since 1991

## EAST SACRAMENTO NEWS

August 16, 2012 Community News in Your Hands www.valcomnews.com

## St. Francis High School welcomes new president

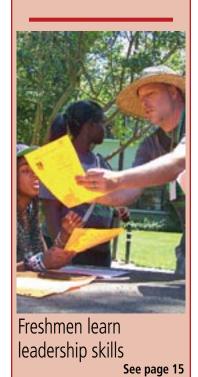
see page 16

Marty Relles presents: Janey Way Memories See page 2

EAST SAC GIVE BACK, PAGE 8 • EDIBLE GARDEN TOUR, PAGE 10 • COMMUNITY CALENDAR, PAGE 23



National night out
See page 21







## EAST LAWN FUNERAL HOMES & MEMORIAL PARKS

Six Northern California Locations Serving Families Since 1904

www.EastLawn.com

(916) 732-2000



## EAST SACRAMENTO NEWS

E-mail stories & photos to: editor@valcomnews.com

East Sacramento News is published on the first and third Thursday of the month and delivered by mail and home delivery in the area bounded by Business 80 on the west, the American River on the north and east and Highway 50 on the south.

George Macke General Manager Kathleen Egan ... Toby Lewis Art Director .. John Ochoa Graphic Designer Serene Lusano Sales Manage ...Patty Colmer Advertising Executives

Linda Pohl, Melissa Andrews, Jen Henry .. George Macko

2709 Riverside Blvd CA 95818 : (916) 429-990 (916) 429-9906

Cover photo by

Other photos: Courtesy Toby Lewis



KURT CAMPBELL PROFESSIONAL REAL ESTATE CONSULTANT

956-5878





### **Applying to College?** Summer is a good time to start!



CollegeGPS will help you.

- Make your college list.
- Fill out your applications.
- Apply for financial aid.
- Start a scholarship search.
- Keep everything organized and meet deadlines.



Marilyn van Löben Sels Certified College Counselor marilyn@college-GPS.com | 916.601.6909 | www.college-GPS.com

### JANEY WAY MEMORIES:

## Rockin' and rollin' at the Sound Factory



**By MARTY RELLES** marty@valcomnews.com

By the end of the 1960s, I had moved out of my family home on Janey Way and settled into an apartment above my Uncle Ross' florist shop on 22nd and J Streets.

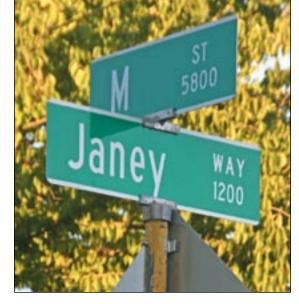
During that era, rock music arguably hit its apex in American culture.

That's when Bill Graham opened his Filmore Ballroom in San Francisco, which featured such all-star groups as the Jimmy Hendrix Experience, Jefferson Air Plane and Big Brother and the Holding Company featuring Janice Joplin.

We took the long drive down to the city and attended many of those shows. Then, in 1968, a couple of local promoters opened a Filmore-like ballroom in Sacramento called the Sound Factory.

Located in a vacated building, next to the Alhambra Bowl, on 1217 Alhambra Blvd., the Sound Factory made a big bucks for top line entertainment? splash when it opened up. It promised big-time live entertainment and for the year or so it remained open, it delivered on that promise.

Well known, popular groups such as Pink Floyd, Jethro Tull, Steppenwolf, Credence Clearwater Revival, the (Carlos) Santana



Blues Band and Country Joe and the Fish appeared at the Sound Factory.

I looked at an old poster from the Sound Factory recently and saw the ticket price listed at \$3. Can you imagine paying three

Last time I attended a jazz concert at the Mondavi Center I paid \$50 a ticket, plus \$8 to park.

We could not pass up that kind of entertainment bargain, so we went to the

See Memories, page 9





### 2361 NORTHGATE BLVD.

Valley Community Newspapers, Inc.

SACRAMENTO-NORTHGATE, CA

(916) 923-9160

SACRAMENTO (SOUTH), CA (916) 451-5338 5051 FRUITRIDGE RD.

SACRAMENTO (NORTH), CA (916) 344-6297 5439 AUBURN BLVD.

4 PIECE 1" x 15 FT.

BATTERY CHAR

**NGINE STARTER** 

CHICAGO CONTINUE

## What's happening?

100 years of Tarzan

The Sacramento Public Library and the Northern California Mangani will celebrate the centennial of Edgar Rice Burroughs' classic story, "Tarzan of the Apes," at a free els, presentations, film screentwo-day conference on Sat-

urday, Aug. 25 and Sunday,

The programs run from noon to 5 p.m. both days at the Central Library, 828 I Street, in Sacramento, and will feature discussion panings and memorabilia relating

to the Tarzan stories and im-The event will include guest

speakers and a centennial display of Tarzan books, comics and memorabilia will be on view in the Central Library's first-floor lobby and secondfloor Sacramento Room during open hours from mid-August through September 30, 2012.

For more information, call (916) 264-2920 or visit www. saclibrary.org.

WHAT DO YOU SEE?

We see a child who deserves the best medical care. You see world leaders in children's emergency medicine.

With the region's only level 1 pediatric trauma center and emergency department dedicated to children, UC Davis is the place for children needing emergency medical care. Here, experts specially trained in pediatric emergency medicine understand the nuances of caring for critically ill or injured children and are setting new standards for pediatric emergency care worldwide. If it's your child, UC Davis is where you want to be.

To learn more, visit YouSeeTheFuture.UCDavis.edu. For more information, call 800-2-UCDAVIS.

YOU SEE EXPERTISE UCDAVIS

**HEALTH SYSTEM** 

Tea and Tours for Seniors

Mondays, September 10 and 17, 9:30 a.m. to noon Seniors, register for this popular event early. Join the staff Mondays, September 10 and 17 for a special tour of the Zoo followed by snacks and tea. This program is for adults 55 and over, and 2 weeks advance reservations are required. Cost is \$15 per person. Call (916) 808-5888 for more information or register (916) 808-7462. at saczoo.org.

### Deaf Awareness Day

Saturday, September 15, 10 a.m. to 4 p.m. Join us for a special day for our deaf and hard of hearing community sponsored by NorCal Services for Deaf and Hard of Hearing. The Zoo will have ASL interpreters on site for the day. Call (916) 808-5888 or visit saczoo.org for more information.

### Red Panda Dav

Saturday, September 15, 10 a.m. to 4 p.m. Join us for an interactive and educational event developed to raise awarevation. Kids can become Red at various Red Panda Stations and completing the activities. throughout the day, at the Red Panda exhibit. Any and all donations to the Red Panda stations will be given to the Red the Red Panda Network.

### Wildlife Stage Show

The Sacramento Zoo's Wildlife Stage Show will run every Friday, Saturday and Sunday until October 28. Shows start at 11 a.m. Learn about animals in a 15-minute stage adventure. Afterwards, meet several of the animal actors up close and personal at the animal encounter. For more information, call (916) 808-5888 or visit saczoo.org.

### FAIRYTALE TOWN EVENTS

September 5, Concert: Voices--Where the Girls Are, Wednesday

Gates open 5:30 p.m., concert 6 p.m. Four generations of local female artists take to

the Mother Goose Stage for an exciting and unique evening concert. Performers include 16-year-old up-andcomer Parie Wood, indie darling Autumn Sky, rock vocalist Larisa Bryski and jazz vocalist Valerie V. Blankets and chairs are welcome. Food and drink will be available for purchase. Event tickets are \$10 per person. Members receive 2-for-1 admission, and children 12 and under are free. Tickets go on sale in August. For more information, visit fairytaletown.org or call

### September 9, Grandparent's Day, 9 a.m. to 4 p.m.

Join Fairytale Town and celebrate the 33rd annual National Grandparents Day. Families are encouraged to bring grandma and grandpa for an enjoyable day of play in the park. Grandparents receive free admission when accompanied with a child ages 0 to 12. For more information, visit fairytaletown.org or call (916) 808-7462.

### September 12, Wednesday, Parent Workshop: Giving Voice to Children's Literature, 5:30 - 7:30 p.m.

Learn easy and effective read-aloud techniques from ness about Red Panda conser- Francie Dillon, a professor of children's literature at Sacra-Panda Rangers after stopping mento State University. Her simple techniques make reading and learning fun for every-There will also be keeper chats one. This workshop is free, but preregistration is required. To register, please email rsvp@ fairytaletown.org.

Panda stations will be given to Fairytale Town is located at 3901 Land Park Drive in William Land Park. For more information, visit fairytaletown. org or call (916) 808-7462.

### Paper shred event

Need help getting rid of old files and confidential papers? Holy Spirit Parish is holding a shred event from 9 a.m. to noon on Oct. 6. The event takes place in the church parking lot, 3159 Land Park Drive, Sacramento.

There is a \$10 donation per file box. Proceeds will go to support the Saint Vincent de Paul Society at Holy Spirit Parish, which provides food, clothing and emergency housing for those in need.

For more information, call (916) 443-5442.

## **Greek Festival to** be held Aug. 31 through Sept. 2

Eugene Fotos played instrumental role in founding of this nearly half-century-old event

By LANCE ARMSTRONG Lance@valcomnews.com

Editor's Note: This is part one of a two-part series regarding the Greek Festival and Eugene Fotos. Part two of this series will mainly focus on the life of Fotos, who grew up in East Sacramento.

The Greek Orthodox Church of the Annunciation is not only known for its historic East Sacramento church complex west of McKinley Park, but also for its annual Greek Festival.

And playing an important role in the founding of this event was Eugene Fotos, who was raised in East Sacramen-

Today, the event is recognized as one of the state's most popular Greek festivals. But the event, which was first held on Nov. 15, 1964, had a much more humble beginning.

### The beginning

Cosmas Alliapoulos, who was serving as president of the Greek Community of Sacramento and Vicinity (which was incorporated on Jan. 30, 1920), attended one of the earliest editions of the Greek Festival presented by St. Basil Greek Orthodox Christian Church in Stockton.

The event was first held at the Stockton Civic Auditorium in 1960.

Inspired by St. Basil's Greek Festival, Alliapoulos asked Fotos, who was already a longtime Greek Orthodox Church of the Annunciation member, to chair a local food

Fotos accepted the role of the event's chair and began working with Lillian Psihopaidas, who served as the faire's co-chair.

This faire, which is recognized as the first Sacramento Greek Festival, was the most

Valley Community Newspapers, Inc

The 49th Annual Greek Festival, which will have a new feature of an entertainment stage in the center of the venue, will be held Labor Day weekend at the Sacramento Convention Center, 1400 J St., from Friday, Aug. 31 through Sunday, Sept. 2. Festival hours are from

55 and older and free for children ages 11 and vounger Admission is also free for anyone attending the event on Friday from 11 a.m. to 3 p.m.

modest edition of this now longtime, annual event.

This inaugural event, which was attended by 718 people at the Hellenic Center on Alhambra Boulevard and inpastry booth with few sales, netted \$2,556.

(the booth's manager) Mrs. tish kilt.

Up to 24 Hour Care

• Meal Preparation

• Errands/Shopping

Hygiene Assistance

Light Housekeeping

Respite Care for Families

Rewarding Companions

11 a.m. to 11 p.m. Friday, noon to 11 p.m. Saturday and noon to 10 p.m. on

Admission is \$5 for ages 12 and older, \$4 for seniors

> In 1966, the festival was relocated to the Scottish Rite Temple at 6151 H St.

Among those in attendance at the 1966 festival, which raised \$4,200, were Fotos, Bill Demas, Perry Georgallis cluded a band, dancing and a and Eppie Johnson.

traditional Greek dances

(Vasiliki) Manolis, couldn't

band started playing and pret-

ty soon people started danc-

poor thing, (Manolis), said, 'I

can't sell. I can't sell."

Eppie at the festival

Johnson, who had opened netted \$2,556.
Fotos said that a large part of this pastry booth's inability to be successful was due to the fact that people were dancing around the booth.

"Because the people were dancing around the booth, (the booth's manager) Mrs.

Eppie's Restaurant and Coffee Shop at 3001 N Street in East Sacramento about two years earlier, drew much attention at the event, as he wore a traditional Greek fustanella — an article of clothing similar to a Scottish kilt. Eppie's Restaurant and Cof-

sell the pastries," Fotos re- appearance at the 1966 fes- way, the Country Club called. "She had 8-foot tables tival, Fotos said, "I was Plaza mall parking lot, Je-(to display the pastries). The shocked after I saw that. I couldn't believe it. Usually (these fustanellas) are white ing around the tables and the and blue. But what did Eppie have? He had green or some strange color. And he picked (the color)." During the latter part of

for this event changed several times.

Attracting much attention at the Greek Festival are Greek dancing groups, who wear festive Greek clothing and perform

ernor's Hall on the old State Fairgrounds at Stock-

In remembering Eppie's ton Boulevard and Broadsuit High School and the grounds of the Greek Orthodox Church, next to the Hellenic Center.

> Fotos said that the festival at Jesuit High proved to be a very lengthy affair.

"In those days, we just had the 1960s and 70s, the site a two-day festival - Saturday and Sunday," Fotos said. "We had to pick up every-These sites were the Gov- thing, because the school

See Greek, page 7



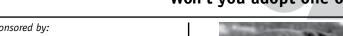


East Sacramento News • August 16, 2012 • www.valcomnews.com

Valley Community Newspapers, Inc.

## Take ME Home!

Thanks to the following sponsors! A pet can be a wonderful addition to a family. Won't you adopt one of these animals at the SPCA?



KNOTT'S

(Peader 455-3068) www.KnottsPharmacy.com

For All of Your **Health Care Needs** 

**4819 J Street** 916-455-3068



Cody Breed: Terrier/Italian Greyhound Color: White & black Gender: Male Age: 4 years 5 months

Shy? Not Cody! He's an outgoing, friendly dog who enjoys meeting people. He's very playful and enjoys a



394 45th St ~ 916.457.6659

(Located @ 45th & D St)

Curly

Age: 3 months

#16602204

#14732864

Color: Brown & white

definite makings of a lap cat. When not chasing like a baby. Come see this beautiful boy today!

**Eskaton Monroe Lodge** Independent Living with Services

3225 Freeport Blvd. Sacramento, CA 95818

916.441.1015 www.eskaton.org



Hall

Breed: DSH/Mix Gender: Male Age: 4 months

Color: Black & white

#16638549

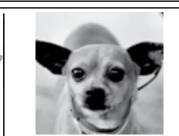


Call today and schedule

a tour to see what living can look like for you!

(916) 442-4906 415 P Street, Sacramento CA 95814 www.PioneerHouseRetirement.org

Sponsored by:



Rosa

Breed: Chihuahua Mix Gender: Female

Rosa is a darling little dog who will make a great lap warmer and cuddler. She's very sweet and playful with an outgoing personality. Come meet this tiny cutie.

Sponsored by:



1919 21st Street Suite 208

Sacramento, Ca 95811 916.600.2138



This pretty girl lives up to her name. She is very gentle and polite and will ask nicely for attention. She has a big purr and enjoys sleeping in a warm lap. This kitty will



### Bella

Breed: DSH/Mix Age: 1 years 6 months



Color: Grey

Medium Pepperoni Pizza with purchase of any large pizza

6200 Folsom Blvd. • 455-8831

FREE



**Ice Cream** 5924 S. Land Park Dr. • 393-7001

#14749754

Age: 1 year 11 months

Ice Cream is a playful and energetic girl who seems too. Ice Cream is friendly and affectionate, with riding in cars being one of her very favorite activities



• 24 Hour Pick-Up Service Burials and Cremations

**LEAVE A MEMORY ABOUT YOUR BELOVED PET** 

> 6700 Verner Avenue Sacramento 95841 (916) 732-2037

www.eastlawnpets.com



#14735912

Poco is a little shy and reserved when first meeting new people, but he warms up quickly and is very friendly. He enjoys walking with you, getting pets and just being with you. Poco walks very well on the leash



Design • Fabrication • Installation Specializing in iron fencing and custom/ornamental ironwork for all uses both residential/commercial 1100 65th Street, East Sacramento (916) 456-6497 • FenceWorld.com



Breed: DSH/Mix Gender: Male Age: 4 months

#16638552 Color: Black & white Hair: Short

\* For additional information on adoptions, call the SPCA at 383-7387. Adoptions occur daily and it is not guaranteed the above featured animals are still available. If they are not, the SPCA has many other loving pets available to suit you and your family. The SPCA is located at 6201 Florin-Perkins Road.



## **Greek:** Festival's earnings surpassed the \$100,000 mark for first time in 1988

was going to be in session the next day. And we worked, we worked. There weren't a lot of us working and we drug everything over to the trucks and loaded them on and we got to the church (in East Sacramento) at 7 (o'clock) in the morning. We worked all night long."

### Cal Expo and beyond

During the early 1980s, the festival was held for a couple of years at Cal Expo.

Fotos vividly recalled the 1981 festival, which proved to be a fairly infamous event.

"Just two days before our festival, an indoor rodeo had been held in the same building we were to use (at Cal Expo)," Fotos said. "The remaining multitude of horseflies and the lingering aromatic scent of horses were almost too much to bear."

The festival was relocated to its present site at the Sacramento Convention Center in 1984, and four years later, the event's earnings surpassed the \$100,000 mark for the first time, as the festival raised \$108,657.

### Festival food

The festival's Greek cuisine and desserts collectively serve as a popular draw of the

These edibles include dolmades (stuffed grape leaves), souvlaki (meat kabobs), gyros (Greek sandwiches on pita bread), tiro-



A volunteer serves guests of the festival in 2007.

pites (cheese puff filo dough triangles), homemade salads, baklava (a rich, flaky filo dough pastry filled with walnuts, butter and cinnamon and soaked in honey) and loukoumathes (honey-dipped donut

Food items such as imported Greek olives, cheeses, crackers, coffees, cookies and candies can also be purchased at the event's pantopoleon, or Greek grocery store.

Another festival attraction is the agora, or Greek, marketplace, where guests can purchase items such as jewelry, artwork and recorded music.

### Other attractions

Also attracting much attention at the festival are Greek dancing groups, who wear festive Greek clothing and perform traditional Greek dances.

As a family-oriented event, the festival also offers various children's activities.

Fotos, who will turn 80 next month, said that he is proud of the festival's longtime existence and popularity.

"We are very proud to be of Greek descent and to share our heritage and traditions with Sacramento area people and others," said Fotos, whose nephew, Father James Retelas, serves as the priest of the Greek Orthodox Church of the Annunciation.



### **Sacramento Region Mutt Strut Announcement**



**CCB 2nd Annual Mutt Strut** 2k/5k Fun Walk/Run Calling all runners, walkers, dogs and dog-lovers to the

2nd Annual California Council of the Blind Mutt Strut. Saturday, Sept. 8th

at the State Capitol West Steps

Register donate more info at www.ccbnet.org/muttstrut • 800-22I-6359

### Homemade Sandwiches/Salads Fountain Treats and much more

Open til 9 p.m.

4920 Folsom Boulevard 916-452-5516



## FUNERAL DIRECTORY

Gall Patty at (916) 429-9901 www.valcomnews.com

EAST LAWN

EAST LAWN MEMORIAL PARK

4300 Folsom Blvd.

Sacramento, CA 95819

916-732-2000

Compassion and Integrity Since 1904.

EAST LAWN **ANDREWS & GREILICH MORTUARY** 

3939 Fruitridge Road Sacramento, CA 95820

Ready to provide guidance at a difficult time.

916-732-2026

EAST LAWN ELK GROVE MEMORIAL PARK AND MORTUARY

9189 East Stockton Blvd. Elk Grove, CA 95624 916-732-2031

EAST LAWN SIERRA HILLS MEMORIAL PARK AND EAST LAWN MORTUARY 5757 Greenback Lane

Sacramento, CA 95841

916-732-2020 "Knowing that professional guidance is always by your side" FD1242



Phone: (916) 443-7917 Fax: (916) 443-7931

Harry A. Nauman & Son 4041 Freeport Blvd Sacramento, CA 95822

(916) 452-6157

Serving Sacramento Families since 1903 amily owned and operated since 192 Pre-arrangement packages available.



Local Family-Owned Funeral Home **Serving Sacramento Since 1964** 916.482.8080

Call Patty

916-492

East Sacramento News • August 16, 2012 • www.valcomnews.com www.valcomnews.com • August 16, 2012 • East Sacramento News Valley Community Newspapers, Inc. Valley Community Newspapers, Inc

## East Sac Give Back aims to bring communities together

East Sacramento News writer corrie@valcomnews.com

Although it just started a few months ago with a Facebook page, new nonprofit East Sac Give Back is already making quite an impact in the community, including help- a lot of those things," he said. "But ing to raise more than \$3,000 to- they didn't talk a lot about how the status – which is something Saeltward the rebuilding efforts for the McKinley Park playground.

East Sac Give Back is the brainchild of 13-year East Sacramento resident Michael Saeltzer. A former public school teacher, Saeltzer is currently a stay-at-home dad to his 4- and 6-year-old daughters and lives in East Sacramento with them and his wife, Shinder.

"We just love (East Sacramento)," he said. "We have wonderful neighreational sports – it's kind of the ideal place for us."

article in The Sacramento Bee that And in the long-term we're plan- way," Saeltzer said.

talked about discrepancies between ning on giving 50 percent of our East Sacramento and nearby Oak

"They did a lot of talking about how East Sacramento has a lot of healthcare, parks, restaurants and neat activities for kids, and how Having an impact Oak Park is really struggling with communities actually relate to each zer is currently working on - the

Saeltzer decided to start a discussion about this issue online and ects toward its mission. after generating some positive responses from both community and could do to help bring the two communities together.

Back is to provide the communi- 27. ty a single philanthropic identity," bors, nice parks, great schools, rec- Saeltzer said. "It's kind of unique in that it's not just to strengthen our own community in East Sacramen-Saeltzer says he got the idea for to, it's actually to reach out to other

fundraising to another community or other communities and 50 percent to be reinvested back into Éast Sacramento proper."

Although East Sac Give Back does not yet have its tax-exempt to raise money and work on proj-

'The mission of East Sac Give burned down the evening of July been exciting."

"When that happened is when I Making a difference really decided that I want to pump it into high gear to see if we could get some volunteers for the rebuilding, maybe raise some funds, and East Sac Give Back after reading an communities in Sacramento also. bring people together in a positive

By using the group's Facebook page and a fundraising website called GoFundMe.com, in less than 48 hours East Sac Give Back raised more than \$1,600 toward the rebuild. And as of Aug. 2, more than \$3,000 has been raised through the website.

This total does not include donations East Sac Give Back has been receiving from area businessnonprofit has already been helping es that are doing their own collect-

"I didn't expect to get too much Right now the organization's because times are pretty hard right main efforts have been going to- now, but ... we're coming along," business members to see what he ward helping raise money to re- Saeltzer said. "Some people are dobuild the playground at McKinley nating \$100. I mean, that's really Park in East Sacramento, which nice. So that blew me away - that's

In addition to helping rebuild the McKinley Park playground, East Sac Give Back is working on other projects such as looking at start-

See East Sac Give Back, page 20

## **Janey Way Memories**

Sound Factory as often as we could.

Because it was so close to my downtown apartment, we could have walked there. We didn't though. We usually drove over to the Raley's on the lot and walked under the freeway to the Sound Factory.

The shows ran from 9 p.m. to 1 a.m., and unfortunately, the police often showed up to more songs. tell the promoters they had to keep the volume down.

That problem, along with some bad business decisions eventually led to the downfall of the Sound Factory.

I remember seeing the Santana Blues Band lead off for Creedence Clearwater Revival. Their sound blew us away. They had not one, percussion.

"Vegetarian Friendly

Carlos Santana headed the group, playing those soaring guitar riffs he would become famous for. The band brought the house down.

By the time John Fogerty and Creedence mount-29th and K streets, parked in ed the stage and began to play, about 30 minutes later, it seemed a big let down. We left the show and headed home after only a few

Sadly, the Sound Factory closed in 1969. We had loved it so much we were heartbroken to see it go. Soon after that I received my draft notice from Uncle Sam and headed off to join the U.S. Army.

That is another story. Now the days of rocking and rolling at the Sound but two drummers, plus con- Factory are just anothga drums and other types of er psychedelic Janey Way memory.

The Wieneru

715 56th Street (corner of 56th and H St. in East Sac)

916-455-0497 thewienerysacramento.com







**5644 J STREET** 

Phone orders welcome!: 916. 451.4000

Sun-Wed 10:30am - 9:30pm • Thurs - Sat 10:30am -10:00pm

WWW.EATATOPA.COM

Make-A-Wish Foundation of Secramento - Firelighters Burn Institute - Jesuit High School - Saint Anthony Parish - Law Enforcement Chaplainey-Secramento - Merc

Foundation · Neighbor Works · Easter Seals Superior CA · In Alliance · Mustard Seed School · Sacramento French Film Festival · Stanford Home for Children · American

Heart Association - National Brain Tumor Society - Happy Tails Pet Sanctuary - Scooter's Pals Dog Rescue - CSUS, New Student Orientation, Leaning Skills Center, College

of Education - St. Mary Elementary School - Safetyville USA - Tiny Tots Preschool, Inc. - Christian Brothers Alumni Association - Girl Scouts Heart of Central CA - River

Park Youth Baseball - Francis House - Camellia Basic Elementary School - Camellia Symphony Orchestra - American Lung Association - Empty Bowls-River City Food Bank

· Courtyard School - UC Davis Regional Burn Center - American River College Respiratory Care Club · March of Dimes · Sacramento State Athletic Association - William

C. Bean Jr. Memorial Foundation - Crocker/Riverside Elementary School - KVIE, Inc. - St. Anne Greek Orthodox Church - Sacramento Country Day School - Raley's Grape

Escape - Rotary Club of Laguna Sunrise - Sierra Oaks Parents/Teachers Association - Department of Health Care Services - Divine Senior Catholic Church - Youth for Christ - Nor-Cal Services for Deaf and Hard of Hearing - Leonardo da Vinci School Parent Teacher Council - St. Robert School - Central Nursery School - Foulks Ranch

Elementary School - Central CA Hemophilia Foundation - Respiratory Care Club - Sacramento Children's Chorus - Davis Waldorf School - Mariemont Elementary School

· Sacramento SPCA · Sacramento City Teachers Association · Agape Villages Foster Family Agency · Del Dayo Elementary School · Camellia Waldorf School · Sacrament

City Unified School District - Saint Mary's Church - UC Davis School of Medicine - Active 20/30 Club of Greater Sacramento - St. Francis Assisi Elementary School

McGeorge Women's Caucus - Sacramento Area Emergency Housing Center - The Sacramento Zoological Society - Getty Owl Foundation - Sacramento Area YMCA - Eli

PLEASE VOTE FOR

OPA! OPA!

Help us keep paying it forward!

Thank you for 6 years of support!

**FREE BASKET** 

**GARLIC FRIES** 

w/ pur of reg beverage

exp 9/30/12

\* HERE ARE SOME JUST TO NAME A FEW...

PAYING IT FORWAR

**BECAUSE OF YOUR SUPPORT** 

HAS DONATED OVER

\$100,000.00

TO LOCAL ORGANIZATIONS

& NON-PROFITS\*





## Senior Services Resources

Call Melissa (916) 429-9901

### DOCUMENT PREP SERVICES

LIVING TRUST/LIVING WILL Legal Document Prep Services: • Trust • Will

· Powers of Attorney Residential Deed Couples \$495 Singles \$450 Lynda K. Knight (916) 214-1215 1337 Howe Ave., Ste. 103

Sacto 95825

### **HELP AT HOME HELP AT HOME**

**Senior Care** 

· Light housekeeping

• Meal preparation
• Med reminders • Errands • Dementia care • Bathing & Much More

For no-cost/in-home assess call 877-404-6636

### LOVING COMPANIONS

Loving Companions Senior Services

Specializing in 24/7 Live-In

Service Excellent

Rates & Discounts

### YOUR AD SHOULD BE HERE!

Call Melissa today!

**Your services** are needed. Your ad should be here. Ad design is free.

Call 429-9901

## **Senior Homecare By Angels**

Now Open for Dinner! Come in and try our New Bacon Wrapped Hot Dog! Delicious!

## Caregiver.

Monday - Thursday 11am - 8pm, Friday & Saturday 11am - 4pm

Experienced Caregivers Thoroughly Screened. Providing Peace of Mind to thousands across America each and every day!



- Up to 24 Hour Care
- Errands/Shopping
- Hygiene Assistance

- Low Hourly Rate

www.visitingangels.com/sacramento



- Meal Preparation
- Medication Reminders
- Respite Care for Families
- Temporary/Long Term

916-971-9333



### Grove High School Music Boosters - American Legion - Kibble & Bids - Easter Seals - CSUS Science Education Equity Program - Dante Club - The Leukemia & Lymphoma Society - Gamma Signa - Faith Presbyterian - Knights of Columbus - Shriner's Hospital for Children - Arthritis Foundation - Sierra Curtis Neighborhood Association CA Montessori Project - OKIZU - River City Recovery Center, Inc. - Mercy General Hospital - Saint Katherine Greek Orthodox Church - Great Orthodox Ladies Society Mission Oaks Recreation & Park District - Del Oro High School - American Heart Association - Our Lady of the Assumption School - Phoebe Apperson Hearst Elementary · American Cancer Society · United States Mission of Sacramento · Presentation of the Blessed Virgin Mary · CSUS Peer Mentors · Sacramento Court Appointed · Special Advocate - Pops in the Park - Florin Japanese American Citizens League - Parkinson's Association - VetFund Foundation - St. Francis Catholic High School - West Campus oundation for Excellence - San Juan Unified School District - Sierra Arden Unified Church of Christ - Greek American Progressive Association - Mustard Seed Spin - East

www.valcomnews.com • August 16, 2012 • East Sacramento News **9** Valley Community Newspapers, Inc

Sac Chamber of Commerce - Jim Durborough Golf Tournament

Finding local, long term care for every senior is our specialty We will personally drive you to the locations that meet your personal, financial, and geographic preferences.

**FREE** Senior Living Placement

MEDICAL SUPPLIES

**AMD** Medical Supply

Tel/Fax: (916) 485-2500

SENIOR PLACEMENT

3108 Arden Way, Sacramento, CA 95825

Get Assistance. Call Today! 916-372-3762

Assisted Transition

Senior Living & Care Finders

(866) 312-2157

### Moving On? FREE Real Estate Help & Advice

REAL ESTATE SERVICES

tailored to seniors & their familes Contact John Woodall, GRI (916) 421-5421

✓out my blog at: aSeniorsBlog.com

†Primrose

& Educational Classes cas@primroselz.com

707 Rush River Dr. Sacto, CA 95831

Day Club, Respite, Residential, Support Groups

### Recreational Travel Mobility Sales Rentals Repairs Trade-ins ew & Used Scooters, Lift Chairs, Car Lifts & Ramps, Companion Chairs, Rollators & Accessories

5526 Auburn Blvd, Suite 1, Sacramento, CA 95841 • (916) 993-6747

ED

SPECIAL ALZHEIMER'S LIVING

(916) 392-3510

### RECREATIONAL TRAVEL MOBILITY

Turk Enterprises www.TurkEnterprises.org

## YOUR SERVICES ARE NEED-

**CALL Melissa TODAY** TO PLACE YOUR AD (916) 429-9901

### East Sacramento News • August 16, 2012 • www.valcomnews.com

## **Explore, taste East Sac with Edible Gardens Tour**

By CORRIE PELC East Sacramento News writer corrie@valcomnews.com

How many times have you walked past a home garden overflowing with ripe fruits, luscious berries and could sink your teeth into just about everything?

Soroptimist International of Sacramento, Inc. (SIS) is giving you the chance with the 2nd annual Edible Gardens Tour. The tour will take visitors through six different edible gardens in East Sacramento.

Get growing

lived in East Sacramento for more than 30 years and chairs the Fund Development Committee and Edible Gardens Tour for SIS, said an edible garden is balanced landscape that combines edible plants, such as fruits and vegetables, with purely ornamental

your landscaping," she said.

For example, one of the gardens on this year's tour is the home garden of interior designer Amanda Fossum.

Fossum was inspired by the Edible Gardens Tour last year to not only do more leafy vegetables, wishing you with her garden, but also become part of the tour this

"I thought if we could show what we've done in just two years of owning our house, it would encourage other people to start their own gardens or even be on the tour themselves next year," Fossum said.

Fossum's garden includes a covered patio, fire pit and Susann Hadler, who has raised beds made from recycled cedar and redwood. It also extends from the backyard to the front.

For the second year of their garden, Fossum said she and her husband decided to "double down" and plant as much as they can. The garden's bounty includes four different fruit "You're incorporating plants trees, zucchini squash, wadifferent varieties of toma- English cottage garden."



All photos are taken from gardens on last year's tour.

toes, lettuce, herbs, peppers and cucumbers.

Hadler said the home it- strawberries and blueberself looks like an English ries. And then there's a Another garden on the tour cottage with gardens in more whimsical garden that this year will feature what both the front and back- features a two-story chickthat you can actually eat into termelon, cantaloupe, two Hadler called a "sustainable yards featuring sunflowers, en coop and raised beds artichokes, tomatoes, beans, for growing vegetables and

> Also on the tour for 2012 is the Science Alive garden at Theodore Judah Elementary School, which features edible gardens, native plant gardens and a butterfly pa-

"What they have done is amazing - they've really taken science out of the classroom and put it in what you could call a living laboratory," Hadler said. "They're excited about being one of the featured (gardens)."

Coming up green

Although edible gardens are the focus of this event, the main purpose is for SIS to raise money for its philanthropic endeavors. SIS is a service club for professional business women whose mission is to improve the lives of women and children.

Last year, Hadler said their first-ever Edible Gardens Tour saw about 600 attendees and raised almost \$10,000 for the Guardian Scholars Pro-

See Edible Gardens, page 11

## Edible Gardens Continued from page 10

gram at California State University Sac-

The program provides a campus-based program to support current and former foster youth successfully complete a college degree. The funds raised also went toward scholarships SIS gives out each year to high school and college students.

This year, funds raised through the Edible Garden's Tour will again go toward scholarships, as well as two main charities, Hadler

The first is the Children's Receiving Home Independent Living Program for Foster Youth, which Hadler said focuses on helping foster youth become independent members of the community once they become young adults.

"There are programs that they go through that guide them on such things as renting an apartment, how to go to the DMV to get your driver's license, and how to make sure you're getting the right cell phone contract," Hadler said.

The second charity is the Lilliput Children's Services Emergency Kinnect Pro-

Hadler said this program provides clothing, toys, formula and diapers to children to have been removed from a home due to an emergency situation until they can be placed in a stable environment.

Fossum said she is proud to be a part of this year's Edible Gardens Tour to help support SIS in its fundraising efforts for others, and she benefits as well.

"I'm considering opening my own small business right now, so in terms of having other women in the community as a support network, I think it's a great organization," she said.



What:

East Sacramento Edible Gardens Tour

When:

10 a.m. – 4 p.m., Saturday, Sept. 8

Where:

East Sacramento

Tickets:

\$20 in advance; \$25 day of www.ediblegardensac.org

More info:

(916) 709-6748; www.soroptimistsacramento.org

of the bugs



1729 42nd Street

Coming soon

1315 25th Street 103% of list price



In Contract

1321 40th Street

\$649.000

100% of list price



the stats

East Sac River Park Elmhurst

And the great news

just keeps rollin' in...

### Sales for first & second guarter 2012

171 homes sold highest sale **\$1,540,000** median sale **\$329,000** lowest sale **\$141,500** 

Homes sold for 97.74% of their List Price shows if a home is priced right, it sells! Now is a great time to buy and sell!

To find out the true value of your home or to find out about upcoming homes

### Call Janet Gatejen 916,420,8418

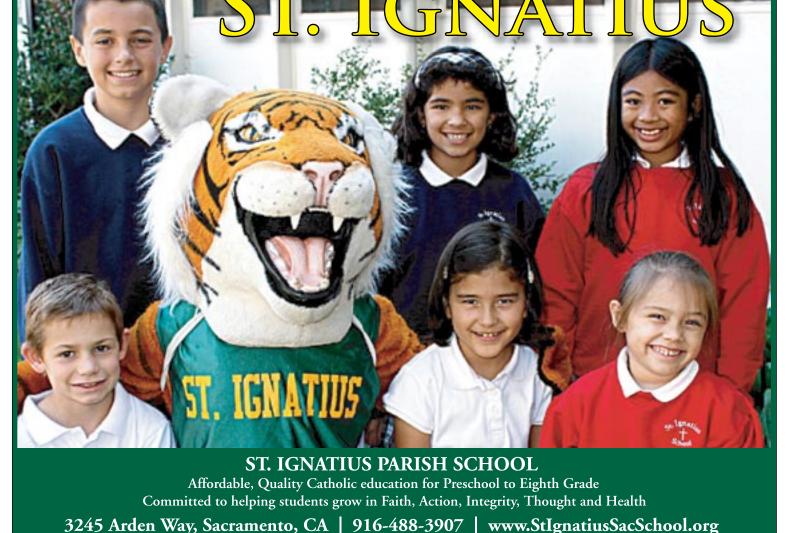
janet@urbanhoundproperties.com urbanhoundproperties.com







janet gatejen, broker 730 alhambra boulevard suite 100. sacramento, ca 95816 916.420.8418 dre#00895397



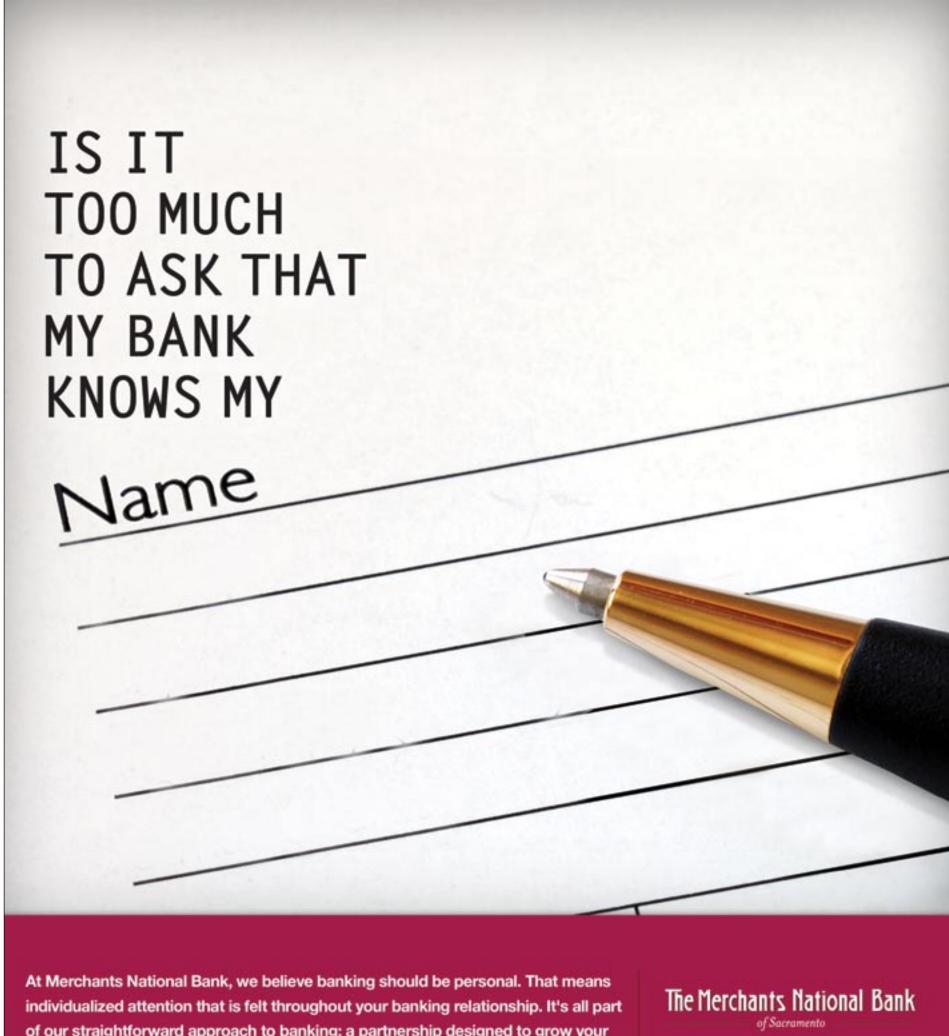
## My Yard Is River-Friendly Yours Can Be Too! Did you know... more than 90%

in your garden are not harmful?

Find out which bugs not to bug, visit riverfriendly.org

**10** East Sacramento News • August 16, 2012 • www.valcomnews.com Valley Community Newspapers, Inc. www.valcomnews.com • August 16, 2012 • East Sacramento News **11** Valley Community Newspapers, Inc





of our straightforward approach to banking: a partnership designed to grow your financial life - plus, no hidden fees and a rating as one of California's most secure banks1. When you experience the Merchants difference, it's clear why we've excelled at relationship banking since 1921.

**RELATIONSHIP BANKING SINCE 1921** 

merchantsnational.com • 916.442.3883

<sup>1</sup>Ratings according to Bauer Financial Reports, Veribanc and Institutional Risk Analytics.

Valley Community Newspapers, Inc.



## Are higher federal and California state taxes a concern?



Interested in learning more about ways to manage your portfolio's tax burden? Call or e-mail me for a no-obligation report on strategies designed to help you reduce the taxes you owe on your investments.



### Joseph F. Eschleman, CIMA<sup>®</sup>

Managing Director - Investment Officer 400 Capitol Mall • Wells Fargo Center Suite 1700 • Sacramento, CA 95814 916-491-6327 • 800-877-7783

joseph.f.eschleman@wfadvisors.com CA Insurance License #0C77273

www.josephfeschleman.com

Wells Fargo Advisors is not a legal or tax advisor. However, we will be glad to work with you, your accountant, tax advisor, or lawyer to

Investment and Insurance Products: • NOT FDIC Insured • NO Bank Guarantee • MAY Lose Value

Wells Fargo Advisors, LLC. Member SIPC, is a registered broker-dealer and a separate non-bank affiliate of Wells Fargo & Compan ©Wells Fargo Advisors, LLC. 0412-3352 [80631-v1] 09/09

Toview Joseph's website, simply scan the code with your smartphone.



## EAST SACRAMENTO BUSINESS

CALL PATTY TO HIGHLIGHT YOUR BUSINESS (916) 429-9901

EAST SACRAMENTO Chamber of Commerce SEPTEMBER LUNCHEON

Wednesday, Sept 12. Noon to 1:30 p.m.

(916) 452-8011 EastSacChamber@aol.com



Your Total Food Purchase ES of \$30 or More

\$10.00 OFF

Daily After 4pm, with this coupon.

5723 Folsom Boulevard (Dine in & Take Out) (916) 457-1936

Lunch: Tues.–Sat. 11 a.m.–4 p.m. Dinner: Tues.–Sat. 4–9 p.m.; Sun. 12–9 p.m. Closed Monday

## Your Favorite Neighborhood Restaurant

 $\Lambda$  local, warm bistro setting with flavors your palette will enjoy Memorable, enjoyable, affordable,

Our chefs have put together an exciting Pacific Northwest-inspired menu featuring fresh ingredients, considerate portions and colorful presentations.

3301 Folsom Boulevard Sacramento, CA 916-455-2233 Sun-Tu 8am-10pm. ri & Sat 8am-11pm



## KNOTT'S PHARMACY

455-3068

**Unique Gifts Hallmark Cards** 

**Prescription Delivery** Revion - Maybelline Dermablend

Diabetic & Home **Health Care Supplie** 4819 J St.



## **Hundreds of freshmen** converge on Sac State for life-changing camp

a lot more confidence and

**By ELIZABETH VALENTE**East Sacramento News writer
Elizabeth@valcomnews.com

sometimes-difficult tran- justice academy, so it re- lem-solving skills. sition from middle school ally applies to what I am with a mixture of wonder, doing in school." fear and trepidation.

of that fear, 16-year-old ship Program Summer yUp Sacramento Pro- als can help." Shia Streator, McClatchy Camp teaches kids how gram Director Talia This year Streator High School senior and to stand as leaders in Kaufman. "This year's taught her own track. night leadership camp.

Nearly 400 incoming 9th graders within the Sacramento City Unified School District converged upon Sacramento State for the Sacramento WayUp Youth Leadership Program Summer Camp, which was held July 31 to Aug. 2. The goal of the lead-

ership program was to build a bridge that dilutes freshmen fears and makes students more comfortable with the transition to high school, Streator said.

"When I came in as a freshman, I didn't have anybody really to teach me anything social wise," Streator said. "This three-day leadership program is designed to give the freshmen an essence of accomplishment and friendship during and after the camp. Because freshmen are usually alone the first couple of months, this summer program gives them an opportunity to know 300 freshmen who feel the same way as they do."

Streator says programs like WayUp have helped her build her own leadership skills.

"When I entered my junior year last year after participating in the camp, olution: Leadership i I did come out of it with Not an Option."

Students participate ing, incoming high school said. "I have just become cises to developing strafreshmen often face that captain of my criminal tegic-thinking and prob-"The three-day event

nurtures, guides and The Sacramento Wa- grows the next genera-

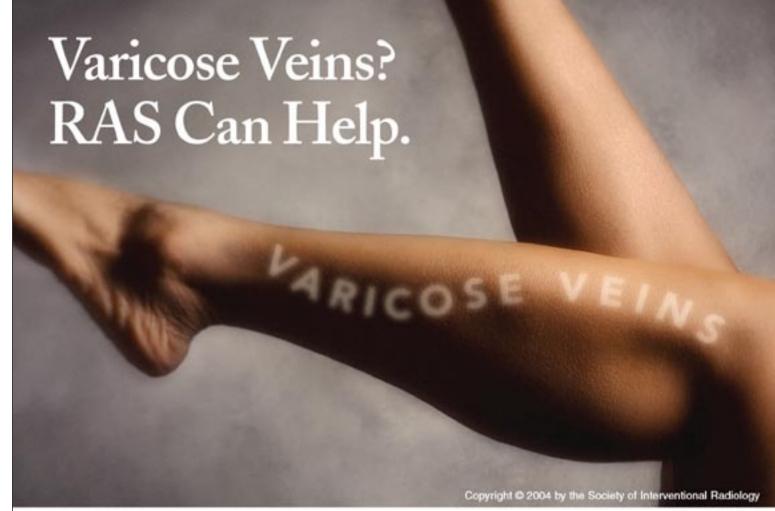
With the 2012-13 assurance of who I am in a variety of activities Nearly 400 incoming high school freshmen went on a scavenger hunt on the final school year fast approach- and what I can do," she from team-building exer- day of WayUp Youth Leadership Summer Camp at Sacramento State.

To help alleviate a little yUp Youth Leader- tion of leaders," said Wa- and how we as individu-

WayUp facilitator, vol- their schools, commu- tracks are specifically "I talked about life val- stand their own passion unteered her time during nities and within their 'change yourself, change ues and planning your the first few days in Au- own lives under the camp your community and own life future," she said. gust for a three-day/two- theme "Evolution 2 Rev- change your future.' It's "It's a way to help fresh-

teaching young teens to men discover their own assert themselves and passion and help them give them self-empower- carve what they want ment along with thinking their high school and colabout community change lege experience to be like. For example, if they want to pursue more art, mu-This year Streator sic, sports, academics, it will help them under-

See WayUp, page 20



Varicose veins cause not only pain but often a feeling of heaviness, fatigue and itching. RAS offers a full spectrum of minimally invasive varicose vein treatments including laser and radiofrequency ablation techniques. These advanced treatment options are done on an outpatient basis and typically allow an immediate return to normal activities.



**14** East Sacramento News • August 16, 2012 • www.valcomnews.com Valley Community Newspapers, Inc www.valcomnews.com • August 16, 2012 • East Sacramento News 15 Valley Community Newspapers, Inc.

## New St. Francis president has 'deep roots' in Sacramento

By CORRIE PELC ast Sacramento News writer corrie@valcomnews.com

Margo Reid Brown knows a few things about St. Francis High School.

She graduated from the school in 1981 after spending said. "And if what I have as time as junior class president, student body president and a member of the varsity tennis

Now Brown has decided to come back to St. Francis, but this time as president, taking over the reins from Marion Bishop, who retired earlier this year.

Brown, who was appointed president by Bishop Jai-

cially took over the position nity and ability to create an

"I'm honored to have the opportunity to be at St. Francis and help grow and contribute to that enriching environment that I so benefited from having been here," Brown far as gifts and talents that are bestowed upon me from God that I can share with the girls that are coming to St. Francis, I'm honored to be able to

### Call it a come back

When presented with the opportunity, Brown said as an alumnus she was drawn to become president of St. Franme Soto of the Diocese of cis to help the school contin-Sacramento on Feb. 1, offi- ue its growth in the commu- ing class," she said. "My older

INDEPENDENT LIVING WITH SERVICES

in the Heart of Land Park

'academically excellent environment" for the girls that at-

"Just seeing the contribution that graduates from St. Francis make to the community in Sacramento made me want to come back here and help lead St. Francis through the next growth opportunity," she said.

Brown said the obvious change to the school she noticed from the time she was last on campus was its physical plan, which has grown to accommodate a growth in the number of students.

"When I was here, we had about 575 students and there were 125 in my graduat-



Photo courtesy of St. Francis High School

Francis and when she started as a freshman, there were 300 in her class and I think there's Born and raised still about 275. The size of the school has grown tremendously – we built a brand new gym, there's a fine arts center and theater, and the athletic fields have changed."

However, Brown says the 1985. spirit of St. Francis and opportunities students have "to grow and to blossom in an enriching environment" hasn't changed.

"That has been the hallmark of what St. Francis does for the young women in this environment for more than 70

FREELANCE WRITERS!

Do you have a passion for

community journalism?

Please send resume, cover letter

and writing samples to

editor@valcomnews.com

Valley Community

Newspapers is seeking

freelance journalists to

join its editorial team.

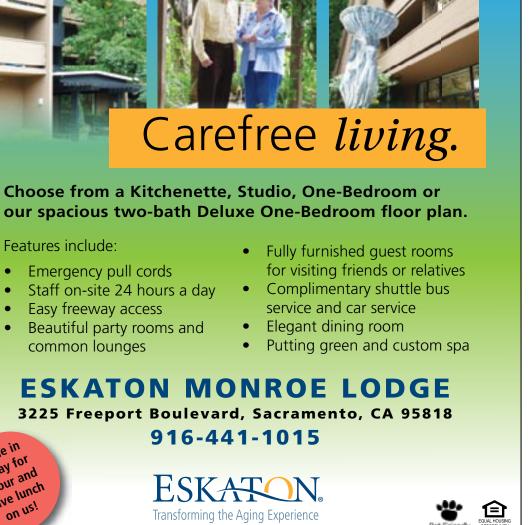
daughter is a senior here at St. years - that's what's exciting to come back to," she said.

Brown was born and raised in Sacramento. After graduating from St. Francis, she left the area to attend the University of Southern California, from which she graduated in

She then moved to the east coast to work in Washington, D.C. for five years, after which she moved back to California.

Brown's past work experience includes a number of

See St. Francis, page 17



Transforming the Aging Experience

866-ESKATON | www.eskaton.org

## **St. Francis:** Honored to have the opportunity

both professional and volunteer positions with nonprofits.

She was appointed by both the Wilson and Schwarzenegger administrations to serve in the Governors' Capitol Office staff, and subsequently as Agency Executive leading the Administration's initiatives on Waste Diversion & Recycling programs.

She was also director of the Department of Resources Recycling and Recovery (CalRecycle).

"My background is leading mission-based organizations, fundraising, community involvement, and that's really the role of the president,

Now Brown calls East Sacramento home and lives with her husband and two daughters, both of whom attend St. Francis.

Her sister and brother are also currently raising families in East Sacramento as well, and Brown says she has a few nieces in the area that will be attending St. Francis in a few years.

Brown is also very active in the community outside of her school. A past president of the Junior League of Sacramento, she currently sits on the Board of Directors for Keep Califor-

nia Beautiful and the California Product Stewardship Council.

What has been taking up most of Brown's free time, however, is her involvement with Team in Training. She and her daughter, Carolina, are in training for the Disneyland Half Marathon over Labor Day weekend. The marathon will help raise funds for the Leukemia and Lymphoma Society.

"There have been members of our community who have been diagnosed with blood cancers and we're running in honor of several of the people we know," she said.

### Moving forward

Now as president of St. Francis, Brown says her experience at various nonprofits and government agencies have given her the skills to make her a good fit for this position.

As president, Brown says her role is to provide fiscal oversight for the school, including budgeting, finance and facilities management, as well as business aspects such as admissions and marketing. She is also responsible for the spiritual ministry on campus.

plans for growth and improve- dreams."

Photo courtesy of St. Francis High Scho

(From left) Former St. Francis High School Chaplain Father Joe Ternullo, past president Marion Bishop, current president Margo Brown and new St. Francis High School Chaplain Father Giovanni Gamas.

ment at the school as it continues to grow in student enroll-1,100 right now.

"We have some capitol improve- world. ments that we're looking at that we're going to be developing over the next decade or so," she said. "We're looking at technology in the classroom, we're looking at how we're preparing girls Brown is already looking at to be admitted to the college of their the community has for the potential

And Brown says she is hoping to help St. Francis continue to grow and ment, which Brown says is at continue to be a "vibrant community" of girls that goes on and changes the

"The opportunity to be a part of that and help grow St. Francis over the next decade is truly a gift and I'm so much looking forward to the opportunity of really rising to the expectations that of the girls here," she said.

### Call a sales representative today for great advertising rates: 429-9901

### COMPUTERS

### GOT COMPUTER PROBLEMS?

Pocket Computer Technician. I do on-site visits in the Pocket area. \$45/hr. Outside the Pocket area, travel charge will apply. Problem no fixed? No pay! Free estimates/consultation

### HANDYMAN

### **SUMMER CLEAN-UP**

Rain Gutter cleaning— Concrete removal (Patio, driveways, borders, etc.) Rain gutter cleaning, pressure washing/power spray, hauling, yard work, painting, tree & shrub removal, clean-up, fence repairs, light tree trimming, & more. Ref avail. Call Les at 838-1247. **Specials** 



### HANDYMAN SERVICES

No job too small. Make your "to-do" list and give me a call. Electrical, Plumbing, Tile, Sheetrock, Plaster, Stucco, Repairs and Remodeling, you name it! Lic# 908942. Call Steven at 230-2114.

### HARWOOD FLOORING

### HARDWOOD FLOORING Install, sand & finish hardwood flooring. Or

repair and refurbish your existing flooring. Call Mike at (916) 383-8742. References avail-able/Lic#544159

### FREELANC E WRITERS WANTED

Seeking freelance reporters for local com-munity newspaper group. Ability to take photos a plus. Please send resume, cover letter and three writing samples to editor@

Classified ads work

### PET PORTRAITS

### ORIGINAL PET PORTRAITS

Original Pet Portraiture. Realistic paintings of beloved pets. Perfect gift for animal-lovers! Reason-able prices. Submit photograph-turn around 7-10 days. Email melissa@melissaandrews.com or call

### 147-4441. See www.MelissaAndrews.com TAXI SERVICE/WHEELCHAIR ASST.

## TAXI SERVICE/WHEELCHAIR ASSISTANCE

Available wheelchair taxi van, 5 passenger capacity. Without wheelchair 6 passenger. \$3 per mile. Trips 15 miles and over only \$2 per mile. Can also help push your wheelchair to run errands. Permit & liability insurance. (916) 505-7952.



### VINTAGE FURNITURE

Old stuff lying around that you don't need? We'll buy it! Wish to buy 1950's and 60's furniture, Atomic, Retro, Mid-Century Modern, Danish modern, Scandinavian, or vintage office/industrial. Email

### TAX PREPARER

### 1 TAX PREPARER

29 yrs. exp. We specialize in Business Tax returns including Corp & Partnerships. We prepare expertly all past tax returns including al State returns. Get the most deductions allowed to you by law. CTEC Registered & Bonded lease call for yr appt. today. Irene Senst (916 640-3820, Nevada (775) 410-3422. Same lov 1990 rates. www.taxirene.info

### 29 yrs. exp. in industries like Auto, Mechanics, Restaurants, Caterers, Massage, Doctors, Chiropractors, Non-Profit, Retail, Martial Arts, Barber, Construction, Wholesale, Investmen Clubs, Corp, Partnerships, Sm Business. We are experts in General Ledger, Payroll, Profit & Loss & Quarterlies. Call for yr specialized ppt. Same low 1990 rates. Ask for Irene Sensi 916) 640-3820, Nevada (775) 410-3422 www.taxirene.info

**BOOKKEEPING** 

Sell your furniture in the classifieds

call Melissa at 429-9901



Owner Dan Sovereign is a third generation painter with over 30 years of complete painting and waterproofing experience. He specializes in custom house painting and protecting his customers' investments

puts a premium on providing consistent quality and true customer service. We offer a range of professional residential and commercial painting products and services for our valued clients. Our extensive experience, consistent quality, unmatched custome service and local focus make us a local leader. Simply put, we treat our customers like family.

Spotlight If you're looking for a timely and reliable residential and commercial painting service who really cares and takes pride in their work, that's precisely what you'll get. We offer: Reliable: Year-round schedules, EPA Lead-Safe Firm - Certification #NAT-113264-1, Specialized: We take on what is important to you, Locally Owned: ...and proud of it!

Contact us today for a no-obligation consultation.

### **SOVEREIGN PAINTING**

Quality craftsmanship 3rd Generation Painte with over 30-years experience

> (916) 422-4416 sovereignpaintingco.com sovereignpaint@yahoo.com

**Dan Sovereign,** Interior & Exterior Painting Lic.# 484215

Retter Rusiness Rureau Memb

**16** East Sacramento News • August 16, 2012 • www.valcomnews.com www.valcomnews.com • August 16, 2012 • East Sacramento News 17 Valley Community Newspapers, Inc. Valley Community Newspapers, Inc

## **Your Home Improvement Guide**

Call a sales representative today for great advertising rates: 429-9901



YOUR AD SHOULD BE HERE!

Call today!

Your services are needed. Your ad should be here Ad design is free.

Call Melissa at 429-9901

### ADDITION SPECIALIST



Award-Winning Design/Build Firm Serving Sacramento for more than 25 year

Kitchens

**Prime Quality** 

Certified Kitchen & Bath Remodele

www.lytleconstruction.com

**CLEANING** 

•WINDOW CLEANING (inside/out/screens washed)

•Pressure Washing (house ext/walkways/all concrete area

**REE Consultation** 916-422-6639

PROFESSIONAL Free Estimates Licensed & Insure

### Johnny on the Spot

**Complete Carpet and Upholstery Care** 

'Our cleaning is the most thorough you have ever had, or we will clean it again free. If you are still not pleased, we will refund your money." Stain Removal Experts

Carpet Repairs & Restretching

Call (916) 997-7895

### CLEANING

### The Cleaning Brothers

"We Treat Your Home Like It's Our Own" Commercial & Residential Services: Free Estimates! Call Now! (916) 402-8390

www.TheCleaningBrothersCo.com

### CREATURE CATCHERS/REMOVAL

Creature Catchers Wildlife Management

Humane and non-toxic solutions for both animals & man Dead Animal Location/Removal • Exclusion Work Live Trapping • Humane Removal • Repair Skunks · Fox · Raccoon · Opossum · Squirrels Mice/Rats • Birds/Bats (bat elimination)

CreatureCatchers.org 530 885-PEST(7378)



• Hard Water Stain Removal Call Jesse (916) 417-4231

### ELECTRICAL YOUR AD SHOULD BE HERE!

### **Sunshine Electrical**

• Rain Gutter Cleaning

**Residential Specialist Security Lighting** Upgrades/Remodels/Repairs **Spa Electrical** FREE Estimates/Small jobs OK

(916)752-5308 Ca License # 633853 (Liability Insur

GLAZIER/GLASS WORK

TOUCH OF GLASS

**REPAIR & INSTALLATION** 

ace broken windows, etc

916,456,2420

vww.touchofglass916.com Glazier Lic# 812600 • Over 20 years!

er doors, mirrors, patio door

We'll beat any price! ommercial & Residential

Call today! Your services are needed. Your ad should be here. Ad design is free.

Call 429-9901

HANDYMAN

**FREEDOM** 

HANDYMAN SERVICES

Carpentry – Electrical

**Sprinklers – Plumbing** 

**Drains & Mainline** 

NO JOB TOO SMALL!

Call Eric (916) 470-3488

ality work the first time, Guaran

ialize in all areas of Home Imp

### ELECTRICAL CONTRACTOR

**CAPITOL ELECTRIC** Reasonable Residential & Commercial Work since 1960 Repairs, Trouble Shooting Custom Lighting/FREE Est. Excellent ref from Angie's Lis

(916) 451-2300 Cell: 213-3740

# Bob Grove (916) 425-743

Gateway-Fence.com ob@gateway-fence.com

Call LESTER

(916) 838-1247

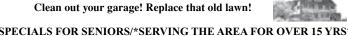
### **HANDYMAN** YOUR AD SHOULD BE HERE!

### **SUMMER CLEAN-UP SPECIALS!**

RAIN GUTTER CLEANING ROTOTILLING/& SOD PLACEMENT

CONCRETE REMOVAL HAULING/SPRINKLER REPAIR

Pressure wash your driveways clean! your decks, too



### Call today!

**Your services** are needed. Your ad should be here. Ad design is free.

Call 429-9901

## Your Home Improvement Guide

Call a sales representative today for great advertising rates: 429-9901

## **Home Improvement Guide: a "Keeper" by our readers**



**Great exposure in these four upscale neighborhoods:** Arden-Carmichael, East Sacramento, Land Park & Pocket/Greenhaven.

**Contact Melissa at 916-429-9901** 

General Handlwork

Electrical & Carpentry

### YOUR AD SHOULD BE HERE!

Call today! **Your services** are needed. Your ad should be here Ad design is free.

Call 429-9901

### Cell: 832.2898 www.DynamoDaves.com YOUR AD SHOULD BE HERE!

Call today! **Your services** are needed. Your ad should be here

Call 429-9901

Ad design is free.

PAINTING

SOVEREIGN PAINTING

Quality craftsmanship 3rd Generation Painter

with over 30-years experience

(916) 422-4416

sovereignpaintingco.com sovereignpaint@yahoo.com

Dan Sovereign, Interior & Exterior Paintin

Better Business Bureau Memb

**PLUMBING** 

**ROONEY'S** 

**PLUMBING** 

FULL SERVICE PLUMBING

456-7777

rooneysplumbing.com

### LAWN CARE

Tel: 489.2739 Dynamodave@att.net

### **Go-Getters Lawn Care Complete Maintenance Service**

HANDYMAN

Dynamo Dave's Light Plumbing.

Your Personal Handyman • Over 26 years of satisfied customers

Mowing & Trimming • Property Clean-up Leaf removal & mulching • Senior discount

Call 24 hours a day!

888-398-8253 GoGettersLawnService.com Services \$25 and up Lic#1011666

**PAINTING** 

## **COOK PAINTING**

Full Service Company - Start to Finish • Custom Painting • Super clean, neat & fast

ZIMMERMAN

REROOFING

3675 R Street

Sacramento, California 95816

East Sac Specialists

454-3667

Specializing in custom trim & moulding! (916) 591-5056



roofing & repairs Dry rot repairs • Senior discount

(916) 731-7073

HARDWOOD FLOORING

Hardwood Flooring Specializing in installing, sanding, and finishing hardwood flooring or repair and refurbish your current floors.

Call Michael – (916) 383-8742

Lic # 544159/References Available

### YOUR AD SHOULD BE HERE!

**GARY'S PAINTING** CUSTOM RESIDENTIAL INTERIOR & EXTERIOR OVER 20

EXCELLENT REFERENCES 725-8781

YEARS EXPERIENCE WITH PRIDE

Contractors Lic. # 734323 McClatchy '67

Call today! Your services

are needed. Your ad should be here Ad design is free.

Call 429-9901

### PLUMBING

## MIDTOWN Licensed PLUMBING Plumbing Contractor Since 1973

Reasonable Residential Work • Repairs • Re-Pipes Sewers • Water Heaters • Drains • Disposals Etc.

916-393-2109 Cell 275-8236

### DON'S TREE rimming, thinning, shaping & stump remove

Family Owned & Operated since 1967 #1 in customer satisfaction (916) 428-4882 (916) 689-5244

www.donandsontreeservice.com Lic# 331196

## Your services are needed!

YOUR AD SHOULD BE HERE!

Call today!

Your services

are needed.

Your ad should be here.

Ad design is free.

Call 429-9901

Call (916) 429-9901 and reserve your space on the East Sacramento News Home Improvement page

### Terra Bella Tree Service "Not your typical mow, blow & go company!"

TREE SERVICE

• Tree Trimming

• Stump Grinding

• Tree Removal • 20 years experience!

Call Randy (916) 454-3430 or 802-9897 www.terrabellagarden.com · Lic# 974388

**18** East Sacramento News • August 16, 2012 • www.valcomnews.com Valley Community Newspapers, Inc. www.valcomnews.com • August 16, 2012 • East Sacramento News 19 Valley Community Newspapers, Inc

## **East Sac Give Back**

ing community gardening in East Sacramento.

"There's no community mento and there's a cou- another summer. ple of them in Oak Park," people in Oak Park about ed and how we might be ing," he said. able to get one put in

And East Sac Give Back Forging ahead is also looking at what can be done to keep communigardening in East Sacra- ty swimming pools open for

"A lot of people have re-Saeltzer said. "We've been ally felt happy this summer talking with some of the that the pools were able to stay open and some of them how they got theirs start- still need help with fund-

Saeltzer said he would also like to see East Sac Additionally, the organi- Give back do some events zation is looking into put- that would bring in mem-Give back do some events ting a circuit training course bers of other communities, in a neighborhood park in such as Del Paso Heights, memory of Dr. David Kilm- Oak Park or West Sacraer, who Saeltzer says passed mento, "so that people can away a few years go and was start getting to know each very physical fitness orient- other beyond just their neighborhood boundaries

As East Sac Give Back marches forward, Saeltzer hopes to bring on more members to his group to get more input on what the organization should be doing.

He gets many of these from his Facebook page, which was set up May 5 and currently has 98 followers, and Facebook Group, which has 201 members.

Saeltzer says the convenience and ease of connecting with individuals and communities is what made him launch East Sac Give Back on

"It's been a great platform for me," he said. "It's been fairly easy to operate, it's been free and it's been very transparent, which I think helps a lot. It was the easiest, quickest way to get the word out."

Saeltzer said the most important thing for him is to focus on things that bring people and communities together.

"I want (East Sac Give Back) to be continually growing and continually networking with other individuals, businesses and even other nonprofits to find out how we can do things to help out communities," he said.

For more information on East Sac Give Back, visit www.eastsacgiveback.org or follow them on Facebook at www.facebook.com/East-SacGiveBack. To make a donation, visit www.go-fundme.com/EAST-SAC-GIVE-BACK.



works with some of his students during a scavenger hunt on the final day of

WayUp
Continued from page 15

and encourage them to go

WayUp Youth Leadership Summer Camp at Sacramento State.

Sacramento City Unified School District Superintendent Jonathan Raymond said programs like these are more vital than ever, especially given of the city's limited resources.

"Our goal is to give kids ... rich summer learning experiences so that all of our students return to school is September ready for the new school year," Raymond said.

Years of state budget cuts have forced the school district to reduce traditional summer school program

school programs that students enjoyed in the past," he said. "But we are enriching the lives of thousands of kids this summer with our Summer Matters programming."

In one year, the WayUp camp has gone from mentoring 40 kids to nearly 400 this

"When this initiative started a year ago, we never imagined it would grow so fast," Raymond said. "The rapid expansion of this program is a testament to the kids and everyone involved who has worked tirelessly to give our youth the tools they need in order to become the next generation of great leaders of this community."

WayUp Sacramento is funded primarily through grants received from the California Endowment, as well as through contributions from numerous businesses and community-based organizations throughout Sacra-

Raymond said. ing, learning, growing, smiling and laughing together is truly inspiring," Kaufman school programs that "To see these kids interact-

> For information about next year's WayUp Youth Leadership Summer Camp, visit www. wayupsacramento.org.

## VCN Mini-Marketplace



List your gently used articles for sale! Put those unused articles to work and help someone else out at the same time!

This box will appear in

**ALL FOUR PAPERS** 

(2 issues each) for ONE

MONTH for ONE PRICE!

No bells and whistles - just a list and a contact phone number.

Tools, furniture, kids toys and games, auto parts, musical appliances, clothing, electronics, bicycles, collectibles, goods, books, miscellaneous household items

Phone #

Black and white box ad

To place your ad call (916) 429-9901

melissa@ValComNews.com

## - EVENT LISTING SECTION -

Advertise your craft fairs, holiday bazaars, school fundraises, church events, etc. in your Community Newspapers. Call (916) 429-9901 for rates.

**CALL AND PLACE** YOUR EVENT **TODAY!** (916) 429-9901



### FREE LUNCHEON SEMINAR "The Privilege of Planning"

Wednesday, August 29 - 11:30 a.m. to 12:30 p.m. Tuesday, September 18 – 6:30 to 7:30 p.m. Seating is limited to 30 attendees per seminar St. Francis Community Hall

6700 Verner Avenue, Sacramento, CA 95841 (1-80 @ Greenback) uired RSVP to Lisa West @ (916) 732-2020

St. Josephs Catholic Church in Clarksburg is holding its Annual 'Craft Faire," "Chili Cookoff," & "White Elephant Sale" on Sat. & Sun, October 6 & 7. We are looking for Homemade Arts & Crafts. If are interested in participating, call Joan Kleist @ (916) 392-9946 or for more info &

display table reservations.

CRAFTERS NEEDED

CALL AND **PLACE** YOUR EVENT **TODAY!** (916) 429-9901



Faces and Places:

## **East Sacramento National Night Out**

Tuesday, Aug. 7

Photos courtesy of East Sacramento Preservation

On a hot and sticky evening, East Sacramento Preservation threw a party to celebrate National Night Out on 43rd street between H and J streets.

More than 50 neighbors came to the three-hour event to meet friends, strengthen neighborhood bonds and mingle with public servants and police.

Notable attendees included 1st District Supervisor Phil Serna, Sacramento Chief of Police Rick Braziel, Sacramento City Councilman Steve Cohn and City Manager John F. Shirey.

During the event, \$250 was donated to help rebuild McKinley Playground, one-third of which burned down on July 27.

East Sacramento Preservation works to preserve safe neighborhoods that are bicycle-friendly, walkable and tree-lined. The organization's website is an aggregator of East Sacramento information.









## RESPITE IN ALZHEIMER'S CARE

Presented by: William J. Au, MD
Sutter Neuroscience Medical Group • Director of Adult Neurology
Sutter Neuroscience Institute & Primrose Consultant

**Tuesday, August 21, 2012 at 2:00pm** Questions always surface as to when is the right time for out-of-home placement or to get in-home help. There is no generic answer and Dr. Au will share with you his views on this subject based on years of observation and experience.

\*Refreshments & Appetizers will be provided.\* Please RSVP by August 17, 2012. You can contact us for more info @ (916) 392-3510

\*Primrose Living With Memory Loss

7707 Rush River Drive Sacramento, CA 95831

LIC 347001338; 347001342



### Do you have a story? Tell it to us. Call Toby Lewis at 916-429-9901



## CALENDAR

www.valcomnews.com

Send your event announcement for consideration to: editor@valcomnews.com at least two weeks prior to publication.

### 'The Fox on the Fairway'

Aug. 17-Sept. 23: Screwball comedy about love, life and man's eternal love affair with... golf. \$19-\$21. Chautauqua Playhouse, 5325 Engle Rd., Carmichael (916) 489-7529 www.cplayhouse.org

### **Bi-Polar Anonymous**

Aug. 17, 24, 31: Free 12-step program/ support group, for people who have Bi-Polar and those who love them. Meets every Friday, 7-8:30 p.m. 4300 Auburn Blvd., Roon 106. (916) 889-5786.

Turtlerama Aug. 18: Sacramento Turtle & Tortoise Club presents a "Turtlerama." Live turtles and tortoises, adoption information, lectures, educational displays. Free. 11 a.m.- 4 p.m., Belle Cooledge Library, 5600 South Land Park Dr. (916) 421-1134

### Fire Station 13 open house

Aug. 18: Come visit Fire Station 13 at 1100 43rd Ave., Sac. Free. 2 p.m. - 5 p.m. Presen tations at 3 p.m. (916) 808-1347

### **Rotary Clubs of Arden-Arcade**, Carmichael

Aug. 21: Guest speakers address local, regional and international topics. Visitors welcome, every Tuesday. Arden-Arcade meets at noon, Jackson Catering and Events, 1120 Fulton Ave. (916) 925-2787. Carmichael meets at 6 p.m., Palm Street Pub & Grill, 6416 Fair Oaks Blvd. www.rotary.org.

### **East Sac Rotary**

Aug. 22: Meets at noon, Evan's Kitchen, 855 57th St. Sacramento. www.eastsacrotary.com

### Free Dental Clinic

Aug. 24-25: The Calif Dental Assoc Foundation will offer a free dental clinic at Cal Expo, 1600 Esposition Blvd, beginning 5:30 a.m. Volunteers are needed. Services are free of charge and include cleanings, fillings and extractions. Open to all who do not have dental insurance. First-come, first-serve basis. More info at http://cdafoundation.org/

## **EAST LAWN** PET LOSS CENTER

The loss of a pet can be devastating. Our goal is to help ease the pain while providing you with choices for memorializing your pet.

### **LEAVE A MEMORY ABOUT YOUR BELOVED PET**

- 24 Hour Pick-Up Service
- Burials and Cremations

networking in the

Greenhaven/Pocket area.



6700 Verner Ave., Sacramento 95841 916-732-2037 • www.eastlawnpets.com

### Give/Volunteer/CDACaresFreeDentalClinics.aspx or call 1-888-959-1331.

### Gem and jewel show

Aug. 24-25: Rings, pearls, pendants, bracelets, vintage and more. American Cancer Society. Friday: 10 a.m. to 6 p.m.; Saturday: 10 a.m. to 5 p.m. 2744 Marconi Ave. Sacramento. (916) 484-0227.

### Race for the Arts 5K

Aug. 25: The Sacramento Children's Chorus presents Race for the Arts 5K walk/run at 8:30 a.m. in William Land Park. Registration opens at 7 a.m. Live music, interactive booths. post race refreshments, www.raceforthearts.com

### Beach Bash

Aug. 25: Come, all who are thirsty, come to the waters (Isaiah 55:1). Waterslides, games, Slip-n-Slides, crafts, kiddy pools, food, activities, door prizes. Free community event. 10 a.m. to 2 p.m. Riverside Wesleyan Church, 6449 Riverside Blvd. (916) 391-9845 www.rwcsac.org.

### Fire Station 15 open house

Aug. 25: Come visit Fire Station 15 at 1591 Newborough Dr., Sac. Free. 2 p.m. - 5 p.m. Presentations at 3 p.m. (916) 808-1347

### Mend-A-Thon

Aug. 25: The Capitol Ballet Company Costume Committee presents a Mend-A-Thon fundraiser from 2:30 - 4:30 p.m. Bring your clothes that need mending, as volunteers will repair them on a donation basis while you wait. Volunteers will repair items such as loose buttons, small tears and simple hems. Bring buttons if you have them. The event will take place at the Arcade Library Community Room, 2443 Marconi Ave.

### **East Sac Rotary**

Aug. 29: Meets at 6 p.m., Evan's Kitchen, 855 57th St. Sacramento. www.eastsacrotary.com.

### SEPTEMBER

### **Land Park Volunteer Corps**

Sept. 1: Got work gloves and a "let's get down o business" attitude? Then the Land Park Volunteer Corps is for you! Come join memprove and beautify lovely William Land Park. First Saturday of every month, March – Nov. Free. 8 a.m. meet behind Fairytale Town, 8:25 a.m.-11 a.m., work on projects as assigned. Light breakfast, lunch provided by local businesses. (916) 718-3030 ckpinsacto@aol.com

Referrals Plus is a women's networking group that helps women in business with connections, resources, promotions, and ideas. We meet the 2nd Wednesday of the month at 12pm for lunch and

Serving Sacramento since 1999

"Women helping each other helps our business grow"

www.referralsplus.org

### VISITOR DAY LUNCHEON

for business women

Wednesday, September 12th at 12:00 PM

Greenhaven / Pocket RSVP deadline September 7th reservation required no walk-ins please

contact Shirley at (916) 524-2828 or visit www.referralsplus.org

### Pancake Breakfast

Sept. 1: Two light, delicious, warm pancakes, a tasty patty of sausage, Log Cabin syrup, tea and coffee, all for only \$3/person 8:30 a.m.-10 a.m. Every First Saturday of the Month. Benefits the Wednesday Club. Mission Oaks Community Center, 4701 Gibbons Dr., Carmichael

### POWERtalk International

Sept. 1, 4: Want to improve your public speaking and presentation skills? POW-ERtalk International, a nonprofit public speaking organization, provides coaching in leadership skills, sales presentation interviewing, confidence building and more. Meets First Tuesdays of the month 10 a.m.-1 p.m. and First Saturdays of the Month 12 noon-3 p.m. Aviators Restaurant, 6151 Freeport Blvd., Sac. Liz Richardson (916) 208-9163, erichardson1202@yahoo.com www.powertalkinternational.com

### Free day of yoga

Sept. 3: Sacramento yoga teachers are hosting Sacramento Free Day of Yoga on Labor Day. Free yoga classes will be offered at various yoga studios and other locations throughout Sacramento. Anvone who is curious about yoga or wants to studio-hop to different styles or teachers can do so for free. For a schedule of free classes visit www.SacramentoFreeDavo-

fYoga.com or call (916) 501-4692.

### **East Sac Rotary**

Sept. 5: Meets at noon, Evan's Kitchen, 855 57th St. Sacramento. www.eastsacrotary.com.

### **Bi-Polar Anonymous**

Sept. 7: Free 12-step program/support group, for people who have Bi-Polar and those who love them. Meets every Friday, 7 8:30 p.m. 4300 Auburn Blvd., Room 106. (916) 889-5786.

R Staffing & Home Care

Insured and bonded caregivers

. Hourly and 24/7 affordable care

. Safety monitoring and companionship

. Will work with your doctor and insurance

. Family and nurse-owned local company

. Home health nursing and physical therapy

. Disease and wound management

· Medication reminders

Gelebrating 20 years of experience!

### Volunteer in the garden

Sept. 8: Jensen Garden, located at 8520 Fair Oaks Blvd. in Carmichael, is holding a volunteer garden work day from 9 a.m. to 1 p.m. Bring work gloves, hand pruners, lunch and a drink and join with other volunteers to keep the garden beautiful all year. All skill levels are needed. Tracy Kerth (916) 485-5322 ext. 23 or email tracy@carmichaelpark.com.

### Fire Station 19 open house

Sept. 8: Come visit Fire Station 19 at 1700 Challenge Way, Sac. Free. 2 p.m. - 5 p.m. Presentations at 3 p.m. (916) 808-1347

### Volkssport walking

Sept. 8: Come join the Sacramento Walking Sticks Volkssport Club! Monthly meetings held every second Thursday at 7 p.m. SMUD Headquarters Bldg., Conference Center, 6201 S St., Sac. Those who wish to walk before the meeting, meet at Starbucks, 1420 65t St., Sac. At 5 p.m. to walk a 3-mile walk to CSUS campus & back. Barbara Nuss (916) 283-4650 or (916) 691-7618 or nussb@surewest.net. Also www.SacramentoWalkingSticks.org

Literacy Little League Sept. 11: Come join the 17th year of a sucsful tutoring program that lets you get to know a third grade student in need of help with reading comprehension. 2:30 p.m., St. Marks United Methodist Church, 2391 St. Marks Way, upstairs in the Fireside Room. Tutoring will start in late September. Contact Dorothy Marshall, (916) 488-2578; dorothym@csus.edu.

### **Crochet Guild**

Sept. 12: Crocheters of all levels of ability and all ages are invited to join the Sacrame to Crochet Guild. Learn new crochet techniques, exhibit at State Fair, do charity work

Mentoring program. Show and tell. Mini Fire Station 57 open house classes. Library and newsletter available. Club member of the Crochet Guild of America. Meets the second Wednesday of the month

ing lot. Church of the Cross, 45th & H sts.,

Sept. 12: Referrals Plus, a women's net

working group, helps women in busi-

ness with connections, resources, promo

tions and ideas. We meet the 2nd Wed.

of every month. 12:15 p.m. for meeting/

luncheon in Greenhaven area. RSVP re-

57th St. Sacramento. www.eastsacrotary.com.

Sept. 13: Enjoy rewarding community ser

vice as a volunteer with the Los Ninos Ser

vice League. Members work in the dining

room, kitchen or garden at the Casa Gar-

den Restaurant in Curtis Park. Recruitment

begins at 9:30 a.m., at 2760 Sutterville Rd.

**Carmichael Geranium Society** 

Carmichael Geranium Society, Guests wel-

Sept. 14: Come to the monthly meeting of the

come. Meets every Second Friday of the month

10 a.m.-12 noon. No mtg. in Aug. Carmichael

quired, www.referralsplus.org

**Volunteer recruitment** 

RSVP at (916) 452-2809.

(916) 889-5786.

Need help

with a

loved one

at home?

screened, compassionate caregivers.

www.RxNursing.com | 916.485.8200

about receiving the care you really need.

**East Sac Rotary** 

Sac. Karolyn (916) 457-4044

**Referrals Plus** 

Sept. 15: Come visit Fire Station 57 at 7927 East Parkway, Sac. Free. 2 p.m. – 5 p.m. Presentations at 3 p.m. (916) 808-1347 at 6:30 p.m. Seniors: \$6/yr. Enter from park-

### Community concert: Sept. 16: The Sacramento Comm

cert Association (SCCA) is kicking off its 59th season with Boston Brass, known for burning jazz standards, exciting classical arrangements and works from the band's original repertoire. 3 p.m., Crest Theater, 1013 K St., Sacramento. Doors open one hour before curtain time. Open seating only Subscriptions are \$90 adults, \$45 students, \$80 groups of 12 or more. Single shows are \$25. For tickets, visit www.sacra ncerts.com or call (916) 974-1357.

### East Sac Rotary

Sept. 19: Meets at noon, Evan's Kitchen, 855 57th St. Sacramento. www.eastsacrotary.com.

### **Bi-Polar Anonymous**

Sept. 21: Free 12-step program/support group for people who have Bi-Polar and those who love them. Meets every Friday, 7-8:30 p.m. 4300 Auburn Blvd., Room 106, (916) 889-5786.

### Pancake breakfast

Sept. 22: The Fair Oaks Host Lions Club will kick of the Carmichael Founder's Day celebration with a pancake breakfast from 8-11:30 a.m. at Carmichael Park Clubhouse, 5750 Grant Ave. (916) 765-8611 or johnfboss@comcast.net.





3:00 PM 1:00 PM 7:00 PM 5:00 PM

Thu. Fri. Sat. Sun.

Buy tickets at Ringling.com, ticketmaster\* Retail Locations, Arena Box Offices or call 1-800-745-3000

Sacramento Recular Ticket Prices \$52 Circus Colebrity

Stockton Regular Ticket Prices; \$15 • \$18 • \$23 • \$38 VIP • \$60 Front Row 290 Circus Celebrity

**22** East Sacramento News • August 16, 2012 • www.valcomnews.com www.valcomnews.com • August 16, 2012 • East Sacramento News 23 Valley Community Newspapers, Inc. Valley Community Newspapers, Inc



### **CONVENIENTLY LOCATED**

Great 3 bedroom home in the heart of East Sacramento. Refinished hardwood floors, large yard - great value. Living room fireplace, central heat and air conditioning. 2-car garage. 1268 square feet. Ready for your finishing touches! Walking distance to Sellands, Starbucks, and other great places. \$292,500

### **TIM COLLOM 247-8048**



### **RIVER PARK**

This fantastic River Park 3 bedroom 2 bath home has been completely remodeled for your enjoyment. The seller has spared no expense with a newer roof, remodeled kitchen, completely landscaped front and back, insulation, dual pane windows and a very large laundry room. Freshly painted and a turnkey property for the buyer that wants to move right in! See: 5241 Moddison Ave \$383,000

### TIM COLLOM 247-8048



### PERFECT STARTER!

Curb Appeal! Perfect Starter home or Investment Opportunity! 2 bedroom open floor plan with breakfast bar and large kitchen make this old house a great find! Indoor laundry, low maintenance backyard. Newer driveway, roof and many more updates. Cute front porch with easy freeway access. Urban living! \$119,000

**JAMIE RICH 612-4000** 



### **FABULOUS 40S HOME**

Well-maintained 3 bedroom 2 bath home in Fabulous 40s, awaiting updating. Beautiful hardwood floors and marble fireplace. Spacious rooms, lots of storage. Newer CHA & hot water heater. Updated plumbing. 4 ceiling fans. Separate formal dining room, separate indoor laundry room. Shady covered patio. Oversized garage with storage loft, sink and work area. \$549,000

### **COLLENE WIFVAT 719-2324**



### **BOULEVARD TERRACE**

Adorable 2 bedroom home! Fabulous original charm! You will love the wood floors, coffered ceilings, cozy fireplace, formal dining room, breakfast nook, large bedrooms, updated bathroom, detached 2-car garage. Great location close to UC Med Center, public transportation, and more. Don't wait! \$169,000

### **ERIN STUMP ATTARDI 342-1372**



### **WONDERFUL RIVER PARK**

It doesn't get much better! 4 bedrooms 3 full baths in 2,236 square foot home in River Park. Private entrance to remote 4th bedroom with full bath and large mud/laundry room. Fully remodeled and spacious guest bathroom, plus master bedroom with in suite bath. Updated kitchen, separate den/study, newer roof, garage with mega-overhead storage and built-in ladder. Welcome home! \$499,000

**STEPHANIE GALLAGHER 342-2288** 



### **MCKINLEY PARK HOME**

Amazing 3 bedroom 2 bath Mckinley Park home with a full guest quarters! This home has been completely remodeled and maintained for your enjoyment. Features include an updated kitchen and completely remodeled baths, gleaming hardwood floors, a very spacious floorplan, and a private sanctuary for a backyard; and guest quarters. See: 440-39th St. \$599,000

### **TIM COLLOM 247-8048**



### **EAST SACRAMENTO CHARMER**

Pottery Barn darling in East Sac. 2 bedroom home with new kitchen in 2006, new bath in 2011. New gutters and outside paint in 2009. Entire interior recently painted including all woodwork. Central heat and air conditioning, living room fireplace. Sewer line has been replaced as well. You will love this one! See: 132460thstreet.epropertysites.com \$339,000

LEIGH RUTLEDGE 612-6911 • BILL HAMBRICK 600-6528



THIS IS A 10!

An Absolute Gem! Tahoe Park cottage beautifully updated both inside and out. There is a lush meandering backyard complete with gurgling fountain and birdbath. A two bedroom cottage in an urban oasis that you have to see to believe. Formal dining room, kitchen island and granite counters; central heat and air conditioning, living room fireplace and a whole house fan. Don't miss this one! \$189,000

SHEILA VAN NOY 505-5395

for current home listings, please visit:

DunniganRealtors.com 916.484.2030 | 916.454.5753



**DUNNIGAN**,
Realtors

Dunnigan is a different kind of Realtor.®