

Mayor Kevin Johnson gives update on plans for Sacramento

Johnson tells Renaissance Society he is working to build 'bigger and better' city

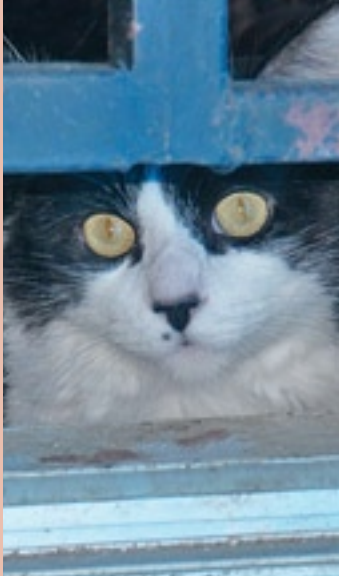
See page 2

Marty Relles presents
'Janey Way Memories'

See page 5

COMMUNITY CALENDAR, PAGES 24-25 • KNOW YOUR NEIGHBOR, PAGE 10 • FACES AND PLACES, PAGE 3

Inside This Edition



Sacramento residents are cats' best friends

See page 10



Special Section:
Real Estate Quarterly

See pages 16-19



Listen to the Music

Sacramentans celebrate Woodstock's 40th anniversary

See page 6

Specializing in Sacramento's Finest Established Neighborhoods



DRE# 01447558

DRE# 01447558



454-0323

www.eastsacramento.com



Stunning Elmhurst!

3 bed, 2 bath home w/ updated kitchen w/ granite counters & stainless appliances, built-in wine fridge, maple cabinets & tile floors. Master suite w/ walk-in closet, remodeled bath w/ Jacuzzi tub & walk in shower. Living room w/ brick fireplace, hardwood floors! Enclosed front courtyard.

\$449,950

E-mail stories & photos to: vcnnews@valcomnews.com

Vol. XVIII • No. 21

East Sacramento News is published on the first and third Thursday of the month and delivered by mail and home delivery in the area bounded by Business 80 on the west, the American River on the north and east and Highway 50 on the south.

2709 Riverside Blvd.
Sacramento,
CA 95818
t: (916) 429-9901
f: (916) 429-9906

Publisher..... George Macko
General Manager..... Kathleen Egan
Editor..... Ryan Rose
Production Manager..... John Ochoa
Graphic Artist..... Ryan Vuong
Sales Manager..... Patty Colmer
Advertising Executives..... Linda Pohl
Marc Harris Desilés, Melissa Andrews
Distribution/Subscriptions..... George Macko

\$30 a year subscription

Mayor gives city update at Sac State

By **ART GERMAN**
East Sacramento News Writer
vcnnews@valcomnews.com

An ebullient Mayor Kevin Johnson told a capacity audience of more than 300 at Sacramento State University at the end of last month that he's working full tilt to build "a bigger and better" Sacramento and that his current proposal for a strong mayor government organization is at the heart of his plans for the city's future.

Johnson was the October 23 speaker at the weekly forum sponsored by the Renaissance Society, a learning-in-retirement program based at the university.

Harriette Work, last year's Renaissance Society president, introduced Johnson. She noted that the mayor – who first achieved prominence as an NBA basketball star – had grown up in Sacramento and has devoted his years in the capital city to public service.

In his talk, Johnson listed major issues that he said are currently facing Sacramento, including where to relocate the Kings' current Arco Arena basketball home; restoring the K Street mall as a vibrant downtown hub; increasing the powers of the mayor; how to handle the city's recent approval of more than 30 home building sites in Natomas; and how to provide shelter for Sacramento's homeless.

Johnson said he's been inspired over the years by a number of prominent role models with whom he's come in contact. Among them have been John Wooden, the legendary long-time UCLA basketball coach, who recently turned 99 years of age; the late Sen. Ted Kennedy; and Supreme Court Justice Clarence Thomas. Johnson noted that he's a Democrat, but found Thomas' support of charter schools to be inspiring, though Thomas is a Republican and a conservative. Before he was elected Sacramento's mayor last year, Johnson founded St. Hope Academy,

which has taken over the old Sacramento High public school and has improved student performance as a non-profit charter school.

Among current issues now facing the city, Johnson gave first place to his current proposal, due to go before voters next year, to replace the current council-city manager style of municipal management with a strong mayor system. This would permit Johnson, as mayor, to make many of the day-to-day decisions that are now made by the city manager.

"We currently have a population of 470,000," he said. "In the U.S., cities of that size mostly have a strong mayor system. It enables the mayor to make important decisions quickly, and at the same time be accountable for them."

The long-pending issue of where to build a new Sacramento Kings basketball arena also has profound implications, Johnson said. The site should be within the city, he added, "and I do not believe it should be at Cal Expo." He said that within the next three months he will present a plan to keep the Kings in Sacramento.

"We do not want to lose them," he said.

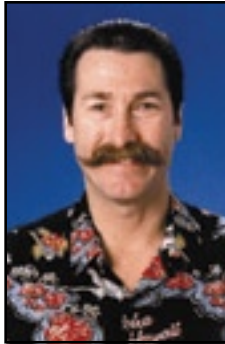
Johnson said that plans are being finalized to provide shelter for 150 homeless persons and to deal with the city's recent granting of building permits for more than 30 Natomas homes on sites that lack adequate flood protection.

In the Natomas case, the mayor said an audit is needed to see if something illegal occurred. "We can't penalize the residents for mistakes the city makes," he said.

At the meeting's close, dozens of Renaissance members flocked around the mayor, mostly to shake his hand and wish him well. Among those there was Mel Bisgay of East Sacramento, a retired aeronautics executive who has been active during recent years as a legislative advocate for the Veterans of Foreign Wars. Bisgay said that Johnson gave a "great" presentation.



COTTAGE LIVING IN MCKINLEY PARK
This fabulous Turn Key home, is designer fresh, with a kitchen not to be missed. Offered at.....\$369,000



KURT CAMPBELL
PROFESSIONAL REAL ESTATE CONSULTANT
956-5878

LYON
REAL ESTATE
www.GoLyon.com

Meet **KIM KATSUMATA** Professional Massage Therapist

Relax in the comfort & privacy of your own home!

Specializing in:

- Neck & Shoulder Release
- Deep Tissue • Swedish
- Bridal Showers
- Trigger Point Therapy
- On-Site Business Chair Massage

\$55/hour • \$65/90 Minutes

**10% DISCOUNT
FOR NEW CLIENTS**

(916) 607-4260



HeavenLy's Yogurt

- Self-serve yogurt
- Over 40 different flavors (10 flavors display at one time!)
- Over 70 different types of toppings!
- We host birthday parties or gatherings (up to 12 people)
- FREE tasting daily!!!
- Kids get first 4 oz. FREE every Friday from 4-8pm

FREE YOGURT

Get a FREE 8 oz. yogurt when you purchase 8 oz. or more of yogurt.

Limit ONE free 8 oz. yogurt per coupon.

One coupon per person per visit with coupon. Not valid with other offers. Exp. 12/31/09

7600 Greenhaven Dr., #21
(916) 422-8120
(between Vientos & 24 Hour Fitness)

5535 H Street, #10
(916) 455-6000
(Corner of H & 56th St.)

Open Daily
Store Hours: 11am-10:30pm
www.HeavenLysYogurt.com

WELLS FARGO ADVISORS

Higher federal and California state taxes got you down?

Interested in learning more about how to reduce your portfolio's tax burden? Call or e-mail me for a no-obligation report on strategies to reduce the taxes you owe on your investments.



Joseph F. Eschleman, CIMA®
Managing Director - Investment Officer
980 9th St. • US Bank Plaza • Suite 2500 • Sacramento, CA 95814
916-491-6327 • 800-877-7783
joseph.f.eschleman@wfadvisors.com
CA Insurance License #0C77285

Wells Fargo Advisors is not a legal or tax advisor. However, we will be glad to work with you, your accountant, tax advisor or lawyer to help you meet your financial goals.

Investment and Insurance Products: ► NOT FDIC Insured ► NO Bank Guarantee ► MAY Lose Value

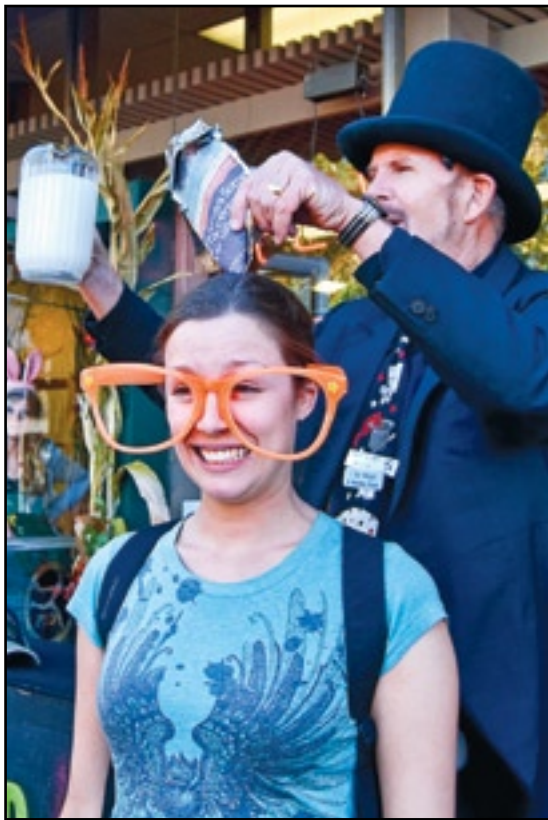
Wells Fargo Advisors, LLC, Member SIPC, is a registered broker-dealer and a separate non-bank affiliate of Wells Fargo & Company.
©2009 Wells Fargo Advisors, LLC. 0909-1318 [80631-1] 09/09



Faces and places

Ghosts and flowers at Relles Florist

On Saturday, October 31, the Midtown Business Association held their Children's Halloween Trick or Treat activities from 11 a.m. to 3 p.m. Participating midtown businesses handed out candy to local children. There were also children's activities like face painting and magic shows at the Relles Florist parking lot, 2400 J St., and the Loft's Courtyard, 1801 L St. For more details on the Midtown Business Association, visit www.mbasac.com.



Are you paying too much for Home or Auto insurance?



Grace Yong Park
Insurance Agent

Saving money is just one phone call away...

Call NOW for free Insurance Quote
(916) 761-3235

Auto, Home, Life, Workers Compensation,
Business, Commercial, Renters, Health.



Lic: 0G48984

WINTER CAMP

November 23-27, Friday or All Week



INTERNATIONAL
GYMNASTICS
CENTRE, USA
The Art of Gymnastics

Fun Filled Day
7am - 5:30pm

Week \$160, T-shirt included
7am - 5:30pm

Friday \$45, T-Shirt included
7am - 5:30pm

Gymnastics, Crafts, Music, Fun.
2 Snacks and Hot Lunch.



916-372-4496 • 1260 Triangle Court
www.igcentre.com • gymnastics333@yahoo.com



ARDEN • PLAZA • SHOE and REPAIR

See our NEW Fall/Winter Styles - Now In Stock

Tired feet? Heel pain? Plantar Fasciitis?
Don't live with pain!

"Patent Magenta"



"Wool Felt"



"Grace"



"Tara"



"Drew", Duck
Head, P.G. Lite,
Soft Walk, Fly Flot,
Orthaheel,
Stonefly, La Plume,
Springstep,
Kumfs



"Ladies Scuff"



"Loafer Moc"

10% OFF

any services or purchase
with this ad, not valid with any other offers

4369 Arden Way (at Eastern Avenue)
In the Whole Foods Shopping Center

489-0454



Great
Holiday Gifts
Comfort/Style

The Merchants National Bank



of Sacramento

- Relationship Banking Since 1921 -

**Rock Solid YESTERDAY, Rock Solid TODAY
& Rock Solid TOMORROW**

Are you seeking a safe haven for your money in these tumultuous financial times? Then it's important to have a bank with a solid financial foundation. That's where Merchants National Bank comes in. Merchants National Bank has served Sacramento since 1921 and continues to uphold the standards of service, stability and values that have made it one of the safest banks in the nation. Merchants National Bank was rock solid yesterday and continues to be today. Member FDIC, Equal Housing Lender.

Call or Visit us today FOR ALL YOUR BANKING NEEDS

1015 7th Street • Sacramento, CA 95814

916.442.3883

www.merchantsnational.com

Bauer Financial
5 Star Rating



Member
FDIC
1090-C



Loans subject to
credit approval.



Veribanc Inc. Blue Ribbon Bank

SACRAMENTO SAFE, SECURE and STABLE

Safety first at special emergency services event

By CELIA GREEN
East Sacramento News Writer
vcnnews@valcomnews.com

Driving on Freeport Boulevard Oct. 11, an observer may have thought a major disaster had occurred, judging by the number of uniformed police and firefighters seen. But, in fact, it was Sacramento's Safety Fair, a free event open to the public.

"I thought it was a good turnout," said Michelle Basurto of the Sacramento Fire Department, the event's organizer. "We had great weather and a couple hundred visitors. This Safety Fair was open to the whole city. We haven't done a fair like this in 3 or 4 years."

This year's Safety Fair included members of the Sacramento Police Department, including SWAT Team and K9 units, the Sacramento Fire Department, Office of Emergency Services, and DART (Drowning Accident Rescue Team) and Community Service Officers there to fingerprint children.

"We're here to promote child safety," said Sacramento CSO Holly Kinney, "We're fingerprinting and photographing children, and the parents get a copy of this (the document.) The fingerprints are not kept on file anywhere."

Sacramento Police Department started this program three years ago, and police officers often go to schools, health fairs and churches when asked.

"I'm being fingerprinted so if I ever get lost this will help me get found," said Alex Chenkovich, a sixth grader at Sutterville Elementary School. "We'll keep this on the fridge," said his dad Paul.

In addition to the outdoor booths, 30-minute seminars were held indoors.

Topics included fire safety (in English, Spanish and Hmong) and disaster preparedness. Children were taught to dial 9-1-1, and bike safety was covered.

But outside was the place to be, as the dogs were the stars of the day.

Sparky the Fire Dog circulated throughout the crowd, reminding children to "Stop, drop, and roll" in the event of a fire.



East Sacramento News Photo/Celia Green
Sparky the Fire Dog meets and greets with crowds at the Oct. 11 Safety Fair.

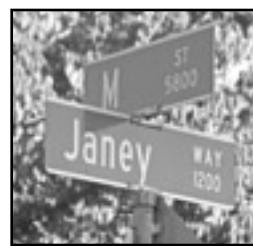
And K9 officers Sonic and Hutch showed off their skills in apprehending "bad guys." When the dogs were off-duty, Officers Aaron Thompson and Keith Hoversten, the K9 handlers, encouraged on-lookers to pet the dogs and see how gentle they can be.

"It's cool to see how well the dogs follow their trainers," said Alex Chenkovich.

That sentiment was echoed by Sgt. Norm Leong of SPD.

"This is an event to get to know us in a non-emergency situation," he said. "We're giving safety and crime prevention tips, and it lets kids have fun."

Janey Way Memories



Mike Gilson: A True Janey Way Hero



By MARTY RELLES
East Sacramento News Columnist
vcnnews@valcomnews.com

Because so many children lived on Janey Way, other kids often came there to play. Mike Gilson was one of those kids. He was one of those larger than life people you meet. He stood a strapping six feet tall at 12 years of age. Mike came often to Janey Way to play football, basketball, ping-pong at the Relles house or to just hang out. He had an outgoing personality and liked to tell jokes and tall stories.

In school, Mike achieved average grades. He and I shared the same teacher at St. Mary's School, Mother Carmela, the Sister Superior of the Catholic grammar school. She was a tough, but excellent teacher. Mike and her had a challenging relationship. She expected quiet and discipline in her class; Mike liked to talk. One day, Mike was talking and she walked down the row to his desk and told him, "Mr. Gilson, you are a tall boy, but if I have to, I will climb up on a desk to smack you." That seemed to quiet Mike down for a while.

When we graduated from St. Mary's, Mike and I transferred to Christian Brothers High School. We were in different homeroom classes there, so I saw him a lot less. After two years at Christian Brothers, we both transferred to Sacramento High School in the 11th grade. We played junior varsity football together at Sac that year. Our team had six wins and two losses. We had a great time. Mike had matured by then and did better in school.

In senior year, Mike began to talk about joining the military after graduation. His older brother had done that and stayed in as a career soldier. I didn't know whether to take Mike seriously about that. Like many young people, he sometimes changed his mind at the drop of a hat. Also, the Viet Nam War began to heat up about that time, and the whole idea sounded a little dangerous to me.

After graduation, Mike, true to his word, went down to the military recruiting office and joined the U. S. Marines. He went off to training in late 1964, and then returned in the summer of 1965 on leave. We had fun when he came home that summer. We went down to the American River to swim, drink beer and chase girls. We sat out on our front lawn on Janey Way, smoking and joking and just having a wonderful time. When his leave ended, Mike returned to his Marine base where he received orders for Viet Nam. I never saw Mike again after that summer.

Mike had served in Viet Nam eleven months and was nearing the end of his tour. His platoon left camp on a routine mission. He walked the point that day at the head of the group. A rifle shot rang out and Mike went down. After a brief fire fight, his squad members ran to his aid. Too late. Mike had been killed instantly. He was only 20 years old. He did his job. He served his country. He died in battle.

We all attended his funeral. He was the first of our gang to die. He received full military honors. I remember the Marine captain handing the flag to his grief-stricken mother.

In 2002, I visited our nation's capitol with my wife. She went on behalf of her company to attend a meeting. I had retired by then and went as a tourist. I saw all the sights, including the Viet Nam War Memorial. It was a somber moment. I found Mike's name on the wall and scratched upon it with paper to make an impression. I have since lost that paper, but I will never lose my memories of Mike.

With Veterans Day coming soon, I am reminded of how much Mike Gilson gave to our country. Like many young men, he died so others could live. He is a true Janey Way hero.

Elementary. Secondary - Mathematics - English - Science - Business - Social Science + more!!!



Wanted:

Motivated individuals with a baccalaureate degree to become skilled, California credentialed elementary or secondary teachers.

In just one year, earn your California Teaching Credential. New classes start in June.

Start a Rewarding Career
TEACH!

Teacher Education Institute

A Fully Accredited Teacher Credential Program With San Francisco State University

For Information Contact:
Teacher Education Institute

(916) 525-1765

www.egusd.net/tei



Elementary. Secondary - Mathematics - English - Science - Business - Social Science + more!!!

Sacramentans, others celebrate Woodstock's 40th anniversary at West Fest

By LANCE ARMSTRONG
East Sacramento News Writer
vcnnews@valcomnews.com

It has been 40 years since the legendary Woodstock festival drew about 400,000 people to a 600-acre farm in Bethel, N.Y. and despite this passage of time, a West Coast anniversary event held Oct. 25 proved that the music and energy of the event has far from faded.

With thousands of people, including many who traveled from Sacramento, flocking to Speedway Meadow in San Francisco's Golden Gate Park, the spirit of this celebrated Aug. 15-18, 1969 festival and its era was very much alive.

Certainly helping to add much intrigue and distinction to this free admission, Oct. 25 event were performances by original Woodstock musicians such as Barry "The Fish" Melton of Country Joe and the Fish and members of the Jefferson Airplane, as well as other notable musicians of the era, including John York of The Byrds, Lester Chambers of the Chambers Brothers, David and Linda La Flamme and Mitchell Holman of It's a Beautiful Day, Lydia Pense of Cold Blood and Terry Haggerty of the Sons of Champlin.

Also taking the stage was original Woodstock co-producer Artie Kornfeld, Ray Manzarek of The Doors, the original cast of the rock musi-

cal, "Hair," beat poet Michael McClure and David Hilliard of the Black Panther Party.

Also adding to the many attractions, guitarist Leon Hendrix, the brother of the late Woodstock great Jimi Hendrix, was also present to assist in leading an attempt to break the Guinness world record for largest guitar ensemble. Unfortunately for the participating guitarists, who played Jimi's song, "Purple Haze," the effort fell short.

Another original Woodstock performer, guitar virtuoso Harvey "The Snake" Mandel, who performed at the 1969 event with the band, Canned Heat, drew much applause for his performance at West Fest.

The Sacramento connection

Alongside Mandel, playing his trusty harmonica, was a musician who many Sacramento music scene followers know quite well: Mick Martin.

Martin, who is best known locally for his band Mick Martin and the Blues Rockers and his Capital Public Radio program, "Mick Martin's Blues Party," said that he has been fortunate to play music with Mandel in recent years.

Martin, an Antelope resident who spent many years living in East Sacramento, said that during a session, Mandel, who has also performed with Charlie Musselwhite, the Rolling Stones and John Mayall,



East Sacramento Photo/Lance Armstrong
A sea of spectators, some of which traveled from the Sacramento area, attends the 40th anniversary of Woodstock event at Golden Gate Park.

turned to him and said, "We're playing Woodstock (in Golden Gate Park)."

"Harvey is a man of few words," Martin said. "(Responding to Mandel), I said, 'Great, that sounds good to me. I'll be glad to do that.'"

Martin, who described playing on the West Fest stage as being a part of living history, said that playing the Woodstock anniversary show was a very big opportunity for him.

"I would say that Woodstock in a rock sense ranks right up there with having played jazz at Carnegie Hall with (blues guitarist) Jimmie Smith and (jazz saxophonist) Grover Washington, Jr. and my tours of Europe playing with members of The Yardbirds, The Kinks and The Rolling Stones, as part of a special Christmas show at the Eel Pie Club (in London)," Martin said.

Being a part of a Woodstock anniversary, Martin explained, was in a way a fulfillment of one of his childhood dreams.

"Even though I wasn't able to go to Woodstock - I wasn't even at (the famous 1967) Monterey Pop (Festival) - I wanted to go, but I was just shy of being old enough of my parents letting me go," Martin said.

But being a part of this Woodstock celebration was

something that Martin refused to miss, especially because of his admiration for Mandel's music.

"Harvey Mandel was one of the pioneers in the music business," Martin said. "He came out from Chicago with Charlie Musselwhite. But once he went out on his own, he was the first artist to use percussion - conga drums - and that's where Santana got the idea. So, Harvey has been an innovator in the music business for a very long time. He invented the finger tapping method of guitar playing that a lot of people credit to Joe Satriani. Harvey is one of the true innovators when it comes to guitar playing and anyone who really knows guitar knows that he was one of the most important artists in the Bay Area."

Martin, who has been performing professionally in Sacramento since the late 1960s, added that playing before the largest audience he has ever performed in front of was also a very memorable experience.

"There were just so many people out there, but I made myself look up at the crowd," Martin said. "It was an incredible experience (performing at West Fest). I think it's the most beautiful thing I've ever experienced in my life. This event is 40 years in the making and we

have multiple generations here who understand how to be together, enjoy being together and enjoy the music and try to make a better world."

And with the success of his long career in Sacramento, Martin said that he was not short on local fans who traveled to see him at the event.

"A lot of people came here to see me," Martin. "Even the hippie girls who used to follow my band Joshua in 1969 were right down in front."

Sacto to SF to Woodstock

In addition to Martin, the capital city was also represented on stage by Sacramento native trumpeter Cynthia Robinson of Sly and the Family Stone, who performed a 15-minute set with saxophonist Jerry Martini, who was also a member of Sly Stone's renowned band.

Also attending the event was Bill Just, who until about two years ago was a longtime resident of East Sacramento.

Although he admits that he almost exclusively listens to reggae, Just said that he saw his fair share of rock shows during the 1960s in both Sacramento and San Francisco.

"This kind of music is fun to be around, so that's what I'm kind of here for, but I'm

See West Fest, page 7

FREE AIRFARE
2 for 1 Cruise Fares

FREE Unlimited Shore Excursions
Up to \$1000 OFF per person

REGENT CRUISE LINE

All inclusive cruise line, 700 passengers or less
Join us November 18, Wednesday, 6pm at:



1300 Ethan Way #100
Sacramento, CA 95825

R.S.V.P. by 11/16
916-922-5500

West Fest: 'This event means peace, love, compassion and understanding'

Continued from page 6

a reggae man, a reggae specialist," Just said. "I definitely went to a lot of shows down here (in San Francisco), including ones at the Fillmore (Auditorium) and I went to an acid test (concert) at Muir Beach with Creedence Clearwater Revival before they were really big. And in Sacramento, I went to a memorable show (with Pink Floyd) at the Sound Factory (at 1217 Alhambra Boulevard)."

Explaining the reasoning behind holding a Woodstock anniversary event on the West Coast, Alan Moore of Musicians and Fine Artists for World Peace said that the gathering represented a full circle of events.

"When (MFAWP) went to (West Fest promoter) Boots Hughston and asked him to put on a Woodstock anniversary show, he said, 'Woodstock? That's an East Coast thing,'" Moore said. "We reminded him that Allen Cohen and Michael Bowen – who were both friends of his – were involved with the first (Human) Be-In (free concert on Jan. 14, 1967) and the Summer of Love. So, what happened in San Francisco culminated with the Woodstock gathering in 1969. If it wasn't for what happened out here, who knows if there would have been a Woodstock. In that context, the 40th anniversary was at home here."

Mark Richardson, who lives in the Pocket area of Sacramento and was attending West Fest, said that he was



East Sacramento Photo/Lance Armstrong
Pocket area resident Mark Richardson was among those who traveled from the Sacramento area for the event.



East Sacramento Photo/Lance Armstrong
Mick Martin (far left) stands alongside his bandmates following his Oct. 25 performance at Golden Gate Park.

one of the many attendees of the Human Be-In.

Pointing at a nearby sports field with birds on it, Richardson said, "That's where it was held. I was a cross country runner and I knew the park well. I just happened to come across the event. I had no clue what was going on. I just remember the big group of people. I think the (Grateful) Dead played there, plus they had some poets and speakers."

Richardson, who said that he has been "tapped into the rock music scene" for many years, added that he was also a part of the Rock Medicine program, which was found-

ed in 1973 to provide medical assistance at rock concerts.

Hughston, who put forth much effort to provide the public with a free, positive and enjoyable experience at West Fest, explained the overall philosophy of the event.

"Nobody got paid to do this (event)," Hughston said. "This event means peace, love, compassion and understanding. We're here because we want these principals to come back in our society."

Moore said that with the success of this year's West Fest, he anticipates that a similar Woodstock anniversary will be held on the West Coast in the future.



East Sacramento Photo/Lance Armstrong
Mick Martin, a veteran of the Sacramento music scene who spent many years living in East Sacramento, performs at the West Fest Woodstock anniversary event in San Francisco October 25.



CAR TECH AUTO

(916) 737-8841

5613 Elvas Avenue, Sacramento

- Complete Repair on American, Japanese & European Vehicles
- Friendly, Courteous & Honest Service
- Serving East Sacramento since 1989
- Free Pick Up & Delivery

**10% Senior Discount
On Labor**



What's the deal with the cow?

Popular Sacramento restaurant continuing tradition of 'cow-topped' landmark

By LANCE ARMSTRONG
East Sacramento News Writer
vcnnews@valcomnews.com

Sitting down in his office at the popular Land Park restaurant, the Riverside Clubhouse, last week, the business's General Manager Tim Ramirez chuckled when asked about the large, life-size cow replica that sits atop the restaurant.

"I get all sorts of comments about the cow," said Ramirez, who joined the restaurant's team three years ago. "People come in here for the first time and say, 'What's the purpose of the cow on top of the building?' But then there are the people who know (the history of) the cow and ask me, 'Is that the cow that was on The Hereford House (restaurant)?' I say, yes, it sure is."

With the continuous inquiries about the cow, Ramirez said that his staff is specifically trained to tell the history of why the Riverside Clubhouse at 2633 Riverside Blvd. has a cow on its rooftop.

Ramirez added that during the early 2000s remodeling project of the old restaurant building, which was home to The Hereford House from 1963 until about 2001, Riverside Clubhouse owners and longtime Land Park residents Fred and Matt Haines opted to keep the cow replica in the name of history.

"Fred and Matt could have made the Riverside Clubhouse without the cow, but (the cow) was a part of Land Park," Ramirez said. "Having that Hereford cow (on the building's roof) for that many years, people recognized the cow as (a marker) for the restaurant to come to back in the day."

The restaurant on Riverside

During its many years of operation, The Hereford House was a popular, upper scale dining and cocktail lounge destination that was well known for its steaks and seafood.

Ramirez, a 27-year resident of Land Park, said that during his youth, while growing up in the south part of Sacramento, he ate at the Hereford House when it was still a fairly new restaurant.

"I remember as a kid walking into the place with my parents," Ramirez said. "We were poor, so I wondered why my dad (Jess Ramirez, who worked at the Southern Pacific rail yard) would take us to the Hereford House. The place looked pretty nice back then and it was exciting, because we didn't go out to restaurants very much. To get to go there and eat steak as a kid was quite the experience."

Originally owned by James J. Brown, Robert F. O'Brien and Rugby H. Ballard, The Hereford House was owned



East Sacramento News Photo/Lance Armstrong
(above) The Riverside Clubhouse at 2633 Riverside Blvd. is one of seven restaurants owned by Land Park residents and brothers Fred and Matt Haines. Among the other restaurants are East Sacramento's 33rd Street Bistro and Midtown Sacramento's Suzie Burger.



East Sacramento News Photo/Lance Armstrong

(left) This life-size cow replica is a longtime member of the Land Park community.

by Alfred Alvernaz during about its last 30 years.

The Hereford House, however, was not the first restaurant to be located at this location, as the White House restaurant operated as a popular eatery at this site from the late 1930s to the early 1960s.

For about five years, beginning in about 1933, the address was occupied by a liquor vendor, named Edward B. Pierini.

But fast-forwarding about 75 years, this historic site is experiencing its latest success, as the Riverside Clubhouse is continuously gaining popularity.

Ramirez said that it is very gratifying to witness the reaction of many of the restaurant's first-time guests.

"When people walk in here for the first time, they

say, 'It just didn't look like a restaurant' (from the exterior)," Ramirez said. "But when they walk in, that's when you watch their faces. Wow, the three-tier fireplace, the 30-foot-long wall of water, the Sun Room, what a cool looking place. It's gorgeous. And then, yet, you think you're going to spend top dollar to eat here and then you look at the menu and we do have a special for \$25, but other than that, everything else is under \$20. And we have a lot of dishes that are \$10. People just have to see the place and come and eat here and they'll see how fresh and affordable we are."

Platter matters

The restaurant's menu, which also includes weekend breakfasts, features

such entrees as lobster ravioli with seared prawns, roasted salmon with red risotto, paella, grilled skirt steak, slow-roasted baby back ribs, crispy calamari, carnitas tacos and a variety of sandwiches, soups and salads.

Ramirez said that customers should not think that they have to order a full meal when dining at the restaurant, noting, "You don't have to spend much money in here. You can come in for a burger and a nice glass of wine."

Unlike many restaurants, the Riverside Clubhouse, Ramirez said, offers an alternative menu.

"We have our standard menu and then we have our (other menu), so people don't feel like they don't want to go by the Riverside, because it always has the same (food)," Ramirez said. "So, we decided to bring in what we call the Fresh Sheet and it's been working real well. People love it, because they have their regular favorites on the standard menu and then they

See Riverside Clubhouse, page 9

These Luxurious Felines Have High Hopes For The Future!

They now need a home because their owner was unable to provide for them.

Come meet the fabulous Belinda black cats.

These cats are purrfection: altered, tested, vaccinated and microchipped.



ADOPTION EVENT

Sundays, Nov. 8 & Nov. 15
11am - 2pm

WAG HOTEL
1759 Enterprise Blvd.,
West Sacramento

For more information, call
316-2729



East Sacramento News Photo/Lance Armstrong

Riverside Clubhouse General Manager Tim Ramirez invites the public to visit the restaurant, have a meal and "see how fresh and affordable we are."

Riverside Clubhouse: Holy cow, friendly place

Continued from page 8

can choose from offerings on the other menu. I tell people, don't get used to it, because the (Fresh Sheet) menu will change the next week. Every Tuesday, I have a meeting with Matt to discuss the new menu and what people like. The whole idea is to keep things fresh here and keep changing things up."

The restaurant, which includes a full bar, also features a variety of specials, including its Monday through Thursday Happy Hour with appetizers and drink specials, from 4 to 7 p.m., and its Wednesday Bike Night, in which patrons are invited to ride their bicycles to the restaurant for \$1 tacos and \$2 beers, from 5 to 8 p.m.

Additionally, football fans are invited to watch Monday Night Football games on the restaurant's three 50-inch plasma televisions and enjoy hot dogs, a chili bar and a raffle, along with \$2 Budweiser draft beers.

Keeping regulars happy

Roseville resident Rick Kelly is among the many people who have discovered the Riverside Clubhouse and are impressed by its offerings.

"This is my third time here and I like that it has great food and the prices are good," Kelly said. "It's always crowded, it's got a nice atmosphere and it's not too light, not too dark and not too noisy. It's also very well attended by Land Park people. It's just a nice and friendly neighborhood place."

The Riverside Clubhouse is open Mon-

days through Wednesdays, from 11:30 a.m. to 10 p.m., Thursdays and Fridays, from 11:30 a.m. to midnight, Saturdays, from 8 a.m. to midnight, and Sundays, from 8 a.m. to 9 p.m.

For additional information regarding this business, call (916) 448-9988 or visit the Web site www.riversideclubhouse.com.

HARVEST FESTIVAL
ORIGINAL ART & CRAFT SHOW

Nov. 20-22 • Sacramento
Cal Expo Pavilion
Fri. & Sat. 10am-6pm; Sun. 10am-5pm

SHOP thousands of fabulous, unique handmade original art & crafts featuring jewelry, glassware, pottery, ceramics, clothing, photography, specialty foods and more!

Donate food and receive a \$2 discount to the show.

Enjoy all-day entertainment featuring The Fargo Brothers delivering a unique style of rock 'n roll; Tom Rigney & Flambeau, Washboard Willy and more.

You'll find it all at the Harvest Festival — and you won't find a better bargain!

Tickets: \$9.00 Adult; \$7.00 Senior (62+); \$4.00 Youth (13-17); 12 & under free

For show information and to purchase advance tickets:
www.harvestfestival.com

\$2.00 OFF

one adult or senior admission with this coupon. Cannot be combined with any other discount offers.

You and your teen Dealing with drug use

By STEVE DEBENEDETTI-EMANUEL
Special to the East Sacramento News
steve@rivercitycounseling.com

Not long ago I received a frantic phone call from the father of a 16-year-old boy I see. John (not his real name) came home from school and put down his bag. A zipper was open and drugs came tumbling out.

He confronted him about the drugs, and he responded by giving him the age-old excuse that he was "holding them for a friend." His father decided that it would be best not to talk further until his mother came home, and at that time they held a family meeting. As before, John repeated his claim that the drugs weren't his. On top of that, he denied ever using drugs. Although his parents doubted his story, they didn't know what else to do.

I suggested that they bring John in for a family session to discuss the issue. At that point, his parents shared their concerns about him using drugs. Again, John denied that the drugs were his, and he added that his friend had asked him to hold the drugs because nobody would ever suspect him of using.

I presented some options to John's parents. They could choose to believe that he was only holding the drugs and deal with that issue. Or they could choose to doubt his story and take further steps by having him tested for drug usage. They wavered back and forth, and ultimately chose not to have him tested and gave him consequences for holding the drugs.

When parents are first faced with that possibility that their teens are using drugs, it's an overwhelming moment. I advise parents to have a frank discussion with their kids about their concerns. If they aren't satisfied, I encourage them to investigate a bit and decide what to do based on what they learn.

Perhaps you've noticed that alcohol is missing from the liquor cabinet or old prescription painkillers have disappeared. Perhaps you've found drug paraphernalia or empty liquor bottles in his closet. Maybe his eyes are frequently red and his personality seems different. Maybe his eating and sleeping habits have changed drastically. Perhaps his friends have changed, and his grades have fallen dramatically. Or maybe something in your "gut" tells you that something isn't right with your teen, and you feel the need to know for sure by having him drug tested.

Should a parent make this decision, a logical starting place is the Internet. I did a search for "drug tests" and was surprised to come up with over 54 million hits. Without specialized knowledge of tests and their reliability, I wouldn't know which test to choose and if I could trust the results.

I advise a simpler path: setting up an appointment with your teen's pediatrician and talking to him about your concerns. My hope is that after hearing about the situation he would test your teen comprehensively for drug use.

It's important to note that the decision to test comes with risks. Despite all of your evidence, the possibility exists that the test could come up negative, and there could be unintended consequences. I've talked to teens that have felt frustrated that they've worked hard to stay away from drugs and are devastated that their efforts aren't recognized. A number of times I've also seen teens make negative choices to "get back" at their parents. So it's important that a decision to test your teen for drug use be made very carefully.

In the end, teen drug use is one of the biggest fears and challenges parents face, and there is no foolproof way to respond. If you're concerned that your child has recently started using drugs, yet he denies it despite strong evidence, I suggest taking the risk and having your teen tested by a professional. What you learn will help guide your response.

Steve DeBenedetti-Emanuel is a licensed marriage and family therapist based in the Sacramento area. Contact him at steve@rivercitycounseling.com. Steve's columns appear periodically in the Valley Community Newspapers.

From the grassroots on up

Local resident group pioneers incredible effort to save 140 felines

By SUSAN LAIRD
East Sacramento News Writer
slaird@handywriting.com

His yellow eyes following a cluster of moving feathers, the sleek, black cat crouches, patiently. Suddenly, he leaps up, his young paws grasping wildly for the elusive prize. Toby lands on the floor, alert and contemplating his next move, as the “fishing pole” of bird feathers “flies” over to a nearby group of cats. It’s playtime with humans on a feline adoption day, and this group of young cats is having a wonderful time.

Toby is one of the lucky ones. He will live to chase another kitty toy, to rub up against a human’s legs, to purr his love of life on a human lap.

It almost wasn’t so.

Thanks to the extraordinary efforts of a dedicated group of local citizens, community groups, regional shelters and an area pet resort, a group of 140 felines will all be adopted out to loving homes, instead of facing the death sentence of “euthanasia” – translated from the Latin: “good death” – at a county animal shelter.

The large cat colony was the result of a pair of well meaning pet owners who failed to spay and neuter their original pets, and who then took on stray cats as well. A few cats became a few dozen cats in short time, and eventually 140 felines in just a couple years. When the economy took a downturn, the family found itself unable to continue to support what had become an overwhelming situation... They appealed to the media for help find homes for the cats, but results were poor.

It looked like the county would have to step in, with a “Final Solution” that no one wanted. That’s when Friends of the Sacramento City Shelter Animals, Inc. stepped in to try to rescue not a few animals, but the entire colony. It was a bold, courageous move that had never been attempted before on so large a scale.

“These are some of the friendliest, most beautiful cats,” said Dia Goode, cofounder of Friends of the Sacramento City Shelter Animals, Inc. “When we heard about them, we went over to the house to assess the situation. The cats would come right over to you. To kill them would be so unjust. We couldn’t just stand there. We had to do something.”

“It was overwhelming,” said Ellen Nakata-Harper, an East Sacramento resident and Friends volunteer. “Seeing so many eyes looking at you. The majority were so friendly. The others, cautious, but eventually warming up to us. They knew we were there to help. And they were all healthy. The previous owners obviously took good care of them, aside from their failure to spay and neuter.”

“It was a truly bizarre situation,” said Moira Monahan, a Friend volunteer who lives in Land Park. “The smell of the cats at the house was overwhelming. But you got used to it each time you came to rescue a few more cats. I work on the spay/neuter and foster care projects. The cats range in age from six months to about two or three years of age. There really aren’t any old ones or really young ones, which is unusual.”

The Friends put out a plea for help to local and regional “no kill” shelters and rescue groups. The Tahoe Truckee Humane Society took four black cats, adopted them out and took four more. Pets Unlimited in San Francisco took six cats. Tri Valley in the Bay Area took 14 cats. San Francisco Animal Control took five felines, the Sacramento ASPCA took seven kitties and Best Friends in Utah took a number of cats as well.

Local rescue groups stepped forward to help, including Happy Tails, Cats About Town and Field Haven in Lincoln. A great many individuals gave freely of their time, making numerous trips to the Meadowview area home to remove cats, transport them to vet appointments, shelters, fostering and more.

“The plan was: we (the Friends) pulled the cats out, took them to the Sacramento SPCA for spaying, neutering, testing for leukemia and feline AIDS, and had them vaccinated and micro chipped,” Goode said. “Others devoted time to making sure the cats were socialized. This way, every animal in the colony would be adoptable, and there would be absolutely no need to kill any of them.”

The Friends employed two rescue strategies: one group of cats was altered, processed and sent out to other groups, the other was altered, processed and sheltered at the Wag Hotel in West Sacramento.

“If it wasn’t for Wag and the SPCA, we couldn’t have done this,” Goode said. “It wouldn’t have worked. The SPCA was phenome-



Photo courtesy Dia Goode

These cats were rescued by local Sacramento area residents after county officials informed the public that the pets would be euthanized.

nal...they rearranged entire schedules to spay and neuter the cats... Wag is equally amazing. They have housed them in their special ‘cat condos’ for weeks, hosted adoption events at their facility and supported this effort all the way. It’s a beautiful facility and we highly recommend them to anyone who needs to board their pet.”

An additional concern – and one of the reasons the Friends moved to take action so quickly – was the large number of black cats.

“There are tabbies, calicoes, seal points, tortoiseshell cats... and a large number of beautiful black cats,” Goode said. “What many people are not aware of is that there is a bias in county shelters nationwide against black cats and dogs. They believe that these

animals are unadoptable, simply because of the color of their fur. These animals are often killed immediately, and never make it to the public for adoption. We want to show everyone that – not only can a large population of animals be adopted out – it is also unnecessary to kill black cats and dogs. They make wonderful, beautiful pets. Don’t write them off.”

The amazing effort of this united group of animal lovers and organizations is bearing fruit: of the original 140 kitties, there are just 22 who still need homes.

“These aren’t cats that were ‘passed over,’” Goode said. “These are simply the last ones to come out of the house. They are just as sweet and friendly as the first ones to be rescued.”

Upcoming adoption days: Nov. 8, 15

There are two more adoption days planned at the Wag Hotel in West Sacramento. Those interested in adopting a cat are encouraged to visit the pet resort on Nov. 8 and Nov. 15 between 11 a.m. and 2 p.m. Each cat has already been altered, had all its vaccinations and has been micro chipped. The price for adoption is a bargain: \$30 for one cat, \$40 for a pair. If, for any reason, an adoption doesn’t “work out,” the Friends of the Sacramento City Shelter Animals, Inc. will accept animals back. The purpose is to find homes where both felines and families can thrive. The Wag Hotel is located at 1759 Enterprise Blvd. in West Sacramento, just off Highway 50.

For more information about the Friends of the Sacramento City Shelter Animals, Inc., or to make a donation to support their animal rescue efforts, visit www.saccityshelter.com.

- Susan Laird

New Memorial Sites

INDOOR ~ OUTDOOR

EAST LAWN MEMORIAL PARK



EAST LAWN
MEMORIAL PARK
43rd & Folsom Blvd
Sacramento, CA 95819
916.732.2000



www.eastlawn.com

OTHER LOCATIONS:

EAST LAWN ELK GROVE MEMORIAL
PARK AND MORTUARY
9189 E. Stockton Blvd., Elk Grove, CA 95624
Lic. #FD-1455 **916.732.2031**

ANDREWS & GREILICH MORTUARY
3939 Fruitridge Road, Sacramento, CA 95820
Lic. #FD-136 **916.732.2026**

SIERRA HILLS MEMOIRAL PARK AND
EAST LAWN MORTUARY
5757 Greenback Lane, Sacramento, CA 95841
Lic. #FD-1242 **916.732-2020**

'Treasures, Curiosities & Secrets' tells stories of the Crockers

By SUSAN LAIRD
East Sacramento News Writer
slaird@handywriting.com

During the post-Civil War years, right up to the turn of the last century, Sacramento was an ambitious player in the so-called "Gilded Age."

This was the American era of common men "making it" large in the fields of coal, oil, railroads, hotels, gold, industry and commerce. Names such as Vanderbilt, Rockefeller and Carnegie were nationally known – as were the California names of Stanford, Hopkins and Crocker, to name a few. The era was dubbed "The Gilded Age" by Mark Twain as a pejorative: to gild something is to put gold over a baser metal. It is less worthy than something that is completely gold – a "Golden Age."

Nonetheless, these were fascinating times. Those families who grew to possess tremendous influence were called "robber barons" by some, admired and envied by others. This group also possessed a sense of "noblesse oblige" – a belief fostered by Andrew Carnegie that the wealthy should develop philanthropies to benefit society at large.

The Crockers in Sacramento were classic leaders of their age. In a new exhibit opening on Nov. 6, visitors to the Crocker Art Museum will have the opportunity to glimpse into the rarified atmosphere in which these people lived.

"Treasures, Curiosities & Secrets: The Crockers and the Gilded Age" will bring the unique Crocker family stories to light.

More than 75 objects will be on display to tell the story of California's premier early art patrons, Edwin Bryant and Margaret Crocker, and the era in which they lived. The exhibit also encompasses the lives and mementos of their children, including the notorious Aimée Crocker, who became an international social success, receiving widespread press for her dramatic costumes, travels to the Far East, extensive tattoos and five controversial marriages, twice to Russian nobility.

Edwin Bryant and Margaret Crocker settled in Sacramento in 1852 and worked as merchants until Edwin was appointed to the California Supreme Court in 1863. Seven months later, Edwin left the bench to serve as legal counsel for the Central Pacific Railroad Company, which ultimately made him a millionaire.

With their newfound wealth, the Crockers became deeply concerned with bringing culture to California. A paralytic stroke in June 1869 forced Edwin to retire but allowed him and his family to pursue other interests, including commissioning an art gallery building and embarking on a Grand Tour to Europe. Overseas for the next three years, the Crockers purchased more than 700 paintings and 1,300 drawings that became the core of their museum. Following their return, Edwin and Margaret actively commissioned new works by California artists.

The museum is an appropriate venue to tell the lesser-known stories and showcase the family's breathtaking jewelry, dramatic gowns, china, furniture, personal letters, paintings and photographs. It is a story of philanthropy, eccentricity and high style.

The family's opulent gallery building, completed in 1872, showcased their collection and allowed them to entertain splendidly in a world in which social duty was combined with breathtaking display of the finest jewelry, fashions, personal mementos, furnishings and silver. Today, the gallery building is considered one of the finest examples of Victorian Italianate architecture in the United States.

In May 1885, Margaret Crocker presented the art gallery building, the grounds and the E. B. Crocker Collection "in trust for the public" to the public-private partnership of the City of Sacramento and the California Museum Association, now the Crocker Art Museum Association.

The Crocker Art Museum was founded in 1885 and continues as the leading art institution for the California Capital Region and Central Valley.

"With the expansion nearing completion, the Museum is preparing to enter a new era in its history," said Scott A. Shields, associate director and chief curator. "The Crocker will also celebrate its 125th anniversary in 2010. At this pivotal time, it seemed appropriate to look at our history and the Crocker family's legacy in Sacramento."

"Treasures, Curiosities & Secrets: The Crockers and the Gilded Age" opens Nov. 6 and runs through May 9, 2010. The Crocker Art Museum is located at 216 O Street in downtown Sacramento. Admission is \$6 for adults, \$4 for seniors 65 and better, \$3 for students with a valid ID and free for children ages six and under. Thanks to a generous grant



Photo courtesy of the California History Section, California State Library
Aimee Crocker was known for her flamboyant lifestyle and sense of high fashion. Seen here in this photo circa 1901-1902, she shocked the nation with her scandalous Far Eastern travels, tattoos and multiple marriages.

from Bank of America, admission is free on Sundays from 10 a.m. to 1 p.m.

Museum hours are 10 a.m. to 5 p.m. Tuesday through Sunday, with extended hours on first and third Thursdays until 9 p.m.

For more information about the Crocker, call (916) 808-7000 or visit www.crockerartmuseum.org.

Write to Susan Laird, to share your A&E events at slaird@handywriting.com and at Facebook at "Susan Laird et al" or follow her on Twitter at [Susan_Laird](https://twitter.com/Susan_Laird).

Featuring:
Lynda Wysocki-Lazer
Andre Gayet &
Mary Riesche

Blue Moon
"Living Jewels I"
by Lynda Wysocki-Lazer

Artist Reception: November 14, 6-9pm
Live Music by Randy Bryson
Show Continues: November 18 - December 6
Gallery Hours: Wed-Sat, Noon-5pm
Special Holiday Hours: Nov 28-29, 10am - 6pm
2353 Albatross Way, Sacramento 95815 • 920-2444

THE SACRAMENTO CENTER FOR THE TEXTILE ARTS
ART TO WEAR & MORE
Annual Sale & Fashion Show
One of a kind handcrafted garments, accessories, unique jewelry, art to wear and more!
November 14 & 15, 2009

Prize Show Starts at 10 a.m. Saturday
Art to Wear Sale Starts at 11 a.m. Sunday

HAPPY HOLIDAY COLLECTING

Annalee · 2009 Bing and Grondohl and Royal Copenhagen Plates · Bradford Exchange Collectibles · Fenton Glass · Disney Classics · Jim Shore · San Francisco Musicals · Glass Domes · Spoonracks · Plate Frames, hangers, stands and much more.

Kennedy's Collectibles
57th Street Antique Mall, 875 57th Street
Sacramento, CA 95819
(916) 973-8754

15th ANNUAL HOLIDAY CRAFT FAIRE presented by the
Sacramento Fine Arts Center
5330 Gibbons Dr.
(Between Southfield Ave. and Walnut Ave.)
November 17th - December 12th
11am - 3pm Tues.'s - Sun.'s
Vendors please contact: slaird@SacFineArts.org / 971-3713
Applications also available at SacFineArts.org

Sacramento Antique Faire
Outdoor Antique and Collectible Marketplace

SECOND SUNDAY of every month
6:30am - 3:00pm
Admission is \$3.00
300 Vendors
Children under 16 are FREE
Loads of free parking & delicious food!

21st Street between W and X Streets
(916) 600-9770 • www.antiquefaire.com

Sunday, Nov. 8th

A Pottery Show!
A Pottery Show!

SCHUMACHER CERAMICS
Featured Potters:
Nicholas Guerrero & Tea Duong
Reception for the artists: Sat. Nov. 14, 2-5pm
Show runs November 7-29
Hours: Sat & Sun 11-5
36530 Riverview Dr., Clarksburg
Call for directions (916) 744-1062

ROBIN'S NEST
fashion boutique etc.
"We specialize in New, Nearly New, & Vintage"

November Clearance
Gift Certificates Available
3230 Broadway · 736-3952
robinsnestclothingetc.com

SECOND SATURDAY AND MORE

art & activities in and around Sacramento

ROSEMONT HIGH SCHOOL Harvest Craft & Community Festival

Saturday, November 14, 2009
9am to 2pm in the cafeteria



- FREE Family Fun Event
- Classic Car Show
- Crafters, Vendors, & Student Boosters
- Food & Gifts

Call 484-6189 for information
9594 Keifer Blvd.

(Between So. Watt & Bradshaw Rd)
All Proceeds Benefit: Rosemont PTSA
Ted Goodykoontz Memorial Scholarship Fund



"Sierra Gold" by Jackie Carroll

The Works Of Susan Sarback & Jackie Carroll

Nov. 12 - Dec. 10

Hours: Thur-Sun, 12-5

Second Saturday Reception
November 14, 5-9pm

PLUS "Artist in Action"
Marianne Post,
painting with soft pastels.

CHROMA GALLERY
10030 Fair Oaks Blvd
966.6020 • www.thechromagallery.com



St. Michael's Church invites you to "My Favorite Things"

a very special Holiday Arts and Crafts Faire

Offering distinctive handmade items
Saturday, November 7, 9-3
Sunday, November 8, 9-1

All the things you love at fantastic prices

St. Michael's Episcopal Church, 2140 Mission Ave, Carmichael (between El Camino & Cottage Way)
Plenty of FREE Parking! 916-488-3550 • www.stm-ca.org



Sacramento Day Trippers
11/21-Calveras County Wine Tour - \$45/person
11/28-Amador Wine Tour w/ lunch - \$49/person
1/23-Wicked the Musical - \$99/person
All trips include transportation,
tasting fees and/or ticket
Info/RSVP online @ www.sacdaytrippers.com
(916) 443-8741
For private tours go to
www.sacramentowinetours.com

HAAG Gallery

4755 J Street, Sacramento 95819 • 916-396-1861

Silvio Silvestri

"Italy en plein air" Oil Paintings

November 9 - December 4
Second Saturday Event
November 14, 5-9pm



JACKSON'S DEAD, BUT I'M NOT PAINTINGS BY WALTER RHOADS



ARTIST'S RECEPTION 6-11PM

Show on display until Dec 9

Gallery 14

3960 60th Street, Sacramento, 95820
456-1058

START YOUR SECOND SATURDAY HERE!

Fine Art & Craft Show

Saturday, November 14: 10am - 7pm

Giovanni Hall in East Sacramento
58th and M Streets



ONLY at SWANBERG'S

- Hawaiian Shirts
- Baseball Shirts
- Neighborhood Shirts
- Reef Sandals

2316 J Street • 447-MAUI
www.swanbergsformen.com

New ArtWorks Gallery

"Reflections"

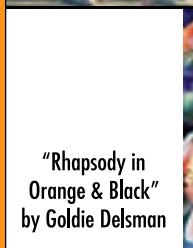
featuring Goldie Delsman & Betty Thompson

November 4 - December 6

Reception: November 14, 5-9pm

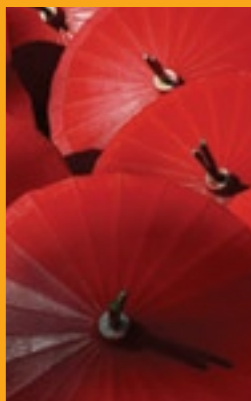


"Reflections" by Betty Thompson



"Rhapsody in Orange & Black" by Goldie Delsman

10239 Fair Oaks Blvd. #4D (in Fair Oaks Village)
(916) 962-7362
www.thenewartworksgallery.com



50 Professional Artists and Contemporary Craftspeople

Admission: \$3 Advance, \$5 at the door,
Kids under 12 free

For all information: 916-452-1100 or
www.saintmaryschool.com

Facebook users: visit our fan page:
St. Mary Fine Art & Craft Show

Proceeds benefit the children and programs of St. Mary School

GUNTHER'S ICE CREAM

November: Rum Raisin



- Malts, Floats, Sundaes & Shakes
- Sandwiches/Soups
- Real Fruit Freezes
- Ice Cream Cakes & Pies
- Ice Cream Socials

We Make Our Own Ice Cream

Open Daily: Sun-Thur: 10am - 9:30pm • Fri-Sat: 10am - 10pm

69 years of business

2801 Franklin Blvd. (Corner of Franklin & 3rd Ave.)

457-6646 • www.gunthersicecream.com



featuring
Jen Gimaglio
"Figures & Phantoms"

RECEPTION:
November 14, 6-11pm
Show runs thru November

2904 Franklin Blvd.

457-5507 • www.thecoffeegarden.com

safari TOURS

A TRAVEL PROGRAM
FOR ACTIVE ADULTS

Enjoy and Explore! Leave the driving to us!

Upcoming trips

Holiday Shopping in San Francisco

11/30/09, \$44 per person

Holiday Lights Around Sacramento

Family Night Bus, Tuesday, 12/15/09, \$35 per person

Grown-Ups Only, Thursday, 12/17/09, \$35 per person

TO SEE A COMPLETE LIST OF TOURS PLEASE VISIT

www.cityofsacramento.org/safari

CITY OF SACRAMENTO DEPARTMENT OF PARKS AND RECREATION



Offering one day
and overnight trips.

Custom Framing & Gallery

Jump start the holidays
Bring this Ad in for

**15% off your
Custom Framing order**



1880 Fulton Ave
Sacramento CA 95825
(916) 482-2787
www.artisticdeframing.com

Support the arts! Support our advertisers!

Are you a gallery, restaurant or boutique? Cash in on Second Saturday!

For our affordable rates, contact Melissa @ 916 429 9901



Concerned About Your Memory?

Take advantage of
a **FREE**
confidential memory screening
at

 **Primrose**
Living With Memory Loss

Day Club, Respite, Residential

392-3510

Please RSVP



**National Memory
Screening Day**

**November 17, 2009
11 AM to 4 PM**

A qualified health care professional
will take you through a series of tasks
that can indicate whether you require
additional medical follow-up*

LIC# 347001338

* A memory screening is not used to diagnose any illness and does not take
the place of an evaluation by your health care provider.

"We Have Shoes To Fit Your Orthotics"

MIDTOWN COMFORT SHOES

"Your Local Comfort Store"

'DANSKO DAYS', November 5, 6, 7



dansko
DANSKO.COM

**NEW Fall Danskos are in!
Buy a Dansko,
GET ENTERED TO WIN A FREE PAIR!**

Dansko is a registered trademark of Dansko, LLC. © 2009 Dansko, LLC. 1.800.326.7564



- Aetrex, Aravon, Brooks, Beautifeel, Dansko, Dunham, ECCO, Finn Comfort, Haflinger, J-41, Merrell, Munro, New Balance, Orthaheel, 1803.
- Shoes for the Whole Family • All Styles • Custom Sizes & Fits
- New Comfort Features
- Gift Certificates Now Available

**FOR
FEET SAKE**

3400 Folsom Boulevard • 916-731-4400

The Real Estate Quarterly

Buying a (first) home?

Three steps to success: prioritize, educate yourself, get help

By JOHN WOODALL
Lyon Real Estate
Special to the East Sacramento News

So, you're thinking it's time to buy a home; now what?

It's normal to have some anxiety over buying a home – it's a big commitment. However, a helpful way to sort out home buying complexities is by first taking time to "prioritize the priorities." It adds an objective framework around an exciting but emotional experience. Then, educate yourself about the market and seek out an experienced advisor.

Monetary Priorities

New home anxiety often centers on money issues: How much can I /we qualify for? What are the payments, the down payment? What kind of payment am I going to be comfortable with? Address these questions early on by either using an on-line mortgage calculator (keeping in mind that this will only provide a rough estimate) or talking to a lender about getting pre-approved.

Knowing that you've got a pre-approval in your pocket gives you confidence as you begin looking for your new home.

Family and Individual Priorities

With input from the entire family, make a list of what is important to you. Consider neighborhood, space requirements and features – number of bedrooms, a pool etc. Could you handle a "fixer" instead of a "move in ready" home? Include access to schools, community activities and the work commute on your list. Also pinpoint individual privacy, lifestyle and activity needs of family members. For example, do you like to entertain? And don't forget to consider that the space needs of children will change significantly as they grow and mature.

Rank your "wish list" as to "required," "desirable" and "acceptable" priorities, then pare these down to the top 5 "must have" choices. Now you're ready to find your new home.

Look and Learn

Well over 80 percent of Buyers today spend three to six months "win-

dow shopping online" before actually entering the market place. In our current market, Buyers also need to consider which part of the market segment they will be involved in: price, neighborhood, or function (a home with RV storage for example); and educate themselves about current market conditions in the segment that affects them. But keep in mind that what is true today may not be true when you are ready to buy – you will need to get updated. For example, just 6 months ago, buyers were avoiding short sales; but over the past few months short sale transactions are beginning to increase dramatically.

Buyers should also learn the differences between Bank Owned listings (REOs), "Short Sales" and traditional owner sellers and how these types of sellers can affect their plans. Get good advice. Work with a seasoned agent who can explain how the buying process and transaction time frame may differ with each of these types of sales and what is happening in the marketplace today.

Getting Professional Help

Knowledge and experience in your trade or business are important, right? Likewise, since Real Estate transactions are complex and mistakes can be costly, it makes sense to entrust perhaps the largest financial transaction of your life to someone who is well trained and experienced.

Buyers should use their own representative so that their interests are protected. Work with a Realtor who will be willing to educate you and spend time understanding your needs before you ever get in a car and start looking. Plus, the agent you pick should offer you access to a powerful, easy to use search tool to help you educate yourself about terminology and availability.

A seasoned Realtor will match your priorities with what you can afford, guide you around pitfalls, and is responsible for ensuring that your interests are protected. It doesn't cost a Buyer anything to be represented by a Realtor and it might save you a bundle in anxiety and legal exposure.

IT TAKES MORE THAN A SIGN...

3rd quarter results are in. Now taking 4th quarter reservations.



4305 Freeport Boulevard • Sacramento 95822
cookrealty.net • 916-451-6702



LIC# 00618471

COOK
REALTY



Since 1975

• 3208 11th Ave.....	126,000	• 3401 Huntsman Dr	164,500
• 5804 11th Ave.....	249,000	• 4041 Johnson Ln	98,000
• 2219 18th St.....	328,125	• 1042 Las Palmas Ave.....	65,500
• 3521 19th Ave.....	65,000	• 1167 Longcroft St.....	155,000
• 4401 23rd St	150,000	• 39 Los Gatos Cir	490,000
• 2206 24th St.....	350,000	• 4014 Lowdan Ct.....	222,000
• 2206 24th St.....	350,000	• 2010 Mangrum Ave.....	91,800
• 1164 25 Ave	272,000	• 8636 Maple Hall Dr.....	176,720
• 1605 34th Ave.....	240,000	• 5410 Mendocino Blvd	53,000
• 6269 3rd Ave	264,000	• 60 Moonlit Cir	350,000
• 3901 42nd Ave.....	90,000	• 2008 Newport Ave	150,000
• 5241 48th St.....	60,000	• 5605 Nona Way	55,000
• 2240 51st Ave	133,900	• 2684 Northrop Ave	740,000
• 5501 58th St.....	106,000	• 2260 Oakmont St.....	110,000
• 3049 8th Ave.....	254,400	• 6285 Oakridge St.....	514,000
• 3706 Abaco Rd	285,000	• 3127 Pender Island St.....	223,000
• 12 Amarillo Ct.....	234,888	• 3624 Plymouth Dr.....	110,660
• 5301 Argo Way	139,000	• 3641 Reedsport Ct.....	145,000
• 194 Arrowrock Rd	90,000	• 1754 River City Way.....	122,000
• 4075 Bainbridge Dr.....	95,000	• 6975 Riverside Blvd	287,000
• 1201 Berry Creek Rd.....	285,000	• 7055 Robin Hood Way.....	439,000
• 1217 Burrows	69,500	• 873 Royal Green Ave	265,000
• 6822 Calvine Rd	86,800	• 8819 Salmon Falls Dr.....	130,000
• 2536 Cambon Way	210,000	• 8883 Salmon Falls Dr.....	130,000
• 7462 Castano Way	392,250	• 68 Sandburg Dr.....	425,000
• 2830 Castro Way	435,000	• 4323 Sandhurst Way	620,000
• 9259 Caulfield Dr.....	175,000	• 7217 Santa Teresa Way ...	360,000
• 826 Cedar Canyon Cir.....	153,500	• 840 Senior Way.....	365,000
• 6415 Di Lusso Dr	130,000	• 5720 Seyferth Way.....	72,000
• 9243 Eagle Springs Pl.....	350,000	• 2669 Teal Dr	240,000
• 2429 Edna St	122,000	• 8126 Tervin Way.....	186,100
• 5905 Ehrhardt Ave.....	114,333	• 7374 Tiden Way	53,000
• 1039 Eileen Way.....	379,000	• 821 Todhunter Ave	85,000
• 7734 El Douro Dr	385,000	• 3169 U St	140,000
• 5521 Emerson Rd	88,500	• 1322 Valley Brook Ave	284,000
• 1201 Fay Cir.....	345,000	• 7466 Villajoy Way.....	101,000
• 8445 Felton Crest Way	265,000	• 3912 Ward Ave	130,000
• 751 Florin Rd	199,000	• 1859 Waterfall	148,000
• 2000 Florin Rd	64,900	• 5991 Wilkinson St	62,500
• 945 Fremont Blvd	80,000	• 7370 Willowwick Way.....	93,000
• 6345 Fruitridge Rd	132,450	• 4106 Windsong St.....	232,000
• 1793 Grouse Run Cir.....	324,000	• 9468 Windy Point Pl.....	258,000
• 6671 Harmon Dr	341,000	• 8285 Wyandotte Ct	218,000
• 246 Hartnell Pl	290,000	• 16 Zorba Ct.....	293,000
• 8851 Hiddenspring Way...	202,000		

TEAM BLACK

...working together for you!

#1 Selling Agent/Team for Lyon Real Estates 2008
Downtown/East Sacrament Office



TeamBlack.GoLyon.com



Wanda Noack
761-6748
Lic# 00946526

Kathy Pardun
247-7030
Lic# 01000106

Patricia Yochum
519-0207
Lic# 07121160

Diane Berry
698-7288
Lic# 00794641

Annette Black
552-7203
Lic# 00802727

Linda Petersen
217-1431
Lic# 01334922

NEW CITY LIVING • L STREET LOFTS



Bringing a new view to city living, the L Street Lofts offer beautiful new residences that are located in the heart of Midtown Sacramento, and minutes from Downtown Sacramento. With new homeowners, businesses and cultural activities springing up throughout the Downtown and Midtown Sacramento neighborhoods, you'll find as many amenities outside your doorstep as in...all within walking distance.

\$315,000 to \$1,300,000



Newly Remodeled

Just remodeled with beautiful new kitchen and bath upscale stainless steel appliances and refrigerator. All newer dual pane windows, hardwood floors throughout. Wood plantation shutters on all windows. Light and open floorplan. Large yard with patio, 2 car garage.

138 Tivoli Way \$375,000



Well Maintained Spacious Home

Spacious 4 bedroom, 2.5 bath, family home. Light, bright and open floor plan. Fireplace in separate family room, fresh paint. Newer fence & retaining wall in back. Granite countertop in kitchen, newer laminate floor in family room. 8240 Holly Oak St..... \$285,000

LUXURIOUS PAVILIONS



Stunning architectural design, open floorplans w/ high ceilings, hardwood floors, granite kitchen, GE Monogram appliances include built-in refrig, stove, micro & wine cabinet. Designer fixtures & tile in all baths. Beautiful patios with fireplaces in each home. Exceptional clubhouse with full kitchen, meeting rooms, workout gym, pool/spa & BBQ area. You will not find more luxurious homes for this price in this location!Starting at **\$525,000**



Wonderful Fourplex in Midtown

Very attractive fourplex in great midtown location. Large lot extends to alley and there are 4 garages in back. Owners unit is 2 bed, 2 bath. 3 one bed, 1 bath units. Sewer line was recently replaced. 2510 P St..... \$475,000



Desirable South Land Park

Lovely home shows pride of ownership. The tiled entry welcomes you to the formal living and dining room. The kitchen opens to a separate eating area with plenty of cabinets. The family room with a fireplace overlooks a nice size backyard which is beautifully landscaped and features a sparkling pool. 1301 San Clemente Way..... \$350,000



Lovely 3-Story Apartment Building

6 Spacious units. Each unit has front entrance and rear entrance so seller rents them as 2 bedrooms. High coved ceilings, hardwood floors, lots of old world charm. Large lot, extends to the alley. 2 Garages, lots of space for parking. Great downtown location, 1 block to county courthouse, offices & restaurants. 1421 G St..... \$799,900

Team Experience...Team Excellence...working for you!

THE POWER OF **LYON** ... WE DELIVER
REAL ESTATE
 www.GoLyon.com

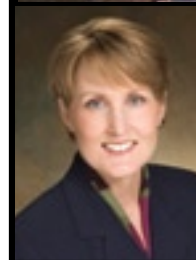
Reputation . Knowledge . Honesty . Communication . Results



Spectacular 8th floor view above trees from the lights of downtown to the Sierras! Enjoy the comforts of high rise living in a gated oasis features pool, sauna, gym & rec room, 24 hour surveillance. Professionally designed remodel, tons of extras.
4100 Folsom Blvd #8b ..\$669,000
Vivian Daley-Wirt 849-7314



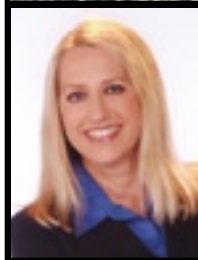
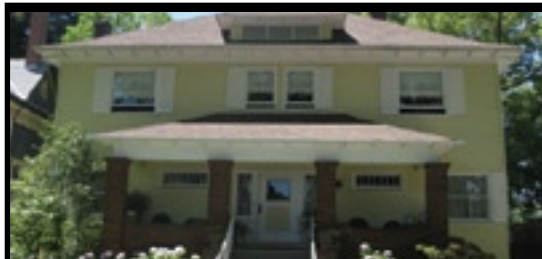
Very affordable price for this 2 bedroom home with wood floors, central heat and air, and large backyard. Conveniently located near Sac State, public transportation, shopping and everything East Sac has to offer.
6191 M Street..... \$270,000
Andy Thielen 454-3778



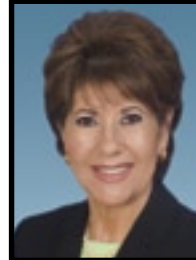
One of the area's finest homes set on over an acre with mature Oaks. Private setting, large verandas, gorgeous gardens & lovely pool & spa. 2 master suites, 5 fireplaces, Chef's Kitchen, this house has exquisite details!
630 Hawthorn Road...\$2,850,000
Debbie Davis 213-2323



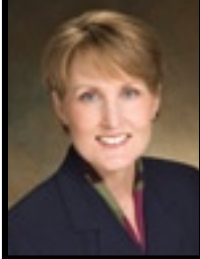
A must see! Highlights include 4 bed, 3 full bath, large & open living room with fireplace & dining room, kitchen pantry, many built-ins & wood floors thruout w/ large windows. Master bed w/ bath has views to the front and rear. Landscaped yards, patio & pool in rear yard.
1355 38th Street\$935,000
Dave Philipp 212-1322



This Poverty Ridge Beauty was built in 1923. You will be amazed at the features found in this 4 bed, 2100+ sq. ft. home. Features include formal dining room, separate living room w/ fireplace, sleeping porch, built-in hutches, hardwood floors CH&A, full basement, 5 car garage.
1926 22nd Street.....\$675,000
Gina Borges-Valdez 505-4242



Nice home in good location. 3 bedroom, 1 bathroom. Walking distance to hospital, close to Sac State, shopping, restaurants, parks and city transportation. Needs some personal touches.
625 54th Street \$335,000
Corrine Cook 552-7259



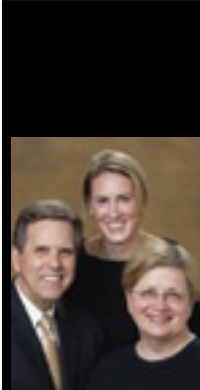
East Hampton Shingle Style home on gorgeous 1.36 acre lot. Open floor plan with over 6,300 sf including music room, Master with sleeping porch. Pool, spa, waterfall and wading pool. Backs to nature preserve.
1213 Mariemont Ave.\$1,995,000
Debbie Davis 213-2323



East Sac Cutie. 3 bed home shines w/ pride, fantastic floor plan, bright & open family & dining room combo w/ fireplace, large picture windows w/ a nice view of tree-lined street, wood floors, fresh inside paint, dual pane windows & large backyard w/ patio.
4568 Brand Way.....\$369,900
Jeanine Roza 548-5799



Beautiful 1920's Charmer in Tahoe Park. Just a hop-skip-and-a-jump from UC Davis Med Center, and located on one of the most coveted streets in the area.
4769 8th Avenue \$279,000
Kyle Groves 214-2082



The Woolfords
837-6900



2 bedrooms w/ updated kitchen and real marble bath. 2 car garage w/ very pleasant rear yard and patio. This home is so appealing inside & out. Extremely light & bright w/ loads of upgrades. Beautiful wood floors & the fine touches you would expect. Wonderful upscale home in superb location.
413 46th Street\$495,000



Great River Park home on one of the nicest streets in the neighborhood. 3 bedrooms, 3 bathrooms, large family room plus sunroom. A Must See!
5404 State Avenue \$439,900



Wonderful famil home on very deep lot on East Sac cul-de-sac. Freshly painted in and out, updated kitchen with breakfast nook. Hardwood floors through much of home, family room plus den, large master bedroom. There are so many extras you'll love it.
3948 K Street.....\$589,000

The Real Estate Quarterly

East Sacramento Residential Real Estate Transactions • First Quarter • Jan.–Mar. 2008

Address	BR /BA	Value	Date	Address	BR /BA	Value	Date
95816				932 50TH ST.....	3 2.....	389,000.....	2009/09/09
341 32ND ST.....	2 1.....	\$384,000.....	2009/06/12	102 51ST ST.....	2 1.....	312,000.....	2009/08/26
577 33RD ST.....	3 1.5.....	615,000.....	2009/07/23	631 51ST ST.....	2 1.....	347,000.....	2009/07/24
1231 33RD ST.....	3 2.....	429,000.....	2009/08/21	1173 51ST ST.....	2 1.....	385,000.....	2009/09/04
1324 35TH ST.....	3 1.....	405,000.....	2009/07/06	932 52ND ST.....	3 2.5.....	295,500.....	2009/08/06
1101 38TH ST.....	4 2.....	942,000.....	2009/09/09	1471 52ND ST.....	2 1.....	245,000.....	2009/08/03
1727 38TH ST.....	3 1.5.....	419,000.....	2009/08/26	960 55TH ST.....	2 1.....	343,000.....	2009/09/11
2820 C ST.....	3 1.....	300,000.....	2009/07/10	1368 55TH ST.....	2 1.....	387,000.....	2009/06/05
3188 C ST.....	2 1.....	279,000.....	2009/08/27	826 56TH ST.....	2 1.....	329,500.....	2009/09/25
3151 CARLY WAY.....	3 1.5.....	190,000.....	2009/07/15	1122 56TH ST.....	3 2.5.....	585,000.....	2009/08/28
3183 CARLY WAY.....	3 1.....	339,000.....	2009/06/25	1333 56TH ST.....	3 1.....	399,000.....	2009/06/30
2212 D ST.....	3 1.....	599,000.....	2009/06/17	1200 57TH ST.....	3 1.5.....	450,000.....	2009/08/31
3257 D ST.....	3 1.....	510,000.....	2009/09/21	5310 AILEEN WAY.....	3 1.....	381,000.....	2009/07/02
1009 DOLORES WAY.....	2 1.....	320,000.....	2009/09/04	4641 B ST.....	2 1.....	379,000.....	2009/06/19
2422 E ST.....	3 1.5.....	441,500.....	2009/08/05	1600 BERKELEY WAY.....	3 1.....	542,000.....	2009/07/10
2731 G ST.....	3 1.5.....	480,000.....	2009/06/12	4232 C ST.....	2 1.....	290,000.....	2009/07/23
2404 L ST.....	2 1.....	272,500.....	2009/06/18	4513 C ST.....	3 1.....	379,000.....	2009/06/29
2621 N ST.....	3 3.....	625,000.....	2009/07/24	5328 CALEB AVE.....	3 2.....	369,000.....	2009/07/21
3159 O ST.....	3 1.....	335,000.....	2009/09/08	5505 CARLSON DR.....	3 1.....	248,500.....	2009/08/21
3160 O ST.....	2 1.....	255,000.....	2009/09/09	158 COLOMA WAY.....	2 1.....	360,000.....	2009/07/24
2407 Q ST.....	2 1.....	155,000.....	2009/06/23	4133 D ST.....	2 1.....	335,000.....	2009/07/01
324 SANTA YNEZ WAY.....	4 2.....	635,000.....	2009/07/17	5521 D ST.....	2 1.....	343,989.....	2009/09/16
440 SANTA YNEZ WAY.....	3 1.....	504,500.....	2009/08/05	3551 ELVAS AVE.....	2 1.....	225,250.....	2009/06/26
3141 SERRA WAY.....	4 2.....	500,000.....	2009/08/17	106 FALLON LN.....	4 3.....	580,000.....	2009/09/09
1323 SUTTER WALK.....	2 2.....	399,000.....	2009/08/31	3997 H ST.....	3 2.5.....	150,500.....	2009/08/18
1324 SUTTER WALK.....	2 2.....	450,000.....	2009/07/23	4917 H ST.....	3 2.....	360,000.....	2009/09/01
1326 SUTTER WALK.....	2 2.....	450,000.....	2009/09/09	5311 J ST.....	3 1.....	292,825.....	2009/07/21
1328 SUTTER WALK.....	2 2.....	450,000.....	2009/09/15	1108 JANEY WAY.....	2 2.....	419,000.....	2009/07/15
3172 T ST.....	4 2.....	312,500.....	2009/09/22	4832 JERRY WAY.....	2 1.....	335,000.....	2009/09/30
3701 T ST.....	2 1.....	370,000.....	2009/06/22	4841 JERRY WAY.....	2 2.....	389,000.....	2009/09/11
3708 T ST.....	1 1.....	137,000.....	2009/07/30	4917 L ST.....	2 1.....	339,000.....	2009/08/27
95819				512 LOVELLA WAY.....	3 1.....	378,000.....	2009/08/13
150 40TH ST.....	2 1.....	\$365,000.....	2009/09/29	5607 MCADOO AVE.....	3 1.....	305,000.....	2009/08/27
231 40TH ST.....	2 1.....	350,000.....	2009/08/20	5628 MCADOO AVE.....	3 2.....	435,500.....	2009/09/01
656 40TH ST.....	2 1.....	319,000.....	2009/08/21	3900 MCKINLEY BLVD.....	2 2.5.....	669,000.....	2009/07/02
600 41ST ST.....	3 2.5.....	778,000.....	2009/06/12	5000 MODDISON AVE.....	2 1.....	347,500.....	2009/07/15
872 41ST ST.....	4 2.....	80,000.....	2009/06/09	5101 MODDISON AVE.....	3 1.....	333,000.....	2009/07/16
1749 41ST ST.....	3 1.....	325,000.....	2009/09/02	5221 MODDISON AVE.....	3 1.....	318,000.....	2009/07/24
500 42ND ST.....	2 1.....	335,000.....	2009/08/19	5429 MODDISON AVE.....	3 1.....	358,000.....	2009/06/30
509 42ND ST.....	2 1.....	316,500.....	2009/06/10	5330 MONALEE AVE.....	2 1.....	317,000.....	2009/08/24
842 42ND ST.....	2 1.....	650,000.....	2009/07/24	477 PALA WAY.....	2 1.....	336,500.....	2009/07/24
852 42ND ST.....	2 1.....	524,000.....	2009/09/01	541 PALA WAY.....	3 2.....	650,000.....	2009/06/10
1225 42ND ST.....	4 3.....	1,065,000.....	2009/08/07	421 PICO WAY.....	3 2.....	412,000.....	2009/07/15
1338 42ND ST.....	3 2.....	800,000.....	2009/07/09	5340 S ST.....	5 2.....	382,500.....	2009/09/18
1339 42ND ST.....	6 2.....	745,000.....	2009/06/26	417 SAN MIGUEL WAY.....	4 2.....	675,000.....	2009/06/17
75 43RD ST.....	3 2.....	338,500.....	2009/07/24	66 SANDBURG DR.....	3 1.....	425,000.....	2009/07/02
801 43RD ST.....	3 3.....	817,500.....	2009/06/08	370 SANDBURG DR.....	3 2.....	395,000.....	2009/07/10
1200 43RD ST.....	3 1.5.....	1,000,000.....	2009/07/02	540 SANDBURG DR.....	2 1.....	275,000.....	2009/09/11
1414 43RD ST.....	4 2.5.....	820,500.....	2009/09/16	5304 SANDBURG DR.....	3 1.5.....	300,000.....	2009/06/01
440 45TH ST.....	2 1.....	469,000.....	2009/07/10	5323 SANDBURG DR.....	2 2.....	408,309.....	2009/09/02
921 45TH ST.....	3 1.....	750,000.....	2009/07/27	5611 SEWARD CT.....	3 2.5.....	551,000.....	2009/09/22
121 46TH ST.....	3 1.....	389,000.....	2009/06/03	5705 SHEPARD AVE.....	2 1.....	370,000.....	2009/09/11
1397 48TH ST.....	3 2.5.....	330,000.....	2009/07/27	5900 SHEPARD AVE.....	2 1.....	290,000.....	2009/06/17
1401 48TH ST.....	2 1.....	187,500.....	2009/07/08	5915 SHEPARD AVE.....	2 2.....	362,500.....	2009/06/23
1640 49TH ST.....	2 1.....	240,000.....	2009/08/28	5333 STATE AVE.....	3 2.....	341,000.....	2009/06/10
				5040 T ST.....	2 1.....	380,000.....	2009/09/25
				5349 T ST.....	2 1.....	342,654.....	2009/09/11
				78 TAYLOR WAY.....	3 1.5.....	465,000.....	2009/07/16
				172 TIVOLI WAY.....	2 1.....	300,000.....	2009/09/30

Legacy and tradition live on at historic St. Francis High

By LANCE ARMSTRONG
East Sacramento News Writer
vcnnews@valcomnews.com

Editor's Note: This story is the second part of a two-part story series on St. Francis High School. To read the entire story, visit www.valcomnews.com.

A fixture of Sacramento

With the fear of overcrowding caused by increased enrollment at St. Francis High, the 1956 opening of Bishop Armstrong High School at 4315 Sacramento Blvd. – now Martin Luther King, Jr. Boulevard – alleviated this problem, as juniors and seniors from St. Francis, St. Joseph and Christian Brothers high schools formed Bishop Armstrong's first student body.

This arrangement, which included each school maintaining its own ninth and tenth grades, continued until 1964, when Christian Brothers High purchased Bishop Armstrong High to create a four-year boys' high school.

It was also in this year that St. Francis High opened with 520 sophomore, junior and senior students at its current location, which originally had the address of 6051 M St., since the school's former administration office faced M Street. The freshman class of 1964 remained at 25th and K streets before transferring to the M Street campus the following year.

The landscape of the current St. Francis campus has evolved throughout the years with its greatest changes coming with the completion of the first phase of its campus expansion in 2004. This particular effort resulted in the school's new performing arts complex, a 500-seat theater, a dance studio, a library resource center, a gymnasium and fitness center and six enhanced science laboratories.

Another later addition to the school was the construction of its Serra Court, which was named after Father Junipero Serra and includes a large outdoor stage and picnic-type tables.

Well aware of her school's focus as a college preparatory school, Kia Shebert, a junior who plans to study forensic psychology in college, said that little time passed during her time at St. Francis before she was asked to provide her goals for college.

"I think it was the second week of my freshman year that I was pulled into my counselor's office and was



The current site of St. Francis High School is shown under construction in this c. 1963 photograph.

East Sacramento News Photo/Lance Armstrong

asked, 'What colleges are you looking at?' I was like, 'I just got here. I'm still trying to find the bathroom.' But they're definitely a college prep school, so the way you line up your courses here reflects what you're going to do in college," she said.

Another St. Francis student, freshman Ashley Rose said that she has high ambitions to be an actress and is receiving quality experience through her current role in the school's upcoming production of "The Taming of the Shrew."

In addition to the school's academic strides, St. Francis also focuses on excellence in athletics.

In discussing the success of St. Francis' athletic program, which includes many league titles, several Northern California titles, three state titles and the 2005-06 Cal-Hi Sports State Girls' School of the Year award, Athletic Director and former St. Francis three-sport athlete Kolleen McNamee notes three important variables accounting for the program's prosperity.

"I think a lot of things contribute to the success of the program," McNamee said. "We have a lot of coaches who know the game, but also know how to coach young women.

We have athletes who are really focused, work hard and really want to represent their school. I think those are really important things. We're also emphasizing our Pursuing Victory with Honor program with our coaches, athletes and our parents to make sure that we treat our opponents with respect and that we represent the school the way it should be represented. All these things tie in together to make this a successful program."

Chris Chappelle, whose daughter Katie is a freshman at the school, said that she appreciates the fact that St. Francis is internally considered a community unto itself.

School and spirit

"St. Francis is a very friendly, welcoming community and everybody is there for the same reason," Chris said. "I like that (Katie) is so comfortable there and that academics and faith are number one. Everything else kind of comes as a bonus."

In reviewing the history of St. Francis High, which is currently educating 1,137 students, including about 75 students who transferred from the now-closed Loretto High School, the school's Director of Communications Ingrid Niles said that St. Francis High



East Sacramento News Photo/Lance Armstrong
Patricia (Merz) Shebert of the Class of 1953 shows off her 1953 yearbook. St. Francis High's yearbook, "The Canticle," was first printed in 1952.

is very proud of its quality educational traditions.

"St. Francis High School is very proud of its nearly 70-year history of faith-based education with a strong emphasis on excellence in academics, the arts and athletics and providing a well-rounded education for the young women of the greater Sacramento area," Niles said.

Good to the last drop

Locals mourn sudden closure of Sacramento Brewing Company

By **BENN HODAPP**
East Sacramento News Writer
vcnnews@valcomnews.com

Loyal patrons of the Sacramento Brewing Co. were shocked Oct. 20 to find the doors to their local hangout locked for good. Without warning or prior announcement, the well-known business, located at 2713 El Paseo Ln., announced it was shutting down Oct. 19 via a blog posting by brewmaster Peter Hoey.

On his blog (sacbrew.blogspot.com), Hoey thanked customers for their years of patronage.

"Just wanted to thank everyone for all their support over the last 15 years. Some amazing friends have been made and great times have been had at Sacramento Brewing," he wrote. "As of today, we have closed the doors for good."

Shock at the sudden shutdown

People came by around lunchtime Oct. 20, some fully unaware of the closure.

Kirk Curry, a local man who said he had been coming for lunch since the brewery opened 15 years ago, was shocked.

"It's kind of a bummer," he said. "Wanted to come in and have some wings and a beer."

Curry, who said he visited the restaurant maybe once a month, said that he was there a week ago

"Some amazing friends have been made and great times have been had..."

and that there were "no notions" that a closure was impending.

Tim Jackson and Raymond Murcell were also surprised to find their lunch spot locked up.

"We came here once a week," Jackson said. "It was always busy."

Murcell added that the news was "terrible" and that he didn't understand why it was closing.

A note taped to the inside of the door read simply, "Closed Due to the Economy - Thank you for your business and support."

Next to that note was a napkin taped to the outside by a long-time customer, thanking the establishment for "the memories and for welcoming me and my family to Sacramento."

As the banner for all-you-can-eat ribs still swayed in the early afternoon breeze, it was clear that the brewery was gone, but certainly not so easily forgotten.

Economic realities

In his blog announcing the shutdown, Hoey asked local residents to



East Sacramento News Photos/Benn Hodapp
The famed Sacramento Brewing Co., located at 2713 El Paseo Ln., closed down for good Oct. 19. Brewmaster Peter Hoey attributed the action to the current economic environment.

support the few remaining breweries in Sacramento.

"Please think of them the next time you are buying beer at the grocery store or deciding where to have a pint," Hoey wrote.

Although the Arden and Carmichael areas have lost a beer-brewing landmark, a handful of local breweries remain in Sacramento, including Brew It Up (801 14th St.), Rubicon Brewing Co. (2004 Capitol Ave.), Hoppy Brewing Co. (6300

Folsom Blvd.), and River City Brewing Company (Suite 1115, 545 Plaza Ave.).

Responding to the news that the Sacramento Brewing Co. was closing its doors for good, Hoppy Brewing Co. commiserated online Oct. 19 via the social networking Web site Twitter.com. Echoing the sentiments of many brewery patrons, the Twitter post said, "This is a BAD DAY for Sacramento beer lovers."

CLASSIFIED ADS

Call a sales representative today for great advertising rates: 429-9901

ANTENNA REMOVAL

CONOVER'S ANTENNA REMOVAL SERVICE
Why not remove that old, ugly, unused antenna. A home improvement at little cost. Call (916) 973-9928 for an appt. for removal.

BOOKKEEPING

#1 BOOKKEEPER
25 yrs. exp. in industries like Auto, Mechanics, Restaurants, Caterers, Massage, Doctors, Chiropractors, Non-Profit, Retail, Martial Arts, Barber, Construction, Wholesale, Investment Clubs, Corp, Partnerships, Sm Business. We are experts in General Ledger, Payroll, Profit & Loss & Quarterlies. Call for yr specialized appt. Same low 1990 rates. Ask for Irene Senst (916) 640-3820. www.taxirene.info.

COMPUTER SERVICE

GOT COMPUTER PROBLEMS?
Pocket Computer Technician. I do on-site visits in the Pocket area. \$30/hr. Outside the Pocket area, travel charge will apply. Problem not fixed? No pay! Free estimates/consultation. Call cell# 296-7161.

Check out the Home Improvement page!

CRAFT ARTISANS

LOOKING FOR CRAFTERS AND ARTISANS
Holiday Crafts & Gift Faire, Nov 14. Sacramento Elks Lodge #6, 6446 Riverside Blvd. Tables & chairs for \$30 up. Floor space for \$50 up. To reserve or for info call 916 686-0347.

HANDYMAN

FALL CLEAN-UP!
Rain gutter's cleaned, concrete removal, sod placement, rototilling, pressure washing/power spray, yard work, hauling, painting, tree & shrub removal, general labor, fence repair, odd jobs & more. References available. Licensed. Call Les at 838-1247.

HANDYMAN SERVICES
No job too small. Make your "to-do" list and give me a call. Electrical, Plumbing, Tile, Sheetrock, Plaster, Stucco, Repairs and Remodeling, you name it! Lic# 908942. Call Steven at 230-2114

Sell your car! 429-9901



HOUSEKEEPING

EXPERIENCED HOUSEKEEPER
Experienced housekeeper looking to add new clients. Honest, dependable, reliable & very picky about how to clean your home. "I clean your home the way YOU want me to." Affordable rates. Ref available. Contact Sharon @ 916 451-4014.

TAX PREPARER

#1 TAX PREPARER
25 yrs. exp. We specialize in Business Tax returns including Corp & Partnerships. We prepare expertly all past tax returns including all State returns. Get the most deductions allowed to you by law. CTEC Registered & Bonded. Please call for yr appt. today. Irene Senst (916) 640-3820. Same low 1990 rates. www.taxirene.info.

ADVERTISE YOUR RENTALS

Call 429-9901

FOR RENT

Artist Studios for Rent
Brickhouse Gallery & Arts Complex,
2837 36th Street
Sacto, 95817

at (916) 457-2502

HOME IMPROVEMENT

Need Home Improvement?
Check out the
Home Improvement Guide
in the East Sacramento News.

For Melissa for
Home Improvement
ad rates, call 429-9901.

East Sacramento News would like to hear from you!

Do you have an interesting story to tell? Unusual hobby, collection or job? Maybe it's your 100th birthday! Did your child win a special award that needs to be recognized? Do you have fun/unusual photos you would like to share with the readers? Do you know someone who deserves recognition for volunteering?

We want to hear from you. Mail to:

East Sacramento News
2709 Riverside Blvd.
Sacramento, CA 95818
or:
ryanrose@valcomnews.com

Your Home Improvement Guide

Call a sales representative today for great advertising rates: 429-9901

**YOUR SERVICES ARE NEEDED
CALL Melissa TODAY TO PLACE YOUR AD
(916) 429-9901**

BUILDING MATERIALS



INVENTORY ALWAYS CHANGING!
Windows & Doors! Plywood, lumber, siding, cabinets, molding & more!
All are heavily discounted Contractors' extras or overstocked items.

916-369-1846 • www.builderssurplusllc.com

6015 Power Inn Rd, Suite G • Sacramento 95824

Hours: Mon-Fri 9-5, Sat 9:30-4, Closed Sunday

YOUR AD SHOULD BE HERE!

Call today!
Your services
are needed.
Your ad should be here.
Ad design is free.
Call 429-9901

CARPET & UPHOLSTERY CARE

JOHNNY ON THE SPOT

Complete Carpet & Upholstery Care

"Our cleaning is the most thorough you have ever had, or we will clean it again free. If you are still not pleased, we will refund your money."

- I.I.C.R.C. Certified Firm
- Carpet Repairs & Restretching
- I.I.C.R.C. Master Cleaner
- Red Stain Removal
- Pet Urine Removal Treatment
- Free in home written estimates

Call (916) 391-9292

CLEANING

PRIME QUALITY MAINTENANCE

- RAIN GUTTER CLEANING
- Pressure Washing (house ext/walkways/all concrete areas)
- Window Cleaning (inside/out/screens washed)
- Hard Water Stain Removal
- Landscape Maintenance

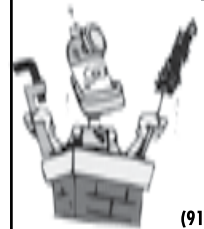
Free Estimates
Licensed & Insured



Call Jesse (916) 417-4231

CHIMNEY SWEEP

Your Friendly



**Affordable
Chimney
Sweep**

David Schwind
(916) 215-1998

CONSTRUCTION

Griffin Construction

- New Construction
 - Remodeling & Room Additions
 - Demolition & Removal of Old Unwanted Existing Garage & Replace with New Single/Double Larger Garage or Shop.
- Staying small to serve you better.*
Local references
Lic # 510423
Call (916) 402-7463

CUSTOM CABINETS

Bruce WOOD Products

Since 1990 · License #604802



Custom Cabinets &
Built-in Furniture
for any room

FREE ESTIMATES

(916) 452-8134
brucewoodprod@aol.com

ELECTRICAL CONTRACTOR

CAPITOL ELECTRIC

Since 1960 in Sac area

Reasonable

Res. & Commercial work
Repairs, Trouble Shooting
Custom Lighting/Free Est.

(916) 451-2300

Cell: 213-3740

Neil McIntire — C.S.L.# 394307

FENCING

AESTHETIC FENCE COMPANY

HANDMAN SERVICE

Gates, Retaining Walls, Repair Work

Fence Installments \$11.75 Ft.

FREE Estimates. NO Deposit.

Phone: 916.570.3078 Cell: 916.380.0061

< unlicensed >

FENCING

Bob Grove
(916) 425-7435

License #: 927602

**GATEWAY
FENCE CO.**

Commercial & Residential

Gateway-Fence.com
bob@gateway-fence.com

Fax (916) 429-1905

**5% OFF
Fall Special**

GENERAL CONTRACTOR

Sloan Construction

Complete Home Renovations
Kitchen/Bathrooms/Additions

** One Project at a Time to Serve you Better **
Serving the Sacramento Area for over 20 yrs

Call Dave: Office (916) 944-4313

Cell (916) 202-9448

References Available

General Contractor — CCL No. 549475

HANDYMAN

FALL CLEAN-UP !

- RAIN GUTTER CLEANING
- ROTOTILLING/& SOD PLACEMENT
- CONCRETE REMOVAL
- YARD CLEAN-UP/HAULING
- PRESSURE WASHING

Call LESTER

(916) 838-1247

Lic#128758/Ref

Pressure wash your driveways clean! your decks, too!

Clean out your garage! Replace that old lawn!

Hard work ---not a problem!

SPECIALS FOR SENIORS/*SERVING THE AREA FOR OVER 10 YRS*



**NOW IS THE PERFECT TIME FOR
HOME IMPROVEMENTS call Melissa at (916) 429-9901!**

Your Home Improvement Guide

Call a sales representative today for great advertising rates: 429-9901

YOUR SERVICES ARE NEEDED CALL Melissa TODAY TO PLACE YOUR AD (916) 429-9901

HANDYMAN

FREEDOM HANDYMAN SERVICES
Free up your time from those pesky unwanted jobs. I do odd jobs, plumbing, carpentry, security door installation, light fixtures & fans, recaulking of tubs, hauling
NO JOB TOO SMALL!
Call Eric
(916)470-3488

HOUSE CLEANING

ALLAWAY'S HOUSE CLEANING
• Owner Operated
• Satisfaction Guaranteed
• Reasonable Rates
• Uses Rainbow Vacuum
Excellent References of 17 Years
Call Rick (916) 768-6236
for Free Estimate
Lic# 83861 Bonded # 1214773

PAINTING

DANEAU PAINTING
• RESIDENTIAL & COMMERCIAL
• QUALITY WORKMANSHIP
• 18 YEARS EXPERIENCE
• DISCOUNT AVAILABLE
CALL TODD 916.284.9413
LIC# 923796

PLUMBING

Plumbing • Remodeling
Serving Sacramento Since 1998
Don Rose Plumbing
DonRosePlumbing.com
CA Lic. 756191 Call 217-7093

PLUMBING

ROONEY'S PLUMBING
FULL SERVICE PLUMBING
456-7777
rooneysplumbing.com
License #683668

HANDYMAN

Reliable Handyman
Doors • Molding • Windows
Cabinets • Electrical
• Plumbing
Water Heaters • Disposals
All repairs
15 Years Experience
Call (916) 806-7879

LANDSCAPING

Terra Bella Gardening Maintenance
It's Tree Trimming Season!
• Full yard maintenance
• One time clean-up
"Not your typical mow, blow & go company!"
Call Randy (916) 454-3430
or 802-9897
www.terrabellagarden.com
Lic# 152584

PAINTING

ROSE & DYNAMIC PAINTING CO.
Fall/Winter Discount 10% OFF
Interior & Exterior
Residential & Commercial
Steve Rose 665-1041
Manny Fonseca 665-2671
References Available
Lic.#911035 BBB - Member

PLUMBING

Straightline Plumbing
We'll beat any written estimate!
We charge by the job,
not by the hour!
COMPLETE Plumbing service & repair
Lic # 713823
Call Don @ (916) 481-3836

REMODEL CONTRACTOR

All Range, Inc.
Free Estimates, WE DO IT ALL!
Kitchens & Bath Remodels,
Dry-rot repairs, Roofs, ADA, etc.
916-240-7700 or 916-320-2534
Lic# 930998

HAULING

CJ Hauling
Residential & Commercial debris hauling
(916) 769-3490
Lic# 342771

LANDSCAPING

SACRAMENTO LANDSCAPE CO.
DESIGNS • PLANTING
LIGHTING • IRRIGATION
WALLS • FLAGSTONE
PAVERS • MORE
SMALL JOBS WELCOME
CALL 832-2010
SACLANDSCAPE@EARTHLINK.NET
CL# 770400

PAINTING

SOVEREIGN PAINTING
Quality craftsmanship
3rd Generation Painter
with over 30-years experience
(916) 422-4416
Dan Sovereign
Interior & Exterior Painting
Lic.#484215

PLUMBING

BONNEY PLUMBING, HEATING, AIR & ROOTER SERVICE
WE CHARGE BY THE JOB...
SO YOU KNOW THE COST
BEFORE WE START!
CALL 444-0551
Toilet, faucet, sink & disposal repairs
Installation of new plumbing fixtures
Trenchless sewer replacement
Sewer & Drain Cleaning
Water & gas line repair
Water heaters
FREE ESTIMATES / ALL WORK GUARANTEED / SENIOR DISCOUNTS / LIC # 696355

REMODELING CONTRACTOR

Retirement home costs start at \$3,000 to \$5,000 per month.
Remodel and stay in your own home longer and for less!
Universal design/remodel: bathrooms, kitchens, whole house
Husband and wife team • Your safety and satisfaction is our first concern.
Nationally certified kitchen and bath remodelers C.K.B.R.
Visit our web site for more information!
www.PioneerWestRemodeling.com
CALL FOR FREE ESTIMATE:
(916) 726-2410
CA CONTRACTOR LICENSE#748223

HEATING/AIR CONDITIONING

BONNEY PLUMBING, HEATING, AIR & ROOTER SERVICE
Heating & Cooling Service/Repairs
New Installs & Existing Replacements
Maintenance Programs/Agreements
FREE ESTIMATES / ALL WORK GUARANTEED / SENIOR DISCOUNTS / LIC # 696355

DON'T BE CAUGHT IN THE COLD!
Season Special
Heating System tune-up \$85
CALL 482-1119
Service on All Brands
High Efficiency Air Filters
Freon Leak Detection

LANDSCAPING

ROBERTS LANDSCAPE CUSTOM LANDSCAPE AND DESIGN
*Sprinklers *Decks
*Concrete *Masonry
Experienced with
Old Garden Renovation
Call: 444-6458
License # 590317

PEST CONTROL

THE END TO ALL YOUR TERMITE AND PEST CONTROL PROBLEMS
HYDREX PEST CONTROL CO.
916-447-3922
Pest Control: \$68/Service* - Homes up to 2500 Sq. Ft.
Termite Inspection: \$95 - Homes up to 3000Sq. Ft.
* 5 service minimum agreement, additional Sq.Ft slightly higher
Ants • Spiders • Earwigs • Silverfish • Rodents • Roaches • Fleas • Bees

PAINTING

GARY'S PAINTING
CUSTOM RESIDENTIAL
INTERIOR & EXTERIOR OVER 20
YEARS EXPERIENCE WITH PRIDE
EXCELLENT REFERENCES
725-8781
Contractors Lic. # 734323
McClatchy '67

ROOFING

Gallagher Roofing
Serving Sacramento Since 1993
*Residential Composition Specialist
*Roof Repair & Maintenance
"No job too small"
FREE estimates
Call DAN: (916) 965-6381
LIC# 664323

ROOFING/SIDING

ZIMMERMAN REROOFING
3675 R Street
Sacramento, California 95816
East Sac Specialists
454-3667
zimroof.com
License #763169 Dave Zimmerman

CALENDAR

For more Calendar entries visit
www.valcomnews.com

GET IN THE CALENDAR

Is your club, group, church, school, or organization having an upcoming event? Let us know. Send information about your event—including date, time, location, a brief description, cost (if any), and contact information—to Calendar, c/o Valley Community Newspapers, 2709 Riverside Blvd., Sacramento, CA 95818, or e-mail ryanrose@valcomnews.com. Deadline is one week before publication. Priority is given to events that are in the community and/or of little or no cost. There is no guarantee that events submitted will appear in the calendar. To ensure placement within the newspaper, please call 429.9901 to place an advertisement.

NOVEMBER

Trip to Spain

Join Norma Petta, Spanish instructor and tour guide, for a lively discussion on travel to Spain. From the festive squares of Madrid to the Sierra Nevada foothills and the Mediterranean coastline, this journey through Spain showcases a landscape as intricate as its history and people. Immerse yourself in the unique culture and traditions of each region. Nov. 18th at 6:30 pm at Oakmont High School, 1710 Cirby Way, Portable 33 in Roseville and on Nov. 19th in Sacramento location TBA. Call Norma

at (916) 457-1220 or go to ask_norma@spaineasy.com

Hart Ping Pong Players

We are excited to announce yet another new way to have fun and get your heart pumping at the Ethel Hart Center: PING PONG! Also called table tennis, ping pong is FUN, competitive, and strengthens your hand-eye coordination. This Olympic sport features light balls and paddles and is easy to learn. Sessions will be held Thursdays from 10:30 a.m. to 12 p.m. Free. Register in advance by phoning 808-5462. Ethel Hart Center 915 27th Street Sacramento 95816.

Looking for candidates

Currently, Todd Migliaccio, a professor at California State University, Sacramento (Sacramento State) is conducting a study about family and longevity in marriage. He is interested in videotaping interviews with couples or individuals who have been married for over 30 years. The topics will cover a range of experiences that are related to relationships, marriage and family over time, including dating, love, marriage, kids, as well as a host of other experiences couples encounter in a marriage. If you are interested in being interviewed at the Ethel Hart Center, located at 915 27th Street Sacramento to 95816, please feel free to contact Todd at tmigliac@csus.edu or (916) 278-7573.

NOVEMBER 5

Latino Dance and Culture Group

Come dance to the beat of all types of Latin music! Featured DJ music and delicious Mexican food! Held at the Ethel Hart Community Center, 915 27th St., from 6:15-8:45 p.m. Suggested donation: \$3. For more information, call Barbara Alarcon 400-4514.

NOVEMBER 6

Bake Sale

Asian Community Center 2009 Craft and Bake Sale will be from 10 a.m. to 6 p.m., Friday, Nov. 6, at the ACC Greenhaven Terrace, 1180 Corporate Way. Handmade crafts, jewelry, garden plants, white elephant items, fruit, baked goods, chili and ben-to will be sold. Proceeds support the programs and services at ACC Park City, ACC Nursing Home and ACC Greenhaven Terrace. For more information, contact Khonnie Lattasima at (916) 9026 Ext. 325 or visit http://www.accsv.org/ca/index.php.

NOVEMBER 7

Jensen Garden Workday Volunteers

The Friends of the Jensen Botanical Garden hold garden work days one Saturday of every month from 9 a.m. to 1 p.m. The next workday is Saturday, Nov. 7, 2009. Bring work gloves, hand pruners and your lunch. Come join with other volunteers to keep the garden beautiful all year. The next workday in 2009 is Dec. 5. The Jensen Garden is located at 8520 Fair Oaks Blvd. in Carmichael. For more info: Tracy Kerth (916) 485-5322 ex23 or email tracy@carmichaelpark.com.

Old City Cemetery tour

Explore some of the diseases of the Gold Rush and visit the final resting place of the multi-talented physicians who cared for their patients on this Saturday morning tour of the Sacramento Historic City Cemetery. Led by Dr. Bob LaPerriere, this tour will offer an interesting perspective on Gold Rush history. The tour commences at 10 a.m. from the Cemetery's main gate at Broadway and 10th Street. Visitors may park across the street from the 10th Street Gate and meet at the cemetery entrance. For tour information,

please call (916) 448-0811. Tours are free, though donations for the restoration of the cemetery are greatly needed and appreciated.

NOVEMBER 8

Holiday Craft Faire
It's hard to believe, but it's time to start thinking about shopping for those special gifts and holiday decorations. Our vendors offer unique gifts and decorations for all your holiday needs. If you have items to sell, don't forget to reserve your spot at the hottest faire in town! Mission Oaks Community Center, 4701 Gibbons Drive, Carmichael, CA 95608 (916) 972-0336 or go to morpd.com. The event will be from 9 a.m. to 3 p.m. Admission is free.

NOVEMBER 8

Veterans Day concert

Sacramento Youth Symphony, Premier Orchestra will produce a special event, a salute to Veterans Concert on Sunday, November 8th, 2009 at 3:00 p.m. at Hiram Johnson High School, 6879 14th Ave. Tickets: Veterans and active military will be offered a ticket for \$5 with military ID or uniform. Other tickets cost \$10-15 dollars. Students 10 and under free. Call 916-731-5777 for ticket information.

Chili by the River

The St. Joseph's Parish is getting ready to hold its first annual Chili Cook-Off and annual harvest craft fair. The cook-off, promising fiery competition and fun, will be held on November 8th between 9 am and 12:30 pm on the lawn of St. Joseph's Catholic Church, 32890 South River Road in Clarksburg. The harvest craft fair will be held simultaneously with the chili cook-off and will feature a wide variety of holiday and every day gift items. The gift fair will continue until 3 p.m. Admission to both events is free. For further information, call 916-421-9615.

COLLEGE AHEAD?

TWO NEW WORKSHOPS – PLAN TO ATTEND!

1 November 12 FINANCIAL AID - HOW DO I APPLY?

This workshop will give you the latest information on the different kinds of financial aid. You will also learn how to fill out the FAFSA and why everyone should submit one.

WHEN: Thursday, Nov. 12, 7 - 8:30 PM
WHERE: Sierra 2 Community Center
2791 24th St, Sacramento 95818
COST: \$25 per family

2 November 19 SCHOLARSHIPS - HOW DO I FIND THEM?

In this workshop, you will learn how to find scholarships, how to apply for them, and how to write scholarship essays.

WHEN: Thursday, Nov. 19, 7 - 8:30 PM
WHERE: Sierra 2 Community Center
2791 24th St, Sacramento 95818
COST: \$25 per family

Marilyn van Löben Sels, Certified College Counselor
marilyn@college-gps.com • (916) 601-6909

Senior Services *and* Resources

Call Melissa (916) 429-9901

A RETIREMENT COMMUNITY

MERRILL GARDENS
AT GREENHAVEN
A one of a kind retirement community
(916) 427-1133
Spacious One Bedrooms
Full Kitchens and Patios
Starting at \$1,395
Equal Housing Opportunity
Lic# 347001396

ASSISTED LIVING/MEMORY CARE

Aegis of Carmichael
4050 Walnut Avenue
Carmichael, CA 95608
*We're the people who
make life better.*
Lic #347001686
(916) 972-1313
www.aegisliving.com

BEAUTY SALON

ROSES Hair Design
*Specializing in the Mature
Woman since 1995*
Senior Pedicures
We STILL use rollers!
(916) 457-6659
394 - 45th St (45th & D Street)

DOCUMENT PREP SERVICES

**LIVING TRUST/LIVING WILL
Legal Document Prep Services:**
• Trust • Will
• Powers of Attorney
• Residential Deed
10% off SENIOR SPECIAL
Couples \$495 Singles \$450
Lynda K. Knight (916) 214-1215
641 Fulton Ave. #100, Sacto 95825

ELDERLY CARE

Woods Retreat
Residential Care Facility
for the Elderly now accepting
applications for residents.
Let us care for your loved ones.
State Lic #340306720
Owner-operated (916) 421-5845

HELP AT HOME

**HELP AT HOME
Senior Care**
Caring, In-Home Assistance & Companionship
• Light housekeeping
• Meal preparation
• Med reminders • Errands
• Dementia care • Bathing
& Much More
For no-cost/in-home assessment,
call 877- 404-6636


YOUR AD SHOULD BE HERE!

Call Melissa today!
**Your services
are needed.**
Your ad should be here.
Ad design is free.
Call 429-9901

LOVING COMPANIONS


*"Assisted living" in the privacy
& comfort of your home*
Affordable rates, 1-24 hours/day
Certified Care (916) 753-1491

SPECIAL ALZHEIMER'S LIVING


Special Alzheimer's Living
**Day Club, Respite,
Residential, Support Groups
& Educational Classes**
cas@primrosealz.com
www.primrosealz.com
(916) 392-3510
7707 Rush River Dr. Sacto, CA 95831

YOUR AD SHOULD BE HERE!

Call Melissa today!
**Your services
are needed.**
Your ad should be here.
Ad design is free.
Call 429-9901

YOUR SERVICES ARE NEEDED

CALL Melissa TODAY TO PLACE YOUR AD (916) 429-9901

NOVEMBER 9

Geranium Society Meeting

Carmichael Geranium Society November Meeting is Friday November 9, 2009 at Carmichael Community Clubhouse, 5750 Grant Avenue, Carmichael. Program - Lydia Riebel - Holiday Floral Decorations 10 a.m. to 12 p.m. Visitors welcome - free. All displays will be raffled at end of meeting

NOVEMBER 12

"Hats and Wraps for the Holidays"

Held Nov. 12 at Casa Restaurant (2760 Sutterville Rd.), the "Hats and Wraps for the Holidays" is a special event supporting the Sacramento Children's Home. The event presents Carol Culp and Drin Welker and Casa's Mary Weaver, who have created hats and wraps that are both attractive and functional. Seatings are at 11:15 a.m. or 1:15 p.m. Tickets are \$20. Main entries are a Chicken in Filo with mixed green salad or a chipotle caesar salad with chicken. Dessert is chocolate torte with raspberry coulis. For more information, call 452-2809.

Computer club meeting

The Mission Oaks Computer Club will meet on November 12, from 1-3 p.m. at the Mission Oaks Community Center, 4701 Gibbons Drive, Carmichael, CA. Microsoft rep Jeffrey Aziz will provide an introduction to Windows 7, Microsoft's next Windows operating system. A problem-solving clinic, led by Adam Lacey of Applications, Etc, will follow the meeting. First-time visitors are welcome. For additional information call (916) 366-1687 or visit our Web site at www.missionoakscomputerclub.org.

NOVEMBER 13

Jewelry Sale

The Senior Center at Sierra 2 and Cure Arthritis Now host the first annual jewelry sale on Friday, November 13, from 11 to 2 pm at Sierra 2 (2791 24th St). We are asking for community support to make this event a success. Help by donating costume or other jewelry to the sale. (We accept broken bits and beads for sale to crafters.) Apply to participate as a jewelry vendor at this event. Questions? Call the Senior Center at 455 6339 or Cure Arthritis Now at 208 8700. Looking forward to seeing you at the event!

NOVEMBER 14

E-waste recycle day

Bring your old computers, TVs and other e-waste and the Boy Scouts and California Electronic Asset Recovery (CEAR) will recycle it safely. And all for free. The event is happening Saturday, Nov. 14, from 9 a.m. to 1 p.m. at St. Mel's Catholic Church, 4745 Pennsylvania Ave., Fair Oaks, (near corner of Sunrise Blvd. and Sunset Ave.). Questions? Want to arrange a pick-up (if you've got big items or you're a business)? Contact ponyexpress@surewest.net.

Fe Galley art reception

Kris A Johnson will be the guest artist for November. She will join Mental Artist Stephen Lyman and Fused Glass Artist Sheena Wolfe for our November 14 Second Saturday reception from 5-9 p.m. There will be an art demonstration at 7:30 p.m. Fe Gallery is located at 1100 65th Street (north of Folsom Blvd., corner of 65th and Elvas), East Sacramento. For more information about the artists and the gallery visit www.FeGallery.com or call, (916) 456-4455. Daytime gallery hours are currently from 8:30 a.m. to 4 p.m. Monday through Friday and Saturday 10 a.m. to noon. The current show will run throughout November.

Indian Classical fusion

The Sacramento City College Music Department will present the Nada Brahma Music Ensemble in an evening of Indian Classical Fusion improvisation on the following evening in Sacramento: 8 p.m., Saturday, Nov. 14, Sacramento Yoga Center, Room 6 in the Sierra 2 Center, 2791 24th St. Admission for each evening is \$5-\$20 (sliding scale). For more information, contact Rob Knable, SCC Music Department Chair at 558-2515.

Holiday Boutique

Parkside's annual Holiday Boutique will be held on Saturday, November 14 from 9-4pm and Sunday, November 15 from 11:30 a.m.-2 p.m. in the fellowship hall. Unique hand-crafted gift items will be available for purchase including ceramics, hand-turned wooden items, soaps, hand-crocheted baby blankets, jewelry, ribbon bows and wreaths and Parkside's very own cookbook. Parkside Community Church is located at 5700 S. Land Park Dr. at the corner of 35th Avenue and S. Land Park Drive in Sacramento. For more information, please call 916-421-0492 or visit www.parksideucc.org.

NOVEMBER 14-15

Sale and fashion show

Sacramento Center for Textile Arts' annual Sale and Fashion Show will be November 14-15 at the Shepard Garden & Arts Center, 3330 McKinley Blvd. Fashion show is Nov. 14 at 10 a.m. Sale is 11 a.m. to 4 p.m. For more information, contact Vera Latimer at v.latimer@comcast.net.

Alternative Christmas Market

Choose from a selection of Benevolence Gifts from several local and international charities. Handcrafted gifts by native artisans from Third World Countries will be sold. Fremont Presbyterian Church, 5770 Carlson Dr. Sacramento. 9:30a.m. to 1:00p.m. Free admission. (916) 452-7132. Visit www.fremontpres.org.

NOVEMBER 17

Memory screenings

Primrose Living with Memory Loss to hold free memory screenings as

national event stresses importance of proper detection. Individuals concerned about memory problems can take advantage of free screenings as part of National Memory Screening Day, a national initiative of the Alzheimer's Foundation of America (AFA) to promote proper detection of Alzheimer's disease and related illnesses, and successful aging. Event held Tuesday, Nov. 17, from 11 a.m. to 4 p.m. at Primrose, 7707 Rush River Dr. For more information, call 392-3510.

NOVEMBER 18

Genealogical association meeting

The regular meeting of the Genealogical Association of Sacramento will be held on November 18 (the third wed of November) at 1 p.m. It will be held in the Belle Cooledge Library at 5600 South Land Park Drive, Sacramento. Our speaker will be Carol Byers. She will help us break down the "brick walls." Carol is a noted Genealogist and a member of our association. She specializes in German genealogy. She also is helpful in solv-

ing your research computer problems. Please join our association and participate in "Breaking down your brick walls." Questions call Melanie Howard at (916) 383-1221.

At Blue Moon Gallery

The gallery is holding a special event: "Of Travelers, Cats & Kings," works for Harpsichord performed by Alex Ives. The event is Wednesday, November 18, 7:30 p.m. Donations to benefit CSUS Baroque Ensemble, 2353 Albatross Way. For more information, call 920-2444.



ESKATON
Senior Residences and Services

Eskaton Monroe Lodge
A Land Park Tradition

Eskaton Monroe Lodge is an elegantly appointed six-story building featuring 100 private apartments, emergency pull cords in each apartment, shuttle van service, and a full-service dining room. We also feature a broad range of activities and spacious lounges on every floor for our residents use.

Eskaton Monroe Lodge is your answer to an active and independent lifestyle.

Eskaton Monroe Lodge
Independent Living with Services
3225 Freeport Blvd.
Sacramento, CA 95818
916-441-1015 | www.eskaton.org



Award Winning Facility - RAISES THE BAR

Rosewood Rehabilitation not only provides Award-Winning Skilled Nursing and Physical Therapy Services. As mentioned in July's Sacramento Business Journal, we are the only Skilled Nursing Facility specially equipped and trained in Northern California to rehabilitate patients with artificial heart pumps. Our 4-Star Medicare Rated Facility staffs 16 full-time Physical, Occupational and Speech Therapists to return you or your loved one to your highest level of function after an injury or accident. We look forward to serving the Sacramento Community.

6041 Fair Oaks Blvd • Carmichael, CA 95608



Rosewood Rehabilitation
Providing Courteous 24-Hour Skilled Nursing Care & Sophisticated Rehabilitative Services



916.483.8103

New! Easy to see and use.

Introducing the **NEW Doro PhoneEasy® 345** >>

Consumer Cellular is proud to be the exclusive provider of the Doro PhoneEasy. We also offer a complete line of full-featured phones from Motorola and Nokia, along with our simple, affordable plans on a nationwide network.

NO CONTRACTS

- No contracts on any Consumer Cellular plans!

SIMPLE PLANS

- Rates start at just \$10.

GUARANTEED

- 30 days or 30 minutes, money-back guarantee!

RATE PLANS			
PLAN NAME	MONTHLY FEE	PLAN MINUTES	ADD'L TIME/MIN
Anywhere Casual	\$10	N/A	25¢
Anywhere 250	\$20	250	25¢
Anywhere 500	\$30	500	25¢
Anywhere 1000	\$40	1,000	25¢
Anywhere 1500	\$50	1,500	25¢
Anywhere 2000	\$60	2,000	10¢

ADD A LINE FOR \$10/mo AND SHARE YOUR PLAN MINUTES!



Motorola EM 335
\$40
Phone* and
FREE Shipping

Doro PhoneEasy 34500M
\$40
Phone* and
FREE Shipping



AARP® members,
ask for your special
discount when
starting new service!

AARP® Discounts



Motorola BC250
FREE
Phone* and
FREE Shipping

EXCLUSIVE PROVIDER!

Doro PhoneEasy

- Big, raised buttons
- Large, bright screens and text
- Emergency call feature

ALSO AVAILABLE AT A
Sears
LOCATION NEAR YOU!

Call **1.888.206.6554** Online www.ConsumerCellular.com/Sears

*Requires new service activation on approved credit and \$35 activation fee. Retail buyers pay \$35 activation fee upon purchase of phone. Phone price after instant rebate applied at time of purchase. Certain models are free beyond activation fee. Cellular service is not available in all areas and is subject to system limitations. Phones are limited to stock on hand. Terms and Conditions subject to change. If you're not satisfied within 30 days or 30 minutes of usage, whichever comes first, cancel and pay nothing, no questions asked.



IT'S THE PERFECT GIFT FOR THE WHOLE FAMILY



Sacramento



Chem Dry Advantages:

- Dries in 2-3 hours
- Removes Stubborn Stains
- Leaves No Dirt-Attracting Residue
- Safe & Non-Toxic
- P.U.R.T.® (Pet Urine Removal Treatment)

(916) 971-9080



Superior Carpet & Upholstery Cleaning

*All work done on premises.
Independently Owned & Operated
Serving The Sacramento Area Since 1998*

15% Off
*All Cleaning Services
Carpet & Upholstery*

Must present coupon at time of service.
Not valid with other coupons or offers. One coupon per customer.
Minimum charges apply. Expires 01/31/10

20% Off
*All Cleaning Services with
Purchase of Protectant*

Must present coupon at time of service.
Not valid with other coupons or offers. One coupon per customer.
Minimum charges apply. Expires 01/31/10

\$85.00
Carpet Cleaning

Minimum. Up to 300 sq ft including pre-spray
Must present coupon at time of service.
Not valid with other coupons or offers. One coupon per customer.
Minimum charges apply. Expires 01/31/10

FREE
1 can of Spot Remover

with \$200 or more purchase
Must present coupon at time of service.
Not valid with other coupons or offers. One coupon per customer.
Minimum charges apply. Expires 01/31/10

Why risk a ladder accident? Byers' LeafGuard gutters NEVER clog. Guaranteed!



Ladders are dangerous! More than 500,000 ladder accidents are reported each year. Don't risk your safety – get Byers' LeafGuard and take gutter cleaning off your list forever.

- ✓ Guaranteed to NEVER clog for as long as you own your home, or we'll clean them for FREE.
- ✓ Keeps leaves, pine needles and debris out. Hassle-free and maintenance-free – permanently!
- ✓ The *only* seamless, one-piece leaf protection gutter system on the market.
- ✓ A complete patented system – *not* an add-on screen or cover.
- ✓ Heavy-duty, rustproof aluminum – 20% thicker than ordinary gutters. Also solid copper!
- ✓ Beautiful colors and crown molding aesthetics.



Call today for a free, no-obligation estimate
530-272-8272 🍃 **800-977-5323**
ByersLeafGuard.com

Serving Northern California since 1987



Lifetime No-Clog Guarantee.

Byers' LeafGuard Gutter System is guaranteed to NEVER clog for as long as you own your home, or we'll clean it for FREE.

No fine print. No exclusions. Period.



22 YEARS OF SERVICE
Byers'
ENGLERT
LeafGuard
Gutter Systems
CA License 518784

The gutter that never clogs...ever. **Guaranteed!**

Ask about Financing

Byers' Water Harvesting
Call for more information & a free estimate



Windermere

Dunnigan Realtors



NEW ON MARKET

Super location. One of the finest East Sacramento streets. Just painted on inside and beautiful random plank floors refinished. Extra large living room great for entertaining. Open family room. Home has great 1930's architectural features. See www.478PicoWay.epropertiesites.com \$524,500

JERRY KIRRENE 455-1001



CLOSE TO EVERYTHING

You can't go wrong with this charming 3 bedroom 2 bath home with a nice large backyard. The tile is in excellent condition and it come with a new roof and new interior paint. Ready for a new owner to shine up the hardwood floors. Blocks from East Portal Park. See www.1309-56thSt.com \$339,900

DAVID KIRRENE 531-7495



PENDING!

A MUST SEE

Impeccably maintained home built in 1946 original owner property. Original tiled bath sparkles. Hardwood floors under carpet have been covered for over 50 years. Quality roof is only several years old. Newer dual pane windows and central heat/air. This could be the cleanest home around. Pictures don't reflect how this home shines. Come see it in person! See www.1519ChristopherWay.CanBYours.com \$359,000

CHRIS BRIGGS 834-6483



OPPORTUNITY KNOCKS

This 2 bedroom, 1 bath home is located one block away from East Portal Park. Remodeled kitchen, dual pane windows, inside laundry and detached one car garage. Excellent opportunity for a first time home buyer or investor. See www.5278LStreet.com \$319,000

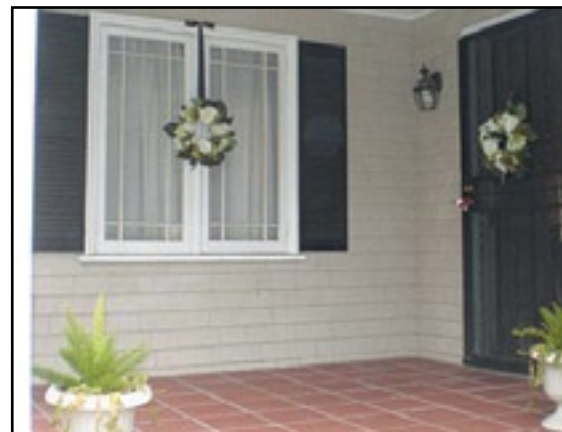
KARA LABELLA PARKER 716-3313
LIBBY LABELLA NEIL 539-5881



COMPLETELY REDONE

Don't let the outside fool you. 4 bedrooms and 3 baths with over 2400sq.ft., including a full basement under garage that would make a great wine cellar or use your imagination to create your own perfect use. Plenty of storage. Large master bedroom & bath with private patio. Designer colors TOO! See www.windmeredunnigan.com \$699,000

LISA HAVARD 698-3323



CHARMING COTTAGE

3 bed, 2 bath w/master suite - French doors fill this home w/light. Spacious living room - formal dining room features original leaded glass hutch - remodeled kitchen w/granite counters - French doors open to a lovely patio. See www.4127HSt.View24Hours.com \$426,000

CAROLE GOODIN 718-0875

DESIRABLE COLLEGE GREENS

3 Bd, 2 Bath w/ open floor plan. **PENDING** like a new home - all new roof, paint inside & out, baseboards, carpet & tile. Kitchen features new granite, stainless appliances, sink & garbage disposal. Both baths remodeled. Large Master Ste w/deck overlooks yard w/pool. See www.8159CarribeanWay.com \$309,000

LINDA WOOD 802-8042

YOU WON'T BE DISAPPOINTED

Charming College Greens home with a great room concept and separate living room. 3 bedrooms, including a large master suite. New A/C, dual pane windows thru-out, replaced plumbing w/copper to the street. Great low maintenance backyard that inc. orange, lemon and pomegranate trees. Move in ready. See www.8379MediterraneanWay.com \$310,000

SUE BALDO 541-3706

WONDERFUL CONDO

Wonderful 3bdrm Woodside Condo! Freshly painted! New tile floors kitchen and bath. Shows very well!! No cottage cheese ceilings! 2 covered parking spaces deeded to property. Light and bright!! Beautiful country-club like grounds. 3 pools, tennis courts, clubhouse and more!! See www.661WoodsideSierraLn.com \$239,900

ROSLYN LEVY WEINTRAUB 952-6602

PROPERTY TO DEVELOP

Build 7 Midtown single family town homes near McKinley Park! Tentative Subdivision Map approved to subdivide two lots (003-0153-007 & 008 extended to 7/20/12. Floor, site & elevation plans available. Approved design inc. private drive; garages; 5 detached units of 1,500sf; 2 attached units of 1,639sf; balconies; private yards. See www.2816DStreet.com \$512,000

KARA PARKER 716-3313



Windermere

Dunnigan Realtors

2401 American River Drive,
Suite 150
484-2030

Visit Our Web Site: www.windmeredunnigan.com