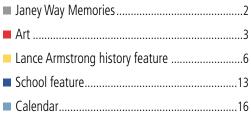
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See page 19



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## Janey Way Memories:

# Janey Way loses a friend



By MARTIN RELLES

Last week the Janey Way Gang lost an old friend. George Vargas passed away on Monday, Jan. 6. George didn't grow up on Janey Way. In fact, he lived on T Street across the tracks from us. George once told me: "Remember those boys you had rock fights with? That was us."

By the early 1960s, however, as we entered teen age, the boundaries broke down, and the T Street boys walked on to Janey Way. George came then, along with Don Fancher, Larry Simpson and Dan Blakolb. They became part of the gang.

George played football with us on the strip of grass next to Phoebe Hearst School, participated in the storied poker games at the Ducray house, and hung out at Bossie's Drive-in.

He attended high school at Hiram Johnson. When he graduated, like most of us then, he was drafted by Uncle Sam to fight in Viet Nam. Thankfully, he returned home unscathed and went to work for the State of California at the Department of Justice. For a while, George lived with me in one of the apartments over Relles Florist on 22nd and J streets. We had a good time then. Rent was cheap and we had great parties on the weekends. Eventually, though, the draft caught up with me, and I went away to serve in the U.S. Army.

By the time I returned, George was married and working as a floral designer at Procida Florist on J Street. Ultimately, he went on to a career as a correctional officer at the State Department of Corrections facility in Folsom, California. George worked in the minimum de-



tention part of the prison outside the main gate and had a reputation as a firm, but fair officer.

George retired from Corrections in 2004 and went on to things he really loved to do. He went fishing in the Sierra and on the Sacramento River. He traveled with his with his wife Helen, and, oh yes, he played poker and went out to lunches with the Janey Way boys. He always had good stories to tell when we recalled the old days back in the neighborhood,

Not long after retirement, George had some health problems and the Doctor diagnosed him with diabetes. As it often does, this dread disease slowly ate away at George's health. He lost part of one foot. He lost his vision in one eye. He went on dialysis.

Finally, last Monday our good friend passed away. Tomorrow, we will get together to remember George. We will recollect his stories, his sense of humor and his humanity.

Now, sadly, our friend George is just another heartfelt Janey Way memory.

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# ARTS

# With Conviction:

# Art and Letters from Beyond Prison Walls

By MONICA STARK

Prison art, letters of the prison industrial complex and zines of political content will fill the space of Exhibit S Gallery with content from 25 years of correspondence between Anthony Rayson from the South Chicago ABĆ Zine Distro and incarcerated people.

Zines have been published with minimum editing, since most of the pieces are written and compiled by the prisoners themselves, according to a YouTube video by Tahoe Park videographer Martin Conlisk who first met Rayson when the activist was on a cable access show back in 1996. More recently Conlisk was in Chicago and got Rayson on camera again. "I was just a lark walking around the door," Conlisk said. "The artwork inside Rayson's home was just the stuff he had laying around." But there was a lot of it. Stacks of artwork and zines in progress fill the house.

essarily wanted in prison; they can be

bulky and easily stolen, so zines are preferred because they can be hidden inside prisoners' pockets.

Along with the writings, Rayson and his partner, Mike Plosky, get incredible prisoner artwork that they help distribute. "Some are either one or the other and we encourage collaboration," Rayson said. They ask the inmates who might be interested in helping with the collaboration, "Well, do you write? Are you an artist?"

Rayson has several samples of brilliant pieces by Kevin Rashid Johnson, an African-American socio-political photographer who produces conceptual post-black art. According to <a href="http://rashidmod.">http://rashidmod.</a> com/>, a website created in his honor, Johnson was a drug dealer who was arrested in 1990 and received a lengthy prison sentence. He has been incarcerated ever since – for the past 18 years in conditions of solitary confinement.

"A lot of them are into the (Black) Panthers as you might assume," Ray-It's been said that books aren't nec- son said. "A' lot of tattooers might

envelopes, to create art, the pieces have included tributes to the great leaders of ented pieces and there are some that are more classic, harkening back to the ite. One piece was created by a White Muslim in Indiana who drew images showing the discrimination he faces from being White and Muslim.

"We make prints in color, so prisoners can have this stuff, Rayson explained. They can line their walls with it and put their favorite political leaders up and the coolest graphics up there along with the literature they spread around, which is very cool – the way they kite things. and hang it from different floors even. Across halls – they get these zines and artwork to as many inmates as possible just keep doing this stuff. It takes a lot of time money and effort. It's very labor intensive, but it's extremely rewarding."

"We are expanding their horizons of thought," Plosky said in the interview. "They're doing the same for us," Rayson said. He added: "We're working on a zine From Gangsta to Guerrilla. I am sure, as always, the authorities are loving what we are doing."

it S Gallery in Downtown Plaza, located at 5th and L streets. The recep-

Using random supplies like napkins, tion will be held on Second Saturday (Jan. 11), starting at 6 p.m., followed by a lecture at 8 p.m. by Rayson, who Africa, Latina art. There are punk ori- will be one highlight, along with the artwork, graphics and zine literature from the inside of the prison indusslave days, Malcolm X is always a favor- trial complex from across the nation. Featured artists include: Todd'Hyung Rae' Tarcelli, Rasheed Johnson, Brain Scam, Joey Torres, RJ Hall, Jr. The show will be up until Jan. 26.

The art show is a fundraiser for Rayson and his efforts Conlisk said when he first thought of doing an art show, he thought about having the art hung at local coffee shops, but from those he spoke with none wanted to hang the art. Asked whether he expects the show get They unravel towels and the string - a good response, Conlisk said: "Honthey just tie it just like a long clothes line estly it's hard to say. You're dealing with a segment of the population where they listen and nod. But we have made connections with the New Black Panno matter how restrictive they are. So ther Party, (a black political organizait's a helluva project and we're going to tion founded in Dallas in 1989). Will they bring people? I don't know." ABC Distro stands for Anarchist

The show will be held at Exhib-

website <a href="http://www.activedistribu-">http://www.activedistribu-</a> tionshop.org/> was started in Tsarist, Russia to organize aid for political prisoners captured by the police, and to organize self-defense against political raids by the Cossack Army. During the Russian civil war, they changed the name to the Black Cross in order to avoid confusion with the Red Cross who were organizing relief in the country.

Black Cross, which, according to the

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### **Charming East Sac Cottage!**

Located within close proximity to Bertha Henschel Park, this pristine 3 bedroom, 1 bath home boasts original charm. This 1,032 square foot house offers a Living room with fireplace, Dining area, and a spacious backyard with a covered patio. Other amenities include refinished hardwood floors, fresh exterior paint, and indoor laundry room. A truly sweet place to call home!

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\$1,200,000

## **Endearing East Sac Bungalow!**

Resting near East Sac restaurants, coffee houses, & shops, this 2 bedroom, 1 bath bungalow offers the charm of Home Sweet Home. This home presents a formal Living room, a spacious Kitchen with an eat-in area, & an updated bathroom. Ideal for entertaining, the intimate backyard has been recently updated to include a natural gas fireplace. new landscaping, & a new fence. Other amenities include hardwood floors, indoor laundry, & an inviting front porch

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### **Convenience of Campus Commons!**

Nestled within the Campus Commons community, this single-story 2/3 bedroom, 2 bath residence offers 1,847 square feet to roam. This home offers a formal Living room with vaulted ceilings & fireplace, formal Dining area, & a Kitchen with an adjoining private patio. The tranquil backyard is not to be missed as it offers a covered patio & sits adjacent to a greenbelt Other amenities include a Master bedroom with dual closets, an indoor laundry room, & community pool.

\$285,000



## **Remarkably Charming Bungalow!**

Located within close proximity to the UCD Med Center & the T Street Greenbelt, this charming 2 bedroom, 1 bath Bungalow will catch your eye! This home offers a gourmetappointed kitchen that plays host to a Bosch gas range & oven, Fischer Paykel dishwashing drawers, IceStone countertops, & a dining bar. Moreover, the open kitchen looks onto the cozy living room, & the dining room that hosts original built-in cabinetry. Presenting opportunities to entertain, the backyard boasts a deck with pergola, lawn area & uncovered patios. Other amenities include a newer Presidential roof, updated electrical panel, tankless water heater, and an indoor laundry room. \$339,950

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# Artistic Edge Gallery features local artist Shannon Raney

By ALICIA O'HARA

at the Artistic Edge Custom Framing & Gallery. The locally owned this classical story offers a fixed and family operated business completes their expansion and contin- ing the viewer into landscapes of ues a new year of supporting local mixed media textures. artists and their artwork. Starting in January, Artistic Edge Gallery is her future in art with a smile. She introducing featured artist Shan- is calm and she is peaceful, creatnon Raney during at their Second Saturday Art Reception, January ary with heartfelt plans to expand 11th, 2014 from 4 to 7 p.m.

#### About the featured artist

Artist Shannon Raney is a mother, wife, artist and teachher artwork. Today, as a moth- photographer Don Tackett. er of two Shannon Raney continues the legacy of mentorship with Contact her own children and as a teacher, To learn more about the Artistic cess for her students.

these concepts into each art piece, Sacramento.

creating a composition of strong colors and whimsical landscapes of A new year with new beginnings new textures and vibrations.

In the "Game of Cat and Mouse", theme of play and solitude guid-

Shannon Raney looks towards ing in her backyard studio sanctuand grow both personally and in her ability to influence the artistic generations to come.

Join Artistic Edge Gallery for their Second Saturday Art Reer by heart. A Minnesota native, ception for the unique opportu-Shannon remembers a home that nity to meet Shannon Raney and helped encourage and influence the added benefit of our featured

designs art projects that encour- Edge Gallery, Second Saturday age confidence and artistic suc- Art Reception, call Kathy Caitano at 482-2787 or email artistic. Fun and simplicity are important edge@hotmail.com. Artistic Edge to the artist. Shannon Raney weaves is located at 1880 Fulton Ave.,





Shown here are mixed media on canvas art pieces by Shannon Raney, which are now on display at Artistic Edge Gallery & Framing, located at 1880 Fulton Ave. For more information, call 482-2787

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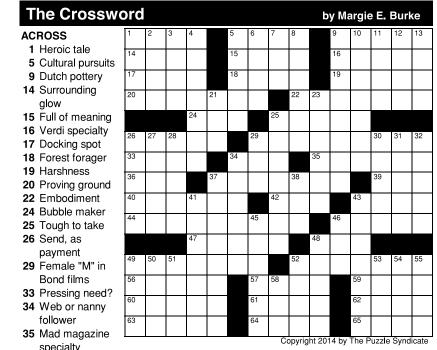
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See Answers page 16

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# Kiddie show hosts thrilled young television viewers

**By LANCE ARMSTRONG** 

Editor's Note: This is part five in a series about Mitch Agruss and other kiddie show hosts, who brought joy to many young television viewers in the Sacramento Valley.

Mitch Agruss, who was featured in the first four parts of this series, was once described in an article in The Sacramento Bee as "the dean of Sacramento children's show hosts." And in tribute to other local television kiddie show hosts of the past, the following summaries are presented:

### Charlie Duncan

As previously noted in this series, Agruss was known in East Sacramento and throughout the valley for his endearing presentations as Cap'n Mitch, and Cap'n Delta, "Skipper of the Valley



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Queen." In November 1966, "She was very interested in after five years of working as history and in drama, and I Cap'n Delta, Agruss resigned nel 13, and he was replaced by Fair Oaks native and lifelong Sacramento County resident Charlie Duncan.

ence reading children's sto- me to become the curator ries on the radio, was asked by Channel 13 to temporarily ing (archives). Eleanor had fill the void left by the departure of Agruss.

into a permanent role.

"I went in on an emergency basis, so I just kind of picked up Mitch's style and interviewed kids, gave away prizes and just enjoyed myself," Duncan said. "I loved the kids and I had no problem with them at all. I ended up (as the show's host) for four and a half years, almost five (years)."

In 1970, Eleanor Mc-Clatchy selected Duncan, who was a graduate of Sacramento State College (today's Sacramento State University), to serve as the curator of her historical collection. He eventually worked at the Sacramento History Center, which opened at Front and I streets in Old Sacramento in 1985.

was in over 30 plays at the from that position at Chan- Eaglet Theater (which operated next to the Music Circus). I just kind of stayed in touch with television for about five years, and El-Duncan, who had experi- eanor McClatchy wanted of newspapers and printa tremendous collection of old newspapers and early Duncan explained that his position as Cap'n Delta grew artifacts and it was my job to display them. I spent another 20 years working for her, and 42 years with KFBK and KOVR."

Duncan, who has two sons and a daughter who were born at Sutter Memorial Hospital in East Sacramento, retired in 1995 and now resides with his wife, Shirley, in the old Arcade area of the city.

# James Henry "Jim"

Following Duncan's time as Cap'n Delta on Channel 13, James Henry "Jim" Keating replaced him in that role.

Jim, a Brooklyn, N.Y. native who was a former child actor, television announc-



Photo courtesy of m Keating was

ed until the show's cancellation in 1973.

His son, who is also named Jim, recalled having the opportunity to be a guest on his father's show.

"I was actually on the show one time," the younger Jim said. "I believe I was about 6. I was in first grade, I think it was. When you got Delta's son.' Well, that lasts done, it was great. You have until you're in about the er and radio disc jockey, a TV personality who's your In recalling his work for came to California in the dad and does a kid show, McClatchy, Duncan said, early 1960s and worked for and we were kids. There

His Cap'n Delta tenure last- the prizes. You had the treasure trove. Everybody went home with something, and it wasn't just one thing for you. It was one for you and one to share with a friend. It was fantastic. All of a sudden I was on this show, and a friend of mine went on the show after that. (Other kids would say), 'You're Cap'n third grade, then from then

See Jim Keating, page 7





Charlie Duncan, shown above in this recent photograph, replaced Mitch Agruss as Channel 13's Cap'n Delta in November 1966.

# Jim Keating:

Continued from page 6

on it was a little teasing. But it was like I had this idol for a dad."

Later in his life, the eldest Jim performed in nine musicals with the Stockton Civic Theater and won three Willie Awards for his work as the best leading and supporting actor.

He was also a lead singer with the Stockton Portsmen Chorus.

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The eldest Jim passed away on July 31, 2012, about a month shy of his 86th birthday.

## Billie M. "Tiny" Moore

Billie M. "Tiny" Moore achieved his greatest fame as a country swing mandolinist, contributing to recordings and live performances of such musical artists as Bob Wills

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See Tiny Moore, page 8



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# Tiny Moore:

and Merle Haggard. But he also obtained notoriety as a kiddie show host.

During the pioneering era of television, on Channel 10, Moore became involved with er Roy. a live music show called "The Ranch House Party."

The show was cancelled after a 13-week run and Moore

was asked to host a kiddie show on the station.

Hamilton County, Texas and moved to Sacramento in the early 1950s, accepted the offer and took on the role of the guardian of the trees, Rang-

Joining Moore on the show was a little monkey named Anna Banana and a donkey known as Ten Chan.

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Moore, who was born in when the program ended due to a labor dispute.

included teaching music at Weiser, Idaho, in the sum-Ye Music Shoppe in Town mer of 1987, and was the and Country Village, op- original choir director of erating Tiny Moore Music the First Baptist Church in Center at 2331 El Camino Carmichael. Ave., teaching group guitar lessons at the YMCA at 2228 21st St. and mak-



aired from 1956 to 1960, struction videos. He also a school of talking mariowon the senior division of nette fish. the prestigious National Moore's life in music also Fiddle Championships in

Moore, who was humorously, yet affectionately known as "Tiny" due to his large size, died on stage of an apparent heart attack during a performance in Jack-He was 67.

### Norman L. Bales

In addition to attending night classes at the Mc-George College of Law (today's McGeorge School of Law), Norman L. Bales hosted Channel 10's children's television show, "Diver Dan."

This 1960s show featured the helmeted diver, Diver heart attack in his home.

The Ranger Roy show ing college-level music in- Dan, played by Bales, and

The set of the live show was a sunken boat known as the "Channel Tender."

Diver Dan's sidekick on the show was O.U. Squid, a marionette squid character that was operated from atop

A consistent part of the show was Diver Dan's adventures in overcoming the evil Baron Barracuda and his sidekick Trigger, a turtleneck pot, Nev. on Dec. 15, 1987. sweater-wearing, cigarettesmoking fish character.

Bales spent 12 years on Channel 10's staff before graduating from McGeorge. passing the state bar exam and becoming a Sacramento County public defender.

Bales, a Texas native who moved to Sacramento with his family when he was 8 years old, passed away at the age of 50 on Sept. 17, 1981 after suffering an apparent

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# Looking for friendly neighbors to help elder neighbors

Local residents needed to form neighborhood-based groups to assist elder neighbors as part of the Caring Neighborhoods Program

Sacramento is a city of neighborhoods. Many residents Neighborhoods program has of the program, elders can con- or extending an invitation to of these neighborhoods are the potential to improve the tinue living at home safely and a family picnic or neighborgrowing older and facing the challenges of living independers by expanding the resource pie' to include neighborhood dently and could use a hand from their neighbors but are residents as part of the solu- of milk at the grocery store, enhance the lives of their elreluctant to ask for help. On tion," stated Program Coordi- sharing information about der neighbors and allow them the other hand, more active nator Martha Paterson-Cohen. nearby senior services and ac- to maintain a safe, healthy cityofsacramento.org. neighbors are often concerned about their elder neighbors but may be hesitant to get involved out of respect for their elder neighbor's privacy.

Caring Neighborhoods, a program of the Older Adult Services division of the City of Sacramento, is reaching out to Sacramento neighborhood groups and individuals to build awareness of the issues of aging in the community and to encourage participation of neighbors in a collaborative effort to promote independence, reduce isolation, and ensure the safety and well-being of elder neighbors.

The program is seeking individuals who are willing to partner with at least two other neighbors and form an informal Caring Neighborhoods group. The program coordinator will meet with the group to provide guidelines and resource materials to get the group started. Unlike traditional volunteer programs, the groups are neighborhood-driven yet receive ongoing technical support to help problem solve, provide updated resource material and discussion of related issues.

As formal health and social services for elders continue to be limited, it's important to increase awareness and find creative ways of providing community support to a growing

Do you have a story? Tell it to us.

E-mail Monica Stark at, editor@valcomnews.com

Neighborhoods program has of the program, elders can con- or extending an invitation to own home. quality of life of Sacramento elindependently."

hood barbecue—these are Providing transportation, just a few examples of how

elderly population."The Caring "As a result, and the larger goal tivities, changing a light bulb, and productive life in their

For more information about starting a Caring Neighborhoods group, please contact offering to pick up a quart the neighborhood groups can Martha Paterson-Cohen, Program Coordinator at (916) 842-7782 or MPCohen@



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# **Tahoe/Colonial Collaborative** community center bids farewell

By MONICA STARK

Two Tahoe Elementary School girls entered the Tahoe/Colonial Collaborative after school on Thursday, Jan. 9, asking the community center's coordinator Kelly Conley about the Girl Scouts program that the center hosts. Just a seemingly typical afternoon, Conley responded: "Girl Scouts aren't today. It starts next Thursday. Turn (your papers) into the office; turn them

While it was just a normal interchange at the TCC, it was Conley's last day at the center, which has had an open-door policy in place for the last 14 years in its current location, 5959 8th Ave., next door to Tahoe Elementary School. But as of Saturday, Jan. 11, the center's day-to-day operations have shut down, at least to a certain extent, as some partners like to one another and to this quaint little the Girl Scouts of America which offers a lunch-time program for Tahoe Elementary students, will continue to directly through the school to obtain use permits. Conley announced the center's closure on Dec. 31, 2013 to about 700 neighbors and supporters on the TCC email list.

She wrote: "For almost twenty years, the Tahoe/Colonial Collaborative (TCC) has contributed greatly to the fabric of our community and those of us around the table - some newer faces, some from the 1990's feel so blessed to have called this our work for so many years. The time has come, however, to let TCC be a part of our community's history, and put our energy into some of the initiatives of the future. Effective January 1, 2014, TCC will be closed, but the work of building a healthy and safe community for all our children will continue!"

In an interview with the East Sacramento News, Conley discussed the fond memories she has had working en up the task of helping people with as the TCC's coordinator. "I'm going to miss working here. This place has been my life for the past four years," she said, as her 18-month-old daughter Sarah and 9-year-old daughter Julia wondered in and out of the center over the course of the interview, keep-Rodeo held in the Tahoe Elementaing each other entertained.

TCC held a farewell celebration on Saturday, Jan. 11 where photos and archives from the past were shared amongst attendees. Conley gave away a lot of kids. During our winter and the last of the TCC memorabilia and they shared snacks and stories. and 30 kids, depending on the year and It wasn't much of an emotional fare- it was a good mixture of children from well, however. "It was more like laugh- Tahoe Elementary and Mark Twain ing and enjoying the years of servic- Elementary where we've collaborat- ed to do and be on their way."

es over the years. It didn't feel like a mourning kind of thing. Just let's celebrate what we did for the communitv and not mourn what we are losing. We did provide 20 years of service to this community," said Conley.

Opened in 1994, the Tahoe/Colonial Collaborative celebrated its 19th anniversary last December and the organization has been at its current location for the last 13 years. TCC's formation began out of humble beginnings with parents and friends working out into Ms. Curry or Ms. Stacy." OK," one of each other's homes and through a of the girls said and they were off.

program called CARE which met at Colonial Park (address).

In its early years, TCC took on big initiatives, including several 4,000home surveys, fights against prostitution on Stockton Boulevard, take back the night initiatives, and more. As time went on, the focus became more and more on supporting families and kids, making sure they felt connected community many of us call home.

TCC was instrumental in partnering with local elementary school principals operate as usual, but will have to go to bring State Department of Education dollars to the community for resources and support staff, and together in 2000 brought a Community & Family Resource Center to the neighborhood. For the last fourteen years, this Center has been a hub of community, offering thousands of hours of mentoring and homework help, recreation and education camps, free meeting space for small community groups, and access to information.

True to that since the start, TCC has been a place for families and the community to gather as well as being a hub of information. Fliers and pamphlets decorate the walls with bulletin boards, updating folks with the latest neighborhood news and an entire computer lab has been available to visitors all free of charge.

As the coordinator for the center since September 2009, Conley has takthe computers and connecting people with resources, such as the Second Harvest Food Bank and the Women's Wellspring Center. It has offered a health and safety fair in Tahoe Park ry playground where children were offered helmets free of charge. The center has offered free spring, summer and winter programs for children. "I'd have ed with both communities and both spring program, it would have been 20



Last year, was the first neighborhood citrus harvest in Tahoe Park. More than 60 volunteers harvested fruit from 24 tree sites throughout the neighborhood! The TCC was instrumental in helping gather more than 2,500 pounds of fruit for donation to Sacramento Food Bank and Family Services.



A poster made in collaboration showing support of TCC was displayed at an open house last January.

neighborhood associations or neighborhood groups. Some older people would use the computers and I would

help them with what I could, and they

would just come in, do what they need-

Conley, a mother of four and 19 weeks pregnant with her fifth, said she has two older children who have been a part of the TCC "for a very long time. I would say eight to 10 years. My old-

er boys are 17 and 14. We are a little bit crazy, but we enjoy having children. And TCC has been fantastic." When she and her husband Jason decided they were going to try for their fourth child, Conley went to the TCC advisory board after she was pregnant and said she would continue working if she could bring her new baby to work. And everybody who was on the board was on board, she said.

"It was challenging at times (with Sarah at work), especially when I was trying to write an email and she just turned off my computer. Thank goodness for auto-save. So there have been little challenges here and there with having her here, but it has been a blessing having her with me and not have to find daycare. Having my fifth child and soon to have a 2 year old and a newborn, I will be a stay-at-home mom and a volunteer to the community."

Asked how many groups have used the space, Conley said: "I can't even count on the top of my head how many, but currently we have the Tahoe Park Neighborhood Association and three homeschool groups that use it during the day time for classes. So we have a science class on Fridays, a writing class on Wednesday, and a labor and technology class on Tuesdays."

charged them \$15 per use for the room to help offset insurance and Internet costs. "So the groups that charge to use, we charge them, just a small fee. So \$15 and they have about 15 kids in a class, so they charge a \$1 per kid per session, then it pretty much pays for it. It's not anything we were trying to make it uneasy for them."



For groups that have charged their members to site will no longer be offered, those interested in ustheir particular clubs, the TCC just in the last year, has ing the community center, should contact Tahoe Elementary. "This room here is open for community use, so they will have to go through the school to get a school district permit to use the center. There will be a small fee for that."

The center has relied on grants from the Sierra Health Foundation and an endowment from the Build-Conley said while the Bike Rodeo, the annual health and safety fair and the day-to-day use of the to operate the roughly \$2,000-a-month facility.

Conley said TCC is working with Tahoe Elementary School Principal Katie Curry to transfer leadership of the center to the Tahoe Park Neighborhood Association; and we are pleased to share that much of our supplies have gone to support the work of Rose Cabral and Rosette Nguyen in Colonial Park, as they revive Shirley Johnson's after school programs. The TCC webpage and Facebook page will remain up for six months, after which we will



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# Students' efforts helping to save the salmon

By DIXIE REID

students are playing a critical role in the ambitious and successful - federal and size rocks that the fish can't the American and Feather eggs, and that's a problem." rivers and increase the salmon population.

The Sac State team monknown as the "salmon gravel project."

feet wet.

That isn't quite true, says plentiful in the past.

of extinction in some riv- spawning salmon. ers. The populations were

and golf balls, but a lot of itats next summer.

that finer material has been swept away by big floods A Sacramento State geol- and flows since the dams Horner says. ogy professor and a team of were put in," Horner says. "The rivers have changed. We're left with bowling ball-

itors the minerals in what's lamation, the U.S. Fish and ty that you can see individ-Wildlife Service, the Nation- ual salmon nests, or redds," al Oceanic and Atmospher- he says. Legend has it that salm- ic Administration Fisheries, on once were so abundant the California Department habitat was rehabilitated in the American River that of Fish and Wildlife and the at Sailor Bar, adjacent to walk on fish from bank to along with hydraulic and aerial photos showed fewbank and never get their civil engineers and fisheries er than 30 spawning salmbiologists.

Professor Tim Horner, who whom are geology majors, tion, the fish count had mulalso chairs Sac State's De- help with the planning and partment of Geology, but design of new fish habitats. salmon certainly were more Once a river site is selected, bulldozers and front-end "The rivers have changed, loaders remove the overand the fish aren't doing so sized rock on a quarter-mile well," Horner says. "We've stretch of river bed and reseen some really big declines place it with suitable gravel over the last 50 years. It got placed at the correct depth to the point we were afraid to create a pleasing riffle for

Since 2008, Sacramento so low six or eight years ago State and its partners have that we were worried about created six new fish habiwhere things were going." tats between Nimbus Dam
The trouble was that the and River Bend Park on the rivers no longer had the American River. The Sac proper gravel for spawning. State team also monitors "Salmon bury their eggs five sites on the Feather Rivin the rocks and need grav- er, with plans to add new el about the size of marbles gravel to three of those hab-

"We have a lot of informa-

spawn at each of these sites. We get that from a series the velocity and oxygen levvariety of agencies, includ- er and take low-level photos ing the U.S. Bureau of Rec- that are of such high quali-

tiplied tenfold.

"It was a night-and-day difference," Horner says.

tion about how many fish to County park. They tested

state efforts to rehabilitate move around to bury their of air photographs. The Bu- els of the water, all the while ground for students bereau of Reclamation hires a surrounded by hundreds of Sac State partners with contractor to fly over the riv-salmon.

A year before the first The students, most of of the new gravel's installa- full glory."

work have been astonishing, were on the American River recently to evaluate two sites near Sailor Bar, a Sacramenthe depth of the gravel and

> "Salmon are an integral part of our heritage," says Katy Janes, who will gradmaster's degree in geolo-

The team's efforts on be-

So far, the results of this He and a group of students considered "threatened" under the federal Endangered Species Act. Salmon are not listed despite their declining numbers.

The salmon gravel project is a perfect training cause it allows them to work on real-world problems, Horner says.

"We've had funding since 2002 that supports uate in December with a students - usually geology majors and a few from gy. "As scientists, we are re- other departments - and I storing specific parts of this usually have master's sturiver to bring those popu- dents who are working on early Miwok Indians could Sacramento Water Forum, the Nimbus Fish Hatchery, lations back. Salmon are a their thesis project," he proxy for the health of our says. "They are the projrivers, and we're helping to ect managers. I just watch on. But within a few weeks bring them back to their it all happen when we get

> half of salmon also help Dixie Reid writes for the Prosteelhead, which have sim- duced by the Office of Public Afilar needs. Steelhead are fairs and Advocacy



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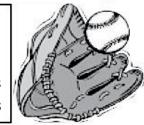


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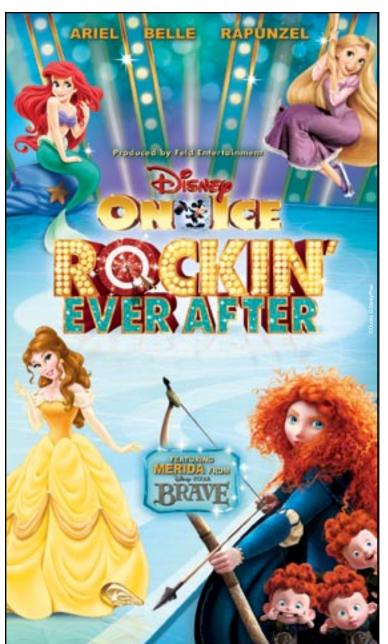
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Detention basin near the triangle parcel where a stand of cottonwood trees were cut down. The current mitigation planting

# Friends of the River Banks celebrate **New Years at Sutter's Landing**

Photos by Robert Sewell

New Year's Morning 2014

restoration project. Corey Brown and Jeff Harris, along ture Bowl at Sutter's Landing is with other committee mem-New Year's morning gath- and answered lots of quesering was held at Sutter's tions. From this vantage point Landing. Said organizer we could also see where the Laurie Litman: "The weather proposed McKinley Village was practically balmy when site is in relation to Sutter's the group of about 30 peo- Landing Park. The day ended ple strolled down to the Tree with an exciting sighting of a Mitigation Site to see the young Peregrine Falcon!

Senior Homecare

coming up later this spring. Na-Reportedly, another fun bers, described the project ture Bowl is a team challenge that engages students in science and environmental literacy and critical thinking. Sponsored by the California Department of Fish and Wildlife, groups of three to seven fifth and sixth graders compete in a fun day of cooperative learning challenges correlated with the state science standards. Sutter's Landing will host its first Nature Bowl this year on either May 1 or 2. If you have a fifth or sixth grader, consider coaching a team. Coaching workshops will start soon. For more information go to http://www. dfg.ca.gov/regions/2/naturebowl/ or contact Laurie 916-284-1627.

In other FORB news, the Na-



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### **Solution to Crossword:**



# CALENDAR

ation to: editor@valcomnews.com at least two weeks prior to publication.

Editor's note: City Councilmember Kevin Mc-Carty told the East Sacramento News the city council has likely postponed the vote for the ontroversial student housing project, Campus Crest, to Jan. 14. It was previously scheduled for the Dec. 10 meeting

# **AARP** tax aide seeks volunteers

for 2014 The nation's largest free, volunteer-run tax assistance and preparation service is seeking volunteers for tax assistance/preparation and leadership coordinators. Volunteers of all ages and backgrounds are welcome. Each year from Feb. 1 through April 15, AARP Tax-Aide volunteers prepare federal, state, and local tax returns for low and middle income taxpayers, with special attention to those age 60 and older. Volunteers are especially needed to assist with electronic filing of tax returns. You do not need to be an AARP member or retiree to volunteer. For more information on how you can join the AARP Tax-Aide team in Northern California, contact Ron Byrd at NoCalTaxAide@Outlook.com or visit website at; www.aarp.org/taxaide

Exercise your mind and have some fun at this on-going Brain Gymnasium class! Inviting all seniors to Eskaton Monroe Lodge, 3225 Freeport Boulevard, 9:20 a.m. Thursdays. \$6 per class. Call 441-1015 for more

# **Davis Art Center invites teen**

Water Spots Video Contest. The contest, girls to write and publish sponsored by the Regional Water Authori-The Davis Art Center is offering a six y (RWA) and the Sacramento Bee Media in week creative writing class for girls ages Education (MIE) program, challenges teens 13-18 from 4 to 6 p.m. Tuesdays starting to create compelling and original 25-second February 11. The class will offer a posi-Public Service Announcement (PSA) video tive, supportive space for girls who love on a select water efficiency topic. The 2014 reading and writing and are interested water efficiency theme is: Don't be a gutter in discovering and developing their indiflooder: Prevent overspray and runoff. Judgvidual voices. Participants will use short ing will be based on creativity, entertainmen stories by a diverse range of contempovalue, accuracy, originality and incorporarary women writers as jumping off points tion of the water efficiency topic. Finalist vidfor their own writing sessions. Each stueos will be displayed on the Raley Field Jumdent will pick her best writing to include botron screen and winners announced at a in a class-produced literary magazine. The Sacramento River Cats game in April 2014. class will be taught by Elise Winn Pollard. Winning students and their teachers will also who earned her M.A. in creative writget cash prizes. The grand prize winner's spot ing from UC Davis. The fee is \$95 for Art may become part of RWA's 2014 television Center members and \$105 for the generad campaign. Submissions due Feb. 28. Visit al public. To enroll, stop by the Art Cenwww.BeWaterSmart.info for more informater at 1919 F. St., call (530) 756-4100 or tion and tips on using water more efficientregister online at www.davisartcenter.org ly and to submit entries or get more informa-Students must be registered at least two tion about contest rules, judging and prizes, weeks before the first class session. visit www.sacbee.com/water-spots

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#### **Kiwanis Club of East Sacramento-**Midtown

Visitors Welcome, weekly breakfast meeting on Fridays at 7 a.m. Topical weekly speakers and first meal for visitors on us. Meet at The Kiwanis Family House, (at UCD Med Ctr/ 50th St & Broadway) 2875 50th Street Sacramento, CA 95817, www.eastsacmidtownkiwanis.com. Meeting/Membership info: 916-761-0984, volunteers always welcome!

#### The Sacramento Capitolaires meeting

A men's Barbershop Harmony group, meets every Tuesday night at 7 p.m. at Pilgrim Hall (Sierra Arden United Church of Christ), 890 Morse Ave., Sacramento. Info: www.capitolaires.org, call 888-0877-9806, or email info@capitolaires.org

#### **Artisan holds Food Drive**

Artisan Salon is participating in the Spir it of Giving Food Drive. Over the last 17 years, the Spirit of Giving (SOG) drive has helped Sacramento Food Bank collect and distribute over 4.6 million pounds of canned and non-perishable food items for local families in need. Help support families in need by participating in this year's drive! Artisan Salon is located at 3198 Riv erside Blvd.

#### **Soroptimist International of** Sacramento South meetings

A service organization dedicated to insure the status of women and girls, the group meets at Aviator's Restaurant, 6151 Freeport Blvd. for lunch and to discuss the day's topic. Meets the second and fourth Tuesday of each month at 12:15 p.m. The meetings discuss our fund  $\,$ raising Projects and Community Service, often with speakers from our community.

#### "Home Sweet Home" elder care discussion at ACC Greenhaven Terrace Ian. 21: More than 78 percent of old-

er adults plan to live in their current home

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for the rest of their lives. Sometimes all you need is a little extra help to remain living independently in your own home. Come earn more on ACC Greenhaven Terrace at 11 a.m. Get solid answers and advice from trustworthy, experienced experts who work every day with older adults to live independent, healthful, fulfilling lives. Gail Lohmnann, owner of Visiting Angels Home Care will share resources and questions to consider when working with a home care agency, plus advice on Aging in Place. Jennifer Atherton, Philips Healthcare will demonstrate how the latest technology can help you live independently and confidently. The Phillips Lifeline Medication Dispenser manages complex medication schedules and the Phillips Medical Alert system offers the most advanced fall- detection technology. Refreshments will be served. For more information call 916-395-0210

#### ACC presents forum on cervical health

Jan 23: Every Women Counts will be offering women education on Breast & Cervical Cancer prevention, early detection, free screening services from 1 to 2 p.m., ACC Senior Services Center, 7375 Park City Drive. Learn valuable information about the risk factors for breast cancer: importance of early detection; eligibility requirements to qualify for free screening and/or treatment Free. Pre-registration requested. Info: (916) 393-9026 x330, www.accsv.org/cl/.

#### **Merryhill School offers a Winter** "Magic" Open House

Jan. 25: Come and experience hands-or Winter Science and Magic Show. From 10 a.m.to 1 p.m., tour the school, meet the teachers and register for the upcom ing school year. Merryhill is located at 7335 Park City Dr. Merryhill School is located at

#### 16th Annual "Sacramento Museum Day"

Feb. 1: Free or half-priced admission to 30 sites. Participating Museums for Sacramento Museum Day 2014 include: Aerospace Museum of California, California Automo bile Museum, The California Museum, Calornia State Capitol Museum, California State Military Museum, California State Railroad Museum, California Statewide Museum Collections Center, Center for Contemporary Art, Sacramento, Center for

Sacramento History, Crocker Art Museum Discovery Museum Science and Space Cen ter, Don & June Salvatori California Pharmacy Museum, Fairytale Town, Governor's Mansion State Historic Park, Heidrick Ag History Center (Woodland), Leland Stanford Mansion State Historic Park, Maidu Museum & Historic Site (Roseville), Museum of Medical History, Old Sacramento Schoolhouse Museum, Old Sacramento State Historic Park, Roseville Utility Exploration Center, Sacramento Children's Museum, Sacramento Historic City Cemetery, Sacramento History Museum, Sacramento Zoo, Sojourner Truth Multicultural Arts Museum, State Indian Museum, Sutter's Fort State Historic Park, Wells Fargo His tory Museum (Capitol Mall), Wells Fargo History Museum (Old Sacramento). While admission is free at 28 of the participating museums during Sacramento Museum Day admission to two destinations located in residential areas are half-priced as follows: Sacramento Zoo is \$5.75 for adults, \$3.75 for children ages 2-11 and free for children under two; Fairytale Town is \$2.50 per per son and free for children ages one and under. The event is scheduled from 10 a.m. to 5 p.m. but note the last guests will be admit-

#### Casa Garden 'Wine Social'

Feb. 4: Lunch and "Wine Social" with red and white wine sips offered by Heringer Estates from Clarksburg paired with delicious Casa hors d'eouvres at 11:30 a.m. [one seat ing only], Casa Garden Restaurant, 2760 Sutterville Road, Sacramento. Entree choice es: Braised Beef with Cabernet Sauce or Asian Chicken Salad with Dried Cranber ries; dessert: Apple Hill Walnut Cobbler -- \$22 per person, includes tax and gratuity. Reservations a must, open seating -- call 916-452-2809. Proceeds benefit the Sacramento Children's Home

#### **Sacramento Community Concert Association performance**

Feb. 22: Celebrating Black History Month SCCA presents Tenor Darron Flagg & Soprano Candace Johnson and The UC Berkeley Gospel Chorus at 7:30 p.m. at Westminster Presbyterian, 1300 N St. Singer-actor Darron Flagg is recognized as a standout professional bel-canto tenor, lauded for his heart-felt performances A few of Mr. Flagg's engagements include

See Calendar, page 18

## Rancho Cordova Civic Light Orchestra Proudly Presents Its Second Concert of the 2013-2014 Se A Celebration of the American Spirit of Adventure Saturday, January 18, 2014 rages and hors d'oeuvres at 7:15 p.m. — Concert at 8:00 p.m. California State Railroad Museum 125 I Street (at 2nd Street) Old Sacramento A Fundraiser to Benefit the Rancho Cordova Civic Light Orchestra \$20.00 per person in advance — \$25.00 at the door For more information or to purchase tickets please visit www.rcclo.com Pete Nowlen, Conductor Come enjoy our Energetic and Entertaining Repertoire Including Theme from The Magnificent Seven – Elmer Bernstein Hoe Down – from *Rodeo* – Aaron Copland John Henry – Aaron Copland American River – Music of George Gershwin and Stephen Foster There will also be a Silent Auction of Original Artworks, Gift Certificates to your favorite restaurants, and more. Rancho (S//) For more information please visit www.rcclo.com Painting by Kathie Karrer

## Please send your updated Calendar announcements

...especially if you bost monthly events! e-mail to editor@valcomnews.com

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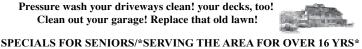
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#### 8th Annual Crab & Steak Feed • Cocktails • Dinner

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All Hallows Hall 5501 14th Ave, Sacramento CA \$45 per person • \$20 10 and under • \$340 for table of 8

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Feb. 1, 2014

5-9pm

Last day to buy tickets: 1-28-14



Serenade for Strings, mvt. 1 Tchaikovsky Fantasia para un Gentilhombre Larry Ferrara - Guitar Slavonic Dance Op. 72 No. 2 Dvorak

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# CALENDAR

the Lincoln Center, theaters in Eastern Europe, Walt Disney Hall, as well as the San Francisco and Sacramento Opera companies. Candace Johnson is a dynamic vocal artist who has experience in musical theater, television commercials, poplar songvriting, and piano performance. Among her many accomplishments, she held the title of Ms. Black Tennessee, and she was a finalist in the National Leontyne Price Competition. The UC Berkeley Gospel Chorus started in the 1970s as an informal student activity. Since 2007, director D. Mark Wilson has taken the Gospel Chorus in new directions, building a repertoire, which includes traditional and contemporary gospel music, spirituals, and classically influenced gospel anthems. Regular subscription: \$90, Group discount (8 or more people): \$75, Students subscription: \$45, Single Ticket: \$25. For more information, contact Sacramento Community Concert Association www.sccaconcerts.org; info@ scc.aconcerts.org; 400-4634.

#### 2014 Polar Plunge: Polar Plunge so a Special Olympics athlete can compete

Feb. 15: Swim at the Sacramento State Aquatic Center to benefit Special Olympic Northern California & Nevada! This is the first plunge in Sacramento. Know that while the water may be cold, you're Plunging so that 19,000 Special Olympics athletes in your community may ompete. 1901 Hazel Avenue in Gold River! Every Plunger is required to raise a minimum of \$125, which sponsors one Special Olympics athlete for a sports seaon. You will be fundraising to support Special Olympics Northern California & Nevada. Visit http://www.kintera.org/ faf/home/default.asp?ievent=1080725#

# Sacramento, Inc. annual crab fiesta

Feb. 15: All you can eat crab, silent auction. dessert bar auction, live auction: Saint Mary's Giovanni Hall, 58th and M streets, Doors open at 6 p.m., dinner at 7 p.m. Cost is \$50 per ticket and funds are used for services to support vulnerable women and children. 2013-14 funds support Tubman House, a program of Waking the Village. The program provides 18 months transitional housing and other life skills training and support for local women and children. Call 709-6748, or visit the Crab Fiesta website at www. crabfiestasac.org to purchase tickets. Visit us

#### Camellia Chapter, Embroiderers' **Guild of America at their meeting**

Feb. 18: Starting at 7 p.m., SMUD Building, 6201 S Street for a hands-on program on Assisi needlework. Guests welcome.

#### Casa Garden 'Girls Just Want to Have Fun' lunch and Red Hat fashion show

Feb. 26: "Girls Just Want to Have Fun" lunch and Red Hat fashion show at 11:15 a.m. and 1:15 p.m. seatings at the Casa Garden Restaurant, 2760 Sutterville Road, Sacramento. Entree choices: Chicken Stuffed with Spinach and Smoked Gouda or Black Bean Tostada Salad with Grilled Chicken Breast; dessert: Chocolate Torte with Raspberry Coulis -- \$22 per person, includes tax and gratuity. First-come, first-served group reservations by one person, one check. Reservations a must -- call (916) 452-2809. Proceeds benefit the Sacramento Children's Home.

#### **Sacramento Community Concert Association performance**

March 22: SCCA presents A Night At The Movies With Pipe Organist Dave More

no at 7:30 p.m. at Westminster Presbyterian, 1300 N St. Complemented by emcee Matias Bombal, organist-entertainer Dave Moreno will thrill you as he accompanies popular silent films on Westminster's grand 3000-pipe organ. Don't miss this extraordinary event. Regular subscription: \$90, Group discount (8 or more people): \$75, Students subscription: \$45, Single Ticket: \$25. For more information, contact Sacramento Community Concert Association www.sccaconcerts.org; info@scc.aconcerts.

#### **Sacramento Community Concert Association performance**

April 27: SCCA presents talented, young, local classical chamber musicians and The Mondavi Center/SF JAZZ High School All Stars at 3 p.m. at Westminst er Presbyterian, 1300 N St. Coordinated by Susan Lamb Cook, these seven gifted students will play great works from the chamber music repertoire. Directed by Mike McMullen, the Mondavi Center/SFJAZZ High School All Stars are an elite high-school-age jazz performance ensemble selected by audition. As the premier jazz group for Mondavi Arts educational outreach, they perform an eclectic repertoire drawn from the giants of the jazz legacy, and original material composed and arranged by group members. In addition to the core ensemble, this concert will feature other notable young talent from the area, Regular subscription: \$90. Group discount (8 or more people): \$75. Students subscription: \$45. Single Ticket: \$25. For more information, contact Sac ramento Community Concert Association www.sccaconcerts.org; info@scc.aconcerts org; 400-4634

#### **Sacramento Community Concert** Association performance

May 17: Starting at 7:30 p.m., this will be a FREE (non-ticketed) Bonus Concert at Westminster Presbyterian, 1300 N St.

# - EVENT LISTING SECTION -

Advertise your craft fairs, holiday bazaars, school fundraises, church events, etc. in your Community Newspapers. Call (916) 429-9901 for rates.

17th Annual Crab Feed Fundraise Bella Vista High School Football Boosters

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# New possibilities for community cohousing in the New Year

By ANNE GERAGHTY

A "Cohousing Forum" on Saturday, Feb. 8, is bringing together national and local experts to discuss how these collaborative neighborhoods can be a great option for active adults looking for a place they'll be able to age in place. Cohousing combines private homes with extensive common facilities to create environmentally and socially sustainable neighborhoods. Earlier communities like Southside Park (built in 1993 at 5th and T streets) were intergenerational communities with a lot of focus on creating a great place for kids.

"We are now seeing increasing interest from people looking at their second half of life and wanting to retain their independence and active social life," says Kathryn McCamant, architect and national leader in the cohousing movement, who works with groups all over the country to create new cohousing communities. "Whether that is an intergenerational community or a community of active adults, the neighborhoods are offering a new option for older adults. I am very pleased about the strong interest in cohousing throughout the Sacramento and Foothill region." The forum will provide a variety of talks including a panel of seniors that are already living in cohousing to assist people in exploring if this might be a good option for themselves.

David Mogavero, Sacramento architect and developer, will talk about the possibilities for new cohousing developments in the Sacramento region. Mogavero, worked with future residents to design Southside Park Cohousing 20 years ago. "It is very rewarding to me to see how successful Southside Park Cohousing has been. This development has made a big difference to this neighborhood. I'm excited about the renewed interest in cohousing today as I believe it can be a real asset both to its residents and, as tional cohousing community. well, to the neighborhoods in which it is built," he said.

Residents of Wolf Creek Lodge and Sacramento Cohousing will talk in a cohousing community.

Joyce Rasmussen is one of Wolf Creek's newest residents. She sold her Sacramento home of many years to make this change. "I was curious about Wolf Creek. I loved the building and the location but what sold me was attending one of their

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meetings and seeing the group work through a difficult issue to solution with grace and humor. I haven't regretted my decision. This is a great group of people."

Sacramento Councilmember Steve Hansen has been invited to give his perspective on how cohousing fits in with the City of Sacramento's infill development policies.

The Cohousing Forum, hosted by the Renaissance Village Homes and by Wolf Creek Lodge of Grass Valley, will be held at Northminster Presbyterian Church from 1 to 5 p.m. at 3235 Pope Ave. in Sacramento.

Cohousing is a community oriented housing approach organized and developed by the owners themselves. Each owner (individual or family) has their own home within a development designed to foster interaction. There are community rooms created for meetings, meals and other social functions.

Wolf Creek Lodge, completed a year ago, is located in Grass Valley on a site overlooking forests and Wolf Creek yet within walking distance of shops and trails. The Lodge has 30 units with 3 remaining for sale. Wolf Creek residents will provide their insights on living in cohousing including sharing meals, helping one another with projects, attending local events. They will also talk about what they went through to develop their award winning cohousing project.

Sacramento's Renaissance Village Homes is a newly formed cohousing group that is interested in locating a site in the Sacramento urban area within walking distance of transit and other amenities. It is seeking additional members to help in this development goal.

Information on the recently formed Fair Oaks EcoHousing project will be available as well for individuals and families interested in a intergenera-

A \$10 fee will be collected at the door. RSVPs are appreciated to be certain that there are sufficient seats, materials and reabout what it is like to live day-to-day freshments for all. Please RSVP to info@ renaissancevillagehomes.org. For additional information see the following: www.renaissancevillagehomes.org, www.wolfcreeklodge.org, and www.

Anne Geraghty represents Renaissance

cohousing.org.





The patios and balconies of Wolf Creek Lodge provide places for informal socializing while overlooking the forests bordering Wolf Creek in Grass Valley.



Wolf Creek Lodge received the 2011 Governor's Environmental and Leadership Award. This recognized the sustainability and energy conservation inherent in cohousing. The homes and common rooms require minimum heating and air conditioning because of their design, enhanced insulation and southern exposure. Solar thermal panels on the roof provide hot water to all homes. The architecture company was McCamant & Durrett

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#### **PICTURESQUE EAST SACRAMENTO**

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#### **NATHAN SHERMAN 969-7379**



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#### **ELM STUDDED STREET**

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#### **DAVID KIRRENE 531-7495**



#### **HACIENDA IN EAST SACRAMENTO**

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#### ADORABLE EAST SACRAMENTO

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