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Neighborhood 4th of July festivities drew huge crowds

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The need to feed:
Senior Gleaners turn
altruism into action

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In your
neighborhood,
but where ?

■ See page 19



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The need to feed:

Senior Gleaners turn altruism into action with help from East Sac grocers

By PAUL ROMO

Inside a cavernous North Sacramento warehouse, Bob Davidson, a fit, and soft-spoken retired physician guides his forklift toward pallets of boxed, perishable food items—initiating a string of events that will impact numerous lives.

Davidson, who volunteers at Senior Gleaners, a 38-year-old food bank that rounds up grocery items past the sell-by date but are safe for consumption, is readying them for a growing number of low-income families and food assistance participants.

“I’m working with good people for a worthwhile mission,” he said.

The one-time medical director for the Peace Corps in Africa is part of a behind-the-scenes, altruistic group of workers that selflessly volunteer their time and skills in order to give back to those struggling to put food on the table.

Altruism, or the principle of working to help others with no expectation of anything in re-



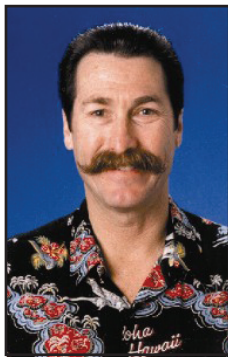
Photo by Paul Romo

A portion of food donations to Senior Gleaners from Trader Joe’s includes: a variety of fruits and vegetables, dozens of artisan bread products, pre-packaged salads and appetizers, assorted desserts, as well as non-edible flowers.

turn, is believed by some to be rooted in empathy or the ability to understand and share the feelings of another.

While some are more individualistic rather than empathetic, research has uncovered the

See Senior Gleaners, page 13



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Matías Bombal's Hollywood

"And So It Goes"

The MPAA has rated this PG-13

Clairius Entertainment distributes Rob Reiner's uplifting comedy "And So It Goes," which opens July 18 and stars Michael Douglas as Oren Little, a Realtor who is about as likeable as television's Archie Bunker, whose attitude he resembles. Before Oren's planned retirement, he has one last house to sell—his own.

Oren motors in his classic, white 1967 250SE Mercedes-Benz Cabriolet, which he prizes, willfully obnoxious to anyone he passes. When his estranged son shows up out of the blue and drops off Oren's never-before-seen granddaughter for a prolonged, unplanned visit, he tries having his neighbor Leah (a radiant performance by Diane Keaton) take care of the delightful little girl, played by pretty Miss Sterling Jerins.

That brings Oren to a new level of communication with those around him, and he starts the long road to becoming an agreeable human being again. Douglas plays crusty very well, and you'll enjoy disliking his curmudgeonly ways.

Director Rob Reiner has a cameo as a milquetoast pianist and accompanist for Keaton, who sings again in this movie, but has trouble getting through each song without breaking out in tears for her deceased husband. Sharp eyes will notice the director's famous father, Carl Reiner, in vintage photos on the wall of Keaton's apartment.

Actress Frances Sternhagen ("Up the Down Staircase," 1967) has a wonderful bit as a veteran Realtor in Oren's office. This is a pleasant comedy of well-dressed folks in an agreeable setting. It's perfect for summer, and just as light.

"Wish I Was Here"

The MPAA has rated this R

Actor Zach Braff has written and directed the Focus Features release, "Wish I Was Here," which was unusually funded by 46,529 fans who, via Kickstarter, raised more than \$3 million, half the entire budget for the film.

In the film, Braff is a man at a crossroads in his career, where financial realities and other unexpected stressors make him look for new alternatives for his kids and his wife. She works at a job she barely tolerates to provide for the family whilst he follows his dream of acting, going constantly to auditions for which he's never hired. They are behind in their payments for their children's private school. Things get worse with family health issues.

Aidan Bloom (Braff) never loses hope.

This is a wonderful production with a big heart and excellent performances. You'll see a particularly agreeable return to the screen for Mandy Patinkin, as Aidan's aging dad, struggling with a terminal cancer.

Lovely Kate Hudson is very good as Aidan's wife. Alexander Chaplin offers a good turn as Rabbi Rosenberg and Josh Gad plays the nerdy, game-playing adult brother of Aidan, offering both sarcastic and touching moments. Fans of television's "Big Bang Theory" will delight in seeing that show's star, Jim Parsons, in a small, enjoyable bit.

Many clever scenes including a sequential demonstration of Mr. Bloom's love for his children, whilst on a vacation with them. This is a magical, sweet and touching image that will linger in your memory.

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Remarkably Charming Tudor!

Located on a quintessential tree-lined street, this 4 bedroom, 3.5 bath Tudor boasts the traditional charm of East Sacramento living. This 2648 home offers formal Living and Dining rooms, and a spacious den. The open Kitchen has been updated to include modern amenities: Dacor 48" dual fuel Epicure series range with professional grade venting system, granite countertops, and a bright eat-in area that offers ample storage. The backyard is ideal for entertaining with a covered brick patio, a generous lawn area, and mature foliage. Other amenities include two Master ensembles, Loewen windows, new sewer line, hardwood floors, and a two-car garage.

\$1,093,000



Tahoe Park Treasure!

Nestled in the heart of Tahoe Park, this charming 2 bedroom, 1 bath cottage will catch your eye! This darling property offers a formal Living room with a fireplace, a formal Dining room with access to the backyard, and a cozy Kitchen with granite countertops and stainless steel appliances. The backyard is quite lush with mature foliage surrounding a spacious patio. Other amenities include hardwood floors, indoor laundry room, dual pane windows, and a newer roof.

\$229,950



In the Heart of Elmhurst!

Located within close proximity to UCDMC and various East Sacramento establishments, this 3 bedroom, 2 bath home boasts spacious living. This 1722 square foot home offers formal Living and Dining rooms, a Family room with a brick fireplace, and a bright Kitchen with an eating bar. The backyard offers two covered patios, a lawn area and mature foliage. Other amenities include hardwood floors, dual pane windows, and a two-car garage.

\$419,950



McKinley Park Gem!

Located directly across from McKinley Park, this 4 bedroom, 3 bath Tudor couples East Sac charm and modern living. This 2602 sq ft home offer a formal Living room with a stunning stone fireplace, a luminous Dining room, & an updated Kitchen complete with granite countertops, pantry cabinets, & a large island. This property further boasts spacious Master Suites on both the ground floor & second story, complete with spa-like bathrooms. Other amenities include hardwood floors, an indoor laundry room, dual pane windows, & a two car garage.

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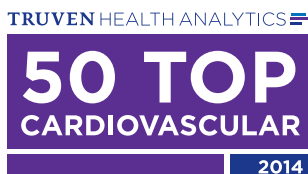




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The Crossword

by Margie E. Burke

ACROSS

- 1 Rustic retreat
- 5 Room at the top?
- 10 Bushy coif
- 14 Reed instrument
- 15 Facebook option
- 16 Wet blanket
- 17 Siamese sound
- 18 Cleaner scent
- 19 Wedding wear
- 20 Mike Brady was one
- 22 Archipelago part
- 23 Solitary
- 24 Skin problem
- 26 Trip up
- 29 Retailers' battle
- 33 Sticky stuff
- 34 Thwart
- 35 Wrigley product
- 36 Pragmatic believer
- 37 Lonely place?
- 38 Overly eager
- 41 Awesome, to the Beav
- 43 Waterfront
- 44 Somewhat
- 45 Put in the mail
- 46 Aries or Aquarius
- 47 After all?
- 49 Treehouse accessory
- 55 Mixed bag
- 56 Motionless
- 57 Party pooper
- 58 Lunch time, often
- 59 Battle of the
- 60 Pond growth

1	2	3	4	5	6	7	8	9	10	11	12	13	
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58						59					60		
61						62					63		

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- 61 Hackman, e.g.
- 62 Aromatic compound
- 63 Mushy food
- 10 Consultant
- 11 Like some fish
- 12 Train track
- 13 Gawk at
- 21 Yankee Doodle's ride
- 25 False front
- 26 Auspices
- 27 Bubbles at the beach
- 28 Empathy
- 29 File menu command
- 30 Sign of age
- 31 Coral island
- 32 Email option
- 34 Lawyer's charges
- 36 Venomous venting
- 39 Polish remover
- 40 Whole bunch
- 41 Heroic narrative
- 42 Talkative one
- 44 Coffeemaker supply
- 46 Twilled cloth
- 47 Former footballer Howie
- 48 Medicinal herb
- 50 Heavy burden
- 51 Trapper's ware
- 52 Kewpie, e.g.
- 53 For that reason
- 54 Gather from the fields

See Solution, page 18



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Tuesday Club's first clubhouse opened in 1912

By LANCE ARMSTRONG
Lance@valcomnews.com

Editor's note: This is the third article in a series about the Tuesday Club of Sacramento.

The Tuesday Club of Sacramento, which operated in the capital city for more than a century, has a very rich history, which began in 1896.

In an official move to plan for and own a clubhouse for the housing of the Tuesday Club in the city of Sacramento, as well as for handling the club's business affairs, a stock corporation known as the Tuesday Club House Association was established on April 7, 1903. The association evolved from a club committee that had been organized in 1900.

The original directors of the association were Sacramento residents and Tuesday Club members, Mrs. W.P. Coleman, Mrs. E.E. Earle, Mrs. F.A. Edinger, Mrs. L.C. Farrar, Mrs. Annie M. Gerber, W.H. Govan, Mrs. C.H. Pomeroy, Mrs. S.B. Slight and Mrs. G.A. Stoddard.

To aid in the financial endeavors of the association, 25,000 shares were made available at \$1 each.

Among the association's early subscribers and their number of shares purchased were: Mrs. W.P. Coleman, 200; Miss Jennie McConnell, 100; Mrs. F.A. Edinger, 50; Miss Annie M. Gerber, 25; Mrs. A.A. Goddard, 25; Mrs. C.H. Pomeroy, 25; Mrs. G.A. Stoddard, 50; Mrs. A.J. Johnston, 25; Mrs. S.B. Slight, 25; Mrs. H. Weinstock, 25; Mrs. E.E. Earle, 20; Miss Lillian Ebert, 20; Mrs. G. Gattman, 10; Mrs. W.H. Govan, 10; Mrs. C. Kaufman, 10; Mrs. C.J. Noack, 10; Mrs. S.E. Clayton, 5; Mrs. L.C. Ferrar, 5; Mrs. J.O. Hand, 5; Mrs. Julia Holl, 5; Mrs. C.F. Prentiss, 5; Mrs. J.C. Carly, 1; Mrs. G.C. Cotton, 1; Mrs. E.G. Hayford, 1; Mrs. T.W. Madeley, 1; J. Henry Miller, 1; and Mrs. J.G. Storch, 1.

An April 1904 financial report for the association showed that \$2,150 had been raised by the organization.

It was also in 1904 that various Tuesday Club members assisted in the founding of the non-Tuesday Club affiliated Sacramento Women's Council. That organization had the objective of becoming involved in civic affairs of the city and county.

With the inclusion of cookbook sales, the building fund was increased to \$3,165.43 during the following year.

By May 1905, several lots for a future clubhouse had been offered to the Tuesday Club in the range of \$3,100 to \$8,000.

And of those lots, the association selected a 60-foot by 160-foot lot on J Street, between 15th and 16th streets. The lot had a sale price of \$5,500.

With the assistance of a \$1,500 loan from the People's Bank, the association completed its purchase of that lot in August 1905,

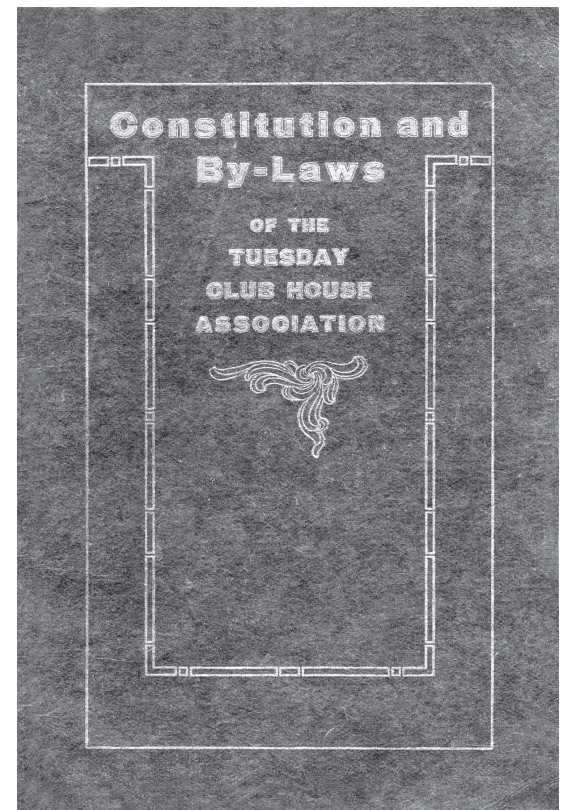


Photo courtesy of the Lance Armstrong Collection
The Tuesday Club House Association's constitution and by-laws were filed with the county clerk and the secretary of state on April 7, 1903.

See Tuesday Club, page 7

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Tuesday Club:

Continued from page 6

and fundraising continued for the construction of a clubhouse.

Among those fundraising efforts was a chrysanthemum and doll show at the Governor's Mansion during the fall of 1906. The event netted the association \$534.35.

A change in plans for the future clubhouse site occurred when the association accepted an \$11,000 offer for their J Street property from the real estate firm, The Carmichael Co.

During the following month, the association made arrangements to purchase an 80-foot by 160-foot lot on the south side of L Street, between 27th and 28th streets, for \$4,500.

In celebration of the completed purchase of the L Street lot, a jollification meeting was held at the lot and Lily Louise Beard, the club's then-newly elected president, accepted the deed for the property.

In 1908, a resolution was adopted by the club in favor of an ordinance that had been submitted to local voters for the abolishment of saloons in residential districts of Sacramento.

A treasurer's report from that same year showed that \$9,000 had been raised toward the construction of a clubhouse.

In the fall of 1910, changes to the association's constitution and by-laws were made in order to allow non-Tuesday Club members to own stock in the association.

However, a regulation of the association guaranteed that the majority of the stock would be held by Tuesday Club members.

In 1911, a contract for the construction of a clubhouse was signed following the acceptance of the Matthews Construction Co.'s low bid of \$29,725.

The building of the clubhouse was a timely affair and by as early as February 1912, arrangements were being made to furnish the structure upon its completion.

Additionally, rental rates for the clubhouse were decided upon around that time.

The association's board of directors first met in the clubhouse on March 29, 1912, and a formal opening for club members was held on April 30, 1912.

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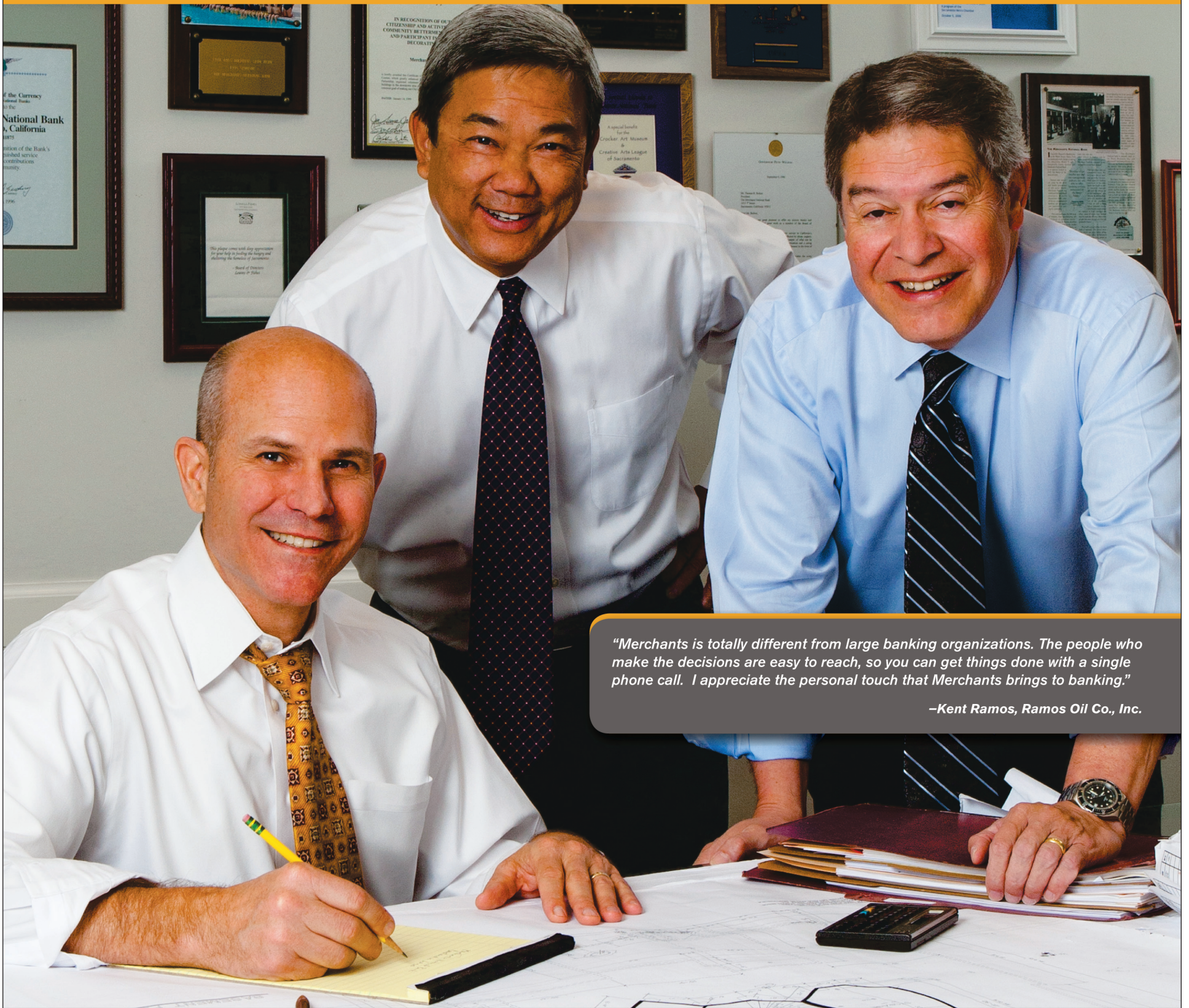
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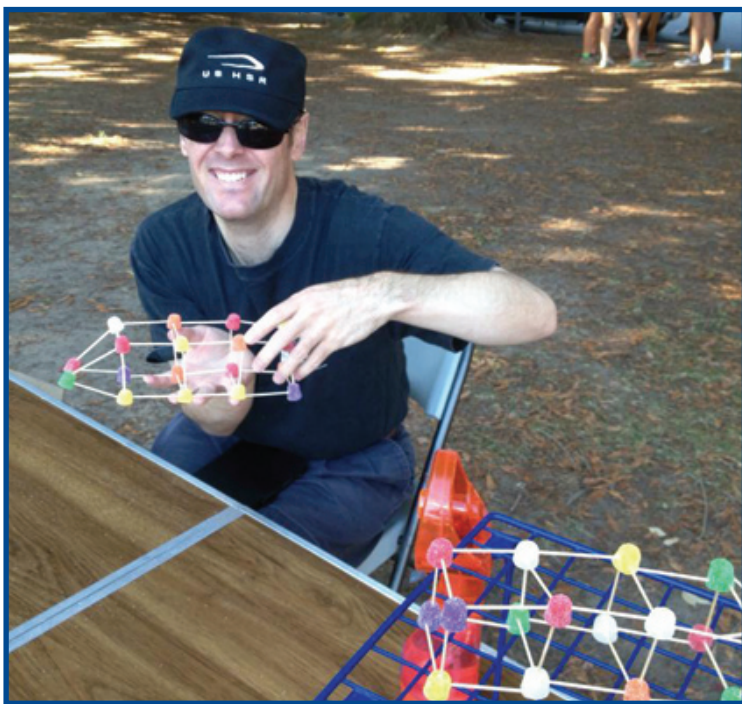
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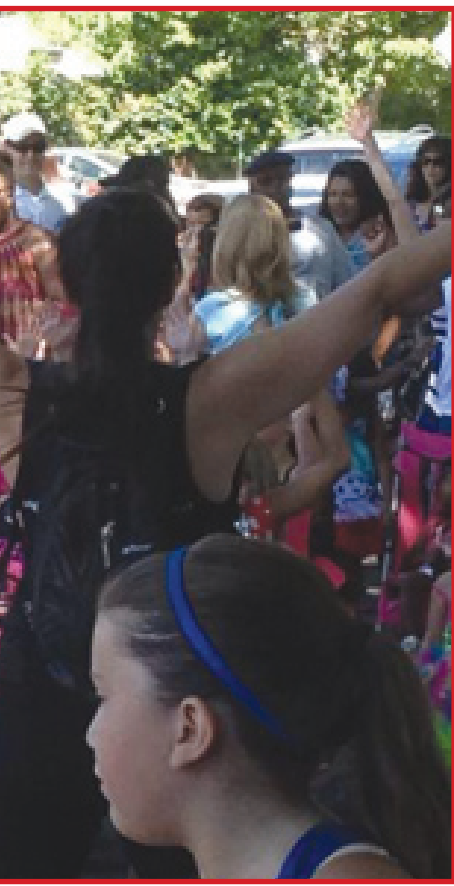
Faces and Places: 4th of July

Photos by
BRENDA JEW WATERS

Red, white and blue filled the streets of East Sacramento and nearby River Park with happy revelers who decked out floats, bikes and, of course, themselves. At the River Park event, there were kiddie parades, which began at Caleb Greenwood; there were antique cars, bounce houses, imagination stations, carnival games and prizes. Additionally, at the festival, there was musical entertainment by Mere Mortals, a local band that plays blues rock, classic rock, R&B and oldies.



and River Park drew large crowds





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Senior Gleaners:

Continued from page 2

presence of "mirror neurons," which act in response to emotions expressed by others and then reproduces them in the viewer.

Dr. Stephanie Preston (Behavioral Neuroscience, UC Berkeley) sees mirror neurons as a perception-action mechanism, which she contends is "the glue that binds social groups together." It's a 1-2-3 sequence: I notice you, I feel with you and so I act to help you; author Daniel Goleman explains in his book, "Social Intelligence."

Conscious of this theory and taking action, Senior Gleaners was launched in 1976.

The company's name derives from the word, *doglenn*, a 14th century Gaelic word meaning: he selects. A gleaner is one who gathers leftover crops from farmers' fields after they're commercially harvested.

Originally starting as a group of 30 volunteer seniors collecting fruits and vegetables from a variety of food sources to feed the poor, the non-profit's clientele has swelled.

Fast forward nearly 40 years and those who rely on the organization for food include a wide range of communities: faith-based groups, developmentally disabled, families with children, single mothers, veterans, seniors, the homeless and foster children to name a few.

President/CEO Gary McDonald said the average age for clients used to be 50 years of age and now it's 18 years old.

In partnership with numerous East Sacramento grocers, such as Safeway, Trader Joe's, Save Mart and Whole Foods in the surrounding area, a wide net is cast when it comes to food gathering.

Supplied to more than 230 agencies in 12 counties, the food is then divided and transported off-site by partnering companies to their facilities and served to those in need. In total, that's just more than 8 million pounds of food distributed to approximately 108,000 people per year.

McDonald acknowledges the decrease in physical labor done by volunteers previously able to pick crops outdoors.

"Since membership holders have gotten older, there's been a drop off in gleaning out in the orchards, people's backyards and fields," the CEO said.

Near the back of the warehouse, a group of about a dozen volunteers have completed their shifts and are waiting in the pantry area to retrieve part of the agreement—in this case, bread.

If a person qualifies and is in the low-income bracket, groceries are part of the deal. Basically they would be working for food. Applicants pay a \$5 per month membership fee, work a four-hour shift and get a breakfast/lunch for their labor.

Encouraging job seekers to give back to the community and keep their



Photo by Paul Romo

A Senior Gleaners truck prepares for a food donation pick up.

skills up while looking for employment, McDonald welcomes all potential humanitarians.

"Volunteers and donations is what we need," he said.

Later in the day, McDonald was set to testify downtown on Senate Bill 935—to increase the minimum wage.

"It's the number one reason for food insecurity—lack of wage. The more money for people struggling—the better for everyone," McDonald said.

On July 1, minimum wage increased from \$8 to \$9 despite the living wage of \$9.95 in Sacramen-

to. Minimum wage will rise to \$10 an hour in January 2016, under the bill signed by Gov. Brown back in September 2013.

"Maybe it will be an affordable wage where [workers] can feed their family. It kills me to think kids are going to bed hungry," McDonald said.

To donate (including non-food items) or volunteer contact:

Senior Gleaners
1951 Bell Ave. Sacramento, CA 95838
(916) 925-3240
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DR. DECARLI

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Speaking on-"How to Keep Your Brain Healthy". Dr. DeCarli is Director of the Alzheimer's Disease Center at the University of California, Davis (UCD) and holds the Victor and Genevieve Orsi Chair in Alzheimer's Research. He is a behavioral neurologist focused on using advanced brain imaging to study dementia and the role of genetics, cerebrovascular and Alzheimer's disease on these processes.

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FOR MORE INFORMATION, PLEASE CALL: Casey Simon, Community Relations Director: **916.392.3510**



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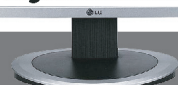
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"Aqua Fit" at ACC:

From July 2-30 between 10 and 11 a.m., Aqua Fit uses water's natural resistance to increase strength and stamina. Wednesdays. \$30 for 5 classes. Pre-registration and pre-payment required. Held at ACC Greenhaven Terrace, 1180 Corporate Way, 393-9026 x330, www.accsv.org.

"The Art of Gardening" at ACC:

These classes are full of valuable information for having a successful garden. On July 10, the first class will discuss starting your garden and how to maintain it by keeping it weed and pest free. On July 25, the second class will cover harvesting your garden and preparing for the next season. Free of charge. Pre-registration required. Call 916-393-9026 x330, www.accsv.org.

Sacramento Zoo needs wheelchairs

The Sacramento Zoo is looking for a few "gently used" wheelchairs, 808-5888. Your wheelchair can be a tax deductible donation, and four zoo tickets will be offered as a thank you.

Free summer meal program returning at four Arden-Carmichael locations

The San Juan Unified School District is once again offering all children 18 and younger a free meal this summer as part of

its popular Summer Fun Café. Students do not have to be enrolled in the San Juan Unified School District, there are no income requirements, and there is no paperwork to complete. All locations will serve lunch from 11:30 a.m.-12:30 p.m. Monday-Thursday. Below are the locations for this year's program, which goes until July 31: SJUSD Admissions & Family Services: 3700 Garfield Ave. in Carmichael
Coyle Avenue Elementary: 6330 Coyle Ave. in Carmichael
Howe Avenue Elementary: 2404 Howe Ave. in Sacramento: Howe Avenue will also serve breakfast from 7:45 a.m. - 8:45 a.m.
Carriage Drive Elementary: 7519 Carriage Dr. in Citrus Heights
Parents can eat with their children by purchasing a meal for \$3. Call 979-8966 for more information.

Tai Chi at Hart Senior Center

Focuses on low impact form of ancient Chinese exercise, combining slow movements with relaxation. Mondays, 10:30 - 11:30 a.m. at the Ethel MacLeod Hart Senior Center,

915 27 St. Try it once for free! Stop by the Hart Senior Center front desk or contact 808-5462. Cost: \$18 for 4 classes.

Zumba for Seniors at Hart Senior Center

Zumba for Seniors incorporates physical exercise and dance steps to the rhythms of Cumbia, Merengue, Mambo, Salsa, Samba, and much more. Tuesdays 9:30-10:30am and Fridays 3:45-4:45 p.m. at the Ethel MacLeod Hart Senior Center, 915 27 St. Sacramento (27th and J streets). Try it once for free! For more information or to register, stop by the Hart Senior Center front desk or contact 808-5462. Cost: \$16 for 4 classes.

Active Yoga at Hart Senior Center

Increase your strength and flexibility, improve balance, and enhance the ability to relax and release stress. Class begins July 7 and will be held Mondays and Wednesdays, 2:15 p.m. - 3:15 p.m. at the Ethel MacLeod Hart Senior Center, 915 27th St. Classes will not be held Nov. 3, 5, 10 and 12. For more information or to register, stop by the Hart Senior Center front desk or call 808-5462. Cost: \$35 for five classes or \$70 for 10 classes. Try the class once for free and see if Active Yoga is right for you.

See more Calendar, page 18

Tri-Tip & Chicken Bar-B-Que Dinner

(Pick up only)



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3pm-7pm

\$10 Donation each dinner proceeds to assist Sunday School Program



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KIDS UNDER 15 FREE
FREE PARKING

www.festaitalianasacramento.com

Saturday, August 2 & Sunday, August 3, 2014
(Sat: 11 am - 10 pm, Sun: 11 am - 7 pm)

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Bocce Games
Italian Car Show

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Enjoy Italian Music

Entertainment & Dancing

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Children's Activities & Games

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Children 15 & Under FREE
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FESTA ITALIANA IS PRESENTED BY THE ITALIAN CULTURAL SOCIETY
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Festa Italiana!

CALENDAR

Singers with Hart

Experienced and beginning singers age 50 and above are welcome. New sessions start every nine weeks and are held at the Hart Senior Center, 915 27th Street, Sacramento (27th and J streets). Pre-registration is required. For more information, visit the Hart Senior Center front desk or contact (916) 808-5462. Cost: \$15.

Run with a Recruiter

Every Friday at 6 a.m., the public is invited to join the Sacramento Police Department. This provides a unique opportunity for potential police candidates and those in the hiring process to run together.

Emotions Anonymous

Meets regularly Tuesdays, Thursdays, and Saturdays. Meeting information is available at www.emotionsanonymous.org. Free 12-step program/support group for those who desire to become well emotionally healthy. Acquire a new way of life, sharing experiences, and learning to live with unsolved emotional problems. Meets Tuesday 6:30 - 7:30 p.m. Parkside Community Church 5700 South Land Park Dr.; Tuesday 6:30 - 7:30 p.m., Sierra Arden Church of Christ, 890 Morse Ave (at Northrup), Room F-4. Thursday 7 - 8:30 p.m. at Church of the Good Shepherd, 1615 Morse Ave. (at Arden Way) left of choir room. An optional newcomer orientation

occurs on Saturdays from 1 to 1:30 p.m. at Wellness Recovery Center, 9719 Lincoln Dr. Ste. 300. Also on Saturday from 1:30 to 2:30 p.m., there will be a topic for discussion at WRC, 9719 Lincoln Dr., Ste. 300.

Mahogany Urban Poetry Series

- Queen Sheba - poetry readings
Each Wednesday from 8-11 p.m. at Queen Sheba in Sacramento, local talent make it way to the restaurant for weekly open-mic events. \$3-\$5. 1704 Broadway.

Brain Gymnasium

Exercise your mind and have some fun at this on-going Brain Gymnasium class! Inviting all seniors to Eskaton Monroe Lodge, 3225 Freepoint Boulevard, 9:20 a.m. Thursdays. \$6 per class. Call 441-1015 for more information.

Women with Good Spirits monthly meeting

Each second Tuesday of the month at Revolution Wines at 6:30 p.m., Women With Good Spirits invites a community non-profit to present on its mission work. The presenter will start their presentation promptly at 7:15 p.m. and will last 15-20 minutes with an open question and answer forum after. RSVP is appreciated as well as a \$5+ donation per person that will go directly to the non-profit presenting that month. 2831 S St. Visit www.womenwithgoodspirits.com or find the group on Facebook.

Gentle Qi Gong

Learn powerful relaxation techniques reduce stress, reduce physical pain and emotional suffering, lower blood pressure, increase immune response and improve balance. Inviting all seniors to Eskaton Monroe Lodge, 3225 Freepoint Boulevard, 3 to 4 p.m., Wednesdays. \$7 per class. Call 441-1015 for more information.

Kiwanis Club of East Sacramento-Midtown

Visitors Welcome, weekly breakfast meeting on Fridays at 7 a.m. Topical weekly speakers and first meal for visitors on us. Meet at The Kiwanis Family House, (at UCD Med Ctr/ 50th St & Broadway) 2875 50th St. www.eastsacmidtownkiwanis.com. Meeting/Membership info: 761-0984, volunteers always welcome!

The Sacramento Capitolaire meeting

A men's Barbershop Harmony group, meets every Tuesday night at 7 p.m. at Pilgrim Hall (Sierra Arden United Church of Christ), 890 Morse Ave., Sacramento. Info: www.capitolaire.org, call 888-0877-9806, or email info@capitolaire.org

Soroptimist International of Sacramento South meetings

A service organization dedicated to insure the status of women and girls, the group meets at Aviator's Restaurant, 6151 Freepoint Blvd. for lunch and to discuss the day's topic. Meets the second and fourth Tuesday of each month at 12:15 p.m.

JULY

Food truck festival in McKinley Park 38th Street Annual Blood Drive

July 17: One of the largest blood drives will be held on this day. To sign up for the blood drive, go to bloodsource.org/drives and enter location code M597, or call Alice at 451-5507. The drive will take place at 1141 38th St. between J St. and M St. from 3 to 7 p.m.

ACC presents "Learn to Use Regional Transit Bus and Light Rail"

July 18: Paratransit's skilled staff of mobility trainers walk you through the skills needed when using public transit service, including planning your routes, fares, making transfers, the use of fare vending machines, boarding and de-boarding transit vehicles with and without a mobility device, vehicle features, and much more! 1:00-2:00 p.m. Free of Charge.

Pre-registration required. Call 393-9026 x330, www.accsv.org.

Movie night at Curtis Park

July 19: Movie starts when it gets dark - at about 8 p.m. 3349 West Curtis Dr.

Turtlerama at Belle Cooleedge Library

July 19: See turtles and tortoises big and small at this annual event held at Belle Cooleedge Library. 11 a.m. to 4 p.m., 421-1134.

Cabrillo Park Neighborhood Concert

July 20: From 5 to 8 p.m. at Cabrillo Park, catch some good tunes. 1825 67th Ave., Sacramento, 95822.

Sacramento Youth Symphony presents its Summer Chamber Music Workshop

July 19-20: The Sacramento Youth Symphony's Summer Chamber Music Workshop directed by Susan Lamb Cook will feature student and faculty performers in two evenings of concerts. Composer in Residence, Hermes Camacho (<http://www.hermescamacho.com/about>) has composed a new piece to celebrate the 25th Anniversary. Reception following concerts. Both Saturday and Sunday shows start at 7:30 p.m. The Saturday show will be held at CSUS Capistrano Hall - Music Recital Hall. 6000 J St., and the Sunday show will be held at St. Anthony Church, 660 Florin Road. Tickets are \$10 adult, \$5 seniors and students, youth age 10 and under free. Available 30 minutes before each concert, and on the web site at www.sacramentoyouthsymphony.org For more information, call 731-5777 or email Vicki Schaevitz at vicki@sacramentoyouthsymphony.org The mission of the Sacramento Youth Symphony is to educate and advance the musical skills of the youth of our communities in ways that engage, challenge and inspire them to reach their highest potential.

Summer Concerts in Carmichael Park

July 20: Group Therapy, classic rock, R&B from 6:30 to 8:30 p.m., 5750 Grant Ave.

Solution to Crossword:

C	A	M	P		A	T	T	I	C		A	F	R	O	
O	B	O	E		S	H	A	R	E		D	R	A	G	
P	U	R	R		L	E	M	O	N		V	E	I	L	
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N	O	O	N		B	U	L	G	E		A	L	G	A	
G	E	N	E		E	S	T	E	R		G	L	O	P	

Sacramento River Cats



JUNE

S	M	T	W	T	F	S
1	2	3	4	5	6	7
FRES	FRES	FRES		SIC	SIC	SIC
8	9	10	11	12	13	14
SIC	7:05 OMA	7:05 OMA	7:05 OMA	7:05 OMA	7:05 IOWA	7:05 IOWA
15	16	17	18	19	20	21
1:05 IOWA	12:05 IOWA	RR	RR	RR	RR	NEW
22	23	24	25	26	27	28
NEW	NEW	NEW		7:05 LAS	7:05 LAS	7:05 LAS
29	30					
5:05 LAS	7:05 FRES					

S	M	T	W	T	F	S
		1	2	3	4	5
		7:05 FRES	7:05 FRES	7:05 FRES	RENO	RENO
6	7	8	9	10	11	12
RENO	FRES	FRES	FRES	FRES	7:05 RENO	7:05 RENO
13	14	15	16	17	18	19
1:05 RENO	ALL-STAR BREAK		ALB	ALB	ALB	
20	21	22	23	24	25	26
ALB	ELP	ELP	ELP	ELP	TAC	TAC
27	28	29	30	31		
TAC	TAC	7:05 ALB	12:05 ALB	7:05 ALB		

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4

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Book box in Tahoe Park resembles Dr. Who police call box

By **BILL LAWS**
bill@valcomnews.com

The Tahoe Park neighborhood is a new home for the Police Call Box featured in the English science fiction sitcom "Dr. Who." Popular in reruns, fans of the television show playfully call themselves Who-vians.

The Call Box, nicknamed Tardis, was an imaginary vehicle which allowed the heroes of the futuristic science fantasy to travel through both space and time.

In the Tahoe Park version of the blue box, which features a rooftop hurricane lamp, the passengers are library books and not people. Novels, juvenile books and a set of children's games are available for borrowers on the shelves of this little library, AKA call box.

Jeremy, a neighbor from the end of the street, explains that three weeks ago he borrowed a book of science experiments from the call box. "My girlfriend's daughter has done some neat experiments for her fourth grade class," he says. He also explains that he does not know when he needs to return the book to the box. It is his under-

standing, he explains, that books are "kept as needed."

A neat sign on the call box explains to anyone passing by the nature of the miniature library. Users of the informal library are exhorted to borrow but also to contribute books or other items.

Rebecca Hanson, a home health worker and neighbor a few houses down from the call box, says that she just heard about the small library. "My sister has one in her neighborhood," she explains "and pointed it out to me when she was visiting." Rebecca says that she hasn't borrowed any books but has a box of 50 or so books in her garage that she would like to give away. "Maybe there's room in there for my books," she says.

While two neighbors decline to be identified for this story, families in adjacent homes appear to be comfortable with the small library structure which sits in a driveway beneath a row of towering cypresses.

In addition to the white, instructional sign of the call box, homemade signs seem to decorate the street. Across the street, August, who has been out of work



as an insulation contractor for some months, has posted signs announcing the sale of both vegetable seeds and handmade furniture. When asked about his neighbor's call box he explains that he "hadn't closely noticed it, but that the workmanship seems very skilled."

All in all, this street off of 63rd Street and near Highway 50 appears relaxed and accepting of each others outdoor eccentrici-

ties. Perhaps not surprisingly, it was the daughter of the creator of the 63rd Street call box who originated the idea of a miniature library.

According to one unidentified neighbor, she had seen a similar structure in Berkeley. From that original idea, it was only a hope and a leap for her to get dad to actually build the bright blue time machine which doubles as a small book deposit.



Linda Pohl

916-429-9901

linda@valcomnews.com

www.valcomnews.com

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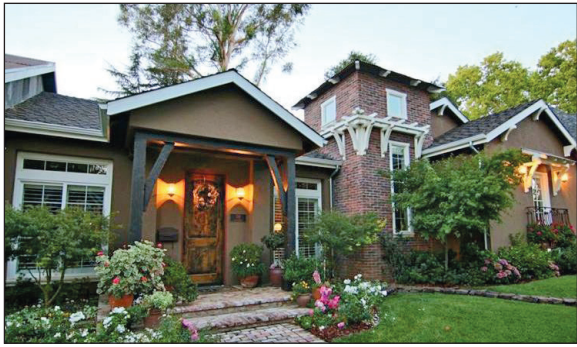
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TIM COLLOM 247-8048



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4 bedroom 3 bath Fabulous 40's home where old world charm meets all the modern amenities! 2722 square feet with an open floor plan concept connecting the living room and dining room to kitchen with quartz counter tops, and leading to family room that opens to a beautiful backyard. \$1,199,900

JAMIE RICH 612-4000



MCKINLEY PARK

McKinley Park at its best! This 3 bedroom 2 bath home offers a remodeled kitchen, refinished hardwood floors, a vintage fireplace, a spacious floor plan, a wine cellar in the basement, and a large formal dining room. Remodeling garage and studio/art/office space. \$729,000

TIM COLLOM 247-8048



SPACIOUS TUTOR STYLE

Spacious East Sacramento Tudor at its best! 4 bedroom home is on a very large lot and is minutes from coffee shops, downtown, and restaurants. Notice the charming living room, formal dining, a large kitchen, and a family room that opens to a large sun room. \$649,500

TIM COLLOM 247-8048



IMMACULATE CLASSIC HOME

3 Bedrooms 2 baths downstairs plus loft, and bedroom, bath and bonus room upstairs. Beautiful wood flooring in living area, downstairs bedrooms, and new laminate flooring in kitchen, laundry room and loft. Large living room with fireplace, formal dining, large kitchen and laundry room with pantry closet. \$549,000

LINDA WOOD 802-8042



WONDERFUL RIVER PARK

Open floor plan is inviting with hardwood floors, updated kitchen with granite counters and stainless appliances. The contemporary bath has a tub shower combination with subway tile. The master bedroom is spacious. The backyard area has a covered patio for entertaining. Plus a 2 car attached garage. \$369,000

CHRIS BALESTRERI 996-2244



QUINTESSENTIAL E. SACRAMENTO

This charming East Sacramento three bedroom home is minutes from McKinley Park and is on a great street. This home includes a gourmet kitchen, hardwood floors, a vintage fireplace, a spacious floor plan, and a large indoor laundry. The backyard is perfect for family BBQs and entertaining. \$419,000

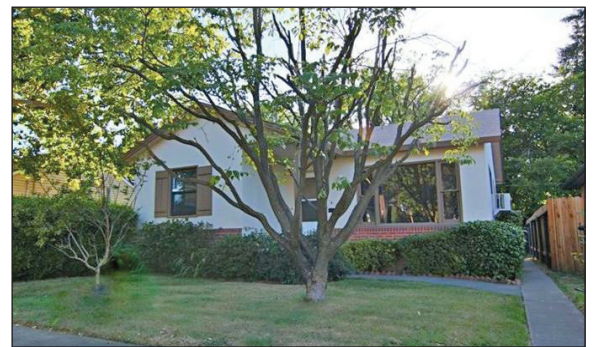
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One of East Sacramento's finest homes! Wake up to the tree tops filtering the morning sun or entertain in rooms that invite the outdoors in. Unique features, a spacious artist's studio, guest wing complete with kitchen and an apartment over the 3 car garage. \$1,150,000

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