

EAST SACRAMENTO NEWS

March 7, 2013

Community News in Your Hands

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Ivanov's keeps time pieces ticking in the cell phone age

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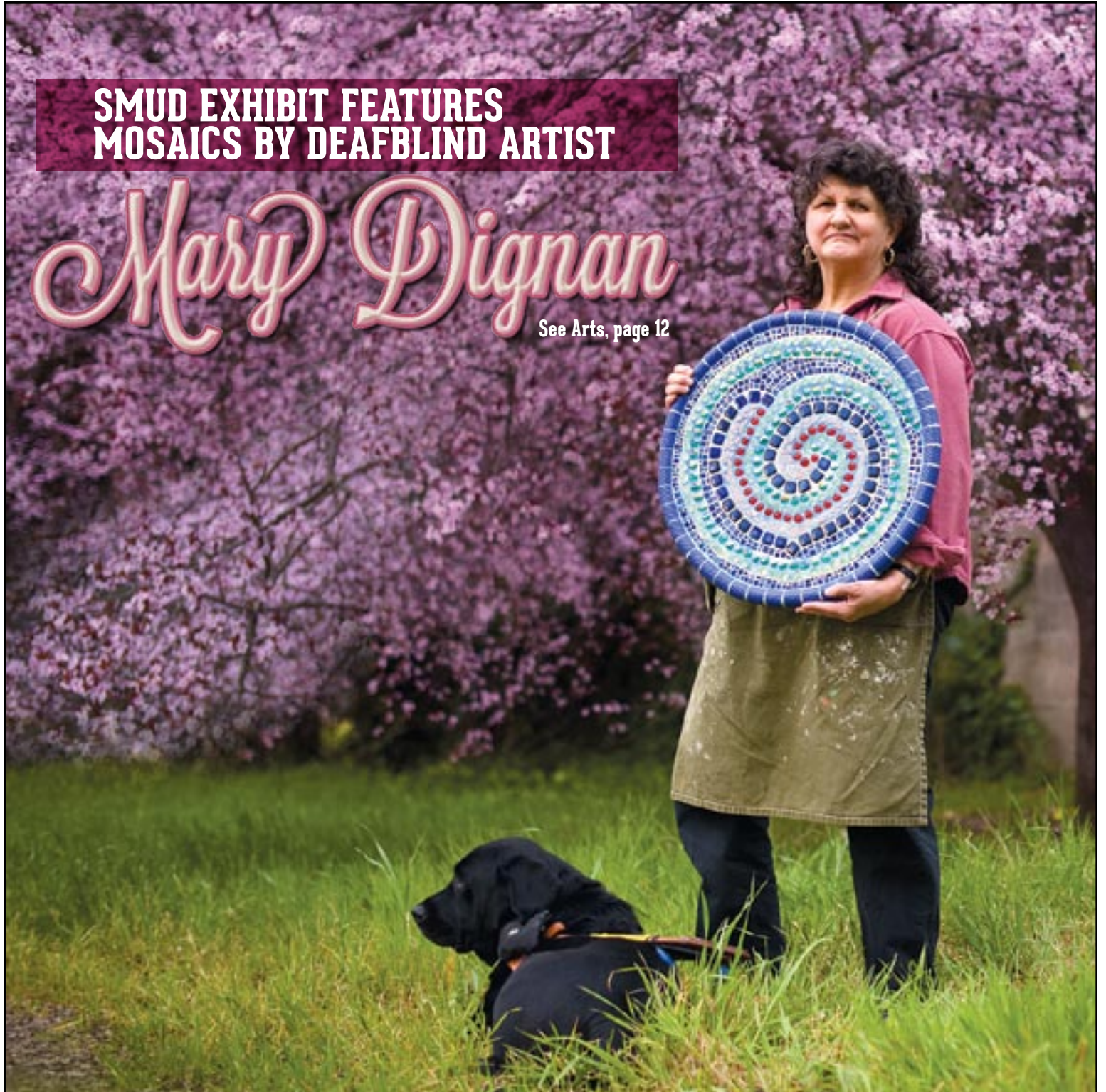
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JANEY WAY MEMORIES

The Relles family moves to Janey Way



By **MARTIN RELLES**
martin@valcomnews.com

My father served in the U. S. Navy during World War II. He had volunteered as early as 1942, but the Navy deemed him too old (27) for military service. Ultimately, they let him join in 1944, but the war ended in August of 1945.

When he returned home a year later, he found a small house for his family (my mother, my sister Pat and himself) on 58th Street off Broadway, close to where his mother lived. A year later, my mother had me, and then in 1950 she bore my brother Terrance. Our family had grown faster than dad expected, so he set out to find a larger home. But, where could he go?

Back then, Sacramento was a much smaller town, with fewer housing opportunities to choose from. However, our family ran into a bit good luck. My uncle Ross Relles also sought a new home at that time.

By 1951, his family had increased in size to six, so he was in the market for a bigger home. Also, at the same time, his business, Relles Florist, had become commercially successful and he wanted a home that reflected his new found success.

In 1952, he found such a home, in the fashionable new area called South Land Park Hills. When he moved his family there, he sold his house on Janey Way to my dad for the staggering cost of \$12,000.

We moved to Janey Way early in 1952, and soon after, my brother John, the last child in our family, came into the world. Little did

we know that, not only, would we grow up on Janey Way, but also, my parents would live in that little 3-bedroom, one bathroom house until the end of their lives. Incredibly, our family still owns the house and my little brother John (now age 61) still lives there.

Moving to Janey Way proved fraught with challenges for me. That first year, my mom walked me one mile to Tahoe School every day—no school bus for me. Things got a little easier for me the next year when mom enrolled me at El Dorado School on 53rd and J Street. By then, I found my own way to school. I also found a new friend, named Mike Scott. We walked to and from school together, from then on.

I made new friends on Janey Way too. I played with a boy named Butch who lived next door. I also played with the Costamagna boys, Jim and Gary, Randy Puccetti, Dick Kinzel and my best friend, Lou Viani. We had lots of fun things to do.

We frolicked in the pit, the vacated sand and gravel site behind the houses on the east side of Janey Way. We had touch football games on the street in front of our house, and we played sand- lot baseball in the vacant lots just one house up from ours.

We had indeed lucked out by landing on Janey Way. Soon 48 children lived on our one-block street and not only did we form lasting relationships with those children, but, my parents formed lifetime relationships with their parents.

On December 29, 2012, many of us got together at the Puccetti house in Elk Grove to reminisce about the old times on Janey Way. On that day we shared lots of wonderful Janey Way memories.

By the numbers:

2012 East Sacramento crime summary

SAC P.D. eNOTIFY DIGESTS 2012	EAST SAC WATCH INCIDENT REPORTS 2012
ARRESTS	
PAROLE VIOLATION 4	3
DRUG ARRESTS 16	0
WARRANT ARRESTS 14	0
ASSAULT 14	2
(3 MINORS)	
BURGLARY RESIDENTIAL 15	30
(2 ARRESTS)	
BURGLARY BUSINESS 15	0
DOMESTIC DISTURBANCE 9	0
HOMICIDE 2	0
MISC 19	52
(FORGONE CHECK/FINANCE)	(GUEST DOG & SUSPICIOUS PERSONS 14,
DRUNK, SUSPICIOUS PERSONS, ASSAULT)	SELECTION 2, VANDALISM 6, ANXIOUS 1,
ROBBERY 3	2
ROBBERY BUSINESS 3	0
THEFT	
STOLEN VEHICLE 6	9
(1 ARRESTS, 1 VEHICLE RECOVERED)	
PETTY THEFT 5	78
(OVERLIZ CONVICTS)	(BANKS RECEIVED 5, CASUALTY CONVERTER 12, PACKAGES OR MAIL 10)
TRESPASS 5	2
FOUND DOG 0	1
	(GREAT BROTHER SAC (MURKIN))

Source: MENA; Graphic by Serene Lusano

The chart above is the 2012 East Sacramento Crime Summary, a side-by-side comparison of data from the Sacramento Police Department e-notify postings and EastSacWatch.com reports.

MENA was formed in 1992 as a volunteer organization to give East Sacramento residents a greater voice in the issues that affect our community. The MENA Board meets the first Tuesday of the month. Member and community meetings are held at the Clunie Community Center, 601 Alhambra Blvd. at 6:30 p.m. This year's meetings will be held April 2, June 4, and Sept. 3. Agenda item and speaking requests may be submitted to mena@eastsac.org. Go to eastsacwatch.com or www.eastsac.org to join MENA or sign up for EastSacWatch.

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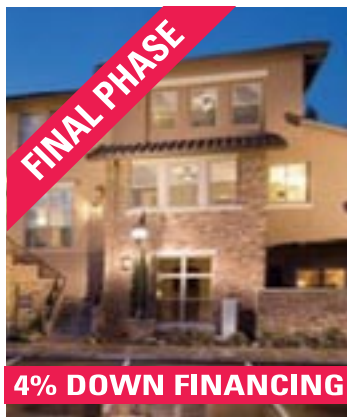
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Right Place, Right Time

Watch and clock repair keeps timepieces ticking in the cell phone age

By PAUL ROMO
paul@valcomnews.com

Beneath a peeling, hand painted sign—highlighting a sun-baked mantel clock and an old fashioned pocket watch—sits a seemingly overlooked storefront.

But for local antique clock fans, turn-of-the-century timepiece aficionados and wristwatch diehards, standing firm in the age of cell phone clocks, Ivanov's Watch Repair is a haven of sorts that provides an invaluable service with a personal touch.

"Watch buying really dropped last year. We make most of our money on repairs," Tavifa Ivanov said. Along with her husband, Paul, the two have

been in business, at the same location, since 1991.

Clock restoration is also part of their focus. With the help of a large and small portable lathe, on location, they are able to recreate rare parts. Refusing to send anything out for repair, the couple contacts the manufacturer if they can't make the components themselves.

"Some antique watch parts and electric clock motors are hard to find," she said.

Quartz and other high-quality watches are all serviced on the premises. Capitalizing on their micro precision, cutting and drilling machinery, they've contracted with other jewelry stores, in the area, to step in when others don't have such resources.



Paul and Tavifa Ivanov, owners of Ivanov's Watch Repair.

Photo by Paul Romo

Also part of the Ivanov's arsenal is an array of old watch tools: tiny screwdrivers whose tips, by comparison, are dwarfed by a coffee bean, a collection of various sized metal spikes called a staking set, used to shape and ma-

nipulate metal with the aid of a soft headed hammer, tweezers, 7x and 10x loupe lenses employed by jewelers, and an illuminated, magnifying head

See Ivanov's, page 14

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Alden Anderson among notable people memorialized at East Lawn's grand mausoleum

By LANCE ARMSTRONG
Lance@valcomnews.com

Editor's Note: This is part six in a series about the rich history of and associated with East Sacramento's award-winning East Lawn Memorial Park.

East Lawn Memorial Park's historic, two-story mausoleum serves as the final resting place of some very notable people.

Among these people was former East Sacramento resident Alden Anderson (1867-1944), who was serving as the lieutenant governor of California when East Lawn was founded.

Anderson, who was born in Meadville, Pa., was raised in Solano County and moved to Sacramento with his first wife, the former Carrie Lois Baldwin, and their daughter, Kathryn, in 1902.

In addition to his East Sacramento residences at 2514 M St. (now Capitol Avenue) and 1230 45th St., Anderson also lived at the Sutter Club, when it was located at the northwest corner of 4th and J streets, the Hotel Sacramento at 10th and K streets, 2101 H St., 1615 L St. and 1400 N St.

Anderson's father, who first came to California in 1852, mined along the American and Feather rivers before turning his attention to farming in Solano County.

Anderson, who attended the institution known today as the University of the Pacific when this Stockton school was located in San Jose, was dedicated to working in the fruit industry, originally with his father and later on his own.

Anderson's longtime commitment to this industry included his role as president of

the Alden Anderson Fruit Co., which he founded, and his service as secretary and manager of the California Fruit Distributors Association at 1012 2nd St. The association managed 85 percent of the state's fruit shipments to the East Coast.

The magnitude of Anderson's success in this field is referenced in the 1913 book, "San Francisco: Its Builders, Past and Present, Vol. II," as follows: "There is perhaps no name better known in connection with the fruit raising and shipping industry in the United States or Canada than that of Alden Anderson."

"The National Cyclopaedia of American Biography, Vol. XVI," which was published in 1918, noted that "Mr. Anderson is regarded as one of the best informed men on fruits and soils in California."

Anderson's involvement in the California Legislature included his years as a member of the Assembly from 1897 to 1903.

His high profile political career also included his role as speaker of the Assembly from 1899 to 1901, after which time he was succeeded by C.W. Pendleton.

Anderson's aforementioned service as lieutenant governor began in 1903 and continued until he was succeeded by Warren R. Porter four years later.

During his years in politics, Anderson played a strong role in the passage of fruit-related laws, including the law requiring the examination of imported fruits and seeds.

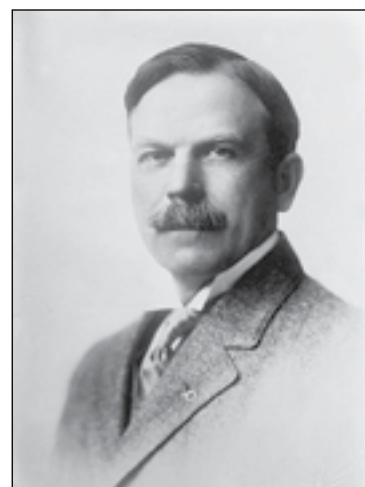
In 1908, Anderson became the president elector from California, in support of William Howard Taft.

On Aug. 16, 1910, Anderson, who previously served as president of the California League of Republican Clubs, lost the California Republican primary as a candidate for governor to Sacramento native Hiram Johnson, who was eventually elected governor.

In being that he was considered a strong candidate for governor, Anderson received a proposition from the promoters of one of the primary's other candidates, Charles F. Curry.

In its Aug. 5, 1910 edition, the *Los Angeles Herald* reported that Anderson was offered an opportunity to hold a different high level position, if he would voluntarily quit the primary race.

The article included the following words: "It was reported



Public domain
Former East Sacramento resident Alden Anderson, who served as lieutenant governor of California from 1903 to 1907, was one of the capital city's most prominent residents.

on the street yesterday that the promoters of the Curry campaign made a proposition to the leaders of the Regular Republican Club and to the friends of Alden Anderson last Tuesday that the Curry forces would get (the) back of Anderson for United States senator, if the Anderson organization would support Curry for governor."

With his strong interest in education, Anderson served as regent of the University of California from 1903 to 1907 and was a trustee of the Chico State Normal School – today's California State University, Chico – from 1906 to 1909.

Anderson was also a nationally renowned banker, whose advice was sought by Washington administrations in matters that were of extreme importance to the nation and the development of the West.

His roles in banking included serving as state superintendent of banks, president of the Capital Banking & Trust Co. in Sacramento, organizer, owner and president of

See East Lawn, page 7

East Lawn: Alden Anderson left legacy in Sacramento

Continued from page 6

the Capital National Bank in Sacramento, president of the Capital Federal Savings and Loan Association, president of the Redding National Bank, president of the Red Bluff National Bank, president of the Placer County Bank of Auburn, vice president of the Anglo-London Paris National Bank in San Francisco, organizer of the Chico National Bank and director of the Bank of Rio Vista.

Anderson, who was recognized for his philanthropy and humanitarian work, also served as president of the California State Chamber of Commerce, president of the Central California Traction Company, president of the Sacramento Hotel Co., president of the Hotel Senator Corp., director of the Tidewater Oil Co., vice president of the Consumers Ice and Cold Storage Co., chairman of the Sacramento Host Committee and board member of the Western States Life Insurance Co. He was also connected with the Rice Growers Association of California, the Capital Fire Insurance Co. and the Natomas Water Co.

Anderson was a member of many clubs and other organizations, including the Sutter Club, Del Paso Country Club, Benevolent and Protective Order of Elks Lodge No. 6, in which he was a life member, various Masonic lodges, Knights of Pythias, Woodmen of the World, the Fraternal Brotherhood, and the Pacific Union, Union League, Bohemian and Family clubs in San Francisco.

In describing Anderson's legacy in the capital city, the 1913 book, "History of Sacramento County, California," noted, "His life has become a part of Sacramento to that will find an enduring place in the annals of local history."

While residing at Hotel Sacramento, Carrie Lois passed away on March 19, 1929. Anderson married his second wife, Agnes, on March 30, 1931.

Through his wealth, Anderson, who enjoyed duck hunting and fishing, became an extensive holder of farmlands within the state, and



Photo by Lance Armstrong

Alden Anderson resided in this 45th and M streets home, just a short distance from East Lawn Cemetery – today's East Lawn Memorial Park. This early 1930s structure includes a large living room, a dining room, a laundry room that once served as servants' quarters and three bedrooms, each with their own bathroom and dressing room.

in July 1933, he purchased the property at 1024 J St. for \$55,000.

A year prior to this latter acquisition, he spent about \$25,000 on the construction of his aforementioned 45th Street home. This two-story, French-themed structure was designed by the renowned local architect, Harry J. Devine, and built by Azevedo & Sarmento.

Anderson, who was California's alternate delegate to the Republican National Convention in 1936, passed away in this Fabulous Forties home at the age of 76 during the morning of Sept. 23, 1944.

The following day's edition of *The Sacramento Union* described Anderson as a man who devoted his life to community and industrial service, and considered himself a native Sacramentan despite having been born more than 2,000 miles away from California's capital city.

Anderson often said, "Sacramento has everything that any man could ask (for). Nothing is to be gained by going elsewhere."

Therefore, it is quite fitting that Anderson's final resting place is in Sacramento, at the historic East Lawn Memorial Park.

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SPORTS

Life after death: The inspirational story of a marathoner

By DR. JOYCE MIKALFLYNN

Editor's note: Dr. Joyce Mikal-Flynn will be the keynote speaker at an upcoming women's health festival at Sacred Heart. What follows is her inspirational story and details about the festival.

On July 20, 1990, my heart stopped beating. For 22 minutes, I was dead.

My husband, children and friends watched as doctors took turns regaining a weak pulse. I was 35, an avid marathon runner and triathlete with no history of cardiac problems. That I survived was mystifying. Tests and opinions could not tell what happened. No hope of full recovery was offered. The cause was uncertain as was my future.

Although grateful to be alive, I found return to life challenging. Battling cognitive delays, depression, physical limitations, intense anger, spiritual angst and consuming fear was my new reality. I didn't recognize my husband or children. I understood just enough to know I was in serious trouble.

Consulting with the cardiologist I asked about running. He replied: "You will never run again. You can walk, but you will never run again." I thought: *This cannot be happening.* He left me with no hope. Unable to participate in previous enjoyable events, I spun into a deep depression. The life I knew dissolved. Physically exhausted, dependent on others I

became angry with God. Night-time was the worst.

You died, and no one is sure what happened replayed in my head. *What if it happens again?* I was in constant fear of death. Still knees I pleaded: *God, take these feelings away from me. I cannot live with this fear anymore.* I got back into bed and slept peacefully through the night. That fear never returned. Fiercely independent and strong I came through other challenges.

But this was big. I met my match. Holding onto narrow control my energy needed to focus on a future. With intense determination I returned to life and activities, accepting the accident, reflecting on, reinterpreting and eventually developing an appreciation for the



event. I consider every day a gift. I focus on what I can do. I was given back my life – a purposeful, fulfilling life – something I had been told not to expect.

I recently reached my 50th birthday. While out for a run, I thought: *50 years old.* Then the insight came.

See Marathoner, page 9

Marathoner: Turning tragedy into triumph

Continued from page 8

I should celebrate it! I was able to be 50. I made a choice to define my life by how I lived after the accident and create my own future.

My life is full. I have seen all my children graduate from college and watch both daughters married. I am blessed with grandchildren. My son, a baby when I almost left him forever, is a man. My husband Terry and I celebrated over 30 years of marriage. I earned a doctorate studying survivors. I never gave up hope. It is the fuel that allowed survival. Finally, I completed several marathons and triathlons but not with the same intensity. It didn't matter. I learned a new way to think about the power of the human spirit – of my spirit.

These are the gifts I was given. *A marathon runner and triathlete, Dr. Joyce Mikal-Flynn survived sudden death in 1990 requiring 22 minutes of CPR. Currently an Associate Professor at Sacramento State University, she received a BSN from University of San Francisco, a Nurse Practitioner Certificate from University of California and a MSN from California State University.*

In 2007 she earned a Doctor of Education completing her dissertation: Transforming Life Crisis: Stories of Metahabilitation After Catastrophic Life Events.

She presents internationally and nationally her new system of rehabilitation MetaHabilitation. Her book, Turning Tragedy Into Triumph MetaHabilitation: A Contemporary Model of Recovery was released in July 2012.

If you go:

What: A fun interactive event bringing women of all ages together for heart healthy activities and education, so, grab you mother, sister and friends and join Mercy Heart and Vascular Institute for a Day of Dance

Why: Heart disease is the number one killer of women

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When: Saturday, March 16, from 9 a.m. to noon.

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Tea ceremonies are steeped in Japanese tradition

The anonymous donor behind the charming Sokiku Nakatani Tea Room and Garden at Sacramento State's University Library will continue to honor the woman for whom they're named by funding a series of spring-time teas.

"Tea season" began Tuesday, Feb. 26, with 17 ceremonies scheduled through April 11. All are offered free to Sac State students and the general public, and at no cost to the University.

The donor's gift pays for tea masters from San Francisco's Urasenke Foundation to demonstrate chado, or the "way of tea," and provided funding to build the tea room and its adjacent garden. Another part of the gift was a valuable collection of tea ware, some of which is used in the ceremonies.

"The tea room has been, in many ways, a jewel for the University, highlighting the ancient tea ceremony from Japan," says ethnic studies Professor Timothy Fong, who collaborated with the donor to get the project built. "It was an opportunity we couldn't pass up, and it's something to be proud of."

More than 230 ceremonies have taken place in the Sokiku Nakatani Tea Room since its dedication in 2007.

"It's the best demonstration tea room in the United States," says Fong, because of its garden, attached kitchen and large TV screen for better viewing.

Those who attend a ceremony can enter the tea room from the Library's basement or through the garden, where they follow a deliberately crooked pathway to the door.

"It's believed that evil travels in a straight line," says Sally Hitchcock, University Library's coordinator for community outreach. "The idea of the garden is that it's like a path leading into the purity of deep mountains. It's a place to drop the dust of the world — all the cares and stress — before entering the tea room, so that each person will be receptive to living in the present moment and discovering the beauty of the ordinary moments in life."

Each tea presentation lasts about 75 minutes. Most attendees sit in chairs, classroom-style, but two or three will be invited onto the tatami, or straw mat, to experience the tradition firsthand. They will be expected to kneel, or sit cross-legged or on one hip for the duration. Everyone in attendance will receive a steaming bowl of green tea.

Chado is a centuries-old Japanese practice of meticulously preparing, offering and receiving a bowl of tea. It's a simple, yet elegant, embodiment



Photo courtesy of Sacramento State

of the principles of tranquility, harmony, purity and respect. Mrs. Nakatani lived in Sacramento for many years before moving to Los Angeles, where she began her study of chado. Some of her ceramic and bamboo tea ware, along with her kimono and obi, are displayed in the tea room. Other pieces are stored in the University's Special Collections & Archives.

If you wish to attend a tea ceremony, call Sally Hitchcock at 278-5954.

Here is the Spring 2013 schedule:

- Tuesday, March 19: 10:30 a.m. and 1:30 p.m. (The noon class is full.)
- Wednesday, April 10: 10:30 a.m., 1:30 p.m. and 4:30 p.m.
- Thursday, April 11: 8 a.m., 9 a.m., 10:30 a.m. and 1:30 p.m.

To learn more about the Sokiku Nakatani Tea Room and Garden, go to <http://apps.lib.csus.edu/tearoom/>.

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Thu, Mar 14; 7:30 pm
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Sat, Mar 16; 2 pm & 8 pm
Sun, Mar 17; 1:30 pm & 7 pm



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* A renaming of Three Stages is under way. The new name, The Harris Center for the Arts, honors Dr. Bruce Harris, Chancellor Emeritus of the Los Rios Community College District, for his many contributions to the capital region.

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ARTS

SMUD exhibition features mosaics by deafblind artist Mary Dignan

By LORRIE KEMPF and MONICA STARK

Sensory Perception: an exhibition of mosaics by Sacramento deafblind artist Mary Dignan is now open at the SMUD Art Gallery, 6301 S St.

The exhibition showcases more than 30 ceramic tile and mixed media art mosaics created by Mary.

The mosaics offer an insight into the unique perspective of an artist with Usher Syndrome, a genetic disorder, which is the leading cause of deafblindness.

Mary's mosaics bring onlookers into the fantastical world of her own metamorphosis, as she navigates through what it is to lose two of her senses, while exploring the sense of touch.

Mary was born with severe hearing loss, but her deafness was not diagnosed until she was almost 5 years old, after she had been diagnosed as mentally retarded. Eventually she would learn that she had Usher Syndrome, Type 2, which is character-

ized by moderate to severe deafness at birth, and blindness from retinitis pigmentosa (RP) later in life.

She earned her undergraduate degree from Santa Clara University in 1976, and embarked upon a career that included newspaper reporting, legislative work for the U.S. House of Representatives and the California State Assembly Committee on Agriculture, public relations and governmental liaison work with one of California's largest and most complex water agencies, and her own consulting business in water and natural resources management policy.

In 1990, a year after she was certified legally blind with a restricted visual field of 8 degrees (a normal visual field is 180-150 degrees), she started law school.

In 1994, she earned her juris doctorate with honors from University of the Pacific, McGeorge School of Law in Sacramento, was admitted to the California State Bar, and began practicing water and natural resources law

with the Sacramento firm of Kronick, Moskovitz, Tiedemann & Girard.

In 1997, she discovered she had a brain tumor and underwent surgery to remove it. The tumor and the surgery exacerbated her vision and hearing losses, and she has not practiced law since.

Mary now practices art.

The transition from practicing law to becoming an artist was hell, she said. "It was not so much a transition from practicing law to practicing art as it was a catastrophic volcanic annihilation of my former life and the striving -- the struggle -- not just to survive but to forge a new life after that explosion," Mary said.

The explosion was her acoustic neuroma brain tumor diagnosis and surgery in 1997. But, even before that, she was already struggling with both hearing and vision challenges while practicing law. Once the brain tumor was added to her plate, she was overwhelmed.

"It was not just a physical struggle to cope with the brain tumor surgery aftermath and the pre-existing hearing and vision impairment from the Usher Syndrome I had been born with, this life-defining struggle was (and still is) a striving that reaches up from the very core of my spiritual being."

The art got her through the tough times.

Her creative muse that inspires the art also builds the bridges for the life transitions and transformations. She



calls herself one of the lucky ones with her art, hearing aids and now her cochlear implant that she can tune into her muse and she's willing to put the work into developing the connections.

Mary decided on mosaic for her medium as it's both serendipitous and magical. She made her first mosaics in a college art class in 1973 and 1974, and then didn't make any more until early 1998, shortly after her brain tumor surgery.

"They are serendipitous because they help make a true gift of my partnership with my husband Andy (who is a licensed general contractor), and magical because ... well ... just because magic works the way it does. Andy and I have always loved mosaics and ceramic tile, and it was just a natural thing for me to

See Dignan, page 12

Dignan: Process of piecing together mosaics is analogous to this artist's emotional and healing process

Continued from page 12

move into mosaics with him providing most of the materials," she said.

And the inherent duality and paradox of broken-ness and togetherness of mosaic art appeals to Mary, she said. The beauty of mosaic art is as much in the broken-ness of the tesserae (One of the small squares of stone or glass used in making mosaic) and the spaces and grout between the pieces, as it is in putting the pieces together, she said.

"For me, the process is analogous to the emotional and spiritual healing process, and my art springs from the well of my own life healing challenges," Mary said.

When asked about her love for art, Mary said an artist is more a creature of emergence and acknowledgement than anything else. "If you're really an artist, your art will emerge one way or another, and the quality of the emergence will depend on your acknowledgement and receptivity to your creative muse," she said.

Ever since she can remember, she's had some kind of art project going. She didn't do a lot of drawing or painting as a child, but she was always making things, whether it was cooking up something in the kitchen, or making something with interesting fabrics and embroidery, or macramé, or even paper mache. And

she has always loved mosaic art, from a simple well-done ceramic tile floor to pictures of old mosaics and motifs she saw in churches, the U.S. Capitol, Library of Congress, and other places.

While Mary does miss practicing law and newspaper reporting, it's no longer in a way that prevents her from appreciating the life she is living now.

She loved writing about agricultural, water and environmental issues, she loved working on those issues in the U.S. Congress and the California State Legislature, she loved practicing water and environmental law, and she always will love working with people who are intelligent, educated, and extraordinarily competent. And she loves her life now.

"I am finally at the point where I can honestly say that I am as happy, if not happier, with my life as it is today as I would be if I were still practicing law or otherwise involved in water and environmental issues," Mary said.

Her ceramic tile and mixed media mosaic art works have been displayed in the California State Attorney General's Office, Sacramento County Public Law Library, San Francisco City Hall, the Canadian Helen Keller Centre, and various local venues.

In addition, her work has been featured at art shows sponsored by the Governor's Commission on Employment of Persons with Disabilities. Folsom Lake College, and Spirit in the Arts.

Her community volunteer work includes six years on the Sacramento County Board of Supervisors' Disability Advisory Committee. She helped found Spirit in the Arts, a working art studio and gallery open free of charge to the community in North Sacramento, and is a past board member of Bread of Life, the parent organization of Spirit in the Arts. She presently serves as president of the Sacra-

If you go:

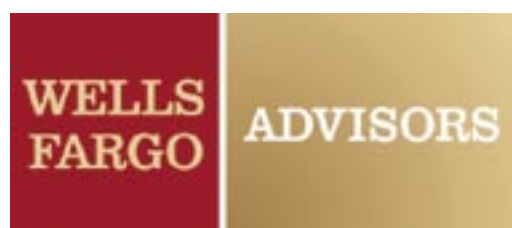
What: SMUD Art Exhibition featuring artwork by deaf-blind artist Mary Dignan
Where: SMUD, 6301 S St., near 65th St.
When: Now through May 8
Gallery hours: Monday to Friday, 8 a.m. to 6 p.m.
Cost: Free

mento chapter of Foundation Fighting Blindness.

The Art in Public Places Program was established by the City and County of Sacramento to provide visual art experiences in public locations. The SMUD Art Gallery is a partnership between the Sacramento Municipal Utility District and the Sacramento Metropolitan Arts Commission.

The Sacramento Metropolitan Arts Commission is devoted to supporting, promoting and advocating for the arts in the region. For further information on programs and opportunities through the Sacramento Metropolitan Arts Commission go to: www.sacmetroarts.org. SMAC is funded by the City and County of Sacramento.

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Boy Scouts educate the park goers on how to nutritionally feed the ducks

Luis Yañez and Sam Prosser from Boy Scout Troop One educate the public on the importance of feeding the ducks nutritional snacks at McKinley Park on Saturday, Feb. 16. They passed out sample food and informational flyers at the pond during the past few weekends in February. New signage at the pond will explain that the birds should only be fed whole grains and seeds, waterfowl pellets (obtained at feed stores and some pet stores) and peas.



Photo courtesy of East Sacramento Preservation

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Ivanov's: Despite cell phone age, their service is unique and important

Continued from page 5

visor worn confidently by husband Paul as if exploring an underwater cave.

Contrary to a common belief that advancements of cell phone technology have allowed nearly everyone to abandon a wristwatch, Ivanov insists that her customers let her know where they stand.

"Even with cell phone and computers, some people still want their watches." Sometimes they come in just to say 'thank you,' the watch is still working," she said.

It is believed that on October 5, 1812 Swiss watchmaker, Abraham-Louis Breguet completed the first watch worn on the wrist for Caroline Murat, Queen of Naples (sister of Napoleon Bonaparte) who commissioned it in 1810. Prior to that, timepieces were typically either pocket watches (developed in the 16th century), worn as jewelry—around the neck, fastened to clothing—or clocks.

Generally, women only wore wristwatches and men wore pocket watches during that period.

A mass production of wristwatches came about as a result of the German military's (specifically naval officers) need to operate weaponry and machinery simultaneously while monitoring time. Subsequently, in 1868, Swiss company Girard-Perregaux produced 2,000 watches specifically for the group and their needs. Over 45 years later, World War I soldiers would

adopt the wristwatch or trench watch to follow time while their hands were occupied.

Likewise, time management in the medical field is crucial and a number of UC Davis hospital employees, often dressed in their work uniforms, are extremely loyal to the business.

Clients are multi-generational and contrary to the perception that certain age groups don't wear watches, Tavifa says that younger people with jellybean colored watches come in for various types of maintenance: to swap out a dead battery; replace small components like pins and crystals, get a thorough cleaning or to pop on a mood altering watchband.

"Most watches that are fixed are middle quality. The cheap watches are not worth it," the co-owner said. Higher quality watches like Timex and Seiko are frequently serviced and while there are some luxury brands—Omega, Tag Heuer, Rolex—that grace their workstations, they are rare.

Consider that 10 years after they started their business in 1991, cell phones now thoroughly dot the cultural landscape. It has been an adjustment but just as previous professional watch restorers experienced a visible shift from pocket watch to wristwatch in the early 1900s, it's understood why the couple's service is not only unique but also important.

"Customers have family inherited watches or clocks and want to keep it in the family. Even if it's not a family [heirloom], people still want their watches to work," Ivanov said.

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Photos by STEVE HARRIMAN

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CALENDAR

Send your event announcement for consideration to: editor@valcomnews.com at least two weeks prior to publication.

MARCH

Kiwanis Club of East Sacramento-Midtown meeting

March 8: Visitors welcome, weekly breakfast meeting on first, second and third Fridays at 7 a.m. and dinner meeting on fourth Thursday at 6 p.m. Topical weekly speakers and first meal for visitors on us. Meet at The Kiwanis Family House, (at UCD Med Ctr/ 50th St & Broadway) 2875 50th Street Sacramento, CA 95817. www.eastsacmidtownkiwanis.com, 761-0984, volunteers always welcome!

Fun, Excitement and Mystery at 2013's Authors on the Move

March 9: Authors on the Move - the Library Foundation's annual gala event and Sacramento's premier literary event - celebrates its 11th anniversary with an evening of excitement, entertainment and storytelling. Authors on the Move; There is Still the Story will be held from 5 - 10 p.m. at the Hyatt Hotel in downtown Sacramento.

The Recycling & Solid Waste Division host Free Composting Seminar

March 9: Backyard composting allows you to recycle your yard clippings and fruit and vegetable scraps into a valuable soil amendment right in your own yard. Attendees are eligible for a drawing for a free compost bin. At the seminar you will learn how composting works, what materials you should and should not compost, getting the right balance of food, air and moisture, maintaining your compost pile, Vermicomposting (composting with worms), and more. Seminar goes from 8 to 10 a.m. and will be held at Southside Community Garden 5th and W St.

Living History: Women's History Day

March 9: In honor of "Women's History Month," the Historic Old Sacramento Foundation is proud to present a special Living History event: Women's History Day that will take place throughout Old Sacramento State Historic Park from noon to 3 p.m. Dressed in 19th century period attire, men and women will passionately debate the controversial topic of women's suffrage. Sacramento History Museum, Old Sacramento State Historic Park. Cost: free. 808-7059 or www.historicoldsac.org

Sacramento Women's Chorus 25th anniversary concert

March 9: There will be two performances, one at 2 p.m. and a second at 7 p.m. with special guests, the Sacramento Gay Men's Chorus. Sacramento Waldorf School, 3750 Bannister Rd., Fair Oaks. \$20 for adults, \$15 for seniors, \$12 for children (age 5-18). Sacramentowomenschorus.com

Free women's health event

March 9: Free Women's Health Event, featuring mid age crises and inspiration, UCD Dr. Tianhong Li and acupuncturist Tian Li Wu on women's health, panel discussions of women in 40s-50s on marriage and balance, advice and mentoring from women 60s-80s; sharing your stories, build sisterhood and support network; women community resources booths. Sponsored by Camellia Women Biz Association, Shine Wellness Inc., Hmong Women's Heritage, Asso and

My Sister's House. Event goes from 1-5 p.m., Sacramento County Sheriff Dept., 7000 65 St, Sac, 95823. Contact 719-5087 or ET@ShineWellnessInc.com

Soprano Jennifer Trost to perform at CSUS

March 9: Soprano Jennifer Trost will perform at Sacramento State at 7 p.m. in the Music Recital Hall on campus, 6000 J St. Now with the faculty at Penn State School of Music, Trost had a 15-year career as an opera singer, including time with the Los Angeles Opera, and the Wuppertal and Bavarian State operas in Germany. Tickets are \$10 general, \$7 seniors and \$5 students and are available at the University Ticket Office, 278-4323 or www.csus.edu/sfs/ticketoffice/. Contact: 278-5191

East Sac Rotary

March 13: Meets at noon, Evans Kitchen, 855 57th St. Sacramento. www.eastsacrotary.com.

Artz for Alzheimer's tour at The Crocker Art Museum

March 15: A tour of the Crocker will start at 10:30 a.m. for people with Alzheimer's. Focusing on art allows them to experience something meaningful and beautiful, without challenging areas of the brain that have been affected by the disease. ARTZ Museum Tours are designed for people with dementia and their care partners, and strive to enrich the lives of all involved. Events are free. Registration is required by contacting Tiffany Paige at 916-792-3281 or paige@artzalz.org. The Crocker is located at 216 O St.

Kiwanis Club of East Sacramento-Midtown meeting

March 15: Visitors welcome, weekly breakfast meeting on first, second and third Fridays at 7 a.m. and dinner meeting on fourth Thursday at 6 p.m. Topical weekly speakers and first meal for visitors on us. Meet at The Kiwanis Family House, (at UCD Med Ctr/ 50th St & Broadway) 2875 50th Street Sacramento, CA 95817. www.eastsacmidtownkiwanis.com, 761-0984, volunteers always welcome!

Women's heart health event

March 16: Mercy Heart & Vascular Institute presents a fun interactive event bringing women of all ages together for heart healthy activities and education, including: speaker Joyce Mikal-Flynn, ED.D, RN, FNP, MSN "Turning Tragedy into Triumph," with an inspirational story. Expert Physician Panel to answer your personal healthcare questions, Heart Healthy Screenings by Mercy Heart & Vascular Institute's knowledgeable team, Learning New Dance Moves from Fancy Feet Dance Studio, Zumba with Diane Dean Epps and Arthur Murray Dance Studio and raffle prizes from Scott's Seafood, Folsom Bike and Visa Gift Card. Event to be held at Sacred Heart Parish School, 856 39th Street, Sacramento. Free parking at school or Mercy General Hospital. Event starts at 9 a.m. and goes until noon. \$5 includes heart healthy breakfast and swag bag. Register online to reserve your space at MercyHeartSacramento.org or call 733-6966.

School readiness fair

March 16: A free fair that will provide information on early childhood education and subsidized childcare programs, dental exams and tooth varnishing, kindergarten and preschool pre-registration, community resources, activities for the kids, health insurance

information. The fair will take place at the Serna Center, located at 5735 47th Ave. and will go from 10 a.m. to 3 p.m. For more information, call 463-7859.

The Embroiderers' Guild of America, Camellia Chapter, meeting

March 18: Program will be the second part of a custom designed beaded bag. Meeting starts at 7 p.m. at SMU D, 6301 S St. Guests welcome. Free. 223-2751.

ONGOING:

Sacramento Public Library offers passport service at its Central Library

The library can now process U.S. passport applications at its Central Library, 828 I St. Passport photos can be taken at the library office for an additional \$15 fee, and checks or money orders are accepted. Hours are Tuesdays, 3 p.m. to 7:30 p.m.; Fridays, noon to 4:30 p.m.; Saturdays, 10 a.m. to 4:30 p.m.; and Sundays, noon to 4:30 p.m. Appointments are encouraged by calling the library at (916) 264-2920. Visit www.travel.state.gov for information on processing fees, proof of citizenship and required passport application documents.

Pop-Up Music Month at the Sacramento Children's Museum - March 1-31

Join the Sacramento Children's Museum all month to explore musical instruments and special activities such as fun Music & Movement dancing on Fridays, interactive Sing-A-Long Saturdays and more! Museum visitors will also have the hands-on opportunity to craft a musical instrument in the Art Studio all month long. For more, visit www.sackids.org or call 638-7225.

The Sacramento Rose Society

Meets the second Thursday of each month at 7:30 p.m. at the Shepard Garden & Arts Center, 3330 McKinley Blvd., in East Sacramento. For more information, visit www.sactorose.org/sacramentorosesociety.

Sisters Quilting Collective (SQC) at The Brickhouse Art Gallery launches new blog

In celebration of Women's History Month Sisters Quilting Collective launches its new blog: sistersquiltingcollectivesqc.blogspot.com. Email fayek@springmail.com or call 484-5025 for more information.

Carmichael Water District announces scholarship application process

The water district is accepting applications until March 22 for the 2013 Berry Quality of Life Youth Leadership Scholarship. One \$500 scholarship is available to a student who lives within the Carmichael Water District Service Area who is enrolled in the 12th grade at a public school in Carmichael or is currently enrolled in a post-secondary institution. www.carmichaelwd.org, 483-2452.

Fair Oaks Library to unveil a new Families and Books Center

Now-March 23: The Sacramento Public Library will be renovating the children's room at the Fair Oaks branch, 11601 Fair Oaks Boulevard, Fair Oaks, now through March 23. The children's area will become the new Families and Books Center. For more information, call 264-2920 or visit www.saclibrary.org.

School news

SUTTER

Sutter Middle piloted DUI Court in Schools Program on Friday, March 1

Eighth graders at Sutter Middle School witnessed the harsh legal consequences of driving under the influence when the DUI Court in Schools Program came to campus Friday, March 1.

The school's gym was transformed into the courtroom of a local judge, and a driver arrested for DUI was sentenced and given an opportunity to address an assembly of students and their parents. The teens heard for themselves about the dangers of taking the wheel after drinking.

The DUI Court in Schools Program has been staged in high schools over the last three years, but Sutter was the first middle school to present the program, said Angela Kellogg, a program director for the Traffic Safety Awareness Program. "The best prevention is to get kids' attention when their ideas are forming," she said. "We need to let them know that choices have consequences."

Sutter Middle School news from the February newsletter

Eighth grade students are now waiting for acceptance letters from the high schools of their choice. Basketball season has come to an end with two more city championships for Sutter Middle School! Tryouts for spring sports, soccer, softball, track and golf will begin very soon. All of the sports teams are very competitive. PTSO membership is up, and donations are still coming in to support our end of year promotion and picnic activities.

Ms. O'Neill would like to send out a heartfelt "THANK YOU" to her awesome Art Club students who graciously donated their beautiful watercolor and glitter snowflakes to the re-opening ceremony at Sandy Hook Elementary School, Connecticut.

DAVID LUBIN

David Lubin held wax museum event

The Living Wax Museum was the culminating project after several weeks of reading and then writing biographies about accomplished individuals in science and history. On Feb. 21-22, 77 fifth graders participated in this event portraying people ranging from Coronado to Ruby Bridges.

PHOEBE HEARST

Phoebe Hearst to raise funds for a mobile computer lab at THE EVENT

THE EVENT is a dinner and auction that will help fund the purchase of a mobile computer lab for the entire school to use and 3-5 computer stations in every classroom.

It will take place on March 15, from 6-10 p.m. at the Dante Club, 2330 Fair Oaks Blvd. The cost of a ticket includes: appetizers, dinner and one drink ticket. Bogle Win-



Photos courtesy of Betsy Ronzheimer and Michele Rossi
 The Living Wax Museum was the culminating project after several weeks of reading and then writing biographies about accomplished individuals in science and history at David Lubin. Seventy-seven fifth graders participated in this event portraying people ranging from Coronado to Ruby Bridges.

ery has provided two bottles of wine for each table. Tickets are \$350 for a table of ten or \$40 apiece. If you want to treat your teacher and his or her guest, teacher tickets are only \$20. Three tables are reserved for teachers or you can include them at your table. E-mail Tamarin Austin (lizzypod@hotmail.com) to order tickets. Visit www.phoebehearst.org/ for more information.

THEODORE JUDAH

Eureka! Judah kids discover a fun learning experience

California history came alive for Theodore Judah Elementary School fourth graders in teacher Sandra Gambirazio's class during their recent trip to Coloma. The students participated in the Coloma Outdoor Discovery School's overnight program, which taught them about Gold Rush history, geography, economy and the culture of the time.

Students got to feel what it was like to live during that time as they panned for gold to buy goods, learned to barter and work for what they needed and to cooperate in groups.

Parent volunteers generously gave of their time to support the opportunity. A fun and engaging learning time was had by all!

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NATHAN SHERMAN 969-7379



FABULOUS HOME

This beautiful home has been remodeled to the last detail. Every room's a showpiece: detailed custom moldings, hardwood floors with inlays, recessed lighting, whole house speaker systems, imported Italian tile throughout. 4 bedrooms, 3½ baths. Spacious master with fireplace & dual 90sqft closets has a private terrace overlooking the gorgeous back yard and pool. \$1,559,000

DAVID KIRRENE 531-7495



REMODELED BRICK TUDOR

Beautifully remodeled 3 bedroom 2 bath featuring kitchen with marble slab, subway tile, stainless appliances and breakfast nook with built-in china cabinet. Refinished mahogany inlay floors, crown moldings, master bedroom with sitting room, and two closets. \$649,000

COLLEEN WIFVAT 719-2324



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East Sacramento charm at its best!!! The spacious 2 bedroom brick tudor with built-ins, beautiful floors, completely remodeled kitchen, a reading porch, and a large formal dining room. Located minutes from downtown, Sellands, and East Portal park. Plus there is an added Bonus room/office off the garage. Perfect for entertaining! \$319,000

TIM COLLOM 247-8048 • LIBBY NEIL 539-5881



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Beautifully updated McKinley Park area home. 2 bedrooms and 2 full baths make this a perfect place to call home. Large and open kitchen features a slide-in range and breakfast bar. Hardwood floors and central heat and air; conveniently located! \$380,000

JAMIE RICH 612-4000



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