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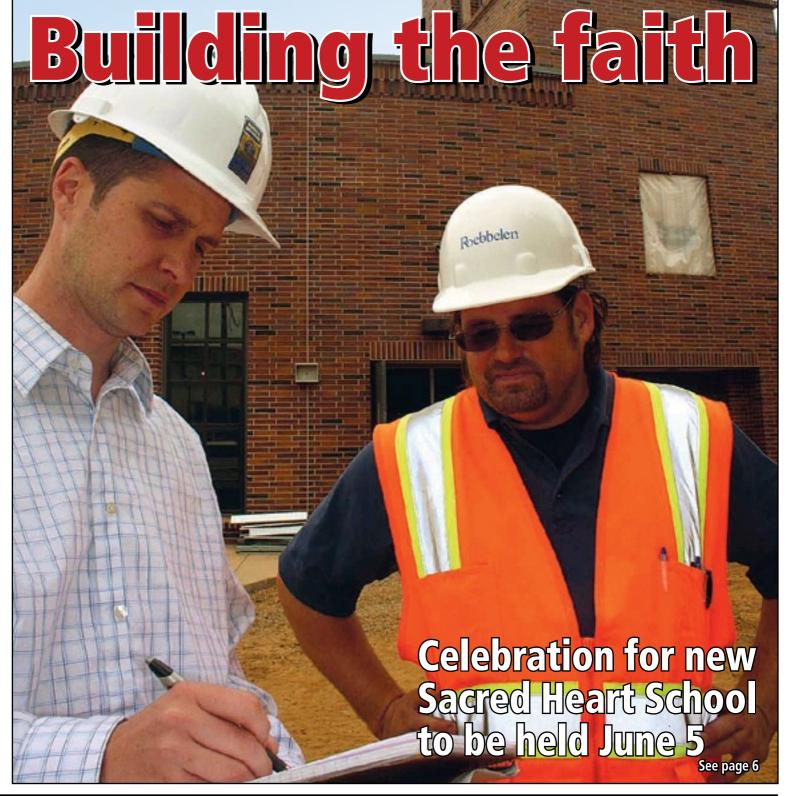
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East Sacramento News is published on the first and third Thursday of the month and delivered by mail and home delivery in the area bounded by Business 80 on the west, the American River on the north and east and Highway 50 on the south.	2709 Riverside Blvd. Sacramento, CA 95818		
Publisher George Macko	t: (916) 429-9901		
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NOTHING ENHANCES YOUR HOME LIKE A TRANE



Our local parks Newly renovated McKinley Park tennis courts open

East Sacramento News Staff Report

The McKinley Park Tennis Courts have been closed for the past two months while undergoing much needed renovations. On May 29, the courts re-opened to reveal some impressive improvements: ball wall for practicing serves, new court surface colored in U.S. Open blue and green, accessible gates, specially designed nets, and improved drainage.

In celebration of the improvements, a ribbon cutting ceremony was held followed by a 150-participant, threeday tennis tournament. The McKinley Park Tennis Courts are located within McKinley Park at 601 Alhambra Boulevard.

"This tennis court renewal is the result of an amazing partnership of communi-

ty members who share a love of the historic McKinley Park tennis courts and recognize the importance of continuing the city's proud tradition of providing access to quality tennis courts for the general public," said District 3 Council Member Steve Cohn. "That we were able to pull this off with grants and donations in the middle of the worst recession since World War II is all the more remarkable."

The McKinley Park Tennis Court renovation project was funded without General Fund revenues. It was funded with a grant from the U.S. Tennis Association, park development fees, cell tower revenue, and donations from Spare Time Inc. and McKinley Park residents through the efforts of Friends of McKinley Park Tennis.



East Sacramento News Photo/Ryan Rose

The tennis courts at McKinley Park have been closed for the past two months for renovation (construction equipment pictured here as the remodel was in progress). The courts are now open again to the public.

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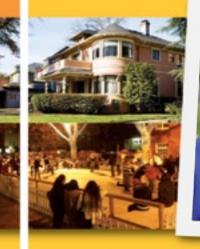
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THERMA TRU

Love thy neighbor Local church helps renovate East Sacramento home

By BENN HODAPP

Eást Sacramento News Writer benn@valcomnews.com

With the real estate market such as it is, many people across the country find themselves in difficult financial situations. Many homeowners, caught between bills and rising costs, don't have the extra money or time on their hands to fix up their homes as they would like. Enter Restoration Life Church of Sacramento.

At the end of last month, the church sponsored its fourth annual home restoration for one lucky local family. Nomination forms were delivered to 10,000 residents of East Sacramento in early April. People were asked to nominate someone in their neighborhood who could use a little extra help getting their home in top shape. The slips were then collected and counted before the winning home was chosen.

Seven homes were nominated this year, according to Team Leader of Restoration

Life Church Tammy Vallejo. Of those seven, the church decided which of the homes would work best for the threeday project. After some deliberation, they chose the home of Dale and Nichelle Snapp of Sacramento.

The home, located on Santa Ynez Way, is the proud new owner of front and back patios, a re-landscaped yard and garden, new sprinklers, a new coat of paint that covers the entire house and a play structure for the Snapp's 6year-old daughter Samantha.

But before the work could be done, the church had to inform the Snapps that they were in for quite a nice surprise. At first, it seemed almost too good to be true.

"This is going to sound crazy," Dale Snapp said. "I answered the door and there were people there from Restoration Life Church and they said that they would like to fix up our house."

It sounded like just another door-to-door scam of which

Photo courte

Over the course of four days last month, Restoration Life Church of Sacramento remodeled the East Sacramento home of Dale and Nichelle Snapp. Pictured here are shots of the home before, inset, and after the work.

Dale had seen many times in his family's five years in their East Sacramento home.

"I started to close the door, but they stopped me and said that they were sincere and that they were going to do it for free," he said.

He slowly realized that this was the real deal and that

something special was happening to his family.

"This kind of thing just doesn't happen to us," he said, See Church, page 5

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Church: 'It's an amazing feeling to see this'

Continued from page 4

still in a state of utter shock. "I'm a little bit overwhelmed."

A helping hand

The work began on Friday, May 14 at 6 a.m. and continued until sundown. These hours were repeated on both Saturday and Sunday. During the weekend, there was a hard-working group of 50-60 people painting, bricking, digging, planting, jack hammering, hauling and assembling a "new" home for the family. The workers were mostly volunteers from the church, but neighbors from all over the area came to swing a hammer and help with the cause.

"It's an amazing feeling to see this," Dale said. "There's so much negative stuff these days, but this helps to restore a little bit of faith in people."

And it wasn't just the people you might think that came and helped; a number of young people were eager to get their hands dirty as well. The proposed threeday process ended up taking a fourth day on Tuesday because of the sheer volume of concrete that had to be jack hammered and removed from the backyard. To listen to Dale speak about the process, he may not have even blinked if it took an extra week.

The entire job cost between \$10,000 and \$12,000, which was donated by church members as well as other donors. A number of local businesses donated materials for the project as well.

After having what is essentially a new home put in front of them, the Snapps remain in a bit of a haze over the entire process.

"It was an amazing amount of work," said Dale, who helped wherever they needed him during the weekend. "I don't think it has even sunk in yet, to be honest."

While the initial shock of the gift bestowed upon them still hangs in the air, each member of the family has chosen a favorite new addition to the home. "For me it's the front porch with the new rose bushes," Dale said. "Nichelle likes the new paint job the best and Samantha loves her play structure."

Samantha told her father that it was "the greatest weekend of her life" as she has scheduled a number of play dates with local children to show off her brand new piece of equipment. Some of the neighborhood children came over to play during the remodeling process. According to Dale, when the slide was attached to the structure it was total anarchy with children flocking to it like moths to a flame.

The Snapps always knew that their home was a fixer-upper, but thanks to the generosity of the local community, the home has been officially fixed.

To donate to Restoration Life Church's annual renovation effort or to find out more information on this and past renovations, contact the church at (916) 456-4227.



Janey Way Memories



The pit is on fire

By MARTY RELLES East Sacramento News Columnist marty@valcomnews.com



In the early 1960s, the U.S. began launching rockets into space. Some carried satellites. Others carried astronauts into space. Inspired, we on Janey Way decided to launch a rocket of our own.

We started by taking an expended metal CO2 cartridge and filling it with match heads. When it was full, we placed one end of a match into the cartridge with the head of the match sticking out. We then taped the cartridge to a 3-foot long stick, and took the rocket out into the pit, the vacated sand and gravel site located behind the houses on the east side of Janey Way, to a carefully selected launch site. There we stuck the rocket into the ground, lit the match and ran back to a bunker built out of broken pieces of concrete, where we waited for the rocket to fire off. Ten, nine, eight, seven, six, five, four, three, two, one – then off shot the rocket. It sailed probably 50 feet into the air, and out 100 feet or so, and then crashed to the ground. Just like at Cape Kennedy, we cheered our successful rocket launch. We subsequently attempted several rocket launches from the pit. Some worked just like the first. Others only sputtered. Some misfired and bounced along the ground until the matches stopped burning. Eventually we ran out of CO2 cartridges and our rocket launching experiments came to an abrupt halt. I shudder to think what our parents would have said, had they known what we were up to.

Fire in the pit

My friend Dan went out to the pit one day to play with matches. He had a box full of book matches to light. He carefully folded two matches out of a book and lit them. They burned slowly back toward the book and eventually ignited it. When this happened, he threw the burning book of matches into the air, creating a fireworks effect. He did this several times without a problem. Finally, as he lit another book, a spark flew back toward it, igniting it immediately. This caught Dan by surprise and burned him, so he tossed the lit matchbook into some brush near where he stood. The brush caught fire. He panicked. At first he tried to stomp the fire out with his feet. It didn't work. He then ran back into his yard to get a garden hose. It did not reach out far enough into the pit. The fire now blazed. Not knowing what to do, he ran into the house to his bedroom and hid. Someone must have noticed the fire and tripped a fire alarm. Soon the fire trucks came. They drove down into the pit and proceeded to put the fire out.

After extinguishing the fire, the firefighters decided to investigate. The walked from house to house up Janey Way asking residents if they had seen how the fire started. When they got to Dan's house, his sister Nancy answered the door. They asked her about the fire. She said, "I didn't see it start, but my brother Dan might have started it, he ran into his room a while ago, looking pretty guilty." The fireman asked to speak to Dan, but Nancy couldn't find him, as he hid silently under his bed. Soon the firefighters left. The pit however, continued to smolder for weeks after the fire. The smoldering finally stopped when the rains came in the fall and thoroughly soaked the ground.

The firemen never came back to question Dan about the fire, but he had learned his lesson. He never again played with matches. Interestingly enough, after serving in the army, Dan went on to enjoy a long career with the California State Department of Justice. Now the story of the fire in the pit is just another incendiary Janey Way memory.

Know your neighbor Celebration for new Sacred Heart School to be held June 5

By LANCE ARMSTRONG East Sacramento News Writer

lance@valcomnews.com

As construction workers continue to make progress toward the completion of the new Sacred Heart School, which is scheduled to open on the first day of school on August 23, a special public event is about to occur in celebration of the new school, which is located on 2.3 acres at 856 39th St.

On Saturday, June 5, from 2:30 to 5 p.m., the community is invited to attend a "firstlook tour" of the kindergarten through 8th grade, private Catholic elementary school campus, which is located directly across the street from the old Sacred Heart School.

And following this event, a special celebration Mass will be held at 5:30 p.m. in the historic Sacred Heart Church at 1040 39th St. and a blessing of the new campus will occur at about 6:45 p.m.

Bishop Francis Quinn, who was present at the school's golden jubilee, will preside at the Mass and conduct the blessing.

A dinner for families and alumni of the parish will be held at the old school, following the blessing of the new campus.

The dinner, which will begin at about 7 p.m., will carry historical significance, since it will mark the final parish event held at the old campus at 3933 I St.

State-of-the-art

The old Sacred Heart School, which opened in 1945, has been the site of many memories for many people throughout the community.

But the aged structures on the campus will soon be retired with the final day of school on Friday, June 4 and their subsequent demolition this summer. A park and housing will replace the old school.

Theresa Sparks, principal of Sacred Heart School, said that there are a variety of reasons why she is looking forward to the new school.

"There are a lot of things I'm looking forward to, like not having all the repairs," Sparks said. "That's a big part of it. And this (old) school is such a maze that it's hard to supervise it. My new office will have a view of the yard, so I'll be able to look right out at everything. Also, being able to have easy access to the classrooms is a really big part for me. There's also a little more privacy with the new campus, so I think the safety of the school is going to make a really big difference. I've been



East Sacramento News Photo/Lance Armstrong

Brian Whitmore, the project's architect with Williams + Paddon and Dan Thuleen, senior project engineer with Roebbelen Construction, study details about the project on the grounds of the new Sacred Heart School.

telling people that I'm overwhelmed (with the new campus) and really, I am."

The new school consists of the following three structures: 1) a two-story classroom building with a library, computer room with 35 stations and a science lab; 2) a multipurpose facility that houses a cafeteria designed to accommodate about 100 stu-

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dents per lunch period, a stage and a "high school-scale" gym with a basketball court and bleachers; and 3) an annex with a meeting room, kitchen and movie screen and projector.

Although the new campus, which is equivalent in size to the old campus,

See Sacred Heart, page 7



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FIRST VISIT

Sacred Heart: 'The school is going to get a vastly improved facility'

Continued from page 6

will not be fully completed by the time of the June 5 festivities, it will nonetheless present the community with a fairly thorough representation of how the school will appear in its completed state.

Jeanne Winnick Brennan, a spokesperson for Sacred Heart School, emphasized that those attending the celebration should expect to see school grounds with an unfinished and even somewhat dusty appearance.

"(The new school) is looking very good, but it will still look like a construction site on the day of the public tour," Brennan said.

But of course, the school's appearance will allow the public to view a segment of the final stages of a dream being fulfilled.

Behind this dream was Monsignor Robert P. Walton, who worked with his project team and Roebbelen Construction Management Services to create design principles and state-of-the-art systems technology for the new campus.

Complimentary construction

The new school features a wide variety of interior and exterior details, including its architectural appearance, which has similarities to Sacred Heart Church.

In linking the church with the new school, the school's facilities were partially built with twice-fired, dark "clinker" bricks like those used in segments of the church. The color of the remaining bricks used at the new school is known as Monterey Bay Flash. Additionally, part of the school includes a rounded wall of bricks, which is another element that was used in the construction of the church.

With the exception of any bells, the church's Romanesque tower was also replicated at the school.

And to link the old school with the new school, the cross from the old campus is now located atop the new tower.

An image of the Sacred Heart of Jesus, similar to the image that is located at the old school, will be placed below the new tower.

Gladding, McBean in Lincoln is creating the image, since it was determined that the old image, which was also created by Gladding, Mc-Bean, would likely not survive removal from the old school without breakage.

If by chance the old image can be removed in one piece, it would likely be placed among the landscaping of the school, which will also include a grassy area about half the size of a soccer field.

Furthermore, the "Sacred Heart School" lettering that was recently removed from the front of the old school has been relocated to an area within the new school.

New school, same mission

One of the unique aspects of the campus will be a large, tire with spokes-shaped design that will be included in a circular, concrete area at the front of the school.

Inside the spokes at the outer rim will be the words, loving, courageous, faithful, compassionate, respectful, honest, forgiving and joyous.



Theresa Sparks, principal of Sacred Heart School, gathers together with some Sacred Heart schoolchildren during the final two weeks of the last school year on the old school's campus.

These words were selected by this year's 8th grade graduating class as words that are considered to represent characteristics of Sacred Heart students.

Among the amenities of the classrooms are new technology SMART Boards, a wall for posters and instruction materials, computer network access, energy-saving skylights with motorized blinds to maximize or minimize lighting (2nd floor only), sinks with drinking fountains and cubbies for the students' books and clothing.

Dan Thuleen, senior project engineer with Roebbelen Construction, described the new school as an extreme upgrade from the old school.

"It's been a great project and the school is going to get a vastly improved facili-



East Sacramento News Photo/Lance Armstrong

Monsignor Robert P. Walton, pastor of Sacred Heart Church, reviews plans of the new Sacred Heart School with the project's foreman, Jack Morgan.

ty," Thuleen said. "It's modern, but they tried to give it a feel of being older with kind of a classical feel. They've given it kind of a campus layout with classrooms everywhere, a lot of design with a play area and pedestrian flow, so they've done a wonderful job. They're really going from an outdated, antiquated facility to a modern, brand new facility with all the bells and whistles."



Know your candidate Meet the three running for Sacramento County Sheriff

By ELIZABETH VALENTE East Sacramento News Writer elizabeth@valcomnews.com

Editor's note: Our newspaper is pleased to offer our readers complete profiles of the three candidates running for Sacramento County Sheriff. The interviews are printed in alphabetical order and are also available online at www.valcomnews.com.

In the world of politics, the race for Sacramento County sheriff is not typically considered a hot one. But this year, with 57 years of law enforcement experience between them, three candidates, Jim Cooper, Brett Daniels and Scott Jones, are vying for the position and the race is heating up. The current sheriff, John McGinness, is not seeking re-election, and the Primary Election is Tuesday, June 8.

Jim Cooper

jimcooperforsheriff.com

Having served 25 years as a deputy sheriff in this county, Captain Jim Cooper, commander of the Sacramento Valley Hi-Tech Crime's Task Force, covers all the child pornography investigation for the region. The Cordova High School graduate is also the taskforce commander for the department that deals with identity theft investigations and forensics for cell phones and computers. As if that was not enough, he is in his third term as an Elk Grove city councilman, having already been mayor of the city twice.

Born in France but raised in Sacramento County after his father retired from the Air Force, Cooper put himself through college, receiving a Master's Degree in Organizational Leadership from Saint Mary's. He then went to the FBI National Academy and has taken a number of leadership courses. All his education and training has led him to lead the narcotic and gang unit.

and gang unit. "I spent the first five years of my job buying drugs every night and arrest the guys who sold it to me," said Cooper. "Since then, my team and I have worked all over California with several drug agencies to combat the state's drug problems."

Cooper is backed by organizations like the Sacramento County Deputy Sheriff's Association, Former Sacramento County Sheriff Lou Blanas, Sacramento County Law Enforcement Managers' Association, and the Sacramento Police Officers Association. His campaign strategy is to help meet budget constraints by bringing in more revenue for the department. "We need to be more self-sufficient and not rely on the County General Fund," he said.

Cooper wants to bring in more contracts, like the Work/Release Division.

"The inmates that pick up trash and do community work paid to be in that program," said Cooper. "The program brought in at least 6 million (dollars) a year. Little league fields were cleaned up, trash was picked up in neighborhoods – it was a win-win situation for the community. And though it brought in revenue, the administration cut the unit."

Along with increasing more deputies in the department and appointing a committee to help review department audits and help devise solutions for the best use of department funds, Cooper also advocates an academic/athletic program to help troubled youth.

"When I worked narcotics I saw teens that were abused, that never had a chance in life. I've always been committed to our youth," said the father of three.

Despite all the political mud slinging and accusations in this hotly fought election, Cooper said he wants voters to know he's a man of action, not inaction.

"I will do everything I can to make our citizens safe," he said.

Bret Daniels

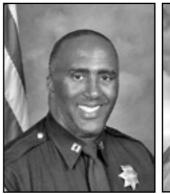
bretdanielsforsheriff.com

Bret Daniels is a former Sheriff's Department deputy and former Citrus Heights city councilman. Currently, Daniels works as a safety director for a shopping mall. As to his experience, Daniels cites his 13 years in the department dealing directly with the public.

"I've watched this department grow into a very bureaucratic, cop-heavy kind of function, as opposed to a law enforcement function," he said. "I have more direct law enforcement experience then my two opponents combined. They have spent little time in the patrol car responding to calls. I don't think they grasp the full importance of patrol enforcement."

If elected Sacramento County Sheriff, the Citrus Heights native says he plans to move more officers from behind the desk and onto the streets patrolling more neighborhoods.

"When you call 9-1-1, you don't care that there is a taskforce for this and a taskforce for that, you care whether or not a cop is out there in time to help you," Daniels said. "We especially need this done by the summer, when more calls come in."





Like the other two candidates running with him, Daniels is also looking to downsize management ranks and explore cost-sharing efforts with other departments and organizations.

"The function of the Sheriff's Department is to serve and protect the community. I'll put more officers in the community and will work with non-profit organizations that want to help," he said. "We need more neighborhood watch and senior volunteer programs. Every little bit helps." This is Daniels' fourth run for Sac-

This is Daniels' fourth run for Sacramento County Sheriff and says he does it because of the passion for law enforcement and Sacramento County.

ty. "I want to ensure that people living in Sacramento County get the opportunity to live in a safe place," Daniels said.

Daniels, a former mayor of Citrus Heights (he resigned from his position before the term was over), plans to take a business approach in running the department. He admits he did not go to school for business, but rather studied criminal justice at a local community college.

"I went to the school of hard knocks," laughed Daniels. "But seriously, the past ten years working in the private sector has given me an insight of how to approach the department with a business perspective."

Scott Jones

jones4sheriff.org

Captain Scott Jones, an Antioch resident, has been with the department for 21 years. Before choosing a career in law enforcement, Jones studied at UC Davis to become a doctor. A few years later, he decided to change his major and pursue criminal justice at Sacramento State University. But the ambition didn't stop there. While working in corrections as an officer, Jones went to law school at night.

"I was a lawyer by day and patrolled the mean streets of North Highlands at night," Jones said.

His drive paid off. He currently serves as legal adviser and assistant to



Bret Daniels



Scott Jones

current Sacramento County Sheriff John McGinness.

"As a cop, we tend to be linear thinkers, black and white, just the facts. The law degree gave me a whole different context on how to look at problems and situations. It has given me the ability to recognize the importance of perception," he said.

But his career hasn't always been a smooth ride. In 2004, Jones was suspended from the department while federal investigators looked into a mishandling of a Treasury check. He was cleared of all charges.

"It was fully investigated by the U.S. Attorney and FBI and proven to be unfounded. I understand they had to investigate it," he said. "I was exonerated, I had nothing to hide."

With a strong support from his family and backers like Sheriff Mc-Ginness, Sacramento Police Chief Rick Braziel, and former U.S. Attorney McGregor Scott, Jones has since pushed forward and is focusing his effort on making the Sacramento County Sheriff's Department an "open-book policy."

"As commander of the Main Jail, the largest division in the Sheriff's Department, I instituted reforms that dramatically reduced the number of complaints, excessive force allegations and costly lawsuits," said Jones. "I opened up the jail for the first time to the media and the public."

Along with opening the jail to media, examining the allegations of excessive force and high suicide rates in the jail, and the ride-along program, Jones plans to take an innovating thinking and ethical leadership approach in his campaign for sheriff.

"We are custodians of the taxpayers' dollars," he said. "This department will have no secrets and be as transparent and open as possible."

Like the other candidates, Jones also vows no advocacy for fees or taxes.

"As sheriff I'll work to find alternative funding sources including federal and state grants, local ballot initiatives, and the expansion of enterprise-based services."

Faces and places **'Painting Where the Wild Things Are'**

"Painting Where the Wild Things Are" was a special open juried art show at the Sacramento Fine Arts Center in Carmichael benefiting the Effie Yeaw Nature Center. Regional artists submitted paintings of the American River Parkway and the wild things that live there. An accompanying Gala and Art Auction was held at the Effie Yeaw Nature Center in Carmichael on May 15. For more information on the Sacramento Fine Arts Center, visit them online at www.sacfinearts.org.

Photos by East Sacramento News photographer Noah Winn.







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East Sac Home Lovely 3 bedroom plus den. Spacious floorplan with lots of upgrades. Newer roof, newer plumbing, dual pane windows, hardwood floors, updated kitchen with new granite and glass counters. Great East Sac location close to McKinley Park. Beautiful yard and patio, 2 car garage. 75 Primrose Way......\$394,000



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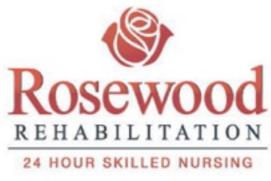




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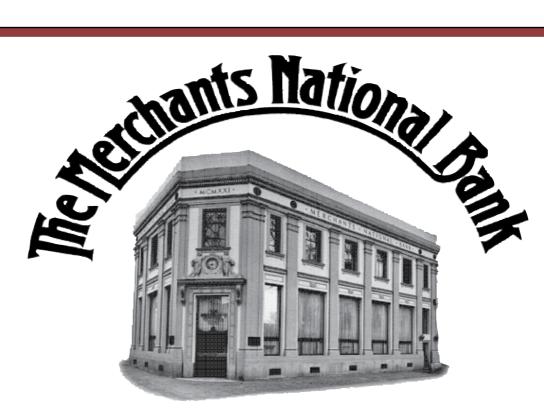
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District 3 update Connecting with the City Council, the community

By STEVE COHN Sacramento City Councilmember Special to the East Sacramento News

Pops in the Park begins Saturday

Get ready to have some summer fun with Pops in the Park starting this Saturday. We encourage you to ride your bike, walk or carpool. This year free valet bicycle parking will be available at all events.

Saturday, June 5 - "Whiskey Dawn" at East Portal Park Saturday, June 12 - "Because," a tribute to the Beatles at Glenn Hall Park

Saturday, June 19 - "SwingMasters" at Bertha Henschel Park Saturday, June 26 - "The Q-Balls" at McKinley Park.

All concerts begin at 6:00 p.m. Food, beverages and a beer and wine garden will be available at all events. For more information, visit www.eastsacpopsinthepark.com.

Sunday Free Jazz in the Park - June 6

Join me on Sunday, June 6 from 4 p.m. to 8 p.m. for "Sunday Jazz in the Park" at Winn Park (28th & P Streets). Children's activities and music begin at 4:00 p.m. and the event features The Hucklebuck's from 6:00 p.m. to 8:00 p.m. Don't miss out on the raffle for gift baskets provided by Midtown Businesses and beer & wine garden. Bring a blanket or lawn chairs for seating and your picnic. I am happy to sponsor this free event along with the City's Parks and Rec and Neighborhood Services Departments and the Area 1 Advisory Group Events Committee.

Sacred Heart Parish School invites neighbors to participate in a tour and dedication of new campus

The Sacred Heart community will celebrate the 75th anniversary of the founding of Sacred Heart Parish School and dedication of the new campus on Saturday, June 5. An open house with tours of the new school campus will take place from 2:30 p.m. until 5:00 p.m. Mass will then be celebrated by Bishop Francis Quinn at Sacred Heart Church at 5:30 p.m. Following mass, a procession back to the new campus for a blessing by Bishop Quinn will take place at 6:45 p.m.

McKinley Tennis Court resurface project complete

On Saturday, May 29, East Sac neighbors and

tennis enthusiasts celebrated the resurfacing of the McKinley Park Tennis Courts. The project consisted of reconstructing the existing eight tennis courts, by raising the surrounding perimeter curb on three sides to achieve positive drainage off the courts and placing an aggregate base with new asphalt overlay. The project required the raising of the perimeter fencing, the tennis posts and nets, and lights. The tennis courts were given new color coating surfacing of U.S. Open blue and green. Improvements also included new accessible entrance gates, wing fences to stop rolling tennis balls along the back fence and a new ball wall for practicing. Fund-

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ing for the project came from a United States Tennis Association (USTA) grant, City of Sacramento Park Development Impact Fees, Alhambra Cell Tower Funds, Quimby Act funds and Community fundraising including donations by Friends of McKinley Park Tennis Courts, Bill & Marge Campbell of Spare Time, Inc., Pops in the Park, McKinley Éast Sacramento Neighborhood Association, Jean and Wayne Thiebaud, Bob Leonard, Bob Macias, Roxie Deli and Grocery and Top Spin Tennis.

Councilman Steve Cohn and Supervisor Susan Peters to Hold Sidewalk Office Hours - June 12

Supervisor Susan Peters and I will both hold Sidewalk office hours on Saturday, June 12 from 4 p.m. to 5:30 p.m. at Glenn Hall Park prior to the Pops in the Park concert. Please stop by for a one on one chat about issues of importance to you.

Fundraising efforts underway to raise money to keep Glenn Hall and Bertha Henschel Pools open

Īn anticipation of continued budget cuts to Parks & Recreation, the Friends of Bertha Henschel Park have already begun raising money for restoration of pool hours. As of this writing, they have raised \$4350 of their \$5,000 goal, including a \$2500 Pops in the Park grant. You can make tax deductible donations through Gifts to Share, Inc. Simply make your check payable to Gifts to Share, Inc./Bertha Henschel and mail to: Gifts to Share, Inc., 915 I Street, Sacramento, CA 95814 or you can donate online at www.giftstoshare. org. Click "Donate Now" and select Bertha Henschel" under program destinations. For more information on the efforts to raise funds for Bertha Henschel, contact berthahenschel@gmail.com.

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A Land Park Tradition

A community effort 'Mormon Helping Hands' clean up and beautify William Land Park

By SUSAN LAIRD East Sacramento News Writer susan@valcomnews.com

If you were out driving in the beautiful weather earlier last month and saw what seemed like hundreds of people in yellow shirts and vests working in William Land Park... your eyes were not deceiving you.

Över 800 volunteers from the Sacramento California Stake of the Church of Jesus Christ of Latter-day Saints participated in "Mormon Helping Hands: Renewing California Parks" on May 8. The local effort was part of an ambitious statewide project that involved some 75,000 volunteers who donated their time, talent and treasure to state, regional and local parks throughout California.

The large scope of the project initially took John Cassinat, stake president, aback.

"I had just become president about two months earlier," Cassinat said. "When I received the letter from Elder L. Whitney Clayton – he is a member of our Presidency of the Seventy and supervises North America West – saying that this was a project he wanted us to take on, I real-



ized that this was one of the first big 'to dos' of my stake presidency."

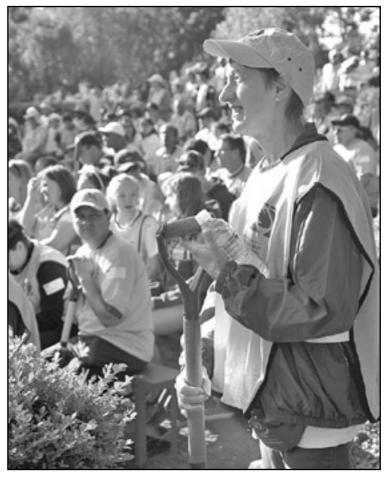
The Sacramento California Stake is a geographical grouping of Mormon congregations, or wards, in the Sacramento, South Sacramento, Elk Grove and Pocket areas. It is a diverse group, including members of the Hmong and Tongan communities in its makeup. The initial challenge, according to Cassinat, was to choose a location that everyone in the stake could agree upon.

"I knew in a heartbeat that we needed to be in William Land Park," he said. "Not only is it beautiful and historical, it is loved by everyone in the community."

Members of the church initially planned for a turnout of 500. "We ordered 500 yellow vests," Cassinat said. "The response to this in our stake was so tremendous, that we quickly ran out of vests before the event. We had to tell 300 people 'Get a bright yellow t-shirt' for the day."

The hard-working Mormon volunteers focused on historic trail restoration, power washing park amenities, landscape maintenance and specialized gardening at the Boat Pond Gardens, the WPA Rock Garden, and near the Swanston Memorial, laying sod, and tree maintenance in addition to a massive cleanout of the park's three ponds.

In cooperation with the Sacramento Parks and







See Land Park, page 22

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GET IN THE CALENDAR

Is your club, group, church, school, or organization having an upcoming event? Let us know. Send information about your event—including date, time, location, a brief description, cost (if any), and contact information—to Calendar, c/o Valley Community Newspapers, 2709 Riverside Blvd., Sacramento, CA 95818, or e-mail ryanrose@valcomnews.com. Deadline is one week before publication. Priority is given to events that are in the community and/or of little or no cost. There is no guarantee that events submitted will appear in the calendar. To ensure placement within the newspaper, please call 429.9901 to place an advertisement.

JUNE

Pops in the Park 2010

Pops in the Park returns to East Sacramento for the 2010 season: Saturday, June 5 -East Portal Park "Whiskey Dawn" playing; Saturday, June 12 - Glenn Hall Park "Because," a tribute to the Beatles and Second Saturday Showing by Sofia Lacin & Hennessy Christophel; Saturday, June 19 - Bertha Henschel Park "SwingMasters," ESIA

Sidney Pope & Onion Awards, Wading Pool Open - Free Admission; Saturday, June 26 - McKinley Park, "The Q-Balls" playing. All concerts begin at 6 p.m.

Widowed Persons Association

Widowed Persons Association of CA (WPAC) Chapter 1 is a non-profit organization that addresses the needs of widowed persons (both men and women) coping with the death of their spouse. This is a peer support session of two hours from 3:00-5:00 p.m. every Sunday, conducted by a trained facilitator. These sessions are held at the office located at 2628 El Camino Avenue Suite D-18. For more information about these sessions and the organization, contact the WPAC office at (916)972-9722.

Free Dance Lessons

Free tap dance lessons on Fridays at noon at the Dance Corner, 2927 Fulton Ave. For more information, call 804-3104.

Tahoe Park Soccer Registration

Tahoe Park Soccer Registration begins in June. Registration days are June 5, June 12, and July 10. Visit their Web site for additional registration details: www.tpsoccerclub.com.

JUNE 5

Jensen Garden Workday

Friends of the Jensen Botanical Garden hold garden workdays one Saturday of every month from 9AM to 1PM. The next workday is Saturday, June 5, 2010. Bring work gloves, hand pruners and your lunch. Come join with other volunteers to keep the garden beautiful all year. Next workdays in 2010 are 7/10, 8/7, 9/11, 10/9, 11/6, 12/4. The Jensen Garden is located at 8520 Fair Oaks Blvd. in Carmichael. For more info: Tracy Kerth (916) 485-5322 ex23 or email tracy@carmichaelpark.com.

Resource fair

Primrose: Living with Memory Loss has teamed up with St. Anthony Parish to host a resource fair for seniors, family members, caregivers, and medical professionals seeking information and/or services for love ones or friends. There will be agencies and nonprofit organizations from all different industries that will be more than happy to answer any questions and assist in any way. Event is Saturday, June 5, 2010 from 9:30 a.m.-1 p.m. at St. Anthony Parish: 660 Florin Rd.

Sacramento Buddhist Church **Rummage Sale**

With a theme of recycling, reusing, and raising revenue for the Sacramento Buddhist Church Endowment Fund, a rummage sale is planned for Saturday, June 5, from 8-2 p.m. at the church social hall at 240l Riverside Blvd., Sacramento 95818. A wide range

CROWLEY

of items including collectibles, clothing, household items, books, tools, and plants will be available at bargain prices. Donations to the sale will be accepted at the church on June 2-4. Unsold items will be donated to charities to help others and to keep them from going to the landfills. Come early for best selection. Call the church office. 916-446-0121 for more information.

Fuchsia Society show

The Sacramento Branch of the American Fuchsia Society will have their Annual Show and Sale at the Shepard Garden and Arts Center, 3330 McKinley Blvd, Sacramento, on Saturday, June 5 from 10 a.m. to 5 p.m. Members will be on hand to give tips on growing fuchsias. Hanging and upright fuchsia varieties for sale. Free admission. For more information call Alice Bowles, 916-972-8606.

JUNE 5-6

Benefit Plant Sale

The Benefit Plant Sales will have a sale of new, rare and hard to find perennials, from starter to gallons on Saturday and Sunday, June 5-6 from 10 a.m. to 4 p.m. both days. The sale will Benefit Sunburst Projects summer camp for kids, and will be held in the covered parking area on 18th St, behind the Gifted Gardener at 18th and J streets. Over 200 varieties of perennials will be available. For further info, contact the sale coordinator - Robert Hamm at (916) 943-6183.



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Carmichael Band Fest

The Sacramento Valley Symphonic Band Association presents the annual Carmichael Park Community Band Festival, Carmichael Park Amphitheater. There will be a community band, one every hour, on June 5-6 from 1 p.m. to 5:30 p.m. Saturday and 11 a.m. to 7 p.m. Sunday. Included in this year's line-up is the 59th Army National Guard Band "The Governor's Own" at 1 p.m. Sunday. Admission: FREE; Parking: free; Location: Carmichael Park, 5750 Grant Ave. Carmichael. For more information, call (916) 489-2576 or visit http://svsba.org or www.sacwinds.org.

Chrysanthemum Sale

The Sacramento Chrysanthemum Society is having it's annual cutting sale. The sale will be at the Windmill Nurserv at 5750 Windmill Way in Carmichael at Manzanita and Windmill Way. The dates and times for the sale are: Saturday, June 5 from 9 a.m. to 4 p.m. and Sunday, June 6 from 9 a.m. to 3 p.m. For more info call 916-988-6081.

JUNE 6

Fair Oaks Village Singers

The Fair Oaks Village Singers, a community concert choral group of 70 mixed voices, will present their annual Spring Concert, Sunday, June 6 at 6 p.m. in the Fair Oaks Presbyterian Church – "Family Life Performing Center, 11427 Fair Oaks Blvd., in Fair Oaks. Public is invited, admission is free, and there will be snacks provided at intermission. For more information, call president Ed Silver (916) 723-2794.

JUNE 7

Wild day at Effie Yeaw

Things are about to get wild at Effie Yeaw Nature Center. Peter Gros, co-host of the original Mutual of Omaha's Wild Kingdom, along with some of his animal friends will stop by Monday, June 7 to do two appearances from 8:45-9:15 a.m. and 9:30-10 a.m. Gros will talk with those in attendance about what they can do to protect the natural world and the animals that share it with us. A serval, python, civet, ocelot, ring-tail lemur, fennec fox and a few creepy crawly creatures will help him deliver his message. Live animals from the Nature Center and some fascinating natural history biofacts will also be on display. Tickets for this event are \$2.50 per person. For more information, please call 489-4918.



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Saturday, June 12, 9 a.m. to 2 p.m. @ Lisbon Elementary School-7555 South Land Park Dr. Want

a spot? Call Streamline Church @ (916) 224-9549 to secure a spot. Spots are limited, so hurry and call today!

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RUMMAGE SALE RUMMAGE SALE

JUNE 8

Sharing the Journey Through Grief

This workshop will meet once a month on the second Tuesday from 10:30 a.m. to 12 p.m. Each workshop will explore a different aspect of grief and loss. Presenter is Margo Hayes, MSW. Workshops are free of charge. Pre-registration required. Contact Lucy Chao at 916-393-9026 Ext. 322.

Ancient Techniques to De-stress in a Modern World

Instructors Mary Lynn Perry and Bill Taylor will lead this free workshop Tuesday, June 8 at 9 a.m. on stress and the negative effects it has on the mind and body. This workshop will offer a sampling of different modalities such as reflexology massage, chair yoga, meditation and Reiki. Come learn how you can decrease stress in your life. Please signup at the reception desk. Free. Hart Senior Center, 915 27th Street, Sacramento, 916-808-5462.

Latino Dance and Culture Group Come dance to the beat of all types of Latin music. Featuring DJ music and

delicious Mexican food. Donations of \$3 or more to enter. Held at the Ethel Hart Community Center, 915 27th St., from 6:15 p.m. to 9 p.m. Call Barbara Alarcon at (916) 400-4514 for more information.

JUNE 9

Genealogy Meeting

Root Cellar-Sacramento Genealogical Society general membership meeting Wednesday, June 9, 2010, 7pm - 8:30pm, Citrus Heights Community Clubhouse 6921 Sylvan Road, Citrus Heights. Root Cellar President and anthropologist Marilyn Ulbricht will present "Trash Talk - Identifying and Dating the Discards of our Ancestors and What They Tell Us About Their Lives". Free, guests welcome. Details about the speaker and Root Cellar at www. rootcellar.org or contact Sammie Hudgens (916) 481-4930.

Art lecture/demonstration

Pastel Laureate, Margot Schulzke will share her thoughts "Knowledge is Power" Wednesday, June 9. 7 p.m. at the Sacramento Fine Arts Center, 5330-B Gibbons Drive, Carmichael, 916-971-3713. Her objective in this discussion is to help people understand the rules of design well enough that they can break them successfully. Free - Guests are always welcome. Wheelchair accessible. Information 916-966-8910.

JUNE 10

Computer club meeting

The Mission Oaks Computer Club will meet on Thursday, June 10, 2010 from 1:00 PM to 3:00 PM at the Mission Oaks Community Center, 4701 Gibbons Drive, Carmichael. The meeting topic will be "Securing Your Computer", presented by Computer Security Analyst Davin Enigl. A problem solving clinic, led by Adam Lacey of Applications, Etc, will follow the meeting. First-time visitors are welcome. For additional information call (916) 366-1687 or visit our Web site at www.missionoakscomputerclub.org.

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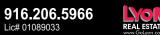
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Land Park: 'These parks and amenities belong to everyone'

Continued from page 17

Recreation Department, and in partnership with Council member Robert Fong and United Rentals, Mormon Helping Hands volunteers contributed more than 3,000 volunteer hours helping to maintain the beauty and utility of one of the Sacramento region's most valued and

heavily used parks. The local effort grew out of a larger, international effort.

"Since 1985, the church has provided assistance around the world in excess of \$884 million," Cassinat said. "The Mormon Helping Hands Project grew out of that in 1998.

During this time of fiscal belt-tightening, our desire was to assist with the Sacramento Department of Parks and Recreation who have been at the brunt of budget cuts."

After a successful day of volunteering, members of the Sacramento California Stake celebrated with an old-fashioned familystyle picnic with multicultural food festival flair. Roasted pig, roasted side of beef, homemade baked goods and more were a happy reward at the end of the project.

The volunteer services performed in Land Park have an estimated dollar

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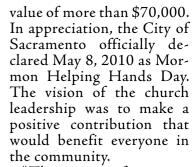
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"This was a perfect example of people stepping up to make a difference," said Hindolo Brima, spokesperson for the Sacramento Department of Parks and Recreation. "The Mormon Helping Hands event involved over 1,000 people. In addition to William Land Park, they also did a couple other projects in Natomas. These parks and amenities belong to everyone, so it's great when members of the community volunteer to help. We encourage other individuals and groups to follow this example and do the same."

Photos of the event by East Sacramento News photographer Stephen Crowley.



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EAST SACRAMENTO

March 18, 2010

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CUTE EAST SAC

Cute house on a great street -- walk to McKinley Park and Compton's Market. Hardwood floors, dual-pane windows, central heat & air. Indoor laundry w/space for office. Landscaped front w/auto sprinklers front & back. Detached garage is insulated and sheet rocked w/lots of storage. Attached room behind garage for tools, etc. Good-sized backyard. See www.windermeredunnigan.com \$349,000

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FAB FORTIES BEAUTY

Meticulously maintained from inside out. This home features spacious rooms, updated kitchen and baths, hardwood floors, dual pane windows and lots of charm. The kitchen boasts granite counters, center island, built-in refrigerator and beverage cooler. Beautiful hardwood floors and a wonderful stone patio. The upstairs master suite is a lovely retreat! See www.windermeredunnigan.com \$1,099,000

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