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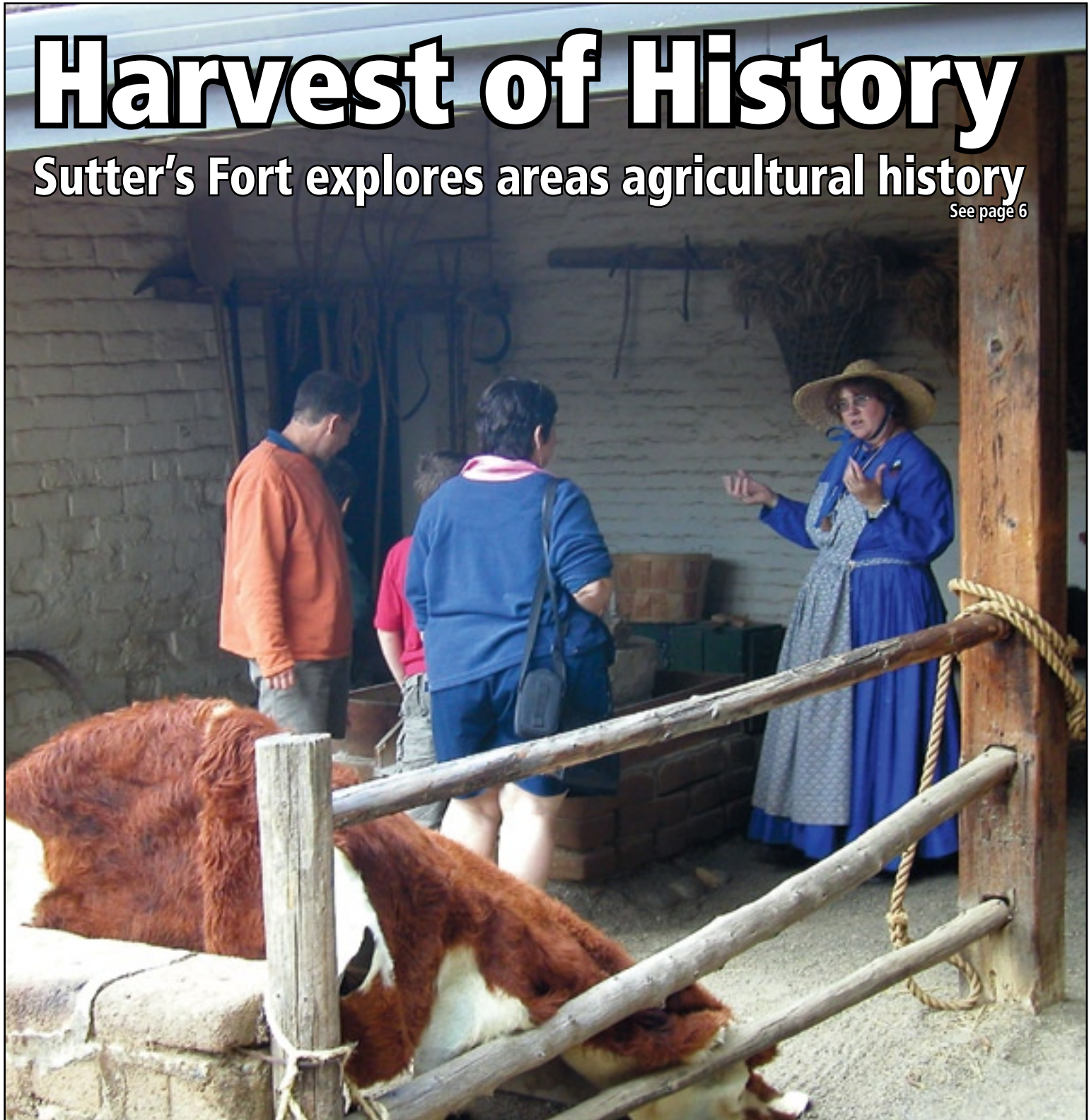
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Know your neighbor

# Fr. David Suwalsky settling in as new Jesuit High School president

By **MARC MALONEY**  
East Sacramento News writer  
[mmaloney@valcomnews.com](mailto:mmaloney@valcomnews.com)

Jesuit High School's new principal, Rev. David Suwalsky, is a man of letters who has studied a variety of subjects at prestigious universities across the nation. He has earned multiple degrees and has held myriad administrative and educational positions. So it should come as no surprise that he is wise enough to know when not to rock the boat.

"Basically, I just hope to add another layer of bricks on the wall that's here, to build on what's here and what's so positive about this place," he said when asked what he hopes to accomplish as the all-male Catholic high school's 12th principal. "I want to try to encourage these young guys to think bigger thoughts and to prepare them to



East Sacramento News photo, Susan Laird  
AD MAJOREM DEI GLORIAM, "For the greater glory of God," is the motto of Jesuit High School. Fr. David Suwalsky, S.J., is settling in as new the school's 12th president. He looks forward to launching the campus into the next 150 years.

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Photos by Linda Pohl  
Fun had by all at the Sip & Support special event August 26 in Old Sacramento. Proceeds will benefit the Sacramento Association of Realtors CanTree program.

# Jesuit

Continued from page 2

leave (the JHS campus on) Jacob Lane as agents for positive change in the world.”

Fr. Suwalsky relocated to Sacramento this summer from St. Louis, MO, to take over for former President Rev. Gregory R. Bonfiglio, S.J., who completed his service in June after nine years at the school.

While in St. Louis, Fr. Suwalsky served as treasurer and chief legal officer of the Missouri Province of the Society of Jesus and Minister of the Bellarmine House of Studies. He is a member of the board of trustees and chairs the finance committee at De Smet Jesuit High School in St. Louis, the board of trustees at Rockhurst High School in Kansas City, the board of members of Loyola Academy in St. Louis, and the board of directors of the Jesuit School of Theology of Santa Clara University in Berkeley.

Fr. Suwalsky holds a doctorate in American Studies and a graduate degree in American history from St. Louis University as well as graduate degrees in theology and divinity from Harvard University and Weston Jesuit School of Theology respectively.

The oldest of five children, the Leavenworth, KS, native graduated from Rockhurst University in 1983. He entered the novitiate of the Jesuits of the Missouri Province in Denver and professed vows in 1985. He was ordained as a Roman Catholic priest in 1995.

Fr. Suwalsky credits former JHS president John McGary for alerting him to the opportunity in Sacramento. “He came to St. Louis and basically asked me to apply,” Suwalsky said.

The timing was right, with Suwalsky eager “to get back into the trenches and do more day-to-day pastoral functions” after several years of doing what he described as “supporting the work of the Jesuits.”

“I’ve been involved with education at Jesuit high

See *Settling in*, page 4



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# Settling in: Transitioning into his new job has kept him busy since arriving in Sacramento

Continued from page 3

schools since 1979 as a classroom teacher, a coach, an administrator," he points out. "And I got the scoop pretty early on, that this is a phenomenal school. I mean, who wouldn't want to work here?"

Though he's only a few weeks into his tenure, Fr. Suwalsky has identified three main challenges that he and the school face.

"First, I want to learn the dynamic of the community and the Jesuit High School community," he said. "To do that, I plan to listen and to meet and greet."

The second major project on Fr. Suwalsky's docket is overseeing the planned construction of a 350-seat chapel, a project that will necessitate installation of a new traffic signal on the Fair Oaks Blvd. side of the campus. Despite the headaches construction may cause, Suwalsky called the planned chapel "a beautiful building that is essential to the mission of this school."

Finally, Jesuit High School's 50th anniversary looms in just two years.

"That represents a great opportunity to launch this school into its next 150 years," Fr. Suwalsky said.

Enrollment for this school year, Fr. Suwalsky noted, figures to be about 1,072 students, with the senior class the school's smallest. Despite the eco-

nomie downtown, the school's enrollment has remained fairly steady, and Fr. Suwalsky believes parents who can afford to send their sons to the private school appreciate what JHS offers.

"It's a great nuts-and-bolts college preparatory education at a school with a dedicated family that invests in the kids who go to school here," he said. "It's also a community of faith that emphasizes student community service and outreach. We're able to say, 'This is who we are and this is what we look for from these young men when they enter the world.' For that, \$12,400 (annual tuition) seems like a bargain to me."

Though transitioning into his new job has kept him busy since arriving in Sacramento in June (he realizes the campus is at its quietest in July and early August), Fr. Suwalsky has been able to enjoy some time off now and then. In his free time, he enjoys bicycle riding and cheering for the University of Kansas Jayhawks and the National Football League's Kansas City Chiefs, whose red-and-gold uniform colors, he points out, match those of the JHS Marauders.

"All in all, I feel pretty settled," he said with a chuckle. "At least I didn't have to worry about finding a house or what school to enroll the kids in."



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Sheryl Ashby graduated from UC Chico in 1990 with a BA in Education. She was the owner of a referral agency "Respect Your Elders" for 12 years. The focus of that agency was to help find Assisted Living Facilities for elderly people who could no longer live independently. They also provided family members with other resources needed.

In January 2000, Sheryl began volunteering for the Alzheimer's Aid Society facilitating support groups and later was asked to be a member of the Board of Directors. By January 2010, she was asked to take on the position of President of the Alzheimer's Aid Society. This has been her passion since she began volunteering over 10 years ago.

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# Giovanni's Old World New York Pizzeria celebrates 10 years of the 'Joy of Pizza'

By SUSAN LAIRD  
East Sacramento News editor  
susan@valcomnews.com

It is said that when you find your true calling in life, you will never have to work a day for the rest of your life. The high calling of your daily work will make the performance of daily tasks a joy.

This has certainly been true for John Ruffaine, co-owner of Giovanni's Old World New York Pizzeria in Land Park and East Sacramento. For ten years, he has crafted what many call the most authentic New York-style pizzas in the Sacramento region.

And all with a smile on his face that is non-stop.

Since opening the first Giovanni's in Land Park with his wife, Jenny, and Carlo and Allison Grifone, John has been committed to providing Sacramento's pizza lovers with the "real deal."

"No offense to the chain that says it's 'The Last Honest Pizza,' but I believe your product has to be as honest as you are," John said. "Otherwise, what's the point? We use real Italian pepperoni, real mozzarella from New York. And we don't throw dough here – we stretch it. Those guys who throw dough around aren't authentic. Nobody in New York or Italy does that."

John is passionate about producing a pizza that is as New York as possible. He was taught by those in the know, in the Italian neighborhoods of New York. The recipes are Old World Italian.

"We're two Italian American families, and our families are from Salerno, Sicily and Calabria," he said. "A lot of what's on our menu is inspired from Southern Italy – it's actually what they use in their pizza. We don't use any enhancers. What you are getting is genuine flavor and texture. We use only the finest ingredients. If it's not made from scratch, it's imported from Italy or New York."

John so enjoys making pizzas that customers sometimes laughingly accuse him of not wanting to hand it over to them. He seems to work with a perpetual smile on his face as he crafts each pizza.

"I love my customers as much as I love my pizza," he said. "This place is all about family. My philosophy is: a pizzeria should be a place where you can bring your family, your team after the game, your girlfriend or boyfriend on a first date. Kids ought to be able to move around and be kids in a comfortable setting."

The sizes of the pizzas at Giovanni's are as generous as the size of the spacious restaurant. A double-header benefit for large groups looking for good values. A large pizza pie at Giovanni's is a generous 16 inches across.

John is also known for his support of local schools and charities. Many a Giovanni's pizza has raised funds for a worthy cause. This year also marks one decade of supporting fundraisers for leukemia and lymphoma research. He believes that giving back is important.

"You've got to keep a positive mindset," John said. "There's a lot of action behind what I do. I care about this business and the community. We help everyone in the community, especially the kids. It's all about the kids. Those kids are the future."

"Be generous," he advises business owners and others. "I think something's missing in society today. It seems like it's all about 'me-me-me.' I just don't get that. When you give back to the community, people in the neighborhood know it. I love being part of the community. I always want to show appreciation to our customers. Because without them, there is no Giovanni's."

Giovanni's Old World New York Pizzeria is located at 6200 Folsom Boulevard in Sacramento. The second location is at 5924 South Land Park Drive in Sacramento. Visit [www.giosnypizza.com](http://www.giosnypizza.com) and their page on Facebook.



East Sacramento News file photo, Tom Paniagua  
THE JOY OF PIZZA makes crafting pizzas all a part of a life well lived for Giovanni's Old World New York Pizzeria co-owner John Ruffaine. The Land Park based business is celebrating 10 years this month.

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# Agricultural-themed event to be held at Sutter's Fort Sept. 17

By LANCE ARMSTRONG  
East Sacramento News writer  
lance@valcomnews.com

In a tribute to the area's past, an educational Hands on History event, called "Harvest: The Real Gold in California," will be held at Sutter's Fort on Sept. 17.

The event, which will be open to the public from 10 a.m. to 5 p.m., features docents in period clothing demonstrating historical farming implements and techniques and sharing insights into the lives of pioneers who developed the rich agricultural heritage of the Sacramento Valley.

Guests of the event will have the opportunity to participate in many hands-on activities, including grain grinding, corn husking and other agricultural endeavors.

The event will also include sheep and goat petting, goat milking and many

artisans demonstrating historical techniques of making tools and how they were used in the 19th century, including a blacksmith showing many different types of horseshoes of the era.

Woodland resident Mike Carson, a professional blacksmith, commented regarding the opportunity that the public will have to view demonstrations of the many types of tools that were made at the fort forge.

"We'll be showing examples of horse and oxen shoes, scythes and sickles and all the other iron and steel implements," Carson said. "Come in and see what a dinglestock is."

Carson and a variety of experts in other fields will be available at the event to answer technical questions about the manufacturing aspects of 19th century California.

In describing Captain John Sutter's August 1839 landing on the American River, William Heath Davis, who was the guide who brought Sutter into the Sacramento Valley, noted "it was the first echo of civilization in the primitive wilderness so soon to become populated and developed into a great agricultural and commercial center."

Steve Beck, Hands on History program lead, said that there is often a misconception about California's early agricultural history.

"Few people are aware of the great diversity of agricultural production that was taking place before the Gold Rush," Beck said. "It's often believed that the hide and tallow trade was California's only agricultural industry. And while Sutter did own over 10,000 cows, 15,000 sheep and 2,500 horses, he was also harvesting thousands of bushels of



Photo courtesy of Sutter's Fort SHP  
A DOCENT IN PERIOD CLOTHING provides details regarding 19th century California at Sutter's Fort. The Sept. 17 event will also include such docents, hands-on activities and other attractions.

wheat and peas and growing a wide variety of fruits and vegetables. Sutter's farm extended from the American River to the Feather River and included grapes and citrus trees and he even developed a peach that commercially bore his name."

Beck added that many of the earliest visitors to the fort later commented on the unique agricultural methods that were used by Sutter in adapting his farming techniques to the wilderness environment.

Heinrich Lienhard, Sutter's Swiss gardener, recorded in his book, "A Pioneer at Sutter's Fort: 1848-1850," the unique way in which wheat was threshed at the fort.

"[Unlike other places] here a number of wild horses were brought in and driven into a corral in which the grain had been placed and a thick layer of sheaves spread out on the hard ground. Indians armed with flails were sta-

tioned nearby, and more natives formed a circle outside. When they yelled at the top of their lungs, the bewildered horses began to gallop, and as the shrieks increased, the animals ran at top speed around the corral. After these wheat stocks have been thoroughly threshed, the horses were stopped, the straw and grain removed, another layer placed in the enclosure; and the race began again."

Lienhard added that manure was naturally mixed with the wheat, but "this as well as any foreign matter could be removed by a strong wind."

Beck said that this process was called winnowing and mentioned that although the event will not include wild horses, there will be actual flails available for guests to view.

Later in John Sutter's life in California, he sought refuge from the madness of

See Fort, page 7

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# Fort: Public invited to 'Come in and see what a denglestock is'

Continued from page 6

the Gold Rush by retreating into the agricultural world of his plantation on the Feather River known as Hock Farm.

While gold fever gripped much of the rest of California, Sutter found solace in his devotion to the fertile soil.

In 1939, Sutter's biographer, Peter Zollinger, wrote: "Sutter became the pioneer of California's fruit industry. As he had proved to the skeptical Mexicans that it was possible to live in the interior and grow wheat there, so now he took singular pride in demonstrating to a gold-crazed world that, with proper care, it was possible to grow almost every species of fruit and vegetable. He laid out a large-scale, experimental plantation and had seeds and cuttings, particularly fruit and vine cuttings, sent him, irrespective of cost, from all over the world."

Continuing, Zollinger described the beauty of Sutter's Hock Farm.

"The English garden between the residence and the river was lush with a rich variety of green shrubs and flower borders," Zollinger wrote. "Farthest up the river was the famous peach orchard, Sutter's pride, covering three acres and inspiring the improvident, old lover of things good and beautiful to talk of planting another 20,000 young trees. On the south side of the houses there was an avenue of vigorously growing peach trees, 300 yards in length, dividing the acres of vineyard to the



THE HANDS ON HISTORY EVENT, "Harvest: The Real Gold in California," will be held at Sutter's Fort on Sept. 17. The event will include many artisans demonstrating historical techniques of making tools.

Photo courtesy of Sutter's Fort SHP

right from the strawberry to the left. Two entire acres of gardens were given over to every kind of rose, which it had been possible to obtain."

Beck said that Hock Farm would have been paradise had Sutter not had to worry about the hordes of gold seekers trampling across his beautiful lands.

And in encouraging the public to attend the Sept. 17 event, Beck added that visitors are invited to enjoy an educational and entertaining day at Sutter's Fort.

"Please visit us for a day of fun, historical hands-on activities and an educational experience that will transport you back to 19th century California," Beck said.

Admission for this event is \$6/adults, \$4/youth, 6 to 17 years old and free/5 years old and younger.

For additional information regarding this event, call (916) 445-4422 or visit the Web site [www.parks.ca.gov/suttersfort](http://www.parks.ca.gov/suttersfort).

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# Free programs for The Big Read/One Book Sacramento 2011 featuring "The Adventures of Tom Sawyer"

The Sacramento Public Library invites all ages to join the community's biggest book club – The Big Read/One Book Sacramento 2011. Read *The Adventures of Tom Sawyer* by Mark Twain, and then attend any of a number of programs scheduled at its 28 library locations in September and October, including book discussions, crafts and games for kids and teens, family-friendly film

viewings, as well as music and storytelling.

"This book is much more than the exploits of a young boy in a small Mississippi River town. The classic story is about integrity, the value of a human being, and how our choices, especially as young people, make long-term differences in our lives," said Rivkah K. Sass, Sacramento Public Library director. "We're hoping residents of all ages will either discover the book for

the first time, or re-discover this classic story."

The Big Read /One Book Sacramento official kick-off event will feature Robert Hirst, general editor of the Mark Twain Project at the University of California at Berkeley, on Thursday, September 29, at 6 p.m., in the Tsakopoulos Library Galleria at the Central Library, 828 I Street, Sacramento. Joining Hirst, biog-

rapher and actor McAvoy Layne, the "Ghost of Mark Twain," will portray the legendary 19th century American writer and humorist.

The Big Read is a program of the National Endowment for the Arts in partnership with Arts Midwest. For a complete program schedule, please telephone the Sacramento Public Library at (916) 264-2920 or visit [www.saclibrary.org](http://www.saclibrary.org).

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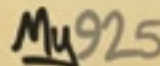
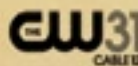
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# Popular pony rides at William Land Park have rich history

By LANCE ARMSTRONG  
East Sacramento News writer  
lance@valcomnews.com

Long before the days of Fairytale Town in William Land Park, local children, as well as children visiting from outside the city, had plenty of places to attract their attention at the park. And one of the things that many of these children looked forward to was taking rides on the ponies that were maintained by Sacramento native Eddie Fernandes.

Although the pony rides, which are located near the entrance of Funderland (formerly Kiddie Land) at the corner of 16th and 17th avenues in the park, are no longer managed by the Fernandes family, the rides continue to be operated today.

## The Fernandes era

Assisting in the efforts to tell the story of Eddie Fernandes, former pony ride workers, Eddie's daughter, Donna (Fernandes) Nieto, Eddie's son, Larry Fernandes, and Dave Rakela, recently shared their memories about the concessions.

Because her father owned the pony rides, Donna

said that she grew up with the notoriety of being the daughter of the "pony ride man."

"When I was growing up, my friends and other people, when they found out that my father owned the ponies at William Land Park, it was, 'Oh, wow, you're dad owns the ponies at William Land Park. You get free rides?' Well, of course I got free rides. It always blew me away that they thought my dad would charge me for a pony ride."

Larry added that during his childhood, a unique aspect about telling people about what his father did for a living was having them respond by saying, "Oh, I know him."

The pony rides, which follow a scenic trail in the shade of many large trees, were under the direction of the Fernandes family for 32 years, beginning in 1948, when Eddie took over the reins of the business.

Donna said that she believes that the man who was in charge of the rides prior to this time had established the business only a few years earlier.

Although Larry remembers meeting the former owner of the business, he unfortunately



EDDIE FERNANDES leads a line of ponies to William Land Park.

Photo courtesy, the Fernandes family

could not remember the man's name.

In order to purchase the ponies and take over the pony ride business, Eddie, who had previously been an apprentice mechanic for the E.A. Boyd Co., a Chrysler and Plymouth distributor at 1125 Alhambra Blvd., borrowed money from his mother, Claudina Fernandes, a Portuguese immigrant, and his brother,

A.J. Fernandes, who was employed as a county weights and measures worker.

During the earlier years of the business, the horses were boarded outside the park and would be walked to the park each day in single-file lines down such streets as Riverside Boulevard, South Land Park Drive and Rio Lane.

In about the mid-1960s, the city had a barn built for

the ponies in the park about a quarter-mile from the site of the pony rides.

Larry, who worked for his father from 1955 to 1963, described his duties at the pony rides.

"I started out in the back picking up the (pony) mess," Larry said. "Then I made sure that the ponies kept going

See Ponies, page 16



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# Ponies: Generations of Sacramento children have enjoyed the ponies in the park

Continued from page 10

around the circle and didn't decide to stray and try to eat grass or take off for a run. And I made sure the kids didn't kick the ponies (while they were riding them). We didn't allow that, because then they would run."

Many of the workers helped the children on and off the ponies, which during this era had such names as Pee Wee, Blondie, Flash and Silver.

The workers also fastened and unfastened a safety belt around each child.

Regarding the belts, Donna said, "That was their trade off for liability at that time."

Dave chuckled as he explained a very vivid memory about working at the pony rides.

"My brother (Bob, who later became a commercial artist in Sacramento) worked there," Dave said. "He was up front and he got me the job working in the back. That was a very humbling job, because I can remember the girls who came to ride the ponies were about my age and here I am at the back sweeping urine around and picking up the golden nuggets. So, that was kind of embarrassing for me."

Donna said that her father was very passionate about his work and was endeared by many people, including his young workers.

"My dad really was a mentor to a lot of teenage boys," Donna said. "They all loved him for some reason or an-

other. He had a dynamic personality. But when he meant business, he meant business. Even though he was only 5-foot, 1-inch-tall, they listened to him and they minded him. And those boys, after they stopped working for my dad, they would always come over to our house and visit. And when my dad passed away, they were all there. It was a huge funeral. There was something about my dad that just attracted people. He just had this personality that was kind of like when you walked in a room, the light went on."

Eddie died of a heart attack at the age of 48 on July 4,






Photo courtesy, the Fernandes family

PONIES AWAIT their next riders at William Land Park in this 1960s photograph.

See Ponies, page 17

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# Ponies:

Continued from page 16

1969, while on the job doing something he truly loved – working with the ponies and the public.

For the following decade, Eddie's widow, Evelyn, a native of Tennessee, operated the pony rides.

## The Hagemann era

Since the end of the Fernandes family's era with the pony rides, besides a few years when the pony ride concessions were owned by a woman, named Norma, who introduced entirely different ponies to the park, Sheridan (Placer County) resident Lynn Hagemann has been in charge of the rides' operations.

Hagemann was born in Canada, but has lived in California since she was one year-old. She has 15 ponies, a small mule and two average-size horses available for riding. The

current horses have such names as Blackie, Candy, Rocky, Carmel, Hot Shot, Cody, Bubba, Wrangler and Ladybug.

One of the original ponies that worked during Hagemann's time as the business's owner is Buster, who is 31 years old and is living his retirement years in Sheridan.

Hagemann said that Buster is quite a celebrity when it comes to the park's pony rides.

"I swear at least half of Sacramento has ridden Buster, the little pony," Hagemann said.

Hagemann, who had previous experience assisting with pony rides when she was 14 years old in Fremont and later at the Nut Tree in Vacaville, added that in being an outdoor person and an animal lover, she has enjoyed her time operating

this historic business at the park.

## A memorable place

Like many adults throughout the region, Roseville native Margie (Trevizo) McNeil said that she has fond memories of riding ponies at William Land Park during her childhood.

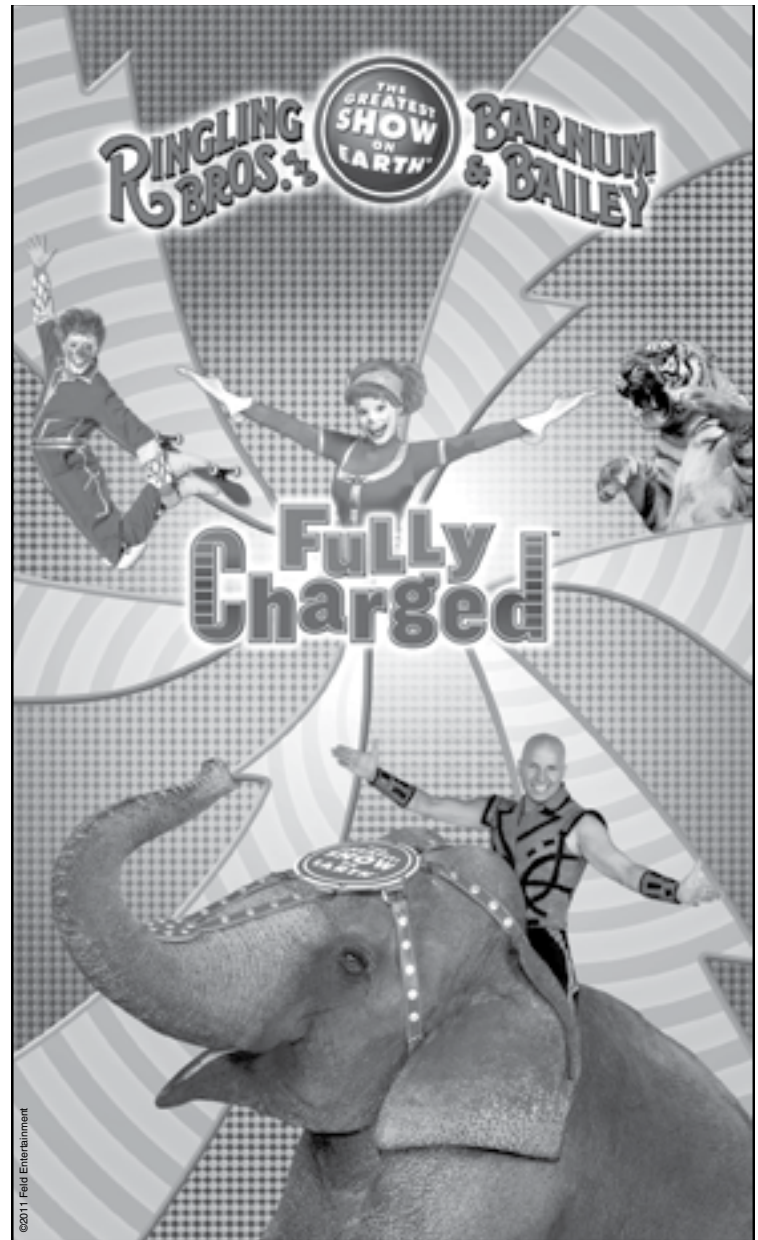
"I rode these horses (at the park) when I was three years old and I'm 57," McNeil said. "I used to come here with my family from Roseville. It was always a tradition for us to come here and ride the horses."

The pony rides are open from 11 a.m. to 4 p.m. daily, except on Mondays.

For additional information regarding the pony rides at William Land Park, call (916) 645-1161.

*'I rode these horses (at the park) when I was three years old and (now) I'm 57.'*

**- Margie McNeil**



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**Sunday Support for the Widowed**  
 Sept. 4, 11, 18, 25: The Widowed Persons Assn. sponsors Sunday Support sessions which are held every Sunday, rain or shine – holidays included. 3 p.m.–5 p.m. 2628 El Camino Ave., Ste. D-18 (east of Fulton). Widows and widowers welcome. Barbara Stewart (916) 363-3482

**Hatha yoga**  
 Sept. 5, 12, 19, 26: Align the body through breathing techniques, postures and deep relaxation. 3 p.m.–4 p.m. Hart Senior Center, 915 27th St., Sac. (916)808-5462. Meets every Mon. Repeats Wed., Fri.

**Nicotine Anonymous**  
 Sept. 5, 12, 19, 26: Nicotine Anonymous meeting. Meets every Monday, 5:30 p.m.–6:30 p.m. Westminster Presbyterian Church, 1300 N St., Sac. Brandi Bowman (916) 984-3501

**Rotary Club of South Sacramento**  
 Sept. 5, 12, 19, 26: Hear guest speakers address local, regional and international topics. Visitors welcome. 11:30 a.m., every Mon. Casa Garden Restaurant, 2760 Sutterville Rd., Sac. www.rotary.org.

**Tai Chi & Chi Keung**  
 Sept. 5, 12, 19, 26: Chinese exercise combines specific movements and relaxation. 1:30 to 2:30 p.m., Hart Senior Center, 915 27th St., Sac. Meets every Mon. (916) 808-5462

**Toastmasters**  
 Sept. 5, 12, 19, 26: Have fun while improving speaking & leadership skills. Klassy Talkers Toastmasters. 7 p.m.–8:30 p.m. Mondays. Executive Airport, 6151 Freepoint Blvd., Sac. Ann Owens (916) 601-4652 www.klassytalkers.freetoasthost.org

**Fremont Park Farmer's Market**  
 Sept. 6, 13, 20, 27: Fremont Park Farmer's Market. Every Tuesday, May–Sept. 10 a.m.–2 p.m. 16th & P streets, Sac. www.california-grown.com

**Roosevelt Park Farmer's Market**  
 Sept. 6, 13, 20, 27: Roosevelt Park Farmer's Market. Every Tuesday, May–Sept. 10 a.m.–2 p.m. 9th & P streets, Sac. www.california-grown.com

**Rotary Club of Arden-Arcade**  
 Sept. 6, 13, 20, 27: Hear guest speakers address local, regional and international topics. Visitors welcome. 12 noon, every Tues. Jackson Catering and Events, 1120 Fulton Ave., Sac. (916) 925-2787, www.ardenarcaderotary.org

**Rotary Club of Carmichael**  
 Sept. 6, 13, 20, 27: Hear guest speakers address local, regional and international topics. Visitors welcome. 6 p.m., every Tues Palm Street Pub & Grill, 6416 Fair Oaks Blvd., Carmichael. www.rotary.org

**Upholstery class**  
 Sept. 6, 7, 13, 14, 20, 21, 27, 28: Learn how to upholster! All types: furniture, auto, boat. Adult ed class taught by an upholstery professional. Tuesdays, 11 a.m.–3 p.m., Wednesdays, 9 a.m.–1 p.m. \$45 for four weeks. McClaskey Adult Center, 5241 J St., Sac. Jerry Prettyman (916) 806-2172

**Co-Dependents Anonymous**  
 Sept. 7, 14, 21, 28: 12-Step group for those who struggle to maintain healthy relationships. Meets Wednesdays. 7 p.m. Friends Community Church Fireside Room, 4001 E St., Sac. (866) 794-9993.

**Chavez Plaza Farmer's Market**  
 Sept. 7, 14, 21, 28: Chavez Plaza Farmer's Market. Every Wednesday, May–Oct. 10 a.m.–2 p.m. 10th & J streets, Sac. www.california-grown.com

**Elk Grove Regional Park Farmer's Market**  
 Sept. 7, 14, 21, 28: Elk Grove Regional Park Farmer's Market. Every Wednesday, May–Aug. 4 p.m.–7 p.m. Elk Grove & Florin roads, Elk Grove. www.california-grown.com

**Rotary Club of East Sacramento**  
 Sept. 7, 14, 21, 28: Hear guest speakers address local, regional and international topics. Visitors welcome. 12 noon–1:15 p.m., every Wed. Evan's Kitchen, 855 57th St., Sac. (in the 57th St. Antique Mall) www.rotary.org

**Senior Wednesday Club**  
 Sept. 7, 14, 21, 28: The Senior Wednesday Club meets to chat, play bridge, pinochle or bingo. Free. Bring a brown-bag lunch. Free coffee, tea and dessert. Meets Wednesdays. 10 a.m. to 2:30 p.m., Mission Oaks Community Building, 4701 Gibbons Dr., Carmichael. Judi (916) 247-6020

**Tea and Talk Book Club**  
 Sept. 7: The Sacramento Public Library invites adults to bring their tea cups and discuss "Cutting for Stone" by Abraham Verghese. 10 a.m. Belle Cooledge Library, 5600 South Land Park Dr., Sac. (916) 264-2920 www.saclibrary.org

**Toastmasters**  
 Sept. 7, 14, 21, 28: All area business people invited to hone their speaking skills. Noon–1:15 p.m., every Wed. River City Speakers Toastmasters Club, Co-co's Restaurant, 1830 Arden Way, Sac. (916) 747-8282

**Volkssport walking**  
 Sept. 8: Come join the Sacramento Walking Sticks Volkssport Club! Monthly meetings held every second Thursday at 7 p.m. SMUD Headquarters Bldg., Conference Center, 6201 S St., Sac. Those who wish to walk before the meeting, meet at Starbucks, 1420 65th St., Sac. At 5 p.m. to walk a 3-mile walk to CSUS campus & back. Barbara Nuss (916) 283-4650 or (916) 691-7618 or nussb@surrewest.net. Also www.SacramentoWalkingSticks.org

**24th annual 'Wine, Beer & Food Extravaganza'**  
 Sept. 9: Enjoy open tastings from vintners and craft breweries, along with ample foods and desserts by area restaurants and caterers. New this year: bourbon and port tastings with a cigar in the Cigar Lounge! Live music by the New Originals Trio, the Dan Drew-

is Band and Mustache Harbor. 7 p.m.–10 p.m. Event shuttles from East Sac, Downtown and Midtown locations. Proceeds benefit tuition assistance at Christian Brothers High School. For tickets, visit www.cbhswinetasting.com

**Crochet Guild**  
 Sept. 14, Oct. 12: Crocheters of all levels of ability and all ages are invited to join the Sacramento Crochet Guild. Learn new crochet techniques, exhibit at State Fair, do charity work. Mentoring program. Show and tell. Mini classes. Library and newsletter available. Club member of the Crochet Guild of America. Meets the second Wednesday of the month at 6:30 p.m. Seniors: \$6/yr. Enter from parking lot. Church of the Cross, 45th & H sts., Sac. Karolyn (916) 457-4044

**Referrals Plus**  
 Sept. 14, Oct. 12: Referrals Plus, a women's networking group, helps women in business with connections, resources, promotions and ideas. We meet the 2nd Wed. of every month. 12:15 p.m. for meeting/luncheon in Greenhaven area. RSVP required. www.referralsplus.org

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## Janey Way Memories

### Hunting with My Father



By **MARTY RELLES**  
East Sacramento News columnist  
marty@valcomnews.com

My father worked as a police officer in Sacramento. He grew up during the great depression, and served in the Navy during World War II. When he returned home after the war, he eventually landed a job with the Sacramento Police Department.

He told this story of his hiring by the Department. He had passed both the physical and mental tests for the job, completed his interview process, then had to be measured. Sacramento police officers had to be five feet, nine inches tall. Dad probably stood on tip toes to reach that height, but they hired him anyway. They needed men of his caliber.

During his first several years on the police department, Dad worked in sequence all shifts: day, swing and graveyard. During those times, we saw him mostly on his days off. Eventually though, Dad landed a job with the Detective Division. They worked Monday-Friday, 8 a.m. to 5 p.m. I saw my dad much more often after that.

Raising a family with four children, on a police officer's salary, required all of Dad's time and energy. When he wasn't working at the police department he often worked off-duty on various security assignments like concerts at the Memorial Auditorium, football games and dances. The extra money he earned really helped our family, but it meant time spent away from us.

Eventually though, Dad's pay increased giving him more recreational opportunities. Dad's favorite hobbies were hunting and fishing. My brothers and I went on fishing trips with him and by the early 1960s, I began to go hunting with dad. I didn't actually shoot, but rather stood by his side and retrieved downed birds after he shot them. Spending one-on-one time with my father always seemed special and these hunting trips proved extra-special.

I remember the first day of hunting season each year took place on September 1<sup>st</sup>. On the night before that hunt I hardly slept, so when the alarm went off at 4:00am, and Dad came in to wake me, I had already dressed.

Dad cooked breakfast, then made us lunch, and off we went out to a ranch somewhere near Lincoln. That in itself was an experience. This was before Indian Casinos, and before the building of the new highway out to Lincoln. We drove to Roseville first in the dark, then took a small rural highway out to the ranch where we hunted with several off-duty police officers. It stood next to a stream called Raccoon Creek. I don't know if I ever saw any raccoons there. They must have hid while the 25 or so policemen hunted.

When we got to the ranch, I remember driving on an old dirt road, parking next to a grove of oak trees, then walking out in the dusk to our hunting spot. Dad always chose the same place to hunt, and he always shot his limit of 10 birds. He was a good shot. I retrieved every bird and put it in his hunting pouch. After the hunt, we walked back to the grove of oak trees where we had parked, to eat our lunch and enjoy the camaraderie with the other policeman who had hunted. After lunch, the officers often sat out targets and did some practice shooting. Sometimes, someone's prized new hunting cap became one of the those targets. The men of the Sacramento Police Department really enjoyed these annual hunts and in the end, a good time was had by all. For me though, these trips were about more than just hunting, they were about spending time with Dad. I will never forget the good times we shared together.

I stopped hunting many years ago. I enjoy seeing the wild turkey, geese, quail and pheasant when I take my daily rides on the American River Bike Trail. Now the days of hunting with my dad are just another happy Janey Way memory.

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**TIM COLLOM 247-8048**

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### CHARMING EAST SAC

Fantastic 3 bedroom 1 bath on a great street in East Sacramento! This charming home has a great feel to it with pristine hardwood floors, a vintage fireplace, a remodeled bathroom, dual pane windows, central heat and air, and a very spacious floorplan. The backyard is perfect for entertaining and backyard parties. See 100 Coloma Way \$347,000

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### IN THE HEART OF EAST SAC

Amazing 4 bedroom 2 bath home located in the heart of East Sacramento. This home has a superb floorplan with very spacious rooms throughout. As you walk through the remodeled kitchen you will find an amazing view of a large backyard with a pool. See 1517 Santa Ynez Way \$679,000

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**COLLEEN WIFVAT 719-2324**



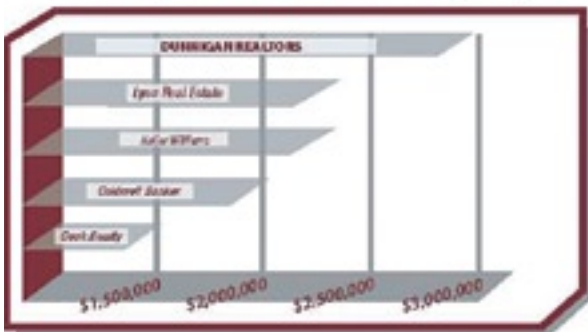
### GREAT NEIGHBORHOOD

This 2 story doll house has storybook charm. The cozy living room has hardwood floors, a fireplace flanked by built in shelves & recessed lights. The galley style kitchen is updated w/granite counters & newer cabinets w/adjoining nook overlooking the front garden. See [www.1704-50thSt.com](http://www.1704-50thSt.com) \$365,900

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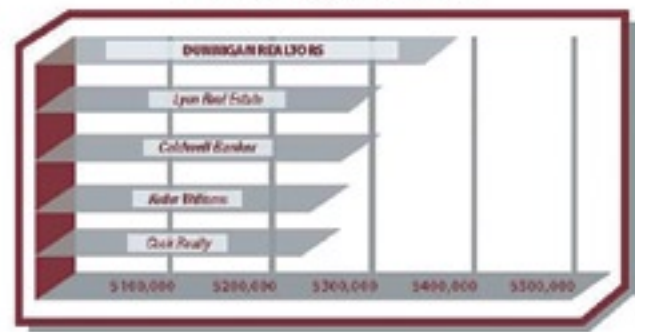
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### A Comparison of Sacramento Real Estate Firms:

Based upon the information compiled in the Business Journal "List of Residential Real Estate Firms," published August 12, 2011.

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