EAST SACRAMENTO NEWS

August 2, 2012

Community News in Your Hands

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St. Francis High School students learn history through art

The circus in Sacramento See page 6

FACES AND PLACES, PAGE 21 • COMMUNITY CALENDAR, PAGES 22–23





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JANEY WAY MEMORIES:

Marty leaves Janey Way



Bv MARTY RELLES East Sacramento News colunist martv@valcomnews.com

By the time I reached my 19th birthday, the atmosphere became a little cloudy in the Relles household.

My dad seemed a little on edge. I think he felt I was old enough to move out on my own.

I hadn't given that possibility much consideration at the time, but I could feel dad's angst. The whole issue came to a head when I decided to get with the times and grow a goatee.

Wow, that rattled dad's cage. He insisted I shave it off."No son of a Sacramento police officer should sport facial hair."

Of course, I refused to give in. This brought the whole matter to a head, and dad and I agreed that I should find a place of my own.

Fortunately, my uncle Ross provided a solution to this dilemma. He had two flats above his florist shop in midtown. One had just become available. Thankfully, my cousin Bob agreed to share the flat with me, making the move affordable.

\$50 rent?



So, on the first day of the next month, we moved into my uncle's second-floor flat. Our living arrangement was pretty humble.

The flat only had only one actual bedroom. So, Bob and I moved two twin beds into the single room. In addition to the bedroom, the flat featured one bathroom, a large living room and kitchen.

Life was good.

My cousin and I adjusted quickly to our new living arrangement. The good thing is that as close relatives, we knew each other well.

Also, our day-to-day lives were very Subsequently, we agreed to pay \$50 each per similar at this time. Both of us atmonth to rent the flat. Can you imagine that? tended Sacramento City College and See Memories, page 10



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Barba-Nazar graduates Air Force basic training

Air Force Reserve Airman 1st Class Jesus S. Barba-Nazar graduated from basic military training at Lackland Air Force Base, San Antonio, Texas.

The airman completed an intensive, eight-week program that included training in military discipline and studies, Air Force core values, physical fitness and basic warfare principles and skills.

Airmen who complete basic training earn four credits toward an associate in applied science degree through the Community College of the Air Force.

Barba-Nazar is the son of Kelley Tracy of Canby Way in Sacramento.

He is a 2007 graduate of McClatchy High Šchool, Sac-

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PENDING



By CORRIE PELC East Sacramento News writer Corrie@valcomnews.com

school year.

ture - was her inspiration.

"(Carlisle) encouraged me to get out there and try it, and I fell in love with it," Quirz said. "She's just so full of energy and when she comes into the classroom, I'm awake and ready to work. That's one of the classes that's my favorite and when I come to school I just look forward to that class."

The student



East Sacramento News • August 2, 2012 • www.valcomnews.com

St. Francis teacher takes lessons from tragedy

St. Francis High School junior Bianca Quirz had no idea she loved photography until she had the opportunity to take a class this past

She says Kathy Carlisle - the school's visual arts instructor for photography, painting and sculp-

asked to create a photograph that conveyed the emotions and person-

al stories of a survivor or someone who had perished during the Holocaust - notably one of the darkest periods in American history.

"I was really surprised, I wouldn't expect that in a photography class," Quirz said. "I was actually learning about it in my history class, so I thought it would be a great opportunity to capture certain emotions in photos."

Her photo is called "Hands of the Innocent" and is a photo of a pair of hands that uses double exposure and color shifting.

"It's a very simple photograph, but very jarring and provoking," Quirz said

Quirz says the concept behind her photo was the children during the Holocaust.

'They were so innocent and to be able to see something so painful As one of her project's in Carl- and just horrific at the time, espeisle's photography class, Quirz was cially in the concentration camps,"



Bianca Quirz, a student of Kathy Carlisle, photographed this portrait, entitled "Hands of the Innocent."

and

Street parades

in the city, the animals and oth-

er performers would parade to

the circus grounds to the de-

light of many spectators who

To the disappointment of

many Sacramentans, two days

prior to this 1922 circus, The

Bee announced that "due to the

great amount of work in mak-

ing ready for the afternoon per-

formance, the street parade fea-

Ringling Brothers and Barnum

Sacramento native Dr. Pat

Melarkey, a former county su-

pervisor, said that he has fond

memories of seeing circus pa-

rades in Sacramento during his

& Bailev circus."

would line city streets.

mento area.

By LANCE ARMSTRONG Eást Sacramento News write Lance@valcomnews.com

The thought of attending a circus in East Sacramento may seem a bit odd to many locals today.

But in the long history of circuses in the capital city, people once arrived to the area in large numbers to attend circuses.

In September 1907, for instance, the Ringling Bros. Circus – half of the predecessors to the legendary Ringling Bros. and Barnum & Bailey Circus – brought their show to 31st (later Alhambra Boulevard) and M (present day Capitol Avenue) streets. On this 12-acre site, a 14,000-seat circus tent was pitched.

Among those participating in this circus were 1,300 men, women and children, more than half the elephants in America and 658 horses.

A 1914 article in The Sacramento Bee mentioned that Barnum and Bailey pitched their tent at 31st Street, between M and P streets for a then-upcoming circus.

Upon arriving in Sacramento, this circus' animals, which included elephants, horses and camels, were unloaded from nearby trains prior to daylight and walked to the circus grounds.

Another circus was held at 31st and M streets on Wednesday, Aug. 30, 1922.

On these leased grounds, the Ringling Brothers and Barnum & Bailey Combined Circus presented its first Sacramento shows since the joining of these two notable circus companies. This mergence occurred in 1919.

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Local media exposure Announcements for the upcoming afternoon and night shows began appearing in local newspapers during the earlier part of the month in order to increase the awareness and anticipation for the event.

The Sacramento Star, for instance, ran an article about the circus in its Aug. 8, 1922 edition.

The article's headline was directed toward younger Sacramentans, as it read: "Good news for youngsters; circus is coming to town."

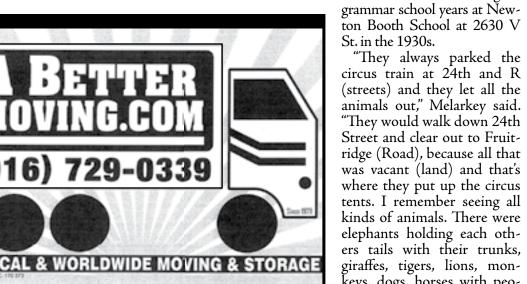
Trained animals

Among the trained animals described in the article were 200 Hungarian stallions, six herds of elephants, "the largest Bengal tigers ever exhibited in America," African lions, black panthers, leopards, polar bears, geese, pigeons, pigs, dogs and even skating bears.

Another notable animal performer at this 1922 circus was a baby hippopotamus named "Tiny Toddles."

Other performers mentioned in the article were aerialist Lillian Leitzel, whose act featured turning somersaults from the end of a rope while suspended above spectators, tumblers from Arabia, people who would enter barred cages "to defy death at the claws and teeth of jungle beasts," and the famous horse trainers and riders Adolph Hess, Manuel Herzog and Lillian Compton.

An added draw to most early circuses in Sacramento was their accompanying street parades.



as well as a steam kaleidoa great parade and it was also great advertising."

CIRCUS SHOWS

AT 31ST AND M

Arrangements were completed by the Ringling Bros. circus to

lease grounds at 31st and M-st

According to advance reports

difficulty has been experienced i

securing lots large enough to a

commodate the combined Ringlin

This 1922 article in The Sacramento Star presented details regarding one of several circuses that were held in the East Sacra-

for Wednesday's performance.

And in reminiscing about the circus itself, Melarkey said, "I remember seeing a lady who would suspend in the air by holding onto a little red ball with her teeth when I was about 12 years old."

With a chuckle, Melarkey added, "It was at that moment I knew I was going to be a denture has been eliminated by the tist."

The previously referred to 1907 Ringling Bros. Circus also presented a circus parade.

This parade included floats, hand-carved chariots with golden finishes, animals in gan, sirens and mounted and military bands.

Additionally, the aforementioned 1914 Barnum and Bailey Circus presented a circus parade, which had a route traveling from M Street to 28th Street, then to J Street to 2nd Street, then from K Street to 15th Street and back to M was vacant (land) and that's Street to the circus grounds.

Despite the lack of a street parade for the 1922 Ringling Brothers and Barnum & Baielephants holding each oth- ley Combined Circus, The Bee ers tails with their trunks, reported that "truant children giraffes, tigers, lions, mon- and interested adults" made 1,400 people, including 300 keys, dogs, horses with peo- their way to the 31st and M ple standing on their backs, streets circus grounds for a dif-

ferent pre-circus experience on After the circus trains arrived scope and circus music. It was Aug. 28, 1922.

Barnum shows, and it w

The pre-circus

On that day, they observed the hoisting of the "big top" and other preparations for the 2 and 8 p.m. shows.

Preparing for this circus was undoubtedly a large task, when considering that the circus trains consisted of 100 doublelength cars extending one and a third mile.

The number of people aboard these cars alone numbered 1,500, 100 of whom were clowns. The circus also included many foreign acts.

Advanced tickets for the Aug. 30, 1922 shows were sold open lairs, orchestras, a pipe or- at the Sherman Clay Piano Co. at 831 J St. Tickets were also available on the circus grounds on the day of the shows.

Another circus company brought their show to 31st and K streets on Thursday, Sept. 16, 1926, when Miller Bros. presented their 101 Ranch Real Wild West and Circus.

In introducing this circus, The Bee presented the following words: "East is east and west is west and tomorrow the twain shall meet in Sacramento."

These unique shows presented entertainment with

Continued from page 6

cowboys and cowgirls, 300 Indians and troupes from the Far East.

Performance groups

most of the circus' performance groups were presented in an article in The Bee on the day of the 101 Ranch's afternoon and 8 p.m. shows.

following descriptions: "Indians in war headdress, cowboys in chaps and spurs. Cossacks in red boots, vaqueros in peaked sombreros and Arabs in white burnooses.

ed rodeos, Far East displays, a "Russian Cossack band" and an opening drama pageant with lighting effects, was held under a 540-foot-long by 200-foot-wide tent, which was large enough to accommodate 14,000 people.

circus street parade was associated with the 1926 101 Ranch circus.

Included in the parade, which advertised itself as the largest circus parade showing at that time, were elephants, camels, buffalo and other animals. floats. covered wagons and stagecoaches.

The circus in Sacramento

stops in Sacramento throughout the years, including circuses held prior to and after | the ones mentioned in this article.

the earliest circus to be prethe earliest circus to be pre-sented in Sacramento was the Olympic Circus, which was held on lots on K Street, be-tween 3rd and 4th streets, in April 1851.

Sacramento was Circus Maximus. This circus debuted at the Pavilion in Capitol Park in September 1893.

After many years of ab-After many years of ab-sence, Circus Maximus was revived in Sacramento in June 1915, but it eventually ceased its operation in the city once its operation in the city once

again. Among the most notable circuses in the capital city was the Polack Bros. Shrine Circus, which was first held at the Memorial Auditorium in 1936.

Other circus companies that presented circuses in Sac-- L-

Circus: Circuses in Sacramento date back to Gold Rush era

More specific details about

The article presented the

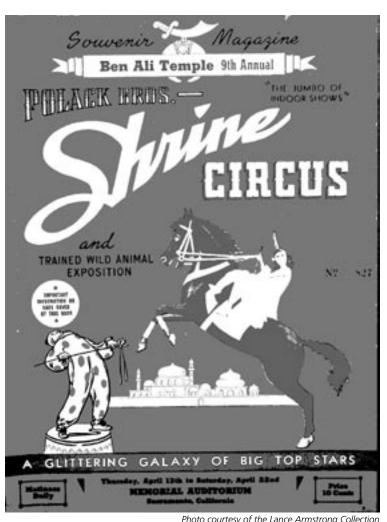
This circus, which includ-

Unlike the 1922 circus, a

Circuses have made many

icle. One of the earliest, if not

Another early circus held in



The now defunct, annual Polack Bros. Shrine Circus at the Memorial Auditorium remains one of the city's most memorable circuses.

included Forepaugh & Sells will be the Ringling Bros. and Bros., Gentry Bros., Mumpitz Barnum & Bailey Circus' up-Bros. and Norris & Rowe. coming presentations, which And adding to the con- will be held Sept. 6-9 at Pow-Bros. and Norris & Rowe.

tinuously expanding histo- er Balance Pavilion.

ramento during various eras ry of circuses in Sacramento





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Spare the water, save the money

By SALLY KING East Sacramento News writer sally@valcomnews.com

About 60 percent of the world's population does not have access to fresh drinking water. By making simple changes, everyone can make a big impact on water consumption.

This concept was conveyed at a waed by the city of Sacramento Department of Utilities Water Conservation Office on July 14 at 2260 Glen Ellen Circle.

Vincent Smelser, water conservation specialist for the city of Sacramento, began the morning by explaining the city ordinances in effect to save water. Smelser let folks know there are many ways to save on their water bill. He pointed out enforcement comes in the form of citations and fines can get up to \$500.

Water use around the home

Smelser suggested when washing the car, use a shut-off nozzle. Running hoses are no longer allowed, he said. Another way to save on water is

sweeping the patio or sidewalk instead of hosing it down. Smelser said per city ordinance, the

only time water is allowed for cleaning ter conservation workshop present- a sidewalk is if there is an unsanitary event, but to be careful not to wash animal excrement or chemicals into the gutter, that also constitutes a fine.

When to water

Watering is allowed before 10 a.m. and after 7 p.m. For spring through fall, odd number addresses water on ter only one day a week, either Satur-Tuesdays, Thursdays and Saturdays. Even number addresses water on Wednesdays, Fridays and Sundays.

During winter, (when daylight saving time ends) folks are allowed to wa-



David Campbell, of Siegfried Engineering, designed this water-efficient demonstration garden for the city of Sacramento

day or Sunday.

Use the right gear

Smelser said often times improperly functioning sprinklers waste a lot of water.

Another water waster are older toilets. The city has a rebate program up to \$100 for toilets installed prior to 1992. The city also offers

See Water, page 9



tors for the sink. On average a person saves 25 gallons of water the first 10 min-

ter saving showerhead, he said.

gallons of water a year just by replacing the aerators," Smelser said. "Just by using a water efficient toilet, one can save 12,000 gallons of water a year."

City services

The city of Sacramento makes water wise house calls or a place to attract birds and online through the University of California Extension." for folks within city limits. A butterflies. Campbell said oftrained water conservation speten yards are used for screencialist will visit the home or ofing or buffering the home The irrigation system fice to identify potential water from busy streets and noise. Campbell explained there are different types of conversavings both inside the home and outside. If needed, the city Types of plants sions kits people can use to will analyze and make sugges-Campbell discussed a variety update and improve their irrigation system. In gener- with folks and discussed varitions on how to improve the plants, ornamental grassof es, shrubs and groundcovers soil, keeping water costs down. al, overhead sprays are 30 to ous landscape issues and talked that are drought tolerant. He 55 percent efficient, rotators a little about his designing of the said some landscapes change and rotors are 65 to 75 per- landscape at Glen Ellen Circle. Smelser said the city is able to identify leaks through smart meter technology. The water department is able to tell by looking at a residential water bill online where the leaks are located. Consumer's now have the op-Varicose Veins? tion of looking at their bill online to see where their water is being used most frequently.

Watering methods

Smelser demonstrated various methods used for watering; spray, hose and drip. The city provides information on the best watering system for different types of landscapes. Smelser said to keep sprinklers in good repair. There are proper designs to keep sprinkler heads from breaking. Pop ups should be even with the ground. A good timer is essential to saving water. "Seventy percent of water goes to landscaping in the summer, and switches to bathrooms in winter" Smelser said. "27 to a 1,000 gallons of water per irrigation is used for a typical landscape."

A water-efficient yard

Engineering and Designer of the city of Sacramento's Water Efficient Demonstration Garden, gave a presentation discussing drought tolerant plants, shrubs and grasses used for landscaping. He also discussed efficient ways to design yards and water saving irrigation systems.

scape architect, said when designing a landscape around

Water: City of Sacramento makes water-wise house calls

utes of their shower using a wa-"The courthouse on Bicentennial Circle saved 300,000

David Campbell, Siegfried Campbell, a licensed landthings to think about.

The function and design of outdoor landscaping, turf alternatives and how efficiently the water is delivered are important in designing a water saving landscape.

"When thinking about what your yard is used for, turf is not the only answer," Campbell said. "Grass is the cheapest, but not landscape a yard."

Landscapes may include gardens, a place to escape to,

free showerheads and aera- saving water, there are specific throughout the year with the seasons and some folks enjoy seeing their landscape change.

There are many types of grasses that do not need constant mowing, watering, aerating, or fertilizing. He said ornamental grasses are not meant for foot traffic.

"A group called WUCOS (Water Use Classification of Landscape Species) now has the most water efficient way to empirical data on how much water certain types of landscapes use," Campbell said." The information can be accessed



Vincent Smelser, water conservation specialist, answers questions about saving

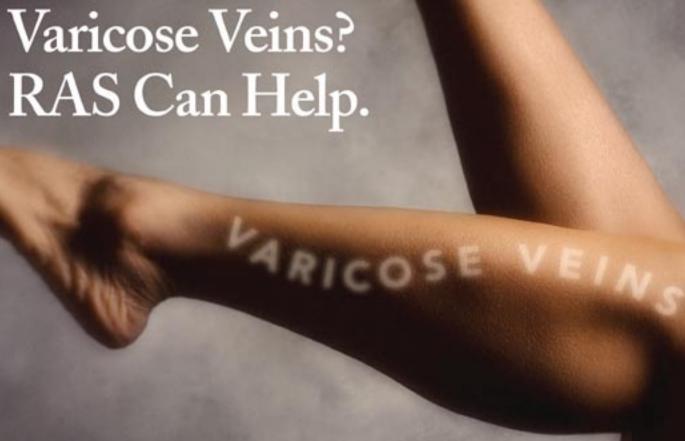
cent efficient, bubbles and micro sprays are 80 to 85 percent efficient and drip is 85 to 90 percent efficient.

At the end of the presentation, Campbell went outside

All who came to the meeting left with buckets full of free goodies to improve water use in the home and information on how to conserve water with an efficient landscape.

Photo by Sally King

For more information on water savings, visit www. cityofsacramento.org/utilities or call 311.



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East Sac River Park Elmhurst And the great news just keeps rollin' in...



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Memories: Marty Relles leaves Janey Way for Midtown

Continued from name 2

worked in the florist shop down below the flat.

I attended school in the morning and delivered flowers in the afternoon. Bob made up arrangements in the mornings, then went to his classes in the afternoon. The arrangement worked out well.

Neither of us cooked at the time, but we learned quickly.

I constantly bothered my mom for new recipes. In quick order, I learned how to cook things like spaghetti, Spanish rice and Swiss steak

Bob did the same with his mother. To this day, I still cook these dishes along with many others.

We soon blended into the fabric of the midtown area. I still recall sitting on the balcony in front of our flat in the evening watching the cars scurry out of town during rush hour.

As our commute involved walking up the stairs to our flat, the hubbub of rush hour seemed pretty funny to us.

On weekends, we invited our friends over for parties. We befriended a slightly older man who lived near us. He bought beer for us, if we asked.

This made our flat a popular venue.

We turned the volume of our stereo up as high as we could stand it and played the Beatles, the Stones and the Beach Boys.

Sometimes, our musically-inclined friends came by and played live music. This usually brought the police to the apartment, advising us to turn the volume down, which we did. but only briefly.

I have fond memories of living over uncle Ross's florist shop. I lived there for four pretty care-free years.

However, in 1969, I received my draft notice, and those care-free times ended abruptly.

I will tell you more about that in a later episode. Now, my time of living on my own, above my uncle's shop, is just another laid back Janey Way memory.

Annual Moonlight Costume Ball returns

Outlaws are wanted for a Burlesque Experience. night of revelry at Fairytale Town's annual Moonlight Costume Ball: Men in Tights, which will take place from 7 to 11 p.m. on Friday, Aug. 3.

This year's "Robin Hoodthemed" fundraiser is for ages their musical hybrid of high-21 and up and features a giant dance floor, costume con- reels, Scottish ballads, Nortests, music by Celtic rock wegian influences and other

Special to The East Sacramento News band Tempest and a perfor-mance by the Sizzling Sirens

Proceeds from the event will support the renovation of Fairytale Town's Sherwood Forest play set.

Since forming in 1988, Tempest has won rave reviews for energy folk rock with Irish

world music elements. Based in the San Francisco Bay Area, the act has released 15 critically acclaimed albums and played more than 2,000 gigs. Á performance by the Siz-

zling Sirens Burlesque Experience will follow the concert. Founded in 2008 by Jav Siren. the Sizzling Sirens Burlesque Experience has evolved into a dance academy, retail boutique and series of live entertainment and cabaret events throughout the greater Sacramento area and beyond.

The evening continues with dancing as DJ Matt from Extreme Productions spins top hits. A red carpet photo op and no-host food and beverages will be available throughout the evening.

Costumes are required, and contests will be held with prizes for the following categories: Raddest Robin (best overall), Fairest Maiden (best female), Sinister Sheriff (best male), King and Queen of the Outlaws (best couple) and Merriest Men and Women (best group).

Tickets are \$10 in advance and \$15 the day of the event. Valid ID's must be presented for admission to the event. Tickets are available for purchase at www.fairytaletown.org or the Fairytale Town box office.

For more information, visit www.fairvtaletown.org or call (916) 808-7462.









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39th Annual Eppie's Great Race

Story and photos by TOM PANIAGUA East Sacramento News photographer tom@valcomnews.com

Another Eppie's Great Race has come and gone, but memories of a fun-filled day will live on. Thousands of people participated as well as volunteered for the annual event, now in its 39th year, which took place Saturday, July 21.

The race began with a 5.82-mile run along the American River bike trail near the bridge at William Pond Recreation Area.

Teams, "Ironmen" and "Ironwomen" then biked 12.5 miles from Guy West Bridge at Sacramento State to the Sunrise Avenue Bridge in Rancho Cordova.

The race concluded with a 6.35mile kayak down the American River to River Bend Park.



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Dear friend

I've never said out loud.

told you this before.

to see me.

offer I have for you.



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Valley Community Newspapers, Inc.

"Why Do They Keep Coming to this Doctor?..."

(Who admits to curing no one)

I've got to tell you something that

But, what I'm going to tell you makes so much sense that you'll probably get mad that no one has

I've been a doctor in this town for 12 years now. And, to this day I've never cured anyone. You may think that the word would get around and that no one would come to me anymore. The opposite is true. The more people who understand, the more people come

Several times a day patients thank me for helping them with their health problems. But I can't really take the credit. I've never healed anyone of anything. What I do is perform a specific spinal adjustment to remove nerve pressure, and the body responds by healing itself! And, we get terrific results! That's why our office is filled with people that haven't found help anywhere else.

Let me tell you a little about myself before I tell you about a terrific

Twenty seven years ago something happened to me that changed my life forever. When I was eleven years old, I fell ten feet out of garage rafters. I crashed on my back onto a table with my left leg dangling off the edge! Ten vears of horrible back pain that increased to leg pain, groin pain and leg numbness was scary. I was a student athlete for Sacramento City College (baseball), when the pain in my back and legs got so intense that I couldn't stand up straight, sit down, bend, or even put on my socks or underwear, I was scared with the thought that I would never get better. I was also concerned of losing my scholarship to the University of Tennessee. After considering injections and surgery (that was the only option according to the surgeon) I decided against it. But, there is more...



A coach of mine convinced me to give his doctor a try. This new doctor took a history, did an exam, and took X-rays of my spine. He then pointed out where my nerve was pinched by my spine and he "adjusted" the vertebrae. The adjustment didn't hurt, it actually felt good. I got instant relief, and shortly thereafter, I could sit, stand, bend, and even play baseball again! Oh, did I mention that this doctor was a chiropractor? This experience made such a remarkable difference in my life that I went to chiropractic school. And that's how it happened!

I adjusted my three children within hours of their birth. They obviously didn't complain of neck or back pain; I adjusted them to keep their spines in alignment so there were no pinched nerves to cause problems or pains... as with all the children I care for in my office.

For the last 12 years, people from Sacramento and the surrounding area have come to see me with their back and leg problems.

They also come to me with their:

- Headaches
- Migraines •
- Chronic pain •
- Neck Pain
- TMJ •
- Shoulder/arm pain
- Whiplash from car accidents •
- Backaches
- Numbness in limbs
- Athletic injuries
- And general wellness iust to name a few...

Here's what some of your neighbors had to say:

"After getting knocked down by waves all day at the beach, I was in serious pain. As weeks turned to months, the pain got nothing but worse..., and running down my thigh. I could barely walk and my wife had to tie my shoes for me. Their idea (my M.D.) of pain relief was to put me on antidepressants, I have Dr. Espinosa and his courteous and supportive office staff to thank for bringing me back to normal and giving me my life back, not only for me, but for my wife and two children." W. Chandler-Sac.

"When my daughter (Molly) was born we discovered she had some neck issues (head stuck in rotation). She went from painful cries to big smiles and giggles.... and began straightening her head and enjoying adjustments. There is no other person I would trust more with me or my family's health than Dr. Espinosa, K. Groves- Sac.

Exciting Offer- Look, I know you're smart. You want to get to the cause of your problem, and not just cover it up with drugs. When you are one of the first 20 people to call and schedule a new patient exam (by August 21st) you'll receive that entire exam for \$37.

That's a consultation with the doctor, examination and x-ravsthe whole ball of wax, and there are no hidden fees. But, call right away because we expect to be flooded with calls as this exam normally costs \$266. Again, there's only 20 of these slots, so don't miss out (by law, this offer excludes Medicare/Medicaid beneficiaries).

Great care at a great fee...Please, I hope that there's no misunderstanding about quality of care just because I have a lower exam fee. You'll get great care at a great fee, My qualifications...I am a graduate of Palmer College of Chiropractic, I've been entrusted to take care of tiny babies to 101 year olds as well as professional athletes that you may know. I've been helping your neighbors in Sacramento since 2000. I just have that low exam fee to help more people who need care.

My assistants are Kari and Pam. They are really great people. Our office is both friendly and warm and we try our best to make you feel at home. We have a wonderful service, at an exceptional fee. Our office is called ESPINOSA FAMILY **CHIROPRACTIC** located at 3330 Folsom Blvd, in East Sacramento (we are across the street from the 33rd Street Bistro). Our phone number is **(916) 457-8825**. Call Kari or Pam today for an appointment. We can help you. Thank you and God Bless.

-Ray Espinosa, D.C.

P.S. When accompanied by the first, I am also offering the second family member this same examination for only **\$17**.

P.P.S. Of course, all people respond differently to care.

Are higher federal and California state taxes a concern?



Interested in learning more about ways to manage your portfolio's tax burden? Call or e-mail me for a no-obligation report on strategies designed to help you reduce the taxes you owe on your investments.



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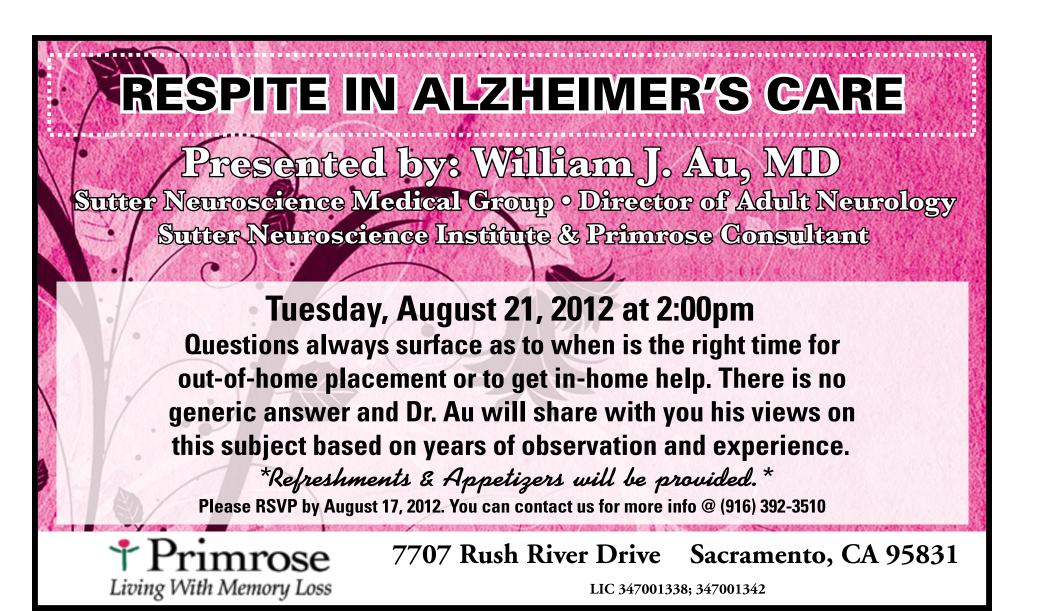
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that was my inspiration."

The teacher

project?

1960s.

"Social justice issues were a part of my upbringing, and really, as an art- text to understand how viewers could take ist, I have always sought to determine their work in. (To) then try to convey that how art could play a role in that," she said.

When joining the faculty at St. Fran-cis High School more than four years ago, Quirz says she loved seeing her work on display. "It was actually very exciting for me be-Carlisle found that Catholic social teachings were integrated into the entire curriccause I've never had work put out for an ulum, including art. During her first year art show or anything like that," she said. on campus, she developed a unit for both "It's a very interesting experience to go around and then all of a sudden wow, my the visual and performing arts where they would focus on the Holocaust for one sework's right there." And in April 2013, the student colmester.

"I've taught it every year and for me it's lection has been invited to show at The just a really compelling way to help stu-dents understand how those issues of rac-Quarter Gallery at the Regis Center for the Arts at the University of Minnesoism and genocide actually apply to their lives today," she said. Additionally, by selecting an histor-

work.

son's story

"The challenge for them is, of course, the goal of fostering an agenda for social we're not able to travel back in time," justice in their classrooms and communi-Carlisle said. "They're having to make a ties. symbol in their contemporary life that Through her fellowship, Carlisle somehow embodies what their interpreis hoping to improve the quality and tation is of that person's life. It's honestdepth of how she teaches the Hololy a pretty complex and challenging ascaust in the classroom to help improve signment and I think they were pretty her students' understanding of the masterful - they did a great job. They event. worked really well with their art ele-"I also really want to increase the integments and principles, and all the benchrity and the creative responsibility or inmarks that they needed in their state tegrity that I see that is inherent in workstandards. And of course, for me it's re- ing with the Holocaust - I want to build ally important to see that young people the breath as well as the depth of what I are able to understand the social con- bring to the classroom," she said. "I know text of art making and what art can do after this fellowship that I will come back to help the world understand what these a completely renewed scholar of the Hoissues are." locaust."

History: Social injustices were part of teacher's upbringing

she said. "So that's what I was going for,

She also feels that by creating art on such an event, she's helping to teach younger generations about what happened to help ensure it never happens again.

"I just want people to feel the emotion they felt back then," Quirz said.

So why select such a dark topic as the Holocaust as the basis for a student art

upbringing in Detroit during the

ic event, students need to work on their research skills to develop their "artist's statement, that is the basis of their

Part of the assignment was for the students to research and use personal narratives from Holocaust survivors, or from those who perished, and then use a visual symbol or metaphor to represent that person's life or some aspect of that per-

Sharing with others

All the students' photography was placed in a collection called "The Holocaust: Illuminated Memory," which Carlisle says, thanks to support from community members, has received quite a bit of interest.

For example, the collection was shown this year at Yom Ha'Shoah memorial and KOH Library and Cultural Center, both in Sacramento.

The students' work can also be viewed on a blog Carlisle put together for the project at stfrancisholocaustphotography. logspot.com.

The collection was also exhibited at St. Patrick's Academy in Sacramento, where some of Carlisle's students took things a step further by developing an education lesson to present to seventh graders at St. Patrick's.

They talked to those students about Carlisle says it all began with her their work, their photographs and then they did a drawing exercise with them about the Holocaust," Carlisle said. "It gave them an opportunity in another conlesson to other students was pretty impressive."

> "That's a pretty high honor for high school students to have a university show - the girls are really excited about it," Carlisle said.

However, the students are not the only ones receiving honors.

Carlisle herself is one of 26 fellowship awardees of the 2012 Memorial Library Summer Seminar on Holocaust Education. In early July, Carlisle flew out to New York City to teachers and civic organization leaders to learn new methods and approaches for teaching the Holocaust with

Creature Catchers traps creepy crawling critters

Special to East Sacramento News

Steve Andert may look a bit like Indiana Jones in his leather hat, but in fact, he is an intrepid wildlife hunter and capturer.

His Sacramento business, Creature Catchers Wildlife Management, calls for humane and non-toxic solutions for both animals and man alike, by ridding homes



and businesses of all wildlife problems in a timely fash

Andert and his team demonstrate the expertise and experience to solve problems such as skunks under decks, squirrels and raccoons in chimneys, attics or sub-areas and putting an end to uninvited wildlife guests.

These critters are problematic in many of our communities these days.

Andert aims to educate the customer and restrict the access of wild animals by trapping the creatures after excluding/ screening all possible entrances.

By eliminating future disturbances, Creature Catchers ensures both the customers' safety and their property.

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Valley Community Newspapers, Inc.

Community vows to rebuild McKinley Park after arson fire

By ELIZABETH VALENTE Eást Sacramento News writer Flizabeth@valcomnews.com

For 3-year-old Axel Moore, the most important part of being a kid is being able to run around one of his favorite playgrounds at McKinlev Park.

But as of the morning of July 28, part of his childhood memories of his beloved park will also be filled with burnt wood, ash and yellow cautionary police tape.

"Someone burned down my park," the blue-eye kid said."I can't play on the trampoline or castle anymore."

The East Sacramento park, located at 601 Alhambra Boulevard, was destroyed by an early-morning fire in what Sacramento firefighters are calling a case of arson.

"This was no accident," said Assistant Fire Chief Niko King. "These are heavy ground. timbers, it takes a lot to get them burning. There's no electrical wiring out here that could have malfunctioned, so it was human-caused."

The fire was reported just after 1 a.m. Saturday, and took nearly two hours to extinguish.

Firefighters battled flames that were nearly 60 feet high and also had to extinguish nearby trees that caught fire as well.

Roughly 40 percent of the playground, mostly in the center, was charred. The rest of the wooden playground is still usable. Temporary construction fencing has been placed around the burned out area to prevent entry

But the burnt smell continues to linger.

Despite the heartache the fire has caused, it has quickly brought a community together.

"It's not a single house, it's not a single family, it's not a single business," King said. "This tragedy impacts the entire communitv

Developer Steve Hamm has been taking his kids to McKinley Park for more than 10 years.

"It's terrible someone terrorized this place," Hamm said. "Every kid should have a place to play after school. It's sad to see a place where a lot of kids used to play burned down."

Since the tragedy, residents, neighbors and city leaders have been meeting to discuss rebuilding plans and fundraising ef-forts to the 18-year-old wooden play-

"I expect that the city's Risk Management Fund, which is the city's own insurance policy, will help pay to rebuild the playground," said Councilman Steve Cohn. "But it will take the whole community working together to raise additional money, volunteer labor and get the word out, to ensure that the playground is rebuilt better than it was before and that we get it done before next summer, maybe sooner."

Cohn holds this development project personally. He was one of 2,500 volunteers to build the playground over four days back in October 1994.

He says when he spotted the children's wall, which was undamaged, it brought back memories.



Ty Hoekstra, 4, sad to see his favorite park had burned down.

ing way to a steely determination to get this

Cohn said in addition to replacing what

was burned, he is looking to include safety

measures such as improved visibility from

the street, lighting, security cameras, may-

every step along the way, from planning

what gets rebuilt, to raising money, to vol-

"I expect the community to be engaged

playground rebuilt as soon as possible."

be even a sprinkler system.

"I saw the two tiles with my own children's Arson investigators are talking with hand prints." Cohn said. "My initial reaction neighbors and reviewing surveillance video from nearby business and homes to try upon hearing news of the fire was probably like most - anger, giving way to sadness, givto find the person or people responsible.

Anyone with information is urged to contact the Sacramento Fire Department.

To guarantee donations will go to the redevelopment of McKinley Park, checks should be made out to "Gifts to Share/ McKinley Playground," and mailed to City Councilman Steve Cohn at City Hall, 915 I Street, 5th floor, Sacramento, CA 95814.

"I can't wait to go back and play," said a hopeful little boy, Axel.







Presenter: Josh Tuttle General Manager East Lawn Mortuary & Sierra Hills Memorial Park Funeral Director Lic#3435

30-minute presentation followed by a question and answer period.

Valley Community Newspapers, Inc

Valley Community Newspapers, Inc.



- EVENT LISTING SECTION -Advertise your craft fairs, holiday bazaars, school fundraises, church events, etc. in your Community Newspapers. Call (916) 429-9901 for rates.

FREE LUNCHEON SEMINAR "The Privilege of Planning" Thursday, August 9 – 6:30 to 7:30 p.m. Wednesday, August 29 - 11:30 a.m. to 12:30 p.m.

Tuesday, September 18 – 6:30 to 7:30 p.m. Seating is limited to 30 attendees per seminar **St. Francis Community Hall**

6700 Verner Avenue, Sacramento, CA 95841 (1-80 @ Greenback) Required RSVP to Lisa West @ (916) 732-2020

Malt Shop Memories 4 a talented group of local musicians August 2 Casa Garden Restaurant 11:15 a.m. & 1:15 p.m. 2760 Sutterville Rd., Sac Call (916) 452-2809

for lunch reservations

CRAFTERS NEEDED St. Josephs Catholic Church in Clarksburg is holding its Annual "Craft Faire," "Chili Cookoff," & "White Elephant Sale" on Sat. & Sun, October 6 & 7. We are looking for Homemade Arts & Crafts. If are interested i participating, call Joan Kleist @ 916) 392-9946 or for more info & display table reservations.

CALENDAR

For more Calendar entries visi www.valcomnews.com

Send your event announcement for consideration to: editor@valcomnews.com at least two weeks prior to publication.

Bi-Polar Anonymous

Aug. 3: Free 12-step program/support

group, for people who have Bi-Polar and

AUGUST

Malt Shop Memories 4 Aug. 2: The VoCals, a talented group of lo-

cal musicians, will be at the Casa Garden Restaurant, 2760 Sutterville Rd, Sac., 11:15 a.m. to 1:15 p.m. Entrée choices: Chicken Medina served with Spring Mix Salad or Tortellini and Spinach Salad; dessert Chocolate Mousse Cake. \$22 per/includes tax and gratuity. First-come, first serve, reservations a must, call (916) 452-2809. Proceeds benefit Sacramento Children's Home.

those who love them. Meets every Friday. 7-8:30 p.m. 4300 Auburn Blvd., Room 106. (916) 889-5786.

Rummage sale

Aug. 4: My Sister's House is holding its annual rummage sale from 8 a.m. to 1 p.m. at 915 Broadway, Sacramento. Donations will be accepted on Aug. 2 and 3 by 6 p.m. For nore information. contact Nilda Valmores at (916) 930-0626.

Fire Station 56 open house

Aug. 4: Come visit Fire Station 56 at 3720 47th Ave., Sac. Free. 2 p.m. - 5 p.m. Presentations at 3 p.m. (916) 808-1347

Land Park Volunteer Corps

Aug 4: Got work gloves and a "let's get down to business" attitude? Then the Land Park Volunteer Corps is for you! Come

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Garder

join members of the community as we maintain, improve and beautify lovely William Land Park. First Saturday of every month, July – Nov. Free. 8 a.m. meet behind Fairytale Town, 8:25 a.m.–11 a.m., work on projects as assigned. Light break fast, lunch provided by local businesses. (916) 718-3030 ckpinsacto@aol.com

Pancake Breakfast

Aug. 4: Two light, delicious, warm pancakes, a tasty patty of sausage, Log Cabin syrup, tea and coffee, all for only \$3/persor 8:30 a.m.-10 a.m. Every First Saturday of the Month. Benefits the Wednesday Club. Mission Oaks Community Center, 4701 Gibbons Dr., Carmichael

Harvest Day

Aug. 4: Hear presentations by local gardening experts, tour the unique Horticulture Center demonstration gardens, taste fruit, grapes, tomatoes, visit educational booths and the silent auction, more. 8 a.m.–2 p.m. Free. Fair Oaks Horticultural Center, 11549 Fair Oaks Blvd., Fair Oaks. (916) 875-6913

Land Park Volunteer Corps

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POWERtalk International

Aug. 4, 7: Want to improve your public speaking and presentation skills? POW-ERtalk International, a nonprofit public speaking organization, provides coaching in leadership skills, sales presentation, interviewing, confidence building and more. Meets First Tuesdays of the month 10 a.m.-1 p.m. and First Saturdays of the Month 12 noon-3 p.m. Aviators Restaurant, 6151 Freeport Blvd., Sac. Liz Richardson (916) 208-9163, erichardson1202@yahoo.com www.powertalkinternational.com

Referrals Plus

Aug. 8: Referrals Plus, a women's networking group, helps women in business with connec tions, resources, promotions and ideas. We meet the 2nd Wed. of every month. 12:15 p.m. for meeting/luncheon in Greenhaven area. RSVP required. www.referralsplus.org

Crochet Guild

Aug. 8: Crocheters of all levels of ability and all ages are invited to join the Sacramer to Crochet Guild. Learn new crochet techniques, exhibit at State Fair, do charity work. Mentoring program. Show and tell. Mini classes. Library and newsletter available. Club member of the Crochet Guild of America. Meets the second Wednesday of the month at 6:30 p.m. Seniors: \$6/yr. Enter from park ing lot. Church of the Cross, 45th & H sts., Sac. Karolyn (916) 457-4044

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Aug. 8: Referrals Plus, a women's networking group, helps women in business with connections, resources, promotions and ideas. We meet the 2nd Wed. of every month, 12:15 p.m. for meeting/luncheon in Greenhaven area. RSVP required. www. referralsplus.org

East Sac Rotary

en, 855 57th St. Sacramento. www. eastsacrotarv.com.

CalPERS Retirement Fair

Aug. 10-11: Members of the California Public Employees' Retirement Sys tem (CalPERS) are invited to a free Retirement Fair at the Sacramento Convention Center, 9 a.m. to 4 p.m. CalP-ERS staff will be available at information tables to answer retirement and other benefits questions. Social Security and State Savings Plus Program representatives will also be at the fair. (916) 795-3991.

Bi-Polar Anonymous

Aug. 10: Free 12-step program/support group, for people who have Bi-Polar and those who love them. Meets every Friday, 7 8:30 p.m. 4300 Auburn Blvd., Room 106. (916) 889-5786.

Fire Dancers

Area and beyond will come to the Land Park Amphitheater for the fifth-annual Fire Spectacular. The Obsidian Butterfly fire troupe and fire friends will perform from 7 to 10 p.m. Live music, workshops and vendors will be at the amphitheater from 3 to 6 p.m. tickets on the day of the event are \$20 for adults, \$10 for 18 and under \$10 and children under 8 are free. A special \$45 fam ily rate applies for two adults plus two children. Advanced tickets are available until Aug. 10: adult \$15, family rate \$30. For tickets and information, visit www.sacredfiredance.com/FireSpectacular.html.

Fire Station 43 open house

El Centro Rd., Sac. Free. 2 p.m. – 5 p.m. Presentations at 3 p.m. (916) 808-1347

Volkssport walking

ing Sticks Volkssport Club! Monthly meetings held every second Thursday at 7 p.m. SMUD Headquarters Bldg., Conference Center, 6201 S St., Sac. Those who wish to walk before the meeting, meet at Starbucks, 1420 65t St., Sac. At 5 p.m. to walk a 3-mile walk to CSUS campus & back. Barbara Nuss (916) 283-4650 or (916) 691-7618 or nussb@surewest.net. Also www.SacramentoWalkingSticks.org

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Aug. 8: Meets at noon, Evan's Kitch

Aug. 11: Fire performers from the Bay

Aug. 11: Come visit Fire Station 43 at 4201

Aug. 11: Come join the Sacramento Walk-

East Sac Rotary

Aug. 15: Meets at noon, Evan's Kitchen, 855 57th St. Sacramento. www.eastsacrotary.com.

'The Fox on the Fairway'

Aug. 17-Sept. 23: Screwball comedy about love, life and man's eternal love affair with... golf. \$19-\$21. Chautaugua Playhouse, 5325 Engle Rd., Carmichael (916) 489-7529 www.cplayhouse.org

Bi-Polar Anonymous

Aug. 17: Free 12-step program/support group or people who have Bi-Polar and those who love them. Meets every Friday, 7-8:30 p.m. 4300 Auburn Blvd., Room 106. (916) 889-5786.

Turtlerama

Aug. 18: Sacramento Turtle & Tortoise Club presents a "Turtlerama," Live turtles and tortoises, adoption information, lectures, educational displays. Free, 11 a.m.- 4 P.m., Belle Cooledge Library, 5600 South Land Park Dr. (916) 421-1134

Fire Station 13 open house

Aug. 18: Come visit Fire Station 13 at 1100 43rd Ave., Sac. Free. 2 p.m. – 5 p.m. Presentations at 3 p.m. (916) 808-1347

East Sac Rotary

Aug. 22: Meets at noon, Evan's Kitchen, 855 57th St. Sacramento. www.eastsacrotary.com

Bi-Polar Anonymous

Aug. 24: Free 12-step program/support grou for people who have Bi-Polar and those who love them. Meets every Friday, 7-8:30 p.m. 4300 Auburn Blvd., Room 106. (916) 889-5786.

Free Dental Clinic

Aug. 24–25: The Calif Dental Assoc. Foun dation will offer a free dental clinic at Cal Expo, 1600 Esposition Blvd, beginning 5:30 a.m. Vol inteers are needed. Services are free of charge and include cleanings, fillings and extractions. Open to all who do not have dental insurance First-come, first-serve basis. More info at http:// cdafoundation.org/Give/Volunteer/CDACares-FreeDentalClinics.aspx or call 1-888-959-1331.

Gem and jewel show

Aug. 24–25: Rings, pearls, pendants, brace lets, vintage and more. American Cancer Society. Friday: 10 a.m. to 6 p.m.; Saturday 10 a.m. to 5 p.m. 2744 Marconi Ave. Sacramento. (916) 484-0227.

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Beach Bash

Aug. 25: Come, all who are thirsty, come to the waters (Isaiah 55:1). Waterslides, games, Slip-n-Slides, crafts, kiddy pools, food, activities, door prizes. Free commun ty event. 10 a.m. to 2 p.m. Riverside Wesley an Church, 6449 Riverside Blvd. (916) 391-9845 www.rwcsac.org.

Fire Station 15 open house

Aug. 25: Come visit Fire Station 15 at 1591 Newborough Dr., Sac. Free. 2 p.m. - 5 p.m. Presentations at 3 p.m. (916) 808-1347

Mend-A-Thon

Aug. 25: The Capitol Ballet Company Costume Committee presents a Mend-A-Thom fundraiser from 2:30 – 4:30 p.m. Bring your clothes that need mending, as volunteers will repair them on a donation basis while you wait. Volunteers will repair items such as loose buttons, small tears and simple hems. Bring buttons if you have them. The event will take place at the Arcade Library Community Room, 2443 Marconi Ave.

East Sac Rotary

Aug. 29: Meets at 6 p.m., Evan's Kitchen, 855 57th St. Sacramento. www.eastsacrotary.com

Bi-Polar Anonymous

Aug. 31: Free 12-step program/support group, for people who have Bi-Polar and those who love them. Meets every Friday, 7 8:30 p.m. 4300 Auburn Blvd., Room 106. (916) 889-5786.

September

Land Park Volunteer Corps

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East Sac Rotary

Sept. 5: Meets at noon, Evan's Kitchen, 855 57th St. Sacramento. www.eastsacrotary.com.

Bi-Polar Anonymous

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Sept. 8: Come visit Fire Station 19 at 1700 Challenge Way, Sac. Free. 2 p.m. – 5 p.m. Presentations at 3 p.m. (916) 808-1347

Volkssport walking

Sept. 8: Come join the Sacramento Walk ing Sticks Volkssport Club! Monthly meet ings held every second Thursday at 7 p.m. SMUD Headquarters Bldg., Conference Center, 6201 S St., Sac, Those who wish to walk before the meeting, meet at Starbucks, 1420 65t St., Sac. At 5 p.m. to walk a 3-mile walk to CSUS campus & back. Barbara Nuss (916) 283-4650 or (916) 691-7618 o nussb@surewest.net. Also www.Sacramen toWalkingSticks.org

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Sept. 12: Crocheters of all levels of ability and all ages are invited to join the Sacramento Crochet Guild. Learn new crochet techniques, exhibit at State Fair, do charity work. Mentoring program. Show and tell. Mini classes. Library and newsletter available. Club member of the Crochet Guild of America. Meets the second Wednesday of the month at 6:30 p.m. Seniors: \$6 yr. Enter from parking lot. Church of the Cross, 45th & H sts., Sac. Karolyn (916) 457-4044

Referrals Plus

Sept. 12: Referrals Plus, a women's networking group, helps women in business with connections, resources, pro and ideas. We meet the 2nd Wed. of every month. 12:15 p.m. for meeting/luncheon in Greenhaven area. RSVP required. www referralsplus.org

East Sac Rotary

Sept. 12: Meets at noon, Evan's Kitchen, 855 57th St. Sacramento. www.eastsacrotary.com



Catch the feeling.





CONVENIENTLY LOCATED

Great 3 bedroom home in the heart of East Sacramento. Refinished hardwood floors, large yard - great value. Living room fireplace, central heat and air conditioning. 2-car garage. 1268 square feet. Ready for your finishing touches! Walking distance to Sellands, Starbucks, and other great places. \$292,500

TIM COLLOM 247-8048



FABULOUS 40S HOME

Well-maintained 3 bedroom 2 bath home in Fabulous 40s, awaiting updating. Beautiful hardwood floors and marble fireplace. Spacious rooms, lots of storage. Newer CHA & hot water heater. Updated plumbing. 4 ceiling fans. Separate formal dining room, separate indoor laundry room. Shady covered patio. Oversized garage with storage loft, sink and work area. \$549,000

COLLENE WIFVAT 719-2324



MCKINLEY PARK HOME

Amazing 3 bedroom 2 bath Mckinley Park home with a full guest quarters! This home has been completely remodeled and maintained for your enjoyment. Features include an updated kitchen and completely remodeled baths, gleaming hardwood floors, a very spacious floorplan, and a private sanctuary for a backyard; and guest quarters. See: 440-39th St. \$599,000 **TIM COLLOM 247-8048**



EAST SACRAMENTO TUDOR

East Sacramento at its best! This 3 bedroom Tudor has been meticulously maintained and upgraded for your enjoyment. Hardwood floors, vintage fireplace, spacious kitchen, formal dining room, the breakfast nook, and a completely remodeled bathroom. The backyard is its own private oasis with a pool and patio. 2-car garage, security system, built in speakers and much more! \$629,000

TIM COLLOM 247-8048



It doesn't get much better! 4 bedrooms 3 full baths in 2,236 square foot home in River Park. Private entrance to remote 4th bedroom with full bath and large mud/laundry room. Fully remodeled and spacious guest bathroom, plus master bedroom with in suite bath. Updated

WONDERFUL RIVER PARK

kitchen, separate den/study, newer roof, garage with mega-overhead storage and built-in ladder. Welcome home! \$499,000 **STEPHANIE GALLAGHER 342-2288**



RIVER PARK

This fantastic River Park 3 bedroom 2 bath home has been completely remodeled for your enjoyment. The seller has spared no expense with a newer roof, remodeled kitchen, completely landscaped front and back, insulation, dual pane windows and a very large laundry room. Freshly painted and a turnkey property for the buyer that wants to move right in! See: 5241 Moddison Ave \$383,000

TIM COLLOM 247-8048



THIS IS A 10!

An Absolute Gem! Tahoe Park cottage beautifully updated both inside and out. There is a lush meandering backyard complete with gurgling fountain and birdbath. A two bedroom cottage in an urban oasis that you have to see to believe. Formal dining room, kitchen island and granite counters; central heat and air conditioning, living room fireplace and a whole house fan. Don't miss this one! \$189,000 SHEILA VAN NOY 505-5395

PENDING

EAST SACRAMENTO CHARMER Pottery Barn darling in East Sac. 2 bedroom home with new kitchen in 2006, new bath in 2011. New gutters and outside paint in 2009. Entire interior recently painted including all

woodwork. Central heat and air conditioning, living room fire-

place. Sewer line has been replaced as well. You will love this one! See: 132460thstreet.epropertysites.com \$339,000 LEIGH RUTLEDGE 612-6911 • BILL HAMBRICK 600-6528



CLASSIC EAST SACRAMENTO

Fantastic 3 bedroom home located in the heart of East Sacramento. Enjoy the pristine hardwood floors, dual pane windows, the vintage fireplace, 2-car garage, bright and open kitchen, and a backyard that is waiting for your finishing touches. This spacious home even includes a family room minutes from coffee shops, restaurants and downtown. \$295,000 **TIM COLLOM 247-8048**

for current home listings, please visit: DUNNIGAN REALTORS.COM 916.484.2030 | 916.454.5753



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