

October 2012

California Kids!

Free!

Valley Community Newspapers, Inc. • 2709 Riverside Boulevard, Sacramento, CA 95818 • www.valcomnews.com
Publishers of the Arden-Carmichael News, the East Sacramento News, The Land Park News, The Pocket News, and The Valley Shopper.



SAINT JOHN THE EVANGELIST CATHOLIC SCHOOL

PRESCHOOL, TK & K TO 8TH GRADE

OPEN HOUSE EVENT

SJE

THURSDAY, OCTOBER 25TH 9:00-11:00 AM

5701 LOCUST AVE., CARMICHAEL, CA 95608 • (916) 481-8845

COME AND MEET THE STAFF, TALK TO PARENTS, AND TOUR THE FACILITIES. WE NOW HAVE A NEW PRESCHOOL CAMPUS!

LICENSE #343617176



Table of contents

Wordsearch:
Happy Halloween!.....page 7

Make it Yourself!.....page 8

Who Wrote That? Ashley Wolff
 by Patricia M. Newman..... page 12

The Book Report:
Watch out - it's Halloween!
 by Connie Goldsmith page 14

Meet Shani, The Newest Resident at the Zoo..... pages 16-19

Calendar of Events page 22-23

Parties! Parties!..... pages 26-27

Please Recycle this Paper, Thank You!



KID'S SALE
 Shop and sell at the Leading Children's and Maternity Consignment Sales Event!™
Vacaville and Elk Grove Sales
 Oct 4-6 Oct 19-21
 The Mission Church 6391 Leisure Town Rd 6391 Leisure Town Rd
 California Wedding Hall 7323 Home Leisure Plaza
 Presented by parent
jbfsale.com
 shop. sell. save. smart!™ FREE ADMISSION WITH THIS AD
 \$2 ADMISSION ON FRIDAY ONLY

SACRAMENTO PIANO CONSERVATORY
 3500 Power Inn Rd. Suite A

- Offering:
- Group piano lessons for kids ages 2-10
 - Summer music camps
 - Private lessons for all ages and adults
 - The only Music for Young Children studio in greater Sacramento



www.SacPiano.com • 916-538-3357

California Kids!

www.valcomnews.com

Publisher: George Macko
General Manager: Kathleen Egan
Contributing Writers: Connie Goldsmith, Patricia M. Newman
Art Director: John Ochoa • **Graphic Artist:** Serene Lusano
Sales Manager: Patty Colmer
Advertising: Jen Henry • 916-429-9901
Distribution/Subscriptions: George Macko
Cover Photo: Storm Trooper: Doug Kline; Cupcake: Quinn Dombrowski

California Kids! is published monthly and distributed to more than 1,000 locations in the Sacramento Valley, including all of Sacramento County, and portions of Yolo (Davis and Woodland), Placer (Auburn, Newcastle, Rocklin and Roseville), El Dorado (Cameron Park, El Dorado Hills, Placerville), and Nevada (Grass Valley, Nevada City) counties.

Subscriptions are available for \$30/year. Mail prepaid check or money order to California Kids!, 2709 Riverside Boulevard, Sacramento, CA 95818. Make sure to specify the person and address to which you wish issues to be mailed.

Deadlines for advertising and calendar listings are the 25th of the month prior to publication. Calendar listings should be mailed to 2709 Riverside Boulevard, Sacramento, CA 95818, faxed to (916) 429-9906, or e-mailed to kathleen@valcomnews.com.

Copyright 2012 by Valley Community Newspapers Inc., 2709 Riverside Boulevard, Sacramento, CA 95818. Phone: (916) 429-9901. Fax: (916) 429-9906. E-mail: kathleen@valcomnews.com. All rights reserved. Reproduction in whole or in part without written permission is prohibited.

TWO NIGHTS OF GHOULISH FAMILY FUN AT THE ZOO!

Boo at the Zoo!

OCTOBER 30 AND 31
5-8 PM

- Safe Trick-or-Treating
- Lots of Candy Stations
- Magic Shows featuring Trevor the Magician
- Costume Dance Party
- Ghoulish Crafts
- Creepy Carousel
- Spooky Train Ride

Sponsored by: **jiffylube**

Member Advance Tickets: \$8
 Non-Member Advance: Tickets: \$10
 Day of Ticket Prices: \$12
 (no discounts)

Event fun takes place around the lake. Other areas of the Zoo will be closed.

BUY YOUR TICKETS IN ADVANCE!
saczo.org
916.808.5888



WHAT DO YOU SEE?

*We see the youngest lives saved.
 You see your child in the best possible hands.*

As the region's nationally ranked, comprehensive children's hospital, UC Davis saves the lives of children every day. Here, parents find family-centered care from world-renowned health-care experts on the leading edge of pediatric medicine. With state-of-the-art neonatal, pediatric and pediatric cardiac intensive care units and a host of pediatric specialists available 24-hours a day, UC Davis offers expert care close to home - bringing families peace of mind.

To learn more, visit YouSeeTheFuture.UCDavis.edu. For more information, call **800-2-UCDAVIS**.

YOU SEE REASSURANCE **UCDAVIS**
HEALTH SYSTEM

Concerned Parent or Grandparent?

A child with special needs should be receiving:

- Psychological testing
- Interventions
- Speech/language therapy or occupational therapy
- Academic progress monitoring

With deep budget cuts in education, your child may not receive the services from school he/she so greatly deserves. Unless they have an advocate.

Dr. Joseph Todd Jones
Special Education Advocate
Licensed Educational Psychologist
(760) 809-3116 • www.toddjones.org
toddjones@toddjones.org
Serving the State of California



Send us your local sports team updates!
editor@valcomnews.com

NANNA'S CHILD CARE CENTER



- Quality child care center
- Christian based
- 6 weeks to pre-K
- Secured Access
- Our Center offers a Pre-Kindergarten Readiness Program
- An Affordable Quality Center – Where Quality Begins With Us!

Accepting Child Action

50% OFF Registration
in October with this ad

916-737-5209

EAST SACRAMENTO
Hwy 50 exit @ 65th Street
Light Rail Station within walking distance
Lic# 343615965 • Lic# 343615964

Halloween is Here!!

Halloween has arrived at Once Upon A Child. We have frightfully good deals on all of our Halloween costumes. No matter what you are looking for, from spooky vampires to itty bitty ladybugs, we have you covered.

\$5 off your next gently used purchase of \$25 or more!

Expires 10/31/12. Offer can only be used once and can not be used in conjunction with any other offer, discount, gift card purchase or prior purchase. No cash value.

Once upon a child
3186 Arden Way • Sacramento 95825
916-488-8861 • www.OnceUponAChildArden.com

Still have your kids' costumes from last year? Bring them in for \$5 on the spot.

Fairy Tale Town Calendar

Friday, October 12, 10th Annual Fairytales Golf Tournament

Enjoy a day swinging clubs on the green and competing for the Humpty Dumpty Trophy in this 18-hole tournament at the Empire Ranch Golf Club in Folsom. A 1 p.m., Shotgun start. Enjoy a buffet dinner, raffle, live auction and awards presentation following the tournament. Proceeds support programs and improvements at Fairy Tale Town. Foursomes are \$750. Single players are \$200 each. For more information and to register for the Tournament, visit fairytaletown.org.

Friday, Saturday and Sunday, October 26 - 28, 26th Annual Safe & Super Halloween: A Grimm Halloween

The Grimm brothers' classic fairytales come to life during three nights of trick-

or-treating and family fun, from 5 to 9 p.m. This event also features thematic decor, fun hands-on activities, a costume parade and more. Puppet Art Theater Company will perform in the Children's Theater at 6, 7 and 8 p.m. (additional cost). Advance tickets are \$7 members and \$10 nonmembers. Beginning October 26, tickets are \$9 members and \$12 nonmembers. For more information, visit fairytaletown.org or call (916) 808-7462.

Thursday, November 1 to Thursday, February 28, Winter Hours Start

Beginning November 1, Fairy Tale Town will be open Thursdays through Sundays from 10 a.m. to 4 p.m. for the winter season, weather permitting. Weekday admission is \$4 for adults and

children ages 2 and older. Weekend admission is \$5 for adults and children ages 2 and older. Children ages 1 and under are free. For more information, visit fairytaletown.org or call (916) 808-7462.

Friday, November 24, Free Admission Day and Canned Food Drive

On the day after Thanksgiving, from 10 a.m. to 4 p.m., Fairy Tale Town offers free admission to families who bring a canned food item for donation to the Sacramento Food Bank & Family Services - Holiday Spirit of Giving Food Drive. The day also includes free arts and crafts activities and a puppet show (additional cost). For more information, visit fairytaletown.org or call (916) 808-7462.



Photo courtesy Fairy Tale Town

Have fun coloring!



www.ActivityVillage.co.uk - Keeping Kids Busy

EYE FIX FRAMES

Eyeglass Repair Services & Alterations

(916) 422-2562

EyeFixFrames.com

6955 Luther Drive
Sacramento 95823

(Off Florin Rd. near Luther Burbank H.S.)

Davis Waldorf School

PRESCHOOL AND KINDERGARTEN

Educating for creative thinking



- Play and nature-based curriculum
- Mature, experienced, loving teachers
- Warm and welcoming community life
- Protection for the wonder and wisdom of childhood
- Beautiful five-acre campus

Preschool-8th Grade Since 1986 (530) 753-1651 www.daviswaldorf.org
Applications available online or call our office for more information

"There are many little ways to enlarge your child's world. Love of books is best of all."

- Jacqueline Kennedy



The Book Den invites families who value reading to check out our great selection of gently used children's books:

- Colorful read-to picture books
- Chapter books for growing skills
- Non-fiction to open up the world
- Popular series just for fun

We have lots of adult books for Mom and Dad to enjoy, too.

Open Thursday - Saturday, 9am to 2pm
8250 Belvedere Avenue, Suite E
(916) 731-8493 • fspl@att.net

Sponsored by the Friends of the Sacramento Public Library



26th Annual Safe & Super Halloween

Grimm Halloween

Three nights of trick-or-treating & family fun!
October 26, 27 & 28 • 5 - 9 PM

Wander through the Grimm Brothers' classic fairytales!

Visit Sleeping Beauty's Castle

Venture through Little Red Riding Hood's Forest

Sneak a peek at the Evil Queen's Lair

17 Candy Stations • Costume Parade • Hands-on Activities • And More!

Tickets at www.fairytaletown.org

Sponsored by **Smile**

Fairy Tale Town

FAIRYTALE TOWN • 3901 LAND PARK DRIVE • SACRAMENTO

Library Warehouse Sale

More than 70,000 "gently used" books, videos, records, and books-on-cassettes will be offered for prices from fifty cents to \$2 at the October 6 and 13 sale at the warehouse of the Friends of the Sacramento Public Library.

The warehouse is at Suite E, 8250 Belvedere Avenue, just south of 14th Avenue, between Power Inn Road and Florin-Perkins Road. Sale hours will be from 9 a.m. to 4 p.m.

There will be a preview for Friends members only on Friday, October 5, from 5 to 8 p.m. (You can join at the door for \$15). Income from the sale helps pay for programs, equipment, and materials local libraries need but can't afford.

The Friends' "Book Den" store at the warehouse, with most items priced individually from \$3 up, will be open during the sale, as well as weekly on Thursdays, Fridays, and Saturdays from 9 a.m. to 2 p.m.

For more information, call (916) 731-8493 or visit fspl@att.net.



Photo courtesy of Sutter Davis Hospital

Davis Farmers Market Fall Festival

Break out the costumes early for the Davis Farmers Fall Festival, Saturday, October 27, from 8 a.m. to 1 p.m. at Davis Farmers Market, in Central Park. This free family event includes a Kids Costume Parade, sponsored by Sutter Davis Hospital, at 11 a.m. on the Oak Tree Deck, plus craft and science activities for kids, baby pigs for petting, raptors from the California Raptor Center, lots of crazy good eats for breakfast or lunch, plus live music by the Peter Franklin Band. For more information, call (530) 756-1695 or visit www.davisfarmersmarket.org.



Wilder Ranch State Park

Located two miles north of Santa Cruz, on Highway 1 (831) 426-0505

Saturday, October 20, 11 a.m. to 4 p.m., A Special Event Announcement! Harvest Festival and Draft Horse Day

Celebrate harvest time the old-fashioned way. Choose and decorate a pumpkin from the pumpkin patch, take a draft horse wagon ride, see antique tractors and living history demonstrations, try your hand at some old-time harvest activities, listen to live bluegrass and western music, learn to square dance, play the snap-apple game, make corn husk dolls and other crafts, taste hand-cranked pumpkin ice cream, apple and pumpkin pie. Apple tasting of more than 70 organic varieties will be available for \$5 per person, courtesy of the California Rare Fruit Growers. Food concessionaire available or pack a picnic lunch. Admission to the event is free; parking is \$10 per car.

Weekends, 1 p.m., Wilder Ranch Tour of the Ranch Buildings

Living History Demonstrations on many weekends from 11 a.m. to 3 p.m.

Discover what life was like a century or more ago on this innovative dairy ranch. The hour-long tour includes the 1897 Victorian home, 1859 Gothic Revival farm house, 1896 water-powered machine shop, barns and other historic buildings. In addition to the tour, docents are often present to lead living history demonstrations; you may learn about hand quilting, watch blacksmithing, or learn about the Meder Family voyage to California. Bring a picnic to enjoy on the front lawn or picnic tables, visit the farm animals and see what activities are taking place on the ranch this weekend.

Effie Yeaw Nature Center Events

October 7. Sunday, 2nd Annual Nature Fest, 10 a.m. to 3 p.m.

Nature Fest is a special event to celebrate the nature and culture of the Sacramento region. Dedicated to the memory of Carol Doersch, this event will feature a full day of nature-related activities, including a birds of prey display, two "Raptor Experience" flight shows, over 15 nature-related booths with activities, live bats, guided walks, and much more. Website: <http://www.sacnaturefest.com> or call (916) 489-4918 for more information. Cost: \$3/person, ages 12 and under free. Free parking (\$5 value).

FREE WEEKEND ACTIVITIES - Space is limited - Sign-ups taken the day of the program, donations gratefully accepted. There is a \$5 per car daily parking fee in Ancil Hoffman Park (Parking is free to members).

October 6, Saturday, 10:30 a.m., Fall Nature Walk

Acorns and leaves surround us! Find out how the oak woodland changes with the fall season and how wildlife are preparing for winter. All ages welcome.

October 13, Saturday, 10:30 a.m., River Friendly Landscaping

Is your garden ready for the season? Fall is the best time to plant California native plants in northern California. Join a UC Master Gardener for an overview of river friendly landscaping principles, chemical-free pest control and more.

October 14, Sunday, 1:30 p.m., Where's the Wasp?

Discover how tiny wasps have caused galls that look like apples in the oak trees. You will hike to view three different types of oak trees and find out which ones are home to the gall wasp. All ages welcome.

October 20, Saturday, 10:30 a.m., Amazing Salmon

The incredible Chinook Salmon have arrived! Discover the amazing life cycle of these impressive fish and hike to the river in search of these kings of the river. All ages welcome.

October 21, Sunday, 1:30 p.m., Pond Critters

Ribbet, chirp, splash, what was that? Meet Clem the turtle and his amphibian friends at the Nature Center. Venture out to the pond and discover how many creatures are relying on this water-filled habitat for food and shelter. All ages welcome.

October 27, Saturday, 10:30 a.m., Whooo's Awake?

Owl's awake! Find out when owls are most active, what an owl pellet is and more! View a Nature Center owl up close and discover the secret to silent flight. All ages welcome.

October 28, Sunday the 28, 1:30 p.m., Spooky Story Time

Gear up for Halloween with some spooky stories told by members of the Sacramento Storytellers Guild. Stories guaranteed not to cause nightmares! Suitable for all ages.

The Effie Yeaw Nature Center is located at 2850 San Lorenzo Way, Carmichael. For more information, call (916) 489-4918 or visit www.sacnaturecenter.net.

Get Your Local News NOW! →

Subscribe online for fast news updates. All you need is an e-mail.

(Located on lower right side of webpage)

SUBSCRIBE FOR E-MAIL ALERTS
Sign up to receive the latest local news and regional updates from Valley Community Newspapers!
Enter your email address:

Subscribe
Delivered by FeedBurner

VALLEY COMMUNITY NEWSPAPERS, INC. is online at www.valcomnews.com

The Forest of Nisene Marks State Park

Located off State Park Drive Exit up Aptos Creek Road (831)464-5620

Sunday, October 21, 9:30 a.m., We Dig the Trails! Volunteer with the Trail Crew The Nisene Marks Volunteer Trail Crew has helped make it possible for others to safely enjoy the beauty of our park. The Trail Crew meets the third Sunday of each month, rain or shine. A typical workday lasts until mid-afternoon. Please bring your own work gloves, lunch and water. Enjoy a unique perspective of the Forest of Nisene Marks State Park and enjoy a lively and productive experience with others who share a love of these redwood forests, and the satisfaction of participating in a vital part of the park's ability to educate and inspire the public! Meet at the entry kiosk. For more information call www.advocatesfm.org

Happy Halloween!

Trick or treat! Are you ready for Halloween? Start thinking now about how you can decorate your classroom and your house to be super spooky and here's a list of scary stuff to put you in the mood! Have fun searching for the hidden words related to Halloween. Look carefully; words can appear vertically, horizontally, diagonally, backwards and upside-down. Make a copy and give one to your friend and see who can find everything on the list first. Last one done has to scoop the goop out of the pumpkin!

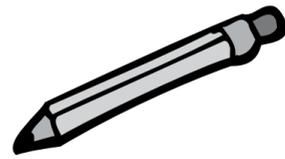
G H O S T S T H G I L H S A L F J
O L T N E O B L A C K C A T J T A
B O O Z P H T U J B P O Y D N A C
L A Q W O R C E R A C S N S P M K
I S T R I C K T S T N T K K E R O
N M W A E T C O I S E U W E O W L
S J F D Z T C M D W T M A L C E A
H A U N T E D H O U S E K E S P N
T R L E J R T R E A T S M T C R T
C E L D N A C P K S L T W O R E E
L D M O N S T E R P A J Z N E C R
L P O A K R J W M S D R A K A T N
U E O D S P A Z G P U E K A M W K
K M N Z J K D I C E R S P I D E R
S P I D E R W E B S N I K P M U P

Bats
Black cat
Boo
candle
candy
costumes
Flashlight
Full Moon
Ghosts

Goblins
Haunted House
Jack o'lantern
Makeup
Mask
Monster
owl

Pumpkins
Scarecrow
Scream
Skeleton
Skull
Spider
Spider webs
Treats
Wigs
Witches

MAKE IT YOURSELF!



Felt toy cat



Who could resist this little Halloween cat? Make a collection of Halloween felt toys to keep him company!

You will need:

Black felt, needle and embroidery thread, toy stuffing, fabric glue, wiggle eyes, gems, sequins, scraps of felt, fabric paint – whatever you can find to decorate your cat

You will need to:

Cut two cat shapes from felt. Sew them together around the edge using a running stitch. Leave a small gap at the bottom to stuff the toy. When the toy is full, sew up the gap.

Glue on buttons and ribbons and anything else you have in your craft box to make eyes, a tail, nose and whiskers.

Lollipop ghost craft

Here's a spooky way to hide a Halloween treat, and of course it's quick and simple to do with even the youngest kids (with a little adult supervision).



You will need:

White tissue paper, Lollipop, fine-point black pen (or small black stickers) and double-sided tape

You will need to:

Cut a 12cm square of tissue paper. Put a small piece of sticky tape around the lolly stick and remove the backing (this is quite fiddly so adult help may be needed). Fold the tissue around the lollipop and press down so it sticks to the tape.

Use black pen to draw on a face (be careful as the ink will spread).

Crafts courtesy of: www.ActivityVillage.co.uk - Keeping Kids Busy

Halloween Moon



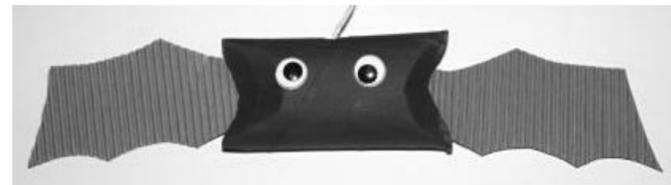
This Halloween moon is so simple to do – but very effective. Obviously you will have to cut out the bat shapes for younger children, but they can still enjoy sticking them to their “moon”. For an even quicker version, substitute a white paper plate for the silver card. You could splatter it with silver paint and/or add silver glitter if you still wanted it to shimmer in the dark.

You will need:

Silver card or paper plate, black paper, safety scissors, glue

You will need to:

Cut a circle from silver card, using a large plate or similar as a template. Cut some bats from black paper. Glue your bats so they are flying across the moon.



Toilet Roll bat craft

Have fun making this 3D bat using junk supplies. You can even use the bat's body to hide some tasty Halloween treats!

You will need:

Toilet roll tube, grey card, black paint, string or yarn to hang, wiggle eyes, double sided tape, sweets (candy) – optional

You will need to:

Paint the tube black and leave to dry. Make a hole in the center of the tube and thread some string or yarn through it for hanging. Cut two wings from grey card, and tape a wing to either end of the tube. At one end of the tube, push the sides into the tube so that they fold over each other and close the tube. If you like, pop some sweets into the tube before closing the other end in the same way. Glue on wiggle eyes.

Elephant Seal Guided Walks at Ano Nuevo State Park

Located 20 miles north of Santa Cruz of CA Hwy 1 (650) 879-2025



Reservations to attend guided walks to see the elephant seals at Año Nuevo State Park will go on sale beginning October 6 for school groups and October 20 for public walks. Elephant seals come ashore from December through March, during this season pups are born and the wildlife closure area at the park is open to visitors by guided walk only. Reservations are made by calling ReserveAmerica, at 1-800-444-4445 or online at the Año Nuevo link at www.parks.ca.gov.

Advance Reservations are recommended for these guided walks, to ensure space will be available when you arrive. Año Nuevo State Park is home to a large colony of Northern Elephant Seals, and the interpretive program has attracted increasing interest every winter for over 30 years. People who hope to see the seals during the winter breeding season are urged to get their reservations early.

Adult seals begin arriving on the beaches by mid-December. Bulls weighing up to 5,000 pounds engage in

battles for breeding access to the females. Pregnant females come ashore to have pups beginning in mid-December, with births reaching a peak by late January. Mothers nurse their pups for about a month before weaning them, mating, and departing back to sea. Birthing and mating activity peak by mid-February; and by early March, most adult seals have returned to the sea. During March, hundreds of weaned pups remain behind to rest in the dunes and learn to swim in the tide pools.

For more information or tickets, call 1 (800) 444-4445. The park is located west of Highway 1, between the cities of Santa Cruz and Half Moon Bay, approximately 1 1/2 hour drive south from San Francisco. For more information call (650) 879-2025 or (650) 879-0227 for recorded information, or visit the Park's web site at www.parks.ca.gov.



Halloween Word Scramble (Verbs)



All the mixed up words below are verbs which could be used on Halloween. Can you unscramble them? To help you, the first letter of each word will stay the same.

1. sreihk _ _ _ _ _
2. hlwo _ _ _ _ _
3. sreca _ _ _ _ _
4. frtnegih _ _ _ _ _
5. secmar _ _ _ _ _
6. soopk _ _ _ _ _
7. seccher _ _ _ _ _
8. hatun _ _ _ _ _

www.ActivityVillage.co.uk

1. Shrick
2. Howl
3. Scare
4. Frighten
5. Scream
6. Spook
7. Screech
8. Haunt

Answers
Scramble
Word
Halloween

Join us for your birthday party!



INTERNATIONAL GYMNASTICS CENTRE, USA

The Art of Gymnastics

916-372-4496 • 1260 Triangle Ct. • www.SacramentoGymnastics.com

Exciting birthday party packages!

Fun for children, easy for parents!

Each party includes a fun-filled hour with one of our experienced coaches. The coach leads children through a variety of activities; rings, bars, trampolines, tumble track, climbing rope, an enormous foam pit - everything is made available for the party!



Birthday parties aren't just for children, adults can celebrate too!

CALL 916-372-4496 to book today!

Fall and Winter Events at Jelly Belly Visitor Center

October 18 - October 31, Jelly Belly Haunted House

9 a.m. to 4 p.m., addition to regular tours
Candy factory tours include the fun and kid-friendly haunted house at Jelly Belly Candy Company. Tours detour through a decorated haven of Halloween delights. Learn about the making of Jelly Belly jelly beans, candy corn, and more on 40-min. tours, samples follow. Free.

October 27, Munchkin Masquerade Parade

11 to 11:30 a.m.
Come in costume. Kids 10 and under parade through Jelly Belly (open to the first 300 children in costume). Parade begins at Jelly Belly Visitor Center at 11 a.m. and marches through the Haunted House on the candy factory tour. Face painting, clowns and treats. Free.

Free candy factory tours daily, 9 a.m. to 4 p.m. at One Jelly Belly Lane, Fairfield. For more information (800) 953-5592 or visit www.JellyBelly.com.

Annual pet adoption campaign

Special to California Kids

Iams Home 4 the Holidays officially kicks off its 14th annual pet adoption drive on October 1, through January 2, 2013. With more than 7 million pets placed into forever homes since it began in 1999 and thousands of participating animal organizations as partners, including several shelters in the Sacramento area, Iams Home 4 the Holidays is continuing its fight against pet homelessness and is dedicated to feeding more orphaned animals than ever before. Just last year alone, a pet was adopted every nine minutes.

There are many ways for Sacramento families to get involved through adopting a pet or helping feed an animal, including: online Digital Dish Drive (meals will be donated to homeless pets through Likes and Comments on the Iams Facebook page at Facebook.com/iams), Friends 4 Life program (consumers who sign up can help designate which Sacramento shelters should receive food from Iams) and Bags 4 Bowls (buy a bag of Iams pet food and a meal will be donated to an orphaned pet).

Sacramento families looking to make a difference can consider helping homeless animals by adopting a pet from one of the many participating Sacramento area shelters, such as Sacramento City Animal Shelter, Happy Tails Pet Sanctuary, Placer SPCA, Sacramento Area Kitten Rescue Alliance and Friends of Sac City Shelter Animals, Inc. As your family visits area shelters and considers pet adoption, here are some tips to keep in mind to ensure you make the right choice for you and your new family member.

- Appearances can be deceiving. Take the time to talk to the people who work at a shelter or rescue and let them help you, they can teach you a lot - each animal has a story. For example, a dog that is jumping and barking in its kennel may actually have great manners and just isn't adapting to shelter life well.
- Take your time. Finding the right fit for your family may take a few visits. Don't expect to walk in and out in twenty minutes with your new best friend.
- Always do what's best for the animal! If you have a full house, don't feel obligated to take home 'just one more' - you may not have the room or bandwidth to care for them properly. Likewise if you are a first-time pet parent, try not to take on a "hard case," you may find you don't have the time, energy or experience to support your new family member.
- Be realistic. Pets of all shapes and sizes cost time and money. Be sure you are emotionally and financially prepared to support a new family member. Extra expenses pop up all the time so if paying the adoption fee is a stretch, you may want to do some saving first.
- Open the lines of communication. Be sure you consult everyone in your household before adopting; everyone needs to be prepared to have a new pet in the house. If someone in your family isn't ready for a new addition then you should probably reconsider - this includes people and existing pets. If you collectively decide you aren't ready, you can always help out by volunteering at a local shelter - there are endless opportunities in that department.

Following these adoption tips can help you and your kids make the right decision in choosing the pet that's best for your family and providing a pet with a forever home.



Ghostly Pudding Milk Shake

www.kraftrecipes.com

You will need:

- 1 oz. BAKER'S Semi-Sweet Chocolate
- 3 cups cold milk
- 1 pkg. (3.4 oz.) JELL-O Vanilla Flavor Instant Pudding
- 1/2 cup thawed COOL WHIP Whipped Topping

MELT chocolate in microwaveable bowl on HIGH 1 minute, stirring after 30 seconds. Stir until chocolate is completely melted. Use clean small paintbrush to paint a ghost face on inside of each of 4 clear 8-oz. plastic cups with the melted chocolate. Refrigerate until ready to use.

PLACE milk and dry pudding mix in 1-qt. pitcher with tight-fitting lid; cover. Shake vigorously 1 minute or until well blended.

POUR into prepared glasses; top with COOL WHIP. Serve immediately. Mixture thickens as it stands. Makes 4 servings, 3/4 cup each

Which Web?
Which web is the spider hanging from?

www.ActivityVillage.co.uk - Keeping Kids Busy

Advertise Online

Have your ad be seen by many instantly. With thousands visiting our website daily, your ad will get tons of exposure.

Fast, Easy & Affordable.

Call 429.9901 for more info & rates.

VALLEY COMMUNITY NEWSPAPERS, INC.
is online at
www.valcomnews.com

Whispering Oak Montessori Academy
Fostering Growth
Nurturing Peace
Inspiring Curiosity

Are you searching for something more than just an early learning center or for a better education for your children?

Whispering Oak Montessori Academy offers a rich, nurturing and stimulating environment firmly grounded in the Montessori Method and designed to lay the foundation for a life-long love of learning. Students are encouraged to grow to their full potential in a program designed to educate the whole child.

- Full Academic Montessori curriculum
- Infant through Kindergarten - 6 weeks to 6 years
- Nutritious and Delicious meals prepared on-site
- Art & Music Appreciation
- Dance & Movement
- Yoga

Call us for a tour and more information!
(916) 722-8118/1181
8085 Oak Ave., Citrus Heights, CA 95610
www.whisperingoakmontessori.com

Halloween Carnival

Southgate Recreation and Park District will host its annual Halloween Carnival, Wednesday, October 31, 5 to 8 p.m., at the Jose P. Rizal Community Center located at 7320 Florin Mall Drive, Sacramento. The event will feature a costume contest, family-friendly haunted house, monster photo shoot, carnival games, a neighborhood-themed candy walk and more. This is a great opportunity for families to enjoy a safe and fun filled Halloween night. Admission to this event is \$5. Children 13 and under must be accompanied by an adult. Adult admission free when accompanying children. For more information, call (916) 395-0601.



We offer a personalized environment
Grades 6-12 · Flexible scheduling · Small classes
Online or independent learning
Advanced math and science courses
On-campus electives in music and arts
Academic support classes

4425 Laurelwood Way, Sacramento · 916-979-8378 · ChoicesCharterSchool.com
REMEMBER YOU ALWAYS HAVE CHOICES

Fall Festival at
Davis Farmers Market
Saturday October 27th 9:00am to 1:00pm

Fun for the whole family • Kids costume parade at 11am
Rescue birds from CA Raptor Center • Pet the baby pigs
Pumpkin patch by Davis Soroptimists • Kids crafts
4-H fun and science activities • Farm fresh pizza
Harvest ice cream • Live music by Peter Franklin Band

www.DavisFarmersMarket.org

Who Wrote That?

The Creators of Your Child's Favorite Books
Featuring Ashley Wolff By Patricia M. Newman

Ashley Wolff remembers the exact moment in first grade when she learned to read. "It was a miracle moment," she says. "I was looking at a book about a boy in the South American jungle, and all of a sudden it just made sense."



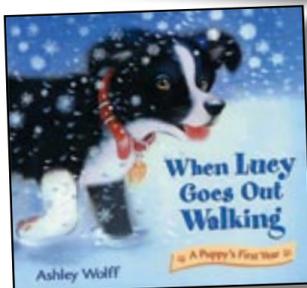
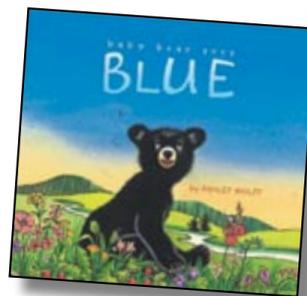
Although Wolff currently lives in San Francisco, she grew up in Middlebury, Vermont. "Vermont makes an indelible impression on a child," she says. "I had enormous freedom. I was outside all the time. I lived in nature without even thinking about it." But every Saturday morning, Wolff took art classes in a basement studio taught by "an eccentric and wonderful teacher" named Prindle Wissler. "I remember painting rocks with her," Wolff says.

As Wolff matured, her interest in art and story coalesced. Back in the 1970s as a senior in high school, she wrote and illustrated a book for an independent study project. Later, at the Rhode Island School of Design she developed an interest in printmaking using carved linoleum blocks. Wolff attributes her early success to her unusual style and choice of media. The illustrations in her first book, *A Year of Birds* (1984), showcase her printmaking expertise. Wolff inks each block before transferring the image to a

sheet of paper. Every image is then hand-colored with paint.

Wolff describes the process of carving each illustration block as "exact and meditative. Once you get the hang of it, it's not as hard as it looks. I like the way [the lino block] stylizes and simplifies an image. I like the hands-on, handmade real quality of it. I'm kind of old fashioned. I prefer the hands-on process. And then I have an actual piece of printed and painted art."

When Wolff was asked to create illustrations for Joseph Slates' ABC book titled *Miss Bindergarten Gets Ready for Kindergarten*, she needed to find an easy way for children to keep 26 kindergarten children straight. In the first few lines, Slate writes, "Adam Krupp wakes up. Brenda Heath brushes her teeth. Christopher Beaker finds his sneaker." The book continues in a similar vein until the



reader reaches the letter Z. Wolff's "humanals" were the answer—animals that take on human characteristics. Therefore, Adam Krupp became an alligator. Brenda Heath a beaver. Christopher Beaker a cat. With this simple device, Wolff injected humor and phonemic awareness into the story with one punch. The role of Miss Bindergarten was played by Wolff's dog, Pumpkin, who had been in many books before, but was now the star.

In a departure from her usual printmaking style, Wolff chose to illustrate the Miss Bindergarten series with an ink-and-watercolor-wash. "The medium has to suit the

MORE ABOUT ASHLEY WOLFF

How to Contact ASHLEY WOLFF
Website: www.ashleywolff.com

SELECTIONS FROM ASHLEY WOLFF'S LIBRARY

AUTHOR/ILLUSTRATOR

- Baby Bear Sees Blue*, Beach Lane Books, 2012.
- When Lucy Goes Out Walking: A Puppy's First Year*, Henry Holt, 2009.
- I Call My Grandma Nana*, Tricycle Press, 2009.
- Stella and Roy Go Camping*, Yosemite Association, 2006.
- Me Baby, You Baby*, Dutton, 2004.
- Only the Cat Saw*, Walker, 1996.
- Stella and Roy*, Dutton, 1993.

ILLUSTRATOR

- Compost Stew: An A to Z Recipe for the Earth* by Mary McKenna Siddals, Tricycle Press, 2010.
- Miss Bindergarten Gets Ready for Kindergarten* by Joseph Slate, Dutton, 1996.
- Who is Coming to Our House?* by Joseph Slate, Putnam, 1988.

UPCOMING

- Compost Stew: An A to Z Recipe for the Earth* by Mary McKenna Siddals, Tricycle Press, 2010.
- Miss Bindergarten Gets Ready for Kindergarten* by Joseph Slate, Dutton, 1996.
- Who is Coming to Our House?* by Joseph Slate, Putnam, 19

message," she says. The fantastical and whimsical world of Miss Bindergarten called for a light, casual style suitable for busy compositions.

Baby Bear Sees Blue came directly from the illustrations for a project titled *Pancho Claus*, in which Wolff decided to draw the characters as bears. "I had drawn a whole dummy [mock-up] for *Pancho Claus* focusing on the expressions of the [bear] children in the story." Although the *Pancho Claus* characters eventually became human, the bears survived in Wolff's imagination thanks to a sheet of bear drawings posted on the wall of her studio. The idea to write a color concept story came from a magazine photo she saw of a bear against red autumn leaves. For the illustrations in *Baby Bear Sees Blue*, Wolff returned to her beloved lino blocks reaching a new balance between the natural world details and the solid black form of the bears without being old fashioned. "I made some sort of breakthrough, but I don't really know what it is," Wolff says with a laugh.

Research is part of Wolff's writing and illustrating process. Before writing *Baby Bear Sees Blue* she determined that bears can indeed see color. All of the books she both writes and illustrates are set in the natural world—usually on the West Coast. She refers to a naturalists' guide to plants, butterflies, birds, and flowers to add depth to her illustrations. Additionally, she uses a clipping file she started in high school, which now fills ten legal-sized drawers! Even though Google images are readily accessible, Wolff says, "I don't want to

infringe on anyone's copyright." For each project, she might collect a stack of images over one-half inch thick showing animals and children in various poses, in different light, and in different settings. Wolff also takes her own photographs to supplement her clipping file. For the *Baby Bear* books, she used original photos and video of two bear cubs in a wildlife holding facility.

In addition to creating books, Wolff sits on the faculty of the Children's Book Illustration Certificate Program at Hollins University in Virginia. She teaches media, drawing, and book design to graduate students who have an interest in illustration, but have not been to art school. "I love to teach," Wolff says. "It's a hugely meaningful part of my life."

When Wolff visits elementary schools, her main message to children is to follow their passion. "I'm incredibly lucky," she says. "How many people get to be what they wanted to be when they were five?" Next month: Guest columnist Bitsy Kemper (www.bitsykemper.com) takes the reins until March.

Patricia Newman is the author of *Jingle the Brass* (Farrar, Straus & Giroux), recommended by the Smithsonian National American History Museum. Her newest book, *Nugget on the Flight Deck* (Walker), received the California Reading Association's *Eureka!* Silver Honor Award for excellence in children's nonfiction. Upcoming books include *Green Gasoline*, *Water Power Makes a Splash*, and *Plastic, Ahoy!* Visit her website at www.patriciamnewman.com.

Discovery Museum Science & Space Center activities

October 6 and 7, Saturday and Sunday, Jolly Jack-o-lanterns

Kick off the Halloween season at the Discovery Museum Science & Space Center. The Bone Zone exhibit offers visitors the chance to learn about skulls and skeletons. Help your kids learn about healthy eating and dental care before they get all that Halloween candy. Their classroom offers a cut and paste Halloween decoration to take home, featuring a jolly jack-o-lantern face. Planetarium shows are at 1 and 3 p.m. for ages 4 and older; live animal presentations at noon and 2 p.m. for all ages.

October 6 and 7, Saturday and Sunday, FIRST LEGO League Robotics Teams Fundraiser

This year the Museum's FIRST* LEGO League robotics teams is competing in the challenge, Senior Solutions. Visit the Museum this weekend to learn about their project and see LEGO Mindstorms at work in the Robotics Lab. For a \$3 fee, guests have 30 minutes to add a special feature to a pre-built Lego Mindstorms NXT sumobot. After the feature is added, the sumobot competes against the Museum's FLL robotics team's sumobot.

October 13 and 14, Saturday and Sunday, Spook-tacular Skull Masks

The Museum is highlighting the human skull this weekend. Learn about the skull, and the rest of the skeleton, in the Bone Zone exhibit. Kids make a colorful, flashy skull mask to take home. Don't forget

to bring a camera for pictures of your child in a skeleton costume and their spectacular skull mask! No bones about it, this is a fun weekend activity for the entire family. Planetarium shows are at 1 and 3 p.m. for ages 4 and older; live animal presentations at noon and 2 p.m. for all ages.

October 20 and 21, Saturday and Sunday, Day of the Dead Celebration

This weekend the Discovery Museum Science and Space Center salutes the Mexican holiday, Día de los Muertos, a time for celebration. A common symbol for this holiday is the skull. Sugar skulls are a traditional gift given to both the living and the dead during these festivities. The whole family can learn about this fascinating custom, and children under 12 can decorate a small sugar skull to take home. There are coloring sheets, too. Remember, your admission also includes an animal presentation at noon and 2 p.m., and a planetarium show at 1 and 3 p.m. (for ages 4 and above only).

October 27 and 28, Saturday and Sunday, Going Batty at the Discovery Museum

This weekend the Museum is highlighting some infamous creatures of the night—BATS! Bring your family to explore some of the science behind these nocturnal mammals. Enjoy a fun bat craft for kids. For Sunday only, two 45-minute presentations are planned with Corky "the Bat Lady" at noon and 2

p.m. Space is limited for the presentations; please arrive early to obtain a pass. Planetarium shows at 1 and 3 p.m. are included with admission (ages 4 and above only).

October 27, Saturday, Hal-lozeum at the Discovery Museum, 4:30 to 7 p.m.

The cost is \$20 per family, includes 2 adults and up to 3 children (ages 0-12); additional tickets are \$5 a person. Join the staff at the Discovery Museum as they celebrate their favorite spooky holiday. Trick or treat around the grounds, do a Halloween craft, and show off your coolest costume! The planetarium will be open with a frightfully fun movie, and you never know what creepy crawly surprises you will find inside the museum or lurking on our grounds. The Bone Zone exhibit will also be open for exploration.

Science Discovery activities are from 12:30 to 4 p.m. The museum is open 10 a.m. to 4:30 p.m. The Discovery Museum Science and Space Center is located at 3615 Auburn Boulevard, Sacramento. Admission is \$8 adults (18+), \$6 seniors (60+), \$6 teens (13-17), \$5 children (4-12), \$0 children (3 and under). Exhibits are age appropriate for 4 to 12 years old. For more information, call (916) 808-3942 or visit www.thediscovery.org.

Patricia Newman
Books & Articles for Children, Writers & Parents

Authors Who Visit Schools

- Forge a personal connection with students
- Create a surge in library use
- Reinforce a connection between educational standards and specific content
- Motivate kids to read
- Motivate kids to express themselves with words—writing and revising their own works
- Motivate kids to persist in their dreams and not give up when challenged
- Contribute to improvements in reading scores
- Improve school-wide morale as students and staff work together reading the author's books and performing classroom tasks

Tips for funding your author visit

Inquire about the following school-based funding resources at your next staff meeting:

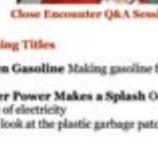
- PTA
- Adopt-a-School Sponsors
- Title I
- Title VII
- School Improvement Plan (SIP)
- Grants (from local nonprofits or your local reading association)
- Grandparents

Parents: Check out the following community funding sources. By helping fund an author visit, community organizations achieve greater visibility by forging partnerships with neighborhood schools resulting in greater community "buy in" to literacy issues.

- Service organizations: Rotary Clubs, Kiwanis Clubs, Lions Clubs, etc.
- Museums that have a special tie-in to the author's books
- Major corporations: Target, Wal-Mart, McDonald's, Burger King, Publix, Home Depot, Lowe's, etc.
- Friends of the Library organization of your public library
- Local independent businesses that support other aspects of your community (look for plaques in restaurants, libraries, schools, stadiums, law offices, and medical offices).
- Philanthropic groups: Bill and Melinda Gates Foundation's literacy programs, Dolly Parton's Imagination Library, etc.



Book Signings



Close Encounter Q&A Sessions

Upcoming Titles

- Our Energy Future: Green Gasoline Making gasoline from biomass
- Our Energy Future: Water Power Makes a Splash Ocean energy, an alternative source of electricity
- Plastic, Ahoy! An up-close look at the plastic garbage patch in the North Pacific

Current Titles

- Nugget On the Flight Deck CRA Silver Honor Award
- Jingle the Brass Jr. Library Guild & Smithsonian Selection
- Seasons Around the World
- The Science of Play

Visit www.patriciamnewman.com to schedule your in-person or virtual visit



712 57th STREET | SACRAMENTO, CA 95819
at the corner of 57th & H Streets
916.451.4900
www.fancyfeetdance.net

Ages 6 months-adults

Dance Classes
Ballet · Jazz · Hip Hop
Tap · Break Dance
Contemporary
& Musical Theater

FIRST CLASS IS ALWAYS FREE!

Theme Parties
Princess · Spa Diva
Tea Parties · Craft Parties
Dance Parties
& much more

STUDIO OR IN-HOME!



\$25 Any Party OFF Party packages for studio or at home
With this coupon. Cannot combine with other offers. Expires 9/28/13

50% OFF Dance Classes Offer applies to one month of classes
With this coupon. Cannot combine with other offers. Expires 1/30/13

Hal-lozeum

At the Discovery Museum
Saturday, October 27th: 4:30pm - 7pm

- ▶ Trick or Treat around our grounds in your coolest costume.
- ▶ Make a ghoulish craft.
- ▶ Enjoy a spooky movie in the Planetarium.
- ▶ Explore the *Bone Zone* exhibit.
- ▶ And more creepy crawly surprises!

\$20 per family (2 adults and up to 3 kids ages 0-12) Additional tickets \$5.
Call 916-808-3942 or buy tickets online: www.thediscovery.org.

Discovery Museum
Science & Space Center
3615 Auburn Blvd
Sacramento, 95821



BRAND NAME

DISCOUNT KIDSWEAR

Through this exclusive offer ONLY, you can obtain the biggest discounts in children's clothing anywhere!

SAVE 50% OFF STORE PRICES!

Go on a shopping spree and save **BIG BUCKS** with our giant closeout, liquidation and bankruptcy offers. We DARE you to find lower prices anywhere! It's impossible! Log onto our website and see for yourself. You won't find higher quality kidswear at lower prices in any department store or wholesale outlet. We have expertly tailored designer fashions, sassy new looks, everything from basic to casual, our website gives you a privileged glimpse of children's trends that are as dazzling as they are appealing. **AT PRICES YOU WON'T BELIEVE!** Don't miss out on this once-in-a-lifetime opportunity to cash in on these terrific values.



www.goldcountrykidswear.com
1-800-604-9972

The Book Report

Watch out - it's Halloween!

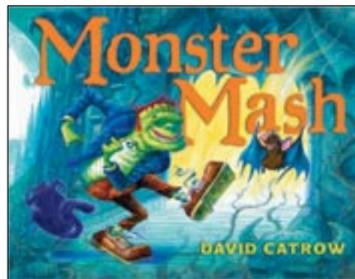
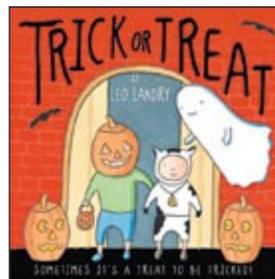
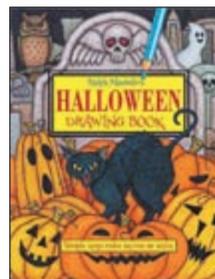
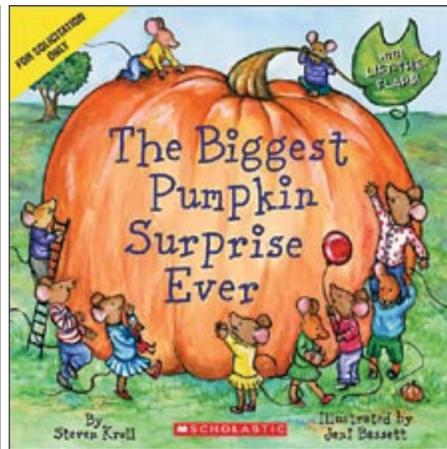
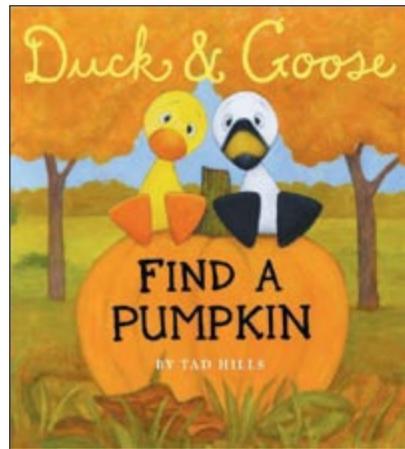
By **Connie Goldsmith**

Kids of all ages look forward to Halloween. Maybe they love that feeling of being just a little scared, but still feeling safe. No matter what your family's Halloween plans, whether it's a party at home with friends, a school gathering, or a trick-or-treat excursion with a goodie bag the size of Sacramento, a new book is always a treat. If older sibs go out on their own, read a story to the little ones left behind so they'll feel like they're part of this favorite holiday.

"Trick or Treat: Sometimes it's a Treat to be Tricked," by Leo Landry. (Houghton Mifflin). "The last day of October had finally arrived. The empty house at the end of the street mysteriously came to life." Little ghost Oliver who lives in the empty house, loves Halloween. He always puts on a big party for his ghostly friends. Oliver drops his party invitations off at

a haunted house, the cemetery, and a dark cave. Then to prepare for the party, he puts dust on the furniture, welcomes the spiders, and wakes the black cats. But one invitation went astray and two human trick-or-treaters show up for the party. No one knows what to do. The ghosts and witches want to spook them or hex them. But Oliver instead invites the children inside for the party. This sweet story illustrated with cartoonish watercolor and pencil art has a surprise ending that will bring a smile to everyone's face.

"The Biggest Pumpkin Surprise Ever!" by Steven Kroll, illustrated by Jeni Bassett. Pumpkins are the stars of this lift-the-flap and search-and-find book that's perfect for any fall holiday. Each of the five double-page spread has numerous flaps to find. Pumpkins hide behind many of the flaps; others conceal the darling mouse children who inhabit the country landscape. "We all love pumpkins, there are so many kinds. How many



pumpkins can you find?" This sweet book is best reviewed with an adult to help protect the flaps from small fingers, and to be sure that none of the flaps are missed.

"Monster Mash," by David Catrow. (Orchard Books). "I was working in the lab late one night, when my eyes beheld an eerie sight. For my monster

from his slab began to rise, and suddenly to my surprise...He did the Mash. He did the monster mash!" Many of us know Michael Jackson's classic portrayal of the Monster Mash, and now it's a picture book! Join the mad scientist Boris, zombies, Dracula, wolf man, vampires and a dozen dead monsters as they get a jolt from Boris' electrodes and come to "life." It's got a great beat and you can dance to it, but save the reading for kids who don't frighten easily as some of the ghouls are a bit scary! The colorful monsters are imaginative and wacky, and the song is always fun to sing.

"Duck & Goose Find a Pumpkin," by Tad Hills. (Random House). Newly released in a large-size board book, this fall favorite is sure to harvest a new audience. Board books are fun to read aloud with the youngest children, but they are also intended for a toddler's tiny hands to hold and hug. Is this sweetly gentle story, friends Duck and Goose admire Baby Bird's pumpkin. Problem is, they don't know where to find one of their own. Inside a log? In a leaf pile? Up a tree? No, no, and no. Kids will love the silliness and will feel superior because they know where to find a pumpkin - in the pumpkin patch, of course! The big heavy board pages and the

bright fall-themed art are appealing.

"Halloween Drawing Book," by Ralph Masiello. (Charlesbridge). This Halloween drawing book joins the author/artist's many other drawing books in which he teaches children to sketch simple images. The step-by-step diagrams show young artists how to draw ghosts, witches, jack-o'-lanterns, skeletons, bats, black cats and more. When tackled line by line, it's easier than expected to draw a picture. The directions ensure that even novice artists can succeed in making scary Halloween images. Full-color inserts show how to add further challenging details to make an entire scene such as a graveyard, a haunted house or pumpkin patch. A resource page lists other Halloween books of interest to read and websites to check that feature Halloween themes. This is an ideal book to keep around the house for budding artists and to share with other young friends. **** Reviewer's pick of the month

Connie Goldsmith lives in Carmichael where she writes for adults and children. See her nonfiction juvenile books, "Battling Malaria: on the Front Lines Against a Global Killer," and "Leukemia," one of the USA Today Health Reports series, in school and public libraries, and at online booksellers.

Sign up for any monthly rental now thru 10/30 and get a

FREE MUSIC STAND

Retail value \$27.99

Same brand quality instruments
Yamaha, Selmer, Bach, Gemeinhardt, Getzen, Conn, and more.

Band & Orchestra Sales & Rentals

- Large selection of director approved instruments available
- Playing condition guaranteed
- Rent may be applied to purchase
- Flexible instrument upgrading
- Full service and repair
- Competitive rates
- Large selection of accessories in stock
- Large selection of method books

SKIP'S MUSIC

2740 Auburn Blvd. Sacramento, CA 95821 (916) 484-7575
9660 Elk Grove-Florin Rd. Elk Grove, CA 95624 (916) 686-5666
1209 McHenry Ave. Modesto, CA 95350 (209) 522-1003
www.skipsmusic.com

St. Philomene provides students with a balanced, high-quality education focused on the Gospel values and teachings of Jesus Christ.

St. Philomene Catholic School
2320 El Camino Avenue
Sacramento, CA 95821

(916) 489-1506 NOW ENROLLING TK/K - 8th GRADE

St. Philomene offers:

- Chromebook laptops for every student in grades 3-8.
- Free enrichment programs from 3:00-4:30 p.m. for all students.

www.stphilomene.org

ST. PHILOMENE SCHOOL

WASC Accredited/WCEA member

CATHOLIC SCHOOLS — the road map to future success

HOLY CROSS COLLEGE PREPARATORY ACADEMY

Enrolling now Grades K-8
Enrollment still being accepted
Call the school office for more information.

"Teaching the Gospel, building community and encouraging service to others"

800 Todhunter Avenue, West Sacramento
916-371-1313 • www.holycross-westSac.org

St. Joseph School

Now enrolling K - 8th Grade!

Educating Minds and Hearts in the Catholic Tradition

1718 El Monte Ave. Sacramento, CA 95815
P: 916.925.1465 • F: 916.925.0963
www.saintjosephsac.org

ST. PATRICK ACADEMY

Catholic Education for the 21st Century!
Fully Integrated Arts Curriculum

Call today to setup your private tour or attend our OPEN HOUSE on
October 11, 2012 at 6:00pm.

5945 Franklin Blvd., Sacramento, CA 95824
P: 916.421.4963 • F: 916.421.1379
www.saintpatricksacademy.net

AMERICA SCREAMS PRESENTS
PORKCHOPS REVENGE
 3300 Coach Lane
 Cameron Park
 California, 95682

Oct. 12th
 through the 31st
 doors open
 7pm nightly
Tickets \$12.00



Receive \$2.00 OFF
 with an unwrapped toy!

Proceeds benefit child abuse prevention.
 For more information please call 916-293-1405

\$2.00 COUPON
 during weekdays

leatherby's
 Family Creamery

Come try our
 holiday flavors!

Apple Spice
 Pumpkin Pie

visit one of our three locations!
 7910 Antelope Road
 2333 Arden Way
 8238 Laguna Blvd.



Sea Otter
 Swim Lessons

- Safer for Life
- Quality Swim Lessons Year-Round
- Ages 4 month - Adult

- Heated pool with enclosed facility
- Classes available Tue-Sat
- Classes available weekly or in 2 week sessions

Contact us at:
 6151 Brace Road,
 Loomis, CA 95650
 916-660-9492
 seaotterswim.com



Sweet EXCHANGE
 at SCM
 November 1st-4th
 Costumes encouraged!



This Halloween, SCM's Sweet Exchange will give kids plenty of incentives to surrender their sugar-saturated loot. Bring your candy November 1st through 4th to extend the fun this Halloween. Every child will go home with a goodie bag.

Sacramento Children's Museum
 Szymanowski
 Pediatric Dentistry

www.sackids.org
 All candy will be donated to military troops

Fall Baby Special!
 Silver Package ~~\$155.00~~ **\$99.00**

Includes:
 20 Minutes Ultrasound Session
 Complete recording of Session
 Gender Confirmation
 Special gift (Varies)

online or give us a call
 (916) 484-7666
 suiUltrasound.com



Sacramento Ultrasound Institute
 SUI

Please **RECYCLE** this paper



RESERVE YOUR SPACE IN THE UPCOMING
California Kids! Be seen by over 100,000 readers each month
CALL JEN AT (916) 429-9901

Storytime Theater of Sacramento City College
 proudly presents

October 6th - November 4th
 Saturdays & Sundays at 12pm

ALADDIN
and
HIS MAGIC LAMP

Adapted by Doug Lawson and Directed by Christine Nicholson

The Little Theater
 Performing Arts Room 106
 Sacramento City College
 www.CityTheatre.net
 (916)501-7678

\$5 ALL AGES
 Half price opening day!
 Children under 2 FREE
 Parties of 15+ 20% OFF



We want YOU to have a FANTASTIC birthday this year! That's why we're offering FREE birthday activities at each of our locations including zipping on our 1500 foot zip lines, rappelling 165 feet down Moaning Cavern's main chamber, climbing tower climbs and guided cave tours. Get more information from our website or call toll free 866.762.2837. Offer only good on your actual birthday with proof of your birth date.

CAVE & MINE ADVENTURES

FREE BIRTHDAYS



CaveAndMineAdventures.com **866.762.2837**



Free Parking **FUNDERLAND** **Free Admission**
Amusement Park
SPOOKTACULAR HALLOWEEN
Saturday Oct 27 & Sunday Oct 28

- Safe Trick or Treating **10 am - 6pm** for only \$3 per person
- Silly Haunted House
- Pumpkin Patch
- Not So Spooky Train
- Crafts, Stories & more!

Bring a donation for River Oak & get free rides!
 Visit our website for more info
www.Funderlandpark.com

Value Coupons
4 FREE Tickets With Purchase of a Book of 10
Limit 4 free tickets. Must surrender coupon. Not to be combined with other coupons, specials, or be duplicated. Expires 10/29/12.
Purchase 1 Trick or Treating & get the 2nd FREE
Limit 2. Purchased trick or treating must be full priced. Must surrender coupon. Cannot be combined with other offers. Valid 10/27/12 & 10/28/12 only.
 Visit our website for additional coupons!

Meet Shani, the Sacramento Zoo's 2-year-old Masai Giraffe

Special to California Kids

The Sacramento Zoo's giraffe herd has grown from four to five in the last month. "Shani" came to the Sacramento Zoo from the L.A. Zoo in mid-August and has completed quarantine. She is now exploring the exhibit and getting to know the Zoo's three female Reticulated Giraffes and her new companion Chifu, a two-year-old male Masai Giraffe.

"Eventually Shani and Chifu will become the nucleus of a Masai Giraffe herd," said Harrison Edell, General Curator. "As part of the Masai Giraffe Species Survival Plan, the creation of this new herd will support genetic diversity in the North American Masai Giraffe population."

Born August 30, 2010, Shani stands approximately 11 feet tall. When full grown, she is expected to reach between 16 and 19 feet, smaller than the male by a few feet. Shani's name comes from the Swahili word for "wondrous." Keepers have noted that she enjoys the presence of the other giraffes and is getting along well with Chifu.

The Masai Giraffe is the largest giraffe subspecies and is found in southern Kenya and Tanzania. In addition to a difference in size, Reticulated and Masai Giraffes tend to have slightly different spots. A Masai giraffe's spots are usually darker and irregular in shape.

Shani and Chifu are two of fewer than 100 Masai Giraffes in institutions accredited by the Association of Zoos and Aquariums. Giraffes in captivity have helped field researchers, such as those from the Wild Nature Institute, to recognize physical characteristics and social behaviors in the wild. The Wild Nature Institute is currently studying the demography of Masai Giraffes and the African Savannah ecosystem with photo recognition software. Through this methodology, researchers can follow the giraffes' movements and reproduction habits in order to understand where and why they are declining in the wild. The study includes more than 1500 Masai Giraffes. The partnership between the Sacramento Zoo and the Wild Nature Institute is an example of research and education supporting conservation.

Located near the corner of Land Park Drive and Sutterville Road in William Land Park, the Zoo is wholly managed by the non-profit Sacramento Zoological Society. This Sacramento treasure inspires conservation awareness through education and recreation. Open daily from 9 a.m. to 4 p.m., general admission is \$11.25; children ages 2-11 are \$7.25 and one and under are admitted free. Parking is free throughout the park or ride Regional Transit bus #6. For information, call (916) 808-5888 or visit saczoo.org.

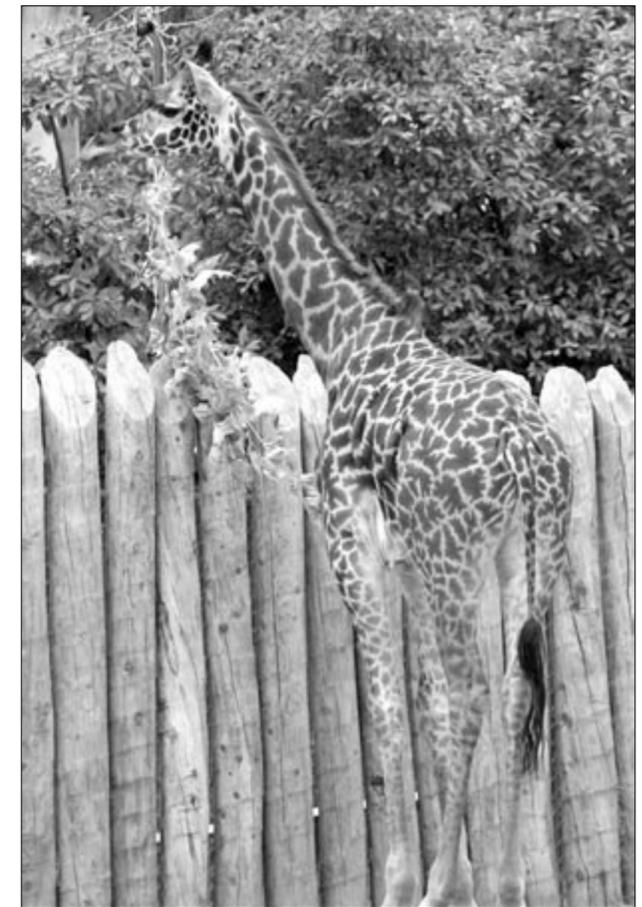


Photo courtesy Sacramento Zoo

Saturday October 6, 2012 12-4pm
FIREFIGHTER
Chili Cook Off
 SAFETYVILLE, USA
 3909 Bradshaw Road,
 Sacramento, CA 95827

- Hands-on activities
- Fire Safety demos
- Celebrity Choice Award
- Fantastic raffles
- People's Choice Award
- Additional food available

\$5.00 PER PERSON
 Tickets are on sale now @ Safetyville USA
KIDS UNDER 5 YRS. FREE!

Coming soon:
Halloween
Haunt
 October 20th
 11am-4pm

All proceeds benefit the Youth Safety & Health Education programs at Safetyville USA

REAL TRAINS. TOY TRAINS. ALL ABOARD!

Weekend Train Rides Are a Great Way to See Your River AND Have Some Fun

VISIT the California State Railroad Museum in Old Sacramento, open daily 10 a.m. - 5 p.m. It's a family experience filled with sharing and learning that will delight like no other.

EXPERIENCE your childhood again as you tour *Small Wonders: The Magic of Toy Trains*, America's most comprehensive toy train exhibit.

RIDE behind a vintage locomotive for a 40-minute ride atop the Sacramento River's levees, departing Old Sacramento every Saturday and Sunday hourly 11 a.m. - 5 p.m. April - September.

SHOP for children's items, gifts, books, DVDs, clothing and dazzling reproduction dining car china at our Museum Store - a year-round supplier of *Chuggington* and *Thomas* products!

CALIFORNIA STATE RAILROAD MUSEUM
 Corner of 2nd and "I" Streets, Old Sacramento
 (916) 445-6645 www.californiastaterailroadmuseum.org

Campgrounds gear up for Fall Fun!

California Association of RV Parks and Campgrounds

Camping enthusiasts across California aren't ready to pack up their tents and RVs just yet. Here's a sampling of some of the activities taking place at privately owned and operated campgrounds, RV parks and resorts in California this fall:

- **Campland on the Bay in San Diego:** This park has numerous scheduled activities throughout the fall, including games of capture the flag, dodgeball and pickleball. The park also has arts and crafts classes, tie dye T-shirt classes, kayaking classes and adult dart tournaments. www.campland.com
- **Emerald Desert RV Resort in Palm Desert:** This park has several special events planned throughout the fall, including a Halloween-themed weekend October 26-28 with Halloween inspired drinks for adults and kids, a pumpkin carving contest and a costume parade to visit decorated campsites. <http://emerald-desert.com>
- **Far Horizons 49er Village in Plymouth:** This park, which is located in the Sierra Nevada foothills, has a "best scream" contest as well as Halloween costume and campsite competitions scheduled for October 18-21 as well as October 25-28. www.49ervillage.com
- **Flying Flags RV Resort in Buellton:** This park, which has RV sites as well as park model cottage rentals, has several activities on-site. www.flyingflags.com
- **Golden Village Palms RV Resort in Hemet:** This park's fall activities include classes in water aerobics, water volleyball, Tai Chi, Yoga, as well as groups that regularly gather for arts and crafts and square dancing. Car shows and craft bazaars are scheduled for the first Saturdays of October and November. www.goldenvillagepalms.com
- **Lake Minden RV Resort in Nicolaus:** This Sacramento Valley park's fall activities include a mystery weekend October 12-14 with a mystery puzzle competition and a mystery scavenger hunt. Hydroplane boat races are scheduled to take place on the weekend of October 19-21. The park is also planning its first ever Halloween Zombie Walk and hayride and Thriller Zombie Mob Dance on the weekend of October 26-28. www.rvonthego.com/CA
- **Lake of the Springs RV Resort in Oregon House:** This park's fall activities include a Fall Line Dance Festival October 14-15. The park will also celebrate Halloween on October 27 with campsite decorating, pumpkin carving, costume contests and a kids' fishing derby, plus a tailgate trick or treating event. www.rvonthego.com/CA
- **Newport Dunes Waterfront Resort and Marina in Newport Beach:** This park will have Halloween crafts, a parade and costume contest on October 27. The resort also offers bicycle, golf cart, kayak and sailboat rentals in addition to guided kayak nature tours and kayak and sailboat lessons. Resort accommodations include 24 park model cottages and 382 RV sites. www.newportdunes.com
- **Palm Springs RV Resort in Palm Desert:** This park will have a Halloween parade as well as prizes for the best costumes and best decorating campsite on October 26. www.rvonthego.com/CA
- **Rancho Oso RV Resort in Santa Barbara:** Guests at this park can watch stock dogs herding sheep and cattle every Saturday. The park also offers a bucking bull demo with "baby" bulls that are being prepared for future work in rodeos. The resort's accommodations include five rental cabins, plus several covered wagons, which are arranged in a circle around a campfire pit. www.rvonthego.com/CA
- **San Benito RV Resort in Paicines:** This park's activities include an Octoberfest celebration October 13 with root beer tasting and an Octoberfest dinner. On October 27 the park will have a Halloween parade followed by a Halloween carnival. www.rvonthego.com/CA
- **Santa Cruz KOA in La Selva Beach:** This park plans to host "Howlin' Halloween" events on October 19-21 and October 26-28 with people and pet costume contests, a campsite decorating contest, a haunted house and trick or treating. www.santacruzkoa.com
- **Smithwoods RV Park in Felton:** This park plans to host a Halloween spaghetti dinner with Halloween related activities on October 27. www.smithwoodsrvpark.com
- **Springs at Borrego RV Resort in Borrego Springs:** This park's fall activities include Friday night wine



Courtesy Valerie Everett

tastings. Future events will also include evening star parties with world-renowned astronomer and sky photographer Dennis Mammana on October 6 and November 4. www.springsatborrego.com.

- **Wilderness Lakes RV Resort in Menifee:** This park's fall activities include an Octoberfest celebration October 13 with free German beer to guests over 21 and root beer tasting for kids. A costume contest, pumpkin decorating, trick or treating and a haunted house are slated for the weekend of October 26-28. www.rvonthego.com/CA



Courtesy Rennett Stowe

Of course, these are just a sampling of some of the activities and special events taking place at campgrounds and RV parks across California in the coming weeks. Consumers can find private campgrounds in their area by checking www.Camp-California.com, the travel

planning website of the California Association of RV Parks and Campgrounds in Auburn. The site includes links to RV parks and campgrounds, which provide their own "activities" or event calendars, which can help you figure out which parks have activities your family will enjoy.

Rancho del Oso Nature and History Center

Located 17 miles north of Santa Cruz on Highway One (831) 427-2288

From Santa Cruz, turn right just before the Waddell Creek Bridge at the sign for Rancho Del Oso Nature and History Center. From Half Moon Bay take Highway One south 30 miles and turn left after the Waddell Creek Bridge (2.6 miles south of Año Nuevo State Reserve). For more information call (831) 427-2288 or (831) 425-1218.

Saturday, October 6, 1 and 3 p.m., Hidden Lives of Native Animals

On this 2 hour family-friendly walk scan for wildlife and uncover the tracks and other "signs" that animals leave behind. See how predator and prey (from deer and bobcats to hawks and lizards) survive in our streams, forests and fields. Bring walking shoes and water on this walk that begins at the Nature and History Center.

Saturday, October 6, 6 p.m., Big Cats on the Coast

Learn about mountain lions as Veronica Yovovich, of the University of California at Santa Cruz, shares information, stories and the latest research about these big cats. Learn about appreciating, hiking and recreating in mountain lion habitat, so that we can co-exist with these magnificent cats for decades to come. Reserve your free spot for this event at the Nature and History Center by calling (831)427-2288.

Saturday, October 27, 5 p.m., Bats! Bats! Bats!

Join Monique Smith Lee, of the Bat Conservancy of Coastal California, for a night of learning about

bats. She will dispel myths, reveal secrets of their fascinating lives, and share why they need our friendship. In cooperation with Native Animal Rescue, Monique will bring live bats. Also go on a short hike to observe bats in the wild. Bring a flashlight. Reserve your free spot for this event at the Nature and History Center by calling (831)427-2288.

Sunday, October 14, 10 a.m., Wildflower Hike

Hike starts at the Nature and History Center. Take a hike among the wildflowers of Rancho del Oso's Waddell Valley. Docent Scott Peden will lead a 4.5 mile hike to view a variety of wildflowers in a rainbow of colors within 5 different habitats, where there are easily over 50 species of flowers. Photographers are easily accommodated. Show up with lunch, water and energy to hike.

Sunday, October 28, 10 a.m., Berry Creek Falls Hike

Join in the fun for an all-day hike to Berry Creek Falls. Hiking from the Ranger Station to the three gorgeous waterfalls is an all-day affair so bring lunch, water and energy. The hike is 7 miles each way over moderately easy trail except for the uphill around the 3 sets of gorgeous waterfalls. Wear good hiking shoes for the 14-mile trek. Arrive early at the Hwy 1 gate across from Waddell Beach, and then walk in approximately 1 mile to the ranger station to meet your guide at 10 a.m. at the Ranger Station. Call to RSVP - (831) 427-2288s or just show up.

Little Basin Cabins and Campgrounds

Located off Highway 236, turn left on Little Basin Road, go 1.6 miles to the campground

Little Basin offers free campfire programs, guided hikes, and kid's programs on Saturdays and offers customized fee-based programs and multi-day programs throughout the month. Ask about naturalist-led hikes or group programs. Some programs require registration, so check the description below, and contact WOLF School Office at (831) 338-8018, via Facebook or by emailing program@wolfschool.org. All programs are provided by WOLF School, WOLFSchool.org. Programs are free unless otherwise noted.

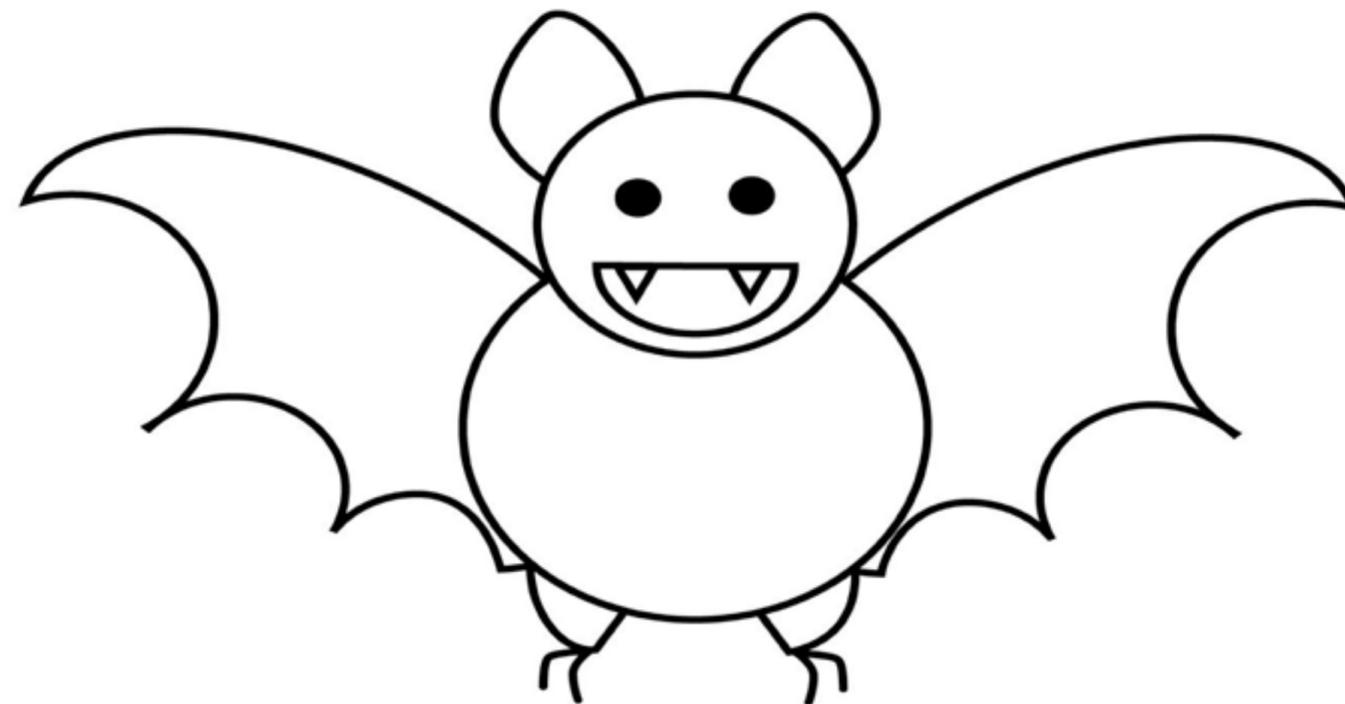
Saturdays in October, 4 p.m., Junior Rangers- 1 hour program for children

Discover the fascinating secrets of the forest. Explore nature, practice outdoor skills, and play games as you learn about plants, animals, geology, and more. This one-hour program is for kids ages 7-12 only. Sorry parents, this program is just for the kids! Please register your child 15 minutes, and be sure your child is dressed for active play in the outdoors.

Saturdays, October, 5 p.m., Little Basin Nature Club- 30 minute program for children

This fun program is for children ages 3-6 and their families. Read, sing, pretend, play, and explore! This half-hour program introduces youngsters to the wonders of the redwood forest.

HAVE FUN COLORING!



Copyright © www.ActivityVillage.co.uk - Keeping Kids Busy

Calendar of Events

Arts & Crafts

the monthly after-hours hangout. They can meet new people, play video games, make crafts, eat snacks, and enjoy having the library to themselves. The program is limited to 20 teens and registration is required by calling (916) 2645-2920 or visit www.saclibrary.org.

October 2, Mural Painting, 4 p.m., 9845 Folsom Boulevard, Sacramento. Families are invited to the Rancho Cordova Library to use tempera paints to create a large mural inspired by the works of great artists. For more information, call (916) 264-2920.

October 3, First Wednesday Art: Play with Clay with ArtWorks, 3:30 p.m., 5600 South Land Park Drive, Sacramento. Families are invited to the Belle Cooleedge Library for this special program. Younger participants will measure, make, and mold their own clay shapes. Older participants will learn how to make colorful clay jewelry. For more information, call (916) 264-2920.

October 4, Freedom of Expression Art, 3:30 p.m., 6700 Auburn Boulevard, Citrus Heights. Children ages 5 to 12 are invited to the Sylvan Oaks Library for "Freedom of Expression" with ArtWorks. Express yourself using a variety of materials to create a unique art piece. For more information, call (916) 264-2920.

October 3, Manga Café: Kokeshi Dolls, 6 p.m., 2112 22nd Street, Sacramento. Kids, ages 5 to 18, are invited to the Ella K. McClatchy Library for Manga Café: Kokeshi Dolls. Create mini fold-art presidential wooden figures. For more information, call (916) 264-2920

October 4, Bad Art Night, 4 p.m., 4799 Stockton Boulevard, Sacramento. Calling all terrible artists and mediocre crafters, use a random assortment of crafting supplies to create the worst possible art project. Families can have fun with this silly project at the Colonial Heights Library. For more information, call (916) 264-2920.

October 5, Eraser Dot Art and Altered T-shirts for Teens, 6 p.m., 4799 Stockton Boulevard, Sacramento. Teens are invited to the Colonial Heights Library to join

October 6, Star Wars Reads Day, 2 p.m., 2901 Truxel Road, Sacramento. Children ages 5 to 12 are invited to the South Natomas Library to decorate Star Wars masks in honor of "Star Wars Read Day." For more information, call (916) 264-2920.

October 9, Kids Garden Club : Pressed Flower Art, 3:30 p.m., 4799 Stockton Boulevard, Sacramento. This is an opportunity for hands-on learning, inquiry, observation and experimentation in the library's Read and Feed Garden. Participation in outdoor experiences and build an understanding of and respect for nature and our environment. For more information, call (916) 264-2920.

October 9, Gyotaku Fish Painting, 4 p.m., 9845 Folsom Boulevard, Sacramento. Families are invited to the Rancho Cordova Library to learn about the Japanese tradition of Gyotaku fish printing and create your own fish artwork. For more information, call (916) 264-2920.

October 9, Bad Art Night, 6 p.m., 601 Alhambra Boulevard, Sacramento. Families are invited to the McKinley Library to create using a variety of arts and crafts supplies. Have fun making the worst possible art piece to be entered to win a prize. Sad clowns and velvet Elvis fans, unite. For more information, call (916) 264-2920.

October 13, Create a Time Capsule, 2 p.m., 10055 Franklin High Road, Elk Grove. Families are invited to the Franklin Library to create their own 10-year "time capsule" to celebrate Frankin Library's 10th birthday. Bring your imagination and any items you'd like to include in your personal time capsule and enjoy an afternoon of creating and celebrating the library branch's birthday. For more information, call (916) 264-2920.

October 16, Freedom of Expression with ArtWorks, 4 p.m., 891 Watt Avenue, Sacramento. Children ages 5 to 12 will have fun at the Arden-Dimick Library expressing themselves using a variety of materials to create a unique art piece. For more information, call (916) 264-2920.

October 16, Shrinky Dinks, 6 p.m., 9845 Folsom Boulevard, Sacramento. Teens are invited to the Rancho Cordova Library to create a freehand design or trace an image from a book on amazing plastic. Bake it for a few minutes and the creation shrinks. For more information, call (916) 264-2920.

October 17, Manga Café: Kokeshi Dolls, 4 p.m., 7340 24th Street Bypass, Sacramento. Kids, ages 5 to 18, are invited to the Martin Luther King, Jr. Library for Manga Café: Kokeshi Dolls. Create mini fold-art presidential wooden figures. For more information, call (916) 264-2920.

October 18, Duct Tape Masterpieces, 3 p.m., 891 Watt Avenue, Sacramento. This is a program for teens at the Arden-Dimick Library. Create your next artistic masterpiece using duct tape-the most durable medium available. Use a variety of solid colors and patterns and get instructions for making wallets, roses, flip-flops and more. For more information, call (916) 264-2920.

October 20, Jewelry Making, 10:30 a.m., 11601 Fair Oaks Boulevard, Fair Oaks. Adults are invited to the Fair Oaks Library to create their own jewelry from paper, beads, leather, wood and other found materials with ArtWorks. For more information, call (916) 264-2920.

October 21, Shrinky Dinks, 3 p.m., 828 I Street, Sacramento. Bring the whole family to Central Library for "Shrinky Dinks." Create a freehand design or trace an image from a book on amazing plastic. Bake it for a few minutes and the creation shrinks. For more information, call (916) 264-2920.

October 23, Five Freedoms Craft, 4 p.m., 9845 Folsom Boulevard, Sacramento. Children ages 5 to 12 are invited to the Rancho Cordova Library for this special program with ArtBeast. Create a mosaic poster using various materials to celebrate the Five Freedoms expressed in the U.S. Bill of Rights. For more information, call (916) 294-2920.

October 26, Day of the Dead crafts, 4 p.m., 2901 Truxel Road, Sacramento. Join the staff at the South Natomas Library to make Day of the Dead inspired crafts at their "Dia de los Muertos Crafternoon. For more information, call (916) 264-2920.

October 26, ARTober Crafts for Kids, 3:30 p.m., 2109 Del Paso Boulevard, Sacramento. Children ages 5 to 12 are invited to the North Sacramento-Hagginwood Library for this special craft program. Create paintings, greeting cards, stationery, or any kind of artwork with rubber stamps, paints and more. Bring your creativity and the library will provide the art supplies. For more information, call (916) 264-2920.

October 27, Halloween Crafts, 2 p.m., 2443 Marconi Avenue, Sacramento. Children will get in the Halloween spirit at the Arcade Library, with fun crafts, including paper bag ghosts, trick or treat bags, and more. They are encouraged to wear a Halloween costume. For more information, call (916) 264-2920.

October 27, Day of the Dead Skulls, 2 p.m., 2112 22nd Street, Sacramento. Celebrate the Mexican holiday, Dia de los Muertos, or Day of the Dead, at the Ella K. McClatchy Library, with sugar skull decorating. Learn the rich history of this important part of Mexican culture and its adaptation to new American traditions that celebrate Mexican American heritage. For more information, call (916) 264-2920.

October 30, Halloween Crafts, 4 p.m., 4660 Via Ingoglia, Sacramento. Children ages 5 to 12 are invited to the North Natomas Library for Halloween crafts. Ghosts, witches and jack-o-lanterns, oh my. Kids can make ghoulish decorations

to celebrate Halloween. For more information, call (916) 264-2920.

October 30, Kokeshi Dolls, 3:30 p.m., 9845 Folsom Boulevard, Sacramento. Children ages 5 to 12 are invited to the Rancho Cordova Library to create mini folk-art presidential wooden figures. For more information, call (916) 264-2920.

Special Events

October 7, DOGtober Fest, 9 a.m. to 3 p.m., Corner of Fair Oaks Boulevard and Grant Avenue, Carmichael. Carmichael Canine Corral at Carmichael Park. Entertaining games for kids and dogs, hot dogs and root beer floats. Vist the Sunday Farmer's market, too.

October 12, Moms in Motion Meeting, 6:30 p.m., 10054 Bruceville Road, Elk Grove. Elk Grove Moms in Motion Fall Meet and Greet will be held at Round Table. Women of all ages and fitness levels are welcome. Hear about how this team of women will nurture, train, inspire, encourage and help you give back to the community. For more information, call (916) 690-7624 or visit momsinmotioneg@gmail.com.

October 13, Natomas Harvest the Arts Celebration, 10 a.m to 5 p.m., 2901 Truxel Road, Sacramento. Families are invited to the South Natomas Library to celebrate arts in the Natomas community with local artists, sidewalk chalk, music and more. For more information, call (916) 264-2920.

October 13, Food Preservation Demonstration, 10 a.m. to noon, 4145 Branch Center Road, Sacramento. The Sacramento County UC Cooperative Extension Master Food Preservers invite the public to: "The Pressure's On, Basic introduction to safe pressure canning techniques." This free program is offered at the Sacramento Cooperative Extension Office. No advanced registration is required. For more information, call (916) 875-6913.

October 13, Worm Workshop, 10 a.m to noon, 4900 Stockton Boulevard, Sacramento. The Sacramento County UC Cooperative Extension Master Gardeners invite the public to a Worm Workshop. Worm composting is easy, fun, and an activity for everyone. Worm castings are called 'gold' for good reason. The free workshop will cover the basics of worm composting—the bin, the worms, feeding worms, and harvesting worm castings. Bring the entire family to this workshop. For more information, call (916) 875.6913.

Saturday, October 13th 11:00 a.m. - 2:00 p.m. Childrens Sunshine Celebration - FREE Admission Bounce House, Petting Zoo, Pony Rides, Carnival Games, and More! Master Puppeteer and Ventriloquist Tony Borders 2-3p.m, Greenhaven Lutheran Church 475 Florin Road at Gloria Dr. 916-428-8449

October 18, Drumming with ArtBeast, 4 p.m., 2443 Marconi Avenue, Sacramento. Kids, ages 5 to 12, can gather around a circle of drums and percussion instruments to create a community of rhythm at the Arcade Library. They will learn beats and enjoy playing various instruments. For more information, call (916) 264-2920.

October 20, Porcelain Tea and Show, 10 a.m. to 4 p.m., October 21, 10 a.m. to 3 p.m., 3330 McKinley Boulevard, Sacramento. The Camellia City Porcelain Artists invite you to their 21st Annual Tea and Show at the Sacramento Garden and Arts Center. Please join the artists for "Tea and Refreshments" and a display of hand painted porcelain.

October 25 and 26, Halloween Haunted House, 6 to 9 p.m., 4600 Blackrock Drive, Sacramento.

The public is invited to visit the Stage Fright Haunted House at the Natomas Charter School. Admission is \$2 per person. Each night will feature: a tour through the "Stage Fright" Haunted House, costumed dancers, face-painting for all ages, and a concession stand, storytelling and more. The event will also be held Saturday, October 27 from 5 to 9 p.m. For more information, call (916) 803-5863.

Calendar of Events

Santa Cruz Mission State Historic Park

Located off Mission Plaza on School Street overlooking downtown Santa Cruz (831)425-5849

Saturday, October 6, 1 to 2 p.m., Mission Cooking

Come to Santa Cruz Mission State Historic Park and experience different cooking styles used by the people who lived and worked here over 200 years ago. There will be a presentation of Ohlone and Spanish cuisine including hot rock cooking, tortilla frying on a Comal and baking in our Horno. You can even sample the creations and make your own tortilla. The event is free. Rain cancels.

Saturday, October 13, 1 to 2 p.m., Building Methods at the Mission

Come and see how the oldest building in town was made. Work with the materials used by the Ohlone to build their homes and the materials used by the Spanish to build Mission Santa Cruz. You will have the chance to get your hands dirty and make your own mini abode brick. The event is free.

October 26, Schoolhouse Rock: America, 4 p.m., 6132 66th Avenue, Sacramento. View the classic animated show, "Schoolhouse Rock," at the Southgate Library, featuring catchy and educational songs that you'll be humming for the rest of the day. Learn about the U.S. Constitution and memorize the Preamble to the Constitution when it's set to music in this edition of Schoolhouse Rock. For more information, call (916) 264-2920.

October 27, Harvest Festival, 11 a.m. to 1 p.m., 4799 Stockton Boulevard, Sacramento. Families can come to the Colonial Heights Library and celebrate the autumn harvest season and enjoy goodies, art projects, activities, and a visit to the Read and Feed Garden. Costumes are encouraged at this family event hosted by the Junior League of Sacramento. For more information, call (916) 264-2920.

Sunday October 28th 5:30 p.m. - 7:30 p.m. Games Prizes Treats! Trunk or Treat Greenhaven Lutheran Church, 475 Florin Road (at Gloria Dr.) 916-428-8449.

October 31, Halloween Dessert Party, 3:30 p.m., 8900 Elk Grove Boulevard, Elk Grove. Children ages 5 to 12 are invited to the Elk

Saturday, October 20, 1 to 2 p.m., Hides and Tallow

Come and see how Mission Santa Cruz participated in a world economy back in the early 1800's. Look at some of the major products of the mission; leather and tallow, and demonstrate how they were used. You will see how a branding iron works and get to make your own candle. The event is free. Rain Cancels.

Saturday, October 27, 1 to 2 p.m., Gardens of Time at the Santa Cruz Mission

What does a garden tell us about the people who planted it? Tour the native plant beds, neophyte kitchen garden, Mission olives and grapes, and memories of Victorian Nearyland. Taste the latest harvest, and take home history in a seed. The event is free. Rain Cancels.

The Santa Cruz Mission State Historic Park is located on School St. off of Mission and Emmet Street in Santa Cruz. Please call (831) 425-5849 for more information.

FOR THE FINEST IN MODEL TRAINS AT DISCOUNT PRICES

RAILROAD HOBBIES

• LGB • MARKLIN
• LIONEL • KATO
• ATLAS • ATHEARN
• MICRO-TRAINS • WALTHERS

OPEN 7 DAYS!

119 VERNON ST., ROSEVILLE • 782-6067

VALLEY COMMUNITY NEWSPAPERS, INC.
Community News In Your Hands

CONTACT A SALES REPRESENTATIVE TO ADVERTISE IN OUR NEWSPAPERS!
2709 Riverside Boulevard, Sacramento, CA 95818
916.429.9901 | www.valcomnews.com

Big Basin Redwoods State Park

Located 9 miles outside of Boulder Creek on Hwy 236 (831) 338-8883

Saturday, October 20, 6:30 p.m., A Special Event Announcement! The Missing Arm of William Waddell

Experience the haunted tale of Big Basin's last lumber mill owner and his fateful encounter with a grizzly bear! Celebrate the forest in autumn with this spooky and slightly silly half-mile theatrical guided walk through the redwoods at night. Ranger apples cooked around the campfire and storytellers round out this festive family event. The trail is stroller and wheelchair accessible. Registration begins at 6:30 p.m. Parking is \$10 per vehicle. Bring a flashlight.

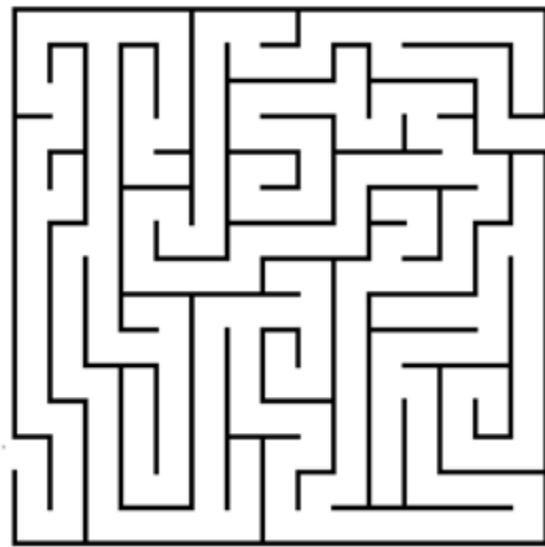
Every Saturday and Sunday, 11 a.m. and 2 p.m., Redwood Loop Walk (except for 11 on Saturday, October 20, due to special event)

How do these grand redwoods grow to be so old? So tall? How are they important to humans? Join this fun and informative guided half-mile stroll through a magnificent old-growth redwood forest. Meet the famous Mother Tree, the Father of the Forest and the incredible Chimney Tree on this 90-minute walk. Stroller and wheelchair accessible. Meet at Park Headquarters.

Saturday, October 6, 6 p.m., Twilight Hike

Join docent Norm Beeson for an easy, level walk for the whole family. Experience the turning of the day into night in the forest, and learn about the critters that are just becoming active as the sun goes down. This is a 1.5-hour, half-mile walk. Meet at Park Headquarters. Wheelchair/stroller accessible. Bring a flashlight. Sorry, no dogs on the trail.

Help these spooky friends get together!



Monarch's Day Natural Bridges State Beach

Located at the end of West Cliff Drive in Santa Cruz (831) 423-4609

Sunday, October 14, 10 a.m. to 4 p.m., A Special Event Announcement! Welcome Back Monarch's Day! At Natural Bridges State Beach

October's festivities are often dressed in orange and black, but Santa Cruzan's know it's not just for Halloween. Orange and black also reminds us that monarch butterflies are returning to over-winter along our coast. Welcome Back Monarchs Day is a Santa Cruz tradition as friends and families gather at Natural Bridges State Beach for a joyful, monarch-filled event.

Park visitors can participate in numerous activities including arts and crafts, active games for children, music, hand-cranked ice cream, along with informational booths including "how-to's" for creating a successful butterfly garden. Kids and adults are encouraged to dress up in orange and black for the monarch parade.

Monarch Butterflies are famous for their striking beauty, and for their multi-generational migration from western states to the California coast. The monarchs in our area arrive here from states west of the Rocky Mountains. The new arrivals are 4 generations removed from the butterflies that left here last spring. The over-wintering population you see along the coast is the longest lived generation—surviving up to 8 months.

They arrive through October and their numbers and visibility typically peak from late November to early December. They cluster in the eucalyptus, Monterey cypress and other trees for protection from wind and cold. When the weather warms to above 55 degrees Fahrenheit, you may see the monarchs burst from their clusters and flutter about in search of flower nectar and water.

Monarch migration is variable and their numbers differ from year to year. Natural Bridges State Beach is located at the end of West Cliff Drive at the north end of Santa Cruz. More information is available at (831) 423-4609. Photos are available upon request.

Tours of the Monarch Grove Begin October 21, Saturdays and Sundays at 11 a.m. and 2 p.m.

Join a Docent Naturalist for a tour of the state designated monarch butterfly preserve at Natural Bridges State Beach. Monarch butterflies are returning this fall to their winter home along our coast. Learn the story of this beautiful creature and its fascinating seasonal migration. Public tours are offered on weekends and no reservations are necessary, or you may call 423-4609 to arrange a tour for a group of 10 or more. Meet at the Visitor Center for the hour-long program. The walk is wheelchair accessible.



Trick? or Treat? Children's staggering Sugar consumption Unmasked in Time for Halloween

A message brought to you by First 5 Sacramento



This Halloween parents of preschoolers should be spooked that their child is eating 60 percent more than their body weight in sugar.

According to a study in the Journal of Pediatrics, the average 4- to 5-year-old consumes 17 teaspoons of added sugar a day, which amounts to approximately 64.6 pounds of added sugar a year. The majority of a child's added sugar intake comes from fruit drinks, high-fat desserts, soft drinks and candy.

Excessive sugar intake plays a role in escalating childhood obesity rates. Currently, one in three children in California is overweight or at risk of becoming overweight, regardless of age, race or gender. If left unchecked, obesity can lead to serious health problems, including type 2 diabetes, heart disease, stroke and cancer.

This Halloween, First 5 Sacramento provides the following

tips to help parents and caregivers make healthier choices for their children:

- Set limits. Only allow children a certain amount of sweets per day.
- Offer healthier snacks to trick-or-treaters. Or consider alternatives to candy, such as passing out stickers.
- Limit juice and soda. Even fruit juices have hidden sugars. Serve your children water and milk.
- Create new holiday traditions. Do activities together that don't include sweets.

Don't get spooked this Halloween, get healthy together as a family! Check out the sugar calculator at www.rethinkyourdrink.org

About First 5 Sacramento

Research shows that a child's brain develops most dramatically in the first five years and what parents and caregivers do during these years to support their child's growth will have a meaningful impact throughout life. Based on this research, California voters passed Proposition 10 in 1998, adding a 50 cents-per-pack tax on tobacco products to support programs for expectant parents and children ages zero to five. In the last year, First 5 Sacramento distributed approximately \$14 million a year in Prop 10 revenues to programs and services that meet local needs. Each county has a First 5 Children and Families Commission providing unique local services for that county. Surrounding First 5's include: First 5 Yolo: 530-669-2475; First 5 Placer: 530-745-1304; and First 5 El Dorado: 530-672-8298.

From here, go anywhere...



St. Albans Country Day School has a 49-year tradition of academic excellence. Our small class size, state-of-the-art facilities, and extraordinary faculty nurture each child's success in the core areas of math, English, science, social studies, Spanish, and computers, as well as in our enrichment programs in fine and performing arts, and physical education. We prepare our pre-K through 8th grade students to succeed and thrive in high school, college, and beyond.

Find out more about this one-of-a-kind school!

2312 Vernon Street, Roseville | 916-782-3557
www.stalbans.org



Founded in 1963 - W.A.S.C. Accredited. St. Albans is a private, independent and non-religious school.

Advertise Online

Have your ad be seen by many instantly. With thousands visiting our website daily, your ad will get tons of exposure.

Fast, Easy & Affordable.

Call 429.9901 for more info & rates.



VALLEY COMMUNITY NEWSPAPERS, INC.
is online at

www.valcomnews.com



All the Magical Disney Moments You'll Remember Forever!

The Magic Starts at \$17!

NOV. 1 - 4 POWER BALANCE PAVILION

Thu. NOV. 1 • 7:00 PM	Fri. NOV. 2	Sat. NOV. 3	Sun. NOV. 4
OPENING NIGHT TICKETS \$11!	7:00 PM	12 NOON 3:30 PM 7:00 PM	12 NOON 4:00 PM

*Excludes front row and VIP seats. No double discounts. Additional fees may apply.

Buy tickets at disneyonice.com, Ticketmaster.com, ticketmaster.com
Retail Locations, Power Balance Pavilion Box Office
or call 1-800-745-3000.

Regular Ticket Prices: \$17 • \$23 • \$40 VIP • \$65 Front Row
Additional fees may apply.



Fun Birthday Party Games Ideas for ages 7, 8, 9

then tugs the string to signal that there is a "fish" on the line. Then kids pull up the line and retrieve their prize. This is a simple but fantastic children's party game that kids adore! Have lots of prizes because they will all want to fish.

Treasure Hunt Games - Treasure hunts can be played in many different ways. The main idea of the treasure hunt game is to have the kids hunt hidden treasure by using clues.

Scavenger Hunt Games - Scavenger hunts can be played many different ways and are al-

ways fun to play at a party. The main idea of the scavenger hunt is to divide into teams / teams race to find (or do) the items on a list.

Mummy Wrap Game - One of the easiest and most fun games! See which team can wrap their mummy in toilet paper first. Divide into teams of 2 or 3 and give them 2 rolls of toilet paper. Let teams decide on who will be the mummy and then race to see who can wrap their mummy in toilet paper the quickest using all the paper. Stock up on paper and play this game a few times switching out mummy's.

Hula Hoopla Game - After splitting into two teams have children line up in two lines. Have each member of a team hold hands and tell them not to let go. Teams then try and get the hula hoop from one end of the line to the other and then back again without letting go of their hands. This birthday party game is silly and fun!

Silent Charades Game - Write down objects related to your party theme for birthday guests to act out. Make 2 per object. Example objects: elephant, rock, fireman, princess.

Place in a container - birthday guests pick one piece of paper. They must find their "match" by acting out what is on the paper without words. When they find their match they sit down next to that person.

Sponge Relay Games - Divide guests into 2 teams. Use 4 buckets; place two at the starting line and two 30 or more feet away. Fill the farthest buckets with water. Players take a sponge and run to the far bucket, dip the sponge in the water and then run back to the starting line bucket and squeeze the water into the empty bucket. The first team to fill their bucket wins. (Use larger buckets to hold the water first since a lot of the water will be lost as they race back to fill their bucket.) Variation: Race backwards for a crazy twist!

Birthday Prize Walk - Have a birthday prize walk instead of a cakewalk. Place numbers on the floor in the shape of an oval or circle. Start the music and the birthday party kids walk around the circle until the music stops. Pick a number out of a hat or roll a dice to decide which number wins a prize. The child that is standing on the number that is picked chooses a small toy from the birthday games prize table.

Mystery Fishing Game - For the "water" use a large appliance box, hang a sheet across a doorway, or cover a table so that the "fish" (and the person in the water) are hidden from view. Tie a string to a stick and attach a clothespin on the end of the string. Birthday guests take turns "casting" the line into the "water". The person in the "water" puts small gifts, favors or candy on the clothespin and

HAVE FUN COLORING!



Copyright © www.ActivityVillage.co.uk - Keeping Kids Busy

Nature's Critters
Let the animals touch you!

Reptiles • Amphibians • Birds
Mammals • Invertebrates

Ideal For:
Parties, Schools,
Daycares & Special Events

(916) 77-FROGS
www.naturescritters.com

Pirate Treasure - Fill a small pool or sandbox with sand and hide coins, birthday party favors, crystals, rings, jewelry - anything that goes with your theme in the sand. Have the kids use sifters and small shovels to sift through the pirate sand and find the birthday treasures.

Spoon race Games - Place an egg on the spoon and then with the word "Go" the birthday party guests must walk from the starting line to the finish line without dropping the egg. The first one to cross the line with the egg still on the spoon wins the game. **For team games** - divide the kids into 2 teams. Give team one spoon and egg. Each member runs the course without dropping the egg. When they return they hand the egg and the spoon to the next person and that person runs the course. Continue until all birthday guests have completed the game race. For older children make the game course more complex by adding obstacles. If they drop the egg, they must pick it up, go back to the starting line and begin again.

Bean Bag Toss Game - Cut several circles out of a piece of cardboard, or a large box. Decorate the cardboard with things from your theme. Use beanbags or socks (filled with beans and tied) to throw into the holes. Give small prizes if they make it in the holes.

Obstacle Course - Make a birthday party game obstacle course throughout your backyard using things like slides, elevated boards, trampoline, big boxes to crawl through and hula hoops to make the course. Compete against teams in this game or against the stopwatch. When they get good at the course make them do it again - walking or running backwards!

Tag Gone Wild Games - Kids love to play tag games (one person is "it" and if they touch or tag another person then that person becomes "it") and there are many game variations that adapt to many different birthday party themes.

Crazy base tag Game - Make bases using birthday party theme objects: maps for a pirate party, tutu's for a ballerina party, bugs for a nature party etc.

Freeze tag Game - When a child gets tagged they must freeze in that position until they are unfrozen by another player. When "it" freezes everyone they get to pick the next "it".

TV tag Game - When tagged a child must call out a TV character. If they can't think of one then they become "it".

Ameba tag Game - When "it" tags someone they hold hands with "it" and both must run after the other children without letting their hands go. Every time a child is tagged they become part of the "it". **Tunnel Tag Game** - After a child is tagged they must stand with their legs apart and freeze until someone crawls through their legs.

Trunk or Treat
SUNDAY, OCTOBER 28, 5:30-7:30PM
GAMES • PRIZES • TREATS

Greenhaven Lutheran Church
475 Florin Road (at Gloria Drive)
(916) 428-8449

FREE Children's SONSHINE Celebration FREE
Saturday, October 13th
11:00 am to 2:00 pm
Master Puppeteer and Ventriloquist
TONY BORDERS
2:00 pm to 3:00 pm

FREE Greenhaven Lutheran Church
475 Florin Road at Gloria Drive
428-8449

Come join in the fun at our
Annual Harvest Festival
Live music, games, jump houses & more
November 3rd
10-6pm

Extensive Amenities Including:
• Small Live Band
• Fall Music Program & Orange Caramel or Caramel
• Warming & Refreshment Tent
• Encouraging Experiences & Activities
• Spooking & Scaring
• Games, Activities, Entertainment & More
• Working Models including Tractor
• Fun & Educational with
Farm Animals on Campus

West Pioneer Academy
Allison Lee, Owner and a Performer

(916) 723-1400
WestPioneerAcademy.com
7723 Old Auburn Rd., Citrus Heights, CA 95610

Sandhill Crane Festival
November 2-4, 2012
Hutchins Street Square
Lodi, California

**NATURE TOURS | FAMILY ACTIVITIES
WILDLIFE DEMOS | WORKSHOPS
MUSIC | EXHIBIT HALL | ART SHOW
FREE ADMISSION!**

Time to register!

For more information call
800.581.6150
www.cranefestival.com

Presented by the Lodi Sandhill Crane Association and the City of Lodi

Gunther's Quality Ice Cream • Sandwiches • Salads • Espresso drinks • Cold Beverages

Reserve for your special event!

La Bombe Ice Cream & More

Private Parties: Sat/Sun til 11:30am
hours: M-F 11:30am to 9pm, Sat/Sun: 12 to 9pm

Buy one sandwich, get a kiddie scoop free!
One per customer per visit, expires 10/31/12

3020 H Street
At Alhambra
McKinley Square Shopping Center
Across from McKinley Park
448-2330 • labombeicecream.com

Chocolates & Gummies
Capital Confections
Sweet & Country Tastes
Candy & Confections

Bring in your favorite hooligan for free a treat! Oct. 29th-31st!

Offer valid for kids under the age of 15

Open Monday - Saturdays
Call (916) 973-0249

Sacramento's Favorite Children's Magician!

GREAT SCOT (916) 80-MAGIC (62442)
Amazing Magic
Laughs Galore
Fun for ALL ages!

mention this ad for a 10% discount

www.greatscotthemagicdude.com

A parent is a child's first teacher...



Talk, read, sing and play
with your child every day!

Find us on  at [/first5sacramento](https://www.facebook.com/first5sacramento)
for more parent tips and local resources