

July 2013

California Kids!

Free!

Valley Community Newspapers, Inc. • 2709 Riverside Boulevard, Sacramento, CA 95818 • www.valcomnews.com
Publishers of the Arden-Carmichael News, the East Sacramento News, The Land Park News, The Pocket News, and The Valley Shopper.



Summer Guide inside
pages 15-19



Glory Children's
Learning Center

2641 Cooper Way, Sacramento, CA

916-515-8446

www.glorychildren.com

LIC # 343617297

NOW ENROLLING!

\$100.00 OFF

3 months enrollment!

Only full time students / with coupon

Affordable & Quality Preschool and Child Care Center |

www.glorychildren.com



WHERE LITTLE TEETH ARE A BIG DEAL!

- Environment designed just for kids - video arcade, movies and more!
- Skilled at comforting & caring for all children, even the most anxious
- State-of-the-art offices & technology featuring low radiation X-rays
- Convenient hours (Early morning, evening, & Saturday appointments)
- Insurance friendly & payment options

6 Convenient Locations
(916) 678-3561
 CALL TODAY FOR AN APPOINTMENT!

NEW PATIENT SPECIAL

\$49 SPECIAL
 New Patient Exam, X-rays & Cleaning!
 \$262 Value

OR

FREE!
 Kids Sonicare Electric Toothbrush!
 \$55 Value



KidsCareDentalGroup.com

I-80 & Greenback • Folsom • Calvine & Hwy 99 • Sacramento • Elk Grove • Stockton

*Offer not valid in New Patient Only and may not be combined with any other offer. Limit one per person. Excludes Government Program Patients.

Table of contents

Wordsearch: Happy 4th of July!.....page 7

Make it Yourself!.....page 8

Who Wrote That? *Kelly Milner Hall*
 by Patricia Newman page 11

The Book Report: *By the Numbers: Counting books*
 by Connie Goldsmith page 14

Summer Guide pages 15–19

Travel: *Quebec City*
 by Carmel L. Mooney page 21

Calendar of Events pages 22–23

Parties! Parties!..... pages 26–27

BACK-TO-SCHOOL SUPPLY DRIVE

sacramentoZOO



Donate at the Sacramento Zoo



Visit the Zoo and help Kids in our community! Every day in July bring a new unwrapped school item and receive \$1 off general Zoo admission*

*This offer is not valid in combination with other coupons or offers, not valid on special event tickets.

FOLSOM MONTESSORI Preschool & Kindergarten

Folsom's first Montessori school... wonderful children and families have filled our school for 33 years!



PEEK INSIDE OUR CLASSROOMS at www.folsommontessori.com



Just as each child is unique, each Montessori school is unique.

502 Riley St. 351-0345

Learn French!

French After School Program in:

EFsac

Folsom
Rocklin
Sacramento

Education Française de Sacramento

www.efsac.com

CJ makes his debut

The Sacramento Zoo announces the public debut of CJ, the male Sumatran Tiger cub born March 3. The cub has remained behind the scenes with his mother while he gained the strength and coordination to maneuver the terrain of the outdoor habitat. Now, at three months old, he will explore the exhibit with curiosity and excitement. The new sights

and smells are sure to entertain this energetic young male between lengthy catnaps. Viewing will be available daily until 3 p.m., or when mom and cub are ready to go back inside. "We are excited that we can now share CJ with the public as he is now old enough to explore the exhibit with his mom," said Harrison Edell, General Curator at the Sacramento Zoo. "This is a big milestone for the cub and we hope that as the public gets to know CJ, they will be inspired to learn more about his wild counterparts." Tigers are solitary creatures and the father does not assist in the raising of cubs. For this reason, CJ and mom will explore the outdoor habitat during the day while the male lounges outside in the evening and overnight. Sumatran Tigers are critically endangered and found only on the Indonesian island of Sumatra off the Malaysian Peninsula. Fewer than 500 Sumatran Tigers are believed to exist in the wild and approximately 200 live in the zoos around the world. The Sacramento Zoo participates in the Sumatran Tiger Species Survival Plan® (SSP), coor-



CJ at 84 days old playing with a palm tree stump. Photo credit: Erik Bowker.

inated by the Association of Zoos and Aquariums. SSPs are cooperative breeding and conservation programs designed to maintain genetically viable populations of animals in captivity, and to organize zoo and aquarium-based efforts to preserve the species in nature.

Open since 1927, the Sacramento Zoo is home to more than 500 native, rare and endangered animals and is one of over 200 accredited institutions of the Association of Zoos and Aquariums. Located near the corner of Land Park Drive and Sutterville Road in William Land Park, the Zoo is wholly managed by the non-profit Sacramento Zoological Society. This Sacramento treasure inspires conservation awareness through education and recreation. Open daily from 9 a.m. to 4 p.m., general admission is \$11.25; children ages 2-11 are \$7.25 and one and under are admitted free. Parking is free throughout the park or ride Regional Transit bus #6. For information, call (916) 808-5888 or visit saczoo.org.

Fairytale Town Presents Summer FunCamps for Children

This summer, Fairytale Town offers more than 15 exciting and innovative educational camps for children ages 3 through 12. Each weeklong FunCamp is designed for a specific age group and features a unique theme, including visual and theatre arts, literature, puppetry, animals, gardening and more. Children can explore new areas of interest or dive deeper into their favorite topic. Three new camps are offered this year: Adventure Play introduces campers to the natural world; Crafty Kids covers creative crafting and art-making; and Farmer Brown's Farmers for ages 6-12 is an expanded version of Fairytale Town's popular animal camp for ages 4-6.

FunCamps are \$130 per camp. Visit www.fairytale-town.org to register. Fairytale Town members receive advance registration and camp discounts. For more information, visit www.fairytale-town.org or call (916) 808-7462.

JULY AND AUGUST CAMPS

Children Ages 4 - 6

• **Farmer Brown's Junior Farmers, Monday - Friday, August 5 - 9, 9 a.m. to noon.** Farmer Brown introduces campers to the daily regimens that keep Fairytale Town's friendly flock of farm animals fit and healthy. Campers will get to know these barnyard buddies while learning historical information and participating in related hands-on activities. Please note: Campers will have direct contact with Fairytale Town animals and animal feed. Some children may be allergic to the natural oils found in animal fur/hair and feed. Instructor: Jim Hernandez.

• **Little Artists, Monday - Friday, July 22 - 26, 9 a.m. to noon.** This camp introduces the world of art and basic art concepts to budding artists. Campers participate in a wonderful week of art projects featuring wall-to-wall drawing, cutting, pasting and painting in a relaxed environment. Topics include primary and secondary colors, drawing, sand art and patterns. Instructor: Elizabeth Vang.

• **Earthworks Garden FunCamp, Monday - Friday, July 8 - 12, 9 a.m. - 12 p.m.**

Fairytale Town offers plenty of green-thumb fun in this gardening camp. This FunCamp covers the basic essentials of home gardening with a focus on environmentally "green" practices. Campers will also receive an up-close perspective on Fairytale Town's own unique gardens and plants. Instructor: Trina Lee.

• **RockSchool, Monday - Friday, July 15 - 19 and August 12 - 16, 9 a.m. - 12 p.m.**

Channel your inner rock star in this rockin' FunCamp! This camp features hands-on experience with several instruments, including guitar, bass, drums and keyboard. Campers will also explore rock 'n' roll history and participate in rock-related art activities. RockSchool is perfect for beginning musicians, but no previous experience is necessary. Please note: This FunCamp gets loud! Instructor: Jessie Brune.

• **Puppet Palooza, Monday - Friday, July 29 - August 2, 9 a.m. - 12 p.m.**

Every story can be told with puppets! This FunCamp teaches students the original nursery rhymes and fairytales that inspired the play sets at Fairytale Town. Campers are then encouraged and inspired to retell the classic tales using puppets they create. Each day brings a new story! Campers will make a variety of puppets, including paper bag, sock and marionettes. Instructor: Kayla Willett.

Ages 6 - 12

• **Farmer Brown's Farmers, Monday - Friday, July 8 - 12, 1 - 4 p.m.**

Fairytale Town's popular animal camp gets expanded in this new FunCamp for ages 6-12. Farmer Brown gives a more in-depth look at what it takes to keep our friendly flock of farm animals fit and healthy. Campers will have plenty of hands-on contact with our fuzzy, furry barnyard buddies while learning historical information and participating in related hands-on activities. Please note: Campers will have direct contact with Fairytale Town

animals and animal feed. Some children may be allergic to the natural oils found in animal fur/hair and feed. Instructor: Jim Hernandez.

• **Curtains Up! Monday - Friday, July 15 - 19, 1 - 4 p.m.**

Fairytale Town presents a theatre arts FunCamp that emphasizes creative play-making onstage, offstage and backstage. Curtains Up! stresses the technical aspects of theatre, including script-writing, costume design and set and prop construction. Students will write, design, produce and perform their own short play in one fast-paced, fun-filled week. Instructor: Daphne Burgess.

• **Kitchen Chemistry, Monday - Friday, July 22 - 26, 1 - 4 p.m.**

In the newly reimagined Kitchen Chemistry FunCamp, campers will be introduced to the science behind their favorite foods through interactive demonstrations and hands-on cooking. Campers will learn about the major food groups and even have a chance to make their own ice cream. Please note: Campers will not be using a stove or cooking with an open flame. Instructor: Ka Vue.

• **Write Now! Monday - Friday, July 29 - August 2, 1 - 4 p.m.**

In this creative writing FunCamp, aspiring authors who wish to strengthen their storytelling skills will find a happy haven of literary enthusiasts packed with plenty of artful advice, energetic exercises and freestyle fun. The camp will cover fiction, non-fiction, prose and poetry, plus art illustrations. Instructor: April Peletta.

• **Crafty Kids, Monday - Friday, August 5 - 9, 1 - 4 p.m.**

In this new creative crafting and art-making FunCamp, campers will be encouraged to expand their creativity using paper, paint and both traditional and non-traditional crafting materials to create fun, three-dimensional works of art. In addition to learning the essentials of crafting, campers will also learn how to find inspiration to create



craft projects on their own. Planned craft projects include mask and book making, creating and designing your own hat, toys and more. Instructor: Ka Vue.

• **Zap! Boom! Pow! Comic Book Basics, Monday - Friday, August 12 - 16, 1 - 4 p.m.**

The perfect FunCamp for budding artists who want to draw, draw and draw some more. A special emphasis is placed on dynamic anatomy, character development and sequential storytelling techniques referencing characters

and profiles from the golden and silver ages of comics. Campers will have the option to create their own comic book or a freestanding art piece to display in a "comic book convention" setting. Instructor: John Lee.

From March through October, the park is open daily from 9 a.m. to 4 p.m. From November through February, the park is open Thursday through Sunday from 10 a.m. to 4 p.m., weather permitting. For more information, visit www.fairytale-town.org or call (916) 808-7462

HSPS

HOLY SPIRIT PARISH SCHOOL

A Leader in Catholic High School Preparation
Faith, Lifelong Learning and Community

K-8 • Academic Excellence • Interactive Classroom Technology
Performing/Fine Arts • Competitive/Recreational Sports Teams
Community Service • After-School Care

Applications are being accepted for the 2013/2014 school year, please call for a private tour.

Call 916-448-5663 for information or to arrange a campus tour
www.hs-ps.com

KOHL'S BUCKLE UP TO GROW UP • A UC DAVIS CHILDREN'S HOSPITAL PROGRAM

SAFETY best: USE YOUR vest, EVERY TIME YOU swim.

Most serious injuries to children are preventable. Through education and the proper use of safety equipment, parents can help keep kids safer. To find more information on child safety, visit us on our website or Facebook page.

For more information, call 916-734-9799

KOHL'S Cares **UC DAVIS CHILDREN'S HOSPITAL**

www.ucdmc.ucdavis.edu/injuryprevention • www.facebook.com/buckleup2growup



California Kids!

www.valcomnews.com

Publisher: George Macko
General Manager: Kathleen Egan
Contributing Writers: Connie Goldsmith, Carmel L. Mooney, Patricia Newman
Art Director: John Ochoa • **Graphic Artist:** Serene Lusano
Sales Manager: Patty Colmer
Advertising: Jen Henry • 916-429-9901
Distribution/Subscriptions: George Macko
Cover Photo by: Alexis Nyal
<http://www.flickr.com/people/alexisnyalphotography/>

California Kids! is published monthly and distributed to more than 1,000 locations in the Sacramento Valley, including all of Sacramento County, and portions of Yolo (Davis and Woodland), Placer (Auburn, Newcastle, Rocklin and Roseville), El Dorado (Cameron Park, El Dorado Hills, Placerville), and Nevada (Grass Valley, Nevada City) counties.

Subscriptions are available for \$30/year. Mail prepaid check or money order to California Kids!, 2709 Riverside Boulevard, Sacramento, CA 95818. Make sure to specify the person and address to which you wish issues to be mailed.

Deadlines for advertising and calendar listings are the 25th of the month prior to publication. Calendar listings should be mailed to 2709 Riverside Boulevard, Sacramento, CA 95818, faxed to (916) 429-9906, or e-mailed to kathleen@valcomnews.com.

Copyright 2013 by Valley Community Newspapers Inc., 2709 Riverside Boulevard, Sacramento, CA 95818. Phone: (916) 429-9901. Fax: (916) 429-9906. E-mail: kathleen@valcomnews.com. All rights reserved. Reproduction in whole or in part without written permission is prohibited.

Hands on History

Sutter's Fort State Historic Park is proud to present a special "Hands on History: Mining the Miners" event, Saturday, July 20. "There's gold in them thar hills!" was the cry that echoed around the world in 1849 and precipitated the largest unforced migration in the history of humanity. People from everywhere descended on the lightly populated and ungoverned land of California and their primary destination was Sutter's Fort before they headed for the hills in their quest for gold. Sutter's Fort was the last "civilized" place the new miners visited and the first place to which they returned for supplies, entertainment or, in many cases, disappointment. Many of these miners were innocent adventurers and their gold pokes became the target of nefarious traders, businessmen, and gamblers anxious to fetch easy money without having to wipe the sweat off their brows.

The most profitable game in town became "mining the miners." Fort visitors are invited to spend the day enjoying hands-on activities such as gold panning, playing games of

chance, period-appropriate bowling, and the opportunity to win "Sutter Bucks." In addition, there will be a display of guns and weapons from the Gold Rush era and demonstrations of black powder weaponry in action including the crowd-favorite firing of Sutter's cannon. Sutter's Fort is open daily, for more information, call (916) 445-4422.

About Sutter's Fort State Historic Park Sutter's Fort State Historic Park is operated by California State Parks with financial assistance from the nonprofit Friends of Sutter's Fort. Sutter's Fort State Historic Park is open daily from 10 a.m. to 5 p.m. Located in midtown Sacramento on L Street between 26th and 28th Streets, the Fort offers monthly "Hands on History" activities and special events throughout the year. Established in 1839 by Swiss immigrant John Augustus Sutter, Sutter's Fort was at the center of a flourishing agricultural empire named New Helvetia (New Switzerland.) This empire established Sacramento's earliest settlement and the first European settlement in California's Central Valley. For more information, call (916) 445-4422 or visit www.suttersfort.org

Rancho del Oso Nature and History Center

Summer Hours are Thursdays through Sundays in July, noon to 4 p.m.

Stop at the renovated Nature and History Center and discover new interactive exhibits and share the wonders and diversity of the Waddell Valley. Rancho del Oso is part of the ocean end of Big Basin Redwoods State Park and is located 17 miles north of Santa Cruz on Highway 1. Turn right before the Waddell Beach parking lot, you'll see a sign marked "Rancho del Oso Nature and History Center." From Half Moon Bay take Highway One south 30 miles and turn left after the Waddell Creek Bridge (2.6 miles south of Año Nuevo State Reserve). For more information call (831) 427-2288 or (831) 425-1218.



Baseball Wordsearch

Q L V I N W C S F S X N R M R
 V B D T B A L L S Y H Z P M Y
 O W A M D S F J Z V H Z C F J
 M U W T M L T U O G U D K S S
 D O B A T C E P U T S U G F Y
 X H Y B G E T I Q S N T E T O
 G B I H L L R L F T U G N B T
 S X H O M E R U N C Z Q P H I
 M T Y L P T P M D L P I C U N
 F R R W U E J N H X T E Y M N
 X H S I Q E T J N C R Y Z P I
 C R B Y K A X C H U V Q L I N
 Q R A R V E W E A P Z P E R G
 P X S D A N R H F E G W J E O
 Y L E V R D C L V H U O V C Z

ball base bat batter
 dugout field home run inning
 pitcher strike umpire



www.ActivityVillage.co.uk - Keeping Kids Busy

Effie Yeaw Nature Center events

July 6, Saturday, 10:30 a.m., American River the Beautiful
 Come celebrate the beauty of the American River this 4th of July weekend. Join a Naturalist for a walk and learn about this historic and beautiful waterway.

July 7, Sunday, 1:30 p.m., Leapin' Lizard
 Skinks, blue bellies, and alligator lizards, oh my! Come meet some resident lizards and find out what make these cold-blooded critters so amazing.

July 13, Saturday, 10:30 a.m., Plants with Purpose
 Join a Naturalist for a walk as they share the Native Californian's uses of plants for food, fiber, and medicine. Learn how the Native people "tended" the landscape so it would continue to provide a bountiful harvest.

July 14, Sunday, 1:30 p.m., Wet and Wild Pond Animals
 Some are slimy, some are bumpy, and some even have hard outer shells. Come meet some resident critters up close and find out why they call our local ponds and wetland habitats home!

July 20, Saturday, 10:30 a.m., What's the Buzz? Solitary Bees
 Join "Bee-ologist" Julie Serences to learn about the fascinating life cycle of native bees and why they are important to the ecology of our landscapes. Following a 45 minute program, stroll the grounds with Julie to identify a variety of busy native bees.

July 21, Sunday, 1:30 p.m., Bark rubbing
 Come explore the variety of trees found in the Nature Center's village and create your own colorful bark rubbing art. Learning how each tree's bark pattern is the key to identifying the many types found in this area. All ages welcome.

July 27, Saturday, 10:30 a.m., Beat the Heat!
 Take time to appreciate trees for all the shade they provide by enjoying a leisurely morning walk on the Preserve trails. Join a Naturalist as you watch for deer, hawks, woodpeckers and much more before the afternoon heats up.

July 28, Sunday, 1:30 p.m., Critter Corner
 Get a chance to meet one of the Nature Center's resident animals up close! Learn all about an amazing animal and its own unique journey to becoming an educational ambassador.

The Effie Yeaw Nature Center is located at California Avenue and Tarshes Drive, Carmichael. For more information, call (916) 489-4918 or visit www.sacnaturecenter.net

WILLS and TRUSTS
*Protect Those You Care For;
 Protect Your Children and Loved
 Ones if Something Happens to You*



Gilberto Lopez, Jr. Estate Planning Attorney
 (916) 665-1122 • www.gjlawoffice.com
 8031 Freeport Blvd., Sacramento, 95832
 Also experienced in Trust Administration & Personal Injury Auto Accidents



"my best friend!"
 Publish a photo of your family pet
 and tell us why they are so special to you.
**\$25 FULL COLOR PHOTO
 OF YOUR BEST FRIEND!**
 CONTACT JEN FOR DETAILS • 429-9901 • JEN@VALCOMNEWS.COM

Happy 4th of July!

Hey Kids! It's time to celebrate with family and friends and the beautiful red, white and blue! Grab your flag and sparklers and head out for a fun block party, or celebrate with your family in the driveway! Remember to have a bucket of water near! Yum! Hot dogs and corn on the cob! Can you find the hidden words that have to do with 4th of July celebrations? Some are easy and some are hard. See if you can find the words listed, they can be horizontal, vertical, diagonal, or backwards. See how many you can find...

V I N D E P E N D E N C E D A Y T
 E H O T D O G S E G R U B M A H M
 G A C Y G J F I R E W O R K S V S
 E M P A R A D E S H C G E F X W G
 E B I D T S E U C E B R A B I N A
 T U C I R I M K H T Z J U L Y S L
 A R N L X S O T S V H N G L S A F
 R G I O S G N N D J D C A K E L Y
 B E C H L O F V N S A C I R E M A
 E R S G N D D W A T E R M E L O N
 L S L R X T N A B E T U O K O O C
 E B O Z M O P O T A T O C H I P S
 C C T J V H G A F O U R T H P F I
 K H L R Z N W K O C H I C K E N D
 S P A R K L E R S B M O D E E R F

America	Flags	Hot dogs
Bands	Fireworks	Independence Day
Barbecues	Fourth	July
Cake	Freedom	Parades
celebrate	Hamburgers	Picnics
chicken	Holiday	Potato chips
cookout		Sparklers
corn on the cob		Watermelon

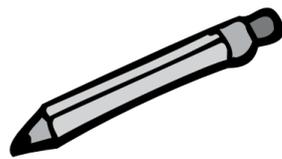
POWER SOUL STROLL FOR HEALTH 2013
 Save the Date!
 Join us Saturday, August 10th
 9:00am-11:30am
 William Land Park, Sacramento
 *No Walk, No Run
 *Registration information coming soon!
 *Full registration in these areas for the National Park!



TAEKWONDO
5 WEEKS
 for **\$59.99**
 Unlimited attendance.
 Classes Monday - Friday at 5pm, Saturdays at 11am
 9250 Greenback Lane, Orangevale, CA • 916-987-7200



MAKE IT YOURSELF!



Patriotic Pen Pot Craft

This patriotic pen pot craft bears a striking resemblance to Uncle Sam's hat! It is quick and easy craft for kids of all ages for Fourth of July.

You will need:

Cardboard tube (toilet roll), Red, white and blue paint, thick blue construction paper, glue (Optional white paper and a star craft punch)



You will need to:

Paint the bottom of your tube blue and the top white. Leave to dry. Paint red stripes onto the part of the tube you painted white. Either paint on some white stars or punch some out of white paper and glue them on to the blue, or buy star seals. Cut out a circle of blue construction paper and glue your tube into the center. Leave to dry and fill with pens.

Patriotic Plant Pot

Children will enjoy painting up some patriotic plant pots to decorate the house and garden for Fourth of July. You could line some up your steps to welcome visitors to your party, take a lightweight plastic plant pot with you to decorate the picnic table, or just scatter them about for fun. And of course you don't even have to fill them with plants! They make good plastic cutlery containers or could even be used for snacks.



You will need:

Plastic or terracotta plant-pot, red, white and blue acrylic paints (if you do not have acrylic mix poster paint with white glue) (Optional white paper and a star craft punch)

You will need to:

Paint the bottom of your pot white and the top blue. Leave to dry. Paint some red stripes onto the white section of the pot. Either paint white stars onto the blue section, or punch some out of white paper and glue them on. If you glue on stars, you should paint over the whole design with a thin layer of white glue, diluted half and half with water, to protect and seal.

Crafts courtesy of: www.ActivityVillage.co.uk - Keeping Kids Busy

Patriotic Wand

Children can make this stunning patriotic wand to wave at the Independence Day parade, to decorate the house, or just for fun!

You will need:

Red, white and blue card, stick or dowel, thin red, white and blue ribbons, glue, tape

You will need to:

Cut one large, one medium and one small star from different colors of card. Glue one on top of the other, and tape to the stick. Cut lengths of the ribbons and glue them to the back of the star.



Uncle Sam craft

This Uncle Sam craft for kids is a great Fourth of July activity, using simple craft cupboard supplies and a little bit of paint and patience.

You will need:

Paper cup, polystyrene ball, pink, white and red paint, blue and white card, wool, wiggle eyes, blue and pink felt, glue, coloring pens

You will need to:

Paint the ball pink, and, if necessary, the cup white. Leave to dry. Glue the ball on to the bottom of the cup. Paint red lines from base to half way up the cup. Cut a jacket shape from felt and stick it around the top part of the body. Cut two blue felt arms. Stick pink felt hands to them and glue them to the body. Now for the head— First, stick on some wool hair. Next make the hat by cutting a rectangle of white card. Draw on the hat design – blue around the base with white stars and red stripes - and then roll into a tube and tape to secure. Cut out a blue circle and glue your tube to the center of the circle. Stick on to the head. Finish off with two wiggle eyes and draw on a face. Uncle Sam is ready to go on display!



Fairytale Town Programs

• **International Celebration, Saturday, July 6, 11 a.m. - 3 p.m.** Fairytale Town presents a day of international dance and fun on the outdoor Mother Goose Stage. Enjoy performances from regional groups performing dances from around the world. Performances feature Chinese lion dancers and drumming, Scottish highland dancing, ballet folklorico and more. This program is free with paid park admission. Weekend admission is \$5 for adults and children ages 2 and older and free for children ages 1 and under. For more information, visit www.fairytaletown.org or call (916) 808-7462.

• **Adult Workshop: Adventures in Play, Wednesday, July 17, 5:30 - 7:30 p.m.** Play is the cornerstone of child development. Fairytale Town's executive director Kathy Fleming spent three months abroad exploring how play is researched, perceived, organized and delivered in England and Europe. In this workshop, adults will learn why play is essential to children, how children play in other countries and what is happening to the state of play for today's children. This workshop is open to parents, teachers, caregivers and those adults who are still children at heart. This workshop is free, but advance registration is required. To register, please email education@fairytale-town.org. For more information, visit www.fairytaletown.org or call (916) 808-7462.

• **Very Special Arts Day, Saturday, July 13, 11 a.m. - 3 p.m.**

Performances, visual art shows, and art "funshops" will be featured at this annual event presented by I Can Do That! Very Special Arts Day brings together children of all abilities to interact through, create and enjoy the arts. Enjoy a performance by ACT ON!, a children's theater camp project of I Can Do That!, and view visual arts creations by I Can Do That! students. Stop by the art "funshops" to make flying saucers, rhumba shakers, pipe cleaner jewelry, spiral mobiles

• **Children's Play Day, Saturday, July 20, 11 a.m. - 3 p.m.**

Performances, visual art shows, and art "funshops" will be featured at this annual event presented by I Can Do That! Very Special Arts Day brings together children of all abilities to interact through, create and enjoy the arts. Enjoy a performance by ACT ON!, a children's theater camp project of I Can Do That!, and view visual arts creations by I Can Do That! students. Stop by the art "funshops" to make flying saucers, rhumba shakers, pipe cleaner jewelry, spiral mobiles

Celebrate the importance of childhood play with a fun-filled day for the whole family. This program features games, hands-on activities, arts and crafts and more. Plus, enjoy a performance of "Jack and the Beanstalk" by the Fairytale Town Troupers on the outdoor Mother Goose Stage. Children's Play Day and the theater shows are free with paid park admission. Weekend admission is \$5 for adults and children ages 2 and older and free for children ages 1 and under. For more information, visit www.fairytaletown.org or call (916) 808-7462.

The Fairytale Town Troupers close their season with a clever retelling of the classic children's tale "Jack and the Beanstalk." Brave Jackson sets out on a dangerous quest to reclaim his lost family treasure and save the sleepy countryside from the dark sorcery in the sky. Armed with only his courage and a magical singing sword, Jackson climbs up and up, into the mysterious kingdom of the clouds, for an unexpected journey into adventure. Performances will take place on the outdoor Mother Goose Stage and are free with paid park admission. Weekend admission is \$5 for adults and children ages 2 and older and free for children ages 1 and under. For more information, visit www.fairytaletown.org or call (916) 808-7462.

information, visit www.fairytaletown.org or call (916) 808-7462.

• **Family Campout at Fairytale Town, Saturday, July 27, 5:30 p.m. through Sunday, July 28, 7 a.m.**

Spend the night at Humpty Dumpty's house. This exciting overnight adventure includes a theater performance, arts and crafts activities, a scavenger hunt, bedtime stories and a sing-along. Wake up the next morning under Fairytale Town's canopy of trees to a light continental breakfast. Prices range from \$25-\$30 per person and include all activities. Member discounts are available. For more information, visit www.fairytaletown.org or call (916) 808-7462.



Summer is in the air
and Summer Camp is here



INTERNATIONAL
GYMNASTICS
CENTRE, USA

The Art of Gymnastics

916-372-4496 • 1260 Triangle Ct. • www.SacramentoGymnastics.com

Free Open Gym!
Saturday, July 13th, 2013 12:00 pm to 2:00 pm
Come meet our talented and highly acclaimed coaches, Olympian,
international, national, regional and state champions

July Special - Registration fee of \$25 waived throughout the month of July. Summer Camps, parties, Girls, Boys, Gym

CALL 916-372-4496
to reserve your spot today!



HAVE FUN COLORING!



www.ActivityVillage.co.uk - Keeping Kids Busy

REAL TRAINS. TOY TRAINS. ALL ABOARD!

Weekend Train Rides Are a Great Way to See Your River AND Have Some Fun

VISIT the California State Railroad Museum in Old Sacramento, open daily 10 a.m. – 5 p.m. It's a family experience filled with sharing and learning that will delight like no other.

EXPERIENCE your childhood again as you tour *Small Wonders: The Magic of Toy Trains*, America's most comprehensive toy train exhibit.

RIDE behind a vintage locomotive for a 40-minute ride atop the Sacramento River's levees, departing Old Sacramento every Saturday and Sunday hourly 11 a.m. – 5 p.m. April – September.

SHOP for children's items, gifts, books, DVDs, clothing and dazzling reproduction dining car china at our Museum Store — a year-round supplier of *Chuggington* and *Thomas* products!



CALIFORNIA STATE RAILROAD MUSEUM
Corner of 2nd and "I" Streets, Old Sacramento
(916) 445-6645 www.californiastaterailroadmuseum.org



Who wrote that?

The Creators of Your Child's Favorite Books

Featuring Kelly Milner Hall

By Patricia Newman

Award-winning nonfiction author Kelly Milner Hall uses memories from her childhood to write books for young readers. "The freedom I had to explore miles of undeveloped wooded acres and everything that thrived in those woods gave birth to every book I've ever written," she says. Her experiences between the ages of nine and twelve were "the happiest, most joyful, discovery ridden" of her life.

She recalls gathering what she thought was an abandoned spider egg, placing it in a jelly jar with holes punched in the metal lid, and waiting for it to hatch. Every day, Halls watched and waited. "One day when I was all but convinced it would never hatch, I saw something move from inside the egg." To her surprise, the egg yielded a single lizard rather than dozens of spiders. "I got to watch it take its first breath of air, its first steps inside the jar. I watched it scamper away when I set it free where I'd found it months before... I remember the wonder I felt, the magic—like it was yesterday."

Although Halls was a reader, she thought fiction was boring and too much work. Until her teacher read *Charlotte's Web* aloud. "Fern was so much like me, I thought the writer knew me," Halls says. "And that connection convinced me fiction had a value." Up un-

til that time, biographies of Abraham Lincoln were her favorite books. "I almost never found books that appealed to me as a kid," she says. Today, her passion for natural history, the weird, the supernatural, and the unexplainable permeates her books for children. "I write the books I would have loved as a child."

For example, when Halls was young a friend sent her a postcard with a picture of a mummy on the front. "It gave me nightmares," she says, "but it also made me terribly curious. Who was that dead guy? How did he die? Did he have a name? No one could answer my questions." As an adult, Halls finally had the power to locate experts to answer her questions. *Mysteries of the Mummy Kids* attempts to dispel a child's fear about mummies with the facts. "Once you have answers, fear evaporates," she says.

After writing *Wild Dogs*, a book that explores dogs from various continents, Halls turned her attention to *Wild Horses*. At the time, the U.S. was at war with Iraq and Halls was conducting research on wild horses of the Middle East. She read an article about a U.S. soldier named Major William Sumner assigned to save deposed dictator Saddam Hussein's Arabian stallions. Although the horses were not



wild, they were as close to the wild Arabian bloodline as she could get. She emailed the soldier and interviewed him for her book. Major Sumner's chance comment that horses were not the only animals he rescued planted the seed for Halls' next book. After the bombing of Baghdad, only 40 starving emaciated animals remained out of a collection of 600 at the Baghdad Zoo. *Saving the Baghdad Zoo* credits Major Sumner, the Iraqi people, and several organizations for an enduring symbol of hope and peace.

The research process for each of Halls' books lasts anywhere from three to five years. "Enormous amounts of research are necessary," she says, "in part because the topics are somewhat unusual. There were no books about albinism when I wrote *Albino Animals*, apart from text book and medical materials." Halls frequently in-

terviews experts and attends professional conferences on her book's topic. Before writing the manuscript, she creates a proposal and writes a sample chapter, which she submits to a group of carefully targeted editors.

According to Halls, the biggest misconception about writing for children is that it is easier than writing for adults. "Untrue," she says. "It's much harder. I know because I've done both. Writing for kids is far more intense because you have to do the same research you would for grown-ups, then bring it into focus for a younger reader, developmentally speaking. You have to bring some very sophisticated ideas and processes into clear view for kids who have never even imagined them before."

In a funny research twist, Halls set out to prove that Sasquatch was not real when

embarking on *In Search of Sasquatch*. "I slowly evolved to thinking I was wrong," she says. "Sasquatch surprised me and that's hard to do."

Halls admits that she craves approval for her writing, but not in the form of traditional awards and reviews. "They are nice," she says, "but I crave the approval of the kids for whom I write. Knowing they love [my] books is the best form of prestige. They are the reason I write."

Whether Halls speaks to students or a group of writers, she always advises her audience to embrace their inner weirdness. "My career began to soar the minute I embraced the person I really was," Halls says. "No more wishing I was like another writer. No more wishing I could write something else. The minute I began to love the work I was good at, that work rewarded me. I hope that will help other writers search for authenticity in themselves, too."

Next month: Jo Kittinger

Patricia Newman is the author of *Jingle the Brass* (Farrar, Straus & Giroux), recommended by the Smithsonian National American History Museum and *Nugget on the Flight Deck* (Walker), recipient of the California Reading Association's Eureka! Silver Honor Award for excellence in children's nonfiction. Her newest books *Energy Lab: Biofuels and Energy Lab: Water Power* are now available. Visit her website at www.patriciamnewman.com for more information.

LEARN MORE ABOUT KELLY MILNER HALL

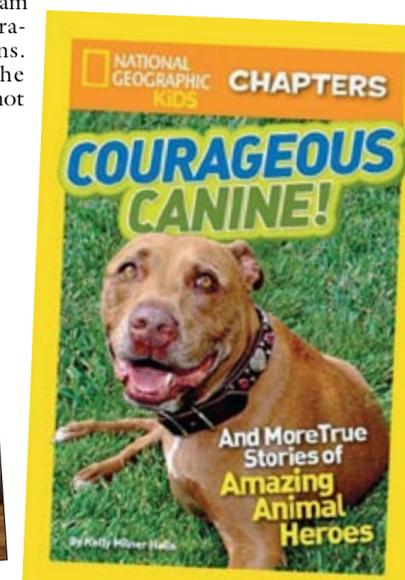
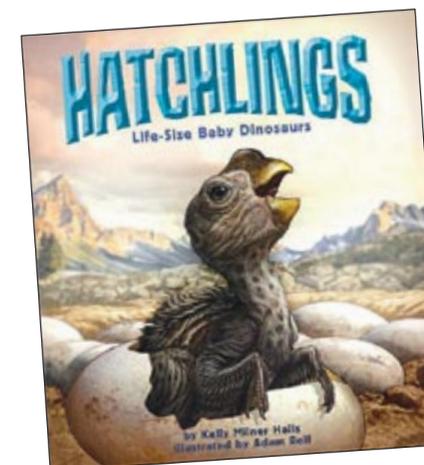
Visit: www.HelakoskiBooks.com

SELECTIONS FROM KELLY MILNER HALL'S LIBRARY

- Tiger in Trouble*, National Geographic, 2012.
- Hatchlings: Life-Size Baby Dinosaurs*, Running Press, 2012.
- Alien Investigation*, Millbrook Press, 2012.
- In Search of Sasquatch*, Houghton Mifflin Harcourt, 2011.
- Saving the Baghdad Zoo*, Greenwillow Books, 2010.
- Dinosaur Parade*, Sterling/Lark, 2009.
- Mysteries of the Mummy Kids*, Darby Creek/Millbrook, 2008.
- Tales of the Cryptids*, Darby Creek/Millbrook, 2006.
- Wild Dogs*, Darby Creek/Millbrook, 2005.
- Albino Animals*, Darby Creek/Millbrook, 2004.

UPCOMING

- Courageous Canine*, National Geographic, July 2013.
- Ghost*, Millbrook Press, October 2014.



What's Your Dream?

**HIGH SCHOOL
VIRTUAL LEARNING ACADEMY**
GRADES 9-12



- Earn your high school degree from home while receiving support on campus
- One-on-one teacher support, learn at your own pace
- Choose the schedule that works for you with options from 1 to 5 days per week on campus
- Counseling, field trips, workshops and social activities are available

TUITION-FREE!

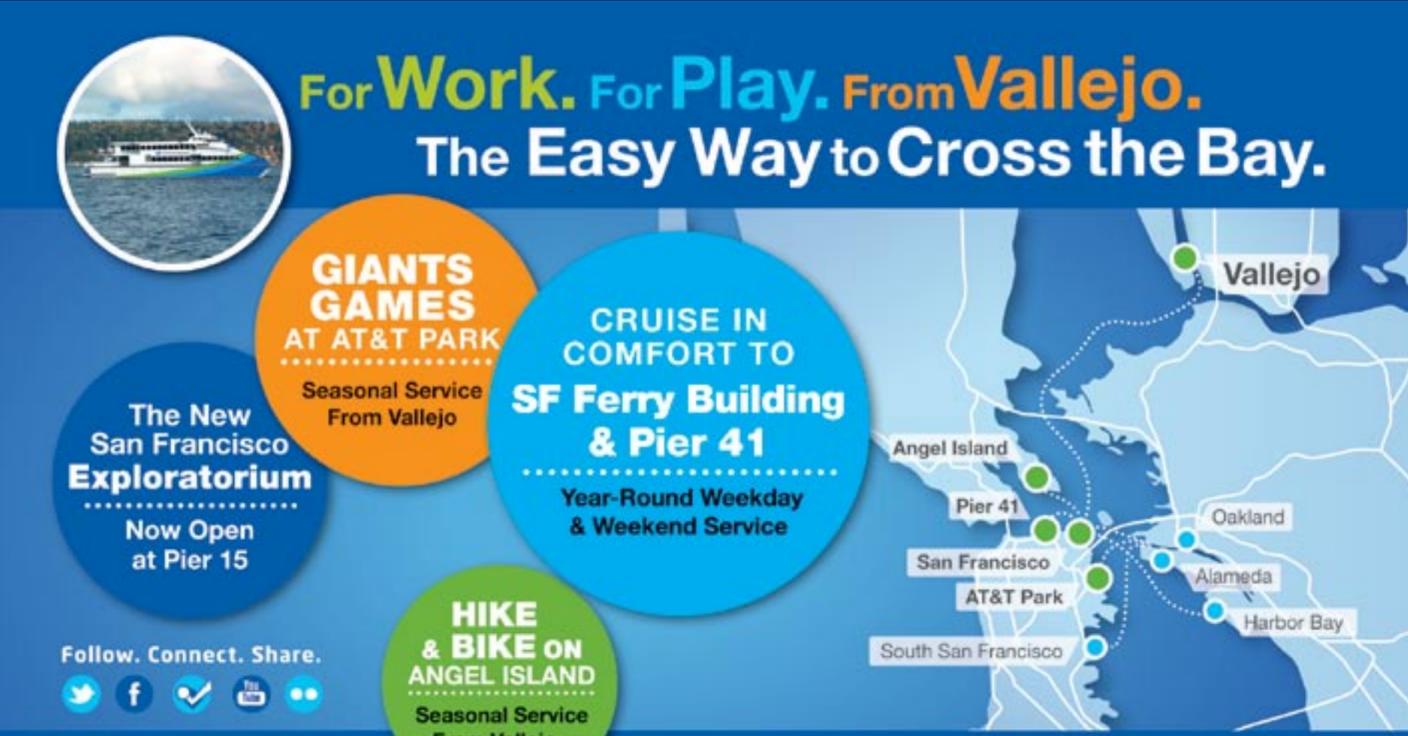
Enroll today for the fall semester at www.YourDreamSchool.org 916-928-5343

Natomas VLA is YourDreamSchool.org Check it out!



VLA is an Academy of the Natomas Charter School Education Network

For Work. For Play. From Vallejo.
The Easy Way to Cross the Bay.



GIANTS GAMES AT AT&T PARK
Seasonal Service From Vallejo

CRUISE IN COMFORT TO SF Ferry Building & Pier 41
Year-Round Weekday & Weekend Service

HIKE & BIKE ON ANGEL ISLAND
Seasonal Service From Vallejo

The New **San Francisco Exploratorium**
Now Open at Pier 15

Follow. Connect. Share.

For Ferry Route, Schedule, Ticket and Terminal Information
www.SanFranciscoBayFerry.com
(707) 643-3779



TNT FIREWORKS

AMERICAN PRIDE GIVEAWAY
valued at \$164.04
ONE GIVEN AWAY AT EVERY STAND!

FIREWORKS \$5 & UNDER
(OVER 20 ITEMS UNDER \$5)

VOTED #1 FINALES

- Game Time: \$39.99
- DELTA: \$49.99
- OPENING SHOW: \$59.99

BUY ONE GET ONE FREE
WHILE SUPPLIES LAST

- THE AMERICAN PRIDE: \$22.99
- THE SIZZLER: \$22.99
- THE AMERICAN PRIDE: \$5.99
- THE SIZZLER: \$5.99
- THE AMERICAN PRIDE: \$9.99
- THE SIZZLER: \$9.99
- THE AMERICAN PRIDE: \$17.99
- THE SIZZLER: \$17.99
- THE AMERICAN PRIDE: \$8.99
- THE SIZZLER: \$8.99

ASSORTMENTS

- COCKY'S NEST: \$49.99
- FAMILY OF THE PAK: \$39.99
- TNT BIG: \$149.99
- PERFECT SHOW: \$99.99
- TIMER: \$149.99

\$10 off
ANY PURCHASE of \$50 or more
CODE#4110

Product availability governed by state and local laws. Check local ordinances for sale and use of fireworks. To redeem you must present coupon at checkout of participating TNT® Fireworks stands and tents, or TNT® Supercenter locations.
OFFER GOOD THRU JULY 5, 2013.

VISA MasterCard DISCOVER **WWW.TNTFIREWORKS.COM** f

THE BOOK REPORT

By the Numbers: Counting Books

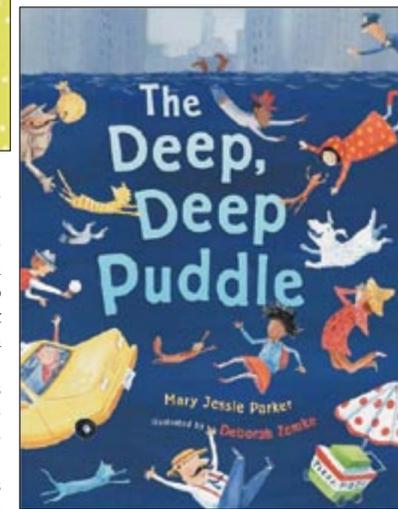
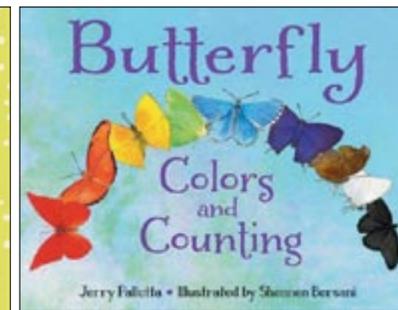
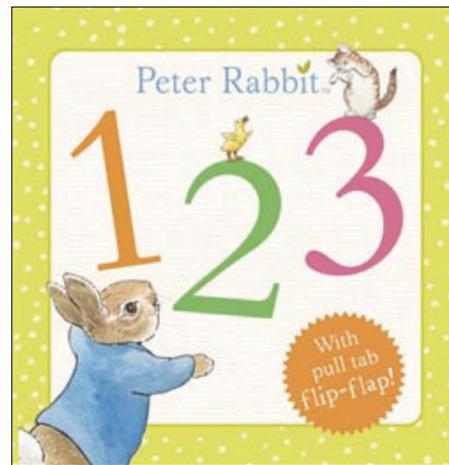
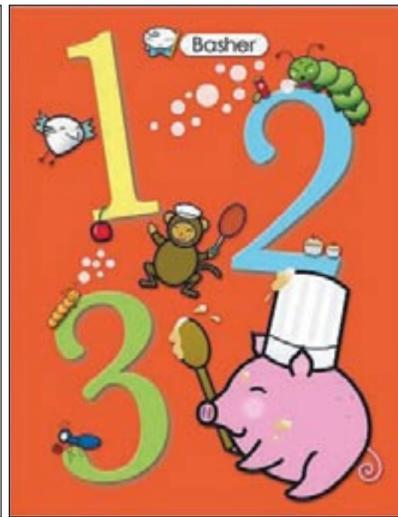
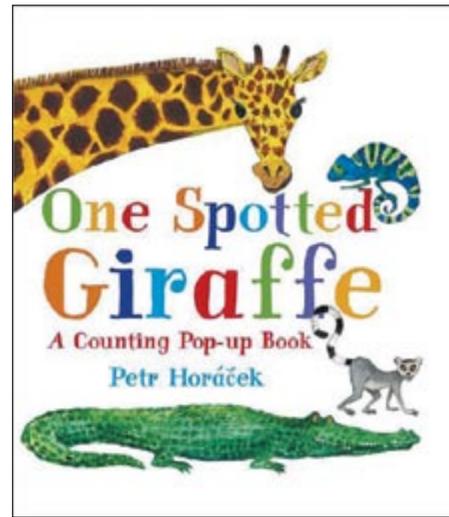
By **Connie Goldsmith**

Every child learns how to count, and most learn before they get to first grade. Counting books turn this simple task into a joyous good time when parent and child read together. Try using numbers in games during tedious car rides. Count blue cars, red stoplights, or yellow bicycles to help little ones learn their colors and numbers. Knowing the numbers builds the foundation for later learning. Making it fun as well, instills an important lesson in young minds.

“One Spotted Giraffe: a counting pop-up book,” by **Petr Horáček**. (Candlewick). All kids love animals, making them a perfect topic in counting books. In this lovely book, children can count one spotted giraffe, two striped zebras, and three speedy cheetahs. Each double-page spread features the animals in full color along with a fold out section that depicts the pop-up number as the animal. Number one is a spotted giraffe neck; number two is striped like a zebra, and of course, number three looks like a cheetah. There are snakes and crocodiles, pandas and lemurs, toucans and chameleons in this delightful book. Toddlers and preschoolers will enjoy learning numbers and animals through the bold colors and pictures of this book.

“Basher 123,” by **Simon Basher**. (Kingfisher). Trust well-known author/illustrator Basher to take a simple concept such as counting to new heights. With Manga-inspired quirky characters, big numerals, bright colors and plenty of background space, this innovative counting book delights both eye and ear. The critters always surprise! “Three messy little pigs learn their colors and numbers. Knowing the numbers builds the foundation for later learning. Making it fun as well, instills an important lesson in young minds. Nine daring ladybugs show off on their skateboards. Twelve twinkling stars wave a bright hello to Earth.” Each double-page spread holds a fun surprise for children to examine, such as Hula-hooping cows, puddle-hopping sheep, and cowboy-hatted rabbits. The words and art are a joy to behold. The numbers go from one to twenty, uncommon in a counting book for young children. This one’s a keeper! ** Reviewer’s pick of the month**

“Peter Rabbit 123.” (Frederick Warne). Beatrix Potter’s original “The Tale of Peter Rabbit” has been widely franchised since it was first published in 1902. This soft-covered board book is perfect for the tiniest hands to hold, and the trademark bunnies, ducklings, kittens and squirrels are readily recognizable. The pages show not only the animals to be counted, but include colored dots so a child has two visual means of learning the number. And a



nifty pull-out tab on the last page features a pull-out tab, that when slowly stretched out, reviews the numbers yet again, making it easier than ever for a young child to learn to count.

“Butterfly Colors and Counting,” by **Jerry Pallotta**, illustrations by **Shennen Bersani**. (Charlesbridge). Try this darling board book for the very youngest. Children can learn to count one to ten while learning the names of ten colors at the same time, red, blue, green, purple and more. The colorful art shows ten species of real butterflies from around the world, some rare, some more common. The butterflies are named on the back of the book for the curious reader. The durable book will hold up to repeated readings and is perfect to pass on to younger sibs and cousins.

“The Deep, Deep Puddle,” by **Mary Jessie Parker**, illus-

trated by **Deborah Zemke**. (Dial). It’s raining really hard in the big city, so hard that a giant puddle forms in a busy street. The puddle gets bigger and bigger, and deeper and deeper. Soon, animals and tourists and robbers and street vendors and taxis fall into the puddle. Count up from one to twelve, until police and tank trucks arrive to save the day by schlurping the puddle dry. Count down from twelve to one as the trucks drive away, police arrest the robbers, tourists climb into taxis and one very wet dog shakes and shakes, making a new puddle. The gouache art is innovative and engaging, showing the busy street and jam-packed puddle from various points of view. The double-page image showing the piles of

people and taxis and animals after the puddle is gone amuses and delights. Kids will love this silly fantasy and the counting up and down that goes along with it.

Connie Goldsmith (www.connie-goldsmith.com) lives in Carmichael where she writes for adults and children. See her nonfiction juvenile books, “*Battling Malaria: on the Front Lines Against a Global Killer*,” and “*Skin Cancer*,” one of the USA Today Health Reports series, in school and public libraries, and at online booksellers.

California Kids!
Family Fun Guide

Schools and Parks, do you have after-school programs? Advertise in California Kids! Parents are looking for activities!

Call Jen for the best spaces and rates
(916) 429-9901 jen@valconews.com

WILLIAM LAND GOLF COURSE

1701 Sutterville Road, Sacramento, CA 95822 // 916.277.1207 // www.tftgs.org

The First Tee of Greater Sacramento Junior Programs:

- Now Enrolling:
- Available for Juniors 5-17
 - Summer Camps Monday-Thursday
 - Summer Saturday Classes June-August
 - Parent/Daughter Saturday Classes

For program information & registration visit www.tftgs.org. Call 916.451.6240 with questions about upcoming classes.



- Check out our new LOWER GREEN FEES and EARLIER TWILIGHT TIMES for All Play Card Holders. Call the ProShop at 916-277-1207 for details and to book a tee time.
- Mulligan Cafe: Check out our new Pastrami or Philly cheese steak sandwiches. Biscuit and Gravy with two eggs served any style for only \$3.99. Breakfast served all day... You don't have to golf to enjoy great food.

Affordable Family Fun!

SACRAMENTO STATE AQUATIC CENTER



- Boat Rentals • Team Building • Youth Camps
Adult Classes • Birthday Parties
Facility Reservations • Boating Safety Classes

Located on Beautiful Lake Natoma
1901 HAZEL AVENUE • GOLD RIVER, CA 95670
916.278.2842

Come check it out!

OPEN TO THE PUBLIC • www.sacstateaquaticcenter.com



Fairy Tale Town

Come Over & Play!

July 6

International Celebration • Dance & Music Performances!

July 20

Children's Play Day • Games & Hands-on Fun!

July 27

Family Campout • Overnight Family Adventure!

Open Daily 9 AM to 4 PM

Weekdays \$4/Weekends & Holidays \$5
FREE ADMISSION for Children 1 and Under

3901 Land Park Drive, Sacramento
(916) 808-7462

For more programs and events, visit www.fairytaletown.org



Summer Sale Paper Animal Sculptures



Duarte Paper Art is created on a single sheet of paper, where the outside shape is cut out and the figure is pre folded. With simple step-by-step instructions, anyone can turn a sheet of paper into a beautiful realistic figure. Try the entire series: NO Scissors needed, just Glue

A Beautiful Collection of
PaperArt

DUARTE

For more information please visit our website
www.duartepaperart.com
p 916 550 9484 f 916 550 9898
info@duartepaperart.com



SUMMER GUIDE

Education, Camps, Sports, Getaways, Entertainment, Amusement Parks and More!
For ad rates, call (916) 429-9901

FAIR OAKS THEATRE FESTIVAL PRESENTS **Cinder-Ella**

By
John Lee

all seats
\$4.00



Directed by
Tracy Shearer

An adventurous one-hour children's show!

Saturdays, 10am and 12 noon, July 6, 13, 20, 27

Fair Oaks Community Clubhouse
7997 California Avenue, Fair Oaks Village
www.FairOaksTheatreFestival.com
For more information call (916) 966-3683

\$1 OFF
with this ad!



Gilroy
Gardens
FAMILY THEME PARK

50% OFF Weekdays

July 1 - August 18

It's time to 'Be a Knight and Do it Right' as Mike and his medieval friends transport the audience into a wonderful and imaginative world full of tales and legends!

Must present printed, physical coupon at any open ticket window at Gilroy Gardens Family Theme Park to receive 50% off each adult single-day general admission (ages 3 & up), up to six (6) people. Valid for single-day general admission only, which includes use of all rides, shows and attractions in operation on day of use except pay events/concerts and pay-per-play attractions. Coupon is valid 6/06/2013 - 08/16/2013 during WEEKDAY 2013 public operating days only. Not valid on weekends. Not valid with any Membership promotion. Parking not included. Not valid with any other offer, discount, coupon or promotion. Not valid on park company rentals or special events, including but not limited to Holiday Lights. Call (408) 840-7100 or visit www.gilroygardens.org to confirm public operating dates and hours as they are subject to change.

PLU 75130876

©2013 Gilroy Gardens, Inc. A 501(c)(3) Nonprofit Corporation Created & Built by Michael Bonkarto. ©2013 Hix (MTK) Limited.



We want YOU to have a FANTASTIC birthday this year! That's why we're offering FREE birthday activities at each of our locations including zipping on our 1500 foot zip lines, rappelling 165 feet down Moaning Cavern's main chamber, climbing tower climbs and guided cave tours. Get more information from our website or call toll free 866.762.2837. Offer only good on your actual birthday with proof of your birth date.



FREE BIRTHDAYS



CaveAndMineAdventures.com

866.762.2837

A Camp for Every Child The Perfect Fit

The American Camp Association®

Camp can last for just a few days or stretch to all summer long. It's worth it to investigate the variety of choices offered by camps before your child packs a backpack. These questions can help you consider the options.

Near or Far?

Where do you want your child to go to camp? Locally or far away? While each camp experience has something unique to offer your child, this is an opportunity for families to assess what they value for their campers.

Nearby camps are generally easier to evaluate and visit, reduce travel costs, and increase the chances that your child will connect with classmates or children from the same area.

Far-away camps increase the number of choices you

have, and probably offer different experiences and geography. Such camps also promote independence, particularly for early and late adolescent campers, and increase the chances of a diverse group of campers.

Long or Short?

Camps offer widely varying options to help parents and children reach their goals for summer fun and exploration.

Short sessions (one to three weeks) enable first-time or younger campers to easily learn new skills. Such sessions provide great exposure to the camp experience, are less expensive than longer sessions, and usually minimize homesickness.

Longer sessions (four to twelve weeks) provide the opportunity to learn new skills and develop specialized opportunities for learning

and enrichment, and often develop lifelong friendships.

Boys only? Girls only? or Co-ed?

Now may be the opportunity to explore the choices and benefits of all boys, all girls, or co-ed camps.

Single-gender camps can help break gender stereotypes because girls interact with women in positions of authority and boys interact with men who act as nurturers. Such camps give campers the opportunity to "be themselves" without feeling the need to impress or compete with the opposite sex. And the camp philosophy itself may be tuned into gender strengths and weaknesses.

Co-ed camps can also help break gender stereotypes. Such camps help prepare campers for everyday living in a co-ed world, and allow brothers and sisters to attend the same camp.

Traditional? Specialty? Special Needs?

Choices abound when it comes to camp programs. One may highlight a wide variety of activities geared to campers of all ages and skill levels. Others may concentrate on one or two activities while providing traditional activities as well. Parents of children with special needs are generally pleased to learn about the range of camp activities that help kids be kids first.

Traditional camps give campers the opportunity to try a wide variety of new activities.

Specialty camps, by definition, focus on one or two activities (often combined with traditional offerings). Such camps provide the opportunity to deepen knowledge and skill in a particular area.

Special needs camps tailor activities geared to campers' abilities. Typically the knowledgeable staff has the expertise to understand the campers' strengths and challenges.

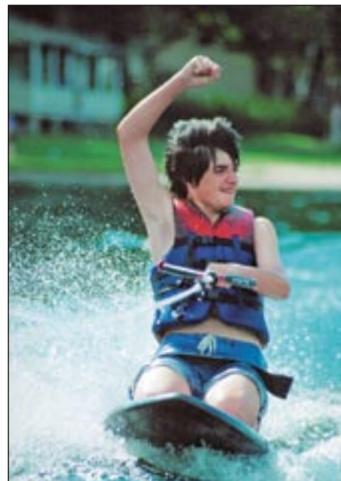


Photo courtesy American Camp Association

The Value of Camp for Every Child

The next step in choosing a camp is to research your options. A great place to start is the ACA's online searchable database of ACA-Accredited® camps in California. The information is available at www.ACACamps.org/FindACampFindACamp. For more information about summer camps in general, visit www.CampParents.org and www.ACACamps.org.

Butano State Park July events

Junior Rangers/ Nature Club, Saturdays and Sundays from 10 to 11a.m.

Kids 7-12 are welcome to join the staff for a variety of activities including games, arts, crafts and hiking exploration based on the plants, animals and history of Butano State Park. Kids will earn rewards for the Junior Rangers program. Programs and meeting locations may vary, please refer to posted signs at entrance station and campground exhibits.

Nature Walk: The Secret Workings of Redwood Forests, Saturday, July 6, from 1 to 3 p.m.

Join Butano State Park Interpreter Rosanna for a walk along the Little Butano Creek to discover the invisible connections within a Redwood forest ecosystem. Meet at the Little Butano Creek Trailhead.

Nature Walk: The History of Logging in Butano Area, Saturday, July 20, from 1 to 3 p.m.

Join State Park Interpreter Rosanna for a walk along Jackson Flat and Mill Ox Trails to discover the logging history of the park and California. Meet at the Visitor Center.

Nature Walk: Flora and Fauna of Butano State Park, Saturday, July 27, from 1 to 3 p.m.

Join naturalist docents Mel & Bob for a walk along the Six Bridges Trail to discover plants and animals that live in the park. Meet at the Visitor Center.

Nature Walk: Discover the Redwoods with Your Dog, Saturday, July 27, from 1 to 3 p.m.

Get your friendly dog on a max 6' leash and join Butano State Park Interpreter Rosanna for a dog walk along the Olmo Fire Trail to discover the wonders of redwood forests. Meet along the park's main road at the start of Olmo Fire Road.

Campfire Program- Concert in the Redwoods, Thursday, July 4, from 7:30 to 9 p.m.

Do trees appreciate music? Hard to say, but people definitely appreciate music among the big trees. Come to the Campfire Center and have some cookout food, share stories, and hear some Great American music--wonderful acoustics guaranteed! Happy Fourth of July!

Campfire Programs, Saturdays in July, from 7:30 to 8:30 p.m.

Come join the staff for campfire food, songs, games, and trivia, followed by a slideshow presentation on some of the features of the park or on places worth visiting around Butano. See detailed program in the blog or at the park exhibits. Meet at the Campfire Center.

The Park is located at 1500 Cloverdale Rd., Pescadero. For more information, call (650) 879-2040.



Seaside Word Merge

Can you find two full words in each of the following jumbles? The letters are in the right order, and you must use all the letters up.

We have done one to show you how.

CSRAHELBL
= Crab and Shell

Now try these:

1. BTOOWOKEL
(Two things you may have in your beach bag)
2. SBUPACDKEET
(Two things you play with on the beach)
3. SSHUANDE
(Sometimes you sit in the ____, sometimes the ____)
4. DIRCEICRNEKAMS
(You can usually buy these near the beach)

www.ActivityVillage.co.uk - Keeping Kids Busy
See answers, page 21



Heritage Trail Weekend

August 10th & 11th

HISTORY LOVERS, START YOUR ENGINES!

Free Admission to 19 MUSEUMS FROM ROSEVILLE TO TAHOE!

10:00 - 4:00 • Museum Admission Free
530-889-6500 • theheritagetrail.blogspot.com



Actors Theatre of Sacramento

Kid's Camp 1 (7-12 years)
July 1st - July 12th, 9am - 2pm
(Monday through Friday for two weeks)

Kid's Camp 2 (7-12 years)
July 29th - August 9th, 9am - 2pm
(Monday through Friday for two weeks)

Teen Acting Camp (13-18 years)
July 15th - July 26th, 9am - 2pm
(Monday through Friday for two weeks)

For more info, call 916.501.6104
www.actinsac.com

Twilight Thursdays return to the Sacramento Zoo

During the month of July, the Zoo will stay open late for extended summertime entertainment on Thursdays. As the heat of the day wears off and dusk begins to settle, come enjoy seven themed Thursdays filled with hot cars, live music, good food and cool drinks, every Thursday through July 25 except the Fourth of July.

Music starts at 5:30 pm with the last admission ticket sold at 7:30 p.m.; guests may stay on grounds until 8 p.m. Bring your own picnic basket or your family can enjoy the evening's \$9.95 Dinner Special. Kampala Cafe's classic choices will also be available. Please note that alcoholic beverages may not be brought into the Zoo but can be purchased once inside.

July 11 - Rockabilly, Live music by: The Nickel Slots Featuring: Kustoms

and Rat Rods Dinner Special: Southern BBQ July 18 - Volkswagens, Live music by: ZuhG Featuring: VW's Dinner Special: German Street Food July 26 - Old Skool Groove, Live music by: East Wind Featuring: Lowriders Dinner Special: Tex Mex

General Zoo admission gets you in for these evenings of fun. If you're a Sacramento Zoo member, free admission is one of your membership benefits. The zoo is located near the corner of Land Park Drive and Sutterville Road in William Land Park. Open daily from 9 a.m. to 4 p.m., general admission is \$11.25; children ages 2-11 are \$7.25 and one and under are admitted free. Parking is free throughout the park or ride Regional Transit bus #6. For information, call (916) 808-5888 or visit saczoo.org.



Celebrate the 4TH of JULY

Special Red, White and Blue Sundae
(Free for veterans!)

Visit one of our three locations!
Sacramento
Citrus Heights
Elk Grove
www.leatherbys.net



Placer County Fair presents
COUNTRY DAYS AND Racin' Ways
June 20th - 23rd

\$2 off COUPON
Bring this to redeem coupon.
One per person.
valid 6/20-6/23

800 All America City
Roseville CA, 95678

Roseville, CA placercountyfair.org

HAVE FUN COLORING!



www.ActivityVillage.co.uk - Keeping Kids Busy

FIREWORKS Frenzy
ENJOY TWO NIGHTS OF SPECTACULAR FIREWORKS AT RALEY FIELD

JULY 3, 2013
RIVER CATS VS. TUCSON PADRES
6:35 P.M. GAME TIME
Sutter Health

JULY 4, 2013
6 P.M. UNTIL 10 P.M.
\$4 ADULTS \$3 CHILDREN
FIREWORKS SHOW
FOOD TRUCKS
LIVE MUSIC
PICNIC GAMES

FOURTH ON THE FIELD

FREE TICKET FOR FIRST 1,000 CHILDREN 12 AND UNDER

RALEY FIELD
www.raleyfield.com
FIREWORKS 100+ YEARS

41st Annual Courtland Pear Fair



Sunday,
July 28, 2013
9:00 am - 6:00 pm

Free Admission!
Parking \$10

Please join us for a 'pear'fect day!

Pear strudel, pies, freezes, smoothies, cider, bread!

PEARS! PEARS! PEARS!

1/2 mile Childrens Run 7:30 am • 5 & 10 mile Fun Run 8 am

Parade • Arts & Crafts • Local art

Classic Car Show • Cooking Demonstrations

Children's Area: Petting Zoo, Rock Wall,
Mechanical Bull, Water Slide, Bounce House & More!

LIVE MUSIC BY:

Jay Rolerz - 10am - 1pm

Take 2 Party Band - 1:30 - 4:00pm

Visit us at
www.pearfair.com



"photo courtesy of Patty Colmer"



Les Fetes De La Nouvelle France in Quebec City

By Carmel L. Mooney

Perhaps nothing makes the exquisite city of Quebec City come alive with all its glory like Les Fetes De La Nouvelle France where visitors of all ages can experience a period of rich history and immersion into culture like none other.

Families who enjoy flamboyant parties, epicurean adventures, historical reenactments, astounding music, festivals, and even exciting nightlife will find activities of all types to captivate during this multisensory experience of fun, education, and heritage.

Thousands of period costumed characters and party goers paraded the streets and activities throughout this nearly week long party but the opening night parade is a must to see hundreds of costumed characters take to the street which becomes a stage for song, dance, and costumes.

Why not clothe your clan in the magic of the festival by dressing the part? Visitors can visit www.nouvellefrance.qc.ca to glean tips on dressing up in three cornered hats, scarves, bustles, and corsets. Costumes are rented and sold at the festival or you can make your own. What could be more fun than blending in with thousands of noblemen, crooks, explorers, maidens, thieves, swindlers, pirates, perfumers, soldiers, musketeers, and merchants?

Seaside Word Merge answers:

1. TOWEL/BOOK
2. SPADE/BUCKET
3. SUN/SHADE
4. ICE CREAM/DRINKS

Eating, drinking, and merry making are activities to be enjoyed at wonderful restaurants throughout Quebec City known for its culinary delights but during Les Fetes De la Nouvelle France, Quebec City also offers the Quebec Food Market at the Place de Paris where more than 1400 regional delicacies are showcased for visitors to sample.

One of the most delightful dinners of our visit was at Les Voutes du Cavour, a charming small restaurant in a historic home from the 18th century in the center of Place Royale. The food was outstanding and the view of the festivities was wonderful.

Musical performances by world renown musicians are a nightly occurrence for all to enjoy at the Place de Paris. These family friendly venues offer another way to be entertained and captivated.

The Battery Royale Youth Zone is a fabulous entertainment offering for children where the Youth Zone stage hosts performances like storytellers, magicians, jugglers, singers, glass blowers, musket firing, and comedy catering to the younger crowds. Street vendors and activity sites are also peppered throughout, encouraging children to partake in ongoing activities like petting farm animals, watching cobblers, creating their own coat of arms or fashioning an arrowhead.

The founding families and Historical and Genealogical Society share fascinating stories and adventures of their arrival to the new land if you head to Rue St-Pierre and Rue Notre-Dame. This is another cultural experience not to be missed.

The perfect place to stay in the midst of all the activities is at the gorgeous and historic Fairmont Le Chateau Frontenac which has hosted many notable figures for nearly a century.

This lavish and spectacular city icon is luxurious and comfortable and located in the perfect spot from which to enjoy all festivities. A delicious and sumptuous breakfast is served daily in the Cafe de la Terrasse, with fresh fruits and pastries, pates and meats. It provides a fabulous start to your days of activity. The Chateau Frontenac provides the perfect vantage point for the spectacular fireworks show at night over the city as well.

Each evening of the festival offers dozens of activities but two that were especially memorable for us were the Image Mill and a Cirque de Soleil show created exclusively for Quebec City. The Image Mill transforms Bunge grain silos into the world's largest projection screen. Visitors can enjoy a multi media projection show of vast proportions that depicts Quebec City's historical, social and political movements, during a 40 minute visual and audio presentation covering four centuries and the four movements of Waterways, Road Building, Rail Expansion, and Air Travel.

Nearby Montmorency Falls Park and the Ile de Orleans offer a respite and excursion just outside of the city for visiting families who enjoy a breath of the countryside and natural wonders just beyond the bustle of Quebec city. A gondola ride to the breathtaking falls will delight all ages and a hike along the expansion bridge above the falls is exhilarating. If fresh produce, wines, ciders and artisan chocolates and cheeses from generations old farms sound like fun, then plan to spend a day or afternoon enjoying the peaceful and relaxing way of life on the Ile de Orleans just about a half hour outside of the city.

Another lovely excursion for families enjoying Quebec City is a visit



to the fascinating Huron Wendat community where food, culture and history of the native people of the region is enjoyed by all ages. We especially enjoyed a canoe ride through the Huron Wendat tribal lands where we saw wildlife and felt transported back to a time of exploration and unspoiled beauty.

Visitors to Quebec City will love the unparalleled hospitality, warmth and beauty of the Quebecois people, their culture, history and exquisite charm of the remarkable city and its surrounding countryside. Quebec City is a beautiful city unlike any other in North America. Its varied festivals and cultural activities provide a mecca for vacationing families the world over and Les Fetes De La Nouvelle France is Quebec City's crowning glory. Be sure to plan a visit around the 2013 activities this year August 7-11th. www.nouvellefrance.qc.ca www.quebecregion.com

Carmel L. Mooney is a travel columnist and radio talk show host. She is also Executive Director of Pawsitive Service Dog Solutions, a non-profit that trains and places services dogs with children challenged by Autism. www.Pawsitivesolutions.org

Calendar of Events

Arts & Crafts

July 3, Glitter Dough and Glowing Slime, 2 p.m., 601 Alhambra Boulevard, Sacramento. In this workshop at the McKinley Library, children ages 6 to 12 will make their own glitter dough and glowing slime to take home. The workshop will open with a slimy story and a lively overview of the tools we use to measure flour and water. Next, children will follow recipes to concoct their own ooey goeys. For more information, call (916) 264-2920.

July 3, 10, 17, 24, 31, Garden Pot Decorating, 2 p.m., 5605 Marconi Avenue, Carmichael. Children ages 6 to 12 are invited to the Camichael Library to paint and decorate their own garden pot. Materials will be provided. For more information, call (916) 264-2920.

July 9, Kitchen concoctions, 3:30 p.m., 6700 Auburn Boulevard, Citrus Heights. Give thanks for all the food you are about to receive by making one-of-kind recipe books. Join the fun at the Sylvan Oaks Library and make your own self-hardening clay, pigments and other art materials from every day items you might find in any kitchen and explore the world of design by creating food structures, good enough to eat. For more information, call (916) 264-2920.

July 12, Marshmallow Structures, 3:30 p.m., 9845 Folsom Boulevard, Sacramento. Bring the kids, ages 6 to 12, to the Rancho Cordova Library to construct yummy buildings using marshmallows and toothpicks. For more information, call (916) 264-2920.

July 20, Glitter Dough and Glowing Slime, 1 p.m., 7335 Gloria Drive, Sacramento. In this workshop at the Robbie Waters Pocket-Greenhaven Library,

children will make their own glitter dough and glowing slime to take home. The workshop will open with a slimy story and a lively overview of the tools we use to measure flour and water. Next, children will follow recipes to concoct their own ooey goeys. This program is presented by ArtBeast. For more information, call (916) 264-2920.

Critter Events

July 7, Leapin' Lizard, 1:30 p.m., 2850 San Lorenzo Way, Carmichael. Skinks, blue bellies, and alligator lizards, oh my! Bring the family to the Effie Yeaw Nature Center, located in beautiful Ancil Hoffman Park, and meet some resident lizards and find out what make these cold-blooded critters so amazing. For more information, call (916) 489-4918.

July 9, Animals of the World, 3:30 p.m., 4799 Stockton Boulevard, Sacramento. Kids ages 6 to 12 are invited to the Colonial Heights Library for a special program with Nature Critters. This fun program has live animals. Nature Critters brings animals from six of the seven continents and talks about each of them, describing their habitats and what makes them all unique. For more information, call (916) 264-2920.

July 10, Hawk Talk, 3:30 p.m., 8820 Greenback Lane, Suite L, Orangevale. Raptor expert Jay Sheets and some of his feathered companions will visit the Orangevale Library to teach about raptor identification, taxonomy, conservation and more. Children ages 6 to 12 are invited to this program. For more information, call (916) 264-2920.

July 13, Bat Program, 2 p.m., 6700 Auburn Boulevard, Citrus Heights. NorCalBats is dedicated to the rescue, rehabilitation and release of bats

throughout Northern California. In addition, they are committed to public education regarding the environmental benefits of bats and dispelling fears and myths that lead to the death of roosts and colonies. Children ages 6 to 12 are invited to the Sylvan Oaks Library to learn at this interesting program. For more information, call (916) 264-2920.

July 14, Wet and Wild Pond Animals, 1:30 p.m., 2850 San Lorenzo Way, Carmichael. Some are slimy, some are bumpy, and some have hard outer shells. Come to the Effie Yeaw Nature Center and meet some resident critters up close and find out why they call our local ponds and wetlands habitats home. For more information, call (916) 489-4918.

July 20, Animals of the World, 2 p.m., 11601 Fair Oaks Boulevard, Fair Oaks. Join the fun at the Fair Oaks Library for a live animal program. Meet animal ambassadors from 5 continents and learn about each animal. Learn about their habitat and what makes them unique and special. The library will be visited by an African Vervet Monkey, kangaroo, and other animals. For more information, call (916) 264-2920.

July 20, What's the Buzz?, 10:30 a.m., 2850 San Lorenzo Way, Carmichael. Join "Bee-ologist" Julie Serences to learn about the fascinating life cycle of native bees and why they are important to the ecology of our landscapes. Following a 45-minute program, stroll the grounds with Julie to identify a variety of busy native bees. For more information, call (916) 489-4918.

July 20, Animals of the World, 2 p.m., 10055 Franklin High Road, Elk Grove. Join the fun at the Franklin Community Library for a live animal program. Nature Critters brings animals from six of the seven continents and talks about each animal, describes their habitat and what makes them unique and special. For more information, call (916) 264-2920.

July 21, Animal Program, 828 I Street, Sacramento. Nature Critters, with presenter, Lisa Seto, will be at the Central Library for this very special program of "Around the World with Nature Critters." The program will feature animals from six of the seven continents. For more information, call (916) 264-2920.

July 23, Bat Program, 3:30 p.m., 4799 Stockton Boulevard, Sacramento. Children ages 6 to 12 are invited to the Colonial Heights Library for a program on bats. NorCal Bats will be there to present "Myths & Facts" a discussion on the importance of bats as related to food, insect control, pollination and seed dispersal and follow with live, native California bats! For more information, call (916) 264-2920.

July 28, Critter Corner, 1:30 p.m., 2850 San Lorenzo Way, Carmichael. Get a chance to meet one of the Effie Yeaw Nature Center's resident animals up close. Learn all about an amazing animal and its own unique journey to becoming an educational ambassador. For more information, call (916) 489-4918.

July 6, Hike, 10:30 a.m., 2850 San Lorenzo Way, Carmichael. Come to the Effie Yeaw Nature Center and celebrate the beauty of the American River this 4th of July weekend. Join a naturalist for a walk and learn about this historic and beautiful waterway. For more information, call (916) 489-4918.

July 13, Plants with Purpose, 10:30 a.m., 2850 San Lorenzo Way, Carmichael. Join a Naturalist at the Effie Yeaw Nature Center for a walk as they share the Native Californian's uses of plants for food, fiber and medicine. Learn how the Native people "tended" the landscape so it would continue to provide a bountiful harvest. For more information, (916) 489-4918.

July 21, Bark Rubbing, 1:30 p.m., 2850 San Lorenzo Way, Carmichael. Come explore the variety of trees found in the Nature Center's village and create your own colorful bark rubbing art. Learning how each tree's bark pattern is the key to identifying the many types found in this area. All ages are welcome to this program at the Effie Yeaw Nature Center. For more information, call (916) 489-4918.

July 27, Nature Walk, 10:30 a.m., 2850 San Lorenzo Way, Carmichael. Take time to appreciate trees for all the shade they provide by enjoying a leisurely morning walk on the Preserve trails. Join a Naturalist at the Effie Yeaw Nature Center as you watch for deer, hawks, woodpeckers and much more before the afternoon heats up. For more information, call (916) 489-4918.

Special Events

July 6 and 20, Gardening Club, Noon, 4799 Stockton Boulevard, Sacramento. Kids' Garden Club is a great opportunity for hands-on learning, inquiry, observation, and experimentation. Kids ages 6 to 12 are invited to the Colonial Heights Library to participate in quality outdoor experiences with building an understanding and respect for nature and our environment. This program will take place in the garden or the community room, depending on the activity and weather. For more information, call (916) 264-2920.

July 12, Busy Bee Dogs, 4 p.m., 6132 66th Avenue, Sacramento. Colorful props, silly dog comedy and amazing stunts in every show. Join the fun at the Southgate Community Library with the Busy Bee Dogs. The dogs have memorized the show and automatically shuffle out of the tent one at a time, in pairs, and often all four at once, when they recognize the music. For more information, call (916) 264-2920.

July 9, Milky Madness, 2 p.m., 601 Alhambra Boulevard, Sacramento. In this kitchen chemistry workshop at the McKinley Library, learn how the water, protein and fat in milk can be manipulated to create butters, plastics, curds and even art. The kitchen chemist will demonstrate milk magic and teach about the molecules behind it. Each child will also experiment with a colorful exploration of what happens

when we weaken the bonds between fat and protein molecules. For more information, call (916) 264-2920.

July 11, Make Pizza at the Library, 2 p.m., 7335 Gloria Drive, Sacramento. This fun activity at the Robbie Waters Pocket-Greenhaven Library will have you making pizza. Make whole wheat pizza dough from scratch—watching the yeast foam, stirring and kneading the dough. For food safety reasons you won't use the dough you make in class. Instead, you will be sent home with the dough recipe and make a special pizza recipe piled high with veggies to eat in class. While eating stories will be read. For more information, call (916) 264-2920.

July 11, Plants We Eat, 4 p.m., 11601 Fair Oaks Boulevard, Fair Oaks. Did you know that eggplants are fruit? Learn why in this hands-on class at the Fair Oaks Library. Students discover the parts of plants that we eat, and they learn by coloring, plus a hands-on exploration of fruits and vegetables that they touch, smell and even taste. For more information, call (916) 264-2920.

July 12, Busy Bee Dogs, 4 p.m., 6132 66th Avenue, Sacramento. Colorful props, silly dog comedy and amazing stunts in every show. Join the fun at the Southgate Community Library with the Busy Bee Dogs. The dogs have memorized the show and automatically shuffle out of the tent one at a time, in pairs, and often all four at once, when they recognize the music. For more information, call (916) 264-2920.

July 13, Making Pizza, 2 p.m., 2112 22nd Street, Sacramento. Kids love to make pizza. This fun-filled program at the McClatchy Library, includes making pizza dough. Those attending will make a special pizza recipe piled high with veggies to eat in class. For more information, call (916) 264-2920.

Calendar of Events

July 16, Nutrition Program for Kids, 3 p.m., 4660 Via Ingoglia, Sacramento. Eating healthy should be fun. Many kids are already eating nutritious food, but they might not realize it. Students learn about nutrition while making a sunflower butter and apple sandwich by following a recipe. Also, Cynthia Rylant will be reading "Brownie and Pearl Grab a Bite," at this North Natomas Library program. For more information, call (916) 264-2920.

July 18, Kids Cook Like Chef Program, 2 p.m., 7335 Gloria Drive, Sacramento. What's an "emulsion"? Find out when you make delicious sesame honey vinaigrette. Kids see how chefs make this dressing in a professional kitchen, and then learn to mix it themselves with simple materials found at home. Participants will make a brown rice salad with lots of seasonal veggies and their homemade vinaigrette. Kids will go home with the recipe. Join the fun at the Robbie Waters Pocket-Greenhaven Library. For more information, call (916) 264-2920.

July 18, Candy Land Game, 3 p.m., 2443 Marconi Avenue, Sacramento. What better ways to get into the game than make it live action? You will be creating a life-sized Candy Land game right here at the Arcade Library, with plenty of candy for all. Prizes for the winner, too. For more information, call (916) 264-2920.

July 13, Making Pizza, 2 p.m., 2112 22nd Street, Sacramento. Kids love to make pizza. This fun-filled program at the McClatchy Library, includes making pizza dough. Those attending will make a special pizza recipe piled high with veggies to eat in class. For more information, call (916) 264-2920.

information, call (916) 264-2920. Best suited for children ages 6 to 12.

July 19, Magic Show, 3:30 p.m., 9845 Folsom Boulevard, Sacramento. Jonathan Lopez presents a professional magic show using words, letters and books to reinforce the importance of reading over the summer at the Rancho Cordova Library. Each child will receive a word find game to take home. For more information, call (916) 264-2920.

July 20, Busy Bee Dogs Show, 11 a.m., 601 Alhambra Boulevard, Sacramento. Colorful props, silly dog comedy and amazing stunts in every show. The Busy Bee Dogs are known for their originality and one-of-a-kind, down home, friendly performances. The dogs have memorized the show and automatically shuffle out of the tent one at a time, in pairs, and often all four at once, when they recognize the music, you have to see it to "bee-lieve" it! For more information, call (916) 264-2920.

July 20, Library Dance Program, 11 a.m., 7335 Gloria Drive, Sacramento. Sangeet Bharati, an Indian cultural organization of Sacramento, presents folk and classical dances of India. Come to the Robbie Waters Pocket-Greenhaven Library and

learn the steps to Dandiya, a rhythm sticks dance. For more information, call (916) 264-2920.

July 24, Juggling and Magic Program, 3 p.m., 5600 South Land Park Drive, Sacramento. Enjoy an afternoon at the Belle Cooledge Library with Bay Area entertainer Owen Baker Flynn as the attempts feats of juggling and balancing, magic, and if the mood strikes him, maybe some rock & roll accordion. For more information, call (916) 264-2920.

July 27, Magic Show, 1 p.m., 7335 Gloria Drive, Sacramento. Join the staff at the Robbie Waters Pocket-Greenhaven Library for a family-friendly magic show by magician, Andy Amyx. For more information, call (916) 264-2920.

Storytime & Puppet Show Events

July 2, 9, 16, 23, 30, Library Program, 4 p.m., 891 Watt Avenue, Sacramento. "Reading is so Delicious" when Music Ro-

bot comes to the Arden-Dimick Library. Music Robot, a ukulele and drum combo, perform catchy tunes where the audience can participate. They combine songs, storytelling, puppetry and out-of-this-world moves. For more information, call (916) 264-2920.

July 13, Puppet Show, 2 p.m., 2443 Marconi Avenue, Sacramento. Gladly the Grizzly is packing his magic picnic basket with some surprising foods. He has also included some delicious books. Gladly isn't alone on his teddy bear picnic. What else is lurking in the woods? Join magical ventriloquist and puppeteer Tony Borders at the Arcade Library and find out. For more information, call (916) 264-2920.

July 13, Marionette Show, 2 p.m., 2901 Truxel Road, Sacramento. Families are welcome to come to the South Natomas Library for a fun program with the Fratello Marionettes. While playing in the meadow, the Princess Ofelia accidentally drops her new golden ball into the well. The Princess promises to grant the frog three wishes before he will retrieve her ball. Will the princess follow through with her promises, and will the frog indeed turn back into the handsome Prince? For more information, call (916) 264-2920.



Discovery Museum Science & Space Center Events

Fourth of July Fun, Monday, Tuesday and Wednesday, July 1, 2 and 3 Enjoy a visit to the Discovery Museum this holiday week with a self-guided tour of our Space Quest! exhibit. Kids show patriotic pride by crafting a patriotic windsock. Included with admission are planetarium shows at 1 and 3 p.m. (ages 4 and above only); animal presentations at noon and 2 p.m. (all ages).

keep your little astronauts busy, including an astronaut finger puppet craft and stations where kids complete "astronaut tasks". Bring your camera to take a picture of your child in an astronaut costume. This month's special planetarium show, "Man on the Moon", highlights the Apollo 11 mission (1 and 3 p.m., ages 4 and older). An animal presentation is included with admission (noon and 2 p.m., for all ages).

Something's Fishy Something fishy is going on at the Discovery Museum. The beautiful fish tank in the Nature Discovery Room has inspired us to learn a little more about these aquatic stars. Check out a collection of fish x-rays, view our live fish, visit the pond with wild fish living in it and make a woven fish mat to take home (craft for ages 12 and younger). Your admission includes these activities, the Space Quest! exhibit, a planetarium show (1 or 3 p.m., ages 4 and older) and an animal presentation (noon and 2 p.m., all ages).

3...2...1...Blast Off!, July 20 and 21 Blast off to the Discovery Museum this weekend for a great family day. The Space Quest! exhibit offers fun for everyone. Younger children can try on costumes and make believe in the rocket ship play-space, while older kids can become a human gyroscope. All the youngsters, ages 12 and under, construct straw rockets this weekend. Test yours out in the classroom then take it home as a souvenir. Don't forget to get your picture taken with a real Titan II engine that is on the museum grounds. This month's special planetarium show, "Man on the Moon", highlights the Apollo 11 mission (1 and 3 p.m., ages 4 and older). An animal

Calling All Astronauts!
Visit the Space Quest! exhibit -- out-of-this-world fun for the entire family. A variety of activities are being offered to



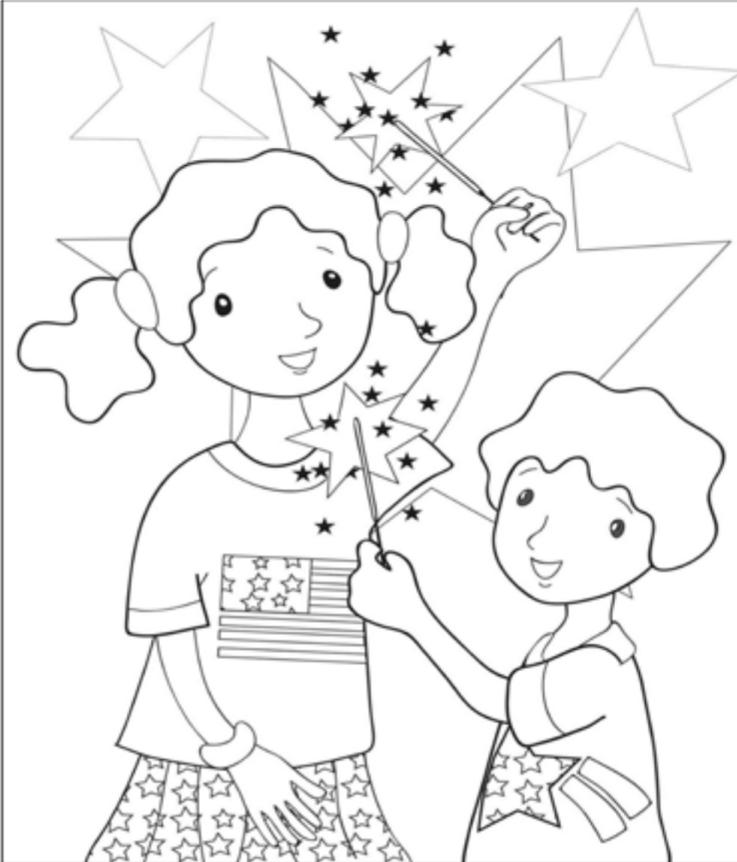
presentation is included with admission (noon and 2 p.m., for all ages).

Beach Bum Bonanza! Saturday and Sunday, July 27 and 28 Visit the Discovery Museum this weekend for some beach themed fun. The classroom has a beautiful display of shells to view (for this weekend only). The Museum invites all children, ages 12 and under, to make some beach inspired crafts to take as souvenirs. Decorate a sea star banner with glitter pizzazz and fashion a sea shell pendant to wear home. Admission includes these activities, as

well as the Space Quest! exhibit, animal presentations at noon and 2 p.m. (all ages) and planetarium shows at 1 and 3 p.m. (for ages 4 and older).

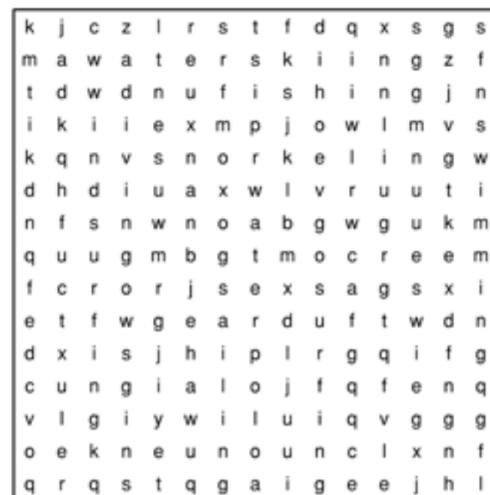
Museum hours are 10 a.m. to 4:30 p.m. with Science Discovery activities from 12:30 to 4 p.m. The Discovery Museum Science & Space Center is located at 3615 Auburn Boulevard, Sacramento. Admission is: \$8 adults (18+), \$7 seniors (60+), \$7 teens (13-17), \$6 children (4-12), \$0 children (3 and under), activities are age appropriate for: 4 to 12 years old. For more information, call (916) 808-3942 or visit www.thediscovery.org.

HAVE FUN COLORING!



www.ActivityVillage.co.uk - Keeping Kids Busy

Water Sports Word Search



- waterskiing
- sailing
- surfing
- swimming
- snorkeling
- waterpolo
- boating
- windsurfing
- fishing
- diving



Grow Their Imagination: Read Aloud...Everyday



A Message from First 5 Sacramento

A parent or caregiver can have a great impact on a child's ability to read and to learn. Reading aloud together for just 20 minutes a day can help develop a child's love for reading, and a readiness to learn to read. Talking, singing, and playing with your child stimulates the growth of your child's brain and builds the connections that will become the building blocks for reading and for life-long learning.

It also benefits a child's social-emotional healthy development; it develops basic language and communication skills and the special attention strengthens the relationship and emotional bond between the parent and child. Books are also a great tool for teaching children positive behaviors like practicing healthy habits. For example, *Potter the Otter: A Tale About Water* encourages children to drink water rather than sweetened beverages.

Here are some tips for reading aloud to your child:

- Remember, read to your child for 20 minutes each day. Even if it's just for five minutes at a time, try to make sure the time you spend read-

ing to your child adds up to 20 minutes for the day.

- Explore the pages of the book. If time doesn't allow you to read the entire book word for word, simply cuddling and exploring the pages with your child strengthens your bond. Making up a story to go along with pictures in a book lets your child's imagination soar.
- Discuss the storyline and the characters in the book. Your child will learn how to absorb and process information, helping them with critical communication skills.
- Make story time a part of your daily routine. Daily routines help children know what to expect and makes them feel secure. Reading a book at naptime and bedtime can help your child wind down and set forth the signal to fall asleep.
- Get connected with your local library. Check out the ongoing literacy programs that will make your new little learner develop a love for books.

About First 5 Sacramento

Research shows that a child's brain develops most dramatically in the first five years and what parents and caregivers do during these years to support their child's growth will have a meaningful impact throughout life. Based



on this research, California voters passed Proposition 10 in 1998, adding a 50 cents-per-pack tax on tobacco products to support programs for expectant parents and children ages zero to five. In the last year, First 5 Sacramento distributed approximately \$14 million a year in Prop 10 revenues to programs and services that meet local needs. Each county has a First 5 Children and Families Commission providing unique local services for that county. Surrounding First 5's include: First 5 Yolo: 530-669-2475; First 5 Placer: 530-745-1304; and First 5 El Dorado: 530-672-8298.

PRESCHOOL & CHILD CARE

Our New Tutor Time® LifeSmart™ curriculum nurtures all the different ways kids are SMART!

- Preschool and pre-kindergarten
- Before and after school care
- Infant and toddler care
- Certified teaching staff
- Full and part-time programs
- Security cameras throughout

TUTOR TIME
CHILD CARE / LEARNING CENTERS
www.tutortime.com

Elk Grove
916.684.4222
8160 Sheldon Rd.
Lic. #343615846, 847, 848

Natomas
916.285.7700
3100 Macon Dr.
Lic. #343616168, 169, 170

SAVE \$300 & FREE REGISTRATION!*

*\$50 off for 5 consecutive weeks. Before and after school care offer is \$125 off at \$25 per week for 5 consecutive weeks. New enrollees only. Valid only at participating locations. Not valid with any other offer or discount. Must enroll for a minimum of three half-days per week. Subject to availability. Offer expires August 31, 2013. Code 0610-630.

cowgirl birthday party theme

www.birthdaypartyideas4kids.com

Cowgirl Party Invitations

- Print out party information on large address labels. Then stick onto pretty pink bandanas and send them out to your party guests. In the invitation ask them to wear the bandana in a creative way to the party. The most creative use of the bandana wins a prize.
- Embellish plain note cards with stickers of horses or cowgirls items such as bandanas, hats and boots.
- Make cow spotted cards by drawing black spots on plain white note cards.

Cowgirl Party Decorations

- Decorate the cowgirl party with hay bales and scatter hay outside around the door to the birthday party. Buy cow balloons or make your own by drawing black spots on white helium balloons. Tie them onto the mailbox and/or in the front entry to the birthday party.
- Tie pink bandanas from tree branches outside. Pink bandanas can also be tied around the backs of chairs at the party table and also used as placemats.
- A blue, white or pink checkered table cloth is a nice

backdrop for bandana printed plates, napkins and cups.

- Fill cowboy boots, metal buckets or tall glass vases with pretty sunflowers and tie with a bandana for a pretty centerpiece.
- Fill silver metal pails with snacks and use them to hold the flatware and napkins.

Fun Ideas

- Teach the guests how to square dance or Country line dance during the party. YouTube has videos that you can play to teach everyone or learn before the party and teach the dances yourself.

Cowgirl Party Games

- **Cowgirl Roundup** - Teach your party guests how to lasso a horse or a cow. You will need a long rope lasso plus something to rope such as a plastic kids horse or hay bale. Take turns trying to lasso the horses' head. Teach your party guests how to lasso a horse or a cow. You will need a rope lasso and a children's ride on horse. Take turns trying to lasso the horses' head.
- **Rattlesnake Tag** - Party guests line up holding hands



... tell the kids that they must keep holding hands throughout the game. The line of kids makes up the rattlesnake. The child on one end of the line is the rattlesnake's head and the person at the opposite end of the line is the rattlesnake's tail. The head tries to tag the rattlesnake tail by weaving around its "body" while the tail is trying to hide behind the body to keep from being tagged. When the tail has been tagged then the tail goes to the position of the head and then they try and tag the new tail. Keep playing until all the children have had an opportunity to be the rattlesnake head and the tail.

- **Water the Cows** - There are different ways the kids can transfer water in this game. Use small Dixie cups, bandanas soaked in water that they have to wring out into their team bucket, large spoons or

red solo cups - punch holes in the bottom so the water slowly leaks out.

To play, cowgirls will need 2 large containers filled up with water. Set them at one end and set up two jugs (like milk cartons) opposite them. Teams transfer water back and forth from the big water tub to the jugs. First team to fill their container up wins the relay. Teams dip their cups into the large tub, run to their jugs and empty the collected water into it and then race to their team to hand off the cup to the player in line that is next.

Cowgirl Party Food - Pink Lemonade, apple pie, cut out slices of fruit with star shaped cookie cutters or place fruit squares on skewers. Hamburgers - cut out the hamburger patties with star or boot shaped cookie cutters, fried chicken, wagon wheel macaroni and cheese, mix green food coloring and 7UP together to make "cactus juice." If possible have a campfire and make S'mores or roast hot dogs.

Cowgirl Party Favors - bandana printed hair ribbons, pretty stick on star earrings or necklaces with horses or stars, Twizzlers candy for cowgirls rope, bandana, plastic horses or cows, stuffed horse, horse on a stick

Cowgirl Goody Bags - Party favors can be wrapped in a pink bandana and tied with raffia or ribbon. Draw black spots on white party bags for a cute cow goodie bag. Place party favors in a pretty cowgirl hat.

Farm party ideas

www.birthdaypartyideas4kids.com

Farm Party Invitation Ideas

- **Cow Cards** - White cards with black cow spots - either color the spots on the cards or cut out pieces of scrapbook or farm themed paper and glue them onto the front.
- **Animal Cracker Boxes** - On large labels print out party information. Then stick them on the animal cracker boxes.
- **Barn Cards** - Note cards or invitations with a barn picture - embellish by gluing small bits of raffia (hay) on the front. Put a few straws of hay inside the invitations.
- **Bandana Style** - Send invitations wrapped up in blue or red bandanas and ask guests to wear them to the party.

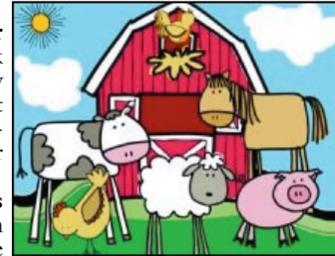
Farm Birthday Party Decorations

- Put hay bales in the yard and scatter hay on the driveway.
- Red table cloths with bunches of yellow and white helium balloons. Tie the helium balloons to toy tractors, hay bales or small wheelbarrows to hold them in place.
- White vases or milk bottles filled with large yellow sunflowers - tie a red or blue bandana around the vase for a bow.
- A fun idea for white balloons is to draw cow shaped black spots onto white balloons.
- Use red and blue bandana's for placemats.

Farm themed birthday party activities

- **Farm Hayride** - Use a wagon that is pulled by tractor or horse or make your own hayride from a large wagon or wheelbarrow filled with hay and give the guests rides one or two at a time.

- **Pony Rides and/or Petting Zoo** - Look for a local company that will bring out chickens, goats, donkeys, horses and other farm animals.
- **Make Mop Horses** - Fun craft for children that they can take home as a party favor. You will need new string mops from the dollar store, a package of men's tube socks, yarn in black, brown and tan, felt and buttons, rope or twine. Directions: Place a tube sock over the strings of the string mop to form the head of the horse and then tie the sock to the stick with rope or twine. Cut out 3 - 4" lengths of yarn for the children to glue onto the horses head to make a mane. Cut out eyes, noses and ears from felt and glue them on the head. (You can also sew buttons on for the eyes).



children into 2 teams and have them line up a good distance away from the piles of farmer items. One by one a member of each team will race to the pile of clothes, put them on and then race back to their line. They will then take the items off and give them to the next person in line. That person will take the items and run to the cone, put them on the clothes and then run back to the line to tag the next person. The first team with all member completing the relay wins.

Farm birthday party games

Farmer Dress Up - This is a fun relay race. Children race against another team to see who can dress like a farmer first. Before the party gather these items - two of each: large size overalls, work or cowboy boots, cowboy hat, sunglasses, bandana, work gloves. Make 2 even piles of the items and place a cone or object so the children will know where they have to go. Divide chil-

Water the Crops - Help the farmer water the crops! Two teams race to water their crops first. The guests need to fill up their milk jug so they can give the water to the farmer. Set the empty milk jugs near the teams. Set up a large water container across the yard and have them run back and forth with a spoon or sponge filling up the jug one at a time.

Mop Horse Relays - Use the mop horses from the Mop Horse Activity (directions under Farm party activities) and have Mop Horse Relays. Set up cones or other farm themed objects that they will have to ride their horses around.

NANNA'S CHILD CARE CENTER

- Quality child care center
- Christian based
- 6 weeks to pre-K
- Secured Access
- Our Center offers a Pre-Kindergarten Readiness Program
- An Affordable Quality Center - Where Quality Begins With Us!

Accepting Child Action

916-737-5209

EAST SACRAMENTO
Hwy 50 exit @ 65th Street
Light Rail Station within walking distance
Lic# 343615965 • Lic# 343615964

\$50 OFF Registration in July with this ad

JONES JUMPERS

Get your party jumpin' with Jones Jumpers; We have all your party needs; We have jumpers, canopies, tables, chairs, snow cone and cotton candy machines; Home of the 18' water slide; Obstacle courses available for parks or large yards!

(5867)

CALL TO BOOK TODAY! 916-505-JUMP

usbank presents

THE ART OF THE BRICK May 14 through Sept. 2

See new, amazing LEGO® creations!

Also supported by Bruce and Dora Crick

TURTLE BAY EXPLORATION PARK

turtlebay.org/artofthebrick
530-243-8850

Whispering Oak Montessori Academy

Fostering Growth
Nurturing Peace
Inspiring Curiosity

Are you searching for something more than just an early learning center or for a better education for your children?

Whispering Oak Montessori Academy offers a rich, nurturing and stimulating environment firmly grounded in the Montessori Method and designed to lay the foundation for a life-long love of learning. Students are encouraged to grow to their full potential in a program designed to educate the whole child.

- Full Academic Montessori curriculum
- Infant through Kindergarten - 6 weeks to 6 years
- Nutritious and Delicious meals prepared on-site
- Art & Music Appreciation
- Dance & Movement
- Yoga

Call us for a tour and more information!
(916) 722-8118/1181
8085 Oak Ave., Citrus Heights, CA 95610
www.whisperingoakmontessori.com

Sacramento's Favorite Children's Magician

GREAT SCOT (916) 80-MAGIC (62442)

Amazing Magic
Laughs Galore
Fun for ALL ages!

mention this ad for a 10% discount

www.greatscotthemagicdude.com

Nature's Critters (916) 77-FROGS
www.naturescritters.com

Let the animals touch you!

Live Animal Education Programs!

Reptiles • Amphibians • Birds • Mammals • Invertebrates

Ideal For:
Parties, Schools, Daycares & Special Events

We Bring The Fun!

Book Your Kid's Favorite TV Characters for Your Special Event:
Pop Star, Super Hero or Traditional Princess Characters Available.

\$100 OFF DIVA PRINCESS PARTY PACKAGE

(916) 801-3586
www.characterconnectionsent.info

Hey Kids of All Ages!!!

Ever Dreamed of Playing in a Chocolate Factory?

Now you can at
Capital Confections at Town & Country Village
Have a party with 9 of your closest friends and create some chocolate masterpieces!

It's 2 hours of chocolate heavenly bliss!

2605 El Paseo Lane, Town & Country Village
Sacramento, CA 95821
(916)973-0249 www.sacchocolate.com

4th “R” is the place for an action-packed adventure, filled with art & crafts, sports, field trips, drama, science, cooking and more!



LOCATIONS

Hubert Bancroft	277-6100
Bret Harte	277-6184
John Cabrillo	264-8384
Caleb Greenwood	277-6185
Crocker Riverside	264-8385
G Didion	433-6675
OW Erlewine	277-6104
Golden Empire	228-3209
Heron	566-1520
HA Hight	566-6422
Hollywood Park	277-6186
Alice Birney	433-6318
Natomas Park	264-1064
Phoebe Hearst	277-3840
Pony Express	433-6678
Regency Park	566-3636
Sequoia	277-6105
Sutterville	277-6103
Two Rivers	566-2441
Caroline Wenzel	433-6320
Witter Ranch	566-1559



Open Monday-Friday, 7am-6pm • 12 months a year
School age children 5-12 • Quality licensed child care
Subsidized care available • 21 locations

For more information please go to
www.4thRchildcare.com

THE 4TH “R” IS FOR RECREATION!



**CITY OF SACRAMENTO
 DEPARTMENT OF PARKS AND RECREATION**



www.4thRchildcare.com
916.808.6021

The 4th “R” is a licensed program with the State of California.
 License #340311930