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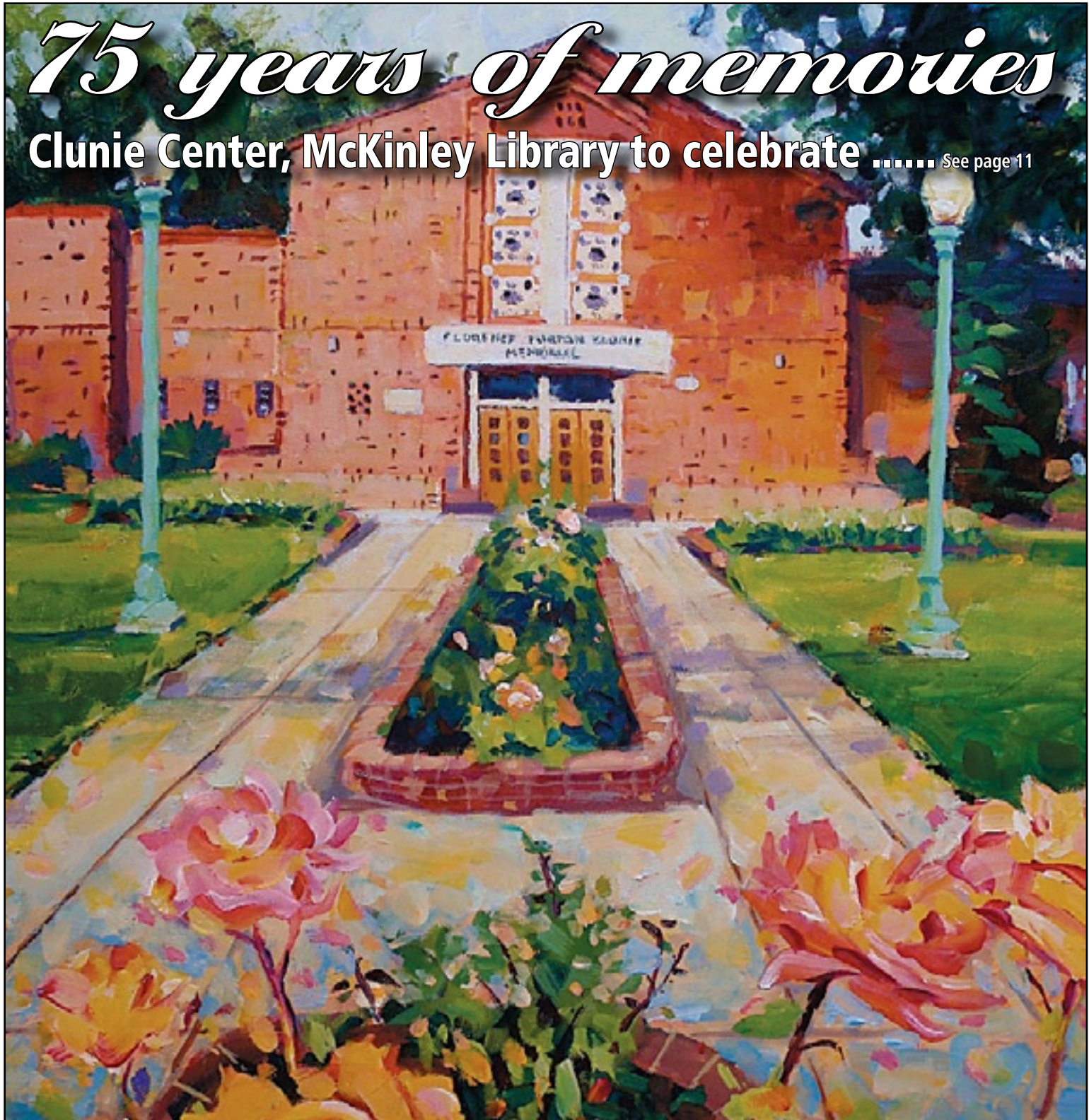


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East Sacramento News is published on the first and third Thursday of the month and delivered by mail and home delivery in the area bounded by Business 80 on the west, the American River on the north and east and Highway 50 on the south.

Publisher..... George Macko
General Manager..... Kathleen Egan
Editor..... Susan Laird
Art Director..... John Ochoa
Junior Designer..... Ryan Vuong
Sales Manager..... Patty Colmer
Advertising Executives..... Linda Pohl
Marc Harris Desilés, Melissa Andrews
Distribution/Subscriptions..... George Macko

Vol. XX • No. 20

2709 Riverside Blvd.
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Cover photo by:
Courtesy

Other photos:
Lance Armstrong
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A little night music at Ettore's

Special to East Sacramento News

Looking for a little light entertainment with friends and family on a mild October evening in Sacramento?

Then look no further than Ettore's European Bakery and Restaurant. According to owner and local restaurateur, Patrick Powers, there will be live music at the popular Sacramento locale through Nov. 5.

On Oct. 22, the Millington String Quartet will perform contemporary and "pop" (popular) music. This local group is versatile. Many in the community may know the quartet as a classical group, their repertoire is wide and eclectic – ranging from ragtime, blues and jazz, opera favorites to pop and rock. Their influences range from the Turtle Island and Hampton String quartets to Motown composers and performers of the '60s and '70s.

On Oct. 29, the Loose Acoustic Trio will perform elements of folk,



Photo courtesy, Ettore's European Bakery and Restaurant
SACRAMENTO SOUNDS. The Millington String Quartet will perform at Ettore's in Sacramento on Oct. 22.

blues, old-time country and Cajun. The Trio is comprised of accordion, guitar, mandolin, upright bass and three-part harmonies. The unique sound of this group contributes to a good-time gumbo that will make a most memorable evening.

On Nov. 5, Marty Cohen & the Sidekicks will perform acoustic music. The group is a

local favorite, known for a sound that is "a little bit country" and "a little bit jazz" combined with a tad of folk.

All concerts will be from 7:30 p.m. to 10 p.m. at the restaurant. Ettore's is located at 2376 Fair Oaks Blvd. in Sacramento. For more information, call (916) 482-0708 or visit www.Ettore.com.

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Celebrate 'Dia de los Muertos' at the McKinley Library

Special to East Sacramento News

School age children have a unique opportunity to prepare for "Dia de los Muertos" (Day of the Dead) at a special program at the McKinley Park Library on Oct. 25 and 27.

Kids will mold sugar skulls, a traditional Hispanic decoration for the holiday. The skulls will be molded on Tuesday, Oct. 25, dry a few days, and then they will be decorated on Thursday, Oct. 27. The programs will both be held at the library at 3:30 p.m. to 4:30 p.m.

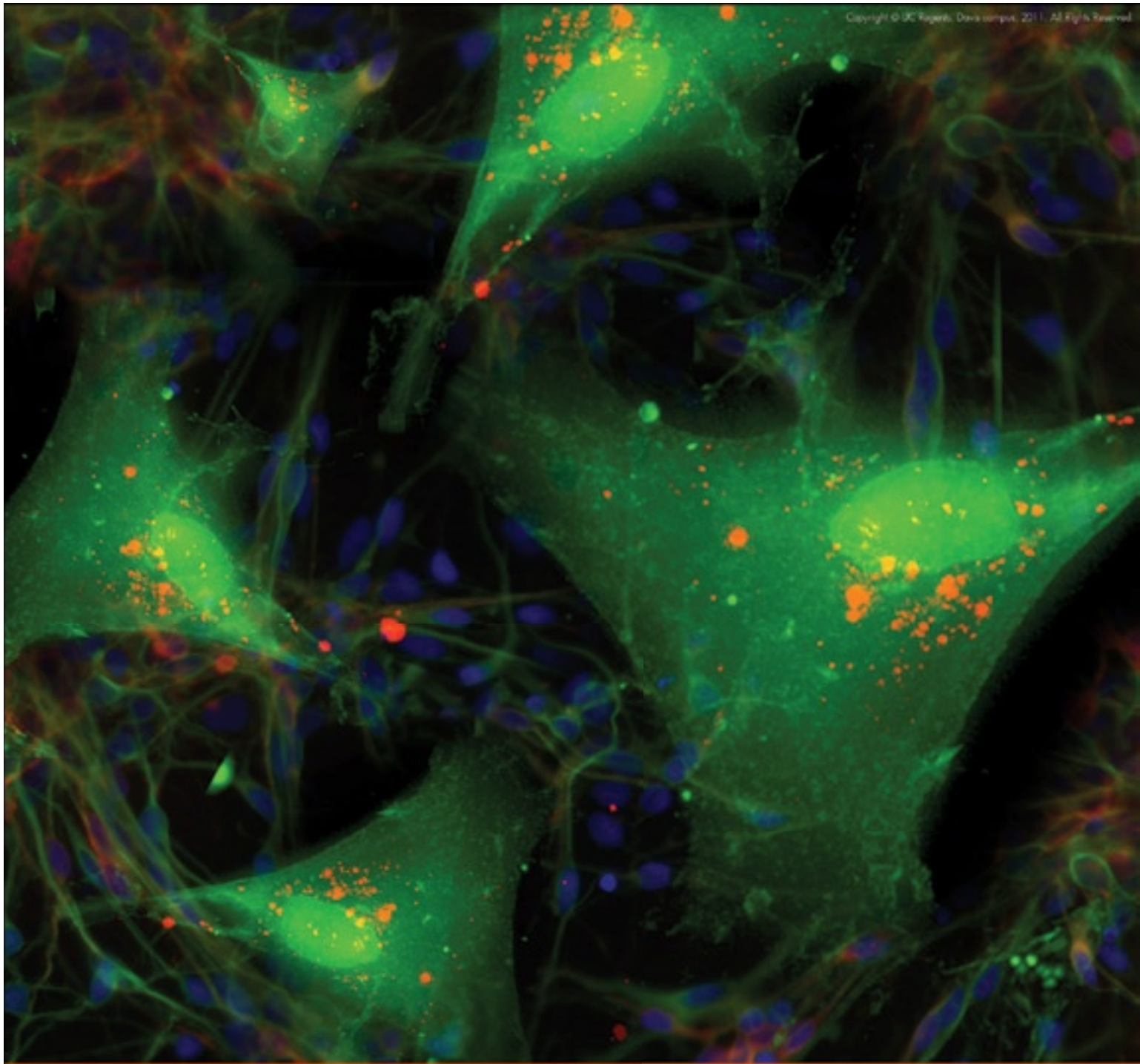
The McKinley Park Library is located at 601 Alhambra Blvd. in Sacramento. For information, call (916) 264-2700 or visit www.saclibrary.org.

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Know your neighbor Taking community news to the nation's capitol



Photo courtesy, Anne Kitt

TAKING COMMUNITY NEWS to Washington, D.C. The grandchildren of East Sacramento residents Bernard and Anne Kit took copies of their community newspapers with them to the nation's capitol building last summer. Left to right, Jack Parsh and Sophia Parsh of East Sacramento, and Emilio Kitt and Maya Kitt of the Pocket area.

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Easy living in this updated 3 bed, 2 bath home with a great room concept, fireplace in living room, lots of windows, huge master bedroom with walk-in closet and bath with jetted tub and double sinks. Wonderful spacious yard with garden, raised planter beds, citrus trees & auto irrigation. One car garage.



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Lights, cameras, safety? Sac State increases security

Special to East Sacramento News

In a continuing effort to make the campus as safe as possible for students, faculty, staff and visitors, Sacramento State officials launched a number of safety projects recently.

The most visible is the installation of new lights this summer. About 100 new fixtures were installed along pathways from the residence halls to The WELL, according to Plant Operations Director Linda Hafar.

"The WELL contractor installed several of these fixtures when it was built, so this project creates two nicely lit corridors for housing residents," she said.

The old type of fixture used a high-pressure sodium lamp and cast a pinkish glow. The new lamps are more energy efficient and cast a white glow that is more visible to the eye and so is perceived as improved lighting, Hafar said.

Last year, university began installing additional emergency telephones and safety and security cameras around campus. Four phones were installed at various locations, in addition to six new ones at Folsom Hall, new home of the School of Nursing. That brings the campus total to 130 phones, each of which has a blue light at the top to make it easier to identify at night.

Sixteen new safety and security cameras were installed, in addition to a new one at Folsom Hall, joining many others situated around campus.

To improve the campus warning capabilities, officials installed an audio broadcast system. Loudspeakers to warn the campus community of immediate threats have been installed at 27 locations.

"These speakers can be individually activated, activated in zones or all together in the event of a campuswide emergency," said Tony Lucas, public safety finance director.

Each of these projects is viewed as expanding the Sacramento State Police Department's capacity, according to Lucas. Cameras aid officers following up property crimes; and the blue light phones and loudspeakers improve communication between the public and officers, acknowledging that not everyone may have a cell phone with them or have signed up to the University's Emergency Notification System.

"The campus has been doing these various projects over the past two to three years in order to improve the Police Department's capabilities to respond to the campus' safety needs," Lucas said.

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Sutter Medical Center expansion features midtown Sacramento's tallest building

By LANCE ARMSTRONG
East Sacramento News writer
lance@valcomnews.com

Just west of East Sacramento and across L Street from Sutter General Hospital is an under construction building that is drawing much attention for its size alone. After all, the partially completed structure is shaping up to be midtown Sacramento's tallest building.

Standing about 194 feet tall, the 10-story, 395,241-square-foot structure in its completed state will become known as the Anderson Lucchetti Women's and Children's Center and replace Sutter Memorial Hospital at 5151 F St. in East Sacramento.

In addition to its function as a maternity hospital, Sutter Memorial, which is often referred to as the "baby hospital," presently

houses cardiac care services. But Sutter Memorial is considered an aging campus that does not meet today's needs from a health care consumer or medical technology prospective.

The new, 242-bed facility will provide the highest level of neonatal and pediatric intensive care services, pediatric cardiac care, pediatric neurosurgery services, pediatric cancer services and high-risk and conventional maternity services.

Another major aspect of opening the new facility is the fact that medical staff and hospital management will no longer have to travel back and forth between Sutter's two Sacramento campuses.

Although it was once contemplated that the new Sutter center would be located on the Sutter Memorial campus, Gary Zavoral, pub-



VIEW OF THINGS TO COME. The Anderson Lucchetti Women's and Children's Center, shown under construction, will replace East Sacramento's Sutter Memorial Hospital. The top level of the 10-story structure will feature a life-saving helistop for severely injured and sick patients.

lic relations specialist for Sutter Health, Sacramento Sierra Region, said that the selection of the Sutter General site seems to make the most sense in a historical perspective.

"This is where Sutter Hospital started (in 1923), so it kind of made sense that they would go ahead and put this new midtown expansion right here where it all began," Zavoral said.

Larry Maas, the Sutter Medical Center, Sacramento assistant administrator who oversees the expansion project, described the magnitude of the move from Sutter Memorial to the Anderson Lucchetti Women's and Children's Center as advancing "light years ahead."

"Bringing the two campuses together has tremendous clinical advantages in terms of efficiency and our ability to take care of our patients," Maas said. "This has been a long, long time in the process. I've been working on this over a decade."

The construction of this building is the major part of the \$724 million Sut-

ter Medical Center campus project, which also includes the renovation of Sutter General Hospital and the construction of the Sutter Capitol Pavilion outpatient center, which was completed in August 2010.

Another recent Sutter project was the Sutter Community Garage, which includes 324,000 square feet of garage space and 9,000 square feet of retail. The 28th and N streets garage, which is available for hospital and public use, opened on Feb. 14, 2008.

During an interview with this publication on Oct. 13 – the anniversary marking three years since ground was broken for the women's and children's center – Tom McDermid, the site supervisor for Boldt Construction, the general contractor for the new building, said that he was very impressed with the overall work and progress of the project.

"The whole mix of our team partnership out here has been working well together, and you can see that by the progress that we're making," McDermid said. "It's been a whole continuity

of the design, the build and the owner. A year ago, we had a hole in the ground, so the progress has been unbelievable. And with no loss time injury on a site like this, with all this metal and steel and the height (of the building) is incredible. It's unheard of, actually."

Sutter's ability to work with the neighboring business community has also proven to be a successful element of the project.

Kathy Dunlap, the chief operations officer of the Radiation Oncology Division of the Radiological Associates of Sacramento within the Sutter Cancer Center at 2800 L St., said that much coordination occurred between the radiation oncology center and the Sutter Medical Center in regard to the project.

"They're actually building the hospital on top of our radiation oncology center," Dunlap said. "We're literally in what is called the basement of the Sutter Cancer Center, and so they literally had to build on top of us. That required the reinforce-

See Expansion, page 7

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CONSTRUCTION WORKERS workers handle large sections of steel at the new center, which is scheduled to be completed in June 2013.

THE NEW Sutter hospital building is being constructed just east of the Sutter Cancer Center.

Expansion: New campus will meet health care, technology needs of tomorrow

Continued from page 6

ment of columns and doing all kinds of stuff. It's taking a lot of work and coordination with Sutter to make sure that our services to patients were not disrupted. So, we've been working with Sutter for many years in order to get through a successful project. I think (the new building) is great for the community. This has been a vision for Sutter for a long time and I think for the whole campus that they've been working on. We treat Sutter's patients for radiation oncology, so we have a very strong relationship with Sutter for the cancer center, so everything that they're doing there is a good thing."

Although actual work on the women's and children's center site recently reached its third year, the construction of the building is not scheduled to be complet-

ed until June 2013. However, about five months will be necessary following this time to gradually move into the facility, orient and train staff and move patients.

Progress on the building currently continues at a steady pace, as workers are diligently making strides toward completing the structure.

The new hospital building began receiving some of its glass windows during the week of Sept. 26.

The next step for the building is to complete its exterior "skin," with the preliminary plan to have the first four floors of the structure fully enclosed by mid-November. This work will continue on the other floors, which are scheduled to be completed in this manner by sometime in January.

Once the building is enclosed, workers can begin the process of building walls and undergoing the finish work on the structure's interior.

The new building will be connected to the present Sutter General Hospital via a three-story spanning structure.

And the bridging of these two buildings will also represent their recognition as one hospital.

Furthermore, the old Sutter General Hospital building will become known as the Ose Adams Medical Pavilion and will include 257 beds. And both buildings will jointly be a part of Sutter Medical Center, Sacramento.

Maas said that Sutter's new, centralized hospital campus will mark a major advancement in health care services in the capital area.

"The new Sutter Medical Center will be a tremendous asset to the community in that we will have really the very best in health care on the campus, both from a technological perspective and from a facility that meets the needs of a health care consumer going forward," Maas said. "As an ex-

ample, private rooms that have family spaces in them, so that mom, dad can spend the night with the child that's in the hospital or (another) loved one. Really, we will bring to Sacramento the first pediatric emergency department and a facility that is technologically state of the art."



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Zumba with Jules to 'Dance for the Cure'

Special to East Sacramento News

Bring a friend or make a new one and dance for the cure to pancreatic cancer, when Zumba with Jules hosts "Dance for the Cure" on Saturday, Oct. 22 from 10 a.m. to 11:30 a.m. at the Didion Elementary School gym.

The Zumba class will donate all proceeds from the event to benefit pancreatic cancer research. Participants are encouraged to wear purple in memory of those who have passed away from this disease, but especially in memory of Margaret E. Moss, "Dicey" Copes-Mehau and Susan Ridehour.

Tickets are \$10 in advance or \$15 at the door. Donations from non-participants gratefully accepted. Didion Elementary School is located at 6490 Harmon Way in Sacramento. For information, contact Kathy Garcia at (916) 392-5006 or visit www.Zumbawithjules.com.



Photo courtesy, Kathy Garcia

DANCE FOR THE CURE and Zumba with Jules at Didion Elementary School's gym on Oct. 22. Proceeds from this event will benefit pancreatic cancer research.

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Local credit union donates teaching supplies to RAFT of Sacramento

Special to East Sacramento News

The Golden 1 Credit Union recently donated 72 boxes of office supplies to the Resource Area for Teaching (RAFT) of Greater Sacramento. The materials will be used to support numerous learning activities offered through the organization.

RAFT provides pre-K to grade 12 teachers, child-care providers and nonprofit community groups with activity kits and other learning materials, innovative project ideas, administrative support and professional development opportunities. RAFT welcomes donations of office supplies because such donations enable the organization to provide teachers with low-cost educational materials. Once collected, volunteers convert the materials into educational project kits.

"Golden 1 is committed to giving back to the communities we serve," said Donna Bland, president the CEO of The Golden 1 Credit Union. "Our donation will help make education more productive for teachers and students."

RAFT Sacramento, which was founded in 1984, strives to make a difference for teachers and students throughout the region. Its mission is to "help educators transform the learning experience through 'hands-on' education that inspires the joy and discovery of learning."

The Golden 1 Credit Union is California's leading credit union, with more than 80 branches, \$7.3 billion in assets and nearly 600,000 members.



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McKinley Library and Clunie Center celebrate 75 years of memories

Special to East Sacramento News

On Sunday, Oct. 23, Friends of McKinley Library will throw a party to celebrate the 75th anniversary of McKinley Library and Clunie Community Center.

From 1 p.m. to 2 p.m., there will be presentations on the history of East Sacramento and Midtown, McKinley Park, Clunie Center and the library by historians and authors Bill Mahon and Amanda Graham.

"This is a wonderful opportunity for the history buff, or just the curious, to learn more about the neighborhood," said McKinley Library's Shari Nichelini.

The library will be open that afternoon for special programs for children. From 1 p.m. to 4 p.m., old-fashioned children's activities and board games from the 1930s such as Scrabble will be set up for children and teens to play. At 2 p.m., Penny the Clown will perform in the library.

Across the hall in the Clunie Center auditorium, there will be dancing to live big-band music by the Swing-Masters from 2 p.m. to 4 p.m.

As part of the celebration, McKinley East Sacramento Neighborhood Association is planning a juried art exhibit and sale of art from regional plein-air artists. The group is hosting the first Sacramento Plein-Air Paint-Out from 8 a.m. to noon that morning. Paintings by more than 20 artists will be on display in the Clunie entrance hall and auditorium. All the art will be available for purchase, with a portion of the proceeds going to projects in the neighborhood supported by MENA.



Image courtesy, Friends of McKinley Library
CLUNIE CENTER. Painting by East Sacramento artist David Lobenberg. The McKinley Library and Clunie Community Center will celebrate 75 years on Sunday, Oct. 23.

Special guests from Sacramento Art Deco Society will attend in period costumes, and vintage cars from the 1930s will be parked in front of the library.

And no party would be complete without cupcakes and old-fashioned root beer floats.

The event is co-sponsored by City Councilmember Steve Cohn, the

East Sacramento Chamber of Commerce and Inside Publications.

All events and refreshments are free. For more information on the celebration or to volunteer to help the day of the event, call 452-8011.

Clunie Community Center and McKinley Library are at 601 Alhambra Blvd. in Sacramento.

Plein-Air Paint Out

Artists participating in the first Sacramento Plein-Air Paint-Out on Sunday, Oct. 23, are looking for suggestions on what to paint.

"Plein-air art is painting done outdoors using natural light," explained Claudia Bordin, chair of the event and a board member of McKinley East Sacramento Neighborhood Association, the event's sponsor.

Bordin and her co-chairs, artists Debbie Gualco and Beth Winfield, have invited 16 of the best plein-air artists in the region to come to East Sacramento that morning and create paintings that will be hung that afternoon at Clunie Community Center as part of the 75th anniversary celebration of the library and community center.

"On that Sunday morning, you may run across artists all over the neighborhood painting," Bordin said. "In the afternoon during the celebration at Clunie, we expect a few of them to be painting near the center. We hope the public will take the opportunity to engage with the artists and learn more about plein-air art."

The group is looking for people who may be interested in having their home, garden, business and/or classic car featured in an original work of art. "There is no guarantee that your home or business will be chosen as a subject by an artist, and no obligation on your part to purchase the art, though we do hope you will come to the show that afternoon to see the final piece of art," Gualco says.

"Several other communities in California sponsor significant plein-air festivals. This event in East Sac presents a great opportunity to expose plein-air painting to the general public," adds Gualco.

To make a request for an artist to "Come Paint Me," contact Marti Walker at (916) 224-5909 or martiwalke@yahoo.com.

For more information about the event, call Bordin at (916) 736-3450.

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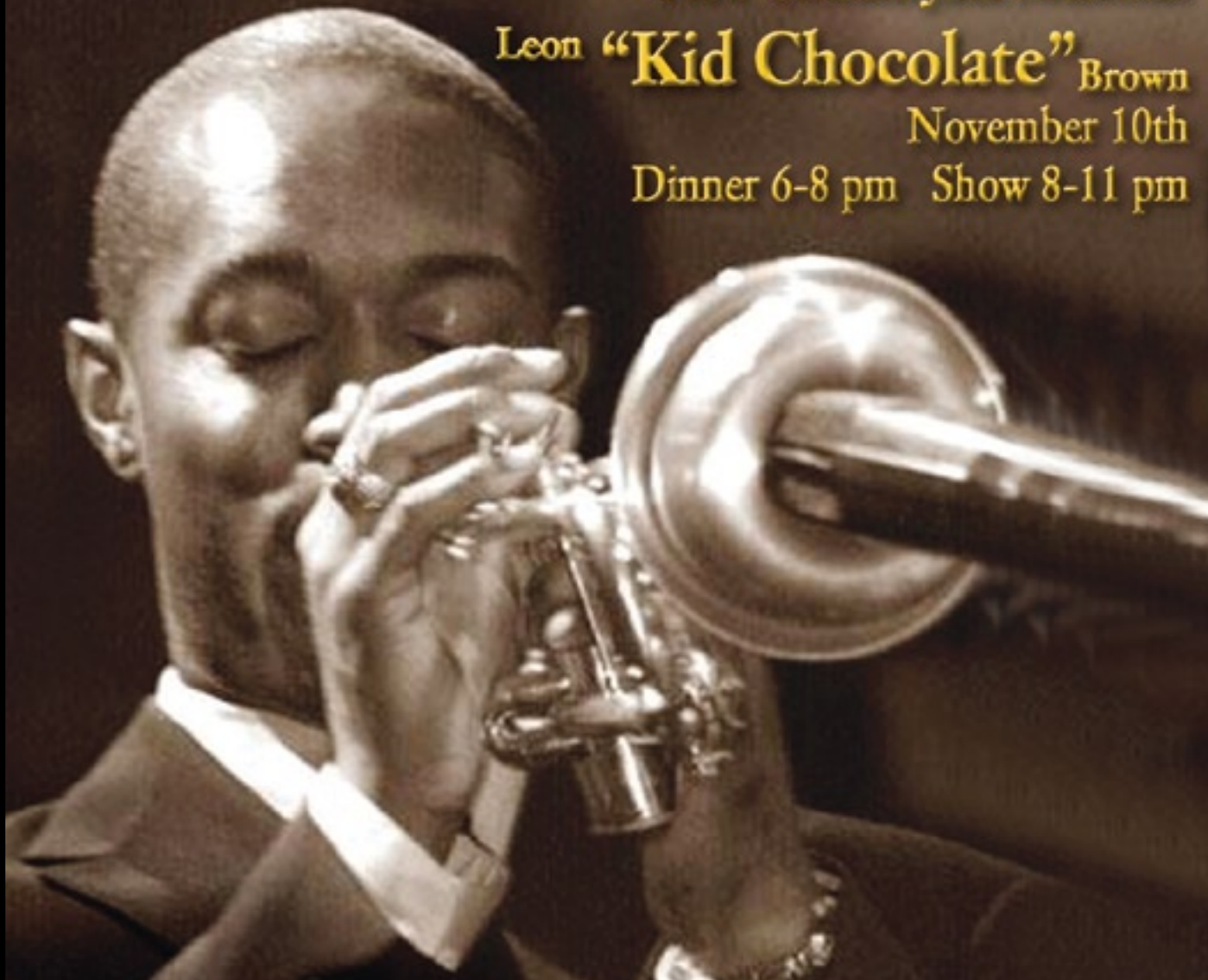
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Know your 'Prop 8' property owner rights

By JOHN WOODALL
Special to East Sacramento News

Has your home's value decreased? How about its assessed value (and therefore property taxes)? Are they going down too?

Now is the time to appeal your assessed value if you

believe it has not kept up (or gone down) in value.

The great California property tax revolution known as Prop 13 that voters passed in June 1978 rolled back existing residential property values to their 1975 value (thereby cutting property tax-

es). It set the maximum basic tax rate at one percent of assessed value, and thereafter limited increases in the assessed value of property to a maximum of two percent per year unless the property sold, at which point it could be reassessed at market value.

This was during a time of rapid property value appreciation. Prop. 13 did not address property values in a declining market.

A statewide ballot proposition numbered "Prop 8," passed in Nov. 1978, corrected that omission. It amended Prop 13 to recognize declines in market value for property tax purposes. The term "Prop 8" has been commonly used by assessors to refer to these reductions ever since.

How Prop 13 and Prop 8 are related

By law, the assessor must annually enroll (register) **either** a property's Prop 13 value or its current market value on Jan. 1 (the lien date), **whichever is less.**

When a property's current market value falls below the Prop 13 value, the lower value is commonly referred to as a "Prop 8 value." Prop 8 reductions are temporary and can change up or down by more than two percent per year. When the assessor finds that market value has again risen above the Prop 13 factored value previously established, the Assessor *must* reinstate the previous Prop 13 factored value.

You can get the current assessed value on the Sacramento County Assessor's Website – look for the property "Parcel Viewer."

Prop 8 gives you the right to challenge your property assessment if you feel the value was not lowered sufficiently.

John Woodall, GRI, SRES is a broker associate with LYON Real Estate. Contact John at (916) 421-5421, jwoodall@golygon.com or visit www.johnwoodall.com.

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'Christmas Tree Lane' a timeless Sacramento area tradition

Special to East Sacramento News

The Sacramento area is known for many time-honored holiday traditions. Jesuit High School's annual "Christmas Tree Lane" marks 55 years this November.

Jesuit High School will celebrate this memorable Sacramento event on Nov. 26 and Nov. 27 at the newly-renovated Hyatt Regency Hotel in Sacramento.

This popular fashion and shopping event has an interesting history.

A dream comes true

In 1955, the vision of establishing a Jesuit high school in Sacramento inspired a group of a dozen women to band together to found the Loyola Guild. With unshakeable commitment and a flair for fashion, they worked to make their dream a reality.

A St. Ignatius Loyola Parish school-room housed the first meetings of the guild's founding members. They had no money, but they were offered an existing event known as "Christmas Tree Lane" by the Mercy Guild. The members decided to model their event after the "Christmas Tree Festival" which was previously held at the Senator Hotel.

Funds from these early Christmas Tree Lanes helped to establish Jesuit High School. On Sept. 17, 1963, Jesuit High School opened its doors to 93 freshman students.

Today, Christmas Tree Lane lives on.

In addition to fantastic holiday shopping, the event includes a beautifully-choreographed fashion show and dance production that features Jesuit High School seniors and parents, along with senior girls from St. Francis High School. Christmas Tree Lane's show is the largest fashion show in the Sacramento area.

All funds raised continue to go to the school's building fund and the Loyola Guilds Scholarship Fund. Some 22 percent of Jesuit students receive tuition assistance thanks in part to Christmas Tree Lane.

'A Timeless Tradition'
This year's Christmas Tree Lane theme is, appropriately, "A Timeless Tradition." It promises to be as spectacular and lavish as any other in the event's history.

The gala dinner show will be presented on Saturday, Nov. 26 at 7:30 p.m. Breakfast and lunch shows will be held Sunday, Nov. 27 at 9 a.m. and 12:30 p.m., respectively.

Local celebrity and Jesuit alumni Kelly Brothers has hosted this event many times over the years.

"To me, Christmas Tree Lane is always the best way to kick off the Christmas season," Brothers said. "It's the first event to indicate that Christmas is coming. When I first started hosting this event, it was just me and 500 women in the room."



Photo courtesy of Jesuit High School
Jesuit High School's annual Christmas Tree Lane fundraiser includes a fashion show, musical entertainment and holiday shopping in "The Lane." The annual holiday tradition celebrates its 55th anniversary this year.

Members of the Loyola Guild note that these days there is a mixed crowd, as men enjoy the event as well.

"The Lane" will be open for Christmas shopping on Saturday, Nov. 26 from 5 p.m. to 10 p.m., and on Sunday, Nov. 27 from 8 a.m. to 3 p.m. Shopping in "The Lane" is open to the public. Stroll down this magical lane to find one-of-a-kind

Christmas decorations, incredible gourmet foods and delightful treasures.

Tickets for Christmas Tree Lane's shows range between \$60 and \$110. Visit <https://loyolaguild.webconnex.com/CTL> to purchase tickets. For additional information, visit www.JesuitHighSchool.org/CTL

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USA Synchronized Swimming meet held in region

By **BENN HODAPP**
East Sacramento News writer
benn@valcomnews.com

The weather is getting a little cooler as the region settles into the fall season, but that didn't stop some 200 synchronized swimmers from the United States and Canada from making their way to the Sacramento area for a last breath of summer this month – in the form of the 2011 U.S. Masters Synchronized Swimming Championships.

The event, which took place Oct. 13-16 at the Roseville Aquatic Center, showcased swimmers ages 20-99 in solo, duet, trio and group events. Events will run Thursday through Sunday, with an awards ceremony falling on Sunday. Part of the focus at the event was on Breast Cancer Awareness Month.

The championship meet included a Guinness World Record attempt of "The

World's Largest Floating Pink Ribbon" in honor of breast cancer survivors.

The floating ribbon, according to a press release, was comprised of 250 swimmers "connected" head-to-foot while floating on the surface of the water to create the formation of the Susan G. Komen Running Ribbon."

The head of the ribbon was made up of breast cancer survivors including two-time U.S. Olympic synchronized swimming gold medalist Karen Josephsen, former Sacramento Monarchs star Edna Campbell, local television personality Tina Macuha and Executive Director of the Sacramento Komen affiliate Donna Sanderson.

Among the more than 200 swimmers were some 20 swimmers coming all the way from Canada to compete. Sacramento synchronized swimmers were represented, as well as the Sac

Synchro Masters team, which competed in the team competition. There are 26 members of the local team, ranging in age from 20-64, according to Meet Manager Sonia Susac.

Susac, a breast cancer survivor and a decorated synchronized swimmer herself, was part of the world record try as well.

The meet attracted some 500 spectators over the four days, raising money for breast cancer research.

The event was sponsored by Susan G. Komen for the Cure and the California Skin Cancer Prevention Program. In addition to the skin and breast cancer information, a St. Joseph's Medical Center Mobile Mammography Unit was on-site.

For more information on the world record attempt, visit www.worldrecordfloat.com.

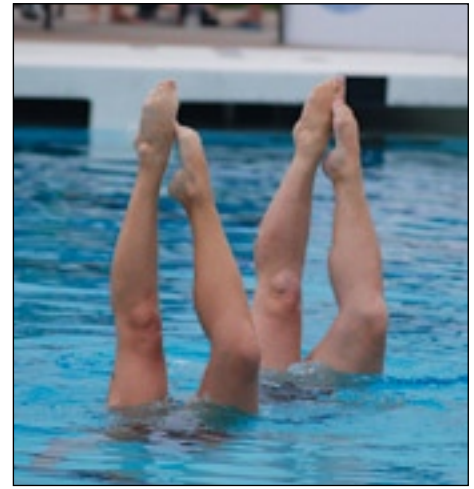



Photo courtesy

SYNCHRONIZED SWIMMING requires a unique combination of overall body strength and agility, grace and beauty, split-second timing, musical interpretation, stamina and dramatic flair. Synchronized swimmers from all over the country converged on the Sacramento area for the 2011 U.S. Masters Synchronized Swimming Championships, Oct. 13-16.

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Photo courtesy, Sacramento State

Caption: Kirill Gliadkovsky performs at Sacramento State

Gliadkovsky to perform at Sac State

Special to East Sacramento News

Sacramento State's Piano Series presents Kirill Gliadkovsky in concert on Saturday, Nov. 19.

Gliadkovsky is a featured artist on National Public Radio. The program includes works by Mozart, Schumann, Brahms and Gershwin.

Admission is \$20 general and \$15 for students and seniors. The concert will be held at 7:30 p.m. on the campus of Sacramento State in Capistrano Hall's Music Recital Hall. The campus is located at 6000 J Street in Sacramento. Call (916) 278-4323 or visit www.tickets.com for information.

Janey Way adventures inspire adventure of an international sort

By **MARTY RELLES**
East Sacramento News columnist
marty@valcomnews.com

Growing up on Janey Way, playing in the Pit and dodging Ole Man Charlie gave all of us a true spirit of adventure.

That spirit remains strong, even today.

For example, on Sept. 23, 2011, my wife Barbara and I set out on a grand adventure to a continent we have never visited: South America. That day, we boarded a plane in San Francisco and flew 4250 miles to Lima, Peru.

We arrived in Lima at 10:30 pm that night, collected our luggage, and sorted through a gaggle of signs to find the one that said: Señor Martin Relles. That one took us to our hotel and a much needed night of rest.

Early next morning, we awoke and set off to the airport, yet again.

This time, we headed for Cusco, Peru: the ancient capital of the Inca Empire. Cusco sits high in the Andes Mountains at an altitude of 11,200 feet.

Believe me, functioning at that elevation takes some effort. Some people actually take prescription drugs to combat the effects of altitude sickness prior to landing in Cusco. We chose not to do that and felt the effects of the altitude change from

sea level to over two miles up. Our breathing became labored and our feet felt like lead.

Fortunately, we left Cusco immediately, boarding a taxi and driving 90 miles down to Ollantaytambo, Peru at a "comfortable" elevation of 8,400 feet.

Our goal was to visit Machu Picchu, the lost city of the Incas, the next day. So, while Barbara rested at the Hotel Albergue in Ollantaytambo, I went off to purchase train tickets for this excursion. Fortunately, the Inca Rail had two tickets for us and next day we embarked on 90 minute train ride to Machu Picchu. The hotel staff warned us that tickets might not be available as only 2,000 admissions are granted each day to this important Peruvian national historical sight.

Again, luck was on our side, and when we arrived at Aguas Calientes at the foot of Machu Picchu, tickets were available for us and we bussed up the mountain to the great Inca lost city. What a magical place. Words cannot describe its beauty. Nestled at roughly 8,000 feet and surrounded by 15,000 foot snow-covered peaks, it inspires awe in all who visit it.

Next morning, we took a van back to Cusco and after a one day visit there headed

back to Lima and then off to Buenos Aires, Argentina.

There, we spent a week touring with our lovely daughter, Dr. Brea Bondi-Boyd, a resident physician at the Alameda Regional Medical Center in Martinez, Calif. Brea was in the midst of a four week foreign exchange in Santiago, Chile, but took a week off to visit with us in Buenos Aires. We had a great time touring in this wonderful international city, finding it considerably more relaxing than the high altitudes of Peru.

In Argentina, we also found time to visit Iguazu, the beautiful Argentine falls similar too, but larger than our Niagara Falls. Unfortunately, torrential rain cut short our visit to Iguazu.

We ended our great South American adventure with a visit to Gran Mendoza in the heart of the Argentine wine country. There we relaxed, visited great wineries and ate wonderful food--a good way to end an arduous trip.

At 10:30 a.m. on Oct. 7, we arrived back in San Francisco and drove the 90 miles back to Sacramento: home sweet home. We were exhausted, but exhilarated. We had experienced a grand adventure, few people get to enjoy.

Now our South American adventure is yet another awe-inspiring memory, courtesy of Janey Way.



Photo courtesy

JANEY WAY ADVENTURER and East Sacramento News columnist Martin Relles with wife Barbara during a recent trip to Machu Picchu in Peru.

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CALENDAR

For more Calendar entries visit
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Send your event announcement for consideration to: susan@valcomnews.com at least two weeks prior to publication.

Through Oct. 23: After beginning his career as a china painter in Bavaria, Franz A. Bischoff immigrated to the United States in 1885 to become one of the foremost porcelain painters of his day. He won numerous awards and earned the title "King of the Rose Painters." "Gardens and Grandeur" features approximately 40 examples of Bischoff's work, in-

cluding porcelains, still lifes, and landscapes. Crocker Art Museum, 216 O St., Sac. (916) 808-7000, www.crockerartmuseum.org.

'Bingo: the Musical'

Through Jan. 8, 2012: Everybody gets to join in the fun at this musical. Call for times, prices. The Cosmopolitan Cabaret, 10th and K streets., Sac. (916) 557-1999 www.CosmopolitanCabaret.com

OCTOBER

Bilingual Toastmasters

Oct. 20, 27: Una oportunidad unica para mejorar sus habilidades bilingues y superar el temor de hablar delante de gente con nuestro club Los Oradores Toastmasters. Improve your language skills and lose fear of speaking in front of people in Spanish and English with Los Oradores. Every Thursday/ Cada Jueves 6:30 pm - 8:00 pm Sutter Cancer Center 2800 L Street, Sac. Teri Bullington (916) 723-6232 teri.bullington@gmail.com, www.sacramentotoastmasters.com

Bingo!

Oct. 20, 27: Enjoy a great local charity game of bingo every Thurs. night at 6:30 p.m. Benefits projects in the community. Early bird for \$5, Regular game buy-in of \$20. Elks Lodge No. 6, 6446 Riverside Blvd., Sac. (916) 422-6666

Florin Sears Store Farmer's Market

Oct. 20, 27: Florin Sears Store Farmer's Market. Every Thursday, year round. 8 a.m.-noon. Florin Rd. & 65th St., Sac. www.california-grown.com

Food Addicts Anonymous

Oct. 20, 27: 12-Step group for those who struggle with obesity, food obsession or eating disorders. Meets Thursdays. 9 a.m. St. Andrews United Methodist Church, 6201 Spruce Ave., Sac. (800) 600-6028.

Living Positive with Chronic Disease group

Oct. 20, 27: Meet-up group for people living with chronic disease who honor how im-

portant a positive mindset is. If you want to complain - this isn't the group for you. The group will discuss and support: best practices for managing your condition, communication strategies, ways to laugh, have fun, engage with life and more. Free. Meets Thursdays. 5:30 p.m. - 7 p.m. Starbucks, 1401 Alhambra Blvd., Sac. Danae Horn (503) 319-4247

Rotary Club of Pocket/Greenhaven

Oct. 20, 27: Hear guest speakers address local, regional and international topics. Visitors welcome. 7:30 a.m., every Thurs. Aviators Restaurant, 6151 Freepoint Blvd., Sac. Kelly Byam (916) 684-6854.

Sacramento Downtown Plaza Farmer's Market

Oct. 20, 27: Sacramento Downtown Plaza Farmer's Market. Every Thursday, May-Sept. 10 a.m.-2 p.m. 4th & K streets, Sac. www.california-grown.com

Sutterville Heights Optimist Club

Oct. 20, 27: Come enjoy community speakers and community projects for youth. 12 noon., every Thurs. Golden Corral, 7700 W. Stockton Blvd., Sac. Charlie (916) 427-7136 or Mary-Jo at (916) 691-3059

Ballroom Dances

Oct. 21, 25, 28: Enjoy dancing to a live band every Tuesday and Friday. 1:15 p.m.-3:45 p.m. \$5/person. Mission Oaks Community Center, 4701 Gibbons Dr., Carmichael

Kiwanis Club of East Sacramento-Midtown

Oct. 21, 28: Come listen to an interesting guest speaker weekly; community service, serving the children of the world. Visitors welcome, first breakfast "on us." 7 a.m. - 8 a.m. Fridays. 2875 50th St., UC Davis Med. Ctr., Sac. (916) 761-2124 www.eastsacmidtownkiwanis.com

Rotary Club of Point West

Oct. 21, 28: Hear guest speakers address local, regional and international topics. Visitors welcome. 7 a.m., every Fri. Double Tree Hotel, 2001 Point West Way., Sac. www.pointwestrotary.com

Soroptimists of Sacramento

Oct. 21, 28: Soroptimist International of Sacramento South, a service club for business and professional women, meets Fridays. 11:15 a.m.-12:45 p.m. Casa Garden Restaurant, 2760 Sutterville Rd., Sac. Barbara McDonald, (916) 363-6927

28th annual Chinese Fall Fellowship & Food Fest

Oct. 22: The Chinese Community Church's Fall Fellowship and Food Festival will celebrate its 28th year. Great Chinese food, live entertainment, cultural displays, children's games. 11 a.m. - 7 p.m. Chinese Community Church, 5600 Gilgunn Way, Sac. (916) 424-8900 www.cccsac.net

Clayton Bailey's World of Wonders

Oct. 22-Jan. 15: 180 works and complementary ephemera span 50 years of Bailey's prodigious production of genuine marvels. A ceramist, sculptor, and self-proclaimed "mad scientist," Bailey aims to surprise and delight with his art. Crocker Art Museum, 216 O St., Sac. (916) 808-7000, www.crockerartmuseum.org

Country Club Plaza Farmer's Market

Oct. 22, 29: Country Club Plaza Farmer's Market. Every Saturday, year round. 8 a.m.-noon. Watt & El Camino, Butano Dr. parking lot, Sac. www.california-grown.com

Dance for the Cure

Oct. 22: Dance for the Cure by doing Zoomba with Jules. Join us for a Zumba class with proceeds benefitting pancreatic cancer research. Please wear purple in memory of those who have passed away from this tragic disease. Tickets \$10 in advance, \$15 at door. 10 a.m.-11:30 a.m. Didion Elementary School Gymnasium, 6490 Harmon Way, Sac. Kathy Garcia (916) 392-5006 www.zumbawithjules.com

Food Addicts Anonymous

Oct. 22, 29: 12-Step group for those who struggle with obesity, food obsession or eating disorders. Meets Saturdays. 8 a.m. Mercy General Hospital North Auditorium, 4001 J St., Sac. (800) 600-6028.



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A Celebration of the Family
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HOLYWEEN HARVEST FESTIVAL

Sunday, October 30, 2 to 5 p.m.
Join the fun at the Holyween Harvest Festival - a free event for the whole family. Enjoy music, games, cake walk, face painting, caramel apple making, popcorn, cotton candy and more.
Northminster Presbyterian Church
3235 Pope Avenue, Sacto
For info, call (916) 487-5192

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OYAKO & the Buddhist Church of Florin will hold an event to benefit the

Florin Buddhist Women's Association
Saturday, Nov. 19, 9 to 3
Featuring women's clothing, casual to special occasions, jewelry, bags, purses, wallets, cards, home decor, food & many gift items.
7235 Pritchard Road, Sacto
For info, call Lois (916) 422-1265 or Peggy (916) 686-5621

Sierra Oaks 7th Annual Holiday Boutique

Unique vintage boutique shopping for the Holidays Local vendors - handmade gift items - Café on site
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10 a.m. to 3 p.m.
Multi Purpose Room, 171 Mills Road
Contact Ann Casentini
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The Art Market

Saturday, November 12
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Mission Oaks Holiday Craft Faire

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Sunday, Dec 4, 9 a.m. to 3 p.m.
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GAMES•PRIZES•TREATS
Greenhaven Lutheran Church
475 Florin Road
(at Gloria Drive)
(916) 428-8449

Spare the Water Sacramento workshop

Oct. 22: Water Conservation can help you save water and money. Learn how to save water and money in and around your home. Free conservation tips and tools. Learn about rebates, more. Attendance at these workshops also waives fines for water conservation violations. 8:30 a.m.–10:30 a.m. Workshops on June 25 and Aug. 27 will also contain Water Conservation Ambassador Training. City of Sacramento Department of Utilities Water Conservation Office, 2260 Glen Ellen Circle, Sac. www.sparesacwater.org

Carmichael Farmer's Market

Oct. 23, 30: Carmichael Farmer's Market. 8 a.m.–1 p.m., every Sun. Year round, rain or shine. Carmichael Park, 5750 Grant Ave., Carmichael. www.bemoneysmartusa.org

Co-Dependents Anonymous

Oct. 23, 30: 12-Step group for those who struggle to maintain healthy relationships. Meets Sundays. 2 p.m. Heritage Oaks Hospital, 4300 Auburn Blvd., Rm.101, Sac (866) 794-9993.

Community Sunday breakfast

Oct. 23, 30: Enjoy a delicious breakfast of eggs Benedict, corned beef hash, Joe's scramble, pancakes and more. 8:30 a.m.–11 a.m., every Sun. \$9. Elks Lodge No. 6, 6446 Riverside Blvd. (at Florin Rd.), Sac. Proceeds benefit student scholarships. www.elks6.com

State Parking Lot Farmer's Market

Oct. 23, 30: State Parking Lot Farmer's Market. Every Sunday, year round. 8 a.m.–noon. 8th & W streets, under Highway 50, Sac. www.california-grown.com

Sunday Support for the Widowed

Oct. 23, 30: The Widowed Persons Assn. sponsors Sunday Support sessions which are held every Sunday, rain or shine – holidays included. 3 p.m.–5 p.m. 2628 El Camino Ave., Ste. D-18 (east of Fulton). Widows and widowers welcome. Barbara Stewart (916) 363-3482

Hatha yoga

Oct. 24, 31: Align the body through breathing techniques, postures and deep relaxation. 3 p.m.–4 p.m. Hart Senior Center, 915 27th St., Sac. (916)808-5462. Meets every Mon. Repeats Wed., Fri.

Nicotine Anonymous

Oct. 24, 31: Nicotine Anonymous meeting. Meets every Monday, 5:30 p.m.–6:30 p.m. Westminster Presbyterian Church, 1300 N St., Sac. Brandi Bowman (916) 984-3501

Rotary Club of South Sacramento

Oct. 24, 31: Hear guest speakers address local, regional and international topics. Visitors welcome. 11:30 a.m., every Mon. Casa Garden Restaurant, 2760 Sutterville Rd., Sac. www.rotary.org.

Tai Chi & Chi Keung

Oct. 24, 31: Chinese exercise combines specific movements and relaxation. 1:30 to 2:30 p.m., Hart Senior Center, 915 27th St., Sac. Meets every Mon. (916) 808-5462

Toastmasters

Oct. 24, 31: Have fun while improving speaking & leadership skills. Klassy Talkers Toastmasters. 7 p.m.–8:30 p.m. Mondays. Executive Airport, 6151 Freeport Blvd., Sac. Ann Owens (916) 601-4652 www.klassytalkers.freetoasthost.org

Rotary Club of Arden-Arcade

Oct. 25: Hear guest speakers address local, regional and international topics. Visitors welcome. 12 noon, every Tues. Jackson Catering and Events, 1120 Fulton Ave., Sac. (916) 925-2787, www.ardenarcaderotary.org

Rotary Club of Carmichael

Oct. 25: Hear guest speakers address local, regional and international topics. Visitors welcome. 6 p.m., every Tues Palm Street Pub & Grill, 6416 Fair Oaks Blvd., Carmichael. www.rotary.org

Upholstery class

Oct. 25, 26: Learn how to upholster! All types: furniture, auto, boat. Adult ed class taught by an upholstery professional. Tuesdays, 11 a.m.–3 p.m., Wednesdays, 9 a.m.–1 p.m. \$45 for four weeks. McClaskey Adult Center, 5241 J St., Sac. Jerry Prettyman (916) 806-2172

Chavez Plaza Farmer's Market

Oct. 26: Chavez Plaza Farmer's Market. Every Wednesday, May–Oct. 10 a.m.–2 p.m. 10th & J streets, Sac. www.california-grown.com

Co-Dependents Anonymous

Oct. 26: 12-Step group for those who struggle to maintain healthy relationships. Meets Wednesdays. 7 p.m. Friends Community Church Fireside Room, 4001 E St., Sac. (866) 794-9993.

Rotary Club of East Sacramento

Oct. 26: Hear guest speakers address local, regional and international topics. Visitors welcome. 12 noon–1:15 p.m., every Wed. Evan's Kitchen, 855 57th St., Sac. (in the 57th St. Antique Mall) www.rotary.org

Senior Wednesday Club

Oct. 26: The Senior Wednesday Club meets to chat, play bridge, pinochle or bingo. Free. Bring a brown-bag lunch. Free coffee, tea and dessert. Meets Wednesdays. 10 a.m. to 2:30 p.m., Mission Oaks Community Building, 4701 Gibbons Dr., Carmichael. Judi (916) 247-6020

Toastmasters

Oct. 26: All area business people invited to hone their speaking skills. Noon–1:15 p.m., every Wed. River City Speakers Toastmasters Club, Coco's Restaurant, 1830 Arden Way, Sac. (916) 747-8282

Halloween Harvest Festival

Oct. 30: Looking for a fun time for the whole family on Halloween? Northminster Presbyterian Church invites everyone to its Halloween Harvest Festival. There will be music, fun games, cake walk, face painting, caramel apple making, popcorn, cotton candy, and hot apple cider w/goodies. This event is for children of all ages to dress up in their Halloween costumes and come have some fun! Free. 2 p.m.–5 p.m. 3235 Pope Ave., Sac. (916) 487-5192.

Day of the Dead Garden Fiesta

Oct. 30: Skull art painting for kids, wild-flower seed sowing, garden tour, native plant tips, native plants and seeds sale, raffle, and free refreshments will kick off the CA Native Plant Demonstration Garden's fall season. 10 a.m.–1 p.m. Free admission. Sacramento Historic City Cemetery, 1000 Broadway, Sac. Enter the cemetery on Broadway at 10th St. Follow signs to the Garden. (916) 374-8116 cnpsgarden@gmail.com www.sacvalleycnps.org

NOVEMBER

Tea and Talk Book Club

Nov. 2: The Sacramento Public Library invites adults to bring their tea cups and discuss "A Visit from the Goon Squad" by Jennifer Egan. 10 a.m. Belle Cooledge Library, 5600 South Land Park Dr., Sac. (916) 264-2920 www.saclibrary.org

Craft Faire



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'Garden Fertilization Facts and Fiction'

Nov. 4: Meeting of the Organic Gardening Club of Sacramento County. 10 a.m. Carmichael Park Admin. Bldg., Room 1. 5750 Grant Ave., Carmichael. (916) 635-6724

Florence and the Baroque

Nov. 5–Feb. 12: In the 17th century, Florentine artists created a newly reformed Baroque style characterized by the portrayal of intense emotion, saturated color, and refined brushwork, which brought drama to mythologies, biblical subjects, and devotional works. Works by key artists such as Cesare Dandini, Jacopo da Empoli, and Francesco Furini. From the brooding drama of Furini's "Poetry" to the colorful exuberance of Giovanni Domenico Fer-

retti's "Harlequin and his Lady," this exhibition reveals the many facets of Baroque Florence. Crocker Art Museum, 216 O St., Sac. (916) 808-7000, www.crockerartmuseum.org.

Land Park Volunteer Corps

Nov. 5: Got work gloves and a "let's get down to business" attitude? Then the Land Park Volunteer Corps is for you! Come join members of the community as we maintain, improve and beautify lovely William Land Park. First Saturday of every month, March – Nov. Free. 8 a.m. meet behind Fairytale Town, 8:25 a.m.–11 a.m., work on projects as assigned. Light breakfast, lunch provided by local businesses. (916) 718-3030 ckpin-sacto@aol.com

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Answers to 'Where in East Sac is this?'



1. East Lawn Cemetery's Art Deco clock on Folsom Boulevard.
2. Statue of St. Paul on the front facade of St. Francis of Assisi Parish on 26th Street.
3. Canada geese swim in the pond at McKinley Park.
4. Tiles decorated by children adorn part of the Clunie Center, near the McKinley Park Playground area.
5. The rooftop of Mercy General Hospital on J Street.

St. Francis High School to adopt solar power

By KATE ELY
East Sacramento News contributor

After nearly a year of crunching numbers, creating charts, sketching diagrams, reviewing technical details, learning new jargon and discussing the possibility of failure, apprehension was replaced by anticipation at St. Francis High School regarding ways to power the campus.

Stepping away from the drawing board, the school's administration has approved the installation of photovoltaic panels to capture solar energy to power the campus.

With this effort, St. Francis will be the first school in the Diocese of Sacramento to adopt solar power.

The movement to bring solar energy to the campus began in the school's finance department, but quickly grew to encompass something much

larger. Now, solar panels will provide environmental, economic, educational and religious benefits to the campus community.

The panels will produce 30.6 percent of the electricity required by the school, reducing carbon dioxide emissions by 294 metric tons – the equivalent of 32,978 gallons of gas.

Largely funded by federal treasury grants and SMUD rebates, the initial cost of \$1.3 million was reduced to around \$300,000.

The project is cash flow positive from the beginning, returning over \$1 million over the next 25 years.

Science teachers can use the panels, as well as the accompanying technology and resources, during class to teach students different environmental and meteorological concepts.

Themes of stewardship and personal responsibility



PATRON SAINT OF THE ENVIRONMENT, the namesake of St. Francis High School stands at school's entrance. The school is taking a green energy stance, becoming the first Catholic school in the area to adopt solar power to meet its energy needs.

can be emphasized in theology classes, with the panels as a concrete example. The project also coincides with the position of the Catholic Church on environmental issues: Pope Benedict XVI recently added "ecological" evils, committed individually and collectively, to the modern list of sins, encouraging every individual to consider their lives in the context of a greater community.

In light of all the positive aspects of the project, the benefits it would deliver to the community, and the example it would set, it seemed nothing lay in the way of gaining the necessary signatures for approval.

The solar group consisted of Sharon Tobar, St. Francis High School director of finance; Tim Lien; Josh McDonald of Valley Solar; and this writer, as a student representative. An initial proposal by the group was rejected by the Diocese's finance committee. However, a revised proposal met with the approval



PHOTOVOLTAIC PANELS will be placed on the rooftops at St. Francis High School this winter. In this photo, flat solar panels integrated with "cool roof" technology at another location in the Sacramento area achieve increased energy savings in a commercial building.

of the Diocese last September. With the approval of Bishop Soto and his financial advisors, St. Francis will now move forward with its plans for installation.

The high school plans to start construction in November, with completion planned for early spring. Both the federal grant and SMUD rebate require a certain percentage to be completed by the end of the

year in order for the returns to process, so St. Francis and Valley Solar are working together to expedite the process and begin installation as soon as possible.

It is hoped that the solar panels will not only contribute to St. Francis High School, but also inspire other schools and organizations in the community to adopt similar eco-friendly policies.

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GRAND GALA & DINNER
11.26.11

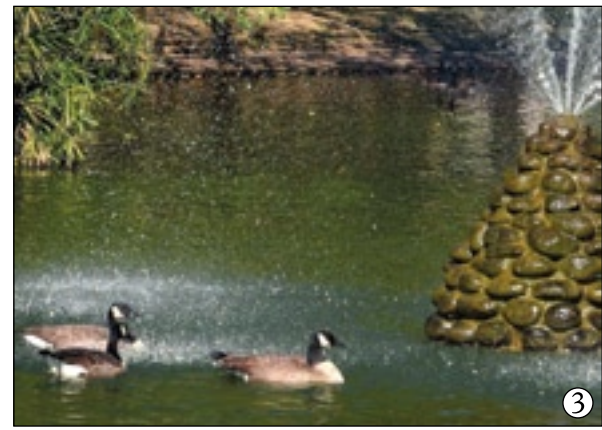
CHRISTMAS BREAKFAST
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MADONNA LUNCHEON
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WHERE IN EAST SAC IS THIS?



Faces and places

Photos by TOM PANIAGUA
East Sacramento News
photographer

There are lots of interesting things to do in East Sacramento...and just as many interesting things to see.

Can you figure out where these places are, from just a tiny snapshot?

Answers are on page 21.

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NEW CONSTRUCTION

Another extremely unique Mike Paris Home is in the process of being built in East Sacramento. Mike was recently written up in the Sac Bee and Business Journal for his last 4 East Sac homes. An opportunity to own a brand new home with all of the modern day amenities with a blend of old world charm. See 1600 42nd Street \$719,900

TIM COLLOM 247-8048



G STREET HOME

Stunning 24' entry, open floor plan. Great craftsmanship. Wide plank cherry floors, huge kitchen /great room combo w/ huge fireplace, home theater & surround sound. Built-in refr, comml grade appliances & granite counters. Separate laundry room with Corian and laundry chute. See www.GStreetHome.com \$1,129,000

COLLEEN WIFVAT 719-2324



WONDERFUL OPPORTUNITY

What a wonderful opportunity to move your family into this charming East Sacramento 3 or 4 bedroom, 2 bath updated home! The 1st floor has an open floor plan with 2 bedrooms, 1 bath, and the living, kitchen and dining rooms. Upstairs there is a Master with a spacious, private bath, and a 4th optional room that can be used as you please. See www.4601cstreet.epropertysites.com \$419,000

BETH HARNEY 995-4120



RIVER PARK

Treat yourself - wonderfully decorated ranch style home on large lot in popular River Park! Entertain friends w/BBQs on the backyard deck w/built-in spa. The spacious master suite has a walk-in closet & French doors that open to the yard. See www.380SandburgDrive.com \$475,000

DAVID KIRRENE 531-7495



INVITING RIVER PARK

Inviting River Park home perfect for families needing a functional layout and large backyard complete with dog run. 1633sf with 3 bdrms and 2 full baths. Kitchen has maple cabinets, Corian countertops, walk-in pantry, Decor SS cook top/oven & black Bosch dishwasher with SS tub. See 4301 Breuner Ave. \$344,000

STEPHANIE GALLAGHER 342-2288



AMAZING VALUE

A very private 4 bedroom East Sacramento home tucked away from the street. This spacious house, with 3 fireplaces (LR-wood + Fam Rm-gas log + Master Bd-gas log), is located on a very large lot with an updated kitchen that opens up to a large family room. See 1425 57th Street \$399,000

TIM COLLOM 247-8048 • LIBBY NEIL 539-5881



HIGHWATER BUNGALOW

This large high-water bungalow has had extensive remodeling done in recent years. The entire upstairs was redesigned with 2 large, sunny bedrooms and an impressive Master Suite with an office, walk-in closet, changing area, master bath w/jetted tub. See www.1545SantaYnezWay.com \$599,950

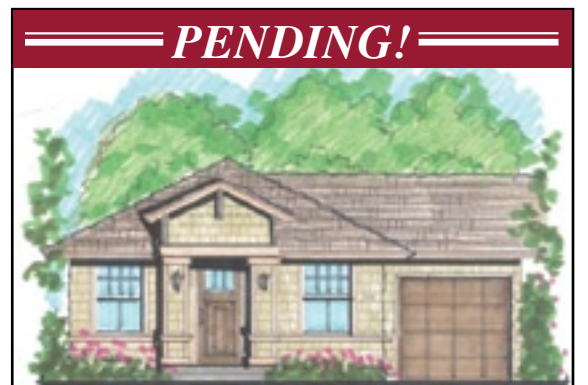
DAVID KIRRENE 531-7495



IN THE HEART OF EAST SAC

Amazing 4 bedroom 2 bath home located in the heart of East Sacramento. This home has a superb floorplan with very spacious rooms throughout. As you walk through the remodeled kitchen you will find an amazing view of a large backyard with a pool. See 1517 Santa Ynez Way \$649,000

TIM COLLOM 247-8048



CUSTOM REMODEL

Craftsman bungalow beautifully remodeled by Dyer Construction. 2 bedroom, 2 bath, 1255 sq. ft. with all new amenities and designer touches by Kerrie Kelly Design Lab. Open floor plan with hardwood floors, crown molding, fireplace, recessed lighting and more. See 4231 D Street \$399,000

CHRIS BALESTRERI 996-2244

PENDING!

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