

## New school district superintendent delivers report card

Sac City Unified students increase academic growth among all groups

See page 9

Marty Relles presents  
'Janey Way Memories'  
See page 5

COMMUNITY CALENDAR, PAGE 20 • KNOW YOUR NEIGHBOR, PAGE 6 • FACES AND PLACES, PAGE 21

### Inside This Edition



Seeing another side of East Sac

See page 21



Good things grow at Farmers' Market

See page 4



## New life at East Lawn

### Historical figures, legends endure at hallowed site

See page 6



Specializing in Sacramento's Finest Established Neighborhoods

"Proud Members of 2008 Masters' Club"

Continuing & Outstanding Life Members



Kathryn Metcalf



454-0323

www.eastsacramento.com



E-mail stories & photos to: [vcnnews@valcomnews.com](mailto:vcnnews@valcomnews.com)

Vol. XVIII • No. 19

East Sacramento News is published on the first and third Thursday of the month and delivered by mail and home delivery in the area bounded by Business 80 on the west, the American River on the north and east and Highway 50 on the south.

2709 Riverside Blvd.  
Sacramento,  
CA 95818  
t: (916) 429-9901  
f: (916) 429-9906

**Publisher**..... George Macko  
**General Manager**..... Kathleen Egan  
**Editor**..... Ryan Rose  
**Production Manager**..... John Ochoa  
**Graphic Artist**..... Ryan Vuong  
**Sales Manager**..... Patty Colmer  
**Advertising Executives**..... Linda Pohl  
Marc Harris Desilés, Melissa Andrews  
**Distribution/Subscriptions**..... George Macko

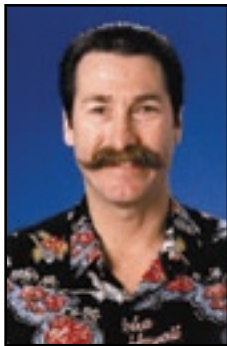
\$30 a year subscription

## Correction:

In the Sept. 17 edition of the East Sacramento News, the address for the East Sac Hardware store was listed incorrectly. The store's actual address is 4800 Folsom Blvd. Also, the cover featured a mural that was recently painted on the side of the store. The artists that painted the mural are Sofia Lacin and Hennessy Christophel of Lacin/Christophel Mural & Design.



**COTTAGE LIVING IN MCKINLEY PARK**  
This fabulous Turn Key home, is designer fresh, with a kitchen not to be missed. Offered at.....\$369,000



**KURT CAMPBELL**  
PROFESSIONAL REAL ESTATE CONSULTANT  
**956-5878**



## Train to be a Docent at the State Indian Museum

Classes begin November 8th - Call today!



Seven-week training is  
FREE to qualified candidates.

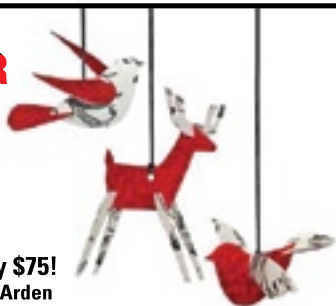
Contact Connie McGough at  
916.324.8112 or [cmcgough@parks.ca.gov](mailto:cmcgough@parks.ca.gov).

2618 K Street • [www.parks.ca.gov.indianmuseum](http://www.parks.ca.gov.indianmuseum)

Advertise your  
**HOLIDAY CRAFT FAIR**  
or pre-holiday event in  
a special section!

Full Color, 2" box ad  
only **\$25/ad/paper**

Run one time in each paper for only \$75!  
(Coverage in Land Park, East Sacramento, Arden  
Carmichael & Pocket)



Let us design it for you, no charge! Call Melissa 916-429-9901

# THE POWER OF LYON ... WE DELIVER

REAL ESTATE  
[www.GoLyon.com](http://www.GoLyon.com)

Reputation . Knowledge . Honesty . Communication . Results



Midtown Bungalow on a large lot with off street parking. New roof, new ext paint, CH&A, finished 1/4 basement. 2 bed, 1 bath home w/ wood floors, built-ins, original windows & beautiful front porch. Deck in back is great for BBQ & dinners on nice evenings.  
**2618 E Street.....\$399,000**

**Dave Philipp 212-1322**



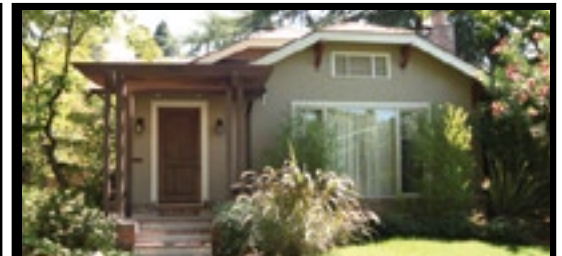
Wonderful famil home on very deep lot on East Sac cul-de-sac. Freshly painted in and out, updated kitchen with breakfast nook. Hardwood floors through much of home, family room plus den, large master bedroom. There are so many extras you'll love it.  
**3948 K Street.....\$589,000**

**The Woolfords 837-6900**



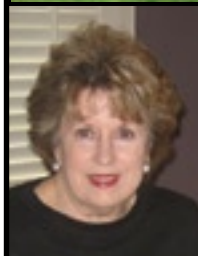
**Providing unmatched service to all Buyers & Sellers in this ever changing Sacramento real estate Market! I am up for the challenge! Give me a call!**

**Kyle Groves 214-2082**



**SOPHISTICATED & STYLISH**  
Totally and exquisitely remodeled home on a prime street. Every room is special with meticulous attention to detail and a lovely view. 2 bedroom, 2 bath in a pretty setting with mature landscaping. 1671 SF on a .23 acre lot.  
**1465 47th Street .....\$725,000**

**Idelle Claypool 482-0221**



Lovely lovely property in Land Park. Beautifully remodeled kitchen, separate family room overlooking .34 of an acre. Formal living and dining rooms, breakfast area, spacious bedrooms. New roof!  
**3400 Brockway Court  
RADICALLY REDUCED TO ..\$619,000**

**Patti Martinez 447-1451**



Beautiful and stylish Craftsman. Extensive remodel maintains the original ambiance. Top of the line workmanship throughout home. Backyard is newly landscaped. Newer garage built during remodel.  
**2720 21st Street.....\$389,000**

**Corrine Cook 552-7259**



Great River Park home on one of the nicest streets in the neighborhood. 3 bedrooms, 3 bathrooms, large family room plus sunroom. A Must See!

**5404 State Avenue .....\$439,900**

**The Woolfords 837-6900**

*For more than a decade, Andy Thielen has been delivering dreams – our American Dream – connecting hundreds with their hope of homeownership.*

An established member of the business community and a Sacramento native, Andy isn't just looking for new buyers and sellers; he's looking for new neighbors and friends, people who can benefit from the personal touch and professional expertise that has propelled him to the top of his field. A recognized leader among real estate specialists, Andy currently serves as the 2009 Masters Club President, a unique distinction bestowed by the Sacramento Association of Realtors.



**Andy Thielen 454-3778**



RAS' breast imaging centers have been designated as "Breast Imaging Centers of Excellence" by the American College of Radiology (ACR).



detection  
*compassion*  
 treatment



*Pictured from left to right:  
 Dr. Sharon Dutton, Dr. Nicole Carbbé, Dr. Charles McDonnell,  
 Dr. Michael Norton, Dr. Susan Lee, Dr. Susan Sompayrac,  
 Dr. Miyuki Murphy,  
 Dr. Anthony Pa*

## Northern California's Most Comprehensive Free-Standing Breast Cancer Detection and Treatment Provider

With RAS you can be confident that our physicians will treat you compassionately whether you visit us for your annual screening mammogram or are faced with the challenge of breast cancer. From diagnosis and staging to treatment, we offer the most advanced services available including mammography, digital mammography, computer aided detection, breast MRI, breast ultrasound, biopsies, PET/CT and Positron Emission Mammography, radiation therapy, MammoSite® and Breast IMRT.

**RAS** RADIOLOGICAL ASSOCIATES  
 OF SACRAMENTO MEDICAL GROUP, INC.

To schedule *your* mammogram, Call (916) 451-3344  
[www.bookmymammogram.com](http://www.bookmymammogram.com)





Certified Farmers' Markets provide farm-fresh produce year-round

# Now 30 years old, 'under-the-freeway' market first of 10 CFM markets established in Sacramento area

By LANCE ARMSTRONG  
East Sacramento News Writer  
vcnnews@valcomnews.com

Whether it's this Sunday, next Sunday or whatever Sunday for that matter, the good news is that the popular Certified California-Grown Farmers' Markets continues to offer fresh produce at the "under-the-freeway" farmers' market at 8th and W streets throughout the year. Along with this market, four other CFM markets in the county also operate 12 months per year.

So, despite a misconception that many people have about these markets that they are solely warm-weather-markets that will close down their operations after the summer in the same

manner as swimming at public pools, outdoor concerts at local venues and baseball games at Raley Field, the public can rest assured that these markets will continue to operate long after the last of the local tomato vines dry up.

### Good food not far

Every Sunday from 8 a.m. to noon, guests arriving at the market at the state parking lot, just south of Southside Park, will continue to find a wide array of fruits and vegetables, explained Dan Best, Certified Farmers' Markets coordinator.

"The farmers' market (at 8th and W streets) is a year-round market, because people actually eat with the

seasons," Best said. "We're starting to lose some of the summer fruit, but then in just a month or so, we'll start seeing kiwis, we'll see a large apple crop and then by November, we'll see the first of the citrus, which will carry us into the winter."

Best said that in terms of upcoming vegetables, guests of the market will soon be able to purchase Sacramento Valley-grown broccoli.

Sacramento area residents are fortunate to have such a high caliber farmers' market as the 8th and W streets market, Best added.

Furthermore, Best describes this market as a world-class quality market.

"The farmers' market under the freeway is proba-



East Sacramento News Photo/Lance Armstrong

The under-the-freeway Certified Farmers' Market at 8th and W streets in Sacramento is held every Sunday throughout the year, from 8 a.m. to noon.

bly one of the great markets in the world," Best said. "I mean, we have people who have traveled all over the world and they have come on back and they say that there is nothing that compares to this (market) in terms of our offerings from real farmers. We usually have almost 120 real farmers down there and you're

buying directly from them. We don't fool around, because it's a real farmers' market."

Best's comments regarding the quality of this farmers' market are additionally validated considering that Best has been a

See Farmers' Market, page 5

## St. Francis CATHOLIC HIGH SCHOOL

A Community of Faith, Excellence, Leadership and Service



### OPEN HOUSE

October 11, 2009 AT 1:00PM to 4:00PM

5900 Elvas Avenue · Sacramento · 916.737.5095 · www.stfrancishs.org

## OH BABY, BABY!

You never looked SO GOOD!

October 24  
Lyon's Village

- Music
- Artists
- Fashion Show, 2-4pm

2580 Fair Oaks Blvd.  
(Fair Oaks & Fulton)

916-480-0971

Fashions by:  
Bunnies By the Bay, Hopscotch,  
MudPie, and more!





# Farmers' Market: Popularity of the market grows

Continued from page 4

part of the market since its inception.

## History of healthy offerings

Best recently shared how the market began nearly 30 years ago and what his participation was with the market during its earliest years.

"The (8th and W streets market) started in August of 1980 as a Certified Farmers' Market," Best said. "It was basically started by the Interface Service Bureau and the Hunger Action Coalition and then a group of growers. Through the efforts of those three and the state of California, it was started. And I was part of the first growers who sold there. My family grows out of Lodi, so we were selling white sweet corn there and we ended up selling organic tomatoes and bell peppers. So, at various times, I was either known as the 'White Corn Guy,' the 'Pepper Man' or the 'Organic Tomato Guy.' So, every time someone becomes noted for whatever they sell, they become a commodity themselves. Not quite like SpongeBob SquarePants, but similar."

Best said that the motivation for operating certified farmers' markets is to bring low cost produce to the inner city.

"Primarily what we're trying to do is keep the food supply secure in California and the only way that you do that is to preserve farmland and then make farming viable on that farmland," Best said. "Without farmers farming in California, there is no food supply, unless

you're going to get it from out of state or out of the country and that isn't very secure."

## Growing a crowd

Since the first Certified Farmers' Market was established in the Land Park area, the popularity of CFM markets has continued to grow.

Best, however, said that this growth did not occur instantly.

"During the early 1980s, it was really tough to get people to come on down and get into the concept (of the market)," Best said. "But we got to be kind of faddish maybe during the 1990s and then all of a sudden now it has just really taken off with all the writings of 'The Omnivore's Dilemma' and Alice Waters. There's been an awful lot of publicity about farmers' markets and about eating fruits and vegetables and being green by eating local. There's just a ton of things that have contributed to our recent success."

Best noted, however, that despite such continuously growing success, the market still only reaches a small portion of the population, because the majority of the population still is not cooking their own food or eating fresh fruits and vegetables.

"(The public) is still buying things in a box and microwaving it," Best said. "So, there's a limit as to how far we will grow until more people in society start cooking their own food. We don't sell prepared food, because we're farmers and the whole focus of that

particular market is to keep farmers in farming."

Best encourages the public to take advantage of the market throughout the year for not only the freshest produce sold directly from the farmers, but also to take advantage of seasonal products that provide many health benefits.

The season actually provides you with what you need at that time for health reasons," Best said. "I mean, all the vegetables that we're going to be seeing are really high in Vitamin A and Vitamin C and all your fruits are very high in Vitamin C. I think one kiwi is worth 10 lemons in Vitamin C. So, it's a year-round love affair with whatever the local farmer has to produce and what the body needs for that particular time in the season."

## One-of-a-kind market

Best said that the 8th and W streets farmers' market is a one-of-a-kind experience that offers a phenomenal range of diversity.

"Sacramento is the most diverse city in California and California is obviously the most diverse state in the union and the union is the most diverse country in the world, so we're looking at the most diverse (farmers') market in the universe," Best said. "So, if you really want an eye opener of seeing a great market in action, then come on down to the Sunday market, because you'll never see anything like it again."

For additional information regarding Certified Farmers' Markets, call 688-0100 or visit the Web site [www.california-grown.com](http://www.california-grown.com).

# Janey Way Memories



## Trial and error: The Hubcap Trick

By MARTY RELLES  
East Sacramento News Columnist  
[vcnnews@valcomnews.com](mailto:vcnnews@valcomnews.com)



In the early 1960s, the Janey Way Gang transitioned into teen age. They grew restless. They sought activities more adventurous, more dangerous, perhaps more mischievous. That's when we began playing the hubcap trick.

It typically went like this: two kids walked down M Street east toward Janey Way, and when a car drove by, one of the boys threw an old hubcap into the street. The other boy yelled, "Hey mister, you lost your hubcap." Then one of three things generally happened:

1. The driver, sensing mischief, drove away; 2. The driver stopped, examined his wheels, shook his head, got back in his car and drove away; 3. The driver walked or chased after us.

When option 3 occurred, the boys ran in all directions confusing the chaser and the trick usually ended there.

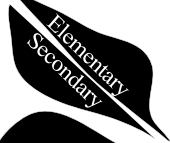
One summer night, my friend Lou and I played the trick. I threw the hubcap, and he yelled out. The driver stopped immediately right at Janey Way, cutting off that escape route. He ran directly after us. Lou cut across the street in front of St. Mary's Church; I took a different route. I went straight for the nearest backyard fence into Mr. Vance's yard. I leaped up, dangled momentarily, then swung up over the fence and fell into the yard. I could hear the driver on the other side of the fence. He was mad. So, I ran across the yard and jumped the Ducray's fence, which I leaped almost in a bound. I was scared. I ran across the Ducray yard, then over the small fence into the Michele yard. Then I jumped into the Thomsen's yard and so on and so forth until I arrived at the Hart's yard, eight houses down Janey Way. There I knelt down beside a tree behind the garage and tried to catch my breath. My heart pounded. I waited, five minutes, ten minutes, fifteen minutes. When I heard no sounds, I stood up, walked up to the gate and quietly exited the yard. I crept up the driveway to the end of Mrs. Hart's car and looked both ways. I saw neither cars, nor pedestrians, so I went straight home. Phew, that was close.

Later that summer, two of our boys were not so lucky. My brother Terry and his friend Roger played the trick. They were stationed on M Street, east of Janey Way, near the M Street gate into Phoebe Hearst Elementary School. Terry threw the hubcap and Roger yelled. The car stopped immediately and three teenagers exited the car in a dead run after the boys. They panicked and ran into the school, not toward Janey Way and home. There they jumped over the fence around the kindergarten playground, then back into the fenced hallway in front of the classroom where they hid. After a while, Terry and Roger jumped the fence and headed home — and right into the hands of the waiting teens. One of the boys hit Roger smack on the face. He fell down bleeding, his lip cut badly. Terry immediately fell to the ground, assumed the upward crab position and yelled, "My father is a policeman and he is going to catch you." Hearing that, the teens ran off immediately. Terry helped Roger home where his father took him right off to the hospital emergency room.

In the meantime, Terry went home to tell my father what happened. Dad called the commander on duty at the Police Department. Oddly enough, the police apprehended the teens that night and they were ordered to pay Roger's medical expenses.

That, for all practical purposes, ended the playing of the hubcap trick by the Janey Way gang. We learned our lesson. Perhaps more productive pursuits were in order. Life went on, but the gang did not soon forget the night the hubcap trick went awry. Another, not so good, Janey Way memory.

Elementary. Secondary - Mathematics - English - Science - Business - Social Science + more!!!



## Wanted:

Motivated individuals with a baccalaureate degree to become skilled, California credentialed elementary or secondary teachers. In just one year, earn your California Teaching Credential. New classes start in June.

## Start a Rewarding Career TEACH!

### Teacher Education Institute

A Fully Accredited Teacher Credential Program With San Francisco State University

For Information Contact:  
Teacher Education Institute

(916) 525-1765

[www.egusd.net/tei](http://www.egusd.net/tei)



Elementary. Secondary - Mathematics - English - Science - Business - Social Science + more!!!



# East Sac's East Lawn Memorial Park established 105 years ago this month

Historic East Sacramento cemetery includes graves of renowned people

By LANCE ARMSTRONG  
East Sacramento News Writer  
vcnnews@valcomnews.com

This month marks a grand milestone for one of East Sacramento's major landmarks, as East Lawn Memorial Park at the present-day address of 4300 Folsom Blvd. on the former M Street Road turns 105 years old.

Established in October 1904, the cemetery was founded on 42 acres of the old Newton Booth place, which was previously known as Twin Oaks Farm.

Louis Breuner of the city's old Breuner's furniture fame purchased the property, which was at the time located in a very rural area.

The location of the cemetery, which was designed with an artistic, park-like effect, was not randomly selected, but instead was chosen due to its high elevation.

East Lawn was born through an ongoing problem in the city's history – flooding.

The Sacramento Bee in 1905 explained the floodwaters connection with the establishment of East Lawn, noting "When the floodwaters of the Sacramento River came through the Edwards break last year and inundated the City Cemetery (now Sacramento Historic City Cemetery on Broadway, between Riverside Boulevard and Muir Way) to such an extent that headboards floated away and

there was no place to bury the dead, Mr. Breuner became imbued with the idea that a beautiful lawn cemetery could be built at the Twin Oaks Farm, where the ground is high and forever free from floods."

East Lawn, which added a crematorium in 1911 and a mausoleum in 1926, also includes a chapel, a florist and a second, smaller mausoleum.

As for the cemetery's burials, like many large, historic cemeteries, East Lawn has its fair share of notable, permanent residents.

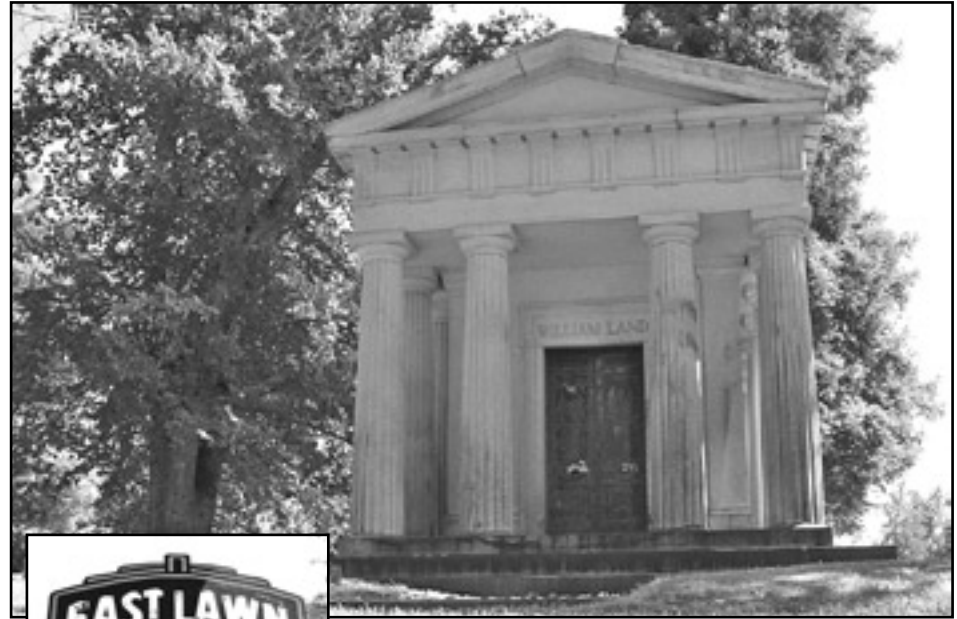
And fortunately for the cemetery and the general public, Fair Oaks native William Pettite has labored extensively to create a recently updated, 35-page, colorful booklet, which includes a collection of brief summaries of some of the most renowned of these residents.

## Famous residents

Among these residents listed in Pettite's booklet is early Sacramento hotel and landowner, William Land (1837-1911), whose name is well preserved through the 166.5-acre William Land Park, which was constructed through \$250,000 bequeathed by Land for the establishment of "a recreation spot for the children and a pleasure ground for the poor."

Those seeking to find Land's gravesite should have no problem encountering its whereabouts, since it sits on the highest peak in the city and includes an ancient Greek architecture-style, pillared mausoleum.

Pettite's booklet, which is available at the historic mausoleum at the center of the cemetery, also features the following notable names:



East Sacramento News Photo/Lance Armstrong

(above) The final resting place of early Sacramento hotel and landowner, William Land, sits on the highest peak in the city at East Lawn Memorial Park.

(inset) This vintage neon sign with a functioning and accurate clock advertises for East Sacramento's historic East Lawn Memorial Park.

**Newton J. Earp (1837-1928):** Brother to the "storybook marshal" Wyatt Earp, the Kentucky-born Newton served in the Civil War and on "peace committees" to bring law and order to the West.

**John Breuner (1828-1890):** German immigrant and founder of Breuner's furniture, which was the first furniture store in California – a single-story cabinet shop at 6th and K streets. John Breuner was the father of John Breuner, Jr. and the aforementioned Louis Breuner, who both operated the store following his death.

**Dorothy Milette Bern (1886-1932):** Referred to in various books and films as the "mystery woman" in actress Jean

Harlow's life, Dorothy was once married to film director Paul Bern, who later married Harlow. Dorothy allegedly shot and killed Bern in Beverly Hills. Two days later, Dorothy apparently committed suicide by jumping off the Delta King riverboat near Walnut Grove.

**Joseph H. McKinney (18??-1850):** McKinney was the first law enforcement officer in California to be killed in the line of duty. Sheriff McKinney was killed by land squatters on Aug. 15, 1850.

**Clarence Larkin (1891-1937):** Larkin, who lost his life during the Folsom Prison riot of 1937, became the

See East Lawn, page 7



## CAR TECH AUTO

(916) 737-8841

5613 Elvas Avenue, Sacramento

- Complete Repair on American, Japanese & European Vehicles
- Friendly, Courteous & Honest Service
- Serving East Sacramento since 1989
- Free Pick Up & Delivery

**10% Senior Discount  
On Labor**





# East Lawn: It 'is indeed our greatest repository of the past'

Continued from page 6

only California warden to be killed in the line of duty. His life and service was honored at the Memorial Auditorium with one of the largest funerals ever held in Sacramento.

**James R. Garlick (1888-1962):** James established the James R. Garlick Funeral Home at 1517 11th St. – later 2001 P St. – at the age of 20 and a year later, he became the youngest person ever elected to the city's board of education. James' grandfather, Aaron, came across the plains with Mormon leader Brigham Young and was among the many people who arrived in Sacramento in 1849.

Another notable gravesite is the common grave of the approximated 4,685 who were exhumed and transferred in the mid-1950s from the New Helvetia Cemetery at Alhambra Boulevard and J streets, where Sutter Middle School is now located.

## One of a kind

In addition to compiling information about renowned individuals buried in East Lawn Memorial Park, Pettite, whose extensive resume includes serving as secretary/trustee of the Fair

Oaks Cemetery District and working as a coroner in Idaho, also completed a study on county cemeteries.

With his knowledge about many cemeteries, Pettite has concluded that East Lawn Memorial Park is the best developed and the most attractive of any cemetery in Sacramento County.

"It's the premier cemetery," Pettite said. "Having worked and made a study of all the county cemetery districts years ago for the board of supervisors, I came across East Lawn in my studies and I found it to be the most beautiful cemetery I had ever seen."

In addition to East Lawn Memorial Park, other sites make up the East Lawn family of cemeteries and mortuaries. They are: East Lawn Elk Grove at 9189 East Stockton Blvd. in Elk Grove, Albert Brown Mortuary at 3476 Piedmont Ave. in Oakland and in Sacramento, Sierra Hills Memorial Park and East Lawn Mortuary at 5757 Greenback Lane, Sierra Hills Pet Cemetery at 6700 Verner Ave. and Andrews and Greilich Mortuary at 3939 Fruitridge Road.

East Lawn President Alan Fisher, a Sacramento native and a 1974 graduate of Hiram Johnson High School, said that East Lawn works diligently to adhere to its mission to effectively join with families in creating meaningful celebrations and tributes to honor their loved ones.

"We really do strive to be the premier cemetery, funeral, cremation services provider in the communities we serve, so we do our best to make sure that the experience is meaningful," Fisher said.

## Place past lives on

In reviewing the rich history of East Lawn Memorial Park, Dr. Bob LaPerriere, who is a member of the East Lawn Advisory Committee, a board member of the Old City Cemetery Committee and co-chair of the Sacramento County Cemetery Advisory Commission, described the cemetery as an extremely valuable regional asset.

"(East Lawn Memorial Park) is indeed our greatest repository of the past and should be thought of as a



East Sacramento News Photo/Lance Armstrong  
East Lawn Memorial Park's historic mausoleum was constructed in 1926.

memorial, not only to the people lying at rest there, but to the history of the entire region," LaPerriere said.

For additional information about East Lawn Memorial Park and other East Lawn operated cemeteries and mortuaries, call (916) 732-2000 or visit the Web site [www.eastlawn.com](http://www.eastlawn.com).

# Senior Services *and* Resources

Call Melissa (916) 429-9901

## A RETIREMENT COMMUNITY

  
**MERRILL GARDENS**  
AT GREENHAVEN  
*A one of a kind retirement community*  
**(916) 427-1133**  
Spacious One Bedrooms  
Full Kitchens and Patios  
**Starting at \$1,395**  
Equal Housing Opportunity  
Lic# 347001396

## ASSISTED LIVING/MEMORY CARE

**Aegis of Carmichael**  
4050 Walnut Avenue  
Carmichael, CA 95608  
*We're the people who  
make life better.*  
**Lic #347001686**  
**(916) 972-1313**  
[www.aegisliving.com](http://www.aegisliving.com)

## BEAUTY SALON

**ROSES Hair Design**  
*Specializing in the Mature  
Woman since 1995*  
**Senior Pedicures**  
**We STILL use rollers!**  
**(916) 457-6659**  
394 – 45th St (45th & D Street)

## DOCUMENT PREP SERVICES

**LIVING TRUST/LIVING WILL  
Legal Document Prep Services:**  
• Trust • Will  
• Powers of Attorney  
• Residential Deed  
**SENIOR SPECIAL**  
Couples \$495 Singles \$450  
Lynda K. Knight (916) 214-1215  
641 Fulton Ave. #100, Sacto 95825

## ELDERLY CARE

**Woods Retreat**  
Residential Care Facility  
for the Elderly now accepting  
applications for residents.  
Let us care for your loved ones.  
**State Lic #340306720**  
**Owner-operated (916) 421-5845**

## HELP AT HOME

**HELP AT HOME**  
**Senior Care**  
Caring, In-Home Assistance & Companionship  
• Light housekeeping  
• Meal preparation  
• Med reminders • Errands  
• Dementia care • Bathing  
& Much More  
For no-cost/in-home assessment,  
call **877- 404-6636**

## HOME SAFETY

**California Energy Service**  
  
• **Safety Tub**  
• **Handicap bars & ramps**  
Senior Discounts  
Financing Available  
**Bill Hill (916) 804-2243**  
Since 1978 Lic# 365598

## IN HOME CARE

**POP INS with a PLUS**  
Senior In-home Care Specialists  
• Complete personal care  
• 3 hr min to 24-hour care  
• Shopping/errands  
• Transportation  
• LVN on staff  
• Hospice  
**(916) 247-1019**

## LOVING COMPANIONS

  
**Loving Companions  
Senior Services**  
*A Proud Member of The Senior's Choice*  
"Assisted living" in the privacy  
& comfort of your home  
Affordable rates, 1-24 hours/day  
**Certified Care (916) 753-1491**

## YOUR AD SHOULD BE HERE!

**Call Melissa today!**  
**Your services  
are needed.**  
**Your ad should be here.**  
**Ad design is free.**  
**Call 429-9901**

## SPECIAL ALZHEIMER'S LIVING

  
**Special Alzheimer's Living**  
**Day Club, Respite,  
Residential, Support Groups  
& Educational Classes**  
[cas@primrosealz.com](mailto:cas@primrosealz.com)  
[www.primrosealz.com](http://www.primrosealz.com)  
**(916) 392-3510**  
7707 Rush River Dr. Sacto, CA 95831

## Transition/Relocation

  
**SENIOR RELOCATION  
AND TRANSITION SERVICES**  
*Serving all of Northern California*  
**916-966-8745**  
[compassionaterelocations.com](http://compassionaterelocations.com)

**YOUR SERVICES ARE NEEDED**  
**CALL Melissa TODAY**  
**TO PLACE YOUR AD**  
**(916) 429-9901**





## La Fiesta off Alhambra Blvd. is not a drive-thru

East Sacramento News staff report

It was no time for a party at La Fiesta Taqueria Sept. 27 after a car slammed into the front of the popular East Sacramento restaurant. According to police reports, one woman received minor injuries as a result of the crash.

As of press time Sept. 29, no cause for the accident had been reported.

La Fiesta Taqueria, located at 1105 Alhambra Blvd. near K Street, is a well-known eatery on the western edge of East Sacramento specializing in Mexican cuisine. Since the incident, large wooden boards were installed to cover the hole created by the crash and the restaurant has remained closed. Damage inside La Fiesta was quite severe, with much of the front counter demolished in the crash. It is unknown as to when the restaurant will re-open.

Look for updates on this story in future editions of the East Sacramento News.

Photo by East Sacramento News editor Ryan Rose.

## Sacramento to host North American youth film festival Oct. 2

# Special event helps connect young digital video artists with big studio counterparts

By RYAN ROSE  
East Sacramento News Editor  
vcnnews@valcomnews.com

Lights, camera, action: The digital revolution is in focus, on the screen and online. And one local man is making sure young people don't miss it.

On Oct. 2, the city of Sacramento will play host to a very special film festival, one geared toward recruiting young people and teens into the digital age as artists, not amateurs. This event, the 13th annual North American All Youth Film and Education Day, will expose young people – the future leaders of tomorrow – to the amazing, groundbreaking work done by their peers. The event will feature more than three dozen of the greatest youth-produced films from around the United States and Canada.

The festival, which is divided into five showcases and runs from 8:30 a.m. to 6 p.m., will be held at the Crest Theatre, 1013 K St. The event will also be streamed live online at [www.towerofyouth.org](http://www.towerofyouth.org).

The film festival is supported by the local non-profit group Tower of

Youth, an organization that not only provides technology, training and school partnerships to young students, but also hosts educational film festivals that showcase the movies made by youth and introduces young artists to cinema icons and representatives of major Hollywood studios. In addition to the North American All Youth Film and Education Day, Tower of Youth also hosts the annual Teen Digital Reel Showcase and Awards, which celebrates the talents of local youth filmmakers.

### Digitalism alive in Sacramento

Sacramento-area resident Dr. William Bronston, the CEO and founder of Tower of Youth, is excited and proud to act as an intermediary between the schools, the students and the film industry. It is this connection, Bronston believes, that is vitally important to the total education of students today as society and the economy are augmented by the digital visual medium.

"To harness the avalanche of new discoveries and new

inventions... you don't have a mechanism to bring together business, manufacturing, schools... it's total chaos," Bronston said, adding that his organization is working with private and public entities to provide such a go-between.

It is the opinion of Bronston that as the visual medium of film expands within the realm of the digital age and is further developed by artists online at Web sites such as YouTube, the need for a populace actively engaged in this ever-evolving, digital language is undeniable. And as the technology to produce digital films becomes more affordable and accessible to the population at-large, the demand for a digital fluency among the young and those up-and-coming in this new digital economy is paramount.

"Now it is digital literacy that is the fundamental language of the world's employers," Bronston said.

That overarching philosophy drives Bronston and Tower of Youth to expose young people to the digital medium and the artistry that can go into self-produced films. Instead of simply expanding the ranks of digital amateurs currently existing online, Tower of Youth is looking to help guide inspired youth beyond the wilderness of web-cam shout-outs to the mastery of the visual medium as a means to tell a story, express a point of view or, if they so desire, change the world. And, if successful, these new students will be equipped to live and work in a world remade by digital technology.

For more information on the 13th annual North American All Youth Film and Education Day and Tower of Youth, visit [www.towerofyouth.org](http://www.towerofyouth.org).



**Inventory always changing!**  
**In this economy, every penny counts!**

**916-369-1846**  
**[www.builderssurplusllc.com](http://www.builderssurplusllc.com)**

**6015 Power Inn Rd, Suite G • Sacramento 95824**  
Hours: Mon-Fri 9-5, Sat 9:30-4, Closed Sunday

Since 1963      CL# 877831      Choose One of Three Great Offers on Qualifying Trane Systems



**Reduced Rate 3.9% APR**  
**With Custom 1.75%**  
**Monthly Payment**

Reduced 3.9% APR applies only to qualifying Trane system(s) purchases and does not apply to further charges made on the Home Projects® Visa® card issued by Wells Fargo Financial National Bank. Promo code: #0077



**Sale Dates:**  
**September 1 - October 31, 2009**

**Install Dates:**  
**September 1 - November 15, 2009**

**Submission By:**  
**November 30, 2009**

**OR**

**15 Months No Interest Option,**  
**No Payment**  
**(Same as Cash)**

Buy a qualifying Trane system today and make no payments and pay no interest for 15 months when balance is paid in full within 15 months. Promo Code: #0035

**Up To \$1,000 Rebate**

**OR**  
Call for qualifying equipment and rebate amounts.

**(916) 454-4600 • 6423 Elvas Ave., Sac., CA 95819**



# Schools still need improvement Sac City Unified students increase academic growth among all groups

Special to the East Sacramento News

Sacramento City Unified School District superintendent Jonathan P. Raymond said Sept. 15 student achievement in both state and federal accountability measures for every student group but progress was not sufficient to meet higher new national performance bars in English Language Arts and Mathematics. Raymond released district results on Sept. 15 at 10 a.m. at Ethel Phillips Elementary School, 2930 21st Ave.

"We moved forward, but not enough for too many students," Raymond said.

Raymond is the district's new superintendent; hailing from North Carolina, the administrator started work Aug. 21.

"Today's news conference is about informing our community about how well we are serving our students," Raymond said. "It is important that we be transparent and takes ownership for our results and that we showcase our principals and schools who are increasing student achievement on their campuses."

Among the state API highlights Raymond released:

- Under the state Academic Performance Index accountability system, SCUSD gained 11-points to reach 746 on the API, which matched the county and was under the overall state API of 755.

- Twenty-four schools, 2 more than last year, met or exceeded California's API target of 800

- All student groups, such as African American, Hispanic, Asian, Pacific Islanders, English Learners and low-income students saw API growth ranging from 2 to 26 percentile points.

Students also made progress in English Language Arts and Mathematics under the federal accountability measure even as targets increase by approximately 11 points each year. However, growth was not sufficient to meet



Sacramento City Unified School District's new superintendent Jonathan Raymond.

Adequate Yearly Progress targets. District wide, 37 of 46 AYP targets were met.

Last year, SCUSD met 44 of 46 targets. Forty schools of 86 reporting AYP results met 100 percent of their targets. (The district has three more schools, but they do not report AYP results because of their small numbers.) SCUSD also saw a significant increase in the number of Program Improvement (PI) Schools—sites failing to meet AYP targets for two consecutive years. Schools in Year 1 of PI status jumped from three in 2008-09 to 15 in 2009-10.

"We performed in the middle of the pack compared to similar districts and to the state," Raymond said. "We do have great things happening at many schools for children, but not at every school—and that is and must be our goal."

## Do you have a story? Tell it to us.

Call Ryan Rose at 916-429-9901

Alzheimer's Association  
**MEMORY WALK**  
Saturday,  
October 3\*

\*For more information, visit: <http://memorywalk.kintera.org/sacramento09/eml>

### Eskaton Monroe Lodge

*A Land Park Tradition*

Eskaton Monroe Lodge is an elegantly appointed six-story building featuring 100 private apartments, emergency pull cords in each apartment, shuttle van service, and a full-service dining room. We also feature a broad range of activities and spacious lounges on every floor for our residents use.

Eskaton Monroe Lodge is your answer to an active and independent lifestyle.

**Eskaton Monroe Lodge**  
Independent Living with Services  
3225 Freepoint Blvd.  
Sacramento, CA 95818  
916-441-1015 | [www.eskaton.org](http://www.eskaton.org)

## ARDEN • PLAZA • SHOE and REPAIR

See our NEW "FALL SELECTION" and showroom

Tired feet? Heel pain? Plantar Fasciitis?  
**Don't live with pain!**

"Granville"

"Wool Felt"

"Teddy"

"Tara"

"Drew", Duck Head, P.G. Lite, Soft Walk, Fly Flot, Orthaheel, Stonefly, La Plume, Springstep, Kumfs

"Grace"

**SUMMER SALE**

**10% OFF**  
any services or purchase  
with this ad, not valid with any other offers

4369 Arden Way (at Eastern Avenue)  
In the Whole Foods Shopping Center  
**489-0454**



# Expanding world views

A local photojournalist and world traveler is displaying his documentaries and journey through Indonesia, China, Tibet, Nepal, and India in his latest exhibition.

Titled "Growth," Sacramento resident Andri Tambunan's latest photographic exhibition will be displayed at the Land Park-adjacent Beatnik Studios at 2421 17th St. from Sept. 25-Oct. 28.

Tambunan is a local freelance photojournalist and photo documentarian and in this exhibition he will be displaying selected images from the 2008 Olympics in China and the terrorist attack in Mumbai and images from several documentaries on social issues such as HIV/AIDS in Papua, China's modernization, Buddhist' pilgrimage in Tibet, Nepal's Annapurna Sanctuary, and sulfur workers in Indonesia. Tambunan has also contributed to The Land Park News as a contract photographer, shooting the cover spread for the April 23 edition.

Two reception dates are scheduled for this event: the opening reception, Oct. 2, 5 p.m.-12 a.m., and the closing reception, Oct. 24 5 p.m.-12 a.m. There will be live music performances on these dates starting at 9 p.m.



Photos courtesy Andri Tambunan

**"Woodlake Artists Steps Out"**

**Blue Moon** Second Saturday Reception: October 10, 2009, 6-10pm

"Monk" Mixed Media painting by Sea Miller

On the Patio: Live Music by Randy Bryson  
Also Garden Artwork: Kanika Marshall

Show Continues: October 14th - November 7th

2353 Albatross Way, Sacramento 95815 • 920-2444



Congregation Beth Shalom  
"where everyone is family"

**32nd Annual "Good Old fashioned" JEWISH FOOD FAIRE**

Sunday, October 18th, 9am - 3pm

Henna tattoos by Judith Spivak  
Placer Ume Taiko Dan  
Country Club Aires Men's Chorus  
Israeli folk dancing  
Plus kid's arts & Crafts  
**AND 30 BOOTHS**

**916-485-4478**  
4746 El Camino Avenue, Carmichael (Near Mission Avenue)

"Mustang Pastime" oil by Beth Glaze

**The Works of Beth Glaze & Vicki Foote**

October 8 - November 8

**Second Saturday Reception October 10, 5-9pm**

PLUS "Artist in Action" Rhonda Egan, painting in oils.

**CHROMA GALLERY**  
10030 Fair Oaks Blvd  
966.6020 • www.thechromagallery.com

**Fe Gallery** Second Saturday Artist Reception October 10, 2009 6-9pm

1100 65th St. E. Sac, CA 95819  
916 456 4455  
Metal Demo 7:30pm

Guest Artists  
Cindy Rubado  
Michael Bookout  
www.FeGallery.com

**Safari TOURS** A TRAVEL PROGRAM FOR ACTIVE ADULTS

Enjoy and Explore! Leave the driving to us!

Upcoming trips

- Holiday Shopping in San Francisco 11/30/09, \$44 per person
- Holiday Lights Around Sacramento Family Night Bus, Tuesday, 12/15/09, \$35 per person
- Grown-Ups Only, Thursday, 12/17/09, \$35 per person

Offering one day and overnight trips.

TO SEE A COMPLETE LIST OF TOURS PLEASE VISIT  
[www.cityofsacramento.org/safari](http://www.cityofsacramento.org/safari)  
CITY OF SACRAMENTO DEPARTMENT OF PARKS AND RECREATION

New ArtWorks Gallery

**"Mix Match"** featuring Ted Sanders  
October 7 - November 1  
Reception: October 10, 5:30-9pm



"Happy Daze" by Ted Sanders

10239 Fair Oaks Blvd. #4D (in Fair Oaks Village)  
(916) 962-7362  
www.thenewartworksgallery.com

**Sacramento Antique Faire** Sunday, Oct. 11th

Outdoor Antique and Collectible Marketplace

**SECOND SUNDAY** of every month  
6:30am - 3:00pm

Admission is \$3.00  
300 Vendors  
Children under 16 are FREE  
Loads of free parking & delicious food!

21st Street between W and X Streets  
(916) 600-9770 • www.antiquefaire.com

**Side Show Studios**  
Custom Tattoo and Fine Art Gallery

2 Gallery Receptions in October!  
Second Saturday: October 10, 6-10pm  
Costume Party & Gallery Reception: Sat, October 24, 6-10pm

**CHAR HALL**  
Best Tattoo Artist  
3 years running

**Best SN&R**

**SIDE SHOW STUDIOS**  
Best Tattoo Studio  
2 years running

5635 Freepoint Boulevard, Suite 6  
916-391-6400  
www.sideshowstudios.net • sideshowstudios@yahoo.com  
Hours: Mon-Sat: 10am - 10pm, Sun: 10am-8pm



**Custom Framing & Gallery**

Jump start the holidays  
Bring this Ad in for  
**15% off your Custom Framing order**



Artistic Edge Custom Framing & Gallery  
1880 Fulton Ave  
Sacramento CA 95825  
(916) 482-2787  
www.artisticedgeframing.com

**ACORN DAY**  
California State Indian Museum

**Saturday October 17th**  
10:00am to 2:00 pm

Acorn Demo • Games • Crafts  
Fun for the Entire Family!

\$4.00/Adults • \$3.00/Children

2618 K St. Sacramento, CA • 916-324-0971



**ART & ANTIQUES**  
WITH A TOUCH OF GRAPE

**PULEO GENTRY GALLERY**  
870 57th ST, BETWEEN H & J  
(THE TOP OF ANTIQUE ROW)  
PULEOGENTRY.COM

**SECOND SATURDAY**  
OCTOBER 10, 5PM-8PM



# SECOND SATURDAY AND MORE

art & activities in and around Sacramento

**HAAG Gallery**  
4755 J Street, Sacramento 95819  
916-396-1861

**William T. Farnan**  
Bas relief sculptures



Oct. 8 - Nov. 5, 2009  
Second Saturday Reception  
Oct. 10, 3-9pm

**Sacramento Art Complex**  
2110 K Street, Midtown

Presents...  
**Carnival for Kids**  
Sat. Oct. 31, Noon - 6

Have your kids play and create while viewing art...



featuring  
**Nicole Sena**  
"Conceit"

RECEPTION:  
October 10, 6-11pm  
Show runs thru October

2904 Franklin Blvd.  
457-5507 • www.thecoffeegarden.com

**ARTIST STUDIOS FOR RENT @ THE BRICKHOUSE**

2837 36TH STREET  
SACRAMENTO, CA 95819  
**916-457-2502**

art@brickhouseoakpark.com  
www.brickhouseoakpark.com



**ONLY at SWANBERG'S**


- Hawaiian Shirts
- Baseball Shirts
- Neighborhood Shirts
- Reef Sandals

2316 J Street • 447-MAUI  
www.swanbergsformen.com



Artist's Reception 6-11 pm

On display until November 8  
3960 60th Street, Sacramento



**HAPPY AUTUMN COLLECTING**

Annalee · 2009 Bing and Grondahl and Royal Copenhagen Plates · Bradford Exchange Collectibles · Disney Classics · Jim Shore · San Francisco Musicals · Glass Domes · Spoonracks · Plate Frames, hangers, stands and much more.

Kennedy's Collectibles  
57th Street Antique Mall, 875 57th Street  
Sacramento, CA 95819  
(916) 973-8754

**57th Street Antique Row**  
Second Saturday Hours: 5-9pm

**The Antique Legacy, Suite A** .....456-6960  
Purveyors of fine antique French, Swedish & European furniture, estate jewelry, art & lighting.

**Sekula's Fine Art & Antiques, Suite B** ..... 451-9565  
"Because your world shouldn't be ordinary." 20th century decorative arts, design, period & contemporary plein air art.

**Evans Kitchen, Suite C**.....452-3896  
Four-star restaurant with award winning chef Evan Ellsberry. Art for sale.

**Amorini Antiques, Suite D** .....455-1509  
Fine European & Asian furniture, silver, porcelain, jewelry, linens, & decorator items.

**Eclectic Antiques & Gifts Suite E**.....453-9085  
American antique furniture, perfumes & jewelry, old linens


**Mike & Greg's Fine Antiques & Collectibles, Suite F**..... 731-4556  
Specializing in antique & collectible pottery, estate jewelry, fine art, & high quality European glass.

**Discovery Antiques, Suite G**.....739-1757  
A collective of many fine dealers & unique, interesting antiques.

**Picket Fence Antiques & Collectibles, Suite J**.....455-6524  
15+ quality dealers. Hummels, glass, furniture, primitives.

In East Sacramento... From H Street, turn South onto 57th

**ALTARES DEL MUNDO**



**16th Annual Altar Show of Remembrance**  
October 10 - October 31, 2009  
Brickhouse Gallery  
2837 36th Street, Sacramento

Opening Reception - 2nd Saturday, October 10, 6-9 pm  
Gallery Hours: Wednesday - Sunday, 12:00 - 5:00 pm

ALTARES DEL MUNDO is a provocative art show based on the "Day of the Dead" celebration. Art installations reflect artistic and personal expression around themes of family, celebrities, social trends, politics, misfortune and war

Free docent tours available for schools  
Free walk-in art workshops Saturdays and Sundays  
For information contact: Altares.info@gmail.com

Art Workshops funded by a Sacramento Metropolitan Arts Commission Micro Grant



**ROBIN'S NEST**  
fashion boutique etc.


"We specialize in New, Nearly New, & Vintage"

Costumes 4  
Sale or Trade

3230 Broadway · 736-3952  
robinsnestclothingetc.com

**beatnik studios**

featuring **Andri Tambunan**  
Photographer, through 10/28



Reception:  
October 10,  
6-10pm

2421 17th Street @ Broadway  
443-5808 • www.beatnik-studios.com

**GUNTHER'S ICE CREAM**

**October Flavors: Black Licorice & Pumpkin**



Featured Artist: **Hearne Pardee**

- Malts, Floats, Sundaes & Shakes
- Sandwiches/Soups
- Real Fruit Freezes
- Ice Cream Cakes & Pies
- Ice Cream Socials

We Make Our Own Ice Cream

Open Daily: 10am - 10pm until Labor Day  
After Labor Day: Sun-Thurs: 10am-9:30pm • Fri-Sat: 10am - 10pm

**69 years of business**

2801 Franklin Blvd. (Corner of Franklin & 3rd Ave.)  
457-6646 • www.gunthersicecream.com

**Simple & Natural Holiday Design Show**  
Hosted by Fringe

Saturday, October 10, 1-3pm  
Presentations at 1:00, 2:00, & 3:00

Tasty tidbits provided by neighborhood eateries  
Spices & herbs  
Wreaths, swags & holiday design

2409 21st Street 706-0216  
(just north of Broadway)



\$5 suggested donation to benefit the Gardens in Schools Program



**Support the arts!  
Support our advertisers!**

Are you a gallery, restaurant or boutique? Cash in on Second Saturday!

For our affordable rates, contact  
Melissa @ 916 429 9901



# New Memorial Sites

*INDOOR ~ OUTDOOR*

## EAST LAWN MEMORIAL PARK



**EAST LAWN  
MEMORIAL PARK**  
43rd & Folsom Blvd  
Sacramento, CA 95819  
**916.732.2000**



### **OTHER LOCATIONS:**

**EAST LAWN ELK GROVE MEMORIAL  
PARK AND MORTUARY**  
9189 E. Stockton Blvd., Elk Grove, CA 95624  
Lic. #FD-1455 **916.732.2031**

**ANDREWS & GREILICH MORTUARY**  
3939 Fruitridge Road, Sacramento, CA 95820  
Lic. #FD-136 **916.732.2026**

**SIERRA HILLS MEMOIRAL PARK AND  
EAST LAWN MORTUARY**  
5757 Greenback Lane, Sacramento, CA 95841  
Lic. #FD-1242 **916.732-2020**

**[www.eastlawn.com](http://www.eastlawn.com)**



# TEAM BLACK

*...working together for you!*

**#1 Selling Agent/Team for Lyon Real Estates 2008**  
Downtown/East Sacrament Office



**TeamBlack.GoLyon.com**



**Wanda Noack**  
761-6748  
Lic# 00946526

**Kathy Pardun**  
247-7030  
Lic# 01000106

**Patricia Yochum**  
519-0207  
Lic# 07121160

**Diane Berry**  
698-7288  
Lic# 00794641

**Annette Black**  
552-7203  
Lic# 00802727

**Linda Petersen**  
217-1431  
Lic# 01334922

## NEW CITY LIVING • L STREET LOFTS



Bringing a new view to city living, the L Street Lofts offer beautiful new residences that are located in the heart of Midtown Sacramento, and minutes from Downtown Sacramento. With new homeowners, businesses and cultural activities springing up throughout the Downtown and Midtown Sacramento neighborhoods, you'll find as many amenities outside your doorstep as in...all within walking distance.

\$315,000 to \$1,300,000



### Newly Remodeled

Just remodeled with beautiful new kitchen and bath upscale stainless steel appliances and refrigerator. All newer dual pane windows, hardwood floors throughout. Wood plantation shutters on all windows. Light and open floorplan. Large yard with patio, 2 car garage.

138 Tivoli Way ..... \$385,000



### Well Maintained Spacious Home

Spacious 4 bedroom, 2.5 bath, family home. Light, bright and open floor plan. Fireplace in separate family room, fresh paint. Newer fence & retaining wall in back. Granite countertop in kitchen, newer laminate floor in family room. 8240 Holly Oak St..... \$285,000

## LUXURIOUS PAVILIONS



Stunning architectural design, open floorplans w/ high ceilings, hardwood floors, granite kitchen, GE Monogram appliances include built-in refrig, stove, micro & wine cabinet. Designer fixtures & tile in all baths. Beautiful patios with fireplaces in each home. Exceptional clubhouse with full kitchen, meeting rooms, workout gym, pool/spa & BBQ area. You will not find more luxurious homes for this price in this location! .....Starting at **\$525,000**

**NEW LISTING**



### Wonderful Fourplex in Midtown

Very attractive fourplex in great midtown location. Large lot extends to alley and there are 4 garages in back. Owners unit is 2 bed, 2 bath. 3 one bed, 1 bath units. Sewer line was recently replaced. 2510 P St..... \$499,000



### Desirable South Land Park

Lovely home shows pride of ownership. The tiled entry welcomes you to the formal living and dining room. The kitchen opens to a separate eating area with plenty of cabinets. The family room with a fireplace overlooks a nice size backyard which is beautifully landscaped and features a sparkling pool. 1301 San Clemente Way..... \$375,000

**NEW LISTING**



### Lovely 3-Story Apartment Building

6 Spacious units. Each unit has front entrance and rear entrance so seller rents them as 2 bedrooms. High coved ceilings, hardwood floors, lots of old world charm. Large lot, extends to the alley. 2 Garages, lots of space for parking. Great downtown location, 1 block to county courthouse, offices & restaurants. 1421 G St..... \$799,900

**Team Experience...Team Excellence...working for you!**





Sacramento's award winning locally owned prime restaurant and bar specializes in Midwestern corn fed dry aged beef, and the freshest most succulent seafood the world's oceans have to offer. Our USDA prime ribs, steaks and chops are dry aged up to 28 days in our exclusive displayed aging facility and then hand trimmed and cut to the most generous portions ensuring that every steak is the most tender and flavorful possible. These truly are, "The Best Steaks in Town".



**2 FOR 1**

Buy one dinner  
entree and receive  
the second entree  
**FREE**

Not to exceed \$35.00  
(on second entree)  
Exp. 11/22/09

**\$29<sup>95</sup>**

**Friday - Saturday - Sunday**

**Steak and Lobster Dinner**

**\$19<sup>95</sup>**

**Sunday - Monday**

**Prime Rib Dinner**

**\$10<sup>00</sup>**

**Monday - Wednesday**

**Chicken Caesar and a glass  
of house wine until 4pm**

**\$10<sup>00</sup>**

**Wednesday - Friday**

**Burger and Beer until 4pm**

**1117 11th Street • Sacramento , CA**

**Call 916.447.8900 for  
Reservations & Banquets**

**Happy Hour: 3-7pm, Monday - Friday • [www.chopssacramento.com](http://www.chopssacramento.com)**



**SALE  
10% OFF\***

**"WATCH FOR  
OUR GRAND  
OPENING"**

**\*EVERYTHING  
IN STORE  
Oct 8 to  
Oct. 17**

# MIDTOWN COMFORT SHOES

**"Your Local Comfort Store"**

## 3400 Folsom Boulevard

**Merrell**

**Finn Comfort**

**Brooks**

**Aravon**

**Dunham**

**New Balance**

**Aetrex**

**Beautifeel**

**1803**

**Munro**

**Dansko**

**Haflinger**

**Orthaheel**

**ECCO**

**J-41**

**October 10 & October 17, Saturdays, BBQ & Drinks for the family**



# Why risk a ladder accident? Byers' LeafGuard gutters NEVER clog. Guaranteed!



Ladders are dangerous! More than 500,000 ladder accidents are reported each year. Don't risk your safety – get Byers' LeafGuard and take gutter cleaning off your list forever.

- ✓ Guaranteed to NEVER clog for as long as you own your home, or we'll clean them for FREE.
- ✓ Keeps leaves, pine needles and debris out. Hassle-free and maintenance-free – permanently!
- ✓ The *only* seamless, one-piece leaf protection gutter system on the market.
- ✓ A complete patented system – *not* an add-on screen or cover.
- ✓ Heavy-duty, rustproof aluminum – 20% thicker than ordinary gutters. Also solid copper!
- ✓ Beautiful colors and crown molding aesthetics.



Serving Northern California since 1987

Call today for a free, no-obligation estimate  
**530-272-8272** 🍃 **800-977-5323**  
ByersLeafGuard.com



**Lifetime No-Clog Guarantee.**  
Byers' LeafGuard Gutter System is guaranteed to NEVER clog for as long as you own your home, or we'll clean it for FREE.  
**No fine print. No exclusions. Period.**



**22 YEARS OF SERVICE**

**Byers'**  
ENGLERT  
**LeafGuard**  
**Gutter Systems**  
CA License 518784

The gutter that never clogs...ever. **Guaranteed!**

Ask about Financing

**Byers' Water Harvesting**  
Call for more information & a free estimate



# Your Home Improvement Guide

Call a sales representative today for great advertising rates: 429-9901

## YOUR SERVICES ARE NEEDED CALL Melissa TODAY TO PLACE YOUR AD (916) 429-9901

### AIR CONDITIONING/HEATING

**BONNEY**  
PLUMBING, HEATING, AIR  
& ROOFER SERVICE  
LIC# 696355

DON'T WAIT-BEAT THE HEAT!

Season Special

A/C Check-up-\$79.99

CALL 444-0551

- Cooling & Heating Service/Repairs
- New Installs & Existing Replacements
- Maintenance Programs/Agreements

- Service on All Brands
- High Efficiency Air Filters
- Freon Leak Detection

REBATES/TAX CREDITS AVAILABLE/ ALL WORK GUARANTEED / SENIOR DISCOUNTS

### CARPET & UPHOLSTERY CARE

**JOHNNY ON THE SPOT**

Complete Carpet & Upholstery Care

"Our cleaning is the most thorough you have ever had, or we will clean it again free. If you are still not pleased, we will refund your money."

- I.I.C.R.C. Certified Firm
- Carpet Repairs & Restretching
- I.I.C.R.C. Master Cleaner
- Red Stain Removal
- Pet Urine Removal Treatment
- Free in home written estimates

Call (916) 391-9292

### CONSTRUCTION

**Griffin Construction**

- New Construction
- Remodeling & Room Additions
- Demolition & Removal of Old Unwanted Existing Garage & Replace with New Single/Double Larger Garage or Shop.

Staying small to serve you better.

Local references

Lic # 510423

Call (916) 402-7463

### CUSTOM GLASS

**SACRAMENTO  
GLASS WORKS**

CUSTOM GLASS & SANDBLASTING  
DESIGN • BUILD • RESTORE  
Leaded Glass Repair

Keith Sutherland • (916) 456-0367  
2801 T St., Sac 95816  
www.sacramentoglassworks.com

### ELECTRICAL CONTRACTOR

**CAPITOL ELECTRIC**

Since 1960 in Sac area

Reasonable

Res. & Commercial work

Repairs, Trouble Shooting  
Custom Lighting/Free Est.

(916) 451-2300

Cell: 213-3740

Neil McIntire — C.S.L.# 394307

### FENCING

Bob Grove  
(916) 425-7435

License #:  
927602

**GATEWAY  
FENCE CO.**

Commercial & Residential

Gateway-Fence.com  
bob@gateway-fence.com

Fax (916) 429-1905

5% OFF  
Fall Special

### GENERAL CONTRACTOR

**Sloan Construction**

Complete Home Renovations  
Kitchen/Bathrooms/Additions

\*\* One Project at a Time to Serve you Better \*\*  
Serving the Sacramento Area for over 20 yrs

Call Dave: Office (916) 944-4313

Cell (916) 202-9448

References Available

General Contractor - CCL No. 549475

### GENERAL CONTRACTOR

**FULSTER CONSTRUCTION**

Custom Remodeling & Additions

Specializing in state-of-the-art  
Kitchens/Bathrooms

& every aspect

of construction

from Painting to Roofing

(916)443-4166 (916) 952-0838

Local References/ Lic# 639780

### HANDYMAN

**FREEDOM**

**HANDYMAN SERVICES**

Free up your time from those pesky  
unwanted jobs. I do odd jobs,

plumbing, carpentry, security door  
installation, light fixtures & fans,

recaulking of tubs, hauling

NO JOB TOO SMALL!

Call Eric

(916)470-3488

### HANDYMAN

**GET READY FOR FALL !**

- RAIN GUTTER CLEANING
- ROTOTILLING/& SOD PLACEMENT
- CONCRETE REMOVAL
- YARD CLEAN-UP/HAULING
- PRESSURE WASHING

Call LESTER

(916) 838-1247

Lic#128758/Ref

Pressure wash your driveways clean! your decks, too!

Clean out your garage! Replace that old lawn!

Hard work ---not a problem!

SPECIALS FOR SENIORS/\*SERVING THE AREA FOR OVER 10 YRS\*

### HOUSE CLEANING

**ALLAWAY'S HOUSE  
CLEANING**

- Owner Operated
- Satisfaction Guaranteed
- Reasonable Rates

Excellent References of 17 Years

Call Rick (916) 768-6236

for Free Estimate

Lic# 83861 Bonded # 1214773

### LANDSCAPING

**Terra Bella**  
Gardening Maintenance

- Full yard maintenance
- One time clean-up
- Tree trimming

"Not your typical mow, blow & go company!"

Call Randy (916) 454-3430

or 802-9897

www.terrabellagarden.com

Lic# 152584

### LANDSCAPING

**ROBERTS LANDSCAPE**  
CUSTOM LANDSCAPE

AND DESIGN

\*Sprinklers \*Decks

\*Concrete \*Masonry

Experienced with  
Old Garden Renovation

Call: 444-6458

License # 590317

### LANDSCAPING

**SACRAMENTO  
LANDSCAPE CO.**

DESIGNS • PLANTING  
LIGHTING • IRRIGATION  
WALLS • FLAGSTONE  
PAVERS • MORE

SMALL JOBS WELCOME

CALL 832-2010

SACLANDSCAPE@EARTHLINK.NET  
CL# 770400

### PAINTING

**ROSE & DYNAMIC  
PAINTING CO.**  
End of Summer Discount

10% OFF

Interior & Exterior

Residential & Commercial

Steve Rose 665-1041

Manny Fonseca 665-2671

References Available

Lic.#911035 BBB - Member

### PAINTING

**GARY'S PAINTING**

CUSTOM RESIDENTIAL  
INTERIOR & EXTERIOR OVER 20  
YEARS EXPERIENCE WITH PRIDE

EXCELLENT REFERENCES

725-8781

Contractors Lic. # 734323  
McClatchy '67

## NOW IS THE PERFECT TIME FOR HOME IMPROVEMENTS call Melissa at (916) 429-9901!



# Your Home Improvement Guide

Call a sales representative today for great advertising rates: 429-9901

## YOUR SERVICES ARE NEEDED CALL Melissa TODAY TO PLACE YOUR AD (916) 429-9901

**PAINTING**

**SOVEREIGN PAINTING**  
Quality craftsmanship  
3rd Generation Painter  
with over 30-years experience  
**(916) 422-4416**  
Dan Sovereign  
Interior & Exterior Painting  
Lic.#484215

**PAINTING**

**DANEAU PAINTING**  
  
• RESIDENTIAL & COMMERCIAL  
• QUALITY WORKMANSHIP  
• 18 YEARS EXPERIENCE  
• DISCOUNT AVAILABLE  
CALL TODD 916.284.9413  
Lic# 923796

**PAINTING**

**ARIS PAINTING**  
Solid experience since 1992  
Interior-Exterior  
Residential  
10% OFF  
**(916) 708-1796**  
Bonded Lic# 880049

**PEST CONTROL**

**THE END TO ALL YOUR TERMITE AND PEST CONTROL PROBLEMS**  
  
• Effective Termite & Pest Control  
• Termite Inspections  
• Termite Treatments  
• Dry Rot Repairs  
**\$20 OFF COUPON**  
Pest Control Contract  
or Termite Insp.  
Coupon cannot be used in conjunction  
with any other offer. One coupon per  
person or address.  
916-447-3922  
Pest Control: \$68/Service\* - Homes up to 2500 Sq. Ft.  
Termite Inspection: \$95 - Homes up to 3000Sq. Ft.  
\* 5 service minimum agreement, additional Sq.Ft slightly higher  
Ants • Spiders • Earwigs • Silverfish • Rodents • Roaches • Fleas • Bees

**PLUMBING**

**BONNEY**  
PLUMBING, HEATING, AIR  
& ROOTER SERVICE  
WE CHARGE BY THE JOB...  
SO YOU KNOW THE COST  
BEFORE WE START!  
CALL 444-0551  
• Toilet, faucet, sink & disposal repairs  
• Sewer & Drain Cleaning  
• Installation of new plumbing fixtures  
• Water & gas line repair  
• Trenchless sewer replacement  
• Water heaters  
FREE ESTIMATES / ALL WORK GUARANTEED / SENIOR DISCOUNTS / LIC # 696355

**PLUMBING**

**PLUMBING \$30/HR  
HANDYMAN BIDS**  
Complete remodeling & repair.  
No job too small!  
20 years experience  
Will beat any roofer price.  
**(916) 521-5858**  
Alfaro Plumbing Lic# 785801

**PLUMBING**

**Straightline Plumbing**  
We'll beat any written estimate!  
We charge by the job,  
not by the hour!  
COMPLETE Plumbing   
service & repair Lic # 713823  
Call Don @ (916) 481-3836

**PLUMBING**

**ROONEY'S  
PLUMBING**  
FULL SERVICE PLUMBING  
**456-7777**  
rooneysplumbing.com  
License #683668

**PLUMBING**

**DEANE'S PLUMBING**  
Specializing in Repairs, Replacements & Leak Detection  
  
• We sell, service, install & repair water heaters, toilets, disposals, sinks.  
• Bathroom Remodeling  
Call Larry at 916-613-9646  
Ask about our 1st time caller & senior discounts!  
Bonded/Insured Lic# 579187

**YOUR AD SHOULD BE HERE!**

Call today!  
Your services are needed.  
Your ad should be here.  
Ad design is free.  
Call 429-9901

**REMODEL**

**PASION CONSTRUCTION**  
Home Remodeling from A-Z  
"Exceeding expectations with great quality in customer service."  
**(916) 955-2640**  
Lic# 925658

**REMODEL CONTRACTOR**

**All Range, Inc.**  
  
Free Estimates, WE DO IT ALL!  
Kitchens & Bath Remodels,  
Dry-rot repairs, Roofs, ADA, etc.  
916-240-7700 or 916-320-2534  
Lic# 930998

**REMODELING CONTRACTOR**

Retirement home costs start at \$3,000 to \$5,000 per month.  
**Remodel and stay in your own home longer and for less!**  
Universal design/remodel: bathrooms, kitchens, whole house  
Husband and wife team • Your safety and satisfaction is our first concern.  
Nationally certified kitchen and bath remodelers C.K.B.R.  
  
Visit our web site for more information!  
www.PioneerWestRemodeling.com  
CALL FOR FREE ESTIMATE:  
**(916) 726-2410**  
CA CONTRACTOR LICENSE#748223

**ROOFING**

**Gallagher Roofing**  
Serving Sacramento Since 1993  
\*Residential Composition Specialist  
\*Roof Repair & Maintenance  
"No job too small"  
FREE estimates  
Call DAN: (916) 965-6381  
LIC# 664323

**ROOFING/SIDING**

**ZIMMERMAN  
REROOFING**  
3675 R Street  
Sacramento, California 95816  
East Sac Specialists  
454-3667  
zimroof.com  
License #763169 Dave Zimmerman

**YOUR AD SHOULD BE HERE!**

Call today!  
Your services are needed.  
Your ad should be here.  
Ad design is free.  
Call 429-9901

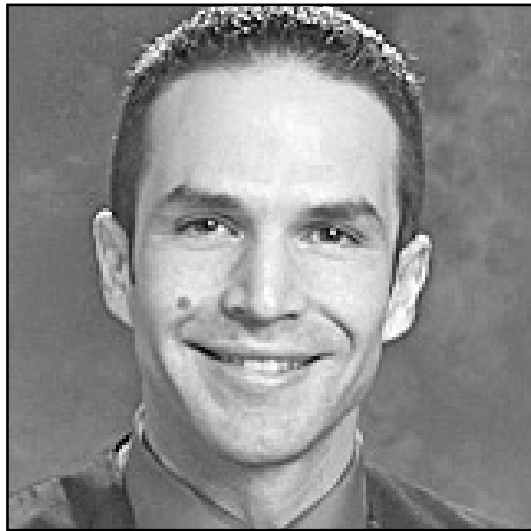
Your services are needed! Call (916) 429-9901 and reserve your space on the *East Sacramento News* Home Improvement page



# Local student receives award for achievement

Special to the East Sacramento News

This year, the William Randolph Hearst/CSU Trustees' Award for Outstanding Achievement was presented to Sacramento State student Ramon Gabriel Figueroa. A student from each of the 23 campuses is selected each year to receive the award. The students have inspiring stories of overcoming great obstacles that speak to the tremendous power of higher education.



Ramon Gabriel Figueroa

Figueroa left his family behind in Mexico to come to the United States and pursue his dream of becoming a filmmaker. Despite language barriers, financial struggles, and a long hiatus from college while trying to become a permanent resident alien, Figueroa kept his dream alive to pursue a college degree.

Figueroa graduated with high honors and an AA degree in business administration from Santa Ana Community College. He is currently double majoring in psychology and film studies at Sacramento State and has a 3.91 cumulative GPA. Figueroa is also a McNair scholar, which reflects his interest in academic excellence and his respect for scholarly research.

He is currently conducting research on how Latino filmmakers

are countering stereotypes of Latinos in their films. This important research will be published and presented at several prestigious conferences.

Upon graduation, Ramon's career goals are to become a filmmaker and producer. He also plans to pursue a position as a university professor.

The William Randolph Hearst/CSU Trustees' Award for Outstanding Achievement is given to those students who demonstrate superior academic performance, personal accomplishments, community service, and financial need. Each of these outstanding students receives a \$3,000 scholarship.

# Sacramento resident a 'Bright Light' in Times Square National Down Syndrome awareness video features Joaquin Sanchez

Special to the East Sacramento News

Joaquin Sanchez, 19 months old, of Sacramento appeared in lights on Broadway on Saturday, Sept. 26 as part of the National Down Syndrome Society's video production to demonstrate that people with Down syndrome can be successfully included in community activities, education and employment.



Joaquin Sanchez

The photo of Joaquin Sanchez, who has Down syndrome, was selected from more than 2,500 entries in the NDSS nationwide call for photos. Approximately 226 photographs appeared in a video production shown on the MTV Plasma screen, located in the heart of Times Square.

Joaquin Sanchez is pictured in an adorable fuzzy spider costume from his first Halloween in 2008 when he was 8 months old.

The video production, coordinated by NDSS, illustrates children, teens and adults with Down syndrome working, playing and learning with friends and family.

The Times Square video production kicked-off National Down Syndrome Awareness Month, which includes the 2009 Buddy Walk. This year, walks will

be held in more than 275 cities across the country, as well as many international walks. John C. McGinley, who plays Dr. Perry Cox in the hit ABC show "Scrubs," is the 2009 National Buddy Walk Spokesman. McGinley is both an accomplished actor and the proud father of Max, his eleven-year-old son who has Down syndrome. The New York City Buddy Walk will be led by McGinley and NDSS Goodwill Ambassador Chris Burke, star of the long-running ABC series, "Life Goes On." For information about National Down Syndrome Awareness Month or the NDSS Buddy Walk, visit [www.NDSS.org](http://www.NDSS.org) or call 800-221-4602.

# CLASSIFIED ADS

Call a sales representative today for great advertising rates: 429-9901

## ANTENNA REMOVAL

**CONOVER'S ANTENNA REMOVAL SERVICE**  
Conover's Antenna Removal Service  
Why not remove that old, ugly, unused antenna.  
A home improvement at little cost.  
Call (916) 973-9928 for an appt. for removal.

## BOOKKEEPING

**#1 BOOKKEEPER**  
25 yrs. exp. in industries like Auto, Mechanics, Restaurants, Caterers, Massage, Doctors, Chiropractors, Non-Profit, Retail, Martial Arts, Barber, Construction, Wholesale, Investment Clubs, Corp, Partnerships, Sm Business. We are experts in General Ledger, Payroll, Profit & Loss & Quarterlies. Call for yr specialized appt. Same low 1990 rates. Ask for Irene Senst (916) 640-3820. [www.taxirene.info](http://www.taxirene.info).

## BUSINESS OPPORTUNITY

**OPPORTUNITY**  
Tired of businesses that don't work? If you are financially motivated for a CEO level income, driven & want to excel in life, call 800-662-1961 x 1155 Not MLM. Major Training Event in Los Angeles on August 30.

Check out the Home Improvement page!

## COINS WANTED

**OLDER COINS**  
Older coins. Mint sets and proof sets. Call Oleg (916) 719-6872.

## COMPUTER SERVICE

**GOT COMPUTER PROBLEMS?**  
Pocket Computer Technician. I do on-site visits in the Pocket area. \$30/hr. Outside the Pocket area, travel charge will apply. Problem not fixed? No pay! Free estimates/consultation. Call cell# 296-7161.

## CRAFT ARTISANS

**LOOKING FOR CRAFTERS AND ARTISANS**  
Holiday Crafts & Gift Faire, Nov 14. Sacramento Elks Lodge #6, 6446 Riverside Blvd. Tables & chairs for \$30 up. Floor space for \$50 up. To reserve or for info call 916 686-0347.

## HANDYMAN

**GET READY FOR FALL!**  
Rain gutter's cleaned, concrete removal, sod placement, rototilling, pressure washing/power spray, yard work, hauling, painting, tree & shrub removal, general labor, fence repair, odd jobs & more. References available. Licensed. Call Les at 838-1247.

## HANDYMAN SERVICES

No job too small. Make your "to-do" list and give me a call. Electrical, Plumbing, Tile, Sheetrock, Plaster, Stucco, Repairs and Remodeling, you name it! Lic# 908942. Call Steven at 230-2114

## HOUSEKEEPING

**EXPERIENCED HOUSEKEEPER**  
Experienced housekeeper looking to add new clients. Honest, dependable, reliable & very picky about how I clean your home. "I clean your home the way YOU want me to." Affordable rates. Ref available. Contact Sharon @ 916 451-4014.

## PSYCHIC READINGS

**PSYCHIC READINGS BY CINDY**  
Tells past/present/future. Answers all questions on business, love & finance. **Two free questions**, answers by phone. Call for an appointment. (916) 752-5279.

## TAX PREPARER

**#1 TAX PREPARER**  
25 yrs. exp. We specialize in Business Tax returns including Corp & Partnerships. We prepare expertly all past tax returns including all State returns. Get the most deductions allowed to you by law. CTC Registered & Bonded. Please call for yr appt. today. Irene Senst (916) 640-3820. Same low 1990 rates. [www.taxirene.info](http://www.taxirene.info).

## HOME IMPROVEMENT

**Need Home Improvement?**  
Check out the Home Improvement Guide in the *East Sacramento News*. For Home Improvement ad rates, call 429-9901.

## Classified ads work

## FOR RENT

Artist Studios for Rent  
Brickhouse Gallery & Arts Complex,  
2837 36th Street  
Sacto, 95817  
at (916) 457-2502

**East Sacramento News would like to hear from you!**  
Do you have an interesting story to tell? Unusual hobby, collection or job? Maybe it's your 100th birthday! Did your child win a special award that needs to be recognized? Do you have fun/unusual photos you would like to share with the readers? Do you know someone who deserves recognition for volunteering?  
**We want to hear from you.**  
Mail to:  
**East Sacramento News**  
2709 Riverside Blvd.  
Sacramento, CA 95818  
or:  
[ryanrose@valcomnews.com](mailto:ryanrose@valcomnews.com)



# CALENDAR

For more Calendar entries visit  
[www.valcomnews.com](http://www.valcomnews.com)

## GET IN THE CALENDAR

Is your club, group, church, school, or organization having an upcoming event? Let us know. Send information about your event—including date, time, location, a brief description, cost (if any), and contact information—to Calendar, c/o Valley Community Newspapers, 2709 Riverside Blvd., Sacramento, CA 95818, or e-mail [ryanrose@valcomnews.com](mailto:ryanrose@valcomnews.com). Deadline is one week before publication. Priority is given to events that are in the community and/or of little or no cost. There is no guarantee that events submitted will appear in the calendar. To ensure placement within the newspaper, please call 429.9901 to place an advertisement.

## OCTOBER

### Free pole walking clinics

Organized by Cure Arthritis Now, free pole walking clinics will be hosted Wednesdays (at 6 p.m.), Oct. 7 and 21, and Fridays, Oct. 9 and 23, at the Sierra 2 Community Center, 2791 24th St. Interested people need to call the group directly for times and specific locations, to pre-register and reserve the walking poles for the clinics. For more information, call 208-8700.

### Managing health conditions class

Healthier Living is an award-winning program designed by Stanford University to help you better manage chronic health conditions and lessen their impact on your life; reduce fatigue, anxiety, sleep loss and gain; communicate better with your doctors, friends, and family; and set goals and problem solve to make positive changes. This class is also recommended for caregivers of people with chronic conditions. Classes are held at Asian Community Center- October 8, 15, 22, 29, Nov 5, and 12 from 9:30 a.m.-12 p.m. Free. To register, call Lucy at 393-9026 x 322.

### Straw into Gold

The Hart Senior Center will once again host the "Straw Into Gold" poetry writing work-

shop for Seniors. Led by Julia Connor, Sacramento Poet Laureate 2005-2009, this workshop offers an outstanding opportunity for seniors to hone their writing skills in a creative, spontaneous environment. The workshop will be held Thursdays from 3:00 to 5:00, September 3 through November 12. Registration is required, but there is no cost for this workshop. Please contact the Hart Senior Center at (916) 808-5462 for more information.

### Past Tents exhibit opens

"Past Tents: The Way We Camped" is a humorous excursion through one of our favorite pastimes, exploring camping in California from post-Gold Rush times to the mid-1900s. Through three exhibit themes - Round the Campground, Hitting the Trail, and Open Roads, Open Fires - visitors enjoy contemporary prints of rare historic photographs and objects from the collections of the California Historical Society and the Bancroft Library. The Sacramento History Museum invites all to enjoy this exhibition beginning Friday, Sept. 4, closing January 3, 2010. The Sacramento History Museum, operated under the auspices of the Historic Old Sacramento Foundation, is located at 101 "I" Street, Old Sacramento, CA. The museum is open every day (excluding major holidays) 10 a.m. to 5 p.m. Phone: (916) 808-7059.

## OCTOBER 3

### Skate Park Concert

Held at La Sierra Community Center Skate Park, 5325 Engle Rd. in Carmichael, join us for our second Skate Park Concert of the year. Local bands will perform while participants are grinding the rails and skating the half pipe! Admission is \$5. Music starts at 4 p.m. For more information, call 483-7826.

### Great Duck Race

On Saturday, October 3, thousands of rubber ducks will descend on the mighty Sacramento River for the Great Sacramento Duck Race - an exciting bridge to bridge race benefiting Special Olympics Northern California.

Using frontloading tractors, the racing rubber birdies will be ceremoniously dumped off the I Street Bridge and will race to the Tower Bridge in hopes of winning one of many fabulous grand prizes like airline tickets, an LCD television, gas and grocery gift cards, vacation getaways and more! For just five bucks you can adopt a duck and be eligible to win. The Great Sacramento Duck Race will be held promptly at 3 p.m. and winners announced at 4 p.m. The Great Sacramento Duck Race is sponsored by Quick Quack Car Wash and PRIDE Industries, with additional support powered by Sacramento Regional Transit, Sudden Values.com, KLOVE and Air1 Radio. For more information or to adopt your lucky duck, visit us online at [www.sacramentoduckrace.com](http://www.sacramentoduckrace.com).

### Armenian Food Festival

This is the 63rd year for our event and it is one of the longest running festivals in Sacramento. This event features traditional Armenian foods (shish kebab, pilaf, etc.), Armenian music and dancing. The festival hours are from 11:30 a.m. to 10 p.m. Food is served from 11:30 AM to 8:00 PM and take out is available. The festival is held in the hall of the Greek Orthodox Church, 614 Alhambra Blvd, Sacramento (across from McKinley Park). Entry is free until 5 p.m. After 5 p.m. an entrance fee of \$3.00 will be charged. Music and folk dancing begins at 5 p.m. This event is hosted by the St. James Armenian Church. For more information, call (916) 443-3602 or visit [www.stjamesarmchsac.org](http://www.stjamesarmchsac.org).

### Fall Fairy Festival

Held Oct. 3 from 11 a.m. to 5 p.m. at the Fair Oaks Community Clubhouse, 7997 California Ave, Fair Oaks, the Fall Fairy Festival is a time to put on your best pair of wings and come celebrate with the fairies. Use a wishing stone, make a fairy wand, learn to fairy ribbon dance, see fairy houses, have your picture taken as a fairy and lots of other fun activities. For more information, please visit [www.FairyGardenParty.com](http://www.FairyGardenParty.com).

### Huge Parking Lot Sale

There will be a huge parking lot sale at Elks Lodge No. 6, 6446 Riverside Blvd., Saturday, Oct. 3 from 8 a.m. to 2 p.m. Vendors welcome. For more information, call 714-1301.

### Military Widows

The Society of Military Widows, Sacramento Chapter No. 5, will meet on October 3, at the Lions Gate at McClellan Park at 11:30 a.m. for lunch and program on "Tri Care Benefits" presented by Mary Brown from Travis A.F.B. Call 916-635-6724 for information.

### Jensen Garden Workday Volunteers

The Friends of the Jensen Botanical Garden hold garden work days one Saturday of every month from 9 a.m. to 1 p.m. The next workday is Saturday, Oct. 3, 2009. Bring work gloves, hand pruners and your lunch. Come join with other volunteers to keep the garden beautiful all year. Other workdays in 2009 are Nov. 7, Dec. 5. The Jensen Garden is located at 8520 Fair Oaks Blvd. in Carmichael. For more info: Tracy Kerth (916) 485-5322 ex23 or email [tracy@carmichael-park.com](mailto:tracy@carmichael-park.com).

### Jensen Garden Plant Sale

The Friends of the Jensen Botanical Garden will hold a plant sale, Saturday, October 3 from 9 a.m. to 1 p.m. at the Jensen Garden located at 8520 Fair Oaks Blvd. in Carmichael. Bulbs and succulents among other plants. All proceeds will benefit the restoration of the Jensen Botanical Garden. Coffee will be provided for the shoppers.

## OCTOBER 3-4

### Benefit plant sale

Sunburst Projects and the Benefit Plant Sales announce: There will be plant sales held in the covered parking area behind the Gifted Gardener at 18th & J Streets, midtown Sacramento from 9am to 3 pm both Saturday and Sunday. A wide selection of perennials plus some winter growing CA natives will be available.

### St. Robert's Fall Festival

Held Saturday, Oct. 3 from noon to 7 p.m. and Sunday, Oct. 4 from noon to 6 p.m., the St. Robert Parish and School is holding their Fall Festival. Located at 2243 Irvin Way, the event will offer great food, children's games, bingo, entertainment and even televised football games on Sunday all to benefit St. Robert Parish and School.

## OCTOBER 4

### McKinley Song Circle

McKinley Children's Song Circle with the Shadechasers will perform for free Oct. 4 at 3-4:30 p.m. in the Clunie Clubhouse, 601 Alhambra Blvd. Families welcome. Brand new songbooks for singers available. For more information and directions, call 531-4110. The Shadechasers is a local folk group of 10 members playing Woody Guthrie, Pete Seeger, Malvina Reynolds, Raffi, and other singable family music suitable for children's activities. We sing and dance, and encourage families to sing together whenever they can. Now we have a new songbook with about 60 songs to share with our group.

### Classical concert

Performing at 4 p.m. at All Saints Episcopal Church, 2076 Sutterville Rd., is a new Sacramento ensemble - Trio brio, with Elizabeth Coronata, Flute; James Een, Viola; and Beverly Wesner-Hoehn, Harp. Music of Debussy, Ibert, Bloch, Persichetti. A reception will follow, and childcare is available. Entry is a \$10 suggested donation. Parking is available across the street at City Colleges. Further information [www.allsaintssacramento.org](http://www.allsaintssacramento.org) or 916-455-0643.

## OCTOBER 6

### Recorder music group

The Sacramento Recorder Society meets Oct. 6 from 7-9:15 p.m. at 890 57th St. under the baton of Annette Bauer, Early Music scholar. She will bring beautiful and interesting music to conduct. Please bring your instrument, a pencil and a music stand. Newcomers are welcome. For more information: [www.sacrecorders.org](http://www.sacrecorders.org) or 391-7520.

## OCTOBER 7

### Raising Financially Responsible Kids

Cynthia L. Kinney with New York Life will be presenting a free workshop entitled "Raising Financially Responsible Children." The workshop will be held from 9-11 a.m. at Chinese Grace Church at 6656 Park Riviera Way. To RSVP please contact Janice Joe at 422-7523.

### San Juan Unified College Night

Families should mark their calendars for our once a year district wide College Night held in conjunction with the Northern California College consortium, which will be held on Wednesday, Oct. 7 from 6- 8 p.m. at Rio Americano High School. More than 120 colleges, technical schools, military and advising programs

are represented as students can learn more about their options after high school graduation. Students and their families can also attend FREE seminars on Navigating the College Course, Writing their Personal Statements for their College applications, Community College and Financial Aid. Check back on your school website for more information this fall.

### Understanding dementia

The Meadows Senior Living and A Place For Mom have teamed up to offer the following informational series to the Elk Grove and Sacramento Community: Bringing Light into the Darkness of Dementia Laura Wayman, The Dementia Whisperers, October 7, 6-7 p.m., at The Meadows Senior Living, 9325 East Stockton Blvd, Elk Grove.

## OCTOBER 8

### Computer Club meeting

The Mission Oaks Computer Club will meet on Oct. 8, from 1p.m. to 3 p.m. at the Mission Oaks Community Center, 4701 Gibbons Drive, Carmichael, CA. The club will be celebrating its 21st anniversary with member presentations and a finger-food potluck. First-time visitors are welcome to bring a finger-food item as well. A problem-solving clinic, led by Adam Lacey of Applications, Etc, will follow the meeting. For additional information, call (916) 366-1687 or visit our Web site at [www.missionoakscomputerclub.org](http://www.missionoakscomputerclub.org).

### Swine Flu lecture

The Influenza A H1N1 (Swine Flu) Pandemic will be the topic of discussion at the Shriners Hospital Lecture Series on Thursday, October 8. The one-hour lecture begins at 12 noon at Shriners Hospitals for Children Northern California, 2425 Stockton Boulevard. The community is invited to attend the lecture, which is approved for one hour of continuing medical education credit. Reservations are not required and the lecture is free. For further information about the lecture call (916) 453-2041.

### National Health Federation

The Sacramento Chapter of the National Health Federation meets at the SMUD Auditorium (the old SMUD Building) on 6201 S Street, Sacramento. A free lecture, "Health for the Holographic Cell" presented by Victoria Morse, Ph.D. Call 916-635-6724 for information.

## OCTOBER 9

### Barbershop quartet

A barbershop quartet will perform at the Casa Garden Restaurant, 2760 Sutterville Rd., Friday, Oct. 9. Seatings at 11:15 a.m. or 1:15 p.m. Main entrée is roast pork loin with berry chutney and mixed green salad or Asian chicken salad with dried cranberries. Dessert is an apple pecan cake with caramel sauce. Tickets are \$20 per person and reservations are offered on a first-come-first-served basis. For reservations, call 916-452-2809.

### Organic Gardening

On October 9, 2009, the Organic Gardening Club of Sacramento County will meet at the Carmichael Park Administration Building, Room 1, 5750 Grant Avenue, Carmichael, at 10 a.m. The program "Old City Cemetery: Perennials and Roses" will be presented by Barbara Oliva, Curator of Heritage Roses. Call 916-635-6724 for information.

## DO YOU WANT TO LOOK YOUNGER IN 10 MINUTES?

### SPECIALS!

The Galvanic spa therapy treatment for \$85  
(normally \$135, Featured in Beverly Hills Magazine)

— OR —

Chemical peel or a Microdermabrasion  
treatment with any facial

- 10 years experience • Advanced skincare treatments & products
- Specializing in Brow Artistry • Face & Body Waxing



pure skin care studio • 1719 Professional Drive Sacramento 95825  
916-488-5020 • [www.norafinch.com](http://www.norafinch.com)

Advertise your  
**HOLIDAY CRAFT FAIR**  
or pre-holiday event in  
a special section!

Full Color, 2" box ad  
only \$25/ad/paper

Run one time in each paper for only \$75!  
(Coverage in Land Park, East Sacramento, Arden  
Carmichael & Pocket)

Let us design it for you, no charge! Call Melissa 916-429-9901

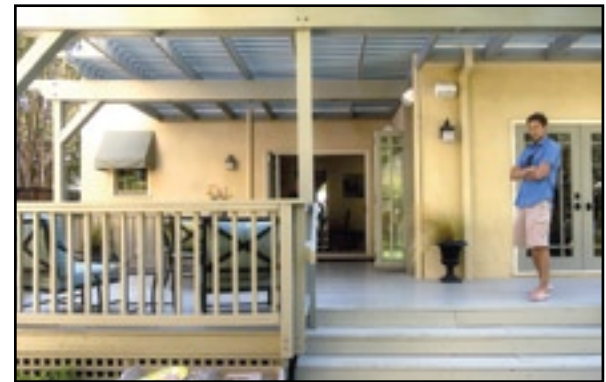


Faces and places

# East Sac Home Remodeling Tour

The East Sacramento Home Remodeling Tour, sponsored by the Friends of East Sacramento, was held on Sunday, September 27 from 10:00 a.m. to 4:00 p.m. Featuring six remodeled homes, the theme for the 2009 tour was "Honoring Tradition, Making it New." While enlarging spaces inside, the homeowners have honored the tradition of the house. Proceeds from the event will go to support neighborhood parks and beautification projects in East Sacramento. For more information on the Friends of East Sacramento, call 452-8011 or e-mail east-sac@life@aol.com.

Photos by East Sacramento News photographer Kati Garner.



## Award Winning Facility - RAISES THE BAR

Rosewood Rehabilitation not only provides Award-Winning Skilled Nursing and Physical Therapy Services. As mentioned in July's Sacramento Business Journal, we are the only Skilled Nursing Facility specially equipped and trained in Northern California to rehabilitate patients with artificial heart pumps. Our 4-Star Medicare Rated Facility staffs 16 full-time Physical, Occupational and Speech Therapists to return you or your loved one to your highest level of function after an injury or accident. We look forward to serving the Sacramento Community.

**6041 Fair Oaks Blvd • Carmichael, CA 95608**



**Rosewood Rehabilitation**  
Providing Courteous 24-Hour Skilled Nursing  
Care & Sophisticated Rehabilitative Services



**916.483.8103**





Join us for our

# **Specialized Senior Day Club Open House Luncheon**

---

## **Sunday October 4, 2009 12-2 PM**

With special speakers presenting on topics of socialization & stimulation as well as interactive Activity demonstrations, tours of our beautiful community, and free raffle prizes including a free week of Day Club Services!

---

**Please Call to RSVP - (916) 392-3510**

7707 Rush River Drive, Sacramento, Ca, 95831

[www.primrosealz.com](http://www.primrosealz.com)

LIC # 347001338; 347001342



Ooo...That's gonna leave a mark.



Call Chem-Dry for a deep clean on carpets and upholstery, safe non-toxic solutions and our patented Pet Urine Removal Treatment (P.U.R.T) that deals with even the toughest odors. Quick service, deep clean and fast drying times... only at Chem-Dry.



Sacramento



*Drier. Cleaner. Healthier.®*

**Chem Dry Advantages:**

- Dries in 2-3 hours
- Removes Stubborn Stains
- Leaves No Dirt-Attracting Residue
- Safe & Non-Toxic
- P.U.R.T (Pet Urine Removal Treatment)

**(916) 971-9080**



*Superior Carpet  
& Upholstery Cleaning*

*All work done on premises.  
Independently Owned & Operated by Carl McNeelan & Family  
Serving The Sacramento Area Since 1998*

**15% Off**  
*All Cleaning Services*

Must present coupon at time of service.  
Not valid with other coupons or offers. One coupon per customer.  
Minimum charges apply. Expires 11/01/09

**20% Off**  
*All Cleaning Services with  
Purchase of Protectant*

Must present coupon at time of service.  
Not valid with other coupons or offers. One coupon per customer.  
Minimum charges apply. Expires 11/01/09

**\$85.00**  
*Carpet Cleaning*

*Minimum. Up to 300 sq ft including pre-spray*

Must present coupon at time of service.  
Not valid with other coupons or offers. One coupon per customer.  
Minimum charges apply. Expires 11/01/09

**\$10.00**  
*1 can of Spot Remover*

*or 2 cans for only \$15*

Must present coupon at time of service.  
Not valid with other coupons or offers. One coupon per customer.  
Minimum charges apply. Expires 11/01/09





# Windermere

## Dunnigan Realtors



**PENDING!**

### FABULOUS HOME, FABULOUS STREET!

Beautifully restored 1930's Colonial. Remodeled kitchen w/top of the line appliances (warming oven, 6 burner stove, wine refrigerator, food steamer, sub-zero.) Relax in the beautiful family/theater room prewired for audio and HD or in the backyard pool! Loaded w/storage - outside shed, basement & full upstairs attic! See [www.1026-43rdStreet.com](http://www.1026-43rdStreet.com) \$925,000

**DAVID KIRRENE 531-7495**



### A MUST SEE

Impeccably maintained home built in 1946 original owner property. Original tiled bath sparkles. Hardwood floors under carpet have been covered for over 50 years. Quality roof is only several years old. Newer dual pane windows and central heat/air. This could be the cleanest home around. Pictures don't reflect how this home shines. Come see it in person! See [www.1519ChristopherWay.CanBYours.com](http://www.1519ChristopherWay.CanBYours.com) \$359,000

**CHRIS BRIGGS 834-6489**



### OPPORTUNITY KNOCKS

This 2 bedroom, 1 bath home is located one block away from East Portal Park. Remodeled kitchen, dual pane windows, inside laundry and detached one car garage. Excellent opportunity for a first time home buyer or investor. See [www.5278LStreet.com](http://www.5278LStreet.com) \$335,000

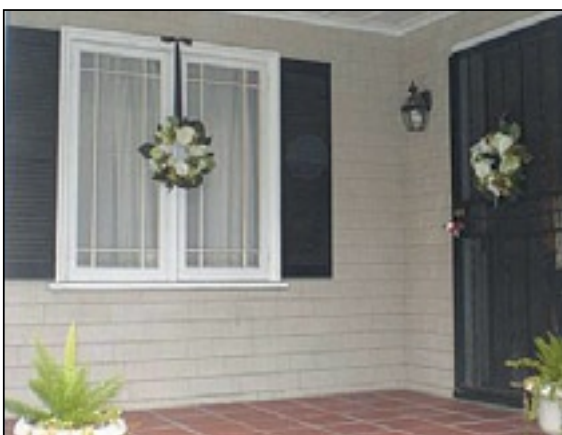
**KARA LABELLA PARKER 716-3313**  
**LIBBY LABELLA NEIL 539-5881**



### COMPLETELY REDONE

Don't let the outside fool you. 4 bedrooms and 3 baths with over 2400sq.ft., including a full basement under garage that would make a great wine cellar or use your imagination to create your own perfect use. Plenty of storage. Large master bedroom & bath with private patio. Designer colors TOO! See [www.windermereDunnigan.com](http://www.windermereDunnigan.com) \$719,000

**LISA HAVARD 698-3323**



### CHARMING COTTAGE

3 bed, 2 bath w/master suite - French doors fill this home w/light. Spacious living room - formal dining room features original leaded glass hutch - remodeled kitchen w/granite counters - French doors open to a lovely patio. See [www.4127HSt.View24Hours.com](http://www.4127HSt.View24Hours.com) \$435,000

**CAROLE GOODIN 718-0875**



### CLASSIC FRENCH NORMANDY ESTATE

Loaded with charm! Breath-taking from the moment you walk into the formal entry w/stunning staircase & beautifully refinished random plank hardwood floors. Large living room w/inviting fireplace & beamed ceiling. Outdoor fireplace & patio. See [www.1432-45thStreet.com](http://www.1432-45thStreet.com) \$1,199,900

**DAVID KIRRENE 531-7495**

### MINT CONDITION

Rare four bedroom two bath home in **PENDING** condition. Remodeled approx 7 years ago includes a beautiful kitchen with granite counters, dual paned windows, new flooring recessed lights, newer roof, two car garage, spacious bedrooms all on a nice tree shaded street. See [www.1849-41stSt.com](http://www.1849-41stSt.com) \$339,000

**DAVID KIRRENE 531-7495**

### DESIRABLE COLLEGE GREENS

3 Bd, 2 Bath w/ open floor plan. Remodeled - feels like a new home - all new roof, paint inside & out, baseboards, carpet & tile. Kitchen features new granite, stainless appliances, sink & garbage disposal. Both baths remodeled. Large Master Ste w/deck overlooks yard w/pool. See [www.8159CaribbeanWay.com](http://www.8159CaribbeanWay.com) \$309,000

**LINDA WOOD 802-8042**

### YOU WON'T BE DISAPPOINTED

Charming College Greens home with a great room concept and separate living room. 3 bedrooms, including a large master suite. New A/C, dual pane windows thru-out, replaced plumbing w/copper to the street. Great low maintenance backyard that inc. orange, lemon and pomegranate trees. Move in ready. See [www.8379MediterraneanWay.com](http://www.8379MediterraneanWay.com) \$310,000

**SUE BALDO 541-3706**

### REMODELED LAND PARK HOME

Large living room, separate office, spacious bedrooms, formal dining room w/plantation shutters & refinished hardwood floors. Manicured backyard w/covered patio. Remodeled kitchen/bath, new roof/gutters, new heat/air, dual pane windows, freshly painted interior/exterior, 2 car garage, inside laundry room. See [www.718-3rdAve.com](http://www.718-3rdAve.com) \$395,000

**KARA LABELLA PARKER 716-3313**



# Windermere

## Dunnigan Realtors

2401 American River Drive,  
Suite 150  
**484-2030**

Visit Our Web Site: [www.windermereDunnigan.com](http://www.windermereDunnigan.com)