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EAST SACRAMENTO NEWS

November 1, 2012

Community News in Your Hands

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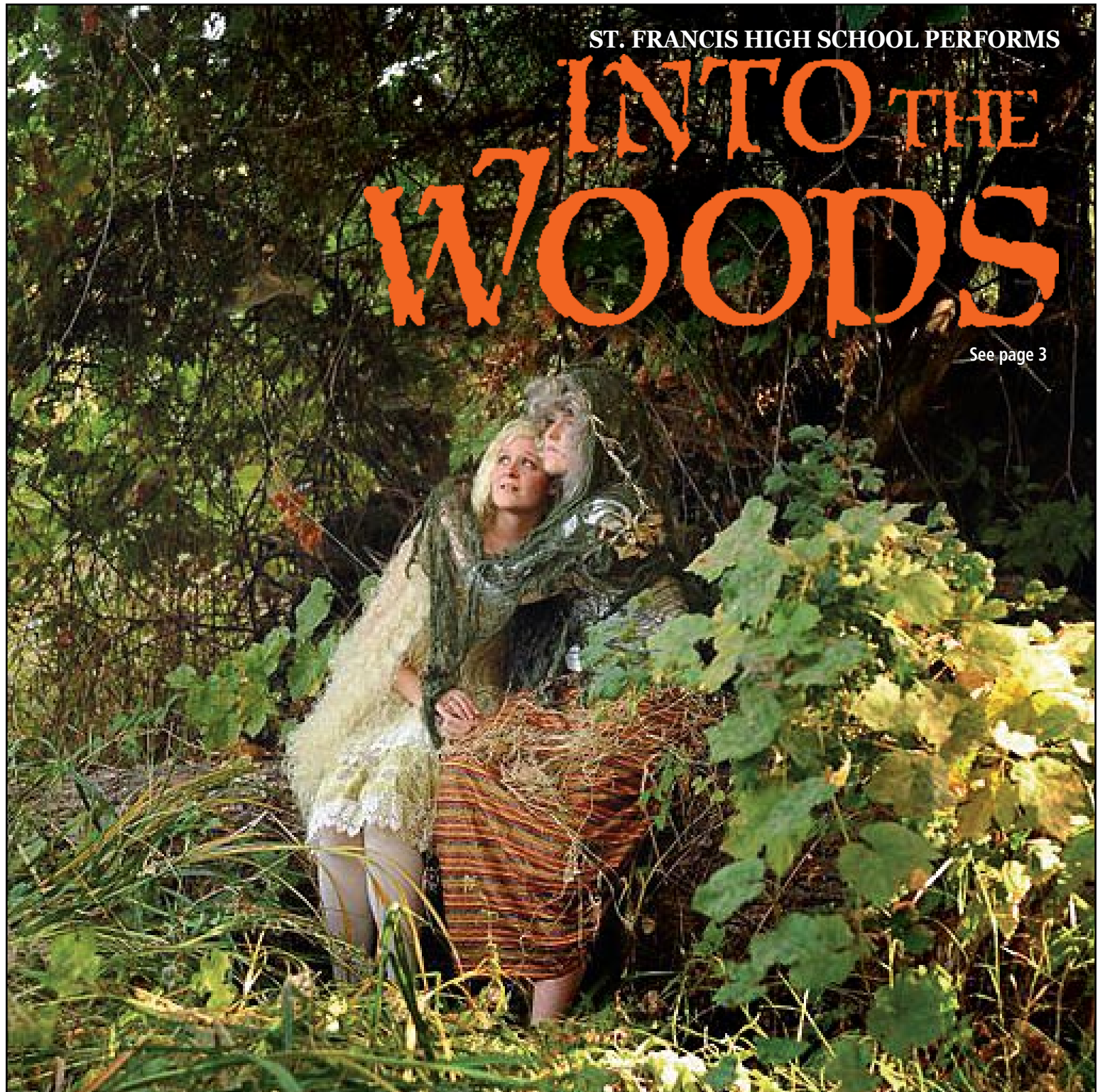
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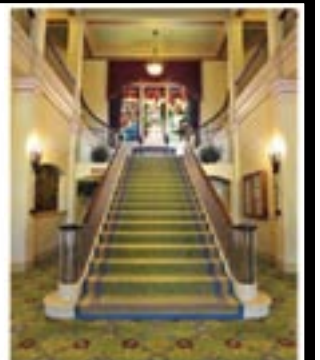


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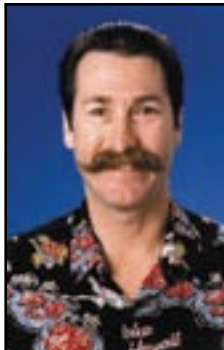
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Sacramento,
CA 95818
t: (916) 429-9901
f: (916) 429-9906

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Editor..... Monica Stark
Art Director..... John Ochoa
Graphic Designer..... Serene Lusano
Sales Manager..... Patty Colmer
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Janey Way Memories:

Another Bold Adventure



By **MARTIN RELLES**
East Sacramento News writer
marty@valcomnews.com

When I lived on Janey Way in the 1950s and 60s, I experienced many exciting adventures.

One blustery fall day, while Jim Costamagna and I camped out in the pit, the abandoned sand and gravel site behind my house, we witnessed a tornado spiraling down into River Park. This frightened us and we headed off immediately for the cover of home.

In those days, we often had to run from old man Charlie, the watchman of the pit. He never caught us, but escaping his pursuit proved very exciting. Often, back then we played the hubcap trick where we pretended to steal off with someone's hubcap. This game also provided much excitement. All these little adventures must have wetted our appetite for seeking new horizons in our adult life.

On Nov. 1, 2012, my wife Barbara and I set out on a bold new adventure. That day we board a plane and flew to Honolulu. There, we stay over night before boarding the cruise ship, Celebrity Millennium, on the following day. Then off we head into the South Pacific to visit islands once seen

only by pirates and explorers. These places have names like Pago Pago on Samoa, Sula on Fiji and Tauranga in New Zealand.

On Wednesday, Nov. 14, somewhere in the South Pacific, we will witness an event few people experience in their lifetimes: a total solar eclipse. Barbara and I feel lucky to have witnessed two other such eclipses: one in Egypt in 2006, and the other in China in 2009. Each one of them was unique and breathtaking.

After our eclipse adventure, we finish our trip with stops in New Zealand and Australia.

In Australia, we will spend three days in Sydney, before flying off to Cairns on the Northeast coast. There, we get to sail out to view the Great Barrier Reef, Australia's greatest natural wonder. All in all, we are having a trip of a lifetime.

This all makes me harken back to my childhood on Janey Way. Back then, my mom sent us outdoors daily, saying only, "be careful out there." Little did she know. Off we headed to play in the pit hoping for another chance encounter with old man Charlie or a run-in with the T Street boys or the N Street gang. Now as we wend our way through the mighty Pacific Ocean, I recall the fun and adventure I experienced back then, and smile broadly at another swash-buckling Janey Way memory.

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St. Francis High School Presents: Stephen Sondheim's and James Lapine's Into the Woods

Special to the East Sacramento News

In the musical INTO THE WOODS the final lyric is sung by Cinderella "... I Wish..." The idea of the possibility of a wish being fulfilled is a central theme of this provocative musical.

Sondheim and Lapine take recognizable fairy tales and intertwine them into a journey of discovery. Some of it is very good and some of it is very bad! Jack's Mother wishes her son were not a fool, Cinderella wishes to go to the festival, The Baker's Wife wishes she might have a child, Jack wishes his cow would give some milk and Rapunzel wishes to see the world.

The music and story masterfully explore the consequences and responsibilities attached to each wish. Ultimately there are no clear answers just a few glimmers along the path.

The orchestra members, cast and crew are girls from St. Francis High School and guys representing high schools in the Sacramento area.

St. Francis High School is excited to present this extraordinary musical opening with a Gala performance Nov. 8. INTO THE WOODS runs for two weekends closing on Nov. 17.

Special outreach performances are scheduled for area schools on November 13. Tickets are \$10 for children and \$15 for adults for the matinee and most evenings. Performance times and tickets are available online at www.ticketguys.com/stfrancis. Tickets are sold online and at the door.



Performance dates

Nov. 8, 7:30 p.m.: Gala performance, \$25 per seat with delicious sweets and spirits during intermission

Nov. 9, 10, 16, 17: 7:30 p.m. \$15 adults, \$10 under 19

Nov. 10, 1:30 p.m. matinee \$15 adults, \$10 under 19



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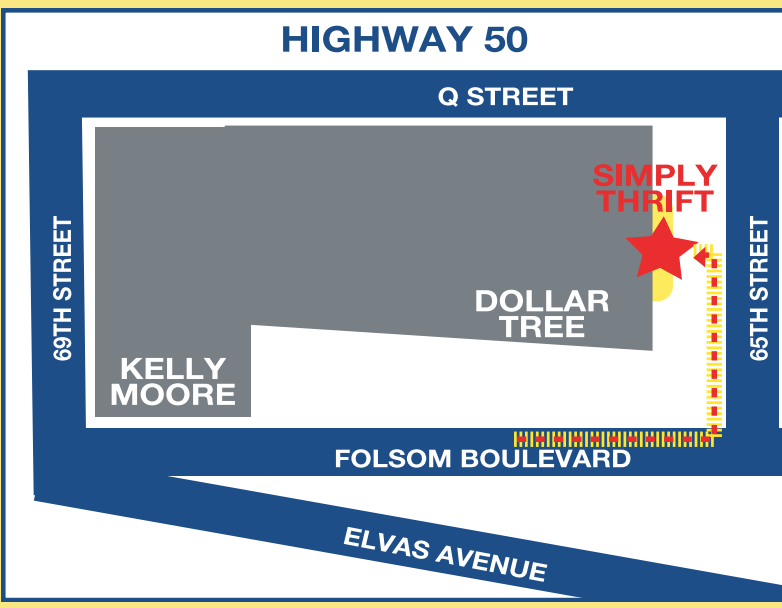
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'Walk with a Doc' kicked off at McKinley Park

Walks planned each month at different parks around town

The East Sacramento News

Walk with a Doc is a national program developed by cardiologist David Sabgir in Ohio. The California Medical Association Foundation held a kickoff event for bringing the program to California at the State Capitol. The program is being piloted in Sacramento, Fresno, and Humboldt counties. Locally, the Sierra Sacramento Medical Society is now in charge of organizing these events.

The organization has four walks planned for this fall, which began Saturday, Oct. 27 at McKinley Park. The group plans to host one walk a month (at different parks around town) in 2013. Walks will be held on Saturday mornings and will last about an hour each. Each event will start with a physician giving a quick 10-15 minute talk about healthful living, followed by about 30 minutes of walking around a local park.

Walk with a Doc strives to encourage healthy physical activity in people of all ages, and reverse the consequences of a sedentary lifestyle in order to improve the health and well-being of the country. Walk with a Doc is a free, non-profit program for anyone interested in taking steps for their health.

East Sacramento News Editor Monica Stark asked Kristine Wallach Program Director of Sacramento Physicians Initiative to Reach out, Innovate and Teach (SPIRIT) Program some questions about Walk with a Doc.

MS- HOW ARE DOCTORS CHOSEN?

KW- Physicians volunteer to lead walks. Walk with a Doc offers physicians a chance to model healthy behavior in the community, as well as to interact with the public in a different way.

MS- WHY IS THIS BEING PILOTED IN SACRAMENTO (AND FRESNO AND HUMBOLDT) COUNTIES? ARE WE AMONGST THE

MORE SEDENTARY COUNTIES?

KW- Walk with a Doc was created by Dr. David Sabgir, an Ohio cardiologist. Spearheading the effort in California, the California Medical Association (CMA) Foundation kicked off a partnership with local county medical societies across the state, including the Sierra Sacramento Valley Medical Society (SSVMS), to get the Walk with a Doc program up and running in California.

More than half of all California adults age 18 and over are either overweight or obese, which can contribute to a number of chronic diseases. Research shows one of the most effective ways to address obesity is through exercise and physical activity and that walking for as little as 30 minutes a day can have significant benefits.

The California Medical Association has chosen to work with Fresno, Humboldt and Sacramento Counties to launch Walk with a Doc. These counties range in their physical inactivity from 21 percent in Fresno County and 19 percent in both Humboldt and Sacramento Counties. 22 percent of adults in Fresno report having moderate physical activity, compared to 23 percent in Humboldt and 19 percent in Sacramento Counties. These counties surpass national and state benchmarks for adult obesity, which are 25 percent and 24 percent respectively with Fresno at 29 percent, Humboldt at 26 percent and Sacramento at 28 percent. These counties, with their diverse populations, represent the pilot counties with the program expected to expand statewide.

MS- HOW ARE YOU INVOLVED WITH THIS? WHY DO YOU THINK THIS IS A WORTHWHILE EVENT?

KW- The Sierra Sacramento Valley Medical Society (SSVMS) is a professional association representing physicians in all modes of practice and specialties as well as medical students, residents, and fellows. In continuous op-

eration since 1860, SSVMS is the oldest medical society in California and represents nearly 3,000 physicians in El Dorado, Sacramento and Yolo counties. The Sierra Sacramento Valley Medical Society is dedicated to upholding the authority and autonomy of physicians in the delivery of professional and ethical medical care. All physicians, regardless of mode of practice, are uniquely qualified and committed to compassionate treatment of patients. One of our guiding principles is to promote the art and science of medicine and defend the public health thereby improving access, quality, and continuity of care in our community. Walk with a Doc is a natural fit with the mission of SSVMS.

According to the American Heart Association, walk-

ing has the lowest dropout rate of any physical activity and walking for as little as 30 minutes a day can reduce the risk of coronary heart disease, improve blood pressure and blood sugar levels, maintain body weight and lower the risk of obesity, enhance mental well-being, improve blood lipid profile, reduce the risk of osteoporosis and breast and colon cancer, and reduce the risk of Type 2 diabetes. Walking is low impact; easier on the joints than running. It is safe – with a doctor's okay – for people with orthopedic ailments, heart conditions, and those who are more than 20 percent overweight. In addition, research has shown that you could gain two hours of life for each hour of regular exercise!

By encouraging people to make walking a part of your

fitness regimen doctors are taking a preventative measure and inviting people to improve their health.

MS- CAN PEOPLE BRING QUESTIONS UNRELATED TO EXERCISE FOR DOCTORS TO ANSWER?

KW- Walk with a Doc is designed as an encouraging, social activity. It is not designed to replace a visit to a medical practitioner. The interaction that a walker will have with a physician is casual and not intended as a diagnostic opportunity.

MS- WHAT KIND OF TURNOUT ARE YOU EXPECTING?

KW- We are hoping for 25 to 50 walkers at each event.

See Walk, page 8

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Former Hollywood film producer, director was raised in East Sacramento

By LANCE ARMSTRONG
East Sacramento News writer
Lance@valcomnews.com

Deno Paoli, who was born at the old Sutter Hospital at 28th and L streets and grew up on 49th Street in East Sacramento, has lived a full life, which includes working as a Hollywood film producer and director in the 1970s and 1980s.

While dining inside the historic Español restaurant on Folsom Boulevard last week after completing some shopping at Corti Brothers Italian specialty grocery store, Paoli discussed some of the adventures of his 86 years of life.

Early years

During his youth in East Sacramento, Paoli made friends with people from

his own Little Italy neighborhood, as well as people from the affluent Fabulous Forties neighborhood.

Paoli, who eventually graduated from Sacramento High School as a member of the February Class of 1944, enlisted in the Navy just prior to his 18th birthday in December 1943.

After returning to Sacramento in May 1946 following his service in the Navy, he acquired a part-time job with the state and enrolled at Sacramento College, as today's Sacramento City College was then known.

And while he was attending that college, he became a student at two other schools that held classes on the campus. These schools were Sacramento State College (today's Sacramento State University) and the McGeorge College of Law, which was later renamed the McGeorge School of Law.

Paoli earned a degree in business administration at Sacramento Junior College (the then name of today's Sacramento City College) in 1950.

California and began working in real estate in Sacramento.

During his initial years as a real estate broker, Paoli became associated with a variety of notable people.

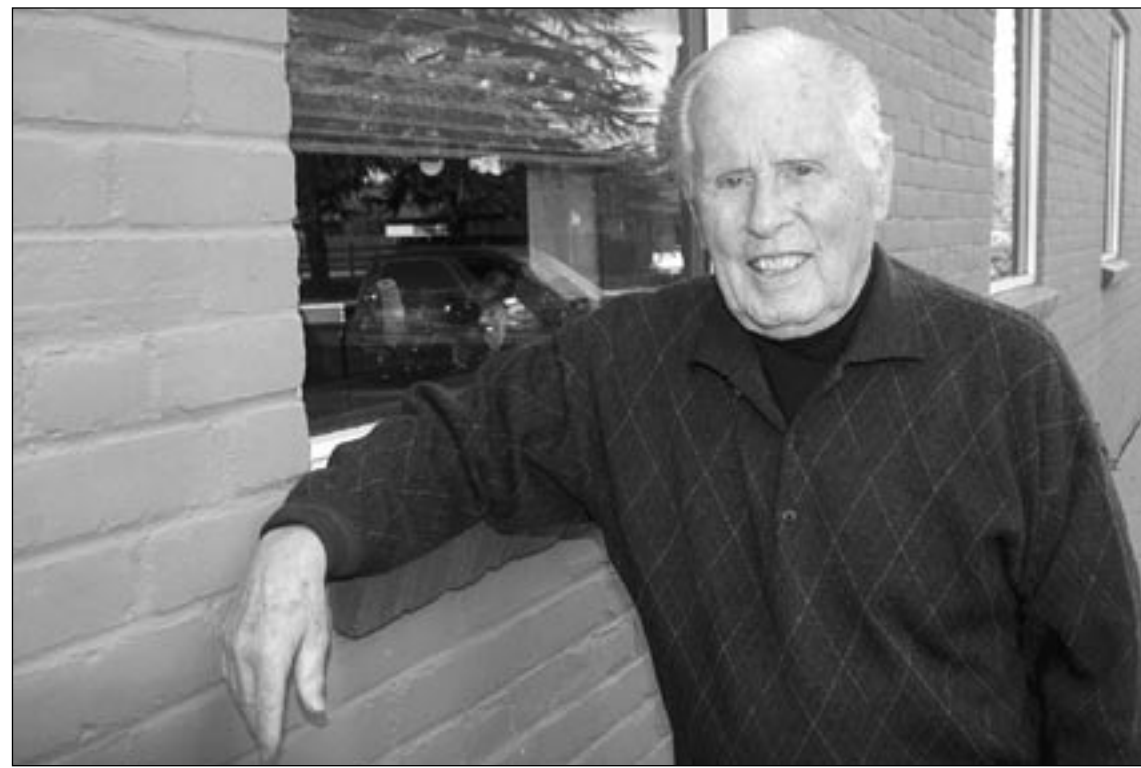


Photo by Lance Armstrong

During his eventful life, East Sacramento native Deno Paoli has worked as a Hollywood film producer and director, a record producer and a real estate broker.

Among these people was Lindsay Crosby (1938-1989), the son of Bing Crosby.

Working in the film industry

On May 31, 1959, *The Sacramento Bee* reported that Paoli and Jon H. Schumacher of the Paoli Co. of Sacramento and a group of Los Angeles businessmen purchased 125,000 acres of Brazilian wilderness.

The article noted that these men were drawn to the country through Brasilia, which was less than a year away from replacing Rio de Janeiro as Brazil's capital.

At that time, Paoli described Brasilia as a "dream city springing from the wilderness."

Paoli, who was later the first occupant in the Palace Hotel in Brasilia, was so inspired by Brasilia that he created a docu-

mentary about this then-new city.

In describing his involvement with this 45-minute film, which was called "Birth of a City," Paoli said, "I had no background (in film). I just decided to film the city. I was the cameraman, the director, the producer. I was everything. But I didn't entirely work alone. I did have some people working with me."

After Paoli and his organization purchased a large tract of land in Western Australia in 1967, he was once again involved in a documentary. This time, he created a 60-minute film about the Australian outback called "Just a Day Away."

Paoli added that in about December 1969, he moved to Southern California, where he eventually became involved in the production of motion pictures through the suggestion of Lindsay Crosby.

"I didn't go (to Southern California) to work in the film industry," Paoli said. "I was sitting with Lindsay Crosby (who he had met while playing golf) one day and he knew a writer who was trying to sell his script - it was a Western - and I said, 'Well, let me read it.' It was written for characters like Tom Mix and Gene Autry, and I said, 'This is a hell of a story, but we've got to change the dialogue to be more appropriate for the story.' And I said, 'I'm going to do this movie.'"

Paoli then became involved in the direction of this feature Western film, which was known as "Santee."

Selected by Paoli to co-produce this 1972 film was Edward Platt (1916-1974), who was best known as "The Chief" on the 1965-70 television series, "Get Smart."

The lead role of Santee, a bounty hunter and former lawman, was to be played by Brian Keith. However, Keith became involved with the television sitcom, "The Little People" - later renamed "The Brian Keith Show" - so Glenn Ford was selected to take on the role.

Paoli's second feature film was the 1977 Western film, "The Legend of Frank Woods," which starred Brad Stewart and Troy Donahue and was filmed in Scottsdale, Ariz.

"To Live, to Love, and to Die" was Paoli's third feature film. This Western starred Brad Stewart and John Mitchum (1919-2001), who was the younger brother of actor Robert Mitchum.

Other movies produced and/or directed by Paoli during the 1970s included "The World Past," starring Phil Carey; "Ben & Charlie," starring George Eastman, Giuliano Gemma and Marisa Mell; and "The Slander," starring Ron Ely and

See Paoli, page 7

Paoli: 5 film projects failed to make the big screen

Continued from page 6

Trevor Howard. The latter named, German company film was shot in Rhodesia and only shown in Europe.

Paoli also produced a film called "Greyhound" in Australia in the 1970s.

"The Last Word," starring Martin Landau, Richard Harris and Karen Black, was filmed in the 1970s with Paoli working as its executive in charge of production.

He was additionally involved as the producer of the 1970s documentary, "The Jazz Party," which featured jazz musicians performing in a university town.

It was also during the 1970s that Paoli produced several albums for prominent musical artists, including Donnie Brooks, Jerry Corbetta, Dorsey Burnette and Casey Anderson.

Paoli formed Variety International, a film company with a \$30 million line of credit, in 1979, and then became involved with "Oil," a film that never came to fruition.

The downfall of this film, which was to star Nick Nolte, was the decision to film the movie on location in the Middle East.

The project was discontinued after cooperation from the necessary governments was not obtained.

Paoli said that during the 1980s, he was generally "more of an executive than (a person) on the production line."

However, his most notable film work in the 1980s was his production work for the feature film, "Code Name: Zebra," which starred another son of Robert Mitchum, Jim Mitchum, and Frank Sinatra, Jr. The film also included appearances by the Dallas Cowboys cheerleaders.

Paoli was also involved with the 1980 motorcycle odyssey film, "Take It to the Limit," which included music by Foreigner, Arlo Guthrie, Jean Luc Ponty, John McEuen and Tangerine Dream.

Unfortunately for Deno Paoli, he was involved with

five film projects in the 1980s that were cut short during the pre-filming stages of their productions.

The most notable of these projects - a film called *They Wore Ten Gallon Hats* - was abandoned when its main actor, John Wayne, became sick with cancer.

Another one of these unfinished projects was for the film, *Gerry Was Her Code Name*, which was written by Paoli.

Gerry Was Her Code Name was based on the true story of "a teenage girl who was part of a secret and deception that kept the Germans off balance and eventually helped seal the victory for the allied forces in Normandy."

An additional project to fail to reach its filming stage was "River Horse," which was abandoned after the death of its lead actor, Bob Crane.

Paoli said that his other unfinished 1980s film projects were abandoned because he failed to locate anyone who would agree with him that "the scripts were viable" for the big screen.

Paoli family not new to restaurant ownership

It was also during the 1980s that Paoli was involved in restaurant ownership, as he opened Clambucket restaurant in Oakland in 1984.

The Paoli family was not new to restaurant ownership in the Bay Area, as Paoli's cousin, Joe, had owned the popular Paoli's restaurant at Montgomery and California streets in San Francisco.

A decade prior to opening Clambucket, Paoli established another eatery, a hamburger restaurant in Australia called Zeb's.

Through his many work-related opportunities, Paoli, who was altogether involved in the production, direction or executive roles of about 15 films, met many famous people, including world leaders, and traveled to many countries.

Today, Paoli is still involved in real estate and working with several high-end clients.

Although Paoli said that he has little interest in self pro-



Photos courtesy of Deno Paoli

Deno Paoli, left, works on the set of the 1977 Western film, "The Legend of Frank Woods."

motion at this point in his life, he added that he does hope that his experiences can serve as an inspiration for youth of today.

"I don't need the publicity and who cares what I've done, but if I can motivate some young kid to achieve his or her dream, that will be my reward," Paoli said. "In this great country of ours, anybody can reach any level that they want to. People should not be afraid to try new things and not be

afraid to fail, because failing is a learning experience in life. I succeeded, I failed, I succeeded, I failed in different things, but I was nev-

er afraid. But you can't just have anybody hand things to you. You have to earn it. And I think I earned it. I worked hard."

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Walk: Three more walks planned for this fall

Continued from page 5

All walks are WEATHER PERMITTING.

MS- WHAT WILL THE 10-15 MINUTE TALKS CONSIST OF, TOPIC-WISE?

KW- We have left the talk topics up to our physician leaders. The first walk, on October 27th at McKinley Park included a talk about exercise specific to women's health and pregnancy. November is national COPD and Lung Cancer Awareness month,

so those three walks are co-sponsored by Breathe California – Emigrant Trails and the America Lung Association. Walk leaders in November will focus their remarks on breathing and lung related issues. In 2013 some physician leaders may tailor their remarks to a nationally recognized health topic for that month (i.e. February is American Heart Month, so our walk leader will be a cardiologist; March is Brain Injury Awareness month, so our walk leader

will be a neurologist who will address brain injury prevention, etc.)

MS- DO YOU HAVE DATES, LOCATIONS SET FOR FUTURE WALKS?

KW- We have three more walks scheduled for fall 2012.

DATE: Saturday, November 3, 2012
LOCATION: Tahoe Park
8th Avenue and 61st Street, Sacramento

DATE: Saturday, November 10, 2012
LOCATION: UC Davis Arboretum
Wyatt Deck on Old Davis Road, Davis

DATE: Saturday, November 17, 2012
LOCATION: Southside Park
Between W and T Streets at 6th Street, Sacramento

Our goal is to plan walks in different parks around town once a month in 2013. Dates and locations will be available at www.ssvms.org/events.aspx

SMUD exhibition features artwork inspired by trees

Special to the East Sacramento News

Branching Out: an exhibition of artwork inspired by trees, features the work of 10 Sacramento area artists and opens at the SMUD Art Gallery, 6301 S St. on Friday, Nov. 2. The public is invited to meet the artists and view their work at a FREE reception on Thursday, Nov. 1 from 4 to 6 p.m.

The exhibition offers an opportunity to commune with trees indoors, through photographs, paintings, and ceramic, fiber and metal works by Sacramento area artists: Merle Abelard, Elaine Bowers, Donald Satterlee, Kristin Hartman, Carol Quinn, Linda Paris, Eric Dahlin, Angela Ridgway, Dorothy Champion, and Helen Plenert.

In Branching Out artists use trees as a formal device to consider abstraction and figuration, as well as to question our perceptions of the world around us. The exhibition begins with a series of fabric collages and giclees by Merle Axelrad, in which trees are evaluated, deconstructed and monumentalized.

While some of the subjects in this exhibition are imagined, as in Linda Paris' series of white tree paintings and Angela Ridgway's homage in metal, others are taken from nature, as is the case with both Donald Satterlee's moody, mystical photographs

and Elaine Bower's hyper-real watercolors.

In two large-scale paintings by Kristin Hartman the viewer is engulfed by enchanted forests, while Helen Plenert treats her subjects more like portraiture—granting us a window into their personalities.

The City and County of Sacramento established the Art in Public Places Program to provide visual art experiences in public locations.

The SMUD Art Gallery is a partnership between the Sacramento Municipal Utility District and the Sacramento Metropolitan Arts Commission. For further information on programs and opportunities through the Sacramento Metropolitan Arts Commission go to: www.sacmetroarts.org. The City and County of Sacramento fund SMAC.



"Land Park Penthouse" Elaine Bowers, watercolor on paper, 2008, 22 inches by 22 inches
Photo courtesy

If you go:

WHAT: SMUD Art Exhibition featuring artwork inspired by trees
WHERE: SMUD, 6301 S St. (near 65th Street), Sacramento
WHEN: NOV. 2 – JAN. 9
Gallery hours: Monday – Friday, 8 a.m. – 6 p.m.
COST: Free

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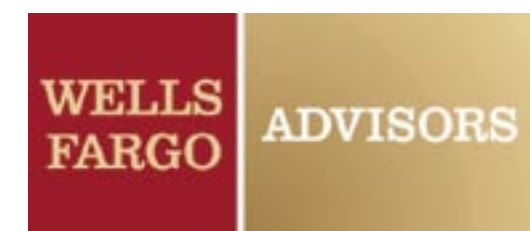
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Artists featured at Artistic Edge

By MONICA STARK
East Sacramento News writer
editor@valcomnews.com

Local custom framing company, Artistic Edge, located at 1880 Fulton Ave., has recently expanded 1,500 square feet allowing the business to host more local artists, and according to owner Kathy Caitano, they have started making individual artist studio spaces. Valley Community News will be showcasing the unique styles of the various artists in this issue and upcoming issues as well. Two of them are featured below.



Courtesy photos
Robin Tomlinson – Using canvas, clay, rope, various types of paint, clear acrylic, and an array of colored glass, Robin Tomlinson has several pieces on display at Artistic Edge.

Robin Tomlinson

Inspired by nature and the beautiful images that often go unnoticed, canvas and clay artist Robin Tomlinson's style is nature driven, resulting in a unique form of abstract art.

Using canvas, clay, rope, various types of paint, clear acrylic, and an array of colored glass, Tomlinson has several pieces on display at Artistic Edge.

One is a 24" x 36" using an array of greens blended together on a clay based canvas. The green glass within the clear acrylic highlights the accents resembling the colors of a peacock.

The other is a 36" x 48" also on a clay based canvas. This piece displays a variety of blue paints and glass combined to create an ocean like scene.

She also has several small pieces, her latest being the River using blues and greens with a large moon in the background.

Tomlinson has been an artist for six years, beginning in 2006 in Chicago at the Navy Pier where they have displayed hundreds of stained glass works of art.

"I couldn't believe they were made by someone's hands. They were so moving to me I wept; this is where I was transformed. When I came home, I started experimenting and one

thing led to another. Through many trials and errors, my art took on a life of its own. I am truly blessed to have art in my life," Tomlinson said.

Tomlinson has been showing her art at Artistic Edge for five years now, noting that Caitano sells more of her pieces than any other gallery. "Kathy is so supportive of local artists and I love working with her," Tomlinson said.

Although custom pieces generally cost more, Tomlinson has pieces ranging from \$177-\$777.

Loretta Armstrong

Loretta Armstrong works in oils. "I have tried other mediums and always have come back to my beloved oils," Armstrong said.

Her style has been evolving for years now and at this point in her life, they are colorful, happy and whimsical.

"I would say I have an interesting way of drawing and seeing the world through a kid's

See Artists, page 14



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Artists: Artistic Edge Gallery is home to local artists

Continued from page 11

eyes. I have fun when I paint and I think it shows," Armstrong said.

Armstrong has always loved art and horses and she has drawn since she was big enough to hold a crayon, she said, adding that she used to do a lot of drawings of horses when she was a kid.

As she grew up, she was distracted by architecture. "I love little houses and weird shapes and odd designs. I dearly love a warm cozy little scene with lit up windows on a dark star filled night with a large moon," she said.

Armstrong is also drawn to nostalgic scenes and memories such as the Woody Wagon painting of her childhood going camping with her cousins. I delight when someone giggles or laughs when they see one of my paintings. "I always say, 'they get it,'" she said.

Armstrong studied art in high school, junior college and then decided she wanted to learn from working with successful artists. So in the 1980's and 1990's, she studied with many professional artists and learned so much. "I took a little this and little of that from each

of them and formed my lessons into me. What you see today is a composite of learning from many good artists. You are never too old to learn, I am still learning and will be doing so until the end," she said.

A Russian artist Vladan Stiha, Armstrong said, inspired her little rabbit painting at Artistic Edge.

"He was a really good painter and we visited Santa Fe and his gallery. It was awesome to say the least. He used to paint a lot of little rabbits and he inspired this little rabbit painting," she said.

Armstrong does smaller works on board starting in the \$200 range and go up to very large pieces for an average price of about \$800 up to \$1,200. She has some pieces in between both price ranges. She has some in the \$300 to \$500 ranges. Armstrong does giclee prints of a lot of her works. They go from a smaller size in the \$125 range to larger prints of the cow for \$400 to \$500 range. Armstrong has had two shows at Artistic Edge and she just joined the team as a resident artist and hopes to be there permanently.



Loretta Armstrong - Loretta Armstrong works in oils. Her style has been evolving for years now and at this point in her life, they are colorful, happy and whimsical.

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East Sac Group Opens 'Hearts and Minds Through Harmony' for 25 Years

By **CORRIE PELC**
East Sacramento News writer
corrie@valcomnews.com

Stroll by First Christian Church at the corner of 39th and Folsom in East Sacramento between 6:30 and 9 p.m. on a Monday evening and chances are you will be treated to the sweet sounds of the Sacramento Women's Chorus.

Every Monday evening the Chorus – which will be celebrating its 25th anniversary in 2013 – holds its weekly rehearsal, says Rob in Richie, who has been director of the Sacramento Women's Chorus for the past three years.

An instrumental music teacher at Rocklin Unified School District with a Master in Music Degree

from the College Conservatory of Music at the University of Cincinnati, Richie decided to take on the director position because she says she would bring a "wealth of skills and style" to the group. "My emphasis is on vocal production and performance skills and that's exactly what they were looking for," she says.



Photos by Kati Garner

Since then, Richie has grown the Chorus in both size – from 18 to 48 members ranging in ages from 20s to 70s – and skill. She also says the director position has allowed her to continue to grow musically. "Any time I get in front of the Chorus it's kind of like OK, what can I bring new to them tonight and what can I learn from this experience that I can go back next week and make it even better," she says.

Music Makers

One person who appreciates the work Richie does for the Sacramento Women's

Chorus is Mary Nikakis – a retired Sacramento County social worker who has been a member of the Chorus for seven years.

Nikakis says she decided to join the Chorus because she loves to sing and unless you're in school or a church choir, there aren't many places to sing. "I was drawn to the philosophy, the wonderful group of women, and just the chance to sing marvelous things," she says.

One of Nikakis' favorite things about the Chorus is its sense of community. "We go and do things together,

See Chorus, page 17



Every Monday evening the Sacramento Women's Chorus – which will be celebrating its 25th anniversary in 2013 – holds its weekly rehearsal.



Photos by Kati Garner

Chorus: Women's singing group looking for more members

Continued from page 16

we help each other move, we take soup when somebody's sick – it's really a much closer group than a few people that come together to sing for an hour and leave," she explains.

She also loves the diversity of the group. "We all comes from different places, stages, backgrounds, economic status, and we're all united in wanting to sing," she adds.

As a past president of the Chorus' Board, Nikakis says she has learned skills that she would not have been able to learn elsewhere. Additionally, she feels it has given her an outlet for stress relief and it has given her "someplace to go where I know I'll be welcomed and happy every week."

Sing Out Loud

Nikakis likes that the Chorus performs for various groups that promote the rights and well-being of women, such as WEAVE, the Center for AIDS Research and

Education, Wellspring Women's Center, Girl Scouts, Eskaton, and Loaves & Fishes. She also likes that the group performs at events such as Take Back the Night and women history events at the State Capitol.

Richie said the group performs for these organizations and events free of charge, as with their motto – "opening hearts and minds through harmony." "That's our way to give back – we give back through song," she says.

In addition to these numerous community performances, the Chorus performs two ticketed performances a year. Their upcoming annual Holiday Concert and Sing-A-Long will be held on Dec. 10 at the First Christian Church in East Sacramento. "It's a draw for community people to come in and give them a chance to sing some Christmas carols and fun songs that they may not have opportunities to do," Richie says. "It's just

amazing – we've had audiences of 150-200 people participate in sing-a-longs."

And on March 9, 2013, the Chorus will celebrate its 25th anniversary with a special concert at Rudolf Steiner College in Fair Oaks. Richie says the Chorus will be inviting past directors back to direct songs for the concert.

Plus Richie was recently given permission to write an arrangement for a song called "A Woman's Voice," which was originally written for Senator Barbara Boxer, and the Chorus will be premiering the arrangement at the concert. "No one has done this particular arrangement of the song – we actually wrote it for the Chorus – (so) that's going to be a really big deal for us," she says.

Add Your Voice

Although the Sacramento Women's Chorus has grown over the last few years, they are still looking for

new voices to add to their ensemble.

In fact, on Jan. 14, the Chorus will be holding an Open House to give those interested an opportunity to see what the Chorus is all about. Richie urges those interested to attend the Open House or just come by for one of the group's Monday evening rehearsals. "You can look at a website and you can read about it, but until you're actually there, you hear what we do and meet and greet the people that are part of the Chorus, you don't really get a good feel for it," she says.

And Nikakis urges any woman considering joining the Chorus to go for it. "You've got nothing to lose and everything to gain," she says. "We have women of all different levels of musical ability – it's just a wonderful place to have a little creative outlet, explore yourself a little bit, learn something new, and enjoy the company of a really fun community of people."

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'For Colored Girls' tells story through verse and dance

Special to the East Sacramento News

Seven "colors" tell individual stories of women's struggles, intertwine their individual tales, and come together to speak in a collective voice in *For Colored Girls Who Have Considered Suicide When the Rainbow is Enuf*, the choreopoem being staged in Sacramento State's Playwrights Theatre.

Performances are at 8 p.m. Nov. 1, 2, 3, 9 and 10; 2 p.m., Nov. 4 and 11; and 6:30 p.m. Nov. 7 and 8.

Written by Ntozake Shange and directed by Theatre and Dance Professor Melinda Wilson Ramey, the play focuses on the struggles and hardships of different women as they find God, peace, love and happiness in themselves.

It's told through a choreopoem, meaning it is a poem set to dance. "They relate their stories through dance and tell their stories in poetic verse fashion," Wilson Ramey says.

The choreography was directed by Linda Goodrich, a Sacramento State professor and founder and director of Sacramento/Black Art of Dance.

Because the play is a collection of poems, with each poem standing on its own, the actors play seven "colors." "They may be one person in one poem and a different person or representation in another poem," Wilson Ramey says. "And when they put their colors together, they become this collective voice."

Wilson Ramey also added three "shadows" bringing the integrated cast to a total of 10 performers.

Shasta Slaughter, a junior theater major, plays the Lady in Brown and

explains the significance of the colors. "We all have different sides to ourselves," she says. "You can consider them different hues, depending on the day, how you're feeling or what you're thinking."

Elizabeth Ferreira, a junior majoring in English with a theater minor, portrays the Lady in Purple. "She's similar to how I am," she says. "She's fiery and, at the same time, wounded in certain ways."

To develop her character, Ferreira considered how women can be silenced throughout their lives. "Through this choreopoem and through these words, our characters, our pieces of ourselves, are finally being heard when they otherwise would be silenced."

While the subject matter may sound rather heavy, there is great joy in *For Colored Girls*, with the actresses at times clapping, and singing a cappella harmony.

"It's a fun, fun piece," Wilson Ramey says, adding that the audience is invited to join in.

"The whole point is it is a participatory performance, so we're looking for audiences to come and play and sing and clap with us and enjoy with us."

Tickets for the 6:30 p.m. performances are \$8 general admission, students and seniors, and \$5 for children. All other performances are \$12 general, \$10 students and seniors and \$8 children. Tickets are available at the University Ticket Office, (916) 278-6156 or <http://bit.ly/xRmEZ8>.

For more information, visit www.csus.edu/dram or call (916) 278-6368. For media assistance, call Sacramento State's Public Affairs office at (916) 278-6156.

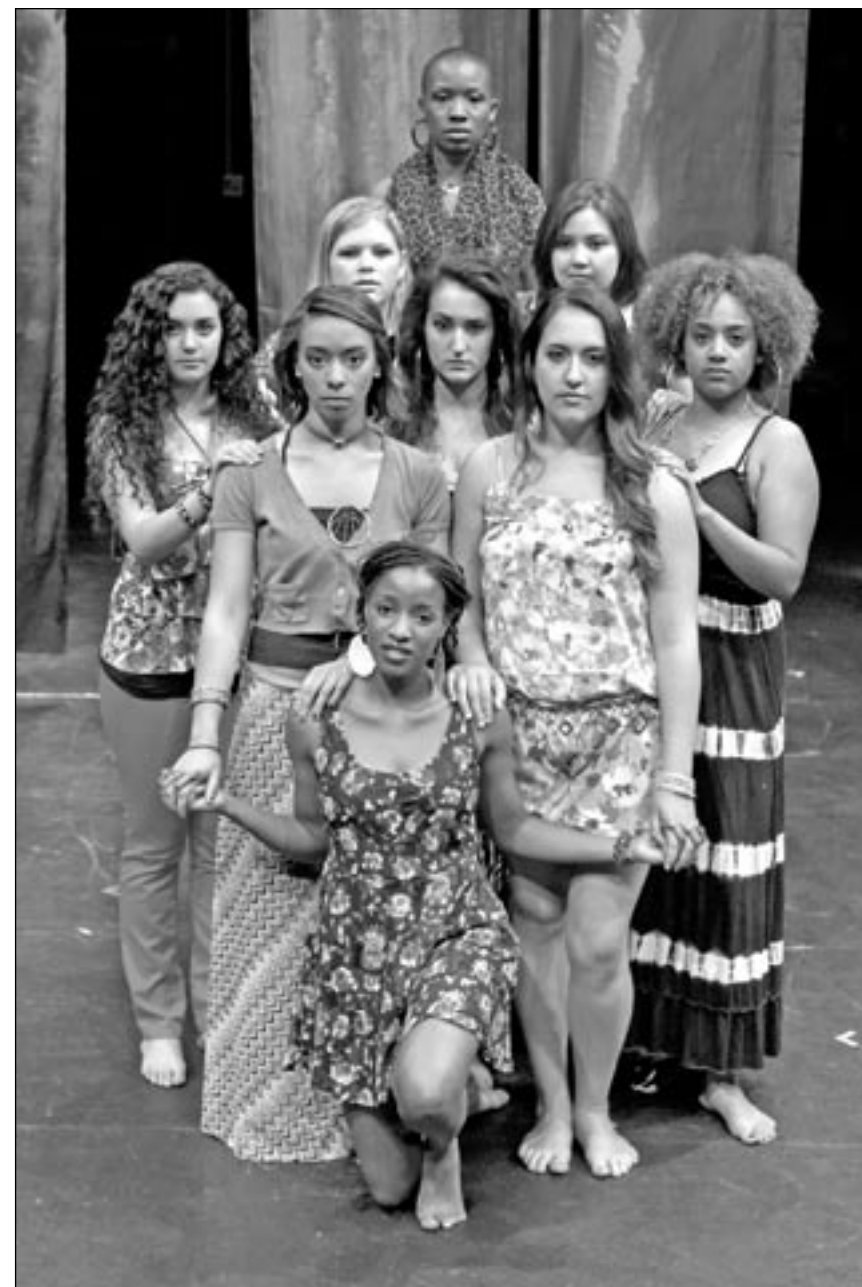


Photo by Craig Koscho, Sacramento State
Center: Elizabeth Ferreira. Clockwise from top: Shasta Slaughter, Andrea Fong, Zipporah Wilson, Camila Serrano, Ure Egbuho, Diona Burnett, Elli Papadopoulos and Briana Burnside.

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Annual Holiday Boutique Sierra Oaks K-8 School

Saturday, Dec 8 - 10 a.m. to 3 p.m.

Over 20 vendors & local business owners selling jewelry, clothing, decorations & specialty items. Sierra Oaks Cafe will have coffee, pastries, soup & salad.

171 Mills Rd. Sac., Multi-Purpose Room
Arden-Arcade Area
Info: carla.halligan@gmail.com
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21st Annual Beaujolais Plus Wine Tasting & Silent Art Auction

Sacramento Suburban Kiwanis Benefit

Sunday, November 4, 4-7 p.m.
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CALENDAR

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Send your event announcement for consideration to: editor@valcomnews.com at least two weeks prior to publication.

NOVEMBER

'Sacramento's Chinatown' lecture at CSUS

Nov. 1: Sacramento's Chinatown, by Brian and Larry Tom, is the topic for the Friends of the University Library's Author Lecture Series presentation in Sacramento State's University Library Gallery, on the campus, 6000 J St. The free presentation takes place at 3 p.m. Thursday, Nov. 1. Sacramento has one of the nation's oldest Chinatowns, and the Tom brothers are third generation Chinese Americans. Contact: (916) 278-5954.

American Lung Association respiratory rally

Nov. 1: Learn how to best treat the disease including tips on living a high quality life, understanding environmental factors and the latest in medical innovations, 10 a.m. to 3 p.m. Sierra 2 Community Center, located at 2791 24th St. Sacramento. Free, registration required and lunch provided. 585-7666.

Bi-Polar Anonymous

Nov. 2: Free 12-step program/support group, for people who have Bi-Polar and those who love them. Meets every Friday, 7-8:30 p.m. 4300 Auburn Blvd., Room 106. (916) 889-5786.

Book Sale - Friends of Arden-Dimick Library

Nov. 2: From 3 to 6 p.m., friends of the Arden-Dimick Library will host a 2-day book sale. All books will be reasonably priced, starting at 25 cents. Thousands of titles include: children's books, mysteries, thrillers, adventure, romance, history, art, cookbooks, travel, biographies, science, fiction, sci-fi/fantasy and more. Arden-Dimick is located at 891 Watt Ave., Sacramento, CA 95864, 264-2700.

Widowed Persons Association of California meeting

Nov. 2: Informational meeting to be held in the main hall at Greenhaven Terrace at 1 p.m. For reservations call Jim Stowell, 422-626, or Jane Hinman, 381-3060, or Mary Francis at 395-0210. 1180 Corporate Way, Sacramento.

Fundraiser for children's entertainer Francie Dillon

Nov. 2: From 5:30 to 8:30 p.m. at Fairytale Town in Sacramento, there will be a celebration of Francie Dillon with music and other entertainment scheduled to thank Francie for enriching our lives with her talents. The group - Mumbo Gumbo - will perform. Event details will be available at the website - celebratefrancie.com. Dillon, an award-winning children's entertainer and storyteller, as well as a reading educator, has an undiagnosed neurological condition,

which has caused some financial hardship. She's keeping a positive attitude as she continues to do some work and has hope for a good outcome. A donation account has also been setup at the Chase Bank for Francie - <http://francedillon.wix.com/francedillontrust>

Sandhill Crane Festival

Nov. 2-4: Nature tours, family activities, wildlife demos, workshops, music and more. Free admission. Hutchins St. Square, Lori. 800-581-6150, www.cranefestival.com

Pancake Breakfast

Nov. 3: Two light, delicious, warm pancakes, a tasty party of sausage, Log Cabin syrup, tea and coffee, all for only \$3 per person. 8:30 to 10 a.m. every first Saturday of the month. Benefits the Wednesday Club. Mission Oaks Community Center, 4701 Gibbons Dr., Carmichael

Volunteer in the garden

Nov. 3: Jensen Garden, located at 8520 Fair Oaks Blvd. in Carmichael, is holding a volunteer garden work day from 9 a.m. to 1 p.m. Bring work gloves, hand pruners, lunch and a drink and join with other volunteers to keep the garden beautiful all year. All skill levels are needed. Tracy Kerth (916) 485-5322 ext. 23 or email tracy@car-michaelpark.com.

POWERTalk International

Nov. 3, 6: Want to improve your public speaking and presentation skills? POWERTalk International, a nonprofit public speaking organization, provides coaching in leadership skills, sales presentation, interviewing, confidence building and more. Meets First Tuesdays of the month 10 a.m.-1 p.m. and First Saturdays of the Month 12 noon-3 p.m. Aviators Restaurant, 6151 Freepoint Blvd., Sac. Liz Richardson (916) 208-9163, erichardson1202@yahoo.com www.powertalkinternational.com

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Free electronic waste drive-through/drop-off fundraiser to help St. Mark's United Methodist Church food closet

Nov. 3: Participants won't even have to get out of their car. Pop the trunk or open the door and we will unload for you. St. Mark's UMC operates a food closet every Tuesday and Saturday from 10 a.m. to noon and provides a free community breakfast each fourth Saturday of the month. 2391 St. Marks Way, Sacramento, CA 95864 For more information, call 483-7848.

Annual Fall Rummage Sale - Sacramento Japanese United Methodist Church

Nov. 3: From 9 a.m. to 3 p.m., sale items of gently used clothes, small appliances kitchenware, blankets, bedding, toys, books, and more. 6929 Franklin Blvd. 421-1017

Westminster Presbyterian Fiesta

Nov. 3: Westminster Presbyterian Women invite you to our Nov. 3 Fiesta. Doors open at 10 a.m. with crafts, baked goods and china, crystal and silver as well as collectible glass, porcelain, ceramic and acrylic pieces. The enchilada luncheon will be held from 11 a.m. to 1 p.m. Tickets will be on sale at the church beginning Oct. 2 after both worship services and from 11 a.m. - 1:30 p.m. on weekdays Oct. 24 - Nov. 2. Tickets will also be available on the day of the event from 10:30 a.m. - 1 p.m. The cost is \$8 for one enchilada or \$10 for two enchiladas. Both include beans or rice, salad, dessert and beverage. Take out enchiladas will be available for \$10 for four enchiladas and sauce. Raffle tickets will be available Oct. 2 - Nov. 3. Westminster Presbyterian Church is located across from Capitol Park at 1300 N Street. For questions, contact Mary Jane Root at 362-8485.

21st Annual Beaujolais Plus Wine Tasting and Silent Auction

Nov. 4: Featuring wine tasting, appetizers, dinner and an art auction, the fine art work is donated by artisans from around Northern California, and includes, but is not limited to: pottery, paintings, sculptures, photography and glasswork. Proceeds benefit the Kiwanis Family House and high school key clubs. Tickets: \$30. 972-7337 or 505-7598.

Rotary Clubs of Arden-Arcade, Carmichael

Nov. 6: Guest speakers address local, regional and international topics. Visitors welcome, every Tuesday. Arden-Arcade meets at noon, Jackson Catering and Events, 1120 Fulton Ave. (916) 925-2787. Carmichael meets at 6 p.m., Palm Street Pub & Grill, 6416 Fair Oaks Blvd. www.rotary.org.

Soroptimist International of Sacramento North meeting

Nov. 6: An organization for the betterment of women and children meets at the atria El Camino Gardens at 2426 Garfield, Carmichael. Call Sheila at 624-4643.

Rotary Club of Pocket/Greenhaven

Nov. 7: Guest speakers address local, regional and international topics. Visitors welcome. 7:30 a.m., every Wednesday. Aviators Restaurant, 6151 Freepoint Blvd. (916) 684-6854.

East Sac Rotary

Nov. 7: Meets at noon, Evan's Kitchen, 855 57th St. Sacramento. www.eastsacrotary.com.

Bullying Prevention Workshop

Nov. 7: For San Juan Unified School District students, administrators, staff, and parents. Topic include: The difference between bullying and conflict, how to help your child with bullying situations, and what the district is doing about bullying, from 4 to 5:30 p.m. Edison Language Institute, located at 2950 Hurley Way, Sacramento. To reserve a spot in a workshop, contact Bullying Prevention Specialist Christina Sparks at christina.sparks@sanjuan.edu or at 979-8611.

'Into the Woods' St. Francis gala performance

Nov. 8: Sondheim and Lapine take recognizable fairy tales and intertwine them into a journey of discovery. Starting at 7:30 p.m., the gala performance will include delicious sweets and spirits during intermission, \$25.

Financial elder abuse - free presentation at the Chateau Carmichael

Nov. 6: Join Dawn Akel, California Licensed Private Fiduciary, and Juliette T. Robertson, state Planning Attorney, for a comprehensive presentation regarding financial elder abuse. These local professionals will discuss how to detect and protect yourself from financial elder abuse so you can reduce your risk of falling victim to a financial predator. The Chateau is located at 2701 Capitol Ave., Sacramento. Make your reservation by calling 447 4444. 3:30 to 4:30 p.m. www.chateaucapitolavenue.com

Classical Revolution performs:

Nov. 8: Classical music in a comfortable setting. Bows and Arrows, 8 p.m., free of charge. 1815 19th St., Sacramento

SJUSD GATE families invited to info night

Nov. 8: Families of Gifted and Talented Education students are invited to attend an upcoming GATE Info Night, a great opportunity to obtain information about GATE programs and to network with other GATE parents from 5:30-6:30 p.m. at Schweitzer Elementary School, 4340 Glenridge Dr. in Carmichael. 979-8049 or accelerated@sanjuan.edu

'Into the Woods' St. Francis performance

Nov. 9, 10, 16, 17: Sondheim and Lapine take recognizable fairy tales and intertwine them into a journey of discovery. 7:30 p.m., \$15 adults, \$10 under 19. There will also be a matinee on Nov. 10, starting at 1:30 p.m. \$15 adults, \$10 under 19. 5900 Elvas Avenue, Sacramento. 452-3461; www.trickett-guys.com/stfrancis

Bi-Polar Anonymous

Nov. 9: Free 12-step program/support group, for people who have Bi-Polar and those who love them. Meets every Friday, 7-8:30 p.m. 4300 Auburn Blvd., Room 106. (916) 889-5786.

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Nov. 17 - Carmichael Oaks
Dec. 1 - Roseville Maidu Center
Dec. 2 - Holy Spirit



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Designer Serene Lusano and craftsman Alan LaGuardia are the couple behind Sacramento's Blockhouse Modern. In 2010, the couple took a collective love of mid-century modern furniture and housewares to create the company - dedicated to restoring and re-purposing all things 1950's, 60's, and beyond.

Since June 2011, Blockhouse has sold exclusively at Sacramento's premier Mid-Century boutique, Scout Living. Here, they are able to bring one-of-a-kind items to a wide audience among like-minded dealers in a great midtown location.

CALENDAR

For more calendar entries visit
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Volkssport walking

Nov. 10: Come join the Sacramento Walking Sticks Volkssport Club! Monthly meetings held every second Thursday at 7 p.m. SMUD Headquarters Bldg., Conference Center, 6201 S St., Sac. Those who wish to walk before the meeting, meet at Starbucks, 1420 65th St., Sac. At 9 p.m. to walk a 3-mile walk to CSUS campus & back. Barbara Nuss (916) 283-4650 or (916) 691-7618 or nussb@surewest.net. Also www.SacramentoWalkingSticks.org

Emblem Club's annual holiday craft and gift show

Nov. 10: Find unique gifts and one-of-a-kind crafts, food and more from 9 a.m. to 4 p.m. at the Sacramento Elks Lodge No. 6, located at 6446 Riverside Blvd. For space information, call 686-0347.

Photo gift shows by P. Colmer

Nov. 10: Sacramento Elks Lodge No. 6, 6446 Riverside Blvd., (Florin and Riverside) 9-4 p.m., 916-261-3850

Sacramento's Involvement in the Civil War tour

Nov. 10: Sacramento, primarily a Union town, had many who fought in the Civil War, then headed west, to make their mark. How did Sacramento contribute to the Civil War and who were those who fought so bravely? The Historic City Cemetery has answers at this free tour. Parking is located across the street from the 10th Street gate. Tour starts at 10 a.m. Donations appreciated. 264-7839 or 448-0811. 1000 Broadway Blvd., Sacramento.

Alternative Christmas Market

Nov. 10 & 11: From 9:30 a.m. to 1 p.m. at Fremont Presbyterian Church, H St. at Carlson Dr., Sacramento. Several local and international charitable organizations will feature Benevolence gifts. Gift cards will be provided. Crafts from Third World countries will be on sale. Free admission. 452-7132 or visit http://www.fremontpres.org/.

'For Colored Girls Who Have Considered Suicide When the Rainbow is Enuf' to be presented at CSUS

The innovative choreopoem For Colored Girls Who Have Considered Suicide When the Rainbow is Enuf will be presented in Sacramento State's Playwrights' Theatre on the campus at 6000 J St. The play weaves dance and poetry to express the struggles of different women. Performances are at 8 p.m. Nov. 1, 2, 3, 9 and 10; 2 p.m., Nov. 4 and 11; and 6:30 p.m., Nov. 7 and 8. Tickets are \$5-\$12 and available at the University Ticket Office, 278-4323. Contact: 278-6368.

Living History Event of Tuskegee Airmen

Nov. 10: This event offers a rare opportunity to meet our Original Tuskegee Airmen, the Real American Heroes portrayed in the recent film, 'Red Tails', produced by George Lucas. Dance to the music of 'Mercy Me', and enjoy a delicious meal provided by PF Chang's. \$60 in advance, \$80 at the door.

Event goes from 6 to 10 p.m. at the California Aerospace Museum, located at 3200 Freedom Park Dr., McClellan, Calif. www.taisac.org, 471-6505.

Veterans Day Parade

Nov. 11: All military veterans are invited to participate. The parade begins at 10 a.m. at Lot "X" at 3rd and N Street and follows a route northward on 3rd Street to Capitol Mall, east on Capitol Mall to 9th Street. It then follows south on 9th Street where the parade will disband. Third Street will be closed from 10 - 10:30 a.m. for the parade start. A program will follow at Capitol Mall at 11 a.m. Grand Marshal this year is Gunnery Sergeant Nicholas Popaditch, known as the "Cigar Marine."

Dragon multicultural arts and crafts faire

Nov. 11: From 9 a.m. to 3 p.m. at the Riverside Elks Lodge, 6446 Riverside Boulevard, Sacramento, CA 95831. For more information, call the Asian Pacific Community Counseling's office at: (916) 383-6783 and ask Ashelee Saelee.

Alternative Gift Market

Nov. 11: Market featuring Fair Trade items from around the world including jewelry, Christmas decorations, global nativities, scarves, chocolate, coffee, figurines, just to name a few selections from 11 a.m. to 1 p.m. at Northminster Presbyterian Church, located at 3235 Pope Ave. 487-5192 or visit northminsteronline.org.

Military Family Day at the Zoo

Nov. 12: From 10 a.m. to 4 p.m., in appreciation for our troops, all military personnel, veterans and their families receive a 50 percent discount on Sacramento Zoo admission with a valid military identification card. Open from 9 a.m. to 4 p.m., general admission is \$11.25; children ages 2-11 are \$7.25 and one and under are admitted free. Parking is free throughout the park or ride Regional Transit bus No. 6. For information, call 808-5888 or visit saczoo.org.

Rotary Clubs of Arden-Arcade, Carmichael

Nov. 13: Guest speakers address local, regional and international topics. Visitors welcome, every Tuesday. Arden-Arcade meets at noon, Jackson Catering and Events, 1120 Fulton Ave. (916) 925-2787. Carmichael meets at 6 p.m., Palm Street Pub & Grill, 6416 Fair Oaks Blvd. www.rotary.org.

Soroptimist International of Sacramento North meeting

Nov. 13: An organization for the betterment of women and children meets at the atria El Camino Gardens at 2426 Garfield, Carmichael. Call Sheila at 624-4643.

Rotary Club of Pocket/ Greenhaven

Nov. 14: Guest speakers address local, regional and international topics. Visitors welcome. 7:30 a.m., every Wednesday. Aviators Restaurant, 6151 Freepoint Blvd. (916) 684-6854.

Crochet Guild

Nov. 14: Crocheters of all levels of ability and all ages are invited to join the Sacramento Crochet Guild. Learn new crochet techniques, exhibit at State Fair, do charity work. Mentoring program. Show and tell. Mini classes. Library and newsletter available. Club member of the Crochet Guild of America. Meets the second Wednesday of the month at 6:30 p.m. Seniors: \$6/yr. Enter from parking lot. Church of the Cross, 45th & H streets, Sac. Karolyn (916) 457-4044

Referrals Plus

Nov. 14, Dec. 12: Referrals Plus, a women's networking group, helps women in business with connections, resources, promotions and ideas. We meet the 2nd Wed. of every month, 12:15 p.m. for meeting/luncheon in Greenhaven area. RSVP required. www.referralsplus.org

East Sac Rotary

Nov. 14: Meets at noon, Evans Kitchen, 855 57th St. Sacramento. www.eastsacrotary.com.

'Go Further with Ford Night'

Nov. 15: A free fundraising event that will benefit the Rebuild McKinley Playground effort, engaging consumers in the final "Random Acts of Fusion" adventure and offering them a chance to see the all-new 2013 Ford Fusion in person. The public will have an opportunity to test their judging skills with American Idol and compete to win a unique VIP experience during the show's 12th season. For each person who attends Go Further with Ford Night, Ford will donate \$10 and Downtown Ford will match the contribution for a total of \$20 for each person who attends - to Rebuild McKinley Playground. 442-6931.

Bi-Polar Anonymous

Nov. 16: Free 12-step program/support group, for people who have Bi-Polar and those who love them. Meets every Friday, 7:30-8:30 p.m. 4300 Auburn Blvd., Room 106. (916) 889-5786.

Holiday Craft Show at Carmichael Oaks Senior Living

Nov. 17: Crafters and artists offering their wares, North Living Room and the Koi Cafe Area (front lobby) from 10 a.m. to 2 p.m. 944-2323. 8350 Fair Oaks Blvd., Carmichael

The Sacramento Harvest Festival Original Art and Craft Show

Nov. 16-18: Holiday shopping, showcasing hundreds of vendors, exciting entertainment, unique food inspiration for Thanksgiving, and more at Cal Expo, 1600 Exposition Dr., Sacramento. It goes on Friday and Saturday from 10 a.m. to 6 p.m., and Sunday from 10 a.m. to 5 p.m. Adults: \$9, Seniors (62+): \$7, youth (13-17): \$4, kids 12 and under: free. For tickets, call 800-346-1212 or visit www.harvestfestival.com

Shred event

Nov. 17: Shred personal documents from 10 a.m. to 2 p.m. at Cook Realty, 4305 Freepoint Blvd., 451-6702. Make a cash contribution to Cook Realty Charitable Foundation, Inc.

Photo gift shows by P. Colmer

Nov. 17: Carmichael Oaks Senior Apts., 8350 Fair Oaks Blvd., Carmichael. 10-4 p.m., 916-261-3850



Faces and Places: TURN VEREIN Oktoberfest

Photos by STEPHEN CROWLEY
Stephen@valcomnews.com

Sacramento Turn Verein celebrated its 45th Annual Oktoberfest on Oct. 12-13 with live polka, Rocktoberfest Bands, The Gruber Family Band, German Folk Dancing, German food and Oktoberfest beer from Munich. For more information, visit <http://sacramentoturnverein.com/> or call 442-7360.



Faces and Places: Spooktacular

Photos by BILL CONDRAY

It was dark and spooky night on Saturday, Oct. 27 at the Swanston Community Center, located at 2350 Northrop Ave. The scene was black, gruesome and playful with skull bowling and a haunted house for children. Some participated in a costume contest and the center offered crafts.





HISTORIC VICTORIAN

Inviting entryway, parlor, large dining room and kitchen with 1 bedroom and bath upstairs; downstairs includes family room, 2 bedrooms and a bath. Period details include beautiful stained glass and light fixtures, high ceilings and wood flooring. Large lot, mature trees and decomposed granite; 3-car garage with alley access. \$393,300

LINDA WOOD 802-8042 • KELLIE SWAYNE 206-1458



STATELY ELEGANCE

Built in 1911, this stunning 4 bedroom, 4 bath home sits on an oversized lot with a heated pool, lawn area and sports court. Charm and craftsmanship from an era gone by, you'll enjoy leaded glass windows, well-kept hardwood floors, beautiful crown molding and more. Remodeled kitchen includes soap stone counters, custom glass faced cabinets and high end appliances. \$1,350,000

DAVID KIRRENE 531-7495



PENDING

FANTASTIC EAST SACRAMENTO

3 bedroom 2 bath located on a street that is one of East Sacramento's best kept secrets. Spacious home includes refinished hardwoods, gourmet kitchen with stainless steel appliances and top of the line cabinets, open floor plan that is perfect for entertaining, dual pane windows, central heat and air, and remodeled bathrooms. Also a charming family room which opens to a very private backyard. \$379,000

TIM COLLOM 247-8048



PENDING

MIDTOWN CRAFTSMAN

Beautifully maintained 1910 Craftsman bungalow, 2 or 3 bedrooms, 2 baths, plus a 3/4 basement. Tons of charm and detail. Yard is gardener's delight with raised beds and established grapevine, and fruit trees; plus brick patio and a pergola. Deep lot with newer large 2-car garage. \$339,900

LIBBY NEIL 539-5881



PENDING

FABULOUS EAST SACRAMENTO

Enjoy the modern amenities of a completely rebuilt home and old world charm of this fabulous East Sac street! 4 bedrooms 3 1/2 baths, honed granite countertops and top end appliances in the spacious chefs kitchen, luxurious master suite has two walk-in closets, a huge shower and a pedestal soaking tub, and so much more. All brand new and waiting for you! \$999,000

NATHAN SHERMAN 969-7379



PENDING

TALLAC VILLAGE COTTAGE

Cute and well cared for 2 bedroom home. The current owners added dual paned windows throughout, replaced the pitched comp roof, relined the sewer to the main, replaced the HVAC, landscaped, created a small office off of the family room and painted with decorator colors inside and out. Enjoy!!! \$159,900

DAVID KIRRENE 531-7495 • LIBBY NEIL 539-5881



LOVELY SARATOGA TOWNHOME

Located within easy walking distance to the Capitol, art galleries and great restaurants yet still quiet in the evenings. Beautifully remodeled 3 bedrooms 2 1/2 baths, newer paint and carpet, and spacious windows makes this a light and bright home. Enjoy your own patio, Roosevelt Park across the street and an attached garage with direct access. Quiet and well maintained complex. \$289,900

NATHAN SHERMAN 969-7379



PENDING

MED CENTER CLOSE

Cute 2 bedroom home near the U.C. Davis Medical Center. Lots of natural light pours through the house. It features partial dual pane windows, a whole house fan, plenty of storage, converted garage, and a low maintenance yard and a cozy fireplace. The roof is approximately 5 years old. Convenient inside laundry is off the kitchen. Plus a classic O'Keefe and Merritt vintage range. \$110,000

LEIGH RUTLEDGE 612-6911



PENDING

EAST SACRAMENTO

This 3 bedroom 2 bath home is near Bertha Henschel Park and McKinley Park. Lovely hardwood floors, and a large living room - with a cozy fireplace - flows into the dining room. Granite counters in kitchen, patterned tile floor and lots of cabinet storage. The third bedroom could also be used for an exercise room, office or playroom. Two covered patio areas. \$288,000

TIM COLLOM 247-8048

for current home listings, please visit:

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