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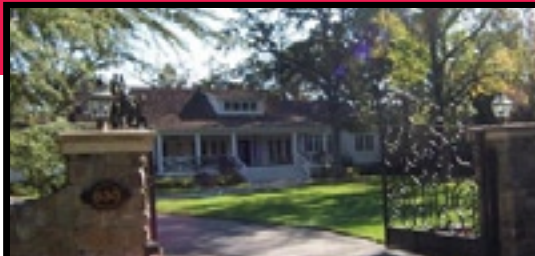
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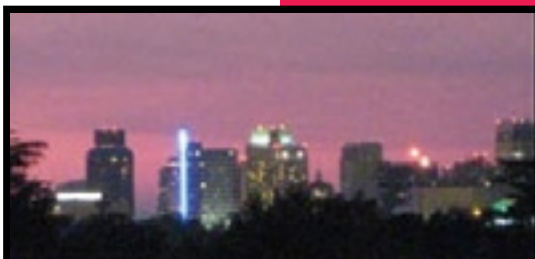
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Wonderful famil home on very deep lot on East Sac cul-de-sac. Freshly painted in and out, updated kitchen with breakfast nook. Hardwood floors through much of home, family room plus den, large master bedroom. There are so many extras you'll love it.

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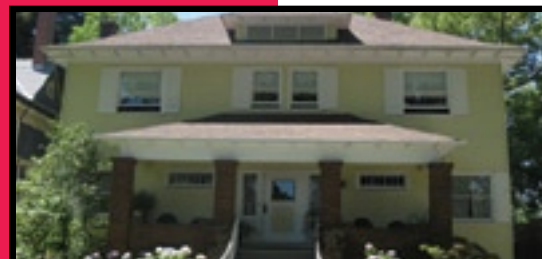
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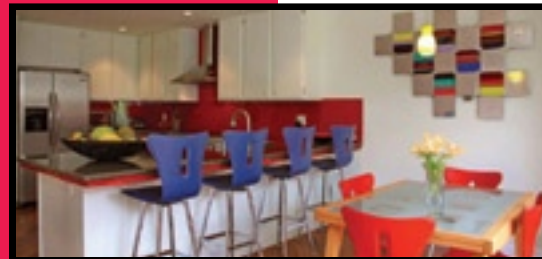
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Debbie Davis 213-2323

Neighbors with a 'Golden' bond

By SCOTT YATES
Special Contributor to the East Sacramento News

When my wife and I moved in to our house in South Land Park in May 2008 with our Golden Retriever, Kodo, we knew the neighborhood would be a good fit for us. We were enamored with the mature trees, large lot sizes, and convenience to Downtown. But being new homeowners in an established neighborhood, we wondered how we might fit in with the neighbors.

During the first days of our move, we said hello to a neighbor as she walked her Golden Retriever in front of our house. Her name was Marie Ziegler. Marie, and her husband Mark, are proud owners of a mature Golden named Rusty. We commented on how beautiful Rusty was and she had noticed we had a Golden as well. We talked about our dogs for twenty minutes under the setting sun.

In my experience, sharing a common appreciation for Golden Retrievers is common. They are a popular breed because of their beauty, trainability, and temperament. When we learned both Kodo and Rusty were rescues from the Homeward Bound Golden Retriever Rescue and Sanctuary, my wife and I knew we had a special bond with our new neighbors.

Homeward Bound maintains a sanctuary and adoption center in Elverta, about 15 miles North of Downtown Sacramento. The sanctuary rescues Golden Retrievers from shelters and from owners who, due to an unexpected change in circumstances, can no longer care for their pets. They rescue Golden Retrievers of all ages, health conditions and even Golden mixes on occasion.

Each rescued Golden immediately receives a thorough veterinary exam. Each animal is spayed or neutered before an adoption can occur, all vaccinations are brought up to date, and each Golden is tested for heartworm.

My wife and I adopted Kodo in 2007 when he was just an 8-week-old puppy. Kodo and his brothers came to the Sacramento area sanctuary via a tragedy in Oregon. A breeding facility was lost to a fire and although the Oregon community adopted many of the displaced animals, the male puppies needed a home and Homeward Bound offered to help.

Marie and Mark adopted Rusty when he was around 7 years old. They learned about Homeward Bound when they were searching for a mature Golden Retriever to add to their family.

Helping Homeward Bound

Homeward Bound is an all volunteer, non-profit organization. They exist solely on donations. On October 3, they will host their annual fundraiser, Kibble & Bids. This year's theme, Autumn in the Hamptons, features a silent and live auction, gourmet food, great beer, fabulous wine tasting, raffle, award-winning classic car display, and Golden Retrievers.

Tickets are available in advance for \$55 or \$65 at the door. The event will be held from 2 - 6 p.m. at Riverwood Estate, 4435 Garden Highway, a few minutes from Downtown Sacramento. For more information, please visit www.homewardboundgoldens.org.

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Swashbuckling students at Hristov-Csikany Fencing Club

By **BENN HODAPP**
East Sacramento News Writer
vcnnews@valcomnews.com

To be considered one of the very best in the country at what you do is an honor many seek. And although this recognition has not come under the shiny marquee of one of the "major" sports, John Hallsten and Lindsee Rotz have achieved as few of us ever will.

Their sport is fencing. And they're good. Really good.

Hallsten, a sophomore at Christian Brothers High School, and Rotz, a junior at St. Francis High School, had quite the adventure ahead of them. Last weekend (September 9-12), the pair will compete in fencing's World Cup tournament in Konin, Poland. In October, the two will travel to Budapest, Hungary for yet another huge tourney.

Who knew that this sport would take them to such far reaches of the world? Especially when each found fencing seemingly by accident.

Swinging away

Hallsten's journey began as a fourth grader in the form of an after school program. The coach told John's parents that their son had a natural talent for the sport. No one in the Hallsten household knew quite what to make of that claim.

"It came as a surprise that he said I had a natural talent," Hallsten said. "But after making a switch from foil to sabre (two of the three types of fencing swords), I immediately won my first tournament."

He was so good, in fact, that he gave up competitive soccer on an excellent team to pursue his new passion. And now with what he humbly recognizes as "hundreds" of fencing awards, Hallsten hopes to one day fence for the U.S. in the Olympics.



Photo courtesy Jeff Hallsten
John Hallsten and Lindsee Rotz of Hristov-Csikany Fencing Club competed Sept. 9-12 in fencing's World Cup tournament in Konin, Poland.

Rotz followed a similar path to her current situation. She was talked into trying it by her friend in Oregon, where Rotz and family lived until moving to El Dorado Hills last year. She was soon fencing in after school classes as well.

At first, the sport was just a bit of fun, but as her skills sharpened, she saw it as something more.

"I found it interesting to use swords and it was cool," Rotz said. "But as I got better I started to like it more and more."

Lindsee is part of the 12-person female team that will travel to Poland this weekend. But it is hard to gauge her excitement leading up to the tournament.

"Hell yeah, I'm looking forward to the trip," she said. "I'm really ready to kick some butt."

To the point

Hallsten and Rotz met a year ago at the Hristov-Csikany Fencing Club in Carmichael. It is there where their passion for the sport grew, surpassed only by their jump in skill.

Both are quiet about what they do as far as their peers are concerned. They would rather keep it to themselves than talk publicly about their success. Jeff said that the family John carpools with to school didn't even know that John was headed

to Poland until last week because he doesn't talk about it.

They may be quiet about their accomplishments, but they hold each other in high regard.

"I think they're friends," Lindsee's mother Darcee said. "They have a mutual respect for one another."

The two also hold intimate knowledge of exactly what it takes to win a fencing bout that people outside the sport may never know.

"It has to be one of the most technical sports out there," Lindsee said. "There is so much technique to it."

John gave this look into the sport's finer points.

"When the referee says 'fence,' the goal is to know what your opponent is going to do and trick them in less than a second," he said.

"It's so fast that if there weren't electronics you wouldn't know who hit who," Darcee said.

And now here they are, on a distinguished road towards possible Olympic glory. Maybe if they win a gold medal they will finally let someone know what they do. And that they're good. Really good.

The Hristov-Csikany Fencing Club has locations at 6324 Fair Oaks Blvd. Suite B in Carmichael and 6028 San Juan Ave. in Citrus Heights.

Janey Way Memories



Sandlot baseball was a hit



By **MARTY RELLES**
East Sacramento News Columnist
vcnnews@valcomnews.com

Before Little League Baseball, before Pony League, before Babe Ruth League, on Janey Way, we had sandlot baseball. We began by playing catch on the street with rubberized baseballs, but that soon failed to satisfy our need for real competition. So we searched for a place to make a field. That was easy.

Almost exactly in the middle of Janey Way, butting up to the pit, stood two adjacent empty lots. They made a perfect sandlot baseball field. From front to back they measured 140 feet and from side to side, 120 feet. The sidewalk marked the official end of the field, but we still played balls that went past the sidewalk and into the street. To avoid breaking windows on the west side of the street we used soft rubber baseballs. Batters used two old bats of my father's (he played amateur baseball). We used considerable ingenuity in constructing our sandlot baseball field.

In the spring, after the City Fire Department burned the dry grass on the lots, construction began. We made a home plate by placing a square piece of cardboard on the southeast corner of the lots. We then scratched out a left field line running west on the south side of the field and a right field line running north on the east side of the field. First base, a brick, stood a regulation Little League distance 60 feet from home plate. We placed second base on a straight line 60 feet west of first base, and third base 60 feet south of second base. We built a pitcher's mound by piling dirt 45 feet from home plate. Voila, we had our sandlot baseball field.

The rules of our sandlot baseball differed slightly from official baseball rules. For one thing, teams included only four players: a pitcher, a first basemen, an infielder and an outfielder. We played only two fields, right and center for left-handers, left and center for right-handers. The opposing team provided the catcher. Games lasted nine innings or until lunchtime. We had no fences, so to hit a home run you had to hit a ball past the outfielder and get around all the way to home plate without being thrown out. This made for some close calls at home plate, but we rarely fought over those calls. Since we had no umpires, agreement had to be reached on all calls before the game could proceed. The outfielder had to be very careful to avoid gopher holes while chasing down fly balls. Infielders often took bad bounces off their chins due to the unevenness of the field, but this was our only field so we took the bad with the good. We had many great games on our sandlot baseball field.

Sandlot ghosts

Today on Janey Way, no empty lots remain. Our sandlot baseball field has long since disappeared. Kids play little league baseball on M street, right around the corner from Janey Way. But, whenever I walk north on the street from my family house, I often reminisce about our sandlot baseball field. It represented a product of our ingenuity, a testament to our ability to make something out of nothing so we could play baseball and compete, another lasting Janey Way memory.

An architectural jewel in the heart of East Sacramento

By LANCE ARMSTRONG
East Sacramento News Writer
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When it comes to local trivia, it does not get much better than the question, "What pair of Sacramento buildings has a dominate link to both Hearst Castle and a famous California architect?"

Most readers of The East Sacramento News would perhaps find the greatest interest in the more local half of the answer to this question – the Julia Morgan House and Gardens.

House and home

Located at 3731 T St. in the historic Elmhurst Tract, which is bounded by Highway 50 and 34th, 54th and V streets, this two-story structure was designed by Julia Morgan, the first woman licensed to practice architecture in the state of California.

Completed in 1924, the house, which was placed on the National Register of Historic Places in 1982, is one of about 700 Morgan-designed structures in the Golden State.

Among these structures is the famous Mediterranean-style, San Simeon, Calif. architectural masterpiece, Hearst Castle, which Morgan designed for media mogul and billionaire, William Randolph Hearst.

Situated within the scenic neighborhood with large, shade-bearing elms, oaks and ash trees, the Julia Morgan House is certainly one of the premier architectural gems of the area. And its association with Morgan, who was inducted into the First Lady Maria Shriver-conceived California Hall of Fame in 2008, and its deep-rooted history makes it one of the city's grandest structures.

Visitors who have had the opportunity to view the house have witnessed elements of the genius architect's passion for symmetry and her love for classical details.

A quality example of such things can be seen in the building's façade, which includes a large archway with spiral columns and a tall front door, which draws attention to the midsection of the structure.

Those passing through this entryway have viewed the historic home's immediate focal point – a large, elegant, wooden staircase that winds past a spacious bay window and a long, inviting, padded bench.

Another immediate attraction upon entering the house is a large chandelier, which is one of the building's many original light fixtures.

Natural lighting is also a dominate feature in the home, as can be seen with the bay window by the staircase, as well as other windows bordering the building.

Morgan's emphasis on design is very apparent in the entryway, as she desired that the area would provide an immediate impact. And with this approach, the entryway serves as the premiere vista point to the major rooms of the first floor, the elaborate staircase and a large patio, which is visible through windows beneath the staircase.

To the immediate left of the house's entryway is the dining room and to the right is the living room.

These rooms, which are identical in size, include fireplaces, which are the centerpieces of each room.

A bas-relief ceramic reproduction of a Renaissance original by Luca della Robbia, called "Boys with Drums," hangs above the living room fireplace.



East Sacramento News Photo/Lance Armstrong

The Julia Morgan House was designed and built for Charles and Mary Goethe. The couple moved into the home in 1924.

The image features a pair of cherubs dancing on clouds, which are billowing at their feet.

Above the dining room fireplace is a large, 19th century needlepoint tapestry depicting a scene of two men and three women playing "Blind Man's Bluff" in a pastoral setting.

Among the other first-floor rooms of the house are the kitchen, the pantry, a pair of sunrooms, the library and the powder room.

The powder room includes replica Julia Morgan tiles, created from original Morgan molds and fired in the same color glazes.

The second floor of the house includes an office to the south and bedrooms to the east and west.

As if this famous home needed any more distinction, its elaborate gardens

have brought the structure much additional praise.

Natural beautifications are present on all sides of this historic home, as the grounds are filled with Artemisia, Barberry, Bear's Breech, Carpet Rose, Day Lily, Hydrangea, Japanese Maple, Morning Glory, Lavender, Oleander, Princess Flower, Red Fountain Grass and Spiraea, just to name a few.

Additionally, water pours from the mouth of a lion's head fountain at the west end of the patio that is surrounded by 30 large columns.

The House today

Today, the Julia Morgan House and Gardens is owned by Sacramento State University, which was gift-

See Architecture, page 7



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East Sacramento News Photo/Lance Armstrong

The house is complimented by a variety of flowers, trees and shrubbery.

Architecture: Sac State owns home today

Continued from page 6

ed the house and its property by the house's original owner, Charles M. Goethe.

The house was built for Charles and Mary Louise (Glide) Goethe, who he married in 1903.

In 1916, Mary's mother, Elizabeth Glide, who was a member of one of Sacramento's wealthiest families, arranged that a Julia Morgan-designed house would be built in the Elmhurst neighborhood for the couple.

Although Charles and Mary Glide were extremely satisfied with their elaborate Morgan-designed home, Charles spent 17 years living in the house without Mary, since she died 17 years prior to his own death.

Although the university has held a variety of school and community events and even weddings at the Julia Morgan House and Gardens, events are no longer being held at these premises and there is no definitive plan to continue holding events at this site.

Kim Nava, Sacramento State interim director of news services, cited "budget constraints" as the reason for the absence of these events.

"There wasn't that big of a demand for events at the house and that didn't keep up with costs to maintain operations there," Nava said. "We still have it and currently the university is considering possible programs or (other) uses for the house in the future. No matter what use it might be put to in the future, the Julia Morgan House will always remain an architectural gem for the city."

Other Morgan houses

The second Morgan-designed, capital city building, as well as the second half of the answer to the aforementioned trivia question, is the Public Market Building at 1230 J St., which after many years of offering a variety of products and services, was remodeled and converted into the Sheraton Grand Hotel in 2001.

In a much less developed Sacramento, the Public Market Building helped bring the city a more distinguished notoriety.



Photo courtesy of California State University, Sacramento
Julia Morgan is shown in this 1926 photograph, which was taken several years after she worked on the Goethe's T Street house.

Opening in July 1923, the market building featured the products and services of 30 businesses.

Merchants of the building, which was the equivalent of today's supermarkets, sold such items as produce, baked goods, clothing and appliances.

The public market continued operation until the 1970s and was then converted for use as the office of the California Secretary of State.

Nothing else like it

With the preservation of the Julia Morgan House and Gardens and the Sacramento Public Market Building, Sacramento continues its physical connection to a very unique part of its history – its dominate link to both Hearst Castle and the famous California architect, Julia Morgan.

The second half of life Exercising daily opportunity

By **DARBY PATTERSON**
East Sacramento News Columnist
vcnnews@valcomnews.com

A woman in my Mini-Med School class at UC Davis responded to a lecture about the importance of exercise with a remark that likely represented a significant percentage of students – most over the age of 45. "Honestly, I have to tell you that I just hate exercise," she boldly admitted. "I'd much rather hunker down on the couch with a book!" There was a collective mummer of agreement.

For people who strongly resist the idea of beginning an exercise program – and also for those who grasp the importance of it, I have some painless short cuts that I've integrated into my daily routine for years.

• Say "No thanks, I don't need any help," when the courteous grocery clerk offers to have someone carry your bags – or push your cart – to your car. If you've just filled a small hand-carry basket and you have two or three bags of groceries, it's very likely you can manage to get them to the car yourself, without a cart. I balance the load using the bag handles, walk slowly and do a few repetitions of arm lifts. I get to work my biceps while pulling in my stomach muscles and tucking in the hip area to maintain proper posture for standing exercise. It's very important to understand the ergonomic way to do this because it's possible to do it wrong and hurt your back. If you've pushed the cart, again, flex your arm muscles, pull in your tummy and the gluteal muscles as you walk. Use conscious posture while lifting and loading bags into your car and feel the muscles you are using. So you get maybe 8 to 10 reps of arm lifts, some healthy tightening of the core area and, if you park far enough from the store, a little aerobic walking for extra measure.

• Stairs are your friend. If you live in a two-story home – and any time you have the opportunity to take the stairs rather than ride an elevator – you've got an opportunistic exercise. To make stair climbing count as exercise you have to again be conscious of your body. Tuck the pelvis in, tighten the gluteal muscles and stomach muscles. (Don't climb with your back curved and butt out.) With this erect posture, climb stairs so that you feel the muscles in your legs tighten and lift you. You should feel it in your thighs and in your calves.

• The vacuum cleaner is your friend, as is the garden rake and push broom. Of course, these implements are designed to make cleaning easy, but I use them as power tools. I tighten up my biceps when I push and pull the vacuum, pull in the core muscles and condition myself as I clean the house. There are numerous opportunities to slip in a little "opportunistic exercise" every day – and what you can do depends on your schedule and activities. Just be open to those moments and prepared to use them.

By the way, people do look at me strangely when I am power lifting my grocery bags. But, one of the freedoms of growing older is really not caring what people in the parking lot think about me. Of course, consult with your doc about any exercise program – even my "accidental" routines!

Editor's Note: Darby Patterson is a longtime local journalist specializing in government affairs and health care issues. Due to popular demand, Darby's columns will now run in every edition of the Valley Community Newspaper publications. Visit her Web site at www.storiesandbooks.com and read her blog at <http://booksbydarby.blogspot.com>.

Know your neighbor

East Sac Hardware: Serving the community since 1951

By LANCE ARMSTRONG
East Sacramento News Writer
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In a day and age when the old "Mom and Pop" type stores are disappearing on a regular basis and the much larger stores often prevail, it can be nice to see that certain small community businesses continue to prosper.

One such business that undoubtedly fits this description is East Sac Hardware at 5800 Folsom Blvd.

Established in 1951 by Frank Robinson, a former resident of Arkansas, the business has built a long tradition of serving its customers in that old-fashioned "Cheers" kind of way, where regular customers are known on a first name basis.

A quality example of this level of service was captured during a recent visit to the store by Tahoe Park resident, Ken Templeton.

Templeton, who began coming to the store about 20 years ago, said that he appreciates the fact that the re-

cently revamped East Sac Hardware provides both quality customer service and a good selection of merchandise.

"This is an institution really and they've only made it better recently the way they've laid everything out," Templeton said. "You can go to a big box (store) like Home Depot or something and spend half the day looking for something and then you get the wrong thing. You come here and the people are right here to help you, like (for instance) I wasn't going to get this style of sheers. I was going to get the same kind of sheers that I've used for the past 30 years. (A store worker) asked me what I use them for and I said, 'To cut branches and stuff.' He said, 'What kind of branches?'"

Looking down at his newly purchased pair of sheers, Templeton said that if it had not been for East Sac Hardware, he would have



East Sacramento News Photo/Ryan Rose
East Sac Hardware, which is a one-stop shop for plumbing, electrical, paint, lumber, housewares and gifts, underwent improvements in the areas of clean-up, repainting, reorganizing, redecorating, as well as resetting merchandise. Many displays kept the old-time wood features, while receiving stainless steel additions.

See Hardware, page 9

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Hardware: 'Our whole goal was to pave the road to another 58 years'

Continued from page 8

walked out of a different store with the "wrong product."

It is this type of customer service that has encouraged people to return to East Sac Hardware again and again throughout the years.

Fortunately for those who enjoy the convenience of having a reliable neighborhood community hardware store, East Sac Hardware has managed to survive and, in fact, improve its services and offerings throughout the years.

Following about 33 years under the ownership and operation of Robinson, one of Robinson's nephews briefly ran the store before it was placed up for auction with the victor being Richmond "Rich" Leland Johnston, Jr.

Operating the store with his wife, Sheree and several other employees, the store continued its constant commitment to its number one goal of providing Grade A customer service.

Something Old, Something New

Recently, part of this customer service included the aforementioned revamping of the store to provide customers with a community business with new modernized elements, additional offerings, more convenience and an overall improved store.

Sheree, who was very involved with the store's 15-month "facelift" project, which began on July 1, 2008 and had the theme of "Something Old, Something New," explained the idea behind the project.

"We wanted to keep the old aspects of the store that differentiated the business from other hardware stores, while updating the store design and adding in new merchandise and services," Sheree said. "Our whole goal was to pave the road to another 58 years of serving the East Sac community."

The store, which is a one-stop shop for plumbing, electrical, paint, lumber, housewares and gifts, underwent improvements in the areas of clean-up, repainting, reorga-

nizing, redecorating, as well as resetting merchandise. Many displays kept the old-time wood features, while receiving stainless steel additions.

The crown jewel of the project was the store's new neon sign, which brings the store full circle back to its 1950s roots.

Other newly-added reminders of the past are the store's Fifties-themed mural and window displays.

The window displays are reminiscent of the old Breuner's furniture window displays, which once graced the corner of 6th and K streets in downtown Sacramento.

The hardware store's 1950s-themed window displays include a pair of life-sized children figures with marbles, dominoes, children's books and board games such as Bobsey Twins on the Farm.

Another display features a past to present woman from 1951 with clothing patterns, a washboard, a cookbook and a package of Grandma's Lye Soap.

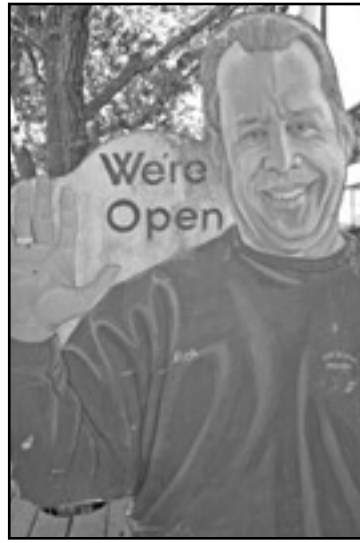
The final display takes a look at happenings in 1951 and includes images of television's "I Love Lucy Show," the film, "A Streetcar Named Desire," with Marlon Brando, and J.D. Salinger's novel, "The Catcher in the Rye."

Shop around the corner

And when it comes to history, the building, where East Sac Hardware is located certainly has plenty of it, including history that predates the hardware store itself.

For those old enough to remember the building in its pre-1951 years, especially those who lived in the surrounding area including Little Italy, which was roughly located from 48th to 58th streets between H Street and Folsom Boulevard, such people recall that an earlier hardware store was located in a different section of the building.

During its early years, the building, which was constructed in 1929 and today consists of the 10,000-



East Sacramento News Photo/Ryan Rose
Pictured here is the well known painted cutout of East Sac Hardware owner Richmond "Rich" Leland Johnston, Jr. The cutout is stationed outside the hardware store located at 5800 Folsom Blvd. and bids hello to passersby and patrons.

square-foot hardware store and the 4,000-square-foot One Speed Restaurant, was divided into various sections with several businesses, including the previously mentioned, early hardware store, a grocery store, a restaurant, a beauty shop, a variety store and a barbershop.

Willie DaPrato, who grew up at 1217 48th St. in Little Italy, said that he likely received his first haircut in the building from barber Frank Mazzanares during the mid-1930s.

"The barbershop was in (the building) and I would imagine that (Mazzanares) was the first guy who ever cut my hair," DaPrato said. "He lived on 48th (Street), he was Italian, we were Italian, so you just went where you could speak to a man in your language. But before that, my mother cut my hair to save 50 cents, because that bought a lot of meat back then."

Understanding the importance of tradition, East Sac Hardware strives to continue its notoriety of providing the type of quality merchandise and customer-friendly service that has made it a longtime East Sacramento favorite.

East Sac Hardware is open on Mondays through Fridays from 7 a.m. to 7 p.m., Saturdays from 8 a.m. to 6 p.m. and Sundays from 9 a.m. to 6 p.m.

For additional information regarding this business, call (916) 457-7558.



East Sacramento News Photo/Ryan Rose
(above) The crown jewel of the East Sac Hardware remodel was the store's new neon sign, which brings the store full circle back to its 1950s roots.

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Local church's 'Sacramento California Stake' celebrates 75th anniversary

By LANCE ARMSTRONG
East Sacramento News Columnist
vcnnews@valcomnews.com

A major milestone was recently recognized, as the Sacramento California Stake of The Church of Jesus Christ of Latter-day Saints – also known as the Mormon church – celebrated its 75th anniversary.

The announcement that the stake – a collection of wards and branches similar in formation to a Catholic diocese – would be formed occurred on Nov. 4, 1934. The Sacramento Stake, as well as the then-newly designated Gridley Stake, was scheduled to begin functioning on Jan. 1, 1935.

In honor of the Sacramento Stake's diamond anniversary, a gathering at the stake's Liahona Ward building at 7401 24th St. was held on Aug. 29.

The event featured a 5K run/walk, food, displays showcasing the church's rich history and dance performances.

A special day

Lindsay Bendinger, a spokesperson for the Sacramento Stake, explained that reaching the 75-year mark is a very special accomplishment, noting that this is a "very exciting time" for the stake.

Bendinger added that the anniversary gathering, which drew about 1,000 people, was designed not only to celebrate the history of the stake, but it was also held to recognize its "beautiful diversity."

"What began as one very small unit 75 years ago has grown both in numbers and diversity," Bendinger said.

Within the stake, several units were designated and made accessible for non-English-speaking members and visitors.

Sacramento Stake President Mitchell Rogers provided the following details regarding these units.

"The Sacramento Stake is home to a Hmong branch of approximately 300 members, a Tongan ward of about 400 members and a Marshallese group of about 60 members," Rogers said. "We also have small groups of Cambodians and Samoans. We also have a group of about 20 Fijians. We, of course, have members from all over the world, including the People's Republic of China, Vietnam and many European countries."

Summing up the diversity of the stake, Rogers added, "The Church of Jesus Christ of Latter-day Saints has room for everyone."

Stake through time

During its 75-year history, the Sacramento Stake experienced much growth in its membership.

Beginning with five wards and one branch, the Sacramento Stake – the fifth stake established in California – originally had 1,611 members.

Today, the stake has more than 3,400 members and includes the following 11 units: Sacramento 1st and 2nd wards (located in the Pocket and South Sacramento areas), Sacramento 3rd Hmong Branch, Sacramento 4th Young Single Adult Branch, West Sacramento Ward, Liahona Tongan Ward and Laguna Creek 1st through 5th wards (located within the Elk Grove area).

Historically, the Sacramento Stake covered a much larger area, as today, 23 stakes are located within the original stake boundaries, which included Stockton, Tracy and Roseville.

Although the Sacramento Stake, which first had its stake center or headquarters at the 51st Street and Dover Way building in Sacramento, is celebrating its 75th anniversary, the church's presence in the Sacramento region began much earlier.

Predating the Gold Rush, the first members of the church to arrive in the area were William Brown Ide, his wife Sara and their nine children.

After joining an Oregon-bound wagon train in Independence, Mo., the family eventually changed directions and joined a California-bound wagon train that reached Sutter's Fort on Oct. 25, 1845.

William played an essential role in a major event in California history: the Bear Flag Revolt.

Hearing rumors that Mexican authorities were planning to drive out settlers, William joined 32 others in seizing the Mexican province of Sonoma on June 14, 1846.

A few days after the raising of the Bear Flag, William presented a proclamation recognizing the new California Republic.

The proclamation, which was influenced by the Declaration of Independence and the Constitution of the United States, set forth its goals to "establish and perpetuate a liberal, a just and honorable government, which shall secure to all civil, religious and personal liberty; which shall insure the security of life and property; which shall encourage industry, virtue and literature...relying on love of liberty and hatred of tyranny."

William served as the first and only president of what became known as the Bear Flag Party. This position was brief, however, as U.S. Army Major John C. Fremont and 60 soldiers took control of the site in the name of the United States on June 23, 1846.

About nine months after William Ide's arrival in California, Samuel Brannan led the first company of Latter-day Saints to California, as the group arrived in San Francisco on July 31, 1846.

Brannan, who later became California's first millionaire, eventually left the church after receiving word that the



Photo courtesy of The Church of Jesus Christ of Latter-day Saints/Sacramento California Stake
Members of The Church of Jesus Christ of Latter-day Saints stand in front of the Sacramento Ward building at 2812 34th St. in this 1930s photograph.



East Sacramento News Photo/Kati Garner
Fire dancer performs at the 75th anniversary event.



East Sacramento News Photo/Kati Garner
Performers gather to prepare to dance.

church's president, Brigham Young, had no interest in having the church's headquarters located on the West Coast.

Growth and glory

Many early California Mormons worked for John Sutter, including six who were assisting with the construction of Sutter's sawmill in Coloma and were present at the time of James Marshall's discovery of gold on July 24, 1848.

About 25 members of the church formed the Sacramento Branch in 1872. The branch was first led by its president Aaron C. Garlick, who held the position for 24 years.

In its formative years, the church met at various sites, including the Garlick home at 6th and O streets, Pioneer Hall at 1007 7th St. and Foresters' Hall at 716 I St.

The first Latter-day Saints building was completed at 2812 34th St. in Sacramento in 1926, followed by another

Sacramento Mormon church building at 4647 U St. in about 1934 – the year the formation of the stake was announced.

Prior to that year, the area where the stake was located was within the boundaries of the California Mission, which was first established in 1846 and led by Brannan.

In 1944, the Sutter Ward building was constructed at 1424 24th St., where the first stake conference was held on May 28, 1945.

It was at this latter-mentioned building that local radio station, KROY 1240 AM, regularly broadcast a 15-minute, Sunday morning music and spoken word program during the early 1950s.

The church and its Sacramento Stake has continued to expand in the area and with the dedication of the Sacramento Temple in Rancho Cordova on Sept. 3, 2006, the church in the Sacramento region is considered to have reached its full maturity.

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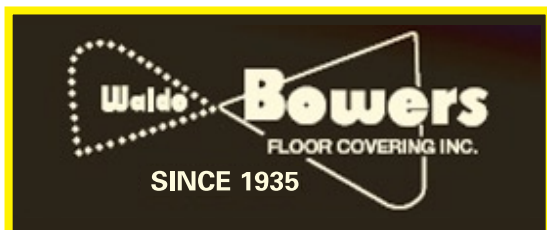
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Drive and dine

A delicious slice of Italian tradition in Land Park

By **BENN HODAPP**
East Sacramento News Writer
vcnnews@valcomnews.com

In a culinary landscape that features pizza commercials boasting more cheese and toppings than is necessary or wise, one pizzeria is attempting to keep up a long-held tradition.

Masullo Pizza is modestly decorated – simple. And that’s just how owner Robert Masullo wants to keep it.

“We strive to emulate what you would get at a pizzeria in Italy,” Masullo said. “American pizza has gone further and further away from Italian pizzas.”

The difference is more than just the size. According to Masullo, it comes down to quality over quantity.

“Our pizzas are not as heavily topped; they don’t have a ton of cheese,” he said. “It’s about tasting individual products.”

Fiery flavor

One of the unique aspects of the pizzeria is its use of a wood oven to cook the pizza. And while the oven in some ways limits what they can do, Masullo considers the old-style oven a unifying factor that keeps the tradition alive.

The oven is fed with fresh firewood from local farms throughout the day to keep it going at an astounding 800 degrees. The high temperature makes it possible to cook the traditional pizzas in just over two minutes.

The place has a strong local presence too, as all of the tables and chairs were made from an old walnut tree from 10th and Richards.

Popular pies

Since its opening in June of 2008, Masullo has seen that some people are ready to make the change to a less complex, more traditional pizza.

“I think in general in California there is an awareness for eating quality instead of quantity,” he said. “People appreciate the work we put into our pizza.”

The pizzeria’s Web site, www.masullopizza.com, lists 15 pizzas on the menu. Most of them are quite simple, consisting mostly of mozzarella, tomato and a few other items depending on the pizza. People can special order pizzas, within reason. Just don’t expect to come in and walk out with a pizza that weighs eight pounds; Masullo pizzas are about the size of a dinner plate. And all the emphasis is on taste.

The most popular pizza they sell is called the “Margarita” which is just tomato, mozzarella and basil.

“People use it as a test,” he said. “It’s kind of our default pizza.”

The oven is certainly one of the stars of the show, which has become evident in the pizzeria’s yearlong existence.

“People want to see how it works,” he said. “A lot of kids, but plenty of adults too.”

Masullo said that the crew of five people chop their own wood out in back and feed the oven a little bit at a time throughout the day. People who are interested in seeing the process of making pizza in a wood oven can ask for permission to see it depending on how busy it is at that time.



East Sacramento News Photo/Ryan Rose

An order is ready at Masullo Pizza in Land Park.

And it does get busy. Masullo recalled a time last year when the line stretched out the door.

The pizzeria is also a good place to go to try a new kind of pizza as well. There’s the “Jacqueline” which features potato, fontina, bacon and oregano. Try ordering that at Pizza Hut. And then there’s the

“Eileen” which has mushrooms, bacon, mozzarella, sage, cream and black pepper. Or maybe you’d like the “Evelyn” which has mozzarella, zucchini, mushrooms and ham. You more of a pepperoni person? They have you covered there, too. Just walk up to the counter and order yourself an “American.”

Proud pizza

At Masullo Pizza, you won’t find pinball machines or six-foot-tall singing rats. But if Masullo and company have their way, you will walk out with a new appreciation for the craft of making a pizza.

Masullo Pizza is located at 2711 Riverside Blvd. in Sacramento. You can call in an order at 916-443-8929.

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Fairytale Town in fifth decade

Local Sacramento landmark celebrates 50th anniversary

By LANCE ARMSTRONG
East Sacramento News Writer
vcnnews@valcomnews.com

For a place that is five decades old, Fairytale Town sure has kept its youthful luster.

Fairytale Town, a historic local landmark cherished by many people of all ages, celebrated a major milestone Aug. 29 as the popular children's park turned 50 years old.

Fountain of youth

One individual who has many memories about the creation and early years of the non-profit Fairytale Town, which is located on city property at 3901 Land Park Drive in William Land Park, is longtime Fairytale Town board member Shirley Plant.

Plant said that the road to the creation of the nursery rhymes and fairytale-themed Fairytale Town with its live animals such as turtles, piglets, rabbits, a Shetland pony, a donkey and a cow and small play sets began "more or less through Clarence Breuner."

"(Breuner) wanted to do something for the children of Sacramento and particularly to associate them with farm

animals and other things and sort of give them information that they might not otherwise have," Plant said. "(Breuner) asked Helen Mering (who was working public relations for Breuner at Breuner's furniture store in Sacramento) to seek out some projects. She researched some children's parks – and there were several around in areas surrounding Sacramento – and she suggested that that was the way to go."

Plant added that Breuner anonymously gave Mering \$3,000 for the purpose of seeing that the then-projected \$50,000 project was initiated.

Fundraising for Fairytale Town continued until the time of the park's opening and beyond, as the park opened on Aug. 29, 1959, despite needing about \$10,000 dollars to meet its \$75,000 goal for completion. The total cost of the project, however, eventually reached \$107,000.

The park was officially opened following a ceremony, in which a golden key was handed to Mayor Clarence Azevedo, who officially opened Fairytale Town by walking across the moat

bridge with local 3-year-old, Theresa Anne Michaels.

The following day, The Bee reported that within the first hour of the playland's opening, more than 400 adults and children had "steamed across the magic moat to enter the make-believe world."

For fun and family

Since this opening day when 5,692 children visited Fairytale Town, thousands upon thousands of children have arrived at this children's park, where countless fond memories have been born as many dreams have become a reality.

Plant estimates that at least 12 million children have visited Fairytale Town since its opening and added that it is enjoyable to see earlier generations of people return to the park as adults.

"We're on our fourth generation of children coming to the park and it's nice to see their parents and grandparents, who remember when they ran the crooked mile," Plant said.

Although many sets of Fairytale Town have remained virtually the same, the children's park has un-

dergone various changes since its early years.

Among these changes are the additions of the Old Man in the Shoe slide in 1968, a roof addition to King Arthur's Castle in the early 1980s, the Safe and Super Halloween weekend in 1986, Jack and the Beanstalk in 1997, the renovation of Sherwood Forest in 2003 and the yellow brick road leading to the stone archway at the entrance to the playland during the past two years.

And of course, one of the major landmark additions to the children's park was the placement of Humpty Dumpty atop the archway in 1962.

Fairytale Town Executive Director Kathy Fleming – who said that she prefers the title, "Fairy Godmother" – said that although the Humpty Dumpty of Fairytale Town never had a great fall, he has been stolen several times, but fortunately has made his way back home each time.

For additional information about Fairytale Town and its 50th anniversary celebration, call (916) 808-7462 or visit the Web site www.fairytaletown.org.

Fairytale Town in East Sac?

Original site was East Portal Park

Junior League Chairperson Beth Grebitus originally announced that a site for the proposed children's park had been selected at East Portal Park at 51st and M streets in East Sacramento.

Only four days following the announcement of the proposed site, residents living near the park began gathering signatures in opposition of the playland's potential location.

These residents cited that increased traffic, lack of parking and additional noise caused by the children's park would be detrimental to the neighborhood.

During the following two days, the East Portal Park Association was formed and more than 500 signatures of those opposing the proposed site were gathered.

Less than a month later, the city council parks and recreation committees recommended that Fairytale Town be located at William Land Park.

The recommendation led to the council's decision to accept the proposal.

- Lance Armstrong

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Connecting with the City Council, the community

By STEVE COHN
Sacramento City Councilmember
Special to the East Sacramento News

Alley activation introduced to council

A group of Central City residents, business owners, architects, developers, city staff and other stakeholders (Alley Activation Committee) have been meeting regularly for the last year or so to discuss how to transform selected alleyways in the Central City from garbage dumping and criminal hideout zones to vibrant livable mixed use places that contribute positively to ambience of the Central City.

Most Central City alleys currently function as service areas for trash disposal, vehicle access to garages and rear/side entrances of abutting property and emergency service access. However, examples from other cities and a few right here in the River City have shown the tremendous potential that alleys present as pedestrian thoroughfares, residential front doors, small business locations and even restaurant and café designations.

On August 11, the Alley Activation Committee introduced three different pilot project ideas to the Council:

(1) "Pedestrian First" Alleys look at ways to beautify alleys to encourage their use by pedestrians while maintaining vehicular access. Improvements would include porous pavements, way-finding signage, ADA requirements, solar/LED festival lighting, landscaping (e.g., almond trees in containers) and some street furniture. Two potential "pilot alleys" are located between 17th and 19th, L Street and Capitol Avenue.

(2) "Alley Oriented Residential Uses" was encouraged in the General Plan as a way to increase density within the Central City without affecting the existing streetscape or threatening historic resources. Locating units on an alley provides a public benefit of "eyes on the alley". Some existing alleys have small carriage houses, cottages and small apartments above garages. Several newer developments have also been ac-

complished already, such as the highly touted "9onF" townhouses (15th & F St). Most recently, the first application for a "Stitch Development" (three condominium units at the rear of an existing 40'x160' lot) was submitted by Jeremy Drucker, the 9onF developer, to the City Zoning Administrator for review and approval.

(3) "Restaurant" alleys can be seen in scenic cities throughout the world, including San Francisco's Belden or Maiden Lanes; however, Sacramento has little experience locating restaurant and café seating within alleys. The city currently has an application on file for a "Restaurant Row" located within the alley bounded by I and J Streets, 16th and 17th Streets (adjacent to the Memorial Auditorium). This project is expected to move through the process and to the Council within the next few months. Another project called Meridian II, located between the Convention Center and the Marriott Courtyard Hotel at 15th and L, is proposing

to limit vehicular access in favor of pedestrian oriented uses on the alley during the day.

These ideas were well received by Council, which directed city staff to continue to work with the committee on the pilot proposals, look for potential funding sources and increase community outreach. The Alley Activation Committee plans to form a nonprofit organization that will better position the group to access a broader base of funding sources including grants and charitable giving organizations.

I recently put forth a challenge to the Alley Activation Committee to get a "Pedestrian First" pilot alley done within the next year. I have committed \$100,000 in District 3 Community Development Block Grant funding, which was made available when a street lighting project came in under budget, provided that the committee can raise matching funding for the enhancements.

I look forward to continuing to work with this creative group to resolve all of the issues raised by city technical staff (fire, transportation, drainage, solid waste, etc.) and neighbors (noise, parking, traffic, etc.). Sacramento could have one of the most attractive and interesting alley districts anywhere in the world. Imagine an "Almond Blossom Festival" in the spring to celebrate the wonderful nexus between Midtown's urban flair and tasty restaurants and the Central Valley's rural cornucopia of fine food and wines.

Alley naming standards adopted

Several years ago I introduced the idea of naming our Central City alleys and I'm happy to report that on August 11, the Council adopted standards for naming those alleys and directed staff to look at the theme of historic names and places. A special thanks goes

to William Burg who came up with a comprehensive list of historic names that could be considered. A consistent alphabetic addressing system will allow for quicker response time for emergency services, assist with postal and general delivery services and provide more efficient delivery of city services. This will be especially important as we begin to activate more of our alleys. An example of how this would work is that the name for the alley between I and J would begin with an "I", the name for the alley between J and K would begin with a "J", etc.

SHPS/ Mercy Construction Update

Soil remediation on the school site almost is complete. Foundational footings have been dug for the new buildings, and steel framework has been built. Tunnel work between the Mercy Medical Plaza and Hospital is expected to be complete by September 2009. An Ambulance Canopy on the Northeast corner of the Hospital is being built, and structural steel bids have gone out to be used for construction of the Alex G. Spanos Heart and Vascular Center building, which will begin with some preliminary foundation work this fall. The last Neighborhood Advisory Committee meeting for 2009 is November 17 at 5:30 p.m. at the SHPS Cafeteria.

For updates on the Neighborhood Traffic Management Plan, contact Debb Newton at 808-6739 or dnewton@cityofsacramento.org. For questions or concerns regarding construction, please feel free to call the construction hotline at 552-6931.

Visit Cohn's Web site at www.cityofsacramento.org for up-to-date news. If you have any questions or comments, please contact him at 916-808-7003 or at scohn@cityofsacramento.org.

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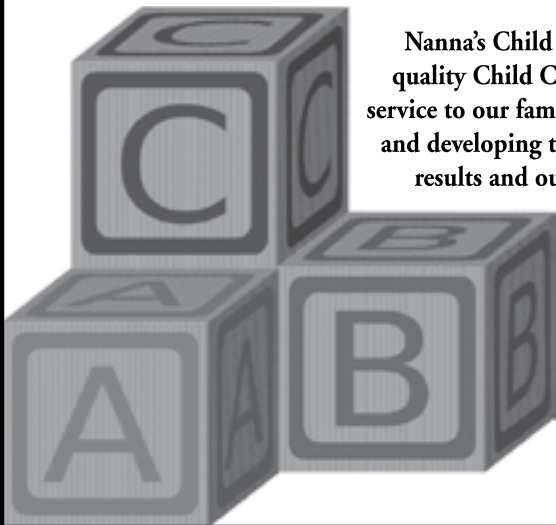


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Buggy Whip Restaurant: A half-century of tradition

By LANCE ARMSTRONG
East Sacramento News Writer
vcnnews@valcomnews.com

A certain, popular eating establishment tucked away along Fulton Avenue, just south of Marconi Avenue, is no ordinary restaurant.

While the area has been built up and has experienced a variety of changes within the past half-century, this historic eatery, the Buggy Whip Restaurant at 2737 Fulton Ave., has endured as a landmark of a golden era.

Quite the dish

Opening to the public for the first time in October 1958, the Buggy Whip was initially operated by its owner, Aaron LeSieur.

Prior to his years with the Buggy Whip, LeSieur served as a pilot during World War II, was shot down in a B-17, was a Prisoner of War in Germany and later co-owned the Elbo Room at 2003 L St. with Bill Christie.

LeSieur and Christie experienced difficulties working with one another, however, so the two business partners flipped a coin to see who would step down from the ownership of the popular lunch and dinner eatery, which was locally famous for its prime rib.

LeSieur lost the coin flip, which led to the creation of the Buggy Whip.

Although Aaron LeSieur passed away in 1980, the Buggy Whip has remained a passionate family endeavor, as it continues to be operated by Aaron's son, owner Larry LeSieur, who is assisted by his brother, Steve LeSieur.

The Buggy Whip, which is well known for its steak and prime rib entrees, entered the area's restaurant scene, which Larry LeSieur said was then known as "Restaurant Row."

"It was called Restaurant Row, because there were no other restaurants around," Larry said. "(Fulton Avenue) was like the hub of the restaurants for the north area."

Within a 15-block section, about 20 eateries were located along Fulton Avenue at the time of the Buggy Whip's opening.

These businesses included the Echo Club, which specialized in Italian dinners at 2119 Fulton Ave., Bar-B-Que Heaven with chicken and ribs at 2711 Fulton Ave., Coral Reef with Cantonese, Polynesian and American dishes and "refreshing cocktails in a tropical atmosphere" at 2795 Fulton Ave., Penisi's Fine Italian Food at 3311 Fulton Ave., Ken's Red Barn with steaks, prime rib and chicken at 3409 Fulton Ave., Take-E-Home Chinese Kitchen on Fulton Avenue, near Marconi Avenue, The Chuck Wagon with "fine

steaks and chops" at Marconi and Fulton avenues in the Town and Country Village and Harvey's Self Service Drive-In at Fulton and El Camino avenues.

Prior to becoming the Buggy Whip, the 2737 Fulton Ave. building, which was built in the early 1950s, was home to Frank Jackson Interiors. The business specialized in rattan, Swedish, Danish and contemporary items, which included lamps, fabrics, upholstery and interior designs.

Larry LeSieur explained a unique part of the evolution of transitioning the Jackson store into the Buggy Whip.

"It was an old furniture store and they had a breezeway like a porch and you would walk down this porch and you would come in through the door (about where the middle of the restaurant is now located)," Larry said. "They closed that and changed the door to the front, because we were so busy. In the old days, this was one of the busiest restaurants in Sacramento."

Meals and wheels

In addition to having been labeled a "Restaurant Row," Fulton Avenue has for many years been identified as an "Auto Row," due to its vast number of auto dealerships.

Larry, who grew up on Morse Avenue, said that early clientele of the restaurant included auto dealers, as well as contractors and insurance and real estate agents.

"A lot of deals were made here," Larry said. "When they were building Cameron Park, the guy who was doing the development sat in here and they developed Cameron Park right out in this bar. I remember them talking about it and my dad was telling me that they were going to build this place up there. And all the old timers came in here. Buzz Oates came in here. C.C. Myers came in here. I mean, you name it. All the old timers have come through here at one time or another."

Other clientele who once frequented the restaurant on a regular basis came from the horse races at the old and current State Fairgrounds, Pacific Bell, the National Guard and McClellan Air Force Base.

"When McClellan was out here, they used to pile in here at lunchtime," Larry said. "They used to come in here in uniforms and they would come here every day."

Larry understands the important role that the Buggy Whip has played in the community and has a great appreciation for the many memories that have been created at his restaurant.



East Sacramento News Photo/Lance Armstrong

Buggy Whip Restaurant owner Larry LeSieur is dedicated to carrying forth the restaurant traditions of his late father, Aaron LeSieur.

"It's a landmark," Larry said. "What's nice about this place is I've seen so many people come through here and when I go places, I know a lot of people and a lot of people know us too, because we've been here so long."

In addition to members of the LeSieur family, many Buggy Whip regulars are also familiar with Donna White, who managed the restaurant from the 1960s through the 1980s, Mary Williams, a waitress at the restaurant since 1967, and Randy Gasparenas, a waitress at the restaurant since 1984.

Larry, who enjoys trapshooting and cycling in his spare time, said that the restaurant survives off of an older clientele, some of whom have been coming to the restaurant since the year it opened.

Service with smiles

Just on a randomly selected day last week, a group of eight customers were sitting at a large dining table at the restaurant to enjoy an appetizing lunch.

Among the mostly family-member group, which gathers at the restaurant several times a year to celebrate birthdays and other special occasions, were a few longtime customers.

One of these customers, Chet Smith, Jr., has been dining at the Buggy Whip for about 30 years.

"The prime rib sandwiches are what it's all about," Chet said.

And with a smile on his face, he playfully directed his attention to a pair of his family members sitting at the table, adding, "And my uncles come here for the martinis."

Chet's mother, Mona Smith, who moved to Fair Oaks in about 1948 when Fair Oaks Boulevard had only two lanes, recalls coming to the restaurant during its early years for its popular champagne dinners for two that included two steaks, two salads, two soups, two baked potatoes, two glasses of champagne and two after dinner drinks for \$4.95.

"The service was always good and we could always depend on having a good meal," Mona said.

Although the dinner for two is certainly no longer available for \$4.95, nor does it include beverages, Buggy Whip Restaurant has continued its efforts to provide quality food in a friendly environment.

In addition to its variety of steaks (mushroom, green onion and parmesan cheese-stuffed, as well as Swiss, mushroom and pepper) and prime rib, the restaurant also serves roast beef and gravy, teriyaki beef and chicken, breaded veal cutlet, deep fried jumbo prawns, fresh salmon, the "Fish of the Day," a variety of sandwiches, tacos and salads.

For a bite

Buggy Whip is open for lunch on Mondays through Fridays from 11 a.m. to 3 p.m. and for dinner on Mondays through Thursdays from 5 to 9 p.m., Fridays and Saturdays from 5 to 10 p.m. and Sundays from 4:30 to 9 p.m.

For additional information about this restaurant, call (916) 486-1416.

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SEPTEMBER

Free pole walking clinics

Organized by Cure Arthritis Now, free pole walking clinics will be hosted Wednesdays (at 6 p.m.), Sept. 16 and 30, Thursdays, Sept. 10 and 24, and Friday, Sept. 18, at the Sierra 2 Community Center, 2791 24th St. There will be an additional clinic Saturday, Sept. 12, on Scripps Drive. Interested people need to call the group directly for times and specific locations, to pre-register and reserve the walking poles for the clinics. For more information, call 208-8700.

California State Library Show

National travelling exhibit "Louis Braille: Celebrating 200 Years of Braille." Born the same year as Abe Lincoln and Charles Darwin, Braille invented a tactile alphabet that shattered barriers for vision-impaired readers. Exhibit continues through Sept. 25. Held 9 a.m. to 5 p.m., Monday through Thursday, and Friday, Sept. 25. Closed Labor Day. Free. Lobby, Library & Courts Bldg, 2, 900 N Street, (916) 654-0640.

Straw into Gold

The Hart Senior Center will once again host the "Straw Into Gold" poetry writing workshop for Seniors. Led by Julia Connor, Sacramento Poet Laureate 2005-2009, this workshop offers an outstanding opportunity for seniors to hone their writing skills in a creative, spontaneous environment. The workshop will be held Thursdays from 3:00 to 5:00, September 3 through November 12. Registration is required, but there is no cost for this workshop. Please contact the Hart Senior Center at (916) 808-5462 for more information.

Memory Seminar

A special memory seminar will be held throughout the month of September and into October, September 14 through October 5. Mondays, 9:30 a.m. to 11 a.m. Facilitated by Kim Winters, BSG, M.Ed. of the Primrose Living Fund. Located at Hart Senior Center, 915 27th Street, Sacramento. No Charge. RSVP at (916) 808-5462.

Just Change exhibit opens

The collaborative art exhibition Just Change is open and will run through Sept. 22 at Beatnik Studios, 2421 17th St. Artists of multiple mediums come together to showcase their view and take on this theme of "Just Change." Artistic interpretation on many levels.

Past Tents exhibit opens

"Past Tents: The Way We Camped" is a humorous excursion through one of our favorite pastimes, exploring camping in California from post-Gold Rush times to the mid-1900s. Through three exhibit themes - Round the Campground, Hitting the Trail, and Open Roads, Open Fires - visitors enjoy contemporary prints of rare historic photographs and objects from the collections of the California Historical Society and the Bancroft Library. The Sacramento History Museum invites all to enjoy this exhibition beginning Friday, Sept. 4, closing January 3, 2010. The Sacramento History Museum, operated under the auspices of the Historic Old Sacramento Foundation, is located at 101 "I" Street, Old Sacramento, CA. The museum is open every day (excluding major holidays) 10 a.m. to 5 p.m. Phone: (916) 808-7059.

Greenhaven bridge group

The Greenhaven Bridge Group invites interested persons of all ages and from all places to participate in Bridge lessons and card playing activities on Wednesday evenings from 7-9 p.m. at Greenhaven Lutheran Church, 475 Florin Road. Participants are promised a fun and easy way to meet new people while learning basic Bridge procedures in a friendly, supportive atmosphere. For more information on Wednesday evening bridge instruction activities, Monday morning bridge play, or Friday evening bi-monthly pot-luck game activities, call Dale Koehler at 424-3925 or Mary Sauve at 684-8778.

SEPTEMBER 16

Free real estate seminar

Do you qualify for a loan modification? Visit the seminar held at 6 p.m. and hosted by Cook Realty at 4305 Freeport Blvd. RSVP to Deb Luna or Anthony Carrill at 833-6266. For more information, visit www.cookrealty.net.

Genealogical meeting

The Genealogical Association of Sacramento (G.A.S.) will hold their regular meeting at 1 p.m. in the Belle Cooledge Library at 5600 South Land Park Dr. They will discuss the GAS library book collection and share our "Summer Genealogy Discoveries" Questions please call Melanie Howard 383-1221.

College - What Are My Options?

Thinking about a UC? A CSU? Community College? A private university? This workshop will give you an opportunity to learn what each of these has to offer, admission requirements, and what you need to do to apply. It will be held at Sierra 2 Community Center, 2791 - 24th Street from 7:00-8:30 p.m. Cost is \$20/person or \$25/family. Space is limited so register early! Contact Marilyn van Löben Sels, certified college counselor: (916) 601-6909 or email: marilyn@collegegps.com.

SEPTEMBER 17

Latino Dance and Culture Group

Come dance to the beat of all types of Latin music! Featured DJ music and delicious Mexican food! Held at the Ethel Hart Community Center, 915 27th St., from 6:15-8:45 p.m. Suggested donation: \$3. For more information, call Barbara Alarcon 400-4514.

Greenhaven Mother's Club

The Greenhaven Mother's Club is holding its Fall Kick-off meeting on Sept. 17 from 7-9 p.m. New member inquires call 916.955.2105 or e-mail info@greenhavenmothersclub.org. Current members go to Bigtent for details.

Genealogy club meeting

On September 17, Mission Oaks Genealogy Club will meet from 1-3 p.m. at Mission Oaks Community Center, 4701 Gibbons Drive, Carmichael. Rick Hanson will present: "Writing and Publishing Your Family History." Visitors are welcome. For more info call Robert Noyes (916) 332-5753 or visit <http://missionoaksgenealogyclub.org>.

SEPTEMBER 19

Authentic Hawaiian Luau and Dance Extravaganza

Luau and Dance Extravaganza is at the Elks Lodge No. 6, 6446 Riverside Blvd. Tickets for Luau and Show available from \$30-\$45 and must be purchased in advance. Doors open at 3:00 p.m. and the feast runs from 4 to 5:30 p.m. At 6:00 p.m., the Dance Extravaganza by Ka Pa Hula Kanoehuaokahalema 'uma' u' o Kalama begins. For ticket information: www.onipaa.net or call (916) 344-7270

Early Educators History Tour

Early educators will inform and entertain you on this Saturday morning tour at the Sacramento Historic City Cemetery! This tour, presented by docents from the Old Sacramento Schoolhouse Museum, will feature the lives and experiences of early educators in Sacramento. The tour commences at 10 am from the Cemetery's main gate at Broadway and 10th Street. Visitors may park across the street from the 10th Street Gate and meet at the cemetery entrance. Held under the auspices of the City of Sacramento Division of History & Science, this tour is presented as a public service by the Old City Cemetery Committee, Inc. For tour information please call (916) 448-0811. For tour information please call (916) 448-0811. Tours are free though donations for the restoration of the cemetery are needed and greatly appreciated.

Book warehouse sale

The Friends of the Sacramento Public Library are sponsoring a big Fall Warehouse Sale on September 19. Public sale hours will be 9 a.m. to 5 p.m. on September 19. A preview for Friends' members only is scheduled for 9 am to noon, September 12. Prospective members may join at the door for \$15 and attend the preview. The sale will be held in the Friends' warehouse, at the rear of their Book Den store, 8250 Belvedere Avenue, Suite E, between Power Inn Road and Florin-Perkins Road just south of 14th Avenue. More than 75,000 paperback and hard-bound books, videos, CDs and more will be sold at prices ranging from \$.25 to \$2.00. All proceeds, after expenses, benefit the Sacramento Public Library.

St. Francis Spaghetti Feed

The St. Francis Episcopal Church in Fair Oaks is holding its 10th annual Spaghetti Feed Fundraiser on Saturday, Sept. 19, from 4:30 p.m. to 8 p.m. The event will feature its annual talent show, dinner with wine and silent auction. The church is located at 11430 Fair Oaks Boulevard. Tickets to the event will be sold at the door and will cost \$20 for adults and \$10 for children. For additional information, please call 966-2261 on weekdays between 9 a.m. and 12 p.m.

Opera Interludes at Borders

Sacramento Opera presents Opera Interludes at Borders Books & Music, Saturday, September 19, 2009 at 7 pm, 2339 Fair Oaks Blvd. This free, informal gathering features a live performance by soprano Carrie Hennessey and pianist Narmina Sultanova. Guests will hear excerpts from the Sacramento Opera's upcoming productions of The Elixir of Love and La Traviata. Lecturer Robert Coleman will provide entertaining commentary. Be sure to enter the evening's drawing for two free opera tickets. For more information about the Sacramento Opera, contact 737-1000 or info@sacopera.org. For more information about the Borders Books & Music store, contact 564-0168.

Please send your updated 2009 Calendar Announcements

...especially if you host monthly events!
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SEPTEMBER 19-20

Singles Denim Dance
 Christian Singles Network, will hold its annual Denim Dance for single adults Saturday, September 19, from 7 p.m. to 11:30 p.m. at Carmichael Presbyterian Church, 5645 Marconi Ave., near Fair Oaks Blvd, Carmichael. The evening features DJ dance music of all types from 8-11:30 by Dale Chessey and dance lessons in the Cowboy Cha Cha by Siggie from 7-8 p.m. Dress is casual. The ticket price of \$15 presale or \$20 at the door includes hors d'oeuvres, non-alcohol beverages and the dance lessons. For more information, to receive more information about activities, or directions call the 24 hour event line at (916) 658-0606 or the CSN office at (530) 878-8606.

SEPTEMBER 20

Come see the art
 Join us at University Art in Sacramento for this FREE demo: (2601 J Street), Saturday, September 19th - 10:30 a.m. to noon; Nina Deckert - Acrylic Mediums and Gels Demystified, also Image-transfer Tricks. This is a drop-in demo - no reservation required.

SEPTEMBER 21

Craft Faire in Carmichael
 Carmichael Elks Emblem Club is holding their 23rd annual holiday craft faire on September 19. The Carmichael Elks Emblem Club is dedicated to community service and gives to local charities like the Ronald McDonald house, twin visions, the hearing dog fund, and scholarships to local schools. The craft faire is to be held 9 a.m. to 4 p.m. at the Carmichael Elks Lodge, 5631 Cypress Ave., Carmichael.

SEPTEMBER 22

Benefit plant sale
 Sunburst Projects and the Benefit Plant Sales announce: There will be plant sales held in the covered parking area behind the Gifted Gardener at 18th & J Streets, midtown Sacramento from 9am to 3 pm both Saturday and Sunday. A wide selection of perennials plus some winter growing CA natives will be available.

SEPTEMBER 23

First Annual Tailgate Party

Sunrise of Carmichael, the newest assisted living community in Carmichael will host its first annual tailgate party celebrating San Francisco 49ers and Seattle Seahawks. Fun for the whole family, bounce houses, BBQ, super slide, trivia contest, prizes and ESPN radio 1320 will be broadcasting live! Menu includes tri tip and hot link sandwiches, corn on the cob, root beer floats and more. The event is from noon to 4 p.m. at 5451 Fair Oaks Blvd. in Carmichael. For more information, call (916) 485-4500.

SEPTEMBER 24

Free computer class

Back to School! Yes it's that time of the year, but going back to school is not just for kids anymore. Come learn how you to can be a part of the computer age. Chandra Dawson, our SeniorNet Supervisor, will be discussing our computer classes, and doing 1 on 1 evaluations, to see what class will best suit your needs. Please sign-up in advance. Monday, September 21st at 1:30 p.m., Ethel Hart Senior Center, 915 27th Street, Sacramento. Cost: Free. Info: 916-808-5462.

SEPTEMBER 25-30

College Essays—What Do I Write?

Working on your college essays? This workshop will give a close-up look at the UC Essay prompts and Common Application prompts and provide strategies to write successful and interesting college essays. You will also learn what colleges are looking for in your writing. The workshop will be held from 7:00 to 8:30 p.m. at Sierra 2 Community Center, 2791 - 24th Street. The cost is \$20/person or \$25/family. Space is limited so register early! Contact Marilyn van Löben Sels, certified college counselor: (916) 601-6909 or email: marilyn@college-gps.com.

SEPTEMBER 26

Book Fair

With budget cuts in California, we don't want our children to suffer in the area of literacy. Fremont Nursery School is hosting a Scholastic Book Fair in order to increase the availability of books for children in the Sacramento community. The events are Friday, Sept. 25, 8:30 a.m.-1 p.m., Sunday, Sept. 27 8 a.m.-1 p.m., Monday, Sept. 28 8:30 a.m.-1 p.m., Tuesday, Sept. 30 8:30 a.m.-1 p.m. and will be held at Fremont Nursery School Gymnasium Classroom, 5770 Carlson Dr. For information, call 498-9537.

SEPTEMBER 27

Carmichael's Founders Day

Celebrating 100 years, Carmichael is hosting their Founders Day event at Carmichael Park, 5750 Grant. Ave. Opening Ceremonies begin at 11 a.m. Admission is free and the event includes an auto show, free inflatable jumping structures for kids, music and food, beer and wine. Fireworks begin at 8:15 p.m. For more information, call 485-5322.

Car show

Beverly's Annual Nifty '50's Classic Car Show is Saturday from 9:00 a.m. to 3:00 p.m., Marconi Avenue & Fair Oaks Blvd., in Carmichael. Admission is one new, unwrapped toy or toys for Beverly's Annual Holiday Angel Project. The event will feature music, food and prize drawings. Call (916) 402-7202 for more information, or e-

mail topredrvr1@aol.com. The Angel Project takes care of over 1,500 children each holiday season giving them blankets, filled stockings, stuffed animals and age appropriate toys.

Walk for Lupus Now

Walk for Lupus Now is the signature event of the Lupus Foundation of America, Inc. The event is Sept. 26, at Southside Park, 2115 6th St. (near U Street). Check in at 9 a.m. Walk begins at 10 a.m. Parking available around the park. Participants will walk one mile or three miles. For more information, call 202-510-8937.

JKPG's annual fundraising event

Jan Ken Po Gakko's annual fundraising event will be held on Saturday, September 26 from 9 a.m.-3:30 p.m. In the heart of Elk Grove, California at the Sacramento Asian Sports Foundation (SASF) located at 9040 High Tech Court, Elk Grove, CA 95758. For more information, please visit www.jankenpogakko.com.

Special community sale

Special community sale offering items of interest to the region at-large. The event is Saturday, Sept. 26, 8 a.m. to 1 p.m., 913 El Dorado Way, Sacramento, CA 95819

SEPTEMBER 28

East Sac Home Remodeling Tour

The East Sacramento Home Remodeling Tour, sponsored by Friends of East

Sacramento, will be held on Sunday, September 27 from 10:00 a.m. to 4:00 p.m. Featuring six remodeled homes, the theme for the 2009 tour is "Honoring Tradition, Making it New." While enlarging spaces inside, the homeowners have honored the tradition of the house. Tickets go on sale beginning September 1 and proceeds will go to support neighborhood parks and beautification projects in East Sacramento. For more information, call 452-8011 or e-mail eastsaclife@aol.com.

Taste of Land Park

The Land Park Community Association is pleased to present the 9th Annual Taste of Land Park, where residents of the neighborhood come together for an evening of fine wine, delicious food and community connections. The event is Sunday, Sept. 27 from 4:00 p.m. to 7:00 p.m. on 17th Street between 11th and 13th avenues. Admission is \$30 in advance. Tickets will be available 2 weeks prior to the event. Purchase locations to be disclosed at a later date. Tickets are \$35 at the door. Over 15 Land Park food vendors and 20 regional wine purveyors. Complimentary bike valet provided by the Sacramento Area Bicycle Advocates. Musical entertainment by On Air, an eleven-piece power horn, classic rock band. Visit www.landpark.org for details and updates regarding this exciting event.

See more Calendar, page 26

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Calendar

Continued from page 25

SEPTEMBER 27

Swinging Fall Ball

Nor Cal Big Bands Preservation Society will present the Swinging Fall Ball on Sept. 27, from 1 p.m. to 5 p.m. at the Sacramento Elks Lodge No. 6, 6446 Riverside Blvd. Admission is \$14, \$12 for groups of ten, and \$10 for Gold Card holders. For information, call Lou Coppola, Executive Director, at 916-444-6138.

OCTOBER

Free pole walking clinics

Organized by Cure Arthritis Now, free pole walking clinics will be hosted Wednesdays (at 6 p.m.), Oct. 7 and 21, and Fridays, Oct. 9 and 23, at the Sierra 2 Community Center, 2791 24th St. Interested people need to call the group directly for times and specific locations, to pre-register and reserve the walking poles for the clinics. For more information, call 208-8700.

OCTOBER 3

Skate Park Concert

Held at La Sierra Community Center Skate Park, 5325 Engle Rd. in Carmichael, join us for our second Skate Park Concert of the year. Local bands will perform while participants are grinding the rails and skating the half pipe! Admission is \$5. Music starts at 4 p.m. For more information, call 483-7826.

Fall Fairy Festival

Held Oct. 3 from 11 a.m. to 5 p.m. at the Fair Oaks Community Clubhouse, 7997 California Ave, Fair Oaks, the Fall Fairy Festival is a time to put on your best pair of wings and come celebrate with the fairies. Use a wishing stone, make a fairy wand, learn to fairy ribbon dance, see fairy houses, have your picture taken as a fairy and lots of other fun activities. For more information, please visit www.FairyGardenParty.com.

OCTOBER 3

Great Duck Race

On Saturday, October 3, thousands of rubber ducks will descend on the mighty Sacramento River for the Great Sacra-

mento Duck Race – an exciting bridge to bridge race benefiting Special Olympics Northern California. Using frontloading tractors, the racing rubber birdies will be ceremoniously dumped off the I Street Bridge and will race to the Tower Bridge in hopes of winning one of many fabulous grand prizes like airline tickets, an LCD television, gas and grocery gift cards, vacation getaways and more! For just five bucks you can adopt a duck and be eligible to win. The Great Sacramento Duck Race will be held promptly at 3 p.m. and winners announced at 4 p.m. The Great Sacramento Duck Race is sponsored by Quick Quack Car Wash and PRIDE Industries, with additional support powered by Sacramento Regional Transit, Sudden Values.com, KLOVE and Air1 Radio. For more information or to adopt your lucky duck, visit us online at www.sacramentoduckrace.com.

Armenian Food Festival

This is the 63rd year for our event and it is one of the longest running festivals in Sacramento. This event features traditional Armenian foods (shisk kebab, pilaf, etc.), Armenian music and dancing. The festival hours are from 11:30 a.m. to 10 p.m. Food is served from 11:30 AM to 8:00 PM and

take out is available. The festival is held in the hall of the Greek Orthodox Church, 614 Alhambra Blvd, Sacramento (across from McKinley Park). Entry is free until 5 p.m. After 5 p.m. an entrance fee of \$3.00 will be charged. Music and folk dancing begins at 5 p.m. This event is hosted by the St. James Armenian Church. For more information, call (916) 443-3602 or visit www.stjamesarmchsac.org.

OCTOBER 3-4

Benefit plant sale

Sunburst Projects and the Benefit Plant Sales announce: There will be plant sales held in the covered parking area behind the Gifted Gardener at 18th & J Streets, midtown Sacramento from 9am to 3 pm both Saturday and Sunday. A wide selection of perennials plus some winter growing CA natives will be available.

St. Robert's Fall Festival

Held Saturday, Oct. 3 from noon to 7 p.m. and Sunday, Oct. 4 from noon to 6 p.m., the St. Robert Parish and School is holding their Fall Festival. Located at 2243 Irvin Way, the event will offer great food, children's games, bingo, entertainment and even televised football games on Sunday all to benefit St. Robert Parish and School.

OCTOBER 4

McKinley Song Circle

McKinley Children's Song Circle with the Shadchasers will perform for free Oct. 4 at 3-4:30 p.m. in the Clunie Clubhouse, 601 Alhambra Blvd. Families welcome. Brand new songbooks for singers available. For more information and directions, call 531-4110. The Shadchasers is a local folk group of 10 members playing Woody Guthrie, Pete Seeger, Malvina Reynolds, Raffi, and other singable family music suitable for children's activities. We sing and dance, and encourage families to sing together whenever they can. Now we have a new songbook with about 60 songs to share with our group.

Classical concert

Performing at 4 p.m. at All Saints Episcopal Church, 2076 Sutterville Rd., is a new Sacramento ensemble – Trio brio, with Elizabeth Coronata, Flute; James Een, Viola; and Beverly Wesner-Hoehn, Harp. Music of Debussy, Ibert, Bloch, Persichetti. A reception will follow, and childcare is available. Entry is a \$10 suggested donation. Parking is available across the street at City Colleges. Further

information www.allsaintssacramento.org or 916-455-0643.

OCTOBER 6

Recorder music group

The Sacramento Recorder Society meets Oct. 6 from 7-9:15 p.m. at 890 57th St. under the baton of Annette Bauer, Early Music scholar. She will bring beautiful and interesting music to conduct. Please bring your instrument, a pencil and a music stand. Newcomers are welcome. For more information: www.sacrecorders.org or 391-7520.

OCTOBER 7

Raising Financially Responsible Kids

Cynthia L. Kinney with New York Life will be presenting a free workshop entitled "Raising Financially Responsible Children." The workshop will be held from 9-11 a.m. at Chinese Grace Church at 6656 Park Riviera Way. To RSVP please contact Janice Joe at 422-7523.

OCTOBER 8

Computer Club meeting

The Mission Oaks Computer Club will meet on Oct. 8, from 1p.m. to 3 p.m. at the Mission Oaks Community Center, 4701 Gibbons Drive, Carmichael, CA. The club will be celebrating its 21st anniversary with member presentations and a finger-food potluck. First-time visitors are welcome to bring a finger-food item as well. A problem-solving clinic, led by Adam Lacey of Applications, Etc, will follow the meeting. For additional information, call (916) 366-1687 or visit our Web site at www.missionoakscomputerclub.org.

OCTOBER 9

Barbershop quartet

A barbershop quartet will perform at the Casa Garden Restaurant, 2760 Sutterville Rd., Friday, Oct. 9. Seatings at 11:15 a.m. or 1:15 p.m. Main entrée is roast pork loin with berry chutney and mixed green salad or Asian chicken salad with dried cranberries. Dessert is an apple pecan cake with caramel sauce. Tickets are \$20 per person and reservations are offered on a first-come-first-served basis. For reservations, call 916-452-2809.

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