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Introducing East Sacramento Farmers’ Market vendors

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Squeeze Inn’s history includes founding in East Sacramento, recent fire at former building

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# Meet the vendors at the East Sacramento Farmers' Market

Compiled by MONICA STARK

*Editor's note: The East Sacramento Farmers' Market is a year-round Saturday morning market at 35th Street and Park Way in McKinley Park. Market hours are 8 a.m. to 1 p.m. From pralines to flowers and produce, the farmers' market exemplifies some of the best around from various types of businesses. What follows is a compilation of descriptions of the businesses provided by the vendors themselves as well as their thoughts about the first farmers' market, which was held on Saturday, May 17. All of the vendors, present that day, were asked to submit, though not everyone did.*



Photo by Stephen Crowley

The East Sacramento Farmers' Market had a big draw opening day, on Saturday, May 17. The weekly market supports local vendors as well as vendors hailing from as far south as Salinas.

Carmen Hobbs, owner of **Carmen's Praline Delights**, specializes in pecan pralines. She started her business last November. Carmen's pralines are made by hand using traditional, time-honored methods and the finest ingredients, including Madagascar bourbon vanilla and pecans from the southern San Joaquin Valley. This beloved confection is perfect alongside a cup of coffee or enjoyed as an after-dinner dessert. "The first day of the East Sacramento Farmers' Market was fabulous. By 11 a.m., my product was sold out. What I enjoyed most was the people. I was so impressed by the support from this close-knit community and look forward to meeting more people at next Saturday's market," she said.

For 30 years, **Penrod Farms** owners Kelly Penrod and Desiree Rufer have been selling local, raw, unfiltered honey from naturalized areas. They sell award-winning infused honeys, beeswax, pollen, as well as humanely-raised rabbit and quail meat. Penrod Farms also offers French Angora rabbit, alpaca, and

sheep's wool fiber for those who do fiber arts like knitting, spinning, and felting. "We're a family owned business that incorporates the philosophy of reduce/recycle/reuse to have the least environmental impact in everything we do." Penrod can be found online at [www.penrodfarms.com](http://www.penrodfarms.com). They even have Facebook, Etsy, Pinterest, Twitter.

Asked about the first East Sacramento Farmers' Market, they said in a joint statement: "We're very happy to be a part of the East Sacramento Farmers' Market in beautiful McKinley Park and are looking forward to growing with it as they offer more vendors and a wider variety of products. We love the friendly, family-oriented atmosphere of the park and neighborhood, and, of course, our customers!"

Three years ago, **Simply Manna Gourmet Mushrooms** was born out of a sustainable ag-

See Farmers' Market, page 4



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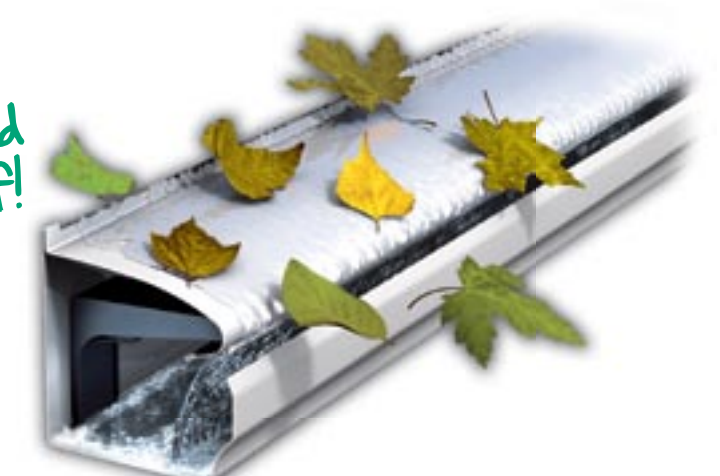
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## Farmers' Market:

Continued from page 2

riculture research farm with renowned mycologist Dr. John Holliday. The focus, owner Joey M. Schlaegel said, was to create an energy independent system and method to grow edible mushrooms on agriculture waste to provide a food and revenue source to the impoverished. Well, their system accomplished that and more. The mushrooms are certified organic. About the market, Schlaegel said it "was fun" with "great people and vendors. We did well for a first market. I liked the community feel and the locals. I'd like to see more signage, many people had no idea it was going to be there, so they didn't come prepared to shop."

Three years ago, Susan Koric began her business, **The Pasta Queen**, a premier fresh pasta company in Sacramento. All of her raviolis and pastas and sauces are made fresh, with no preservatives. "(Saturday's) market at McKinley Park was great and exceeded our expectations, so we plan to increase production for next week to meet demand. (McKinley Park is) a wonderful location, and is a great gathering of East Sacramento neighbors and friends. Lots of other fantastic vendors there, good opportunity for local residents to buy fresh local food and learn from the grower / producer!"

Roxana Walker, owner of **Dragon Gourmet Mushrooms**, which was established in 2000, has recently made

the transition from their Sacramento downtown "River District" warehouse location to a farm in Sloughhouse. DGM specializes in the production of gourmet mushrooms, including: brown, blue, golden, and the king or eryngii oyster, Shiitake, white and brown Beech and Enoki mushrooms.

"Our first East Sacramento Farmers' Market went well. I did hear a lot of people making comments about not knowing of its presence, but overall, people were excited that we were in the neighborhood. I would have like to see more vendors, and for such a small market, to have two mushroom growers almost next to each other was rather odd. We'll see how things progress," Roxana said.

Jules and Jeff, owners of **Liquidology**, began their juice business in 2013, using organic produce to provide the healthiest juices possible. About the first market at McKinley Park, Jeff said, "(The) market was great. We met a lot of wonderful people and were able to educate the community about the benefits of cold pressed juices. We also sold out, which was awesome for the first day. I loved the pedestrian traffic that the market draws from the local neighborhoods. It was great to see all the families embracing the market and its vendors. McKinley Park is also a beautiful park and an iconic spot in East Sacramento. There really wasn't anything I didn't like about the market. Organizer Ann Vuletich Clark did a fan-

tastic job bringing the market to East Sacramento and organizing the vendors, booths and parking. We are excited to see this market grow to become a major part of the East Sacramento Farm-to-Fork culture.

**Loving Nature Pesticide Free Farm**, has been in operation for 61 months. "Loving Nature is unique because of the vision of the farmer, Michael Wong, who wishes to provide the community with genuinely safe, healthy, delicious produce while simultaneously making a commitment to the environment by abstaining from the usage of pesticides, both synthetic and organic, herbicides and synthetic fertilizers." Representing the farm, Lee Jackal said she felt like the market started off slow, but remained steady. "I believe there is a lot of growth potential, as many people are still unaware that the market has begun, and I think as the season progresses, the market will expand. I like the neighborhood a lot. The people I spoke with seemed very supportive and appreciated the presence of a pesticide-free, natural grower. Again, I suppose I found it a bit slow, but I believe that there is a lot of potential here," she said.

## Janey Way Memories:

# Hanging out with my aunts



By **MARTY RELLES**  
marty@valcomnews.com

The Relles/Petta family has always been close-knit. When I was growing up on Janey Way, the family gathered often for holiday dinners, parties and road trips.

So it's no surprise that after I retired in 2001, I began to meet regularly with my aunts at their Thursday coffee gathering. Back then, my mother, and aunts Alice, Kay and Margaret met regularly at the Muffin's Etc. on 57th and H streets. That gathering has since moved to La Bou on Howe Avenue.

It is no big deal. We usually just chat about current affairs, family happenings and stories from the past. The stories these ladies tell crack me up.

For example, my aunt Kay recently told me about my (step) Grand-

pa Rosario Petta's migration from Sicily to the USA. He arrived first in New Orleans, Louisiana. There he worked for the railroad, saving money to pay back for his passage here. She tells me that after his first week on the job, he stood in line to sign for his pay. Standing there, he noticed the men signed their pay slip with an X. So when he reached the front of the line, Rosario, a man who read and wrote in three languages, signed his pay slip with an X. The sad truth is that the other men could neither read, nor write, hence the X.

After he finished repaying his passage to the USA, Grandpa Petta moved up the Mississippi River to Chicago Heights, Illinois. Some of our family still lives there. It was there that Grandpa Petta met my grandfather Xeverio Relles and grandmother Elena Sclafani/Relles. He rented a

room from the Relles' and they all became good friends.

Sadly, my grandfather Relles died in the 1920 Spanish flu epidemic that killed more than 500,000 people in the USA alone. When that happened, my grandma took her three boys, George, Ross and Martin Relles to Sacramento to be with family. Grandpa Petta followed her to Sacramento.

There, he proposed to her. With three boys to raise, she needed all the help she could get. She accepted his proposal. Soon they managed to acquire a property on 52nd Street and 14th Avenue in an area called Colonial Heights. Grandpa Petta, a farmer, liked this property because it was located above the flood plain.

One day in the 1920s, as they sat in their kitchen drinking coffee, Grandma said to Grandpa, "When I married you, I thought that you had



money from the "old country." He replied to her, "I thought you had money from insurance from your husband's death." They both laughed and went on with their challenging lives, raising seven children. Ultimately, five of those children graduated from University, a testament to the Petta's hard work and working class values.

I won't see my aunts this Thursday as they will be out of state attending a family wedding. But, on the following Thursday, we will gather as usual to share more stories and reminisce about our Janey Way memories.



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# Squeeze Inn's history includes founding in East Sacramento, recent fire at former building

By LANCE ARMSTRONG  
Lance@valcomnews.com

Editor's note: This is part two of a two-part series about the history of the Squeeze Inn restaurant.

The popular Squeeze Inn restaurant chain, as noted in the first article of this series, has a long history, which began with a single location in East Sacramento.

But most longtime Squeeze Inn customers do not recall a location of the business prior to its operation at 7918 Fruitridge Road, where a suspicious fire coincidentally occurred on May 14, about nine

hours after the first article of this series was printed.

Ruth Noblett, widow of Ken Noblett, who co-founded the Squeeze Inn in 1982, explained that the business's existence at 4087 C St. in East Sacramento was short-lived due to a change in plans by the building and property's owner, the East Sacramento business, National Linen Service, at 3391 Lanatt St.

"In January 1986, Ken got a letter that (National Linen was) going to tear that building down and make it a parking lot for their trucks, so he had to vacate," Ruth said. "The last day we were open at that location was Valentine's Day of 1986. Then we started looking for another place and we both took other jobs."

But only about a year would pass before the Squeeze Inn would relocate to Fruitridge Road.

In recalling early details regarding that location, Ruth said, "(Ken) was on his way to the dump, actually, when he saw a little bitty sign in the window at 7918 Fruitridge Road. He went in and had a hard time getting them to rent it to him, but they finally did.

"It had 11 stools and we opened that one in March of 1987. And then Ken and I ran and operated it. We had a cook. His name was Dave Rendle. A lot of people thought he owned part of it, but he didn't. He lived in the little apartment above our garage (on Arvilla Drive). And so, it was Ken and me and Dave, our cook."

Ruth said that a death in their family and Ken's poor health, led them to sell their beloved Sacramento restaurant.

"We had buried a child, and we were ready to move away and do something different," Ruth recalled. "And Ken had always wanted to live on a farm, and so that's what we did. We bought a farm here (in Stockton, Mo.). That was in 2001. Our son died in 1999. And Ken had a massive heart attack in 1994 also."

Ruth added that it was also during 2001 when Ken sold the Squeeze Inn.

"We operated it until we sold it to Travis (Hausauer), who owns it now," Ruth said. "Actually, we were selling it to Ken's friend, Greg Svoboda. Don't ask me where (that name) comes



Photo by Lance Armstrong  
A fire occurred at the old Squeeze Inn on Fruitridge Road on May 14. Shown in this recent photograph is the back of the building, which reveals the majority of the structure's exterior damage caused by the fire.

from. He was a huge Indian guy, and he didn't have any money. And so, he brought in his friend that he had been in Desert Storm with, who was Travis Hausauer. He was the one who brought Travis in, because Travis' (parents, Eugene and Lucinda Louise 'Cindy' Hausauer; and his aunt, Louise Dowdell) could underwrite. (They) loaned them money. And the two of them bought the Squeeze Inn on Fruitridge (Road) from us."

Svoboda died two years following that sale, and Hausauer has since continued to build upon the popularity of the restaurant that he acquired.

The operation of the old Squeeze Inn on Fruitridge Road is only a memory, but the business is flourishing with nine locations - 1630

K Street, 5301 Power Inn Road, Suite 100, and single locations in Roseville, Galt, Yuba City, Madera, Vacaville, Tracy and Napa.

On April 13, the West Sacramento Squeeze Inn location at 1350 Harbor Boulevard was closed. But with the Madera eatery's opening four days later, the business's location total returned to nine.

The popularity and somewhat cult-like following of the Squeeze Inn was evident due to the many locals who expressed their sorrow and disappointment regarding the news of the May 14 fire at the old Squeeze Inn building on Fruitridge Road.

After responding to the fire at about 8:20 p.m., the

See Squeeze Inn, page 7

## Squeeze Inn:

Continued from page 6

Sacramento Fire Department was able to contain the fire in about 10 minutes.

The fire, which caused mostly interior damage to the building, was deemed suspicious due to the structure's vacancy and barred entries, and is under investigation as a suspicious incident.

As for the Nobletts, despite selling their business in Sacramento, it would not be long before they would return to their routine of operating a Squeeze Inn restaurant.

After moving to Stockton, Ken decided to establish a Squeeze Inn in that little Missouri town, which has no stoplights and a population of about 2,000.

The location of that eatery, which opened at the address of #10 Public Square, in April 2002, served the community well until a tornado blew its building away on May 4, 2003.

Ruth said that she had to be talked into continuing the existence of Stockton's Squeeze Inn.

"We had a partner (Rod Tucker) and dissolved that partnership after the tornado," Ruth said. "I didn't (want to continue the business). I wanted to retire. (Ken) really wanted to and Rod really wanted to, so they kind of talked me into it."

Additionally, Ruth said that because of a high interest loan, they "couldn't really not reopen."

The second Squeeze in Stockton opened at 404 Arby Road in October 2004.

Ken died at the age of 63 in November 2009, and Ruth has been the sole owner of the business since that time.

Ruth noted that she has some good news in terms of the continuance of Stockton's Squeeze Inn.

"Our son (Gabe) has just told me that he wants to carry on his mommy and daddy's legacy," Ruth said. "He graduates from Missouri State (University) in December. He wants to take (the res-



Photo courtesy of Ruth Noblett  
Ken and Ruth Noblett are shown in front of the first of their two Squeeze Inn locations in Stockton, Mo. This establishment's first Stockton structure was lost in a tornado in April 2002.

taurant) over, because I'm ready to retire. I'm getting ready to turn 64 and I'm tired."

And as for the expansion of the Squeeze Inn in Sacramento, Ruth said, "What's really funny about it is my husband was a frustrated comedian, truly, and that restaurant was his stage. And one of his routines, really, was people would say, 'You should open one in such and such a town.' And my husband would always joke and say, 'Oh, I have too small of a mind to do that. I can't do that.' So, when we found out that Travis had opened other ones, and that they were still serving quality food for a good price, we were thrilled. I mean, literally thrilled."

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# East Sacramento nonprofits to benefit from United Way's Toilet Paper Drive

United Way California Capital Region is asking the community to spare a square by donating to its 6th Annual Toilet Paper Drive on June 12 that helps local nonprofits offset the cost for this staple item, including two East Sacramento nonprofits. Local nonprofits spend anywhere from a few hundred

to thousands of dollars a year on toilet paper – money that could be invested in programs changing lives. Sacramento Life Center, whose primary medical clinic and headquarters are located in East Sacramento, spends \$1,300 a year on toilet paper between its primary clinic and its two Mobile Medical Clinics. Thanks to

the Toilet Paper Drive, Sacramento Life Center will instead be able to provide the 2,000 women and teen girls they see each year with 80 free pregnancy testing appointments, 70 free STD testing appointments, 40 free ultrasounds or 25 free well woman exams. TLCS Inc., also based in East Sacramento, spends

\$7,520 a year on toilet paper through its interim housing program for people with psychiatric disabilities who have been homeless. Instead, the nonprofit will be able to provide food for a month for all 113 residents. Last year's drive raised 229,485 rolls of toilet paper and this year's goal is 240,000 rolls.

"We all take toilet paper for granted, but our nonprofit partners sure don't," said Stephanie McLemore Bray, United Way president and CEO. "At a dollar a roll, this drive will help more than a hundred local nonprofits save \$240,000. Every dollar counts, and so does every roll. Together, we can make sure nonprofits have the resources to do what they do best – change people lives."

United Way's Toilet Paper Drive will take place 7 a.m.–7 p.m. on June 12 at the Cal Expo main entrance, 1600 Exposition Boulevard in Sacramento. Residents also can donate toilet paper online at [www.yourlocalunitedway.org/tp-drive](http://www.yourlocalunitedway.org/tp-drive). For updates, visit [facebook.com/uwccr](http://facebook.com/uwccr) or follow @unitedwayccr

See Toilet paper, page 16

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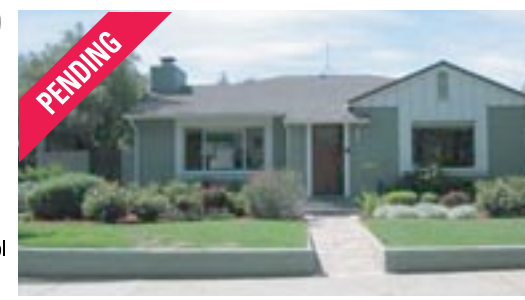
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**6421 21st Street, Sacramento \$189,000**  
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### Charming Cottage



**2334 Maryal Dr, Sacramento \$249,900**  
Want to live close to Arden Hot Yoga, Whole Foods, excellent schools and shopping? This charming cottage like home has a remodeled kitchen, possible 3rd bedroom or office/playroom, huge 1/4 acre yard, original hardwood floors, one car garage and nice sized bedrooms. Put in a stellar garden, pool or just enjoy all the lawn space in the yard an call this one home! Great covered patio for entertaining and super charming curb appeal.

## Matías Bombal's Hollywood:

### "Maleficent"

The MPAA has rated this PG.

Walt Disney Studios Motion Pictures brings us a fairytale on an impressive scale, Maleficent. Based on the tales of the brothers Grimm that had also inspired Tchaikovsky to write his famous waltz for the tale of sleeping beauty, this story offers a different perspective on what happened before the bad fairy cast her famous curse that set beauty to slumber.

The vindictive fairy is given life by Angelina Jolie in a role she's wanted to play with an ambition that rivals Joan Crawford's, who may have inspired the make-up artists in this picture. The young baby that would become the sleeping princess is brought up by fairies, but always observed by the evil eye of Maleficent.

I don't care for much of the Disney output after the classic studio era, but this movie is magical in its fairytale feel and made me smile with a sense of wonder, something I don't often get to do with new movies. It was far better than my anticipation. The girl, named Aurora here, is played by winsome Miss Elle Fanning, who will win your heart with her angelic face. You really see all of the \$200 million spent on the production right there in front of your eyes. This movie is a joy for children of all ages. Young children may find some scenes a little frightening, which is why the motion picture association of America has given this a PG rating in the United States. Maleficent is directed by Robert Stromberg.

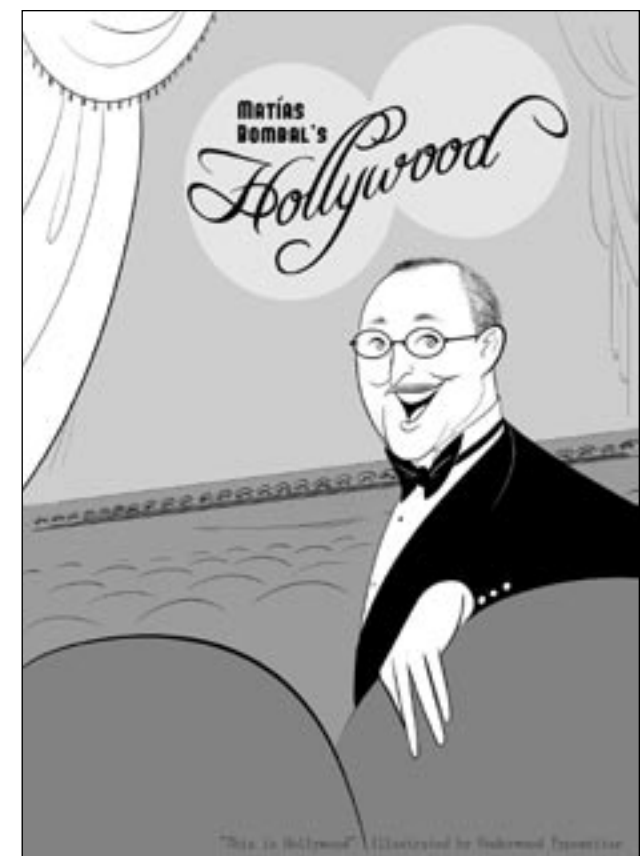
### "Edge of Tomorrow"

The MPAA has rated this PG-13

From Warner Brothers, Tom Cruise returns amid a shower of Sci-Fi 3-D in "The Edge of Tomorrow" This visual effects smorgasbord could be best expressed in food terms that sound like 1950's science fiction: Giant calamari fry Tom Cruise a la Déjà-Vu. The story follows the near future tale of a recurring day experienced by an army officer that is caused when he comes into fatal contact with one of the whirling calamari shaped aliens and/or other combat death scenarios. This process resets the story line, yet his character keeps the memory of what transpired the previous times, so he's able to make better decisions and eventually get to know his enemy.

Emily Blunt plays Rita, as super female soldier that seem to have an inside track on how to conquer the aliens without getting killed, with much greater success than legions and legions of soldiers. Each day Tom dies, he gets to know her a little better. The two team up for the cause and take on the alien enemy with their gifts. This is strictly kid's stuff, aimed at the Sci-fi or gamers crowd. Although the whole thing is a little too loud and ridiculous, the screenplay was based on a clever premise and story line by Hiroshi Sakurazaka in his book "All You Need is Kill." Bill Paxton has some good moments as a drill sergeant. It's loud and fun in 3-D, but will likely be forgotten in a year or two.

Until next time, this is your pal, Matias Bombal, bidding you a fond farewell.



For more in-depth, complete reviews of these same movies and many more in theatres now, with scenes shown from the movie reviewed, you may see and hear "Matias Bombal's Hollywood" at: [www.mabhollywood.com](http://www.mabhollywood.com). Find us on Facebook or follow us on Twitter: @MABHollywood

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# East Sacramento man relives memory of Beatles' 'Eleanor Rigby'

Sacramento Gay Men's Chorus Original Multi-Media Show June 6-7 at Crest Evokes Beatles Mania

East Sacramento resident Mike Tentis's favorite Beatles tune is 'Eleanor Rigby,' because it has such complex lyrics and a haunting melody.

"SGMC was like a family for me when I first moved here from Minnesota in the late 1980s," Tentis says, "and that feeling of being part of a family has continued to this day. Singing choral music is a great deal of fun as well."

Elmhurst resident Tentis, a 26-year member of

the Sacramento Gay Men's Chorus, who sings bass and "enjoys rattling the law notes," will be part of an original multi-media production of "Come Together—A Tribute to the Beatles," at 8 p.m. on Friday, June 6, and at 2 p.m. and 8 p.m. on Saturday, June 7, at Sacramento's Crest Theatre. The show will incorporate the sights and sounds of the 1960s "British Invasion." General Admission tickets are \$25; VIP Reserved Seating \$40, available online at <http://www.sacgaymenchorus.org/buy-tickets.php>.

In commemoration of the 50th anniversary of

the Beatles' historic appearance on "The Ed Sullivan Show," "Come Together" will feature the chorus' interpretation of Beatles favorites against an original compilation of vintage still photos and video footage of Beatle-mania and U.S. popular culture of the last five decades, as well as historical images of Sacramento's LGBT community. Photos and video will be displayed on a stage backdrop of multiple 70-inch screens suspended behind the chorus. Featured Beatles songs include "We Can Work It Out," "This Boy," "Hard Day's Night," "Yellow Submarine," "When I'm 64,"



Mike Tentis.

Photo courtesy

"You've Got to Hide Your Love Away," "Nowhere Man," "Hard Day's Night," "Hey Jude," "Imagine," and many more.

"The chorus will be presenting a number of Beatles songs as medleys," Tentis says. "Many of their songs were quite short, so we have melded them together into longer pieces. There are a number of songs with soloists, and I am happy to support their work by singing in the background. Several of

the songs have rather complicated 'Choralography' that includes having all of us doing hand movements while standing and singing on the risers. It's a VERY fun show."

"The music of the Beatles is quite diverse, and it speaks to us on many levels," said chorus Artistic Director Steven Johnson. "The chorus has really enjoyed working on this show. I have particularly

See Beatles, page 16

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# Beatles:

Continued from page 14

enjoyed sharing this music with the younger members of the chorus, many of whom were not familiar with the Beatles. Regardless of one's age, we think that 'Come Together' is going to be a real crowd pleaser."

"I am very excited about the lighting show and the inclusion of the historical video and still images from the Beatles era," Tentis continues. "We will be projecting these images behind the chorus, and they will be synchronized to the themes of the songs we are singing."

"Come Together" will feature soloists, a capella groups, and the nearly 70 voices of the full chorus. A special "Come Together Combo" has been assembled to accompany the chorus and includes SGMC's own Kay Hight

at the piano and Harley White, Jr. on bass.

The multi-media production will include footage and still photographs from the U.S. Civil Rights and gay rights movements of the 1960s, images from rallies and rock festivals, and scenes paying homage to the era of the Beatles invasion, the overwhelming excitement of American audiences and the frenzy that energized the early '60s. Other images will depict the struggle for LGBT equality, including images of same-sex weddings and commitment ceremonies set to the songs "We Can Work It Out" and "This Boy," LGBT parents and kids set to "Hey Jude," and celebrations of being gay and gray with "When I'm 64." Choreographer is Darryl Strohl, who is creating and teaching both the "choralography"—the movements of the chorus—and the choreography for the onstage dancers, many of whom are regulars at Runaway Stage Productions.

Founded in 1984 as a singing group aimed at fostering a sense of community and providing support for Sacramento area gay and lesbian people, the Sacramento Gay Men's Chorus performs numerous concerts and community benefit appearances each year.

Over the past 30 years, the group has become an integral part of the Sacramento arts community as well as a voice for lesbian, gay, bisexual and transgender (LGBT) equality. The chorus strives for musical excellence and maintains a vigorous rehearsal schedule and music education program. For more information about the Sacramento Gay Men's Chorus, or to purchase tickets to the "Come Together" concert, visit [sacgaymenschorus.org](http://sacgaymenschorus.org).

# Toilet paper:

Continued from page 8

and #tpdrive on Twitter. Senior Gleaners, a Sacramento nonprofit, will store the toilet paper and help distribute it the following week to many of United Way's 160 certified nonprofit partners in Amador, El Dorado, Placer, Sacramento and Yolo counties.

Partners in United Way's Toilet Paper Drive include FOX40, SacVal Janitorial Supply, Clear Channel Media & Entertainment, Clear Channel Outdoor, The Sacramento Bee, Senior Gleaners, Cal Expo and River City Printers.

For 90 years, United Way California Capital Region has actively worked to address the community's most pressing issues, now focusing

on innovative solutions related to high school graduation rates, household financial stability and obesity. United Way's team of nonprofits, businesses, donors and volunteers have formed the Live United Movement to provide positive, measurable results on these issues through United Way projects: STAR Readers, \$en\$e-Ability and Fit Kids. Community members can give, volunteer and advocate in support of the causes they care most about, benefiting United Way and hundreds of nonprofits in Amador, El Dorado, Placer, Sacramento and Yolo counties. United Way is an independent, local affiliate of United Way Worldwide. For more information, visit [www.yourlocalunitedway.org](http://www.yourlocalunitedway.org).

# CALENDAR

Send your event announcement for consideration to: [editor@valcomnews.com](mailto:editor@valcomnews.com) at least two weeks prior to publication.

## ONGOING

### Sacramento Zoo needs wheelchairs

The Sacramento Zoo is looking for a few "gently used" wheelchairs. As the weather gets warmer, more families want to visit the zoo. The Sacramento Zoo generally has wheelchairs to loan at no charge. However, at this time, we have none. If you would like to donate a "near new" wheelchair that you no longer need, please call 808-5888. Your wheelchair can be a tax deductible donation, and we'll give you four zoo tickets as well for your generosity.

### Mahogany Urban Poetry Series - Queen Sheba - poetry readings

Each Wednesday from 8-11 p.m. at Queen Sheba in Sacramento, local talent makes it way to the restaurant for weekly open-mic events. \$3-\$5. 1704 Broadway.

### Brain Gymnasium

Exercise your mind and have some fun at this on-going Brain Gymnasium class! Inviting all seniors to Eskaton Monroe Lodge, 3225 Freepoint Boulevard, 9:20 a.m. Thursdays. \$6 per class. Call 441-1015 for more information.

### Gentle Qi Gong

Learn powerful relaxation techniques reduce stress, reduce physical pain and emotional suffering, lower blood pressure, increase immune response and improve balance. Inviting all seniors to Eskaton Monroe Lodge, 3225 Freepoint Boulevard, 3 to 4 p.m., Wednesdays. \$7 per class. Call 441-1015 for more information.

### Women with Good Spirits monthly meeting

Women With Good Spirits is a networking group that engages women in the Sacramento community with non-profit

organizations that make contributions to our quality of life and care for our fellow residents. Each month, Women With Good Spirits invites a community non-profit to present on its mission work. The meeting is held at Revolution Wines on the second Tuesday of each month and starts at 6:30 p.m. The presenter will start their presentation promptly at 7:15 p.m. and will last 15-20 minutes with an open question and answer forum after. RSVP is appreciated as well as a \$5+ donation per person that will go directly to the non-profit presenting that month. Revolution Wines is located at 2831 S St. Visit [www.womenwithgoodsprits.com](http://www.womenwithgoodsprits.com) or find the group on Facebook.

### Davis Art Center invites teen girls to write and publish

The Davis Art Center is offering a six-week creative writing class for girls ages 13-18 from 4 to 6 p.m. Tuesdays starting February 11. The class will offer a posi-

tive, supportive space for girls who love reading and writing and are interested in discovering and developing their individual voices. Participants will use short stories by a diverse range of contemporary women writers as jumping off points for their own writing sessions. Each student will pick her best writing to include in a class-produced literary magazine. The class will be taught by Elise Winn Pollard, who earned her M.A. in creative writing from UC Davis. The fee is \$95 for Art Center members and \$105 for the general public. To enroll, stop by the Art Center at 1919 F. St., call (530) 756-4100 or register online at [www.davisartcenter.org](http://www.davisartcenter.org). Students must be registered at least two weeks before the first class session.

### California Youth Basketball League taking applications

CYBL is a non-profit year round league for ages 4 through 18 that prides itself on being well organized that aims to develop basketball skills, sportsmanship and self-esteem through coaches, gym official and organizers. Visit [www.cybbhoops.com](http://www.cybbhoops.com) or call 391-3900.

See more Calendar, page 17

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# CALENDAR

## Kiwanis Club of East Sacramento-Midtown

Visitors Welcome, weekly breakfast meeting on Fridays at 7 a.m. Topical weekly speakers and first meal for visitors on us. Meet at The Kiwanis Family House, (at UCD Med Ctr/50th St & Broadway) 2875 50th Street Sacramento, CA 95817. www.eastsacmidtownkiwanis.com. Meeting/Membership info: 916-761-0984, volunteers always welcome!

## The Sacramento Capitolaire meeting

A men's Barbershop Harmony group, meets every Tuesday night at 7 p.m. at Pilgrim Hall (Sierra Arden United Church of Christ), 890 Morse Ave., Sacramento. Info: www.capitolaires.org, call 888-0877-9806, or email info@capitolaires.org

## Artisan holds Food Drive

Artisan Salon is participating in the Spirit of Giving Food Drive. Over the last 17 years, the Spirit of Giving (SOG) drive has helped Sacramento Food Bank collect and distribute over 4.6 million pounds of canned and non-perishable food items for local families in need. Help support families in need by participating in this year's drive! Artisan Salon is located at 3198 Riverside Blvd.

## Soroptimist International of Sacramento South meetings

A service organization dedicated to insure the status of women and girls, the group meets at Aviator's Restaurant, 6151 Freepoint Blvd. for lunch and to discuss the day's topic. Meets the second and fourth Tuesday of each month at 12:15 p.m. The meetings discuss our fund raising Projects and Community Service, often with speakers from our community.

## JUNE

### The Beatles commemoration at The Crest

June 6-7: "Come Together—A Tribute to the Beatles," incorporating the sights and sounds of the 1950s, '60s and '70s, at 8 p.m. will hit The Crest Theatre on Friday, June 6, and at 2 p.m. and 8 p.m. on Saturday, June 7. In commemoration of the 50th anniversary of The Beatles' historic appearance on "The Ed Sullivan Show," "Come Together" will feature the chorus' interpretation of The Beatles favorites against an original compilation of vintage still photos and video footage of Beatle-mania and U.S. popular culture of the 1950s, '60s and '70s, as well as historical images of Sacramento's LGBT community. Photos and video will be projected on a stage backdrop of six 70-inch screens mounted on a steel frame.

### Doggy Dash

June 7: Doggy Dash, 7:00 am - 1:00 pm, Village Green, Freepoint Boulevard and Sutterville Road in William Land Park.

### Kids Camp \$2.50 Perennial Sale

June 7: A special clearance sale benefiting The Kids Camp Program of Sunburst Projects (Camp is this month), with a large selection of Perennial starters all marked down to \$2.50 each to raise funds for the camp. This is the last downtown sale until fall. For more info call Bob Hamm at 617-7516. Hours are 10 a.m. to 3 p.m. The Gifted Gardener is located at 18th Street between J and K streets in Midtown.

## Women of Life Picnic and Songs, June 7: Women of Life Picnic and Songs, 5:00 pm - 8:00 pm. Land Park Amphitheater.

### Puppet Show: "Cinderella" at Fairytale Town

June 7-8: Show times at 12:30, 1:30 and 2:30 p.m. Enjoy a playful puppet show in Fairytale Town's Children's Theater! Puppet Art Theater Company will perform the classic tale of "Cinderella." Cinderella wants to attend the ball and dance the night away. Unfortunately her stepmother and awful stepsisters conspire against Cinderella, and it is up to her Fairy Godmother to get her to the ball. Tickets are \$2 for nonmembers in addition to paid park admission, and \$1 for members. Tickets can be purchased at the Fairytale Town main gate or at the entrance to the Children's Theater 15 minutes prior to show time. For more information, visit www.fairytaletown.org or call (916) 808-7462.

### A Taste of Land Park

June 8: VIP Member Hour, 3 to 4 p.m.; general 4 to 7 p.m., 14th Street between Valjejo and Markham ways. Neighborhood eateries, live music, wall of wine, regional wineries and breweries, artist's corner. 21 & Over only. Check LandPark.org for tickets.

### Family Campout at Fairytale Town

June 13: 5:30 p.m. through Saturday, Jun. 14, 7 a.m. Spend the night in Fairytale Town's storybook park. This exciting overnight adventure includes a theater performance, arts and crafts activities, a scavenger hunt, bedtime stories and a sing-along. Wake up the next morning under Fairytale Town's canopy of trees to a light continental breakfast. Prices range from \$25-\$30 per person and include all activities. Member discounts are available. For more information, visit www.fairytale-town.org or call (916) 808-7462.

# Congratulations St. Francis High School class of 2014

Editor's note: Congratulations to our future leaders, the graduating class of 2014 at St. Francis High School. Your futures are bright.



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Elizabeth Anne Banister  
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Kaitlyn Renee Barr  
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Mary Margaret Battistella  
Anna Michelle Baytosh  
McKayla Ann Beavers  
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Stephanie Marie Keane Mauro  
Mary Evelyn McDonnell  
Colleen Cacho Mercado  
Alexandra Marie Meredith  
Kelly Jean Miller  
Shashi Leane Mireles  
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Mackenzie Adrian Christine Moreno  
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Kayla Diane O'Brine  
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Kate Danielle Provance  
Bianca Paola Quiroz  
Daniella Francesca Qvistgaard  
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Nicole Christine Ramos  
Madison Claire Rawson  
Meredith D. Ray  
Carlye Parrish Reed  
Julia Maria Rehwald  
Marissa Nicole Reyes  
Meghan Lynn Rice  
Savannah Jane Richey  
Gabriela Raquel Riegos  
Raven N. Robinson  
Elizabeth Anne Roche  
Kathryn Jean Roedell  
Jullisa Allene Romani  
Mieke Alexandria Rosecrans  
Sophia Catherine Rubino  
Skylar Ashton Saca  
Elizabeth Jane Sadler  
Rianna Lynn Saenz  
Hana Ai-Cantil Sakauye  
Jamie Louise Salazar  
Claire Elizabeth Santamaria  
Elizabeth Marie Scheid  
Katie Marie Schembri  
Ana Elizabeth Schloemann  
Amanda Marie Schnabel  
Taylor Jennica Schrock  
Alexa Kristin Selden  
Selena Victoria Shannon  
Jessica Kate Shortley

ElleAna Marie Simonetto  
Elizabeth Skye Simpson  
Jaitrika Kaur Singh  
Natalia Paloma Smith  
Danielle Lynn Solone  
Marcela Lizette Sosa  
Kendall Payton Specter  
Ally Mackenzie Sperbeck  
Samantha Rae Sruba  
Erin Myesha Stone  
Julia Marie Stone  
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Paige Elizabeth Sullivan  
Megan Katherine Sullivan Dempsey  
Jeslyn Mae Tabieza  
Hannah Mariko-Yempuku Takekawa  
Anna Marie Taricco  
Madyson McKenzie Taylor  
Kayla Adjani Teeple  
Ashton Janette Thomas  
Madeline Ceiligh Aislynn Thompson  
Sarah Ashley Thrall  
Cassidy Anne Emily Travis  
Carleen Ann Tse  
Alyssa Lauren Vallero  
Gabriela Marie Vanacore  
Natalie Lynette Vann  
Victoria Lee Vardanega  
Kathya Vannessa Vires  
Alexis Doreen Viramontes  
Megan Ashlee Vollmer  
Eileen Marie Walsh  
Sara Ann Warady  
Rachel Renee Warne  
Ireland Anna Maria Webb  
Juliana Elise Wells  
Lauren Elizabeth Wells  
Danielle Jo Wendell  
Shannon Sloane Westerberg  
Courtney Paige Wilkerson  
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**FABULOUS FAB 40'S**

Spacious remodel over 3300 square feet with 5 bedrooms 4½ baths! Nicely redone with features including a chef's kitchen, butler's pantry, an amazing master suite, upstairs mini suite and and downstairs guest bedroom with bath and slider to backyard. Bonus room off garage. \$1,349,000

**JAMIE RICH 612-4000**



**PENDING**

**MCKINLEY PARK VILLAS**

Mediterranean style duplex (with upper and lower flats) just down from the Park. Both units have an extra office space, cute updated kitchens, beautiful hardwood floors, beamed living room ceilings, laundry rooms, and lots of charm! \$725,000

**DAVID KIRRENE 531-7495**

**ROSLYN LEVY-WEINTRAUB 952-6602**



**CLASSIC E. SACRAMENTO**

Fabulous 3 bedroom East Sacramento home is ready for your summer entertaining in the lush low maintenance yard! The home features a spacious floor-plan, hardwood floors, plenty of built-ins, big bedrooms, and outside guest quarters/office with a full bath. Walking distance to coffee shops, restaurants, and parks. \$574,000

**TIM COLLOM 247-8048**



**WONDERFUL RIVER PARK**

Open floor plan is inviting with hardwood floors, updated kitchen with granite counters and stainless appliances. The contemporary bath has a tub shower combination with subway tile. The master bedroom is spacious. The backyard area has a covered patio for entertaining. Plus a 2 car attached garage. \$379,000

**CHRIS BALESTRERI 996-2244**



**SUPER RENOVATION**

4 bedroom 3 bath Fabulous 40's home where old world charm meets all the modern amenities! 2722 square feet with an open floor plan concept connecting the living room and dining room to kitchen with quartz counter tops, and leading to family room that opens to a beautiful backyard. \$1,224,900

**JAMIE RICH 612-4000**



**SPACIOUS TUTOR STYLE**

Spacious East Sacramento Tudor at its best! 4 bedroom home is on a very large lot and is minutes from coffee shops, downtown, and restaurants. Notice the charming living room, formal dining, a large kitchen, and a family room that opens to a large sun room. \$670,000

**TIM COLLOM 247-8048**



**MIDTOWN APARTMENTS**

An exceptional mid-town apartment building with a timeless architectural style. Seven units, sited on a 80' x 80' corner lot. The dark wood shingle exterior with white trim gives such a great look of classic style, quality and comfort. Built in 1915, and on the historical preservation list. There are 4 one bedroom and 3 studio units. \$849,000

**RICHARD KITOWSKI 261-0811**



**MEDITERRANEAN MASTERPIECE**

One of East Sacramento's finest homes! Wake up to the tree tops filtering the morning sun or entertain in rooms that invite the outdoors in. Unique features, a spacious artist's studio, guest wing complete with kitchen and an apartment over the 3 car garage. \$1,150,000

**CHRIS BRIGGS 834-6483**



**MCKINLEY PARK**

McKinley Park at its best! This 3 bedroom 2 bath home offers a remodeled kitchen, refinished hardwood floors, a vintage fireplace, a spacious floor plan, a wine cellar in the basement, and a large formal dining room. Remodeling garage and studio/art/office space. \$749,000

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