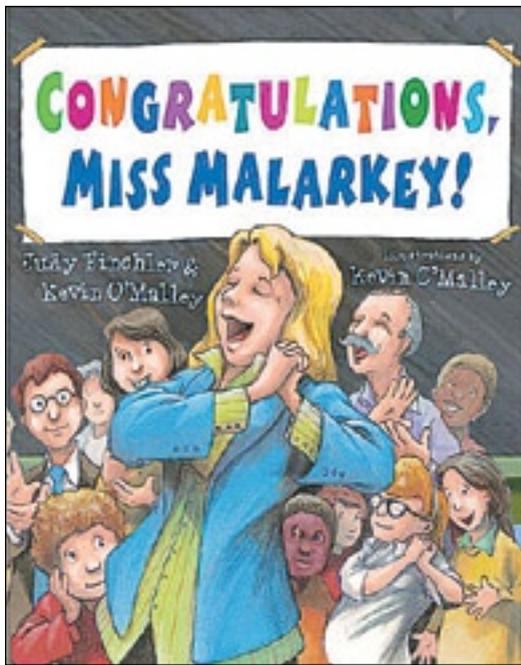
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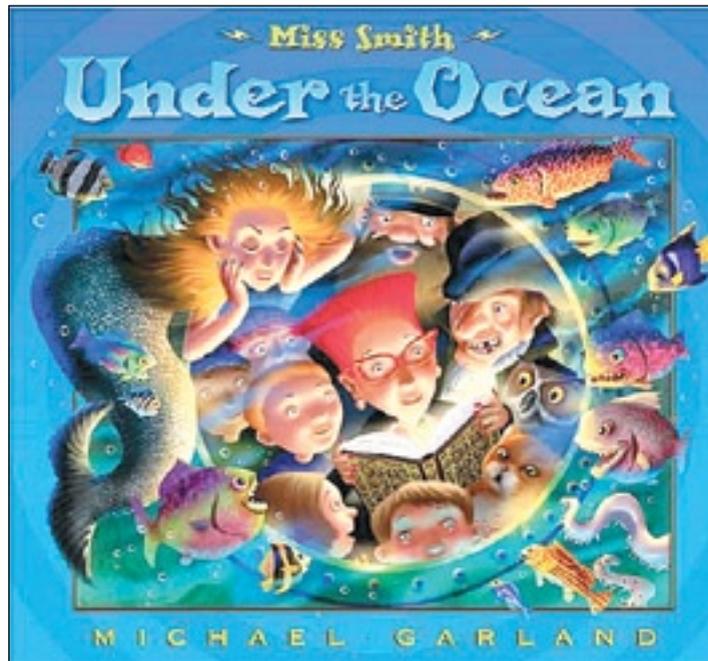
The Book Report It's Back to School Time!

By Connie Goldsmith

Whether your child is a kindergarten novice or an 'experienced' second grader, reading a book about school can pave the way back after summer break. You could say school is the work of children, and it helps if they're well-prepared. The very youngest child may ask, "What will I do all day?" Older children may worry about making friends. Back-to-school books can smooth away those worries. School may seem a little scary at first, but it won't be long until most kids feel right at home.

"Hornbooks and Inkwells," by Verla Kay, illustrated by S. D. Schindler. (Putnam). "Birch-bark paper, stripped from trees. Hornbook, inkwell, ABC's." See what school was like in Colonial days when kids walked to a one-room school house heated by a fireplace, where the school master might smack children with a stick when they misbehaved, or lock them in wooden neck yokes if they were especially naughty. Told in the author's signature cryptic verse, the story follows sibs Peter and John Paul through a school day during which they manage to get themselves in plenty of trouble (much like contemporary times). This lively book may remind your children they don't have it so bad after all. The art is filled with humor and charm, making it a perfect match for the text.

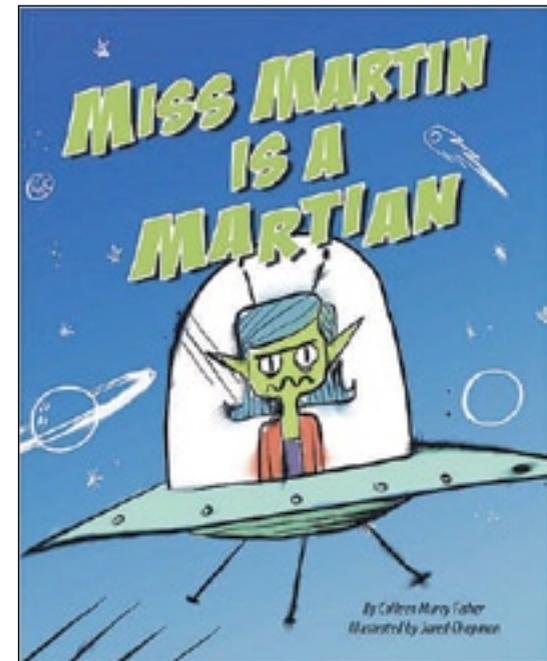
"Follow the Line to School," by Laura Ljungkvist. (Viking). Follow the line as it meanders through an empty school just waiting for young students to march in and begin their day. The innovative design leads young readers to all the fascinating activities that go on at school: the art and music rooms, the library, the science and math areas, the cafeteria and playground. Reading this book feels like sneaking into school a day early for a preview of what's to come. The art is detailed and interactive, filled with colorful things to count, questions to answer, and search and find



games. The message to young readers is reassuring: school is exciting and fun. This is the perfect "back to school," book, especially for newbies. ** Reviewer's pick of the month

"Congratulations, Miss Malarkey!" by Judy Finchler & Kevin O'Malley, illustrated by Kevin O'Malley. (Walker). Something's going on with everyone's favorite teacher. Miss Malarkey giggles and sings in the hallway. Did she win some money? Become an astronaut? Or worst of all, decide to quit teaching? The narrator says, "Miss Malarkey is the best teacher I've ever had. And I've had five whole teachers." Then she teaches a unit about weddings in world culture class. Finally, she reveals the big secret. Miss Malarkey is getting married! The whole school is invited to the festivities. The cartoon art is kid-friendly and accessible, making for a book that's as fun to look at as it is to read.

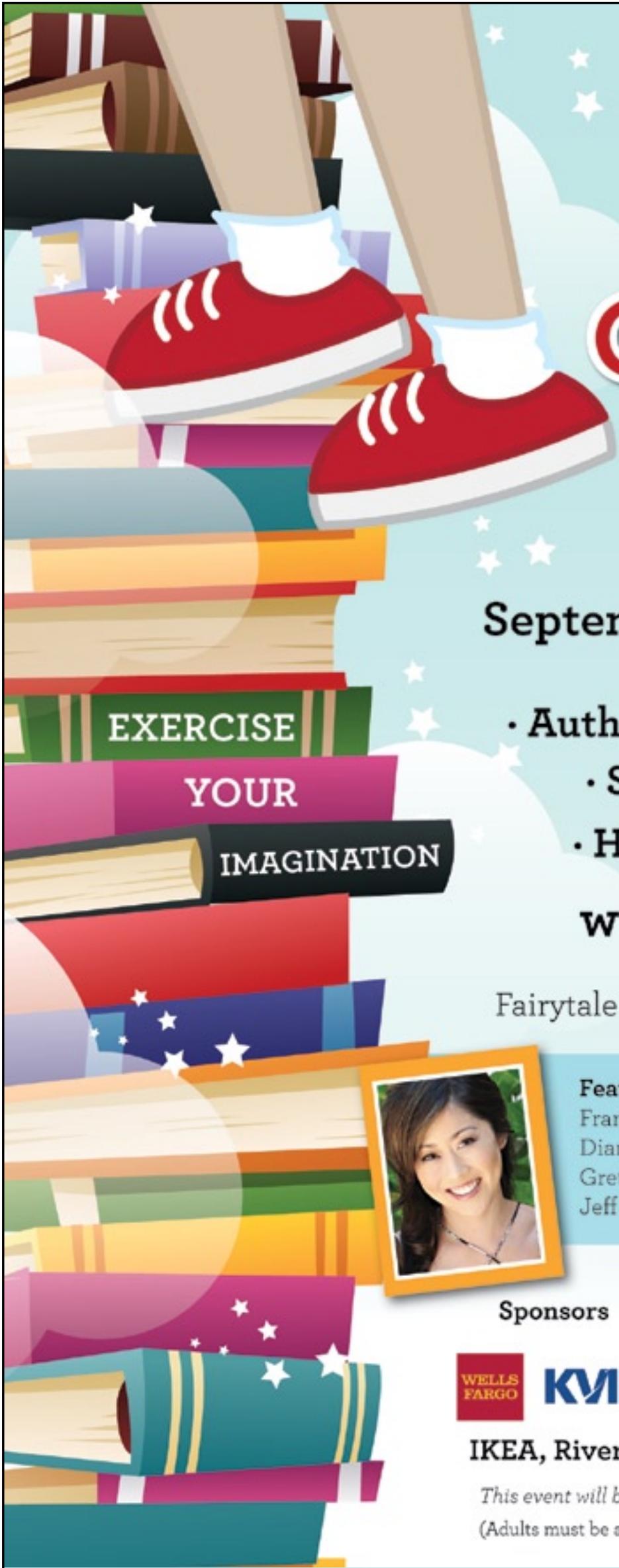
"Miss Smith Under the Ocean," by Michael Garland. (Dutton). Miss Smith has spiky red hair and wears red sneakers. And she's got her Incredible Storybook. Whenever Miss Smith takes her class on a field trip and opens the book, the story comes alive – literally – and the kids join in on the action. This time, it's a trip to the aquarium where Miss Smith's magic book brings a host of nautical characters to life. First, the kids find themselves in the Owl and the Pussycat's pea-green boat. Then Moby Dick nearly swamps the crowded vessel. The Little Mermaid squeezes in, as do



Captain Nemo and the pirates from Treasure Island. When Miss Smith reads the ending of each story, the characters jump back into their stories. While this book is entertaining in itself it also introduces children to famous stories in children's literature. The author/illustrator is at the top of his craft; any new Garland book is a cause for celebration.

"Miss Martin is a Martian" by Colleen Murray Fisher, illustrated by Jared Chapman. (Mackinac Island Press). Second-grader Melvin Eugene Baxter is convinced his new teacher is a Martian. All the signs are there. She knew Melvin ate the cupcake (or was it the chocolate ring around his mouth that gave him away?). And she must have X-ray vision because she knew Melvin and Billy messed up the washroom. She has brainwashing powers too, because all the kids like her. She must be planning on taking over the world. As the month goes by, Melvin realizes Miss Martin used her power to make him want to learn new things. Maybe she's not a Martian. Maybe she's a superhero from Saturn! The black and white drawings on lined school paper are a perfect accompaniment to this highly engaging book. This story is sure to get the giggles going.

Connie Goldsmith (HYPERLINK "<http://www.conniegoldsmith.com>") www.conniegoldsmith.com lives in Carmichael where she writes for adults and children. Her newest non-fiction juvenile books, "Leukemia," one of the USA Today Health Reports series, and "Battling Malaria," are available in school and public libraries, and at online booksellers.



Fairytale Town

ScholarShare

Children's Book Festival

September 24 & 25 • 10AM – 4PM
FREE ADMISSION!

- Author & Illustrator Presentations
- Storytelling Performances
- Hands-on literacy activities

www.fairytaletown.org

Information: 916-808-7462

Fairytale Town, 3901 Land Park Drive, Sacramento



Featured Authors & Illustrators: KRISTI YAMAGUCHI, Francisco Alarcon, Jorge Argueta, Ann Bowler, Tricia Brown, Dianne Danzig, Sue Fliess, Janie Havemeyer, Gianna Marino, Gretchen Maurer, Bethanie Murguia, Mira Reisberg, Jeff Savage, Dashka Slater

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Frankenstein

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from the classic novel
by Mary Shelley
He sought to
create a
man...
what he
created
was a
NIGHTMARE!



OCT 5 - 30, 2011

SIX DANCE LESSONS IN SIX WEEKS

By Richard Alferi
It's
Driving Miss Daisy,
meets
Tuesdays with Morrie,
with
The Golden Girls
thrown in.



NOV 9 - DEC 18, 2011

Ruthless!

Book and Lyrics by Joel Paley
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From the director of
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A hilarious spoof
of *All About Eve*,
Gypsy,
& *The Bad Seed*
**Murder has
never been so
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JAN 11 - FEB 19, 2012

Dial M for Murder

By Frederick Knott
"As you can see,
the best way to do it
is with scissors"
-*Alfred Hitchcock*.
Before it was
a classic film, it was
a hit Broadway play.
Hitchcock loved it
on stage. So will you.



FEB 29 - MAR 25, 2012

Barrymore

By William Luce
Drew survived
the family curse;
her Grandfather
wasn't so lucky!
A one-man tour-de-force
from the author of
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MAR 28 - MAY 6, 2012

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Based on the
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APR 25 - MAY 20, 2012

For the holidays, STC presents:

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- Opens September 24th -
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Performances are located in the West Sacramento Community Center

Admission is \$5 for all ages, Cash/Checks Only
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Saturday, October 15th performance will be
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Parking is FREE on site or at City Hall
For more information Call Doug Lawson
Children's Theatre Coordinator
916.558.2174

1075 West Capitol - West Sacramento, CA 95691



Maidu Museum and Historic Site exhibit

The Americana Indian: American Indians in the American Imagination
Curated by Brian Baker

Learn how these stereotypes relating to American Indians are imbedded everywhere. Examples include old time elixirs, soda bottles and toys to movies, sports teams and much more. Children 10 and under must be accompanied by an adult.

Maidu Museum and Historic Site is located at 1970 Johnson Ranch Drive, Roseville. Hours are: Monday to Friday, 9 a.m. to 4 p.m., Saturday, 9 a.m. to 1 p.m. and free 3rd Saturday evenings 6:30 to 8:30 p.m. For more information, visit www.roseville.ca.us/indianmuseum or call (916) 774-5934.



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Our Mission

The CCHAT Center-Sacramento is an auditory/oral school for children who are deaf or hard of hearing. Our children use hearing aids and cochlear implants to listen and develop spoken language. With intensive classroom instruction and daily individualized speech therapy, sounds begin to take on meaning, children learn to think about what they are hearing and spoken language develops.

Children from birth through eight years of age are enrolled with the goal of becoming competent in oral communication to achieve successful mainstreaming in their neighborhood schools, often by kindergarten or first grade. The CCHAT Center also provides education, support and encouragement for parents and families of the children we serve.

Funding

The CCHAT Center-Sacramento is a non-profit 501(c)(3) organization serving children and families from the Sacramento Valley and across northern California. Our intensive, early intervention program is staffed by highly trained specialists in education, audiology and speech pathology. The cost of this education is not fully absorbed by school districts that place children at the CCHAT Center. Therefore, the CCHAT Center must raise a minimum of \$20,000 through community support for each child we serve.

Charitable Contributions

You have the opportunity of a lifetime to make a difference in the lives of children who are deaf or hard of hearing. Donations we receive through June 30, 2012 will be matched through a grant from a private family foundation up to \$225,000. No donation is too small to help ensure these children succeed in the mainstream of life. Thank you for giving generously!

For More Information

Contact Licia King or Laura Turner, Principal, at 916-361-7290 if you have questions or need additional information. Please send contributions to CCHAT Center-Sacramento 11100 Coloma Road, Rancho Cordova, CA 95670.
United Way/ CSECC donors use organization code 111117.
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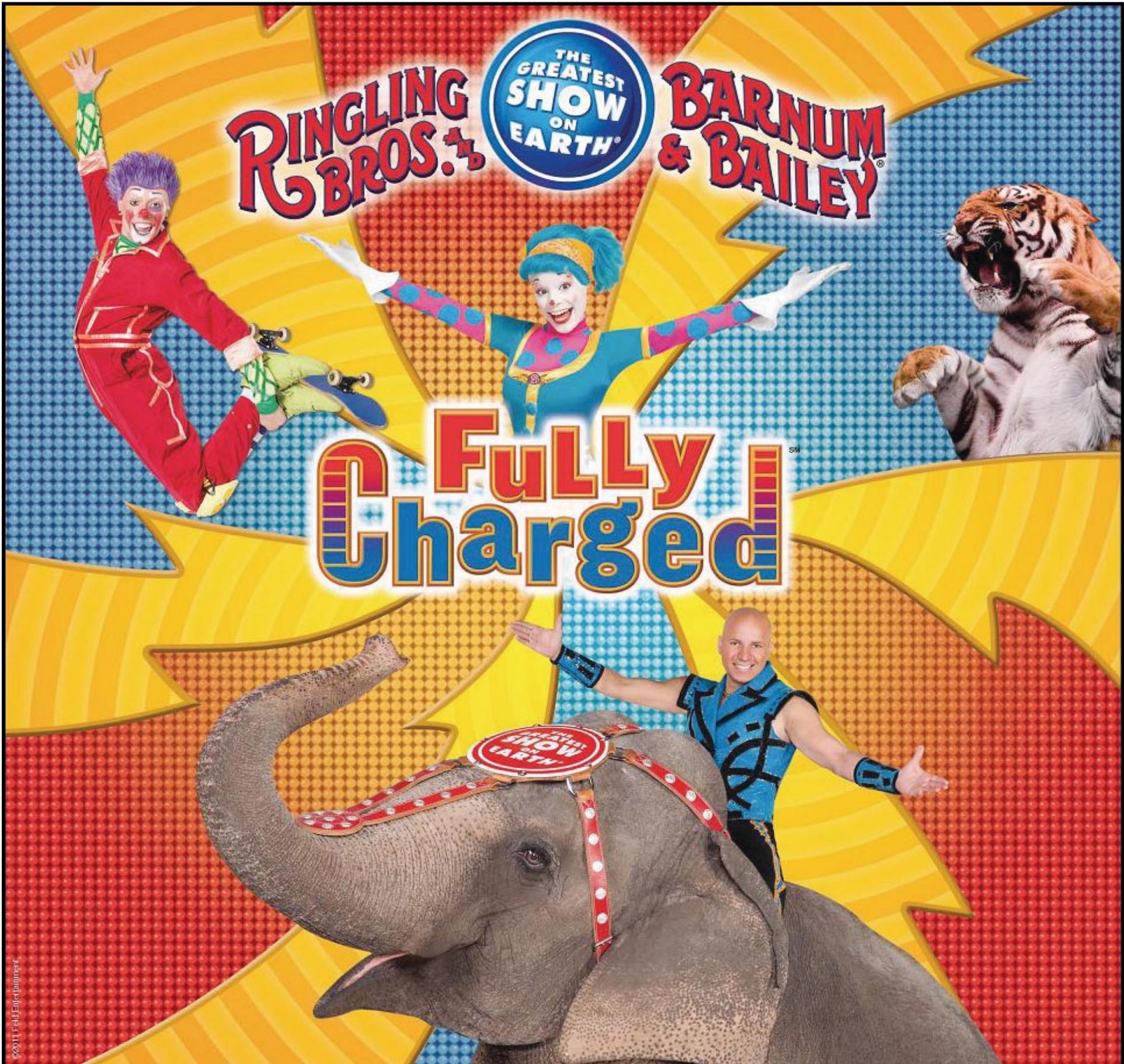
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OPENING NIGHT TICKETS HALF-PRICE!*	7:00 PM	11:00 AM 3:00 PM 7:00 PM	1:00 PM 5:00 PM

*Excludes VIP, Front Row and Circus Celebrity seats. No double discounts. Additional fees may apply.

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Regular Ticket Prices:

\$14 • \$17 • \$23 • \$38 VIP • \$60 Front Row • \$90 Circus Celebrity
Additional fees may apply. Limited Circus Celebrity, Front Row and VIP seats available. Call or go online for details.





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(916) 421-4963

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(916) 733-0271

"Out Teachers change the world one child at a time"
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Davis Farmers Market

Join the fun at the Farmers Market Fall Festival, Saturday, October 29, 8 a.m. to 1 p.m. in Central Park, 3rd and C Streets, Davis. This is a free family event with baby pigs, a petting zoo, pie-by-the-slice, live music, arts and crafts for kids.

The event is sponsored by the Davis Farmers Market Association. For additional information, call (530) 756-1695 or visit www.davisfarmersmarket.org



Old Sacramento Schoolhouse Educators Tour

More than the 3 R's (Reading, Writing and Arithmetic) early Sacramento teachers had to be resourceful as they taught the children of the pioneers. Families are invited to the Historic City Cemetery, Saturday, September 14, 10 a.m., to hear of the hardships and personal stories of these dedicated educators. The

cemetery is located at 1000 Broadway, Sacramento. Parking is located across the street from the 10th Street gate. Tours are free; however, donations are appreciated and go for restoration and preservation of the cemetery artifacts. For more information call (916) 264-7839 or (916) 448-0811 or visit www.OldCityCemetery.com.

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Download the Nature Treasure Hunt

The Nature Conservancy has developed a Nature Treasure Hunt that everyone can use. The Nature Treasure Hunt is a fun and simple downloadable activity that encourages parents and kids to explore the natural world.

The content has been created in such a way that children can participate anywhere: in their backyard, at a park and, of course, at a local Nature Conservancy preserve.

For more information on *The Nature Treasure Hunt*, visit www.nature.org.

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Effie Yeaw Nature Center

Park entrance fee: \$5 per car or FREE to ARNHA members. Open Wednesday through Sunday from 9 a.m. to 5 p.m. Programs FREE unless stated otherwise (Donations welcome)

Saturday, September 3, 10:30 a.m., Turkey Vultures

What bird eats meat but can't kill its own food? These relatives of the condor and stork are intelligent, family-oriented and play games together! Learn more about the amazing turkey vulture and their importance to our ecosystem.

Saturday, September 10, 10:30 a.m., Exploring the Maidu Village

How were tule shelters, grinding rocks, and acorn granaries made and used by Nisenan Indians? Find out by joining a naturalist for a guided tour of the Nature Center's replica Nisenan Summer Village.

Saturday, September 17, 10:30 a.m., Hawk Talk

Come learn about these amazing raptors that have color vision eight times better than humans. Get a rare close look at a red-tailed hawk and learn more about the hawk family, which includes eagles and kites.

Saturday, September 24, 10:30 a.m., Sacramento Storytellers

Come to the Nature Center to hear some exciting tales told by the Sacramento Storytellers Guild. Suitable for all ages.

**Saturday, September 24, 8 a.m. to 3 p.m. Maidu Cultural Program Teacher Inservice

Join the Center's knowledgeable naturalists for a teacher inservice that covers historical life of the Valley Nisenan Maidu people in our area, including power point presentations, classroom activities and an ethnobotany walk. Includes a copy of The Valley Nisenan Curriculum Guide and lunch. This is a standards-based program that addresses social science and science standards. Cost: \$60.00

**Saturday, October 15, 8 a.m. to 3 p.m., Science Standards: Connecting Children to Our Environment, Teacher Inservice

Explore nature's ecosystems using the senses, arts, and language. Learn to use cooperative games to teach environmental principles. Take a guided walk to learn plant and animal adaptations and how man has affected the natural habitats. Acquire tools that address the K-8 science standards. Lunch and a binder filled with information and classroom activities are included. Cost: \$60.00

FOR BOTH TEACHER INSERVICES REGISTER ONLINE AT: www.sacnaturecenter.net

The Nature Center is located in Ancil Hoffman County Park, at California Avenue and Tarshes Dr., Carmichael. For more information, call (916) 489-4918.

Hawk Talk Program

Come to the Effie Yeaw Nature Center, September 17, at 10:30 a.m., and learn about these amazing raptors that have color vision eight times better than humans. Get a rare close look at a red-tailed hawk and learn more about the hawk family which includes eagles and kites. Meet Tanner, the resident Red-tailed Hawk. Effie Yeaw Nature Center is located at 2850 San Lorenzo Way, Carmichael. For more information, call (916) 489-4918.



Ice Cream Wordsearch

N	Y	T	A	E	D	N	R	D	Y	B	G	D	L	G	J
J	Y	B	U	G	C	V	W	I	S	I	B	R	F	N	I
N	I	E	A	T	Y	U	E	K	P	Q	R	E	R	K	C
D	C	T	H	Y	I	A	C	R	B	C	T	M	N	D	
Z	E	A	F	V	Z	Y	D	I	I	A	Y	S	S	Y	N
W	C	L	A	Y	N	I	N	A	N	N	C	Y	R	S	O
N	R	O	T	L	P	S	U	W	K	A	D	O	O	G	J
H	E	C	W	X	L	T	S	G	L	N	W	E	M	F	D
U	A	O	H	X	C	I	F	Q	E	A	P	A	C	Q	Y
X	M	H	B	K	G	P	N	Y	S	S	P	E	F	S	Q
O	F	C	C	O	N	E	T	A	H	P	D	D	Y	E	B
A	L	V	V	Y	G	F	S	J	V	L	Y	V	G	E	R
T	I	F	M	J	Z	R	S	D	P	I	U	F	S	B	T
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Y	B	D	Q	G	W	O	U	T	J	O	R	Y	W	U	P
M	P	G	Q	H	G	U	R	B	N	A	C	T	Q	C	O

banana split

chocolate

cold

cone

ice cream

oyster

sprinkles

sundae

vanilla

wafer



www.ActivityVillage.co.uk - Keeping Kids Busy

44th Native American Day Celebrating Honored Elders

The 44th Annual Native American Day Celebrating Honored Elders event on Thursday, September 22, 10 a.m. to 2 p.m., has been combined with the State Indian Museum's Honored Elders Day for 2011. The event is devoted to honoring the Elders who maintain Native culture, including stories, languages, and traditions for today and for future generations. Guests will enjoy cultural demonstrations, compelling guest speakers, the Tule River Color Guard, traditional games, music and dancing, artisans showcasing their wares, informative booths, including an update on the exciting new

California Indian Heritage Center project and much more. Then, following the fun and lively event, it's a perfect day to stop by the State Indian Museum (located on the grounds of Sutter's Fort State Historic Park) to learn and explore even more about Native culture. While the event at the State Capitol South steps (near 11th and N Streets) is free that day, normal Museum hours and admission prices apply.

For more information about the Native American Day Celebrating Honored Elders event, contact the State Indian Museum at 916-324-0971 or visit www.parks.ca.gov/indianmuseum.

orange county's Great Park in Southern California

On your next road trip anywhere near www.anaheimoc.org - Orange County in sunny Southern California, stop and spend some time checking out what will one day be grander than Central Park in New York and Stanley Park in Vancouver.

This spectacular park in progress will soon rival the big guys. Still under construction, and in the beginning phases at the site of the former El Toro Marine base, this giant spectacle and history-in-the-making will one day cap out at more than 1300 acres, dwarfing Central Park.

Morphing slowly into gardens, waterways, agriculture, trails and even museums, it's a site to behold. The Great Park's stupendous master plan will incorporate environmental sustainability. The goal is to work to preserve Orange County's rich agricultural and military history. Great pains are being taken to set a new standard for both sustainable park design and urban planning. The master plan carries the vision and the hope that Orange County will, with the completion



of this gem, be added to the inventory of national treasures and set a new and higher standard for other great metro parks around the world.

Your clan can take a taste of the excitement and whet your appetite by riding a helium filled and tethered balloon 400 feet over the park to catch a bird's eye view of the huge undertaking as it progresses.

Wanna-be junior gardeners can take free gardening classes from the masters, or

BALLOON FAQs

DID YOU KNOW?

The Great Park Balloon is one of the world's largest helium passenger balloons.

- Balloon is filled with 210,000 cubic feet of helium
- Tethering cable tested to 50 tons
- Flies to 400 feet
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- Gondola carries up to 30 passengers
- Wheelchair friendly

take a whimsical carousel ride. Weekends offer a terrific farmer's market. Evenings show off well known bands and performers in the beautiful amphitheater. Dances, concerts, outdoor movies and more add

to the fun. Whichever way you choose get a sample of the coming attractions, you're sure to have great fun at www.orgp.org Orange County Great Park. www.orgp.org.

Happy Grandparent's Day

September 11.

Have Fun Coloring!

www.ActivityVillage.co.uk



Nurturing the "Grand" in Grandchildren

How grandparents can help young children reach their full potential

A message brought to you by First 5 Sacramento

develop a healthy lifestyle even at a very young age.

A grandparent's love and support has a positive impact on children, particularly in the early years of a child's life. First 5 Sacramento recognizes the important role grandparents play in the lives of young children. Below are helpful tips on how grandparents can support their grandchildren in their early years.

- Keep physically fit together – indoors and outdoors – by stretching, playing hide-and-go-seek, dancing or walking around the neighborhood.

- Limit a child's time watching television, on the computer or playing video games so they can have a more active lifestyle.

Pass on Traditions

Sharing stories helps develop a child's mental, verbal and communication skills.

- Share family stories with grandchildren.
- Provide kids with wisdom and guidance—grandma and grandpa can be great role models.
- Describe the "good old days" in ways that help kids understand their own life and the world around them.

- Pass the peas – or oranges, apples and broccoli. Help your grandchildren develop healthy eating habits by encouraging them to eat at least five servings of fruits and vegetables every day.

Create Teachable Moments

Reading to children and playing creative games at an early age helps prepare them for success in school.

- Play games like "peek-a-boo" when they are babies and word games when they are in preschool. Games help kids



learn colors, shapes, numbers and letters in a fun way.

- Read rhymes and stories or sing songs together. Choose books that encourage kids to touch and point to pictures.

- Show kids how to play well with others. Teach cooperation and sharing by taking turns and working together to finish a project, put away toys or solve a puzzle.

First 5 Sacramento encourages all grandparents and other caregivers to learn about local resources that can help young children. For more information, please call (916) 876-5865 or visit www.first5sacramento.net.

About First 5 Sacramento
Research shows that a child's brain develops most dramatically in the first five years and what parents and caregivers do during these years to support their child's growth will have a meaningful impact throughout life. Based on this research, California voters passed Proposition 10 in 1998, adding a 50 cents-per-pack tax on tobacco products to support programs for expectant parents and children ages zero to five. In the last year, First 5 Sacramento distributed approximately \$14 million a year in Prop 10 revenues to programs and services that meet local needs. Each county has a First 5 Children and Families Commission providing unique local services for that county. Surrounding First 5's include: First 5 Yolo: 530-669-2475; First 5 Placer: 530-745-1304; and First 5 El Dorado: 530-672-8298.

REAL TRAINS. TOY TRAINS. ALL ABOARD!

Weekend Train Rides Are a Great Way to See Your River AND Have Some Fun

VISIT the California State Railroad Museum in Old Sacramento, open daily 10 a.m. – 5 p.m. It's a family learning experience that will delight like no other.

EXPERIENCE your childhood again as you tour *Small Wonders: The Magic of Toy Trains*, America's most comprehensive toy train exhibit.

RIDE behind an authentic steam locomotive for a 40-minute ride atop the Sacramento River's levees, departing Old Sacramento every Saturday and Sunday hourly 11 a.m. – 5 p.m. April–September.

SHOP for children's items, gifts, books, DVDs, clothing and dazzling reproduction dining car china at our Museum Store — a year-round supplier of *Chuggington* and *Thomas* products!



CALIFORNIA STATE RAILROAD MUSEUM
Corner of 2nd and "I" Streets, Old Sacramento
(916) 445-6645 www.californiastaterailroadmuseum.org





Calendar of Events

for winter at this workshop. Plus, explore alternatives to lawn. There will be a plant clinic available, so bring your plant samples, pest mysteries and questions. This event will be held in the Horticulture Center rain or shine.

September 24, 3 R's Program, 10 a.m., 1000 Broadway, Sacramento. More than the 3 R's (Reading, wRiting and aRithmetic) early Sacramento teachers had to be resourceful as they taught the children of the pioneers. Join others at the Historic City Cemetery to hear of the hardships and personal stories of these dedicated educators. Parking is across the street from the 10th Street gate. Tours are free, however, donations are appreciated. For more information, call (916) 264-7839 or 448-0811.

September 24, Book Festival, 10 a.m. to 4 p.m., 3901 Land Park Drive, Sacramento. On Saturday and Sunday, celebrate literacy at Fairytale Town with this two-day free event. Activities include ongoing author and illustrator presentations on the Mother Goose Stage, a wide array of hands-on literacy activities provided by several local area arts organizations. For more information, call (916) 808-7462.

Thursdays, Sing-Along Programs, 4 p.m., 7400 Imagination Parkway, Sacramento. Kids age 3 to 7 and their parents are invited to hear the musical fun of neighborhood favorite, Mr. Cooper at Valley Hi-North Laguna Library. Mr. Cooper will present his 30-minute sing-alongs each Thursday through August 4. For more information, call (916) 264-2920 or visit www.saclibrary.org.

Storytime

September 24, 10:30 a.m., 2850 San Lorenzo Way, Carmichael. Join the fun at the Effie Yeaw Nature Center and hear some exciting tales told by the Sacramento Storytellers Guild. Suitable for all ages. For more information, call (916) 489-4918.

Wednesdays, Storytime, 11 a.m., 6700 Auburn Boulevard, Citrus Heights. Sacramento Public Library invites preschoolers (18 months to 3 years) and their caregivers to enjoy stories, rhythm activities, action songs and puppets at Sylvan Oaks Library. The weekly story times run through July 27. For more information, call (916) 264-2920 or visit www.saclibrary.org.

North Highlands-Antelope Library celebrates its 10th anniversary

The Sacramento Public Library invites the community to celebrate the 10-year anniversary of its North Highlands-Antelope branch on Saturday, September 17, from 2 to 4 p.m., at 4235 Antelope Road, Antelope.

Hosted by the Friends of North Highlands-Antelope Library, the free and family-friendly festivities will include celebration remarks by local officials, face painting and balloon animals by Glitter the Clown, ice cream and beverages, and a history display of the library branch. For details, call the Sacramento Public Library at (916) 264-2920 or visit www.saclibrary.org.

Hands on History Harvest Time

Before gold was discovered in 1848, John Sutter had initially envisioned an agricultural empire and had amassed 10,000 cows, 5,000 sheep, more than 2,500 horse and mules and produced an amazing 50,000 bushel wheat harvest. Then, just when he was ready to reap the rewards of his hard work, the Gold Rush derailed his plans -- his land was overrun by gold seekers, his crops were trampled or neglected and his livestock stolen or chased away. Sutter's diligence eventually prevailed and his dreams of an agricultural bounty were realized.

During the next "Hands on History: The Real Gold in California" event, Saturday,

September 17, 10 a.m. to 5 p.m., visitors to Sutter's Fort will participate in corn shucking contests, threshing, winnowing and grinding wheat and watch demonstrations of goat milking, spinning and weaving wool, roping and property branding. There will be cannon firing demonstrations at 11:30 a.m., 1:30 and 3:30 p.m.

Special event pricing is \$6 per adult (18 and older), \$4 per youth (ages 6-17), free for children 5 years and under. Sutter's Fort State Historic Park is located at 2701 L Street, Sacramento. For more information, call (916) 445-4422 or visit www.parks.ca.gov/suttersfort

Life on the Ranch

Find out how families lived during Mexican Rancho and early dairy ranching days at the Wilder Ranch State Park's Family Living History Days. The event will be September 17, 11 a.m. to 3 p.m.

Activities include a selection of hands-on activities and demonstrations and may include draft horse wagon rides, branding, horseshoes, hand-making tortillas and salsa, chuck wagon style cooking, roping skills and lawn games. Come for a picnic on the lawn and follow it up with a game of tug of war, sack races, hoops, stilts, bubbles, and more. The event is held on the grounds of the Wilder Ranch Cultural Preserve. The park is located 2 miles north of Santa Cruz on the coast side of Highway 1 at 1401 Coast Road, Santa Cruz. The event is appropriate for all ages. For more information, call (831) 426-0505.

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Parties! Parties! Parties! Parties! Parties! Parties! Parties! Parties! Parties!

Birthstone Birthday Party Theme

Birthstone colors are a great way to start building a theme for a birthday party.

Birthstone Party Invitations

- Match the color of the invitation to the birthstone color. Use different shades of the color or use the birthstone color and a complimentary color to highlight the birthstone color.

- Use fun embellishments on the invitations such as matching rhinestones, boa feathers, buttons or stickers.

- Find inexpensive costume rings in your birthstone color and slip the rolled up (like a tube) invitation inside the ring.

Birthstone Party Decorations Decorate the Birthstone party with all shades of your birthstone color. Use streamers, boa feathers, balloons, tissue paper ... anything in your colors. Set up pretty clear vases on the party tables filled with either rhinestones, rocks, marbles, feathers, or buttons in your birthstone color. Use costume rings as napkin holders. Set out lots of rhinestone stickers and let the guests decorate their cups in their birthstone color.

Activities • Decorate wooden jewelry boxes (they have inexpensive ones at craft stores) with paint, feathers and rhinestones. • Decorate picture frames with boa feathers, buttons, or rhinestones. **Party Favors** – If you can find out ahead of time what the birthstone colors of your guests are you can buy party favors in their colors to send home with them after the party. Rings, necklaces, lip gloss, nail polish, fun toys in your birthstone color such as balls, bubbles, jump ropes, etc.

Beauty Party - Beauty Birthday Party Ideas

www.birthdpartyideas4kids.com

Beauty Party Invitation Ideas

- Print party invitation information on a label and stick it to bottles of lotion, perfume or nail polish.

- Download a lipstick font and use it when you print the party information, or on the front of note cards.

- Write party information on sleep masks and send to guests.

- Ask guests to bring robes and slippers ... or arrive in their pajamas to the Beauty Party.



Decorations

Decorate the Beauty party in pinks, reds and touches of purple or blue. Red or pink table cloths with glitter or confetti spread on the table. (Cover with a clear plastic table cloth). Pink and red streamers and helium balloons.

send a hairdresser to the party to give the girls updo's for a set price. • Paint Nails and Toenails • Provide mirrors and try on hats, sweaters, scarves with big dressy jewelry and have a fashion show to music or have one party participant be the emcee.

blindfold and does the makeup of the third person. Draw numbers to determine the order. Really funny - take pictures so you can keep the memories.

- Guess and Win Game –Fill a see through jar with lots of small candies, nail polish, eye shadows, q-tips, hair ribbons, pony tail holders, jellybeans, skittles, marbles or rings. Count them before you put them into the jar. As the girls arrive for the birthday party have them guess how many toys or candies they think are in the jar. Write down each birthday party guest's guess. At the end of the birthday party reveal who guessed closest to the right number. The winner takes home a small prize, or the whole jar with its contents!

- Don't say it! –Give out bead necklaces to each person as they arrive. tell them that if they say birthday at all through the party they have to give the person they said it to their beads. the person who has the most beads at the end of the party wins and gets a prize. (singing happy birthday does not count).

Activities

- Hair Styles - Have a parent style the girls hair. For more fun check to see if a local beauty parlor will

Beauty Party Games

- Nail Polish Birthday Spin Game-Place several colors of nail polish in the middle of a circle of girls. Have the first girl spin a bottle of nail polish. Who ever the cap is pointing to when it is done spinning must paint one of her fingernails that color. Then that person spins the next color of nail polish and so on. Paint your toes also to make the game last longer.

- Blind Make Over–The first person puts on a blindfold and does the makeup of the second person. Then when they are done the second person puts on the

Beauty Party Food Ideas:

Chocolate covered strawberries, Sparkling grape juice in champagne flutes, Tea cakes, lemon squares, trays of chocolates, fruit platter

Party Favor Ideas:

Nail polish, sleep masks, foot scrub, bubble bath, eyeshadow, body glitter, makeup, pony tail holders, hair ribbons, makeup bag, small basket, combs and brushes and mirrors.



Parties! Parties! Parties! Parties! Parties! Parties! Parties! Parties! Parties! Parties!

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