

EAST SACRAMENTO NEWS

January 3, 2013

Community News in Your Hands

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to benefit Clunie pool

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McKinley Playground Rebuild Update: Design Day Set for Friday, Jan. 11

The City of Sacramento sent out an email blast concerning updates to the McKinley Playground rebuild effort. According to the report, a Design Day Community Meeting and unveiling of the preliminary design for the McKinley Playground will be Jan. 11 from 5:30 p.m.-6:30 p.m. at Clunie Community Center, Grand Hall, 601 Alhambra Blvd.

According to the report, on that morning, the Play by Design designer and select committee members will visit local elementary schools where they will interview children to gather ideas for their dream playground. The designer will then spend the afternoon developing a schematic design. Instead of an off-the-shelf playground that could exist anywhere, committee members will build "a one-of-a-kind experience that reflects our town, the East Sacramento neighborhood, and the dreams of the children who play on it."

The day will end with an evening public meeting to unveil the custom playground design to children, parents, and the general community. Participating in design day from start to finish can be an opportunity for children to learn how the design process works and ultimately see the product of their work when the playground is built June 4- June 9.

More from the City report:

What happens after Design Day? The Play by Design team will take all of the input received and go back to come up with a final design that will be given to the Rebuild Steering Committee along with a materials list. That is when the real work begins for the Committee as it is then up to them to obtain materials, donations, volunteer labor, etc.

Steering Committee Looking to Expand

Be a part of something special by joining the Rebuild McKinley Steering Committee. Over the next six months, we will be working industriously to rebuild the playground in time for Summer 2013.

The following subcommittees are in need of assistance:

Tools and Materials: This committee will contact businesses to seek and track donations, arrange for delivery of materials, and set up and man the materials trailer through the build.

Fundraising: This committee will design, order and sell t-shirts, create donation levels and solicit corporate and small business donations, log contributions, create recognition signage and a plaque.

Food Committee: We will feed approximately 200 people in 30 minutes at noon and 5 p.m. each day. The Committee will contact local restaurants, churches, PTAs and households to have meals donated; gather needed drinks, water, snacks and organize the meals.

Child Care: This committee will arrange for location for childcare, obtain donations of craft items and services to entertain kids, determine age of children to care for and schedule adults to assist with childcare.

Children's Committee: This committee will network with schools and preschools

See McKinley, page 3

Overweight Women Needed for a Weight Loss Study

USDA, ARS, Western Human Nutrition Research Center (on the UC Davis campus) is seeking healthy overweight women to participate in a research study about dietary glutamate and body weight. The study will be conducted over 26 weeks and some Sacramento visits are available.

Eligibility:

- Healthy women, age 19-50 years, 15-90lbs over weight
- Not taking meds for depression, anxiety, weight loss or other conditions
- Not pregnant or planning to become pregnant
- Non-smokers

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visit our website www.ars.usda.gov/pwa/davis/whnrc



McKinley: What happens after design day

Continued from page 2

to get kids involved prior to and during the Build. During the Build, there will be a child construction area near the work site where children under 10 years old can "work" on the playground - soaping screws, etc.

Volunteer Recruitment: This committee will take every available opportunity to recruit people to help with the build, including attending community events, contacting service organizations, churches, business, etc."

To get involved, contact mckinleyplayground1213@gmail.com or call Steve Swindel at 457-2772.

Community Build Date set for June 4 through June 9

Please mark your calendars for the community build to take place Tuesday, June 4 through Sunday, June 9. This will probably be the biggest community build event that you will participate in your lifetime and one of the most rewarding experiences! Come out to help for a few hours or a few days. Tools and guidance will be provided. From construction, to helping with childcare, to serving the volunteers food --there is a job for everyone! Sign up to help with the Rebuild McKinley Build.

Buy a Brick or Bench
Friends of East Sacramento (FOES) are helping to raise funds by selling benches and commemorative bricks to be placed in the playground area. Installation will take place when the playground is rebuilt. FOES representatives will be present in the lobby of Clunie Community Center during the Design Day Community meeting to take your order.



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Thursday, April 11, 2013 - 11:30 a.m to 12:30 p.m.

LOCATION: East Lawn Memorial Park
4300 Folsom Blvd., Sacramento, CA 95819
RSVP to craigp@eastlawn.com or (916) 732-2000

PRESENTER:
Craig Peterson

Wed, February 20, 2012 - 11:30 a.m to 12:30 p.m. (Spanish)
Wed, April 17, 2012 - 11:30 a.m to 12:30 p.m. (English)

LOCATION: Andrew & Greilich Funeral Home
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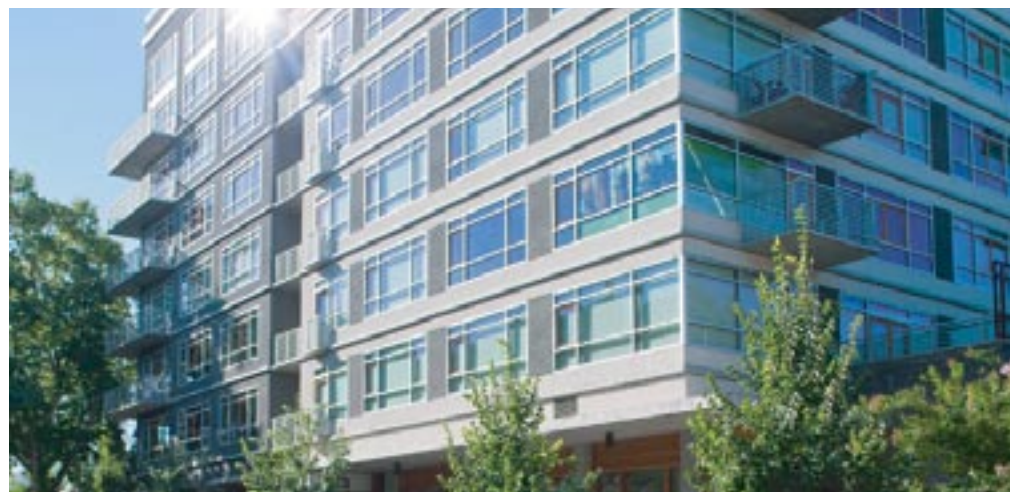
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Clunie Pool Polar Bear Plunge and East Sac Appraisal Day set for Saturday, Jan. 5

By MONICA STARK
Editor@valcomnews.com

Polar Bear Plunge

What is more satisfying on a hot summer day than a cool dip in a swimming pool? Taking a cold dip on a cold, winter day? Well, maybe not, but Saturday, Jan. 5 is your opportunity to help support public pools with the second annual Polar Bear Plunge at Clunie Pool.

Reportedly, last year's event raised more than \$500 to support Sacramento City pools and the pool was a chilly 48 degrees, causing swimmers to hop out of the pool after a quick dip.

There are many ways to take the plunge: The Seal Splash (from the slide: shallow end recommended for weak swimmers), the Penguin Slide (water slide deep water), The Polar Bear Plunge (diving board deep water). Other activities include a polar bear costume contest and cub crafts corner for the kids.

The plunge is \$5 adults and \$5 for children. Clunie Pool is located at 601 Alhambra Blvd. in McKinley Park. Call 808-2306 for more information or email aquatics@cityofsacramento.org

With this benefit, donations, and the support from

Save Mart, Clunie Pool and other pools through out Sacramento gave families the opportunity to enjoy their community pools by the time the mercury started to rise in the Valley.

East Sac Appraisal Day

After taking the plunge to support Clunie Pool, stroll on over to the Clunie Center for East Sac Appraisal Day, where proceeds from that event benefit the Clunie Center.

Brian Witherell from Witherell's Art & Antiques will be the guest appraiser at the first East Sac Appraisal Day for antiques and fine art from noon to 4 p.m. Brian has more than 25 years experience as an auction-



eer and appraiser. He has also been a guest appraiser on the PBS TV program, "Antiques Roadshow" for the past 16 years. Cost is \$10 per item or 3 items for \$25. (You may bring

up to three items/photos per person.) All proceeds go toward the restoration of the Clunie Community Center. To reserve a time slot, email friendsfeastsac@aol.com

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East Lawn Memorial Park's establishment inspired by great flood of 1904

By LANCE ARMSTRONG
Lance@valcomnews.com

Editor's Note: This is part two in a series about the rich history of and associated with East Sacramento's award-winning East Lawn Memorial Park.

For those who are familiar with Sacramento's earlier years, it is no secret that floods influenced many decisions in the area. And today's East Lawn Memorial Park was established as a result of the Edwards Break flood of 1904.

The flood inundated about 10,000 acres in the Riverside and Pocket areas and washed through the old city cemetery – today's Sacramento Historic City Cemetery on Broad-

way, between Riverside Boulevard and Muir Way.

So great was the flood's effect on the city cemetery that many headboards were carried away by its waters and, according to a 1905 edition of *The Sacramento Bee*, "there was no place to bury the dead."

In reaction to the flood's damage to the city cemetery, Louis Breuner, the son of John Breuner, who founded the well known John Breuner Co. home furnishing business, led an effort to establish a cemetery on 42 acres of the old Newton Booth place, which was previously known as Twin Oaks Farm.

The site was a desirable site for a cemetery due to its high ground above the city's flood plain.

Louis F. Breuner, who was then serving as the presi-



Photo courtesy of PHCS

The Edwards Break flood of 1904 led to the establishment of the East Lawn Cemetery – today's East Lawn Memorial Park.

dent and manager of the John Breuner Co., which was at that time located at 600-608 K St., purchased the old Twin Oaks Farm site in 1904, following the Edwards Break flood. However, the property was for some reason placed in the name of Louis' wife, Clara.

In addition to pursuing the construction of a cemetery on this old farmland, Louis, who served as the president of the Sacramento Chamber of Commerce in 1901 and 1902, had his home built on a portion of the property in about 1911.

This residence had the address of 4028 Folsom Blvd. by 1918, and Louis' home address was recognized as 4110 Folsom Blvd. by the following year.

Louis, who had previously resided at 1103 O St., continued to live in his Folsom Boulevard home until about 1923, when he moved with his family to 1128 45th St.

Assisting in Louis' venture to have a nondenominational cemetery established east of the eastern edge of the then city limits at 31st Street – today's Alhambra Boulevard – were other local residents, including Fred W. Kiesel and Chauncey H. Dunn.

The proposed cemetery site met the approval of Sacramento County coroner George C. McMullen.

McMullen was quoted in the March 14, 1904 edition of *The Bee*, as follows: "While I have not given the proposed new cemetery full consideration as yet, still it must be obvious to even a casual observer that Sacramento requires a new burying ground – and that badly. The city itself has practically no more lots for sale in the old (city) cemetery. Under political influence, the tendency is productive of inferior results. Unquestionably, the (former) Twin Oaks Farm property is the very best available for a burying ground. The proposition ad-

vanced is quite feasible. With the enterprise of those behind the project, I believe satisfactory results will follow. I have every confidence in them and understand they are going ahead, if they can secure sufficient encouragement from our citizens."

McMullen added that even if the city desired to enlarge the old city cemetery, little space was available for such a project.

Also among those in support of the proposed cemetery was Leon H. Jacox, proprietor of Jacox Bros., a new and used furniture and upholstery store at 920 K St.

Jacox, who resided at 1901 P St., was quoted at the time as saying, "I believe a modern lawn cemetery, with a good crematory, will be a necessity within the next few years. Recent high waters has (sic) shown that all the desirable portion of the city cemetery is already occupied. No finer location could be secured than the one under discussion. It is far enough from the city, yet near enough for the purpose."

Even at the planning stages of East Lawn Cemetery (the original name of the cemetery), many well known Sacramentans, as well as notable San Francisco residents, had arranged for lots at East Lawn.

Among these people were: McMullen, William E. Gerber, vice president of the California State Bank and president of the Earl Fruit Co.; George Peltier, manager of the California State Bank; Daniel W. Carmichael, proprietor of the Curtis, Carmi-



Photo by Lance Armstrong

A Christmas tree accompanies the gravesite of some loved ones in this recent photograph taken at East Lawn Memorial Park.



Photo by Lance Armstrong

East Lawn Memorial Park is located at 4300 Folsom Blvd. in East Sacramento.

East Lawn: Cemetery was dedicated on Easter 1905

Continued from page 6

chael & Brand insurance company; and H. Edward Yardley of the Clark & Booth Co. funeral home at 1017-1019 4th St.

After the proposed cemetery site gained its necessary approval and the cemetery was established, the first burials occurred on Dec. 24, 1904.

It was then that the William F. Gormley funeral home, which was located at 912-914 8th St., disinterred the remains of seven people from a lower, flooded

section of the city cemetery and relocated them to the East Lawn property.

These people were Katie, Arthur W. and Theodore Bowles of Brighton, John Bowles of Sacramento, John D. Winters of Stockton, Elizabeth Winters of Brighton and Earle A. Dudley of Arizona.

East Lawn Cemetery was dedicated on Easter Sunday, April 23, 1905.

The event, which began at 3:30 p.m., was presented from a platform

that had been constructed for temporary use on the cemetery's grounds.

Participating in the ceremony were the Rev. H. K. Booth of the Congregational Church (opening prayer); the Rev. Charles F. Oehler of the German Lutheran Church (benediction); Frank D. Ryan, president of the East Lawn Cemetery Association (short address); and Judge Carroll Cook of San Francisco (oration).

The gathering also included music by an 18-member chorus and an eight-piece orchestra.

At the time of this dedication, the cemetery included about 50 burials, which is in stark contrast to its present 99,661 burials. This latter figure does not include the 4,691 unidentified human remains that were relocated to East Lawn from East Sacramento's old New Helvetia Cemetery in the 1950s.

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See East Lawn, page 7



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'Active 20-30' throws holiday party for children fighting cancer at UCDMC

By JOHN COOPER
jcooper@valcomnews.com

On Dec. 8, more than 300 children from the UC Davis Medical Center's pediatric oncology ward were treated to a party in their honor. The "Active 20-30 Holiday Party for Children Fighting Cancer" is an annual event put on by the Active 20-30 Sacramento Club, a group dedicated to hosting events and raising money for local children's charities. The party serves to bring holiday cheer to children who many not be able to leave the hospital, or even their rooms, due to health reasons.

For three hours on Saturday afternoon, these patients got the chance to act like kids: they bounced around bounce houses, participated in a magic show, and listened to a live band. In addition to a lunch served by volunteers, the kids also received a visit from Santa (played by Active 20-30 president David Branden-

burger), complete with toys donated by community members.

Active 20-30, along with volunteers from other organizations, had been developing the event for weeks. Toy collection boxes were placed in businesses throughout Sacramento, and donations were also taken at several events hosted throughout the week leading up to the party. Volunteers gathered at the UC Davis MIND Institute early on the morning of the party to help wrap gifts, lay out food, and set up entertainment.

The party was said to be the best one in all the years Active 20-30 has been hosting it, and the response from the community was incredible. So many toys were collected that there were leftovers, even though every child in attendance was given two. Extra toys will be donated to other children's groups around town, in hopes that as many kids as possible can have a happy holiday.

Active 20-30 is a club with the objective of serving the com-



Photo by John Cooper

munity while building lasting friendships and rendering service to youth. To make donations to the Active 20-30 benevolent

fund or find out more information about the Active 20-30 Club of Sacramento, please visit www.sac2030.info/.

SPORTS

St. Francis Letters of Intent

By BENN HODAPP
benn@valcomnews.com

After many of us immersed ourselves in as much college football as humanly possible the last several days, the area's own St. Francis High School is set to send 11 student athletes into next year's field of college athletics.

The 11 athletes, comprised of four volleyball players, three water polo players, two lacrosse players, one softball player and one crew member, signed their national letters of intent on Nov. 14, 2012.

St. Francis Athletic Director Mark McGreevy talked about the athletes and how they have helped keep up the school's tradition of sending athletes to play at the next level.

"Last year I think there were 14," McGreevy said of 2011's batch of St. Francis signees. "We could have another 10 this year during the spring signing."

The athletes (Meagan Bennett, Lauren Bryan, Alexey Chandler, Kaitlyn Cozens, Marisa Kolokotronis, Hannah Liserra, Bailey O'Mara, Gabriella Palmeri, Maile Seto, Dana Vestman and Allie Wegener), will head to 11 different colleges all over the country.

McGreevy said that several of the athletes decided to go to a school that was not necessarily their first choice initially. "The common answer was that the school wasn't their first choice, but they visited the campus and found that it was a fit," he said.

With so many quality players leaving every year, some might wonder how St. Francis continues to compete at a high level.

"Success begets success," said McGreevy. "Our athletic programs are attractive to potential students because the programs compete at a high level. We are the beneficiaries of past success and we have great coaches."

Volleyball

Hannah Liserra - Seattle University - Played on the varsity team for three years. Was named a co-captain.
Gabriella Palmeri - Pepperdine University - Four-year varsity player. Named co-MVP of the Delta League in 2011. In 2010 was named 2nd team All-Metro.

Dana Vestman - Montana State University - Was a starter for the varsity team last season. Was part of the team that finished in 5th place in the state playoffs last season.

Allie Wegener - UC Davis - Two-year varsity player. Named All-League in 2011.

Water Polo

Alexey Chandler - Wagner College - Won Most Improved Player award in 2010 as a member of the junior varsity water polo team. Was a member of the 2011 varsity squad.

Kaitlyn Cozens - University of Michigan - Played four years for the varsity water polo team. In her junior year she was named 1st team All-League and 1st team All-Section.

Marisa Kolokotronis - Brown University - A four-year varsity member. Named All-Section in 2010 and 2011.

Lacrosse

Meagan Bennett - St. Mary's College of California - Was a four-year member of the varsity team. Was the team's leading scorer her sophomore and junior seasons. Awarded team MVP after her junior season.

Lauren Bryan - Fresno State University - Was a four-year member of the varsity lacrosse team. Knee surgeries ended her freshman and sophomore seasons, but came back to be one of the team's offensive leaders during her junior season.

Softball

Bailey O'Mara - University of the Pacific - A three-year varsity starter. Twice named All-League catcher. Named team co-MVP in 2011.

Crew

Maile Seto - University of Tulsa - A four-year rower for Capital Crew. Named team captain.

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ARTS

Local Elementary School Strikes Up String Orchestra

By CORRIE PELC
corrie@valcomnews.com

Plato once said, "Music is a more potent instrument than any other for education."

Now students at East Sacramento's Theodore Judah Elementary School have been given the opportunity to expand their education through their school's new string orchestra.

Since September, about 55 second through sixth graders have been learning the basics of playing the violin and cello through the instruction of Holly Harrison – the school's general music and orchestra teacher.

Band Leader

Harrison, who has been with Theodore Judah since March, has a background in string instruments, holding a master's degree in viola performance from Sacramento State.

She is a freelance violist, having performed with the North State Symphony in Chico and Redding, Townsend Opera Orchestra in Modesto, and the Sacramento Choral Society Orchestra. She also taught with the Sacramento State Spring Project for three years, and has been teaching private viola and violin lessons for four years at Kline Music in Sacramento.

When Theodore Judah was interviewing for a new music teacher, Harrison's string instrument background was something they were looking for, says Laurie Eaton, president of Theodore Judah Elementary School PTA. "It's been one of my goals as PTA president to grow our music offerings and grow our music department," she explains. "We have a lot of other offerings, but I think adding the orchestra was another way to distinguish our school."

Principal Corrie Buckmaster Celeste agrees, "A complete education involves



the arts and music is part of that. Our students have music class every week, but we wanted to add to that learning of an instrument. Since Holly is proficient in instructing in strings, we built on that skill to add a string orchestra program to our school."

Harrison – who's position is completely funded by the school's PTA – says she feels extremely lucky to have a position with Theodore Judah at a time when many schools are eliminating their music programs. "I work with transitional K all the way up through sixth grade, so it's wonderful for me to get to work with all of the kids," she adds.

Learning Curve

Since the end of September, students in the string orchestra have been meeting twice a week during their lunchtime recess, and then once

a week after school, to learn the basics of playing either the violin or cello.

For the first month, Harrison says the students all used simulated instruments – violins made of boxes with a stick attached, and PVC-simulated cellos – so, "they can practice holding the instrument and get some of that nuts and bolts stuff out of the way before they get the actual instrument, which is obviously valuable," she explains.

Now the orchestra students have been moved to actual instruments for about a month and are currently learning the techniques needed to play their instrument.

Additionally, Harrison says students in the orchestra are given the opportunity to learn about teamwork and collaborating with classmates, as well as practicing self-evaluation, and "just being a really fun outlet in life to

See Orchestra, page 12

Orchestra: Teacher looking for funds to buy their own instruments

Continued from page 12

be able to play a musical instrument."

Eaton says along with the excitement of learning how to play an instrument, her two children who are in the orchestra – one learning violin and another learning cello – are learning patience and good behavior, as well as responsibility. "These instruments are quite expensive and worth a lot, so they have to carry it to school each day, carry it home, and learn how to handle it and be very responsible," she adds.

And the new orchestra is also a learning opportunity for students who are not currently participating in the orchestra as it lets them see their own peers performing and inspires them, says Buckmaster Celeste. "They'll learn that it's something they could do ... if they wanted to learn how to play an instrument, they'll have access to it," she explains. "And other kids may be interested after they see their peers up there performing – that might spark an interest in them to start the following year."

No Strings Attached

So how can the surrounding community help support

Theodore Judah's string orchestra?

According to Harrison, while some students are able to rent their own instruments, others have been borrowing them through Sacramento City Unified School District's music library. However, she says many of those instruments are older and did not come with a bow, which is needed to play the instrument.

Harrison recently held a successful fundraiser, raising enough money to purchase bows for the students that needed them. However, she said they are looking for funding to help the school purchase its own instruments for students, as well as funds to help students who cannot afford to purchase items such as music books, flashcards and music stands they'll need as they progress through the orchestra.

Eaton agrees, and adds the PTA is considering holding another fundraiser in the spring to help out. "Quite frankly that could help students who can't afford to be on the orchestra in purchasing more instruments and more bows," she adds.

Eaton also says they are looking for community members with a background in string instruments to volunteer as a helping hand for Harrison during orchestra rehearsals.

Harrison says overall she has been receiving a "tremendous amount" of support from Theodore Judah parents, both with and without students in the orchestra, and has even had parents coming in to learn how to handle the string instruments, including proper tuning and positioning, to help her and the students. "Those parents have just been spectacular," Harrison says.

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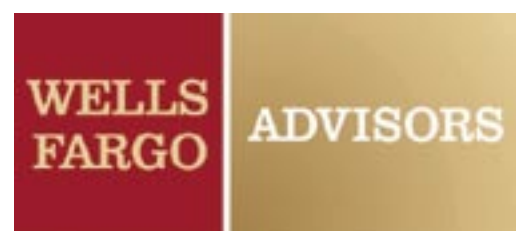
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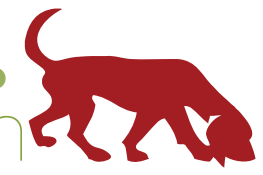
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JANEY WAY MEMORIES

Climbing up the Bell Tower of St. Mary's Church



By MARTIN RELLES
marty@valcomnews.com

As I drove down M Street toward St. Mary's Church last week, I gazed up at its bell tower, which dominates the skyline in our neighborhood. It harkened up a long-since forgotten memory.

When I reached 12 years of age, I became an altar boy at the church. In that capacity, I had responsibility for assisting the priests in the service of mass. During that time, a Catholic Brother named George, headed up the altar boy team. He was a nice man, who often played touch football with the boys in the yard at St. Mary's School. The good brother made sure each service of mass went off without a hitch, so he was always on site at the church when we performed our duties.

One Saturday morning after mass, my fellow altar boy and best friend Lou Viani and I stood talking with Brother George in front of the church. During our conversation, Lou asked the brother if he had ever been up the bell tower of the church. George said he had, and then asked, "Would you like to go up there some time?" Lou and I responded with a resounding, "yes." Then Brother George said, "I am too busy to do that today, but if you guys meet me here next Thursday, at 7 p.m., I will take you up there." Wow, we could hardly wait.

So it was, on the next Thursday, Lou and I met Brother George on the front steps of the church, where he let us into the vestibule. From there, we proceeded up the stairway to the glass-enclosed children's room in the back of the church, then up another flight of stairs to the choir room. There facing the choir room stood a locked door which George unlocked and let us in. Inside the room, we looked straight up to the top of the bell tower. Now we were really excited.

We followed Brother George up four flights of stairs to a stoop at the very top.



He then reached up and pulled down a retractable ladder which he climbed up and then slung open a trap door. Into the tower he went and then waved us up. Within seconds, we sat in the tower overlooking the entire landscape of the city of Sacramento. The views were incredible. Looking north we saw Sacramento State College and the H Street Bridge, with cars streaming across it in the waning light. Looking west we saw the lighted dome of the California State Capitol building. Over in the south, we viewed the California State Fair, with lights ablaze as the fair had just opened up.

We sat up in the tower for about 15 minutes, taking in all the sights and wafting in the warm air of a Sacramento Summer night. Finally, Brother George said, "we better get out of here now boys, before it gets too dark. So, down we went to the first floor of the church where we said our good bys and headed home.

I have never forgotten that experience. In the intervening years I have ascended the Eiffel Tower, rode an elevator to the top of the Empire State Building and gone to the top of the Pearl Tower in Shanghai, China, but I think none of those adventures made a greater impression on me than climbing to the top of the St. Mary's Church bell tower: another unforgettable Janey Way memory.

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7:30 a.m., every Thursday. Aviators Restaurant, 6151 Freepoint Blvd. (916) 684-6854.

Bi-Polar Anonymous

Jan. 4: Free 12-step program/support group, for people who have Bi-Polar and those who love them. Meets every Friday, 7-8:30 p.m. 4300 Auburn Blvd., Room 106. (916) 889-5786.

Sacramento Anime Convention (Sacanime) in Sacramento

Jan. 4: SacAnime is the anime convention "Where Fans Come to Play", providing Japanese influenced pop culture fun for the entire family. Events include live concerts with Kazha and Raj Ramayya, a huge vendors room, karaoke contest, cosplay masquerade, lolita tea party, maid cafe, video game tournaments, artists alley, panels and workshops and much more, also special guests. This event will take place at 1400 J St. Friday: \$20 Saturday: \$30; Sunday: \$15; and Weekend: \$40. For more information visit http://www.sacconventions.com/.

Capsity's Winter Food and Clothing Drive in partnership with Sacramento Food Bank

The food and clothing drive is in full swing at Capsity, 2572 21st St., 585-3004. Goal is to collect 300 pounds of food and new or gently used clothing.

Travel club meetings slated at Arcade Library

The Sacramento Public Library invites all travelers to its monthly "No Reservations Travel Club" meetings at 7 p.m. on the first Tuesday of each month at the Arcade branch, 2443 Marconi Ave. The free adult meetings feature a speaker, plus time for exchanging travel information within the group. 264-2920 or visit www.saclibrary.org.

JANUARY

Rotary Club of Pocket/Greenhaven
Jan. 3: Guest speakers address local, regional and international topics. Visitors welcome.

sales presentation, interviewing, confidence building and more. Meets First Tuesdays of the month 10 a.m.-1 p.m. and First Saturdays of the Month 12 noon-3 p.m. Aviators Restaurant, 6151 Freepoint Blvd., Sac. Liz Richardson (916) 208-9163, erichardson1202@yahoo.com www.powertalkinternational.com

Free Tree Pruning Clinic

Jan. 5: Learn how to help your trees develop good structure and form. A variety of pruning tools will be presented and discussed. There will be a walkabout on library grounds to look at tree structure and pruning. Free from 11 to 12:30 p.m. at the Elk Grove Library, 8900 Elk Grove Blvd. Register at www.sactree.com/events.

Free MS Excel computer classes scheduled at Central Library

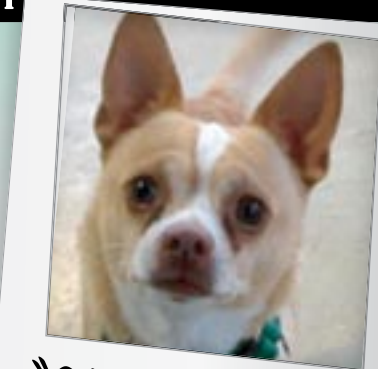
Jan. 5: The Sacramento Public Library is presenting a free, six-session, basic Microsoft Excel software class, starting 10 a.m., Saturday, January 5, at its Central Library, 828 I Street, Sacramento. 264-2920 or visit www.saclibrary.org.

Free Tree Pruning Clinic

Jan. 5: Learn how to help your trees develop good structure and form. A variety of pruning tools will be presented and discussed. There will be a walkabout on library grounds to look at tree structure and pruning. Free from 2 to 3:30 p.m. at Arden-Dimick Library, 891 Watt Ave (at Northrop Ave). Register at www.sactree.com/events.

DOG OF THE MONTH

Samson is a gentle and affectionate three-year-old boy with a way with people! He likes to put on a face, have you pet him and then lick you to pieces. He's quite the little comedian! When Samson isn't cuddling on your lap he can be found outside playing and running around, perfect for a home with older children. He seems to get along with everyone and will most likely enjoy having another dog, perhaps even a cat, in his new home. Come visit Samson today!



"SAMSON BOY"

Sacramento SPCA Visit him today or online at www.sspca.org

Christmas Tree Pickup

Jan. 5-6: Boy Scouts from Carmichael Troop 55 will once again be picking up Christmas trees from Carmichael residents and businesses this season. Trees will be mulched and used to improve parks within the Carmichael Parks District. Suggest donation is \$10, with proceeds going to support troop activities throughout the year. Call Ed at 743-3336 for questions or to arrange a pickup.

Clunie Pool Polar Bear Plunge

Jan. 5: Help support public pools with this fun family event. There are many ways to take the plunge: The Seal Splash (from the slide: shallow end recommended for weak swimmers), the Penguin Slide (water slide

deep water), The Polar Bear Plunge (diving board deep water). Other activities include a polar bear costume contest and cub crafts corner for the kids. \$5 adults and \$5 for children. Call 808-2306 for more information or email aquatics@cityofsacramento.org

Carmichael Library hosts book sale

Jan. 5-6: The Sacramento Public Library can help you find great bargains of used children's and adult books and DVDs at its Carmichael branch, 5605 Marconi Avenue, Carmichael. Hosted by the Friends of the Carmichael Library, sale hours are Saturday, January 5 from 10:30 a.m. to 5 p.m.; and Sunday, January 6 from 11 a.m. to 4 p.m. 264-2920 or visit www.saclibrary.org.

THE WORK OF EVERYDAY LIVING

Pioneer House Community Workshop
Saturday, January 26, 2013
10 am to 11 am

Location:
Pioneer House
415 P Street
Sacramento, CA 95814
Phone: (916) 442-4906



Call today to reserve your seat or email
Anela Freeman
at anela.freeman@rhf.org

How can you plan your day when getting ready for the day is so much work!

Join us for our second community workshop on how to live healthy and strong.

After the workshop please feel free to tour our community.



CLASSIFIED ADS

Call a sales representative today for great advertising rates: 429-9901

EVENT LISTING SECTION

Advertise your craft fairs, holiday bazaars, school fundraises, church events, etc. in your Community Newspapers.
Call (916) 429-9901 for rates.

Concert at
All Saints Episcopal Church
4:00 pm Organ Recital:
Dr. Ryan Enright
January 27, 2013 - \$10
2076 Sutterville Road, Sacramento



Child care provided • Overflow parking available across Sutterville Rd. at City College • Reception to follow • \$10 per person

CALL AND PLACE YOUR EVENT TODAY!
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No job too small. Make your "to-do" list and give me a call. Electrical, Plumbing, Tile, Sheetrock, Plaster, Stucco, Repairs and Remodeling, you name it! Lic# 908942. Call Steven at 230-2114.

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Rain gutter's cleaned, concrete removal, sod placement, rototilling, pressure washing/power spray, yard work, hauling, painting, tree & shrub removal, general labor, fence repair, odd jobs & more. References available. **Licensed. Call Les at 838-1247.**

HARDWOOD FLOORS

REFINISH OR INSTALL
Install, sand & finish hardwood flooring or refurbish your existing hardwood floors. Call Michael at (916) 383-8742. Lic#544159 Ref available

HELP WANTED

FREELANCE WRITERS WANTED
Seeking freelance reporters for local community newspaper group. Ability to take photos a plus. Please send resume, cover letter and three writing samples to editor@valcomnews.com

PET PORTRAITS

ORIGINAL PET PORTRAITS
Realistic oil paintings of your beloved pets. Perfect gift for animal-lovers! Reasonable prices. Submit photograph—turn around 7-10 days. Email melissa@melissaandrews.com or call 447-4441. Check out website at MelissaAndrews.com. or visit Valley Community Newspapers' office at 2709 Riverside Blvd., Melissa works here and has some of her art here! Stop by!

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Old stuff lying around that you don't need? We'll buy it! Wish to buy 1950's and 60's furniture, Atomic, Retro, Mid-Century Modern, Danish modern, Scandinavian, or vintage office/industrial. Email photos to blockhousesacramento@gmail.com or call 916-594-7971

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Call 429-9901

CALENDAR

come, every Tuesday. Arden-Arcade meets at noon, Jackson Catering and Events, 1120 Fulton Ave. (916) 925-2787. Carmichael meets at 6 p.m., Palm Street Pub & Grill, 6416 Fair Oaks Blvd. www.rotary.org.

Camino Gardens at 2426 Garfield, Carmichael. Call Sheila at 624-4643.

Fr Big Dreams, Small Shoulders

Jan. 8: Youth concert at Crocker at 11 a.m. and noon. Fr Big Dreams, Small Shoulders is a work on Norman Rockwell's painting of Ruby Bridges, the six-year old escorted into an all-white school by federal marshals in 1960. Crocker Art Museum, 216 O St., SAC. Cost: museum admission.

Soroptimist International of Sacramento North meeting

Jan. 8: An organization for the betterment of women and children meets at the atria El

Alzheimer's Association Workshop on Legal and Financial Planning

Jan. 8: This is an interactive program where you will have a chance to learn about important legal and financial issues to consider, how to put plans in place, and how to access legal and financial resources near you from 10 a.m. to 11:30 a.m. Guest speaker: Dustin Mac Farlane, Elder Law Attorney. Registration requested. Call 1-800-272-3900. Asian Community Center Park City, 7375 Park City Dr. Sacramento, 95831.

East Sac Rotary

Jan. 9: Meets at noon, Evan's Kitchen, 855 57th St. Sacramento. www.eastsacrotrary.com.

Rotary Club of Pocket/Greenhaven

Jan. 10: Guest speakers address local, regional and international topics. Visitors welcome. 7:30 a.m., every Thursday. Aviators Restaurant, 6151 Freepoint Blvd. (916) 684-6854.

Volkssport walking

Jan. 10: Come join the Sacramento Walking Sticks Volkssport Club! Monthly meetings held every second Thursday at 7 p.m. SMUD Headquarters Bldg., Conference Center, 6201 S St., Sac. Those who wish to walk before the meeting, meet at Starbucks, 1420 65th St., Sac. At 5 p.m. to walk a 3-mile walk to CSUS campus & back. Barbara Nuss (916) 283-4650 or (916) 691-7618 or nussb@surewest.net. Also www.SacramentoWalkingSticks.org

Bi-Polar Anonymous

Jan. 11: Free 12-step program/support group, for people who have Bi-Polar and those who love them. Meets every Friday, 7-8:30 p.m. 4300 Auburn Blvd., Room 106. (916) 889-5786.

Carmichael Chamber of Commerce presents M.V.J.

Jan. 11: The Chamber presents the Most Valuable Jerry 2013 person of the year awards dinner and fundraiser honoring former Carmichael resident and Sacramento Kings TV Analyst Jerry Reynolds for almost three decades of service to sport, broadcasting and community. 6:30 to 9:30 p.m. at La Sierra Community Center 5325 Engle Rd., Carmichael. \$55 in advance, includes dinner, no host bar, raffle, silent auction. Meet celebrities and community leaders. Portions benefit Bev Angel's Project. 481-1002.

Riverside Elks 6 Crab and Shrimp Feast

Jan. 12: Crab and shrimp anti pasta, pasta, green salad, garlic bread, no host cock-

tails at 6 p.m., followed by dinner by 7 p.m. Huge raffle. Open to the public. Tickets available in the Lodge Office or call 422-6666. Credit cards accepted. \$45. 6446 Riverside Blvd. Sacramento. Proceeds go to the general fund.

Note card craft program for adults slated at Belle Cooleedge Library

Jan. 12: The Sacramento Public Library will present a greeting card craft program for teens and adults at noon at its Belle Cooleedge branch, 5600 South Land Park Drive, Sacramento. Participants will learn how to transform paper scraps into original art cards which they can send as 'thank you' notes. Supplies will be provided. 264-2920 or visit www.saclibrary.org.

Northern California Art by Fire: 29th annual seconds sale

Jan. 12: Purchase functional and decorative gifts from more than 25 clay, glass and metal artists from 10 a.m. to 2 p.m. at Shepard Garden and Arts Center, 3330 McKinley Blvd. http://www.artbyfire.org and Facebook at Northern California Art by Fire.

Rachel Barton Pine to perform at Sacramento Philharmonic

Jan. 12: A virtuosic violinist, philanthropist, educator and music detective, Rachel Barton Pine has earned critical acclaim for her many recordings and orchestra performances around the world. Pine will perform with the Sacramento Philharmonic, Michael Morgan conducting at 7:30 p.m. at the Community Center Theater (1301 L St. Sacramento). Tickets are \$21 to \$117, to order tickets please visit sacphil.org or call 808-5181.

Run for Grant a Wish 5K Run or Walk

Jan. 13: Starting at 9 a.m. Run/Walk Site: Land Park, River Walk at Miller Park. Proceeds will benefit SGAW-Sacramento Grant a Wish Foundation. Registration fee only \$15 per person. Bonus: Each person/sponsor will be entered into a raffle to win a 60-minute massage and will receive a "I ran for (SGAW) Sacramento" Tumbler. Register at 752-9152 or email info@sagrantaawish.org

Fr Big Dreams, Small Shoulders



Faces and Places: Glenn Hall Park clean up day

Photos by STEVE HARRIMAN
On Dec. 15, 2012, volunteers worked to clean up River Park's Glenn Hall Park. Caterers provided soup and sandwiches for the hard at work. Volunteers raked, raked and raked some more.

Seniors Eat Free!
Buy one entrée and get a second entrée (of equal or lesser value) FREE!*

January 1 - March 31, 2013

*Seniors 55 and older. \$16 maximum value. Must present proof of age. Not valid with any other offer. Offer valid 1-1 through 3-31-2013. Not valid for Dine Downtown, Valentine's Day, or Easter.

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SAVE THE DATE! Primrose Living with Memory Loss

Day Club Open House
Saturday, February 2, 2013 from 10am-1pm

Lunch 12-1pm

This Free Event is an excellent way for you to learn about the benefits of our Adult Day Club for your loved ones who live with a memory impairment. Great for seniors, family members, caregivers, and medical professionals seeking information or additional services for loved ones or friends.

Hands-On Activities!

Some of the benefits of our Adult Day Club include:

- Stimulating mental and physical activities
- Social and peer support
- Enhanced or maintained level of independence
- Allows short-term respite for friends and/or family members who are caregivers



Considering a more long-term stay?
Our Day Club is a great avenue to transition into our Primrose community.

Residential License #: 347001338 • Day Club License #: 347001342





FABULOUS HOME

This beautiful home has been remodeled to the last detail. Every room's a showpiece: detailed custom moldings, hardwood floors with inlays, recessed lighting, whole house speaker systems, imported Italian tile throughout. 4 bedrooms, 3½ baths. Spacious master with 13' ceilings, fireplace & dual 90sqft closets has a private terrace overlooking the gorgeous back yard and pool. \$1,559,000

DAVID KIRRENE 531-7495



PHENOMENAL EAST SACRAMENTO

4 bedrooms 4½ baths, nearly 5000 square feet, this home has it all. Inside you will see a gourmet kitchen, a formal dining room, a large living room and an open breakfast room. The home also features a family room, a sauna/steam room, a full gym, and a workshop. Outside is your own private sanctuary on a big lot with a newer pool and built in kitchen; perfect for entertaining \$1,895,000

TIM COLLOM 247-8048



STATELY ELEGANCE

Built in 1911, this stunning 4 bedroom, 4 bath home sits on an oversized lot with a heated pool, lawn area and sports court. Charm and craftsmanship from an era gone by, you'll enjoy leaded glass windows, well-kept hardwood floors, beautiful crown molding and more. Remodeled kitchen includes soap stone counters, custom glass faced cabinets and high end appliances. \$1,350,000

DAVID KIRRENE 531-7495



BRICK TUDOR

Fantastic 5 bedroom home in the middle of East Sacramento! Meticulously maintained with pristine hardwood floors, a vintage fireplace, large formal living and dining rooms; a very spacious layout. Also included is a basement perfect for a wine cellar or storage; and ample space up in the attic; could be perfect for a playroom. A must see! \$529,500

TIM COLLOM 247-8048



EAST SACRAMENTO CHARM

Fantastic 2 bedroom home in East Sacramento. Put your finishing touches on this charming property just minutes from Sac State, and Downtown. This home includes two bonus rooms which have a lot of potential and space. Also included is a vintage fireplace in living room and a fireplace in one of the bonus rooms, an open kitchen and a small courtyard in the back. \$310,000

TIM COLLOM 247-8048



NEW IN THE FAB 40'S

Newly rebuilt home perfectly located in East Sac's Fab 40's! This 5 bedroom 4½ bath home is very spacious with over 3400 square feet on a large lot. New wiring, plumbing, kitchen, baths, floor plan and everything else! Top of the line finishes. Large front and back porch as well as a master suite balcony. Open House Sunday, January 6th 12-4pm. \$1,450,000

NATHAN SHERMAN 969-7379



SARATOGA TOWNHOME

Wonderfully updated 2 bedroom 1½ bath townhome! All new dual pane windows, French doors, built-in cabinets, kitchen with granite counters and Kenmore appliances, wood floors and designer paint. Walking distance to Downtown art galleries, great restaurants, the Capital and you still have quite evenings. \$267,000

NATHAN SHERMAN 969-7379



SOLD

HISTORIC VICTORIAN

Inviting entryway, parlor, large dining room and kitchen with 1 bedroom and bath upstairs; downstairs includes family room, 2 bedrooms and a bath. Period details include beautiful stained glass and light fixtures, high ceilings and wood flooring. Large lot, mature trees and decomposed granite; 3-car garage with alley access. \$393,300

LINDA WOOD 802-8042 • KELLIE SWAYNE 206-1458



PENDING

POVERTY RIDGE

One-Of-a-Kind opportunity ...this is an investor dream project! With over 1/4 acre lot, this 1937 home has endless possibilities. Sitting across the street from Tapestry Square, the large front and back yards have amazing old trees providing privacy and serenity in a terrific location. Guest room or office space attached. \$429,000

JAMIE RICH 612-4000

for current home listings, please visit:

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