

IAN HARVEY + KOO KYUNG SOOK

TOGETHER + ALONE

Going on now at JAYJAY

See page 8



Geographica is on the map, 3811 J St. to be exact

See page 2



School News: page 23

■ Theodore Judah to receive 1/2 a mural



- East Sac teens work on playground 5
- Local history feature 6-7
- Janey Way Memories 14
- Bertha Henschel Park Clean-up 16
- Beekeeper polinates a movement 17
- Calendar 20-21

2012
Altima 2.5
"S" Sedan



Maita Value Price, *Only 10 left at this price!*
AS LOW AS \$15,988.00

Stock #N4617*, Low mileage!

(VIN.# ENDING 485213) *PREVIOUS DAILY RENTAL

MAITA NISSAN

THE ULTIMATE USED CAR SUPERSTORE (916) 488-5400

2820 AUBURN BLVD. SACRAMENTO, CA 95821 WWW.MAITANISSAN.COM



E-mail stories & photos to: editor@valcomnews.com

Vol. XXII • No. 9

East Sacramento News is published on the first and third Thursday of the month and delivered by mail and home delivery in the area bounded by Business 80 on the west, the American River on the north and east and Highway 50 on the south.

2709 Riverside Blvd.
Sacramento,
CA 95818
t: (916) 429-9901
f: (916) 429-9906

Publisher..... George Macko
General Manager..... Kathleen Egan
Editor..... Monica Stark
Art Director..... John Ochoa
Graphic Designer..... Serene Lusano
Sales Manager..... Patty Colmer
Advertising Executives:
Linda Pohl, Melissa Andrews, Jen Henry
Distribution/Subscriptions..... George Macko

Cover photo by:
Courtesy

Other photos:
Steve Crowley
Matt Perry

Geographica:

Traveling Through Time and Space in East Sacramento

By MATT PERRY

Pedestrians must first wind their way down an East Sacramento alley before entering the store's narrow hallway. Yet it's not until they turn the corner that the international treasures inside reveal themselves in dramatic fashion to travelers seeking an escape in time and place.

Opened in December by former Alaskan Mark Anderson, Geographica is an eclectic mix of objects collected from around the globe that double as tangible history lessons.

There's the hand-made African xylophone. Mounted elk horns. A candleholder from Ghana. The foot locker made by the Texas Trunk Company exclusively for Camp Fenno-lynn in the Santa Cruz mountains. And a solid mahogany "weeping Buddha" that Anderson says has no relation to Buddhism, yet still rids the worries of its owners.

And maps. Drawers full of maps. And shelves lined with globes, including a rare lunar globe with markings dated 1874. Anderson customizes specialty maps for discerning buyers, often as presents, like the woman who wanted a "streets of Sacramento" map from the 1930's for her husband which Anderson customized, colored, and stretched onto a 16" x 20" canvas.

Travelers, wanderers, seekers and historians have so far been drawn to this store filled with unique history and Anderson's friendly demeanor.

Formerly offices for the Sacramento Opera, the room once featured popcorn ceilings, fluorescent lighting, worn carpeting, and walls thirsty for paint. Once holding cubicles, the barriers have since been replaced to create a spacious open area adorned with brick walls and attractive wood laminate floors.

Anderson spent his youth devouring both fiction and non-fiction from his mother's bookshelves. He was also fascinated with the space program, President Kennedy's famous moon-landing prediction, and the space race.

"I'd cringe every time the Russians went first," he says.

After a lackluster community college career, three part-time jobs and wanderlust took him to a Mormon college in Hawaii, which opened his eyes to distant cultures along the Pacific Rim. He then followed his dad's advice and wound up moving to Alaska where he found both adventure and a steady job as a terminal manager for an oil facility in Valdez – the end of the Alaskan Pipeline.

And always he continued his fascination with the world.

Planning to stay in Alaska for three months, Anderson stayed for 25 years, eventually moving to Sacramento after marrying his wife Cynthia for a second time. He got his English degree from Sacramento State, and planned to teach English but couldn't find a job. After being

See Geographica, page 3



Mark Anderson at his store, Geographica.

Photo by Matt Perry

Geographica: Store owner has a delight of the world

Continued from page 2

downsized after a brief stint as a local project manager, Anderson decided fate was pushing him towards a career he loved.

Given his unique past, it's no surprise Anderson's enamored with international merchandise and the shoppers who share his fascination.

"People want to talk about where they've been and what they're doing," he says. "I'm a good sounding board because I haven't been to any of those places."

Anderson sheepishly admits he has rarely traveled outside the United States, Mexico and Canada; living for so long in chilly Alaska created a deep desire for warmer vacation climates.

"No Europe, no Asia, no Africa, nothing."

Anderson has a historian's delight in the world, and every item or conversation in the store prompts a history lesson. A discussion about trundling supplies up to Yosemite's Half Dome spurs a reflection about Italy in World War II, where the country's central mountains were so steep German soldiers conscripted Italian horse riders and carriage drivers into service. Americans too brought specialized drivers across the Atlantic to navigate teams over the steep terrain – spawning the word Teamster.

"I get a lot of vets in here who want to talk about where they've been," says Anderson.

His store is also chock full of a variety of unique objects spanning old farm equipment to the hot-selling vin-

tage tumblers from the 1950's – what Anderson fondly calls "the Mad Men era."

Chance purchases often produce special country sections, such as one for Switzerland that includes maps, a calendar, a 1929 magazine called "Our Mountain Trains and Other Tourist Transportation," as well as a booklet on the Jungfrau Railroad which scales the Eiger, and includes a 7-kilometer tunnel with intermittent breaks or "windows" that are serve as both scenic overlooks and rescue windows for stranded climbers.

Brought together in Geographica, these items make a handy Swiss theme.

"Serendipity," Anderson smiles. He finds his treasures everywhere from garage sales as far away as San Francisco to select items gleaned from midtown's Second Sunday antique fair.

While Anderson says he shines up every item he buys, only a handful require repairs.

Future plans for the store include online ordering to allow global sales.

For Anderson, the overall goal of the store is simple.

"There's just so much ignorance of the world out there," says Anderson. "You kind of want people to know what life is like."

For lucky shoppers in East Sacramento, finding Geographica is an ideal first step.

Geographica is located at 3811 J Street and is open from 10-5 Wednesdays through Sundays. Website: www.geographica.co




McKinley Park Jewel!
Built as new, nothing has been spared to bring this 4 bedroom, 3 bath home to its new owner. From the highest in quality appliances to its barrel vaulted living room ceiling, Open, family friendly floor plan to the spacious Master Suite and bath complete with heated marble tile floor.

365 Santa Ynez Way \$1,150,000

KURT CAMPBELL
PROFESSIONAL REAL ESTATE CONSULTANT
956-5878

LYON
REAL ESTATE
www.GolYon.com

DOG BAKERY & BOUTIQUE



- Specialty Organic & Vegan Cookies
- Pupcakes - Freshly Baked
- Birthdays for your pup

1014 24th Street, Sacramento
916.337.3370
Tues-Fri 11-5pm Saturday & Sunday 11-4pm

*Special Mother...
Special Flowers...*



IN STORE SPECIALS: 25%-30% OFF - CASH & CARRY ONLY

Relles Florist & Gifts
67 years in Sacramento with Service & Quality
2400 J Street 801 Howe Avenue
(916) 441-1478 (916) 920-4911
FREE PARKING • RELLESFLORIST.COM



On July 1, 2013
Recycling Collection is changing from weekly to every other week.

A or B ?

Which recycle week are you?
Find out at sacrecycle.org or call 311



WALKER REALTY
Steve Walker
Selling Sacramento Since 1984
448-2848 • WalkerRealty.net



WHAT DO YOU SEE?

*We see the health care needs of a unique individual.
You see health care with a human touch.*

We know that personalized, compassionate care is important to you and your family. When you choose a UC Davis doctor, you'll be welcomed by an entire team of expert physicians, nurses and specialists. You'll receive the high-quality care you deserve while enjoying the conveniences you desire—including online communication with your health-care team and same- and next-day appointments when needed. Choose your UC Davis doctor and experience personalized health care today.

**To learn more, visit YouSeeTheFuture.UCDavis.edu.
To choose a UC Davis physician, call 800-2-UCDAVIS.**

YOU SEE THE DIFFERENCE UCDAVIS HEALTH SYSTEM



Sheila Van Noy

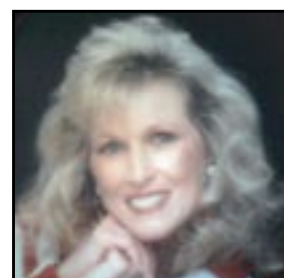
Personalized service
with you in mind

505-5395

Sheila@SheilaVanNoy.com
DRE# 00924678



MASTERS CLUB
OUTSTANDING LIFE MEMBER



Paula Page

CRS, Life Member of SAR

30 years of listing and selling
homes. For all your real estate
needs, including new
construction and design.

916.203.7878 | PAULA.PAGE@LIVE.COM
DAVIS & DAVIS & ASSOCIATES, ROSEVILLE, CA • 916.865.4247

Rebuild McKinley - 3D design, volunteers, tools and more

The McKinley Playground design is continuously evolving and the Rebuild McKinley Volunteer Steering Committee is working hard to prepare for the June 4-9 Community Build. View the 3D sketch of the playground at <https://www.arpssurvey.com/forms/rebuild/>

Time is moving quickly and organizers are in need of hundreds of volunteers to help with the build. All ages and skill levels are welcome to help. From construction, to helping with child care, to preparing and serving the volunteers' food --there is a job for

everyone! Come out to help for a few hours or a few days.

The Steering Committee is asking for help in loaning tools to the community build (see list below). The tools are needed from June 1 to June 11. Upon receipt, tools will be checked for proper operation and safety, and a retrieval receipt issued to tool owner. Rebuild McKinley will provide all bits and blades.

Tools will be returned in good working order. If problems develop, Rebuild McKinley will repair or replace any damaged tool. If you bring a tool to use for your work shift only, you will be responsible for that tool. Only tools loaned for the project duration and properly checked in will be the responsibility of Rebuild McKinley.

Sign up to volunteer or loan tools <https://www.arpssurvey.com/forms/rebuild/>

50- corded drills 3/8" or 1/2" chuck, with Chuck Key attached.
15- cordless impact drivers. 14 or 18 volt
4- angle grinders, corded.
20- levels, 4' or longer. Must be accurate.
5- Routers, 1/4" or 1/2" shank capacity

5-laminate routers, 1/4" shank
2- sawzalls, corded, heavy duty

4- Sliding compound miter saws, 10" blade size

4- Chop saws (miter saw), 10" blade size

15-Circular saws (skilsaw) 7 1/4" blade size. Worm drive or sidewinder

6- 10' or 12' stepladders

1- belt sander, 4x24" belt

2- portable table saw, 10" blade with all safety guards intact.

8- orbital jig saws.

All tools will be needed from June 1 through June 11, and organizers would like for them to be checked in from May 31 through June 2. On receipt, tools will be checked for proper operation and safety, and a retrieval receipt issued to tool owner.

Contact Jeff Harris if you have questions about tools at cadence@surewest.net

If you can't volunteer for the community build in June, there are many other ways you can assist including cash donations and in-kind donation of materials, food and supplies. For more information, visit www.rebuildmckinley.org. Still have questions? Call 808-7235.

East Sacramento teens revisit their youth with the McKinley Park rebuild

By GINA LORENZO
gina@valcomnews.com

In a McKinley Park Rebuild steering committee meeting in the Clunie Center, Chelsea Saurer and Leah Horner are observing a slide show of plans and photos describing the park's future playground by Lee Archin of Play By Design. Outside the playground is functional but awaits the talents and participation of these St. Francis High School students among many others of all ages. These East Sacramento teens sit quietly, listening to the ideas, the outline, the call for more volunteers, and the support by councilman Steve Cohn. But these girls are normally far from subdued. They are articulate, energetic, and love to describe their involvement in projects from performing in St. Francis plays to their service in and out of the community.

"We are on our way to a retirement center after this meeting" Leah states, and this summer they will volunteer for a week with Camp ReCreation, an opportunity for people with developmental disabilities. "It is a one - on- one opportunity and a beautiful time of love and caring." Says Chelsea. "I also write a musical during the summer and direct kids for a week, ending with a show for the parents and community" Leah added.

Regarding the McKinley Park Rebuild project, "I knew that I wanted to help immediately after the park

had burned" (July 2012)" said Leah. "I spoke to Chelsea about it and we came to the first steering committee meeting in October. We started just speaking with the committee about what we wanted the park to look like; would it be a new direction or more traditional? We (the committee) interviewed different design companies and decided on Play by Design. By a vote we decided on a community build."

This particular project is special for them because they grew up enjoying McKinley Park. Add to that the fact that they will be leaving for college in the fall and the rebuild project is a bittersweet bon voyage. "We are doing the rebuild in June and leaving in September so the timing is perfect. This park is ending as we are becoming adults. The most exciting part is the legacy of the park. It will be so exciting to one day bring my kids here and be able to say that I was a part of this rebuild. Leah stated, "We are going to always drive by the park and know that we helped."

When asked what advice they would give to other teens who want to give back to their community Chelsea said, "Get involved. It's about how much you want to do it. There is nothing holding you back. Our main purpose now is to get volunteers here. We want to recruit St Francis students. When school is out hopefully they can make time to join in." "Everyone knows the park well. We

even took our prom pictures here." Leah added.

The community build will take place over six days, June 4-9, 2013, with three shifts per day. About 2,000 volunteer shifts need to be filled. All ages are welcome to help. From construction, to helping with child care, to preparing and serving the volunteers' food --there is a job for everyone. Come out to help for a few hours or a few days. Tools and guidance will be provided. For more information and to sign up to help rebuild McKinley Park playground go to www.rebuildmckinley.org.

Freelance writer Gina Lorenzo is on the look out for East Sacramento youth who are making a difference in the community.



INDEPENDENT LIVING WITH SERVICES

... in the Heart of Land Park



Live Well with Eskaton

Surrounded by three acres of beautiful trees and just minutes from downtown Sacramento, Eskaton Monroe Lodge offers independent living with services in a country-like retreat. Enjoy an active lifestyle among good friends and a professional, caring staff.

Call us today to register for one of our upcoming events!

ESKATON MONROE LODGE

3225 Freeport Boulevard

Sacramento, CA 95818

916-265-0038

Scan our QR code
to learn more



ESKATON
Transforming the Aging Experience



866-ESKATON | www.eskaton.org

Dear Reader,

We'd like to know if you have an interesting story to tell. Do you or a neighbor you know have an interesting hobby? Have your children grown up and gone on to do something extraordinary? Do you or someone you know volunteer somewhere interesting? Are your children's schools having an event that you plan on taking pictures at anyway?

Throw your pitch to
editor@valcomnews.com



VALLEY COMMUNITY NEWSPAPERS

A BETTER MOVING.COM

(916) 489-3322

LOCAL & WORLDWIDE MOVING & STORAGE

Thinking of Changing Banks?

✓ Check the El Dorado Advantage

- ✓ FREE VISA Debit Card
- ✓ FREE Senior Checking with Interest
- ✓ FREE Direct Payroll Deposit Checking
- ✓ FREE Internet Banking with Check Images
- ✓ FREE Online Bill Payment
- ✓ FREE Mobile Banking
- ✓ FREE Telephone Banking
- ✓ VALUE Checking
- ✓ Interest Checking
- ✓ Investors Money Market Checking
- ✓ Business Checking
- ✓ Gold Money Market Savings
- ✓ Purchase & Refinance Loans
- ✓ Fixed & Adjustable Home Equity Line of Credit Loans
- ✓ Friendly, Personal Service at No Extra Charge
- ✓ 35 ATMs at El Dorado Branches
- ✓ Consistently Awarded the Highest 5 Star Rating by Bauer Financial Reports as One of the SAFEST and STRONGEST Banks in the U.S. Since 1993



EL DORADO SAVINGS BANK

Serving our local communities for over 55 years

www.eldoradosavingsbank.com

5500 Folsom Blvd. • 452-2613

4768 J Street • 454-4800

Se Habla Espanol • 800-874-9779



Buffalo Brewery men were interred at East Lawn Memorial Park

By LANCE ARMSTRONG
Lance@valcomnews.com

Editor's Note: This is part 10 in a series about the rich history of and associated with East Sacramento's award-winning East Lawn Memorial Park.

Sacramento has been known as a political city, a city of trees and many other things during a large portion of its existence. And among its greatest achievements was becoming a city of breweries, which included the Buffalo Brewing Company.

In the previous article of this series, Philip Scheld, who was interred at East Lawn Cemetery (today's East Lawn Memorial Park), was celebrated for his proprietorship of the Sacramento Brewery, which was established a short distance from Sutter's Fort in 1849.

Many other breweries were opened in the capital city during the 19th century.

An example of the production of local breweries during the 19th century was recorded in the county assessment books for 1872.

This source notes that in that year, Sacramento had eight breweries that produced 252,000 gallons of beer.

Furthermore, according to the 1880 book, "The History of Sacramento County, California," the area's eight local breweries in 1878 "made, in aggregate, 530,200 gallons of beer, and in 1879, 560,000 (gallons of beer)."

With a walk around East Lawn Memorial Park, one can find the final resting places of several men who

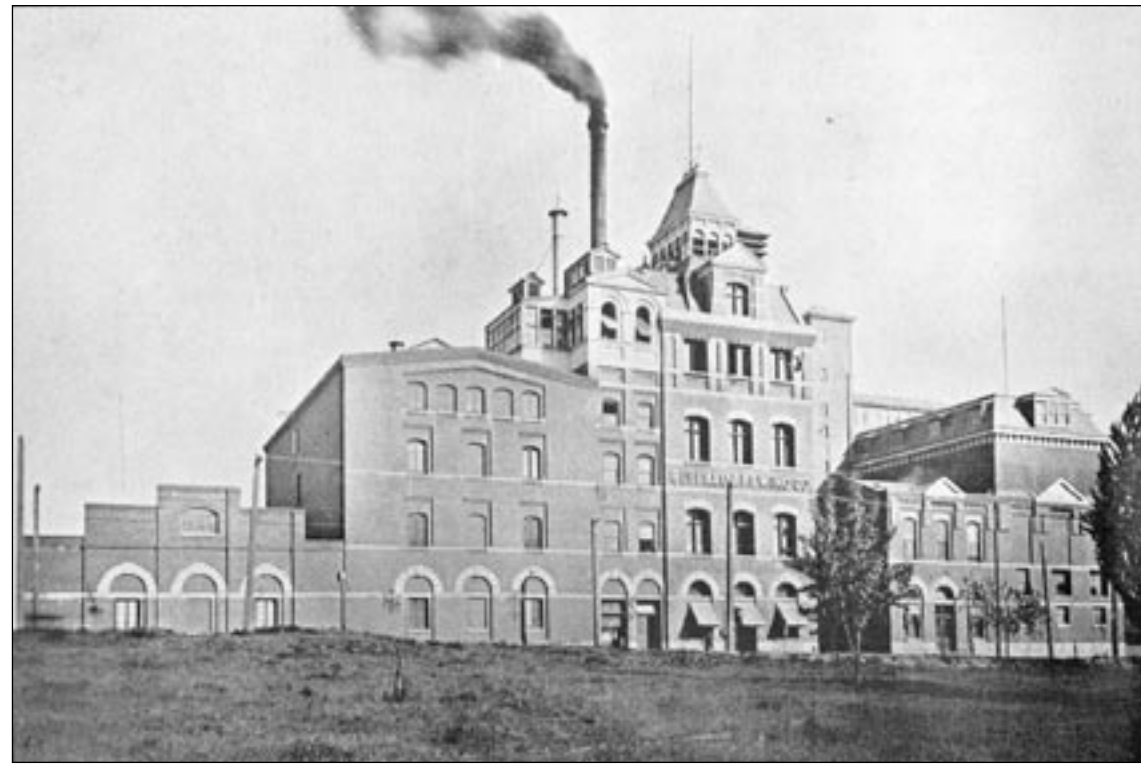


Photo courtesy of Lance Armstrong Collection
The Buffalo Brewing Co. plant, shown in this 1894 photograph, was located on 21st Street, between Q and R streets.

were associated with the Buffalo Brewing Company, which was also known as the Buffalo Brewery, and was for many years under the direction of Buffalo Brewery, Inc.

Certainly the most notable of these brewery men were the German-born Herman H. Grau (1846-1915) and William E. Gerber (1852-1928), who were both interred at East Lawn Cemetery.

Herman, a former East Coast brewer who came to Sacramento from Buffalo, N.Y. in about 1886, was the man who organized the Buffalo Brewery, which would eventually become the largest brewery west of the Mississippi.

At the age of 12, Herman came to America and settled in Buffalo, N.Y.

Along with his wife, New York native J.F. Ber-

tha (Ziegele) Grau (1848-1915), who he married in Buffalo prior to coming to Sacramento, Herman had nine children.

Herman's association with William became an important part of the city's brewery history, as these men laid out the plans for the Buffalo Brewery.

In addition to his involvement with the Buffalo Brewery, William, a New York native who came to Sacramento in 1860 and was eventually the secretary of the Buffalo Brewery, served, at different times during his life, as president of the California National Bank and chairman of that bank's board.

William, who studied in Sacramento schools and the St. Louis Academy and at a business school in Buffalo, was also, at a various times, a bookkeeper and co-own-

er of a grocery store, state fish and game commissioner, auditor of Sacramento County and the city treasurer of Sacramento.

Also interred at the cemetery was Hattie A. Gerber (1857-1928), who was the mother of his five children.

Construction on the Buffalo Brewery, which was located on the block bounded by 21st, 22nd, Q and R streets, began in 1888.

In being that this section of Sacramento was many years away from being built out at that time, upon its completion, the large brewery structure could be seen from a considerable distance within the city.

With the opening of the Buffalo Brewery in 1890, Herman became the company's first general manager

See East Lawn, page 7

East Lawn: Burial site of prominent brewers

Continued from page 6

and Adolph Heilbron (1833-1913) served as the brewery's first president. Heilbron's final resting place is located at the Sacramento Historic City Cemetery at 1000 Broadway.

Also interred at East Lawn were Henry Gerber (1851-1928), one of the brewery's first stockholders, and Henry I. Seymour (1861-1913).

Seymour was among the prominent men of the brewery, as he replaced Grau as the company's general manager in 1896 and continued to serve in that role for 17 years.

But Seymour was not new to the brewery when he became its general manager, as he had been working for the brewery since 1890.

Another well-known person in local brewery history was Sacramento native Frank J. Ruhstaller (1872-1943), whose father was Swiss native Frank Ruhstaller (1846-1907), who was an original officer of the Buffalo Brewery.

The brewery resume of Frank Ruhstaller, who was interred at today's Sacramento Historic City Cemetery, also included serving as the proprietor of the

City Brewery at the northeast corner of 12th and H streets and the superintendent of the Sacramento Brewing Co.

As for the resume of Frank J. Ruhstaller, he became the president of the Buffalo Brewery in 1913, following the death of Heilbron. He retired from that position in April 1939.

Additionally, the younger Ruhstaller served as the assistant manager of the City Brewery and superintendent of the Sacramento Brewing Co., and was a member of the city's war rationing board during World War II.

In speaking about Frank J. Ruhstaller during his retirement dinner at the old Elks Temple at 11th and J streets, Superior Court Judge Peter J. Shields said, "Charities, kindnesses and justices have characterized his whole existence. The aroma of good deeds during his life has perfumed the entire community. He has been modest, never seeking the limelight nor the vanities of life."

Frank J. Ruhstaller's wife, Alice Marie (Root) Ruhstaller (1871-1969), was also interred at East Lawn. The couple, who was mar-

ried in Sacramento on Nov. 22, 1899, was residents of East Sacramento, residing in the Fabulous Forties neighborhood at 1301 44th St.

Much has been said and written about the Buffalo Brewery, which created beer that was popular well beyond Sacramento.

During its pre-Prohibition days, the Buffalo Brewery distributed its beer great distances.

In addition to shipping this beverage to many parts of Northern California, including San Francisco, the brewery also sent its beer to the Hawaiian Islands, Alaska, Central America, along the Mediterranean, Russia, Japan and China.

A summary about the brewery in the Feb. 2, 1907 edition of *The Union* included the following words: "Sacramento boasts of many large manufacturing enterprises, but none are more in keeping with the general progress of this section than (the Buffalo Brewery). It is known by the excellence of its product. New Brew and Bohemian, its special brands, are known throughout the Pacific Coast. Ask any



Photo by Lance Armstrong
Former East Sacramento resident Frank J. Ruhstaller was interred at today's East Lawn Memorial Park in 1943. He served as president of the Buffalo Brewing Co. from 1913 to 1939.

dealer and he will tell you there are none superior to them."

The brewery, which experienced much physical growth at its local plant, returned to full, post-Prohibition production in December 1933 and continued its operations at its historic site until 1949.

The brewery buildings were razed in 1949 and 1950 in preparation for the construction of the newspaper, radio and television operations of McClatchy

Newspapers – publishers of *The Sacramento Bee* – which was then headed by its president, Eleanor McClatchy.

WILLS and TRUSTS
*Protect Those You Care For;
Protect Your Children and Loved
Ones if Something Happens to You*



GL Gilberto Lopez, Jr. Estate Planning Attorney
(916) 665-1122 • www.gjlawoffice.com
8031 Freeport Blvd., Sacramento, 95832
Also experienced in Trust Administration & Personal Injury Auto Accidents

Community Worship
Westminster Presbyterian Church
1300 N Street (Across from the Capitol) • 442-8939
Contemporary Worship 8:45am Traditional 11:00am
Sunday School for all ages 9:45am • www.WestminSac.org

Faith United Methodist Church
3600 J Street • 452-7637 • www.faithumcsacramento.org
Bible Study: Sunday at 9:15am • Sunday Worship: 11:00am
(Communion on 1st & 3rd Sunday) • Fijian Language Worship: Sunday 2:00pm

Greek Orthodox Church of Annunciation
600 Alhambra Boulevard, Sacramento 95816
Sunday: 8:30 am Matins, 10:00 am Divine Liturgy (Holy Eucharist)
Contact: Church Office (916) 443-2033 ~ annunciation.ca.gaoarch.org
Fr James Retelas, Presiding Priest ~ Fr. Timothy Robinson, Associate Priest
Call (916) 429-9901 to advertise your church services in this paper!

INSERTS
Include your insert in the following targeted newspapers:
Arden-Carmichael News
East Sac News
Land Park News
Pocket News
California Kids
Call (916) 429-9901 for details



PLEASE Recycle this paper

Call (916) 429-9901 for information about the ALL ABOUT YOUR BUSINESS newspaper insert offer

The Exclusive

4-page or 8-page insert in your community newspapers

Arden Carmichael News • East Sacramento News
Land Park News • Pocket News

BECK'S SHOE EMPORIUM
täos FOOTWEAR



Sacramento
5663 Stockton Blvd.
@ the intersection of Fruitridge & Stockton Blvd.
(916) 453-1719

BeckShoes.com

\$12 BECK'S BUCKS

Expiration Date 5/31/13 ES

BIRKENSTOCK

FUNERAL DIRECTORY
Call Patty at (916) 429-9901
www.valcomnews.com

GEORGE L. KLIMPP
CHAPEL OF FLOWERS
FD 360
2691 Riverside Boulevard
Sacramento, CA 95818
Phone: (916) 443-7917
Fax: (916) 443-7931
Family owned and operated since 1921

Harry A. Nauman & Son
Dignity
FD366
4041 Freeport Blvd
Sacramento, CA 95822
(916) 452-6157
Serving Sacramento Families since 1903.
Pre-arrangement packages available.

LIND BROTHERS
FD 1141
A Local Family-Owned Funeral Home
Serving Sacramento Since 1964
916.482.8080

Call Patty Today
916-429-9901



ARTS

'Ian Harvey + Koo Kyung Sook: Together + Alone' exhibit going on now at JAYJAY

By MONICA STARK
editor@valcomnews.com

The story of husband and wife team Ian Harvey and Koo Kyung Sook is rich and deep, as they investigate their own individual works as artists and as they work on monumental collaborative pieces, which are now on display at JAYJAY art gallery on Elvas Avenue.

Together + Alone is a continuation of an exhibit with the same title mounted at JAYJAY in 2010.

Using the figurative imagery of Sook, and the alchemic abstract painting approach of Sacramento State painting professor Harvey, the two artists make thousands

of paintings on business card stock (2"x 3.5"), and build works on a grid to form large-scale figurative paintings (112"x132") for their collaborative pieces.

If it sounds labor intensive, it is. The process begins with Sook in a dark room, where she exposes photos to paper to light and drops Sumi ink on top, which creates a look of abstract lines and squiggles. She does this hundreds (sometimes thousands) of times and chooses which ones to piece together to form a face or body.

Once an image is complete, they project the image and use it as a guide, for a totally different work, creating an interpretation of the

black and white image. Then they piece thousands of business cards that they have painted to large, colorful displays.

For some of the projects, a lot of color is portrayed, sometimes by mistake as chemical reactions with alcohol, polyurethane and powders occur. When done, each 3x5 card resembles individual blood cells. "We want to think of the body as a corporate entity of cells. The body is made up of all these individual cells." When you get them together, something magical happens — art pieces showing the body in its most whimsical form.

"Sometimes people think it's like a puzzle -- that it's ready made -- but it's not," Sook said. "If we chose 800 (painted cards), that means we made at least 2,000," she said.

The two first met in Vermont in 2002 at the Vermont Studio Center Press, where Harvey worked as a fundraiser and Koo was selected as a Freeman Fellow, which included 10 Asian artists over the course of a year to work on projects for two months each. "So Koo came and I ignored her while she was there and



Photo courtesy
Koo Kyung Sook: Markings 12-3, 2012, digital print on mulberry paper, 56 x 30 inches

See Art, page 9

Art: Couple collaborates on amazing pieces

Continued from page 8

then after the two months passed, I came (over to her) ... Yeah, I am pretty slow," he said.

After that Sook was living in South Korea, working as a professor at the University of Korea. So they two went back and forth from the states to Korea. "When we were together we would do the collaborative work over school vacations ... and in between we would work on our own work," Harvey said.

Since they have been living together, they have been focusing on their collaborative work. "We had a (collaborative) show in Seoul last September. So we were in good shape for that," Harvey said. But he hadn't done any substantive individual work in over almost a year and a half. But he said JAYJAY wanted to do another show. "We said, 'yeah, of course' because we like working with JAYJAY. They're great. But then we sort of had to hustle," Harvey said.

Harvey said over his career, he's pretty much just stuck to abstract painting, while Sook has worked with many media. Over time, their relationship as married artists evolved.

"Our relationship with materials is the common ground," Harvey said. "She's using this photographic material to invent an image; I'm using paint to invent an image. It's basically the same thing. She's making figures; I'm making imaginary landscapes or whatever you want to call them," Harvey said.

He said he has always admired Koo's images. "I am an abstract paint-

er. I don't make images of the figure perspective. I did try at one point, but they always came out like illustrations. They were really corny, really bad," he laughed.

So he became an abstract painter, using Sook's images as a kind of model for the image they are going to make.

In practice, they share the same interests.

Harvey, a former New York based artist with his MFA from Columbia University School of the Arts, was introduced to the Sacramento region in a West Coast premier solo exhibit at JAYJAY in 2007. He received rave reviews for his "maximalist" approach to compositions with various paint mediums. Harvey, a painting professor at CSU Sacramento, has continued to impress collectors with his obvious love of paint and its ability to move on a surface, forming complicated abstract narratives.

Koo Kyung Sook was a professor of fine arts at Chung Nam National University in Taejon, Korea for the last couple of decades, and is recently retired and has immigrated to the US. She received her first BFA from Hongik University in Seoul, Korea, following with a BFA from the Art Institute of Chicago and an MFA from Cranbrook Academy of Art in Michigan. She has exhibited widely in Korea and the United States, focusing on her interest in the figure with gestural images on paper, most recently in a digital medium.



Photo courtesy
Ian Harvey: No. 142, 2009, acrylic, gouache, enamel, oil on panel, 30 x 30 inches

If you go:

What: Ian Harvey + Koo Kyung Sook: Together + Alone' exhibit
Where: JAYJAY, 5520 Elvas Ave., Sacramento, 95819
When: May 2-June 22, with an artists' reception on May 2, from 5:30 to 8 p.m., including a gallery talk at 7 p.m. A Second Saturday reception will be held May 11 from 6 to 8 p.m.
Contact: 453-2999

Senior Services *and* Resources

Call Melissa (916) 429-9901

DOCUMENT PREP SERVICES

LIVING TRUST/LIVING WILL
Legal Document Prep Services:
• Trust • Will
• Powers of Attorney
• Residential Deed
Couples \$495 Singles \$450
Lynda K. Knight (916) 214-1215
1337 Howe Ave., Ste. 103
Sacto 95825

HELP AT HOME

HELP AT HOME
Senior Care
Caring, In-Home Assistance & Companionship
• Light housekeeping
• Meal preparation
• Med reminders • Errands
• Dementia care • Bathing
& Much More
For no-cost/in-home assessment,
call 877-404-6636

LEGAL SERVICES

Wills/Trust/Health Directives
\$750 package deal
Estate, Tax & Medi-Cal Planning
Special Needs Trusts
Free In-Home Consultation
Tim Tyler, Ph.D., Attorney at Law 916-452-0624

REAL ESTATE SERVICES

LYON *Moving On?*
FREE Real Estate Help & Advice
tailored to seniors & their families
Contact John Woodall, GRI
Seniors Real Estate Specialist
(916) 421-5421
✓ out my blog at:
aSeniorsBlog.com

LOVING COMPANIONS

Loving Companions Senior Services
A Proud Member of The Senior's Choice
Certified care
(866) 312-2157
Specializing in
24/7 Live-In
Service
Excellent
Rates &
Discounts

YOUR AD SHOULD BE HERE!

Call Melissa today!
Your services
are needed.
Your ad should be here.
Ad design is free.
Call 429-9901

REVERSE MORTGAGE

REVERSE MORTGAGE MAYBE

I am a Senior with 45 years of successful business experience. I am offering you a free consultation to determine if a Reverse Mortgage would be a benefit to you.

This is not a sales presentation.

I'm a good listener and view the world from a senior perspective, just like you. I'm available on Tuesday, Wednesday and Thursday 10 Am to 4 PM. Call me to set up an educational meeting.



Bob Grace
Reverse Mortgage Loan Officer
HighTechLending, Inc. "A Direct Endorsed FHA Lender"
916 469-9143
5962 La Place Court, Suite 210, Carlsbad CA 92008
bgrace@hightechlending.com NMLS 315346

Licensed by the Department of Corporations under the California Residential Mortgage Lending Act. 7147 HTL is licensed in AZ#0912577, CA#4130937, FL#7147, HI#MB1393, OR# MI4386, TX #7147, WA #7147

SPECIAL ALZHEIMER'S LIVING

Primrose
Living With Memory Loss
Day Club, Respite,
Residential, Support Groups
& Educational Classes
cas@primrosealz.com
www.primrosealz.com
(916) 392-3510
7707 Rush River Dr. Sacto, CA 95831

SENIOR PLACEMENT

FREE Senior Living Placement

Finding local, long term care for every senior is our specialty!
We will personally drive you to the locations that meet your personal, financial, and geographic preferences.
Get Assistance. Call Today!
916-372-3762
Assisted Transition
Senior Living & Care Finders
www.AssistedTransition.com

Overweight Women Needed for a Weight Loss Study

USDA, ARS, Western Human Nutrition Research Center (on the UC Davis campus) is seeking healthy overweight women to participate in a research study about dietary glutamate and body weight. The study will be conducted over 26 weeks and some Sacramento visits are available.

Eligibility:

- Healthy women, age 19-50 years, 15-90lbs over weight
- Not taking meds for depression, anxiety, weight loss or other conditions
- Not pregnant or planning to become pregnant
- Non-smokers

Participants will receive:

- Personalized diet plan for weight loss and maintenance
- Receive image of brain on CD
- Receive prepared meals at no cost during parts of the study
- Monetary compensation

For more information, call (530) 754-7781 and press #1
visit our website www.ars.usda.gov/pwa/davis/whnrc

USDA **UC DAVIS**
UNIVERSITY OF CALIFORNIA



CHA TAUQA playhouse
5325 Engle Rd., in the La Sierra Community Ctr.
Carmichael, CA 95608
(916)489-7529

Directed by Warren Harrison
May 10—June 16

Tickets:
\$21 General
\$19 Student/Senior

Fri and Sat
At 8 pm
Sundays at 2 pm

SHOWTUNE
Jerry Herman's
La Cage aux Folles
Mack and Mabel

Celebrating the Music and Lyrics of Jerry Herman
Conceived by Paul Gilger

Tickets available at www.cplayhouse.org/tickets

15th Annual **EAST SAC Garden Tour 2013**

May 11th & 12th
SATURDAY & SUNDAY
10AM TO 4PM

TOUR: \$20.00 | LUNCHEON: \$15.00

MOTHER'S DAY WEEKEND
Treat Mom to a tour of seven beautiful East Sac Gardens, shop at the Garden boutique and enjoy a delicious Buffet Luncheon catered by Vanilla Bean Bistro at the Historic Sutter Lawn Tennis Club.

www.eastsacgardentour.com
ALL PROCEEDS BENEFIT DAVID LUBIN ELEMENTARY SCHOOL
PRESENTING SPONSOR SACTOWN MAGAZINE

KIYO'S Floral Design

Want something exotic for Mother's Day?
Give us a call or come in and see our new store!

New Location!
2030 16th Street
Corner of 16th & U Streets
916.446.7136 www.KiyosFlowers.com

SACRAMENTO GAY MEN'S CHORUS PRESENTS

EXTRA ABBA GANZA

CREST THEATRE
1013 K STREET SACRAMENTO, CA 95814

FRIDAY, JUNE 7, 8:00 PM
SATURDAY, JUNE 8, 8:00 PM

TO PURCHASE TICKETS VISIT SAGMENSCHORUS.ORG
SACRAMENTO GAY MEN'S CHORUS (877) 263-1567

2nd Annual Focus On Fiber

sacramento fine arts center

May 28 - June 22, 2013

Gala Reception
June 1, 2013, 5:30-8:30 pm
Refreshments - Awards - Music

together + alone
Ian Harvey + Koo Kyung Sook

Figure 12, 2012, enamel, shellac, and polynurethane on paper, mounted on aluminum, 60 x 60 inches
May 2 - June 22, 2013

Artists' Reception: Thursday, May 2, 5:30 - 8 pm, Gallery Talk at 7:00 pm
Second Saturday Reception: Saturday, May 11, 6:00 - 8:00 pm

5520 ELVAS AVENUE | SACRAMENTO, CA 95819 | PH 916-453-2999
WWW.JAYJAYART.COM | HOURS: WED-SAT, 11-4 (OR BY APPOINTMENT)

sacramento MASTER SINGERS

Sondheim!
A CHORAL CELEBRATION

FIRST UNITED METHODIST CHURCH, 21ST & J STREETS, SACRAMENTO
Saturday, May 18th at 8:00 PM | Sunday, May 19th at 3:00 PM

The Sacramento Master Singers will sing works from some of Stephen Sondheim's most loved musicals: *Sweeney Todd*, *A Little Night Music*, *Into the Woods*, and *Company*. In addition to our choral salute of this composer, we'll feature several of our many excellent vocal soloists and pianists. Join us because "tonight won't be just any night"

TICKETS ONLINE AT www.MasterSingers.org

SWANBERG'S

"Brasilia Petal Shirt"

- Hawaiian Shirts
- Baseball Shirts
- Neighborhood Shirts
- Reef Sandals and more!

2316 J Street
447-MAUI
www.swanbergsformen.com

GUNTHER'S ICE CREAM

May: Carmel Crackle Crunch

Come See Our Murals!

- Malts, Floats, Sundaes & Shakes
- Sandwiches/Soups
- Real Fruit Freezes
- Ice Cream Cakes & Pies
- Ice Cream Socials

We Make Our Own Ice Cream
Open Daily: Sun-Thur: 10am - 9:30pm • Fri-Sat: 10am - 10pm
70 years of business
2801 Franklin Blvd. (Corner of Franklin & 3rd Ave.)
457-6646 • www.gunthersicecream.com

MUSIC SOCIETY AT CATHEDRAL SQUARE PRESENTS

Capella Antiqua

A VIEW FROM THE FOOTLIGHTS

Choruses and arias from Claudio Monteverdi's *Orfeo*; Otto Nicolai's *Die lustigen Weiber von Windsor*; Henry Purcell's *The Fairy Queen*; Auther Sullivan's *The Gondoliers*; and Scott Joplin's *Treemonisha*

Friday, May 10, 2013
Concert 7:30 pm
Pre-Concert Lecture 7:00 pm
Tickets at www.capella-antiqua.org

Cathedral of the Blessed Sacrament
1017 11th Street
Sacramento, California

Adult \$15
Senior/Student \$10
General Seating

Mother's Day Gifts

Little Relics Boutique & Galleria
908 21st St., Midtown www.littlerelics.com Closed Sunday

Soccer Registration
River Park Soccer Club
May 1st - May 31st
visit RiverParkSoccer.org

Crockett-Deane Ballet Company & Deane Dance Center
May 11th at 7pm ~ May 12 at 2pm

Sleeping Beauty
with music by Tchaikovsky
Directed by Allyson Deane and Don Schwennesen

Family Friendly production!
Tickets at the door:
Adults \$15 Seniors/Students \$12
Children \$10

The Center at Twenty Three Hundred
2300 Sierra Blvd., Sacramento
Questions? Contact Deane Dance Center
916.453.0226
deanedancecenter.com

James Gasowski
"Picture-Painting-Object"
at:

GREEN GARDEN
2904 Franklin Blvd.

K-6 from Fruitridge Elementary School

2900 Franklin Blvd.

Reception and Craft Fair
May 11th, 6-11pm
Shows run thru May
www.thecoffeegarden.com
457-5507

DAVID SEDARIS CHRIS BOTTI

TUESDAY MAY 7, 2013 7:30PM
SUNDAY MAY 12, 2013 7:30PM

TURLOCK COMMUNITY THEATRE
When Entertainment Begins!

(209) 668-1169
www.TurlockTheatre.org
1574 E. CANAL DR., TURLOCK, CA 95380

Fe Gallery

Featuring Eric Decetis Sheena Wolfe

Second Saturday Reception
May 11, 6-9pm
Exhibit runs 5/11-6/6/13

1100 65th St • (916) 456-4455
www.FeGallery.com

TEAM BLACK



Annette Black
826-6902
Lic# 00802727



Kathy Pardun
247-7030
Lic# 01000106



Diane Berry
698-7288
Lic# 00794641



Wanda Noack
761-6748
Lic# 00946526



Patricia Yochum
519-0207
Lic# 01721160



Rene'e Liddie
613-9885
Lic# 01152399

Top Producing Agent for Sacramento's #1 Real Estate Company

570 RODANTE WAY

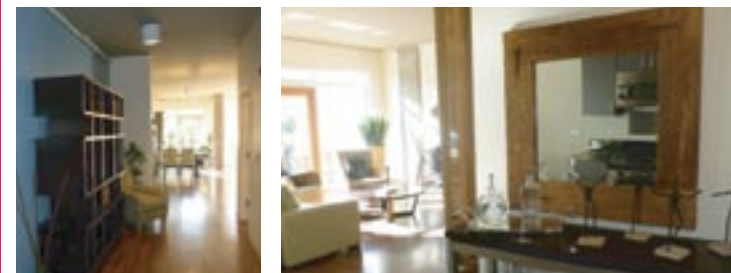
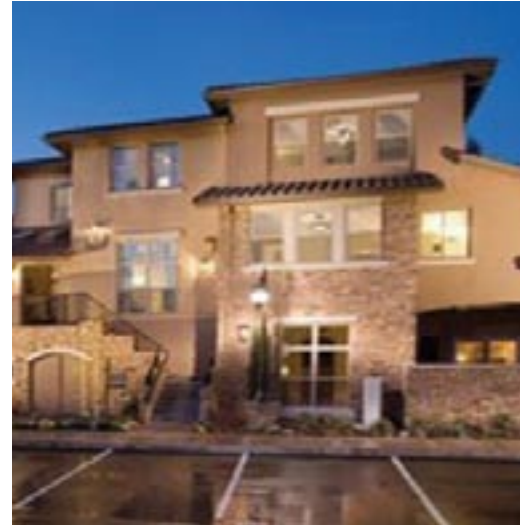
Be prepared to be impressed w/ this extensive remodel that could be featured in Architectural Digest! Located on a prestigious street with mature Oak trees. This contemporary home is a must see. Stunning kitchen with Quartz Countertops, custom cabinets, and huge sprawling island with Wolf/Subzero Appliances makes this a chefs delight! New roof, tankless water heater, glass garage door, surround sound, alarm, imperfect smooth walls - the list is endless!!! If you want a home that is truly one of a kind - welcome home.\$829,000



LUXURIOUS PAVILIONS

Stunning architectural design, open floorplans with high ceilings, hardwood floors, granite kitchen countertops, GE Monogram appliances include built-in refrigerator, stove, microwave & wine cabinet. Exceptional clubhouse with full kitchen, meeting rooms, workout gym, pool/spa & BBQ area. You will not find more luxurious homes for this price in this location! Starting price \$525,000

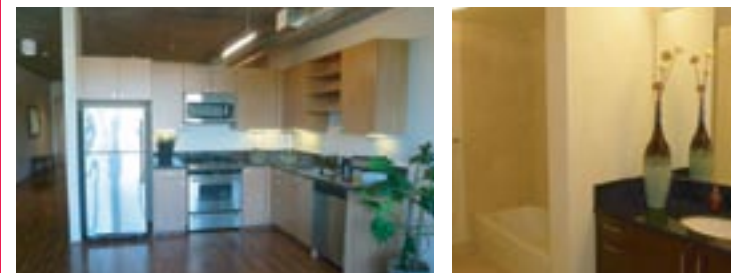
FINAL PHASE
4% DOWN FINANCING



LOFTS ON L STREET

This is everything home wants to be.

The lofts on L at 1818 L Street, like a limited edition, each residence offers a contemporary freshness, modern lines, open and natural illuminated light filled living space that will inspire as well as impress. The amenities and social areas offer places to retreat, indulge, entertain and gather. Adorning each loft is a designer-composed palette that allows you to show your style and creativity. Features beautiful city views, Doorman and Concierge services.



THE ALHAMBRA \$349,000
THE TOWER \$459,000
THE MAJESTIC \$549,000
PENTHOUSE AVAILABLE:
\$589,000



East Sacramento/Downtown Office • TeamBlack.GoLyon.com

No climbing. No cleaning. No danger. That's Byers.

OLD GUTTER BUYBACK!
SAVE \$200
For every 100 feet of your old gutters
Expires 5/31/13



Don't risk your safety – Byers' LeafGuard takes gutter cleaning off your list forever.

- Guaranteed to NEVER clog for as long as you own your home, or we'll clean your gutters for FREE.
- Keeps leaves, pine needles and debris out. Maintenance-free – permanently!
- The only seamless, one-piece leaf protection gutter system.
- A patented system, *not* an add-on screen or cover.
- Heavy-duty, rustproof aluminum.
- 10 beautiful colors, plus 20 oz. copper.



Water rolls in. Everything else rolls right off.

**Call for a free consultation
and no-obligation estimate**
916-585-7962



"He's a smart young man!"

"Learned it all from you, Dad..."

Guaranteed Sound & Dry
Byers' Roofing Systems
888-451-1862
ByersRoof.com



Guaranteed Clog-Free
Byers' ENGLERT LeafGuard Gutter Systems

Learn more at ByersLeafGuard.com

*Discount not valid with any other offer. CA license 518784

Remembering Tackle Football without Pads

By MARTY RELLES
Marty@valcomnews.com

In 1959, the East Sacramento Little League constructed a baseball field at the intersection of 60th Street and M Street. It was a beautiful field with forest

green fences, built-in dugouts and a lush green outfield. We all signed up for little league baseball that year. But, after the baseball season ended, we discovered another great use for the field: tackle football without pads. Up until then, we had no grass field to

play on, so we usually just played touch football in the street on Janey Way. This field offered a whole new option for us.

At first we just played among ourselves, usually in four on four games. However, subsequently we began to play games

against other neighborhood gangs: the O Street boys, the T Street gang and a group of kids from around East Portal Park. The games were typically friendly rivalries and no one suffered anything more than a cut, bruise, or bloody nose, despite the lack of padding.

I recall one game, however, that turned out to be pretty rough.

One day, a group of us showed up at the field to toss the ball around and maybe play a little game. We found another group of boys on the field. No one recognized these boys. A couple of them were large Neanderthal looking characters calling themselves "big hand" and "big foot." I think they were brothers. They looked pretty ominous.

Eventually, one of the boys came over to challenge us to a game. Naturally, we had to accept the challenge.

The two groups agreed to a game of four 10-minute quarters; one of the spectators agreed to time the game. Out to the field, sans pads, we went. They got the ball, and scored first, pretty easily. We followed with a score of our own. But, the first half ended in a 7 to 7 tie.

At half time, we worked up a strategy for tackling the big guys—gang tackling. It worked. They scored the first touchdown of the second half, but we fol-

lowed with a score of our own making it a 14 to 14 tie. Then we kept them from scoring again.

We got the ball back with about 5 minutes left in the game. I handed the ball to Al Wilson on first down for a 10-yard gain. Then, I threw the ball to Lou Viani for a 20-yard gain. On third down, I ran a quarterback draw play up the middle. When I hit the 10-yard line, one of their players grabbed me. I kept running. At the 5-yard line another defender latched on to me. Finally at the one, the big guy hit the pile and knocked us all into the end zone. We took a lead, which we never relinquished.

They got the ball back in the end, but failed to score.

After the game, the strangers gathered on the side of the field, picked up their gear and left with heads hung down. We all stood in the center of the field and congratulated ourselves on a great victory. To celebrate our victory, we walked over the A and W drive-in on 65th Street and Elvas Avenue for a celebratory root beer.

The strangers never came back to our field again. We must have made a lasting impression on them. Now our days of tackle football without pads are just another bone-crushing Janey Way memory.

Poetry contest seeks youth poems about drug and alcohol abuse or prevention

Greater Grace Worship Center in collaboration with My Futures Initiative is hosting SWORD (Standing With Others Rejecting Drugs) this summer for girls 10-18 and their families. As part of the event, the center is sponsoring a Poetry Writing Contest with entries being accepted now through June 7.

SWORD, I'm Better Than That Poetry Contest winners will receive \$50, be invited to recite their winning poem on Aug. 31 and be given a certificate of achievement.

Eligibility: The SWORD (Standing With Others Rejecting Drugs) Poetry Contest is open to all students ages 10-18 (including home schooled and tu-

tored children), regardless of experience or previous publication, except where prohibited. Committee Members and agents of SWORD and their immediate families are ineligible and may not enter.

Each entrant may submit as many as two poems of no more than 20 lines on any subject related to drug and alcohol abuse and prevention and may be in any form, provided that the content of the poem is not vulgar or offensive, does not employ profanity, and is the original, individual work of the entrant.

All submissions become the property of The SWORD Foundation and will be considered for publication in our anthology and also on any websites or

blogs under our same name. Entrants retain copyright of his/her own individual work. Submissions by multiple entrants may be mailed together in one package to save on postage. All entries sent by mail must include completed entry form.

Entrants must complete the entry form in its entirety to qualify for the contest and may submit no more than two poems per contest. If you will be passing this information out to your organization, remember to make copies of the entry forms before you cut it.

Contest Dates: Entries are accepted between April 15th and June 7th. All mailed entries must be delivered or postmarked by June 7, 2013.

Selection: Poems are judged based on originality, creativity, and artistic quality. Poems not meeting the requirements for line limitation are automatically disqualified. Poems containing profanity, vulgarity or offensive material are automatically disqualified.

Prizes: One winner will be selected in each of the categories (division 1 – ages 10-12, division 2 – ages 13-15, division 3 – ages 16-18). Each winner will receive a cash prize of \$50.00 and a Certificate of Achievement. The two winners who place first overall will be showcased and appear in the August 31, 2013, SWORD Community Event.

EAST SACRAMENTO



1201 33RD STREET
\$329,900

Living & dining room, dining bar, and kitchen. 1 car attached garage. Walking distance to all the best that East Sacramento and Midtown has to offer. Hardwood floors throughout.

GARCIA REALTY
A SACRAMENTO TRADITION FOR OVER 80 YEARS

FRANCO GARCIA
(916) 206-3802
lic# 00925201

RENTALS AVAILABLE

ROSANNA GARCIA
(916) 202-7294
lic# 01058309

HOLLYWOOD PARK



2105 FRUITRIDGE RD.
\$199,000

4 bedroom, 2 bath home with remodeled kitchen and bathrooms. 2 car detached garage with long driveway. You can walk to Freepoint Blvd. shopping and dining!

2100 28th Street • (916) 452-7535
www.GarciaRealEstate.com • Hablamos Español



Budget Blinds
Home Special
12 Months, No Interest*
FREE In-Home Consultation & Estimate

30% OFF
Signature Series® Blinds & Shades*

10% OFF All Shutters & Draperies*

916-691-2322

visit us online at www.budgetblinds.com/elkgrove

We have the styles you love.

Shutters • Draperies
Wood Blinds • Roller Shades
Honeycomb Shades and more!

*Some restrictions apply. Offer valid at time of purchase only and is not valid with other offers. Offer good at participating retailer only. Each franchise independently owned and operated. Expires 5/31/13. ©2013 Budget Blinds. Lic #897700

AVALON HEARING AID CENTER
PRESENTING
EARLY DIAGNOSIS & HEARING CHECKS


May 21, 2013 @ 2:00pm

Presented by **Betty Vosters-Kemp,**
BC-HIS Hearing Healthcare Provider, Owner

Betty will be speaking about the importance of early diagnosis, the relationship between Alzheimer's and hearing loss, and the importance of addressing hearing loss in people with Alzheimer's disease.

Refreshments & Appetizers will be provided.


Please RSVP by May 16 or contact us for more info @ (916) 392-3510



Primrose
Living With Memory Loss


7707 Rush River Drive Sacramento, CA 95831

LIC 347001338; 347001342




Are higher federal and California state taxes a concern?

Interested in learning more about ways to manage your portfolio's tax burden? Call or e-mail me for a no-obligation report on strategies designed to help you reduce the taxes you owe on your investments.



Joseph F. Eschleman, CIMA®
Managing Director - Investment Officer

400 Capitol Mall • Wells Fargo Center Suite 1700 • Sacramento, CA 95814
916-491-6327 • 800-877-7783
joseph.f.eschleman@wfadvisors.com
CA Insurance License #0C77273
www.josephfeschleman.com



Wells Fargo Advisors is not a legal or tax advisor. However, we will be glad to work with you, your accountant, tax advisor, or lawyer to help meet your financial goals.

Investment and Insurance Products • NOT FDIC Insured • NO Bank Guarantee • MAY Lose Value

Wells Fargo Advisors, LLC. Member SIPC. is a registered broker-dealer and a separate non-bank affiliate of Wells Fargo & Company.
©Wells Fargo Advisors, LLC. 0412-3352 [80631-v1] 09/09

To view Joseph's website, simply scan the code with your smartphone.



Faces and Places:

Volunteers spruce up Bertha Henschel Park

Photos by STEVE HARRIMAN

Neighbors spruced up Bertha Henschel Park at 160 45th Street in East Sacramento on Saturday, April 13.

In celebration of their 40th anniversary, Ross Recreation & Landscape who installed the playground equipment in the early 1990s, donated \$5,000 worth of upgrade materials for the park and are organizing a volunteer work day from 9 a.m. to noon followed by lunch.

Tasks included applying cleaning compound, cleaning the barriers/rails, prepping the chipped paint on post caps with primer and painting, sanding and painting the park benches and tables, replacing the burned tunnel slide and other repairs. ■



Congratulations Ron Nakano
A new Masters Club Recipient, 2012!

ron.nakano@cbnorcal.com
916-396-4430 DRE# 00793682




Sacramento Beekeeping Co-op looks to teach community the latest buzz on bees

By CORRIE PELC
corrie@valcomnews.com

East Sacramento resident Kim Felix was first introduced to beekeeping when a friend offered to give her one of his hives.

"Ever since, I've just loved it," Felix says. "(Bees are) just magical creatures — they tell us so much about our world, what's going on. It's very meditative for me. And it's not about getting honey — it's more about seeing what they do. They have a special power for me."

Lindsay Weaver of South Sacramento is also a beekeeper with a hive in her backyard. Weaver says it was her love of nature that drew her to beekeeping. "What better way to keep in touch with nature and the seasons than keeping bees," she explains. "Also I had a garden that didn't do so well, but once I got the bees it's been doing much better."

Now in their fifth year as beekeepers, Felix and Weaver are looking to expand the Sacramento Beekeeping Co-op that they started last year to further help spread the word about urban beekeeping through the community.

Taking Wing

Felix, who is the group's president, says the Sacramento Beekeeping Co-op is a group of those that keep bees and those that are interested in learning more about it that meet once a month to learn from each other and provide resources when it comes to creating and maintaining beehives.

"The whole motivation was just getting people together to educate ourselves and educate the larger community that this is a really important part of our ecosystem and helping the bees thrive, even in the city," she explains. Felix says the urban beekeeping movement has been growing in other cities such as Seattle, Portland and San Francisco, with groups like theirs helping to educate each other and the community.

Weaver, who is vice president of the Co-op, says it aims to help community members throughout the entire process of urban beekeeping, from start up to es-

tablishing a hive and continuing throughout the season. "Just to talk about with them about what their bees are going through during each season so they get a better understanding," she adds.

The Co-op currently meets the third Sunday afternoon of each month at a Co-op members home, Felix says. She says the meetings include a potluck, and members discuss their beehives and ask questions. Additionally, she says they normally do a short observation of the hive at the home the meeting is at. And at the end of the season, Felix says the Co-op members get together for honey extraction from their hives.

Creating a Buzz

So what are some of the benefits of joining the Sacramento Beekeeping Co-op?

According to Weaver, one benefit is the opportunity for both newbie and experienced beekeepers to gather information about beekeeping in Sacramento. "I wouldn't consider myself an old beekeeper as I'm still learning so much, and I think seasoned beekeepers will tell you that they learn something every year from the bees and from keeping bees," she says.

Felix says it also gives children an opportunity to learn about bees. She says they have families in the Co-op that bring their children to meetings, and she herself has two children. "To have the children not be scared of bees, I think that is a big piece of it," she says. "(And) to educate our children about beekeeping and what it's doing for our environment."

Felix also says the co-op provides a way for group members to purchase beekeeping supplies in bulk to help keep costs down. "Beekeeping can be quite expensive in the beginning — what I have tried to do is buy in bulk so it will keep the costs down for the first time beekeeper," she adds.

Join the Hive

Now with the Sacramento Beekeeping Co-op becoming more active, Weaver hopes the group will evolve into a nice size



Photo courtesy Kim Felix.

with a diverse group of both new and seasoned beekeepers. She hopes those coming to Co-op meetings will learn how vital bees are to growing the fruits and vegetables we eat and to our environment.

"It's important to have bees — pollinators — in urban settings because a lot of wild bees have been diminished or extinct from urban sprawl," Weaver explains. "If you have bees in your backyard, you're essentially giving a gift to your community."

And Felix would like to see the Co-op eventually acquire a piece of land where they can have hives for those that can-

not keep one in their backyard, and Co-op members can all come together to meet and help tend the hives together.

"I feel really passionate that we need to keep (bees) because obviously bees are not thriving like they used to be," Felix adds. "The more places we have for them, the more chances they have to survive."

For more information on the Sacramento Beekeeping Co-op and their monthly meetings, email Kim Felix at kjfelix73@hotmail.com or follow the Sacramento Beekeeping Co-op on Facebook.

DOG FOOD SALE



NATURAL CHOICE

Nutro Natural Choice
33 lb. bag Chicken and Rice - all Varieties

Nutro Natural Choice
33 lb. bag Lamb and Rice - All Varieties

Coupons only for items named, must be presented at time of purchase. Limit 2 bags per customer. Limited quantities, subject to stock on hand. May not be combined with other offers. Expiration date is June 30, 2013

\$10 OFF

Ask About Our Vet Supervised Teeth Cleaning and Community Veterinary Clinics

incredible PETS

www.incredpets.com

SUPERSTORE SELECTION WITH NEIGHBORHOOD SERVICE

CARMICHAEL 916-481-7741
4005 Manzanita Ave. (in Bell Air Center)

EAST SAC 916-451-1199
5030 Folsom Blvd. (by Trader Joe's)

VIP PetCare

Join Our Customer Loyalty Program and SAVE!

Additional locations in Roseville, Auburn, and Grass Valley

Advertise Your Company Online!

www.valcomnews.com

Call (916) 429-9901 today for great ad rates!



Your Home Improvement Guide

Call a sales representative today for great advertising rates: 429-9901

ADDITION SPECIALIST

LYTLE CONSTRUCTION INC.
Remodeling and Design
LIC# 480492

Award-Winning Design/Build Firm
Serving Sacramento for more than 25 years

- Additions
- Kitchens
- Bathrooms
- Custom Cabinetry

FREE Consultation
916-422-6639

www.lytleconstruction.com

BRICK/STONEWORK

CALL JOHN (916) 449-8055

Fireplaces • ALL Tile Work • Brick & Stone Walkways
Patios • Repair Work • Planter Boxes
Barbeques • Retaining Walls • Outdoor Kitchens

HOUSE OF STONE
Masonry Contractors

BRICK • BLOCK • STONE • TILE Lic# 588971

CONCRETE/LANDSCAPE

Vergara Construction
All Areas, All Phases
Lowest Price Guarantee
Free Estimates
Bonded & Insured
916 349-9634
www.concrete4less.com
CSLB Lic# 780126

CLEANING

PRIME QUALITY MAINTENANCE

- WINDOW CLEANING (inside/out/screens washed)
- Pressure Washing (house ext/walkways/all concrete areas)
- Rain Gutter Cleaning
- Hard Water Stain Removal
- Landscape Maintenance

Free Estimates
Licensed & Insured

Call Jesse (916) 417-4231

CLEAN UP/GARDEN MAINTENANCE

Terra Bella
GARDENING MAINTENANCE & SPRING CLEAN-UP
"Not your typical mow, blow & go company!"

- Full yard maintenance
- One time clean-up
- Gutter cleaning
- Tree Trimming
- Stump Grinding

Call Randy (916) 454-3430 or 802-9897
www.terrabellagarden.com • Lic# 152584

YOUR AD SHOULD BE HERE!

Call today!
Your services are needed.
Your ad should be here.
Ad design is free.
Call 429-9901

CREATURE CATCHERS/REMOVAL

Creature Catchers Wildlife Management
"If it walks or flies, we'll remove it"

Humane and non-toxic solutions for both animals & man
Dead Animal Location/Removal • Exclusion Work
Live Trapping • Humane Removal • Repair
Skunks • Fox • Raccoon • Opossum • Squirrels
Mice/Rats • Birds/Bats (bat elimination)

CreatureCatchers.org 530 885-PEST(7378)
California State Trapping License #7781 - Insured by Lloyd's of London

ELECTRICAL CONTRACTOR

CAPITOL ELECTRIC
Reasonable Residential & Commercial Work since 1960
Repairs, Trouble Shooting
Custom Lighting/FREE Est.
Excellent ref from Angie's List
(916) 451-2300
Cell: 213-3740
Neil McIntire — C.S.L.# 394307

ELECTRICIAN

Metcalf Electric

Commercial
Residential
License #699500

David Fischer
916-456-6862
FAX 916-456-4441
metcalfelectric@me.com

HANDYMAN

SPRING CLEAN-UP SPECIALS!

- RAIN GUTTER CLEANING
- ROTOTILLING/& SOD PLACEMENT
- CONCRETE REMOVAL
- HAULING/SPRINKLER REPAIR

Call LESTER
(916) 838-1247
Lic#128758/Ref

Pressure wash your driveways clean! your decks, too!
Clean out your garage! Replace that old lawn!

SPECIALS FOR SENIORS/*SERVING THE AREA FOR OVER 16 YRS*

HANDYMAN

FREEDOM HANDYMAN SERVICE
I specialize in all areas of home improvement!
Quality work the first time, guaranteed!

Carpentry - Electrical - Sprinklers - Plumbing
Accepts All Major Credit Cards
"Senior Discount"

NO JOB TOO SMALL!
Licensed and Insured #152902

Call Eric (916) 470-3488

HARDWOOD FLOORING

Restore Your Floor

Hardwood Flooring
Installation & Refinishing

- INSTALLATION
- REFINISHING
- STAIRS
- REPAIRS
- RECOATING
- FABRICATION

CALL NOW
(916) 235-3557
RestoreYourFloor.com

HANDYMAN

Your Personal Handyman • Over 26 years of satisfied customers

"Call Dave" Dynamo Dave's
Fix-It Services & Home Repair

Affordable
General Handiwork
Light Plumbing,
Electrical & Carpentry

Sac. Co. Handyman's Lic. #615016

Tel: 489.2739 Dynamodave@att.net
Cell: 832.2898 www.DynamoDaves.com

FREE ESTIMATES

HOME INSPECTIONS

Pre-Listing Inspections • Mold, Lead & Asbestos Testing
• Home Energy Audits

Pre-Purchasing Inspections • Thermal Imaging Inspections

Serving the Greater Sacramento Area
for over 7 years (NACHI#07041201)

Ask us about our Thermal Imaging Inspection!
SAVE \$25 BY SCHEDULING YOUR INSPECTION ON OUR WEBSITE

Call Jeff at 916-202-1353 | www.fullcirclehomeinspections.com

LANDSCAPING

Gill Landscaping CA Lic# 963450

Professional Service • Professional Results

- Full Landscape Installation
- Landscape Maintenance
- New Irrigation Installation
- Fence Installation/Repair
- Full Concrete/Cement Work
- Sprinkler Repair
- Old Landscape Removal

Great Value - Over 10 years experience - FREE onsite estimate
(916) 856-0308 GillLandscape@hotmail.com

PAINTING

SOVEREIGN PAINTING

Quality craftsmanship 3rd Generation Painter
with over 30-years experience
(916) 422-4416
sovereignpaintingco.com
sovereignpaint@yahoo.com

Dan Sovereign, Interior & Exterior Painting
Lic# 484215
Better Business Bureau Member

PAINTING

GARY'S PAINTING

CUSTOM RESIDENTIAL
INTERIOR & EXTERIOR OVER 20
YEARS EXPERIENCE WITH PRIDE
EXCELLENT REFERENCES
725-8781
Contractors Lic. # 734323
McClatchy '67

Your Home Improvement Guide

Call a sales representative today for great advertising rates: 429-9901

YOUR AD SHOULD BE HERE!

Call today!
Your services are needed.
Your ad should be here.
Ad design is free.
Call 429-9901

PAINTING

COOK PAINTING
Full Service Company - Start to Finish

Freshen up for Spring!
VCN Special

- Custom Painting
- Super clean, neat & fast
- Interior/Exterior
- Cabinets

Specializing in custom trim & moulding!
Color Consultants • Free Estimates

In business since 1982
CSL# 432951

(916) 591-5056

PAINTING

ARIS PAINTING
Lic # 880049

SOLID EXPERIENCE SINCE 1994

COMPLETE INTERIOR OR EXTERIOR
FREE ESTIMATES — REASONABLE RATES

(916) 380-0787

PLUMBING

MIDTOWN PLUMBING Licensed
Plumbing Contractor
Since 1973

Reasonable Residential Work • Repairs • Re-Pipes
Sewers • Water Heaters • Drains • Disposals Etc.
916-393-2109 Cell 275-8236
CSL # 284755 • Fully Bonded & Insured • Accepts all major credit cards

PLUMBING

ROONEY'S PLUMBING
FULL SERVICE PLUMBING
456-7777
rooneysplumbing.com
License #683668

REALTOR

Big Heart Realty
Dedicated to the Community

Ron Roberts
Listing & selling in the neighborhood!
(916) 806-0118
BigHeartRealty.com

ROOFING

TOPKINS ROOFING
34 years experience

Specializing in all types of
roofing & repairs
Dry rot repairs • Senior discount
(916) 731-7073
24-hour service • License #667013

ROOFING/SIDING

ZIMMERMAN REROOFING
3675 R Street
Sacramento, California 95816
East Sac Specialists
454-3667
zimmroof.com
License #763169 Dave Zimmerman

SEWER/PLUMBING

Affordable Trenchless & Pipe Lining
(A complete trenchless company)
Sewer Inspections — Hydro Jetting
Trenchless Sewer Replacement
Sewer Repairs — Pipe Lining

"We're #1 in the #2 business!"

Lic # 754886 **(916) 488-1215** www.Ydig.com

TILE WORK

BAXTER TILE
EXPERT INSTALLATION
REMODELING & REPAIR

Ceramic • Marble • Granite
Floors • Counters • Walls
33 Years Experience • FREE Estimates
916-213-4669
License #668100

TREE SERVICE

DON'S TREE SERVICE
ISA CERTIFIED ARBORIST #64590A

Trimming, thinning, shaping & stump removal
Family Owned & Operated since 1967
#1 in customer satisfaction
(916) 428-4882
(916) 689-5244
www.donandsonstreeservice.com
Lic# 331196

— EVENT LISTING SECTION —

Advertise your craft fairs, holiday bazaars, school fundraises, church events, etc. in your Community Newspapers.
Call (916) 429-9901 for rates.

Crockett-Deane Ballet Company
& Deane Dance Center

"Sleeping Beauty"
May 11 at 7 p.m.
May 12 at 2 p.m.

Tickets at the door: \$15 general
\$12 students/seniors; \$10 kids
The Center, 2300 Sierra Blvd, Sac
deanedancecenter.com

Honoring George Miles,
Band Director JFK
George Miles, Band Director
is retiring at
John F. Kennedy High School
May 16, 7 p.m., 6715 Gloria Drive
Mr. Miles has brought music to
JFK & the community for 25 years.
Let's fill the auditorium for his last
concert. Reception following.
Info: jfkennedyband.com

NEW LOCATION!
Kiwanis Art Fiesta

June 1 & 2, 10 a.m. - 5 p.m.
Pavilions Shopping Center
Fair Oaks Blvd. east of Howe Ave.
ARTISTS WANTED!
Sponsored by Kiwanis Club
of Sacramento Suburban
(916) 837-1737
kiwanisartfiesta.org



LYRA

A professional vocal group from St. Petersburg,
singing sacred & folk music of Russia.
MAY 12, 2013 at 4:00pm

\$10 admission • child care provided
Overflow parking at City College
All Saints Episcopal Church, 2076 Sutterville Rd. Sac. 95822

MAMA BOOTCAMP (LAND PARK)

Every Tues & Thur, 5:30 to 6:30 a.m., B'nai Israel Temple,
3600 Riverside Blvd. 12-week bootcamp is open to all women.

First class is free! - Includes unlimited access to 40 area bootcamps, as well
as triathlon training, swimming, running, walking & yoga groups. Body fat
testing/measurements, clean & healthy nutrition, goal setting with
SMART goals, accountability, motivation & lots of encouragement.

12 weeks/\$375,pymt plans avail - Most lose 25lbs
For more info: call (916) 300-8576 or visit lorriann@bodybycode.com
See before & after pics and get more info at www.MamaBootcamp.com

**10TH ANNIVERSARY CELEBRATION OF
STATE CAPITOL WORLD PEACE
ROSE GARDEN • MAY 5, 2013 2-4P.M.**

(Downtown Sacramento, 15th & L St.)

Multicultural Entertainment • Public Officials
International & Local Youth Presentations • More!

916.395.8303 www.WorldPeaceRoseGardens.org

Annual Fundraising Dinner
for South Sacramento
Interfaith Food Closet
Friday, May 24
Catered Dinner @ 7 p.m.

Silent auction & raffle for some
amazing prizes, including gift cer-
tificates to many local business'
For tickets call: (916) 393-5906
Adults \$25 - Children (12 & under) \$10
All proceeds benefit the food closet

CALENDAR

Send your event announcement for consideration to: editor@valcomnews.com at least two weeks prior to publication.

MAY

Rotary Club of Pocket/Greenhaven

May 2: Guest speakers address local, regional and international topics. Visitors welcome. 7:30 a.m., every Thursday. Aviators Restaurant, 6151 Freepoint Blvd. (916) 684-6854.

Bi-Polar Anonymous

May 3: Free 12-step program/support group, for people who have Bi-Polar and those who love them. Meets every Friday, 7:30 p.m. 4300 Auburn Blvd., Room 106. (916) 889-5786.

Fairytales Town Read-Aloud: 'Harry Potter and the Sorcerer's Stone'

May 3: Doors open at 5:30 p.m., reading begins promptly at 6 p.m. Join Fairytales Town for a unique nonstop read-aloud of J.K. Rowling's first tale in the popular Harry Potter series. Doors open at 5:30 p.m., reading starts at 6 p.m. and is expected to conclude in the early hours of the morning. Dress in costume, bring a book to follow along during the reading, and bring sleeping bags, blankets, pillows, snacks and a picnic-style dinner. Advance tickets go on sale **March 25** and are \$7 for members and \$10 for nonmembers. Day-of tickets are \$9 for members and \$12 nonmembers. Ticket holders of all ages can sign up to read pre-assigned passages by contacting Fairytales Town at programs@fairytales-town.org. www.fairytales-town.org 808-7462. 3901 Land Park Dr.

California Writers Club presents David Tunno

May 3: The subject: "Screenwriting for Fun and Profit." David has written two screenplays. He is a former actor, a jury consultant and author of *Fixing the Engine of Justice: Diagnosis and Repair of Our Jury System*. CWC Writers Network meets the first Friday of every month at 9 a.m. at the International House of Pancakes (IHOP), 2216 Sunrise Blvd., Rancho Cordova (off Sunrise north of Highway 50). For more information, contact Margie Yee Webb, Margie@CarMulan.com. 213-0798.

Kiwanis Club of East Sacramento-Midtown meeting

May 3: Visitors welcome, weekly breakfast meeting on first, second and third Fridays at

7 a.m. and dinner meeting on fourth Thursday at 6 p.m. Topical weekly speakers and first meal for visitors on us. Meet at The Kiwanis Family House, (at UCD Med Ctr/ 50th St & Broadway) 2875 50th Street Sacramento, CA 95817. www.eastsacmidtownkiwanis.com, 761-0984, volunteers always welcome!

The health care law and you

May 3: This presentation, by Joseph Rodrigues from the California Department of Aging, will cover those provisions of the Affordable Care Act that affect older adults. Be prepared to find out how the Act benefits older adults and provides you with better health care coverage at lower costs. Starts at 3 p.m. Belle Coolidge Library, 5600 South Land Park Dr. 264-2920, www.saclibrary.org.

Family/all ages book sale

May 3-4: Friends of the Arden-Dimick Library is hosting a two-day book sale. All books will be reasonably priced, starting at 25¢. Thousands of titles include: Children's Books, Mysteries and Thrillers, Adventure, Romance, History, Art, Cookbooks, Travel, Biographies, Science, Fiction, Sci-Fi/Fantasy and much more! 264-2920, www.saclibrary.org. Arden-Dimick Library, 891 Watt Ave. Friday, May 3 from 1 to 5 p.m. and Saturday, May 4 10 a.m. to 4 p.m.

Multicultural festival at Alice Birney

May 4: Alice Birney Waldorf-Inspired K-8 School, 6251 13th Street, Sacramento. 433-5544.

Camellia Waldorf School

May 4: Food, music and fun will be had at the May Festival, which includes a preschool open house from 9:30 to 10:30 a.m., a preschool puppet show at 10 a.m., maypole festivities from 11 a.m. to noon and a K-8 open house from noon to 2 p.m., 5701 Freepoint Blvd., www.camelliawaldorf.org, 427-5022.

Land Park Little League pancake breakfast and general meeting

May 4: A pancake breakfast will be held 8 to 11 a.m. at Dooley Field. Tickets are just \$5. All families are asked to sell 10 tickets. Raffle tickets will be sold for great prizes. Your pancake breakfast ticket will also get you the chance to win other great prizes throughout the day. Volunteers are needed to help set up, cook, serve and clean up — this is a great way to earn back your volunteer fund fee while having some fun and supporting the league. If you can help, please contact Karen Leon at karenleon@sbcglobal.net or (916) 612-

6990. May 4 is also our Fan Appreciation Day and General Meeting— stay around after the pancake breakfast for free shave ice (1 per person) from 11 am - 4 p.m. The General Meeting will be held at the snack shack at 4:30 p.m. Managers are required to attend the General Meeting — all others welcome! Come hear about the state of the league and opportunities to serve on the League Board of Directors.

Fairy Hunt! McKinley Library to McClatchy Library

May 4: Springtime is the season for fairies! Join the fairy hunt throughout the midtown area. Begin at the McKinley Library at 1 p.m. to build 'fairy houses' and end with a fairy craft activity and a magical surprise at the McClatchy Library. The fairy hunt has clues set along the route to help participants find the way with treats at each stop. This is a family activity — children must be accompanied by an adult. The event is free but registration is requested at www.saclibrary.org

"Casks & Canvases"

May 4: Benefit for local non-profit preschool, Discovery Montessori on 56th and G streets. The annual event will be held Saturday, May 4 from 5-9 p.m. at Orphan Breakfast House. It features a showcase of local beer and wine, a silent and live auction of local goods & services, and an art exhibit featuring local artists. Tickets are \$35 per person or \$65 for two or \$120 for four. All proceeds benefit Discovery Montessori, a non-profit preschool that has been serving East Sac families since 1973. All donations, including the cost of tickets, are tax deductible. For more information, contact Anna Mushynski at mushynski@gmail.com or call 706-3903.

Tahoe Park Starlight Movie Series presents 'Finding Nemo'

May 4: Councilmember Kevin McCarty in conjunction with the Tahoe Park Neighborhood Association are proud to present the Tahoe Park Starlight Movie Series. At this first event, we will be showing "Finding Nemo" at dusk in Tahoe Park. This event is free. Bring your blankets and snacks and come out to meet your neighbors at this family friendly event. Movie starts at 7 p.m. Tahoe Park is located 3501 59th St.

JFK High Interact club car wash at the Elks Lodge, No. 6

May 4: Interact Club will have a car wash this Saturday at Elks Lodge, 6446 Riverside Blvd., from 9 a.m. to 2 p.m. Donations and volunteers accepted. Community service hours given.

Carmichael library book sale

May 4-5: Find books and movies at basement bargain prices the first weekend of every other month at Carmichael Library for both kids and adults. Sponsored by the

Friends of Carmichael Library, 5605 Marconi Ave., Carmichael. Saturday, May 4, from 10:30 a.m. to 5 p.m. Sunday, May 5 from 11 a.m. to 4 p.m. 264-2920, www.saclibrary.org.

Spring into Health

May 5: The Hmong Health Alliance invites you to a Community Health and Wellness Fair on Sunday, May 5, 10 a.m. to 3 p.m. at California State University, Sacramento, University Union: Redwood Room. The fair will feature FREE Consultations with: pediatrician, family physician, pharmacist and physical therapist as well as FREE screenings for blood pressure, BMI, glucose, hearing and vision. FREE parking will be available in Structure II.

Free golf lessons offered at Bing Maloney Golf Complex

May 5: Are you interested in starting to play golf, but not sure where to begin? Bing Maloney is offering Free Family Clinics for 2013. These clinics are family oriented for any level of golfer. Each clinic will be held on Sundays from 1 to 2:15 p.m. at the Bing Maloney Golf Course: 6801 Freepoint Blvd. in Sacramento. Call 808-2283 for more information.

Spring tree tour at CSUS Arboretum

May 5: Celebrate spring and explore the City of Trees on a guided tree tour with the Sacramento Tree Foundation. Tour starts at 11 a.m. and ends at 12:30 p.m. Rain or shine. Meet at CSUS Arboretum, 6000 J St. Meet at the Arboretum, State University Drive across from parking lot 1. Tour is free, but to ensure that you're included, RSVP to www.sactree.com/events

Sunday Funday in Carmichael

May 5: Free activities, raffle, piñata and more for this Cinco de Mayo event. 5750 Grant Ave. 10 a.m. to 1 p.m. This is the kick-off event for more Sunday Funday events to come. Future events are: June 9, June 23, July 7, July 21, Aug. 4, Aug. 18

Finding women in your family tree

May 5: Central Library, 828 I St. Although female relatives are sometimes difficult to trace, they can be found. At 1 p.m., genealogist Janice Sellers will discuss resources for tracing the women in your family, such as family items, census records, immigration records, church and vital records, journals, newspapers, court records, archives, and manuscript collections. 264-2920, www.saclibrary.org.

Notable Books: Hedda Gabler

May 5: The Sacramento Public Library is collaborating with Capital Stage, which will present Henrik Ibsen's masterpiece, Hedda Gabler, in a new adaptation, from May 15 to June 16. At 1 p.m. join us at the Central Li-

brary for "From Page to Stage: The Realm of Character," a discussion with the production's director, Janis Stevens, and professional actors from the cast, including Stephanie Gularte, Capital Stage's Artistic Director, who plays the title role. The actors will perform several brief scenes from the play and talk about the challenges and rewards of adapting and performing a late 19th-century work in 2013. Central Library, 828 I St. 264-2920 or visit www.saclibrary.org.

Free Spring Concert at Christ Community Church in Carmichael

May 6: The Sacramento Concert Band, under the direction of Grant Parker, will be presenting a spring concert at 7:30 p.m. at Christ Community Church in Carmichael. The program will include works by American composers Clare Grundman, Barry Kopetz, Ed Huckey, Sousa, and others, and will feature a performance by the winner of the Sacramento Valley Symphonic Band Association's Annual Youth Artist Competition. This is the 43rd season for the 55 member Sacramento Concert Band, an outstanding wind ensemble comprised of talented volunteer musicians from Sacramento and the surrounding areas. The concert is free. Christ Community Church is located at 5025 Manzanita Ave., 691-7632.

Rotary Clubs of Arden-Arcade, Carmichael

May 7: Guest speakers address local, regional and international topics. Visitors welcome, every Tuesday. Arden-Arcade meets at noon, Jackson Catering and Events, 1120 Fulton Ave. (916) 925-2787. Carmichael meets at 6 p.m., Palm Street Pub & Grill, 6416 Fair Oaks Blvd. www.rotary.org.

Soroptimist International of Sacramento North meeting

May 7: An organization for the betterment of women and children meets at the atria El Camino Gardens at 2426 Garfield, Carmichael. Call Sheila at 624-4643.

East Sac Rotary

May 8: Meets at noon, Evan's Kitchen, 855 57th St. Sacramento. www.eastsacrotrary.com.

SMUD presents free workshop, Quality of Light—Quality of Life

May 8: The event features ways of improving the lighting environment for those with low vision. Using interactive displays, professional lighting specialists can guide you to the best choices to improve low light and high glare situations. They will also show how to change the lighting to improve lifestyle. Two workshops available, one from 9 a.m. to 1 p.m. and 2 to 6 p.m. 1-888-742-SMUD (7683). 6301 S Street, Sacramento

Rotary Club of Pocket/Greenhaven

May 9: Guest speakers address local, regional and international topics. Visitors welcome. 7:30 a.m., every Thursday. Aviators Restaurant, 6151 Freepoint Blvd. (916) 684-6854.

Bi-Polar Anonymous

May 10: Free 12-step program/support group, for people who have Bi-Polar and those who love them. Meets every Friday, 7:30 p.m. 4300 Auburn Blvd., Room 106. (916) 889-5786.

Kiwanis Club of East Sacramento-Midtown meeting

May 10: Visitors welcome, weekly breakfast meeting on first, second and third Fridays at 7 a.m. and dinner meeting on fourth Thursday at 6 p.m. Topical weekly speakers and first meal for visitors on us. Meet at The Kiwanis Family House, (at UCD Med Ctr/ 50th St & Broadway) 2875 50th Street Sacramento, CA 95817. www.eastsacmidtownkiwanis.com, 761-0984, volunteers always welcome!

Capella Antiqua's upcoming 'A View from the Footlights' concert

May 10: Capella Antiqua's presents 'A View from the Footlights' concert in the beautiful and resonant Cathedral of the Blessed Sacrament at 7:30 pm, with a pre-concert talk at 7pm. Tickets will be \$15 and a \$5 student/senior discount is available. This concert will feature choruses and arias stretching from Monteverdi's Orfeo at the dawn of opera composition to Scott Joplin's Treemonisha, an entirely new form of operatic art. <http://www.capella-antiqua.org/about>. The Cathedral of the Blessed Sacrament is located at 1017 11th St.

Trains & Tripods Photo Opportunity & Lighting Seminar

May 10 and 11: Lights, Camera, Action! Back by popular demand, the California State Railroad Museum is proud to host a unique "Trains & Tripods Photo Opportunity & Lighting Seminar." Friday - 5:30 p.m. to 8:30 p.m. (Photography Seminar) Saturday - 7 a.m. to 9:30 a.m. (Shooting Workshop) \$35 per person Friday night seminar, \$35 per person shooting workshop or \$60 per person for both. 445-7373 or www.californiarailroadmuseum.org

Food of Love Concerts Honor RSVP's Artistic Director

May 10 and 11: The Food of Love — two concerts honoring Julie Adams, artistic director, in her final performance with the 16-member vocal ensemble she founded 13 years ago. These free concerts present songs that celebrate love in its many forms, including Shed a Little Light by James Taylor, Scarborough Fair and Where I Belong arranged by Kerry Marsh, an RSVP arrangement of Stephen Sondheim's Children Will Listen, the Welsh lullaby Suo Gan and Sydney Guillaume's Haitian Dominus Vobiscum. Performances take place in Lincoln and midtown Sacramento on May 10 and 11 at 7:30 p.m. Julie Adams founded the Reconciliation Singers Voices of Peace based on her dream to form a choir that nourishes the community with song and raises funds for those in need. RSVP's performances have raised donations for organizations such as Courage Worldwide, Music Partners in Healthcare, Home Start, Children's Receiving Home of Sacramento, Mustard Seed School, WEAVE, InAlliance and Sacramento Food Bank. The May 10 show will be held at Granite Springs Church, 1170 E. Joiner Parkway, Lincoln and the May 11 show will be held at St. John's Lutheran Church, 1701 L Street, Sacramento. www.rsvpchoir.org | (916) 624-4933

California Middle School First Multi-Cultural Fair

May 11: From noon to 5 p.m., California Middle School will hold a multicultural fair, celebrating a wide variety of cultures in our diverse community. In addition to promoting cultural sensitivity and increasing an awareness and appreciation of other cultures, the Fair extends education beyond classroom walls by exposing students, faculty and staff to a multi-ethnic experience where students take the lead in teaching others. The event will feature multi-cultural entertainment, mobile food trucks with Mexican, Mediterranean, Vietnamese, Cajun, and Indian fare. Also, there will be booths representing many countries, demonstrations by multicultural artists, raffle items so that you can take a little bit of our diversity home with you, and other fun events.

Spring tree tour at River Park Community

May 11: Celebrate spring and explore the City of Trees on a guided tree tour with the Sacramento Tree Foundation. Tour starts at 11 a.m. and ends at 12:30 p.m. Rain or shine. Meet at River Park Community, Carlson Drive, 95819. Meet at the shopping center on Carlson near Lovella. Tour is free, but to ensure that you're included, RSVP to www.sactree.com/events

Plein Air Day at the State Indian Museum

May 11: As part of an ongoing "Arts in the Parks" effort, Northern California artists -- of all ages and skill levels -- are invited to participate in a special "open air" painting event on the grounds of Sutter's Fort State Historic Park from 10 a.m. to 2 p.m. The cost of the event is free with the cost of entry into the museum. Museum entrance: \$3 for adults (18 years & older); \$2 for youths (ages 6 to 17) and free for children five and under. The State Indian Museum is located at 2618 K St., Sacramento. 324-0971 or www.parks.ca.gov/indianmuseum

The Recycling & Solid Waste Division host Free Composting Seminar

May 11: Backyard composting allows you to recycle your yard clippings and fruit and vegetable scraps into a valuable soil amendment right in your own yard. Attendees are eligible for a drawing for a free compost bin. At the seminar you will learn how composting works, what materials you should and should not compost, getting the right balance of food, air and moisture, maintaining your compost pile, Vermicomposting (composting with worms), and more. Seminar goes from 8 to 10 a.m. and will be held at MLK Jr. Community Garden, 3669 Martin Luther King Jr. Blvd.

Concerto Concert with Sacramento Youth Symphony

May 11: Sacramento Youth Symphony, Premier Orchestra, Michael Neumann conductor and Artistic Director present the Spring Concerto Concert Featuring Killian Kelly, Cellist and Samuel Primack, Flutist at 3 p.m. at Hiram Johnson High School, 6879 14th Avenue, Sacramento. The Premier Orchestra of the Sacramento Youth Symphony under the direction of Michael Neumann perform works including Concerto for Cello by Saint Saens, Concertino for Flute by Chamade, Finlandia by Sibelius and Star Wars by Williams. For tickets visit www.sacramento-youthsymphony.org or call 731-5777.

Crockett-Deane Ballet Company and The Deane Dance Center present 'Sleeping Beauty'

May 11-12: Directed by Alison Deane and Don Schwennesen, dancers will perform "Sleeping Beauty" with music by Tchaikovsky in this family-friendly production. 2300 Sierra Blvd., Sacramento. The May 11 shows start at 2 and 7 p.m.; the May 12 show starts

at 2 p.m. Tickets on sale at the door : \$15 general; \$12 students/seniors; \$10 children. DeaneDanceCenter.com or call 453-0226

The Sacramento Suburban Writers Club meeting

May 13: The meeting will be held at a local restaurant. Members will read from their own works. For more information call Mary Lou Anderson, 459-0888 or visit www.sactowriters.com.

Rotary Clubs of Arden-Arcade, Carmichael

May 14: Guest speakers address local, regional and international topics. Visitors welcome, every Tuesday. Arden-Arcade meets at noon, Jackson Catering and Events, 1120 Fulton Ave. (916) 925-2787. Carmichael meets at 6 p.m., Palm Street Pub & Grill, 6416 Fair Oaks Blvd. www.rotary.org.

Soroptimist International of Sacramento North meeting

May 14: An organization for the betterment of women and children meets at the atria El Camino Gardens at 2426 Garfield, Carmichael. Call Sheila at 624-4643.

'Evening of Yoga' to benefit CKM Class of 2015

May 14: C.K. McClatchy High School sophomores are hosting "An Evening of Yoga" from 5:30 p.m. to 6:30 p.m. to benefit the Class of 2015. Suggested donation for participation is \$10 or \$15. Please bring a yoga mat or beach towel. Beginners welcome. Admission includes tickets to a raffle that will follow the class. Contact teacher Julie Goldman at julie-goldman@scusd.edu.

Capital Decades: 1940s City Life

May 14: Sacramento Public Library staff members Amanda Graham, Tom Tolley and James Scott will discuss what everyday life was like for Sacramentans in the 1940s. Starting at 6 p.m., they will cover a wide range of topics, including social life and entertainment, the Sacramento home front and contribution to the war effort, businesses, schools, transportation and post-war changes. Central Library, 828 I St. 264-2920, www.saclibrary.org.

East Sac Rotary

May 15: Meets at noon, Evan's Kitchen, 855 57th St. Sacramento. www.eastsacrotrary.com.

Get the job you want! How to stand out from the rest

May 15: Being prepared for a job search campaign increases your chances of success. At 6:30 p.m., join us for a discussion on how to deal with the various aspects of the job search including resume writing, job interviewing, thank you letters, and, ultimately, entertaining job offers. Arden-Dimick Library, 891 Watt Ave. 264-2920, www.saclibrary.org.

Rotary Club of Pocket/Greenhaven

May 16: Guest speakers address local, regional and international topics. Visitors welcome. 7:30 a.m., every Thursday. Aviators Restaurant, 6151 Freepoint Blvd. (916) 684-6854.

Fairytales Town presents 'Mad Hatter Meets Mad Men' fundraiser

May 16: Fairytales Town mixes the zinniness of the Mad Hatter with the allure of "Mad Men" in its first ever offsite fundraising event. Held at the elegant Masonic Temple in Downtown, the Mad Hatter Party will feature chocolate delicacies, wine and food pairings, live music, a live auction and raffle. Proceeds benefit nonprofit Fairytales Town's programs and park improvements. Tickets are \$50 and will be available for purchase at www.fairytales-town.org beginning April 1. Cocktail or business attire. 808-7462.

Bi-Polar Anonymous

May 17: Free 12-step program/support group, for people who have Bi-Polar and those who love them. Meets every Friday, 7:30 p.m. 4300 Auburn Blvd., Room 106. (916) 889-5786.

Crocker/Riverside PTA Spring Jubilee

May 17: The PTA's biggest fundraiser of the year. Funds go toward education programs at the school. www.crocker-riverside.org.

Kiwanis Club of East Sacramento-Midtown meeting

May 17: Visitors welcome, weekly breakfast meeting on first, second and third Fridays at 7 a.m. and dinner meeting on fourth Thursday at 6 p.m. Topical weekly speakers and first meal for visitors on us. Meet at The Kiwanis Family House, (at UCD Med Ctr/ 50th St & Broadway) 2875 50th Street Sacramento, CA 95817. www.eastsacmidtownkiwanis.com, 761-0984, volunteers always welcome!

Fairytales Town Farms & Friends Go Green

May 18: From 11 a.m. to 3 p.m., there will be a fun-filled celebration of agriculture and the environment! Arrive early to

watch Fairytales Town's twin Babydoll sheep get sheared, then watch as the wool is spun into thread using an old fashioned spinning wheel. Learn about conservation and easy ways to go green, participate in agriculture-themed hands-on activities, shop the mini farmer's market, and visit with local area farms and organizations. This program is free with paid park admission. Weekend admission is \$5 for adults and children ages 2 and older and free for children ages 1 and under. 3901 Land Park Dr. www.fairytales-town.org or 808-7462.

Genealogy – overlooked military sources

May 19: This presentation will focus on how to find records of military service in libraries and other sources that are too often overlooked. At 1 p.m., genealogist Martha Whitaker is the retired senior librarian of the Sutro Genealogy Library in San Francisco. 264-2920, www.saclibrary.org. Central Library, 828 I St.

The 21st Annual Pacific Rim Street Festival in old Sacramento

May 19: The 21st Annual Pacific Rim Street Festival theme is shoes of the Asian Pacific Rim. 10 a.m. to 5 p.m. Old Sacramento and Westfield Downtown Plaza. See Pacificrim-streetfest.com for more information.

Have You Tasted a Bit of Heaven?

HeavenLy's Yogurt



www.HeavenLysYogurt.com Kids get first 4 oz. FREE every Friday from 4-8pm

5535 H Street, #10
(916) 422-8120
11:00 am – 9:30 pm Daily

7600 Greenhaven Dr., #21
(916) 455-6000
11:00 am – 9:30 pm Daily

FREE YOGURT
Get a FREE 8 oz. yogurt when you purchase 8 oz. or more of yogurt.
Limit 1 free 8 oz. yogurt per coupon.
One coupon per person per visit with coupon. Not valid with other offers. Exp. 5/31/13

SENIOR HOMECARE

By Angels

We Care Every Day, In Every Way.
Experienced senior care for total peace of mind.

Bathing Assistance • Dressing Assistance • Grooming
Medication Reminders • Errands • Shopping
Light Housekeeping • Friendly Companionship • Flexible Hourly Care
Respite Care for Families • Live-in Care

www.visitingangels.com/sacramento
916.971.9333

America's Choice in Homecare
VisitingAngels
Since 1965, we've been helping seniors live better.



Visiting Angels agency is independent from the parent company.

STRIKE OUT STROKE:

Stroke survivors and River Cats come together to strike out stroke

Speech therapist says stroke support group and even singing for some helps people regain confidence

By MONICA STARK
editor@valcomnews.com

Many of their stories resemble one another. They didn't know they were having a stroke at the time and then after going to the hospital the trials of recovery really began. Some had a difficult time speaking. Others couldn't move around nearly as much as before. And yet, a group of them has come together to strike out stroke with the River Cats.

Every Thursday at Sutter Hospital around lunchtime a stroke support group gathers to talk about and listen to problems that they may have. On Thursday, April 18, Tony Asaro, community relations director for the River Cats paid the stroke support group a special visit and reminded the group that on May 5 when the River Cats take on the Las Vegas 51s a portion of the proceeds benefit stroke camp, a place that can further facilitate bringing back some autonomy that may have been taken away after stroke. Held this year from Sept. 27-30 in Silver Spur Camp near Sonora, stroke camp includes: activities, arts, tie dying, music, guest speakers and even music therapy, some of which are led by stroke survivors.

At that April 18 meeting at Sutter, the group of nearly 100 survivors not only heard encouragement from Asaro, they were also treated to silly skits and songs performed by their fellow group members, as well as enjoyed hot dogs, popcorn, Cracker Jacks, lemonade and cookies. And one of the survivors, who used to play softball, Nancy Jordan, practiced pitching a ball against Asaro to gear up for the May 5 game.

The singers, led by Pocket resident Barbara LaPlaca and known as the Miracle Minstrels, are miracles to those who know them. Some of them had trouble speaking after their strokes, but they have joined the Miracle Minstrels to regain confidence and practice singing. A retired music teacher from Elk Grove, LaPlaca is a stroke survivor herself and said that even she can't do what she used to musically. But the support group is powerful as are the minstrels who will sing the National Anthem at the May

5 game. The April 18 meeting was one more time to practice before the big day. Rounds of applause echoed through the room because many of them know from experience that just the act of speaking may seem like an impossible feat.

Speech therapist Renee Garner said the support group and even singing for some helps people regain confidence.

"I think what (the group) provides is that if their speech and language have been affected, which is at least half of the people, they get to be with people who are patient listeners. So it minimizes anxiety when having to talk," Garner said.

Garner said some refrain from speaking with family or friends, but if they come into an environment that's patient, with time, they will open up, talk more and realize it's OK to struggle. "I think it can regain confidence," Garner said. "I think there's a tendency for one to isolate themselves if they have disabilities. For those who have strokes, there's a tendency to become reclusive, to stay home and even isolate themselves from activities they have participated in years, so the social support is remarkable," she said.

Barbara Ammiro has been her husband's caregiver after his stroke 13 years ago. She now leads the Carmichael Stroke Support Group, which is held every Wednesday from 11:30 a.m. to 12:30 p.m. at Atria El Camino Gardens, located at 2426 Garfield Ave.

Ammiro said the Carmichael group varies in size on average between 12 to 14 people. Like the Sutter Stroke Support Group, the Carmichael group has seen people who could barely talk make great progress. "There is a lady who could barely talk 13 years ago, now she just jumps in and takes over," Ammiro said.

"We get new people. They have questions. One woman had her stroke 32 years ago and the group gives her an opportunity to ask questions, but all we can do is speak through what we've gone through."

Ammiro's husband has been doing well. His speech therapist was the one who originally suggested the group. "It was so refreshing for my husband to talk to people who are going through the same thing... First thing was that he was feel-



Sutter stroke survivor group on April 18.

Photo by Stephen Crowley

ing isolated... But he just worked like a mad man. It took him about a year to get speech back and feel comfortable speaking with others. And he joined the group -- that was really helpful.

The River Cats started a new program this year called the 2013 Non-Profit Partner of the Night Program, said Land Park resident Stephen Caselli who is the group events account executive for the team.

Caselli said last season the River Cats only had a few days where nonprofit groups could sell tickets as a fundraiser and they realized having everyone here on the same day was not very effective, so this season they decided they would make every game this season available to nonprofit partners and let them pick the date that best fits their schedule.

"For those partners who commit to at least 500 tickets, they become our 'Nonprofit Partner of the Night,'" he said. "This gives them the opportunity to raise over \$2,000 in funds, participate in a pre-game check presentation, throw out the first pitch and set up a table on the concourse. This allows them to share information with all of our fans about their organization and how fans can get involved. They are also recognized throughout the game on the scoreboard," Caselli said.

If you go

What: Strike Out Stroke with the River Cats
When: May 5, game starts at 1:05 p.m., gates open at noon.
Where: Raley Field, 400 Ballpark Dr., West Sacramento
Why: May is Stroke Awareness Month and proceeds benefit stroke camp
Order tickets online: www.rivercats.com/fundraisers and select Stroke Awareness Night; the offer code is "support"
For more information: Call Spencer and Arleen Ellis at 455-4821, Tess Carter at 801-5213 or Sue Coleman at 422-4537.
On the web: www.sacstrokesupport.org

Last season the Sutter Stroke Support Group brought about 40 people out to a game as a fundraiser and had a good experience and everyone involved this year is all very excited about this game.

STROKE TIPS

Stroke signs and symptoms: Tess Carter, stroke coordinator at Sutter Roseville began Stroke Camp 10 years ago. She said some include: weakness on one side of the body, crooked face, sudden loss of vision.

Risk factors include: hypertension, high cholesterol, heart rhythm problems, smoking, obesity, lack of activity and heart disease.

Prevention measures: Take blood pressure medicine, heart medication, eat healthy foods, exercise.

What to do if you think you are experiencing a stroke: Call 9-1-1. Do not have someone take you to the emergency room. An ambulance would take you to the correct hospital as not all hospitals are primary stroke centers. Carter describes stroke centers, like Sutter, as those that are held to a higher level of accountability. It ensures they give you a medication called tpa, which Carter describes as "Draino for the brain" as it breaks up clots that would prevent blood flow to the brain tissue.

SCHOOL NEWS



Mural project celebrates spirit of closing school

Half will follow students to Theodore Judah

The spirit of an elementary school slated for closure next fall was expressed and preserved on Sunday, April 21 when students and staff came together to create a gigantic, multi-part mural under the direction of celebrated artist Milton Bowens.

Washington Elementary School, established in 1869, is one of seven under-enrolled elementary schools that the Sacramento City Unified School District Board of Education voted last month to close.

Students from Washington will attend either William Land in or Theodore Judah in East Sacramento, depending on their address.

As a way of easing the transition process, sixth grade teacher Kim Williams worked with Bowens on an innovative mural project. Students were asked to draw images capturing the school's "spirit." Bowens, a nationally recognized artist whose multi-media pieces are collected by such celebrities as LeBron James, then worked to incorporate common themes from the drawings into a cohesive, colorful design.

"It's a very cool way for the community to come together and celebrate our school and the future for our students," said Washington Principal Richard Dixon. "We were happy to find a creative project that allows us to send off our students in a meaningful way."

On Sunday morning, the design was projected onto six panels measuring 8 feet-by-4 feet and an outline created. Students painted the panels following the outline -- a sort of collaborative paint-by-numbers project.

Once completed, the mural was split into halves of three panels each. One half will go with Washington students to William Land and the other half will be displayed at Theodore Judah. Bowens will then work with students and staff at William Land and Theodore Judah to create new panels to make each mural "whole again," said Dixon.

"There will be a symbolic combining of Washington with the other campuses to create new schools," Dixon said. "It's bittersweet but for the children it's going to be very impactful."

Throughout the design are images that reflect Washington's commitment to "green" values, such as recycling. There is also a rainbow, a giant butterfly and jigsaw puzzle pieces.

Last year, Washington students earned bond money for energy efficient retrofitting through SCUSD's Project Green initiative, which required students to conduct a "green audit" of the school.

"It is hoped that the mural will help ease the students' transition to their new schools, as well as fulfill the vision of Project Green," said Dixon.



Photos by Stephen Crowley





CONTEMPORARY

Built in 1978, this unique contemporary styled home features 3 bedrooms 2 baths, a large open space providing views of beautiful, mature gardens. Living room, dining room, kitchen, family room and master bedroom all have views and access to the gardens. \$729,000

RICHARD KITOWSKI 261-0811



GRAND EAST SACRAMENTO

4 bedrooms 4½ baths, nearly 5000 square feet, this home has it all. Inside you will see a gourmet kitchen, a formal dining room, a large living room and an open breakfast room. The home also features a family room, a sauna/steam room, a full gym, and a workshop. Outside is your own private sanctuary on a big lot with a newer pool. \$1,895,000

TIM COLLOM 247-8048



FABULOUS HOME

This beautiful home has been remodeled to the last detail. Every room's a showpiece: detailed custom moldings, hardwood floors with inlays, recessed lighting, whole house speaker systems, imported Italian tile throughout. 4 bedrooms, 3½ baths. Spacious master with 13' ceilings. \$1,499,500

DAVID KIRRENE 531-7495



NEW IN THE FABULOUS 40'S

Completely remodeled 2-story 5 bedroom 4½ bath home is very spacious with over 3400 square feet on a large lot. An amazing kitchen with large island; master suite with his and hers walk-in closets; great room with fireplace and hand scrapped hickory floors. Large porches and Juliet balcony! \$1,299,000

NATHAN SHERMAN 969-7379



MEDITERRANEAN MASTERPIECE

One of East Sacramento's finest homes! Wake up to the tree tops filtering the morning sun or entertain in rooms that invite the outdoors in. Unique features, a spacious artist's studio, guest wing complete with kitchen and an apartment over the 3 car garage. \$1,375,000

CHRIS BRIGGS 834-6483 • PAULA SWAYNE 425-9715



PENDING

BRICK TUDOR

Fantastic 5 bedroom home in the middle of East Sacramento! Meticulously maintained with pristine hardwood floors, a vintage fireplace, large formal living and dining rooms; a very spacious layout. Backyard is very charming and quaint with grapevines. Also included is a basement perfect for a wine cellar or storage! \$529,500

TIM COLLOM 247-8048



REMODELED BRICK TUDOR

Beautifully remodeled 3 bedroom 2 bath featuring kitchen with marble slab, subway tile, stainless appliances and breakfast nook with built-in china cabinet. Refinished mahogany inlay floors, crown moldings, master bedroom with sitting room, and two closets. \$625,000

COLLEEN WIFVAT 719-2324



HIGHWATER BUNGALOW

Darling family home has 2 bedrooms and 2 full baths. The living room has a high coved ceiling and flows into the dining area featuring a large built-in hutch. The kitchen has a garden window, tiled counters and plenty of storage space. The master bedroom has a walk-in closet, master bath and access to backyard. \$325,000

TIM COLLOM 247-8048



PENDING

DOWNTOWN TOWNHOME

3 bedroom 2½ bath Saratoga Townhome within walking distance of the best of Downtown, the Capitol, art galleries and great restaurants. Updated with master chef kitchen, granite counters, tile floors and remodeled bathrooms. Master suite with balcony and beautiful tiled bathroom. \$289,000

NATHAN SHERMAN 969-7379

for current home listings, please visit:

DUNNIGANREALTORS.COM

916.484.2030

916.454.5753



Dunnigan is a different kind of Realtor.®

