April 17, 2014 | www.valcomnews.com

# EAST SACRAMENTO NEWS



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Helen Keller visited the neighborhood 100 years ago

See page 2



Burlesque dance troupe entertained Sacramento **Historical Society** ■ See page 12





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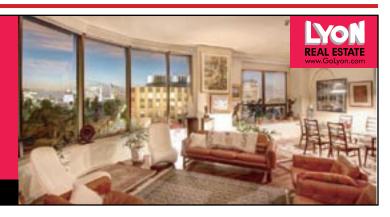


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East Sacramento News is published on the first and third Thursday of the month in the area bounded by Business 80 on the west, the American River on the north and east and Highway

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Courtesy of the Helen Keller archives in New Zealand Black and white photograph of Helen Keller with the inscription: To the Helen Keller House Girls, with my grateful love Helen

Keller November 1947, Inscription written in pencil by Helen Keller on the photograph. Typed letter written by Helen Keller and signed by her in pencil, to Kathleen Devonshire. Dated November 4th, 1947 and sent from Arcan Ridge, Westport,

(Archives reference: AAAA 8279 W5318 1/) For more information visit Archway: www.archway.archives.govt.nz/ViewEntity.

# **Helen Keller visited** Sacramento a century ago

By LANCE ARMSTRONG

For many years, the life of Helen Keller (1880-1968), the famous deaf-blind woman who overcame great disabilities, has been one of intrigue to many people. Those people included the Tuesday Club members and guests, who attended an event featuring Helen and her notable, skillful teacher, Johanna "Anne" Mansfield Sullivan Macy (1866-1936), who was best known as Anne Sullivan.

The event was of such interest to the community that several hundred people arrived at the Tuesday Club at 2724 L St., across the street from Sutter's Fort and just west of East Sacramento, to greet Hel-1914 at 8 p.m. The crowd was believed to have been the largest audience to have ever assembled at the Tuesday Club in its then 18-year history.

A report on the event in the following day's edition of The Sacramento Bee was quick to note that Anne was of "almost equal interest" to the attendees of the gathering due to her dedication and success in working with Helen.

Prior to Anne's involvement with Helen, she had been raised in poverty by Irish immigrants. Her father was an alcoholic and her mother died from tuberculosis when she was 9 years old.

When she was about 7 years old, Anne, who was a native of Feeding Hills, Mass., Bell referred them to the aforementioned developed trachoma, which severely affected her vision.

Anne, who began attending the Perkins Institution for the Blind (now Perkins School for the Blind) in Watertown, Mass. in 1880, underwent successful eye operations in 1881 and 1882.

On March 3, 1887, about a year after she graduated as the valedictorian from the aforementioned school for the blind, Anne began her work tutoring Helen.

Helen, who was born in Tuscumbia, Ala., was the daughter of Civil War veteran and newspaper editor Arthur Keller and Kate Adams.

Although Helen was born with the ability to see and hear, when she was 1 and a half years old, she had lost those abilities due to what was then described by Helen and her teacher on Monday, March 16, en's doctors as an "acute congestion of the stomach and brain" or "brain fever."

The professional medical belief today is that the mysterious illness that nearly took Helen's life was possibly meningitis, scarlet fever, or encephalitis (inflammation of

With her condition, Helen often threw temper tantrums, broke items and physically attacked members of her family.

While seeking assistance for Helen, Arthur and Kate were referred to Alexander

Bell, who was best known for inventing the telephone, also worked on projects to assist the deaf.

After spending time with the Kellers,

See Helen Keller, page 6

# Janey Way Memories:

# Remembering Catholic Youth Organization Basketball



By MARTY RELLES

Last Friday night, I watched my grandson Angelo play in a youth basketball game. It was a blast. Angelo at 4 feet, 10 inches tall was one of the big kids on the court. The boys played on the main

basketball court at San Juan High School—a regulation court with 10-foot baskets. They looked pretty small on the big court, but their enthusiasm and endurance amazed me. When Angelo took a rebound, he drove the ball quickly up court, before passing the ball to an open shooter. Later in the second half, he took a long shot which rolled around the rim and dropped in. That shot gave his team a 2-point lead, which they never relinquished. The final score was 33 to 31.

Watching the boys play brought back memories of my own youth basketball expe-

Organization (CYO) basketball league. I joined the Saint Mary's CYO right after graduating from Saint Mary's ed us into a pretty good team. School in 1960. Father John Puliz, the pastor of the church, started the club that same year. citing. Coach Hocking assigned He felt the teenagers, who attended the church, needed a wholesome outlet for their youthful energy. The activities sponsored by the CYO included dances, trips, and team basketball. I signed up right away for basketball.

We had our first fall practice at Kit Carson Junior High School in East Sacramento, Bob Hocking served as the coach of our team. Coach Hocking had played basketball at Sacramento State College. He had lot of knowledge to share with our inexperienced, young team, which included my friends Dan Petrocchi and Dick Mckechnie. We learned how to play a three, twozone defense and how to run a 1-3-1 offense. We had already knew the basics of basketball (dribbling, passing and shootplay as a five-man team. Coach Hocking had his work cut out for him, but over time he mold-

In October we started our 10-game season. It was so exme to the point guard position. My responsibilities included dribbling the ball up court and initiating plays. I had a pretty good set shot, and the coach encouraged me to take it when I had the opening. I remember scoring in double figures during a few of our games. That made me feel like my hero Bob Cousey of the Boston Celtics. Other times I passed the ball to big Dick Mckechnie in the key or to Dan Petrocchi on the wing. Dan had a good jump shot and often scored on those opportunities.

Our team played against teams from Sacred Heart, St. Francis, Immaculate Conception, All Hollows, and Saint Patrick's churches. All the teams were very competitive, and the games were close—no

Conception, with their 6-foot, 8-inch center, won the league.

I have never forgotten my CYO youth basketball experience. In fact, I often see coach he taught me, another inspira-Hocking at meetings of the tional Janey Way Memory.

rience in the Catholic Youth ing), but did not know how to blow-outs here. In the end, we Dante Club of Sacramento, He took second place. Immaculate always says, "How are you doing kiddo? Keep writing those columns." I am glad the old coach enjoys reading my stories. I certainly have never forgotten all



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# **Updated East Sac Home!**

Located near East Sacramento parks, hospitals, and establishments, this cozy 2 bedroom, 1 bath offers a formal Living room and an updated Kitchen with an eat-in area. The detached garage has been partially converted to include a studio with a loft, Kitchen, and full bath. This home has been rewired, re-plumbed, and offers a newer roof and HVAC (2007). Other amenities include an indoor laundry area, high ceilings and skylights, and an inviting and private patio.

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## Fab 40's Colonial!

Nestled in the Fabulous 40's, this 4 bedroom, 2.5 bath Colonial offers both elegance and charm! This 2,462 square foot home boasts a formal Living room with marble fireplace, formal Dining room, and a Kitchen that opens to the luminous Family room. Presenting a sparkling pool and hot tub, the backyard is an entertainer's dream! Other amenities include a Master Suite, hardwood floors, and an indoor **PENDING - \$1,025,000** 

# **Charming Bungalow!**

Resting near East Sac restaurants, coffee houses, & shops, this bed, 1 bath bungalow is a cozy place to call "Home"! This 1,118 sq ft home presents formal Living and Dining rooms, a spacious Kitchen, & a tranquil Master bedroom with a fireplace & French doors that lead to the expansive backyard. Other amenities include hardwood floors, coved ceilings, & newer central heat and air. **PENDING - \$359,950** 

# **Darling Elmhurst Cottage!**

Located in the coveted Elmhurst neighborhood, this 2 bedroom, 1 bath cottage boasts darling charm! This 1000 sq. ft. home presents a formal Living room w/ fireplace, a formal Dining room, and an updated Kitchen with stone countertops, gas range, and dishwasher. The backyard is a true gem: offering a stone fireplace and patio, and impeccably maintained foliage. Other amenities include hardwood floors, an indoor laundry room, and a two-car garage. \$349,950

## **Delightful Victorian!**

Combining Victorian architecture with modern amenities. this 3 bed, 3 bath Queen Anne is a true gem! This 2548 sq ft home, on a double lot, features an elegant Parlor & Dining Room, an updated Kitchen both upstairs & downstairs, & a Master Suite. Other amenities include hardwood floors, large indoor laundry room, & a two-car garage that hosts \$799,000

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206-7078

# **East Sac Classic Brick Tudor**

912 46th St. Sacramento - \$1,095,000 This unique home has had a total custom remodel with original charm remaining. Oak hardwood floors with walnut trim. Gourmet kitchen with cherry wood cabinets and granite tops. Breakfast nook has built-in nook. Crown moulding and wood plantation shutters throughout. Formal living and dining rooms. Attic room with laminate floors, ceiling fans and lights. Hidden from normal view with access via hidden spiral staircase. Brick porches in backyard with tranquil pond, waterfall and gazebo. Extended 2 car garage.



# **Hospital news** Mercy General to open new \$170 million Alex G. Spanos Heart and Vascular Center

Mercy General's new Alex G. Spanos Heart and Vascular Center, which will provide state-of-the-art technology and patient-centered cardiovascular care for Northern California, will be open by the end of

April. The 123,000-square-foot facility will feature an expanded model for Mercy's renowned team of experienced cardiovascular care providers who offer a full range of cardiac services.

The amenities include: Four cardiac surgery operating rooms, including a hybrid operating suite, a 20-bed cardiac surgery intensive care unit, 71 private rooms, expanded cardiac and pulmonary rehabilitation center, new diagnostic cardiopulmonary care area, enhanced 21-bed cardiac ambulatory procedure area, advanced audio/video capability for training, new chapel, as healing garden, a serene park for patients and East Sacramento neighbors. The facility is located at 4001 J St.

## **New Sutter Clinic Fills** Large Hole in Care for Adults with Congenital Heart Disease

Until recently, there weren't many adults with congenital heart disease. Pediatric heart surgeries weren't common until the 1970s, and most children born with heart defects could expect to live only into their 30s. Many of them died before reaching adulthood.

Now, due to improvements late last century to pediatric heart surgeries, there are more adults in the United States with congenital heart defects than children with the disease, and that number is growing. Yet, there aren't enough adult specialists to treat and care for these patients. Pediatric cardiologists are trained and skilled in treating children with these defects, but they stop treating them at 18 years old. Adult cardiologists usually have little knowledge or experience with congenital heart disease.

The Sutter Heart & Vascular Institute, 5151 F. St., is changing this. It is launching the Sutter Adults with Congenital Heart Disease Clinic with a multidisciplinary team that includes adult and pediatric congenital heart disease specialists: cardiovascular surgeons, cardiologists, cardiac anesthesiologists, obstetricians, physician assistants, nurses, registered dietitians, social workers, financial coordinators, pharmacists and genetic counselors.

# The lives we touch inspire us

was born with a rare congenital heart defect that leaves one side of the heart severely underdeveloped. If untreated, a child rarely survives beyond the first hours or days of life That was Xavier's path when an air

To see Xavier in action, you'd never guess he

ambulance whisked the newborn to UC Davis Children's Hospital, where Pediatric Heart Center surgeons performed the first in a complex series of three procedures to reconstruct his tiny heart and increase blood flow to his body.

With two surgeries now behind him, the bubbly toddler takes it all in stride and greets each day with a smile that's uniquely heartening.

Xavier and other children like him inspire the UC Davis team to push the boundaries of health care every day. To learn more about Xavier's story, and the specialty services offered at this region's one nationally ranked comprehensive hospital for children, visit children.ucdavis.edu

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#### by Margie E. Burke The Crossword ACROSS Drink like Lassie 6 Quick cut 10 Give and take? **14** Pointless 15 White House w orker 16 Pirelli product 17 Like some substances 19 Charitable gift 20 Embed one plant into another 21 What's-hisname **23** Draw conclusions 25 Prefix with night or day 26 Carrying cargo 29 Go ashore **34** Genesis follow er 36 Pub craw ler 37 Money of China 67 35 Boadside helper vera 11 Jokers 38 Give a hand 68 Tortilla chip dip sometimes in a parable 69 Take notice of 40 Scottish hero

39 Seagoing one 42 Casino cube

43 Sprawling story 71 Like some 45 "Goodfellas"

48 Like some candidates 51 Nautical hazard

> **53** Fill with joy 55 Free from slavery

**59** Purported 63 Protection (var.)

\*Complex Physical Limitations \*Hospice

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See Hospital News, page 8

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# Helen Keller:

Perkins Institution for the a few foreign languages and

That school eventually recommended that Anne become Helen's teacher and instruct her under the methods of Perkins' first director, Dr. Samuel Gridley Howe (1801-1876).

Anne's first project was to teach Helen discipline and self-control.

And once Helen became a calmer person, Anne began to teach her words by outlining letters with her fingers in Helen's hands and associating those words with particular things.

Helen, who once said, "I have always felt I was using the five senses within me,"

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would eventually learn to also became competent in to ride a horse and dance in time to a fox trot or waltz.

Helen's studies includ-Wright-Humason School for the Deaf in New York (Massachusetts) School for 1914. Young Ladies.

In the fall of 1900, Helen became the first deafblind person to attend colfour years later.

lege, when she enrolled at rise above her adversities an speaks three (languag-Radcliffe College (now Radcliffe Institute for Advance others as "one of the greatest es besides playing the piano Study) in Cambridge. She accomplished the remarkable feat of graduating cum laude from that institution

SAS

read, write and speak. She lished writer of both maga- age (when Mrs. Macy first zine articles and books. Her took charge of her) had not first book, "The Story of My mathematics, and learned Life," was published in 1902.

With the assistance of Anne as an interpreter, Helen became involved with ed formal schooling at the many lecturing events, including the featured lecture of this article: the Sacra-City and the Cambridge mento lecture of March 16,

In a preview for that hour-March 14, 1914 edition, rethe age."

Anne's remarkable work with Helen, The Bee noted: "Mrs. Macy has been the teacher, guide and friend of Miss Keller for twenty-seven years. She made an ac- ity, it should be recognized complished woman out of a sightless, voiceless, deaf lit-

Helen also became a pub-tle animal that at 6 years of seemingly the semblance of intelligence."

In further publicizing the event, the article included the following words: "About two years ago, Charles White, a singing teacher of New England added his efforts to Mrs. Macy's in an attempt to teach her to talk, the success of which will be long event, The Bee, in its demonstrated next Monday evening by Miss Keller ferred to Helen's ability to herself. The young womwith the help of Anne and es) and reads five languageducational achievements of and violin. She has written two successful books and And in commenting about has a Bachelor of Arts degree from Radcliffe – a wellknown women's college."

Despite this historic account's reference to Helen's piano and violin playing abil-

See History feature, page 7

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# History feature:

that she actually did not play an instrument.

In a June 25, 1950 New York Times article, which was written in celebration of Helen's 70th birthday, it was mentioned that "legend has guilded (sic) the lily of her achievement and by exaggeration almost belittled it. Helen Keller does not paint or play the piano. Even as a child she was too impatient to model in clay; she wanted to use her hands in reading and she read so much the tips of her fingers ached."

Prior to the night's lecture at the Tuesday Club, which was entitled "The Heart and the Hand," the audience exonly Anne initially appeared on stage.

During that time, Anne, who married a Harvard University instructor named John Albert Macy on May 3, 1905, explained that the audience should not expect too much when listening to Hel- Helen spoke about "hearen's speech.

Anne later demonstrated through her feet. the method in which Helen learned to speak.

plained in the March 16, mento schoolchildren dur- 1, 1968, her legacy as one 1914 edition of The Bee, ing her visit to the capital as follows: "Even more city due to her scheduled Herculean (than reading trip to San Francisco on the one of America's most inby Braille) was the task of following day.

learning to speak through throat, the position of the acts from 1922 to 1924. tongue and the vibrations hands on the throat and lips and nose of her teacher."

In describing the moment her death. in which Helen spoke at the Tuesday Club, The Bee noted: "Listening intently, the ly in about 1933, Helen begreater portion of what she said could be heard, and little or none of it was missed by those seated near enough to see the movement of the lips and mouth. It was really an overwhelming moment for most of her listeners."

During a question and answer session at the event, which was free to Tuesday Helen Keller is known." Club members and had a perienced some suspense as nominal cost for other at- Polly Thomson became tendees, Helen was asked Helen's aide. Thomson how she was enjoying California.

With a smile, Helen re- of Helen's assistant until plied, "Oh, I like it. It's so Helen's death. full of sweet smells."

And after being asked to name her favorite faculty, disabled, a political activ-

Helen also expressed her Cleveland to John F. Kendisappointment with not nedy, died 26 days shy of That method was ex- being able to speak to Sacra- her 88th birthday on June

Anne and Helen later took pure mechanical develop- on another joint activity, as ment of the muscles of the they performed in vaudeville

Anne passed away at the received by placing her age of 70 on Oct. 20, 1936. She was completely blind in both eyes at the time of

As Anne was beginning to lose her sight completegan teaching her to use a new form of Braille.

In commenting about that act of kindness and appreciation, The New York Times noted: "The 'blind leading the blind' will henceforth have a new meaning wherever the story of Anne Sullivan and

After the death of Anne, died in 1960, and Winifred Corbally took on the role

Although Helen, who became an advocate for the ist and visited in the White ing" the vibrations of music House with every U.S. through her feet. President from Grover who overcame tremendous obstacles in life remains spirational stories.

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# Hospital News:

UC Davis MIND institute hosts Northern California premiere of Sounding the

Alarm' On Tuesday, April 29, the UC Davis MIND Institute hosts the Northern Cali- tivities. The film includes fornia premiere screening of "Sounding the Alarm," a film that gives viewers a of the MIND Institute, look at the profound chang- who speaks to the progress es that take place in the lives of autism research, autism

an interview with David

The screening will be held in the auditorium of the MIND Institute, 2825 part of the institute's Au-Amaral, research director



of 12 American families af-risk factors and the lack of ter their children receive an funding for resources and autism diagnosis. research

"This film highlights both the challenges and the resiliency of families with a child 50th St., Sacramento, as with autism spectrum disorder," Amaral said. "It will be tism Awareness Month ac- of particular interest to anyone who wants to learn more about autism - especially the day-to-day practical issues that confront families. The film is realistic, frightening and optimistic all at the same time." "Sounding the Alarm" fea-

tures Bob and Suzanne Wright, co-founders of Autism Speaks, who discuss their grandson Christian's diagnosis nine years ago and their fight to make a difference, not for everyone throughout the world affected by autism. The Wright's daughter, Katie, is also interviewed about her experiences, and viewers are given a look at Christian's intensive daily therapies.

Over the next decade, approximately 500,000 adoles-



David Amaral research director of the MIND Institute at UC Davis.

place. The film examines the "age out" of the system.

"Sounding the Alarm" explores the impact state-regulated health insurance has on North Carolina to Indiana.

only for their grandson, but cents with autism will tran- families. Among them are the sition into adulthood with Lawrences, whose son, Bradminimal support systems in ley, needs applied behavior analysis (ABA) therapy to concerns families face as they help him learn to commuprepare for their children to nicate and develop his social skills. In order for Bradley to receive appropriate treatment, his family must move from

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# Faces and Places

Photos by Monica Stark

With wedding season coming up, here are some pretty pictures of a local hot spot for tying the knot: the Fredrick N. Evans Memorial Rose Garden at McKinley Park, 601 Alhambra Blvd. To reserve Fredrick N. Evans Memorial Rose Garden, contact the Friends of East Sacramento, 452-8011, or e-mail Friendsofeastsac@aol.com. Additional information can also be found at www. friendsofeastsac.org.





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Know your neighbor:

# The Candy man from **East Sacramento**

Bv MONICA STARK

late Easter bunnies and eggs, Andy's Candy Apothecary, located at 1012 9th St., is a pastel-colored paradise decorated with kid-tested baskets, as well as slightly more "grown up" baskets. Just two months ago, it was all about chocolate hearts wrapped in red. "We sold out of all of the chocolate!" East Sacramentan Andy Paul, the store's owner, said about the holiday made for sweeties. "I was just became a hobby of mine." floored by how much business we had. It was crazy, but it was a good problem to have."

The easy-go-lucky, but highly organized sweet tooth, has a high bar for quality candies. Winning last year's Sacramento Downtown Partnership foundation's "Calling All Dreamers" business competition Andy said owning a candy store has been a dream, a "pipe dream really" for about three years, candy all of his life.

In an interview with the East Sacramento News, Andy discussed his passion for candy and how it's evolved over the years.

"I always loved candy," Andy said. "I bought it with all of my allowance, stockpiled it, and could sit down and eat a pile of it just for fun. And then as I matured, it changed, but never went away. Here's my philosophy about candy now: There is a lot of candy out there, and a lot of it is just OK. Lots of candy gets by just because it's sweet, or choccandy is something special. It capitalizes on the sweetness and brings something else: unique flavors, wellcrafted textures that make the eating of it a more divine experience."

For quite a while I have been a seeker and collector of great and unique candy (such as) oldiegoodies, new funky items, international candy. I even had a small can-

dy cabinet in my house that looks like a small candy store. And, then Chock-full of countless choco- over the last four or five years, candy stores and, sometimes, bakeries have become a part of how I tour another city. It's one of the first things I do a Yelp search for. And I especially fell in love with a few really wonderful candy stores in San Francisco. They were carrying great things (and not just things they make, but things from all over, that I'd mostly never seen before). So finding great candy

So the idea for his store came from his travels and the exploration of these places, but also from a thought he kept having about Sacramento. Included his description of this topic, he said:

"We moved here in 2001 and we were told by snotty Bay Area friends how 'Sacramento is boring. Don't move there,' but we fell in love with it anyway, and it kept getting more cosmopolitan and foodie and though he's been passionate about I kept thinking: Sacramento is totally ready for some kind of specialty candy store. There are plenty of gourmet foodies, (even including), food trucks."

Under the direction of what he calls "curated collection" concept, Andy decided that while he is an amateur candy maker, he refrains from making anything for the store, since it would complicate business operations. Plus, he said his "stuff really doesn't compete (yet) with all of the amazing things" he can find. While he first searches the local candy scene for olatey, or whatever, but really great the best products, he doesn't limit himself geographically.
"I have a high bar for quality—

I wasn't going to use local candy-makers if the product wasn't qual-

Luckily, the growing Sacramento scene supports some great local candymakers, and he chose some of their products to carry in the store, crafted Caramels are made with has weared off, they still get excited



G Sweets, dark chocolate rocky road as a little less sweet than a typical from Oscura, and bars from Midtown-based Ginger Elizabeth. "Her ed with great flavors," he said, addchocolate is fantastic and certainly deserves to be held up against the (from Florida) is hilarious—each other amazing selection of bars in the store," Andy said.

regular deliveries of finely-crafted truffles and caramels from Óaklandbased Michael Mischer and Barlo- mainstream chocolates, like Hervento, as well as, chocolates from shey's, Andy said, "they're not Casa de Chocolates in Berkeley. made with much real cocoa any-"These chocolatiers are some of the more—they're substituting othbest I know at what they do. They er things and flavors because it's make a quality product that tastes cheaper and because, by and large, great, looks great, and is unlike anything else you can find in Sacramenseems to care." to," he said.

further away. Candies from Colincluding Rock Toffee from Margie dark sugar that, Andy describes when he brings home samples.

caramel. It's "super soft, and crafting that "Raley's cut-rock candy piece of hard candy has a different design on it, such as emoticons, or Outside of Sacramento, he gets a coffee cup, or the word 'thanks'— -and it tastes great."

Upon discussing his dislike for

A father of two daughters, ages 6 For other unique products Andy's and 10, Andy said the girls' opin-Candy carries, Andy had to look ions of their dad owning a candy store has changed since opening day, orado-based Helliemae's Hand- Dec. 13, 2013. Though the novelty

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# 'A Sacramento Burlesque'

Sacramento County Historical Society honored achievements related to local history with awards and dance performance

By MONICA STARK

A new generation nostalgic for the revival of the burlesque emerged with a live performance in front of former dignitaries and regional historians at the Sacramento County Historical Society's 2014 awards dinner and fundraiser held at the Dante Club on Tuesday, March 25.

From the preservation of historic buildings, to the documentation of history in the written word, to live reenactments, the annual event recognizes Sacramentans who have worked tirelessly to keep history alive. In attendance were history makers, including former mayors Anne Rudin and R. Burnett Miller, as well as former burlesque dancer Patty Russell.

Awarded this year, in the category of education, was the Sacramento History Museum Gold Rush program; for preservation, local business owner mance to the music of the 1960s. Chris Pendarvis for restoring the former Primo's Swiss Club to its historical glory with its reincarnation as Arthur Henry's Supper Club and Ruby Room; for publications, Valley Community Newspapers' writer Lance art form with her focus on "the tease." Armstrong for his ongoing history series; and the special achievement award that she loved my glove work and that I went to Thom Lewis, president of the had captured the essence of classic bur-

West Sacramento Historical Society for demonstrating his passion of historv of West Sacramento by co-authoring two books, published by Arcadia Press, titled West Sacramento and the Port of Sacramento, as well as curating the Museum and Visitor Center, the first museum in West Sacramento, which was established on Feb. 20, 2005.

The Bodacious Bombshells Burlesque Revue ended the annual dinner, titled "A Sacramento Burlesque", with dance styles seen in Sacramento in the 1920s, 1940s and 1960s. Bombshells performer Bella Blue Eyes provided the first performance, set to 1920s jazz rhythms. Performer Chapelle interpreted the 1940s and 1950s, featuring big-band jazz music of the sort heard in West End jazz clubs, and Sugar Cheeks provided the third perfor-

Members of the Bodacious Bombshells visited with Russell (stage name Patty O'Farrell), former professional burlesque dancer, who complimented Cha-

"She told me that I did wonderfully,



Writer Lance Armstrong was awarded general excellence in publications and volunteers of the Gold Rush Days program accepted the award for general excellence in education at the Sacramento County Historical Society annual awards dinner.

lesque. Coming from a legend it made my night. She shared with me a little about her history and current goals. We didn't get to talk as much as I would have liked. We are going to have lunch once I'm back in town and free," Chapelle said.

Batty Brulée, the marketing direcpelle's performance of staying true to the tor for the Bombacious Bombshells, said she has loved burlesque since she was a young child, and is excited about her upcoming debut at 'We're All Bad Here—An Alice in Wonderland Bur-

lesque Adventure' on Saturday, April 12 at 8:30 p.m. at the Colonial Theatre. "I have loved burlesque since I was 5 years old. The (Metro-Goldwyn-Mayer) cartoons - the ones with the wolf and the dog and the girl. I wanted to be that girl and now I am," she said.

Miller said when he was younger, he frequented a local parlor at 4th and K streets. In a short interview with

See Burlesque, page 16

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# Burlesque:

this publication, he recalled his time spent there: "It ran for a long time. I went in the army, and when I came out, it was, to my amazement, still going. I had a good friend whose father owned it. I always wished I could own a burlesque parlor." Miller said he was never terribly active with the historical society. "I had a lot of friends who were very active. They dragged me. I just come to the events.

A member of the Sacramento County Historical Society since "forever," Rudin was the first woman to be directly elected as mayor by Sacramento voters, a position she held from 1983 to 1992. "I figured (the Sacramento County Historical Society) was something I should be a part of, since I was a big part of history. I didn't think I had that colorful of a life, but now that I've been through so much, I've been writing down my experiences for my-

self and my family (in the form of essays.) I never kept a diary. That's something I regretted-that I didn't write down things that happened to me from day to day, especially after I was in office. Now that I am distanced from it, I have begun thinking about it and I am now writing essays to myself, for myself, about things that have happened to me, people I've met – the things that made me enjoy my work on the city council and as mayor."

Upon introducing the honorees, Sacramento County Historical Society president Greg Voelm said, "Because history is our story, we've been telling it for 60 years here in Sacramento, and now, two to three generations of people have carried on the tradition. That's how our kids know. People will defend what they love but they can't love something they don't know. So tonight we're going to thank some of the people that have carried on the tradition

See Historical society, page 17



Shown above, members of the Bodacious Bombshells performed a burlesque show at the annual Sacramento County Historical Society awards dinner on Tuesday, March 25.

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# Historical Society:

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The first award of the night for the category, education, went to the Sacramento History Museum Gold Rush program, which engages fourth grade students from the greater Sacramento area. Accepting on behalf of the program were volunteers Becci Hanna, Debbie Sockolov, and Kathy Brunetti.

Sockolov said she believes one's love of history is an innate trait. "I think it's something you're born with." From Sacramento, with a degree in history from Sacramento State University, Sockolov said it was a no-brainer to volunteer with the program. "I just like giving back to the kids. I want the kids to experience going back in history and to look at the Sacramento River and imagine what it was like, whether there were goats coming down or walk around the buildings. Most of us make it very fun, so even if they don't like history, it's a very interactive. They get to pan for gold. But you can tell your little history nerds immediately in a group of kids. Within 30 seconds, you can tell which are enthralled and that was me. I was the history nerd."

On the flip-side, Hanna said she didn't know she cared about history until she actually went to the opening of the Sacramento History Museum. "Having lived here all my life, I thought, well, this is wonderful. So I got involved. I went to the opening and then I got involved many years later doing Gold Rush Days because a fellow I knew needed people to come. So I started with volunteerism and I got to liking it a lot. And then I realized I really like history. I like it now because you don't just have to remember dates. You get to interpret. You get to talk about the people, make them real."

Like Hanna, Brunetti's love for local history is a relatively new endeavor. A former Agriculture Program Supervisor for the California Department of Pesticide Regulation, Brunetti said she tells the children today why she volunteers. "I had a student ask me, how much do you get paid to do this? You do it as a volunteer because you couldn't get paid to have so much fun. I am a little bit of a ham and I like acting out in front of the kids."

William Burg, past president of the Sacramento County Historical Society and current presi-

dent of the Old City Association, said last year there was pretty amazing progress in the city of Sacramento. There was the third floor of the Governor's Mansion, the renovation of the liorary at the courts building, but the selection for the excellence in preservation award was for a little more of a "mundane" project. "It's a relatively typical business building on a relatively typical business street that has been crying for attention for a long time," Burg said.

Once a dilapidated, abandoned building in Oak Park on Broadway, Pendarvis took the former Primo's Swiss Club and restored it to its historical glory. Arthur Henry's Supper Club and Ruby Room, 3406 Broadway, with a full bar, a lounge with nightly music, and upscale restaurant. "(Pendarvis) restored the upstairs apartments, which represents a change in the weather in that neighborhood. Instead of an abandoned, decaying building with a vacant lot next to it, it's a thriving local business with residents with opportunities nearby for investment in the community. And we're seeing new buildings going up across the street, which is called the Broadway Triangle project. This is just the sort of idea the Sacramento Old City Association wants to represent is the grand buildings of Sacramento coming back together and being open to the public. It's fantastic and it's a wonderful accomplishment...Also they serve a pretty good steak."

Lana Palhaumas, a West Sacramento resident and member of the Sacramento County Historical Society, said she nominated Lewis for the special achievement award because she "felt it was time to show some appreciation" for his exhibits in the history gallery, located in the West Sacramento Community Center, 1075 West Capitol Ave. "(Lewis) has a real skill and appreciation for California history and local history and he works with the Yolo County Historical Society at the Gibson House in Woodland. He featured our journey series with the first families of East Yolo, The exhibits focused on early Portuguese and Hispanic communities of West Sacramento," Palhaumas said.

As it has been discussed at length, The Sacramento County Historical Society members share a love of history in a variety of ways - bringing it to life and making it happen. They welcome your participation. To get involved, visit www.sachistoricalsociety.org/

# **Solution to Crossword:**

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# CALENDAR

leadership coordinators. Volunteers of all

ages and backgrounds are welcome. Each year

from Feb. 1 through April 15, AARP Tax-

Aide volunteers prepare federal, state, and lo-

cal tax returns for low and middle income tax

pavers, with special attention to those age 60

and older. Volunteers are especially needed to

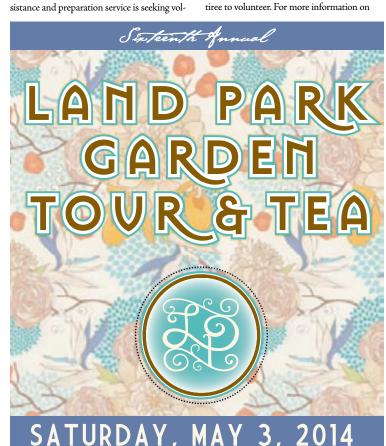
assist with electronic filing of tax returns. You

do not need to be an AARP member or re-

ation to: editor@valcomnews.com at least two weeks prior to publication.

## **AARP** tax aide seeks volunteers for 2014

The nation's largest free, volunteer-run tax assistance and preparation service is seeking vol-



TOUR ONLY: \$25 | \$20 IN ADVANCE | TOUR AND TEA: \$45

FOR MORE TICKET INFORMATION CALL (916) 606-4195 OR HS-PS.COM

Clarion Inn at Arden Fair • 1401 Arden Way

Ticket prices start at \$25 • http://www.sacramentobanioband.com/banio-rama/2014.

Proceeds over and above expenses will go to children's charities in the Sacramento area.

how you can join the AARP Tax-Aide team in Northern California, contact Ron Byrd at No-CalTaxAide@Outlook.com or visit website at;

# **Mahogany Urban Poetry Series**

· Queen Sheba - poetry readings Each Wednesday from 8-11 p.m. at Queen Sheba in Sacramento, local talent makes it way to the restaurant for weekly open-mic events, \$3-\$5, 1704 Broadway.

#### **Brain Gymnasium**

Exercise your mind and have some fun at this on-going Brain Gymnasium class! Inviting all seniors to Eskaton Monroe Lodge, 3225 Freeport Boulevard, 9:20 a.m. Thursdays. \$6 per class. Call 441-1015 for more information.

### **Women with Good Spirits** monthly meeting

Women With Good Spirits is a networking group that engages women in the Sacramennmunity with non-profit organizations that make contributions to our quality of life and care for our fellow residents. Each month, Women With Good Spirits invites a community non-profit to present on its mission work. The meeting is held at Revolution Wines on the second Tuesday of each month and starts at 6:30 p.m. The presenter will start their presentation promptly at 7:15 p.m. and will last 15-20 minutes with an open question and answer forum after. RSVP is appreciated as well as a \$5+ donation per person that will go directly to the non-profit presenting that month Revolution Wines is located at 2831 S St. Visit www.womenwithgoodspirits.com or find the group on Facebook.

## **Davis Art Center invites teen** girls to write and publish

find out how many banjo players it takes

Hear concerts from the world masters.

Jamming until the bar closes on May 2nd and 3rd.

regarded as the world's greatest on four string banjo

eadliners & Special Guests:

to play one chorus of Bye Bye Blues.

The Davis Art Center is offering a six-week creative writing class for girls ages 13-18 from 4 to 6 p.m. Tuesdays starting February 11. The class will offer a positive, supportive space for girls who love reading and writing and are interested in discovering and developing their individual voices. Participants will use short stories by a diverse range of contemporary women writers as jumping off points for their own writing sessions. Each

student will pick her best writing to include in a class-produced literary magazine. The class will be taught by Elise Winn Pollard, who earned her M.A. in creative writing from UC Davis. The fee is \$95 for Art Cen ter members and \$105 for the general public. To enroll, stop by the Art Center at 1919 F. St., call (530) 756-4100 or register online at www.davisartcenter.org. Students must be registered at least two weeks before the first

## **Gentle Qi Gong**

stress, reduce physical pain and emotional suffering, lower blood pressure, increase immune response and improve balance. Inviting all seniors to Eskaton Monroe Lodge, 3225 Freeport Boulevard, 3 to 4 p.m., Wednesdays. \$7 per class. Call 441-1015 for more informa-

### Attn. students: Submit now for water efficiency video contest

High school students can win cash prizes and the chance to view their video on the Ralev Field Iumbotron by entering the 2014 Water Spots Video Contest. The contest. sponsored by the Regional Water Authority (RWA) and the Sacramento Bee Media in Education (MIE) program, challenges teens to create compelling and original 25-second Public Service Announcement (PSA) videos on a select water efficiency topic. The 2014 water efficiency theme is: Don't be a gutter flooder: Prevent overspray and runoff. Judging will be based on creativity, entertainment value, accuracy, originality and incorporation of the water efficiency topic. Finalist videos will be displayed on the Raley Field Jumbotron screen and winners announced at a Sacramento River Cats game in April 2014. Winning students and their teachers will also get cash prizes. The grand prize winner's spot may become part of RWA's 2014 television ad campaign. Submissions due Feb. 28. Visit www.BeWaterSmart.info for more information and tips on using water more efficiently and to submit entries or get more information about contest rules, judging and prizes, visit www. sacbee.com/water-spots

## **California Youth Basketball** League taking applications

CYBL is a non-profit year round league for ages 4 through 18 that prides itself on being well organized that aims to develop basketball skills, sportsmanship and self-esteem through coaches, gym official and organizers. Visit www.cybhoops.com or call 391-3900.

#### Kiwanis Club of Fast Sacramento-Midtown

Visitors Welcome, weekly breakfast meeting on Fridays at 7 a.m. Topical weekly speakers and 'first meal for visitors on us'. Meet at The Kiwanis Family House, (at UCD Med Ctr/ 50th St & Broadway) 2875 50th Street Sacramento. CA 95817, www.eastsacmidtownkiwanis.com. Meeting/Membership info: 916-761-0984, volunteers always welcome!

# The Sacramento Capitolaires

A men's Barbershop Harmony group, meets every Tuesday night at 7 p.m. at Pilgrim Hall (Sierra Arden United Church of Christ), 890 Morse Ave., Sacramento. Info www.capitolaires.org, call 888-0877-9806, or email info@capitolaires.org

#### Artisan holds Food Drive

Artisan Salon is participating in the Spirit of Giving Food Drive. Over the last 17 years the Spirit of Giving (SOG) drive has helped Sacramento Food Bank collect and distribute over 4.6 million pounds of canned and non-perishable food items for local families in need. Help support families in need by participating in this year's drive! Artisan Salon is located at 3198 Riverside Blvd.

### Soroptimist International of **Sacramento South meetings**

A service organization dedicated to insure the status of women and girls, the group meets at Aviator's Restaurant, 6151 Freeport Blvd. for lunch and to discuss the day's topic. Meets the second and fourth Tuesday of each month at 12:15 p.m. The meetings discuss our fund raising Projects and Community Service, often with speakers from our community.

# **May Festival & Open House** Rama 2014 How Versatile Can a Banjo Really Be? Saturday, May 3rd

9:30-10:30am 10:00am 11:00am 12:00pm 12:30-1:30pm Early Childhood Open House **Preschool Puppet Show Maypole Presentations** Picnic (food for sale) Grades 1 to 8 Open House





www.camelliawaldorf.org

5701 Freeport Boulevard, Sacramento CA (916) 427-5022 ext. 13

#### **Rotary Club of Pocket** Greenhaven's annual Spaghetti Feed Fundraiser

April 19: The annual spaghetti feed fundrais er will be held at Aviator's Restaurant at Executive Airport, starting at 6 p.m. with a no host bar and a 7 p.m. dinner; \$20 per person for dinner. Music and Dancing courtesy of DJ Razor and Egroup. Raffle prizes and more!

Elks Lodge No. 6 parking lot sale April 19: Parking lot sale. \$15.8 a.m. to 1p.m. 6446 Riverside Blvd.

### Carmichael egg hunt and pancake breakfast

April 19: Egg hunt starts at 10 a.m. sharp. Arrive 30 minutes early and bring your own basket. Age groups divided by 2 and younger, ages 3-4, 5-6, and 7-8. Pancake breakfast goes from 7 to 11 a.m. Adults are \$5 and children 12 and younger are \$3. Vendors, arts and crafts, the Easter Bunny, children's activities, golden eggs and more. Call 485-5322 or visit www.carmichaelpark.com

#### Spring Eggstravaganza at **Fairvtale Town**

April 19, 20: Egg hunts, prizes, spring-themed arts and crafts, and Peter Cottontail. Egg Hunts at noon, 1 p.m., and 2 p.m., separated by age groups from 0 to 12 years. The Puppet Art Theater will perform Bunny Boot Camp.

## Doggie egg hunt

April 20: Egg hunt, agility fun, games and prizes abound for dogs at Carmichael Park Vets Hall Lawn from noon to 1 p.m. Call 485-5322 or visit www.carmichaelpark.com Fee is \$7 per dog. Pay at the event. Sponsored by Happy Dogs Training and Agility.

Eastbound Hwy 50 lane closure begin April 22: Expect heavy traffic delays throughout region as part of Fix 50 Project.

#### Race for the STARS

April 27: For details, visit www.raceforthestars.com, is a fun family event that raises money for SJUSD schools. This year, the 5K run/walk and kids race event will take place on Sunday, April 27th at Rio Americano High School. The kids races take place at 8 a.m. and the 5K run/walk will take place at 8:30 a.m. The family festival with food and drink, music and activities for the entire fam ily will follow the race. Adults are \$30, Students are \$15, and kids under 12 are \$10.

## **Garage Sale benefiting nonprofit** daycare, Forever Young

April 26: Large multi-family sale featuring items from pre-school closure. From 8 a.m. to 1 p.m., small furniture, clothes, sporting goods, books, toys, office equip ment, tools, camping gear, seasonal and holiday decorations will all be out in the play yard, 1209 P St., Sacramento.

## **Sacramento Community Concert Association performance**

April 27: SCCA presents talented, young, local classical chamber musicians and The Mondavi Center/SF JAZZ High School All Stars at 3 p.m. at Westminst er Presbyterian, 1300 N St. Coordinated by Susan Lamb Cook, these seven gifted students will play great works from the chamber music repertoire. Directed by Mike McMullen, the Mondavi Center/SFJAZZ High School All Stars are an elite high-school-age jazz performance ensemble selected by audition. As the premier jazz group for Mondavi Arts educational outreach, they perforn an eclectic repertoire drawn from the giants of the jazz legacy, and original material

# Arbëresh of Sacramento to present Arbëresh genealogy luncheon

The Arbëresh of Sacramento was formed in the 1990 to promote, study and preserve the Arbëresh culture and heritage. The purpose of the organization is to provide a social organization for the Arbëresh-American immigrants and their descendants from the provinces of the region of Sicily and Italy, who reside in United States.

The club will hold a genealogy luncheon on Saturday, May 3 at the Dante Club, 2330 Fair Oaks Blvd. The cost is

after the meal.

The workshop will emphasize Arbëresh genealogy and culture, including general genealogy. It will ask the questions: Who were my ancestors? Who am I related to? So, come and finding your family roots, as Arbëresh genealogy experts Josie Plescia Vaughn, Leita Spoto, and Joni Saunders will be there to help you explore Arbëresh genealogy and \$25 per person. Registration starts at more. It should be a fun and interesting president Jim Relles at 441-1478.

11:30 a.m. and will be followed by a time for all – the public is welcome! The buffet lunch at noon and a workshop cutoff RSVP date is April 24. Mail-in payments must be received by April 24.

To attend the Arbëresh genealogy luncheon, pay with your credit card via PayPal at arbereshofsacramento.org or mail in your checks payable to Arbëresh of Sacramento to: Arbëresh of Sacramento, P.O. Box 161858, Sacramento, 95816. Include the names of the people attending. Questions? Email info@ arbereshofsacramento.org or call club

composed and arranged by group members. In addition to the core ensemble, this concert will feature other notable young talent from the area. Regular subscription: \$90, Group discount (8 or more people): \$75, Students subscription: \$45, Single Ticket: \$25. For more information, contact Sacramento Community Concert Association www.sccaconcerts.org; info@scc.aconcerts org: 400-4634

# Pocket News, Nextdoor Greenhaven, JFK HS to host political forum

April 28: Meet the candidates for city cou cil district 7 and assembly district 9 at this inity event, moderated by Sacramen to City College instructor Jared Anderson. Candidates will have the opportunity to ovide their bios and you, dear reader, are welcome to ask questions afterward. 6:30 to 8:30 p.m. in the large theater at John F. Kennedy High School, 6715 Gloria Dr, Sacento. For more information, call Moni

### SCUSD workshops help parents understand new online tests

ca 429-9901.

April 29: Students across California are getting ready to participate in a trial run of the state's new online assessment program which will eventually replace papernd-pencil testing. The new Smarter Balanced Assessments will be field tested in SCUSD schools beginning April 7. To help parents learn about the new tests, SCUSD sponsoring a series of parent workshops

# May

### May is Bike Month

May 1-31: May is Bike Month. 10th Annual Sacramento Region monthly challenge Nicely complements Fix 50 vehicular traffic jams. Events run all month long.

that focus on the assessments and the learn-

ing standards to which they are tied. Work-

shops are scheduled for 6 p.m. to 7:30 p.m.

on Tuesday, April 29 from 6 to 7:30 p.m. at

Nicholas Elementary, Will C. Wood Mid-

dle School, Hiram Johnson Middle School,

Matsuyama Elementary, California Middle

School and Luther Burbank High School

### **Mental Illness Walk**

May 3: Northern California National Alliance on Mental Illness Walk. 8 to noon, Village Green.

Carmichael community vard sale May 3: Clean out your office, household items, collectibles, toys, and other items. Location is La Sierra Community Center, 5325 Engle Road, Carmichael, Booth space is 10 feet by 10 feet and the cost is \$20 per booth or two for the price of \$30. Can't buy

a booth, but want to donate stuff? The Carmichael Chamber will have a booth. All proceeds to benefit the Carmichael Community Beautification Program. The Salvation Army truck will be available after the event. For booth space, call 485-5322, ex-

# The Four Points by Sheraton, 4900 Duckhorn Dr. Sacramento Valley Coin Club Spring Coin Show Friday May 2, 10am-6pm - Saturday May 3, 10am-4pm

COINS BOUGHT AND SOLD! Free appraisals.

**East Sacramento** 

free parking, free hourly door prizes! Gold and Silver Coin Raffle! Youth activities! www.sacvalcc.org \$3.00; under age 18 free

ADMISSION

Steve Walker

(916)448-2848 steve@walkerrealty.net www.WalkerRealty.net



Lovingly cared for with a nuge family room.

\$385,000





# Christ is risen! Christ is risen indeed! Alleluia! Alleluia!

**HOLY THURSDAY WORSHIP GOOD FRIDAY MEDITATION EASTER SUNDAY WORSHIP** 

Thursday April 17 - 7:00 pm Friday April 18, Noon April 20 - 10:30 am

2100 J Street, Midtown • For more information 446-5025 or firstumcsac.org





Relles Florist & Gifts

2400 J St. 916-441-1478

FREE PARKING



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### **EXQUISITE RENOVATION**

4 bedroom 3 bath Fabulous 40's home where old world charm This stately 5 bedroom 4 bath home on 38th Street will amaze meets all the modern amenities! 2722 square feet with an open floor plan concept connecting the living room and dining room to kitchen with quartz counter tops, and leading to family room that opens to a beautiful backyard. \$1,224,900

#### **JAMIE RICH 612-4000**



#### **PICTURESQUE EAST SACRAMENTO**

you! Over 3600 square feet with features including a grand entry, polished floors, spacious rooms and beautiful landscaped lot. The backyard includes patio, sparkling pool, spa and a water feature. What fabulous home! \$1,299,000

#### **DAVID KIRRENE 531-7495**



#### **MEDITERRANEAN MASTERPIECE**

One of East Sacramento's finest homes! Wake up to the tree tops filtering the morning sun or entertain in rooms that invite the outdoors in. Unique features, a spacious artist's studio, guest wing complete with kitchen and an apartment over the 3 car garage. \$1,200,000

#### **CHRIS BRIGGS 834-6483**



#### **MCKINLEY PARK**

McKinley Park at its best! This 3 bedroom 2 bath home offers a remodeled kitchen, refinished hardwood floors, a vintage fireplace, a spacious floor plan, a wine cellar in the basement, and a large formal dining room. Remodeling garage and studio/art/office space. \$749,000

# **TIM COLLOM 247-8048**



## **FABULOUS FAB 40'S**

Spacious remodel over 3300 square feet with 5 bedrooms  $4\frac{1}{2}$ baths! Nicely redone with features including a chef's kitchen, butler's pantry, an amazing master suite, upstairs mini suite and and downstairs guest bedroom with bath and slider to backyard. Bonus room off garage. \$1,350,000

# **JAMIE RICH 612-4000**



## **EXCEPTIONAL PROPERTY**

The "Didion House" in Poverty Ridge! 4 bedrooms 2 full baths and 2 half baths with 3rd floor media room that features stateof-the art equipment. Turn of the century woodwork and detailing; new kitchen and full basement. Beautifully updated while reserving the home's original quality and style! \$1,495,000

### **SHEILA VAN NOY 505-5395**



# THIS HOUSE HAS PIZAZZ

Remodeled in 2005, great architecture and colors throughout!. Downstairs bed & bath. Media room! Large living rm w/gas log fireplace The beautiful kitchen and formal dining room overlook the landscaped yard with pergola. Enjoy the private master suite sitting area and awesome bathroom. \$775,000

**DAVID KIRRENE 531-7495** 



# **ELMHURST PARKWAY HOME**

Lovely 3 bedroom 2 bath is loaded with charm! Large open kitchen, gleaming hardwood floors, beautiful crown moldings. and formal dining room with built-in hutch. Upstairs is a master suite for relaxing. Here's the best part - a finished detached bonus room with half bath. \$499,950

**TIM COLLOM 247-8048** 



# **CENTRALLY LOCATED**

Comfortable 2 bedroom home, close to midtown activities, restaurants and coffee shops. Wood floors, newer roof and central heat and air. Built-in cabinetry in the dining room with French doors to living room can make this special for entertaining. Bring your creative ideas and make this home your own!!! \$277,000

**LIBBY NEIL 539-5881** 

for current home listings, please visit:

Dunnigan Realtors.com 916.484.2030

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